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HY-TEK's Meet Manager 4/23/2011 05:34 PM

2011 ODAC Outdoor T&amp;F Championship - 4/22/2011 to 4/23/2011

Hosted by Roanoke College

Roanoke College

Results

## Women 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Thompson, Marissa	SO Washington a	13.11Q	NWI	2
2	Hubbard, LaCear	SO Lynchburg	13.47Q	NWI	1
3	Hairston, Candice	FR Lynchburg	13.38q	NWI	2
4	Garber, Erica	FR Eastern Menn	13.56q	NWI	1
5	Jackson, Shawn	SR Lynchburg	13.58q	NWI	2
6	Tolley, Meagan	SO Roanoke	13.60q	NWI	2
7	Kelleher, Guilianna	FR Roanoke	13.75q	NWI	2
8	Williams, Adrienne	JR Virginia Wesleya	13.95q	NWI	2
9	Adkins, Charnelle	FR Virginia Wesleya	13.96	NWI	1
10	Stacy, Jenna	SO Bridgewater	14.09	NWI	1
11	Turner, Lindsey	FR Eastern Menn	15.42	NWI	1

## Women 100 Meter Dash

Name	Year	School	Finals	Wind
Finals				
1	Thompson, Marissa	SO Washington a	12.71	NWI
2	Hairston, Candice	FR Lynchburg	12.99	NWI
3	Jackson, Shawn	SR Lynchburg	13.23	NWI
4	Williams, Adrienne	JR Virginia Wesleya	13.30	NWI
5	Garber, Erica	FR Eastern Menn	13.31	NWI
6	Tolley, Meagan	SO Roanoke	13.55	NWI
Preliminaries				
2	Hubbard, LaCear	SO Lynchburg		
7	Kelleher, Guilianna	FR Roanoke		
9	Adkins, Charnelle	FR Virginia Wesleya		
10	Stacy, Jenna	SO Bridgewater		
11	Turner, Lindsey	FR Eastern Menn		

## Women 200 Meter Dash

Name	Year	School	Prelims	Wind	H#
1	Johnson, Jasmyne	FR Lynchburg	26.95Q	NWI	4
2	Gibbs, Jessica	SR Lynchburg	27.13Q	NWI	3
3	Thompson, Marissa	SO Washington a	27.16Q	NWI	2
4	Jackson, Shawn	SR Lynchburg	28.04Q	NWI	1
5	Crosby, Karis	JR Roanoke	27.29q	NWI	4
6	Hairston, Candice	FR Lynchburg	27.65q	NWI	2
7	Doe, Samfee	SR Eastern Menn	28.36	NWI	3
8	Vaught, Courtney	SO Bridgewater	28.42	NWI	1
9	Williams, Adrienne	JR Virginia Wesleya	28.55	NWI	3
10	Kelleher, Guilianna	FR Roanoke	28.86	NWI	4
11	Woodie, Lauren	FR Washington a	29.18	NWI	2
12	Adkins, Charnelle	FR Virginia Wesleya	29.35	NWI	4
13	Beebe, Lauren	FR Lynchburg	29.42	NWI	1
14	Iobst, Lauren	FR Bridgewater	30.02	NWI	2

15	Collins, Shaniece	FR	Virginia Wesleya	30.37	NWI	3
16	Flint, Rachel	FR	Guilford	31.81	NWI	3
17	Geddes, Jodi	FR	Guilford	34.46	NWI	2
--	Washington, Christina	JR	Lynchburg	FS	NWI	1

## Women 200 Meter Dash

=====						
	Name	Year	School	Finals	Wind	
=====						
Finals						
1	Thompson, Marissa	SO	Washington a	26.68	NWI	
2	Gibbs, Jessica	SR	Lynchburg	26.88	NWI	
3	Johnson, Jasmyne	FR	Lynchburg	26.95	NWI	
4	Crosby, Karis	JR	Roanoke	27.52	NWI	
5	Hairston, Candice	FR	Lynchburg	27.65	NWI	
6	Jackson, Shawn	SR	Lynchburg	28.41	NWI	
Preliminaries						
7	Doe, Samfee	SR	Eastern Menn			
8	Vaught, Courtney	SO	Bridgewater			
9	Williams, Adrienne	JR	Virginia Wesleya			
10	Kelleher, Guilianna	FR	Roanoke			
11	Woodie, Lauren	FR	Washington a			
12	Adkins, Charnelle	FR	Virginia Wesleya			
13	Beebe, Lauren	FR	Lynchburg			
14	Iobst, Lauren	FR	Bridgewater			
15	Collins, Shaniece	FR	Virginia Wesleya			
16	Flint, Rachel	FR	Guilford			
17	Geddes, Jodi	FR	Guilford			
--	Washington, Christina	JR	Lynchburg			

## Women 400 Meter Dash

=====						
	Name	Year	School	Prelims	H#	
=====						
1	Washington, Christina	JR	Lynchburg	59.26Q	2	
2	Graves, Carmen	SO	Roanoke	59.84Q	1	
3	Woodie, Lauren	FR	Washington a	1:01.86Q	3	
4	Holmes, Sophia	SO	Eastern Menn	1:01.01q	2	
5	Johnson, Jasmyne	FR	Lynchburg	1:01.16q	1	
6	Gibbs, Jessica	SR	Lynchburg	1:02.31q	2	
7	Doe, Samfee	SR	Eastern Menn	1:02.74	1	
8	Dellehunt, Rachel	SO	Roanoke	1:03.57	3	
9	Waters, Melanie	FR	Bridgewater	1:06.21	3	
10	Vaught, Courtney	SO	Bridgewater	1:06.32	2	
11	Beebe, Lauren	FR	Lynchburg	1:06.51	1	
12	Iobst, Lauren	FR	Bridgewater	1:06.88	1	
13	Collins, Shaniece	FR	Virginia Wesleya	1:08.58	3	
14	Gadson, Megan	SO	Roanoke	1:10.29	2	
15	Murra, Christina	FR	Guilford	1:23.66	3	

## Women 400 Meter Dash

=====						
	Name	Year	School	Finals		
=====						
Finals						
1	Washington, Christina	JR	Lynchburg	57.55		
2	Graves, Carmen	SO	Roanoke	58.09		
3	Gibbs, Jessica	SR	Lynchburg	1:01.77		
4	Johnson, Jasmyne	FR	Lynchburg	1:01.87		
5	Woodie, Lauren	FR	Washington a	1:02.50		

6	Holmes, Sophia	SO Eastern Menn	1:03.22
Preliminaries			
7	Doe, Samfee	SR Eastern Menn	
8	Dellehunt, Rachel	SO Roanoke	
9	Waters, Melanie	FR Bridgewater	
10	Vaught, Courtney	SO Bridgewater	
11	Beebe, Lauren	FR Lynchburg	
12	Iobst, Lauren	FR Bridgewater	
13	Collins, Shaniece	FR Virginia Wesleya	
14	Gadson, Megan	SO Roanoke	
15	Murra, Christina	FR Guilford	

## Women 800 Meter Run

=====			
Name	Year	School	Finals
=====			
Finals			
1	Graves, Carmen	SO Roanoke	2:17.14
2	Tice, Naomi	FR Lynchburg	2:23.24
3	Smith, Molly	SO Bridgewater	2:23.69
4	Dellehunt, Rachel	SO Roanoke	2:25.63
5	Wilson, Emma	SR Roanoke	2:26.43
6	Pernisi, Jennie	SR Lynchburg	2:26.78
7	Bennett, Katie	SO Virginia Wesleya	2:28.51
8	Watson, Autumn	FR Virginia Wesleya	2:29.54
9	Collier, Cathy	SR Washington a	2:30.58
10	Keplinger, Morgan	SO Bridgewater	2:31.07
11	Holmes, Sophia	SO Eastern Menn	2:33.12
12	Saba, Ashley	SO Lynchburg	2:34.71
13	Heishman, Lauren	SO Bridgewater	2:40.06
14	Driest, Kathryn	FR Washington a	2:45.33
15	Smith, Corinne	JR Washington a	2:45.93
16	Hall, Leah	SO Roanoke	2:55.24

