

# Northeast Conference Indoor Track and Field Championship • February 18-19, 1995

Fairleigh Dickinson University

**Men:** 1. Rider 133½; 2. Fairleigh Dickinson 130½; 3. Monmouth 59½; 4. St. Francis (NY) 43; 5. Mount St. Mary's 41; 6. Robert Morris 31;  
7. Marist 15; 8. Long Island U. 9; 9. Wagner 2.

**Women:** 1. Mount St. Mary's 140; 2. Fairleigh Dickinson 138; 3. Wagner 43; 4. Monmouth 39; 5. Rider 24; 6. Long Island U. 18;  
7. St. Francis (NY) 14; 8. Robert Morris 9; 9. Marist 8.

## Men

### 55 Meters

|                    |                     |      |
|--------------------|---------------------|------|
| 1. Warren Scott    | Rider               | 6.57 |
| 2. Gary Gooden     | St. Francis (NY)    | 6.61 |
| 3. Alex Dzitrie    | Fairleigh Dickinson | 6.62 |
| 4. Bernardo Phipps | St. Francis (NY)    | 6.63 |
| 5. Zolden Eastwood | Long Island U.      | 6.64 |
| 6. Bret Salowitz   | Long Island U.      | 6.68 |

### 55 Meter Hurdles

|                     |                     |      |
|---------------------|---------------------|------|
| 1. Doug Haynesworth | Fairleigh Dickinson | 7.56 |
| 2. Gary Gooden      | St. Francis (NY)    | 7.83 |
| 3. Jason Fennes     | Monmouth            | 7.94 |
| 4. Mutty Mason      | Fairleigh Dickinson | 8.25 |
| 5. Eric Eberman     | Rider               | 8.26 |
| 6. Bill Houser      | Mount St. Mary's    | 8.41 |

### 300 Meters

|                     |                     |       |
|---------------------|---------------------|-------|
| 1. Bruce Johnson    | Rider               | 35.35 |
| 2. Bernardo Phipps  | St. Francis (NY)    | 35.98 |
| 3. Bret Salowitz    | Long Island U.      | 36.50 |
| 4. Darrell Braswell | Fairleigh Dickinson | 37.03 |
| 5. Jeff Alicea      | Monmouth            | 37.11 |
| 6. Jose Lopez       | Rider               | 36.7  |

### 500 Meters

|                     |                     |         |
|---------------------|---------------------|---------|
| 1. Jason Fennes     | Monmouth            | 1:06.17 |
| 2. Jose Lopez       | Rider               | 1:06.41 |
| 3. Marc KcKithen    | Rider               | 1:07.22 |
| 4. Jim Angermeier   | Monmouth            | 1:07.1  |
| 5. Mike Tennant     | Robert Morris       | 1:07.76 |
| 6. Courtney Beckles | Fairleigh Dickinson | 1:07.85 |

### 800 Meters

|                   |                     |         |
|-------------------|---------------------|---------|
| 1. Shane DeGannes | Fairleigh Dickinson | 1:59.32 |
| 2. Moses Mekbeb   | Fairleigh Dickinson | 1:59.41 |
| 3. Chris Tarello  | Rider               | 1:59.65 |
| 4. Chris Mills    | St. Francis (NY)    | 2:00.05 |
| 5. Jason Mueller  | Monmouth            | 2:00.15 |
| 6. Damein Callum  | Fairleigh Dickinson | 2:01.0  |

### 1500 Meters

|                   |                     |         |
|-------------------|---------------------|---------|
| 1. Shane DeGannes | Fairleigh Dickinson | 3:59.23 |
| 2. Moses Mekbeb   | Fairleigh Dickinson | 3:59.51 |
| 3. Ron Brock      | Rider               | 4:00.76 |
| 4. Jesse Breeden  | Rider               | 4:03.40 |
| 5. Mike Shairi    | St. Francis (NY)    | 4:09.1  |
| 6. Aaron Price    | Mount St. Mary's    | 4:09.6  |

### 3000 Meters

|                  |                     |         |
|------------------|---------------------|---------|
| 1. Pat Hennigan  | Fairleigh Dickinson | 8:41.83 |
| 2. Jesse Breeden | Rider               | 8:43.88 |
| 3. Avi Ma'Ayan   | Fairleigh Dickinson | 8:48.76 |
| 4. David Swift   | Marist              | 8:56.0  |
| 5. Aaron Price   | Mount St. Mary's    | 8:56.0  |
| 6. Michael Melfi | Marist              | 9:05.5  |

