

Foothill Conference Championships 2010

April 23-30, 2010 | Antelope Valley - Lancaster, CA

Events: [100](#) [200](#) [400](#) [800](#) [1500](#) [5000](#) [10,000](#) [110H](#) [400H](#) [3000S](#) [4x100](#) [4x400](#) [HJ](#) [PV](#) [LJ](#) [TJ](#) [SP](#) [DT](#) [HT](#) [JT](#)

Men's 100 Meters Finals

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC	WIND
1	Tavion Burke	Freshman	Antelope Valley	10.43	10	2.6
2	Elliot Taylor	Sophomore	Southwestern	10.46	8	NWI
3	Antonie Jackson	Freshman	San Diego Mesa	10.80	5.5	2.6
3	Devon Whitson	Sophomore	Antelope Valley	10.80	5.5	2.6
5	King Imani	Freshman	San Bernardino Valley	10.81	4	2.6
6	Qualin Simmons	Freshman	San Diego Mesa	10.88	3	2.6
7	Justin Gibbons	Freshman	San Diego Mesa	10.90	2	NWI
8	RONALD M. HAIRE	Freshman	Chaffey	10.94	1	NWI
9	JARED K DeMOSS	Freshman	Chaffey	11.10	-	2.6
10	BRANDON D. SKINNER	Freshman	Chaffey	11.22	-	2.6
11	Travell Washington	Freshman	San Bernardino Valley	11.28	-	2.6
12	TYROME W. BURNLEY	Freshman	Chaffey	11.39	-	NWI
13	Raymond Hart	Freshman	Southwestern	11.40	-	NWI
14	Charley Yoeun	Freshman	Southwestern	11.47	-	NWI
15	DESMUND D. NEWTON	Freshman	Chaffey	11.58	-	NWI

Men's 100 Meters Finals Section 1

W: 2.6

Men's 100 Meters Finals Section 2

PL	NAME	YEAR	TEAM	TIME	SC
1	Tavion Burke	Freshman	Antelope Valley	10.43	10
3	Antonie Jackson	Freshman	San Diego Mesa	10.80	5.5
3	Devon Whitson	Sophomore	Antelope Valley	10.80	5.5
5	King Imani	Freshman	San Bernardino Valley	10.81	4
6	Qualin Simmons	Freshman	San Diego Mesa	10.88	3
9	JARED K DeMOSS	Freshman	Chaffey	11.10	-
10	BRANDON D. SKINNER	Freshman	Chaffey	11.22	-
11	Travell Washington	Freshman	San Bernardino Valley	11.28	-

PL	NAME	YEAR	TEAM	TIME	SC
2	Elliot Taylor	Sophomore	Southwestern	10.46	8
7	Justin Gibbons	Freshman	San Diego Mesa	10.90	2
8	RONALD M. HAIRE	Freshman	Chaffey	10.94	1
12	TYROME W. BURNLEY	Freshman	Chaffey	11.39	-
13	Raymond Hart	Freshman	Southwestern	11.40	-
14	Charley Yoeun	Freshman	Southwestern	11.47	-
15	DESMUND D. NEWTON	Freshman	Chaffey	11.58	-

Men's 100 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Tavion Burke	Freshman	Antelope Valley	10.69
2	Devon Whitson	Sophomore	Antelope Valley	11.19
3	Travell Washington	Freshman	San Bernardino Valley	11.36
3	Qualin Simmons	Freshman	San Diego Mesa	11.36
5	BRANDON D. SKINNER	Freshman	Chaffey	11.41
6	JARED K DeMOSS	Freshman	Chaffey	11.42
7	Antonie Jackson	Freshman	San Diego Mesa	11.43
8	Jacob Craig	Freshman	Antelope Valley	11.46
9	Kevin Jones	Freshman	San Bernardino Valley	11.49
10	Kenyon Morris	Sophomore	San Diego Mesa	11.50
11	Karl Ballinger	Freshman	Antelope Valley	11.56
12	MANESSIAH LEWIS	Freshman	Chaffey	11.60
13	Jason Logan	Freshman	Antelope Valley	11.71
14	Sam Smith	Freshman	Southwestern	11.74
15	Andrey Shulakov	Freshman	Cuyamaca	11.83
16	Jeremy Langford	Freshman	San Diego Mesa	11.84
17	Billy Carter	Freshman	San Diego Mesa	11.91
18	Sean Estes-Carroll	Freshman	San Diego Mesa	11.93
19	IKE OFO	Sophomore	Chaffey	11.97
20	Jonathan Hackett	Freshman	San Bernardino Valley	12.08
21	WAYMEN J. CAMPBELL	Freshman	Chaffey	12.14
22	TRAVON HUTCHINSON	Freshman	Chaffey	12.23
23	Sergio Amaya	Freshman	Cuyamaca	12.28
24	Thanh Ly	Sophomore	Cuyamaca	12.32
	Marshawn Lacy	Freshman	San Bernardino Valley	NT

Men's 100 Meters Preliminaries Heat 2

W: -1.5

PL	NAME	YEAR	TEAM	TIME
1	Tavion Burke	Freshman	Antelope Valley	10.69
8	Jacob Craig	Freshman	Antelope Valley	11.46
9	Kevin Jones	Freshman	San Bernardino Valley	11.49
13	Jason Logan	Freshman	Antelope Valley	11.71
15	Andrey Shulakov	Freshman	Cuyamaca	11.83
20	Jonathan Hackett	Freshman	San Bernardino Valley	12.08
21	WAYMEN J. CAMPBELL	Freshman	Chaffey	12.14

Men's 100 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
5	BRANDON D. SKINNER	Freshman	Chaffey	11.41
7	Antonie Jackson	Freshman	San Diego Mesa	11.43
16	Jeremy Langford	Freshman	San Diego Mesa	11.84
17	Billy Carter	Freshman	San Diego Mesa	11.91
19	IKE OFO	Sophomore	Chaffey	11.97
	Marshawn Lacy	Freshman	San Bernardino Valley	NT

Men's 100 Meters Preliminaries Heat 4

PL	NAME	YEAR	TEAM	TIME
2	Devon Whitson	Sophomore	Antelope Valley	11.19
6	JARED K DeMOSS	Freshman	Chaffey	11.42
10	Kenyon Morris	Sophomore	San Diego Mesa	11.50
11	Karl Ballinger	Freshman	Antelope Valley	11.56
14	Sam Smith	Freshman	Southwestern	11.74
22	TRAVON HUTCHINSON	Freshman	Chaffey	12.23

Men's 100 Meters Preliminaries Heat 5

PL	NAME	YEAR	TEAM	TIME
3	Qualin Simmons	Freshman	San Diego Mesa	11.36
3	Travell Washington	Freshman	San Bernardino Valley	11.36
12	MANESSIAH LEWIS	Freshman	Chaffey	11.60
18	Sean Estes-Carroll	Freshman	San Diego Mesa	11.93
23	Sergio Amaya	Freshman	Cuyamaca	12.28
24	Thanh Ly	Sophomore	Cuyamaca	12.32

