

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

Lynchburg, VA

Lynchburg

April 22, 2016

**OFFICIAL MEET REPORT**

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RESULTS**#7 Women's 100 Meters**

☿ Conference	11.98	Jaleesa Osborne	Roanoke College
# Meet	11.98	Jaleesa Osborne	Roanoke College

Finals

Wind: (-2.6)

PI Name	Team	Time	Note	Pts
1 CELEN, Amber	Bridgewater	12.15		10
2 WILKERSON, Shamyra	Shenandoah	12.52		8
3 MILLER, Tajah	Eastern Mennonite	12.58		6
4 MILLS, Shakira	Virginia Wesleyan	12.72	12.714	5
5 YOUNG, Diana	Randolph	12.72	12.718	4
6 ELLIOTT, Lacey	Lynchburg	12.86		3
7 DAVIGNON, Mackenzie	Roanoke	13.02		2
8 UNGRADY, Molly	Washington and Lee	13.11		1

Prelims

PI Name	Team	Time	Note	H(PI)
1 CELEN, Amber	Bridgewater	12.25q	(+0.0)	2(1)
2 MILLER, Tajah	Eastern Mennonite	12.56q	(+0.0)	1(1)
3 WILKERSON, Shamyra	Shenandoah	12.59q	(+0.0)	2(2)
4 YOUNG, Diana	Randolph	12.62q	(+0.0)	2(3)
5 ELLIOTT, Lacey	Lynchburg	12.70q	(+0.0)	2(4)
6 MILLS, Shakira	Virginia Wesleyan	12.92q	(+0.0)	1(2)
7 UNGRADY, Molly	Washington and Lee	12.93q	(+0.0)	1(3)
8 DAVIGNON, Mackenzie	Roanoke	13.03q	(+0.0)	1(4)
9 MEADOWS, Melanie	Roanoke	13.11	(+0.0)	2(5)
10 MEADOR, Tye	Bridgewater	13.38	(+0.0)	1(5)
11 NYAGWEGWE, Makora	Eastern Mennonite	13.51	(+0.0)	2(6)
12 BREEDLOVE, Ymani	Guilford	13.91	(+0.0)	2(7)
13 OVERBY, Jazmane	Eastern Mennonite	13.93	(+0.0)	1(6)
14 NEWKIRK, A'lexus	Guilford	14.17	(+0.0)	1(7)
15 HARGREAVES, Brooke	Shenandoah	14.56	(+0.0)	2(8)

#11 Women's 200 Meters

☿ Conference	24.17	Robin Yerkes	Roanoke College
# Meet	24.72	Robin Yerkes	Roanoke College

Finals

Wind: (-3.3)

PI Name	Team	Time	Note	Pts
1 CELEN, Amber	Bridgewater	24.74		10
2 JANNEY, Alexis	Roanoke	25.45		8
3 WILKERSON, Shamyra	Shenandoah	25.47		6
4 LEE, Dana	Washington and Lee	25.54		5
5 YOUNG, Diana	Randolph	25.75		4
6 MILLER, Tajah	Eastern Mennonite	26.42		3
7 MACDOUGALL, Brynn	Roanoke	26.55		2
8 ELLIOTT, Lacey	Lynchburg	26.78		1

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RESULTS**#11 Women's 200 Meters (cont'd)****Prelims**

PI	Name	Team	Time	Note	H(PI)
1	WILKERSON, Shamyra	Shenandoah	25.22Q	(+0.5)	1(1)
2	JANNEY, Alexis	Roanoke	25.28Q	(+0.8)	3(1)
3	CELEN, Amber	Bridgewater	25.31Q	(+1.1)	2(1)
4	LEE, Dana	Washington and Lee	25.61q	(+0.5)	1(2)
5	MILLER, Tajah	Eastern Mennonite	25.71q	(+1.1)	2(2)
6	YOUNG, Diana	Randolph	25.86q	(+0.8)	3(2)
7	MACDOUGALL, Brynn	Roanoke	26.24q	(+0.8)	3(3)
8	ELLIOTT, Lacey	Lynchburg	26.54q	(+0.8)	3(4)
9	MILLS, Shakira	Virginia Wesleyan	26.60	(+0.5)	1(3)
10	LENNON, Tiffany	Virginia Wesleyan	27.38	(+1.1)	2(3)
11	MEADOR, Tye	Bridgewater	27.55	(+0.5)	1(4)
12	DIXON, Ayanna	Shenandoah	28.14	(+0.8)	3(5)
13	PHILSON, Jada	Virginia Wesleyan	28.19	(+1.1)	2(4)
14	BREEDLOVE, Ymani	Guilford	28.38	(+1.1)	2(5)
15	MCCREARY, Jamie	Guilford	28.42	(+1.1)	2(6)
16	SCOTT, Kayla	Guilford	29.28	(+0.8)	3(6)
17	NEWKIRK, A'lexus	Guilford	29.30	(+0.5)	1(5)
18	HARGREAVES, Brooke	Shenandoah	30.59	(+0.5)	1(6)

#5 Women's 400 Meters

☿	Conference	54.78	Robin Yerkes	Roanoke College
#	Meet	56.03	Alease Kinney	Roanoke

Finals

PI	Name	Team	Time	Note	Pts
1	JANNEY, Alexis	Roanoke	56.20		10
2	KINNEY, Alease	Roanoke	56.95		8
3	LEE, Dana	Washington and Lee	56.97		6
4	MACDOUGALL, Brynn	Roanoke	58.86		5
5	HUGHES, Tiana	Virginia Wesleyan	59.54		4
6	FARRONI, Kara	Washington and Lee	1:00.55		3
7	WILLIS, Alyssa	Virginia Wesleyan	1:00.58		2
8	STELLER, Amy	Guilford	1:01.50		1

Prelims

PI	Name	Team	Time	Note	H(PI)
1	JANNEY, Alexis	Roanoke	57.43Q		1(1)
2	LEE, Dana	Washington and Lee	58.12Q		2(1)
3	KINNEY, Alease	Roanoke	58.55q		1(2)
4	MACDOUGALL, Brynn	Roanoke	58.71q		2(2)
5	HUGHES, Tiana	Virginia Wesleyan	1:00.00q		2(3)
6	FARRONI, Kara	Washington and Lee	1:00.21q		1(3)
7	STELLER, Amy	Guilford	1:01.00q		2(4)
8	WILLIS, Alyssa	Virginia Wesleyan	1:01.67q		1(4)
9	WILLIAMS, Brittany	Eastern Mennonite	1:02.02		2(5)
10	FLORA, Kate	Bridgewater	1:03.87		1(5)

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RESULTS**#5 Women's 400 Meters (cont'd)****Prelims**

PI Name	Team	Time	Note	H(PI)
11 BUNTING, Haley	Bridgewater	1:04.77		1(6)
12 BROWN, Sydney	Guilford	1:09.97		2(6)

#19 Women's 800 Meters

☿ Conference	2:07.32	Carmen Graves	Roanoke College
# Meet	2:13.64	Hannah Chappell-Dick	Eastern Menn

PI Name	Team	Time	Note	H(PI)	Pts
1 CHAPPELL-DICK, Hannah	Eastern Mennonite	# 2:11.80		2(1)	10
2 HAUVER, Maryellen	Bridgewater	2:14.15		2(2)	8
3 FONVIELLE, Catherine	Washington and Lee	2:17.58		2(3)	6
4 SEYBOLD, Margaret	Washington and Lee	2:18.83		2(4)	5
5 ARNOLD, Liliana	Washington and Lee	2:19.81		2(5)	4
6 STRYK, Tess	Guilford	2:24.64		1(1)	3
7 SCHIRCH, Juni	Eastern Mennonite	2:26.51		1(2)	2
8 CRIST, Maria	Bridgewater	2:26.74		2(6)	1
9 CALJEAN, Alexandria	Shenandoah	2:27.74		1(3)	
10 YODER, Maria	Eastern Mennonite	2:31.73		1(4)	
11 EDWARDS-HENDERSON, Kyla	Virginia Wesleyan	2:32.16		1(5)	
12 YOUNG, Emily	Bridgewater	2:33.21		2(7)	
13 MANN, Sarah	Shenandoah	2:39.14		2(8)	
14 SKULSTAD, Jeanne	Roanoke	2:42.84		1(6)	
15 WARNER, Margot	Roanoke	2:48.95		1(7)	
16 BROWN, Sydney	Guilford	2:51.23		1(8)	

#17 Women's 1500 Meters**Hip #'s 1-12 in front, 13 and above behind**

☿ Conference	4:27.25	Hannah Chappell-Dick	Eastern Mennonite
# Meet	4:38.61	Hannah Chappell-Dick	Eastern Mennonite Univer

PI Name	Team	Time	Note	Pts
1 CHAPPELL-DICK, Hannah	Eastern Mennonite	4:46.17		10
2 SEYBOLD, Margaret	Washington and Lee	4:46.63		8
3 YATES, Samantha	Washington and Lee	4:46.93		6
4 ARNOLD, Liliana	Washington and Lee	4:56.66		5
5 MCDONALD, Makenzie	Bridgewater	5:01.27		4
6 MANN, Sarah	Shenandoah	5:06.88		3
7 LEGARE, Nicole	Shenandoah	5:08.49		2
8 CRILL, Lindsey	Lynchburg	5:11.43		1
9 BAUERLE, Melissa	Roanoke	5:12.94		
10 CALJEAN, Alexandria	Shenandoah	5:16.62		
11 GALLAGHER, Meagan	Lynchburg	5:37.57		
12 SANDERS, Bailey	Washington and Lee	5:38.97		
13 JENKINS-SULLIVAN, Kate	Guilford	5:59.58		

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#21 Women's 5000 Meters

¢ Conference 16:48.60 Casey Smith Roanoke College
 # Meet 17:29.84 Jessica Shaw Washington & Lee Unvers

Pl	Name	Team	Time	Note	Pts
1	YATES, Samantha	Washington and Lee	18:34.86		10
2	DALTON, Kerri	Roanoke	18:56.83		8
3	ALVIS, Morgan	Lynchburg	19:27.73		6
4	DEBOER, Nora	Roanoke	19:51.75		5
5	BONARO, Kaitlin	Washington and Lee	20:00.25		4
6	FENNELL, Mackenzie	Shenandoah	20:03.12		3
7	ASHLEY, Caitlin	Roanoke	20:05.78		2
8	MCGUIRE, Haylee	Roanoke	20:05.89		1
9	ELDRIDGE, Mary	Eastern Mennonite	20:07.88		
10	DEIS, Mary	Lynchburg	20:20.61		
11	MILUSKI, Kristi	Washington and Lee	20:26.48		
12	SMITH, Aislynn	Shenandoah	20:46.66		
13	QUINN, Erin	Bridgewater	20:57.45		
14	LEGARE, Nicole	Shenandoah	21:07.91		
15	NADEL, Ava	Guilford	22:36.41		
	SHRADER, Shelby	Shenandoah	DNF		

#13 Women's 10000 Meters

¢ Conference 35:05.63 Casey Smith Roanoke College
 # Meet 37:58.71 Casey Mackintosh Washington & Lee Unvers

Pl	Name	Team	Time	Note	Pts
1	DALTON, Kerri	Roanoke	38:15.30		10
	01:33.174 03:02.960 04:33.167 06:04.580 07:37.180 09:07.564 10:40.180 12:09.847				
	13:41.674 15:14.360 16:44.354 18:16.377 19:51.780 21:25.020 22:58.327 24:31.744				
	26:04.607 27:39.744 29:13.644 30:47.497 32:14.984 33:43.854 35:11.250 36:41.754				
	38:15.300				
2	MCMICHAEL, Kirsten	Washington and Lee	38:37.82		8
	01:30.270 03:01.227 04:32.977 06:04.284 07:37.290 09:07.674 10:39.634 12:09.330				
	13:41.470 15:14.300 16:44.230 18:16.097 19:51.544 21:24.910 22:58.064 24:31.574				
	26:04.497 27:39.600 29:13.270 30:47.620 32:18.170 33:53.444 35:28.264 37:07.084				
	38:37.820				
3	SHRADER, Shelby	Shenandoah	40:48.22		6
	01:33.300 03:03.540 04:37.214 06:12.504 07:49.134 09:25.497 11:03.237 12:41.907				
	14:21.900 16:01.904 17:41.947 19:22.934 21:03.544 22:44.970 24:26.244 26:07.464				
	27:48.567 29:29.284 31:08.090 32:47.280 34:28.124 36:06.630 37:44.330 39:17.980				
	40:48.220				
4	MCGHEE, Kayla	Shenandoah	41:01.08		5
	01:42.280 03:23.304 05:04.947 06:46.230 08:26.174 10:05.984 11:46.967 13:25.804				
	15:05.754 16:44.917 18:21.767 19:59.900 21:38.224 23:16.718 24:54.447 26:32.774				
	28:12.314 29:51.544 31:30.820 33:10.187 34:50.174 36:30.550 38:05.874 39:38.800				
	41:01.080				
5	BAUER, Ellen	Roanoke	41:02.13		4

