

## Orange Empire Conference Prelims and Finals

April 22-29, 2016 | Orange Coast - Costa Mesa, CA

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Filter by Team ▼

### Men's 100 Meters

W: -2.7

PL	NAME	YEAR	TEAM	TIME	SC
1	Wyatt Staggers	Sophomore	Riverside	11.17	10
2	Jonathan Clayborne	Freshman	Orange Coast	11.27	8
3	Jonathan Smith	Freshman	Riverside	11.51	6
4	Christopher Kessee	Freshman	Riverside	11.56	5
5	David Dambre	Freshman	Orange Coast	11.58	4
6	Gabe Warner	Freshman	Orange Coast	11.60	3
7	Matt Oyakawa	Sophomore	Orange Coast	11.62	2

### Men's 200 Meters Finals

W: -1.7

PL	NAME	YEAR	TEAM	TIME	SC
1	Gabe Warner	Freshman	Orange Coast	21.65	10
2	Nicholas Van Vliet	Freshman	Saddleback	22.27	8
3	Jonathan Clayborne	Freshman	Orange Coast	22.43	6
4	Wyatt Staggers	Sophomore	Riverside	22.47	5
5	DeAndre Thornton	Sophomore	Riverside	22.97	4
6	Jeremiah Lewis	Freshman	Orange Coast	23.01	3
7	Deondre Brooks	Sophomore	Riverside	23.18	2
8	Jonathan Smith	Freshman	Riverside	23.78	1

### Men's 200 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME	WIND
1	Gabe Warner	Freshman	Orange Coast	22.05	1.1
2	Wyatt Staggers	Sophomore	Riverside	22.29	0.9
3	Nicholas Van Vliet	Freshman	Saddleback	22.34	1.1
4	Jonathan Clayborne	Freshman	Orange Coast	22.68	0.9
5	Jeremiah Lewis	Freshman	Orange Coast	22.70	1.1
6	Deondre Brooks	Sophomore	Riverside	22.74	0.9
7	DeAndre Thornton	Sophomore	Riverside	22.77	0.9
8	Albert Saura	Sophomore	Riverside	22.84	1.1
9	Jonathan Smith	Freshman	Riverside	22.94	0.9
10	Christopher Kessee	Freshman	Riverside	23.14	0.9
11	Maurice Metoyer	Freshman	Riverside	23.14	0.9
12	Kristopher Handy	Freshman	Riverside	23.23	1.1
13	Kyle Fegan	Freshman	Orange Coast	23.31	1.1
14	Josh Suri	Freshman	Saddleback	23.32	1.1

#### Men's 200 Meters Preliminaries Heat 1

W: 0.9


PL	NAME	YEAR	TEAM	TIME
2	Wyatt Staggers	Sophomore	Riverside	22.29
4	Jonathan Clayborne	Freshman	Orange Coast	22.68
6	Deondre Brooks	Sophomore	Riverside	22.74
7	DeAndre Thornton	Sophomore	Riverside	22.77
9	Jonathan Smith	Freshman	Riverside	22.94
10	Christopher Kessee	Freshman	Riverside	23.14
11	Maurice Metoyer	Freshman	Riverside	23.14

#### Men's 200 Meters Preliminaries Heat 2

W: 1.1


PL	NAME	YEAR	TEAM	TIME
1	Gabe Warner	Freshman	Orange Coast	22.05
3	Nicholas Van Vliet	Freshman	Saddleback	22.34
5	Jeremiah Lewis	Freshman	Orange Coast	22.70
8	Albert Saura	Sophomore	Riverside	22.84
12	Kristopher Handy	Freshman	Riverside	23.23
13	Kyle Fegan	Freshman	Orange Coast	23.31
14	Josh Suri	Freshman	Saddleback	23.32

## Men's 400 Meters

 Top ↑


PL	NAME	YEAR	TEAM	TIME	SC
1	Gabe Warner	Freshman	Orange Coast	47.50	10
2	Nicholas Van Vliet	Freshman	Saddleback	48.26	8
3	Deondre Brooks	Sophomore	Riverside	49.06	6
4	Jeremiah Lewis	Freshman	Orange Coast	49.52	5
5	DeAndre Thornton	Sophomore	Riverside	49.59	4
6	Josh Suri	Freshman	Saddleback	49.62	3
7	Albert Saura	Sophomore	Riverside	49.78	2
8	Kristopher Handy	Freshman	Riverside	49.92	1
9	Aron Campos	Sophomore	Riverside	51.72	-

## Men's 800 Meters Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Joshua Silva	Freshman	Riverside	1:55.59	10
2	Supervoid Mack	Sophomore	Riverside	1:55.74	8
3	Alberto Rodriguez	Sophomore	Riverside	1:56.08	6
4	Eamon Smythe	Sophomore	Orange Coast	1:56.38	5
5	Cade Clark	Freshman	Riverside	1:56.39	4
6	Adolfo Cruz	Freshman	Orange Coast	1:56.61	3
7	Antonio Morales	Sophomore	Saddleback	1:56.62	2
8	Pablo Perez	Sophomore	Fullerton	1:57.83	1
9	Cristian Malloy	Freshman	Riverside	2:00.95	-

## Men's 800 Meters Preliminaries

 Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Eamon Smythe	Sophomore	Orange Coast	1:54.25
2	Joshua Silva	Freshman	Riverside	1:55.00
3	Pablo Perez	Sophomore	Fullerton	1:54.50
4	Alberto Rodriguez	Sophomore	Riverside	1:55.48
5	Supervoid Mack	Sophomore	Riverside	1:54.79
6	Adolfo Cruz	Freshman	Orange Coast	1:54.97
7	Antonio Morales	Sophomore	Saddleback	1:55.91
8	Cade Clark	Freshman	Riverside	1:56.15
9	Cristian Malloy	Freshman	Riverside	1:57.09
10	Gilbert Robles	Freshman	Riverside	1:57.71
11	Jeronimo Brito	Sophomore	Riverside	1:57.75
12	Jose Villegas	Sophomore	Riverside	1:59.23
13	Jesse Brady	Freshman	Saddleback	1:59.75
14	Carlos Ramirez	Freshman	Riverside	2:13.62


### Men's 800 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Eamon Smythe	Sophomore	Orange Coast	1:54.25
3	Pablo Perez	Sophomore	Fullerton	1:54.50
5	Supervoid Mack	Sophomore	Riverside	1:54.79
6	Adolfo Cruz	Freshman	Orange Coast	1:54.97
10	Gilbert Robles	Freshman	Riverside	1:57.71
11	Jeronimo Brito	Sophomore	Riverside	1:57.75
14	Carlos Ramirez	Freshman	Riverside	2:13.62