Men's 200 Meters Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Tavion Burke	Freshman	Antelope Valley	21.34	10
2	Elliot Taylor	Sophomore	Southwestern	22.14	8
3	Keith Turner	Freshman	Cuyamaca	22.22	6
4	MICHAEL CURRY	Sophomore	Chaffey	22.68	5
5	MARCUS V. MINLEY	Sophomore	Chaffey	22.69	4
6	Devon Whitson	Sophomore	Antelope Valley	22.72	3
7	Qualin Simmons	Freshman	San Diego Mesa	22.99	2
8	RONALD M. HAIRE	Freshman	Chaffey	23.25	1

Men's 200 Meters Preliminaries

PL	NAME	YEAR	TEAM	TIME
1	Tavion Burke	Freshman	Antelope Valley	21.60
2	Keith Turner	Freshman	Cuyamaca	22.47
3	MARCUS V. MINLEY	Sophomore	Chaffey	22.68
4	MICHAEL CURRY	Sophomore	Chaffey	22.78
5	Elliot Taylor	Sophomore	Southwestern	22.83
6	Elliott Sanders	Freshman	Cuyamaca	22.84
7	RONALD M. HAIRE	Freshman	Chaffey	22.87
8	Devon Whitson	Sophomore	Antelope Valley	23.00
9	Qualin Simmons	Freshman	San Diego Mesa	23.12
10	Jacob Craig	Freshman	Antelope Valley	23.15
11	BRANDON D. SKINNER	Freshman	Chaffey	23.23
12	Travell Washington	Freshman	San Bernardino Valley	23.24
13	Karl Ballinger	Freshman	Antelope Valley	23.39
14	Edwin Aguilar	Sophomore	Southwestern	23.49
15	Kevin Jones	Freshman	San Bernardino Valley	23.50
16	Antonie Jackson	Freshman	San Diego Mesa	23.55
17	Kenyon Morris	Sophomore	San Diego Mesa	23.64
18	Jeremy Langford	Freshman	San Diego Mesa	23.70
19	TYROME W. BURNLEY	Freshman	Chaffey	23.79
20	Sean Estes-Carroll	Freshman	San Diego Mesa	23.81
21	David Rivers	Freshman	San Bernardino Valley	23.95
22	DONTRELL R. JACKSON	Freshman	Chaffey	24.06
23	Andrey Shulakov	Freshman	Cuyamaca	24.11
24	Charley Yoeun	Freshman	Southwestern	24.12
25	Estevan Galindo	Freshman	San Diego Mesa	24.21
26	Marcus Williams	Freshman	San Bernardino Valley	24.23
27	Chris Montiejunas	Freshman	San Diego Mesa	24.50
28	Marshawn Lacy	Freshman	San Bernardino Valley	24.77
28	Jonathan Hackett	Freshman	San Bernardino Valley	24.77
30	WAYMEN J. CAMPBELL	Freshman	Chaffey	25.08
31	King Imani	Freshman	San Bernardino Valley	25.41
32	Amir Mustafa	Freshman	San Bernardino Valley	26.38
33	Raymond Hart	Freshman	Southwestern	26.82
34	Carlos Gutierrez	Freshman	Rio Hondo	27.72
34	Daniel Ibarra	Freshman	Rio Hondo	27.72
	IFEANYI NNORUKA	Sophomore	Chaffey	NT
	KYLE P. MARSHALL	Freshman	Chaffey	NT

Men's 200 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Tavion Burke	Freshman	Antelope Valley	21.60
7	RONALD M. HAIRE	Freshman	Chaffey	22.87
8	Devon Whitson	Sophomore	Antelope Valley	23.00
14	Edwin Aguilar	Sophomore	Southwestern	23.49
21	David Rivers	Freshman	San Bernardino Valley	23.95
28	Marshawn Lacy	Freshman	San Bernardino Valley	24.77
28	Jonathan Hackett	Freshman	San Bernardino Valley	24.77
33	Raymond Hart	Freshman	Southwestern	26.82

Men's 200 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
5	Elliot Taylor	Sophomore	Southwestern	22.83
10	Jacob Craig	Freshman	Antelope Valley	23.15
19	TYROME W. BURNLEY	Freshman	Chaffey	23.79
24	Charley Yoeun	Freshman	Southwestern	24.12
31	King Imani	Freshman	San Bernardino Valley	25.41

Men's 200 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
2	Keith Turner	Freshman	Cuyamaca	22.47
18	Jeremy Langford	Freshman	San Diego Mesa	23.70
20	Sean Estes-Carroll	Freshman	San Diego Mesa	23.81
25	Estevan Galindo	Freshman	San Diego Mesa	24.21
26	Marcus Williams	Freshman	San Bernardino Valley	24.23
	IFEANYI NNORUKA	Sophomore	Chaffey	NT

Men's 200 Meters Preliminaries Heat 4

PL	NAME	YEAR	TEAM	TIME
6	Elliott Sanders	Freshman	Cuyamaca	22.84
16	Antonie Jackson	Freshman	San Diego Mesa	23.55
27	Chris Montiejunas	Freshman	San Diego Mesa	24.50
34	Daniel Ibarra	Freshman	Rio Hondo	27.72


Men's 200 Meters Preliminaries Heat 5

PL	NAME	YEAR	TEAM	TIME
3	MARCUS V. MINLEY	Sophomore	Chaffey	22.68
9	Qualin Simmons	Freshman	San Diego Mesa	23.12
12	Travell Washington	Freshman	San Bernardino Valley	23.24
17	Kenyon Morris	Sophomore	San Diego Mesa	23.64
22	DONTRELL R. JACKSON	Freshman	Chaffey	24.06
30	WAYMEN J. CAMPBELL	Freshman	Chaffey	25.08
34	Carlos Gutierrez	Freshman	Rio Hondo	27.72
	KYLE P. MARSHALL	Freshman	Chaffey	NT

Men's 200 Meters Preliminaries Heat 6

PL	NAME	YEAR	TEAM	TIME
4	MICHAEL CURRY	Sophomore	Chaffey	22.78
11	BRANDON D. SKINNER	Freshman	Chaffey	23.23
13	Karl Ballinger	Freshman	Antelope Valley	23.39
15	Kevin Jones	Freshman	San Bernardino Valley	23.50
23	Andrey Shulakov	Freshman	Cuyamaca	24.11
32	Amir Mustafa	Freshman	San Bernardino Valley	26.38

Men's 400 Meters Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Keith Turner	Freshman	Cuyamaca	48.86	10
2	MARCUS V. MINLEY	Sophomore	Chaffey	49.43	8
3	Edwin Aguilar	Sophomore	Southwestern	51.03	6
4	Niko Salazar	Sophomore	Southwestern	51.92	5
5	Estevan Galindo	Freshman	San Diego Mesa	52.08	4
6	DONTRELL R. JACKSON	Freshman	Chaffey	52.76	3
7	Dandre Weaver	Freshman	Antelope Valley	53.34	2
8	IFEANYI NNORUKA	Sophomore	Chaffey	1:03.45	1

