

1995

May 6-7

Lawrenceville, NJ

Shot Put

1.	Adam Slaninko (RID)	14.71m
2.	Matt Distlehurst	13.64
3.	Rob Bonafonte (RID)	13.13
4.	Randy Edney (MSM)	12.79
5.	Gino DiRico (SFBK)	12.69
6.	Mike Keener (SFBK)	12.02

Discus

1.	Rob Bonfante (RID)	45.60m
2.	Randy Edney (MSM)	44.76
3.	Adam Slaninko (RID)	44.56
4.	Gino DiRico (SFBK)	42.10
5.	Mike Keener (SFBK)	41.86
6.	Mike Fajardo (MON)	41.52

Javelin

1.	Dave Pelosi (MON)	51.14m
2.	Mike Fajardo (MON)	50.58
3.	Brian Cleary (RMU)	50.12
4.	Louis Biagianni (MON)	50.00
5.	Sean Irving (WAG)	46.96
6.	Matt Ortego (SFBK)	44.48

Pole Vault

1.	Eddison Toby (MSM)	4.35m
2.	Frank Martinez (RID)	4.20
	Scott Boegner (RID)	4.20
4.	Mark Brennan (MSM)	4.05
5.	Mike Erickson (RMU)	3.45

High Jump

1.	Jason Fennes (MON)	2.06m
2.	Garyl Moore (RID)	2.01
3.	Amedo Maeterantoni (RMU)	1.96
4.	Eddison Toby (MSM)	1.91
	Peter Lee (SFU)	1.91
	Matt Hawksley (MSM)	1.91

Long Jump

1.	Alex Dzitrle (FDU)	7.15m
2.	Jason Fennes (MON)	6.93
3.	Chris Arthur (SFU)	6.87
4.	Kyle Brown (LIU)	6.77
5.	Matthew Hawksley (MSM)	6.74
6.	Colin Grenon (MON)	6.55

Triple Jump

1.	Aaron Finley (RID)	15.11m
2.	Cory Hunt (RMU)	14.75
3.	Kyle Brown (LIU)	14.36
4.	Chris Arthur (SFU)	13.70

5.	Eddison Toby (MSM)	13.26
6.	Garyl Moore (RID)	13.22

100 Meters

1.	Gary Gooden (SFBK)	10.84
2.	Zolden Eastwood (LIU)	10.86
3.	Barnardo Phipps (SFBK)	10.89
4.	Darrell Braswell (FDU)	10.94
5.	Davon Turnquest (FDU)	10.99
6.	Dondi Butler (FDU)	11.03

110 Meter Hurdles

1.	Doug Haynesworth (FDU)	14.38
2.	Jason Fennes (MON)	14.85
3.	Garry Gooden (SFBK)	14.86
4.	Bill Houser (MSM)	15.63
5.	Eddison Toby (MSM)	15.74
6.	Dean Kaliakmanis (RID)	16.25

200 Meters

1.	Bruce Johnson (RID)	21.98
2.	Gary Gooden (SFBK)	22.02
3.	Barnardo Phipps (SFBK)	22.11
4.	Darrell Braswell (FDU)	22.31
5.	Marc McKithen (RID)	22.34
6.	Andrw Hepkins (WAG)	22.63

400 Meters

1.	Bruce Johnson (RID)	47.86
2.	Marc McKithen (RID)	47.90
3.	Andrew Hepkins (WAG)	48.48
4.	Lance Gittens (FDU)	49.02
5.	Fred Gross (SFBK)	51.10
6.	Michael McLean (LIU)	1:00.90

400 Meter Hurdles

1.	Jose Lopez (RID)	52.05
2.	Jason Fennes (MON)	52.33
3.	Jim Angermeier (MON)	54.16
4.	Courtney Beckles (FDU)	54.38
5.	Dean Kaliakmanis (RID)	56.45
6.	Eddison Toby (MSM)	57.24

800 Meters

1.	Jim Stevenson (MSM)	1:51.30
2.	Moses Mekbebe (FDU)	1:53.90
3.	Chris Tarello (RID)	1:54.40
4.	Chris Mills (SFBK)	1:56.30
5.	Damien Callum (FDU)	1:58.40
6.	Shane DeGannes (FDU)	1:59.20

