

## **MEN**

- 1. St. Francis U. 184½**
- 2. Monmouth 162**
- 3. Robert Morris 129**
- 4. Fairleigh Dickinson 83½**
- 5. Central Connecticut 73**
- 6. Mt. St. Marys 48**
- 7. Long Is. U. 45**
- 8. UM-Baltimore Co. 44½**
- 9. Wagner 26**
- 10. Quinnipiac 12**
- 11. Sacred Heart 8½**
- 12. St. Francis (Brklyn) 3**

## **2001**

*May 5-6*

*Baltimore, MD*

### **Shot Put**

1. Jonathan Kalnas (MON)..... 18.15m
2. Josh Russell (WAG)..... 15.86
3. Gerald Mack (SFU)..... 14.87
4. Sean Fabanich (SFU)..... 14.86
5. Ken Edmundson (MON) ..... 14.75
6. Joe Madden (MON) ..... 14.57
- Ryan Robertson (SFU) ..... 14.57
8. Jon DeAngelo (MON) ..... 14.08

### **Discus**

1. Joe Madden (MON) ..... 50.90m
2. Mike Cumminsky (CCSU) ..... 49.66
3. Jon Kalnas (MON) ..... 49.62
4. Balvin Brown (UMBC) ..... 48.32

5.	Hazem Ibrahim (MON).....	41.50
6.	Gerald Mack (SFU).....	44.04
7.	Peter Salvatore (MON).....	43.46
8.	Sean Fabanich (SFU).....	43.42

### Hammer Throw

1.	Joe Madden (MON).....	61.68m
2.	Hazem Ibrahim (MON).....	53.14
3.	Balvin Brown (UMBC).....	51.12
4.	Chris Paling (MON).....	49.70
5.	Steve Mitchell (SFU).....	48.38
6.	Gerald Mack (SFU).....	45.98
7.	Mike Cummysky (CCSU).....	45.08
8.	Michael Stanley (SHU).....	44.78

### Javelin

1.	Peter Alouise (SFU).....	65.66m
2.	Mike La Tour (WAG).....	55.98
3.	Gerald Mack (SFU).....	55.80
4.	Eric Martin (CCSU).....	55.70
5.	Mike Harte (UMBC).....	54.40
6.	Dan Griffith (RMU).....	53.26
7.	Tim Jarocki (RMU).....	52.68
8.	Michael Allen (MON).....	50.38

### Pole Vault

1.	Sean Thornton (CCSU).....	4.70m
2.	Eric White (RMU).....	4.50
	David Hinton (MSM).....	4.50
4.	Josh Ghaly (RMU).....	4.40
	Jarod Paronish (SFU).....	4.40
6.	Michael Bogacki (SFU).....	4.30
	Ryan Parsons (RMU).....	4.30
8.	Justin Neidlinger (SFU).....	4.20

### High Jump

1.	Jarrad Pencek (RMU).....	2.06m
2.	Hughes Jean (UMBC).....	2.01
	Edward Warner (UMBC).....	2.01
	Ryan Patterson (SFU).....	2.01
	Norman Liddon (CCSU).....	2.01
6.	Scott Geissler (WAG).....	1.96
7.	Brandon Payne (RMU).....	1.86
	Craig Mellows (MON).....	1.86

### Long Jump

1.	Jarrad Pencek (RMU).....	7.54m
2.	Tyrone Johnson (FDU).....	7.44
3.	Michael Socha (LIU).....	7.02
4.	Louis Smith (LIU).....	6.99
5.	Jason Hempstead (RMU).....	6.76
6.	Dan Griffith (RMU).....	6.63
	Dustin Sherry (SFU).....	6.63
8.	Melvin Scott (SFU).....	6.57

### Triple Jump

1.	Jarrad Pencek (RMU).....	15.00m
2.	Tyrone Johnson (FDU).....	14.16
3.	Jason Hempstead (RMU).....	14.13
4.	Huguens Jean (UMBC).....	13.77
5.	Ashley Carter-Sinclair (LIU).....	13.63
6.	Brandon Payne (RMU).....	13.49
7.	Edward Warner (UMBC).....	13.45