Men's 400 Meters Preliminaries

PL	NAME	YEAR	TEAM	TIME
1	MARCUS V. MINLEY	Sophomore	Chaffey	49.12
2	Elliott Sanders	Freshman	Cuyamaca	49.22
3	Keith Turner	Freshman	Cuyamaca	49.51
4	IFEANYI NNORUKA	Sophomore	Chaffey	50.36
5	Niko Salazar	Sophomore	Southwestern	50.62
6	Edwin Aguilar	Sophomore	Southwestern	51.12
7	Dandre Weaver	Freshman	Antelope Valley	51.32
8	DONTRELL R. JACKSON	Freshman	Chaffey	51.77
9	Estevan Galindo	Freshman	San Diego Mesa	51.82
10	KYLE P. MARSHALL	Freshman	Chaffey	51.85
11	David Hernandez	Sophomore	Southwestern	51.96
12	Alan Fjeldsted	Freshman	Southwestern	51.98
13	Chris Montiejunas	Freshman	San Diego Mesa	52.24
14	David Rivers	Freshman	San Bernardino Valley	52.69
15	Juan Fugon	Freshman	Antelope Valley	52.76
16	Pedro Quevedo	Freshman	Cuyamaca	52.96
17	Reginald Jones	Freshman	San Bernardino Valley	53.10
18	Alexander Oleata	Sophomore	Southwestern	53.59
19	Zufar Liggins	Freshman	Antelope Valley	54.37
20	Olugbenga Eshugbohungebe	Freshman	Southwestern	55.62
21	Jorge Zamora	Freshman	San Diego Mesa	56.30
22	Amir Mustafa	Freshman	San Bernardino Valley	57.21
23	Dwight Ortiz	Freshman	Rio Hondo	57.57
24	Isaac Thomas	Freshman	Cuyamaca	57.77
25	Daniel Ibarra	Freshman	Rio Hondo	1:01.10
26	Jose Garcia	Freshman	Rio Hondo	1:01.33

Men's 400 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
3	Keith Turner	Freshman	Cuyamaca	49.51
7	Dandre Weaver	Freshman	Antelope Valley	51.32
12	Alan Fjeldsted	Freshman	Southwestern	51.98
13	Chris Montiejunas	Freshman	San Diego Mesa	52.24
17	Reginald Jones	Freshman	San Bernardino Valley	53.10
22	Amir Mustafa	Freshman	San Bernardino Valley	57.21
23	Dwight Ortiz	Freshman	Rio Hondo	57.57

Men's 400 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
4	IFEANYI NNORUKA	Sophomore	Chaffey	50.36
9	Estevan Galindo	Freshman	San Diego Mesa	51.82
14	David Rivers	Freshman	San Bernardino Valley	52.69
16	Pedro Quevedo	Freshman	Cuyamaca	52.96
21	Jorge Zamora	Freshman	San Diego Mesa	56.30
24	Isaac Thomas	Freshman	Cuyamaca	57.77

Men's 400 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
2	Elliott Sanders	Freshman	Cuyamaca	49.22
6	Edwin Aguilar	Sophomore	Southwestern	51.12
11	David Hernandez	Sophomore	Southwestern	51.96
20	Olugbenga Eshugbohungebe	Freshman	Southwestern	55.62
25	Daniel Ibarra	Freshman	Rio Hondo	1:01.10

Men's 400 Meters Preliminaries Heat 4

PL	NAME	YEAR	TEAM	TIME
1	MARCUS V. MINLEY	Sophomore	Chaffey	49.12
5	Niko Salazar	Sophomore	Southwestern	50.62
8	DONTRELL R. JACKSON	Freshman	Chaffey	51.77
10	KYLE P. MARSHALL	Freshman	Chaffey	51.85
15	Juan Fugon	Freshman	Antelope Valley	52.76
18	Alexander Oleata	Sophomore	Southwestern	53.59
19	Zufar Liggins	Freshman	Antelope Valley	54.37
26	Jose Garcia	Freshman	Rio Hondo	1:01.33

Men's 800 Meters Finals

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Alfred Haslerig	Freshman	Southwestern	1:55.76	10
2	Martin Sanchez	Freshman	San Bernardino Valley	2:00.42	8
3	Jesse Beason	Freshman	Cuyamaca	2:01.33	6
4	Alejandro Aparicio	Freshman	Southwestern	2:01.38	5
5	Kris Knerr	Sophomore	Antelope Valley	2:01.81	4
6	Sergio McGirr	Freshman	San Diego Mesa	2:02.27	3
7	Edwin Aguilar	Sophomore	Southwestern	2:06.03	2
8	Tanner Jorgenson	Freshman	San Diego Mesa	2:07.65	1

Men's 800 Meters Preliminaries

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME
1	Alfred Haslerig	Freshman	Southwestern	2:00.04
2	Martin Sanchez	Freshman	San Bernardino Valley	2:01.18
3	Edwin Aguilar	Sophomore	Southwestern	2:02.96
4	DEVIN ADEBAYO	Sophomore	Chaffey	2:01.37
5	Jesse Beason	Freshman	Cuyamaca	2:02.40
6	Kris Knerr	Sophomore	Antelope Valley	2:03.42
7	Deng Akuien	Freshman	San Diego Mesa	2:04.23
8	Alejandro Aparicio	Freshman	Southwestern	2:04.45
9	Sergio McGirr	Freshman	San Diego Mesa	2:05.55
10	Temsegen Petros	Freshman	San Diego Mesa	2:06.49
11	Tanner Jorgenson	Freshman	San Diego Mesa	2:07.42
12	Mason Westphal	Sophomore	San Diego Mesa	2:08.85
13	Robert Gusich	Freshman	Cuyamaca	2:11.08
14	CORNEL JACK	Freshman	Chaffey	2:12.29
15	Jared Pasquarella	Freshman	San Diego Mesa	2:14.09
16	SEAN M. BURE	Freshman	Chaffey	2:16.02
17	Mohamed Hirey	Freshman	San Diego Mesa	2:16.82
18	Freddy Lopez	Freshman	San Diego Mesa	2:19.61
19	Richard Le	Freshman	San Diego Mesa	2:21.00
20	Olugbenga Eshugbohunge	Freshman	Southwestern	2:25.05

Men's 800 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Alfred Haslerig	Freshman	Southwestern	2:00.04
4	DEVIN ADEBAYO	Sophomore	Chaffey	2:01.37
8	Alejandro Aparicio	Freshman	Southwestern	2:04.45
10	Temsegen Petros	Freshman	San Diego Mesa	2:06.49
13	Robert Gusich	Freshman	Cuyamaca	2:11.08
14	CORNEL JACK	Freshman	Chaffey	2:12.29

Men's 800 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Martin Sanchez	Freshman	San Bernardino Valley	2:01.18
5	Jesse Beason	Freshman	Cuyamaca	2:02.40
9	Sergio McGirr	Freshman	San Diego Mesa	2:05.55
15	Jared Pasquarella	Freshman	San Diego Mesa	2:14.09
16	SEAN M. BURE	Freshman	Chaffey	2:16.02
19	Richard Le	Freshman	San Diego Mesa	2:21.00

Men's 800 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
3	Edwin Aguilar	Sophomore	Southwestern	2:02.96
6	Kris Knerr	Sophomore	Antelope Valley	2:03.42
7	Deng Akuien	Freshman	San Diego Mesa	2:04.23
11	Tanner Jorgenson	Freshman	San Diego Mesa	2:07.42
12	Mason Westphal	Sophomore	San Diego Mesa	2:08.85
17	Mohamed Hirey	Freshman	San Diego Mesa	2:16.82
18	Freddy Lopez	Freshman	San Diego Mesa	2:19.61
20	Olugbenga Eshugbohunge	Freshman	Southwestern	2:25.05