1500 Meters

1.	Moses Mekbebe (FDU)	4:05.04
2.	Shane DeGannes (FDU)	4:06.36
3.	Jesse Breeden (RID)	4:06.82
4.	Mark Lampert (RID)	4:08.11
5.	Tony Gilozzo (RMU)	4:16.42
6.	Jason Kenny (MAR)	4:23.20

5000 Meters

1.	Bernard Kitur (MSM)	15:24.01
2.	Pat Hennigan (FDU)	15:35.68
3.	Jesse Breeden (RID)	15:38.18
4.	Michael Melfi (MAR)	15:41.22

5.	Aaron Price (MSM)	15:41.82
6.	Shawn McElhaugh (MSM)	15:50.25

4x100 Meter Relay

1.	Mount St. Mary's	42.42
2.	FDU	42.48
3.	St. Francis Brooklyn	42.56
4.	LIU	43.02
5.	Rider	43.22
6.	Monmouth	44.70

4x400 Meter Relay

1.	Rider	3:13.84
2.	FDU	3:17.91
3.	Mount St. Mary's	3:18.40
4.	St. Francis Brooklyn	3:24.00
5.	Wagner	3:25.85
6.	Monmouth	3:25.94

3,000 Meter Steeplechase

1.	Ron Brock (RID)	9:35.05
2.	Pat Hennigan (FDU)	9:44.55
3.	Andrew Baird (MAR)	9:45.68
4.	Aaron Price (MSM)	9:53.23
5.	Patrick Casey (MAR)	10:05.48
6.	Ryan Walsh (MSM)	10:18.52

10,000 Meters

1.	David Swift (MAR)	32:31.96
2.	Bernard Kitur (MSM)	33:11.76
3.	Shawn McElhaugh (MSM)	33:30.10
4.	Andrew Baird (MAR)	33:50.58
5.	Scott Catone (WAG)	34:23.88
6.	Matthew Pool (MAR)	34:32.42

MEN

1. Rider 160

2. Mt. St. Marys 100

2. Fairleigh Dickinson 100

4. Monmouth 66

5. St. Francis (Brklyn) 58

6. Marist 28

7. Robert Morris 24

8. Long Is. U. 23

9. St. Francis U. 16

10. Wagner 13

WOMEN

- 1. Mt. St. Marys 163**
- 2. Fairleigh Dickinson 139**
- 3. Wagner 84**
- 4. St. Francis (Brklyn) 37**
- 5. Monmouth 34**
- 6. Rider 26**
- 7. Long Is. U. 19**
- 8. St. Francis U. 17**
- 9. Marist 13**
- 10. Robert Morris 7**

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Shot Put

1. Njeri Curtis (FDU) 13.32m
2. Frances Smith (FDU)..... 11.44
3. Mary Kate McGonigle (SFU) 11.10

4. Denitra Seals (FDU).....	11.10
5. Karen Steiner (RID).....	10.76
6. Ramona Johnson (MON).....	10.74

Discus

1. Frances Smith (FDU).....	37.92
2. Alicia Conquest (WAG).....	37.16
3. Laura Westcott (WAG).....	32.54
4. Njeri Curtis (FDU).....	30.82
5. Denitra Seals (FDU).....	30.42
6. Karen Steiner (RID).....	28.50

Javelin

1. Njeri Curtis (FDU).....	32.90m
2. Rachel Turner (WAG).....	31.50
3. Lauren Grove (WAG).....	30.24
4. Mary Kate McGonigle (SFU).....	27.48
5. Marisa Loderhose (MON).....	24.10
6. Anu Ades (MON).....	21.64

High Jump

1. Michelle Herring (FDU).....	1.63m
2. Jen Molinelli (RID).....	1.58
3. Marie Greaux (MON).....	1.58
4. Lynette Diaz (LIU).....	1.48
5. Georgia Dahulich (MSM).....	1.48

Long Jump

1. Donise Moore (FDU).....	5.63m
2. Gamiliah Johnson (MON).....	5.62
3. Jen Hettell (RID).....	5.32
4. Georgia Dahulich (MSM).....	5.03
5. Marie Greaux (MON).....	4.92
6. Cara Oliver (LIU).....	4.81