Michael Benedetto (SHU)..... 13.45

### 100 Meters

1.	Kishwayne Virgo (LIU).....	11.14
2.	Dexter Contee (MON).....	11.20
3.	Justin Wotus (RMU).....	11.22
4.	Joel Acie (RMU).....	11.23
5.	Leslie Walter (MSM).....	11.32
6.	Ron Azinge (SFU).....	11.34
7.	Amilcar Reis (CCSU).....	11.37
8.	Keith Dellinger (SFU).....	11.39

### 110 Meter Hurdles

1.	Morgan Lisby (MSM).....	14.71
2.	Bill Hertz (MON).....	14.72
3.	Jared Craig (MON).....	15.08
4.	Dan Unkel (MON).....	15.22
5.	William Murphy (FDU).....	15.24
	Preston Ephraim (SFU).....	15.24
7.	Ashley Carter-Sinclair (LIU).....	15.34
8.	Milton Sabater (CCSU).....	15.68

### 200 Meters

1.	Kishwayne Virgo (LIU).....	21.88
2.	Dexter Contee (MON).....	21.96
3.	Justin Wotus (RMU).....	22.12
4.	Keith Dellinger (SFU).....	22.14
5.	Joel Acie (RMU).....	22.19
6.	Mike Sherbondy (RMU).....	22.33
7.	Tyrone Johnson (FDU).....	22.56
8.	John Kelly (SFU).....	24.55

### 400 Meters

1.	Brian Donahue (CCSU).....	47.83
2.	Mike Sherbondy (RMU).....	48.45
3.	Paul Scheunemen (RMU).....	48.47
4.	Ryan Speid (MON).....	48.48
5.	Mike Acanfora (WAG).....	48.81
6.	John Kelly (SFU).....	48.91
7.	George Diolamou (MSM).....	48.94
8.	Chad Ashman (CCSU).....	49.32

### 400 Meter Hurdles

1.	Bill Hertz (MON).....	53.27
2.	Jared Craig (MON).....	54.00
3.	Morgan Lisby (MSM).....	54.87
4.	Scott Gomez (LIU).....	55.76
5.	Justin Calvin (RMU).....	56.59
6.	Michael Socha (MON).....	57.16
7.	Dan Unkel (MON).....	58.29
8.	Milton Sabater (CCSU).....	59.14

### 800 Meters

1.	Matthew Hartman (SFU).....	1:54.76
2.	Israel Caro (CCSU).....	1:55.58
3.	Aidan Walsh (FDU).....	1:56.27
4.	Joe Daniels (MON).....	1:57.36
5.	Curtis Akacki (MON).....	1:57.47
6.	Duncan Bitok (FDU).....	1:57.79
7.	Eric Benjamin (UMBC).....	1:57.94
8.	Ron Bertram (MON).....	1:58.63

### 1500 Meters

1.	Matthew Hartman (SFU).....	3:49.97
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2.	Aidan Walsh (FDU).....	3:50.41
3.	Alfred Korir (FDU).....	3:52.09
4.	Kevin Doyle (SFU).....	3:52.40
5.	Shawn Day (MSM).....	3:52.65
6.	Justin Ward (MON).....	3:56.82
7.	Eric Benjamin (UMBC).....	3:57.15
8.	Ben McCulloch (SFU).....	3:57.78

### 5000 Meters

1.	Brian Snell (SFU).....	14:26.28
2.	Erick Too (FDU).....	14:38.19
3.	Andrew Catton (SFU).....	14:45.10
4.	Terry Ditmars (SFU).....	14:52.53
5.	Kevin Doyle (SFU).....	14:53.10
6.	Michael Murray (SFU).....	14:54.33
7.	Alfred Korir (FDU).....	14:54.35
8.	Tim Kitching (MSM).....	15:01.28