### Men's 800 Meters Preliminaries Heat 2


PL	NAME	YEAR	TEAM	TIME
2	Joshua Silva	Freshman	Riverside	1:55.00
4	Alberto Rodriguez	Sophomore	Riverside	1:55.48
7	Antonio Morales	Sophomore	Saddleback	1:55.91
8	Cade Clark	Freshman	Riverside	1:56.15
9	Cristian Malloy	Freshman	Riverside	1:57.09
12	Jose Villegas	Sophomore	Riverside	1:59.23
13	Jesse Brady	Freshman	Saddleback	1:59.75

## Men's 1500 Meters

 Top↑


PL	NAME	YEAR	TEAM	TIME	SC
1	Joshua Silva	Freshman	Riverside	4:05.90	10
2	Adolfo Cruz	Freshman	Orange Coast	4:06.04	8
3	Jeronimo Brito	Sophomore	Riverside	4:07.77	6
4	Cristian Malloy	Freshman	Riverside	4:08.96	5
5	Miles Brubacher	Sophomore	Saddleback	4:11.08	4
6	Ronen Skarsten	Freshman	Saddleback	4:11.41	3
7	Adam Good	Freshman	Saddleback	4:15.55	2
8	Edwin Ortiz-Lopez	Sophomore	Santa Ana	4:19.28	1
9	Adrian Hernandez	Freshman	Santa Ana	4:25.63	-

## Men's 5000 Meters

 Top↑


PL	NAME	YEAR	TEAM	TIME	SC
1	Ulysses Orozco	Sophomore	Saddleback	15:23.07	10
2	Michael Simpson	Freshman	Riverside	15:26.47	8
3	Dennis Gonzalez	Sophomore	Riverside	15:35.20	6
4	Danny Dominguez	Freshman	Orange Coast	15:45.90	5
5	Oscar Salas	Freshman	Orange Coast	16:05.53	4
6	Galyn Nash	Freshman	Orange Coast	16:08.73	3
7	Alex Perez	Sophomore	Orange Coast	16:12.50	2
8	Jose Armendariz	Freshman	Orange Coast	16:15.60	1
9	Isaiah Quiambo	Freshman	Riverside	16:16.49	-
10	Mark Delgado	Sophomore	Saddleback	16:18.99	-
11	Adam Pelaez	Freshman	Riverside	16:28.61	-
12	Edwin Ortiz-Lopez	Sophomore	Santa Ana	16:31.79	-
13	Rolando Phalen	Freshman	Riverside	16:33.49	-
14	Austin Chavez	Freshman	Riverside	16:36.71	-
15	Brian Ambrocio	Freshman	Santa Ana	16:37.67	-
16	Luke Vickers	Freshman	Riverside	16:39.84	-
17	Bryce Callender	Freshman	Saddleback	16:39.88	-
18	Andrew Coupe	Freshman	Riverside	16:47.77	-
19	Adrian Hernandez	Freshman	Santa Ana	16:55.96	-
20	Xavier Chavez	Freshman	Fullerton	17:02.98	-
21	Daniel Vargas	Sophomore	Orange Coast	17:07.68	-
22	Ismael Lozada	Freshman	Riverside	17:07.97	-
23	Carlos Ramirez	Freshman	Riverside	17:09.39	-
24	Joseph Martinez	Freshman	Orange Coast	17:52.41	-

## Men's 10,000 Meters

 Top ↑


PL	NAME	YEAR	TEAM	TIME	SC
1	Ulysses Orozco	Sophomore	Saddleback	32:56.27	10
2	Dennis Gonzalez	Sophomore	Riverside	33:02.84	8
3	Michael Simpson	Freshman	Riverside	33:12.95	6
4	Danny Dominguez	Freshman	Orange Coast	33:14.49	5
5	Galyn Nash	Freshman	Orange Coast	33:17.49	4
6	Oscar Salas	Freshman	Orange Coast	33:27.11	3
7	Isaiah Quiambo	Freshman	Riverside	33:59.75	2
8	Daniel Vargas	Sophomore	Orange Coast	34:01.83	1
9	Bryce Callender	Freshman	Saddleback	34:14.18	-
10	Edwin Ortiz-Lopez	Sophomore	Santa Ana	34:14.77	-
11	Adam Pelaez	Freshman	Riverside	34:25.20	-
12	Mark Delgado	Sophomore	Saddleback	34:27.79	-
13	Rolando Phalen	Freshman	Riverside	34:34.92	-
14	Xavier Chavez	Freshman	Fullerton	34:37.34	-
15	Brian Ambrocio	Freshman	Santa Ana	34:47.95	-
16	Luke Vickers	Freshman	Riverside	35:06.41	-
17	Adrian Hernandez	Freshman	Santa Ana	35:06.67	-
18	Alex Perez	Sophomore	Orange Coast	35:06.78	-
19	Brian Grande	Freshman	Fullerton	35:15.05	-
20	Karl Garrison	Freshman	Saddleback	35:18.49	-
21	Andrew Coupe	Freshman	Riverside	36:14.13	-
22	Joseph Martinez	Freshman	Orange Coast	36:15.76	-
23	Ken Nakama	Freshman	Orange Coast	36:37.92	-
24	Victor Sanchez	Freshman	Golden West	36:41.03	-
25	Jose Armendariz	Freshman	Orange Coast	37:22.28	-
26	Grant Vizzini	Freshman	Riverside	39:55.02	-

## Men's 110 Hurdles Finals

 W: -0.2

PL	NAME	YEAR	TEAM	TIME	SC
1	Justin Walker	Freshman	Fullerton	14.84	10
2	Ryan Muir	Freshman	Riverside	14.88	8
3	Noah Rogers	Sophomore	Orange Coast	15.20	6
4	Tommy Duong	Sophomore	Orange Coast	15.56	5
5	Trevor Massey	Freshman	Saddleback	15.72	4
6	Chad Ponciano	Freshman	Riverside	16.23	3
7	Jonathan Grumbling	Freshman	Saddleback	16.61	2
8	John Pease	Freshman	Saddleback	16.92	1
9	Matthew Cleland	Freshman	Riverside	17.37	-