## Women 1500 Meter Run

=====			
Name	Year	School	Finals
=====			
1	Mills, Olivia	SO Bridgewater	4:48.86
2	Pernisi, Jennie	SR Lynchburg	4:51.06
3	Madison, Annelise	FR Washington a	4:51.12
4	Smith, Molly	SO Bridgewater	4:57.22
5	Foster, Krystal	FR Lynchburg	5:02.03
6	Fauth, Kelly	JR Virginia Wesleya	5:03.17
7	Keplinger, Morgan	SO Bridgewater	5:08.03
8	Holmes, Sophia	SO Eastern Menn	5:09.48
9	Collier, Cathy	SR Washington a	5:13.11
10	Fitzgerald, Whitney	SO Bridgewater	5:19.99
11	Saba, Ashley	SO Lynchburg	5:20.07
12	Breen, Stephanie	FR Bridgewater	5:24.69
13	Driest, Kathryn	FR Washington a	5:30.97
14	Heishman, Lauren	SO Bridgewater	5:40.15
15	Hall, Leah	SO Roanoke	5:59.27
16	Zuroski, Isabella	FR Washington a	6:04.68
17	Cossaboon, Kaylee	SO Virginia Wesleya	6:35.29
18	Ryan, Mandi	JR Virginia Wesleya	6:53.96

## Women 5000 Meter Run

=====			
Name	Year	School	Finals
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1	Mills, Olivia	SO Bridgewater	18:43.46
2	Huffman, Brandie	FR Washington a	19:05.65
3	Schultz, Lauren	SO Washington a	19:10.22
4	Stokes, Taylor	FR Guilford	19:23.04
5	Smith, Molly	SO Bridgewater	19:31.45
6	Galloway, Molly	SR Lynchburg	19:40.25
7	Fauth, Kelly	JR Virginia Wesleya	19:42.19
8	Kennedy, Lauren	FR Roanoke	19:50.19
9	Bryceland, Shelby	SO Virginia Wesleya	19:57.37
10	Foster, Krystal	FR Lynchburg	20:09.46
11	Fenwick, Katherine	SR Washington a	20:12.24
12	Gerard, Ashley	FR Washington a	21:18.17
13	Hancock, Samantha	SO Bridgewater	21:28.93
14	Cerrone, Rachel	FR Bridgewater	22:14.94
15	Freyer, Morgan	SR Guilford	23:25.34
16	Phillips, Louisa	SO Washington a	24:50.10
--	Gonzalez, Colleen	FR Guilford	DNF

## Women 100 Meter Hurdles

Name	Year School	Finals	Wind
1	Mebane, Courtney	FR Virginia Wesleya	15.69 NWI
2	Thompson, Marissa	SO Washington a	15.71 NWI
3	Witt, Sarah	JR Roanoke	15.90 NWI
4	Cornett, Brittany	JR Roanoke	16.12 NWI
5	Knauff, Lauren	FR Roanoke	16.59 NWI
6	McClary, Kelsey	FR Washington a	16.84 NWI
7	Tolley, Meagan	SO Roanoke	17.37 NWI
8	Gance, Paige	SO Washington a	17.66 NWI

## Women 400 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	Witt, Sarah	JR Roanoke	1:09.15Q 1
2	McFayden, Mel	SO Lynchburg	1:10.00Q 2
3	McClary, Kelsey	FR Washington a	1:09.80q 1
4	Mebane, Courtney	FR Virginia Wesleya	1:10.42q 2
5	Owens, Jessie	JR Bridgewater	1:13.25q 1
6	Springer, Hannah	FR Bridgewater	1:13.61q 1
7	Cornett, Brittany	JR Roanoke	1:14.38 1
8	Knauff, Lauren	FR Roanoke	1:14.85 2
9	Gance, Paige	SO Washington a	1:15.64 2
10	Giersch, Gabrielle	FR Roanoke	1:19.05 2

## Women 400 Meter Hurdles

Name	Year School	Finals	
Finals			
1	McFayden, Mel	SO Lynchburg	1:05.91
2	Mebane, Courtney	FR Virginia Wesleya	1:07.87
3	Witt, Sarah	JR Roanoke	1:07.94
4	Owens, Jessie	JR Bridgewater	1:12.88
5	Springer, Hannah	FR Bridgewater	1:13.15
Preliminaries			
3	McClary, Kelsey	FR Washington a	

7	Cornett, Brittany	JR	Roanoke
8	Knauff, Lauren	FR	Roanoke
9	Gance, Paige	SO	Washington a
10	Giersch, Gabrielle	FR	Roanoke

## Women 3000 Meter Steeplechase

Name	Year	School	Finals
Finals			
1	Schultz, Lauren	SO	Washington a 11:38.00
2	Pernisi, Jennie	SR	Lynchburg 11:45.30
3	Iwata, Kathryn	JR	Washington a 13:03.10
4	Gerard, Ashley	FR	Washington a 13:14.30
5	Box, Molly	FR	Washington a 15:08.20

## Women 4x100 Meter Relay

School	Finals
1 Lynchburg 'A'	49.48
1) Washington, Christina JR	2) Hairston, Candice FR
3) Hubbard, LaCear SO	4) Johnson, Jasmyne FR
2 Roanoke 'A'	51.07
1) Bickford, Lydia SR	2) Tolley, Meagan SO
3) Crosby, Karis JR	4) Graves, Carmen SO
3 Virginia Wesleyan 'A'	51.95
1) Adkins, Charnelle FR	2) Mebane, Courtney FR
3) Collins, Shaniece FR	4) Williams, Adrianne JR
4 Bridgewater 'A'	53.73
1) Stacy, Jenna SO	2) Waters, Melanie FR
3) Vaught, Courtney SO	4) Springer, Hannah FR
-- Washington and Lee 'A'	DQ
1) Woodie, Lauren FR	2) Murray, Julia FR
3) Thompson, Marissa SO	4) McClary, Kelsey FR

## Women 4x400 Meter Relay

School	Finals
1 Lynchburg 'A'	3:59.76
1) Gibbs, Jessica SR	2) McFayden, Mel SO
3) Johnson, Jasmyne FR	4) Washington, Christina JR
2 Roanoke 'A'	4:05.44
1) Witt, Sarah JR	2) Graves, Carmen SO
3) Crosby, Karis JR	4) Nelson, Erin SR
3 Bridgewater 'A'	4:12.37
1) Vaught, Courtney SO	2) Keplinger, Morgan SO
3) Springer, Hannah FR	4) Waters, Melanie FR
4 Eastern Mennonite 'A'	4:14.45
1) Doe, Samfee SR	2) Garber, Erica FR
3) Holmes, Sophia SO	4) Turner, Lindsey FR
5 Washington and Lee 'A'	4:14.61
1) Woodie, Lauren FR	2) Thompson, Marissa SO
3) McClary, Kelsey FR	4) Murray, Julia FR
6 Virginia Wesleyan 'A'	4:20.15
1) Mebane, Courtney FR	2) Watson, Autumn FR
3) Bennett, Katie SO	4) Williams, Adrianne JR

## Women High Jump

Name	Year	School	Prelims	
Preliminaries				
1 Nelson, Erin	SR	Roanoke	1.57mq	5-01.75
2 Giersch, Gabrielle	FR	Roanoke	1.52mq	4-11.75
2 Dannhauser, Leigh	FR	Washington a	1.52mq	4-11.75
4 Mebane, Courtney	FR	Virginia Wesleya	1.47mq	4-09.75
5 Gibbs, Jessica	SR	Lynchburg	1.42mq	4-07.75
5 Hubbard, LaCear	SO	Lynchburg	1.42mq	4-07.75
5 Dellehunt, Rachel	SO	Roanoke	1.42mq	4-07.75

## Women High Jump

Name	Year	School	Finals	
Finals				
1 Nelson, Erin	SR	Roanoke	1.57m	5-01.75
2 Giersch, Gabrielle	FR	Roanoke	1.52m	4-11.75
3 Dannhauser, Leigh	FR	Washington a	J1.52m	4-11.75
4 Mebane, Courtney	FR	Virginia Wesleya	1.47m	4-09.75
5 Gibbs, Jessica	SR	Lynchburg	1.42m	4-07.75
6 Hubbard, LaCear	SO	Lynchburg	J1.42m	4-07.75
7 Dellehunt, Rachel	SO	Roanoke	J1.42m	4-07.75

## Women Pole Vault

Name	Year	School	Prelims	
Preliminaries				
1 Rhodes, Christina	SR	Bridgewater	3.57mq	11-08.50
2 Walton, Caitlin	FR	Lynchburg	2.88mq	9-05.25
3 Hagan, Alexandra	FR	Washington a	2.73mq	8-11.50
4 Dannhauser, Leigh	FR	Washington a	2.58mq	8-05.50
5 Stacy, Jenna	SO	Bridgewater	2.43mq	7-11.50
6 Hopkins, Anna Lauren	FR	Washington a	2.28mq	7-05.75
-- Beym, Caitlin	SO	Lynchburg	NH	

