

Licensed to Cave Spring High School Hy-Tek's Meet Manager 4/19/2008 07:04 PM
 ODAC Championships 2008 - 4/18/2008 to 4/19/2008
 Roanoke College
 Results

Women 100 Meter Dash

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 France, Tiffany		Roanoke	12.49	12.32Q	+0.0	1
2 Mason, Kate		Roanoke	12.14	12.37Q	+0.0	2
3 Yerkes, Robin		Roanoke	12.33	12.41q	+0.0	1
4 Hartman, Courtney		Bridgewater (Va.)	12.78	12.58q	+0.0	1
5 Wattai, Jill		Bridgewater (Va.)	12.55	12.60q	+0.0	2
5 Bickford, Lydia		Roanoke	12.75	12.60q	+0.0	2
7 Phillips, Samantha		Bridgewater (Va.)	12.85	12.74q	+0.0	2
8 Booker, Chevonne		Lynchburg	12.78	12.88q	+0.0	1
9 Stallings, Jazamine		Roanoke	12.88	12.91	+0.0	1
10 Lollie, Summer		Washington & Lee	13.14	12.93	+0.0	1
11 Richardson, Kyra		Lynchburg	12.87	13.14	+0.0	2
12 Mills, Ashley		Eastern Mennonit	14.72	14.38	+0.0	2

Women 100 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Yerkes, Robin		Roanoke	12.41	12.38	-1.6	10
2 France, Tiffany		Roanoke	12.32	12.40	-1.6	8
3 Mason, Kate		Roanoke	12.37	12.60	-1.6	6
4 Hartman, Courtney		Bridgewater (Va.)	12.58	12.68	-1.6	4
5 Bickford, Lydia		Roanoke	12.60	12.75	-1.6	2
6 Wattai, Jill		Bridgewater (Va.)	12.60	12.77	-1.6	1
7 Booker, Chevonne		Lynchburg	12.88	12.96	-1.6	
8 Phillips, Samantha		Bridgewater (Va.)	12.74	13.29	-1.6	

Women 200 Meter Dash

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Yerkes, Robin		Roanoke	25.11	25.51Q	+0.0	1
2 Mason, Kate		Roanoke	25.42	25.61Q	-0.6	2
3 Wattai, Jill		Bridgewater (Va.)	25.39	25.77q	-0.6	2
4 Hartman, Courtney		Bridgewater (Va.)	25.79	26.06q	+0.0	1
5 France, Tiffany		Roanoke	26.10	26.10q	-0.6	2
6 Phillips, Samantha		Bridgewater (Va.)	26.04	26.33q	+0.0	1
7 Lollie, Summer		Washington & Lee		26.56	+0.0	1
8 Richardson, Kyra		Lynchburg	26.39	26.95	-0.6	2
9 Jackson, Shawn		Lynchburg	26.73	27.25	+0.0	1
10 Booker, Chevonne		Lynchburg	27.25	27.39	+0.0	1
11 Stallings, Jazamine		Roanoke	29.16	27.52	-0.6	2
12 Mills, Ashley		Eastern Mennonit	30.27	29.79	-0.6	2

Women 200 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Yerkes, Robin		Roanoke	25.51	25.50	-3.2	10

2	Hartman, Courtney	Bridgewater (Va.	26.06	25.90	-3.2	8
3	Wattai, Jill	Bridgewater (Va.	25.77	25.93	-3.2	6
4	France, Tiffany	Roanoke	26.10	25.99	-3.2	4
5	Mason, Kate	Roanoke	25.61	26.42	-3.2	2
6	Phillips, Samantha	Bridgewater (Va.	26.33	26.91	-3.2	1

Women 400 Meter Dash

Name	Year School	Seed	Finals	Points
1 Yerkas, Robin	Roanoke		57.25	10
2 Mason, Kate	Roanoke	59.54	58.79	8
3 Doornbos, Stacy	Washington & Lee	58.48	59.30	6
4 Phillips, Samantha	Bridgewater (Va.	1:00.27	1:01.90	4
5 Doe, Samfee	Eastern Mennonit	1:02.79	1:04.58	2
6 Phillips, Nicole	Bridgewater (Va.	1:04.55	1:08.36	1

Women 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Webb, Elizabeth	Washington & Lee	2:17.73	2:18.15	10
2 Wilson, Emma	Roanoke	2:25.21	2:21.64	8
3 Doyle, Wava	Roanoke	2:24.60	2:22.72	6
4 Miata, Jule	Washington & Lee	2:30.61	2:23.69	4
5 Todd, Dorothy	Washington & Lee	2:25.77	2:25.11	2
6 Fenwick, Katherine	Washington & Lee	2:30.28	2:27.65	1
7 Galloway, Molly	Lynchburg	2:26.48	2:28.35	
8 Meyer, Ashley	Lynchburg	2:23.53	2:29.36	
9 Clements, Anna	Bridgewater (Va.	2:31.02	2:30.13	
10 Donnelly, Megan	Lynchburg	2:27.62	2:30.99	
11 Smith, Jessica	Roanoke	2:32.37	2:32.35	
12 Markey, Whitney	Lynchburg	2:32.80	2:32.42	
13 Goss, Chelsea	Bridgewater (Va.	2:31.33	2:32.67	
14 Collier, Cathy	Washington & Lee	2:33.25	2:34.20	
15 Scuffins, Laura	Roanoke	2:36.26	2:34.51	
16 Nuccilli, Ryleigh	Washington & Lee	2:38.87	2:35.68	
17 Tran, Lan	Virginia Wesleya	2:38.54	2:39.38	
18 Wenos, Taylor	Roanoke	2:50.14	2:50.10	
19 Stauffer, Yvonne	Eastern Mennonit	2:48.96	2:55.35	

