

# PCAA CHAMPIONSHIPS

## 440H

UPDATE 9/30/2022

1969	Wes Williams, San Diego St.	52.8	Larry Walls, San Jose St. 53.3	Ervin Hunt, Fresno St. 53.5	John Warkentin, Fresno St. 54.4	Gary Lewis, Pacific 54.6	
1970	Wes Williams, San Diego St	51.4	Len Gaskill, San Jose St 51.9	James King, San Diego St 52.2	Gary Lewis, Pacific 53.1	Jerry Stewart, Pacific 53.8	
1971	Dennis Ruby, Long Beach St	51.3	James King, San Diego St 51.5	Len Gaskill, San Jose St 52.1	Bud Stanton, UCSB 52.4	Dennis Murray, Long Beach St 54.3	
1972	Dennis Ruby, Long Beach St	51.7	Bud Stanton, UCSB 53.0	Garry Greene, San Diego St 53.0	Nick Rarig, UCSB 54.3	Roy Gayhart, San Diego St 54.4	Mark Ables, San Diego St 55.1
1973	Gary Greene, San Diego St	52.9	Lloyd Kaster, San Jose St 53.6	Frank Mercer, San Jose St 53.7	Greg Zulim, Fresno St 52.7	Mark Ables, San Diego St 54.6	Bruce Frend, Fresno St 56.5
1974	Gary Greene, San Diego St	52.4	Lloyd Kaster, San Jose St 53.4	Mark Ables, San Diego St 53.9	Bruce Leek, San Jose St 55.0	Will Fields, San Jose St 55.9	Rob Weichert, Fresno St 55.9
1975	Quentin Wheeler, San Diego St	50.8	Mark Ables, San Diego St 51.7	Jim Wyatt, San Jose St 52.0	Chuck Lowe, Fresno St 52.4	Gary Greene, San Diego St 52.9	
1976	Quentin Wheeler, San Diego St	49.4m	Dedy Cooper, San Jose St 49.5m	Otis Fisher, Long Beach St ---	Jim Wyatt, San Jose St 52.6m	Paul White, Long Beach St 59.0m	
1977	Rhan Sheffield, San Diego St	51.0m	Mike Mince, Fresno St 51.1m	Don Finley, San Jose St 51.7m	Dedy Cooper, San Jose St 51.7m	Dave Lizardi, Long Beach St 52.0m	
1978	Tony Hicks, San Diego St	51.60 m	Don Finley, San Jose St 51.98m	Jamie Starmer, UCSB 52.20m	Johnny Thompson, Fresno St 52.69m	Jim Hirschak, Utah St 52.77m	
1979	Dan Finley, San Jose St	50.9m	Johnny Thompson, Fresno St 51.1m	Jamie Starmer, UCSB 51.5m	Steve Irving, UCSB 51.8m	Peter Allen, UCSB 52.9m	