## Women Pole Vault

Name	Year	School	Finals	
Finals				
1 Rhodes, Christina	SR	Bridgewater	3.57m	11-08.50
2 Walton, Caitlin	FR	Lynchburg	2.88m	9-05.25
3 Hagan, Alexandra	FR	Washington a	2.73m	8-11.50
4 Dannhauser, Leigh	FR	Washington a	2.58m	8-05.50
5 Stacy, Jenna	SO	Bridgewater	2.43m	7-11.50
6 Hopkins, Anna Lauren	FR	Washington a	2.28m	7-05.75
Preliminaries				
-- Beym, Caitlin	SO	Lynchburg		

## Women Long Jump

Name	Year	School	Prelims	Wind
1 Hubbard, LaCear	SO	Lynchburg	5.38mq	NWI 17-08.00
2 Gibbs, Jessica	SR	Lynchburg	5.24mq	NWI 17-02.25
3 Williams, Adrienne	JR	Virginia Wesleya	4.99mq	NWI 16-04.50
4 Hairston, Candice	FR	Lynchburg	4.95mq	NWI 16-03.00

5	Nelson, Erin	SR	Roanoke	4.88mq	NWI	16-00.25
5	Graves, Carmen	SO	Roanoke	4.88mq	NWI	16-00.25
7	Stoker, Kai Lynn	JR	Bridgewater	4.83mq	NWI	15-10.25
8	Cornett, Brittany	JR	Roanoke	4.81m	NWI	15-09.50
9	Garber, Erica	FR	Eastern Menn	4.77m	NWI	15-07.75
10	Waters, Melanie	FR	Bridgewater	4.58m	NWI	15-00.50
11	Olson, Liz	FR	Washington a	4.35m	NWI	14-03.25
12	Morton, La'Porshea	SO	Lynchburg	3.93m	NWI	12-10.75
13	Turner, Lindsey	FR	Eastern Menn	3.90m	NWI	12-09.50
--	Tolley, Meagan	SO	Roanoke	FOUL	NWI	

## Women Long Jump

Name	Year	School	Finals	Wind		
Finals						
1	Gibbs, Jessica	SR	Lynchburg	5.41m	NWI	17-09.00
2	Hubbard, LaCear	SO	Lynchburg	5.38m	NWI	17-08.00
3	Hairston, Candice	FR	Lynchburg	5.20m	NWI	17-00.75
4	Nelson, Erin	SR	Roanoke	5.02m	NWI	16-05.75
5	Williams, Adrienne	JR	Virginia Wesleya	4.99m	NWI	16-04.50
6	Graves, Carmen	SO	Roanoke	4.92m	NWI	16-01.75
7	Stoker, Kai Lynn	JR	Bridgewater	4.83m	NWI	15-10.25
Preliminaries						
8	Cornett, Brittany	JR	Roanoke		NWI	
9	Garber, Erica	FR	Eastern Menn		NWI	
10	Waters, Melanie	FR	Bridgewater		NWI	
11	Olson, Liz	FR	Washington a		NWI	
12	Morton, La'Porshea	SO	Lynchburg		NWI	
13	Turner, Lindsey	FR	Eastern Menn		NWI	
--	Tolley, Meagan	SO	Roanoke		NWI	

## Women Triple Jump

Name	Year	School	Prelims	Wind		
1	Graves, Carmen	SO	Roanoke	11.07mq	+0.0	36-04.00
2	Waters, Melanie	FR	Bridgewater	11.04mq	+0.0	36-02.75
3	Garber, Erica	FR	Eastern Menn	10.71mq	+0.0	35-01.75
4	Williams, Adrienne	JR	Virginia Wesleya	10.58mq	+0.0	34-08.50
5	Tolley, Meagan	SO	Roanoke	10.57mq	+0.0	34-08.25
6	Cornett, Brittany	JR	Roanoke	10.52mq	+0.0	34-06.25
7	Hairston, Candice	FR	Lynchburg	10.40mq	+0.0	34-01.50
8	Thompson, Marissa	SO	Washington a	10.37m	+0.0	34-00.25
8	Stoker, Kai Lynn	JR	Bridgewater	10.37m	+0.0	34-00.25
10	Nelson, Erin	SR	Roanoke	10.23m	+0.0	33-06.75

## Women Triple Jump

Name	Year	School	Finals	Wind		
Finals						
1	Graves, Carmen	SO	Roanoke	11.07m	+0.0	36-04.00
2	Waters, Melanie	FR	Bridgewater	11.04m	+0.0	36-02.75
3	Garber, Erica	FR	Eastern Menn	10.71m	+0.0	35-01.75
4	Cornett, Brittany	JR	Roanoke	10.68m	+0.0	35-00.50
5	Tolley, Meagan	SO	Roanoke	10.61m	+0.0	34-09.75
6	Hairston, Candice	FR	Lynchburg	J10.61m	+0.0	34-09.75
7	Williams, Adrienne	JR	Virginia Wesleya	10.58m	+0.0	34-08.50
Preliminaries						

8 Thompson, Marissa	SO Washington a	+0.0
8 Stoker, Kai Lynn	JR Bridgewater	+0.0
10 Nelson, Erin	SR Roanoke	+0.0

## Women Shot Put

Name	Year School	Prelims	
1 Penick, Kori	SO Eastern Menn	12.28mq	40-03.50
2 Allen, Ashley	SR Lynchburg	12.24mq	40-02.00
3 Bransky, Elizabeth	SO Roanoke	11.40mq	37-05.00
4 Brown, Nia	FR Lynchburg	11.09mq	36-04.75
5 Fitzwater, Whitney	SR Roanoke	11.06mq	36-03.50
6 Cummings, Katie	JR Bridgewater	10.85mq	35-07.25
7 Burke, Brittany	SR Eastern Menn	10.72mq	35-02.00
8 Davis, Emily	FR Lynchburg	10.18m	33-04.75
9 Maxey, Taylor	SO Washington a	9.90m	32-05.75
10 Clowser, Samantha	FR Roanoke	9.86m	32-04.25
11 Hughes, Kelsey	FR Lynchburg	9.84m	32-03.50
12 Lewis, Chelsea	SO Virginia Wesleya	9.70m	31-10.00
13 McCrowey, Alisha	SO Roanoke	9.62m	31-06.75
14 Burruss, Courtney	FR Virginia Wesleya	8.70m	28-06.50
15 Bothof, Sarah	FR Bridgewater	7.94m	26-00.75

## Women Shot Put

Name	Year School	Finals	
Finals			
1 Penick, Kori	SO Eastern Menn	12.28m	40-03.50
2 Allen, Ashley	SR Lynchburg	12.24m	40-02.00
3 Bransky, Elizabeth	SO Roanoke	11.77m	38-07.50
4 Brown, Nia	FR Lynchburg	11.61m	38-01.25
5 Cummings, Katie	JR Bridgewater	11.36m	37-03.25
6 Fitzwater, Whitney	SR Roanoke	11.06m	36-03.50
7 Burke, Brittany	SR Eastern Menn	10.72m	35-02.00
Preliminaries			
8 Davis, Emily	FR Lynchburg		
9 Maxey, Taylor	SO Washington a		
10 Clowser, Samantha	FR Roanoke		
11 Hughes, Kelsey	FR Lynchburg		
12 Lewis, Chelsea	SO Virginia Wesleya		
13 McCrowey, Alisha	SO Roanoke		
14 Burruss, Courtney	FR Virginia Wesleya		
15 Bothof, Sarah	FR Bridgewater		

## Women Discus Throw

Name	Year School	Prelims	
1 Maxey, Taylor	SO Washington a	38.60mq	126-08
2 Cummings, Katie	JR Bridgewater	36.75mq	120-07
3 Allen, Ashley	SR Lynchburg	35.32mq	115-10
4 Burke, Brittany	SR Eastern Menn	32.00mq	105-00
5 Penick, Kori	SO Eastern Menn	30.98mq	101-08
6 Lewis, Chelsea	SO Virginia Wesleya	30.30mq	99-05
7 Burruss, Courtney	FR Virginia Wesleya	30.20mq	99-01
8 Fitzwater, Whitney	SR Roanoke	30.16m	98-11
9 Hughes, Kelsey	FR Lynchburg	29.97m	98-04
10 Gulick, Britney	FR Lynchburg	27.71m	90-11



11	Bransky, Elizabeth	SO	Roanoke	27.52m	90-03
12	McCrowey, Alisha	SO	Roanoke	27.48m	90-02
13	Clowser, Samantha	FR	Roanoke	26.93m	88-04
14	Bothof, Sarah	FR	Bridgewater	26.02m	85-04
15	Davis, Emily	FR	Lynchburg	24.23m	79-06