## Men's 110 Hurdles Preliminaries

 Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Ryan Muir	Freshman	Riverside	15.11
2	Justin Walker	Freshman	Fullerton	15.28
3	Noah Rogers	Sophomore	Orange Coast	15.55
4	Tommy Duong	Sophomore	Orange Coast	15.65
5	Trevor Massey	Freshman	Saddleback	15.74
6	Jonathan Grumbling	Freshman	Saddleback	16.52
7	Chad Ponciano	Freshman	Riverside	16.67
8	John Pease	Freshman	Saddleback	17.45
9	Matthew Cleland	Freshman	Riverside	17.81
10	Micheal Howe	Freshman	Orange Coast	18.19
11	Robert Herrera	Freshman	Orange Coast	18.53
12	George Soliman	Sophomore	Orange Coast	18.55
13	Chris Nguyen	Freshman	Orange Coast	18.60

## Men's 110 Hurdles Preliminaries Heat 1

W: -0.2

PL	NAME	YEAR	TEAM	TIME
2	Justin Walker	Freshman	Fullerton	15.28
4	Tommy Duong	Sophomore	Orange Coast	15.65
5	Trevor Massey	Freshman	Saddleback	15.74
8	John Pease	Freshman	Saddleback	17.45
9	Matthew Cleland	Freshman	Riverside	17.81
11	Robert Herrera	Freshman	Orange Coast	18.53
12	George Soliman	Sophomore	Orange Coast	18.55

## Men's 110 Hurdles Preliminaries Heat 2

W: -1.5

PL	NAME	YEAR	TEAM	TIME
1	Ryan Muir	Freshman	Riverside	15.11
3	Noah Rogers	Sophomore	Orange Coast	15.55
6	Jonathan Grumbling	Freshman	Saddleback	16.52
7	Chad Ponciano	Freshman	Riverside	16.67
10	Micheal Howe	Freshman	Orange Coast	18.19
13	Chris Nguyen	Freshman	Orange Coast	18.60

## Men's 400 Hurdles Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Jonathan Grumbling	Freshman	Saddleback	55.41	10
2	Keeon Thomas	Freshman	Riverside	55.72	8
3	Tommy Duong	Sophomore	Orange Coast	57.29	6
4	Noah Rogers	Sophomore	Orange Coast	57.56	5
5	Ryan Massoud	Freshman	Riverside	57.85	4
6	John Pease	Freshman	Saddleback	59.32	3
7	Matthew Cleland	Freshman	Riverside	1:00.04	2
8	George Soliman	Sophomore	Orange Coast	1:00.58	1
9	Micheal Howe	Freshman	Orange Coast	1:03.79	-

## Men's 400 Hurdles Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Tommy Duong	Sophomore	Orange Coast	55.73
2	Jonathan Grumbling	Freshman	Saddleback	55.91
3	Keeon Thomas	Freshman	Riverside	56.04
4	John Pease	Freshman	Saddleback	58.20
5	Noah Rogers	Sophomore	Orange Coast	58.42
6	Ryan Massoud	Freshman	Riverside	58.84
7	George Soliman	Sophomore	Orange Coast	59.90
8	Matthew Cleland	Freshman	Riverside	1:01.42
9	Micheal Howe	Freshman	Orange Coast	1:02.20
10	Robert Herrera	Freshman	Orange Coast	1:03.41

## Men's 400 Hurdles Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
2	Jonathan Grumbling	Freshman	Saddleback	55.91
5	Noah Rogers	Sophomore	Orange Coast	58.42
6	Ryan Massoud	Freshman	Riverside	58.84
7	George Soliman	Sophomore	Orange Coast	59.90
9	Micheal Howe	Freshman	Orange Coast	1:02.20

## Men's 400 Hurdles Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
1	Tommy Duong	Sophomore	Orange Coast	55.73
3	Keeon Thomas	Freshman	Riverside	56.04
4	John Pease	Freshman	Saddleback	58.20
8	Matthew Cleland	Freshman	Riverside	1:01.42
10	Robert Herrera	Freshman	Orange Coast	1:03.41

## Men's 3000 Steeplechase

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Michael Simpson	Freshman	Riverside	9:39.35	10
2	Miles Brubacher	Sophomore	Saddleback	9:48.00	8
3	Jose Armendariz	Freshman	Orange Coast	10:13.25	6
4	Austin Chavez	Freshman	Riverside	10:19.45	5
5	Andrew Coupe	Freshman	Riverside	10:22.17	4
6	Carlos Ramirez	Freshman	Riverside	10:25.66	3
7	Victor Sanchez	Freshman	Golden West	10:36.91	2
8	Cameron Smith-Ray	Sophomore	Orange Coast	10:53.65	1
9	Joseph Martinez	Freshman	Orange Coast	11:09.67	-
10	Sam Russakov	Freshman	Orange Coast	11:36.17	-

### Men's 4 x 100 Relay

Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Orange Coast	Jonathan Clayborne, Gabe Warner, Matt Oyakawa, Jeremiah Lewis	42.31	10
2	Riverside	Ryan Muir, Christopher Kessee, Wyatt Staggars, Kristopher Handy	42.35	8
3	Saddleback	Jonathan Grumbling, Nicholas Van Vliet, Nicholas Sine, Josh Suri	42.98	6
4	Fullerton	Asante Wilder, Najee Morrison, Justin Walker, Zachary Adams	43.72	5

### Men's 4 x 400 Relay

Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Saddleback	Josh Suri, Antonio Moralez, Nicholas Van Vliet, Jonathan Grumbling	3:19.79	10
2	Riverside	Deondre Brooks, Kristopher Handy, Supervoid Mack, Albert Saura	3:19.94	8
3	Orange Coast	Noah Rogers, Jeremiah Lewis, Eamon Smythe, Gabe Warner	3:27.10	6

### Men's High Jump

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	John Soriano	Sophomore	Riverside	1.97m	6' 5.5"	10
2	Noah Rogers	Sophomore	Orange Coast	1.87m	6' 1.5"	8
3	Bryan Boutilier	Freshman	Orange Coast	1.82m	5' 11.5"	6
4	Chad Ponciano	Freshman	Riverside	1.77m	5' 9.75"	5
5	Tristan Manning	Freshman	Orange Coast	1.72m	5' 7.75"	4
6	Cole Hicks	Sophomore	Riverside	1.72m	5' 7.75"	3
	George Soliman	Sophomore	Orange Coast	NH	NH	-