Women 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Webb, Elizabeth	Washington & Lee	4:40.37	4:44.90	10
2 Meyer, Ashley	Lynchburg	4:50.97	4:52.24	8
3 Taylor, Rebecca	Washington & Lee	4:46.59	4:53.49	6
4 Shaw, Jessica	Washington & Lee	4:53.49	4:55.32	4
5 Todd, Dorothy	Washington & Lee	5:00.41	4:58.18	2
6 Telfeyan, Kat	Washington & Lee	4:57.96	4:59.78	1
7 Galloway, Molly	Lynchburg	5:03.00	5:07.76	
8 Clements, Anna	Bridgewater (Va.	5:10.54	5:10.68	
9 Keiser, Deb	Eastern Mennonit	5:11.36	5:15.29	
10 Moore, Maggie	Roanoke	5:15.81	5:16.63	
11 Goss, Chelsea	Bridgewater (Va.	5:09.53	5:27.27	
12 Tran, Lan	Virginia Wesleya	5:25.14	5:32.27	
13 Hollister, Janelle	Roanoke	5:47.18	5:42.79	
14 Fletcher, Kelly	Roanoke	5:56.24	5:43.13	
15 Delaney, Ashley	Lynchburg	5:53.56	5:48.51	
16 Stauffer, Yvonne	Eastern Mennonit	5:46.68	5:49.15	

17 Kelley, Rosemary Washington & Lee 6:10.92 6:06.81

Women 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Shaw, Jessica	Washington & Lee		17:29.84	10
2 Pernisi, Jennie	Lynchburg	18:25.54	18:56.54	8
3 Roane, Ashley	Virginia Wesleya	18:52.00	19:14.36	6
4 Gollery, Erin	Roanoke		19:34.95	4
5 Doughman, Jennifer	Roanoke		19:49.32	2
6 Mumaw, Elizabeth	Roanoke	19:33.38	20:06.43	1
7 Fender, Lindsay	Lynchburg	20:10.92	20:27.95	
8 Moore, Maggie	Roanoke		20:33.87	
9 Searing, Stephanie	Lynchburg	21:12.27	21:17.47	
10 Murphy, Erin	Bridgewater (Va.	21:40.73	21:30.85	
11 Mills, Regina	Washington & Lee		23:05.45	

Women 100 Meter Hurdles

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Leaman, Michelle	Eastern Mennonit	14.94	15.32Q	+0.0	2
2 Withers, Meredith	Roanoke	15.12	15.46Q	+0.0	1
3 Sutherland, Maggie	Washington & Lee	15.32	15.48q	+0.0	2
4 Doornbos, Stacy	Washington & Lee	15.31	15.81q	+0.0	1
5 Bickford, Lydia	Roanoke	16.89	15.97q	+0.0	2
6 Armstrong, Sallie	Washington & Lee	16.50	16.31q	+0.0	1
7 McCoy, Dominique	Roanoke	16.55	16.47q	+0.0	1
8 Hartman, Courtney	Bridgewater (Va.	17.11	16.51q	+0.0	1
9 Garofalo, Danielle	Lynchburg	16.10	16.53	+0.0	2
10 Stelter, Stephanie	Washington & Lee	17.06	16.97	+0.0	2
11 Smith, Elizabeth	Bridgewater (Va.	17.51	17.16	+0.0	1
12 Gibbs, Jessica	Lynchburg	17.60	17.68	+0.0	2
13 Garofalo, Alicia	Lynchburg	17.96	18.24	+0.0	2
14 Gaugler, Leah	Eastern Mennonit	19.03	18.65	+0.0	1
15 Tritsch, Sarah	Bridgewater (Va.	19.70	19.69	+0.0	1
16 Rhodes, Renee	Roanoke	19.95	21.42	+0.0	2

Women 100 Meter Hurdles

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Leaman, Michelle	Eastern Mennonit	15.32	15.32	-2.1	10
2 Doornbos, Stacy	Washington & Lee	15.81	15.74	-2.1	8
3 Sutherland, Maggie	Washington & Lee	15.48	15.95	-2.1	6
4 Bickford, Lydia	Roanoke	15.97	16.43	-2.1	4
5 Armstrong, Sallie	Washington & Lee	16.31	16.55	-2.1	2
6 Hartman, Courtney	Bridgewater (Va.	16.51	16.74	-2.1	1
7 McCoy, Dominique	Roanoke	16.47	16.84	-2.1	
-- Withers, Meredith	Roanoke	15.46	DQ	-2.1	

Women 400 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Leaman, Michelle	Eastern Mennonit	1:06.90	1:06.28Q	2
2 Mizerak, Sammy	Bridgewater (Va.	1:09.49	1:07.46Q	1

3	Withers, Meredith	Roanoke	1:13.75	1:07.73q	1
4	Stelter, Stephanie	Washington & Lee	1:10.35	1:09.20q	2
5	Armstrong, Sallie	Washington & Lee	1:10.12	1:09.89q	1
6	Doe, Samfee	Eastern Mennonit	1:13.09	1:10.68q	2
7	Smith, Elizabeth	Bridgewater (Va.	1:16.12	1:11.75	2
8	Gibbs, Jessica	Lynchburg	1:15.19	1:13.01	2
9	Nelson, Erin	Roanoke	1:16.83	1:14.42	1
10	McCoy, Dominique	Roanoke	1:14.48	1:14.63	1
11	Rhodes, Renee	Roanoke	1:18.81	1:18.72	2
12	Gaughler, Leah	Eastern Mennonit	1:18.58	1:20.91	1

Women 400 Meter Hurdles

Name	Year	School	Prelims	Finals	Points	
Finals						
1		Withers, Meredith	Roanoke	1:07.73	1:04.98	10
2		Leaman, Michelle	Eastern Mennonit	1:06.28	1:06.08	8
3		Stelter, Stephanie	Washington & Lee	1:09.20	1:07.17	6
4		Armstrong, Sallie	Washington & Lee	1:09.89	1:08.36	4
5		Mizerak, Sammy	Bridgewater (Va.	1:07.46	1:08.78	2
6		Doe, Samfee	Eastern Mennonit	1:10.68	1:13.51	1