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#13 Women's 10000 Meters (cont'd)

Pl	Name	Team	Time	Note	Pts			
	01:40.250	03:21.087	05:04.354	06:45.217	08:24.848	10:04.424	11:44.530	13:24.757
	15:02.754	16:41.630	18:20.284	19:58.260	21:37.564	23:16.557	24:53.684	26:31.494
	28:09.284	29:49.404	31:28.970	33:07.484	34:45.830	36:23.944	38:01.670	39:38.284
	41:02.130							
6	FENNELL, Mackenzie	Shenandoah	41:33.74		3			
	01:40.764	03:21.354	05:04.447	06:46.170	08:25.314	10:05.814	11:46.467	13:25.274
	15:05.504	16:44.637	18:21.207	19:59.337	21:38.220	23:16.714	24:54.260	26:32.587
	28:12.124	29:51.137	31:30.490	33:09.997	34:49.984	36:31.050	38:12.357	39:55.564
	41:33.740							
7	QUINN, Erin	Bridgewater	41:53.01		2			
	01:39.140	03:20.337	05:03.540	06:44.904	08:24.330	10:03.017	11:41.187	13:19.757
	14:58.427	16:37.707	18:16.847	19:55.744	21:36.110	23:16.090	24:54.887	26:37.040
	28:22.434	30:04.404	31:46.740	33:28.900	35:12.220	36:54.630	38:37.217	40:19.777
	41:53.010							
8	DEIS, Mary	Lynchburg	42:10.41		1			
	01:40.000	03:20.960	05:04.167	06:45.717	08:25.047	10:05.517	11:46.577	13:26.274
	15:06.894	16:45.714	18:25.364	20:07.117	21:48.047	23:29.337	25:11.867	26:56.397
	28:40.684	30:24.717	32:07.707	33:48.304	35:31.920	37:11.457	38:51.904	40:33.294
	42:10.410							
9	KUBISIAK, Kaylee	Bridgewater	42:36.20					
	01:40.360	03:20.710	05:04.290	06:45.628	08:24.844	10:04.140	11:44.154	13:24.427
	15:05.237	16:45.230	18:25.284	20:06.834	21:47.687	23:28.837	25:11.414	26:55.884
	28:40.417	30:24.527	32:09.717	33:55.707	35:44.264	37:31.204	39:15.857	40:59.854
	42:36.200							
10	PADEN, Jolee	Eastern Mennonite	42:36.23					
	01:39.454	03:20.540	05:03.667	06:44.980	08:24.720	10:04.924	11:45.937	13:25.740
	15:06.754	16:47.760	18:30.724	20:15.724	21:57.997	23:42.304	25:26.364	27:08.567
	28:52.540	30:37.560	32:21.530	34:05.624	35:49.134	37:31.094	39:15.310	40:59.450
	42:36.230							
11	REA, Jenna	Bridgewater	42:50.27					
	01:40.547	03:22.897	05:06.884	06:51.934	08:39.907	10:27.587	12:15.377	14:01.794
	15:48.374	17:34.494	19:22.294	21:11.277	23:01.774	24:49.887	26:39.040	28:30.294
	30:22.730	32:13.950	34:05.084	35:54.634	37:42.547	39:30.877	41:14.324	42:48.874
	42:50.270							
12	JOHNSON, Lauren	Bridgewater	43:24.07					
	01:39.954	03:20.147	05:04.040	06:45.624	08:31.784	10:22.757	12:14.377	14:05.497
	15:57.840	17:51.870	19:47.484	21:40.314	23:33.024	25:29.974	27:29.650	29:28.784
	31:29.517	33:29.414	35:30.340	37:30.657	39:28.517	41:27.710	43:22.547	43:24.007
	43:24.070							
13	PHILLIPS, Emma	Virginia Wesleyan	45:59.68					
	01:49.437	03:42.974	05:32.790	07:23.980	09:15.797	11:07.350	13:00.214	14:53.287
	16:45.154	18:36.144	20:30.537	22:23.927	24:17.277	26:10.760	28:06.770	30:01.807
	31:57.347	33:56.770	35:55.587	37:53.404	39:52.717	41:54.987	43:56.957	45:58.134
	45:59.680							

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#3 Women's 100m Hurdles

☿ Conference	14.70	Sarah Witt	Roanoke College
# Meet	14.70	Sarah Witt	Roanoke College

Wind: (-0.8)

Pl	Name	Team	Time	Note	Pts
1	TRICE, Kristen	Bridgewater	15.77		10
2	CELEN, Amber	Bridgewater	15.79		8
3	HINTON, Kaleigh	Washington and Lee	16.01		6
4	MEADOWS, Melanie	Roanoke	16.31		5
5	BOWERS, Brittany	Shenandoah	16.93		4
6	MCGOVERN, Erin	Roanoke	17.54		3
7	COVERTON, Alexis	Virginia Wesleyan	20.23		2

#9 Women's 400m Hurdles

☿ Conference	1:01.82	Janey Fugate	Washington and Lee
# Meet	1:03.69	Janey Fugate	Washington a

Finals

Pl	Name	Team	Time	Note	Pts
1	HINTON, Kaleigh	Washington and Lee	1:05.21		10
2	MCGOVERN, Erin	Roanoke	1:06.23		8
3	PEACOCK, Alison	Washington and Lee	1:06.29		6
4	TRICE, Kristen	Bridgewater	1:08.57		5
5	WASHINGTON, Kwonsha	Virginia Wesleyan	1:09.14		4
6	MELLMAN, Emily	Bridgewater	1:13.82		3
7	BOWERS, Brittany	Shenandoah	1:26.07		2
8	MANN, Sarah	Shenandoah	1:27.35		1

Prelims

Pl	Name	Team	Time	Note	H(Pl)
1	MCGOVERN, Erin	Roanoke	1:07.64q		1(1)
2	HINTON, Kaleigh	Washington and Lee	1:08.07q		2(1)
3	PEACOCK, Alison	Washington and Lee	1:08.77q		1(2)
4	WASHINGTON, Kwonsha	Virginia Wesleyan	1:11.20q		2(2)
5	TRICE, Kristen	Bridgewater	1:13.85q		2(3)
6	MELLMAN, Emily	Bridgewater	1:14.57q		2(4)
7	BOWERS, Brittany	Shenandoah	1:16.64q		2(5)
8	MANN, Sarah	Shenandoah	1:20.78q		1(3)
9	MARSHALL, Elisabeth	Guilford	1:21.49		1(4)
10	WALLACE, Allyson	Roanoke	1:23.39		1(5)

#1 Women's 3000m Steeple

☿ Conference	10:57.34	Amy Smith	Shenandoah University
# Meet	11:22.19	Becca Taylor	Washington & Lee Univer

Pl	Name	Team	Time	Note	Pts
1	SHRADER, Shelby	Shenandoah	11:45.62		10
2	MCDONALD, Makenzie	Bridgewater	11:46.70		8
3	ALVIS, Morgan	Lynchburg	11:58.35		6

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RESULTS**#1 Women's 3000m Steeple (cont'd)**

Pl	Name	Team	Time	Note	Pts
4	ASHLEY, Caitlin	Roanoke	12:10.25		5
5	CRIST, Maria	Bridgewater	12:15.20		4
6	ELDRIDGE, Mary	Eastern Mennonite	12:22.88		3
7	BARTHOL, Jennifer	Roanoke	12:32.71		2
8	REYNA, Rebecca	Guilford	12:56.50		1
9	WRIGHT, Kayla	Virginia Wesleyan	13:45.09		

#15 Women's 4 x 100m Relay

☿	Conference	46.54	Osborne, France, Mason, Yerkes	Roanoke
#	Meet	46.84	Osborne, France, Mason, Yerkes	Roanoke College

Pl	Team	Time	Note	Pts
1	Roanoke (A)	48.63		10
	1) DAVIGNON, Mackenzie	2) MEADOWS, Melanie		
	3) KINNEY, Alease	4) JANNEY, Alexis		
2	Washington and Lee (A)	49.02		8
	1) PEACOCK, Alison	2) UNGRADY, Molly		
	3) FARRONI, Kara	4) ROSENWASSER, Jessica		
3	Virginia Wesleyan (A)	49.76		6
	1) MILLS, Shakira	2) WILLIS, Alyssa		
	3) HUGHES, Tiana	4) DOLLINS, Alizae		
4	Bridgewater (A)	49.79		5
	1) BLUE, M'Kala	2) ADAMS, Courtney		
	3) CELEN, Amber	4) TRICE, Kristen		
5	Eastern Mennonite (A)	50.37		4
	1) NYAGWEGWE, Makora	2) MILLER, Tajah		
	3) KITTRELL, Oksana	4) CHAPPELL-DICK, Hannah		
6	Shenandoah (A)	52.04		3
	1) BOWERS, Brittany	2) WILKERSON, Shamyra		
	3) HARGREAVES, Brooke	4) DIXON, Ayanna		
7	Guilford (A)	52.48		2
	1) NEWKIRK, A'lexus	2) BREEDLOVE, Ymani		
	3) MCCREARY, Jamie	4) SCOTT, Kayla		
8	Lynchburg (A)	52.57		1
	1) CLARKE, Shanice	2) ELLIOTT, Lacey		
	3) VANAKEN, Maddie	4) EDWARDS, Rachel		

#23 Women's 4 x 400m Relay

☿	Conference	3:49.24	Kinney, McGovern, Mejia, Janney	Roanoke
#	Meet	3:54.34	A Kinney, J Mejia, E McGovern, A	Roanoke

Pl	Team	Time	Note	Pts
1	Roanoke (A)	# 3:54.07		10
	1) DAVIGNON, Mackenzie	2) JANNEY, Alexis		
	3) MACDOUGALL, Brynn	4) MCGOVERN, Erin		

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#23 Women's 4 x 400m Relay (cont'd)

Pl	Team	Time	Note	Pts
2	Virginia Wesleyan (A)	4:02.47		8
	1) HUGHES, Tiana		2) WILLIS, Alyssa	
	3) DOLLINS, Alizae		4) COOMBS, Marissa	
3	Washington and Lee (A)	4:02.92		6
	1) FARRONI, Kara		2) HINTON, Kaleigh	
	3) FONVIELLE, Catherine		4) LEE, Dana	
4	Eastern Mennonite (A)	4:04.93		5
	1) WILLIAMS, Brittany		2) YODER, Maria	
	3) SCHIRCH, Juni		4) CHAPPELL-DICK, Hannah	
5	Bridgewater (A)	4:12.46		4
	1) BLUE, M'Kala		2) BUNTING, Haley	
	3) CELEN, Amber		4) CRIST, Maria	
6	Lynchburg (A)	4:27.19		3
	1) ALVIS, Morgan		2) CLARKE, Shanice	
	3) CRILL, Lindsey		4) EDWARDS, Rachel	
7	Guilford (A)	4:29.70		2
	1) REYNA, Kayli		2) REYNA, Rebecca	
	3) STRYK, Tess		4) STELLER, Amy	
8	Shenandoah (A)	4:35.27		1
	1) MANN, Sarah		2) CALJEAN, Alexandria	
	3) DIXON, Ayanna		4) BOWERS, Brittany	

#26 Women's High Jump

1.36 1.41 1.46 1.51 1.56 1.59 and cont by 3cm

☺	Conference	1.73m	Vicki Osinga	Lynchburg College
#	Meet	1.69m	Emily Hollett	Roanoke College

