



Track & Field 2013

Presidents' Athletic Conference

No. 67

75 College Ave.

Greenville, PA 16125

Phone – (724) 456-7897

Fax – (800) 708-0191

E-Mail: fenstermacher@pacathletics.org

Web: www.pacathletics.org

FOR IMMEDIATE RELEASE – APRIL 27, 2013

2013 Presidents' Athletic Conference (PAC) Track & Field Championships Cameron Stadium – Washington & Jefferson College – Washington, Pa.

Final 2013 PAC Men's Team Standings (Day 2 of 2)

1. Westminster College	122.50
2. Waynesburg University	111
3. Washington & Jefferson College	98
4. Grove City College	89.50
5. Thomas More College	82.50
6. Geneva College	67.50
7. Bethany College	65
8. Saint Vincent College	63
9. Thiel College	39

Final 2013 PAC Women's Team Standings (Day 2 of 2)

1. Waynesburg University	154
2. Grove City College	150
3. Washington and Jefferson College	148.50
4. Westminster College	134.50
5. Geneva College	55
6. Bethany College	44
7. Thiel College	37
8. Thomas More College	12.50
9. Chatham University	5.50

2013 FINAL PAC MEN'S TRACK & FIELD RESULTS

<u>Event</u>	<u>First Place (All-PAC 1st team)</u>	<u>Second Place (All-PAC 2nd team)</u>	<u>Third Place (All-PAC Honorable Mention)</u>
100 meters	Tyrall Butler , So., Thomas More 11.01	Jared Jones , Sr., Wash. & Jeff. 11.18	Lucas Nare , So., Thomas More 11.24
200 meters	Lucas Nare, So., Thomas More 22.11	Jared Jones, Sr., Wash. & Jeff. 22.15	Tyrall Butler , So., Thomas More 22.16
400 meters	Adam Carswell , Sr., Westminster 49.07	John Green , Jr., Grove City 49.12	Robert Fazzolare , Sr., Westminster 49.23
800 meters	Vincent Tonzo , Fr., Saint Vincent 1:54.38M	Arkangelo James , Jr., Bethany 1:56.55	Chris Hameed , So., Saint Vincent 1:58.85
1,500 meters	Chansler Poole , Jr., Saint Vincent 4:03.73	Scott Ryan , Sr., Wash. & Jeff. 4:07.43	Arleigh McRae , Jr., Grove City 4:11.59
3,000 meter steeplechase	Cam Stumme , Sr., Saint Vincent 9:45.54M	Aaron Sutton , Jr., Westminster 9:52.34	Benjamin Kopchick , Sr., Wash. & Jeff. 10:02.99
5,000 meters	Nick Edinger , Sr., Geneva 15:11.28	Scott Ryan , Sr., Wash. & Jeff. 15:34.46	Arleigh McRae , Jr., Grove City 15:38.90
10,000 meters	Scott Ryan, Sr., Wash. & Jeff. 31:46.61	Nick Edinger , Sr., Geneva 32:31.61	Matt Wurtzler , Jr., Thomas More 32:43.19
110 meter hurdles	Rob Washington , Fr., Thomas More 15.54	Brandon Ward , Fr., Grove City 16.26	Byrum Louco , So., Waynesburg 16.35
400 meter hurdles	Byrum Louco , So., Waynesburg 56.71	John Green , Jr., Grove City 57.64	Ethan Witmer , So., Grove City 58.45
4X100 meter relay	Westminster 42.45	Waynesburg 42.46	Thomas More 42.61
4X400 meter relay	Waynesburg 3:19.31	Saint Vincent 3:21.23	Bethany 3:21.35
Discus	Tony Lamosek , Sr., Waynesburg 144-06 (44.04m)	Seth Myers , Sr., Bethany 134-09 (41.07m)	Dakota Holloway , Fr., Wash. & Jeff. 130-11 (39.90m)
Javelin	Ben Gregg , Jr., Bethany 189-03 (57.69m)	Anthony Janicki , Fr., Waynesburg 185-02 (56.43m)	Jordan Rupert , So., Geneva 174-09 (53.26m)
Shot Put	Tyler French , Sr., Geneva 47-10.00 (14.58m)	Gavin Donathan , Sr., Wash. & Jeff. 47-01.75 (14.37m)	Jason Frawley , Jr., Westminster 46-01.50 (14.06m)
Long Jump	Umar Moore , Fr., Bethany 23-00.00 (7.01m)	Anthony Thomas , Jr., Westminster 22-03.00 (6.78m)	Nic Jones , So., Thiel 21-08.25 (6.61m)
Triple Jump	Anthony Thomas , Jr., Westminster 45-10.00 (13.97m)	Umar Moore , Fr., Bethany 43-07.75 (13.30m)	David Cobb , Sr., Waynesburg 43-06.50 (13.27m)
High Jump	Nic Jones , So., Thiel 6-04.00 (1.93m)	Robert Hritz , So., Thiel 6-02.00 (1.88m)	Jason Propst , Fr., Waynesburg 6-02.00 (1.88m)
Pole Vault	Mark Saylor , Sr., Westminster 15-03.0 (4.65m)	Thad Piscatelli , Jr., Wash. & Jeff. 13-11.25 (4.25m)	Austin Fuller , Fr., Westminster 13-05.25 (4.10m)