Women 3000 Meter Steeplechase

Name	Year	School	Seed	Finals	Points	
1		Pernisi, Jennie	Lynchburg	11:51.48	11:54.8h	10
2		Taylor, Rebecca	Washington & Lee		11:59.0h	8
3		Keiser, Deb	Eastern Mennonit	12:36.09	12:13.1h	6
4		Telfeyan, Kat	Washington & Lee		12:20.8h	4
5		Doughman, Jennifer	Roanoke	12:28.50	12:28.8h	2
6		Donnelly, Megan	Lynchburg	13:17.07	12:36.2h	1
7		Searing, Stephanie	Lynchburg	13:40.38	13:30.6h	

Women 4x100 Meter Relay

School	Seed	Finals	Points
1 Roanoke 'A'	47.08	46.84	10
1) Osborne, JaLeesa			
2) France, Tiffany			
3) Mason, Kate			
4) Yerkes, Robin			
2 Bridgewater (Va.) 'A'	48.54	47.83	8
1) Wattai, Jill			
2) Phillips, Samantha			
3) Mizerak, Sammy			
4) Hartman, Courtney			
3 Washington & Lee 'A'	50.79	49.55	6
1) Doornbos, Stacy			
2) Lollie, Summer			
3) Hildenbrand, Tara			
4) Stelter, Stephanie			
4 Lynchburg 'A'	49.99	50.56	4
1) Richardson, Kyra			
2) Gibbs, Jessica			
3) Jackson, Shawn			
4) Booker, Chevonne			

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Bridgewater (Va.) 'A'	4:11.66	4:09.64	10
1) Wattai, Jill			
2) Phillips, Samantha			
3) Mizerak, Sammy			
4) Hartman, Courtney			
2 Roanoke 'A'	4:15.88	4:18.15	8
1) Mason, Kate			
2) Doyle, Wava			

3) Withers, Meredith	4) Yerkes, Robin			
3 Lynchburg 'A'		4:19.20	4:20.29	6
1) Landes, Krystle	2) Richardson, Kyra			
3) Garofalo, Danielle	4) Meyer, Ashley			
4 Virginia Wesleyan 'A'			4:55.78	4
1) Ezell, Sarah	2) Roane, Ashley			
3) Tran, Lan	4) Ladyman, Ashley			
-- Washington & Lee 'A'		4:08.95	DQ	
1) Sutherland, Maggie	2) Doornbos, Stacy			
3) Hildenbrand, Tara	4) Stelter, Stephanie			

Women High Jump

Name	Year School	Seed	Finals	Points
1 Doornbos, Stacy	Washington & Lee	1.55m	1.60m	10
2 Sutherland, Maggie	Washington & Lee	1.52m	1.57m	8
3 McCoy, Dominique	Roanoke	1.47m	J1.57m	6
4 Boston, Erin	Bridgewater (Va.	1.52m	1.52m	3
4 Garofalo, Danielle	Lynchburg	1.55m	1.52m	3
6 Hartman, Courtney	Bridgewater (Va.	1.49m	J1.52m	1
7 Nelson, Erin	Roanoke	1.49m	J1.52m	
8 Kuck, Alysen	Washington & Lee	1.53m	J1.52m	
9 Withers, Meredith	Roanoke	1.55m	1.47m	

Women Pole Vault

Name	Year School	Seed	Finals	Points
1 Rhodes, Christina	Bridgewater (Va.	3.36m	3.21m	10
2 Rhodes, Renee	Roanoke	2.75m	2.76m	8
3 Phillips, Nicole	Bridgewater (Va.	2.75m	J2.76m	6
4 Ezell, Sarah	Virginia Wesleya		2.31m	4

Women Long Jump

Name	Year School	Seed	Finals	Wind	Points
1 Osborne, JaLeesa	Roanoke	5.69m	5.70m	+0.0	10
2 Doornbos, Stacy	Washington & Lee	5.40m	5.46m	1.0	8
3 McCoy, Dominique	Roanoke	5.62m	5.32m	0.1	6
4 Hartman, Courtney	Bridgewater (Va.	5.00m	5.20m	+0.0	4
5 France, Tiffany	Roanoke	5.31m	5.14m	+0.0	2
6 Garofalo, Danielle	Lynchburg	5.14m	5.06m	-0.1	1
7 Gibbs, Jessica	Lynchburg	5.02m	4.84m	+0.0	
8 Lollie, Summer	Washington & Lee	5.01m	4.79m	-0.4	
9 Jackson, Kendra	Bridgewater (Va.	4.70m	4.77m	+0.0	
10 Lambert, Kylee	Roanoke	4.52m	4.53m	+0.0	
11 Nelson, Erin	Roanoke	4.51m	4.49m	-0.3	
12 Mizerak, Sammy	Bridgewater (Va.	5.20m	4.23m	0.1	
13 Scott, Tameka	Roanoke	4.35m	4.20m	-0.7	
14 Mills, Ashley	Eastern Mennonit	3.98m	4.07m	0.7	

Women Triple Jump

Name	Year School	Seed	Finals	Wind	Points
1 McCoy, Dominique	Roanoke	11.15m	11.09m	+0.0	10
2 France, Tiffany	Roanoke	10.83m	10.89m	+0.0	8
3 Garofalo, Danielle	Lynchburg	10.01m	10.61m	+0.0	6
4 Sutherland, Maggie	Washington & Lee	10.08m	10.53m	+0.0	4