### 4x100 Meter Relay

1.	Robert Morris.....	41.68
2.	St. Francis U.....	41.74
3.	LIU.....	42.27
4.	FDU.....	42.52
5.	Central Connecticut.....	42.70
6.	Wagner.....	42.82
7.	Mount St. Mary's.....	43.11
8.	Monmouth.....	43.12

### 4x400 Meter Relay

1.	Robert Morris.....	3:14.71
2.	Central Connecticut.....	3:15.63
3.	Monmouth.....	3:18.99
4.	Sacred Heart.....	3:20.16
5.	Mount St. Mary's.....	3:20.25
6.	LIU.....	3:20.69
7.	St. Francis U.....	3:20.69
8.	FDU.....	3:23.50

### 4x800 Meter Relay

1.	FDU.....	7:46.00
2.	Mount St. Mary's.....	7:51.10
3.	Monmouth.....	7:54.30
4.	St. Francis U.....	7:55.00
5.	UMBC.....	8:03.30
6.	Quinnipiac.....	8:03.70
7.	Central Connecticut.....	8:10.00
8.	Sacred Heart.....	8:10.00

### 3,000 Meter Steeplechase

1.	Brian Snell (SFU).....	9:08.66
2.	Terry Ditmars (SFU).....	9:18.60
3.	Andrew Catton (SFU).....	9:21.06
4.	Peter Pollard (QUI).....	9:25.44
5.	Thomas Martin (QUI).....	9:29.36
6.	Robert Rotich (FDU).....	9:30.65
7.	Jason Santucci (MON).....	9:34.90
8.	Ben Werbos (UMBC).....	9:39.08

### 10,000 Meters

1.	Brian Snell (SFU).....	30:41.10
2.	Erick Too (FDU).....	31:00.50
3.	Andrew Catton (SFU).....	31:42.30
4.	Michael Murray (SFU).....	32:07.50

5.	Matt Kalinski (CCSU) .....	32:17.20
6.	Eric Blake (CCSU) .....	32:33.70
7.	Francis Kipkuna (FDU) .....	35:07.60
8.	James Kawalek (SFU) .....	35:23.30

## WOMEN

1. Monmouth 151
2. Central Connecticut 130½
3. St. Francis U. 119
4. UM-Baltimore Co. 90
5. Robert Morris 71
6. Long Is. U. 66
7. Mt. St. Marys 63½
8. Wagner 52½
9. Sacred Heart 37
10. St. Francis (Brklyn) 22½
11. Fairleigh Dickinson 10
12. Quinnipiac 5

### 2001

May 5-6

Baltimore, MD

#### Shot Put

1. Cleopatra Borel (UMBC) ..... 16.13m
2. Melissa Mackel (SFU)..... 12.20
3. Laura Buzzard (RMU)..... 122.20
4. Patricia Bernard (WAG) ..... 12.09
5. Sonrisa Garcia (LIU) ..... 11.80
6. Lauren Webb (MON) ..... 11.60
7. Meghann Cavanagh (MSM) ..... 11.23
8. Karen Rathfon-Brooks (SFU)..... 10.89

#### Discus

1. Patricia Bernard (WAG) ..... 41.80m
2. Laura Buzzard (WAG)..... 39.02
3. Karen Rathfon-Brooks (SFU)..... 38.70
4. Kristen Eckert (SHU)..... 36.32
5. Tara Ferraivolo (WAG) ..... 36.26
6. Tiffany Massuhr (MON) ..... 35.84
7. Kimberly Sima (CCSU) ..... 32.60
8. Meghann Cavanagh (MSM) ..... 32.02

#### Hammer Throw

1. Cleopatra Borel (UMBC) ..... 51.28m
2. Lauren Webb (MON) ..... 46.08
3. Lisa Ricciardelli (MON) ..... 43.46
4. Rebecca Drake (CCSU) ..... 43.08
5. Tiffany Masuhr (MON) ..... 38.44
6. Meghann Cavanagh (MSM) ..... 38.28
7. Daisy Holt (RMU) ..... 38.12
8. Megan Lipari (MSM) ..... 36.14