Pl	Name	Team	Mark	1.36	1.41	1.46	1.51	1.56	1.59	1.63	1.68	Pts
1	TRICE, Kristen	Bridgewater	1.63m 5' 4 ¹ / ₄	P	P	P	O	O	XXO	XO	XXX	10
2	BRIGGS, Mara	Roanoke	1.56m 5' 1 ¹ / ₄	P	P	P	XXO	O	XXX			8
3	TAYLOR, Rolonda	Virginia Wesleyan	1.51m 4' 11 ¹ / ₂	O	O	O	XO	XXX				6
4J	EDWARDS, Rachel	Lynchburg	1.51m 4' 11 ¹ / ₂	O	XO	O	XO	XXX				5
5	KLEBER, Maggie	Washington and L	1.46m 4' 9 ¹ / ₂	P	P	O	XXX					4
6	WALLACE, Allyson	Roanoke	1.41m 4' 7 ¹ / ₂	O	O	XXX						2
6	CELEN, Amber	Bridgewater	1.41m 4' 7 ¹ / ₂	O	O	XXP	X					2
6	BOWERS, Brittany	Shenandoah	1.41m 4' 7 ¹ / ₂	O	O	XXX						2
	ADAMS, Courtney	Bridgewater	NH	P	P	P	XXX					

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#28 Women's Pole Vault

189 204 219 234 249 264 279 294 309 319 and cont by 10cm

☿ Conference	3.94m	Laura Rosenberger	Eastern Mennonite Univer
# Meet	3.77m	Christina Rhodes	Bridgewater College

Pl	Name	Team	Mark	2.34	2.49	2.64	2.79	2.94	3.09	3.19	3.29	3.40	3.62	Pts
1	STANTON, Elizabeth	Washington and L	3.40m 11' 1 ³ / ₄	P	P	P	P	P	P	O	P	O	XXX	10
2	FIUTAK, Kaela	Washington and L	3.19m 10' 5 ¹ / ₂	P	P	P	P	O	O	O	XXX			8
3	GALLAGHER, KeriAnne	Bridgewater	3.09m 10' 1 ¹ / ₂	P	P	P	O	O	O	XXX				6
4	VANAKEN, Maddie	Lynchburg	2.94m 9' 7 ³ / ₄	P	P	P	O	O	XXX					5
5	ADAMS, Courtney	Bridgewater	2.79m 9' 1 ³ / ₄	P	P	XXO	O	XXX						4
6	STURM, Rachel	Eastern Mennonit	2.64m 8' 8"	O	XO	XXO	XXX							3
7	HOLLEY, Anna	Roanoke	2.34m 7' 8"	O	XXX									2

Pl	Name	Team	Mark	2.19	Pts
1	STANTON, Elizabeth	Washington and L	(cont'd)	P	10
2	FIUTAK, Kaela	Washington and L	(cont'd)	P	8
3	GALLAGHER, KeriAnne	Bridgewater	(cont'd)	P	6
4	VANAKEN, Maddie	Lynchburg	(cont'd)	P	5
5	ADAMS, Courtney	Bridgewater	(cont'd)	P	4
	REYNA, Kayli	Guilford	NH	XXX	
	WASHINGTON, Kwonsha	Virginia Wesleyan	NH	XXX	

#30 Women's Long Jump

☿ Conference	5.94m	Jaleesa Osburne	Roanoke College
# Meet	5.94m	Jaleesa Osborne	Roanoke College

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LEE, Dana	Washington and L	5.64m 18' 6" (+0.0)	5.33 (+0.6)	5.31 (+0.5)	5.29 (+0.0)	5.18 (+0.0)	5.35 (+0.2)	5.64 (+0.0)	10
2	CELEN, Amber	Bridgewater	5.48m 17' 11 ³ / ₄ (+0.0)	5.25 (-0.4)	5.48 (+0.0)	5.38 (+0.0)	5.21 (-0.5)	5.19 (+0.5)	5.43 (+0.5)	8
3	MEADOR, Tye	Bridgewater	5.12m 16' 9 ³ / ₄ (+0.0)	5.09 (+0.0)	5.03 (+0.0)	FOUL	4.45 (+0.0)	4.77 (+0.0)	5.12 (+0.0)	6
4	TAYLOR, Rolonda	Virginia Wesleyan	5.04m 16' 6 ¹ / ₂ (+0.0)	FOUL	5.04 (+0.0)	4.43 (+0.0)	4.79 (+0.0)	4.22 (+0.0)	4.58 (+0.3)	5
5	DAVIGNON, Mackenzie	Roanoke	4.94m 16' 2 ¹ / ₂ (+1.3)	4.36 (+0.0)	4.94 (+1.3)	4.79 (+0.0)	4.33 (+0.0)	4.87 (+0.0)	FOUL	4
6	CLARKE, Shanice	Lynchburg	4.85m 15' 11" (-0.7)	4.32 (+0.2)	FOUL	4.85 (-0.7)	4.78 (+0.0)	4.80 (+0.0)	FOUL	3
7	TRICE, Kristen	Bridgewater	4.83m 15' 10 ¹ / ₄ (+0.3)	4.83 (+0.3)	4.34 (+0.0)	4.77 (-0.3)	4.35 (+0.0)	FOUL	4.74 (+0.0)	2
8	KLEBER, Maggie	Washington and L	4.77m 15' 7 ³ / ₄ (-0.1)	FOUL	FOUL	4.77 (-0.1)	4.60 (+0.0)	4.72 (+0.0)	4.71 (+0.0)	1
9	KITRELL, Oksana	Eastern Mennonit	4.72m 15' 6" (+0.0)	FOUL	FOUL	4.66 (-0.5)	4.72 (+0.0)	4.55 (+0.0)	FOUL	
10	DOLLINS, Alizae	Virginia Wesleyan	4.71m 15' 5 ¹ / ₂ (+0.0)	4.45 (+0.0)	4.05 (+0.0)	4.66 (+0.0)	4.71 (+0.0)	4.56 (+0.0)	4.56 (+0.4)	
11	WILLIS, Alyssa	Virginia Wesleyan	4.48m 14' 8 ¹ / ₂ (+0.2)	FOUL	4.48 (+0.2)	4.39 (+0.0)				
12	COVERTON, Alexis	Virginia Wesleyan	4.31m 14' 1 ³ / ₄ (+0.0)	4.24 (+0.0)	4.20 (+0.0)	4.31 (+0.0)				

#32 Women's Triple Jump

☿ Conference	11.72m	Kristen Trice	Bridgewater
# Meet	11.47m	Wendy Driver	Eastern Mennonite Univer

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	TRICE, Kristen	Bridgewater	11.10m 36' 5" (-2.3)	FOUL	FOUL	10.95 (-0.1)	10.65 (-2.1)	FOUL	11.10 (-2.3)	10
2	LEE, Dana	Washington and L	11.04m 36' 2 ³ / ₄ (+0.0)	10.26 (-0.5)	10.63 (+0.2)	10.75 (-0.2)	10.57 (-2.1)	11.04 (+0.0)	10.83 (-1.5)	8
3	TAYLOR, Rolonda	Virginia Wesleyan	10.94m 35' 10 ³ / ₄ (+0.0)	10.83 (-1.1)	10.52 (-0.1)	10.49 (-1.2)	10.69 (-0.6)	10.94 (+0.0)	FOUL	6
4	MEADOR, Tye	Bridgewater	10.79m 35' 5" (-1.0)	10.57 (+0.3)	10.79 (-1.0)	FOUL	10.68 (-0.4)	FOUL	FOUL	5
5	KITRELL, Oksana	Eastern Mennonit	10.67m 35' 0 ¹ / ₄ (-1.8)	10.51 (+0.0)	10.34 (+0.0)	FOUL	10.32 (-1.1)	FOUL	10.67 (-1.8)	4

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#32 Women's Triple Jump (cont'd)

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
6	CLARKE, Shanice	Lynchburg	10.44m 34' 3" (+1.6)	10.03 (-0.1)	10.26 (-0.3)	10.44 (+1.6)	10.01 (-0.6)	9.91 (+0.0)	10.18 (-1.0)	3
7	DOLLINS, Alizae	Virginia Wesleyan	10.40m 34' 1 1/2" (-0.1)	10.04 (-0.4)	10.04 (+0.0)	9.59 (-0.9)	10.40 (-0.1)	FOUL	9.91 (+0.0)	2
8	DAVIGNON, Mackenzie	Roanoke	10.36m 34' 0" (+0.3)	FOUL	10.21 (-0.4)	FOUL	10.36 (+0.3)	FOUL	FOUL	1
9	COVERTON, Alexis	Virginia Wesleyan	9.99m 32' 9 1/2" (+0.0)	9.81 (-0.7)	9.97 (-1.9)	9.99 (+0.0)	FOUL	9.86 (-0.8)	9.83 (-0.6)	
10	KLEBER, Maggie	Washington and L	9.64m 31' 7 1/2" (-0.8)	9.24 (+0.0)	9.17 (-2.0)	9.64 (-0.8)				
11	DIXON, Ayanna	Shenandoah	9.53m 31' 3 1/4" (+0.0)	9.53 (+0.0)	9.38 (-1.4)	FOUL				
	WHITE, Tamara	Roanoke	NM	FOUL	FOUL	FOUL				

#34 Women's Shot Put

☿ Conference	13.60m	Crystal Campbell	Eastern Mennonite Univer
# Meet	12.92m	Amanda Reynolds	Eastern Mennonite Univer

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1	YATES, Michelle	Virginia Wesleyan	11.75m 38' 6 3/4"	11.48	10.27	11.00	10.71	10.85	11.75	2(1)	10
2	SENGER, Katelyn	Bridgewater	11.32m 37' 2"	11.07	11.32	11.29	10.67	10.39	10.44	2(2)	8
3	MCGRADY, Danyelle	Shenandoah	11.22m 36' 10"	10.88	11.22	10.79	10.71	10.41	10.80	2(3)	6
4	BUTLER, Kimber	Lynchburg	10.64m 34' 11 1/4"	10.22	9.93	FOUL	9.39	10.64	9.90	2(4)	5
5	ALLEN, Laura	Shenandoah	10.51m 34' 6"	10.01	9.08	10.51	10.12	9.77	9.70	2(5)	4
6	MURRAY, Rachel	Lynchburg	10.28m 33' 9"	9.02	FOUL	10.28	9.26	FOUL	FOUL	2(6)	3
7	FERGUSON, Chloe	Bridgewater	10.14m 33' 3 1/2"	9.61	9.36	10.14	8.72	9.86	9.78	1(1)	2
8	SHEPHERD, Dakota	Lynchburg	9.64m 31' 7 3/4"	8.27	9.64	8.93	9.13	9.36	9.22	1(2)	1
9	DOSS, Toni	Eastern Mennonit	9.52m 31' 3"	8.50	FOUL	9.52	9.25	8.93	9.00	1(3)	
10	STEVENSON, Teliya	Randolph	9.47m 31' 1"	9.47	9.31	8.80				2(7)	
11	BURNS, Nikki	Virginia Wesleyan	9.22m 30' 3 1/4"	9.21	9.22	FOUL				1(4)	
12	BENFIELD, Becca	Guilford	9.17m 30' 1 1/4"	8.72	9.13	9.17				1(5)	
13	GLOVER, Hannah	Shenandoah	8.81m 28' 11"	8.63	8.72	8.81				1(6)	
14	DEFRANCESCO, Alex	Lynchburg	8.44m 27' 8 1/2"	8.10	FOUL	8.44				1(7)	
15	CRUMP, Kimberleigh	Guilford	6.97m 22' 10 3/4"	6.25	6.97	FOUL				1(8)	
	WHITE, Clarissa	Eastern Mennonit	NM	FOUL	FOUL	FOUL					2

#36 Women's Discus

☿ Conference	43.81m	Katelyn Senger	Bridgewater
# Meet	42.18m	Katelyn Senger	Bridgewater