5	Doornbos, Stacy	Washington & Lee		10.45m	-0.1	2
6	Lollie, Summer	Washington & Lee	10.22m	J10.45m	+0.0	1
7	Mizerak, Sammy	Bridgewater (Va.	10.63m	10.41m	+0.0	
8	Osborne, JaLeesa	Roanoke	11.03m	10.21m	+0.0	
9	Jackson, Kendra	Bridgewater (Va.	9.98m	9.67m	+0.0	
10	Lambert, Kylee	Roanoke	9.33m	9.56m	+0.0	
11	Nelson, Erin	Roanoke	9.39m	9.52m	+0.0	
12	Garofalo, Alicia	Lynchburg	9.95m	9.14m	+0.0	
13	Scott, Tameka	Roanoke	8.77m	9.12m	+0.0	
14	Mills, Ashley	Eastern Mennonit		8.89m	+0.0	

Women Shot Put

Name	Year	School	Seed	Finals	Points	
1		Lawhorn, Chelsea	Eastern Mennonit	11.49m	11.68m	10
2		Allen, Ashley	Lynchburg	10.76m	11.14m	8
3		Andrews, Grace	Washington & Lee	10.24m	10.79m	6
4		Withers, Meredith	Roanoke	10.12m	10.41m	4
5		Ladyman, Ashley	Virginia Wesleya	10.26m	10.38m	2
6		Suehs, Katie	Roanoke	9.57m	10.16m	1
7		Hartman, Courtney	Bridgewater (Va.	10.10m	9.89m	
8		Fitzwater, Whitney	Roanoke	10.02m	9.52m	
9		Crews, Deana	Lynchburg	9.20m	9.33m	
10		Landes, Krystle	Lynchburg		9.00m	
11		Burke, Brittany	Eastern Mennonit	10.60m	8.92m	
12		Dube, Cosy	Washington & Lee	8.22m	8.80m	
--		McCoy, Dominique	Roanoke	11.67m	ND	

Women Discus Throw

Name	Year	School	Seed	Finals	Points	
1		Suehs, Katie	Roanoke	38.26m	36.51m	10
2		Lawhorn, Chelsea	Eastern Mennonit	30.34m	32.90m	8
3		Ladyman, Ashley	Virginia Wesleya	30.53m	31.87m	6
4		Allen, Ashley	Lynchburg	35.35m	31.21m	4
5		Andrews, Grace	Washington & Lee	24.14m	29.31m	2
6		Fitzwater, Whitney	Roanoke	28.95m	27.77m	1
7		Crews, Deana	Lynchburg	29.56m	27.10m	
8		Landes, Krystle	Lynchburg		25.51m	
9		Dube, Cosy	Washington & Lee	26.72m	24.48m	

Women Hammer Throw

Name	Year	School	Seed	Finals	Points	
1		Suehs, Katie	Roanoke	44.30m	43.37m	10
2		Fitzwater, Whitney	Roanoke	38.64m	38.09m	8
3		Allen, Ashley	Lynchburg	38.68m	37.46m	6
4		Szumiesz, Aimee	Roanoke	33.08m	33.08m	4
5		Andrews, Grace	Washington & Lee	26.51m	33.02m	2
6		Crews, Deana	Lynchburg	29.40m	26.98m	1

Women Javelin Throw

Name	Year	School	Seed	Finals	Points	
1		Szumiesz, Aimee	Roanoke	35.43m	36.02m	10
2		Mizerak, Sammy	Bridgewater (Va.	33.72m	34.05m	8
3		Kuck, Alysen	Washington & Lee	35.07m	33.92m	6

4	Fitzwater, Whitney	Roanoke	32.35m	33.43m	4
5	Hartman, Courtney	Bridgewater (Va.	34.00m	32.05m	2
6	Suehs, Katie	Roanoke	28.39m	30.42m	1
7	Withers, Meredith	Roanoke	30.51m	29.93m	
8	Landes, Krystle	Lynchburg	23.49m	27.81m	
9	Allen, Ashley	Lynchburg	23.98m	25.42m	
10	Armstrong, Sallie	Washington & Lee	25.34m	22.42m	
11	Nelson, Erin	Roanoke	21.69m	21.53m	

Men 100 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1	Queen, Melvin	Bridgewater (Va.	10.64	10.96Q	0.3 2
2	Konate, Tony	Bridgewater (Va.	10.88	11.08Q	+0.0 1
3	Brantley, Anthony	Roanoke	11.19	11.10q	0.3 2
4	Copeland, Brandon	Bridgewater (Va.	11.35	11.16q	+0.0 1
5	Giordano, Jeff	Washington & Lee	11.36	11.27q	+0.0 1
6	Johnson, McKinley	Lynchburg	11.36	11.30q	0.3 2
7	Hurdiss, Sean	Washington & Lee	11.41	11.35q	0.3 2
8	Beiler, Tyler	Bridgewater (Va.	11.27	11.40q	0.3 2
9	Noles, Richard	Lynchburg	11.10	11.45	+0.0 1
10	Jackson, Rudy	Bridgewater (Va.	11.59	11.57	+0.0 1

Men 100 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1	Queen, Melvin	Bridgewater (Va.	10.96	11.00	-1.8 10
2	Konate, Tony	Bridgewater (Va.	11.08	11.14	-1.8 8
3	Copeland, Brandon	Bridgewater (Va.	11.16	11.19	-1.8 6
4	Johnson, McKinley	Lynchburg	11.30	11.47	-1.8 4
5	Beiler, Tyler	Bridgewater (Va.	11.40	11.52	-1.8 2
6	Giordano, Jeff	Washington & Lee	11.27	11.59	-1.8 1
7	Hurdiss, Sean	Washington & Lee	11.35	11.60	-1.8

