

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

Women 100 Meter Dash

| Meet: % 11.98 2010 Jaleesa Osborne, Roanoke | | | | | | |
|---------------------------------------------|------|--------------------|--------------------|---------|--------|--------|
| Name | Year | School | Seed | Prelims | Wind | H# |
| Preliminaries | | | | | | |
| 1 | | Prempeh, Esther | Roanoke | 12.70 | 12.66Q | -1.6 2 |
| 2 | | Washington, Aleshi | Lynchburg | 12.53 | 12.78Q | +0.0 1 |
| 3 | | Lennon, Tiffany | Virginia Wesleyan | 12.69 | 13.04Q | -1.2 3 |
| 4 | | Mills, Shakira | Virginia Wesleyan | 12.75 | 12.77q | -1.6 2 |
| 5 | | Wallace, Catherine | Lynchburg | 13.00 | 12.92q | +0.0 1 |
| 6 | | Janney, Alexis | Roanoke | 13.03 | 12.93q | +0.0 1 |
| 7 | | Lee, Dana | Washington and Lee | 12.82 | 13.13q | -1.2 3 |
| 8 | | Klein, Emmalee | Roanoke | 13.27 | 13.31q | -1.6 2 |
| 9 | | Friberg, Jennifer | Washington and Lee | 13.56 | 13.44 | -1.2 3 |
| 10 | | Williams, Nicole | Lynchburg | 13.42 | 13.45 | -1.6 2 |
| 11 | | Murray, Julia | Washington and Lee | 13.25 | 13.61 | -1.2 3 |
| 12 | | Elliott, Janell | Roanoke | 13.72 | 13.83 | +0.0 1 |
| 13 | | Weisemann, Erin | Randolph | 13.82 | 14.22 | +0.0 1 |
| 14 | | Carr, Khadija | Guilford | 14.19 | 14.63 | -1.6 2 |
| 15 | | Nyagwegwe, Makora | Eastern Mennonite | 14.89 | 14.73 | +0.0 1 |
| 16 | | Meza-Cooper, Valer | Eastern Mennonite | 14.90 | 14.90 | +0.0 1 |
| 17 | | Scott, Seisha | Randolph | 14.38 | 15.05 | -1.2 3 |
| -- | | Trogdon, Kaylea | Guilford | 14.03 | FS | -1.2 3 |
| -- | | Meadows, Alana | Shenandoah | 14.31 | FS | -1.6 2 |

Women 100 Meter Dash

| Meet: % 11.98 2010 Jaleesa Osborne, Roanoke | | | | | | |
|---------------------------------------------|------|--------------------|--------------------|--------|-------|---------|
| Name | Year | School | Prelims | Finals | Wind | Points |
| Finals | | | | | | |
| 1 | | Washington, Aleshi | Lynchburg | 12.78 | 12.47 | +0.0 10 |
| 2 | | Prempeh, Esther | Roanoke | 12.66 | 12.66 | +0.0 8 |
| 3 | | Mills, Shakira | Virginia Wesleyan | 12.77 | 12.70 | +0.0 6 |
| 4 | | Lee, Dana | Washington and Lee | 13.13 | 12.79 | +0.0 4 |
| 5 | | Janney, Alexis | Roanoke | 12.93 | 12.81 | +0.0 2 |
| 6 | | Wallace, Catherine | Lynchburg | 12.92 | 12.95 | +0.0 1 |
| 7 | | Lennon, Tiffany | Virginia Wesleyan | 13.04 | 13.02 | +0.0 |
| 8 | | Klein, Emmalee | Roanoke | 13.31 | 13.37 | +0.0 |

Women 200 Meter Dash

| Meet: % 24.72 2010 Robin Yerkes, Roanoke | | | | | | |
|------------------------------------------|------|--------------------|--------------------|---------|--------|--------|
| Name | Year | School | Seed | Prelims | Wind | H# |
| Preliminaries | | | | | | |
| 1 | | Washington, Aleshi | Lynchburg | 26.65 | 25.98Q | +0.0 3 |
| 2 | | Wallace, Catherine | Lynchburg | 26.17 | 26.16Q | +0.0 1 |
| 3 | | Mejia, Jessica | Roanoke | 26.20 | 26.33Q | 1.3 2 |
| 4 | | Lee, Dana | Washington and Lee | 26.11 | 26.49Q | +0.0 4 |
| 5 | | Janney, Alexis | Roanoke | 26.75 | 26.34q | +0.0 1 |
| 6 | | MacDougall, Brynn | Roanoke | 27.06 | 26.50q | +0.0 3 |
| 7 | | Daniel, Shakiella | Virginia Wesleyan | 26.19 | 26.57 | +0.0 3 |
| 8 | | Prempeh, Esther | Roanoke | 26.82 | 26.62 | +0.0 4 |
| 9 | | Lennon, Tiffany | Virginia Wesleyan | 27.02 | 27.07 | +0.0 4 |
| 10 | | Mills, Shakira | Virginia Wesleyan | 26.37 | 27.50 | 1.3 2 |

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....Women 200 Meter Dash

| | | | | | | |
|----|--------------------|--------------------|-------|-------|------|---|
| 11 | Helms, Sarah | Washington and Lee | 27.46 | 27.52 | 1.3 | 2 |
| 12 | Klein, Emmalee | Roanoke | 27.65 | 27.58 | 1.3 | 2 |
| 13 | Friberg, Jennifer | Washington and Lee | 27.97 | 27.77 | +0.0 | 3 |
| 14 | Katterhagen, Jilli | Washington and Lee | 27.03 | 28.76 | +0.0 | 1 |
| 15 | Boury, Bethany | Lynchburg | 29.23 | 28.78 | +0.0 | 4 |
| 16 | Cobb, Emily | Shenandoah | 29.19 | 28.86 | +0.0 | 1 |
| 17 | Trogdon, Kaylea | Guilford | 29.46 | 29.50 | +0.0 | 4 |
| 18 | Carr, Khadija | Guilford | 30.36 | 30.59 | +0.0 | 1 |
| 19 | Meza-Cooper, Valer | Eastern Mennonite | | 30.94 | +0.0 | 1 |
| 20 | Meadows, Alana | Shenandoah | 31.52 | 31.00 | +0.0 | 3 |
| 21 | Nyagwegwe, Makora | Eastern Mennonite | | 31.05 | +0.0 | 3 |
| 22 | Scott, Seisha | Randolph | 31.88 | 31.10 | 1.3 | 2 |
| 23 | Hargreaves, Brooke | Shenandoah | 31.93 | 31.70 | 1.3 | 2 |
| -- | Sanchez, Blanca | Randolph | | DNS | +0.0 | 4 |

Women 200 Meter Dash

Meet: % 24.72 2010 Robin Yerkes, Roanoke

| Name | Year | School | Prelims | Finals | Wind | Points |
|---------------|------|--------------------|--------------------|--------|-------|---------|
| Finals | | | | | | |
| 1 | | Washington, Aleshi | Lynchburg | 25.98 | 25.41 | +0.0 10 |
| 2 | | Mejia, Jessica | Roanoke | 26.33 | 25.97 | +0.0 8 |
| 3 | | Lee, Dana | Washington and Lee | 26.49 | 26.05 | +0.0 6 |
| 4 | | Wallace, Catherine | Lynchburg | 26.16 | 26.25 | +0.0 4 |
| 5 | | Janney, Alexis | Roanoke | 26.34 | 26.35 | +0.0 2 |
| 6 | | MacDougall, Brynn | Roanoke | 26.50 | 26.86 | +0.0 1 |

Women 400 Meter Dash

Meet: % 56.16 2010 Robin Yerkes, Roanoke

| Name | Year | School | Seed | Prelims | H# |
|----------------------|------|-------------------|--------------------|---------|------------|
| Preliminaries | | | | | |
| 1 | | Kinney, Alease | Roanoke | 58.61 | 58.83Q 1 |
| 2 | | MacDougall, Brynn | Roanoke | 1:00.11 | 59.74Q 3 |
| 3 | | Daniel, Shakiella | Virginia Wesleyan | 59.09 | 1:00.17Q 2 |
| 4 | | Mejia, Jessica | Roanoke | 59.65 | 59.99q 3 |
| 5 | | Hughes, Tiana | Virginia Wesleyan | 1:00.94 | 1:00.67q 2 |
| 6 | | Helms, Sarah | Washington and Lee | 1:01.56 | 1:01.06q 1 |
| 7 | | Moore, Nisha | Lynchburg | 1:02.34 | 1:01.70 3 |
| 8 | | Allen, Shae | Lynchburg | 1:02.28 | 1:02.53 2 |
| 9 | | Farroni, Kara | Washington and Lee | 1:02.97 | 1:02.71 3 |
| 10 | | Estelus, Tracy | Lynchburg | 1:01.80 | 1:02.80 1 |
| 11 | | Cobb, Emily | Shenandoah | 1:06.14 | 1:04.33 1 |
| 12 | | Bunting, Haley | Bridgewater (Va.) | 1:04.81 | 1:04.41 2 |
| 13 | | McCarty, Jessica | Bridgewater (Va.) | 1:06.41 | 1:05.23 2 |
| 14 | | Sanchez, Blanca | Randolph | 1:06.10 | 1:06.75 1 |
| 15 | | Stryk, Tess | Guilford | 1:07.31 | 1:07.25 3 |
| 16 | | O'Neill, Jasmine | Guilford | 1:06.54 | 1:08.29 3 |
| 17 | | MacDonald, Sydney | Guilford | 1:10.51 | 1:08.87 2 |

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Women 400 Meter Dash

| Meet: % 56.16 2010 | | Robin Yerkes, Roanoke | | | | |
|--------------------|------|-----------------------|--------------------|---------|---------|----|
| Name | Year | School | Prelims | Finals | Points | |
| Finals | | | | | | |
| 1 | | Kinney, Alease | Roanoke | 58.83 | 56.96 | 10 |
| 2 | | Daniel, Shakiella | Virginia Wesleyan | 1:00.17 | 58.03 | 8 |
| 3 | | MacDougall, Brynn | Roanoke | 59.74 | 58.84 | 6 |
| 4 | | Mejia, Jessica | Roanoke | 59.99 | 1:00.00 | 4 |
| 5 | | Helms, Sarah | Washington and Lee | 1:01.06 | 1:00.17 | 2 |
| 6 | | Hughes, Tiana | Virginia Wesleyan | 1:00.67 | 1:01.30 | 1 |

Women 800 Meter Run

| Meet: % 2:13.91 2013 | | Carmen Graves, Roanoke | | | | |
|----------------------|------|------------------------|--------------------|---------|---------|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 | | Chappell-Dick, Han | Eastern Mennonite | 2:11.89 | 2:18.31 | 4 10 |
| | | 1:09.95 (1:09.95) | 2:18.31 (1:08.37) | | | |
| 2 | | Madison, Annelise | Washington and Lee | 2:20.02 | 2:21.34 | 4 8 |
| | | 1:10.66 (1:10.66) | 2:21.34 (1:10.69) | | | |
| 3 | | Mellman, Emily | Bridgewater (Va.) | 2:24.49 | 2:22.86 | 4 6 |
| | | 1:10.92 (1:10.92) | 2:22.86 (1:11.94) | | | |
| 4 | | Watson, Autumn | Virginia Wesleyan | 2:25.56 | 2:23.85 | 4 4 |
| | | 1:11.23 (1:11.23) | 2:23.85 (1:12.63) | | | |
| 5 | | Fonvielle, Catheri | Washington and Lee | 2:24.06 | 2:24.90 | 4 2 |
| | | 1:08.72 (1:08.72) | 2:24.90 (1:16.18) | | | |
| 6 | | Stump, Elizabeth | Bridgewater (Va.) | 2:27.18 | 2:25.14 | 4 1 |
| | | 1:11.45 (1:11.45) | 2:25.14 (1:13.69) | | | |
| 7 | | Estelus, Tracy | Lynchburg | 2:28.57 | 2:25.21 | 3 |
| | | 1:12.83 (1:12.83) | 2:25.21 (1:12.39) | | | |
| 8 | | Schirch, Juni | Eastern Mennonite | 2:26.95 | 2:25.23 | 4 |
| | | 1:11.57 (1:11.57) | 2:25.23 (1:13.67) | | | |
| 9 | | Crist, Maria | Bridgewater (Va.) | 2:28.96 | 2:28.10 | 3 |
| | | 1:13.14 (1:13.14) | 2:28.10 (1:14.97) | | | |
| 10 | | Parker, Erin | Bridgewater (Va.) | 2:26.11 | 2:28.98 | 4 |
| | | 1:11.88 (1:11.88) | 2:28.98 (1:17.11) | | | |
| 11 | | Spruill, Elizabeth | Washington and Lee | 2:35.17 | 2:29.65 | 3 |
| | | 1:13.58 (1:13.58) | 2:29.65 (1:16.08) | | | |
| 12 | | Kinney, Alease | Roanoke | 2:20.32 | 2:29.99 | 4 |
| | | 1:11.15 (1:11.15) | 2:29.99 (1:18.85) | | | |
| 13 | | McCarty, Jessica | Bridgewater (Va.) | 2:30.28 | 2:30.81 | 3 |
| | | 1:12.50 (1:12.50) | 2:30.81 (1:18.31) | | | |
| 14 | | Crill, Lindsey | Lynchburg | 2:33.10 | 2:31.90 | 3 |
| | | 1:13.83 (1:13.83) | 2:31.90 (1:18.07) | | | |
| 15 | | Stryk, Tess | Guilford | 2:35.03 | 2:31.94 | 3 |
| | | 1:14.26 (1:14.26) | 2:31.94 (1:17.69) | | | |
| 16 | | Reyna, Rebecca | Guilford | 2:30.32 | 2:32.22 | 3 |
| | | 1:13.15 (1:13.15) | 2:32.22 (1:19.08) | | | |
| 17 | | Patterson, Hannah | Eastern Mennonite | 2:31.32 | 2:34.30 | 3 |
| | | 1:13.67 (1:13.67) | 2:34.30 (1:20.63) | | | |
| 18 | | Walker, Adrian | Lynchburg | 2:28.85 | 2:37.23 | 3 |
| | | 1:14.01 (1:14.01) | 2:37.23 (1:23.23) | | | |
| 19 | | Ortiz, Lucy | Washington and Lee | 2:43.34 | 2:38.76 | 2 |
| | | 1:17.81 (1:17.81) | 2:38.76 (1:20.95) | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

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Results

....Women 800 Meter Run

| | | | | | |
|----|--------------------|-------------------|---------|---------|---|
| 20 | Wilson, Jasmine | Virginia Wesleyan | 2:36.19 | 2:39.10 | 2 |
| | 1:19.09 (1:19.09) | 2:39.10 (1:20.02) | | | |
| 21 | Cobb, Emily | Shenandoah | 2:39.28 | 2:41.32 | 2 |
| | 1:19.29 (1:19.29) | 2:41.32 (1:22.03) | | | |
| 22 | Bridges, Hannah | Roanoke | 2:52.74 | 2:42.61 | 2 |
| | 1:22.33 (1:22.33) | 2:42.61 (1:20.28) | | | |
| 23 | Battaglia, Megan | Shenandoah | 2:56.76 | 2:44.51 | 1 |
| | 1:16.65 (1:16.65) | 2:44.51 (1:27.86) | | | |
| 24 | Shrader, Shelby | Shenandoah | 2:41.61 | 2:46.99 | 2 |
| | 1:22.44 (1:22.44) | 2:46.99 (1:24.56) | | | |
| 25 | Rankin, Bailey | Shenandoah | 2:59.25 | 2:49.88 | 1 |
| | 1:20.76 (1:20.76) | 2:49.88 (1:29.13) | | | |
| 26 | Cuthbert, Nikki | Virginia Wesleyan | 2:48.60 | 2:53.39 | 2 |
| | 1:22.43 (1:22.43) | 2:53.39 (1:30.97) | | | |
| 27 | Sidebottom, Jessic | Randolph | | 3:15.55 | 1 |
| | 1:32.98 (1:32.98) | 3:15.55 (1:42.58) | | | |
| -- | Cash, Emily | Guilford | 2:48.54 | DNS | 2 |
| -- | Eichhorn, Brianna | Roanoke | 2:56.67 | DNS | 2 |

Women 1500 Meter Run

| ===== | | | | | | |
|-----------------|--------------------|--------------------|------------------------|-------------------|----|--------|
| Meet: % 4:43.08 | | 2012 | Carmen Graves, Roanoke | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| ===== | | | | | | |
| 1 | Chappell-Dick, Han | Eastern Mennonite | 4:48.21 | 4:38.61% | 2 | 10 |
| | 56.50 (56.50) | 2:12.80 (1:16.30) | 3:29.66 (1:16.87) | 4:38.61 (1:08.95) | | |
| 2 | Madison, Annelise | Washington and Lee | 4:38.61 | 4:39.64% | 2 | 8 |
| | 56.14 (56.14) | 2:12.48 (1:16.35) | 3:29.39 (1:16.91) | 4:39.64 (1:10.25) | | |
| 3 | Ashley, Caitlin | Roanoke | 4:52.50 | 4:51.27 | 2 | 6 |
| | 57.29 (57.29) | 2:17.81 (1:20.53) | 3:38.04 (1:20.23) | 4:51.27 (1:13.23) | | |
| 4 | Stump, Elizabeth | Bridgewater (Va.) | 4:57.83 | 5:02.95 | 2 | 4 |
| | 57.54 (57.54) | 2:18.03 (1:20.49) | 3:38.28 (1:20.26) | 5:02.95 (1:24.68) | | |
| 5 | Parker, Erin | Bridgewater (Va.) | 5:10.70 | 5:03.18 | 2 | 2 |
| | 58.77 (58.77) | 2:20.75 (1:21.98) | 3:45.30 (1:24.55) | 5:03.18 (1:17.89) | | |
| 6 | McDonald, Makenzie | Bridgewater (Va.) | 5:10.97 | 5:03.60 | 2 | 1 |
| | 59.62 (59.62) | 2:22.36 (1:22.74) | 3:45.52 (1:23.17) | 5:03.60 (1:18.08) | | |
| 7 | Bauerle, Melissa | Roanoke | 5:09.24 | 5:03.95 | 2 | |
| | 58.56 (58.56) | 2:20.05 (1:21.50) | 3:45.76 (1:25.71) | 5:03.95 (1:18.20) | | |
| 8 | Latimer, Emily | Virginia Wesleyan | 5:10.11 | 5:09.08 | 2 | |
| | 59.30 (59.30) | 2:20.22 (1:20.93) | 3:46.63 (1:26.42) | 5:09.08 (1:22.45) | | |
| 9 | Bonaro, Kaitlin | Washington and Lee | 5:16.61 | 5:13.35 | 2 | |
| | 1:00.00 (1:00.00) | 2:22.96 (1:22.96) | 3:48.16 (1:25.21) | 5:13.35 (1:25.20) | | |
| 10 | Crill, Lindsey | Lynchburg | 5:15.79 | 5:14.67 | 2 | |
| | 58.68 (58.68) | 2:19.74 (1:21.06) | 3:46.05 (1:26.32) | 5:14.67 (1:28.62) | | |
| 11 | Spence, Whitney | Roanoke | 5:19.78 | 5:18.56 | 1 | |
| | 58.40 (58.40) | 2:25.30 (1:26.90) | 3:54.42 (1:29.13) | 5:18.56 (1:24.14) | | |
| 12 | Earner, Dorothy | Shenandoah | 5:10.74 | 5:19.29 | 2 | |
| | 59.27 (59.27) | 2:23.13 (1:23.86) | 3:53.14 (1:30.02) | 5:19.29 (1:26.15) | | |
| 13 | Driest, Kathryn | Washington and Lee | 5:22.89 | 5:21.57 | 1 | |
| | 59.52 (59.52) | 2:25.78 (1:26.27) | 3:53.10 (1:27.32) | 5:21.57 (1:28.48) | | |
| 14 | Lacourciere, Laure | Lynchburg | 5:21.00 | 5:22.58 | 1 | |
| | 59.70 (59.70) | 2:25.93 (1:26.24) | 3:58.40 (1:32.48) | 5:22.58 (1:24.18) | | |
| 15 | Higbee, Lex | Virginia Wesleyan | 5:22.70 | 5:22.64 | 1 | |
| | 59.86 (59.86) | 2:26.62 (1:26.76) | 3:58.50 (1:31.88) | 5:22.64 (1:24.14) | | |

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Roanoke College

Results

....Women 1500 Meter Run

| | | | | | |
|----|--------------------|-------------------|-------------------|-------------------|---|
| 16 | Walker, Adrian | Lynchburg | 5:14.32 | 5:22.72 | 2 |
| | 59.53 (59.53) | 2:21.82 (1:22.29) | 3:49.03 (1:27.22) | 5:22.72 (1:33.70) | |
| 17 | Marcotte, Molly An | Guilford | 5:41.43 | 5:30.53 | 1 |
| | 1:00.22 (1:00.22) | 2:27.01 (1:26.80) | 3:59.36 (1:32.36) | 5:30.53 (1:31.18) | |
| 18 | Shrader, Shelby | Shenandoah | 5:28.95 | 5:30.92 | 1 |
| | 1:01.17 (1:01.17) | 2:30.38 (1:29.22) | 4:06.07 (1:35.69) | 5:30.92 (1:24.86) | |
| 19 | Danaher, Patty | Eastern Mennonite | | 5:32.04 | 1 |
| | 1:00.61 (1:00.61) | 2:28.31 (1:27.70) | 4:00.95 (1:32.64) | 5:32.04 (1:31.10) | |
| 20 | Cobb, Emily | Shenandoah | 5:29.56 | 5:36.27 | 1 |
| | 57.66 (57.66) | 2:29.03 (1:31.37) | 4:09.30 (1:40.27) | 5:36.27 (1:26.97) | |
| 21 | Coffin, Rachel | Shenandoah | 5:58.86 | 5:44.78 | 1 |
| | 1:02.09 (1:02.09) | 2:33.45 (1:31.36) | 4:11.75 (1:38.31) | 5:44.78 (1:33.04) | |
| 22 | Jenkins-Sullivan, | Guilford | 5:55.12 | 5:51.05 | 1 |
| | 1:01.45 (1:01.45) | 2:32.22 (1:30.78) | 4:11.04 (1:38.82) | 5:51.05 (1:40.02) | |
| -- | Oweis, Miriam | Lynchburg | 5:23.38 | DNF | 1 |
| | 59.34 (59.34) | 2:26.82 (1:27.49) | | | |