#### Javelin

1. Alicia Westovver (SFU)..... 40.16m
2. Karen Rathfon-Brooks (SFU)..... 39.22
3. Tiffany Masuhr (MON)..... 36.82
4. Tara Ferraivolo (WAG)..... 34.44
5. Laura Buzzard (RMU) ..... 34.10
6. Ashley Foley (MSM) ..... 33.24
7. Siobhan Towers (SFU)..... 32.96
8. Sonya Greaves (CCSU)..... 32.36

#### Pole Vault

1. Jessica Cooper (RMU) ..... 3.25m
2. Ashley Foley (MSM)..... 3.15
3. Lisa Ricciardelli (MON) ..... 2.95
4. Melanie Loughlin (SFU) ..... 2.85
5. Erin Walczak (SFU) ..... 2.85
6. Sonya Greaves (CCSU)..... 2.85
7. Angela Webb (MON)..... 2.65
8. Alia Pimpinella (MON)..... 2.50

#### High Jump

1. Lindsey Stefan (SFU)..... 1.66m

2.	Jewonda Bright (MON)	1.61
3.	Michelle June (MSM)	1.61
4.	Carla Franklin (MSM)	1.56
5.	Cathy Gombotz (CCSU)	1.56
6.	Carrie Cimino (UMBC)	1.56
7.	Erica Sullivan (SHU)	1.51
8.	Cara Coppola (WAG)	1.51
9.	Margaret VonDer Osten (SFBK)	1.51

### Long Jump

1.	Nicole Armfield (SFU)	5.68m
2.	Fatima Abbas (MSM)	5.50
3.	Nicole Dumpson (CCSU)	5.44
4.	Melanece Moore (UMBC)	5.40
5.	Maudelyn Debrosse (LIU)	5.39
6.	Nicola Larmond (CCSU)	5.36
7.	Ashley Foley (MSM)	5.27
8.	Apryle Walko (SFU)	5.25

### Triple Jump

1.	Fatima Abbas (MSM)	11.60m
2.	Talitha Vickers (MON)	11.45
3.	Melanece Moore (UMBC)	11.26
4.	Michele Shawah (SHU)	11.18
5.	Nicole Armfield (SFU)	10.98
6.	Nadege Auguste (CCSU)	10.91
7.	Michele Gawaldo (RMU)	10.81
8.	Sarah Keenan (SHU)	10.73

### 100 Meters

1.	Stacy Clarke (CCSU)	12.62
2.	Watasha Glasgow (SFBK)	12.65
3.	Nicola Larmond (CCSU)	12.67
4.	Nadege Auguste (CCSU)	12.91
5.	Nichole Snively (SFU)	12.94
6.	Latoya Washington (CCSU)	13.06
7.	Adenike Harris (MSM)	13.31

### 100 Meter Hurdles

1.	Cinnamon McMillian (UMBC)	14.57
2.	Sabriya Williams (WAG)	14.91
3.	Patrica Malloy (UMBC)	14.92
4.	Akilah Wallace (SFU)	15.02
5.	Georgette Lewis (LIU)	15.24
6.	Nicole Froehlich (MON)	15.58
7.	Cara Coppola (WAG)	15.59
8.	Krystal George (RMU)	15.67

### 200 Meters

1.	Nicola Larmond (CCSU)	25.56
2.	Brianna Cute (MON)	25.83
3.	Watasha Glasgow (SFBK)	25.91
4.	Destinee McCray (LIU)	25.96
5.	Nichole Snively (SFU)	26.03
6.	Georgette Lewis (LIU)	26.18
7.	Latoya Washington (CCSU)	26.26
8.	Talitha Vickers (MON)	27.72

### 400 Meters

1.	Brianna Cute (MON)	56.86
2.	Destinee McCray (LIU)	57.24
3.	Jana Rehkamp (CCSU)	57.66
4.	Jessica Pratt (MON)	59.48
5.	Melanece Moore (UMBC)	59.50