Men 200 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1	Edwards, Brandon	Lynchburg	21.91	21.95Q	+0.0 2
2	Word, Chris	Lynchburg	21.88	22.24Q	+0.0 3
3	Queen, Melvin	Bridgewater (Va.	21.77	22.95Q	+0.0 1
4	Konate, Tony	Bridgewater (Va.	21.96	22.28q	+0.0 2
5	Taylor, Jason	Virginia Wesleya	22.38	22.88q	+0.0 3
6	Giordano, Jeff	Washington & Lee		22.96q	+0.0 2
7	Delbridge, Julius	Bridgewater (Va.		23.12	+0.0 3
8	Noles, Richard	Lynchburg	22.69	23.13	+0.0 1
9	Hurdiss, Sean	Washington & Lee	22.86	23.14	+0.0 3
10	Adams, Rashard	Lynchburg	23.06	23.25	+0.0 2
11	Tolbert, Willie	Lynchburg	23.42	23.30	+0.0 3
12	Jackson, Rudy	Bridgewater (Va.	24.42	23.36	+0.0 2
13	Brantley, Anthony	Roanoke	23.01	23.46	+0.0 2
14	Moore, Landon	Eastern Mennonit	23.90	23.58	+0.0 1
15	Brown, Jonathan	Bridgewater (Va.	24.05	24.36	+0.0 3
16	Coyner, Jamie	Bridgewater (Va.	23.49	25.35	+0.0 1

Men 200 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Konate, Tony	Bridgewater (Va.)	22.28	21.86	1.2	10
2	Queen, Melvin	Bridgewater (Va.)	22.95	21.94	1.2	8
3	Word, Chris	Lynchburg	22.24	22.02	1.2	6
4	Edwards, Brandon	Lynchburg	21.95	22.61	1.2	4
5	Taylor, Jason	Virginia Wesleya	22.88	22.69	1.2	2
6	Giordano, Jeff	Washington & Lee	22.96	23.38	1.2	1

Men 400 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Word, Chris	Lynchburg	47.66	48.93Q	1
2	Peyton, Stanley	Bridgewater (Va.)	49.77	50.02Q	2
3	Taylor, Jason	Virginia Wesleya	50.68	50.12Q	3
4	Tolbert, Willie	Lynchburg	50.60	50.24q	1
5	McNaughton, Ian	Lynchburg	50.66	50.27q	1
6	Edwards, Brandon	Lynchburg	49.45	50.61q	2
7	Adams, Rashard	Lynchburg	50.16	51.10	3
8	Delbridge, Julius	Bridgewater (Va.)	50.74	51.88	2
9	French, Marshall	Washington & Lee	52.60	52.35	2
10	DeCoster, Andrew	Roanoke	53.70	52.60	1
11	Dicks, Aubrie	Bridgewater (Va.)	55.83	57.30	1

Men 400 Meter Dash

Name	Year	School	Prelims	Finals	Points
Finals					
1	Word, Chris	Lynchburg	48.93	49.24	10
2	Edwards, Brandon	Lynchburg	50.61	49.96	8
3	Peyton, Stanley	Bridgewater (Va.)	50.02	50.15	6
4	Tolbert, Willie	Lynchburg	50.24	50.33	4
5	Taylor, Jason	Virginia Wesleya	50.12	50.58	2
6	McNaughton, Ian	Lynchburg	50.27	51.79	1

Men 800 Meter Run

Name	Year	School	Seed	Finals	Points
1	Yoder, Luke	Eastern Mennonit	1:56.90	1:55.66	10
2	Wray, Travis	Lynchburg	1:56.12	1:55.83	8
3	Peyton, Stanley	Bridgewater (Va.)	1:54.04	1:56.35	6
4	Griffin, Jacob	Bridgewater (Va.)	1:57.11	1:56.66	4
5	Bikko, Richard	Eastern Mennonit	1:59.94	1:58.62	2
6	Apgar, Richard	Lynchburg	1:59.43	1:58.89	1
7	Fike, Steve	Bridgewater (Va.)	2:02.63	2:00.69	
8	Monahan, Jamison	Roanoke	2:03.14	2:01.38	
9	Irby, Chris	Lynchburg	2:00.05	2:01.40	
10	Shiplot, Michael	Washington & Lee	2:02.15	2:01.80	
11	Demers, Brandon	Lynchburg	2:04.06	2:02.66	
12	Saliers, Rob	Washington & Lee	2:05.03	2:04.84	
13	Kulp, Ben	Lynchburg	2:02.07	2:05.38	
14	Franklin, Davis	Washington & Lee	2:06.90	2:05.98	
15	Nelson, Pete	Eastern Mennonit	2:09.94	2:07.22	
16	Metz, Josh	Roanoke	2:09.64	2:07.47	
17	Rivoir, Steve	Washington & Lee	2:06.37	2:07.64	

17	Sharber, Evan	Washington & Lee	2:09.32	2:07.64
19	Bell, Rob	Virginia Wesleya	2:07.04	2:07.88
20	Burke, Austin	Roanoke	2:21.04	2:12.34
21	Lucas, Matt	Roanoke	2:07.15	2:13.01

Men 1500 Meter Run

Name	Year	School	Seed	Finals	Points
1	Wray, Travis	Lynchburg	3:53.72	4:02.60	10
2	Flynn, Ricky	Lynchburg	4:01.33	4:03.09	8
3	Rittenhouse, Nathan	Bridgewater (Va.	4:02.19	4:03.55	6
4	Griffin, Jacob	Bridgewater (Va.	4:20.67	4:05.18	4
5	Van Astine, Ryan	Lynchburg	4:04.74	4:05.71	2
6	Kidd, David	Virginia Wesleya	4:09.27	4:09.91	1
7	Jackson, Alex	Washington & Lee	4:16.77	4:17.66	
8	Clapp, Brian	Lynchburg	4:14.47	4:21.45	
9	Counts, Charlie	Roanoke	4:29.05	4:22.43	
10	Stutts, Ben	Washington & Lee	4:30.73	4:22.75	
11	Zgorski, Nick	Roanoke	4:30.20	4:22.88	
12	Stutzman, Cody	Eastern Mennonit	4:25.80	4:24.39	
13	Bell, Rob	Virginia Wesleya	4:27.85	4:24.95	
14	Metz, Josh	Roanoke	4:31.70	4:25.55	
15	Moody, Kory	Virginia Wesleya	4:36.90	4:28.19	
16	Nelson, Pete	Eastern Mennonit	4:24.26	4:30.14	
17	Taylor, Jordan	Lynchburg	4:35.90	4:31.11	
18	DeLuna, Alex	Roanoke	4:34.19	4:34.00	
19	Tupper, Frank	Roanoke	4:48.37	4:41.55	

