

PAC spring championships/add 2

FINAL PAC MEN'S AND WOMEN'S TRACK & FIELD RESULTS 1989

Women's Team Standings:

Grove City	154
John Carroll	150
Carnegie Mellon	103
Hiram	62
Thiel	39
Bethany	17

Men's Team Standings:

Grove City	179
Carnegie Mellon	147
John Carroll	84
Bethany	56
Hiram	39
Thiel	34
Wash. & Jeff.	13

Events and Individual Champions: Women

Event:	Name (School)	Performance
100 meters	Kirsten Gauthier (Hiram)	:12.9
200 meters	Kirsten Gauthier (Hiram)	:26.9
400 meters	Lisa Schmidt (Carnegie Mellon)	1:01.6
800 meters	Lois Raska (Carnegie Mellon)	2:31.8
1,500 meters	Heather Peltier (John Carroll)	5:01.7**
3,000 meters	Heather Peltier (John Carroll)	11:13.0
5,000 meters	Heather Peltier (John Carroll)	18:51.0**
100 meter hurdles	Victoria Reed (Thiel)	:15.8
400 meter hurdles	Mary Kay Krugh (John Carroll)	1:09.5
400 meter relay	Carnegie Mellon (Julia Wright, Lisa Schmidt, Charsetta Grant & Jody Burig)	:52.0
1,600 meter relay	John Carroll (Julie Walton, Peggy Kelly, Lynne Helbing & Mary Kay Krugh)	4:24.9
High Jump	Enid Cobb (Bethany)	5'2"
Long Jump	Vanessa Porter (John Carroll)	16'2"
Triple Jump	Kelly Walter (Grove City)	33'8.25"
Shot Put	Barb Johnson (John Carroll)	37'9***
Discus	Nancy Miller (Grove City)	113'11****
Javelin	Lori Mertes (John Carroll)	98'0.75"

MVP: Heather Peltier (John Carroll) 36 points

Coach-of-the-Year: Bill Jordan (Grove City)

Events and Individual Champions: Men

Event:	Name (School)	Performance
100 meters	Jeff Cass (Grove City)	:11.0
200 meters	Jeff Cass (Grove City)	:22.4
400 meters	Tom Still (Bethany)	:50.6
800 meters	Eric Hunkele (John Carroll)	1:54.7**
1,500 meters	Dave Supp (Carnegie Mellon)	4:01.9
5,000 meters	Pat Noll (Carnegie Mellon)	15:50.6
10,000 meters	Pat Noll (Carnegie Mellon)	32:34.7
110 meter high hurdles	Dave Cannon (Grove City)	:15.0
400 meter hurdles	Julio Villa (Grove City)	:56.6
400 meter relay	Grove City (Tim O'Donnell, Kurt Carlson, Kris Anderson & Jeff Cass)	:43.0**
1,600 meter relay	Bethany (Nick Voron, Ed Coleman, Ebou Conateh & Tom Still)	3:27.0
High Jump	Grant Weaver (Grove City)	6'4"

-more-

PAC spring championships/add 3

Men's Track Individual Champions cont.

Long Jump	Kris Anderson (Grove City)	20'6.75"
Triple Jump	Sam Liu (Carnegie Mellon)	43'2"
Shot Put	Frank Erimias (Thiel)	45'10.5"
Discus	David Holovack (Thiel)	138'1.5"
Javelin	Matt Neely (Grove City)	190'8"
Pole Vault	Dave Douglas (Bethany)	12'6"

MVP: Dave Supp (Carnegie Mellon) 26 points
Coach-of-the-Year: Jim Longnecker (Grove City)

**** new PAC records**

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Men

How They Finished: 1. Grove City, 179; 2. Carnegie Mellon, 147; 3. John Carroll, 84; 4. Bethany, 56; 5. Hiram, 39; 6. Thiel, 34; 7. Washington & Jefferson, 13.