Triple Jump

1. Donise Moore (FDU).....	12.32m
2. Aisha Stevens (MSM).....	11.84
3. Jen Hettell (RID).....	10.54
4. Gamiliah Johnson (MON).....	10.22
5. Cara Oliver (LIU).....	10.18
6. Doris Cano (RID).....	9.59

100 Meters

1. Mekka Richardson (MSM).....	12.33
2. Sharline White (FDU).....	12.33
3. Janelle Richardson (SFBK).....	12.44
4. Tracia Barnes (FDU).....	12.77
5. Tihesha Jackson (RID).....	12.92
6. Gamiliah Johnson (MON).....	12.94

100 Meter Hurdles

1. Natwon Harp (FDU).....	14.12
2. Donise Moore (FDU).....	14.35
3. Aisha Stevens (MSM).....	14.45
4. Georgia Dahulich (MSM).....	15.38
5. Jen Koczan (FDU).....	15.39
6. Michelle Zielinski (RMU).....	16.66

200 Meters

1. Sharline White (FDU).....	25.14
2. Lisa Kaiser (MSM).....	25.43
3. Janelle Richardson (SFBK).....	25.60
4. Tiphani McKee (RMU).....	25.77

5. Mekka Richardson (MSM).....	25.85
6. Tracia Barnes (FDU).....	26.43

400 Meters

1. Lisa Kaiser (MSM).....	58.23
2. Crystal Cudjoe (WAG).....	58.57
3. Joanne Philippe (SFBK).....	59.86
4. Lauren Davila (LIU).....	1:00.19
5. Jennifer Miller (LIU).....	1:01.27
6. Mirlene Leveille (SFBK).....	1:01.80

400 Meter Hurdles

1. Aisha Stevens (MSM).....	1:12.37
2. Natwon Harp (FDU).....	1:06.21
3. Shaya Knox (WAG).....	1:08.59
4. Jamie Kuhne (MON).....	1:09.14
5. Michelle Zielinski (RMU).....	1:09.81
6. Patsy Schneider (MAR).....	1:10.20

800 Meters

1. Heather Moul (MSM).....	2:19.09
2. Robin Kloster (MSM).....	2:19.70
3. Nicole Brown (WAG).....	2:22.97
4. Morrette Lampkin (SFBK).....	2:23.44
5. Rasheena Watson (MSM).....	2:24.49
6. Alison Murray (MAR).....	2:24.60

1500 Meters

1. Robin Kloster (MSM).....	4:52.54
2. Heather Moul (MSM).....	4:53.57
3. Marnie Desciak (MSM).....	4:54.30
4. Jennifer Flood (MON).....	4:56.81
5. Colleen Carrson (MAR).....	5:02.11
6. Kathleen Woodson (MAR).....	5:03.41

3000 Meters

1. Rebecca Wassner (MSM).....	10:49.33
2. Amy Debor (MSM).....	10:56.36
3. Mary Brooks (WAG).....	11:02.96
4. Kathleen Woodson (MAR).....	11:11.91
5. Christine Tarpey (SFU).....	11:25.10
6. Karen Mangan (MAR).....	11:33.36

5000 Meters

1. Rebecca Wassner (MSM).....	18:46.0
2. Amy Debor (MSM).....	18:56.0
3. Jessica Machanska (WAG).....	19:05.0
4. Amy Linson (MSM).....	19:46.9
5. Mandy McTavish (SFU).....	19:53.5
6. Mary McQuillan (MAR).....	19:59.3

10,000 Meters

1. Maureen Horn (WAG).....	41:15.26
2. Amy Linson (MSM).....	41:26.09
3. Ann Marie Prunty (WAG).....	42:55.92
4. Mandy McTavish (SFU).....	43:09.15
5. Sallie Beth Johnson (MSM).....	44:00.06
6. Theresa Hickey (MAR).....	44:44.92

4x100 Meter Relay

1. FDU.....	48.85
2. St. Francis Brooklyn.....	49.40
3. Mount St. Mary's.....	49.59
4. Wagner.....	50.26

5. LIU.....	50.30
6. Monmouth.....	51.40

4x400 Meter Relay

1. Mount St. Mary's.....	3:57.05
2. Wagner.....	4:02.31
3. St. Francis Brooklyn.....	4:03.50
4. LIU.....	4:03.93
5. Marist.....	4:27.20
6. St. Francis U.....	4:46.64