Women 5000 Meter Run

| ===== | | | | | | |
|-----------------------------------------|--------------------|--------------------|--------------------|--------------------|--------|--|
| Meet: % 17:29.84 2008 Jessica Shaw, W&L | | | | | | |
| Name | Year | School | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Kubisiak, Kaylee | Bridgewater (Va.) | 18:34.27 | 18:10.77 | 10 | |
| | 39.35 (39.35) | 2:01.33 (1:21.98) | 3:27.65 (1:26.32) | 4:55.53 (1:27.89) | | |
| | 6:23.75 (1:28.22) | 7:52.29 (1:28.54) | 9:21.28 (1:29.00) | 10:51.70 (1:30.43) | | |
| | 12:22.38 (1:30.68) | 13:52.17 (1:29.80) | 15:21.48 (1:29.31) | 16:50.00 (1:28.52) | | |
| | 18:10.77 (1:20.78) | | | | | |
| 2 | Madison, Annelise | Washington and Lee | 18:01.20 | 18:20.21 | 8 | |
| | 43.47 (43.47) | 2:11.55 (1:28.08) | 3:39.00 (1:27.45) | 5:07.73 (1:28.73) | | |
| | 6:36.47 (1:28.75) | 8:06.27 (1:29.81) | 9:39.56 (1:33.29) | 11:12.75 (1:33.20) | | |
| | 12:43.64 (1:30.89) | 14:13.48 (1:29.84) | 15:41.58 (1:28.10) | 17:06.51 (1:24.94) | | |
| | 18:20.21 (1:13.71) | | | | | |
| 3 | Ashley, Caitlin | Roanoke | 18:23.21 | 18:21.11 | 6 | |
| | 43.71 (43.71) | 2:11.83 (1:28.12) | 3:39.34 (1:27.51) | 5:07.85 (1:28.52) | | |
| | 6:36.58 (1:28.73) | 8:06.42 (1:29.85) | 9:39.77 (1:33.36) | 11:12.90 (1:33.13) | | |
| | 12:43.81 (1:30.92) | 14:13.67 (1:29.86) | 15:41.78 (1:28.12) | 17:06.76 (1:24.99) | | |
| | 18:21.11 (1:14.35) | | | | | |
| 4 | Breen, Stephanie | Bridgewater (Va.) | 18:19.82 | 18:24.16 | 4 | |
| | 43.71 (43.71) | 2:11.71 (1:28.01) | 3:39.59 (1:27.89) | 5:08.18 (1:28.59) | | |
| | 6:36.86 (1:28.68) | 8:06.69 (1:29.84) | 9:40.06 (1:33.37) | 11:13.15 (1:33.10) | | |
| | 12:43.95 (1:30.81) | 14:14.00 (1:30.05) | 15:41.38 (1:27.39) | 17:06.34 (1:24.96) | | |
| | 18:24.16 (1:17.83) | | | | | |
| 5 | Ludtke, Zany | Bridgewater (Va.) | 19:05.41 | 18:42.80 | 2 | |
| | 43.35 (43.35) | 2:11.31 (1:27.96) | 3:38.71 (1:27.41) | 5:07.48 (1:28.78) | | |
| | 6:36.28 (1:28.80) | 8:06.13 (1:29.86) | 9:39.55 (1:33.42) | 11:12.64 (1:33.10) | | |
| | 12:43.50 (1:30.86) | 14:13.33 (1:29.84) | 15:45.19 (1:31.86) | 17:15.88 (1:30.69) | | |
| | 18:42.80 (1:26.93) | | | | | |
| 6 | Mackintosh, Casey | Washington and Lee | | 18:47.73 | 1 | |
| | 43.91 (43.91) | 2:12.05 (1:28.14) | 3:39.73 (1:27.69) | 5:08.22 (1:28.49) | | |
| | 6:36.81 (1:28.60) | 8:06.63 (1:29.82) | 9:39.57 (1:32.95) | 11:13.08 (1:33.51) | | |
| | 12:44.00 (1:30.93) | 14:15.36 (1:31.36) | 15:48.49 (1:33.13) | 17:20.34 (1:31.86) | | |
| | 18:47.73 (1:27.40) | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Women 5000 Meter Run

| | | | | | | |
|----|--------------------|--------------------|--------------------|--------------------|--|--|
| 7 | Dalton, Kerri | Roanoke | 19:10.86 | 18:58.42 | | |
| | 44.58 (44.58) | 2:12.64 (1:28.06) | 3:40.30 (1:27.67) | 5:08.68 (1:28.38) | | |
| | 6:38.83 (1:30.16) | 8:11.41 (1:32.58) | 9:43.49 (1:32.09) | 11:16.65 (1:33.16) | | |
| | 12:50.08 (1:33.44) | 14:24.74 (1:34.66) | 15:59.19 (1:34.46) | 17:32.92 (1:33.73) | | |
| | 18:58.42 (1:25.51) | | | | | |
| 8 | Rittenhouse, Krist | Eastern Mennonite | 19:37.29 | 19:29.20 | | |
| | 44.52 (44.52) | 2:12.74 (1:28.22) | 3:40.62 (1:27.89) | 5:09.62 (1:29.01) | | |
| | 6:41.31 (1:31.69) | 8:17.53 (1:36.23) | 9:53.44 (1:35.92) | 11:30.40 (1:36.96) | | |
| | 13:08.28 (1:37.89) | 14:45.02 (1:36.74) | 16:21.79 (1:36.78) | 17:57.92 (1:36.14) | | |
| | 19:29.20 (1:31.28) | | | | | |
| 9 | Brooks, Claire | Roanoke | | 19:31.16 | | |
| | 45.57 (45.57) | 2:14.60 (1:29.03) | 3:43.83 (1:29.24) | 5:15.96 (1:32.13) | | |
| | 6:49.22 (1:33.26) | 8:23.29 (1:34.08) | 10:00.42 (1:37.14) | 11:37.01 (1:36.59) | | |
| | 13:13.86 (1:36.86) | 14:51.52 (1:37.66) | 16:30.73 (1:39.22) | 18:06.58 (1:35.85) | | |
| | 19:31.16 (1:24.58) | | | | | |
| 10 | Babington, Alana | Washington and Lee | 20:12.16 | 19:36.28 | | |
| | 44.13 (44.13) | 2:12.11 (1:27.99) | 3:39.91 (1:27.80) | 5:08.56 (1:28.65) | | |
| | 6:38.62 (1:30.07) | 8:11.90 (1:33.29) | 9:46.84 (1:34.94) | 11:25.26 (1:38.43) | | |
| | 13:04.83 (1:39.57) | 14:44.27 (1:39.45) | 16:22.13 (1:37.86) | 17:59.29 (1:37.16) | | |
| | 19:36.28 (1:37.00) | | | | | |
| 11 | Johnson, Lauren | Bridgewater (Va.) | 19:40.09 | 19:39.96 | | |
| | 44.27 (44.27) | 2:12.33 (1:28.06) | 3:40.19 (1:27.87) | 5:09.12 (1:28.93) | | |
| | 6:39.26 (1:30.15) | 8:15.47 (1:36.21) | 9:51.99 (1:36.53) | 11:30.65 (1:38.66) | | |
| | 13:10.84 (1:40.20) | 14:55.12 (1:44.28) | 16:32.53 (1:37.41) | 18:11.35 (1:38.82) | | |
| | 19:39.96 (1:28.62) | | | | | |
| 12 | Deis, Mary | Lynchburg | 19:56.61 | 19:42.04 | | |
| | 44.41 (44.41) | 2:13.26 (1:28.85) | 3:42.16 (1:28.91) | 5:13.75 (1:31.59) | | |
| | 6:48.48 (1:34.74) | 8:24.53 (1:36.05) | 10:03.17 (1:38.64) | 11:41.03 (1:37.86) | | |
| | 13:19.58 (1:38.55) | 14:57.67 (1:38.10) | 16:35.59 (1:37.92) | 18:11.90 (1:36.32) | | |
| | 19:42.04 (1:30.15) | | | | | |
| 13 | Earner, Dorothy | Shenandoah | 19:17.82 | 20:20.01 | | |
| | 44.08 (44.08) | 2:13.05 (1:28.97) | 3:43.02 (1:29.98) | 5:21.13 (1:38.12) | | |
| | 7:03.51 (1:42.38) | 8:45.73 (1:42.23) | 10:25.05 (1:39.32) | 12:06.02 (1:40.97) | | |
| | 13:45.88 (1:39.87) | 15:29.09 (1:43.21) | 17:11.83 (1:42.75) | 18:54.24 (1:42.41) | | |
| | 20:20.01 (1:25.77) | | | | | |
| 14 | Duffield, Megan | Lynchburg | 21:15.19 | 20:21.70 | | |
| | 44.79 (44.79) | 2:13.37 (1:28.58) | 3:45.48 (1:32.11) | 5:23.89 (1:38.42) | | |
| | 7:02.92 (1:39.03) | 8:43.60 (1:40.68) | 10:25.12 (1:41.52) | 12:05.74 (1:40.63) | | |
| | 13:45.98 (1:40.25) | 15:30.11 (1:44.14) | 17:13.83 (1:43.72) | 18:55.19 (1:41.37) | | |
| | 20:21.70 (1:26.52) | | | | | |
| 15 | Driest, Kathryn | Washington and Lee | 20:31.50 | 20:32.03 | | |
| | 45.70 (45.70) | 2:19.48 (1:33.79) | 3:55.32 (1:35.84) | 5:33.67 (1:38.36) | | |
| | 7:11.32 (1:37.65) | 8:50.69 (1:39.37) | 10:31.25 (1:40.57) | 12:11.99 (1:40.75) | | |
| | 13:54.19 (1:42.20) | 15:35.34 (1:41.16) | 17:16.88 (1:41.54) | 18:55.74 (1:38.86) | | |
| | 20:32.03 (1:36.30) | | | | | |
| 16 | Cullum, Sarah | Bridgewater (Va.) | 20:39.03 | 20:35.64 | | |
| | 45.28 (45.28) | 2:19.10 (1:33.82) | 3:54.83 (1:35.74) | 5:33.43 (1:38.61) | | |
| | 7:10.93 (1:37.51) | 8:50.70 (1:39.77) | 10:31.63 (1:40.93) | 12:12.32 (1:40.69) | | |
| | 13:54.68 (1:42.37) | 15:38.24 (1:43.56) | 17:23.38 (1:45.15) | 19:07.38 (1:44.01) | | |
| | 20:35.64 (1:28.26) | | | | | |
| 17 | Coffin, Rachel | Shenandoah | 22:12.71 | 21:39.35 | | |
| | 47.36 (47.36) | 2:25.00 (1:37.64) | 4:06.65 (1:41.66) | 5:52.43 (1:45.79) | | |
| | 7:36.93 (1:44.50) | 9:22.69 (1:45.77) | 11:09.26 (1:46.57) | 12:53.26 (1:44.00) | | |
| | 14:41.76 (1:48.51) | 16:28.91 (1:47.15) | 18:14.96 (1:46.06) | 20:00.10 (1:45.15) | | |
| | 21:39.35 (1:39.25) | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Women 5000 Meter Run

| | | | | | |
|----|--------------------|--------------------|--------------------|--------------------|--|
| 18 | Phillips, Emma | Virginia Wesleyan | 22:13.47 | 22:09.93 | |
| | 48.32 (48.32) | 2:27.88 (1:39.57) | 4:10.91 (1:43.03) | 5:52.58 (1:41.68) | |
| | 7:36.67 (1:44.10) | 9:22.40 (1:45.73) | 11:08.92 (1:46.53) | 12:56.85 (1:47.93) | |
| | 14:47.13 (1:50.28) | 16:36.92 (1:49.80) | 18:29.54 (1:52.62) | 20:22.36 (1:52.82) | |
| | 22:09.93 (1:47.57) | | | | |
| 19 | Delosier, Lyndsie | Bridgewater (Va.) | 20:39.40 | 22:24.98 | |
| | 45.33 (45.33) | 2:18.23 (1:32.90) | 3:54.04 (1:35.82) | 5:33.26 (1:39.23) | |
| | 7:13.61 (1:40.35) | 9:00.01 (1:46.40) | 10:49.12 (1:49.12) | 12:42.05 (1:52.93) | |
| | 14:34.61 (1:52.57) | 16:31.44 (1:56.83) | 18:33.01 (2:01.58) | 20:30.61 (1:57.61) | |
| | 22:24.98 (1:54.37) | | | | |
| 20 | Nadel, Ava | Guilford | 23:12.84 | 22:43.96 | |
| | 46.34 (46.34) | 2:23.47 (1:37.14) | 4:05.90 (1:42.44) | 5:52.16 (1:46.26) | |
| | 7:40.36 (1:48.21) | 9:30.06 (1:49.70) | 11:22.40 (1:52.35) | 13:16.36 (1:53.96) | |
| | 15:13.11 (1:56.75) | 17:12.38 (1:59.28) | 19:08.88 (1:56.50) | 21:03.71 (1:54.83) | |
| | 22:43.96 (1:40.26) | | | | |
| 21 | Rankin, Bailey | Shenandoah | 24:14.34 | 22:53.60 | |
| | 49.16 (49.16) | 2:30.83 (1:41.68) | 4:18.50 (1:47.67) | 6:07.27 (1:48.77) | |
| | 7:59.13 (1:51.86) | 9:49.75 (1:50.63) | 11:42.73 (1:52.98) | 13:36.84 (1:54.11) | |
| | 15:29.22 (1:52.39) | 17:23.54 (1:54.33) | 19:18.60 (1:55.07) | 21:12.82 (1:54.22) | |
| | 22:53.60 (1:40.78) | | | | |
| 22 | Gonzalez, Colleen | Guilford | 24:35.00 | 24:04.14 | |
| | 47.72 (47.72) | 2:29.04 (1:41.32) | 4:17.96 (1:48.93) | 6:08.79 (1:50.83) | |
| | 8:03.21 (1:54.42) | 10:02.51 (1:59.31) | 12:06.05 (2:03.54) | 14:07.20 (2:01.16) | |
| | 16:07.86 (2:00.66) | 18:10.72 (2:02.87) | 20:15.87 (2:05.16) | 22:17.02 (2:01.15) | |
| | 24:04.14 (1:47.13) | | | | |
| -- | Hill, Danielle | Randolph | 21:00.77 | DNS | |

Women 10000 Meter Run

| | | | | | |
|-------|--------------------|--------------------|--------------------|-----------------------|---------------|
| ===== | | | | | |
| | Meet: % | 37:58.71 | 2013 | Casey Mackintosh, W&L | |
| | Name | Year | School | Seed | Finals Points |
| ===== | | | | | |
| 1 | Kubisiak, Kaylee | | Bridgewater (Va.) | 39:25.90 | 10 |
| | 1:32.36 (1:32.36) | 3:06.82 (1:34.47) | 4:42.21 (1:35.39) | 6:18.70 (1:36.50) | |
| | 7:54.79 (1:36.10) | 9:30.89 (1:36.10) | 11:07.43 (1:36.54) | 12:42.93 (1:35.51) | |
| | 14:18.61 (1:35.69) | 15:54.10 (1:35.49) | 17:29.15 (1:35.05) | 19:04.80 (1:35.65) | |
| | 20:39.89 (1:35.10) | 22:15.13 (1:35.25) | 23:49.29 (1:34.16) | 25:24.42 (1:35.14) | |
| | 26:58.76 (1:34.34) | 28:34.31 (1:35.55) | 30:09.98 (1:35.68) | 31:45.57 (1:35.59) | |
| | 33:17.68 (1:32.12) | 34:49.48 (1:31.80) | 36:22.12 (1:32.65) | 37:55.11 (1:33.00) | |
| | 39:25.90 (1:30.80) | | | | |
| 2 | Breen, Stephanie | | Bridgewater (Va.) | 39:25.93 | 8 |
| | 1:32.94 (1:32.94) | 3:07.12 (1:34.18) | 4:42.43 (1:35.32) | 6:18.97 (1:36.54) | |
| | 7:55.08 (1:36.12) | 9:31.24 (1:36.16) | 11:07.86 (1:36.63) | 12:43.13 (1:35.28) | |
| | 14:18.80 (1:35.67) | 15:54.32 (1:35.53) | 17:29.43 (1:35.12) | 19:04.98 (1:35.56) | |
| | 20:40.34 (1:35.36) | 22:15.56 (1:35.23) | 23:50.17 (1:34.62) | 25:25.46 (1:35.29) | |
| | 27:00.63 (1:35.17) | 28:35.27 (1:34.65) | 30:10.41 (1:35.15) | 31:45.78 (1:35.38) | |
| | 33:18.82 (1:33.04) | 34:49.59 (1:30.77) | 36:22.15 (1:32.57) | 37:55.15 (1:33.00) | |
| | 39:25.93 (1:30.79) | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

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Results

....Women 10000 Meter Run

| | | | | | |
|---|--------------------|--------------------|--------------------|--------------------|---|
| 3 | Mackintosh, Casey | Washington and Lee | 39:45.86 | 39:33.27 | 6 |
| | 1:32.03 (1:32.03) | 3:06.51 (1:34.48) | 4:42.06 (1:35.56) | 6:18.36 (1:36.30) | |
| | 7:54.50 (1:36.14) | 9:30.61 (1:36.12) | 11:07.08 (1:36.48) | 12:42.60 (1:35.53) | |
| | 14:18.37 (1:35.77) | 15:53.86 (1:35.49) | 17:28.87 (1:35.02) | 19:04.53 (1:35.66) | |
| | 20:39.57 (1:35.05) | 22:14.77 (1:35.21) | 23:49.06 (1:34.29) | 25:24.14 (1:35.08) | |
| | 26:58.59 (1:34.46) | 28:34.13 (1:35.54) | 30:09.79 (1:35.67) | 31:45.49 (1:35.71) | |
| | 33:19.43 (1:33.94) | 34:53.82 (1:34.40) | 36:29.11 (1:35.30) | 38:02.60 (1:33.49) | |
| | 39:33.27 (1:30.68) | | | | |
| 4 | Dalton, Kerri | Roanoke | | 40:07.69 | 4 |
| | 1:33.08 (1:33.08) | 3:08.52 (1:35.44) | 4:43.32 (1:34.80) | 6:19.50 (1:36.19) | |
| | 7:55.64 (1:36.14) | 9:31.75 (1:36.12) | 11:08.06 (1:36.32) | 12:43.25 (1:35.19) | |
| | 14:18.85 (1:35.60) | 15:54.35 (1:35.51) | 17:29.53 (1:35.18) | 19:05.07 (1:35.55) | |
| | 20:40.49 (1:35.43) | 22:17.18 (1:36.69) | 23:51.58 (1:34.41) | 25:28.28 (1:36.70) | |
| | 27:06.12 (1:37.85) | 28:43.83 (1:37.71) | 30:22.32 (1:38.50) | 32:01.31 (1:39.00) | |
| | 33:40.36 (1:39.05) | 35:18.78 (1:38.42) | 36:56.95 (1:38.17) | 38:35.83 (1:38.88) | |
| | 40:07.69 (1:31.87) | | | | |
| 5 | Deis, Mary | Lynchburg | | 40:43.31 | 2 |
| | 1:33.35 (1:33.35) | 3:08.92 (1:35.57) | 4:43.97 (1:35.06) | 6:20.28 (1:36.31) | |
| | 7:56.35 (1:36.08) | 9:32.35 (1:36.01) | 11:09.45 (1:37.10) | 12:46.15 (1:36.70) | |
| | 14:22.91 (1:36.77) | 16:00.49 (1:37.58) | 17:40.15 (1:39.67) | 19:19.45 (1:39.31) | |
| | 20:56.89 (1:37.44) | 22:35.18 (1:38.29) | 24:15.45 (1:40.28) | 25:56.22 (1:40.77) | |
| | 27:38.31 (1:42.09) | 29:20.79 (1:42.49) | 30:58.32 (1:37.53) | 32:36.68 (1:38.37) | |
| | 34:16.14 (1:39.46) | 35:54.77 (1:38.64) | 37:33.82 (1:39.05) | 39:09.64 (1:35.83) | |
| | 40:43.31 (1:33.68) | | | | |
| 6 | Earner, Dorothy | Shenandoah | | 40:57.84 | 1 |
| | 1:32.89 (1:32.89) | 3:07.36 (1:34.48) | 4:42.72 (1:35.36) | 6:19.28 (1:36.56) | |
| | 7:55.62 (1:36.35) | 9:31.96 (1:36.34) | 11:09.08 (1:37.12) | 12:45.86 (1:36.78) | |
| | 14:22.09 (1:36.24) | 15:59.50 (1:37.41) | 17:39.48 (1:39.99) | 19:18.05 (1:38.57) | |
| | 20:56.56 (1:38.51) | 22:34.85 (1:38.30) | 24:15.12 (1:40.27) | 25:55.86 (1:40.74) | |
| | 27:37.98 (1:42.13) | 29:20.45 (1:42.47) | 31:02.81 (1:42.37) | 32:46.15 (1:43.34) | |
| | 34:26.22 (1:40.08) | 36:07.49 (1:41.28) | 37:49.36 (1:41.88) | 39:29.99 (1:40.63) | |
| | 40:57.84 (1:27.85) | | | | |
| 7 | Bonaro, Kaitlin | Washington and Lee | 41:30.38 | 41:11.16 | |
| | 1:32.76 (1:32.76) | 3:08.27 (1:35.51) | 4:43.44 (1:35.18) | 6:19.82 (1:36.39) | |
| | 7:55.94 (1:36.13) | 9:32.00 (1:36.06) | 11:08.40 (1:36.40) | 12:45.58 (1:37.19) | |
| | 14:22.42 (1:36.84) | 15:59.57 (1:37.15) | 17:39.78 (1:40.22) | 19:19.91 (1:40.14) | |
| | 20:59.59 (1:39.68) | 22:41.38 (1:41.80) | 24:22.91 (1:41.53) | 26:05.27 (1:42.37) | |
| | 27:46.27 (1:41.00) | 29:26.46 (1:40.20) | 31:08.27 (1:41.82) | 32:50.33 (1:42.07) | |
| | 34:32.21 (1:41.88) | 36:13.74 (1:41.54) | 37:54.69 (1:40.95) | 39:33.52 (1:38.84) | |
| | 41:11.16 (1:37.65) | | | | |
| 8 | Perera, Pasangi | Guilford | | 42:40.49 | |
| | 1:33.29 (1:33.29) | 3:09.12 (1:35.83) | 4:51.50 (1:42.39) | 6:34.49 (1:42.99) | |
| | 8:18.89 (1:44.40) | 10:03.53 (1:44.65) | 11:48.32 (1:44.79) | 13:31.85 (1:43.53) | |
| | 15:13.62 (1:41.78) | 16:56.37 (1:42.75) | 18:40.43 (1:44.07) | 20:24.10 (1:43.67) | |
| | 22:07.42 (1:43.33) | 23:52.21 (1:44.79) | 25:34.12 (1:41.92) | 27:17.22 (1:43.11) | |
| | 29:01.29 (1:44.07) | 30:45.08 (1:43.80) | 32:28.33 (1:43.25) | 34:11.22 (1:42.89) | |
| | 35:57.27 (1:46.05) | 37:41.09 (1:43.82) | 39:26.78 (1:45.70) | 41:07.44 (1:40.67) | |
| | 42:40.49 (1:33.05) | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