## Men

### 5000 Meters

|                     |                     |          |
|---------------------|---------------------|----------|
| 1. Avi Ma'Ayan      | Fairleigh Dickinson | 15:17.09 |
| 2. Patrick Hennigan | Fairleigh Dickinson | 15:46.32 |
| 3. Shawn McElhaugh  | Mount St. Mary's    | 15:53.38 |
| 4. Andrew Baird     | Marist              | 16:14.4  |
| 5. Benard Kitur     | Mount St. Mary's    | 16:42.8  |
| 6. Larry Medina     | St. Francis (NY)    | 16:51.1  |

### 4x400 Meter Relay

|                        |         |
|------------------------|---------|
| 1. Rider               | 3:22.70 |
| 2. Monmouth            | 3:26.46 |
| 3. Fairleigh Dickinson | 3:27.56 |
| 4. Mount St. Mary's    | 3:30.79 |
| 5. St. Francis (NY)    | 3:31.0  |
| 6. Wagner              | 3:32.39 |

### Distance Medley Relay

|                        |          |
|------------------------|----------|
| 1. Fairleigh Dickinson | 10:20.60 |
| 2. Rider               | 10:31.73 |
| 3. Marist              | 10:37.65 |
| 4. St. Francis (NY)    | 10:57.61 |
| 5. Robert Morris       | 11:03.0  |
| 6. Monmouth            | 11:17.4  |

### High Jump

|                       |                  |      |
|-----------------------|------------------|------|
| 1. Garyl Moore        | Rider            | 6-7  |
| 2. Jason Fennes       | Monmouth         | 6-7  |
| 3. Amedeo Mastrantoni | Robert Morris    | 6-5  |
| 4. Matt Hawksley      | Mount St. Mary's | 6-3¼ |
| 5. Eddison Toby       | Mount St. Mary's | 6-3¼ |
| 6. Jason Mueller      | Monmouth         | 6-3¼ |

### Pole Vault

|                   |                  |        |
|-------------------|------------------|--------|
| 1. Matt Hill      | Monmouth         | 14-0   |
| 2. Eddison Toby   | Mount St. Mary's | 14-0   |
| 3. Mark Brennan   | Mount St. Mary's | 12-11¾ |
| 4. Scott Boegner  | Rider            | 12-11¾ |
| 5. Frank Martinez | Rider            | 12-6   |

### Long Jump

|                     |                     |        |
|---------------------|---------------------|--------|
| 1. Alex Dzitrie     | Fairleigh Dickinson | 23-8½  |
| 2. Corey Hunt       | Robert Morris       | 21-11¾ |
| 3. Ryan Cooper      | Robert Morris       | 21-4¼  |
| 4. Dave Pelosi      | Monmouth            | 21-2¼  |
| 5. Eddison Toby     | Mount St. Mary's    | 20-10  |
| 6. Doug Haynesworth | Fairleigh Dickinson | 20-8¾  |

### Triple Jump

|                  |                     |       |
|------------------|---------------------|-------|
| 1. Aaron Finley  | Rider               | 48-9½ |
| 2. Damein Callum | Fairleigh Dickinson | 47-1¾ |
| 3. Cory Hunt     | Robert Morris       | 46-6¼ |
| 4. Mark Brennan  | Mount St. Mary's    | 42-8¼ |
| 5. Gary Moore    | Rider               | 41-11 |
| 6. Ryan Cooper   | Robert Morris       | 40-3  |

# Northeast Conference Indoor Track and Field Championship • February 18-19, 1995

Fairleigh Dickinson University

**Men:** 1. Rider 133½; 2. Fairleigh Dickinson 130½; 3. Monmouth 59½; 4. St. Francis (NY) 43; 5. Mount St. Mary's 41; 6. Robert Morris 31; 7. Marist 15; 8. Long Island U. 9; 9. Wagner 2.

**Women:** 1. Mount St. Mary's 140; 2. Fairleigh Dickinson 138; 3. Wagner 43; 4. Monmouth 39; 5. Rider 24; 6. Long Island U. 18; 7. St. Francis (NY) 14; 8. Robert Morris 9; 9. Marist 8.