Men's 1500 Meters Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Martin Sanchez	Freshman	San Bernardino Valley	4:02.35	10
2	Sam Sanchez	Freshman	San Bernardino Valley	4:05.92	8
3	Connor Betancourt	Sophomore	San Diego Mesa	4:07.14	6
4	Travis Nemchik	Freshman	San Bernardino Valley	4:07.83	5
5	Jesse Beason	Freshman	Cuyamaca	4:09.30	4
6	Pedro Zaragoza	Freshman	Antelope Valley	4:10.04	3
7	Alejandro Aparicio	Freshman	Southwestern	4:12.02	2
8	Maninder Sohal	Freshman	Antelope Valley	4:17.29	1
9	Dahir Mohamed	Freshman	Southwestern	4:25.12	-
10	William Gonzales	Freshman	Southwestern	4:29.54	-
11	Gabe Martinez	Freshman	Antelope Valley	4:32.90	-
12	Victor Munoz	Freshman	Southwestern	4:35.42	-

Men's 1500 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Sam Sanchez	Freshman	San Bernardino Valley	4:09.79
2	Jesse Beason	Freshman	Cuyamaca	4:11.78
3	Travis Nemchik	Freshman	San Bernardino Valley	4:12.21
4	Pedro Zaragoza	Freshman	Antelope Valley	4:13.77
5	Martin Sanchez	Freshman	San Bernardino Valley	4:14.35
6	Deng Akuien	Freshman	San Diego Mesa	4:17.59
7	Dahir Mohamed	Freshman	Southwestern	4:17.77
8	Connor Betancourt	Sophomore	San Diego Mesa	4:19.71
9	Maninder Sohal	Freshman	Antelope Valley	4:21.38
10	Alejandro Aparicio	Freshman	Southwestern	4:28.40
11	Victor Munoz	Freshman	Southwestern	4:31.93
12	Gabe Martinez	Freshman	Antelope Valley	4:34.75
13	William Gonzales	Freshman	Southwestern	4:36.07
14	Jared Pasquarella	Freshman	San Diego Mesa	4:56.46
15	Adam Sanchez	Freshman	San Bernardino Valley	5:09.91
16	STEVEN CASTELLO	Freshman	Chaffey	5:12.66


Men's 1500 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
4	Pedro Zaragoza	Freshman	Antelope Valley	4:13.77
7	Dahir Mohamed	Freshman	Southwestern	4:17.77
8	Connor Betancourt	Sophomore	San Diego Mesa	4:19.71
9	Maninder Sohal	Freshman	Antelope Valley	4:21.38
10	Alejandro Aparicio	Freshman	Southwestern	4:28.40
11	Victor Munoz	Freshman	Southwestern	4:31.93
15	Adam Sanchez	Freshman	San Bernardino Valley	5:09.91
16	STEVEN CASTELLO	Freshman	Chaffey	5:12.66

Men's 1500 Meters Preliminaries Heat 2


PL	NAME	YEAR	TEAM	TIME
1	Sam Sanchez	Freshman	San Bernardino Valley	4:09.79
2	Jesse Beason	Freshman	Cuyamaca	4:11.78
3	Travis Nemchik	Freshman	San Bernardino Valley	4:12.21
5	Martin Sanchez	Freshman	San Bernardino Valley	4:14.35
6	Deng Akuien	Freshman	San Diego Mesa	4:17.59
12	Gabe Martinez	Freshman	Antelope Valley	4:34.75
13	William Gonzales	Freshman	Southwestern	4:36.07
14	Jared Pasquarella	Freshman	San Diego Mesa	4:56.46

Men's 5000 Meters

 Top ↑


PL	NAME	YEAR	TEAM	TIME	SC
1	Art Parra	Sophomore	San Bernardino Valley	15:18.87	10
2	Raymond Dominguez	Freshman	San Bernardino Valley	15:26.94	8
3	Dahir Mohamed	Freshman	Southwestern	15:42.87	6
4	Sam Sanchez	Freshman	San Bernardino Valley	15:43.68	5
5	Julian Lopez	Freshman	San Bernardino Valley	15:54.93	4
6	Ryan McMonigle	Sophomore	San Diego Mesa	15:58.27	3
7	Devin Stocksdales	Freshman	San Bernardino Valley	16:09.49	2
8	Connor Betancourt	Sophomore	San Diego Mesa	16:22.00	1
9	Pedro Zaragoza	Freshman	Antelope Valley	16:41.71	-
10	Michael Gorney	Freshman	Cuyamaca	16:54.48	-
11	Charlie Trucchi	Freshman	San Diego Mesa	16:55.52	-
12	William Gonzales	Freshman	Southwestern	16:58.19	-
13	Maninder Sohal	Freshman	Antelope Valley	17:08.43	-
14	Joel Carrillo	Freshman	Rio Hondo	17:12.16	-
15	Victor Munoz	Freshman	Southwestern	17:19.02	-
16	Alejandro Aparicio	Freshman	Southwestern	17:28.26	-
17	Jared Pasquarella	Freshman	San Diego Mesa	18:41.46	-
18	Richard Le	Freshman	San Diego Mesa	19:47.31	-
19	Adam Sanchez	Freshman	San Bernardino Valley	20:05.72	-
	Ulises Aquino	Freshman	Antelope Valley	NT	-
	Gabe Martinez	Freshman	Antelope Valley	NT	-
	Josiah Downer	Sophomore	Antelope Valley	NT	-
	Jesse Beason	Freshman	Cuyamaca	NT	-
	Travis Nemchik	Freshman	San Bernardino Valley	NT	-

Men's 10,000 Meters

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Dahir Mohamed	Freshman	Southwestern	34:05.45	10
2	Raymond Dominguez	Freshman	San Bernardino Valley	34:41.09	8
3	Julian Lopez	Freshman	San Bernardino Valley	34:43.88	6
4	Art Parra	Sophomore	San Bernardino Valley	35:06.37	5
5	Ryan McMonigle	Sophomore	San Diego Mesa	35:15.68	4
6	Josiah Downer	Sophomore	Antelope Valley	35:20.40	3
7	Michael Gorney	Freshman	Cuyamaca	35:29.31	2
8	Victor Munoz	Freshman	Southwestern	36:13.13	1
9	Joel Carrillo	Freshman	Rio Hondo	36:19.61	-
10	Charlie Trucchi	Freshman	San Diego Mesa	37:23.50	-
11	Alejandro Aparicio	Freshman	Southwestern	37:31.66	-
12	William Gonzales	Freshman	Southwestern	37:55.44	-
13	Luis Macias	Freshman	Rio Hondo	40:11.32	-

Men's 110 Hurdles Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Elijah Muhammad	Freshman	Southwestern	14.68	10
2	James Rollings	Freshman	Cuyamaca	14.90	8
3	Justin Gibbons	Freshman	San Diego Mesa	15.38	6
4	King Imani	Freshman	San Bernardino Valley	15.41	5
5	RICO HENDRIX	Sophomore	Chaffey	15.69	4
6	Marcus Williams	Freshman	San Bernardino Valley	16.39	3
7	Devin Manker	Freshman	San Bernardino Valley	16.97	2
8	Alfredo Rojas	Freshman	Rio Hondo	20.52	1