Men 5000 Meter Run

Name	Year	School	Seed	Finals	Points
1	Flynn, Ricky	Lynchburg	14:59.80	15:27.00	10
2	Berry, Vance	Washington & Lee	15:35.84	15:33.54	8
3	Van Astine, Ryan	Lynchburg	15:09.84	15:46.18	6
4	Rittenhouse, Nathan	Bridgewater (Va.	15:05.54	15:53.98	4
5	Welsh, Michael	Washington & Lee	15:47.62	16:00.40	2
6	Brower, Tom	Washington & Lee		16:03.30	1
7	Robinson, Ian	Roanoke	16:19.47	16:05.85	
8	Knutsen, Alex	Roanoke	16:01.21	16:09.84	
9	Aaron, Robert	Virginia Wesleya	18:50.58	16:11.20	
10	Fender, Doug	Roanoke	17:16.28	16:39.12	
11	Lauter, Nick	Virginia Wesleya		16:40.44	
12	Ashby, Evan	Virginia Wesleya		16:48.07	
12	Ives, Anthony	Washington & Lee	16:29.71	16:48.07	
14	Doyle, Jamie	Bridgewater (Va.	16:52.67	16:54.52	
15	Peggs, Kevin	Lynchburg		17:03.37	
16	Young, James	Lynchburg	17:12.02	17:07.45	
17	DeLuna, Alex	Roanoke	16:45.73	17:12.97	
18	McCauley, Jeffrey	Bridgewater (Va.	16:48.34	17:18.97	
19	Lendway, Spencer	Roanoke	17:38.24	17:42.09	

Men 110 Meter Hurdles

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Johnson, McKinley	Lynchburg	15.72	15.47Q	-0.9	2
2	Painter, JT	Bridgewater (Va.	15.27	15.53Q	1.0	1
3	Ward, Damien	Bridgewater (Va.	15.71	15.63q	1.0	1

4	Nagel, Andy	Roanoke	15.11	15.68q	-0.9	2
5	Gottenkieny, Charles	Lynchburg	17.12	17.05q	1.0	1
6	Fenwick, Keenan	Bridgewater (Va.	15.92	17.23q	-0.9	2
7	Nunnally, Steven	Roanoke	18.86	18.85q	-0.9	2
8	Coyner, Jamie	Bridgewater (Va.	19.29	19.42q	-0.9	2
--	Voung, Phillip	Lynchburg	16.30	DNF	1.0	1

Men 110 Meter Hurdles

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Nagel, Andy	Roanoke	15.68	15.51	-4.3	10
2	Painter, JT	Bridgewater (Va.	15.53	15.64	-4.3	8
3	Ward, Damien	Bridgewater (Va.	15.63	15.66	-4.3	6
4	Johnson, McKinley	Lynchburg	15.47	15.69	-4.3	4
5	Gottenkieny, Charles	Lynchburg	17.05	17.25	-4.3	2
6	Fenwick, Keenan	Bridgewater (Va.	17.23	17.68	-4.3	1
7	Nunnally, Steven	Roanoke	18.85	18.40	-4.3	
8	Coyner, Jamie	Bridgewater (Va.	19.42	19.17	-4.3	

Men 400 Meter Hurdles

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Nagel, Andy	Roanoke	56.59	56.23Q	1
2	Johnson, McKinley	Lynchburg	56.96	56.91Q	2
3	Edwards, Brandon	Lynchburg	55.27	57.98Q	3
4	Ward, Damien	Bridgewater (Va.	58.57	56.77q	1
5	Martin, Nils	Eastern Mennonit	56.99	57.73q	2
6	Delp, Deric	Eastern Mennonit	58.85	58.10q	2
7	McCoy, Chip	Washington & Lee	58.64	58.19	2
8	Paco, David	Virginia Wesleya	57.78	58.47	3
9	Epperly, Lucas	Roanoke	58.15	58.76	3
10	McNaughton, Ian	Lynchburg	57.44	59.79	1
11	Nunnally, Steven	Roanoke	1:00.50	1:00.80	3
12	Fenwick, Keenan	Bridgewater (Va.	1:02.91	1:01.24	2
13	Coyner, Jamie	Bridgewater (Va.	1:01.30	1:02.32	3
14	Brandlein, Tom	Washington & Lee	1:00.28	1:02.92	1
15	Gottenkieny, Charles	Lynchburg	1:02.67	1:04.54	2
16	Voung, Phillip	Lynchburg	1:01.30	1:04.99	1

Men 400 Meter Hurdles

Name	Year	School	Prelims	Finals	Points
Finals					
1	Edwards, Brandon	Lynchburg	57.98	54.77	10
2	Nagel, Andy	Roanoke	56.23	54.97	8
3	Johnson, McKinley	Lynchburg	56.91	56.42	6
4	Ward, Damien	Bridgewater (Va.	56.77	57.13	4
5	Delp, Deric	Eastern Mennonit	58.10	57.23	2
6	Martin, Nils	Eastern Mennonit	57.73	58.99	1