## Men

### Shot Put

|                     |                     |       |
|---------------------|---------------------|-------|
| 1. Adam Slaninko    | Rider               | 49-6  |
| 2. Matt Distlehurst | Rider               | 44-6¼ |
| 3. Rob Bonafante    | Rider               | 41-8¼ |
| 4. Mike Fajardo     | Monmouth            | 41-7½ |
| 5. Gino DiRico      | St. Francis (NY)    | 41-4½ |
| 6. Darnell Macklin  | Fairleigh Dickinson | 39-8¾ |

## Women

### 55 Meters

|                        |                     |      |
|------------------------|---------------------|------|
| 1. Donise Moore        | Fairleigh Dickinson | 7.15 |
| 2. Yolanda Shakespeare | Robert Morris       | 7.33 |
| 3. Natwon Harp         | Fairleigh Dickinson | 7.38 |
| 4. Sharline White      | Fairleigh Dickinson | 7.45 |
| 5. Gamiliah Johnson    | Monmouth            | 7.45 |
| 6. Jannelle Richardson | St. Francis (NY)    | 7.54 |
| 6. Lisa Kaiser         | Mount St. Mary's    | 7.54 |

### 55 Meter Hurdles

|                     |                     |      |
|---------------------|---------------------|------|
| 1. Donise Moore     | Fairleigh Dickinson | 8.11 |
| 2. Natwon Harp      | Fairleigh Dickinson | 8.27 |
| 3. Georgia Dahulich | Mount St. Mary's    | 8.95 |
| 4. Shatich Rivers   | Monmouth            | 9.09 |
| 5. Jamie Kuhne      | Monmouth            | 9.1  |
| 6. Aisha Stevens    | Mount St. Mary's    | 9.5  |

### 300 Meters

|                       |                     |       |
|-----------------------|---------------------|-------|
| 1. Lisa Kaiser        | Mount St. Mary's    | 41.96 |
| 2. Tracia Barnes      | Fairleigh Dickinson | 42.63 |
| 3. Janelle Richardson | St. Francis (NY)    | 42.90 |
| 4. Lillian Laboy      | Rider               | 43.29 |
| 5. Shalonda Martin    | Monmouth            | 43.46 |
| 6. Shaya Knox         | Wagner              | 44.07 |

### 500 Meters

|                     |                  |         |
|---------------------|------------------|---------|
| 1. Aisha Stevens    | Mount St. Mary's | 1:17.86 |
| 2. Shalonda Martin  | Monmouth         | 1:19.48 |
| 3. Kristen Hazel    | Mount St. Mary's | 1:20.46 |
| 4. Sarah Weller     | Mount St. Mary's | 1:22.27 |
| 5. Alison Murray    | Marist           | 1:22.60 |
| 6. Morrette Lampkin | St. Francis (NY) | 1:23.18 |

### 800 Meters

|                     |                     |         |
|---------------------|---------------------|---------|
| 1. Robin Kloster    | Mount St. Mary's    | 2:18.53 |
| 2. Maria Palminteri | Long Island U.      | 2:18.91 |
| 3. Amy DeBor        | Mount St. Mary's    | 2:22.28 |
| 4. Heather Parrish  | Fairleigh Dickinson | 2:24.37 |
| 5. Rahseena Watson  | Mount St. Mary's    | 2:28.0  |
| 6. Vanessa McClure  | Fairleigh Dickinson | 2:29.5  |

### 1500 Meters

|                    |                  |         |
|--------------------|------------------|---------|
| 1. Robin Kloster   | Mount St. Mary's | 4:46.84 |
| 2. Rebecca Wassner | Mount St. Mary's | 4:49.89 |
| 3. Marnie Desciak  | Mount St. Mary's | 4:53.53 |
| 4. Maureen Horn    | Wagner           | 4:58.88 |
| 5. Jennifer Flood  | Monmouth         | 5:06.3  |
| 6. Roberta Vassell | St. Francis (NY) | 5:09.8  |

### 3000 Meters

|                      |                  |          |
|----------------------|------------------|----------|
| 1. Rebecca Wassner   | Mount St. Mary's | 10:31.30 |
| 2. Stella Cinoa      | Mount St. Mary's | 10:38.56 |
| 3. Mary Brooks       | Wagner           | 10:47.65 |
| 4. Jessica Machanska | Wagner           | 10:57.1  |
| 5. Kathleen Woodson  | Monmouth         | 11:02.1  |
| 6. Jennifer Flood    | Monmouth         | 11:08.2  |