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1	SENGER, Katelyn	Bridgewater	41.75m 137' 0"	38.45	40.25	37.14	FOUL	41.75	39.17	2(1)	10
2	BORG, Rebecca	Eastern Mennonit	35.49m 116' 5 1/2"	34.92	35.49	31.55	FOUL	FOUL	FOUL	2(2)	8
3	MURRAY, Rachel	Lynchburg	34.09m 111' 10 1/2"	29.97	34.09	29.99	FOUL	27.11	33.19	2(3)	6
4	GLOVER, Hannah	Shenandoah	33.97m 111' 5 3/4"	31.22	31.94	32.13	FOUL	32.33	33.97	2(4)	5
5	ALLEN, Laura	Shenandoah	31.84m 104' 5 3/4"	FOUL	FOUL	31.04	FOUL	31.84	FOUL	2(5)	4
6	MCGRADY, Danyelle	Shenandoah	30.99m 101' 8 1/4"	30.99	FOUL	FOUL	FOUL	FOUL	30.04	2(6)	3
7	BUTLER, Kimber	Lynchburg	30.83m 101' 2"	29.93	28.17	FOUL	28.09	29.85	30.83	2(7)	2
8	KELLY, Mary	Roanoke	30.30m 99' 5 1/4"	FOUL	30.24	30.30	28.69	26.07	23.41	2(8)	1
9	WHITE, Clarissa	Eastern Mennonit	29.50m 96' 9 3/4"	24.33	FOUL	29.50	FOUL	FOUL	24.59	1(1)	
10	WILHELM, Kayla	Randolph	28.69m 94' 1 3/4"	28.69	25.61	FOUL				2(9)	
11	YATES, Michelle	Virginia Wesleyan	28.56m 93' 8 3/4"	28.56	FOUL	FOUL				2(10)	
12	STEVENSON, Teliya	Randolph	27.11m 88' 11 1/2"	27.11	FOUL	26.69				1(2)	

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#36 Women's Discus (cont'd)

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
13 SHEPHERD, Dakota	Lynchburg	26.82m 88' 0 ¹ / ₄	26.10	FOUL	26.82					1(3)
14 FERGUSON, Chloe	Bridgewater	26.49m 86' 11 ¹ / ₄	26.49	FOUL	FOUL					1(4)
15 BURNS, Nikki	Virginia Wesleyan	25.84m 84' 9 ¹ / ₂	25.84	22.73	FOUL					1(5)
16 BENFIELD, Becca	Guilford	24.49m 80' 4 ¹ / ₂	24.49	22.04	22.09					1(6)
17 MEWHINNEY, Andrea	Randolph	23.98m 78' 8 ¹ / ₄	22.68	23.98	22.69					2(11)
18 ADAIR, Laura	Guilford	23.15m 75' 11 ³ / ₄	21.90	23.15	22.46					1(7)
19 DOSS, Toni	Eastern Mennonit	22.56m 74' 0 ¹ / ₂	FOUL	FOUL	22.56					1(8)
20 CRUMP, Kimberleigh	Guilford	14.84m 48' 8 ¹ / ₂	FOUL	FOUL	14.84					1(9)

#38 Women's Hammer

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
¢ Conference	50.69m	Kim Alfaro	Lynchburg College							
# Meet	49.66m	Whitney Fitzwater	Roanoke College							
1 MCGRADY, Danyelle	Shenandoah	46.00m 150' 11 ¹ / ₄	FOUL	FOUL	45.03	45.37	46.00	44.07	2(1)	10
2 SMITH, Morgan	Shenandoah	42.03m 137' 11"	FOUL	40.55	38.94	FOUL	42.03	FOUL	2(2)	8
3 SENGER, Katelyn	Bridgewater	40.40m 132' 6 ³ / ₄	FOUL	36.69	38.75	38.74	40.40	35.69	2(3)	6
4 MEWHINNEY, Andrea	Randolph	39.47m 129' 6 ¹ / ₄	FOUL	37.62	38.36	38.68	39.47	37.54	2(4)	5
5 GLOVER, Hannah	Shenandoah	38.31m 125' 8 ¹ / ₂	34.39	35.36	FOUL	38.31	FOUL	FOUL	2(5)	4
6 DEFRANCESCO, Alex	Lynchburg	37.23m 122' 2"	34.62	FOUL	35.17	FOUL	34.93	37.23	2(6)	3
7 KNUDSON, Elizabeth	Roanoke	37.06m 121' 7 ¹ / ₄	37.06	35.85	FOUL	FOUL	FOUL	FOUL	2(7)	2
8 ALLEN, Laura	Shenandoah	34.40m 112' 10 ¹ / ₂	31.65	29.83	34.40	31.79	30.13	FOUL	2(8)	1
9 BARANKO, Monica	Shenandoah	33.76m 110' 9 ¹ / ₂	29.50	33.76	29.43	33.37	32.13	FOUL	1(1)	
10 YATES, Michelle	Virginia Wesleyan	31.80m 104' 4 ¹ / ₄	31.64	31.80	30.56				1(2)	
11 KELLY, Mary	Roanoke	30.51m 100' 1 ¹ / ₂	FOUL	30.51	FOUL				2(9)	
12 MURRAY, Rachel	Lynchburg	30.29m 99' 4 ³ / ₄	FOUL	29.08	30.29				1(3)	
13 LAYTON, Skyler	Shenandoah	29.46m 96' 8"	26.91	27.23	29.46				1(4)	
14 TUDJA, Maura	Bridgewater	28.76m 94' 4 ¹ / ₂	28.65	FOUL	28.76				1(5)	
15 HOLLEY, Anna	Roanoke	28.33m 92' 11 ¹ / ₂	FOUL	28.33	FOUL				2(10)	
16 SHEPHERD, Dakota	Lynchburg	28.02m 91' 11 ¹ / ₂	28.02	FOUL	25.23				1(6)	
17 BUTLER, Kimber	Lynchburg	25.43m 83' 5 ¹ / ₂	22.97	25.08	25.43				1(7)	
18 DOSS, Toni	Eastern Mennonit	23.28m 76' 4 ³ / ₄	22.53	23.22	23.28				1(8)	
19 WHITE, Clarissa	Eastern Mennonit	21.73m 71' 3 ³ / ₄	20.79	FOUL	21.73				1(9)	

#40 Women's Javelin

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
¢ Conference	42.44m	Megan Wiseman	Lynchburg College							
# Meet	39.57m	Leah Heal	Lynchburg College							
1 KELLY, Mary	Roanoke	39.44m 129' 5"	38.78	37.20	37.54	37.23	39.44	38.94	2(1)	10
2 OLAUSEN, Paige	Roanoke	38.90m 127' 7 ³ / ₄	38.41	33.51	38.90	33.23	37.79	38.06	2(2)	8
3 BURNS, Nikki	Virginia Wesleyan	37.91m 124' 4 ³ / ₄	34.97	37.74	37.91	37.60	34.58	FOUL	2(3)	6
4 MCGRADY, Danyelle	Shenandoah	36.25m 118' 11 ¹ / ₂	FOUL	36.25	31.07	31.91	FOUL	FOUL	2(4)	5
5 BARANKO, Monica	Shenandoah	31.49m 103' 4"	28.31	29.11	29.82	27.58	30.91	31.49	2(5)	4
6 SENGER, Katelyn	Bridgewater	31.21m 102' 5"	28.60	FOUL	25.76	28.03	30.96	31.21	2(6)	3
7 GLOVER, Hannah	Shenandoah	30.95m 101' 6 ³ / ₄	28.20	30.95	26.29	FOUL	FOUL	26.56	1(1)	2
8 MURRAY, Rachel	Lynchburg	30.70m 100' 9"	FOUL	30.70	28.38	FOUL	29.98	FOUL	2(7)	1

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#40 Women's Javelin (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
9	HARGREAVES, Brooke	Shenandoah	28.01m 91' 11"	28.01	27.03	27.55	21.83	25.61	26.03		1(2)
10	KNUDSON, Elizabeth	Roanoke	27.73m 91' 0"	25.49	24.04	27.73					1(3)
11	NYAGWEGWE, Makora	Eastern Mennonite	25.99m 85' 3½"	25.99	FOUL	FOUL					1(4)
12	BENFIELD, Becca	Guilford	24.33m 79' 10¼"	22.81	21.56	24.33					1(5)
13	WILHELM, Kayla	Randolph	23.49m 77' 1"	22.06	23.49	21.56					1(6)
14	MEADOWS, Alana	Shenandoah	23.20m 76' 1¾"	FOUL	23.20	22.09					2(8)
15	ADAIR, Laura	Guilford	20.90m 68' 7"	19.80	17.41	20.90					1(7)

Men's Scores

Pl	Team	Code	Score
1	Bridgewater	BRID	182
2	Lynchburg	LYNC	170
3	Washington and Lee	WLEE	127
4	Eastern Mennonite	EAVA	82
5	Shenandoah	SHEN	59
6	Virginia Wesleyan	VIRG	50
7	Guilford	GUIL	46
8	Roanoke	ROAN	40
9	Randolph	RAND	23

Women's Scores

Pl	Team	Code	Score
1	Bridgewater	BRID	164
2	Washington and Lee	WLEE	148
3	Roanoke	ROAN	146
4	Shenandoah	SHEN	115
5	Virginia Wesleyan	VIRG	66
6	Lynchburg	LYNC	59
7	Eastern Mennonite	EAVA	58
8	Randolph	RAND	14
9	Guilford	GUIL	9

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RESULTS**#8 Men's 100 Meters**

¢ Conference	10.50	Randy Lott	Virginia Wesleyan Colleg
# Meet	10.62	Randy Lott	Virginia Wesleyan Colleg

Finals

Wind: (-2.0)

Pl Name	Team	Time	Note	Pts
1 WOMACK, Davonta	Bridgewater	10.92		10
2 MITCHELL, Josephus	Guilford	10.95		8
3 TRUMAN, Evan	Lynchburg	11.19		6
4 WOOD, Aaron	Lynchburg	11.33	11.321	5
5 MARTIN, Alex	Guilford	11.33	11.324	4
6 SCOTT, Leonard	Shenandoah	11.33	11.328	3
7 LOVELACE, Anthony	Bridgewater	11.33		2
8 CHRISTIAN, Brandon	Bridgewater	11.36		1

Prelims

Pl Name	Team	Time	Note	H(Pl)
1 WOMACK, Davonta	Bridgewater	10.96Q	10.955 (+0.1)	3(1)
2 MITCHELL, Josephus	Guilford	10.96Q	10.958 (+0.1)	2(1)
3 TRUMAN, Evan	Lynchburg	10.98Q	(+0.5)	1(1)
4 LOVELACE, Anthony	Bridgewater	11.07q	(+0.1)	3(2)
5 CHRISTIAN, Brandon	Bridgewater	11.10q	(+0.1)	2(2)
6 SCOTT, Leonard	Shenandoah	11.15q	(+0.5)	1(2)
7 WOOD, Aaron	Lynchburg	11.19q	(+0.1)	3(3)
8 MARTIN, Alex	Guilford	11.23q	(+0.1)	2(3)
9 HENDERSON, Edward	Shenandoah	11.30	(+0.5)	1(3)
10 FISHER, Tyler	Shenandoah	11.39	(+0.1)	2(4)
11 WITTER, Ryan	Lynchburg	11.44	(+0.5)	1(4)
12 LEWIS, Bobby	Shenandoah	11.49	(+0.1)	2(5)
13 ABDUS-SALAAM, Nuriddin	Eastern Mennonite	11.51	(+0.5)	1(5)
14 BRADLEY, Justin	Eastern Mennonite	11.65	(+0.1)	3(4)
15 CHAMBERS, Gus	Guilford	11.74	(+0.1)	2(6)
16 KIM, Andrew	Washington and Lee	11.76	(+0.1)	3(5)
17 BAFALIE, Siaka	Virginia Wesleyan	11.77	(+0.5)	1(6)
18 BRANCH, Donte	Roanoke	11.85	(+0.1)	2(7)
19 ARDILA, Armon	Virginia Wesleyan	11.99	(+0.1)	3(6)
20 JONES, Nick	Guilford	12.12	(+0.1)	3(7)
21 TYRRELL, Douglas	Roanoke	12.17	(+0.5)	1(7)

#12 Men's 200 Meters

¢ Conference	21.10	Johnathan Smith	Guilford College
# Meet	21.55	Randy Lott	Virginia Wesleyan Colleg

Finals

Wind: (+0.0)

