

MEN

1. Robert Morris 146½
2. Monmouth 141
3. UM-Baltimore Co. 118
4. Fairleigh Dickinson 103
5. St. Francis U. 99½
6. Mt. St. Marys 87
7. Central Connecticut 68
8. Sacred Heart 21
9. Wagner 12
10. St. Francis (Brklyn) 11
11. Long Is. U. 7

2000

May 6-7

Emmitsburg, MD

Shot Put

1. Jonathan Kalnas (MON)..... 17.71m
2. Joseph Madden (MON) 15.41
3. Balvin Brown (UMBC) 15.24
4. Chris Bozzolo (SFBK)..... 15.10
5. Jonathan DeAngelo (MON)..... 14.36
6. Robin Cole Jr. (RMU) 14.02
7. Sean Ward (CCSU)..... 13.89
8. Mike Pellett (CCSU) 13.43

Discus

1. Balvin Brown (UMBC) 51.58m
2. Jonathan Kalnas (MON)..... 47.98
3. Joseph Madden (MON) 46.76
4. Mike Cummisky (CCSU)..... 43.76
5. Joe Illingworth (WAG) 43.86
6. Steven Mitchell (SFU)..... 41.82
7. Robin Cole Jr. (RMU) 40.50
8. Monroe Hillsman (RMU)..... 40.08

Hammer Throw

1. Joseph Madden (MON)..... 57.34m
2. Balvin Brown (UMBC) 50.96
3. Hazem Ibrahim (MON)..... 45.34
4. Steven Mitchell (SFU) 44.94
5. Mike Cummisky (CCSU) 43.76
6. Sean Ward (CCSU)..... 43.70
7. Mike Pellett (CCSU) 40.10
8. Shawn Brady (SFU) 38.22

Javelin

1. Peter Alouise (SFU)..... 59.70m
2. Mike Harte (UMBC)..... 54.34
3. Andrew Caramico (SFBK)..... 52.41
4. Tim Jarocki (RMU)..... 52.26
5. Dan Griffith (RMU)..... 51.48

6.	Dan Unkel (MON)	20.52
7.	Mike LaTour (WAG)	50.30
8.	Eric Martin (CCSU)	48.16

Pole Vault

1.	Matt Stafford (MON)	4.80m
2.	Eric White (RMU)	4.65
3.	Antonio Morales (MSM)	4.50
4.	Sean Thorton (CCSU)	4.35
5.	Justin Neidlinger (SFU)	3.90
6.	Jarod Paronish (SFU)	2.80

High Jump

1.	Jarrad Pencek (RMU)	2.06m
2.	Antonio Morales (MSM)	2.06
3.	Huguens Jean (UMBC)	2.06
4.	Liddon Norman (CCSU)	2.01
	Michael Benedetto (SHU)	2.01
6.	Pat O'Hearn (CCSU)	1.96
	Edward Warner (UMBC)	1.96
	Ryan Patterson (SFU)	1.96
	Brandon Payne (RMU)	1.96

Long Jump

1.	Jarrad Pencek (RMU)	7.43m
2.	Marc Haskins (UMBC)	7.35
3.	Jason Hempstead (RMU)	7.25
4.	Michael Benedetto (SHU)	7.20
5.	Dan Griffith (RMU)	7.03
6.	Huguens Jean (UMBC)	6.98
7.	Antonio Morales (MSM)	6.89
8.	Sean Thorton (CCSU)	6.86

Triple Jump

1.	Jarrad Pencek (RMU)	14.54m
2.	Jason Hempstead (RMU)	14.09
3.	Brandon Payne (RMU)	14.05
4.	Michael Benedetto (SHU)	13.97
5.	Dan Griffith (RMU)	13.84
6.	Huguens Jean (UMBC)	13.39
7.	Shawn Keenan (SHU)	13.27
8.	Edward Warner (UMBC)	13.15

100 Meters

1.	Aaron D. Johnson (UMBC)	10.42
2.	Roderick Doldron (MSM)	10.74
3.	Dexter Contee (MON)	10.78
4.	Justin Wotus (RMU)	10.93
5.	Keith Dellinger (SFU)	10.94
6.	Jonathan Watts (RMU)	11.02
7.	Mike Whitney (CCSU)	11.07
8.	Jason Roach (MON)	11.18

110 Meter Hurdles

1.	Jim Baughman (RMU)	14.29
2.	Negasi Gerima (UMBC)	14.44
3.	Morgan Lisby (MSM)	14.74
4.	Dan Unkel (MON)	14.87
5.	Bill Hertz (MON)	14.90
6.	Justin Calvin (RMU)	15.21
7.	Gavin Walters (MON)	15.38
8.	Antonio Morales (MSM)	15.48

