

MEN

1. Monmouth 181
2. Long Is. U. 131
3. St. Francis U. 125
4. Robert Morris 92
5. Mt. St. Marys 85
6. Sacred Heart 83
7. Quinnipiac 43
8. Fairleigh Dickinson 33
9. St. Francis (Brklyn) 16
10. Central Connecticut 14
11. Wagner 10

2005

May 7-8

Emmitsburg, MD

Shot Put

1. Nick Williams (MON)	16.36m
2. Evan Lasher (SHU)	16.00
3. Jared Wasser (RMU)	15.79
4. Matthew Betti (WAG)	15.53
5. Garreth Fearon (RMU)	15.31
6. Christian Keller (MON)	15.25
7. Travis Clayton (SFBK)	14.57
8. Derek Mears (RMU)	14.57

Discus

1. Evan Lasher (SHU)	53.35m
2. Ryan Martin (MSM)	50.56
3. Nick Williams (MON)	49.91
4. Josh Martin (MSM)	47.87
5. Kevin Argauer (RMU)	46.72
6. Aaron Gurskey (RMU)	45.74
7. Christian Keller (MON)	44.91
8. Gerald Lewis (MON)	44.83

Hammer Throw

1. Evan Lasher (SHU)	52.96m
2. Christian Keller (MON)	49.90
3. Chris Broach (SFU)	48.83
4. James Woods (MON)	46.72
5. Christos Dimos (SHU)	46.09
6. Jared Wasser (RMU)	45.93
7. Aaron Gurskey (RMU)	44.99
8. Garreth Fearon (RMU)	44.85

Javelin

1. Bobby Smith (MON)	67.16m
2. Steve Gierlack (RMU)	64.18
3. Tyler Wilson (CCSU)	59.99
4. Christian Keller (MON)	55.90
5. Anthony Liriano (SFBK)	54.74
6. Ryan Martin (MSM)	53.61
7. Ryan Pavlosky (MON)	53.48
8. Nick Williams (MON)	51.72

Pole Vault

1. Nicholas Gilanelli (MON)	4.20m
2. Chris Cashin (MON)	4.10
3. Adam Woodford (RMU)	4.00
4. Gregg Curley (SHU)	3.90
5. Ian Straughter (SHU)	3.90
6. Chris Cadez (RMU)	3.75

High Jump

1. Joseph Henley (SHU)	2.10m
2. Guy Jackson (MON)	2.10
3. Jeff Witmyer (RMU)	2.04
4. Bryan Pagliuca (WAG)	1.99

5. Chris Heinrich (RMU)	1.99
6. Corey Brown (MSM)	1.99
7. Lynson Willis (SFBK)	1.94
8. Walid Ali (MON)	1.94

Long Jump

1. Tavon Moss (SFU)	7.22m
2. Corey Brown (MSM)	7.15
3. Devin Barry (MSM)	7.14
4. Chad Miller (LIU)	7.03
5. Troy Dennis (MON)	7.02
6. Ardell Francis (SFU)	6.85
7. Jude Rene (MON)	6.78
8. Michael Wade (RMU)	6.75

Triple Jump

1. Adam Woodford (RMU)	14.84m
2. Corey Brown (MSM)	14.76
3. Guy Jackson (MON)	14.05
4. Chris Heinrich (RMU)	13.89
5. Jared Maher (SHU)	13.57
6. Justin McMahon (MSM)	13.56
7. DeWayne Jolly (LIU)	13.54
8. Lynson Willis (SFBK)	13.51

100 Meters

1. Shaun Johnson (LIU)	10.72
2. Jeremy Bascom (LIU)	10.73
3. Scott Giordano (SHU)	10.80
4. Greg Carter (RMU)	10.97
5. Dave Crichlow (LIU)	11.04
6. Antonio Thomas (LIU)	11.11
7. Larry Milligan (FDU)	11.12
8. Jermaine High (MON)	11.28

110 Meter Hurdles

1. Devin Barry (MSM)	14.29
2. Bryan Steele (LIU)	14.51
3. Matt Dahms (MON)	14.53
4. Kenneth Wells (MSM)	14.63
5. Allandro Pierre (LIU)	14.71
6. Eric Sheppard (FDU)	14.80
7. Alonzo Meek (SHU)	14.84
8. Thomas Merring (MON)	15.14

200 Meters

1. Michael Hillian (LIU)	21.08
2. Charles Simmons (MON)	21.30
3. Scott Giordano (SHU)	21.42
4. Jeremy Bascom (LIU)	21.57
5. Christopher Vuono (MON)	21.74
6. Shaun Johnson (LIU)	21.96
7. Larry Milligan (FDU)	22.02
8. Donovan Morgan (RMU)	22.17