LONG JUMP—1. Kris Anderson, GC, 20-6 3/4; 2. Tracy Mee, GC, 20-1/2; 3. Tom Sanders, GC, 19-3. **HIGH JUMP**—1. Grant Weaver, GC, 6-4; 2. Chris Lockett, CM, 6-4; 3. Dave Cannon, GC, 5-8. **DISCUS**—1. David Holovack, T, 138-1 1/2; 2. Phil Joyce, CM, 132-4 1/2; 3. Tony Osterman, JC, 131-4 1/2. **4x100**—1. Grove City (Tim O'Donnell, Kurt Carlson, Kris Anderson, Jeff Cass), 43.0; 2. John Carroll, 44.1; 3. Bethany, 44.4. **POLE VAULT**—1. Dave Douglas, B, 12-6; 2. Jeff Paliama, CM, 12-0; 3. Jim Reardon, H, Keith Rudy, CM, 11-6 (tie). **SHOT PUT**—1. Frank Erimas, T, 45-10 1/2; 2. John Parker, GC, 3. Mike Pollifrone, H, 42-5 3/4. **1,500m**—1. Dave Supp, CM, 4:01.9; 2. Matt Kraeuter, GC, 4:03.5; 3. Len O'Neal, CM, 4:07.2. **100HH**—1. Dave Cannon, GC, 15.0; 2. Joe Runkel, JC, 15.2; 3. Lee Horvath, JC, 15.6. **400m**—1. Tom Still, B, 50.6; 2. Scott Maretka, H, 50.7; 3. Jim MacGillis, JC, 51.3. **100m**—1. Jeff Cass, GC, 11.0; 2. Ebou Conateh, B, 11.1; 3. Chris D'Ambrosia, W&J, 11.2. **800m**—1. Eric Hunkele, JC, 1:54.7; 2. Dave Supp, CM, 1:59.0; 3. Colin Jones, CM, 2:00.2. **400 HURDLES**—1. Julia Villa, GC, 56.6; 2. Dave Cannon, GC, 57.6; 3. Joe Runkel, JC, 59.4. **200m**—1. Jeff Cass, GC, 22.4; 2. Tom Still, B, 22.5; 3. Kris Anderson, GC, 22.8. **5,000m**—1. Patt Noll, CM, 15:50.6; 2. Dave Supp, CM, 15:50.8; 3. Matt Kraeuter, GC, 16:02.2. **4x400**—1. Bethany (Nick Voron, Ed Coleman, Ebou Conateh, Tom Still), 3:27.0; 2. John Carroll, 3:28.0; 3. Grove City, 3:28.8.

MOST VALUABLE PERFORMER—Dave Supp, CM. **COACH OF THE YEAR**—Jim Longnecker, GC.

Women

How They Finished—1. Grove City, 154; 2. John Carroll, 150; 3. Carnegie Mellon, 103; 4. Hiram, 62; 5. Thiel, 39; 6. Bethany, 17.

SHOT PUT—1. Barb Johnson, JC, 37-9; 2. Traci Washington, 32-10 3/4; 3. Nancy Miller, GC, 32-8 1/2. **JAVELIN**—1. Lori Mertes, JC, 98-3/4; 2. Alex Freer, GC, 95-2 1/2; 3. Holly Sensenich, B, 90-2 3/4. **4x100**—1. Carnegie Mellon (Julie Wright, Lisa Schmidt, Charsetta Grant, Jody Burig), 52.0; 2. John Carroll, 52.1; 3. Hiram, 52.3. **1,500m**—1. Heather Peltier, JC, 5:01.7; 2. Mary Pusateri, JC, 5:03.2. 3. Kirstin Burgard, CM, 5:11.9. **100HH**—1. Victoria Reed, T, 15.8; 2. Patricia Oehlbeck, GC, 16.9; 3. Patricia Vasquez, GC, 17.3. **400m**—1. Lisa Schmidt, CM, 1:01.6; 2. Verity Crowston, GC, 1:02.8; 3. Robin Iler, H, 1:03.1. **100m**—1. Kirsten Gauthier, H, 12.9; 2. Julie Walton, JC, 12.9; 3. Leslie Long, GC, 13.1. **800m**—1. Lois Raska, CM, 2:31.8; 2. Patricia Brain, GC, 2:32.9; 3. Heather Peltier, JC, 2:33.9. **400 HURDLES**—1. Mary Kay Krugh, JC, 1:09.5; 2. Julia Wright, CM, 1:10.1; 3. Victoria Reed, T, 1:10.2. **200m**—1. Kirsten Gauthier, H, 26.9; 2. Julie Walton, JCU, 27.0; 3. Lisa Schmidt, CM, 27.3. **3,000m**—1. Heather Peltier, JC, 11:13.0; 2. Cathleen Williams, GC, 11:20.4; 3. Carolyn Lowe, CM, 11:39.2. **4x400**—1. John Carroll (Julie Walton, Peggy Kelly, Lynne Helbing, Mary Kay Krugh), 4:24.9; 2. Carnegie Mellon, 4:26.6; 3. Grove City, 4:30.3.

MOST VALUABLE PERFORMER—Heather Peltier, JCU. **COACH OF THE YEAR**—Bill Jordan, GC.