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Results

....Women 10000 Meter Run

| | | | | | |
|----|--------------------|--------------------|--------------------|--------------------|--|
| 9 | Madaras, Naomi | Guilford | 43:17.17 | | |
| | 1:34.64 (1:34.64) | 3:11.54 (1:36.90) | 4:51.78 (1:40.25) | 6:35.28 (1:43.50) | |
| | 8:20.61 (1:45.34) | 10:05.09 (1:44.49) | 11:50.71 (1:45.62) | 13:35.63 (1:44.93) | |
| | 15:18.48 (1:42.85) | 17:01.83 (1:43.35) | 18:47.63 (1:45.81) | 20:30.78 (1:43.15) | |
| | 22:14.17 (1:43.40) | 23:57.64 (1:43.48) | 25:43.13 (1:45.49) | 27:29.99 (1:46.86) | |
| | 29:17.70 (1:47.71) | 31:01.44 (1:43.74) | 32:46.90 (1:45.47) | 34:33.41 (1:46.52) | |
| | 36:20.80 (1:47.39) | 38:08.28 (1:47.48) | 39:54.40 (1:46.13) | 41:38.27 (1:43.87) | |
| | 43:17.17 (1:38.91) | | | | |
| 10 | Hill, Danielle | Randolph | 44:39.17 | | |
| | 1:36.39 (1:36.39) | 3:17.52 (1:41.14) | 5:01.59 (1:44.07) | 6:45.96 (1:44.37) | |
| | 8:32.60 (1:46.65) | 10:20.57 (1:47.97) | 12:08.96 (1:48.40) | 13:57.87 (1:48.92) | |
| | 15:46.38 (1:48.52) | 17:33.64 (1:47.26) | 19:21.02 (1:47.38) | 21:08.98 (1:47.97) | |
| | 22:59.64 (1:50.67) | 24:48.26 (1:48.63) | 26:38.97 (1:50.71) | 28:28.27 (1:49.30) | |
| | 30:17.26 (1:49.00) | 32:06.49 (1:49.23) | 33:55.10 (1:48.62) | 35:44.49 (1:49.40) | |
| | 37:34.26 (1:49.77) | 39:23.45 (1:49.20) | 41:11.28 (1:47.84) | 42:59.52 (1:48.24) | |
| | 44:39.17 (1:39.66) | | | | |
| -- | Wade, Liz | Virginia Wesleyan | 41:20.71 | DNF | |
| | 1:32.55 (1:32.55) | 3:08.17 (1:35.62) | 4:43.04 (1:34.88) | 6:19.54 (1:36.51) | |
| | 7:55.37 (1:35.83) | 9:31.58 (1:36.22) | 11:08.84 (1:37.27) | 12:45.97 (1:37.13) | |
| | 14:20.45 (1:34.49) | 15:58.74 (1:38.29) | 17:37.41 (1:38.67) | 19:17.15 (1:39.75) | |
| | 20:56.09 (1:38.95) | 22:35.57 (1:39.48) | 24:17.32 (1:41.75) | 26:01.93 (1:44.61) | |
| | 27:46.40 (1:44.48) | 29:25.85 (1:39.46) | 31:05.40 (1:39.55) | 32:44.64 (1:39.25) | |
| | 34:26.59 (1:41.95) | | | | |

Women 100 Meter Hurdles

| | | | | | | |
|----------------------------------------|--------------------|--------------------|-------|---------|------|----|
| ===== | | | | | | |
| Meet: % 14.70 2009 Sarah Witt, Roanoke | | | | | | |
| Name | Year | School | Seed | Prelims | Wind | H# |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Miller, Katie | Lynchburg | 15.91 | 15.79Q | +0.0 | 1 |
| 2 | Mohlmann, Jaclyn | Shenandoah | 15.53 | 15.86Q | 1.3 | 2 |
| 3 | Mebane, Courtney | Virginia Wesleyan | 15.67 | 15.87q | +0.0 | 1 |
| 4 | Trice, Kristen | Bridgewater (Va.) | | 16.35q | +0.0 | 1 |
| 5 | McGovern, Erin | Roanoke | 16.18 | 16.70q | 1.3 | 2 |
| 6 | Rec, Brigitte | Roanoke | 17.44 | 17.23q | +0.0 | 1 |
| 7 | Cabrera-Case, Aman | Virginia Wesleyan | 17.93 | 17.84q | 1.3 | 2 |
| 8 | Katterhagen, Jilli | Washington and Lee | 16.21 | 18.76q | 1.3 | 2 |
| 9 | Denton, Allison | Roanoke | 17.27 | 19.76 | +0.0 | 1 |
| 10 | Battaglia, Megan | Shenandoah | 19.32 | 20.06 | 1.3 | 2 |

Women 100 Meter Hurdles

| | | | | | | |
|----------------------------------------|--------------------|-------------------|---------|--------|------|--------|
| ===== | | | | | | |
| Meet: % 14.70 2009 Sarah Witt, Roanoke | | | | | | |
| Name | Year | School | Prelims | Finals | Wind | Points |
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | Mohlmann, Jaclyn | Shenandoah | 15.86 | 15.26 | 1.4 | 10 |
| 2 | Mebane, Courtney | Virginia Wesleyan | 15.87 | 15.36 | 1.4 | 8 |
| 3 | Miller, Katie | Lynchburg | 15.79 | 15.70 | 1.4 | 6 |
| 4 | Trice, Kristen | Bridgewater (Va.) | 16.35 | 16.14 | 1.4 | 4 |
| 5 | McGovern, Erin | Roanoke | 16.70 | 16.26 | 1.4 | 2 |
| 6 | Rec, Brigitte | Roanoke | 17.23 | 17.28 | 1.4 | 1 |
| 7 | Cabrera-Case, Aman | Virginia Wesleyan | 17.84 | 17.51 | 1.4 | |

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Women 400 Meter Hurdles

| Meet: % 1:04.41 2012 Janey Fugate, W&L | | | | | | |
|----------------------------------------|------|--------------------|--------------------|---------|----------|---|
| Name | Year | School | Seed | Prelims | H# | |
| Preliminaries | | | | | | |
| 1 | | Denton, Allison | Roanoke | 1:08.11 | 1:08.08Q | 2 |
| 2 | | Mebane, Courtney | Virginia Wesleyan | 1:05.30 | 1:08.20Q | 1 |
| 3 | | McGovern, Erin | Roanoke | 1:10.46 | 1:09.18q | 1 |
| 4 | | Mohlmann, Jaclyn | Shenandoah | 1:09.95 | 1:09.29q | 2 |
| 5 | | Rec, Brigitte | Roanoke | 1:10.62 | 1:10.59q | 1 |
| 6 | | Peacock, Alison | Washington and Lee | 1:11.42 | 1:13.73q | 2 |
| 7 | | Cabrera-Case, Aman | Virginia Wesleyan | 1:19.65 | 1:19.71 | 2 |
| 8 | | Battaglia, Megan | Shenandoah | 1:20.81 | 1:21.51 | 1 |

Women 400 Meter Hurdles

| Meet: % 1:04.41 2012 Janey Fugate, W&L | | | | | | |
|----------------------------------------|------|------------------|--------------------|---------|---------|----|
| Name | Year | School | Prelims | Finals | Points | |
| Finals | | | | | | |
| 1 | | Mebane, Courtney | Virginia Wesleyan | 1:08.20 | 1:05.53 | 10 |
| 2 | | Denton, Allison | Roanoke | 1:08.08 | 1:07.71 | 8 |
| 3 | | Mohlmann, Jaclyn | Shenandoah | 1:09.29 | 1:08.67 | 6 |
| 4 | | McGovern, Erin | Roanoke | 1:09.18 | 1:09.70 | 4 |
| 5 | | Rec, Brigitte | Roanoke | 1:10.59 | 1:10.07 | 2 |
| 6 | | Peacock, Alison | Washington and Lee | 1:13.73 | 1:11.53 | 1 |

Women 3000 Meter Steeplechase

| Meet: % 11:22.19 2009 Becca Taylor, W&L | | | | | | |
|-----------------------------------------|------|--------------------|--------------------|----------|----------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | | Ashley, Caitlin | Roanoke | 11:29.50 | 11:52.1h | 10 |
| 2 | | Ludtke, Zany | Bridgewater (Va.) | 12:49.13 | 12:18.5h | 8 |
| 3 | | Brooks, Claire | Roanoke | 12:33.88 | 12:24.9h | 6 |
| 4 | | Duffield, Megan | Lynchburg | 13:00.18 | 12:49.5h | 4 |
| 5 | | Reyna, Rebecca | Guilford | 13:22.98 | 12:56.7h | 2 |
| 6 | | Lacourciere, Laure | Lynchburg | 13:00.19 | 12:59.2h | 1 |
| 7 | | McCreary, Kathryn | Washington and Lee | | 13:00.3h | |
| 8 | | Lowe, Gillian | Roanoke | | 13:41.4h | |
| 9 | | Cash, Emily | Guilford | 14:24.88 | 15:08.1h | |

Women 4x100 Meter Relay

| Meet: % 46.84 2008 , Roanoke | | | | | | |
|------------------------------|-----------------------|-------|--------|----|--------|------------------------|
| School | Year | Seed | Finals | H# | Points | |
| 1 | Roanoke 'A' | 48.62 | 48.27 | 2 | 10 | |
| | 1) Janney, Alexis | | | | | 2) Kinney, Alease |
| | 3) Prempeh, Esther | | | | | 4) Mejia, Jessica |
| 2 | Virginia Wesleyan 'A' | 48.87 | 48.78 | 2 | 8 | |
| | 1) Mebane, Courtney | | | | | 2) Mills, Shakira |
| | 3) Hughes, Tiana | | | | | 4) Lennon, Tiffany |
| 3 | Lynchburg 'A' | 50.88 | 50.24 | 2 | 6 | |
| | 1) Miller, Katie | | | | | 2) Washington, Aleshia |
| | 3) Williams, Nicole | | | | | 4) Wallace, Catherine |

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...Women 4x100 Meter Relay

| | | | | | |
|----|-------------------------|-------|-------|-----------------------|---------------|
| 4 | Washington and Lee 'A' | 50.96 | 51.65 | 2 | 4 |
| | 1) Katterhagen, Jillian | | | 2) Murray, Julia | |
| | 3) Farroni, Kara | | | 4) Ungrady, Molly | |
| 5 | Bridgewater (Va.) 'A' | 52.08 | 52.01 | 2 | 2 |
| | 1) Waters, Melanie | | | 2) Pitchford, Jordan | |
| | 3) Trice, Kristan | | | 4) Bunting, Haley | |
| 6 | Shenandoah 'A' | 54.27 | 53.54 | 2 | 1 |
| | 1) Meadows, Alana | | | 2) Battaglia, Megan | |
| | 3) Cobb, Emily | | | 4) Hargreaves, Brooke | |
| -- | Guilford 'A' | 54.29 | DQ | 1 | outside zone2 |
| | 1) Trogdon, Kaylea | | | 2) O'Neill, Jasmine | |
| | 3) Carr, Khadija | | | 4) MacDonald, Sydney | |

Women 4x400 Meter Relay

| Meet: % 3:58.71 2012 | | , Roanoke | | Seed | Finals | H# | Points |
|----------------------|------------------------|-------------------|-------------------|--------------------------|-------------------|----|--------|
| School | | | | | | | |
| 1 | Roanoke 'A' | 4:00.56 | 3:57.51% | 2 | 10 | | |
| | 1) Janney, Alexis | | | 2) Kinney, Alease | | | |
| | 3) MacDougall, Brynn | | | 4) Mejia, Jessica | | | |
| | 58.66 (58.66) | 2:00.35 (1:01.70) | 3:00.37 (1:00.02) | | 3:57.51 (57.15) | | |
| 2 | Washington and Lee 'A' | 4:14.11 | 4:01.31 | 2 | 8 | | |
| | 1) Helms, Sarah | | | 2) Murray, Julia | | | |
| | 3) Lee, Dana | | | 4) Fugate, Janey | | | |
| | 1:00.46 (1:00.46) | 2:02.76 (1:02.31) | 3:00.74 (57.98) | | 4:01.31 (1:00.57) | | |
| 3 | Virginia Wesleyan 'A' | 4:08.58 | 4:04.56 | 2 | 6 | | |
| | 1) Daniel, Shakiella | | | 2) Mebane, Courtney | | | |
| | 3) Hughes, Tiana | | | 4) Watson, Autumn | | | |
| | 59.94 (59.94) | 2:01.26 (1:01.32) | 3:00.33 (59.08) | | 4:04.56 (1:04.23) | | |
| 4 | Lynchburg 'A' | 4:15.05 | 4:07.37 | 2 | 4 | | |
| | 1) Moore, Nisha | | | 2) Allen, Shae | | | |
| | 3) Williams, Nicole | | | 4) Estelus, Tracy | | | |
| | 1:04.37 (1:04.37) | 2:03.29 (58.93) | 3:05.87 (1:02.58) | | 4:07.37 (1:01.50) | | |
| 5 | Bridgewater (Va.) 'A' | 4:18.39 | 4:13.66 | 2 | 2 | | |
| | 1) Parker, Erin | | | 2) Stump, Elizabeth | | | |
| | 3) Waters, Melanie | | | 4) Mellman, Emily | | | |
| | 1:02.93 (1:02.93) | 2:06.16 (1:03.24) | 3:10.32 (1:04.16) | | 4:13.66 (1:03.35) | | |
| 6 | Eastern Mennonite 'A' | | 4:27.36 | 1 | 1 | | |
| | 1) Patterson, Hannah | | | 2) Schirch, Juni | | | |
| | 3) Kreider, Lanae | | | 4) Chappell-Dick, Hannah | | | |
| | 59.93 (59.93) | 2:14.48 (1:14.56) | 3:23.41 (1:08.94) | | 4:27.36 (1:03.96) | | |
| 7 | Guilford 'A' | 4:27.92 | 4:30.55 | 2 | | | |
| | 1) O'Neill, Jasmine | | | 2) MacDonald, Sydney | | | |
| | 3) Reyna, Rebecca | | | 4) Stryk, Tess | | | |
| | 58.41 (58.41) | 2:15.95 (1:17.55) | 3:23.44 (1:07.49) | | 4:30.55 (1:07.12) | | |
| 8 | Shenandoah 'A' | 4:52.46 | 4:43.52 | 1 | | | |
| | 1) Battaglia, Megan | | | 2) Cobb, Emily | | | |
| | 3) Earner, Dorothy | | | 4) Meadows, Alana | | | |
| | 1:06.07 (1:06.07) | 2:21.87 (1:15.80) | 3:34.56 (1:12.70) | | 4:43.52 (1:08.96) | | |

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Women High Jump

| Meet: % 1.69m 1998 Emily Hollett, Roanoke | | | | | | | | | | | |
|-------------------------------------------|------|--------------------|--------------------|--------|--------|------|--|--|--|--|--|
| Name | Year | School | Seed | Finals | Points | | | | | | |
| 1 | | Trice, Kristen | Bridgewater (Va.) | 1.57m | 1.53m | 10 | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | 1.56 | | | | | | |
| | P | P | P | O | XXX | | | | | | |
| 2 | | Kersey, Brittany | Bridgewater (Va.) | 1.50m | J1.53m | 8 | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | 1.56 | | | | | | |
| | P | P | P | XO | XXX | | | | | | |
| 3 | | Dannhauser, Leigh | Washington and Lee | 1.50m | J1.53m | 6 | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | 1.56 | | | | | | |
| | P | O | O | XXO | XXX | | | | | | |
| 4 | | Giersch, Gabrielle | Roanoke | 1.52m | 1.48m | 2.33 | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | | | | | | | |
| | O | O | O | XXX | | | | | | | |
| 4 | | Mebane, Courtney | Virginia Wesleyan | 1.50m | 1.48m | 2.33 | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | | | | | | | |
| | O | O | O | XXX | | | | | | | |
| 4 | | Mohlmann, Jaclyn | Shenandoah | 1.52m | 1.48m | 2.33 | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | | | | | | | |
| | P | P | O | XXX | | | | | | | |
| 7 | | Kamp, Mary | Washington and Lee | 1.45m | J1.48m | | | | | | |
| | 1.38 | 1.43 | 1.48 | 1.53 | | | | | | | |
| | O | XO | O | XXX | | | | | | | |
| 8 | | Pitchford, Jordan | Bridgewater (Va.) | 1.45m | 1.43m | | | | | | |
| | 1.38 | 1.43 | 1.48 | | | | | | | | |
| | P | O | XXX | | | | | | | | |
| 8 | | Miller, Katie | Lynchburg | 1.44m | 1.43m | | | | | | |
| | 1.38 | 1.43 | 1.48 | | | | | | | | |
| | O | O | XXX | | | | | | | | |
| -- | | Wallace, Allyson | Roanoke | 1.42m | NH | | | | | | |
| | 1.38 | | | | | | | | | | |
| | XXX | | | | | | | | | | |

Women Pole Vault

| Meet: % 3.77m 2010 Christina Rhodes, Bridgewater | | | | | | | | | | | | |
|--------------------------------------------------|------|--------------------|--------------------|--------|--------|------|------|------|------|------|------|------|
| Name | Year | School | Seed | Finals | Points | | | | | | | |
| 1 | | Stanton, Elizabeth | Washington and Lee | 3.51m | 3.41m | 10 | | | | | | |
| | 1.91 | 2.06 | 2.21 | 2.36 | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | 3.21 | 3.41 | 3.61 |
| | P | P | P | P | P | P | P | P | P | XO | XO | XXX |
| 2 | | Katterhagen, Jilli | Washington and Lee | 3.20m | 3.11m | 8 | | | | | | |
| | 1.91 | 2.06 | 2.21 | 2.36 | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | 3.21 | | |
| | P | P | P | P | P | P | P | O | O | XXX | | |
| 3 | | Parker, Erin | Bridgewater (Va.) | 3.07m | 2.96m | 5 | | | | | | |
| | 1.91 | 2.06 | 2.21 | 2.36 | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | | | |
| | P | P | P | P | P | O | O | O | XXX | | | |
| 3 | | Hagan, Alexandra | Washington and Lee | 3.06m | 2.96m | 5 | | | | | | |
| | 1.91 | 2.06 | 2.21 | 2.36 | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | | | |
| | P | P | P | P | P | O | O | O | XXX | | | |
| 5 | | Gallagher, KeriAnn | Bridgewater (Va.) | 2.60m | J2.96m | 2 | | | | | | |
| | 1.91 | 2.06 | 2.21 | 2.36 | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | | | |
| | P | P | P | P | XXO | XXO | XXO | XXO | XXX | | | |

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....Women Pole Vault

| | | | | | |
|----|-------------------------------|--------------------|-------|--------|----|
| 6 | Dannhauser, Leigh | Washington and Lee | 2.61m | 2.51m | 1 |
| | 1.91 2.06 2.21 2.36 2.51 2.66 | | | | |
| | P P O O O XXX | | | | |
| 7 | Perdue, Brooke | Bridgewater (Va.) | 2.74m | J2.51m | |
| | 1.91 2.06 2.21 2.36 2.51 2.66 | | | | |
| | P P P O XO XXX | | | | |
| 8 | McGovern, Erin | Roanoke | 2.25m | 2.06m | |
| | 1.91 2.06 2.21 | | | | |
| | XXO XO XXX | | | | |
| -- | Lively, Megan | Lynchburg | | | NH |
| | 1.91 2.06 2.21 | | | | |
| | P P XXX | | | | |

Women Long Jump

| Meet: % 5.94m | | 2010 | Jaleesa Osborne, Roanoke | | | |
|---------------|--------------------|--------------------|--------------------------|--------|------|--------|
| Name | Year | School | Seed | Finals | Wind | Points |
| 1 | Lee, Dana | Washington and Lee | 5.64m | 5.45m | +0.0 | 10 |
| | 5.45m(+0.0) | x x | | | | |
| 2 | Washington, Aleshi | Lynchburg | 5.31m | 5.42m | +0.0 | 8 |
| | 5.42m(+0.0) | x x | | | | |
| 3 | Mohlmann, Jaclyn | Shenandoah | 5.03m | 5.24m | +0.0 | 6 |
| | 5.24m(+0.0) | x x | | | | |
| 4 | MacDougall, Brynn | Roanoke | 5.03m | 5.20m | -0.4 | 4 |
| | 5.20m(-0.4) | x x | | | | |
| 5 | Trice, Kristen | Bridgewater (Va.) | 5.24m | 5.11m | +0.0 | 2 |
| | 5.11m(+0.0) | x x | | | | |
| 6 | Waters, Melanie | Bridgewater (Va.) | 4.98m | 5.05m | +0.0 | 1 |
| | 5.05m(+0.0) | x x | | | | |
| 7 | Davignon, Mackenzi | Roanoke | 4.88m | 4.97m | +0.0 | |
| | 4.97m(+0.0) | x | | | | |
| 8 | Williams, Nicole | Lynchburg | 4.80m | 4.96m | +0.0 | |
| | 4.96m(+0.0) | x x | | | | |
| 9 | Clarke, Shanice | Lynchburg | 4.66m | 4.76m | +0.0 | |
| | 4.76m(+0.0) | x x | | | | |
| 10 | Pitchford, Jordan | Bridgewater (Va.) | 4.94m | 4.71m | +0.0 | |
| | 4.71m(+0.0) | x x | | | | |
| 11 | Trogdon, Kaylea | Guilford | 4.53m | 4.69m | +0.0 | |
| | 4.69m(+0.0) | x x | | | | |
| -- | Katterhagen, Jilli | Washington and Lee | 4.99m | ND | NWI | |
| | ND(NWI) | x x | | | | |
| -- | Carlisle, Bria | Randolph | 3.81m | ND | NWI | |
| | ND(NWI) | x x | | | | |