400 Meters

1. Michael Hillian (LIU)	47.99
2. David Wiley (MON)	47.99
3. Bryan Steele (LIU)	48.04
4. Charles Simmons (MON)	48.81
5. Christopher Vuono (MON)	49.43
6. Paul Willimas (SFU)	49.72
7. Ian Butcher (SFU)	50.09

400 Meter Hurdles

1.	Bryan Steele (LIU)	53.18
2.	Eric Sheppard (FDU)	54.72
3.	Jeff Elisca (MON)	54.88
4.	Roshaun Eberdeen (LIU)	55.15
5.	Gregg Curley (SHU)	55.60
6.	James McDonald (QU)	55.69
7.	Chad Miller (LIU)	55.87

800 Meters

1.	Andrew Maloney (SFU)	1:51.74
2.	Liam Smith (SFU)	1:53.67
3.	David Gaines (MON).....	1:55.35
4.	William Doherty (MON)	1:56.27
5.	Cortez Adams (FDU).....	1:57.24
6.	Keith Rolon (MSM).....	1:57.82
7.	Joshua Fritz (SFU)	1:58.10
8.	Francis Bloom (MSM).....	2:03.42

1500 Meters

1.	Michael Tilger (SFU)	3:57.85
2.	John Balouris (SFU)	3:59.35
3.	Mark Driscoll (QU)	4:00.27
4.	Mike Booth (RMU)	4:03.76
5.	Nick Pellegrino (MON)	4:06.67
6.	Caleb Fritz (SFU)	4:08.75
7.	Lawrence Schau (MON)	4:11.27
8.	Kieran O'Neill (SFBK).....	4:12.35

5000 Meters

1.	Ryan Sheehan (SFU).....	14:45.37
2.	Nick Pellegrino (MON)	15:00.20
3.	Thomas Martin (QU)	15:22.15
4.	Jacob Gurzler (QU)	15:26.48
5.	Michael Tilger (SFU)	15:35.14
6.	Edwin Rotich (FDU)	15:39.49
7.	Floyd Mayne (LIU).....	15:42.90
8.	Mike Booth (RMU)	15:44.23

4x100 Meter Relay

1.	LIU	41.51
2.	Sacred Heart.....	42.50
3.	Monmouth.....	42.71
4.	Robert Morris	42.99
5.	Mount St. Mary's	43.17
6.	FDU	43.77
7.	Central Connecticut.....	45.16

4x400 Meter Relay

1.	LIU.....	3:13.76
2.	St. Francis U.....	3:15.10
3.	Monmouth.....	3:18.46
4.	Robert Morris.....	3:19.83
5.	Mount St. Mary's.....	3:20.26
6.	FDU.....	3:20.40
7.	St. Francis Brooklyn	3:21.84
8.	Central Connecticut	3:23.90

4x800 Meter Relay

1.	St. Francis U.....	7:50.56
2.	Monmouth.....	7:53.96
3.	Mount St. Mary's	7:56.02
4.	Quinnipiac.....	7:57.51
5.	St. Francis Brooklyn.....	8:02.16

6.	Robert Morris	8:07.47
7.	LIU	8:15.08
8.	Sacred Heart.....	8:16.24

3,000 Meter Steeplechase

1.	Bret Burns (SFU).....	9:16.30
2.	Zachary Emerson (MSM).....	9:17.88
3.	Thomas Martin (QU).....	9:30.52
4.	Juha Vesala (CCSU)	9:32.06
5.	Philip Roach (QU)	9:33.12
6.	Floyd Mayne (LIU)	9:37.12
7.	Anthony Mio (QU)	9:38.96
8.	Tyler Arnett (SHU).....	9:53.04

10,000 Meters

1.	Ryan Sheehan (SFU)	32:02.43
2.	Chad Hartzell (SFU)	32:34.66
3.	Floyd Mayne (LIU)	32:46.17
4.	Edwin Rotich (FDU).....	32:55.03
5.	Richard Heffron III (QU).....	33:10.03
6.	Keith Bushem (QU).....	33:32.44
7.	Leonardo Vignone (MON).....	33:33.91

WOMEN

1. St. Francis U. 145
2. Robert Morris 129
3. Monmouth 119
4. Mt. St. Marys 94
5. Long Is. U. 88
6. Fairleigh Dickinson 73
7. Sacred Heart 67
8. Quinnipiac 33
9. St. Francis (Brklyn) 31
10. Wagner 25½
11. Central Connecticut 13½