### Men's Pole Vault

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Jorge Zapien	Freshman	Golden West	4.40m	14' 5.25"	10
2	Cole Hicks	Sophomore	Riverside	4.40m	14' 5.25"	8
3	Jeffrey Robbins	Freshman	Riverside	4.25m	13' 11.25"	6
4	Chad Ponciano	Freshman	Riverside	4.25m	13' 11.25"	5
5	Robert Arauz	Freshman	Riverside	3.95m	12' 11.5"	4
6	Spencer Mills	Freshman	Riverside	3.95m	12' 11.5"	2.5
6	Kyle Fegan	Freshman	Orange Coast	3.95m	12' 11.5"	2.5
8	Pablo Trevino	Freshman	Riverside	3.65m	11' 11.75"	0.33
8	Jake Daye	Freshman	Orange Coast	3.65m	11' 11.75"	0.33
8	Cameron Cruz	Freshman	Golden West	3.65m	11' 11.75"	0.33
11	Anthony Cappel-West	Sophomore	Orange Coast	3.65m	11' 11.75"	-
12	Tatsuya Fukuda	Freshman	Saddleback	3.20m	10' 6"	-

### Men's Long Jump

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	John Soriano	Sophomore	Riverside	7.25m	23' 9.5"	10
2	Justin Walker	Freshman	Fullerton	7.19m	23' 7.25"	8
3	Jahvad McDermott	Sophomore	Riverside	6.76m	22' 2.25"	6
4	Christopher Kessee	Freshman	Riverside	6.75m	22' 1.75"	5
5	Delynn Holland	Freshman	Fullerton	6.66m	21' 10.25"	4
6	Noah Rogers	Sophomore	Orange Coast	6.57m	21' 6.75"	3
7	Chis Gonzalez	Freshman	Orange Coast	6.54m	21' 5.5"	2
8	Bryan Boutilier	Freshman	Orange Coast	6.46m	21' 2.5"	1
9	Hengyuan Shen	Freshman	Orange Coast	6.37m	20' 10.75"	-
10	Cooper Kuhnle	Freshman	Saddleback	6.09m	19' 11.75"	-
11	James Wilson	Freshman	Riverside	6.04m	19' 9.75"	-
11	Kokou Akengue	Freshman	Golden West	6.04m	19' 9.75"	-
13	Maurice Metoyer	Freshman	Riverside	5.87m	19' 3.25"	-
14	Chad Ponciano	Freshman	Riverside	5.67m	18' 7.25"	-
	Devin Ray	Freshman	Riverside	NM	NM	-

## Men's Triple Jump

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Jahvad McDermott	Sophomore	Riverside	14.81m	48' 7.25"	10
2	James Wilson	Freshman	Riverside	14.61m	47' 11.25"	8
3	John Soriano	Sophomore	Riverside	14.41m	47' 3.5"	6
4	Chis Gonzalez	Freshman	Orange Coast	14.08m	46' 2.5"	5
5	Bryan Boutilier	Freshman	Orange Coast	13.49m	44' 3.25"	4
6	Nicholas Sine	Freshman	Saddleback	13.23m	43' 5"	3
7	Noah Rogers	Sophomore	Orange Coast	12.69m	41' 7.75"	2
8	Delynn Holland	Freshman	Fullerton	12.42m	40' 9"	1
9	Tristan Manning	Freshman	Orange Coast	12.29m	40' 4"	-
10	Chris Nguyen	Freshman	Orange Coast	11.77m	38' 7.5"	-
11	Ramon Farr	Sophomore	Fullerton	11.74m	38' 6.25"	-
12	Noel Dominguez	Freshman	Fullerton	11.07m	36' 4"	-
	Cooper Kuhnle	Freshman	Saddleback	NM	NM	-
	Devin Ray	Freshman	Riverside	NM	NM	-

## Men's Shot Put

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	James Jones	Freshman	Riverside	15.71m	51' 6.5"	10
2	Kyle Jenkins	Freshman	Riverside	15.58m	51' 1.5"	8
3	Zachary Fromm	Sophomore	Riverside	14.96m	49' 1"	6
4	Christopher Brown	Sophomore	Riverside	14.85m	48' 8.75"	5
5	Tavi Kamarullah	Freshman	Saddleback	14.66m	48' 1.25"	4
6	Francisco Padilla	Freshman	Fullerton	14.20m	46' 7.25"	3
7	Lorenzo Mendoza	Freshman	Golden West	13.62m	44' 8.25"	2
8	Fernando Rodriguez	Sophomore	Riverside	12.98m	42' 7"	1
9	Garrett Burrow	Sophomore	Riverside	12.70m	41' 8"	-
10	Remidio Prado-Olmos	Sophomore	Riverside	12.51m	41' 0.5"	-
11	Marcos Villegas	Freshman	Riverside	12.36m	40' 6.75"	-
12	Nicklaus Capelli	Freshman	Riverside	12.24m	40' 2"	-
13	Shawn Brady	Freshman	Saddleback	12.04m	39' 6"	-
14	Cole Hicks	Sophomore	Riverside	11.58m	38' 0"	-
15	Vincell Washington	Freshman	Golden West	11.53m	37' 10"	-
16	Luigi Gonzalez	Freshman	Saddleback	11.18m	36' 8.25"	-
17	Andrew Mooers	Freshman	Orange Coast	9.82m	32' 2.75"	-
18	Chad Ponciano	Freshman	Riverside	9.69m	31' 9.5"	-
19	Aria Sadeghi	Sophomore	Saddleback	9.43m	30' 11.25"	-
	Alexander Griffith	Sophomore	Santa Ana	NM	NM	-

### Men's Shot Put Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
9	Garrett Burrow	Sophomore	Riverside	12.70m	41' 8"	-
12	Nicklaus Capelli	Freshman	Riverside	12.24m	40' 2"	-
13	Shawn Brady	Freshman	Saddleback	12.04m	39' 6"	-
14	Cole Hicks	Sophomore	Riverside	11.58m	38' 0"	-
15	Vincell Washington	Freshman	Golden West	11.53m	37' 10"	-
16	Luigi Gonzalez	Freshman	Saddleback	11.18m	36' 8.25"	-
17	Andrew Mooers	Freshman	Orange Coast	9.82m	32' 2.75"	-
18	Chad Ponciano	Freshman	Riverside	9.69m	31' 9.5"	-
19	Aria Sadeghi	Sophomore	Saddleback	9.43m	30' 11.25"	-
	Alexander Griffith	Sophomore	Santa Ana	NM	NM	-

### Men's Shot Put Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	James Jones	Freshman	Riverside	15.71m	51' 6.5"	10
2	Kyle Jenkins	Freshman	Riverside	15.58m	51' 1.5"	8
3	Zachary Fromm	Sophomore	Riverside	14.96m	49' 1"	6
4	Christopher Brown	Sophomore	Riverside	14.85m	48' 8.75"	5
5	Tavi Kamarullah	Freshman	Saddleback	14.66m	48' 1.25"	4
6	Francisco Padilla	Freshman	Fullerton	14.20m	46' 7.25"	3
7	Lorenzo Mendoza	Freshman	Golden West	13.62m	44' 8.25"	2
8	Fernando Rodriguez	Sophomore	Riverside	12.98m	42' 7"	1
10	Remidio Prado-Olmos	Sophomore	Riverside	12.51m	41' 0.5"	-
11	Marcos Villegas	Freshman	Riverside	12.36m	40' 6.75"	-