## Women Discus Throw

=====					
	Name	Year	School	Finals	
=====					
Finals					
1	Maxey, Taylor	SO	Washington a	38.60m	126-08
2	Cummings, Katie	JR	Bridgewater	37.00m	121-05
3	Allen, Ashley	SR	Lynchburg	35.32m	115-10
4	Burke, Brittany	SR	Eastern Menn	33.62m	110-04
5	Penick, Kori	SO	Eastern Menn	30.98m	101-08
6	Lewis, Chelsea	SO	Virginia Wesleya	30.30m	99-05
7	Burruss, Courtney	FR	Virginia Wesleya	30.20m	99-01
Preliminaries					
8	Fitzwater, Whitney	SR	Roanoke		
9	Hughes, Kelsey	FR	Lynchburg		
10	Gulick, Britney	FR	Lynchburg		
11	Bransky, Elizabeth	SO	Roanoke		
12	McCrowey, Alisha	SO	Roanoke		
13	Clowser, Samantha	FR	Roanoke		
14	Bothof, Sarah	FR	Bridgewater		
15	Davis, Emily	FR	Lynchburg		

## Women Hammer Throw

=====					
	Name	Year	School	Prelims	
=====					
1	Fitzwater, Whitney	SR	Roanoke	46.79mq	153-06
2	Allen, Ashley	SR	Lynchburg	45.79mq	150-03
3	McCrowey, Alisha	SO	Roanoke	40.67mq	133-05
4	Bransky, Elizabeth	SO	Roanoke	38.87mq	127-06
5	Cummings, Katie	JR	Bridgewater	37.09mq	121-08
6	Clowser, Samantha	FR	Roanoke	36.94mq	121-02
7	Maxey, Taylor	SO	Washington a	33.55mq	110-01
8	Crews, Deana	SR	Lynchburg	32.15m	105-06
9	Gulick, Britney	FR	Lynchburg	28.07m	92-01
10	Bothof, Sarah	FR	Bridgewater	20.89m	68-06

## Women Hammer Throw

=====					
	Name	Year	School	Finals	
=====					
Finals					
1	Fitzwater, Whitney	SR	Roanoke	49.65m	162-11
2	Allen, Ashley	SR	Lynchburg	46.29m	151-10
3	McCrowey, Alisha	SO	Roanoke	40.67m	133-05
4	Clowser, Samantha	FR	Roanoke	39.22m	128-08
5	Bransky, Elizabeth	SO	Roanoke	39.19m	128-07
6	Cummings, Katie	JR	Bridgewater	37.09m	121-08
7	Maxey, Taylor	SO	Washington a	33.55m	110-01
Preliminaries					
8	Crews, Deana	SR	Lynchburg		
9	Gulick, Britney	FR	Lynchburg		
10	Bothof, Sarah	FR	Bridgewater		

## Women Javelin Throw

Name	Year	School	Prelims	
1 Landes, Krystle	SR	Lynchburg	37.81mq	124-00
2 Demonda, Brittany	FR	Lynchburg	33.53mq	110-00
3 Fitzwater, Whitney	SR	Roanoke	32.83mq	107-08
4 Heal, Leah	JR	Lynchburg	31.58mq	103-07
5 Owens, Jessie	JR	Bridgewater	28.37mq	93-01
6 Grant, Jackie	FR	Guilford	26.94mq	88-05
7 McCrowey, Alisha	SO	Roanoke	25.28mq	82-11
8 Dannhauser, Leigh	FR	Washington a	24.85m	81-06
9 Eller, Gretta	FR	Guilford	21.94m	72-00
10 Clowser, Samantha	FR	Roanoke	21.20m	69-07
11 Smith, Corinne	JR	Washington a	19.93m	65-05
12 James, Telicia	FR	Guilford	14.91m	48-11

## Women Javelin Throw

Name	Year	School	Finals	
1 Landes, Krystle	SR	Lynchburg	37.81m	124-00
2 Heal, Leah	JR	Lynchburg	33.93m	111-04
3 Demonda, Brittany	FR	Lynchburg	33.53m	110-00
4 Fitzwater, Whitney	SR	Roanoke	32.83m	107-08
5 Owens, Jessie	JR	Bridgewater	28.37m	93-01
6 Grant, Jackie	FR	Guilford	27.01m	88-07
7 McCrowey, Alisha	SO	Roanoke	25.28m	82-11
Preliminaries				
8 Dannhauser, Leigh	FR	Washington a		
9 Eller, Gretta	FR	Guilford		
10 Clowser, Samantha	FR	Roanoke		
11 Smith, Corinne	JR	Washington a		
12 James, Telicia	FR	Guilford		

## Men 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
1 Smith, Johnathan	FR	Guilford	10.83Q	NWI	2
2 Woodard, Clifford	FR	Bridgewater	11.18Q	NWI	3
3 Lott, Randy	FR	Virginia Wesleya	11.23Q	NWI	1
4 Glasgow, Cole	FR	Washington a	11.51Q	NWI	4
5 Chauteh, Mark	JR	Lynchburg	11.30q	NWI	2
6 Linton, Colton	JR	Roanoke	11.34q	NWI	1
7 Allen, Michael	JR	Eastern Menn	11.40q	NWI	2
8 Bryant, Orlando	JR	Bridgewater	11.42q	NWI	3
9 Bruce, KeDarrius	FR	Lynchburg	11.54	NWI	2
10 Corley, Terrell	JR	Bridgewater	11.60	NWI	3
11 Hunt, Trevor	JR	Roanoke	11.63	NWI	4
12 Johnson, Tracey	SO	Virginia Wesleya	11.63	NWI	4
13 Cole, Steven	FR	Virginia Wesleya	11.66	NWI	2
14 Kliegman, Aaron	FR	Washington a	11.71	NWI	1
15 Minor, Shawn	FR	Lynchburg	11.76	NWI	1
16 Watson, Zavier	SO	Guilford	11.84	NWI	1
17 Parker, Devin	FR	Virginia Wesleya	11.86	NWI	3
18 Sells, Jonathan	FR	Washington a	11.88	NWI	4
19 Alberts, Kashym	FR	Guilford	11.97	NWI	1
20 Gates, Andrew	FR	Washington a	12.09	NWI	4

21	Baird, Christopher	FR	Bridgewater	12.47	NWI	2
21	Hall, Darryl	FR	Virginia Wesleya	12.47	NWI	3
23	Freed, Nathaniel	FR	Eastern Menn	12.66	NWI	4
24	Ash, Brandon	FR	Guilford	13.02	NWI	4
25	Wright, Chris	SO	Virginia Wesleya	13.12	NWI	2

## Men 100 Meter Dash

=====						
	Name	Year	School	Finals	Wind	
=====						
Finals						
1	Lott, Randy	FR	Virginia Wesleya	11.03	NWI	
2	Woodard, Clifford	FR	Bridgewater	11.09	NWI	
3	Glasgow, Cole	FR	Washington a	11.19	NWI	
4	Bryant, Orlando	JR	Bridgewater	11.28	NWI	
5	Linton, Colton	JR	Roanoke	11.28	NWI	
6	Chauteh, Mark	JR	Lynchburg	11.31	NWI	
7	Allen, Michael	JR	Eastern Menn	11.44	NWI	
--	Smith, Johnathan	FR	Guilford	DQ	NWI	

## Preliminaries

9	Bruce, KeDarrius	FR	Lynchburg			
10	Corley, Terrell	JR	Bridgewater			
11	Hunt, Trevor	JR	Roanoke			
12	Johnson, Tracey	SO	Virginia Wesleya			
13	Cole, Steven	FR	Virginia Wesleya			
14	Kliegman, Aaron	FR	Washington a			
15	Minor, Shawn	FR	Lynchburg			
16	Watson, Zavier	SO	Guilford			
17	Parker, Devin	FR	Virginia Wesleya			
18	Sells, Jonathan	FR	Washington a			
19	Alberts, Kashym	FR	Guilford			
20	Gates, Andrew	FR	Washington a			
21	Baird, Christopher	FR	Bridgewater			
21	Hall, Darryl	FR	Virginia Wesleya			
23	Freed, Nathaniel	FR	Eastern Menn			
24	Ash, Brandon	FR	Guilford			
25	Wright, Chris	SO	Virginia Wesleya			