### 5000 Meters

|                        |                  |          |
|------------------------|------------------|----------|
| 1. Stella Cinoa        | Mount St. Mary's | 18:43.26 |
| 2. Mary Brooks         | Wagner           | 19:00.10 |
| 3. Jessica Machanska   | Wagner           | 19:23.11 |
| 4. Joyce Drake         | Mount St. Mary's | 19:49.90 |
| 5. Theresa Hickey      | Marist           | 20:24.3  |
| 6. Sallie Beth Johnson | Mount St. Mary's | 20:32.6  |

### 4x400 Meter Relay

|                        |         |
|------------------------|---------|
| 1. Mount St. Mary's    | 3:59.22 |
| 2. Fairleigh Dickinson | 4:04.82 |
| 3. Wagner              | 4:06.33 |
| 4. St. Francis (NY)    | 4:09.9  |
| 5. Monmouth            | 4:19.60 |
| 6. Robert Morris       | 4:23.19 |

### Distance Medley Relay

|                         |         |
|-------------------------|---------|
| 1. Mount St. Mary's     | 12:37.3 |
| 2. Long Island U.       | 13:04.2 |
| 3. Wagner               | 13:07.8 |
| 4. Rider                | 13:15.3 |
| 5. Marist               | 13:20.8 |
| 6. St. Francis Brooklyn | 13:24.1 |

### High Jump

|                       |                     |       |
|-----------------------|---------------------|-------|
| 1. Donise Moore       | Fairleigh Dickinson | 5-8   |
| 2. Michelle Herring   | Fairleigh Dickinson | 5-6   |
| 3. Shatich Rivers     | Monmouth            | 5-6   |
| 4. Jennifer Molinelli | Rider               | 5-4¼  |
| 5. Lynnette Diaz      | Long Island U.      | 4-10¼ |
| 6. Georgia Dahulich   | Mount St. Mary's    | 4-10¼ |

### Long Jump

|                     |                     |        |
|---------------------|---------------------|--------|
| 1. Donise Moore     | Fairleigh Dickinson | 19-10½ |
| 2. Sharline White   | Fairleigh Dickinson | 18-8¼  |
| 3. Gamiliah Johnson | Monmouth            | 18-8   |
| 4. Jennifer Hettel  | Rider               | 17-6¼  |
| 5. Shatich Rivers   | Monmouth            | 17-5   |
| 6. Aisha Rivers     | Mount St. Mary's    | 17-0¾  |

## Northeast Conference Indoor Track and Field Championship • February 18-19, 1995

Fairleigh Dickinson University

**Men:** 1. Rider 133½; 2. Fairleigh Dickinson 130½; 3. Monmouth 59½; 4. St. Francis (NY) 43; 5. Mount St. Mary's 41; 6. Robert Morris 31;  
7. Marist 15; 8. Long Island U. 9; 9. Wagner 2.

**Women:** 1. Mount St. Mary's 140; 2. Fairleigh Dickinson 138; 3. Wagner 43; 4. Monmouth 39; 5. Rider 24; 6. Long Island U. 18;  
7. St. Francis (NY) 14; 8. Robert Morris 9; 9. Marist 8.

### Women

#### **Triple Jump**

|                     |                     |       |
|---------------------|---------------------|-------|
| 1. Sharline White   | Fairleigh Dickinson | 39-9½ |
| 2. Donise Moore     | Fairleigh Dickinson | 37-0  |
| 3. Aisha Stevens    | Mount St. Mary's    | 36-9¼ |
| 4. Jennifer Hettel  | Rider               | 34-10 |
| 5. Michelle Herring | Fairleigh Dickinson | 33-4¾ |

#### **Shot Put**

|                   |                     |        |
|-------------------|---------------------|--------|
| 1. Njeri Curtis   | Fairleigh Dickinson | 47-1   |
| 2. Frances Smith  | Fairleigh Dickinson | 38-11¾ |
| 3. Danetria Seals | Fairleigh Dickinson | 35-8¾  |
| 4. Karen Steiner  | Rider               | 35-8¾  |
| 5. Laura Westcott | Wagner              | 34-4¼  |
| 6. Shatich Rivers | Monmouth            | 34-2½  |