200 Meters

1.	Aaron D. Johnson (UMBC)	21.03
2.	Roderick Doldron (MSM)	21.63
3.	Negasi Gerima (UMBC)	21.75
4.	Rohan Williams (FDU)	21.90
5.	Keith Dellinger (SFU)	21.95
6.	Amilcar Reis (CCSU)	22.03
7.	Brian Hirshblond (MON)	22.13

400 Meters

1.	Rohan Williams (FDU)	47.77
2.	Amos Akasa (UMBC)	48.09
3.	Kevin Hunt (MSM)	48.25
4.	Brian Hirshblond (MON)	48.80
5.	Brian Donahue (CCSU)	48.86
6.	Terry Walton (RMU)	49.05
7.	Frank DiPadova (MON)	51.45

400 Meter Hurdles

1.	Jim Baughman (RMU)	51.54
2.	Justin Calvin (RMU)	54.13
3.	Bill Hertz (MON)	54.60
4.	Jeff Radziwon (CCSU)	54.85
5.	Morgan Lisby (MSM)	56.16
6.	Mike Frei (MON)	56.16
7.	John Werner (MON)	56.63
8.	Scott Gomez (LIU)	56.86

800 Meters

1.	James Bare (FDU)	1:50.88
2.	Festus Kiprono (MSM)	1:51.69
3.	Matthew Hartman (SFU)	1:53.50
4.	Jonathon Briggs (UMBC)	1:54.24
5.	Purnell Lancaster (FDU)	1:55.41
6.	Joseph Daniels (MON)	1:57.84
7.	Steven Petrosky (SFU)	1:59.17
8.	Tim Blankenship (CCSU)	2:00.25

1500 Meters

1.	Stephen Ondieki (FDU)	3:50.41
2.	Aidan Walsh (FDU)	3:55.89
3.	Kevin Doyle (SFU)	3:58.40
4.	Joseph Daniels (MON)	4:00.09
5.	Eric Benjamin (UMBC)	4:00.29
6.	Shawn Day (MSM)	4:01.19
7.	Benjamin McCulloch (SFU)	4:05.47
8.	Leo Mayo (CCSU)	4:05.48

5000 Meters

1.	Stephen Ondieki (FDU)	14:55.74
2.	Erick Too (FDU)	15:14.44
3.	Frances Kipkuna (FDU)	15:21.36
4.	Brian Quinn (SFU)	15:27.94
5.	Eric Benjamin (UMBC)	15:28.98
6.	Terry Ditmars (SFU)	15:32.11
7.	Andrew Catton (SFU)	15:37.37
8.	Eric Blake (CCSU)	15:38.42

4x100 Meter Relay

1.	Monmouth	42.03
2.	Robert Morris	42.07
3.	Mount St. Mary's	42.34
4.	Central Connecticut	42.49
5.	LIU	43.40
6.	Wagner	43.41

7.	FDU	44.09
8.	Sacred Heart	44.56

4x400 Meter Relay

1.	FDU	3:14.73
2.	Robert Morris	3:14.84
3.	UMBC	3:15.82
4.	Mount St. Mary's	3:17.29
5.	Central Connecticut	3:18.03
6.	Monmouth	3:18.45
7.	LIU	3:18.45
8.	Sacred Heart	3:23.14

4x800 Meter Relay

1.	FDU	7:40.32
2.	St. Francis U.	7:48.18
3.	Mount St. Mary's	7:50.36
4.	Monmouth	8:00.78
5.	Robert Morris	8:02.92
6.	Wagner	8:07.23
7.	Sacred Heart	8:07.95
8.	UMBC	8:16.49

3,000 Meter Steeplechase

1.	Terry Ditmars (SFU)	9:21.50
2.	Andrew Catton (SFU)	9:26.57
3.	Blaine Willaims (MON)	9:26.82
4.	Donald Harrison (MSM)	9:41.43
5.	Jason Santucci (MON)	9:50.79
6.	Andrew Hnatko (RMU)	10:03.33
7.	Jonathan Thelan (MSM)	10:07.46
8.	Ben Werbos (UMBC)	10:16.62

10,000 Meters

1.	Frances Kipkuna (FDU)	32:24.27
2.	Brian Quinn (SFU)	32:30.00
3.	Eric Blake (CCSU)	32:45.18
4.	Andrwe Catton (SFU)	33:02.33
5.	Mike Rafferty (CCSU)	33:07.96
6.	Dan Shaffer (MSM)	33:56.48
7.	Paul Spurrier (MON)	34:04.09
8.	Christopher Ciparelli (SHU)	34:19.46

WOMEN

1. Monmouth 125
2. Mt. St. Marys 114
3. Rider St. Francis U. 108
4. UM-Baltimore Co. 96
5. Central Connecticut 95½
5. Robert Morris 95½
7. Long Is. U. 91
8. Sacred Heart 36
9. Wagner 33
10. St. Francis (Brklyn) 21
11. Fairleigh Dickinson 11

