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PAC SCOREBOARD

2016 All-PAC Women's Outdoor Track & Field

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2016 PAC Women's Track & Field MVP: Westminster senior **Marisa Toensing** (Newton Falls, Ohio / Newton Falls)

2016 PAC Women's Track & Field - Track MVP: Westminster senior **Marisa Toensing** (Newton Falls, Ohio / Newton Falls)

2016 PAC Women's Track & Field - Field MVP: Waynesburg sophomore **Addy Knetzer** (Houston, Pa. / Chartiers-Houston)

2016 PAC Women's Track & Field Coach of the Year: Waynesburg's **Jason Falvo**

2016 PAC Women's Track & Field Team Sportsmanship Award: Bethany

M - PAC Outdoor Track & Field Championship meet record

Event	First place (All-PAC 1st team)	Second place (All-PAC 2nd team)	Third Place (All-PAC honorable mention)
100	Lauren Williams-Wiles , Fr., W&J 12.24	Jessica Kelosky , So, Geneva 12.49	Marisa Toensing , Sr., Westminster 12.66
200	Christina Cook , So., Thomas More 25.41	Jessica Kelosky , So., Geneva 25.83	Maria Jackson-McBride , Sr., Bethany 25.86
400	Christina Cook , So., Thomas More 57.07	Maria Jackson-McBride , Sr., Bethany 59.14	Allison Blain , Sr., Grove City 1:00.51
800	Elizabeth Donahoe , Fr., Grove City 2:23.38	Angie Marchetti , So., Waynesburg 2:24.35	Raechel Pusateri , Sr., Westminster 2:24.36
1,500	Meredith Steinmetz , Sr., Thiel 4:55.96	Angie Marchetti , So., Waynesburg 5:00.44	Emily Latimer , Jr., Waynesburg 5:00.45
3,000 steeplechase	Katherine Latimer , Jr., Waynesburg 11:47.34	Elinore Loch , So., Waynesburg 12:06.09	Katelynn Morrell , So., Westminster 12:11.88
5,000	Lydia Keiper , Jr., Grove City 18:47.54	Emily Latimer , Jr., Waynesburg 19:06.20	Katherine Latimer , Jr., Waynesburg 19:07.28
10,000	Emily Latimer , Jr., Waynesburg 38:27.38	Lydia Keiper , Jr., Grove City 38:48.64	Julie Gerber , So., Waynesburg 40:31.30
100 hurdles	Morgan Berg , Sr., Thiel 14.55M	Nicole Bartoletta , So., Geneva 15.15	Marisa Toensing , Sr., Westminster 15.72
400 hurdles	Marissa Toensing , Sr., Westminster 1:06.21	Keilah Ireland , So., Westminster 1:09.00	Ashley Borsch , So., Bethany 1:10.28
4x100 relay	Geneva 48.85 (Nicole Bartoletta, Sarah Klien, Kailee Loose, Jessica Kelosky)	Bethany 49.81 (Kiera Goolsby, Maria Jackson-McBride, Ashley Borsch, Heather Grinkley)	Westminster 49.99 (Brooke Novotny, Raechel Pusateri, Caitlin Yakopin, Marisa Toensing)
4x400 relay	Westminster 4:04.45 (Raechel Pusateri, Hayley Thewes, Marisa Toensing, Alicia Nuzzo)	Thomas More 4:05.66 (Katrina Hlebiczki, Kelsey Etherton, Mackenzie Hester, Christina Cook)	Grove City 4:10.64 (Allison Blain, Sarah Williamson, Melanie Wizorek, Elizabeth Donahoe)
Discus	Margi Haiss , Jr., Grove City 125-11 (38.38m)	Samantha Headley , Sr., Thomas More 116-10 (35.62m)	Addisen Knetzer , So., Waynesburg 116-05 (35.48m)
Javelin	Jesse Hinkle , Jr., Chatham 129-11	Addisen Knetzer , So., Waynesburg 126-10 (38.67m)	Patience Frazier , Fr., Bethany 118-00 (35.98m)
Shot put	Addisen Knetzer , So., Waynesburg 42-10.25M (13.06m)	Morgan Widina , So., Westminster 36-07.50 (11.16m)	Samantha Headley , Sr., Thomas More 35-06.75 (10.84m)
Long jump	Lauren Williams-Wiles , Fr., W&J 17-04.25 (5.29m)	Ariel Gray , Fr., Chatham 17-04 (5.28m)	Kailee Loose , So., Geneva 16-09.25 (5.11m)
Triple jump	Morgan Berg , Sr., Thiel 35-00.50 (10.68m)	Julia Flagge-Echols , So., Thomas More 34-08.25 (10.57m)	Megan Barton , Jr., Thomas More 33-09.25 (10.29m)
High jump	Leighanna Frantz , Fr., Bethany 4-11.75 (1.52m)	Keilah Ireland , So., Westminster 4-11.75 (1.52m)	Morgan Peaco , Jr., Geneva 4-09.75 (1.47m)
Pole vault	Brooke Mancuso , Jr., Westminster 11-05.75 (3.50m)	Cassidy Shepherd , Jr., Westminster 10-11.75 (3.35m)	Melanie Packard , Jr., Grove City 10-06 (3.20m)