2005

May 7-8

Emmitsburg, MD

Shot Put

1. Diane Gmitter (SFU)..... 13.71m
2. Nicole Downing (RMU)..... 13.67
3. Lisa Morse (SFU)..... 13.49
4. Katie Fisher (RMU)..... 13.39
5. Nine Victorin (MSM)..... 12.91
6. Brianne Carmichael (FDU)..... 12.66
7. Megan Sommers (SFU)..... 12.66
8. Balkis Bernard (SHU)..... 12.65

Discus

1. Christina Roadman (RMU)..... 46.08m
2. Lisa Morse (SFU)..... 44.26
3. Courtney Lenart (RMU)..... 43.35
4. Christine Yakubec (SHU)..... 42.55
5. Kayla Herron (SFU)..... 42.26
6. Stephanie Eder (WAG)..... 40.90
7. Jenna Brian (SFU)..... 40.29
8. Katie Pachuta (MON)..... 40.15

Hammer Throw

1. Nicole Downing (RMU)..... 55.79m
2. Katie Pachuta (MON)..... 49.98
3. Megan Sommers (SFU)..... 48.70

4.	Katie Fisher (RMU)	48.49
5.	Kayla Herron (SFU)	46.85
6.	Amanda Klingensmith (SFU)	46.72
7.	Christine Yakubec (SHU).....	45.07
8.	Diane Gmitter (SFU)	45.07

Javelin

1.	Courtney Lenart (RMU)	46.14m
2.	Nicole Downing (RMU).....	43.43
3.	Stephanie Kuhn (RMU).....	41.88
4.	Tiffany Hahn (MON).....	41.07
5.	Gwendolyn Moore (WAG).....	40.91
6.	Christina Roadman (RMU).....	40.53
7.	Jamie Killis (SHU).....	39.92
8.	Brigid Thies (MON).....	38.25

Pole Vault

1.	Mandy Jenkins (MSM).....	3.60m
2.	Darcy Thompson (RMU).....	3.30
3.	Brittany Crum (SFU).....	3.20
4.	Kayla Miller (MSM).....	3.20
5.	Brianne Hudak (SHU).....	2.90
6.	Coleen McLaughlin (RMU).....	2.90
7.	Melissa Isolda (MON).....	2.75
8.	Nikki Zwartjes (MON).....	2.75

High Jump

1.	Linda Dolansky (SFU)	1.64m
2.	Jamie Killis (SHU).....	1.61
3.	Ericka Frazee (RMU)	1.61
4.	Corey Lindley (CCSU).....	1.58
5.	Tiffany Alford (WAG).....	1.58
6.	Latoya Morton (MON).....	1.58
7.	Ashley Huffman (MON)	1.55
8.	Cari Christenson (CCSU).....	1.55

Long Jump

1.	Ashley Huffman (MON).....	6.15m
2.	Roseann Hamilton (FDU).....	5.99
3.	Tisifenee Taylor (MON).....	5.98
4.	Denise Tetkowski (MSM).....	5.80
5.	N'Kelle Anderson (LIU).....	5.73
6.	Frances Bundy (SHU)	5.54
7.	Angie Jones (MSM)	5.52
8.	Joanne Shia (MON).....	5.49

Triple Jump

1.	Brittany Humphress (RMU).....	11.65m
2.	Angie Jones (MSM).....	11.40
3.	Taneisha Cantave (SHU).....	11.32
4.	Lauren Torelli (MON).....	11.06
5.	Kristen Risch (WAG).....	11.04
6.	Jessica Bindyke (RMU).....	10.80
7.	N'Kelle Anderson (LIU).....	10.79
8.	Alicia Browne (SFBK).....	10.78

100 Meters

1.	Aisha Thomas (LIU).....	11.66
2.	Kora Hardy (SFU).....	11.89
3.	Roseann Hamilton (FDU)	11.91
4.	Shannon Norris (MSM).....	12.02
5.	N'Kelle Anderson (LIU).....	12.09
6.	Angie Jones (MSM)	12.30
7.	Renay McPherson (FDU)	12.38

8.	Brittini Smallwood (SFU).....	12.43
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100 Meter Hurdles

1.	Shannon Norris (MSM).....	14.22
2.	Zekara Riggsbee (MON)	14.25
3.	Laura Jezek (MSM).....	14.27
4.	Denise Tetkowski (MSM)	14.57
5.	Brittany DeMudd (RMU).....	14.96
6.	Shaleeha Potts (SFU)	14.97
7.	Brittany Humphress (RMU)	15.25

200 Meters

1.	Aisha Thomas (LIU).....	23.79
2.	Renay McPherson (FDU)	24.23
3.	Suraya Kornegay (MON).....	24.26
4.	Kora Hardy (SFU).....	24.67
5.	Shannon Norris (MSM).....	24.97
6.	Melisa Chery (FDU)	25.40
7.	Roseann Hamilton (FDU)	25.45
8.	Rennah Lewis (SFBK).....	25.93