Pl Name	Team	Time	Note	Pts
1 WOMACK, Davonta	Bridgewater	22.15		10
2 MITCHELL, Josephus	Guilford	22.25		8
3 BORHAUER, Ansel	Shenandoah	22.38		6
4 GALLOWAY, Alex	Bridgewater	22.40		5
5 LOVELACE, Anthony	Bridgewater	22.50		4

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RESULTS**#12 Men's 200 Meters (cont'd)****Finals**

Wind: (+0.0)

Pl	Name	Team	Time	Note	Pts
6	JONES, John	Washington and Lee	22.67		3
7	WHITE, Trey	Virginia Wesleyan	22.86		2
8	FRAZIER, Karim	Randolph	23.00		1

Prelims

Pl	Name	Team	Time	Note	H(Pl)
1	LOVELACE, Anthony	Bridgewater	22.32Q	(+0.0)	1(1)
2	WOMACK, Davonta	Bridgewater	22.36Q	(+0.0)	2(1)
3	MITCHELL, Josephus	Guilford	22.37Q	(+0.1)	4(1)
4	GALLOWAY, Alex	Bridgewater	22.38Q	(+0.0)	3(1)
5	BORHAUER, Ansel	Shenandoah	22.39q	(+0.0)	1(2)
6	JONES, John	Washington and Lee	22.57q	(+0.0)	1(3)
7	WHITE, Trey	Virginia Wesleyan	22.58q	(+0.1)	4(2)
8	FRAZIER, Karim	Randolph	22.68q	(+0.0)	2(2)
9	TRUMAN, Evan	Lynchburg	22.69	(+0.0)	2(3)
10	QUINN, Anthony	Randolph	22.73	(+0.0)	3(2)
11	WOOD, Aaron	Lynchburg	22.88	(+0.1)	4(3)
12	RAMIREZ, AJ	Virginia Wesleyan	22.96	(+0.0)	3(3)
13	HENDERSON, Edward	Shenandoah	22.97	(+0.1)	4(4)
14	JALLOH, Sanusi	Shenandoah	23.17	(+0.0)	3(4)
15	SCOTT, Leonard	Shenandoah	23.18	(+0.0)	1(4)
16	DOTSON, Terry	Eastern Mennonite	23.21	(+0.0)	1(5)
17	HUFFMAN, Carter	Washington and Lee	23.23	(+0.0)	3(5)
18	WITTER, Ryan	Lynchburg	23.45	(+0.0)	1(6)
19	BRADLEY, Justin	Eastern Mennonite	23.50	(+0.0)	2(4)
20	MARTIN, Alex	Guilford	23.67	(+0.0)	2(5)
21	WATSON, Phillip	Eastern Mennonite	23.74	(+0.1)	4(5)
22	CHAMBERS, Gus	Guilford	23.81	(+0.0)	2(6)
23	BRANCH, Donte	Roanoke	23.94	(+0.0)	3(6)
24	BAFALIE, Siaka	Virginia Wesleyan	24.06	(+0.1)	4(6)
25	DEL CRISTO, Albert	Washington and Lee	24.48	(+0.0)	2(7)
26	ARDILA, Armon	Virginia Wesleyan	24.66	(+0.0)	3(7)
27	JONES, Nick	Guilford	24.82	(+0.1)	4(7)

#6 Men's 400 Meters

¢	Conference	46.74	Jesse Thomas	Roanoke College
#	Meet	47.66	Alexander Tallman	Washington & Lee Universi

Finals

Pl	Name	Team	Time	Note	Pts
1	BORHAUER, Ansel	Shenandoah	48.24		10
2	JONES, John	Washington and Lee	48.84		8
3	GUNTHER, Sam	Bridgewater	48.95		6
4	WHITE, Trey	Virginia Wesleyan	49.17		5
5	HUFFMAN, Carter	Washington and Lee	49.70		4
6	GALLOWAY, Alex	Bridgewater	49.94		3

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RESULTS**#6 Men's 400 Meters (cont'd)****Finals**

Pl	Name	Team	Time	Note	Pts
7	DOTSON, Terry	Eastern Mennonite	50.97		2
8	FRAZIER, Karim	Randolph	51.89		1

Prelims

Pl	Name	Team	Time	Note	H(Pl)
1	BORHAUER, Ansel	Shenandoah	48.85	Q	2(1)
2	JONES, John	Washington and Lee	49.22	Q	1(1)
3	WHITE, Trey	Virginia Wesleyan	49.48	Q	3(1)
4	GALLOWAY, Alex	Bridgewater	49.61	q	1(2)
5	GUNTHER, Sam	Bridgewater	49.77	q	3(2)
6	HUFFMAN, Carter	Washington and Lee	50.25	q	3(3)
7	DOTSON, Terry	Eastern Mennonite	50.50	q	2(2)
8	FRAZIER, Karim	Randolph	50.52	q	2(3)
9	SAMPSON, Hunter	Eastern Mennonite	50.72		2(4)
10	BREEDLOVE, Danny	Bridgewater	50.99		1(3)
11	PRILLAMAN, Lucas	Guilford	51.06		1(4)
12	DAWKINS, Mykal	Roanoke	51.50		3(4)
13	JOYNER, Lee	Guilford	51.59		3(5)
14	PARK, Matt	Lynchburg	51.72		1(5)
15	SIVELS, Marquis	Virginia Wesleyan	52.07		3(6)
16	SUMNER, Jonathan	Guilford	52.30		3(7)
17	HARRIS, Ivan	Eastern Mennonite	52.59		1(6)
18	WATSON, Phillip	Eastern Mennonite	52.60		1(7)
19	SHUBROOKS, Donald	Shenandoah	52.72		2(5)
20	PATE, Daryl	Shenandoah	52.76		2(6)
21	LEE, Terry	Lynchburg	53.90		2(7)
22	AGRIPPINA, Andrew	Washington and Lee	55.89		3(8)
23	SPRECHER, Trace	Lynchburg	57.72		1(8)

#20 Men's 800 Meters

☐	Conference	1:50.69	Josh Zobenica	Lynchburg College
#	Meet	1:52.90	Josh Zobenica	Lynchburg College

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	GUNTHER, Sam	Bridgewater	1:54.62		3(1)	10
2	EVANS, Trent	Guilford	1:55.08		3(2)	8
3	THIBODEAUX, Alec	Eastern Mennonite	1:56.24		3(3)	6
4	WATERMAN, Kevin	Roanoke	1:56.70		2(1)	5
5	ROBERTS, Jake	Washington and Lee	1:56.71		3(4)	4
6	DENLINGER, Tyler	Eastern Mennonite	1:57.04		3(5)	3
7	HECKMAN, Nevin	Bridgewater	1:57.90		3(6)	2
8	MCDONALD, Ian	Washington and Lee	1:59.08		3(7)	1
9	MEYER, Matthieu	Randolph	1:59.30		2(2)	
10	LEROY, MacKenzie	Washington and Lee	1:59.61		3(8)	
11	BAIRD, Cooper	Washington and Lee	2:00.26		2(3)	
12	MACNAB, Matt	Lynchburg	2:00.81		2(4)	

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#20 Men's 800 Meters (cont'd)

PI	Name	Team	Time	Note	H(PI)	Pts
13	FRY, Gavin	Virginia Wesleyan	2:01.47		2(5)	
14	SCHLOTT, Max	Washington and Lee	2:02.25		2(6)	
15	OGBURN, Dustin	Virginia Wesleyan	2:03.13		2(7)	
16	MAGUDER, Connor	Bridgewater	2:05.82		3(9)	
17	GRABER, Patrick	Eastern Mennonite	2:07.50		1(1)	
18	CARMODY, Joe	Washington and Lee	2:09.17		2(8)	
19	GOOD, Logan	Bridgewater	2:09.39		1(2)	
20	GLEISSNER, Adam	Shenandoah	2:22.24		1(3)	
21	STEPHENS, Connor	Guilford	2:38.12		1(4)	

#18 Men's 1500 Meters

¢	Conference	3:49.64	Ken Brady	Lynchburg College		
#	Meet	3:56.91	Luke Sohl	Bridgewater College		
PI	Name	Team	Time	Note	H(PI)	Pts
1	MCDONALD, Ian	Washington and Lee	# 3:56.27		3(1)	10
2	DENLINGER, Tyler	Eastern Mennonite	3:57.04		3(2)	8
3	MAGUDER, Connor	Bridgewater	3:57.74		3(3)	6
4	THIBODEAUX, Alec	Eastern Mennonite	3:58.72		3(4)	5
5	LEROY, MacKenzye	Washington and Lee	3:59.69		3(5)	4
6	HECKMAN, Nevin	Bridgewater	4:01.87		3(6)	3
7	WARRING, Levi	Washington and Lee	4:03.24		3(7)	2
8	BAIRD, Cooper	Washington and Lee	4:05.98		3(8)	1
9	GINNINGS, Justin	Roanoke	4:07.02		3(9)	
10	HARMON, Phillip	Washington and Lee	4:10.33		3(10)	
11	REES, Levi	Lynchburg	4:12.97		3(11)	
12	HORTON, Matthew	Shenandoah	4:17.42		2(1)	
13	CLEM, Alex	Randolph	4:19.92		2(2)	
14	ZUNK, Skyler	Washington and Lee	4:21.67		2(3)	
15	ELLIOTT, Kevin	Roanoke	4:24.22		2(4)	
16	WATERMAN, Kevin	Roanoke	4:24.55		3(12)	
17	ANDERSON, Caleb	Guilford	4:25.60		1(1)	
18	FLECK, Jacob	Lynchburg	4:26.60		2(5)	
19	WERNER, Andrew	Virginia Wesleyan	4:27.90		2(6)	
20	REYNOLDS, Nick	Guilford	4:31.84		2(7)	
21	BLEVINS, Philip	Virginia Wesleyan	4:33.55		1(2)	
22	CLASS, Michael	Virginia Wesleyan	4:34.67		2(8)	
23	SIMONES, Quint	Guilford	4:35.49		2(9)	
24	WALL, Colin	Roanoke	4:38.05		2(10)	
25	WRIGHT, Nicholas	Roanoke	4:44.49		1(3)	
26	CHIRINOS, Derrick	Eastern Mennonite	4:46.99		1(4)	

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#22 Men's 5000 Meters

☿ Conference	14:25.22	Ricky Flynn	Lynchburg College
# Meet	15:03.74	Chad Norton	Guilford College

Pl	Name	Team	Time	Note	Pts
1	TONEY, Harrison	Roanoke	15:10.98		10
2	TIMBLIN, Tyler	Lynchburg	15:18.07		8
3	OSBORNE, Andrew	Lynchburg	15:19.74		6
4	STREHLER, Mac	Washington and Lee	15:26.99		5
5	SMITH, Drew	Lynchburg	15:36.57		4
6	SHAW, Josh	Lynchburg	15:39.23		3
7	DANIELS, Howard	Roanoke	15:43.00		2
8	MALONEY, Trevor	Virginia Wesleyan	15:44.68		1
9	GIBSON, Trey	Bridgewater	15:54.28		
10	HIEGEL, Robert	Bridgewater	15:56.80		
11	WARRING, Levi	Washington and Lee	15:58.67		
12	HARMON, Phillip	Washington and Lee	16:31.72		
13	HENKEN, Cameron	Bridgewater	16:32.70		
14	LUCY-SPEIDEL, Tristan	Lynchburg	16:36.42		
15	LONG, Scott	Bridgewater	16:48.77		
16	COOK, Robert	Eastern Mennonite	16:53.17		
17	PARSONS, Ray	Shenandoah	17:08.58		
18	GENSBURG, Mark	Washington and Lee	17:21.67		
19	BARTON, Zachary	Shenandoah	17:21.70		
20	AMSTUTZ, Caleb	Guilford	17:22.17		
21	MARTIN, Timothy	Eastern Mennonite	17:35.60		
22	GUSSIAAS, Matthew	Shenandoah	17:59.97		

#14 Men's 10000 Meters

☿ Conference	30:03.39	Ricky Flynn	Lynchburg College
# Meet	32:20.74	Luke Sohl	Bridgewater College