## Men's Discus

 Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Christopher Brown	Sophomore	Riverside	45.56m	149' 6"	10
2	Zachary Fromm	Sophomore	Riverside	44.07m	144' 7"	8
3	Fernando Rodriguez	Sophomore	Riverside	43.77m	143' 7"	6
4	Garrett Burrow	Sophomore	Riverside	43.26m	141' 11"	5
5	James Jones	Freshman	Riverside	42.86m	140' 7"	4
6	Luigi Gonzalez	Freshman	Saddleback	41.86m	137' 4"	3
7	Tavi Kamarullah	Freshman	Saddleback	41.70m	136' 10"	2
8	Marcos Villegas	Freshman	Riverside	41.29m	135' 5"	1
9	Cole Hicks	Sophomore	Riverside	40.15m	131' 9"	-
10	Remidio Prado-Olmos	Sophomore	Riverside	40.09m	131' 6"	-
11	Nicklaus Capelli	Freshman	Riverside	39.63m	130' 0"	-
12	Lorenzo Mendoza	Freshman	Golden West	39.39m	129' 3"	-
13	Chad Ponciano	Freshman	Riverside	37.44m	122' 10"	-
14	Alexander Griffith	Sophomore	Santa Ana	37.31m	122' 5"	-
15	Joshua Spillane	Freshman	Fullerton	36.07m	118' 4"	-
16	Kyle Jenkins	Freshman	Riverside	35.76m	117' 4"	-
17	Tyler Morones	Freshman	Riverside	35.59m	116' 9"	-
18	Johnny Bravo	Freshman	Fullerton	34.30m	112' 6"	-
19	Aria Sadeghi	Sophomore	Saddleback	34.07m	111' 9"	-
20	Andrew Mooers	Freshman	Orange Coast	32.34m	106' 1"	-
	Francisco Padilla	Freshman	Fullerton	NM	NM	-
	Nelson Hernandez	Sophomore	Fullerton	NM	NM	-

### Men's Discus Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	Marcos Villegas	Freshman	Riverside	41.29m	135' 5"	1
11	Nicklaus Capelli	Freshman	Riverside	39.63m	130' 0"	-
13	Chad Ponciano	Freshman	Riverside	37.44m	122' 10"	-
14	Alexander Griffith	Sophomore	Santa Ana	37.31m	122' 5"	-
15	Joshua Spillane	Freshman	Fullerton	36.07m	118' 4"	-
17	Tyler Morones	Freshman	Riverside	35.59m	116' 9"	-
18	Johnny Bravo	Freshman	Fullerton	34.30m	112' 6"	-
19	Aria Sadeghi	Sophomore	Saddleback	34.07m	111' 9"	-
20	Andrew Mooers	Freshman	Orange Coast	32.34m	106' 1"	-
	Francisco Padilla	Freshman	Fullerton	NM	NM	-
	Nelson Hernandez	Sophomore	Fullerton	NM	NM	-

### Men's Discus Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Christopher Brown	Sophomore	Riverside	45.56m	149' 6"	10
2	Zachary Fromm	Sophomore	Riverside	44.07m	144' 7"	8
3	Fernando Rodriguez	Sophomore	Riverside	43.77m	143' 7"	6
4	Garrett Burrow	Sophomore	Riverside	43.26m	141' 11"	5
5	James Jones	Freshman	Riverside	42.86m	140' 7"	4
6	Luigi Gonzalez	Freshman	Saddleback	41.86m	137' 4"	3
7	Tavi Kamarullah	Freshman	Saddleback	41.70m	136' 10"	2
9	Cole Hicks	Sophomore	Riverside	40.15m	131' 9"	-
10	Remidio Prado-Olmos	Sophomore	Riverside	40.09m	131' 6"	-
12	Lorenzo Mendoza	Freshman	Golden West	39.39m	129' 3"	-
16	Kyle Jenkins	Freshman	Riverside	35.76m	117' 4"	-

## Men's Hammer

 Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Christopher Brown	Sophomore	Riverside	51.25m	168' 2"	10
2	Kyle Jenkins	Freshman	Riverside	49.06m	160' 11"	8
3	Aria Sadeghi	Sophomore	Saddleback	48.99m	160' 9"	6
4	Zachary Fromm	Sophomore	Riverside	47.74m	156' 7"	5
5	Luigi Gonzalez	Freshman	Saddleback	45.37m	148' 10"	4
6	Luis Sosa	Sophomore	Riverside	44.23m	145' 1"	3
7	Marcos Villegas	Freshman	Riverside	43.80m	143' 8"	2
8	Lorenzo Mendoza	Freshman	Golden West	42.47m	139' 4"	1
9	Shawn Brady	Freshman	Saddleback	42.36m	139' 0"	-
10	Garrett Burrow	Sophomore	Riverside	42.33m	138' 10"	-
11	Nicklaus Capelli	Freshman	Riverside	38.74m	127' 1"	-
12	Tavi Kamarullah	Freshman	Saddleback	38.38m	125' 11"	-
13	Andrew Mooers	Freshman	Orange Coast	37.25m	122' 2"	-
14	Alexander Griffith	Sophomore	Santa Ana	28.75m	94' 4"	-
15	Vincell Washington	Freshman	Golden West	25.41m	83' 4"	-
	Tyler Morones	Freshman	Riverside	NM	NM	-



### Men's Hammer Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	Lorenzo Mendoza	Freshman	Golden West	42.47m	139' 4"	1
9	Shawn Brady	Freshman	Saddleback	42.36m	139' 0"	-
11	Nicklaus Capelli	Freshman	Riverside	38.74m	127' 1"	-
12	Tavi Kamarullah	Freshman	Saddleback	38.38m	125' 11"	-
13	Andrew Mooers	Freshman	Orange Coast	37.25m	122' 2"	-
14	Alexander Griffith	Sophomore	Santa Ana	28.75m	94' 4"	-
15	Vincell Washington	Freshman	Golden West	25.41m	83' 4"	-
	Tyler Morones	Freshman	Riverside	NM	NM	-