Men's 110 Hurdles Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Elijah Muhammad	Freshman	Southwestern	14.74
2	James Rollings	Freshman	Cuyamaca	15.48
3	King Imani	Freshman	San Bernardino Valley	15.54
4	Justin Gibbons	Freshman	San Diego Mesa	15.61
5	Marcus Williams	Freshman	San Bernardino Valley	16.12
6	RICO HENDRIX	Sophomore	Chaffey	16.31
7	Devin Manker	Freshman	San Bernardino Valley	17.14
8	Wilber Camacho	Freshman	Southwestern	17.87
9	Alfredo Rojas	Freshman	Rio Hondo	20.88
10	Sergio Amaya	Freshman	Cuyamaca	21.42
11	Frank Chan	Freshman	Cuyamaca	22.72
	ANDREW C. WEAKLEY	Freshman	Chaffey	NT
	BRANDON D. SKINNER	Freshman	Chaffey	NT

Men's 110 Hurdles Preliminaries Heat 1

W: -3.5

PL	NAME	YEAR	TEAM	TIME
1	Elijah Muhammad	Freshman	Southwestern	14.74
4	Justin Gibbons	Freshman	San Diego Mesa	15.61
6	RICO HENDRIX	Sophomore	Chaffey	16.31
10	Sergio Amaya	Freshman	Cuyamaca	21.42
	ANDREW C. WEAKLEY	Freshman	Chaffey	NT
	BRANDON D. SKINNER	Freshman	Chaffey	NT

Men's 110 Hurdles Preliminaries Heat 2

W: -2.9

PL	NAME	YEAR	TEAM	TIME
2	James Rollings	Freshman	Cuyamaca	15.48
3	King Imani	Freshman	San Bernardino Valley	15.54
5	Marcus Williams	Freshman	San Bernardino Valley	16.12
7	Devin Manker	Freshman	San Bernardino Valley	17.14
8	Wilber Camacho	Freshman	Southwestern	17.87
9	Alfredo Rojas	Freshman	Rio Hondo	20.88
11	Frank Chan	Freshman	Cuyamaca	22.72

Men's 400 Hurdles Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	ANDREW C. WEAKLEY	Freshman	Chaffey	54.54	10
2	Niko Salazar	Sophomore	Southwestern	55.09	8
3	King Imani	Freshman	San Bernardino Valley	55.85	6
4	Elijah Muhammad	Freshman	Southwestern	56.92	5
5	AVERY L. TERRY	Freshman	Chaffey	59.61	4
6	James Rollings	Freshman	Cuyamaca	1:02.15	3
7	Stevie Littleton	Sophomore	Antelope Valley	1:03.70	2

Men's 400 Hurdles Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	ANDREW C. WEAKLEY	Freshman	Chaffey	54.35
2	Niko Salazar	Sophomore	Southwestern	54.69
3	King Imani	Freshman	San Bernardino Valley	54.59
4	Anthony Hasson	Sophomore	Antelope Valley	55.47
5	James Rollings	Freshman	Cuyamaca	56.53
6	AVERY L. TERRY	Freshman	Chaffey	56.73
7	Stevie Littleton	Sophomore	Antelope Valley	57.58
8	Elijah Muhammad	Freshman	Southwestern	57.88
9	Robert Navarro	Freshman	San Diego Mesa	58.10
10	David Hernandez	Sophomore	Southwestern	58.90
11	Alan Fjeldsted	Freshman	Southwestern	1:01.81
12	Cristin Ybarra	Freshman	Rio Hondo	1:04.92
13	Devin Manker	Freshman	San Bernardino Valley	1:04.98
14	Wilber Camacho	Freshman	Southwestern	1:05.64
15	Russell Crick	Freshman	Rio Hondo	1:06.53
16	Alfredo Rojas	Freshman	Rio Hondo	1:16.64


Men's 400 Hurdles Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
2	Niko Salazar	Sophomore	Southwestern	54.69
6	AVERY L. TERRY	Freshman	Chaffey	56.73
7	Stevie Littleton	Sophomore	Antelope Valley	57.58
8	Elijah Muhammad	Freshman	Southwestern	57.88
13	Devin Manker	Freshman	San Bernardino Valley	1:04.98
14	Wilber Camacho	Freshman	Southwestern	1:05.64
16	Alfredo Rojas	Freshman	Rio Hondo	1:16.64

Men's 400 Hurdles Preliminaries Heat 2


PL	NAME	YEAR	TEAM	TIME
1	ANDREW C. WEAKLEY	Freshman	Chaffey	54.35
3	King Imani	Freshman	San Bernardino Valley	54.59
4	Anthony Hasson	Sophomore	Antelope Valley	55.47
5	James Rollings	Freshman	Cuyamaca	56.53
9	Robert Navarro	Freshman	San Diego Mesa	58.10
10	David Hernandez	Sophomore	Southwestern	58.90
11	Alan Fjeldsted	Freshman	Southwestern	1:01.81
12	Cristin Ybarra	Freshman	Rio Hondo	1:04.92
15	Russell Crick	Freshman	Rio Hondo	1:06.53

Men's 3000 Steeplechase

 Top ↑


PL	NAME	YEAR	TEAM	TIME	SC
1	Dahir Mohamed	Freshman	Southwestern	9:31.22	10
2	Ulises Aquino	Freshman	Antelope Valley	9:37.45	8
3	Devin Stocksdale	Freshman	San Bernardino Valley	9:38.22	6
4	Deng Akuien	Freshman	San Diego Mesa	9:49.28	5
5	Nicholas Haines	Freshman	Cuyamaca	10:07.20	4
6	Joel Carrillo	Freshman	Rio Hondo	10:29.04	3
7	William Gonzales	Freshman	Southwestern	10:34.20	2
8	Robert Gusich	Freshman	Cuyamaca	10:36.30	1
9	Fritz Vieane	Freshman	Antelope Valley	11:02.94	-
10	Mason Westphal	Sophomore	San Diego Mesa	11:12.01	-
11	Cristin Ybarra	Freshman	Rio Hondo	11:22.28	-
	Jeremy Holman	Sophomore	Southwestern	NT	-
	Russell Crick	Freshman	Rio Hondo	NT	-

Men's 4 x 100 Relay

 Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Antelope Valley	Tavion Burke, Ryan Butts, Jacob Craig, Devon Whitson	41.33	10
2	San Diego Mesa	Kenyon Morris, Justin Gibbons, Qualin Simmons, Antonie Jackson	42.36	8
3	Southwestern	Niko Salazar, Raymond Hart, Edwin Aguilar, Elliot Taylor	42.54	6
4	Chaffey	Manessiah Lewis, Lance Brown, Marcus V. Minley, Jared K DeMOSS	42.7	5
5	San Bernardino Valley	Darrell Peeden, Kevin Jones, King Imani, Daniel Peeden	42.98	4
6	Cuyamaca	Keith Turner, Elliott Sanders, Dustin Driscoll, James Rollings	43.98	3
7	Rio Hondo	Daniel Ibarra, Dwight Ortiz, Cristin Ybarra, Carlos Gutierrez	49.51	2

Men's 4 x 400 Relay

 Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Chaffey	Michael Curry, Marcus V. Minley, Avery L. Terry, Ifeanyi Nnoruka	3:17.81	10
2	Antelope Valley	Ryan Butts, Anthony Hasson, Tavion Burke, Dandre Weaver	3:22.59	8
3	Southwestern	Niko Salazar, Edwin Aguilar, Alfred Haslerig, David Hernandez	3:22.78	6
4	San Diego Mesa	Chris Montiejunas, Estevan Galindo, Sean Estes-Carroll, Justin Gibbons	3:27.71	5
5	Rio Hondo	Russell Crick, Cristin Ybarra, Joel Carrillo, Jose Garcia	3:58.18	4