Pl	Name	Team	Time	Note	Pts			
1	OSBORNE, Andrew	Lynchburg	# 31:49.56		10			
	01:17.740	02:39.157	03:53.553	05:10.140	06:26.387	07:43.707	09:00.450	10:18.743
	11:38.153	12:54.540	14:11.077	15:28.407	16:46.340	18:04.787	19:22.517	20:39.807
	21:58.393	23:16.953	24:34.827	25:49.287	27:04.497	28:20.120	29:32.480	30:44.257
	31:49.560							
2	STREHLER, Mac	Washington and Lee	# 31:50.32		8			
	01:18.257	02:34.597	03:51.587	05:09.343	06:26.327	07:43.237	09:00.560	10:18.993
	11:39.433	12:54.087	14:10.953	15:28.330	16:46.153	18:04.553	19:22.627	20:39.433
	21:58.050	23:16.720	24:34.513	25:49.477	27:04.607	28:20.243	29:32.650	30:43.820
	31:50.320							
3	HIEGEL, Robert	Bridgewater	# 32:14.91		6			
	01:18.430	02:40.190	03:57.023	05:15.077	06:34.200	07:51.957	09:08.777	10:24.960
	11:40.857	12:56.853	14:12.517	15:29.237	16:46.387	18:04.727	19:22.767	20:39.667
	21:58.393	23:16.953	24:34.827	25:49.727	27:05.233	28:20.603	29:35.557	30:54.317
	32:14.910							
4	SHAW, Josh	Lynchburg	32:49.26		5			

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Pl	Name	Team						Time	Note	Pts
	01:18.037	02:39.767	03:58.100	05:15.437	06:34.387	07:52.317	09:09.217	10:26.167		
	11:44.887	13:06.130	14:28.063	15:50.533	17:09.697	18:25.850	19:45.203	21:04.850		
	22:24.550	23:45.063	25:05.307	26:24.443	27:44.180	29:04.360	30:23.963	31:39.860		
	32:49.260									
5	WIGGINS, John	Roanoke						32:58.31		4
	01:18.757	02:40.440	03:58.477	05:15.750	06:34.793	07:52.787	09:10.107	10:28.460		
	11:48.577	13:08.787	14:28.500	15:50.813	17:08.963	19:45.093	21:04.617	22:24.737		
	23:44.953	25:05.370	26:24.147	27:43.883	29:04.250	30:23.840	31:40.847	32:56.697		
	32:58.310									
6	GIBSON, Trey	Bridgewater						33:39.38		3
	01:18.007	02:39.580	03:56.960	05:14.640	06:34.607	07:51.833	09:08.967	10:25.853		
	11:44.717	13:05.940	14:27.483	15:50.190	17:09.463	18:26.303	19:48.750	21:09.787		
	22:32.863	23:55.547	25:20.287	26:46.753	28:08.917	29:32.840	30:56.613	32:18.547		
	33:39.380									
7	PARSONS, Ray	Shenandoah						33:44.27		2
	01:18.757	02:40.957	03:59.257	05:16.297	06:35.060	07:53.253	09:10.277	10:27.540		
	11:48.310	13:08.333	14:27.563	15:50.003	17:10.540	18:34.377	19:58.140	21:21.970		
	22:45.977	24:10.987	25:36.773	27:01.577	28:24.680	29:49.027	31:11.517	32:31.950		
	33:44.270									
8	BRENNAN, Colin	Roanoke						33:44.72		1
	01:18.537	02:40.643	03:59.007	05:17.407	06:38.660	07:59.410	09:20.960	10:41.380		
	12:02.543	13:24.517	14:44.247	16:06.503	17:29.677	18:50.720	20:12.157	21:34.377		
	22:56.100	24:20.110	25:41.067	27:06.217	28:31.133	29:54.760	31:14.547	32:31.310		
	33:44.720									
9	HENKEN, Cameron	Bridgewater						33:46.35		
	01:20.663	02:42.500	04:02.990	05:22.513	06:43.370	08:02.910	09:23.257	10:42.427		
	12:02.887	13:24.517	14:44.777	16:06.237	17:29.553	18:51.003	20:11.577	21:32.987		
	22:54.660	24:16.453	25:38.630	27:00.920	28:24.103	29:48.667	31:11.267	32:31.623		
	33:46.350									
10	STERN, Ben	Lynchburg						34:03.84		
	01:18.257	02:40.440	03:58.477	05:15.987	06:35.357	07:54.690	09:15.340	10:37.550		
	11:59.870	13:22.267	14:44.120	16:06.110	17:29.460	18:50.847	20:11.827	21:33.720		
	22:55.707	24:19.190	25:42.897	27:05.827	28:30.697	29:54.137	31:19.033	32:41.857		
	34:03.840									
11	RISS, Calvin	Washington and Lee						34:09.07		
	01:20.273	02:42.453	04:01.553	05:22.077	06:44.027	08:03.847	09:24.117	10:43.537		
	12:02.717	13:24.280	14:44.357	16:06.767	17:30.083	18:51.330	20:12.110	21:34.063		
	22:55.490	24:20.500	25:43.020	27:07.060	28:31.010	29:54.853	31:22.767	32:49.493		
	34:09.070									
12	COOK, Robert	Eastern Mennonite						34:19.05		
	01:19.147	02:40.690	03:59.007	05:17.737	06:40.180	08:00.787	09:22.853	10:43.660		
	12:03.683	13:25.937	14:47.260	16:09.157	17:32.490	18:56.937	20:18.970	21:43.657		
	23:08.240	24:32.857	25:56.317	27:22.743	28:47.723	30:12.557	31:36.377	33:00.337		
	34:19.050									
13	THEIMER, Robert	Bridgewater						34:48.09		

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PI	Name	Team	Time	Note	Pts			
	01:21.227	02:42.687	04:03.000	05:22.263	06:43.290	08:03.190	09:23.570	10:43.020
	12:03.263	13:25.250	14:46.653	16:09.690	17:31.460	18:55.577	20:24.593	21:51.300
	23:20.907	24:49.873	26:17.803	27:45.743	29:12.530	30:36.070	32:05.643	33:25.647
	34:48.090							
14	BARTON, Zachary	Shenandoah	34:57.76					
	01:21.287	02:43.140	04:03.337	05:23.827	06:45.917	08:08.160	09:31.243	10:55.473
	12:19.950	13:42.607	15:07.413	16:32.907	17:58.427	19:22.627	20:47.853	22:14.347
	23:40.313	25:06.743	26:31.597	27:57.977	29:24.730	30:50.020	32:14.860	33:38.647
	34:57.760							
15	MARTIN, Timothy	Eastern Mennonite	34:57.81					
	01:20.350	02:43.203	04:04.710	05:27.480	06:51.807	08:15.520	09:38.400	11:03.297
	12:26.763	13:51.123	15:15.507	16:40.263	18:05.757	19:30.610	20:55.913	22:19.940
	23:45.830	25:09.510	26:34.127	28:00.087	29:24.433	30:49.787	32:15.127	33:38.083
	34:57.810							
16	WILT, Joshua	Bridgewater	35:11.79					
	01:20.273	02:42.047	04:02.443	05:22.263	06:43.650	08:03.347	09:23.773	10:43.287
	12:04.887	13:28.750	14:54.323	16:19.813	17:46.960	19:13.877	20:42.040	22:12.767
	23:41.923	25:10.620	26:38.970	28:06.290	29:33.747	31:02.770	32:32.547	34:00.490
	35:11.790							
17	GENSBURG, Mark	Washington and Lee	35:15.11					
	01:19.663	02:41.983	04:01.337	05:21.793	06:43.790	08:05.300	09:25.507	10:48.597
	12:12.793	13:37.233	15:02.677	16:28.360	17:53.663	19:21.093	20:52.197	22:22.863
	23:53.737	25:21.880	26:47.330	28:13.180	29:38.323	31:02.647	32:31.530	35:15.110
	35:15.110							
18	DAVIS, Winston	Shenandoah	37:19.97					
	01:21.163	02:43.407	04:03.633	05:23.920	06:46.853	08:15.097	09:42.087	11:13.673
	12:44.150	14:14.093	15:46.720	17:19.147	18:50.783	20:22.390	21:53.050	23:25.127
	24:57.963	26:32.003	28:06.057	29:40.683	31:15.173	32:47.343	34:20.177	35:52.287
	37:19.970							
	MEHRER, Justin	Shenandoah	DNF					
	DOLWICK, Alex	Washington and Lee	DNF					

#4 Men's 110m Hurdles

☿	Conference	14.30	Andy White	Washington & Lee Unvers
#	Meet	14.54	Andy White	Washington & Lee Univer

Finals

Wind: (-1.8)

PI	Name	Team	Time	Note	Pts
1	QUINN, Anthony	Randolph	15.07		10
2	ROBINSON, Richard	Eastern Mennonite	15.18		8
3	CLEMENT, Forrest	Lynchburg	16.25		6
4	PRANKA, Drew	Washington and Lee	16.26		5
5	FUENTES, Brian	Lynchburg	16.32		4
6	COX, Azariah	Eastern Mennonite	16.49		3
7	SEGOVIA, David	Shenandoah	16.76		2
8	HOWARD, Hyson	Guilford	17.08		1

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RESULTS**#4 Men's 110m Hurdles (cont'd)****Prelims**

PI Name	Team	Time	Note	H(PI)
1 ROBINSON, Richard	Eastern Mennonite	14.98Q		(+0.4) 1(1)
2 QUINN, Anthony	Randolph	15.25Q		(+0.0) 2(1)
3 PRANKA, Drew	Washington and Lee	15.80q		(+0.4) 1(2)
4 CLEMENT, Forrest	Lynchburg	15.99q		(+0.0) 2(2)
5 COX, Azariah	Eastern Mennonite	16.53q		(+0.4) 1(3)
6 HOWARD, Hyson	Guilford	16.81q		(+0.0) 2(3)
7 FUENTES, Brian	Lynchburg	16.82q		(+0.0) 2(4)
8 SEGOVIA, David	Shenandoah	17.11q		(+0.4) 1(4)
9 GOOD, Keavin	Shenandoah	17.44		(+0.4) 1(5)

#10 Men's 400m Hurdles

☿ Conference	51.72	Safwan Williams	Lynchburg College
# Meet	53.67	Rachad Davis	Lynchburg College

Finals

PI Name	Team	Time	Note	Pts
1 FAINT, Connor	Eastern Mennonite	54.24		10
2 HAWKINS, Chrishaud	Virginia Wesleyan	54.90		8
3 PRANKA, Drew	Washington and Lee	55.24		6
4 FUENTES, Brian	Lynchburg	55.51		5
5 BUSH, Jonathan	Eastern Mennonite	57.05		4
6 CLEMONS, Yashua	Guilford	57.31		3
7 HASENECZ, Kevin	Bridgewater	58.82		2
8 SMITH, Sam	Bridgewater	58.96		1

Prelims

PI Name	Team	Time	Note	H(PI)
1 FAINT, Connor	Eastern Mennonite	54.52Q		1(1)
2 FUENTES, Brian	Lynchburg	55.43Q		2(1)
3 HAWKINS, Chrishaud	Virginia Wesleyan	56.02q		2(2)
4 PRANKA, Drew	Washington and Lee	56.76q		1(2)
5 SMITH, Sam	Bridgewater	56.83q		1(3)
6 BUSH, Jonathan	Eastern Mennonite	57.44q		2(3)
7 CLEMONS, Yashua	Guilford	57.86q		1(4)
8 HASENECZ, Kevin	Bridgewater	58.70q		2(4)
9 ZACHARIADES, Charlie	Washington and Lee	58.92		2(5)
10 WILLIAMS, Luke	Lynchburg	58.95		2(6)
11 KENWARD, Bryan	Bridgewater	59.07		1(5)
12 SEGOVIA, David	Shenandoah	59.31		1(6)
13 PANKEY, William	Roanoke	1:00.92		1(7)
14 SHUBROOKS, Donald	Shenandoah	1:03.39		2(7)
15 HORTON, Matthew	Shenandoah	1:04.61		2(8)

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RESULTS**#2 Men's 3000m Steeple**

☿ Conference	9:15.14	Harrison Toney	Roanoke College
# Meet	9:23.57	Chad Norton	Guilford College