400 Meters

1.	Renay McPherson (FDU)	55.03
2.	Suraya Kornegay (MON).....	55.17
3.	Toria Williams (MON)	56.75
4.	Janel McFarlane (LIU).....	57.48
5.	Crystal Strachan (LIU).....	58.54
6.	Sara Ann Brown (MSM).....	58.93
7.	Melisa Ccherry (FDU).....	59.22

400 Meter Hurdles

1.	N'Kelle Anderson (LIU).....	1:01.09
2.	Nicole Dumpson (CCSU)	1:01.98
3.	Frances Bundy (SHU).....	1:02.78
4.	Latasha Dickson (MON).....	1:03.51
5.	Morgan Gantt (LIU)	1:04.77
6.	Shanequa Warren (LIU).....	1:05.07
7.	Corina Campbell (RMU).....	1:05.70
8.	Lauren Torelli (MON).....	1:06.66

800 Meters

1.	Erika Jacobs (SFU).....	2:11.73
2.	Whitney Schnarr (SFU).....	2:14.45
3.	Valerine Mellon (SFBK).....	2:16.66
4.	Jainie Smith (LIU).....	2:17.08
5.	Danielle LaPresta (RMU).....	2:18.29
6.	Temi Akojie (LIU)	2:19.59
7.	Erin O'Connell (QU)	2:20.68
8.	Kayla Miller (MSM).....	2:27.77

1500 Meters

1.	Kaitlyn Gwyther (QU)	4:36.82
2.	Whitney Schnarr (SFU).....	4:47.58
3.	Erika Jacobs (SFU).....	4:47.75
4.	Jenna Nechamen (QU).....	4:48.64
5.	Antonia Artise (SFU).....	4:50.39
6.	Caitlin Brady (QU)	4:52.03
7.	Nicole Carter (RMU)	4:53.64
8.	Kaitlin Clark (SHU)	4:54.04

5000 Meters

1.	Katina Alexander (MON)	17:47.10
2.	Sophy Yapsabila (FDU).....	18:08.43
3.	Whitney Schnarr (SFU).....	18:13.78

4.	Cristin Muller (SFBK)	18:18.35
5.	Kim Najem (MSM).....	18:30.43
6.	Kristin Wallace (MON).....	18:33.56
7.	Kathleen Duffy (SHU)	18:39.56
8.	Caitlin Brady (QU)	19:00.48

10,000 Meters

1.	Sophy Yapsabila (FDU).....	37:39.35
2.	Kristin Wallace (MON).....	38:01.68
3.	Cristin Mullen (SFBK)	38:03.80
4.	Shannon Kovack (SFBK)	38:58.04
5.	Kim Najem (MSM).....	39:08.66
6.	Jenna Pisani (SHU).....	39:19.83
7.	Susan Ashe (QU).....	39:34.24
8.	Stephanie Strub (SFU).....	40:27.66

4x100 Meter Relay

1.	Mount St. Mary's	47.34
2.	LIU	47.68
3.	FDU	47.90
4.	Monmouth.....	48.44
5.	St. Francis U.....	48.92
6.	Robert Morris	49.56
7.	Sacred Heart.....	50.18
8.	Wagner	50.78

4x400 Meter Relay

1.	Monmouth.....	3:47.72
2.	LIU	3:50.55
3.	Mount St. Mary's	3:52.80
4.	FDU	3:55.41
5.	St. Francis Brooklyn.....	3:57.42
6.	Robert Morris	3:59.39
7.	Sacred Heart.....	4:04.18
8.	Wagner	4:04.27

4x800 Meter Relay

1.	Sacred Heart.....	9:32.03
2.	Robert Morris	9:34.70
3.	Quinnipiac.....	9:37.17
4.	LIU	9:40.21
5.	Monmouth.....	9:43.49
6.	St. Francis Brooklyn.....	9:50.53
7.	Wagner	9:51.96
8.	FDU	9:59.87

3,000 Meter Steeplechase

1.	Bridget Campbell (SFU).....	1!:01.84
2.	Kathleen Duffy (SHU).....	11:03.46
3.	Elizabeth Kaba (WAG)	11:27.71
4.	Jillian Zita (SFBK).....	12:11.67
5.	Kristen Bork (SFU).....	12:19.96
6.	Danielle Green (QU).....	12:26.09
7.	Kathryn O'Connor (SHU)	12:30.58
8.	Abbey Gosling (QU).....	12:41.80