Men 3000 Meter Steeplechase

Name	Year	School	Seed	Finals	Points
1	Rittenhouse, Nathan	Bridgewater (Va.	9:41.71	10:02.4h	10
2	Apgar, Richard	Lynchburg	10:22.96	10:16.2h	8

3	Jackson, Alex	Washington & Lee	10:20.00	10:22.8h	6
4	Demers, Brandon	Lynchburg	10:54.46	10:27.4h	4
5	Clapp, Brian	Lynchburg	10:37.23	10:30.5h	2
6	Hanlon, Greg	Roanoke	10:47.33	10:33.4h	1
7	Friski, Andrew	Washington & Lee	10:46.06	10:45.5h	
8	Moody, Kory	Virginia Wesleya	10:48.08	10:46.3h	
9	McCauley, Jeffrey	Bridgewater (Va.	10:57.19	10:50.9h	
10	Stutzman, Cody	Eastern Mennonit	11:06.10	10:55.50	
11	Baker, Caleb	Roanoke	11:01.99	10:59.6h	

Men 4x100 Meter Relay

=====					
School		Seed	Finals	Points	
=====					
1	Bridgewater (Va.) 'A'	42.02	41.73	10	
	1) Copeland, Brandon				2) Queen, Melvin
	3) Beiler, Tyler				4) Konate, Tony
2	Lynchburg 'A'	41.88	41.99	8	
	1) Edwards, Brandon				2) Adams, Rashard
	3) Noles, Richard				4) Word, Chris
3	Washington & Lee 'A'	44.65	43.59	6	
	1) Bondurant, Brian				2) French, Marshall
	3) Hurdiss, Sean				4) McCoy, Chip
4	Roanoke 'A'	44.61	45.17	4	
	1) Brantley, Anthony				2) Epperly, Lucas
	3) DeCoster, Andrew				4) Harrison, Kevin
5	Virginia Wesleyan 'A'		46.88	2	
	1) Taylor, Jason				2) Paco, David
	3) Magana, Luis				4) Tomczak, Jesse

Men 4x400 Meter Relay

=====					
School		Seed	Finals	Points	
=====					
1	Lynchburg 'A'	3:16.59	3:21.70	10	
	1) Adams, Rashard				2) Word, Chris
	3) Edwards, Brandon				4) Graves, Earl
2	Bridgewater (Va.) 'A'	3:34.54	3:26.34	8	
	1) Delbridge, Julius				2) Peyton, Stanley
	3) Griffin, Jacob				4) Ward, Damien
3	Eastern Mennonite 'A'	3:31.29	3:27.95	6	
	1) Delp, Deric				2) Bikko, Richard
	3) Yoder, Luke				4) Martin, Nils
4	Roanoke 'A'	3:33.18	3:30.30	4	
	1) DeCoster, Andrew				2) Nagel, Andy
	3) Epperly, Lucas				4) Monahan, Jamison
5	Washington & Lee 'A'	3:31.72	3:31.52	2	
	1) Bondurant, Brian				2) Brandlein, Tom
	3) Hurdiss, Sean				4) McCoy, Chip
6	Virginia Wesleyan 'A'	3:34.01	3:33.77	1	
	1) Taylor, Jason				2) Paco, David
	3) Magana, Luis				4) Kidd, David

Men High Jump

=====						
Name	Year	School	Seed	Finals	Points	
=====						
1		Bradley, Leigh	Bridgewater (Va.	1.83m	1.88m	10
2		Ward, Damien	Bridgewater (Va.	1.85m	J1.88m	8
3		Harrison, Kevin	Roanoke	1.67m	J1.88m	6
4		Montague, Donte	Bridgewater (Va.	1.90m	1.83m	3

4	Castle, Ryan	Washington & Lee	1.85m	1.83m	3
6	Paco, David	Virginia Wesleya	1.79m	J1.83m	1
7	Moore, Landon	Eastern Mennonit	1.82m	1.78m	
8	Painter, JT	Bridgewater (Va.		J1.78m	
9	Doobin, David	Washington & Lee	1.85m	J1.78m	

Men Pole Vault

Name	Year School	Seed	Finals	Points
1 Decker, Scott	Lynchburg	4.55m	4.50m	10
2 Rudd, Casey	Lynchburg	4.00m	4.10m	8
3 Pavia, Anthony	Lynchburg		J4.10m	6
4 Harris, John	Bridgewater (Va.	3.95m	3.95m	4
5 Armstrong, Matt	Bridgewater (Va.	3.80m	3.80m	2
6 Craig, Kevin	Lynchburg	3.65m	3.50m	1

Men Long Jump

Name	Year School	Seed	Finals	Wind	Points
1 Copeland, Brandon	Bridgewater (Va.		6.96m	NWI	10
2 Edwards, Brandon	Lynchburg	6.08m	6.88m	-0.5	8
3 Harrison, Kevin	Roanoke	6.47m	6.61m	+0.0	6
4 Fenwick, Keenan	Bridgewater (Va.	6.05m	6.36m	+0.0	4
5 Konate, Tony	Bridgewater (Va.	5.98m	6.12m	NWI	2
6 Castle, Ryan	Washington & Lee	5.88m	6.05m	NWI	1
7 Moore, Landon	Eastern Mennonit	5.68m	5.87m	NWI	
8 Dicks, Aubrie	Bridgewater (Va.	5.28m	5.75m	NWI	
9 Bondurant, Brian	Washington & Lee	6.16m	5.62m	NWI	
10 Johnson, McKinley	Lynchburg	5.49m	5.35m	NWI	
11 Graves, Earl	Lynchburg	6.07m	5.29m	NWI	
12 Lewis, Jeremy	Bridgewater (Va.	5.53m	5.17m	NWI	