## Men 200 Meter Dash

=====						
	Name	Year	School	Prelims	Wind	H#
=====						
1	Smith, Johnathan	FR	Guilford	22.35Q	NWI	6
2	Linton, Colton	JR	Roanoke	22.67Q	NWI	1
3	Ellison, Evan	JR	Lynchburg	22.74Q	NWI	2
4	Chauteh, Mark	JR	Lynchburg	22.88Q	NWI	4
5	Tallman, Alexander	FR	Washington a	22.93Q	NWI	3
6	Bryant, Orlando	JR	Bridgewater	23.35Q	NWI	5
7	Lott, Randy	FR	Virginia Wesleya	22.79	NWI	2
8	Delbridge, Julius	JR	Bridgewater	23.00	NWI	4
9	Glasgow, Cole	FR	Washington a	23.10	NWI	1
10	Allen, Michael	JR	Eastern Menn	23.68	NWI	3
11	Cole, Steven	FR	Virginia Wesleya	23.86	NWI	6
12	Robinson, Travis	FR	Guilford	23.98	NWI	6
13	Hunt, Trevor	JR	Roanoke	24.00	NWI	3
14	Kliegman, Aaron	FR	Washington a	24.30	NWI	3
15	Johnson, Tracey	SO	Virginia Wesleya	24.35	NWI	5
16	McFadgen, Demario	FR	Bridgewater	24.39	NWI	1
17	Watson, Zavier	SO	Guilford	24.42	NWI	5
18	Mills, AJ	SO	Virginia Wesleya	24.46	NWI	2

19	Alberts, Kashym	FR	Guilford	24.49	NWI	5
20	Parker, Devin	FR	Virginia Wesleya	24.79	NWI	4
21	Jeter, Dominic	JR	Bridgewater	25.07	NWI	3
22	Sheard, Dominique	SO	Virginia Wesleya	25.11	NWI	4
23	Duncan, Dave	FR	Bridgewater	25.55	NWI	1
24	Baird, Christopher	FR	Bridgewater	25.69	NWI	6
25	Ash, Brandon	FR	Guilford	27.17	NWI	6
--	Gates, Andrew	FR	Washington a	DNF	NWI	2

## Men 200 Meter Dash

Name	Year	School	Finals	Wind
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## Finals

1	Smith, Johnathan	FR	Guilford	21.82	NWI
2	Linton, Colton	JR	Roanoke	22.62	NWI
3	Chauteh, Mark	JR	Lynchburg	22.79	NWI
4	Tallman, Alexander	FR	Washington a	22.79	NWI
5	Bryant, Orlando	JR	Bridgewater	22.93	NWI
6	Ellison, Evan	JR	Lynchburg	23.07	NWI

## Preliminaries

7	Lott, Randy	FR	Virginia Wesleya
8	Delbridge, Julius	JR	Bridgewater
9	Glasgow, Cole	FR	Washington a
10	Allen, Michael	JR	Eastern Menn
11	Cole, Steven	FR	Virginia Wesleya
12	Robinson, Travis	FR	Guilford
13	Hunt, Trevor	JR	Roanoke
14	Kliegman, Aaron	FR	Washington a
15	Johnson, Tracey	SO	Virginia Wesleya
16	McFadgen, Demario	FR	Bridgewater
17	Watson, Zavier	SO	Guilford
18	Mills, AJ	SO	Virginia Wesleya
19	Alberts, Kashym	FR	Guilford
20	Parker, Devin	FR	Virginia Wesleya
21	Jeter, Dominic	JR	Bridgewater
22	Sheard, Dominique	SO	Virginia Wesleya
23	Duncan, Dave	FR	Bridgewater
24	Baird, Christopher	FR	Bridgewater
25	Ash, Brandon	FR	Guilford
--	Gates, Andrew	FR	Washington a

## Men 400 Meter Dash

Name	Year	School	Prelims	H#
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1	Tallman, Alexander	FR	Washington a	49.65Q	3
2	Ellison, Evan	JR	Lynchburg	50.59Q	1
3	Njomo, Stefan	SO	Virginia Wesleya	50.80Q	2
4	Farrar, Joshua	SO	Guilford	50.78q	3
5	Delbridge, Julius	JR	Bridgewater	50.95q	2
6	Adams, Rashard	SR	Lynchburg	51.00q	3
7	Pellman, Dakota	SO	Lynchburg	51.17	1
8	Colliau, Steven	SO	Washington a	51.21	2
9	Mellinger, Michael	FR	Guilford	53.02	1
10	Mills, AJ	SO	Virginia Wesleya	54.31	3
11	Sheard, Dominique	SO	Virginia Wesleya	54.84	3
12	Duncan, Dave	FR	Bridgewater	56.97	1
13	Barnes, Chris	FR	Guilford	58.71	2
--	Keers, Mac	FR	Washington a	DQ	1

## Men 400 Meter Dash

Name	Year	School	Finals
Finals			
1 Tallman, Alexander	FR	Washington a	49.27
2 Ellison, Evan	JR	Lynchburg	50.07
3 Delbridge, Julius	JR	Bridgewater	50.27
4 Farrar, Joshua	SO	Guilford	50.70
5 Njomo, Stefan	SO	Virginia Wesleya	51.12
6 Adams, Rashard	SR	Lynchburg	51.45
Preliminaries			
7 Pellman, Dakota	SO	Lynchburg	
8 Colliau, Steven	SO	Washington a	
9 Mellinger, Michael	FR	Guilford	
10 Mills, AJ	SO	Virginia Wesleya	
11 Sheard, Dominique	SO	Virginia Wesleya	
12 Duncan, Dave	FR	Bridgewater	
13 Barnes, Chris	FR	Guilford	
-- Keers, Mac	FR	Washington a	

## Men 800 Meter Run

Name	Year	School	Finals
Finals			
1 Skinner, Dylan	FR	Guilford	1:54.02
2 Monahan, Jamison	SR	Roanoke	1:56.11
3 Thomas, Kane	FR	Washington a	1:57.65
4 Marsh, Wayde	SO	Washington a	1:58.52
5 Cason, David	FR	Guilford	1:58.58
6 Rawlings, Mike	JR	Roanoke	1:58.67
7 Johnson, Paul	JR	Bridgewater	1:58.84
8 Whitlow, Curtis	FR	Lynchburg	1:59.38
9 Shelton, Terrell	JR	Virginia Wesleya	1:59.94
10 Speray, Ryan	SO	Bridgewater	2:00.08
11 Holmes, Taylor	FR	Lynchburg	2:00.29
12 Landgren, Drew	FR	Roanoke	2:01.35
13 Gossett, Matt	JR	Washington a	2:02.33
14 Taylor, Reid	JR	Lynchburg	2:03.90
15 Dove, Reed	FR	Lynchburg	2:05.48
16 Britton, Ryan	JR	Roanoke	2:06.61
17 White, Sean	FR	Guilford	2:08.94
18 Kulp, Ben	JR	Lynchburg	2:10.00
19 Palmer, Brian	SO	Washington a	2:15.18
20 Hatcher, Trey	FR	Washington a	2:16.91
-- Wisniewski, Tim	SO	Bridgewater	DNF

## Men 1500 Meter Run

Name	Year	School	Finals
1 Compton, Nolan	SO	Lynchburg	3:57.88
2 White, Sean	FR	Guilford	3:59.33
3 Gossett, Matt	JR	Washington a	3:59.75
4 Van Alstine, Ryan	SR	Lynchburg	4:00.62
5 Kidd, David	SR	Virginia Wesleya	4:03.07
6 Speray, Ryan	SO	Bridgewater	4:03.66
7 Driscoll, Darren	FR	Virginia Wesleya	4:04.94

8	Bernstein, Andrew	FR Roanoke	4:05.30
9	Parry, Evan	FR Lynchburg	4:06.79
10	Rittenhouse, Abram	FR Bridgewater	4:12.26
11	Cutright, Daniel	JR Lynchburg	4:16.06
12	Cobb, Patrick	FR Lynchburg	4:20.56
13	Parson, Vergil	SO Washington a	4:24.76
14	Tupper, Frank	SR Roanoke	4:30.32
15	Morey, Dylan	FR Virginia Wesleya	4:32.72
16	Fiske, Patrick	JR Roanoke	4:34.23