Men's High Jump

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	MICHAEL CURRY	Sophomore	Chaffey	6' 6"	1.98m	10
2	Jason Logan	Freshman	Antelope Valley	6' 4"	1.93m	8
3	Khalil Henry	Freshman	Cuyamaca	6' 4"	1.93m	6
4	RICO HENDRIX	Sophomore	Chaffey	6' 0"	1.82m	5
5	THOMAS M. CURRY	Freshman	Chaffey	6' 0"	1.82m	4
6	Billy Carter	Freshman	San Diego Mesa	5' 10"	1.77m	3
7	Micah Young	Freshman	San Diego Mesa	5' 8"	1.72m	1.5
7	Kevin Jones	Freshman	San Bernardino Valley	5' 8"	1.72m	1.5
9	Charley Yoeun	Freshman	Southwestern	5' 8"	1.72m	-
10	Devin Manker	Freshman	San Bernardino Valley	5' 5"	1.65m	-
11	Sam Smith	Freshman	Southwestern	5' 5"	1.65m	-
12	Thanh Ly	Sophomore	Cuyamaca	5' 4"	1.62m	-
13	Marshawn Lacy	Freshman	San Bernardino Valley	5' 0"	1.52m	-
	Justin Gibbons	Freshman	San Diego Mesa	NH	NH	-
	Sergio Amaya	Freshman	Cuyamaca	NH	NH	-

Men's High Jump Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
6	Billy Carter	Freshman	San Diego Mesa	5' 10"	1.77m	3
7	Micah Young	Freshman	San Diego Mesa	5' 8"	1.72m	1.5
7	Kevin Jones	Freshman	San Bernardino Valley	5' 8"	1.72m	1.5
9	Charley Yoeun	Freshman	Southwestern	5' 8"	1.72m	-
10	Devin Manker	Freshman	San Bernardino Valley	5' 5"	1.65m	-
11	Sam Smith	Freshman	Southwestern	5' 5"	1.65m	-
13	Marshawn Lacy	Freshman	San Bernardino Valley	5' 0"	1.52m	-
	Sergio Amaya	Freshman	Cuyamaca	NH	NH	-

Men's High Jump Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	MICHAEL CURRY	Sophomore	Chaffey	6' 6"	1.98m	10
2	Jason Logan	Freshman	Antelope Valley	6' 4"	1.93m	8
3	Khalil Henry	Freshman	Cuyamaca	6' 4"	1.93m	6
4	RICO HENDRIX	Sophomore	Chaffey	6' 0"	1.82m	5
5	THOMAS M. CURRY	Freshman	Chaffey	6' 0"	1.82m	4
12	Thanh Ly	Sophomore	Cuyamaca	5' 4"	1.62m	-
	Justin Gibbons	Freshman	San Diego Mesa	NH	NH	-

Men's Pole Vault

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Mattia Cimolin	Freshman	San Diego Mesa	4.14m	13' 7"	10
2	ANTHONY CHEEKS	Freshman	Chaffey	4.09m	13' 5"	7
2	Kameron Turner	Freshman	Antelope Valley	4.09m	13' 5"	7
4	Alexander Oleata	Sophomore	Southwestern	3.79m	12' 5.25"	4.5
4	Robert Acosta	Freshman	Cuyamaca	3.79m	12' 5.25"	4.5
6	Lorne Semrau	Freshman	San Diego Mesa	3.34m	10' 11.5"	3
7	Julien Horspool	Freshman	San Diego Mesa	2.74m	8' 11.75"	2
8	Frank Chan	Freshman	Cuyamaca	2.59m	8' 6"	1

Men's Long Jump

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Ryan Butts	Sophomore	Antelope Valley	24' 3.75"	7.41m	10
2	MICHAEL CURRY	Sophomore	Chaffey	22' 8.5"	6.92m	8
3	Qualin Simmons	Freshman	San Diego Mesa	22' 6.75"	6.87m	6
4	Terrell Moore	Freshman	Cuyamaca	22' 5.25"	6.83m	5
5	DESMUND D. NEWTON	Freshman	Chaffey	22' 5"	6.83m	4
6	MANESSIAH LEWIS	Freshman	Chaffey	22' 5"	6.83m	3
7	RICO HENDRIX	Sophomore	Chaffey	21' 11"	6.68m	2
8	Marcus Williams	Freshman	San Bernardino Valley	21' 4.75"	6.52m	1
9	Alexander Oleata	Sophomore	Southwestern	20' 6"	6.24m	-
10	Micah Young	Freshman	San Diego Mesa	20' 4.5"	6.21m	-
11	Sam Smith	Freshman	Southwestern	20' 2"	6.14m	-
12	Charley Yoeun	Freshman	Southwestern	20' 1.25"	6.12m	-
13	Justin Gibbons	Freshman	San Diego Mesa	20' 0.25"	6.10m	-
14	Billy Carter	Freshman	San Diego Mesa	19' 6.25"	5.94m	-
15	Jonathan Smith	Freshman	Antelope Valley	19' 6"	5.94m	-
16	Errick Smith	Freshman	Antelope Valley	19' 5"	5.91m	-
17	Kevin Jones	Freshman	San Bernardino Valley	19' 4.5"	5.90m	-
18	IKE OFO	Sophomore	Chaffey	19' 4.25"	5.89m	-
19	THOMAS M. CURRY	Freshman	Chaffey	19' 1.25"	5.82m	-
20	Willie Judkins	Freshman	Southwestern	19' 0"	5.79m	-
21	Devin Manker	Freshman	San Bernardino Valley	18' 11.75"	5.78m	-
22	TRAVON HUTCHINSON	Freshman	Chaffey	18' 5.5"	5.62m	-
23	Thanh Ly	Sophomore	Cuyamaca	17' 10.5"	5.44m	-
23	ALLAN L. LEWIS	Freshman	Chaffey	17' 10.5"	5.44m	-
25	Dwight Ortiz	Freshman	Rio Hondo	17' 7.25"	5.36m	-
26	Robert Acosta	Freshman	Cuyamaca	17' 2.75"	5.25m	-
27	Keith Sherman	Freshman	San Diego Mesa	17' 2.25"	5.23m	-
28	Sergio Amaya	Freshman	Cuyamaca	17' 0.25"	5.18m	-
29	Mohamed Hirey	Freshman	San Diego Mesa	14' 10.25"	4.52m	-
30	Carlos Gutierrez	Freshman	Rio Hondo	14' 7.75"	4.46m	-
31	Frank Chan	Freshman	Cuyamaca	13' 3"	4.03m	-
	Larry Spears	Freshman	San Diego Mesa	NM	NM	-
	BRIAN L. FRAZIER	Freshman	Chaffey	NM	NM	-

Men's Long Jump Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	Marcus Williams	Freshman	San Bernardino Valley	21' 4.75"	6.52m	1
16	Errick Smith	Freshman	Antelope Valley	19' 5"	5.91m	-

