



# TRACK & FIELD 2005

## Presidents' Athletic Conference

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## 2005 PRESIDENTS' ATHLETIC CONFERENCE (PAC) TRACK & FIELD CHAMPIONSHIPS Cameron Stadium - Washington & Jefferson College - Washington, Pa. - April 30, 2005

### Final 2005 PAC Men's Team Standings

1. Grove City College (GRO)	223
2. Thiel College (THI)	183
3. Westminster College (WES)	60
4. Washington & Jefferson College (W&J)	59
5. Bethany College (W&J)	50
6. Waynesburg College (WAY)	12

### Final 2005 PAC Women's Team Standings

1. Grove City College (GRO)	200
2. Washington & Jefferson College (W&J)	139
3. Thiel College (THI)	93
4. Westminster College (WES)	82
5. Waynesburg College (WAY)	42
6. Bethany College (BET)	29

### 2005 FINAL MEN'S TRACK & FIELD RESULTS

EVENT	1st Place (All-PAC 1st team)	2nd Place (All-PAC 2nd team)
100 Meter Dash	<b>Zjaque Douglas</b> , So., THI 11.09	<b>Chris Gardner</b> , So., BET 11.30
200 Meter Dash	<b>Will Mills</b> , Fr., THI 22.70	<b>Zjaque Douglas</b> , So., THI 22.88
400 Meter Dash	<b>Shaun Jackson, Jr.</b> , THI 49.61	<b>Daryl Moore</b> , Sr., THI 49.91
800 Meter Run	<b>Luke Henry</b> , Sr., GRO 2:00.71	<b>Daniel Adams</b> , Sr., GRO 2:00.96
1,500 Meter Run	<b>Dan Chittick</b> , Jr., GRO 4:09.91	<b>Daniel Adams</b> , Sr., GRO 4:15.32
3,000 Steeplechase	<b>Chris Andrew</b> , Fr., GRO 10:20.30	<b>Marcus Corvino</b> , Sr., WES 10:34.11
5,000 Meter Run	<b>Andrew Kloes</b> , So., GRO 15:54.17	<b>Matt Rudzki</b> , Fr., W&J 16:23.19
10,000 Meter Run	<b>Matt Rudzki</b> , Fr., W&J 32:58.56	<b>Andrew Kloes</b> , So., GRO 34:05.50
110 Meter High Hurdles	<b>Daryl Moore</b> , Sr., THI 15.72	<b>Bob Rummel</b> , Fr., GRO 15.88
400 Meter Hurdles	<b>Sam Dippold</b> , So., GRO 56.62	<b>Derek Pugh</b> , Sr., THI 57.96
4 x 100 meter relay	<b>Thiel</b> (Will Mills, Shaun Jackson, Josh Lyles, Zjaque Douglas), 42.87	<b>Grove City</b> (Jesse Sunquist, Dave Majewski, Matt Kulinski, Phillip Hart), 43.93
4 x 400 meter relay	<b>Thiel</b> (Will Mills, Daryl Moore, Mike Mukaabya, Shaun Jackson), 3:25.09	<b>Grove City</b> (Daniel Adams, Jesse Sunquist, Matt Kulinski, Mark Murchie), 3:30.12
Discus	<b>Adam Hadbavny</b> , Jr., WES 47.00m / 154-2	<b>Phil Frye</b> , Sr., WES 43.37m / 142-3
Javelin	<b>Adam Crawford</b> , Jr., THI 52.58m / 172-6	<b>Adam Llanos</b> , Sr., BET 51.13m / 167-9
Shot Put	<b>Chad Edwards</b> , Sr., W&J 15.17m / 49-9 1/4	<b>Rock Davis</b> , So., THI 14.68m / 48-2
Long Jump	<b>Chris Gardner</b> , So., BET 6.76m / 22-2 1/4	<b>Daryl Moore</b> , Sr., THI 6.55m / 21-6