2000

May 6-7
Emmitsburg, MD

Shot Put

1. Cleopatra Borel (UMBC) 13.90m
2. Patricia Bernard (WAG) 13.42
3. Melissa Dissette (RMU) 13.30
4. Lacy Johnson (MON) 12.94
5. Nicole Holman (SFU) 12.53
6. Laura Buzzard (RMU) 12.22
7. Brandi Blevins (SHU) 11.88
8. Sonrisa Garcia (LIU) 11.86

Discus

1. Vicki Giaccone (UMBC) 39.06m
2. Lacy Johnson (MON) 38.98
3. Angelica Iannone (WAG) 38.96
4. Brandi Blevins (SHU) 38.86
5. Patricia Bernard (WAG) 37.24
6. Daisy Holt (RMU) 36.40
7. Meghann Cavanagh (MSM) 36.36
8. Andrea Tirpak (RMU) 36.34

Hammer Throw

1. Nicole Hollman (SFU) 55.32m
2. Lacy Johnson (MON) 49.74
3. Angelica Iannone (WAG) 49.46
4. Lisa Ricciardelli (MON) 44.92
5. Rebecca Drake (CCSU) 44.72
6. Brandi Blevins (SHU) 43.26
7. Shannon Knisely (SFU) 42.46
8. Cleopatra Borel (UMBC) 42.28

Javelin

1. Karen Rahfon (SFU) 38.38m
2. Ashley Foley (MSM) 38.04
3. Carlin Guarneri (SHU) 35.74
4. Siobhan Towers (SFU) 35.56
5. Laura Buzzard (RMU) 34.38
6. Michelle Gawaldo (RMU) 33.84
7. Terra Sarnacki-Royer 28.82
8. Vicki Giaccone (UMBC) 28.48

Pole Vault

1. Jessica Cooper (RMU) 3.38m
1. Lisa Ricciardelli (MON) 3.00
3. Ashley Foley (MSM) 2.85
4. Apryle Walko (SFU) 2.55
5. Amy Miller (RMU) 2.40
6. Shannon Lindberg (CCSU) 2.40
7. Lauren Tomossone (MON) 2.40
8. Amy Williams (RMU) 2.25

High Jump

1. Michelle June (MSM) 1.69m
2. Erin Corna (SFU) 1.64
3. Carla Franklin (MSM) 1.59
4. Lauren Tomossone (MON) 1.59
5. Jacqueline Beaulieu (SHU) 1.59
6. Cathy Gombotz (CCSU) 1.59
7. Margaret Vonderosten (SFBK) 1.59
8. Kenneath Barnes (RMU) 1.59

Long Jump

1. Camilla Harris (LIU) 5.74m
2. Michelle Higginbottom (MSM) 5.69
3. Fatima Abbas (MSM) 5.65
4. Jessica St Clair (MSM) 5.57
5. Apryle Walko (SFU) 5.49
6. Kemeia Campbell (LIU) 5.48
7. Jessica Cooper (RMU) 5.45
8. Melanece Moore (UMBC) 5.42

Triple Jump

1. Talitha Vickers (MON) 11.64m
2. Michele Shawah (SHU) 11.52
3. Fatima Abbas (MSM) 11.45
4. Melanece Moore (UMBC) 11.34
5. Nadege Auguste (CCSU) 11.08
6. Jessica Cooper (RMU) 10.95
7. Kenneath Barnes (RMU) 10.84
8. Sarah Keenan (SHU) 10.71

100 Meters

1. Stacy Clarke (CCSU) 12.26
2. Adenike Harris (MSM) 12.48
3. Watsha Glasgow (SFBK) 12.54
4. Camilla Harris (LIU) 12.58

5. Nicola Larmond (CCSU)	12.59
6. Diana Temple (MON)	12.69
7. LaToya Washington (CCSU)	12.8 (h)
8. Crystal Jackson (UMBC)	14.31

100 Meter Hurdles

1. Genita Dickey (RMU).....	14.20
2. Camilla Harris (LIU).....	14.39
3. Michelle Higginbottom (MSM)	14.65
4. Krystal George (RMU).....	14.97
5. Sabriya Williams (WAG).....	15.27
6. Kemelia Campbell (LIU).....	15.37
7. Georgette Lewis (LIU).....	16.27
8. Jessica St Clair (MSM)	17.72

200 Meters

1. Michelle Higginbottom (MSM).....	25.34
2. Stacy Clarke (CCSU).....	25.39
3. Orinthia Jones (UMBC)	25.74
4. Nicola Larmond (CCSU)	25.91
5. Watsha Glasgow (SFBK).....	26.14
6. Nichole Snively (SFU).....	26.30
7. Georgette Lewis (LIU).....	26.37
8. Talitha Vickers (MON)	26.84