Men's Long Jump Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
10	Micah Young	Freshman	San Diego Mesa	20' 4.5"	6.21m	-
12	Charley Yoeun	Freshman	Southwestern	20' 1.25"	6.12m	-
17	Kevin Jones	Freshman	San Bernardino Valley	19' 4.5"	5.90m	-
19	THOMAS M. CURRY	Freshman	Chaffey	19' 1.25"	5.82m	-
21	Devin Manker	Freshman	San Bernardino Valley	18' 11.75"	5.78m	-
26	Robert Acosta	Freshman	Cuyamaca	17' 2.75"	5.25m	-
31	Frank Chan	Freshman	Cuyamaca	13' 3"	4.03m	-

Men's Long Jump Flight 3

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
9	Alexander Oleata	Sophomore	Southwestern	20' 6"	6.24m	-
23	ALLAN L. LEWIS	Freshman	Chaffey	17' 10.5"	5.44m	-
25	Dwight Ortiz	Freshman	Rio Hondo	17' 7.25"	5.36m	-
27	Keith Sherman	Freshman	San Diego Mesa	17' 2.25"	5.23m	-
28	Sergio Amaya	Freshman	Cuyamaca	17' 0.25"	5.18m	-
29	Mohamed Hirey	Freshman	San Diego Mesa	14' 10.25"	4.52m	-
30	Carlos Gutierrez	Freshman	Rio Hondo	14' 7.75"	4.46m	-
	Larry Spears	Freshman	San Diego Mesa	NM	NM	-

Men's Long Jump Flight 4

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	RICO HENDRIX	Sophomore	Chaffey	21' 11"	6.68m	2
14	Billy Carter	Freshman	San Diego Mesa	19' 6.25"	5.94m	-
15	Jonathan Smith	Freshman	Antelope Valley	19' 6"	5.94m	-
18	IKE OFO	Sophomore	Chaffey	19' 4.25"	5.89m	-
20	Willie Judkins	Freshman	Southwestern	19' 0"	5.79m	-
22	TRAVON HUTCHINSON	Freshman	Chaffey	18' 5.5"	5.62m	-
	BRIAN L. FRAZIER	Freshman	Chaffey	NM	NM	-

Men's Long Jump Flight 5

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Ryan Butts	Sophomore	Antelope Valley	24' 3.75"	7.41m	10
2	MICHAEL CURRY	Sophomore	Chaffey	22' 8.5"	6.92m	8
3	Qualin Simmons	Freshman	San Diego Mesa	22' 6.75"	6.87m	6
4	Terrell Moore	Freshman	Cuyamaca	22' 5.25"	6.83m	5
5	DESMUND D. NEWTON	Freshman	Chaffey	22' 5"	6.83m	4
6	MANESSIAH LEWIS	Freshman	Chaffey	22' 5"	6.83m	3
11	Sam Smith	Freshman	Southwestern	20' 2"	6.14m	-
13	Justin Gibbons	Freshman	San Diego Mesa	20' 0.25"	6.10m	-
23	Thanh Ly	Sophomore	Cuyamaca	17' 10.5"	5.44m	-

Men's Triple Jump

 Top↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Devin Manker	Freshman	San Bernardino Valley	13.76m	45' 1.75"	10
2	Sam Smith	Freshman	Southwestern	13.42m	44' 0.5"	8
3	Qualin Simmons	Freshman	San Diego Mesa	13.28m	43' 7"	6
4	Micah Young	Freshman	San Diego Mesa	13.24m	43' 5.25"	5
5	DESMUND D. NEWTON	Freshman	Chaffey	13.19m	43' 3.25"	4
6	TRAVON HUTCHINSON	Freshman	Chaffey	13.18m	43' 3"	3
7	IKE OFO	Sophomore	Chaffey	13.09m	42' 11.5"	2
8	Billy Carter	Freshman	San Diego Mesa	13.01m	42' 8.25"	1
9	Terrell Moore	Freshman	Cuyamaca	12.63m	41' 5.25"	-
10	BRIAN L. FRAZIER	Freshman	Chaffey	12.18m	39' 11.5"	-
11	MANESSIAH LEWIS	Freshman	Chaffey	12.15m	39' 10.5"	-
12	Jonathan Smith	Freshman	Antelope Valley	11.94m	39' 2.25"	-
13	Justin Gibbons	Freshman	San Diego Mesa	11.93m	39' 1.75"	-
13	Raymond Hart	Freshman	Southwestern	11.93m	39' 1.75"	-
15	Dwight Ortiz	Freshman	Rio Hondo	11.08m	36' 4.25"	-
16	Carlos Gutierrez	Freshman	Rio Hondo	9.50m	31' 2"	-
17	Frank Chan	Freshman	Cuyamaca	9.08m	29' 9.5"	-
	Sergio Amaya	Freshman	Cuyamaca	NM	NM	-
	Errick Smith	Freshman	Antelope Valley	NM	NM	-
	Larry Spears	Freshman	San Diego Mesa	NM	NM	-
	Julien Horspool	Freshman	San Diego Mesa	NM	NM	-
	Olugbenga Eshugbohungebe	Freshman	Southwestern	NM	NM	-
	Torian Winfrey	Freshman	Southwestern	NM	NM	-

Men's Triple Jump Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
5	DESMUND D. NEWTON	Freshman	Chaffey	13.19m	43' 3.25"	4
13	Raymond Hart	Freshman	Southwestern	11.93m	39' 1.75"	-
17	Frank Chan	Freshman	Cuyamaca	9.08m	29' 9.5"	-
	Torian Winfrey	Freshman	Southwestern	NM	NM	-
	Sergio Amaya	Freshman	Cuyamaca	NM	NM	-

Men's Triple Jump Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	IKE OFO	Sophomore	Chaffey	13.09m	42' 11.5"	2
11	MANESSIAH LEWIS	Freshman	Chaffey	12.15m	39' 10.5"	-
12	Jonathan Smith	Freshman	Antelope Valley	11.94m	39' 2.25"	-
15	Dwight Ortiz	Freshman	Rio Hondo	11.08m	36' 4.25"	-
16	Carlos Gutierrez	Freshman	Rio Hondo	9.50m	31' 2"	-
	Olugbenga Eshugbohungebe	Freshman	Southwestern	NM	NM	-
	Julien Horspool	Freshman	San Diego Mesa	NM	NM	-
	Larry Spears	Freshman	San Diego Mesa	NM	NM	-
	Errick Smith	Freshman	Antelope Valley	NM	NM	-

Men's Triple Jump Flight 3

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Devin Manker	Freshman	San Bernardino Valley	13.76m	45' 1.75"	10
2	Sam Smith	Freshman	Southwestern	13.42m	44' 0.5"	8
3	Qualin Simmons	Freshman	San Diego Mesa	13.28m	43' 7"	6
4	Micah Young	Freshman	San Diego Mesa	13.24m	43' 5.25"	5
6	TRAVON HUTCHINSON	Freshman	Chaffey	13.18m	43' 3"	3
8	Billy Carter	Freshman	San Diego Mesa	13.01m	42' 8.25"	1
9	Terrell Moore	Freshman	Cuyamaca	12.63m	41' 5.25"	-
10	BRIAN L. FRAZIER	Freshman	Chaffey	12.18m	39' 11.5"	-
13	Justin Gibbons	Freshman	San Diego Mesa	11.93m	39' 1.75"	-