## Men 5000 Meter Run

Name	Year	School	Finals
1	Kosgei, Derick	SO Guilford	15:26.04
2	Whitson, Sean	JR Virginia Wesleya	15:46.77
3	Norton, Chad	FR Guilford	15:49.93
4	Orndorff, William	JR Lynchburg	16:05.73
5	Jackson, Troy	FR Bridgewater	16:14.22
6	Stanton, Cody	FR Lynchburg	16:20.47
7	Kidd, David	SR Virginia Wesleya	16:29.55
8	Brown, David	FR Lynchburg	16:31.35
9	Robinson, Brian	SO Lynchburg	16:36.95
10	Minor, Lawrence	JR Lynchburg	16:37.68
11	Metz, Josh	SR Roanoke	16:44.18
12	Barnett, Brian	JR Bridgewater	16:50.77
13	Tumolo, Benjamin	SO Lynchburg	16:52.97
14	Bell, Rob	SR Virginia Wesleya	16:54.22
15	Driscoll, Darren	FR Virginia Wesleya	16:56.93
16	Grubb, Austin	FR Roanoke	17:02.43
17	Rogers, Richard	SO Guilford	17:04.21
18	Wojtysiak, Adam	FR Roanoke	17:12.08
19	Nichols, Drew	JR Roanoke	17:20.19
20	Zimmerman, Dan	FR Roanoke	17:32.79
21	Kohlhaas, Patrick	FR Roanoke	18:23.59
--	Blue, Adam	FR Guilford	DNF

## Men 110 Meter Hurdles

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Davis, Rachad	FR Lynchburg	15.28Q	NWI	2
2	Martindell, Ben	FR Bridgewater	15.29Q	NWI	1
3	Bell, James	JR Lynchburg	15.42q	NWI	2
4	Cunningham, Tucker	FR Roanoke	15.53q	NWI	1
5	Slagle, Dalton	SO Bridgewater	15.54q	NWI	2
6	Grant, Tyler	JR Washington a	15.87q	NWI	1
7	Beale, Daryus	FR Bridgewater	16.38q	NWI	1
8	Curtis, Edward	SO Roanoke	16.40q	NWI	2
9	Fenwick, Keenan	FR Bridgewater	16.86	NWI	2
10	Smither, Dillon	FR Lynchburg	17.72	NWI	1
--	Fentress, Jevone	FR Bridgewater	DQ	NWI	1

## Men 110 Meter Hurdles

Name	Year	School	Finals	Wind
Finals				
1	Davis, Rachad	FR Lynchburg	14.97	NWI

2	Bell, James	JR Lynchburg	15.14	NWI
3	Slagle, Dalton	SO Bridgewater	15.40	NWI
4	Cunningham, Tucker	FR Roanoke	15.60	NWI
5	Martindell, Ben	FR Bridgewater	15.67	NWI
6	Curtis, Edward	SO Roanoke	15.72	NWI
7	Beale, Daryus	FR Bridgewater	15.95	NWI
8	Grant, Tyler	JR Washington a	16.22	NWI
Preliminaries				
9	Fenwick, Keenan	FR Bridgewater		
10	Smither, Dillon	FR Lynchburg		
--	Fentress, Jevone	FR Bridgewater		

## Men 400 Meter Hurdles

Name	Year School	Prelims	H#
1	Myers, Dillon	FR Washington a	56.52Q 3
2	Burkholder, Craig	JR Lynchburg	58.07Q 2
3	Davis, Rachad	FR Lynchburg	59.14Q 1
4	Cunningham, Tucker	FR Roanoke	56.71q 3
5	Grant, Tyler	JR Washington a	58.16q 2
6	Fentress, Jevone	FR Bridgewater	58.24q 3
7	Bell, James	JR Lynchburg	59.36 1
8	Martindell, Ben	FR Bridgewater	1:00.12 2
9	Carney, James	FR Lynchburg	1:02.76 1
10	Slagle, Dalton	SO Bridgewater	1:05.74 3
11	Howard, Parker	FR Washington a	1:05.96 1
12	Beale, Daryus	FR Bridgewater	1:06.56 2
13	Fenwick, Keenan	FR Bridgewater	1:08.09 1
14	Wade, Luke	FR Virginia Wesleya	1:08.50 3

## Men 400 Meter Hurdles

Name	Year School	Finals
Finals		
1	Davis, Rachad	FR Lynchburg 55.06
2	Myers, Dillon	FR Washington a 55.13
3	Fentress, Jevone	FR Bridgewater 56.66
4	Grant, Tyler	JR Washington a 57.38
5	Burkholder, Craig	JR Lynchburg 58.01
6	Cunningham, Tucker	FR Roanoke 59.16
Preliminaries		
7	Bell, James	JR Lynchburg
8	Martindell, Ben	FR Bridgewater
9	Carney, James	FR Lynchburg
10	Slagle, Dalton	SO Bridgewater
11	Howard, Parker	FR Washington a
12	Beale, Daryus	FR Bridgewater
13	Fenwick, Keenan	FR Bridgewater
14	Wade, Luke	FR Virginia Wesleya

## Men 3000 Meter Steeplechase

Name	Year School	Finals
Finals		
1	Cutright, Daniel	JR Lynchburg 9:43.90
2	Cason, David	FR Guilford 9:44.10
3	Lauter, Nick	SR Virginia Wesleya 9:56.80

4 Norton, Chad	FR Guilford	10:04.30
5 Hanlon, Greg	SR Roanoke	10:20.80
6 George, Robert	SR Washington a	10:24.00
7 Grubb, Austin	FR Roanoke	10:26.80
8 Rogers, Richard	SO Guilford	10:35.90
9 Tupper, Frank	SR Roanoke	10:46.40

## Men 4x100 Meter Relay

School	Finals
1 Bridgewater 'A'	42.59
1) Beale, Daryus FR	2) Woodard, Clifford FR
3) Delbridge, Julius JR	4) Bryant, Orlando JR
2 Lynchburg 'A'	42.70
1) Chauteh, Mark JR	2) Ellison, Evan JR
3) Bruce, KeDarrius FR	4) Minor, Shawn FR
3 Virginia Wesleyan 'A'	43.18
1) Johnson, Tracey SO	2) Cole, Steven FR
3) Parker, Devin FR	4) Lott, Randy FR
4 Roanoke 'A'	43.63
1) Linton, Colton JR	2) Cunningham, Tucker FR
3) Curtis, Edward SO	4) Hunt, Trevor JR
-- Guilford 'A'	DNF
1) Tait, Omari FR	2) Alberts, Kashym FR
3) Green, CJ FR	4) Robinson, Travis FR
-- Washington and Lee 'A'	DQ
1) Keers, Mac FR	2) Myers, Dillon FR
3) Glasgow, Cole FR	4) Sells, Jonathan FR

## Men 4x400 Meter Relay

School	Finals
1 Lynchburg 'A'	3:20.03
1) Adams, Rashard SR	2) Davis, Rachad FR
3) Ellison, Evan JR	4) Pellman, Dakota SO
2 Washington and Lee 'A'	3:20.98
1) Tallman, Alexander FR	2) Colliau, Steven SO
3) Grant, Tyler JR	4) Myers, Dillon FR
3 Guilford 'A'	3:25.35
1) Farrar, Joshua SO	2) Mellinger, Michael FR
3) Skinner, Dylan FR	4) White, Sean FR
4 Virginia Wesleyan 'A'	3:26.43
1) Lott, Randy FR	2) Njomo, Stefan SO
3) Cole, Steven FR	4) Shelton, Terrell JR
5 Roanoke 'A'	3:27.02
1) Linton, Colton JR	2) Monahan, Jamison SR
3) Board, Chase SO	4) Cunningham, Tucker FR
6 Bridgewater 'A'	3:29.69
1) Beale, Daryus FR	2) Delbridge, Julius JR
3) Wisniewski, Tim SO	4) Bryant, Orlando JR

## Men High Jump

Name	Year School	Prelims
Preliminaries		
1 Minor, Shawn	FR Lynchburg	1.98mq 6-06.00
2 Bell, James	JR Lynchburg	1.93mq 6-04.00



3	Boysaw, Tristan	FR Lynchburg	1.88mq	6-02.00
4	Curtis, Edward	SO Roanoke	1.83mq	6-00.00
5	Barber, Cyle	SR Guilford	1.78mq	5-10.00
6	Carney, James	FR Lynchburg	J1.78mq	5-10.00
7	Myers, Dillon	FR Washington a	1.73mq	5-08.00
7	Doobin, David	SR Washington a	1.73mq	5-08.00
7	Simmons, Ben	FR Washington a	1.73mq	5-08.00
7	Freed, Nathaniel	FR Eastern Menn	1.73mq	5-08.00
7	Forte, Gio	SR Roanoke	1.73mq	5-08.00