Pl	Name	Team	Time	Note	Pts
1	TONEY, Harrison	Roanoke	# 9:21.67		10
2	SMITH, Drew	Lynchburg	9:35.26		8
3	LUCY-SPEIDEL, Tristan	Lynchburg	9:53.59		6
4	HORTON, Matthew	Shenandoah	10:00.13		5
5	MEHRER, Justin	Shenandoah	10:02.58		4
6	NISLY, Jared	Eastern Mennonite	10:06.68		3
7	DYE, Keane	Virginia Wesleyan	10:08.37		2
8	MURPHY, Ben	Washington and Lee	10:12.83		1
9	REES, Levi	Lynchburg	10:21.15		
10	GUSSIAAS, Matthew	Shenandoah	10:25.93		
11	LONG, Scott	Bridgewater	10:30.04		
12	BARTON, Zachary	Shenandoah	10:34.50		
13	REYNOLDS, Nick	Guilford	10:35.02		
14	GOOD, Logan	Bridgewater	10:39.65		
15	CLASS, Michael	Virginia Wesleyan	10:50.59		
16	SHAY, Timothy	Roanoke	11:03.31		
17	SIMONES, Quint	Guilford	11:21.88		

#16 Men's 4 x 100m Relay

☿ Conference	41.21	Goss, K. Smith, Harris, J. Smith	Lynchburg College
# Meet	41.73	Copeland, Queen, Beiler, Konate	Bridgewater College

Pl	Team	Time	Note	Pts
1	Bridgewater (A) 1) CHRISTIAN, Brandon 2) EVANS, Isaac 3) GALLOWAY, Alex 4) LOVELACE, Anthony	42.48		10
2	Virginia Wesleyan (A) 1) BAFALIE, Siaka 2) RAMIREZ, AJ 3) WHITE, Trey 4) HAWKINS, Chrishaud	42.98		8
3	Lynchburg (A) 1) WITTER, Ryan 2) TRUMAN, Evan 3) WOOD, Aaron 4) STEVENS, Linwood	43.04		6
4	Eastern Mennonite (A) 1) AMOATENG, Grant 2) ROBINSON, Richard 3) BRADLEY, Justin 4) ABDUS-SALAAM, Nuriddin	43.28		5
5	Guilford (A) 1) JONES, Nick 2) HOWARD, Hyson 3) MARTIN, Alex 4) MITCHELL, Josephus	43.62	43.616	4
6	Shenandoah (A) 1) FISHER, Tyler 2) SCOTT, Leonard 3) JALLOH, Sanusi 4) HENDERSON, Edward	43.62	43.619	3

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#16 Men's 4 x 100m Relay (cont'd)

Pl	Team	Time	Note	Pts
7	Washington and Lee (A)	43.98		2
	1) KIM, Andrew		2) HUFFMAN, Carter	
	3) JONES, John		4) TURNER, Davis	
8	Roanoke (A)	45.60		1
	1) BRANCH, Donte		2) DAWKINS, Mykal	
	3) TYRRELL, Douglas		4) GROSSMANN, Will	

#24 Men's 4 x 400m Relay

☐	Conference	3:10.20	K. Smith, Harris, J. Smith, Williams	Lynchburg College
#	Meet	3:18.40	K. Smith, Harris, J. Smith, Williams	Lynchburg College

Pl	Team	Time	Note	H(Pl)	Pts
1	Virginia Wesleyan (A)	# 3:18.12		2(1)	10
	1) HAWKINS, Chrishaud		2) RAMIREZ, AJ		
	3) SIVELS, Marquis		4) WHITE, Trey		
2	Eastern Mennonite (A)	3:20.48		2(2)	8
	1) FAINT, Connor		2) SAMPSON, Hunter		
	3) DENLINGER, Tyler		4) BUSH, Jonathan		
3	Shenandoah (A)	3:23.88		2(3)	6
	1) BORHAUER, Ansel		2) SEGOVIA, David		
	3) SHUBROOKS, Donald		4) PATE, Daryl		
4	Lynchburg (A)	3:26.36		1(1)	5
	1) FUENTES, Brian		2) LEE, Terry		
	3) PARK, Matt		4) TRUMAN, Evan		
5	Washington and Lee (A)	3:26.68		2(4)	4
	1) DEL CRISTO, Albert		2) HUFFMAN, Carter		
	3) TURNER, Davis		4) JONES, John		
6	Roanoke (A)	3:28.66		1(2)	3
	1) DAWKINS, Mykal		2) GINNINGS, Justin		
	3) PANKEY, William		4) WATERMAN, Kevin		
7	Randolph (A)	3:37.97		1(3)	2
	1) FRAZIER, Karim		2) QUINN, Anthony		
	3) CLEM, Alex		4) MEYER, Matthieu		
	Guilford (A)	DNF		2	
	1) SUMNER, Jonathan		2) JOYNER, Lee		
	3) PRILLAMAN, Lucas		4) EVANS, Trent		
	Bridgewater (A)	DQ		2	
	1) BREEDLOVE, Danny		2) GALLOWAY, Alex		
	3) HECKMAN, Nevin		4) GUNTHER, Sam		

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#25 Men's High Jump

1.66 1.71 1.76 1.81 1.86 1.91 1.94 and cont by 3cm

☿ Conference	2.19m	Devon Lewis	Bridgewater College
# Meet	2.14m	Ricky Easterling	Bridgewater College

Pl	Name	Team	Mark	1.66	1.71	1.76	1.81	1.86	1.91	Pts
1	EVANS, Isaac	Bridgewater	1.86m 6' 1 1/4	P	P	P	XO	XO	XXX	10
2	J TURNER, Davis	Washington and L	1.86m 6' 1 1/4	P	P	O	O	XXO	XXX	8
3	J BANKS, Anthony	Shenandoah	1.81m 5' 11 1/4	P	P	O	O	XXX		6
4	J PEARMAN, Parker	Virginia Wesleyan	1.81m 5' 11 1/4	XXO	XXO	O	O	XXX		5
5	J BUTLER, Adam	Bridgewater	1.81m 5' 11 1/4	P	P	XO	O	XXX		4
6	J DEKNIGHT, Harrison	Washington and L	1.81m 5' 11 1/4	P	P	XO	XXO	XXX		3
7	J AFRIFA-BOAKYE, Philemon	Randolph	1.81m 5' 11 1/4	P	P	XXO	XXO	XXX		2
8	J CHRISTIAN, Brandon	Bridgewater	1.76m 5' 9 1/4	P	P	O	XXX			1
9	J AMOATENG, Grant	Eastern Mennonit	1.66m 5' 5 1/4	O	XXX					

#27 Men's Pole Vault

307 322 337 352 367 382 397 412 422 and cont by 10cm

☿ Conference	5.02m	Andy Rollins	Lynchburg College
# Meet	5.02m	Andy Rollins	Lynchburg

Pl	Name	Team	Mark	3.07	3.22	3.37	3.52	3.67	3.82	3.97	4.12	4.27	Pts
1	J SHANNON, Daniel	Lynchburg	4.12m 13' 6 1/4	P	P	P	P	P	P	XO	XXO	XXX	10
2	J JONES, Robert	Washington and L	3.97m 13' 0 1/4	P	P	XXO	O	O	O	O	XXX		8
3	J BELOW, Cody	Virginia Wesleyan	3.82m 12' 6 1/4	P	O	O	XXO	O	XO	XXX			6
4	J WEATHERWAX, Jordon	Bridgewater	3.82m 12' 6 1/4	P	P	XO	O	XO	XO	XXX			5
5	J PRANKA, Drew	Washington and L	3.67m 12' 0 1/2	P	P	O	O	O	XXX				4
6	J FRAZIER, Karim	Randolph	3.52m 11' 6 1/2	P	P	O	O	XXX					3
7	J COOK, Gavin	Randolph	3.52m 11' 6 1/2	P	P	O	XO	XXX					2
8	J KALINOWSKI, Casey	Lynchburg	3.52m 11' 6 1/2	P	XO	XO	XXO	XXX					1
9	J LICHVAR, Cody	Virginia Wesleyan	3.37m 11' 0 3/4	P	P	XO	XPP	XX					
10	J JERNIGAN, Wade	Virginia Wesleyan	3.37m 11' 0 3/4	XO	O	XO	XXX						

#29 Men's Long Jump

☿ Conference	7.67m	Evan Trumann	Lynchburg College
# Meet	7.42m	Dave Lichtenstein	Lynchburg

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	J WOMACK, Davonta	Bridgewater	7.07m 23' 2 1/2 (+0.0)	FOUL	6.03 (+0.0)	6.67 (+0.0)	6.72 (+0.0)	7.07 (+0.0)	6.25 (+0.0)	10
2	J TRUMAN, Evan	Lynchburg	6.96m 22' 10" (+0.0)	FOUL	6.67 (+0.0)	6.83 (+0.0)	6.85 (+0.0)	FOUL	6.96 (+0.0)	8
3	J CHRISTIAN, Brandon	Bridgewater	6.96m 22' 10" (+0.0)	6.69 (+0.0)	6.80 (+0.0)	FOUL	6.60 (+0.0)	6.76 (+0.0)	6.96 (+0.0)	6
4	J MARTIN, Alex	Guilford	6.63m 21' 9" (+0.0)	6.14 (+0.0)	6.43 (+0.0)	6.55 (+0.0)	4.94 (+0.0)	6.56 (+0.0)	6.63 (+0.0)	5
5	J AMOATENG, Grant	Eastern Mennonit	6.50m 21' 4" (+0.0)	FOUL	6.17 (+0.0)	6.35 (+0.0)	6.43 (+0.0)	6.50 (+0.0)	6.22 (+0.3)	4
6	J MCBRYDE, Ethan	Bridgewater	6.21m 20' 4 1/2 (+0.8)	6.21 (+0.8)	FOUL	FOUL	FOUL	FOUL	5.76 (+0.0)	3
7	J TURNER, Davis	Washington and L	6.18m 20' 3 1/2 (+0.0)	5.95 (+0.0)	6.12 (+0.2)	5.74 (+0.2)	5.91 (+0.2)	6.06 (+0.0)	6.18 (+0.0)	2
8	J PHILLIPS, Nate	Guilford	6.06m 19' 10 3/4 (+0.0)	6.06 (+0.0)	6.01 (+0.0)	FOUL	FOUL	5.96 (+0.0)	6.01 (+0.0)	1
9	J KIM, Andrew	Washington and L	5.78m 18' 11 3/4 (+0.0)	FOUL	5.67 (+0.0)	5.59 (+0.0)	5.62 (+0.2)	5.78 (+0.0)	5.74 (+0.2)	
10	J GROSSMANN, Will	Roanoke	5.66m 18' 7" (+0.0)	5.53 (+0.0)	FOUL	5.66 (+0.0)				
11	J LEWIS, Bobby	Shenandoah	4.92m 16' 1 3/4 (+0.0)	4.92 (+0.0)	FOUL	4.80 (+0.2)				
12	J BANKS, Anthony	Shenandoah	4.62m 15' 2" (+0.0)	4.62 (+0.0)	FOUL	FOUL				

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#29 Men's Long Jump (cont'd)

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
13 LUMPKIN, Matthew	Shenandoah	4.40m 14' 5 1/4" (+0.0)	4.40 (+0.0)	3.62 (+0.0)	FOUL				

#31 Men's Triple Jump

¢ Conference	15.27m	James Walker	Lynchburg College						
# Meet	15.27m	James Walker	Lynchburg College						