Women Triple Jump

| Meet: % 11.47m | | 2006 | Wendy Driver, Eastern Mennonite | | | |
|----------------|-----------------|-------------------|---------------------------------|--------------|--------------|--------------|
| Name | Year | School | Seed | Finals | Wind | Points |
| 1 | Waters, Melanie | Bridgewater (Va.) | 11.22m | 11.38m | +0.0 | 10 |
| | 11.06m(-0.9) | 11.33m(+0.0) | 11.10m(+0.0) | 11.07m(-1.3) | 11.27m(+0.0) | 11.38m(+0.0) |
| 2 | Trice, Kristen | Bridgewater (Va.) | 10.98m | 11.23m | +0.0 | 8 |
| | 10.80m(-0.1) | FOUL(0.1) | 10.71m(1.0) | FOUL(-0.3) | FOUL(1.1) | 11.23m(+0.0) |

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....Women Triple Jump

| | | | | | | |
|----|--------------------|--------------------|--------------|--------------|--------------|--------------|
| 3 | Lee, Dana | Washington and Lee | 10.93m | 10.98m | 0.4 | 6 |
| | FOUL(+0.0) | 10.77m(-0.6) | 10.97m(-0.6) | 10.80m(-1.5) | 10.83m(0.7) | 10.98m(0.4) |
| 4 | Pitchford, Jordan | Bridgewater (Va.) | 10.82m | 10.67m | +0.0 | 4 |
| | 10.67m(+0.0) | FOUL(+0.0) | 10.35m(+0.0) | 10.41m(-1.4) | FOUL(-0.1) | 10.64m(-0.1) |
| 5 | Kinney, Alease | Roanoke | 10.28m | 10.33m | -0.5 | 2 |
| | 10.31m(+0.0) | 10.07m(+0.0) | 9.96m(+0.0) | 10.29m(-1.6) | 10.33m(-0.5) | PASS |
| 6 | Mebane, Courtney | Virginia Wesleyan | 10.25m | 10.27m | +0.0 | 1 |
| | 8.81m(-0.1) | 9.71m(+0.0) | 9.37m(+0.0) | 9.91m(0.8) | 9.86m(+0.0) | 10.27m(+0.0) |
| 7 | Conley, Megan | Bridgewater (Va.) | 10.19m | 10.24m | +0.0 | |
| | 10.24m(+0.0) | 10.04m(1.7) | 10.05m(+0.0) | FOUL(+0.0) | FOUL(-0.9) | 9.97m(-0.2) |
| 8 | Davignon, Mackenzi | Roanoke | 10.17m | 10.20m | +0.0 | |
| | 9.49m(+0.0) | 10.03m(-1.0) | 9.95m(+0.0) | 10.20m(+0.0) | 9.95m(-0.2) | 10.00m(+0.0) |
| 9 | Weisemann, Erin | Randolph | 9.90m | 9.66m | +0.0 | |
| | 9.57m(+0.0) | 9.57m(+0.0) | 9.66m(+0.0) | | | |
| 10 | Pugh, Ashleigh | Bridgewater (Va.) | 9.96m | 9.38m | +0.0 | |
| | 9.38m(+0.0) | FOUL(0.1) | FOUL(+0.0) | | | |
| -- | Carlisle, Bria | Randolph | | | ND | NWI |
| | ND(NWI) | ND(NWI) | ND(NWI) | ND(NWI) | ND(NWI) | ND(NWI) |
| -- | Clarke, Shanice | Lynchburg | | | FOUL | |
| | FOUL(+0.0) | FOUL(+0.0) | FOUL(0.8) | | | |

Women Shot Put

| Meet: % 12.93m 2006 Amanda Reynolds, Eastern Mennonite | | | | | | |
|--------------------------------------------------------|--------------------|--------------------|--------|--------|--------|--------|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Alfaro, Kim | Lynchburg | 11.77m | 11.73m | 10 | |
| | 11.73m | 11.31m | 11.16m | 11.13m | 11.32m | FOUL |
| 2 | Senger, Katelyn | Bridgewater (Va.) | 10.74m | 11.33m | 8 | |
| | 10.92m | 11.33m | 11.06m | 11.14m | 10.69m | FOUL |
| 3 | Clowser, Samantha | Roanoke | 10.99m | 11.25m | 6 | |
| | 10.65m | 11.25m | FOUL | 10.34m | FOUL | 11.03m |
| 4 | Davis, Emily | Lynchburg | 10.63m | 11.03m | 4 | |
| | 11.03m | 10.61m | 10.63m | 10.49m | 10.73m | 10.70m |
| 5 | Thomas, Ashley | Lynchburg | 9.93m | 10.34m | 2 | |
| | 10.34m | FOUL | FOUL | 9.64m | 10.29m | FOUL |
| 6 | McGrady, Danyelle | Shenandoah | 9.91m | 9.95m | 1 | |
| | 9.50m | 9.12m | 9.69m | 9.95m | 9.47m | 9.56m |
| 7 | Shinn, Margaret | Roanoke | 9.29m | 9.53m | | |
| | 9.21m | 9.23m | 8.68m | 8.59m | 8.60m | 9.53m |
| 8 | Defrancesco, Alex | Lynchburg | 9.92m | 9.29m | | |
| | 9.29m | 8.68m | 8.52m | FOUL | 8.64m | FOUL |
| 9 | Jackson, Janea | Randolph | 9.63m | 9.15m | | |
| | 8.89m | 9.15m | 7.65m | | | |
| 10 | Whitesell, Kaitlin | Roanoke | 9.20m | 8.86m | | |
| | 8.33m | 8.86m | 8.39m | | | |
| 11 | Ortiz, Lucy | Washington and Lee | 8.57m | 7.57m | | |
| | 7.55m | 7.57m | 7.46m | | | |
| 12 | Banks, Alisha | Randolph | 7.57m | 7.49m | | |
| | 7.49m | 6.80m | 6.32m | | | |
| 13 | Eller, Gretta | Guilford | 6.58m | 6.92m | | |
| | 6.44m | 6.51m | 6.92m | | | |
| -- | Hughes, Kelsey | Lynchburg | 10.91m | FOUL | | |
| | FOUL | FOUL | FOUL | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

Women Discus Throw

| Meet: % 40.66m 2005 Kristen Lovell, Roanoke | | | | | | | Seed | Finals | Points |
|---------------------------------------------|--------------------|--------------------|--------|--------|--------|--------|--------|--------|--------|
| Name | Year | | | School | Seed | Finals | Points | | |
| 1 | Senger, Katelyn | Bridgewater (Va.) | | | 36.19m | 37.69m | 10 | | |
| | FOUL | 31.01m | 34.88m | 32.34m | 37.20m | 37.69m | | | |
| 2 | Hughes, Kelsey | Lynchburg | | | 32.19m | 34.68m | 8 | | |
| | FOUL | 32.83m | 34.20m | FOUL | 34.68m | 31.70m | | | |
| 3 | Clowser, Samantha | Roanoke | | | 33.34m | 33.66m | 6 | | |
| | 31.90m | FOUL | 33.66m | 33.47m | FOUL | FOUL | | | |
| 4 | Burruss, Courtney | Virginia Wesleyan | | | 32.04m | 33.31m | 4 | | |
| | 31.76m | 29.84m | FOUL | 31.16m | FOUL | 33.31m | | | |
| 5 | Davis, Emily | Lynchburg | | | 33.19m | 31.51m | 2 | | |
| | 31.51m | FOUL | 26.23m | 28.60m | FOUL | 31.28m | | | |
| 6 | Bane, Alyssa | Eastern Mennonite | | | 33.20m | 31.45m | 1 | | |
| | 31.20m | 31.07m | 31.45m | FOUL | FOUL | FOUL | | | |
| 7 | Thomas, Ashley | Lynchburg | | | 32.61m | 30.08m | | | |
| | 29.47m | FOUL | 30.08m | FOUL | FOUL | FOUL | | | |
| 8 | Gulick, Britney | Lynchburg | | | 28.51m | 29.93m | | | |
| | 29.93m | 29.03m | FOUL | FOUL | FOUL | FOUL | | | |
| 9 | Jackson, Janea | Randolph | | | 32.61m | 29.78m | | | |
| | 29.04m | 29.78m | FOUL | | | | | | |
| 10 | Shinn, Margaret | Roanoke | | | 30.30m | 29.33m | | | |
| | 28.93m | 25.23m | 29.33m | | | | | | |
| 11 | Aldrich, Audra | Roanoke | | | 28.71m | 28.90m | | | |
| | 28.90m | FOUL | 27.28m | | | | | | |
| 12 | Alfaro, Kim | Lynchburg | | | 30.13m | 28.09m | | | |
| | FOUL | 28.09m | FOUL | | | | | | |
| 13 | Bias, Sarah | Lynchburg | | | 28.49m | 28.00m | | | |
| | 27.91m | 28.00m | 24.73m | | | | | | |
| 14 | McGrady, Danyelle | Shenandoah | | | 26.77m | 27.53m | | | |
| | 25.02m | 27.53m | 24.44m | | | | | | |
| 15 | Kelly, Mary | Roanoke | | | 28.75m | 27.26m | | | |
| | 26.59m | 26.76m | 27.26m | | | | | | |
| 16 | Whitesell, Kaitlin | Roanoke | | | 28.60m | 25.74m | | | |
| | FOUL | 25.74m | 25.24m | | | | | | |
| 17 | Dick, Margaret | Washington and Lee | | | 25.54m | 23.92m | | | |
| | 23.29m | 23.26m | 23.92m | | | | | | |
| 18 | Feliciano, Alicia | Shenandoah | | | 20.39m | 23.58m | | | |
| | 23.58m | 23.01m | 23.07m | | | | | | |
| 19 | Adair, Laura | Guilford | | | 23.21m | 17.75m | | | |
| | 16.45m | FOUL | 17.75m | | | | | | |

Women Hammer Throw

| Meet: % 49.66m 2011 Whitney Fitzwater, Roanoke | | | | | | | Seed | Finals | Points |
|------------------------------------------------|-------------------|-----------|--------|--------|--------|--------|--------|--------|--------|
| Name | Year | | | School | Seed | Finals | Points | | |
| 1 | Clowser, Samantha | Roanoke | | | 46.85m | 47.86m | 10 | | |
| | 46.90m | 47.86m | 46.98m | 46.53m | 46.26m | 45.92m | | | |
| 2 | Alfaro, Kim | Lynchburg | | | 46.89m | 46.04m | 8 | | |
| | 44.55m | 46.04m | FOUL | FOUL | 45.40m | 44.84m | | | |
| 3 | Gulick, Britney | Lynchburg | | | 41.61m | 42.20m | 6 | | |
| | FOUL | 42.20m | 40.07m | 41.49m | 39.28m | 41.57m | | | |
| 4 | Davis, Emily | Lynchburg | | | 43.20m | 41.06m | 4 | | |
| | FOUL | 41.06m | 39.45m | 39.14m | 39.49m | 40.51m | | | |

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Results

....Women Hammer Throw

| | | | | | |
|----|-------------------------------------------|-------------------|--------|--------|---|
| 5 | Thomas, Ashley | Lynchburg | 42.98m | 40.97m | 2 |
| | 40.48m 40.97m FOUL 39.72m 35.11m FOUL | | | | |
| 6 | Senger, Katelyn | Bridgewater (Va.) | 39.41m | 38.35m | 1 |
| | 36.67m 34.19m 38.35m 35.29m FOUL 35.74m | | | | |
| 7 | Aldrich, Audra | Roanoke | 35.30m | 37.17m | |
| | 34.71m 37.17m 35.34m 34.61m 36.90m 36.58m | | | | |
| 8 | Shinn, Margaret | Roanoke | 35.15m | 35.68m | |
| | 35.68m 34.19m 35.44m 30.21m 32.82m 33.72m | | | | |
| 9 | Defrancesco, Alex | Lynchburg | 34.65m | 34.78m | |
| | 34.47m 34.78m 32.88m | | | | |
| 10 | Feliciano, Alicia | Shenandoah | 37.56m | 33.99m | |
| | FOUL FOUL 33.99m | | | | |
| 11 | Bane, Alyssa | Eastern Mennonite | 39.28m | 32.95m | |
| | FOUL FOUL 32.95m | | | | |
| 12 | Hughes, Kelsey | Lynchburg | 35.21m | 32.64m | |
| | FOUL 32.00m 32.64m | | | | |
| 13 | Whitesell, Kaitlin | Roanoke | 31.37m | 32.58m | |
| | 30.76m 31.42m 32.58m | | | | |
| 14 | McGrady, Danyelle | Shenandoah | 28.73m | 32.27m | |
| | 32.27m 30.92m 30.29m | | | | |
| 15 | Meadows, Alana | Shenandoah | 26.09m | 29.80m | |
| | 29.80m 29.47m FOUL | | | | |

Women Javelin Throw

| ===== | | | | | | |
|---------------------|-------------------------------------------|----------------------|--------|--------|--------|--|
| Meet: % 39.57m 2013 | | Leah Heal, Lynchburg | | | | |
| Name | Year | School | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Kelly, Mary | Roanoke | 38.07m | 37.60m | 10 | |
| | 34.34m 37.06m 36.35m 35.35m 35.30m 37.60m | | | | | |
| 2 | McGrady, Danyelle | Shenandoah | 32.05m | 36.02m | 8 | |
| | ND 33.63m 34.79m 30.76m 33.21m 36.02m | | | | | |
| 3 | Meadows, Alana | Shenandoah | | 31.13m | 6 | |
| | ND ND 31.13m 24.37m 30.07m 24.93m | | | | | |
| 4 | Borg, Rebecca | Eastern Mennonite | 30.78m | 29.32m | 4 | |
| | 25.90m 28.08m ND 27.61m 27.74m 29.32m | | | | | |
| 5 | Dannhauser, Leigh | Washington and Lee | 24.46m | 29.29m | 2 | |
| | 27.57m 27.21m 28.19m 28.33m ND 29.29m | | | | | |
| 6 | Rittenhouse, Heath | Bridgewater (Va.) | 27.46m | 28.61m | 1 | |
| | 24.96m 28.61m 24.36m 25.81m 26.54m 27.74m | | | | | |
| 7 | Aldrich, Audra | Roanoke | 26.26m | 27.08m | | |
| | 23.89m 27.08m 26.65m 24.14m 25.19m 22.46m | | | | | |
| 8 | Mohlmann, Jaclyn | Shenandoah | 30.51m | 26.38m | | |
| | ND 26.38m ND ND ND ND | | | | | |
| 9 | Alfaro, Kim | Lynchburg | 27.52m | 25.88m | | |
| | ND 25.88m 24.45m | | | | | |
| 10 | Hargreaves, Brooke | Shenandoah | 23.86m | 23.85m | | |
| | 23.85m 22.90m 21.47m | | | | | |
| 11 | Eller, Gretta | Guilford | 23.96m | 23.41m | | |
| | 21.35m 23.21m 23.41m | | | | | |
| 12 | Whitesell, Kaitlin | Roanoke | 22.76m | 22.98m | | |
| | ND 22.98m 22.58m | | | | | |
| 13 | Ortiz, Lucy | Washington and Lee | 22.72m | 22.50m | | |
| | 22.39m 21.45m 22.50m | | | | | |

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Results

....Women Javelin Throw

| | | | | |
|----|----------------------|-------------------|--------|--------|
| 14 | Senger, Katelyn | Bridgewater (Va.) | 25.19m | 20.11m |
| | 16.54m 20.11m 19.33m | | | |
| 15 | Adair, Laura | Guilford | 16.71m | 19.41m |
| | 19.41m 19.34m 17.48m | | | |
| 16 | Boury, Bethany | Lynchburg | 19.03m | 17.82m |
| | 17.82m 15.75m ND | | | |
| 17 | Banks, Alisha | Randolph | | 17.02m |
| | 13.10m 12.40m 17.02m | | | |
| 18 | Lively, Megan | Lynchburg | 23.81m | 16.37m |
| | 16.37m 16.07m 15.07m | | | |
| 19 | Carr, Khadija | Guilford | 13.74m | 16.05m |
| | ND 16.05m 13.36m | | | |
| 20 | Burruss, Courtney | Virginia Wesleyan | | 14.13m |
| | ND 14.13m 14.03m | | | |

Men 100 Meter Dash

| ===== | | | | | | |
|---------------|--------------------|--------------------|---------------------------|---------|------|----|
| Meet: % 10.72 | | 2012 | Johnathan Smith, Guilford | | | |
| Name | Year | School | Seed | Prelims | Wind | H# |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Lott, Randy | Virginia Wesleyan | 10.60 | 10.83Q | -1.2 | 1 |
| 2 | Jeong, Aaron | Washington and Lee | 10.82 | 11.15Q | -1.3 | 3 |
| 3 | Mitchell, Josephus | Guilford | 10.97 | 11.25Q | +0.0 | 2 |
| 4 | Kezar, Zachary | Lynchburg | 11.14 | 11.20q | -1.2 | 1 |
| 5 | Cole, Stephen | Virginia Wesleyan | 11.33 | 11.31q | +0.0 | 2 |
| 6 | Glasgow, Cole | Washington and Lee | 11.16 | 11.43q | -1.2 | 1 |
| 7 | Green, CJ | Guilford | 11.13 | 11.47q | -1.3 | 3 |
| 8 | Chapman, John | Virginia Wesleyan | 11.44 | 11.49q | -1.2 | 1 |
| 9 | Johnson, David | Shenandoah | 11.73 | 11.54 | +0.0 | 2 |
| 10 | Kim, Agustin | Washington and Lee | 11.29 | 11.57 | +0.0 | 2 |
| 11 | Thompson, Cameron | Roanoke | 11.82 | 11.68 | -1.3 | 3 |
| 12 | Miller, Chris | Eastern Mennonite | 11.79 | 11.69 | +0.0 | 2 |
| 13 | Howell, Henry | Shenandoah | 11.64 | 11.83 | -1.3 | 3 |
| 14 | Williams, Emmanuel | Guilford | 11.39 | 12.09 | -1.2 | 1 |
| 15 | Reichel, Nate | Washington and Lee | 12.03 | 12.22 | -1.2 | 1 |
| 16 | Alberts, Kashym | Guilford | 12.33 | 12.71 | -1.2 | 1 |
| 17 | Lewis, Bobby | Shenandoah | 11.35 | 13.47 | -1.3 | 3 |
| -- | Jeschke, Brendan | Eastern Mennonite | 12.72 | FS | -1.3 | 3 |
| -- | Eastwood, Everton | Shenandoah | 10.98 | DNF | +0.0 | 2 |
| -- | Wright, Jacob | Bridgewater (Va.) | 11.25 | DNS | -1.3 | 3 |

Men 100 Meter Dash

| ===== | | | | | | |
|---------------|--------------------|--------------------|---------------------------|--------|------|----------|
| Meet: % 10.72 | | 2012 | Johnathan Smith, Guilford | | | |
| Name | Year | School | Prelims | Finals | Wind | Points |
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | Lott, Randy | Virginia Wesleyan | 10.83 | 10.62% | -1.5 | 10 |
| 2 | Jeong, Aaron | Washington and Lee | 11.15 | 10.84 | -1.5 | 8 |
| 3 | Kezar, Zachary | Lynchburg | 11.20 | 11.16 | -1.5 | 6 |
| 4 | Cole, Stephen | Virginia Wesleyan | 11.31 | 11.21 | -1.5 | 4 11.203 |
| 5 | Mitchell, Josephus | Guilford | 11.25 | 11.21 | -1.5 | 2 11.207 |
| 6 | Green, CJ | Guilford | 11.47 | 11.24 | -1.5 | 1 |
| 7 | Glasgow, Cole | Washington and Lee | 11.43 | 11.27 | -1.5 | |

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Results

...Men 100 Meter Dash

| | | | | | |
|---|---------------|-------------------|-------|-------|------|
| 8 | Chapman, John | Virginia Wesleyan | 11.49 | 11.45 | -1.5 |
|---|---------------|-------------------|-------|-------|------|

Men 200 Meter Dash

=====
 Meet: % 21.56 2012 Alexander Tallman, W&L
 Name Year School Seed Prelims Wind H#
 =====