### Men's Hammer Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Christopher Brown	Sophomore	Riverside	51.25m	168' 2"	10
2	Kyle Jenkins	Freshman	Riverside	49.06m	160' 11"	8
3	Aria Sadeghi	Sophomore	Saddleback	48.99m	160' 9"	6
4	Zachary Fromm	Sophomore	Riverside	47.74m	156' 7"	5
5	Luigi Gonzalez	Freshman	Saddleback	45.37m	148' 10"	4
6	Luis Sosa	Sophomore	Riverside	44.23m	145' 1"	3
7	Marcos Villegas	Freshman	Riverside	43.80m	143' 8"	2
10	Garrett Burrow	Sophomore	Riverside	42.33m	138' 10"	-

### Men's Javelin

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	John Soriano	Sophomore	Riverside	59.08m	193' 10"	10
2	Cole Hicks	Sophomore	Riverside	44.84m	147' 1"	8
3	Chad Ponciano	Freshman	Riverside	44.77m	146' 10"	6
4	Tommy Duong	Sophomore	Orange Coast	42.48m	139' 4"	5
5	Robert Arauz	Freshman	Riverside	40.77m	133' 9"	4
6	Kainalu Decambra	Freshman	Riverside	40.28m	132' 2"	3
7	Jeffrey Robbins	Freshman	Riverside	38.67m	126' 10"	2
8	Carlos Luna	Sophomore	Fullerton	35.59m	116' 9"	1

### Men's Decathlon

Top ↑

PL	NAME	YEAR	TEAM	POINTS	SC
1	Alec Cranford		Saddleback	6055	10
2	Chad Ponciano	Freshman	Riverside	5926	8
3	Noah Rogers	Sophomore	Orange Coast	5156	6
4	Tommy Duong	Sophomore	Orange Coast	5097	5
5	Jeffrey Robbins	Freshman	Riverside	4872	4
6	Cole Hicks	Sophomore	Riverside	4824	3
7	George Soliman	Sophomore	Orange Coast	4357	2

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## Orange Empire Conference Prelims and Finals

April 22-29, 2016 | Orange Coast - Costa Mesa, CA

Events: [100](#) [200](#) [400](#) [800](#) [1500](#) [5000](#) [10,000](#) [100H](#) [400H](#) [3000S](#) [4x100](#) [4x400](#) [HJ](#) [PV](#) [LJ](#) [TJ](#) [SP](#) [DT](#) [HT](#) [JT](#) [Hep](#)

Filter by Team ▼

### Women's 100 Meters

W: -2.0

PL	NAME	YEAR	TEAM	TIME	SC
1	Tiarah McDaniel	Sophomore	Riverside	12.51	10
2	Kayla Wilson	Sophomore	Riverside	12.67	8
3	Sharidan Sharpe	Freshman	Riverside	12.69	6
4	Deontee Ayers	Sophomore	Orange Coast	12.77	5
5	Lauren Delgadillo	Freshman	Orange Coast	13.13	4
6	Tiona Jones	Freshman	Golden West	13.32	3
7	Joann Anwuli	Freshman	Riverside	13.38	2
8	Megan Finney	Freshman	Golden West	13.52	1
9	Fatima El-Haj-Ibrahim	Freshman	Saddleback	13.55	-

### Women's 200 Meters Finals

W: -1.3

PL	NAME	YEAR	TEAM	TIME	SC
1	Tiarah McDaniel	Sophomore	Riverside	25.19	10
2	Kayla Wilson	Sophomore	Riverside	26.09	8
3	Sharidan Sharpe	Freshman	Riverside	26.13	6
4	Celine Smith	Freshman	Saddleback	26.72	5
5	Lauren Delgadillo	Freshman	Orange Coast	27.17	4
6	Joann Anwuli	Freshman	Riverside	27.72	3
7	Fatima El-Haj-Ibrahim	Freshman	Saddleback	27.93	2
8	Jasmine Mendoza	Sophomore	Fullerton	27.94	1
9	Megan Finney	Freshman	Golden West	28.13	-

### Women's 200 Meters Preliminaries

W: Top↑

PL	NAME	YEAR	TEAM	TIME	WIND
1	Tiarah McDaniel	Sophomore	Riverside	25.04	2.3
2	Kayla Wilson	Sophomore	Riverside	25.51	+0.0
3	Celine Smith	Freshman	Saddleback	26.16	2.3
4	Sharidan Sharpe	Freshman	Riverside	26.68	+0.0
5	Lauren Delgadillo	Freshman	Orange Coast	26.71	2.3
6	Jasmine Mendoza	Sophomore	Fullerton	27.71	+0.0
7	Fatima El-Haj-Ibrahim	Freshman	Saddleback	27.79	2.3
8	Megan Finney	Freshman	Golden West	27.90	+0.0
9	Joann Anwuli	Freshman	Riverside	28.18	+0.0
10	Deontee Ayers	Sophomore	Orange Coast	28.32	2.3

#### Women's 200 Meters Preliminaries Heat 1

W: +0.0

PL	NAME	YEAR	TEAM	TIME
2	Kayla Wilson	Sophomore	Riverside	25.51
4	Sharidan Sharpe	Freshman	Riverside	26.68
6	Jasmine Mendoza	Sophomore	Fullerton	27.71
8	Megan Finney	Freshman	Golden West	27.90
9	Joann Anwuli	Freshman	Riverside	28.18

#### Women's 200 Meters Preliminaries Heat 2

W: 2.3

PL	NAME	YEAR	TEAM	TIME
1	Tiarah McDaniel	Sophomore	Riverside	25.04
3	Celine Smith	Freshman	Saddleback	26.16
5	Lauren Delgadillo	Freshman	Orange Coast	26.71
7	Fatima El-Haj-Ibrahim	Freshman	Saddleback	27.79
10	Deontee Ayers	Sophomore	Orange Coast	28.32

**Women's 400 Meters**

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Celine Smith	Freshman	Saddleback	58.30	10
2	Monica Ayala	Freshman	Orange Coast	1:03.57	8
3	Keilani Luna	Freshman	Riverside	1:05.41	6
4	Corinne Cummings	Sophomore	Saddleback	1:05.61	5

**Women's 800 Meters**

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Crystal Tejeda	Sophomore	Riverside	2:20.62	10
2	Bethani Heising	Freshman	Orange Coast	2:21.72	8
3	Morgan Tapia	Sophomore	Riverside	2:36.98	6

**Women's 1500 Meters**

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Crystal Tejeda	Sophomore	Riverside	4:47.95	10
2	Bethani Heising	Freshman	Orange Coast	4:49.67	8
3	Angel Vallier	Freshman	Saddleback	4:51.57	6
4	Alyssa Allen	Freshman	Orange Coast	4:52.51	5
5	Caroline Dagarin	Freshman	Saddleback	4:52.87	4
6	Toni Lopez	Freshman	Santa Ana	4:55.10	3
7	Jenessa Reyes	Sophomore	Orange Coast	4:56.13	2
8	Rachel Oberschelp	Freshman	Saddleback	5:07.11	1
9	Morgan Tapia	Sophomore	Riverside	5:20.82	-
10	Lizeth Luciano	Freshman	Santa Ana	5:26.54	-