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Triple Jump	<b>Anthony McCorvey</b> , Fr., THI 13.31m / 43-8	<b>Daryl Moore</b> , Jr., THI 13.23m / 43-5
High Jump	<b>Jeremy Hurt</b> , Fr., GRO 1.96m / 6-5	<b>Chris Gardner</b> , So., BET 1.96m / 6-5
Pole Vault	<b>Matt Kulinski</b> , Fr., GRO 4.18m / 13-8 1/2	<b>Matt George</b> , Jr., GRO 3.88m / 12-8 3/4
<b>EVENT</b>	<b>1st Place (All-PAC 1st team)</b>	<b>2nd Place (All-PAC 2nd team)</b>
100 Meter Dash	<b>Carli Gerber</b> , Fr., GRO 13.10	<b>Kelli Gee</b> , Fr., W&J 13.36
200 Meter Dash	<b>Kandiace Gibson</b> , Jr., THI 26.13	<b>Lauren Weinheimer</b> , Fr., W&J 27.12
400 Meter Dash	<b>Kandiace Gibson</b> , Jr., THI 58.48 (New PAC record)	<b>Lauren Weinheimer</b> , Fr., W&J 58.76
800 Meter Run	<b>Brittany Croft</b> , Fr., GRO 2:26.29	<b>Michelle Propst</b> , Fr., WAY 2:27.40
1,500 Meter Run	<b>Michelle Propst</b> , Fr., WAY 5:00.83	<b>Amanda Hewitt</b> , Fr., GRO 5:07.92
3,000 Steeplechase	<b>Torrie Caruso</b> , Fr., W&J 12:12.27 (New PAC record)	<b>Haley Hinds</b> , Fr., WAY 12:50.90
5,000 Meter Run	<b>Erin Claxton</b> , Sr., GRO 18:12.79 (New PAC record)	<b>Torrie Caruso</b> , Fr., W&J 19:39.98
10,000 Meter Run	<b>Erin Claxton</b> , Sr., GRO 36:30.63 (New PAC record)	<b>Mallory Roadman</b> , Jr., BET 43:35.09
100 Meter High Hurdles	<b>Christine Rummel</b> , Sr., GRO 16.72	<b>Elyse Maloy</b> , Fr., W&J 16.92
400 Meter Hurdles	<b>Christine Rummel</b> , Sr., GRO 1:08.39	<b>Molly Sykes</b> , Fr., W&J 1:10.10
4 x 100 meter relay	<b>Thiel</b> (Michelle Shellow, Fontella Jones, Kirsten Schrecongost, Kandiace Gibson), 49.89 (New PAC record)	<b>Washington &amp; Jefferson</b> (Elyse Maloy, Molly Sykes, Kelli Gee, Lauren Weinheimer), 51.05
4 x 400 meter relay	<b>Thiel</b> (Michelle Shellow, Kirsten Schrecongost, Kristy Marapese, Kandiace Gibson), 4:14.36	<b>Washington &amp; Jefferson</b> (Elyse Maloy, Molly Sykes, Laura Tomasevich, Lauren Weinheimer), 4:19.20
Discus	<b>Kristen Benjamin</b> , Sr., THI 37.03m / 121-6 (New PAC record)	<b>Sarah Bray</b> , So., GRO 36.98m / 121-4
Javelin	<b>Nicole Jones</b> , Fr., BET 32.97m / 108-2	<b>Liz Mulholland</b> , Fr., W&J 32.30m / 106-0
Shot Put	<b>Kristen Benjamin</b> , Sr., THI 12.40m / 40-8 1/4	<b>Sonya Cole</b> , Jr., WES 11.68m / 38-4
Long Jump	<b>Kelli Gee</b> , Fr., W&J 5.44m / 17-10 1/4	<b>Heidi Watson</b> , Sr., WAY 4.73m / 15-6 1/4
Triple Jump	<b>Kelli Gee</b> , Fr., W&J 10.65m / 34-11 1/4	<b>Rachael Cooper</b> , So., WES 10.60m / 34-9 1/2
High Jump	<b>Jessica Cooper</b> , Fr., WES 1.59m / 5-2 1/2	<b>Lauren Weinheimer</b> , Fr., W&J 1.59m / 5-2 1/2
Pole Vault	<b>Amanda Bruce</b> , Fr., THI 2.75m / 9-0 1/4	<b>Carrie Fleckenstein</b> , Jr., WES 2.60m / 8-6 1/4

2005 PAC Men's Track & Field MVP: **Daryl Moore**, Sr., Thiel (36.5 points)

2005 PAC Women's Track & Field MVP: **Kelli Gee**, Fr., Washington & Jefferson (34 points)

2005 PAC Men's Track & Field Coach of the Year: **Stan Keehlwetter**, Grove City

2005 PAC Women's Track & Field Coach of the year: **Allison Williams**, Grove City

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