## Men High Jump

Name	Year	School	Finals	
Finals				
1	Minor, Shawn	FR Lynchburg	1.98m	6-06.00
2	Bell, James	JR Lynchburg	1.93m	6-04.00
3	Boysaw, Tristan	FR Lynchburg	1.88m	6-02.00
4	Curtis, Edward	SO Roanoke	1.83m	6-00.00
5	Barber, Cyle	SR Guilford	1.78m	5-10.00
6	Carney, James	FR Lynchburg	J1.78m	5-10.00
7	Myers, Dillon	FR Washington a	1.73m	5-08.00
7	Doobin, David	SR Washington a	1.73m	5-08.00
7	Simmons, Ben	FR Washington a	1.73m	5-08.00
7	Freed, Nathaniel	FR Eastern Menn	1.73m	5-08.00
7	Forte, Gio	SR Roanoke	1.73m	5-08.00

## Men Pole Vault

Name	Year	School	Prelims	
Preliminaries				
1	Clark, Tommy	SO Lynchburg	4.50mq	14-09.00
2	Bell, James	JR Lynchburg	4.35mq	14-03.25
3	Chowhan, Kyle	SO Virginia Wesleya	4.05mq	13-03.50
4	Fishman, David	FR Washington a	3.90mq	12-09.50
5	Hughes, Phil	SO Lynchburg	3.75mq	12-03.50
5	Curtis, Nathan	JR Lynchburg	3.75mq	12-03.50
7	Travis, Will	FR Washington a	3.60mq	11-09.75
8	Letterio, Richmond	JR Virginia Wesleya	J3.60m	11-09.75
9	Carney, James	FR Lynchburg	3.45m	11-03.75
--	Madison, William	FR Lynchburg	NH	
--	Tomczak, Jesse	SR Virginia Wesleya	NH	

## Men Pole Vault

Name	Year	School	Finals	
Finals				
1	Clark, Tommy	SO Lynchburg	4.50m	14-09.00
2	Bell, James	JR Lynchburg	4.35m	14-03.25
3	Chowhan, Kyle	SO Virginia Wesleya	4.05m	13-03.50
4	Fishman, David	FR Washington a	3.90m	12-09.50
5	Hughes, Phil	SO Lynchburg	3.75m	12-03.50
5	Curtis, Nathan	JR Lynchburg	3.75m	12-03.50
7	Travis, Will	FR Washington a	3.60m	11-09.75
Preliminaries				
8	Letterio, Richmond	JR Virginia Wesleya	J	
9	Carney, James	FR Lynchburg		
--	Madison, William	FR Lynchburg		

-- Tomczak, Jesse

SR Virginia Wesleya

## Men Long Jump

Name	Year School	Prelims	Wind
1 Allen, Michael	JR Eastern Menn	6.65mq	0.1 21-10.00
2 Bell, James	JR Lynchburg	6.34mq	-0.4 20-09.75
3 Cummings, Eugene	SO Bridgewater	6.26mq	NWI 20-06.50
4 Irving, Demetrius	SO Lynchburg	6.22mq	0.8 20-05.00
5 Yazdanpanah, Korosh	JR Lynchburg	6.20mq	NWI 20-04.25
6 Sells, Jonathan	FR Washington a	6.15mq	0.3 20-02.25
7 Myers, Dillon	FR Washington a	6.13mq	0.3 20-01.50
8 Johnson, Tracey	SO Virginia Wesleya	6.02m	0.1 19-09.00
9 Bruce, KeDarrius	FR Lynchburg	6.00m	NWI 19-08.25
10 Fenwick, Keenan	FR Bridgewater	5.90m	NWI 19-04.25
11 Boysaw, Tristan	FR Lynchburg	5.87m	NWI 19-03.25
12 Bryant, Orlando	JR Bridgewater	5.77m	NWI 18-11.25
13 Robinson, Travis	FR Guilford	5.76m	-0.1 18-10.75
14 Mills, AJ	SO Virginia Wesleya	5.62m	NWI 18-05.25
15 Hamblin, Justin	JR Lynchburg	5.57m	-0.1 18-03.25
16 Tait, Omari	FR Guilford	5.54m	NWI 18-02.25
17 Wright, Chris	SO Virginia Wesleya	5.28m	NWI 17-04.00

## Men Long Jump

Name	Year School	Finals	Wind
Finals			
1 Allen, Michael	JR Eastern Menn	6.65m	0.3 21-10.00
2 Bell, James	JR Lynchburg	6.34m	NWI 20-09.75
3 Cummings, Eugene	SO Bridgewater	6.26m	0.1 20-06.50
4 Irving, Demetrius	SO Lynchburg	6.22m	NWI 20-05.00
5 Yazdanpanah, Korosh	JR Lynchburg	6.20m	-0.4 20-04.25
6 Sells, Jonathan	FR Washington a	6.15m	0.8 20-02.25
7 Myers, Dillon	FR Washington a	6.13m	0.3 20-01.50
Preliminaries			
8 Johnson, Tracey	SO Virginia Wesleya		0.1
9 Bruce, KeDarrius	FR Lynchburg		NWI
10 Fenwick, Keenan	FR Bridgewater		NWI
11 Boysaw, Tristan	FR Lynchburg		NWI
12 Bryant, Orlando	JR Bridgewater		NWI
13 Robinson, Travis	FR Guilford		-0.1
14 Mills, AJ	SO Virginia Wesleya		NWI
15 Hamblin, Justin	JR Lynchburg		-0.1
16 Tait, Omari	FR Guilford		NWI
17 Wright, Chris	SO Virginia Wesleya		NWI

## Men Triple Jump

Name	Year School	Prelims	Wind
1 Allen, Michael	JR Eastern Menn	13.74mq	0.4 45-01.00
2 Irving, Demetrius	SO Lynchburg	13.59mq	-0.3 44-07.00
3 Bruce, KeDarrius	FR Lynchburg	13.24mq	-0.3 43-05.25
4 Cummings, Eugene	SO Bridgewater	12.98mq	1.4 42-07.00
5 Boysaw, Tristan	FR Lynchburg	12.78mq	0.3 41-11.25
6 Fenwick, Keenan	FR Bridgewater	12.48mq	+0.0 40-11.50
7 Freed, Nathaniel	FR Eastern Menn	12.21mq	+0.0 40-00.75
8 Tait, Omari	FR Guilford	12.01m	+0.0 39-05.00

9	Doobin, David	SR	Washington a	11.88m	+0.0	38-11.75
--	Beale, Daryus	FR	Bridgewater	FOUL	NWI	

## Men Triple Jump

Name	Year	School	Finals	Wind
Finals				
1	Allen, Michael	JR	Eastern Menn	14.49m NWI 47-06.50
2	Irving, Demetrius	SO	Lynchburg	13.78m NWI 45-02.50
3	Bruce, KeDarrius	FR	Lynchburg	13.24m -0.3 43-05.25
4	Cummings, Eugene	SO	Bridgewater	13.08m NWI 42-11.00
5	Fenwick, Keenan	FR	Bridgewater	12.95m 0.2 42-06.00
6	Boysaw, Tristan	FR	Lynchburg	12.78m 0.3 41-11.25
7	Freed, Nathaniel	FR	Eastern Menn	12.31m NWI 40-04.75
Preliminaries				
8	Tait, Omari	FR	Guilford	+0.0
9	Doobin, David	SR	Washington a	+0.0
--	Beale, Daryus	FR	Bridgewater	NWI

## Men Shot Put

Name	Year	School	Prelims
1	Pavia, John Michael	SR	Lynchburg 13.63mq 44-08.75
2	Kroko, Jacob	SO	Bridgewater 13.62mq 44-08.25
3	Van Dunk, Eric	SO	Lynchburg 13.48mq 44-02.75
4	Taylor, Jonathan	SO	Roanoke 13.28mq 43-07.00
5	Wilson, Greg	FR	Lynchburg 13.16mq 43-02.25
6	Davis, Ralph	JR	Lynchburg 12.72mq 41-08.75
7	Tomczak, Jesse	SR	Virginia Wesleya 12.46mq 40-10.50
8	Smith, Josh	SO	Lynchburg 11.40m 37-05.00
9	Barchock, Jack	FR	Bridgewater 11.39m 37-04.50
10	Waddy, Leslie	SO	Lynchburg 11.33m 37-02.25
11	Laws, O'Dale	SR	Bridgewater 10.82m 35-06.00
12	Benson, Matt	JR	Washington a 10.38m 34-00.75
13	Sloan, Aaron	SO	Eastern Menn 9.85m 32-03.75
14	Bondurant, Jordan	JR	Virginia Wesleya 7.72m 25-04.00