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2013 FINAL PAC WOMEN'S TRACK & FIELD RESULTS

<u>Event</u>	<u>First Place (All-PAC 1st team)</u>	<u>Second Place (All-PAC 2nd team)</u>	<u>Third Place (All-PAC Honorable Mention)</u>
100 meters	Rhea Huwe, Jr. , Waynesburg 12.76	Paige Prato, Jr. , Bethany 12.91	Brittney Traynor, Fr. , Wash. & Jeff. 13.02
200 meters	Cheyenne Mangold, Jr. , Wash. & Jeff. 25.50M	Rhea Huwe, Jr. , Waynesburg 25.74	Maria Jackson-McBride, Fr. , Bethany 26.00
400 meters	Cheyenne Mangold, Jr. , Wash. & Jeff. 56.13M	Haley Gabor, Jr. , Westminster 58.10	Maria Jackson-McBride, Fr. , Bethany 58.61
800 meters	Meredith Steinmetz, Fr. , Thiel 2:23.70	Alayna Merkle, Jr. , Geneva 2:25.11	Cayla Clawson, Jr. , Grove City 2:26.30
1,500 meters	Alayna Merkle, Jr. , Geneva 4:49.02	Kristen Galligan, So. , Wash. & Jeff. 4:49.50	Ella Smith, Sr. , Grove City 4:50.02
3,000 meter steeplechase	Megan Fortna, Sr. , Waynesburg 11:34.68	Laurel Skorup, Jr. , Grove City 11:54.93	Sarah Cessar, Jr. , Grove City 11:58.10
5,000 meters	Kristen Galligan, So. , Wash. & Jeff. 18:05.55	Ella Smith, Sr. , Grove City 18:35.06	Mary Kate Breese, Sr. , Grove City 18:36.33
10,000 meters	Kristen Galligan, So. , Grove City 39:41.19	Ella Smith, Sr. , Grove City 39:48.74	Mary Kate Breese, Sr. , Grove City 39:48.80
10 meter hurdles	Eliza Lowe, Fr. , Grove City 14.95	Claireasa Johnson, So. , Wash. & Jeff. 15.33	Morgan Berg, Fr. , Thiel 15.43
400 meter hurdles	Cheyenne Mangold, Jr. , Wash. & Jeff. 1:02.21M	Eliza Lowe, Fr. , Grove City 1:04.29	Claireasa Johnson, So. , Wash. & Jeff. 1:04.52
4X100 meter relay	Bethany 48.46	Wash. & Jeff. 49.15	Westminster 49.49
4X400 meter relay	Westminster 4:02.74	Wash. & Jeff. 4:04.68	Grove City 4:09.03
Discus	Alaura Hanssen, So. , Westminster 120-07 (36.75m)	Carly Schubert, Sr. , Waynesburg 119-02 (36.33m)	Allison Rice, Jr. , Westminster 116-08 (35.57m)
Javelin	Megan Sowers, Jr. , Waynesburg 132-06 (40.38m)	Cassidy Kravec, Sr. , Thiel 120-11 (26.87m)	Kayla Jackson, Sr. , Geneva 116-07 (35.54m)
Shot Put	Carly Schubert, Sr. , Waynesburg 39-10.50 (12.15m)	Katherine Michalak, Sr. , Geneva 39-03.25 (11.97m)	Harley Straub, Jr. , Wash. & Jeff. 38-02.75 (11.65m)
Long Jump	Rhea Huwe, Jr. , Waynesburg 16-09.25 (5.11m)	Angela Colella, Fr. , Westminster 16-05.75 (5.02m)	Breanna Anderson, So. , Waynesburg 15-10.25 (4.83m)
Triple Jump	Amanda Hobe, So. , Waynesburg 34-03.50 (10.45m)	Erin Oberg, Jr. , Wash. & Jeff. 33-05.25 (10.19m)	Jamie Post, Sr. , Waynesburg 33-01.25 (10.09m)
High Jump	Sadie Malone, So. , Grove City 5-02.25 (1.58m)	Erin Oberg, Jr. , Wash. & Jeff. 5-02.25 (1.58m)	Brook Burns, So. , Wash. & Jeff. 5-00.25 (1.53m)
Pole Vault	Marissa Kalsey, Fr. , Westminster 11-05.75 (3.50m)	Brittany Majors, So. , Westminster 10-08.00 (3.25m)	T-Haley Gabor, Jr. , Westminster 10-02.00 (3.10m) T-Annie Robben, Jr. , Thomas More 10-02.00 (3.10m)

M – Meet Record

2013 PAC Men's Track MVP: **Byrum Louco, So.**, Waynesburg

2013 PAC Men's Field Co-MVP's: **Anthony Thomas, Jr.**, Westminster and **Umar Moore, Fr.**, Bethany

2013 PAC Men's Track & Field MVP: **Byrum Louco, So.**, Waynesburg

2013 PAC Men's Track Coach of the Year: **Tim McNeil**, Westminster

2013 PAC Women's Track MVP: **Cheyenne Mangold, Jr.**, Wash. & Jeff.

2013 PAC Women's Field MVP: **Carly Schubert, Sr.**, Waynesburg

2013 PAC Women's Track & Field MVP: **Cheyenne Mangold, Jr.**, Wash. & Jeff.

2013 PAC Women's Track Coach of the Year: **Jason Falvo**, Waynesburg