Preliminaries

| | | | | | | |
|----|--------------------|--------------------|-------|----------|------|---|
| 1 | Lott, Randy | Virginia Wesleyan | 21.28 | % 21.55q | 0.7 | 3 |
| 2 | Tallman, Alexander | Washington and Lee | 21.86 | 21.95q | +0.0 | 2 |
| 3 | Sippie, Tom | Lynchburg | 21.78 | 22.02q | +0.0 | 4 |
| 4 | Jeong, Aaron | Washington and Lee | 22.24 | 22.22q | +0.0 | 5 |
| 5 | Kezar, Zachary | Lynchburg | 22.44 | 22.51q | +0.0 | 1 |
| 6 | Green, CJ | Guilford | 22.78 | 22.82q | +0.0 | 4 |
| 7 | Mitchell, Josephus | Guilford | 22.66 | 22.90 | +0.0 | 2 |
| 8 | Cole, Stephen | Virginia Wesleyan | 22.53 | 22.95 | +0.0 | 5 |
| 9 | Glasgow, Cole | Washington and Lee | 22.90 | 22.99 | 0.7 | 3 |
| 10 | Kim, Agustin | Washington and Lee | 22.87 | 23.43 | 0.7 | 3 |
| 11 | Lewis, Kirk | Shenandoah | 23.46 | 23.50 | +0.0 | 5 |
| 12 | Johnson, David | Shenandoah | 23.32 | 23.57 | +0.0 | 2 |
| 13 | Hawkins, Chrishaud | Virginia Wesleyan | 23.84 | 23.60 | +0.0 | 2 |
| 14 | Duncan, Dave | Bridgewater (Va.) | 23.25 | 23.63 | +0.0 | 4 |
| 15 | Miller, Chris | Eastern Mennonite | 23.69 | 23.72 | +0.0 | 1 |
| 16 | Galiber, Marcel | Roanoke | 24.66 | 24.02 | +0.0 | 4 |
| 17 | Franklin, Damien | Randolph | 23.92 | 24.12 | +0.0 | 4 |
| 18 | Williams, Emmanuel | Guilford | 23.76 | 24.17 | +0.0 | 5 |
| 19 | Howell, Henry | Shenandoah | 23.58 | 24.26 | +0.0 | 1 |
| 20 | Basil, Charles | Shenandoah | 24.14 | 24.31 | 0.7 | 3 |
| 21 | Jordan, Justin | Roanoke | 24.58 | 24.50 | 0.7 | 3 |
| 22 | Wilson, Jamal | Roanoke | 26.18 | 24.82 | +0.0 | 1 |
| 23 | Reichel, Nate | Washington and Lee | 24.88 | 25.09 | +0.0 | 2 |
| 24 | Jeschke, Brendan | Eastern Mennonite | 25.31 | 25.31 | +0.0 | 1 |
| 25 | Gomez, Eddy | Randolph | 25.19 | 25.39 | +0.0 | 5 |
| -- | Eastwood, Everton | Shenandoah | 22.49 | DNS | +0.0 | 1 |

Men 200 Meter Dash

=====
 Meet: % 21.56 2012 Alexander Tallman, W&L
 Name Year School Prelims Finals Wind Points
 =====

Finals

| | | | | | | |
|---|--------------------|--------------------|-------|-------|------|----|
| 1 | Lott, Randy | Virginia Wesleyan | 21.55 | 21.58 | +0.0 | 10 |
| 2 | Sippie, Tom | Lynchburg | 22.02 | 22.03 | +0.0 | 8 |
| 3 | Jeong, Aaron | Washington and Lee | 22.22 | 22.09 | +0.0 | 6 |
| 4 | Tallman, Alexander | Washington and Lee | 21.95 | 22.22 | +0.0 | 4 |
| 5 | Kezar, Zachary | Lynchburg | 22.51 | 22.77 | +0.0 | 2 |
| 6 | Green, CJ | Guilford | 22.82 | 23.18 | +0.0 | 1 |

Men 400 Meter Dash

=====
 Meet: % 48.19 1999 Kevin Smith, Lynchburg
 Name Year School Seed Prelims H#
 =====

Preliminaries

| | | | | | |
|---|--------------------|--------------------|-------|--------|---|
| 1 | Tallman, Alexander | Washington and Lee | 47.92 | 49.18q | 1 |
|---|--------------------|--------------------|-------|--------|---|

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Results

....Men 400 Meter Dash

| | | | | | |
|----|-------------------|--------------------|-------|--------|----------|
| 2 | Sippie, Tom | Lynchburg | 48.34 | 50.18q | 2 |
| 3 | Myers, Dillon | Washington and Lee | 50.54 | 50.38q | 4 |
| 4 | Jones, John | Washington and Lee | 50.34 | 50.59q | 3 |
| 5 | Boysaw, Tristan | Lynchburg | 50.37 | 50.63q | 5 |
| 6 | Winters, Rashaan | Eastern Mennonite | 50.41 | 50.95q | 5 |
| 7 | Reyes, Aires | Virginia Wesleyan | 50.44 | 51.24 | 3 51.232 |
| 8 | Elmore, Dan | Virginia Wesleyan | 50.11 | J51.24 | 4 51.235 |
| 9 | Turpin, Clarence | Guilford | 51.30 | 51.34 | 1 |
| 10 | Watson, Phillip | Eastern Mennonite | 51.74 | 51.58 | 2 |
| 11 | White, Trey | Virginia Wesleyan | 51.04 | 51.72 | 2 |
| 12 | Lewis, Kirk | Shenandoah | 51.65 | 51.95 | 1 |
| 13 | Sumner, Jonathan | Guilford | 51.86 | 52.32 | 3 |
| 14 | Basil, Charles | Shenandoah | 52.48 | 52.60 | 5 |
| 15 | Sivels, Marquis | Virginia Wesleyan | 51.84 | 53.13 | 4 |
| 16 | Duncan, Dave | Bridgewater (Va.) | 53.72 | 53.38 | 2 |
| 17 | Hawkins, Chrisaud | Virginia Wesleyan | 53.79 | 53.45 | 1 |
| 18 | Wheeler, Londen | Eastern Mennonite | 53.46 | 54.11 | 3 |
| 19 | Shubrooks, Donald | Shenandoah | 54.69 | 54.17 | 2 |
| 20 | Whitlow, Curtis | Lynchburg | 53.53 | 54.59 | 4 |
| 21 | Malloy, James | Washington and Lee | 53.82 | 54.93 | 1 |
| 22 | Galiber, Marcel | Roanoke | 56.57 | 55.15 | 3 |
| 23 | Jordan, Justin | Roanoke | 55.96 | 55.88 | 4 |
| 24 | Franklin, Damien | Randolph | 53.35 | 56.13 | 5 |
| 25 | Alberts, Kashym | Guilford | 57.63 | 57.66 | 5 |
| 26 | Gomez, Eddy | Randolph | 56.74 | 58.47 | 5 |

Men 400 Meter Dash

=====
 Meet: % 48.19 1999 Kevin Smith, Lynchburg
 Name Year School Prelims Finals Points
 =====

Finals

| | | | | | |
|---|--------------------|--------------------|-------|--------|----|
| 1 | Tallman, Alexander | Washington and Lee | 49.18 | 47.66% | 10 |
| 2 | Sippie, Tom | Lynchburg | 50.18 | 48.90 | 8 |
| 3 | Jones, John | Washington and Lee | 50.59 | 50.11 | 6 |
| 4 | Winters, Rashaan | Eastern Mennonite | 50.95 | 50.20 | 4 |
| 5 | Boysaw, Tristan | Lynchburg | 50.63 | 50.22 | 2 |
| 6 | Myers, Dillon | Washington and Lee | 50.38 | 50.88 | 1 |

Men 800 Meter Run

=====
 Meet: % 1:52.90 2003 Josh Zobenica, Lynchburg
 Name Year School Seed Finals H# Points
 =====

| | | | | | | |
|---|--------------------|--------------------|---------|---------|---|----|
| 1 | Tallman, Alexander | Washington and Lee | 1:52.68 | 1:55.84 | 3 | 10 |
| | 1:01.16 (1:01.16) | 1:55.84 (54.69) | | | | |
| 2 | Heckman, Nevin | Bridgewater (Va.) | 1:55.38 | 1:56.58 | 3 | 8 |
| | 1:00.61 (1:00.61) | 1:56.58 (55.98) | | | | |
| 3 | Gunther, Sam | Bridgewater (Va.) | 2:01.47 | 1:56.87 | 2 | 6 |
| | 57.40 (57.40) | 1:56.87 (59.47) | | | | |
| 4 | Jones, John | Washington and Lee | 1:56.08 | 1:57.58 | 3 | 4 |
| | 1:01.38 (1:01.38) | 1:57.58 (56.20) | | | | |
| 5 | Landgren, Drew | Roanoke | 1:55.89 | 1:57.59 | 3 | 2 |
| | 1:00.42 (1:00.42) | 1:57.59 (57.17) | | | | |

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Results

....Men 800 Meter Run

| | | | | | | |
|----|-------------------|--------------------|---------|---------|---|---|
| 6 | Thibodeaux, Alec | Eastern Mennonite | 1:57.06 | 1:57.88 | 3 | 1 |
| | 1:00.48 (1:00.48) | 1:57.88 (57.40) | | | | |
| 7 | Denlinger, Tyler | Eastern Mennonite | 1:57.54 | 1:58.33 | 3 | |
| | 1:00.84 (1:00.84) | 1:58.33 (57.49) | | | | |
| 8 | Camacho, Isidro | Washington and Lee | 1:59.60 | 1:58.60 | 2 | |
| | 56.78 (56.78) | 1:58.60 (1:01.83) | | | | |
| 9 | Meadows, Cody | Roanoke | 1:58.61 | 1:59.15 | 3 | |
| | 1:00.84 (1:00.84) | 1:59.15 (58.31) | | | | |
| 10 | Ruane, Brian | Roanoke | 2:00.81 | 2:00.72 | 2 | |
| | 57.91 (57.91) | 2:00.72 (1:02.81) | | | | |
| 11 | Thomas, Kane | Washington and Lee | 2:00.47 | 2:01.18 | 2 | |
| | 1:00.40 (1:00.40) | 2:01.18 (1:00.79) | | | | |
| 12 | Cardon, Chris | Washington and Lee | 2:02.46 | 2:01.41 | 2 | |
| | 57.51 (57.51) | 2:01.41 (1:03.91) | | | | |
| 13 | Bernstein, Andrew | Roanoke | 1:54.59 | 2:02.12 | 3 | |
| | 1:00.65 (1:00.65) | 2:02.12 (1:01.48) | | | | |
| 14 | Wright, Nicholas | Roanoke | 2:05.82 | 2:04.18 | 2 | |
| | 58.61 (58.61) | 2:04.18 (1:05.58) | | | | |
| 15 | McDonald, Ian | Washington and Lee | 1:57.06 | 2:04.79 | 3 | |
| | 1:01.78 (1:01.78) | 2:04.79 (1:03.02) | | | | |
| 16 | Werner, Andrew | Virginia Wesleyan | 2:08.12 | 2:07.50 | 2 | |
| | 59.67 (59.67) | 2:07.50 (1:07.84) | | | | |
| 17 | Melius, Hunter | Virginia Wesleyan | 2:05.72 | 2:08.40 | 2 | |
| | 59.37 (59.37) | 2:08.40 (1:09.03) | | | | |
| 18 | Lee, Terry | Lynchburg | 2:09.61 | 2:11.18 | 2 | |
| | 1:00.17 (1:00.17) | 2:11.18 (1:11.01) | | | | |
| 19 | Ogburn, Dustin | Virginia Wesleyan | 2:10.73 | 2:14.86 | 1 | |
| | 1:04.13 (1:04.13) | 2:14.86 (1:10.73) | | | | |
| 20 | Brown, Damon | Virginia Wesleyan | 2:13.70 | 2:16.12 | 1 | |
| | 1:05.82 (1:05.82) | 2:16.12 (1:10.31) | | | | |
| 21 | White, Denzel | Shenandoah | 2:19.24 | 2:20.96 | 1 | |
| | 1:06.57 (1:06.57) | 2:20.96 (1:14.40) | | | | |
| 22 | Saienni, Kieran | Randolph | 2:20.96 | 2:24.78 | 1 | |
| | 1:09.76 (1:09.76) | 2:24.78 (1:15.02) | | | | |
| 23 | Simones, Quint | Guilford | 2:26.33 | 2:24.98 | 1 | |
| | 1:10.13 (1:10.13) | 2:24.98 (1:14.86) | | | | |

Men 1500 Meter Run

| ===== | | | | | | |
|-----------------|-------------------|--------------------|------------------------|---------|-------------------|--------|
| Meet: % 3:56.91 | | 2013 | Luke Sohl, Bridgewater | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| ===== | | | | | | |
| 1 | McDonald, Ian | Washington and Lee | 4:00.75 | 4:07.70 | 2 | 10 |
| | 53.88 (53.88) | 2:05.08 (1:11.21) | 3:10.53 (1:05.45) | | 4:07.70 (57.17) | |
| 2 | Maguder, Connor | Bridgewater (Va.) | 4:05.01 | 4:07.88 | 2 | 8 |
| | 53.45 (53.45) | 2:04.85 (1:11.41) | 3:10.85 (1:06.00) | | 4:07.88 (57.03) | |
| 3 | Bernstein, Andrew | Roanoke | 4:02.40 | 4:07.97 | 2 | 6 |
| | 53.44 (53.44) | 2:04.72 (1:11.28) | 3:10.72 (1:06.01) | | 4:07.97 (57.25) | |
| 4 | Toney, Harrison | Roanoke | 3:58.82 | 4:08.41 | 2 | 4 |
| | 53.57 (53.57) | 2:04.83 (1:11.27) | 3:10.64 (1:05.81) | | 4:08.41 (57.78) | |
| 5 | Thomas, Keith | Bridgewater (Va.) | 4:06.36 | 4:09.80 | 2 | 2 |
| | 53.70 (53.70) | 2:04.97 (1:11.27) | 3:10.45 (1:05.49) | | 4:09.80 (59.36) | |
| 6 | Thomas, Kane | Washington and Lee | 4:06.41 | 4:11.17 | 2 | 1 |
| | 53.76 (53.76) | 2:05.03 (1:11.27) | 3:10.92 (1:05.89) | | 4:11.17 (1:00.26) | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Men 1500 Meter Run

| | | | | | |
|----|------------------|--------------------|-------------------|-------------------|-------|
| 7 | Purrington, Ryan | Randolph | 4:30.77 | 4:17.85 | 2 |
| | 53.91 (53.91) | 2:05.37 (1:11.47) | 3:11.90 (1:06.53) | 4:17.85 (1:05.96) | |
| 8 | Driscoll, Darren | Virginia Wesleyan | 4:08.76 | 4:20.18 | 2 |
| | 53.65 (53.65) | 2:05.29 (1:11.64) | 3:11.64 (1:06.36) | 4:20.18 (1:08.54) | |
| 9 | Henken, Cameron | Bridgewater (Va.) | 4:20.32 | 4:25.40 | 2 |
| | 54.33 (54.33) | 2:05.19 (1:10.87) | 3:12.88 (1:07.69) | 4:25.40 (1:12.53) | |
| 10 | Nisly, Jared | Eastern Mennonite | 4:13.90 | 4:26.89 | 2 |
| | 53.73 (53.73) | 2:04.61 (1:10.89) | 3:16.32 (1:11.71) | 4:26.89 (1:10.58) | |
| 11 | Good, Kevin | Washington and Lee | 4:18.75 | 4:29.08 | 2 |
| | 53.73 (53.73) | 2:05.76 (1:12.04) | 3:17.61 (1:11.86) | 4:29.08 (1:11.47) | |
| 12 | Reynolds, Nick | Guilford | 4:34.89 | 4:36.91 | 1 |
| | 52.12 (52.12) | 2:06.87 (1:14.75) | 3:24.93 (1:18.07) | 4:36.91 (1:11.99) | |
| 13 | Lombardi, Kyle | Shenandoah | 4:44.58 | 4:38.21 | 1 |
| | 52.58 (52.58) | 2:07.30 (1:14.72) | 3:23.99 (1:16.70) | 4:38.21 (1:14.23) | |
| 14 | Martin, Timothy | Eastern Mennonite | 4:38.21 | 4:45.28 | 1 |
| | 53.99 (53.99) | 2:11.27 (1:17.28) | 3:30.23 (1:18.96) | 4:45.28 (1:15.06) | |
| 15 | White, Denzel | Shenandoah | 4:53.33 | 4:53.98 | 1 |
| | 52.92 (52.92) | 2:08.61 (1:15.69) | 3:31.15 (1:22.54) | 4:53.98 (1:22.84) | |
| -- | Dye, Keane | Virginia Wesleyan | 4:34.85 | | DNF 2 |
| -- | Rose, Glenn | Virginia Wesleyan | 4:36.59 | | DNS 1 |

Men 5000 Meter Run

| | | | | | | |
|-------|--------------------|--------------------|-----------------------|--------------------|--------|--|
| ===== | | | | | | |
| | Meet: % 15:03.74 | 2013 | Chad Norton, Guilford | | | |
| | Name | Year School | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Norton, Chad | Guilford | 15:25.99 | 15:11.24 | 10 | |
| | 36.17 (36.17) | 1:53.21 (1:17.04) | 3:08.40 (1:15.20) | 4:20.58 (1:12.18) | | |
| | 5:35.12 (1:14.54) | 6:50.46 (1:15.34) | 8:05.55 (1:15.10) | 9:20.46 (1:14.91) | | |
| | 10:35.20 (1:14.75) | 11:48.67 (1:13.47) | 13:00.59 (1:11.92) | 14:08.69 (1:08.11) | | |
| | 15:11.24 (1:02.55) | | | | | |
| 2 | Toney, Harrison | Roanoke | | 15:15.40 | 8 | |
| | 36.41 (36.41) | 1:53.46 (1:17.06) | 3:08.19 (1:14.73) | 4:20.41 (1:12.23) | | |
| | 5:34.94 (1:14.53) | 6:50.21 (1:15.27) | 8:04.95 (1:14.75) | 9:19.94 (1:14.99) | | |
| | 10:34.53 (1:14.60) | 11:48.87 (1:14.34) | 13:01.34 (1:12.48) | 14:12.14 (1:10.80) | | |
| | 15:15.40 (1:03.27) | | | | | |
| 3 | Sohl, Luke | Bridgewater (Va.) | 15:00.65 | 15:17.91 | 6 | |
| | 35.77 (35.77) | 1:52.79 (1:17.02) | 3:07.74 (1:14.96) | 4:19.97 (1:12.24) | | |
| | 5:34.55 (1:14.58) | 6:49.83 (1:15.28) | 8:04.74 (1:14.92) | 9:19.74 (1:15.00) | | |
| | 10:34.40 (1:14.67) | 11:48.48 (1:14.09) | 13:00.33 (1:11.85) | 14:10.00 (1:09.68) | | |
| | 15:17.91 (1:07.91) | | | | | |
| 4 | Denlinger, Matt | Bridgewater (Va.) | 15:15.85 | 15:18.52 | 4 | |
| | 36.31 (36.31) | 1:53.27 (1:16.96) | 3:08.05 (1:14.78) | 4:20.39 (1:12.34) | | |
| | 5:34.92 (1:14.53) | 6:50.15 (1:15.24) | 8:05.06 (1:14.92) | 9:20.02 (1:14.97) | | |
| | 10:34.71 (1:14.69) | 11:48.75 (1:14.05) | 13:00.80 (1:12.05) | 14:10.44 (1:09.64) | | |
| | 15:18.52 (1:08.09) | | | | | |
| 5 | Strehler, Mac | Washington and Lee | 15:14.49 | 15:21.19 | 2 | |
| | 35.94 (35.94) | 1:52.56 (1:16.63) | 3:07.77 (1:15.21) | 4:20.15 (1:12.39) | | |
| | 5:34.68 (1:14.53) | 6:49.96 (1:15.29) | 8:04.88 (1:14.92) | 9:19.90 (1:15.02) | | |
| | 10:34.58 (1:14.69) | 11:48.54 (1:13.96) | 13:01.54 (1:13.01) | 14:13.65 (1:12.11) | | |
| | 15:21.19 (1:07.55) | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Men 5000 Meter Run