## Men Shot Put

Name	Year	School	Finals
Finals			
1	Pavia, John Michael	SR	Lynchburg 13.63m 44-08.75
2	Kroko, Jacob	SO	Bridgewater 13.62m 44-08.25
3	Van Dunk, Eric	SO	Lynchburg 13.48m 44-02.75
4	Taylor, Jonathan	SO	Roanoke 13.28m 43-07.00
5	Wilson, Greg	FR	Lynchburg 13.16m 43-02.25
6	Davis, Ralph	JR	Lynchburg 12.72m 41-08.75
7	Tomczak, Jesse	SR	Virginia Wesleya 12.46m 40-10.50
Preliminaries			
8	Smith, Josh	SO	Lynchburg
9	Barchock, Jack	FR	Bridgewater
10	Waddy, Leslie	SO	Lynchburg
11	Laws, O'Dale	SR	Bridgewater
12	Benson, Matt	JR	Washington a
13	Sloan, Aaron	SO	Eastern Menn
14	Bondurant, Jordan	JR	Virginia Wesleya

## Men Discus Throw

Name	Year	School	Prelims	
1 Waddy, Leslie	SO	Lynchburg	40.18mq	131-10
2 Pavia, John Michael	SR	Lynchburg	39.95mq	131-01
3 Wilson, Greg	FR	Lynchburg	37.90mq	124-04
4 Dowers, AJ	SO	Washington a	37.89mq	124-04
5 Tomczak, Jesse	SR	Virginia Wesleya	37.27mq	122-03
6 Taylor, Jonathan	SO	Roanoke	36.95mq	121-03
7 Davis, Ralph	JR	Lynchburg	36.63mq	120-02
8 Blakeney, Brett	FR	Lynchburg	35.93m	117-10
9 Laws, O'Dale	SR	Bridgewater	35.48m	116-05
10 Kroko, Jacob	SO	Bridgewater	34.76m	114-00
11 Van Dunk, Eric	SO	Lynchburg	32.61m	107-00
12 Barchock, Jack	FR	Bridgewater	32.07m	105-02
13 Foxen, Peter	JR	Roanoke	30.09m	98-09
14 Bondurant, Jordan	JR	Virginia Wesleya	24.13m	79-02
15 LaPradd, Paul	FR	Roanoke	23.80m	78-01
16 Wells, Trenton	FR	Guilford	23.77m	78-00

## Men Discus Throw

Name	Year	School	Finals	
1 Waddy, Leslie	SO	Lynchburg	40.18m	131-10
2 Pavia, John Michael	SR	Lynchburg	39.95m	131-01
3 Dowers, AJ	SO	Washington a	38.69m	126-11
4 Wilson, Greg	FR	Lynchburg	38.38m	125-11
5 Taylor, Jonathan	SO	Roanoke	38.00m	124-08
6 Davis, Ralph	JR	Lynchburg	37.53m	123-01
7 Tomczak, Jesse	SR	Virginia Wesleya	37.27m	122-03
Preliminaries				
8 Blakeney, Brett	FR	Lynchburg		
9 Laws, O'Dale	SR	Bridgewater		
10 Kroko, Jacob	SO	Bridgewater		
11 Van Dunk, Eric	SO	Lynchburg		
12 Barchock, Jack	FR	Bridgewater		
13 Foxen, Peter	JR	Roanoke		
14 Bondurant, Jordan	JR	Virginia Wesleya		
15 LaPradd, Paul	FR	Roanoke		
16 Wells, Trenton	FR	Guilford		

## Men Hammer Throw

Name	Year	School	Prelims	
1 Pavia, John Michael	SR	Lynchburg	51.58mq	169-03
2 Kroko, Jacob	SO	Bridgewater	42.63mq	139-10
3 Davis, Ralph	JR	Lynchburg	42.43mq	139-02
4 Wilson, Greg	FR	Lynchburg	42.18mq	138-05
5 Taylor, Jonathan	SO	Roanoke	41.80mq	137-02
6 Merck, Gordon	FR	Lynchburg	39.60mq	129-11
7 Laws, O'Dale	SR	Bridgewater	37.74mq	123-10
8 Benson, Matt	JR	Washington a	35.51m	116-06
9 Foxen, Peter	JR	Roanoke	34.12m	111-11
10 Smith, Josh	SO	Lynchburg	29.74m	97-07
11 Barchock, Jack	FR	Bridgewater	29.61m	97-02
12 LaPradd, Paul	FR	Roanoke	26.90m	88-03

## Men Hammer Throw

Name	Year	School	Finals	
Finals				
1 Pavia, John Michael	SR	Lynchburg	51.58m	169-03
2 Wilson, Greg	FR	Lynchburg	43.68m	143-04
3 Davis, Ralph	JR	Lynchburg	42.79m	140-05
4 Kroko, Jacob	SO	Bridgewater	42.63m	139-10
5 Taylor, Jonathan	SO	Roanoke	42.37m	139-00
6 Merck, Gordon	FR	Lynchburg	39.60m	129-11
7 Laws, O'Dale	SR	Bridgewater	37.74m	123-10
Preliminaries				
8 Benson, Matt	JR	Washington a		
9 Foxen, Peter	JR	Roanoke		
10 Smith, Josh	SO	Lynchburg		
11 Barchock, Jack	FR	Bridgewater		
12 LaPradd, Paul	FR	Roanoke		

## Men Javelin Throw

Name	Year	School	Prelims	
1 Mills, Dylan	SO	Washington a	56.30mq	184-08
2 Sullivan, Kevin	FR	Washington a	54.04mq	177-03
3 Taylor, Jonathan	SO	Roanoke	51.27mq	168-02
4 Foxen, Peter	JR	Roanoke	51.11mq	167-08
5 Grant, Tyler	JR	Washington a	47.86mq	157-00
6 Myers, Dillon	FR	Washington a	46.10mq	151-03
7 Logan, Willie	FR	Bridgewater	45.90mq	150-07
8 Bell, James	JR	Lynchburg	45.27m	148-06
9 Burns, Cassidy	FR	Bridgewater	43.49m	142-08
10 Tomczak, Jesse	SR	Virginia Wesleya	43.41m	142-05
11 Clark, Tommy	SO	Lynchburg	43.11m	141-05
12 Jeter, Dominic	JR	Bridgewater	42.33m	138-10
13 LaPlaca, David	SO	Guilford	42.02m	137-10
14 Blakeney, Brett	FR	Lynchburg	41.74m	136-11
15 Giannone, Chris	JR	Lynchburg	41.69m	136-09
16 Merck, Gordon	FR	Lynchburg	41.08m	134-09
17 Fenwick, Keenan	FR	Bridgewater	41.03m	134-07
18 Sloan, Aaron	SO	Eastern Menn	35.85m	117-07
19 Carney, James	FR	Lynchburg	34.49m	113-02
20 Wright, Chris	SO	Virginia Wesleya	31.82m	104-05
21 Letterio, Richmond	JR	Virginia Wesleya	26.72m	87-08

## Men Javelin Throw

Name	Year	School	Finals	
Finals				
1 Mills, Dylan	SO	Washington a	56.30m	184-08
2 Sullivan, Kevin	FR	Washington a	54.04m	177-03
3 Taylor, Jonathan	SO	Roanoke	51.35m	168-06
4 Foxen, Peter	JR	Roanoke	51.11m	167-08
5 Grant, Tyler	JR	Washington a	47.86m	157-00
6 Myers, Dillon	FR	Washington a	46.10m	151-03
7 Logan, Willie	FR	Bridgewater	45.90m	150-07
Preliminaries				
8 Bell, James	JR	Lynchburg		

9 Burns, Cassidy	FR Bridgewater
10 Tomczak, Jesse	SR Virginia Wesleya
11 Clark, Tommy	SO Lynchburg
12 Jeter, Dominic	JR Bridgewater
13 LaPlaca, David	SO Guilford
14 Blakeney, Brett	FR Lynchburg
15 Giannone, Chris	JR Lynchburg
16 Merck, Gordon	FR Lynchburg
17 Fenwick, Keenan	FR Bridgewater
18 Sloan, Aaron	SO Eastern Menn
19 Carney, James	FR Lynchburg
20 Wright, Chris	SO Virginia Wesleya
21 Letterio, Richmond	JR Virginia Wesleya

Women - Team Rankings - 19 Events Scored

1) Lynchburg	195	2) Roanoke	135
3) Washington and Lee	102	4) Bridgewater	81
5) Virginia Wesleyan	37	6) Eastern Mennonite	29
7) Guilford	5		

Men - Team Rankings - 19 Events Scored

1) Lynchburg	236	2) Washington and Lee	89
3) Bridgewater	72	4) Guilford	70
5) Roanoke	55	6) Virginia Wesleyan	44
7) Eastern Mennonite	20		