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1 COUNCIL, Darin	Bridgewater	14.29m 46' 10 3/4" (-0.1)	13.32 (-0.9)	14.29 (-0.1)	PASS	PASS	PASS	PASS	2(1)	10
2 BUTLER, Adam	Bridgewater	13.86m 45' 5 3/4" (+0.3)	13.44 (+0.8)	13.86 (+0.3)	13.55 (+0.0)	FOUL	13.68 (+2.5)	13.84 (+1.0)	2(2)	8
3 STEVENS, Linwood	Lynchburg	13.63m 44' 8 3/4" (+0.0)	13.42 (+0.6)	13.48 (+0.0)	13.63 (+0.0)	13.35 (+0.8)	13.58 (+0.3)	13.21 (+0.5)	2(3)	6
4 CHRISTIAN, Brandon	Bridgewater	13.36m 43' 10" (+0.5)	13.31 (+0.6)	13.13 (+0.5)	13.15 (+0.0)	13.09 (+0.8)	13.05 (+0.0)	13.36 (+0.5)	2(4)	5
5 CLEMONS, Yashua	Guilford	13.18m 43' 3" (+0.0)	13.18 (+0.0)	12.55 (+0.0)	12.97 (+1.5)	FOUL	12.46 (-0.4)	12.68 (+0.7)	2(5)	4
6 AMOATENG, Grant	Eastern Mennonit	13.10m 42' 11 3/4" (-0.1)	FOUL	FOUL	13.07 (+0.0)	13.10 (-0.1)	FOUL	FOUL	2(6)	3
7 TRUMAN, Evan	Lynchburg	12.84m 42' 1 1/2" (-0.1)	FOUL	12.43 (+0.0)	12.52 (+0.6)	12.29 (+0.0)	12.42 (-1.7)	12.84 (-0.1)	1(1)	2
8 DEKNIGHT, Harrison	Washington and L	12.49m 40' 11 3/4" (+1.0)	12.21 (-0.1)	11.93 (+0.0)	12.30 (+0.4)	11.90 (+0.7)	12.49 (+1.0)	FOUL	2(7)	1
9 MCBRYDE, Ethan	Bridgewater	12.45m 40' 10 1/4" (+2.2)	12.02 (+0.0)	12.30 (+0.0)	12.21 (-0.5)	FOUL	FOUL	12.45 (+2.2)	1(2)	
10 KIM, Andrew	Washington and L	12.13m 39' 9 3/4" (+0.0)	FOUL	12.13 (+0.0)	12.05 (-0.1)				1(3)	
11 LENARDSON, Evander	Guilford	12.04m 39' 6" (+0.0)	11.29 (+0.0)	12.04 (+0.0)	11.80 (+0.0)				1(4)	
12 GOOD, Keavin	Shenandoah	11.97m 39' 3 1/4" (+0.8)	11.82 (+0.4)	11.97 (+0.8)	FOUL				1(5)	
13 PEARMAN, Parker	Virginia Wesleyan	11.82m 38' 9 1/2" (+0.5)	11.82 (+0.5)	PASS	11.69 (+0.3)				2(8)	

#33 Men's Shot Put

¢ Conference	17.22m	Nate Turner	Bridgewater College							
# Meet	16.68m	Nate Turner	Bridgewater College							

PI Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)	Pts
1 HEIZER, Jeremy	Eastern Mennonit	16.21m 53' 2 1/2"	16.21	15.00	15.13	FOUL	16.07	15.49	2(1)	10
2 ROBERTSON, Patrick	Washington and L	14.01m 45' 11 3/4"	FOUL	14.01	FOUL	FOUL	13.71	13.60	2(2)	8
3 ROMANO, Michael	Lynchburg	13.38m 43' 11"	12.54	12.31	12.86	13.12	12.67	13.38	2(3)	6
4 GRIFFEY, Evan	Lynchburg	13.28m 43' 7"	12.61	13.28	12.60	FOUL	12.26	FOUL	2(4)	5
5 COUNCIL, Darin	Bridgewater	13.19m 43' 3 1/2"	12.03	FOUL	12.43	13.19	12.93	12.45	2(5)	4
6 WILLIAMS, Cody	Shenandoah	12.30m 40' 4 1/2"	12.00	12.00	FOUL	11.80	12.30	FOUL	2(6)	3
7 TERRELL, Prescott	Bridgewater	11.89m 39' 0 1/2"	11.76	10.98	11.37	11.42	11.78	11.89	1(1)	2
8 HOPPE, Dalton	Lynchburg	11.50m 37' 9"	11.50	FOUL	FOUL	11.22	FOUL	10.91	2(7)	1
9 HUFFMAN, Corey	Bridgewater	11.50m 37' 9"	FOUL	11.05	11.50	FOUL	10.33	FOUL	1(2)	
10 JACKSON, Marquaye	Shenandoah	11.41m 37' 5 1/2"	FOUL	1.10	11.31	11.09	11.41	11.32	2(8)	
11 JONES, Lucas	Roanoke	10.59m 34' 9 1/4"	10.51	10.45	10.59				1(3)	
12 CLARONI, Daniel	Washington and L	10.54m 34' 7 1/4"	9.87	10.54	10.40				1(4)	
13 WAY, Phillip	Shenandoah	10.05m 33' 0"	10.05	9.77	9.80				1(5)	
14 STOLL, Nikita	Eastern Mennonit	9.90m 32' 6"	9.90	9.56	FOUL				1(6)	
15 LAHAN, Collin	Randolph	7.22m 23' 8 1/2"	7.22	6.89	7.10				1(7)	

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#35 Men's Discus

☿ Conference 50.62m Seth McGuffin Lynchburg College
 # Meet 48.82m Seth McGuffin Lynchburg College

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	COUNCIL, Darin	Bridgewater	44.73m 146' 9 ¹ / ₄ "	39.18	44.73	PASS	42.92	42.15	FOUL	2(1)	10
2	BLAKENEY, Brett	Lynchburg	44.29m 145' 4"	43.25	43.27	FOUL	FOUL	40.00	44.29	2(2)	8
3	ROMANO, Michael	Lynchburg	41.80m 137' 2"	38.36	40.29	37.64	40.33	40.65	41.80	2(3)	6
4	DERICKS, Dashiell	Washington and L	41.55m 136' 4"	35.71	41.55	FOUL	FOUL	41.01	38.13	2(4)	5
5	ROBERTSON, Patrick	Washington and L	40.47m 132' 9 ¹ / ₂ "	40.47	FOUL	40.30	40.31	39.04	FOUL	2(5)	4
6	HUFFMAN, Corey	Bridgewater	39.09m 128' 3 ¹ / ₄ "	34.16	37.66	38.91	FOUL	38.09	39.09	2(6)	3
7	HOPPE, Dalton	Lynchburg	39.03m 128' 1"	33.54	38.07	FOUL	38.15	39.03	FOUL	1(1)	2
8	TERRELL, Prescott	Bridgewater	37.85m 124' 2 ¹ / ₂ "	FOUL	36.15	FOUL	37.85	37.41	37.33	2(7)	1
9	WILLIAMS, Cody	Shenandoah	34.69m 113' 10"	34.31	34.14	34.69	33.67	33.40	FOUL	2(8)	
10	HEIZER, Jeremy	Eastern Mennonit	34.54m 113' 4"	FOUL	33.53	34.54				1(2)	
11	FLOWERS, David	Roanoke	30.94m 101' 6 ¹ / ₂ "	FOUL	30.94	30.20				1(3)	
12	JONES, Lucas	Roanoke	27.64m 90' 8 ¹ / ₂ "	FOUL	26.64	27.64				1(4)	
13	WAY, Phillip	Shenandoah	25.71m 84' 4 ¹ / ₂ "	FOUL	25.04	25.71				1(5)	
14	JERNIGAN, Wade	Virginia Wesleyan	25.48m 83' 7 ¹ / ₂ "	21.72	22.49	25.48				1(6)	
15	LAHAN, Collin	Randolph	20.29m 66' 7"	FOUL	20.29	18.95				1(7)	

#37 Men's Hammer

☿ Conference 55.62m Dan Reid Lynchburg College
 # Meet 55.62m Dan Reid Lynchburg College

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	ROBERTSON, Patrick	Washington and L	48.75m 159' 11 ¹ / ₂ "	44.67	FOUL	48.75	FOUL	48.14	46.80	2(1)	10
2	TERRELL, Prescott	Bridgewater	45.90m 150' 7 ¹ / ₄ "	FOUL	FOUL	42.25	43.43	45.90	FOUL	2(2)	8
3	ROMANO, Michael	Lynchburg	44.85m 147' 2"	41.61	41.09	44.85	FOUL	42.82	FOUL	2(3)	6
4	WAY, Phillip	Shenandoah	40.34m 132' 4 ¹ / ₂ "	34.91	FOUL	40.34	FOUL	FOUL	37.75	2(4)	5
5	FLOWERS, David	Roanoke	40.14m 131' 8 ¹ / ₂ "	FOUL	38.99	FOUL	FOUL	40.14	39.50	2(5)	4
6	HUFFMAN, Corey	Bridgewater	38.29m 125' 7 ³ / ₄ "	38.29	36.09	FOUL	36.56	FOUL	FOUL	1(1)	3
7	JACKSON, Marquaye	Shenandoah	38.22m 125' 5"	38.08	FOUL	FOUL	FOUL	38.22	36.10	1(2)	2
8	WILLIAMS, Cody	Shenandoah	37.78m 123' 11 ³ / ₄ "	FOUL	37.78	FOUL	35.33	36.49	FOUL	1(3)	1
9	GRIFFEY, Evan	Lynchburg	37.55m 123' 2 ¹ / ₂ "	36.17	FOUL	FOUL	36.61	FOUL	37.55	2(6)	
10	COUNCIL, Darin	Bridgewater	35.95m 117' 11 ¹ / ₂ "	31.99	34.23	35.95				1(4)	
11	HOPPE, Dalton	Lynchburg	35.61m 116' 10 ¹ / ₄ "	35.61	FOUL	FOUL				2(7)	
12	CLARONI, Daniel	Washington and L	31.07m 101' 11 ¹ / ₂ "	FOUL	FOUL	31.07				1(5)	
13	STOLL, Nikita	Eastern Mennonit	28.39m 93' 2"	FOUL	28.39	FOUL				1(6)	
	JONES, Lucas	Roanoke	NM	FOUL	FOUL	FOUL				1	

#39 Men's Javelin

☿ Conference 63.76m Kevin Sullivan Washington & Lee Univ
 # Meet 63.76m Kevin Sullivan Washington & Lee Univ

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BLAKENEY, Brett	Lynchburg	49.07m 161' 0 ¹ / ₄ "	49.07	45.45	46.29	46.72	45.62	47.79	10
2	HOPPE, Dalton	Lynchburg	47.93m 157' 3 ¹ / ₄ "	47.93	47.66	44.22	40.79	42.93	43.98	8
3	DERICKS, Dashiell	Washington and L	46.63m 153' 0"	40.24	43.09	FOUL	41.79	46.63	FOUL	6
4	HUFFMAN, Corey	Bridgewater	43.76m 143' 7"	FOUL	42.36	43.76	39.81	41.66	39.17	5

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

Lynchburg, VA

Lynchburg

April 22, 2016



OFFICIAL MEET REPORT

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RESULTS

#39 Men's Javelin (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
5	ROMANO, Michael	Lynchburg	43.56m 142' 11 ¹ / ₄	42.31	41.46	43.56	40.45	FOUL	39.80	4
6	PEARMAN, Parker	Virginia Wesleyan	43.06m 141' 3 ¹ / ₂	39.94	41.51	43.06	39.80	39.65	38.08	3
7	LAHAN, Collin	Randolph	42.39m 139' 1 ¹ / ₄	FOUL	38.89	37.76	35.94	41.43	42.39	2
8	BANKS, Anthony	Shenandoah	41.40m 135' 10 ¹ / ₄	36.18	FOUL	FOUL	FOUL	41.40	FOUL	1
9	LOVELACE, Anthony	Bridgewater	39.99m 131' 2 ³ / ₄	39.99	FOUL	38.86	PASS	PASS	PASS	
10	FLOWERS, David	Roanoke	34.52m 113' 3 ¹ / ₄	32.83	34.52	29.23				

Men's Scores

Pl	Team	Code	Score
1	Bridgewater	BRID	182
2	Lynchburg	LYNC	170
3	Washington and Lee	WLEE	127
4	Eastern Mennonite	EAVA	82
5	Shenandoah	SHEN	59
6	Virginia Wesleyan	VIRG	50
7	Guilford	GUIL	46
8	Roanoke	ROAN	40
9	Randolph	RAND	23

Women's Scores

Pl	Team	Code	Score
1	Bridgewater	BRID	164
2	Washington and Lee	WLEE	148
3	Roanoke	ROAN	146
4	Shenandoah	SHEN	115
5	Virginia Wesleyan	VIRG	66
6	Lynchburg	LYNC	59
7	Eastern Mennonite	EAVA	58
8	Randolph	RAND	14
9	Guilford	GUIL	9