400 Meters

1. Orinthia Jones (UMBC)	56.32
2. Michelle Higginbottom (MSM).....	57.39
3. Brianna Cute (MON).....	58.17
4. Nichole Snively (SFU)	58.19
5. Melanie Snaggs (SFBK)	58.74
6. Kenya Cameron (RMU).....	59.36
7. Melanece Moore (UMBC).....	59.73
8. Jana Rrehkamp (CCSU)	1:01.11

400 Meter Hurdles

1. Genita Dickey (RMU).....	1:00.33
2. Kemelia Campbell (LIU).....	1:00.78
3. Patricia Metzger (LIU).....	1:03.04
4. Georgette Lewis (LIU).....	1:06.06
5. Nicole Froehlich (MON).....	1:07.27
6. Danielle Hayes (MON)	1:09.03
7. Jessica St Clair (MSM)	1:09.49

800 Meters

1. Sakinah Patterson (LIU).....	2:15.28
2. Terra Sarnacki-Royer (MON).....	2:16.35
3. Startisha McNair (UMBC).....	2:16.60
4. Marquita Hannibal (MON).....	2:17.32
5. Jamie Gasbarro (RMU).....	2:18.85
6. Taryn Phelps (MON).....	2:19.35
7. Tammy Pearson (SFU).....	2:21.91
8. Sherita Baker (UMBC).....	2:25.43

1500 Meters

1. Taryn Phelps (MON).....	4:39.23
2. Seeyian Metoyu (FDU).....	4:44.96
3. Sakinah Patterson (LIU)	4:47.30
4. Janel Strittmatter (SFU).....	4:50.63
5. Mary Beth Rollins (UMBC).....	4:51.96
6. Kim Heiligman (CCSU)	4:52.47
7. Sara Pinder (SFU)	4:52.53
8. Lisa Flood (MON)	4:53.06

3000 Meters

1. Katherine Wallace (SFU).....	10:18.87
2. Heather Gardiner (CCSU).....	10:32.34
3. Hannah Benjamin (UMBC)	10:39.14
4. Heather Stockton (SHU).....	10:43.98
5. Shannon Lindberg (CCSU).....	10:48.31
6. Janel Strittmater (SFU).....	10:49.45
7. Seeyian Metoyu (FDU)	10:54.47
8. Michelle Buzon (RMU).....	11:00.24

5000 Meters

1. Katherine Wallace (SFU).....	17:53.94
2. Heather Gardiner (CCSU).....	18:02.53
3. Jen Ecker (UMBC).....	18:15.23
4. Hannah Benjamin (UMBC)	18:33.11
5. Amala Merritt (MON).....	18:41.97
6. Leah Peiffer (MSM)	18:53.67
7. Karina Acevedo (WAG).....	18:57.40
8. Sarah Eshelman (SFU).....	19:11.52

10,000 Meters

1. Jen Ecker (UMBC).....	37:24.58
2. Heather Gardiner (CCSU).....	37:36.87
3. Katherine Wallace (SFU)	37:47.02
4. Amala Merritt (MON).....	40:12.74
5. Sarah Eshelman (SFU).....	40:21.36
6. Karina Acevedo (WAG).....	40:49.08
7. Suzanne D'Angelo (SHU).....	41:06.49
8. Sabrina Kenny (SFU)	41:27.71

4x100 Meter Relay

1. Central Connecticut.....	47.60
2. Mount St. Mary's	47.71
3. Robert Morris	48.75
4. Monmouth.....	48.78
5. LIU	49.21
6. St. Francis Brooklyn.....	49.25
7. St. Francis U.....	49.26
8. UMBC	49.56

4x400 Meter Relay

1. LIU	3:51.04
2. Robert Morris	3:54.35
3. UMBC	3:55.28
4. Mount St. Mary's	3:56.96
5. Monmouth.....	3:58.98
6. Central Connecticut.....	3:59.00
7. St. Francis U.....	3:59.78
8. St. Francis Brooklyn.....	4:01.14

4x800 Meter Relay

1. Monmouth.....	9:27.34
2. LIU	9:33.06
3. Mount St. Mary's	9:33.99
4. St. Francis U.....	9:39.06
5. UMBC	9:40.06
6. Central Connecticut.....	9:48.69
7. Robert Morris	9:50.60
8. FDU	9:57.60

10,000 Meters

1. Jen Ecker (UMBC).....	37:24.58
2. Heather Gardiner (CCSU).....	37:36.87

3.	Katherine Wallace (SFU).....	37:47.02
4.	Amala Merritt (MON).....	40:12.74
5.	Sarah Eshelman (SFU).....	40:21.36
6.	Karina Acevedo (WAG).....	40:49.08
7.	Suzanne D'Angelo (SHU).....	41:06.49
8.	Sabrina Kenny (SFBK).....	41:27.71