6.	Nneka London (SFBK)	59.75
7.	Carolee Clarke (SFU)	59.88
8.	Talitha Vickers (MON)	1:00.34

### 400 Meter Hurdles

1.	Georgette Lewis (LIU)	1:02.15
2.	Kemelia Campbell (LIU)	1:02.74
3.	Patricia Metzger (LIU)	1:04.08
4.	Elena Roberts (SFU)	1:04.71
5.	Brianne O'Driscoll (SFU)	1:05.35
6.	Jenn Dircks (MON)	1:07.11
7.	Julie Woloshin (RMU)	1:08.99
8.	Nicole Froehlich (MON)	1:10.38

### 800 Meters

1.	Taryn Phelps (MON)	2:12.74
2.	Sherita Baker (UMBC)	2:13.32
3.	Ohita Asein (UMBC)	2:14.02
4.	Sara Tasber (SHU)	2:14.68
5.	Marquita Hannibal (MON)	2:18.42
6.	Jamie Gasbarro (RMU)	2:18.74
7.	Sakinah Patterson (LIU)	2:18.93
8.	Tammy Pearson (SFU)	2:21.94

### 1500 Meters

1.	Taryn Phelps (MON)	4:44.96
2.	Seeyian Metoyu (FDU)	4:45.73
3.	Ohita Asein (UMBC)	4:46.75
4.	Sara Pinder (SFU)	4:48.11
5.	Michelle Rafeedie (MSM)	4:49.36
6.	Elizabeth Pile (SFU)	4:51.92
7.	Janel Strittmatter (SFU)	4:52.48
8.	Kati Panasuk (QU)	4:53.07

### 5000 Meters

1.	Erika Suhy (RMU)	17:40.61
2.	Heather Gardiner (CCSU)	17:45.75
3.	Shannon Lindberg (CCSU)	17:59.20
4.	Katherine Wrinkle (SHU)	18:11.44
5.	Jenn Merschhoff (WAG)	18:13.18
6.	Kimberly Crowley (CCSU)	18:22.14
7.	Fredyla Urena (FDU)	18:26.94
8.	Hannah Benjamin (UMBC)	18:33.15

### 10,000 Meters

1.	Heather Gardiner (CCSU)	37:00.7h
2.	Erika Suhy (RMU)	39:13.7h
3.	Karina Acevedo (WAG)	39:53.7h
4.	Amala Merritt (MON)	39:59.4h
5.	Carolyn Robin (QU)	40:15.1h
6.	Sarah Eshelman (SFU)	40:33.5h
7.	Kim Wolozen (MON)	40:57.3h
8.	Kimberly Almeida (SHU)	42:14.5h

### 4x100 Meter Relay

1.	Central Connecticut	47.70
2.	Monmouth	48.39
3.	Robert Morris	48.86
4.	St. Francis U.	49.22
5.	Mount St. Mary's	49.38
6.	St. Francis Brooklyn	50.01
7.	Wagner	51.12
8.	UMBC	51.34

### 4x400 Meter Relay

1.	LIU	3:51.37
2.	Central Connecticut	3:52.88
3.	Robert Morris	3:54.76
4.	Monmouth	3:58.50
5.	UMBC	3:59.54
6.	St. Francis U.	4:00.18
7.	St. Francis Brooklyn	4:02.86
8.	Mount St. Mary's	4:03.77

### 4x800 Meter Relay

1.	Monmouth	9:24.4h
2.	Central Connecticut	9:25.8h
3.	Wagner	9:30.3h
4.	UMBC	9:33.1h
5.	Sacred Heart	9:35.2h
6.	St. Francis U.	9:39.4h
7.	LIU	9:43.6h
8.	Robert Morris	9:54.0h

### 3,000 Meter Steeplechase

1.	Amala Merritt (MON)	11:15.08
2.	Shannon Lindberg (CCSU)	11:19.83
3.	Heather Stockton (SHU)	11:39.05
4.	Hannah Benjamin (UMBC)	11:51.48
5.	Leanne Haslbeck (MSM)	12:17.87
6.	Patricia Goodreau (SHU)	12:19.73
7.	Kristin Hutter (RMU)	12:24.01
8.	Kelly Reap (SFU)	12:49.92