| | | | | | |
|----|--------------------|--------------------|--------------------|--------------------|---|
| 6 | Gehman, Ryan | Eastern Mennonite | 15:33.46 | 15:26.11 | 1 |
| | 36.91 (36.91) | 1:53.71 (1:16.81) | 3:08.53 (1:14.83) | 4:20.55 (1:12.02) | |
| | 5:35.28 (1:14.74) | 6:50.61 (1:15.34) | 8:05.32 (1:14.72) | 9:20.17 (1:14.86) | |
| | 10:34.75 (1:14.59) | 11:48.99 (1:14.24) | 13:01.14 (1:12.16) | 14:13.59 (1:12.45) | |
| | 15:26.11 (1:12.53) | | | | |
| 7 | Landis, Jacob | Eastern Mennonite | 15:25.08 | 15:37.21 | |
| | 37.17 (37.17) | 1:53.60 (1:16.44) | 3:07.96 (1:14.36) | 4:20.23 (1:12.27) | |
| | 5:34.77 (1:14.54) | 6:49.96 (1:15.19) | 8:05.14 (1:15.19) | 9:20.15 (1:15.02) | |
| | 10:34.97 (1:14.82) | 11:49.74 (1:14.78) | 13:05.98 (1:16.24) | 14:22.49 (1:16.52) | |
| | 15:37.21 (1:14.72) | | | | |
| 8 | Goncarovs, Andris | Guilford | 15:29.49 | 15:44.60 | |
| | 35.55 (35.55) | 1:53.04 (1:17.50) | 3:07.58 (1:14.54) | 4:19.88 (1:12.31) | |
| | 5:34.43 (1:14.55) | 6:49.75 (1:15.33) | 8:04.65 (1:14.91) | 9:19.67 (1:15.03) | |
| | 10:34.36 (1:14.70) | 11:49.52 (1:15.16) | 13:04.93 (1:15.41) | 14:25.51 (1:20.58) | |
| | 15:44.60 (1:19.10) | | | | |
| 9 | Miller, Tim | Bridgewater (Va.) | 15:29.85 | 15:52.87 | |
| | 36.02 (36.02) | 1:53.43 (1:17.42) | 3:08.34 (1:14.91) | 4:20.74 (1:12.41) | |
| | 5:35.08 (1:14.34) | 6:50.50 (1:15.43) | 8:06.00 (1:15.51) | 9:23.22 (1:17.22) | |
| | 10:41.38 (1:18.17) | 11:59.14 (1:17.77) | 13:18.71 (1:19.57) | 14:39.19 (1:20.49) | |
| | 15:52.87 (1:13.68) | | | | |
| 10 | Osborne, Andrew | Lynchburg | 16:07.59 | 15:52.97 | |
| | 37.29 (37.29) | 1:53.96 (1:16.67) | 3:08.80 (1:14.84) | 4:21.25 (1:12.45) | |
| | 5:35.54 (1:14.30) | 6:51.23 (1:15.69) | 8:07.26 (1:16.04) | 9:24.27 (1:17.01) | |
| | 10:43.10 (1:18.84) | 12:01.32 (1:18.22) | 13:20.84 (1:19.53) | 14:40.35 (1:19.51) | |
| | 15:52.97 (1:12.63) | | | | |
| 11 | Gibson, Trey | Bridgewater (Va.) | 15:58.28 | 16:08.12 | |
| | 36.79 (36.79) | 1:53.84 (1:17.05) | 3:09.00 (1:15.16) | 4:21.67 (1:12.68) | |
| | 5:35.86 (1:14.19) | 6:52.18 (1:16.33) | 8:07.99 (1:15.82) | 9:25.52 (1:17.53) | |
| | 10:43.97 (1:18.46) | 12:03.47 (1:19.51) | 13:23.57 (1:20.10) | 14:44.80 (1:21.24) | |
| | 16:08.12 (1:23.32) | | | | |
| 12 | Warring, Levi | Washington and Lee | 15:38.14 | 16:21.31 | |
| | 36.43 (36.43) | 1:53.58 (1:17.16) | 3:08.69 (1:15.11) | 4:20.87 (1:12.18) | |
| | 5:34.89 (1:14.03) | 6:50.34 (1:15.46) | 8:05.81 (1:15.48) | 9:22.03 (1:16.23) | |
| | 10:41.95 (1:19.92) | 12:02.87 (1:20.92) | 13:27.43 (1:24.57) | 14:55.03 (1:27.60) | |
| | 16:21.31 (1:26.29) | | | | |
| 13 | Smith, Drew | Lynchburg | | 16:29.97 | |
| | 38.44 (38.44) | 1:56.23 (1:17.79) | 3:14.50 (1:18.28) | 4:31.92 (1:17.43) | |
| | 5:49.98 (1:18.06) | 7:09.35 (1:19.37) | 8:29.25 (1:19.91) | 9:49.20 (1:19.96) | |
| | 11:10.18 (1:20.98) | 12:34.38 (1:24.21) | 13:56.76 (1:22.38) | 15:18.30 (1:21.55) | |
| | 16:29.97 (1:11.67) | | | | |
| 14 | Harmon, Phillip | Washington and Lee | 16:23.82 | 16:30.45 | |
| | 37.41 (37.41) | 1:54.03 (1:16.63) | 3:09.20 (1:15.17) | 4:24.37 (1:15.18) | |
| | 5:44.56 (1:20.19) | 7:06.43 (1:21.88) | 8:27.13 (1:20.70) | 9:48.85 (1:21.73) | |
| | 11:09.07 (1:20.22) | 12:33.05 (1:23.99) | 13:57.59 (1:24.55) | 15:19.92 (1:22.33) | |
| | 16:30.45 (1:10.54) | | | | |
| 15 | Wiggins, John | Roanoke | 16:39.27 | 16:37.39 | |
| | 39.47 (39.47) | 1:57.40 (1:17.93) | 3:15.95 (1:18.55) | 4:32.62 (1:16.68) | |
| | 5:50.18 (1:17.57) | 7:09.17 (1:18.99) | 8:28.97 (1:19.81) | 9:48.61 (1:19.64) | |
| | 11:08.78 (1:20.18) | 12:29.22 (1:20.45) | 13:52.30 (1:23.09) | 15:17.01 (1:24.71) | |
| | 16:37.39 (1:20.38) | | | | |
| 16 | Maloney, Trevor | Virginia Wesleyan | 16:41.35 | 16:37.76 | |
| | 39.05 (39.05) | 1:57.23 (1:18.18) | 3:17.07 (1:19.84) | 4:36.95 (1:19.89) | |
| | 5:56.93 (1:19.99) | 7:17.80 (1:20.88) | 8:39.62 (1:21.82) | 10:01.00 (1:21.38) | |
| | 11:21.65 (1:20.66) | 12:42.65 (1:21.01) | 14:03.78 (1:21.13) | 15:24.28 (1:20.50) | |
| | 16:37.76 (1:13.49) | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

...Men 5000 Meter Run

| | | | | | | |
|----|--------------------|--------------------|--------------------|--------------------|-----|--|
| 17 | Nisly, Jonathan | Eastern Mennonite | 16:16.43 | 16:41.08 | | |
| | 39.90 (39.90) | 1:58.17 (1:18.27) | 3:17.63 (1:19.46) | 4:37.26 (1:19.64) | | |
| | 5:56.01 (1:18.75) | 7:15.52 (1:19.51) | 8:35.99 (1:20.48) | 9:57.15 (1:21.17) | | |
| | 11:18.41 (1:21.26) | 12:40.71 (1:22.30) | 14:02.95 (1:22.25) | 15:23.52 (1:20.58) | | |
| | 16:41.08 (1:17.56) | | | | | |
| 18 | Maguder, Connor | Bridgewater (Va.) | 16:01.70 | 16:47.79 | | |
| | 38.41 (38.41) | 1:55.93 (1:17.52) | 3:14.20 (1:18.28) | 4:31.61 (1:17.41) | | |
| | 5:49.66 (1:18.06) | 7:09.02 (1:19.36) | 8:29.83 (1:20.82) | 9:54.37 (1:24.55) | | |
| | 11:18.49 (1:24.12) | 12:43.57 (1:25.08) | 14:09.91 (1:26.35) | 15:34.51 (1:24.60) | | |
| | 16:47.79 (1:13.29) | | | | | |
| 19 | Quesenberry, Trevo | Roanoke | 16:51.42 | 16:48.19 | | |
| | 39.25 (39.25) | 1:57.52 (1:18.28) | 3:17.21 (1:19.69) | 4:37.09 (1:19.89) | | |
| | 5:57.02 (1:19.93) | 7:17.89 (1:20.87) | 8:39.71 (1:21.82) | 10:01.42 (1:21.72) | | |
| | 11:23.39 (1:21.97) | 12:46.68 (1:23.29) | 14:11.66 (1:24.99) | 15:33.79 (1:22.13) | | |
| | 16:48.19 (1:14.40) | | | | | |
| 20 | Hines, Jeremiah | Eastern Mennonite | 17:27.97 | 17:02.51 | | |
| | 39.95 (39.95) | 1:58.44 (1:18.50) | 3:17.76 (1:19.32) | 4:37.52 (1:19.76) | | |
| | 5:56.28 (1:18.77) | 7:15.87 (1:19.59) | 8:36.62 (1:20.76) | 9:59.05 (1:22.44) | | |
| | 11:22.79 (1:23.74) | 12:48.22 (1:25.44) | 14:16.34 (1:28.12) | 15:47.28 (1:30.95) | | |
| | 17:02.51 (1:15.23) | | | | | |
| 21 | Gussiaas, Matthew | Shenandoah | 17:00.10 | 17:02.80 | | |
| | 41.46 (41.46) | 2:01.60 (1:20.15) | 3:22.73 (1:21.13) | 4:46.07 (1:23.34) | | |
| | 6:07.38 (1:21.31) | 7:27.56 (1:20.19) | 8:49.56 (1:22.00) | 10:13.14 (1:23.58) | | |
| | 11:36.89 (1:23.76) | 13:00.67 (1:23.79) | 14:25.01 (1:24.35) | 15:47.82 (1:22.81) | | |
| | 17:02.80 (1:14.98) | | | | | |
| 22 | Cooke, Matt | Virginia Wesleyan | 17:09.43 | 17:09.84 | | |
| | 39.54 (39.54) | 1:58.29 (1:18.76) | 3:18.49 (1:20.21) | 4:39.60 (1:21.11) | | |
| | 6:02.56 (1:22.97) | 7:25.48 (1:22.93) | 8:49.33 (1:23.86) | 10:14.55 (1:25.22) | | |
| | 11:38.85 (1:24.30) | 13:03.25 (1:24.40) | 14:27.66 (1:24.42) | 15:50.47 (1:22.81) | | |
| | 17:09.84 (1:19.38) | | | | | |
| 23 | Lombardi, Kyle | Shenandoah | 17:15.89 | 17:30.78 | | |
| | 41.17 (41.17) | 2:01.72 (1:20.55) | 3:22.46 (1:20.75) | 4:46.35 (1:23.90) | | |
| | 6:08.30 (1:21.96) | 7:33.53 (1:25.23) | 8:58.76 (1:25.24) | 10:23.77 (1:25.02) | | |
| | 11:49.04 (1:25.27) | 13:14.28 (1:25.24) | 14:41.07 (1:26.80) | 16:07.57 (1:26.51) | | |
| | 17:30.78 (1:23.21) | | | | | |
| 24 | Westervelt, Patric | Guilford | 18:10.45 | 18:02.91 | | |
| | 40.07 (40.07) | 1:59.06 (1:18.99) | 3:18.80 (1:19.75) | 4:40.06 (1:21.27) | | |
| | 6:02.96 (1:22.91) | 7:26.67 (1:23.71) | 8:54.56 (1:27.89) | 10:25.99 (1:31.44) | | |
| | 11:58.59 (1:32.61) | 13:31.40 (1:32.82) | 15:06.25 (1:34.85) | 16:40.80 (1:34.55) | | |
| | 18:02.91 (1:22.12) | | | | | |
| 25 | Kirkbride, Kyle | Virginia Wesleyan | 18:26.63 | | | |
| | 41.02 (41.02) | 2:01.93 (1:20.91) | 3:24.29 (1:22.37) | 4:52.32 (1:28.04) | | |
| | 6:23.10 (1:30.78) | 7:55.29 (1:32.20) | 9:25.62 (1:30.34) | 10:59.69 (1:34.07) | | |
| | 12:31.39 (1:31.71) | 14:04.90 (1:33.51) | 15:37.59 (1:32.69) | 17:06.30 (1:28.72) | | |
| | 18:26.63 (1:20.33) | | | | | |
| -- | Driscoll, Darren | Virginia Wesleyan | 15:51.69 | | DNF | |
| | 38.99 (38.99) | 1:57.02 (1:18.04) | 3:16.94 (1:19.92) | 4:36.79 (1:19.86) | | |
| | 5:56.70 (1:19.92) | 7:17.62 (1:20.92) | 8:39.46 (1:21.85) | 10:00.78 (1:21.32) | | |
| -- | Rittenhouse, Abram | Bridgewater (Va.) | 16:07.63 | | DNF | |
| | 37.67 (37.67) | 1:54.44 (1:16.77) | 3:11.21 (1:16.78) | 4:23.82 (1:12.61) | | |
| | 5:35.58 (1:11.77) | 6:52.73 (1:17.16) | 8:29.78 (1:37.05) | | | |
| -- | Purrington, Ryan | Randolph | 16:44.13 | | DNF | |
| | 40.52 (40.52) | 1:58.74 (1:18.22) | 3:16.66 (1:17.92) | 4:32.42 (1:15.77) | | |
| | 5:51.60 (1:19.18) | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

Men 10000 Meter Run

| Meet: % 32:20.74 2012 Luke Sohl, Bridgewater | | | | | | | |
|----------------------------------------------|----------|-----------------|--------------------|-----------|----------|-----------|--------------------|
| Name | Year | School | Seed | Finals | Points | | |
| 1 | | Sohl, Luke | Bridgewater (Va.) | 32:25.10 | 10 | | |
| | 1:26.32 | (1:26.32) | 2:49.73 | (1:23.41) | 4:08.11 | (1:18.39) | 5:26.20 (1:18.09) |
| | 6:44.07 | (1:17.88) | 8:04.49 | (1:20.43) | 9:24.48 | (1:19.99) | 10:45.41 (1:20.93) |
| | 12:05.50 | (1:20.10) | 13:26.10 | (1:20.61) | 14:46.22 | (1:20.12) | 16:07.67 (1:21.45) |
| | 17:26.55 | (1:18.89) | 18:40.61 | (1:14.06) | 19:55.14 | (1:14.53) | 21:09.98 (1:14.84) |
| | 22:24.60 | (1:14.63) | 23:41.60 | (1:17.00) | 24:59.24 | (1:17.65) | 26:15.63 (1:16.39) |
| | 27:31.74 | (1:16.11) | 28:48.53 | (1:16.80) | 30:01.53 | (1:13.00) | 31:11.96 (1:10.43) |
| | 32:25.10 | (1:13.15) | | | | | |
| 2 | | Strehler, Mac | Washington and Lee | 32:47.05 | 32:30.27 | 8 | |
| | 1:26.23 | (1:26.23) | 2:49.55 | (1:23.32) | 4:07.83 | (1:18.29) | 5:25.94 (1:18.12) |
| | 6:43.86 | (1:17.92) | 8:04.24 | (1:20.39) | 9:24.25 | (1:20.01) | 10:45.16 (1:20.92) |
| | 12:05.27 | (1:20.11) | 13:25.89 | (1:20.63) | 14:46.02 | (1:20.13) | 16:07.41 (1:21.40) |
| | 17:26.38 | (1:18.98) | 18:40.36 | (1:13.98) | 19:55.02 | (1:14.67) | 21:09.83 (1:14.81) |
| | 22:24.43 | (1:14.61) | 23:41.14 | (1:16.72) | 24:58.76 | (1:17.62) | 26:15.33 (1:16.57) |
| | 27:31.58 | (1:16.25) | 28:48.47 | (1:16.90) | 30:04.68 | (1:16.21) | 31:21.25 (1:16.58) |
| | 32:30.27 | (1:09.02) | | | | | |
| 3 | | Denlinger, Matt | Bridgewater (Va.) | 33:53.34 | 32:47.09 | 6 | |
| | 1:26.46 | (1:26.46) | 2:49.87 | (1:23.41) | 4:08.38 | (1:18.52) | 5:26.34 (1:17.96) |
| | 6:44.20 | (1:17.87) | 8:04.76 | (1:20.57) | 9:24.63 | (1:19.88) | 10:45.64 (1:21.01) |
| | 12:05.77 | (1:20.14) | 13:26.41 | (1:20.64) | 14:46.50 | (1:20.09) | 16:07.92 (1:21.43) |
| | 17:26.69 | (1:18.78) | 18:40.86 | (1:14.17) | 19:55.30 | (1:14.44) | 21:10.11 (1:14.82) |
| | 22:24.67 | (1:14.57) | 23:41.38 | (1:16.72) | 24:59.05 | (1:17.67) | 26:15.55 (1:16.51) |
| | 27:31.86 | (1:16.31) | 28:49.83 | (1:17.98) | 30:08.41 | (1:18.58) | 31:27.41 (1:19.00) |
| | 32:47.09 | (1:19.69) | | | | | |
| 4 | | Jackson, Troy | Bridgewater (Va.) | 34:44.95 | 33:13.98 | 4 | |
| | 1:26.89 | (1:26.89) | 2:50.63 | (1:23.74) | 4:10.37 | (1:19.74) | 5:30.41 (1:20.05) |
| | 6:50.65 | (1:20.24) | 8:11.07 | (1:20.42) | 9:31.94 | (1:20.87) | 10:52.72 (1:20.79) |
| | 12:13.62 | (1:20.90) | 13:34.88 | (1:21.26) | 14:55.90 | (1:21.02) | 16:16.67 (1:20.78) |
| | 17:37.19 | (1:20.53) | 18:56.67 | (1:19.48) | 20:16.06 | (1:19.40) | 21:34.59 (1:18.53) |
| | 22:52.48 | (1:17.89) | 24:11.43 | (1:18.96) | 25:30.21 | (1:18.79) | 26:49.41 (1:19.20) |
| | 28:09.43 | (1:20.03) | 29:28.18 | (1:18.75) | 30:47.05 | (1:18.87) | 32:04.15 (1:17.11) |
| | 33:13.98 | (1:09.84) | | | | | |
| 5 | | Osborne, Andrew | Lynchburg | | 33:17.61 | 2 | |
| | 1:26.70 | (1:26.70) | 2:50.35 | (1:23.65) | 4:10.06 | (1:19.71) | 5:30.15 (1:20.10) |
| | 6:50.36 | (1:20.21) | 8:10.82 | (1:20.47) | 9:31.73 | (1:20.92) | 10:52.47 (1:20.74) |
| | 12:13.39 | (1:20.93) | 13:34.63 | (1:21.25) | 14:55.66 | (1:21.03) | 16:16.39 (1:20.73) |
| | 17:36.99 | (1:20.61) | 18:56.38 | (1:19.40) | 20:15.87 | (1:19.49) | 21:34.28 (1:18.41) |
| | 22:52.72 | (1:18.45) | 24:11.83 | (1:19.11) | 25:31.00 | (1:19.17) | 26:50.38 (1:19.38) |
| | 28:10.01 | (1:19.64) | 29:27.95 | (1:17.94) | 30:46.76 | (1:18.82) | 32:04.47 (1:17.72) |
| | 33:17.61 | (1:13.15) | | | | | |
| 6 | | Grubb, Austin | Roanoke | | 34:09.15 | 1 | |
| | 1:26.05 | (1:26.05) | 2:49.32 | (1:23.27) | 4:07.64 | (1:18.32) | 5:25.74 (1:18.11) |
| | 6:43.64 | (1:17.90) | 8:04.05 | (1:20.42) | 9:24.04 | (1:19.99) | 10:44.99 (1:20.96) |
| | 12:05.05 | (1:20.06) | 13:25.68 | (1:20.63) | 14:45.88 | (1:20.21) | 16:07.27 (1:21.40) |
| | 17:28.31 | (1:21.05) | 18:48.13 | (1:19.83) | 20:09.14 | (1:21.01) | 21:31.32 (1:22.19) |
| | 22:54.34 | (1:23.03) | 24:19.25 | (1:24.91) | 25:43.40 | (1:24.16) | 27:08.18 (1:24.78) |
| | 28:33.72 | (1:25.54) | 29:58.63 | (1:24.91) | 31:22.15 | (1:23.52) | 32:46.16 (1:24.01) |
| | 34:09.15 | (1:23.00) | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Men 10000 Meter Run

| | | | |
|----|--------------------|--------------------|--------------------|
| 7 | Leaman, Jordan | Eastern Mennonite | 34:22.97 |
| | 1:26.98 (1:26.98) | 2:50.51 (1:23.54) | 4:11.00 (1:20.49) |
| | 6:51.81 (1:20.83) | 8:15.41 (1:23.61) | 9:36.86 (1:21.45) |
| | 12:20.70 (1:22.44) | 13:42.17 (1:21.48) | 15:03.99 (1:21.82) |
| | 17:48.99 (1:23.11) | 19:13.68 (1:24.69) | 20:36.49 (1:22.82) |
| | 23:22.15 (1:23.03) | 24:45.85 (1:23.71) | 26:09.80 (1:23.95) |
| | 28:56.20 (1:23.23) | 30:20.11 (1:23.92) | 31:44.56 (1:24.46) |
| | 34:22.97 (1:16.51) | | 33:06.47 (1:21.91) |
| 8 | Quesenberry, Trevo | Roanoke | 35:27.90 35:10.35 |
| | 1:27.15 (1:27.15) | 2:50.73 (1:23.59) | 4:10.91 (1:20.18) |
| | 6:51.68 (1:21.02) | 8:15.28 (1:23.60) | 9:38.07 (1:22.80) |
| | 12:27.97 (1:25.00) | 13:54.25 (1:26.28) | 15:18.50 (1:24.26) |
| | 18:08.47 (1:26.25) | 19:33.60 (1:25.13) | 20:58.77 (1:25.17) |
| | 23:54.34 (1:27.51) | 25:20.60 (1:26.26) | 26:48.77 (1:28.17) |
| | 29:41.40 (1:25.46) | 31:06.72 (1:25.33) | 32:31.94 (1:25.22) |
| | 35:10.35 (1:15.62) | | 33:54.73 (1:22.80) |
| 9 | Gensburg, Mark | Washington and Lee | 35:21.37 35:14.82 |
| | 1:27.26 (1:27.26) | 2:50.14 (1:22.88) | 4:10.72 (1:20.59) |
| | 6:53.48 (1:21.57) | 8:17.40 (1:23.92) | 9:41.19 (1:23.80) |
| | 12:30.53 (1:25.20) | 13:55.72 (1:25.20) | 15:20.70 (1:24.98) |
| | 18:12.82 (1:27.21) | 19:38.95 (1:26.13) | 21:06.32 (1:27.38) |
| | 24:00.24 (1:26.18) | 25:25.46 (1:25.22) | 26:52.04 (1:26.59) |
| | 29:42.08 (1:26.37) | 31:07.83 (1:25.76) | 32:36.67 (1:28.84) |
| | 35:14.82 (1:14.00) | | 34:00.83 (1:24.16) |
| 10 | Wojtysiak, Josh | Roanoke | 35:12.13 35:15.06 |
| | 1:27.49 (1:27.49) | 2:50.90 (1:23.42) | 4:11.93 (1:21.03) |
| | 6:56.95 (1:24.00) | 8:21.89 (1:24.94) | 9:47.07 (1:25.19) |
| | 12:37.84 (1:25.52) | 14:03.18 (1:25.34) | 15:29.19 (1:26.01) |
| | 18:20.66 (1:26.40) | 19:48.29 (1:27.64) | 21:14.30 (1:26.01) |
| | 24:05.83 (1:26.12) | 25:33.18 (1:27.36) | 26:58.01 (1:24.84) |
| | 29:50.26 (1:26.29) | 31:15.67 (1:25.42) | 32:40.41 (1:24.74) |
| | 35:15.06 (1:12.60) | | 34:02.46 (1:22.06) |
| 11 | Cook, Robert | Eastern Mennonite | 35:24.29 |
| | 1:27.24 (1:27.24) | 2:50.67 (1:23.44) | 4:11.25 (1:20.58) |
| | 6:52.10 (1:20.79) | 8:15.60 (1:23.50) | 9:37.14 (1:21.55) |
| | 12:23.36 (1:24.57) | 13:50.67 (1:27.32) | 15:17.16 (1:26.49) |
| | 18:07.23 (1:26.54) | 19:32.16 (1:24.93) | 20:57.30 (1:25.14) |
| | 23:49.39 (1:25.34) | 25:17.63 (1:28.24) | 26:44.57 (1:26.94) |
| | 29:41.32 (1:30.41) | 31:10.73 (1:29.41) | 32:39.65 (1:28.92) |
| | 35:24.29 (1:18.17) | | 34:06.12 (1:26.48) |
| 12 | Henken, Cameron | Bridgewater (Va.) | 35:40.27 |
| | 1:27.70 (1:27.70) | 2:51.13 (1:23.44) | 4:11.61 (1:20.49) |
| | 6:52.28 (1:20.20) | 8:15.51 (1:23.24) | 9:36.37 (1:20.87) |
| | 12:19.86 (1:22.07) | 13:41.67 (1:21.81) | 15:03.53 (1:21.86) |
| | 17:48.66 (1:23.31) | 19:13.54 (1:24.89) | 20:42.11 (1:28.57) |
| | 24:05.74 (1:47.01) | 25:43.53 (1:37.80) | 27:07.90 (1:24.37) |
| | 29:57.35 (1:25.93) | 31:26.81 (1:29.47) | 32:53.49 (1:26.68) |
| | 35:40.27 (1:22.55) | | 34:17.72 (1:24.23) |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Men 10000 Meter Run

| | | | | |
|----|--------------------|--------------------|--------------------|--------------------|
| 13 | Wojtysiak, Adam | Roanoke | 35:37.02 | 35:48.85 |
| | 1:27.46 (1:27.46) | 2:52.18 (1:24.73) | 4:14.12 (1:21.95) | 5:37.30 (1:23.18) |
| | 7:02.88 (1:25.59) | 8:29.12 (1:26.24) | 9:55.73 (1:26.62) | 11:22.13 (1:26.40) |
| | 12:49.37 (1:27.25) | 14:15.86 (1:26.50) | 15:42.40 (1:26.54) | 17:08.83 (1:26.43) |
| | 18:35.64 (1:26.82) | 20:02.40 (1:26.76) | 21:29.13 (1:26.73) | 22:55.39 (1:26.27) |
| | 24:21.03 (1:25.65) | 25:47.96 (1:26.93) | 27:14.92 (1:26.96) | 28:42.32 (1:27.41) |
| | 30:08.85 (1:26.54) | 31:36.31 (1:27.46) | 33:03.19 (1:26.89) | 34:27.29 (1:24.11) |
| | 35:48.85 (1:21.56) | | | |
| 14 | Statler, Cody | Roanoke | 36:48.33 | 36:19.52 |
| | 1:27.97 (1:27.97) | 2:52.72 (1:24.76) | 4:15.56 (1:22.84) | 5:39.92 (1:24.36) |
| | 7:05.30 (1:25.39) | 8:31.64 (1:26.34) | 9:58.84 (1:27.21) | 11:25.34 (1:26.50) |
| | 12:53.07 (1:27.74) | 14:20.44 (1:27.37) | 15:48.23 (1:27.79) | 17:15.47 (1:27.25) |
| | 18:42.33 (1:26.87) | 20:10.38 (1:28.05) | 21:38.43 (1:28.05) | 23:06.37 (1:27.94) |
| | 24:35.38 (1:29.02) | 26:04.85 (1:29.48) | 27:34.88 (1:30.03) | 29:04.34 (1:29.46) |
| | 30:33.67 (1:29.33) | 32:02.70 (1:29.04) | 33:31.05 (1:28.36) | 34:58.61 (1:27.56) |
| | 36:19.52 (1:20.91) | | | |

