

# Orange Coast rides Martinez to second place in OEC track

The Orange County Register

Araceli Martinez won the 3,000, 5,000 and 10,000 meters Saturday afternoon at MiraCosta College in Oceanside to help the Orange Coast College women to second place in the Orange Empire Conference track and field championships.

Martinez took the 3,000 in 10 minutes, 26 seconds, 13 seconds, the 5,000 in 18:31:22 and the 10,000 in 38:53. She triumphed by at least six seconds in each of the three events.

Orange Coast totaled 158 points to 170 for San Diego Mesa. The Pirates also got a victory in the shot put from Abbie Erickson (37 feet, 7½ inches).

Golden West was third, led by

winning efforts from Kelly Marshall in the 200 (25.47) and Alicia Kimura in the 400 intermediate hurdles (1:08.3).

Julie Steele of Fullerton won the long jump with a leap of 17-2½.

Riverside dominated the men's competition, but third-place Saddleback had two winners: Dan Gaston in the 5,000 (15:21.68) and Josh Vincelet in the 3,000-meter steeplechase (9:31.01).

Other County winners were: Terrence Williams of Santa Ana in the 400 (47.02), Tony Kimball of Santa Ana in the shot put (47-5) and Ray Bardone of Orange Coast in the javelin (175-9).

Riverside took first place in seven of the 17 men's events.

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## Men's Track

### Orange Empire Championships

AT MIRA COSTA

#### TEAM

1. Riverside 201.5; 2. San Diego Mesa 143; 3. Saddleback 98; 4. Santa Ana 95.5; 5. Orange Coast 77; 6. San Bernardino Valley 76.5; 7. Golden West 45; 8. Fullerton 43; 9. Cuyamaca 32.5.

#### INDIVIDUAL

100 meters — Williams (SDM) 10.34; 200 — Loun (Riverside) 20.97; 400 — Williams (SA) 47.02; 800 — Hunter (Riv) 1:52.97; 1,500 — Bowditch (Riv) 3:50.68; 5,000 — Gaston (Sad) 15:21; 10,000 — Insunza (SBV) 31:43.4; 110 high hurdles — Buffong (SBV) 14.74; 400 intermediate hurdles — Wilson (Riv) 53.01; 3,000 steeplechase — Vincelet (Sad) 9:31.01; 400 relay — SDM 40.61; 1,600 relay — Riv 3:11.50; High jump — Ruvolo (Riv) 6 feet, 8 inches; Triple jump — Rudder (SDM) 48-11; Shot put — Kimball (SA) 47-5; Discus — Bracy (Riv) 151-9; Javelin — Bardone (OC) 175-9.

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## Women's Track

### Orange Empire Championships

AT MIRA COSTA

#### TEAM

1. San Diego Mesa 170; 2. Orange Coast 158; 3. Golden West 97; 4. Riverside 86; 5. Saddleback 60; 6. Santa Ana 57; 7. Fullerton 50; 8. Cuyamaca 49; 9. San Bernardino Valley 18; 10. Mira Costa 3.

#### INDIVIDUAL

100 meters — Sullivan (SDM) 12.21; 200 — Marshall (GW) 25.47; 400 — Dunn (SDM) 55.76; 800 — Dunn (SDM) 2:18.50; 1,500 — Proffitt (OC) 5:01.88; 3,000 — Martinez (OC) 10:26.13; 5,000 — Martinez (OC) 18:31.22; 10,000 — Martinez (OC) 38.53; 100 high hurdles — Morgan (SDM) 15.97; 400 intermediate hurdles — Kimura (GW) 1:08.43; 400 relay — SDM 47.91; 1,600 relay — SDM 4:02.73; High jump — Nguyen (Riv) 5 feet, 0 inches; Long jump — Steele (Ful) 17-2; Triple jump — McAlister (SDM) 36-6; Shot put — Erickson (OC) 37-7; Discus — Edwards (SDM) 129-5; Javelin — Nguyen (Riv) 108-1.

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