Men Triple Jump

Name	Year School	Seed	Finals	Wind	Points
1 Edwards, Brandon	Lynchburg	13.78m	14.27m	-0.4	10
2 Bradley, Leigh	Bridgewater (Va.	13.31m	13.31m	NWI	8
3 Montague, Donte	Bridgewater (Va.	12.56m	12.91m	NWI	6
4 Harrison, Kevin	Roanoke	12.13m	12.77m	NWI	4
5 Bondurant, Brian	Washington & Lee	12.26m	12.56m	NWI	2
6 Lewis, Jeremy	Bridgewater (Va.	12.51m	12.52m	+0.0	1
7 Castle, Ryan	Washington & Lee		12.19m	NWI	
8 Ward, Damien	Bridgewater (Va.	12.09m	11.93m	NWI	
9 Dicks, Aubrie	Bridgewater (Va.	11.88m	11.36m	NWI	
-- Graves, Earl	Lynchburg	12.20m	ND	NWI	
-- Johnson, McKinley	Lynchburg		ND	NWI	
-- Moore, Landon	Eastern Mennonit	12.24m	ND	NWI	

Men Shot Put

Name	Year School	Seed	Finals	Points
1 Turner, Nathan	Bridgewater (Va.	16.33m	16.69m	10
2 Billington, Billy	Washington & Lee		13.87m	8
3 Hoffert, Bobby	Roanoke	13.16m	13.78m	6
4 Fawley, Nick	Bridgewater (Va.	13.35m	13.37m	4
5 Thomas, CJ	Bridgewater (Va.	13.50m	13.26m	2
6 Wilson, Ben	Washington & Lee	12.05m	13.14m	1

7	Godshall, Jason	Eastern Mennonit	12.43m	12.72m
8	Bell, Thomas	Bridgewater (Va.	12.93m	12.70m
9	Tomczak, Jesse	Virginia Wesleya	12.26m	12.22m
10	Pavia, John Michael	Lynchburg	12.05m	11.65m
11	Ennis, Blaze	Bridgewater (Va.	11.82m	11.49m
12	Viscome, Greg	Lynchburg	10.85m	10.87m

Men Discus Throw

Name	Year	School	Seed	Finals	Points
1	Turner, Nathan	Bridgewater (Va.	45.23m	44.61m	10
2	Billington, Billy	Washington & Lee	41.78m	41.33m	8
3	Bell, Thomas	Bridgewater (Va.	40.25m	41.05m	6
4	Pavia, John Michael	Lynchburg	38.22m	38.81m	4
5	Thomas, CJ	Bridgewater (Va.	35.86m	38.74m	2
6	Hoffert, Bobby	Roanoke	40.63m	38.21m	1
7	Tomczak, Jesse	Virginia Wesleya	35.73m	34.82m	
8	Wilson, Ben	Washington & Lee	32.10m	34.10m	
9	Reid, Dan	Lynchburg	34.32m	31.62m	
10	Godshall, Jason	Eastern Mennonit	30.30m	31.59m	
11	Viscome, Greg	Lynchburg	32.34m	30.79m	
12	Edwards, Kyle	Lynchburg	26.71m	29.90m	
13	Ennis, Blaze	Bridgewater (Va.	28.58m	28.36m	

Men Hammer Throw

Name	Year	School	Seed	Finals	Points
1	Turner, Nathan	Bridgewater (Va.	51.77m	52.00m	10
2	Hoffert, Bobby	Roanoke	46.70m	47.78m	8
3	Billington, Billy	Washington & Lee	47.29m	47.68m	6
4	Edwards, Kyle	Lynchburg	42.35m	44.33m	4
5	Pavia, John Michael	Lynchburg	41.28m	40.13m	2
6	Reid, Dan	Lynchburg	33.63m	39.79m	1
7	Murphy, Hunter	Roanoke	35.50m	37.95m	
8	Wilson, Ben	Washington & Lee	26.84m	36.61m	
9	Viscome, Greg	Lynchburg	37.05m	36.30m	
10	Bell, Thomas	Bridgewater (Va.	41.46m	34.78m	
11	Ennis, Blaze	Bridgewater (Va.	36.19m	33.25m	
12	Thomas, CJ	Bridgewater (Va.	36.14m	33.05m	
13	Fawley, Nick	Bridgewater (Va.	35.10m	32.17m	
14	Godshall, Jason	Eastern Mennonit		30.83m	

Men Javelin Throw

Name	Year	School	Seed	Finals	Points
1	Boyles, Alan	Lynchburg	46.90m	56.98m	10
2	Keenan, Michael	Washington & Lee	49.01m	51.87m	8
3	King, Josh	Bridgewater (Va.		49.44m	6
4	Underwood, Wes	Roanoke	41.75m	44.50m	4
5	Armstrong, Matt	Bridgewater (Va.	38.92m	44.49m	2
6	Fenwick, Keenan	Bridgewater (Va.		43.65m	1
7	McNaughton, Ian	Lynchburg	39.89m	41.65m	
8	Monahan, Jamison	Roanoke	37.16m	40.28m	
9	Peyton, Stanley	Bridgewater (Va.	41.44m	39.90m	
10	Epperly, Lucas	Roanoke	37.60m	38.58m	
11	Harris, John	Bridgewater (Va.	36.20m	36.56m	
12	Decker, Scott	Lynchburg	34.82m	34.04m	
--	Edwards, Brandon	Lynchburg	40.92m	ND	

Women - Team Rankings - 19 Events Scored

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1) Roanoke	218	2) Washington & Lee	149
3) Bridgewater (Va.)	80	4) Lynchburg	66
5) Eastern Mennonite	45	6) Virginia Wesleyan	22

Men - Team Rankings - 19 Events Scored

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1) Bridgewater (Va.)	232	2) Lynchburg	200
3) Washington & Lee	64	4) Roanoke	62
5) Eastern Mennonite	21	6) Virginia Wesleyan	9