**Women's 5000 Meters**

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Brianna Jacklin	Sophomore	Riverside	18:15.01	10
2	Jenessa Reyes	Sophomore	Orange Coast	18:47.54	8
3	Toni Lopez	Freshman	Santa Ana	18:49.40	6
4	Natalie Vaughn	Freshman	Riverside	19:28.38	5
5	Charlotte Owen	Freshman	Saddleback	19:36.51	4
6	Alyssa Allen	Freshman	Orange Coast	19:53.06	3
7	Andrea Loyola	Freshman	Saddleback	20:19.40	2
8	Karen Cruz	Freshman	Orange Coast	20:33.37	1
9	Nicole Cordero	Freshman	Riverside	20:53.38	-
10	Stephanie Flores	Sophomore	Golden West	21:49.28	-

**Women's 10,000 Meters**

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Brianna Jacklin	Sophomore	Riverside	37:47.87	10
2	Jenessa Reyes	Sophomore	Orange Coast	40:00.44	8
3	Toni Lopez	Freshman	Santa Ana	40:01.65	6
4	Alyssa Allen	Freshman	Orange Coast	40:27.89	5
5	Natalie Vaughn	Freshman	Riverside	41:38.12	4
6	Andrea Loyola	Freshman	Saddleback	42:38.60	3
7	Charlotte Owen	Freshman	Saddleback	43:25.50	2
8	Karen Cruz	Freshman	Orange Coast	43:46.29	1
9	Alexis Reyes	Sophomore	Golden West	53:03.89	-

## Women's 100 Hurdles Finals

🖨️ W: -1.2

PL	NAME	YEAR	TEAM	TIME	SC
1	Taylor Sims	Sophomore	Orange Coast	15.05	10
2	Mychal Robinson	Freshman	Orange Coast	15.85	8
3	Hannah Heising	Sophomore	Orange Coast	16.36	6
4	Samantha Duong	Sophomore	Fullerton	16.38	5
5	Jasmine Mendoza	Sophomore	Fullerton	17.45	4
6	Yessica Castellanos	Freshman	Orange Coast	18.67	3
7	Ynas Eldah	Freshman	Orange Coast	19.38	2
8	Fatemeh Javdi Tabarroki	Sophomore	Orange Coast	19.38	1
9	Diamond Scott	Freshman	Riverside	22.17	-

## Women's 100 Hurdles Preliminaries

🖨️ Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Taylor Sims	Sophomore	Orange Coast	14.35
2	Mychal Robinson	Freshman	Orange Coast	15.01
3	Hannah Heising	Sophomore	Orange Coast	16.20
4	Samantha Duong	Sophomore	Fullerton	16.34
5	Diamond Scott	Freshman	Riverside	16.74
6	Fatemeh Javdi Tabarroki	Sophomore	Orange Coast	17.19
7	Jasmine Mendoza	Sophomore	Fullerton	17.45
8	Yessica Castellanos	Freshman	Orange Coast	18.54
9	Ynas Eldah	Freshman	Orange Coast	19.32

### Women's 100 Hurdles Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
2	Mychal Robinson	Freshman	Orange Coast	15.01
3	Hannah Heising	Sophomore	Orange Coast	16.20
6	Fatemeh Javdi Tabarroki	Sophomore	Orange Coast	17.19
9	Ynas Eldah	Freshman	Orange Coast	19.32

### Women's 100 Hurdles Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
1	Taylor Sims	Sophomore	Orange Coast	14.35
4	Samantha Duong	Sophomore	Fullerton	16.34
5	Diamond Scott	Freshman	Riverside	16.74
7	Jasmine Mendoza	Sophomore	Fullerton	17.45
8	Yessica Castellanos	Freshman	Orange Coast	18.54

## Women's 400 Hurdles

🖨️ Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Samantha Duong	Sophomore	Fullerton	1:06.11	10
2	Taylor Sims	Sophomore	Orange Coast	1:06.39	8
3	Hannah Heising	Sophomore	Orange Coast	1:06.89	6
4	Jasmine Mendoza	Sophomore	Fullerton	1:08.55	5
5	Mychal Robinson	Freshman	Orange Coast	1:13.28	4
6	Penny Barnes	Freshman	Orange Coast	1:14.11	3
7	Ynas Eldah	Freshman	Orange Coast	1:16.95	2

## Women's 3000 Steeplechase

🖨️ Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Rachel Oberschelp	Freshman	Saddleback	12:09.89	10
2	Angel Vallier	Freshman	Saddleback	12:23.59	8
3	Nicole Cordero	Freshman	Riverside	12:41.69	6
4	Melissa Rosborough	Freshman	Saddleback	13:18.07	5
5	Tarah Buckels	Freshman	Orange Coast	13:44.12	4

## Women's 4 x 100 Relay

🖨️ Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Riverside	Sharidan Sharpe, Kayla Wilson, Tiarah McDaniel, Aaliyah Goshen	49.56	10
2	Orange Coast	Hannah Heising, Taylor Sims, Mychal Robinson, Deontee Ayers	51.58	8

## Women's 4 x 400 Relay

🖨️ Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Riverside	Sharidan Sharpe, Kayla Wilson, Tiarah McDaniel, Crystal Tejada	4:06.63	10
2	Orange Coast	Hannah Heising, Bethani Heising, Mychal Robinson, Taylor Sims	4:10.27	8
3	Saddleback	Corinne Cummings, Angel Vallier, Fatima El-Haj-Ibrahim, Celine Smith	4:14.09	6

## Women's High Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Karla Alatore	Sophomore	Riverside	1.61m	5' 3.25"	10
2	Danielle Spargur	Sophomore	Riverside	1.61m	5' 3.25"	8
3	Tiona Jones	Freshman	Golden West	1.56m	5' 1.25"	6
4	Destinee Widgins	Freshman	Riverside	1.56m	5' 1.25"	5
5	Jessica Cardenas	Sophomore	Orange Coast	1.56m	5' 1.25"	4
6	Marissa Mcneal	Sophomore	Saddleback	1.46m	4' 9.5"	2.5
6	Taylor Sims	Sophomore	Orange Coast	1.46m	4' 9.5"	2.5
8	Diamond Scott	Freshman	Riverside	1.41m	4' 7.5"	1
9	Aaliyah Goshen	Sophomore	Riverside	1.31m	4' 3.5"	-