Men 110 Meter Hurdles

| | | | | | | |
|---------------|-------------------|--------------------|-----------------|---------|------|----|
| ===== | | | | | | |
| Meet: % 14.54 | | 1988 | Andy White, W&L | | | |
| Name | Year | School | Seed | Prelims | Wind | H# |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Davis, Rachad | Lynchburg | 15.35 | 15.05Q | +0.0 | 1 |
| 2 | Martindell, Ben | Bridgewater (Va.) | 15.12 | 15.31Q | +0.0 | 2 |
| 3 | Quinn, Anthony | Randolph | 15.29 | 15.13q | +0.0 | 1 |
| 4 | Beale, Daryus | Bridgewater (Va.) | 15.69 | 15.77q | +0.0 | 2 |
| 5 | Cox, Azariah | Eastern Mennonite | | 15.94q | +0.0 | 2 |
| 6 | Robinson, Richard | Eastern Mennonite | | 15.96q | +0.0 | 1 |
| 7 | Fuentes, Brian | Lynchburg | 16.09 | 16.00q | +0.0 | 1 |
| 8 | Clement, Forrest | Lynchburg | 15.89 | 16.10q | +0.0 | 2 |
| 9 | Malloy, James | Washington and Lee | 19.55 | 17.92 | +0.0 | 1 |
| 10 | Below, Cody | Virginia Wesleyan | 21.09 | 19.44 | +0.0 | 2 |

Men 110 Meter Hurdles

| | | | | | | |
|---------------|-------------------|-------------------|-----------------|--------|------|--------|
| ===== | | | | | | |
| Meet: % 14.54 | | 1988 | Andy White, W&L | | | |
| Name | Year | School | Prelims | Finals | Wind | Points |
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | Martindell, Ben | Bridgewater (Va.) | 15.31 | 14.83 | 1.5 | 10 |
| 2 | Beale, Daryus | Bridgewater (Va.) | 15.77 | 15.18 | 1.5 | 8 |
| 3 | Davis, Rachad | Lynchburg | 15.05 | 15.36 | 1.5 | 6 |
| 4 | Quinn, Anthony | Randolph | 15.13 | 15.51 | 1.5 | 4 |
| 5 | Fuentes, Brian | Lynchburg | 16.00 | 15.73 | 1.5 | 2 |
| 6 | Cox, Azariah | Eastern Mennonite | 15.94 | 16.07 | 1.5 | 1 |
| -- | Robinson, Richard | Eastern Mennonite | 15.96 | DNF | 1.5 | |
| -- | Clement, Forrest | Lynchburg | 16.10 | DQ | 1.5 | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

Men 400 Meter Hurdles

| Meet: % 53.67 2013 Rachad Davis, Lynchburg | | | | | |
|--------------------------------------------|------|--------------------|--------------------|---------|-----------|
| Name | Year | School | Seed | Prelims | H# |
| Preliminaries | | | | | |
| 1 | | Fuentes, Brian | Lynchburg | 54.78 | 56.57Q 3 |
| 2 | | Myers, Dillon | Washington and Lee | 54.76 | 56.88Q 1 |
| 3 | | Davis, Rachad | Lynchburg | 53.39 | 56.91Q 2 |
| 4 | | Smith, Sam | Bridgewater (Va.) | 58.58 | 56.94q 3 |
| 5 | | Kenward, Bryan | Bridgewater (Va.) | 58.19 | 57.33q 2 |
| 6 | | Fentress, Jevone | Bridgewater (Va.) | 57.07 | 57.56q 1 |
| 7 | | Dove, Ross | Roanoke | 59.17 | 57.60 3 |
| 8 | | Martindell, Ben | Bridgewater (Va.) | 56.83 | 57.61 3 |
| 9 | | Zachariades, Charl | Washington and Lee | 58.55 | 58.59 1 |
| 10 | | Bush, Jonathan | Eastern Mennonite | 57.42 | 58.62 2 |
| 11 | | Quinn, Anthony | Randolph | 1:00.58 | 59.45 2 |
| 12 | | Jones, Steven | Virginia Wesleyan | 1:05.70 | 1:03.43 2 |
| 13 | | Gussiaas, Matthew | Shenandoah | | 1:06.80 1 |
| -- | | Devore, Corey | Lynchburg | 1:00.04 | DNF 1 |

Men 400 Meter Hurdles

| Meet: % 53.67 2013 Rachad Davis, Lynchburg | | | | | |
|--------------------------------------------|------|------------------|--------------------|--------|-------------------------|
| Name | Year | School | Prelims | Finals | Points |
| Finals | | | | | |
| 1 | | Davis, Rachad | Lynchburg | 56.91 | 54.65 10 |
| 2 | | Fuentes, Brian | Lynchburg | 56.57 | 54.97 8 |
| 3 | | Myers, Dillon | Washington and Lee | 56.88 | 55.74 6 |
| 4 | | Smith, Sam | Bridgewater (Va.) | 56.94 | 57.25 4 |
| 5 | | Kenward, Bryan | Bridgewater (Va.) | 57.33 | 57.68 2 |
| -- | | Fentress, Jevone | Bridgewater (Va.) | 57.56 | DQ trail leg inside 3 h |

Men 3000 Meter Steeplechase

| Meet: % 9:23.57 2013 Chad Norton, Guilford | | | | | |
|--------------------------------------------|------|--------------------|--------------------|----------|------------|
| Name | Year | School | Seed | Finals | Points |
| 1 | | Toney, Harrison | Roanoke | 9:29.67 | 9:29.9h 10 |
| 2 | | Norton, Chad | Guilford | 9:42.47 | 9:53.1h 8 |
| 3 | | Rittenhouse, Abram | Bridgewater (Va.) | 9:58.12 | 10:11.9h 6 |
| 4 | | Smith, Drew | Lynchburg | 10:30.25 | 10:17.1h 4 |
| 5 | | Nisly, Jared | Eastern Mennonite | 10:21.78 | 10:19.7h 2 |
| 6 | | Good, Kevin | Washington and Lee | 10:55.25 | 10:20.7h 1 |
| 7 | | Gussiaas, Matthew | Shenandoah | 10:32.93 | 10:30.7h |
| 8 | | Long, Scott | Bridgewater (Va.) | 11:19.95 | 10:31.2h |
| 9 | | Ruane, Brian | Roanoke | | 10:35.6h |
| 10 | | Melius, Hunter | Virginia Wesleyan | 10:49.79 | 10:50.0h |
| 11 | | Zimmerman, Jonas | Bridgewater (Va.) | | 11:00.9h |
| 12 | | Rose, Glenn | Virginia Wesleyan | 11:30.38 | 11:01.6h |
| 13 | | Stern, Ben | Lynchburg | 11:20.29 | 11:03.6h |
| 14 | | Reynolds, Nick | Guilford | 11:15.41 | 11:04.0h |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

Men 4x100 Meter Relay

| Meet: % 41.73 2008 | | , Bridgewater | | Seed | Finals | H# | Points |
|--------------------|------------------------|---------------|-----------------------|-------|--------|----|---------------|
| School | | | | | | | |
| 1 | Washington and Lee 'A' | | | 41.61 | 42.13 | 2 | 10 |
| | 1) Kim, Agustin | | 2) Jeong, Aaron | | | | |
| | 3) Glasgow, Cole | | 4) Tallman, Alexander | | | | |
| 2 | Lynchburg 'A' | | | 43.08 | 42.86 | 2 | 8 |
| | 1) Fuentes, Brian | | 2) Kezar, Zachary | | | | |
| | 3) Truman, Evan | | 4) Davis, Rachad | | | | |
| 3 | Shenandoah 'A' | | | 43.15 | 43.31 | 2 | 6 |
| | 1) Banks, Anthony | | 2) Eastwood, Everton | | | | |
| | 3) Howell, Henry | | 4) Lewis, Bobby | | | | |
| 4 | Guilford 'A' | | | 44.15 | 44.03 | 1 | 4 |
| | 1) Mitchell, Josephus | | 2) Green, CJ | | | | |
| | 3) Sumner, Jonathan | | 4) Turpin, Clarence | | | | |
| 5 | Roanoke 'A' | | | 44.42 | 44.04 | 1 | 2 |
| | 1) Wilson, Jamal | | 2) Dove, Ross | | | | |
| | 3) Jordan, Justin | | 4) Thompson, Cameron | | | | |
| 6 | Virginia Wesleyan 'A' | | | 42.03 | 44.11 | 2 | 1 |
| | 1) Chapman, John | | 2) Fowlkes, Ethan | | | | |
| | 3) Cole, Stephen | | 4) Lott, Randy | | | | |
| 7 | Eastern Mennonite 'A' | | | 43.69 | 44.80 | 2 | |
| | 1) Miller, Chris | | 2) Winters, Rashan | | | | |
| | 3) Robinson, Richard | | 4) Bush, Jonathan | | | | |
| -- | Bridgewater (Va.) 'A' | | | 43.71 | DQ | 2 | outside zone3 |
| | 1) Beale, Daryus | | 2) Southers, Aaron | | | | |
| | 3) Monteleone, Pete | | 4) McBryde, Ethan | | | | |

Men 4x400 Meter Relay

| Meet: % 3:18.40 1999 | | , Lynchburg | | Seed | Finals | H# | Points |
|----------------------|------------------------|-----------------|--------------------|---------|-----------------|----|--------|
| School | | | | | | | |
| 1 | Washington and Lee 'A' | | | 3:19.02 | 3:20.66 | 2 | 10 |
| | 1) Tallman, Alexander | | 2) Jones, John | | | | |
| | 3) Myers, Dillon | | 4) Camacho, Isidro | | | | |
| | 51.68 (51.68) | 1:43.47 (51.79) | 2:33.48 (50.02) | | 3:20.66 (47.19) | | |
| 2 | Lynchburg 'A' | | | 3:20.77 | 3:20.80 | 2 | 8 |
| | 1) Davis, Rachad | | 2) Boysaw, Tristan | | | | |
| | 3) Fuentes, Brian | | 4) Sippie, Tom | | | | |
| | 51.10 (51.10) | 1:41.52 (50.42) | 2:32.37 (50.86) | | 3:20.80 (48.44) | | |
| 3 | Virginia Wesleyan 'A' | | | 3:19.45 | 3:21.72 | 2 | 6 |
| | 1) Reyes, Aires | | 2) White, Trey | | | | |
| | 3) Lott, Randy | | 4) Elmore, Dan | | | | |
| | 49.49 (49.49) | 1:40.98 (51.49) | 2:32.42 (51.45) | | 3:21.72 (49.31) | | |
| 4 | Bridgewater (Va.) 'A' | | | 3:29.16 | 3:22.74 | 2 | 4 |
| | 1) Martindell, Ben | | 2) Heckman, Nevin | | | | |
| | 3) McBryde, Ethan | | 4) Gunther, Sam | | | | |
| | 52.26 (52.26) | 1:43.09 (50.84) | 2:32.72 (49.64) | | 3:22.74 (50.02) | | |
| 5 | Eastern Mennonite 'A' | | | 3:30.57 | 3:25.08 | 1 | 2 |
| | 1) Bush, Jonathan | | 2) Winters, Rashan | | | | |
| | 3) Thibodeaux, Alec | | 4) Watson, Phillip | | | | |
| | 51.04 (51.04) | 1:44.46 (53.42) | 2:34.31 (49.86) | | 3:25.08 (50.78) | | |
| 6 | Roanoke 'A' | | | 3:33.18 | 3:25.13 | 1 | 1 |

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Roanoke College

Results

....Men 4x400 Meter Relay

| | | | | |
|-----------------------|----------------------|-----------------|-----------------|---|
| 1) Dove, Ross | 2) Bernstein, Andrew | | | |
| 3) Meadows, Cody | 4) Landgren, Drew | | | |
| 50.49 (50.49) | 1:42.85 (52.36) | 2:35.68 (52.84) | 3:25.13 (49.46) | |
| 7 Shenandoah 'A' | | 3:26.74 | 3:26.35 | 2 |
| 1) Banks, Anthony | 2) Eastwood, Everton | | | |
| 3) Johnson, David | 4) Lewis, Kirk | | | |
| 50.19 (50.19) | 1:44.33 (54.15) | 2:35.69 (51.36) | 3:26.35 (50.66) | |
| 8 Guilford 'A' | | 3:30.09 | 3:34.10 | 2 |
| 1) Mitchell, Josephus | 2) Green, CJ | | | |
| 3) Sumner, Jonathan | 4) Turpin, Clarence | | | |
| 51.23 (51.23) | 1:50.36 (59.14) | 2:42.80 (52.44) | 3:34.10 (51.30) | |
| -- Randolph 'A' | | | DNS | 1 |
| 1) Franklin, Damien | 2) Gomez, Eddy | | | |
| 3) Saienni, Kieran | 4) Quinn, Anthony | | | |

Men High Jump

| Meet: % 2.14m | | | | | | | | | | | Ricky Easterling, Bridgewater | | | | |
|---------------|--------------------|--------------------|-------|--------|--------|------|------|------|------|------|-------------------------------|------|------|------|------|
| Name | Year | School | Seed | Finals | Points | | | | | | | | | | |
| 1 | King, Jordan | Eastern Mennonite | 1.95m | 2.04m | 10 | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | 1.96 | 2.01 | 2.02 | 2.04 |
| | | | | | | P | P | P | O | XO | O | O | O | O | O |
| 2 | Moore, Quentin | Eastern Mennonite | 1.89m | 2.02m | 8 | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | 1.96 | 2.01 | 2.02 | 2.04 |
| | | | | | | P | O | O | O | XO | O | O | O | O | X |
| 3 | Vrolijk, Drew | Eastern Mennonite | 2.00m | 1.91m | 6 | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | 1.96 | | | |
| | | | | | | P | P | P | O | O | XO | XXX | | | |
| 4 | Chase, Ed | Virginia Wesleyan | 1.88m | 1.86m | 4 | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | | | | |
| | | | | | | P | P | P | O | O | XXX | | | | |
| 5 | Larson, David | Bridgewater (Va.) | 1.90m | J1.86m | 2 | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | | | | |
| | | | | | | P | P | P | O | XO | XXX | | | | |
| 6 | Franklin, Damien | Randolph | 1.84m | J1.86m | 1 | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | | | | |
| | | | | | | P | P | XO | O | XO | XXX | | | | |
| 7 | Boysaw, Tristan | Lynchburg | 1.83m | J1.86m | | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | 1.91 | | | | |
| | | | | | | P | O | P | XO | XXO | XXX | | | | |
| 8 | Vest, Tyler | Bridgewater (Va.) | 1.80m | 1.81m | | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | | | | | |
| | | | | | | P | P | P | O | XXX | | | | | |
| 9 | Myers, Dillon | Washington and Lee | 1.87m | J1.81m | | 1.66 | 1.71 | 1.76 | 1.81 | 1.86 | | | | | |
| | | | | | | P | XO | XO | O | XXX | | | | | |
| 10 | Butler, Adam | Bridgewater (Va.) | 1.79m | 1.76m | | 1.66 | 1.71 | 1.76 | 1.81 | | | | | | |
| | | | | | | P | P | XO | XXX | | | | | | |
| 10 | DeKnight, Harrison | Washington and Lee | 1.75m | 1.76m | | 1.66 | 1.71 | 1.76 | 1.81 | | | | | | |
| | | | | | | O | XXO | O | XXX | | | | | | |
| 10 | Kenward, Bryan | Bridgewater (Va.) | 1.75m | 1.76m | | 1.66 | 1.71 | 1.76 | 1.81 | | | | | | |
| | | | | | | P | O | XXO | XXX | | | | | | |

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Roanoke College

Results

....Men High Jump

| | | | | |
|----|---------------------|------------|-------|-------|
| 10 | Banks, Anthony | Shenandoah | 1.78m | 1.76m |
| | 1.66 1.71 1.76 1.81 | | | |
| | P O O XXX | | | |
| 14 | Devore, Corey | Lynchburg | 1.78m | 1.71m |
| | 1.66 1.71 1.76 | | | |
| | P XO XXX | | | |

Men Pole Vault

| ===== | | | | | | | | | | | | | | | | | |
|--------------------------------------------|-----------------|--------------------|-------|--------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| Meet: % 5.03m 2007 Andy Rollins, Lynchburg | | | | | | | | | | | | | | | | | |
| Name | Year | School | Seed | Finals | Points | | | | | | | | | | | | |
| ===== | | | | | | | | | | | | | | | | | |
| 1 | O'Dea, Brian | Lynchburg | 4.40m | 4.41m | 10 | 3.06 | 3.21 | 3.36 | 3.51 | 3.66 | 3.81 | 3.96 | 4.11 | 4.21 | 4.31 | 4.41 | 4.61 |
| | P | P | P | P | P | P | O | P | XXO | O | O | XXX | | | | | |
| 2 | Fishman, David | Washington and Lee | 4.12m | 4.31m | 8 | 3.06 | 3.21 | 3.36 | 3.51 | 3.66 | 3.81 | 3.96 | 4.11 | 4.21 | 4.31 | 4.41 | |
| | P | P | P | P | P | P | O | O | XO | O | XXX | | | | | | |
| 3 | Shannon, Daniel | Lynchburg | 4.05m | 3.96m | 6 | 3.06 | 3.21 | 3.36 | 3.51 | 3.66 | 3.81 | 3.96 | 4.11 | | | | |
| | P | P | P | P | P | P | O | XXX | | | | | | | | | |
| 4 | Jones, Robert | Washington and Lee | 3.66m | J3.96m | 4 | 3.06 | 3.21 | 3.36 | 3.51 | 3.66 | 3.81 | 3.96 | 4.11 | | | | |
| | P | P | P | P | O | XO | XO | XXX | | | | | | | | | |
| 5 | Myers, Dillon | Washington and Lee | | 3.21m | 2 | 3.06 | 3.21 | 3.36 | | | | | | | | | |
| | XO | O | XXX | | | | | | | | | | | | | | |
| 6 | Southers, Aaron | Bridgewater (Va.) | 3.05m | 3.06m | 1 | 3.06 | 3.21 | | | | | | | | | | |
| | O | XXX | | | | | | | | | | | | | | | |
| -- | Coles, Chris | Virginia Wesleyan | 3.32m | NH | | 3.06 | | | | | | | | | | | |
| | XXX | | | | | | | | | | | | | | | | |
| -- | Below, Cody | Virginia Wesleyan | | NH | | 3.06 | | | | | | | | | | | |
| | XXX | | | | | | | | | | | | | | | | |