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2016 All-PAC Men's Outdoor Track & Field

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2016 PAC Men's Track & Field MVP: Westminster senior **Nick Fiorentino** (New Wilmington, Pa. / Franklin)

2016 PAC Men's Track & Field - Track MVP: Westminster sophomore **Jaevon Hardy** (Waldorf, Md. / North Point)

2016 PAC Men's Track & Field - Field MVP: Westminster senior **Nick Fiorentino** (New Wilmington, Pa. / Franklin)

2016 PAC Men's Track & Field Coach of the Year: Westminster's **Tim McNeil**

2016 PAC Men's Track & Field Sportsmanship Award winner: Bethany

M - PAC Outdoor Track & Field Championship meet record

Event	First place (All-PAC 1st team)	Second place (All-PAC 2nd team)	Third Place (All-PAC honorable mention)
100	Jaevon Hardy , So., Westminster 10.57M	Christopher Jones, Jr. , Thiel 10.91	Cameron Unrath, Jr. , Geneva 10.96
200	Jaevon Hardy , So., Westminster 21.81	Christopher Jones, Jr. , Thiel 21.84	Jacob Mellinger , Sr., Geneva 21.89
400	Jacob Mellinger , Sr., Geneva 48.64	Jake Dindak , Sr., Westminster 48.82	Ryan Buchalter, Jr. , Grove City 49.09
800	Vincent Tonzo , Sr., Saint Vincent 1:56.94	Marshall Murray , Fr., Bethany 1:58.90	Josh Dunsworth , Sr., Grove City 1:59.27
1,500	Brandon Moretton , Jr., Saint Vincent 4:05.93	Laurence Jaross , So., Saint Vincent 4:07.62	Michael Campbell , Fr., Thomas More 4:11.08
3,000 steeplechase	Jimmy Farman , Jr., Saint Vincent 9:54.65	Drew Thibault , So., Grove City 10:03.75	Clay Smith , So., Geneva 10:10.90
5,000	Daniel Christiansen , Jr., Grove City 15:15.85	Shane Burkhart , Fr., W&J 15:44.23	Ryan Donnelly , Jr., Bethany 15:55.40
10,000	Daniel Christiansen , Jr., Grove City 32:03.37	Shane Burkhart , Fr., W&J 33:10.34	Harley Moyer , Fr., W&J 33:51.48
110 hurdles	Zach Hans , So., Thomas More 15.50	Alex Parker , Fr., Geneva 15.54	Taran Sifontes-Lavine , Sr., Westminster 15.97
400 hurdles	Dwight Nelson , Fr., W&J 56.47	Dalton Paxson , Jr., Geneva 56.57	Brandon Ward , Sr., Grove City 56.95
4x100 relay	Westminster 42.06 (Mark Wagner, Jaevon Hardy, Michael Mikita, Jametrius Bentley)	Bethany 42.64 (Byron Mayers, Kyle Minger, Umar Moore, Andre Butler)	Geneva 42.72 (Henry Kennedy, Cameron Unrath, Jacob Mellinger, Alex Parker)
4x400 relay	Westminster 3:21.55 (Gideon Coleman, Taran Sifontes-Lavine, Anthony Yasko, Jake Dindak)	Bethany 3:22.02 (Andre Butler, Austin Davis, Marshall Murray, Khallid Young)	Geneva 3:22.07 (Cameron Unrath, Levi Ebersole, Alex Parker, Jacob Mellinger)
Discus	Nick Fiorentino , Sr., Westminster 146-05 (44.62m)	Aniello DeStefano , Jr., Waynesburg 131-02 (39.98m)	Jarrod Webb , Fr., W&J 128-08 (39.21m)
Javelin	Quinton Reed , So., Grove City 172-02 (52.49m)	Max Ungerman , So., Westminster 166-11 (50.87m)	James Abbs , Jr., Thiel 161-02 (49.13m)
Shot put	Nick Fiorentino , Sr., Westminster 47-07.75 (14.52m)	Jarrod Webb , Fr., W&J 47-05 (14.45m)	Bryn Kaufman , So., Westminster 45-11.75 (14.01m)
Long jump	Umar Moore , Sr., Bethany 22-09.25 (6.94m)	Paul Carswell , Sr., Westminster 22-03.75 (6.80m)	Wysme Despaigne , Sr., Bethany 21-06.75 (6.57m)
Triple jump	Umar Moore , Sr., Bethany 45-03.50 (13.80m)	Paul Carswell , Sr., Westminster 45-01.50 (13.75m)	Mike Cole , Jr., Grove City 42-10.75 (13.07m)
High jump	LeAndre Jackson , Fr., Thiel 6-04.25 (1.94m)	Logan Winkler , Fr., Thomas More 6-04.25 (1.94m)	AJ Grant , Fr., Westminster 6-00.50 (1.84m)
Pole vault	Evan Lesnick , Fr., Westminster 15-01 (4.60m)	Andrew Brannen , Sr., Westminster 14-07.25 (4.45m)	Mitchell Kendra , So., Waynesburg 14-01.25 (4.30m)