## Women's Pole Vault

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Madison McPeak	Freshman	Riverside	3.24m	10' 7.5"	10
2	Keanna Theobalt	Freshman	Riverside	3.14m	10' 3.5"	8
3	Angela Griffin	Freshman	Riverside	3.14m	10' 3.5"	6
4	Hannah Auld	Freshman	Saddleback	2.84m	9' 3.75"	5
5	Mikala Tidd	Freshman	Saddleback	2.69m	8' 9.75"	4
6	Hannah Heising	Sophomore	Orange Coast	2.39m	7' 10"	3
	Alexa Alvarado	Freshman	Riverside	NH	NH	-

## Women's Long Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Lauren Delgadillo	Freshman	Orange Coast	5.31m	17' 5.25"	10
2	Taylor Sims	Sophomore	Orange Coast	5.19m	17' 0.5"	8
3	Destinee Widgins	Freshman	Riverside	5.09m	16' 8.5"	6
4	Kayla Wilson	Sophomore	Riverside	5.02m	16' 5.75"	4.5
4	Tiona Jones	Freshman	Golden West	5.02m	16' 5.75"	4.5
6	Aaliyah Goshen	Sophomore	Riverside	4.85m	15' 11"	3
7	Monica Ayala	Freshman	Orange Coast	4.83m	15' 10.25"	2
8	Diamond Scott	Freshman	Riverside	4.65m	15' 3.25"	1

## Women's Triple Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Destinee Widgins	Freshman	Riverside	11.99m	39' 4"	10
2	Monica Ayala	Freshman	Orange Coast	10.51m	34' 5.75"	8
3	Jessica Cardenas	Sophomore	Orange Coast	9.57m	31' 4.75"	6
4	Fatemeh Javdi Tabarrokhi	Sophomore	Orange Coast	9.52m	31' 3"	5
5	Azin Isfahani	Freshman	Orange Coast	9.01m	29' 6.75"	4

## Women's Shot Put

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Richelle Kafoa	Sophomore	Riverside	12.47m	40' 11"	10
2	Shedella Smith	Freshman	Riverside	12.33m	40' 5.5"	8
3	Ashley Santos	Sophomore	Riverside	11.39m	37' 4.5"	6
4	Mailani Thomas	Freshman	Riverside	10.95m	35' 11.25"	5
5	Jackae Yarbrough	Freshman	Riverside	10.75m	35' 3.25"	4
6	Madison Fitzpatrick	Freshman	Fullerton	10.57m	34' 8.25"	3
7	Ajah Wilson	Freshman	Riverside	10.49m	34' 5"	2
8	Kori Sprague	Freshman	Riverside	10.39m	34' 1.25"	1
9	Cydney Chavers	Freshman	Fullerton	10.04m	32' 11.25"	-
10	Regina Samuelu	Freshman	Riverside	9.48m	31' 1.25"	-
11	Amber Hernandez	Sophomore	Fullerton	9.45m	31' 0"	-
12	Jesusa Capelli	Freshman	Riverside	8.42m	27' 7.5"	-

## Women's Discus

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Ashley Santos	Sophomore	Riverside	40.85m	134' 0"	10
2	Mailani Thomas	Freshman	Riverside	36.80m	120' 9"	8
3	Ajah Wilson	Freshman	Riverside	35.06m	115' 0"	6
4	Regina Samuelu	Freshman	Riverside	34.05m	111' 8"	5
5	Jackae Yarbrough	Freshman	Riverside	32.99m	108' 3"	4
6	Cydne Chavers	Freshman	Fullerton	30.37m	99' 8"	3
7	Madison Fitzpatrick	Freshman	Fullerton	30.14m	98' 11"	2
8	Kori Sprague	Freshman	Riverside	29.62m	97' 2"	1
9	Azin Isfahani	Freshman	Orange Coast	23.56m	77' 3"	-
10	Jesusa Capelli	Freshman	Riverside	23.10m	75' 9"	-
11	Amber Hernandez	Sophomore	Fullerton	22.06m	72' 4"	-

## Women's Hammer

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PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Richelle Kafoa	Sophomore	Riverside	41.82m	137' 2"	10
2	Ajah Wilson	Freshman	Riverside	41.26m	135' 4"	8
3	Ashley Santos	Sophomore	Riverside	41.25m	135' 4"	6
4	Cydne Chavers	Freshman	Fullerton	36.08m	118' 4"	5
5	Kori Sprague	Freshman	Riverside	35.63m	116' 11"	4
6	Regina Samuelu	Freshman	Riverside	35.45m	116' 4"	3
7	Raena Ramirez	Sophomore	Golden West	31.33m	102' 9"	2
8	Amber Hernandez	Sophomore	Fullerton	30.36m	99' 7"	1
9	Jesusa Capelli	Freshman	Riverside	29.06m	95' 4"	-
10	Yessica Castellanos	Freshman	Orange Coast	25.06m	82' 3"	-
	Madison Fitzpatrick	Freshman	Fullerton	NM	NM	-

## Women's Javelin

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PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Raena Ramirez	Sophomore	Golden West	37.21m	122' 1"	10
2	Aaliyah Goshen	Sophomore	Riverside	33.25m	109' 1"	8
3	Samantha Duong	Sophomore	Fullerton	30.02m	98' 6"	6
4	Madison Fitzpatrick	Freshman	Fullerton	29.39m	96' 5"	5
5	Diamond Scott	Freshman	Riverside	28.92m	94' 10"	4
6	Hannah Heising	Sophomore	Orange Coast	27.55m	90' 5"	3
7	Jessica Cardenas	Sophomore	Orange Coast	26.94m	88' 5"	2
8	Joann Anwuli	Freshman	Riverside	25.27m	82' 11"	1
9	Amber Hernandez	Sophomore	Fullerton	21.39m	70' 2"	-
10	Cydne Chavers	Freshman	Fullerton	19.64m	64' 5"	-
11	Yessica Castellanos	Freshman	Orange Coast	19.29m	63' 3"	-

## Women's Heptathlon

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PL	NAME	YEAR	TEAM	POINTS	SC
1	Taylor Sims	Sophomore	Orange Coast	3947	10
2	Hannah Heising	Sophomore	Orange Coast	3556	8
3	Diamond Scott	Freshman	Riverside	3415	6
4	Karla Alatore	Sophomore	Riverside	3347	5
5	Aaliyah Goshen	Sophomore	Riverside	3249	4
6	Samantha Smitley		Riverside	2871	3
7	Yessica Castellanos	Freshman	Orange Coast	2290	2

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