Men Long Jump

| ===== | | | | | | | | | | | | | | |
|-------------------------------------------------|------------------|--------------------|-------|--------|------|--------|-------------|-------------|-------------|-------------|-------------|-------------|--|--|
| Meet: % 7.43m 1998 Dave Lichtenstein, Lynchburg | | | | | | | | | | | | | | |
| Name | Year | School | Seed | Finals | Wind | Points | | | | | | | | |
| ===== | | | | | | | | | | | | | | |
| 1 | Myers, Dillon | Washington and Lee | 6.33m | 6.70m | +0.0 | 10 | 6.42m(+0.0) | FOUL(+0.0) | FOUL(+0.0) | 6.51m(+0.0) | 6.65m(+0.0) | 6.70m(+0.0) | | |
| 2 | Vessels, Stefan | Bridgewater (Va.) | 6.33m | 6.69m | +0.0 | 8 | 6.47m(+0.0) | 6.40m(+0.0) | 6.55m(+0.0) | 6.58m(+0.0) | 6.69m(+0.0) | 6.58m(+0.0) | | |
| 3 | Truman, Evan | Lynchburg | 6.70m | 6.67m | +0.0 | 6 | 6.26m(+0.0) | 6.41m(+0.0) | 6.36m(+0.0) | 6.33m(+0.0) | 6.67m(+0.0) | 6.35m(+0.0) | | |
| 4 | Monteleone, Pete | Bridgewater (Va.) | 6.50m | 6.61m | +0.0 | 4 | FOUL(+0.0) | FOUL(1.3) | 6.49m(+0.0) | FOUL(-0.1) | 6.61m(+0.0) | 6.46m(+0.0) | | |
| 5 | Kezar, Zachary | Lynchburg | 6.50m | 6.52m | -0.2 | 2 | 5.92m(+0.0) | 6.52m(-0.2) | 6.09m(-0.4) | PASS(+0.0) | 6.01m(+0.0) | 6.31m(+0.0) | | |
| 6 | Southers, Aaron | Bridgewater (Va.) | 6.89m | 6.49m | +0.0 | 1 | 6.24m(+0.0) | FOUL(-1.5) | 6.37m(+0.0) | 6.39m(+0.0) | 6.49m(+0.0) | 6.32m(+0.0) | | |

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Results

....Men Long Jump

| | | | | | |
|----|-----------------------------------------------------------------------|-------------------|-------|-------|------|
| 7 | McBryde, Ethan | Bridgewater (Va.) | 6.60m | 6.47m | +0.0 |
| | 6.35m(+0.0) FOUL(+0.0) FOUL(-0.2) 6.36m(+0.0) 6.16m(+0.0) 6.47m(+0.0) | | | | |
| 8 | Fowlkes, Ethan | Virginia Wesleyan | 6.86m | 6.40m | +0.0 |
| | FOUL(+0.0) FOUL(1.2) 6.40m(+0.0) 5.91m(+0.0) 6.07m(+0.0) FOUL(+0.0) | | | | |
| 9 | Moore, Quentin | Eastern Mennonite | 6.37m | 6.33m | -0.8 |
| | FOUL(1.1) 6.33m(-0.8) 6.13m(+0.0) | | | | |
| 10 | Dawson, Zachary | Shenandoah | 6.00m | 6.31m | +0.0 |
| | 5.84m(-1.4) 6.18m(+0.0) 6.31m(+0.0) | | | | |
| 11 | Vest, Tyler | Bridgewater (Va.) | 6.32m | 6.08m | +0.0 |
| | FOUL(1.0) FOUL(+0.0) 6.08m(+0.0) | | | | |
| 12 | Banks, Anthony | Shenandoah | 6.13m | 6.07m | +0.0 |
| | 5.86m(+0.0) 3.94m(+0.0) 6.07m(+0.0) | | | | |
| 13 | Johnson, David | Shenandoah | 5.68m | 6.03m | +0.0 |
| | 6.03m(+0.0) 4.20m(1.5) 5.17m(+0.0) | | | | |
| 14 | Williams, Emmanuel | Guilford | 6.26m | 5.98m | +0.0 |
| | 5.80m(+0.0) 5.84m(0.8) 5.98m(+0.0) | | | | |
| 15 | Butler, Adam | Bridgewater (Va.) | 6.17m | 5.97m | 1.2 |
| | 5.62m(+0.0) 5.33m(+0.0) 5.97m(1.2) | | | | |
| 16 | Jones, Javonta | Randolph | 5.62m | 5.92m | 1.1 |
| | 5.76m(-0.2) 5.54m(+0.0) 5.92m(1.1) | | | | |
| 17 | Shubrooks, Donald | Shenandoah | 6.14m | 5.76m | 0.6 |
| | 5.68m(+0.0) 5.76m(0.6) PASS | | | | |
| 18 | Wilson, Jamal | Roanoke | 5.68m | 5.58m | -0.3 |
| | FOUL(+0.0) 5.58m(-0.3) FOUL(+0.0) | | | | |
| 18 | Watson, Phillip | Eastern Mennonite | 5.20m | 5.58m | +0.0 |
| | 5.58m(+0.0) FOUL(+0.0) 5.46m(-0.1) | | | | |
| 20 | Overholt, Cooper | Randolph | 4.73m | 5.17m | +0.0 |
| | 5.03m(-0.5) 4.94m(+0.0) 5.17m(+0.0) | | | | |

Men Triple Jump

| ===== | | | | | | |
|---------------------------------------------|-------------------------------------------------------------------------------|--------------------|--------|--------|------|--------|
| Meet: % 15.27m 1990 James Walker, Lynchburg | | | | | | |
| Name | Year | School | Seed | Finals | Wind | Points |
| ===== | | | | | | |
| 1 | Council, Darin | Bridgewater (Va.) | 13.37m | 14.10m | -1.1 | 10 |
| | 14.10m(-1.1) 13.74m(+0.0) FOUL(+0.0) PASS | | PASS | PASS | | |
| 2 | Vest, Tyler | Bridgewater (Va.) | 13.24m | 13.80m | -0.7 | 8 |
| | 13.80m(-0.7) FOUL(+0.0) 13.73m(+0.0) FOUL(-1.0) FOUL(1.7) FOUL(+0.0) | | | | | |
| 3 | Vessels, Stefan | Bridgewater (Va.) | 13.62m | 13.72m | -1.1 | 6 |
| | 13.26m(-0.1) 13.14m(-0.1) FOUL(+0.0) 13.19m(-0.9) 12.87m(-1.7) 13.72m(-1.1) | | | | | |
| 4 | Boysaw, Tristan | Lynchburg | 13.13m | 13.58m | -1.1 | 4 |
| | FOUL(0.8) 13.05m(+0.0) 13.20m(-1.1) FOUL(+0.0) FOUL(-0.7) 13.58m(-1.1) | | | | | |
| 5 | Fowlkes, Ethan | Virginia Wesleyan | 14.48m | 13.19m | +0.0 | 2 |
| | 12.97m(-0.1) FOUL(-1.0) 13.15m(+0.0) 12.50m(+0.0) 13.19m(+0.0) 12.69m(+0.0) | | | | | |
| 6 | Butler, Adam | Bridgewater (Va.) | 12.80m | 13.18m | -1.0 | 1 |
| | 12.89m(+0.0) 12.97m(-0.5) 12.74m(-0.2) 13.06m(+0.0) FOUL(-1.1) 13.18m(-1.0) | | | | | |
| 7 | Dawson, Zachary | Shenandoah | 12.67m | 13.11m | 1.3 | |
| | 12.81m(-1.9) 13.11m(1.3) 12.66m(+0.0) 12.66m(-1.2) 12.87m(+0.0) 12.99m(-0.9) | | | | | |
| 8 | Stevens, Linwood | Lynchburg | 13.01m | 12.90m | -0.3 | |
| | 12.64m(-1.0) 12.62m(-0.3) 12.77m(-0.0) 12.50m(-1.4) 12.71m(+0.0) 12.90m(-0.3) | | | | | |
| 9 | Monteleone, Pete | Bridgewater (Va.) | 12.51m | 12.72m | -0.2 | |
| | 12.17m(+0.0) 12.72m(-0.2) FOUL(+0.0) | | | | | |
| 10 | Myers, Dillon | Washington and Lee | 12.48m | 12.71m | -0.1 | |
| | 12.61m(-0.8) 12.71m(-0.1) 12.49m(-1.1) | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Men Triple Jump

| | | | | | |
|----|--------------------|--------------------|--------------|--------|------|
| 11 | DeKnight, Harrison | Washington and Lee | 12.49m | 12.62m | +0.0 |
| | 12.59m(+0.0) | 12.62m(+0.0) | 11.73m(1.7) | | |
| 12 | Prempeh, Enock | Shenandoah | 12.44m | 12.30m | -0.2 |
| | 12.23m(+0.0) | 11.78m(-0.6) | 12.30m(-0.2) | | |
| 13 | Jones, Javonta | Randolph | 11.26m | 11.57m | -1.3 |
| | 10.98m(+0.0) | 11.57m(-1.3) | 11.47m(+0.0) | | |
| 14 | Turpin, Clarence | Guilford | | 11.49m | -0.9 |
| | 11.43m(-1.1) | 11.38m(+0.0) | 11.49m(-0.9) | | |
| 15 | Overholt, Cooper | Randolph | 10.54m | 11.36m | -1.1 |
| | 11.36m(-1.1) | 11.24m(-0.9) | 10.93m(-0.8) | | |

Men Shot Put

| ===== | | | | | | |
|----------------|--------------------|--------------------|--------|----------------------------|--------|--------|
| Meet: % 16.68m | | 2008 | | Nathan Turner, Bridgewater | | |
| Name | Year | School | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Wilson, Greg | Lynchburg | 15.54m | 14.98m | 10 | |
| | 14.98m | 14.58m | FOUL | 14.81m | 14.69m | FOUL |
| 2 | Latham, Spencer | Lynchburg | 14.25m | 14.39m | 8 | |
| | 14.19m | 14.09m | FOUL | 14.16m | 14.39m | FOUL |
| 3 | Griffin, Evan | Shenandoah | 13.20m | 13.95m | 6 | |
| | 13.10m | 13.11m | FOUL | 13.84m | FOUL | 13.95m |
| 4 | Bailey, Hunter | Lynchburg | 13.44m | 13.74m | 4 | |
| | 12.59m | 12.87m | FOUL | 13.26m | 12.32m | 13.74m |
| 5 | Mills, Don | Bridgewater (Va.) | 13.77m | 13.42m | 2 | |
| | FOUL | 12.73m | FOUL | 12.97m | 13.00m | 13.42m |
| 6 | Robertson, Patrick | Washington and Lee | 12.78m | 13.25m | 1 | |
| | FOUL | 13.18m | FOUL | FOUL | 13.25m | 12.93m |
| 7 | Council, Darin | Bridgewater (Va.) | 13.32m | 12.41m | | |
| | FOUL | FOUL | 12.41m | 12.22m | 12.27m | FOUL |
| 8 | Heizer, Jeremy | Eastern Mennonite | 11.98m | 12.38m | | |
| | 12.38m | 12.15m | FOUL | FOUL | 12.17m | 11.55m |
| 9 | Waddy, Lesley | Lynchburg | 12.93m | 12.33m | | |
| | 12.33m | 11.90m | 11.42m | | | |
| 9 | Doles, Khalil | Bridgewater (Va.) | 12.97m | 12.33m | | |
| | FOUL | FOUL | 12.33m | | | |
| 11 | McCauley, Joshua | Shenandoah | 11.60m | 11.41m | | |
| | 11.25m | 11.41m | FOUL | | | |
| 12 | Berenfield, Ben | Guilford | 10.48m | 10.23m | | |
| | FOUL | 10.23m | 10.11m | | | |
| 13 | Jones, Steven | Shenandoah | 8.91m | 9.57m | | |
| | 8.68m | 9.57m | FOUL | | | |
| 14 | Wilson, Diallo | Virginia Wesleyan | 9.36m | 9.27m | | |
| | 9.27m | 9.19m | FOUL | | | |
| 15 | Jones, Tyler | Virginia Wesleyan | 9.12m | 8.96m | | |
| | 8.96m | 8.70m | 8.18m | | | |
| 16 | Below, Cody | Virginia Wesleyan | 9.56m | 8.88m | | |
| | FOUL | 8.88m | 8.26m | | | |
| 17 | Hipple, Britton | Virginia Wesleyan | 9.32m | 8.54m | | |
| | FOUL | 8.54m | 7.91m | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

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Results

Men Discus Throw

| Meet: % 48.82m 1995 Seth McGuffin, Lynchburg | | | | | | | | | | |
|----------------------------------------------|------|----------------------|--------------------|---------------|--------|----|--|--|--|--|
| Name | Year | School | Seed | Finals | Points | | | | | |
| 1 | | Wilson, Greg | Lynchburg | 45.11m | 45.26m | 10 | | | | |
| | | 45.26m 41.65m FOUL | FOUL | 43.70m 44.08m | | | | | | |
| 2 | | Mills, Don | Bridgewater (Va.) | 38.52m | 43.26m | 8 | | | | |
| | | 41.84m FOUL 43.26m | FOUL | 39.84m FOUL | | | | | | |
| 3 | | Griffin, Evan | Shenandoah | 40.49m | 42.48m | 6 | | | | |
| | | FOUL 36.77m 40.19m | 39.63m | 39.75m 42.48m | | | | | | |
| 4 | | Latham, Spencer | Lynchburg | 42.31m | 41.61m | 4 | | | | |
| | | 34.77m 40.30m 39.91m | 39.91m | 40.90m 41.61m | | | | | | |
| 5 | | Council, Darin | Bridgewater (Va.) | 36.94m | 41.46m | 2 | | | | |
| | | 36.80m 37.78m 41.46m | FOUL | 39.47m FOUL | | | | | | |
| 6 | | Waddy, Lesley | Lynchburg | 39.06m | 39.92m | 1 | | | | |
| | | 37.72m 39.37m FOUL | 39.28m | 39.92m 39.79m | | | | | | |
| 7 | | Robertson, Patrick | Washington and Lee | 37.97m | 38.50m | | | | | |
| | | 31.93m 38.50m 36.64m | FOUL | 35.90m FOUL | | | | | | |
| 8 | | Doles, Khalil | Bridgewater (Va.) | 37.51m | 38.27m | | | | | |
| | | 38.27m FOUL FOUL | FOUL | 36.07m FOUL | | | | | | |
| 9 | | Thomas, Russell | Roanoke | 33.74m | 36.92m | | | | | |
| | | 36.92m FOUL FOUL | | | | | | | | |
| 10 | | Bailey, Hunter | Lynchburg | 36.92m | 35.04m | | | | | |
| | | 35.04m 33.71m 33.82m | | | | | | | | |
| 11 | | Heizer, Jeremy | Eastern Mennonite | 28.78m | 34.12m | | | | | |
| | | 30.76m 29.59m 34.12m | | | | | | | | |
| 12 | | Poole, Samuel | Bridgewater (Va.) | 34.36m | 32.61m | | | | | |
| | | FOUL FOUL 32.61m | | | | | | | | |
| 13 | | McCauley, Joshua | Shenandoah | 29.22m | 32.46m | | | | | |
| | | FOUL 31.12m 32.46m | | | | | | | | |
| 14 | | Wilson, Diallo | Virginia Wesleyan | 26.79m | 29.78m | | | | | |
| | | 29.78m 26.80m 28.44m | | | | | | | | |
| 15 | | Below, Cody | Virginia Wesleyan | 30.78m | 27.16m | | | | | |
| | | 27.16m FOUL FOUL | | | | | | | | |
| 16 | | Jones, Tyler | Virginia Wesleyan | 24.53m | 27.14m | | | | | |
| | | 23.93m 27.12m 27.14m | | | | | | | | |
| 17 | | Flowers, David | Roanoke | 29.17m | 27.09m | | | | | |
| | | 25.60m 24.71m 27.09m | | | | | | | | |
| 18 | | Hipple, Britton | Virginia Wesleyan | 24.29m | 23.18m | | | | | |
| | | FOUL 23.18m 22.56m | | | | | | | | |
| 19 | | Jones, Steven | Shenandoah | 18.90m | 21.89m | | | | | |
| | | 21.89m 19.47m 19.15m | | | | | | | | |
| -- | | Berenfield, Ben | Guilford | 30.07m | FOUL | | | | | |
| | | FOUL FOUL FOUL | | | | | | | | |

Men Hammer Throw

| Meet: % 55.62m 2010 Dan Reid, Lynchburg | | | | | | | | | | |
|-----------------------------------------|------|----------------------|------------|-------------|--------|----|--|--|--|--|
| Name | Year | School | Seed | Finals | Points | | | | | |
| 1 | | Wilson, Greg | Lynchburg | 54.47m | 53.58m | 10 | | | | |
| | | 50.26m 50.54m 52.40m | 52.72m | 53.58m FOUL | | | | | | |
| 2 | | Griffin, Evan | Shenandoah | 49.08m | 49.89m | 8 | | | | |
| | | 47.37m FOUL 49.12m | 47.77m | 49.89m FOUL | | | | | | |
| 3 | | Latham, Spencer | Lynchburg | 45.44m | 44.68m | 6 | | | | |
| | | 42.54m 44.11m 44.68m | 43.92m | 43.13m FOUL | | | | | | |

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Roanoke College

Results

....Men Hammer Throw

| | | | | | |
|----|---------------------------------------|--------------------|--------|--------|---|
| 4 | Thomas, Russell | Roanoke | 43.59m | 42.53m | 4 |
| | 42.09m 41.61m FOUL 42.53m FOUL FOUL | | | | |
| 5 | Bailey, Hunter | Lynchburg | 43.48m | 40.43m | 2 |
| | 39.36m 40.43m 39.60m FOUL FOUL FOUL | | | | |
| 6 | Romano, Michael | Lynchburg | 41.57m | 39.86m | 1 |
| | 38.73m FOUL 39.73m 39.86m FOUL 39.86m | | | | |
| 7 | McCauley, Joshua | Shenandoah | 31.00m | 36.76m | |
| | 35.00m 36.76m 35.25m 35.94m FOUL FOUL | | | | |
| 8 | Johnson, Richard | Bridgewater (Va.) | 39.44m | 36.55m | |
| | 36.55m 31.96m FOUL 34.88m FOUL 36.17m | | | | |
| 9 | Flowers, David | Roanoke | 30.68m | 29.80m | |
| | 29.80m 28.66m 28.83m | | | | |
| 10 | Jones, Steven | Shenandoah | 26.75m | 27.83m | |
| | 26.32m FOUL 27.83m | | | | |
| -- | Agrippina, Michael | Washington and Lee | 35.60m | FOUL | |
| | FOUL FOUL FOUL | | | | |
| -- | Robertson, Patrick | Washington and Lee | 41.63m | FOUL | |
| | FOUL FOUL FOUL | | | | |

Men Javelin Throw

| ===== | | | | | | | | | |
|---------------------|---------------------------------------|--------------------|--------|----------------------|--------|--|--|--|--|
| Meet: % 59.26m 2012 | | | | Peter Foxen, Roanoke | | | | | |
| Name | Year | School | Seed | Finals | Points | | | | |
| ===== | | | | | | | | | |
| 1 | Sullivan, Kevin | Washington and Lee | 58.83m | 63.76m% | 10 | | | | |
| | 60.13m 54.66m ND 58.10m 63.76m ND | | | | | | | | |
| 2 | Lewis, Kirk | Shenandoah | 50.01m | 52.83m | 8 | | | | |
| | 50.50m 52.83m ND ND 51.87m 50.72m | | | | | | | | |
| 3 | Logan, Willie | Bridgewater (Va.) | 51.91m | 52.28m | 6 | | | | |
| | 50.17m 52.28m ND ND 50.10m ND | | | | | | | | |
| 4 | Deldonno, Carlo | Lynchburg | 49.90m | 51.83m | 4 | | | | |
| | 51.83m ND ND ND ND 48.49m | | | | | | | | |
| 5 | Griffin, Evan | Shenandoah | 46.56m | 50.81m | 2 | | | | |
| | 49.17m 49.48m 45.78m 46.22m 50.81m ND | | | | | | | | |
| 6 | Myers, Dillon | Washington and Lee | 44.98m | 50.48m | 1 | | | | |
| | 50.19m 50.48m ND 49.44m 50.39m 49.30m | | | | | | | | |
| 7 | Agrippina, Michael | Washington and Lee | 45.79m | 45.01m | | | | | |
| | 42.41m 44.72m 42.33m 45.01m ND 40.29m | | | | | | | | |
| 8 | Romano, Michael | Lynchburg | 45.76m | 44.28m | | | | | |
| | 44.28m 43.15m 41.22m 37.56m ND ND | | | | | | | | |
| 9 | Berenfield, Ben | Guilford | 36.59m | 36.89m | | | | | |
| | 30.60m 36.20m 36.89m | | | | | | | | |
| 10 | Jones, Tyler | Virginia Wesleyan | 35.60m | 35.87m | | | | | |
| | 35.87m ND ND | | | | | | | | |
| 11 | Jones, Steven | Shenandoah | 29.66m | 29.57m | | | | | |
| | 29.57m 23.30m 28.93m | | | | | | | | |
| 12 | Smith, Harrison | Lynchburg | 28.38m | 29.35m | | | | | |
| | ND 29.35m 28.10m | | | | | | | | |
| 13 | Below, Cody | Virginia Wesleyan | 27.65m | 28.38m | | | | | |
| | 28.38m 28.33m 27.87m | | | | | | | | |
| 14 | Wilson, Diallo | Virginia Wesleyan | 29.30m | 24.82m | | | | | |
| | ND 24.82m ND | | | | | | | | |
| -- | Schrank, Jake | Randolph | 26.10m | ND | | | | | |
| | ND ND ND | | | | | | | | |

ODAC Championships-Outdoor Track 2014 - 4/18/2014 to 4/19/2014

Roanoke College

Results

....Men Javelin Throw

-- Council, Darin Bridgewater (Va.) 41.68m ND
 ND ND ND

=====

Women - Team Rankings - 20 Events Scored

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| | | | |
|-----------------------|--------|----------------------|-------|
| 1) Roanoke | 150.33 | 2) Bridgewater (Va.) | 134 |
| 3) Washington and Lee | 106 | 4) Lynchburg | 102 |
| 5) Virginia Wesleyan | 58.33 | 6) Shenandoah | 41.33 |
| 7) Eastern Mennonite | 26 | 8) Guilford | 2 |

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Men - Team Rankings - 20 Events Scored

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| | | | |
|-----------------------|-----|----------------------|-----|
| 1) Lynchburg | 162 | 2) Bridgewater (Va.) | 147 |
| 3) Washington and Lee | 133 | 4) Roanoke | 38 |
| 5) Virginia Wesleyan | 37 | 6) Shenandoah | 36 |
| 7) Eastern Mennonite | 35 | 8) Guilford | 26 |
| 9) Randolph | 5 | | |