Men's Shot Put

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Derek Harrebo mee	Sophomore	Cuyamaca	46' 8"	14.22m	10
2	Stephen Rubio	Freshman	Cuyamaca	43' 2.5"	13.16m	8
3	Carson Hendryx	Sophomore	Cuyamaca	42' 6.5"	12.96m	6
4	JORDAN MUSE	Sophomore	Chaffey	38' 11"	11.86m	5
5	Brandon Jilka	Freshman	San Diego Mesa	38' 8.5"	11.79m	4
6	Christian Jacobs	Freshman	San Diego Mesa	38' 4.5"	11.69m	3
7	Matthew Villalobos	Freshman	Antelope Valley	37' 10.5"	11.54m	2
8	Nick Diaz	Freshman	San Diego Mesa	37' 8.5"	11.49m	1
9	Willie Judkins	Freshman	Southwestern	36' 3"	11.04m	-
10	Lucas Oliveira	Freshman	San Diego Mesa	31' 6.75"	9.62m	-
11	Jeremy Holman	Sophomore	Southwestern	31' 6"	9.60m	-
12	William Holloway	Sophomore	Southwestern	30' 2.5"	9.20m	-
13	Garrett Giles	Freshman	Cuyamaca	29' 3.5"	8.92m	-
14	Russell Crick	Freshman	Rio Hondo	26' 1"	7.95m	-
15	Jose Garcia	Freshman	Rio Hondo	23' 8.5"	7.22m	-

Men's Shot Put Flight 1

Men's Shot Put Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
4	JORDAN MUSE	Sophomore	Chaffey	38' 11"	11.86m	5
11	Jeremy Holman	Sophomore	Southwestern	31' 6"	9.60m	-
12	William Holloway	Sophomore	Southwestern	30' 2.5"	9.20m	-
13	Garrett Giles	Freshman	Cuyamaca	29' 3.5"	8.92m	-
14	Russell Crick	Freshman	Rio Hondo	26' 1"	7.95m	-
15	Jose Garcia	Freshman	Rio Hondo	23' 8.5"	7.22m	-

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Derek Harrebo mee	Sophomore	Cuyamaca	46' 8"	14.22m	10
2	Stephen Rubio	Freshman	Cuyamaca	43' 2.5"	13.16m	8
3	Carson Hendryx	Sophomore	Cuyamaca	42' 6.5"	12.96m	6
5	Brandon Jilka	Freshman	San Diego Mesa	38' 8.5"	11.79m	4
6	Christian Jacobs	Freshman	San Diego Mesa	38' 4.5"	11.69m	3
7	Matthew Villalobos	Freshman	Antelope Valley	37' 10.5"	11.54m	2
8	Nick Diaz	Freshman	San Diego Mesa	37' 8.5"	11.49m	1
9	Willie Judkins	Freshman	Southwestern	36' 3"	11.04m	-
10	Lucas Oliveira	Freshman	San Diego Mesa	31' 6.75"	9.62m	-

Men's Discus

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Derek Harrebo mee	Sophomore	Cuyamaca	46.03m	151' 0"	10
2	Matthew Villalobos	Freshman	Antelope Valley	41.43m	135' 11"	8
3	Carson Hendryx	Sophomore	Cuyamaca	38.55m	126' 6"	6
4	Stephen Rubio	Freshman	Cuyamaca	37.59m	123' 4"	5
5	Brandon Jilka	Freshman	San Diego Mesa	37.05m	121' 7"	4
6	William Holloway	Sophomore	Southwestern	32.22m	105' 8"	3
7	Nick Diaz	Freshman	San Diego Mesa	32.11m	105' 4"	2
8	Christian Jacobs	Freshman	San Diego Mesa	30.54m	100' 2"	1
9	Alexander Oleata	Sophomore	Southwestern	22.87m	75' 0"	-
10	Willie Judkins	Freshman	Southwestern	22.46m	73' 8"	-
11	Garrett Giles	Freshman	Cuyamaca	21.82m	71' 7"	-
12	Lucas Oliveira	Freshman	San Diego Mesa	20.03m	65' 8"	-
	Kyle Christie	Freshman	San Diego Mesa	NM	NM	-

Men's Discus Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	Nick Diaz	Freshman	San Diego Mesa	32.11m	105' 4"	2
9	Alexander Oleata	Sophomore	Southwestern	22.87m	75' 0"	-
10	Willie Judkins	Freshman	Southwestern	22.46m	73' 8"	-
11	Garrett Giles	Freshman	Cuyamaca	21.82m	71' 7"	-
12	Lucas Oliveira	Freshman	San Diego Mesa	20.03m	65' 8"	-

Men's Discus Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Derek Harrebomee	Sophomore	Cuyamaca	46.03m	151' 0"	10
2	Matthew Villalobos	Freshman	Antelope Valley	41.43m	135' 11"	8
3	Carson Hendryx	Sophomore	Cuyamaca	38.55m	126' 6"	6
4	Stephen Rubio	Freshman	Cuyamaca	37.59m	123' 4"	5
5	Brandon Jilka	Freshman	San Diego Mesa	37.05m	121' 7"	4
6	William Holloway	Sophomore	Southwestern	32.22m	105' 8"	3
8	Christian Jacobs	Freshman	San Diego Mesa	30.54m	100' 2"	1
	Kyle Christie	Freshman	San Diego Mesa	NM	NM	-

Men's Hammer

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Derek Harrebomee	Sophomore	Cuyamaca	168' 7"	51.38m	10
2	Matthew Villalobos	Freshman	Antelope Valley	153' 9"	46.86m	8
3	Carson Hendryx	Sophomore	Cuyamaca	144' 11"	44.17m	6
4	Stephen Rubio	Freshman	Cuyamaca	130' 3"	39.70m	5
5	Garrett Giles	Freshman	Cuyamaca	109' 0"	33.22m	4
6	Brandon Jilka	Freshman	San Diego Mesa	84' 4"	25.70m	3
7	William Holloway	Sophomore	Southwestern	69' 11"	21.31m	2
8	Willie Judkins	Freshman	Southwestern	69' 0"	21.03m	1
9	Frank Chan	Freshman	Cuyamaca	47' 8"	14.52m	-

Men's Javelin

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Kameron Turner	Freshman	Antelope Valley	45.71m	150' 0"	10
2	Stephen Rubio	Freshman	Cuyamaca	42.74m	140' 3"	8
3	Kyle Christie	Freshman	San Diego Mesa	41.70m	136' 10"	6
4	Alexander Oleata	Sophomore	Southwestern	41.57m	136' 5"	5
5	Garrett Giles	Freshman	Cuyamaca	40.90m	134' 2"	4
6	William Holloway	Sophomore	Southwestern	39.68m	130' 2"	3
7	Willie Judkins	Freshman	Southwestern	37.81m	124' 0"	2
8	Lorne Semrau	Freshman	San Diego Mesa	34.49m	113' 2"	1
9	STEVEN CASTELLO	Freshman	Chaffey	33.98m	111' 6"	-
10	Jose Garcia	Freshman	Rio Hondo	30.64m	100' 6"	-
	Darrell Peeden	Sophomore	San Bernardino Valley	NM	NM	-
	Daniel Peeden	Sophomore	San Bernardino Valley	NM	NM	-

Men's Javelin Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
3	Kyle Christie	Freshman	San Diego Mesa	41.70m	136' 10"	6
5	Garrett Giles	Freshman	Cuyamaca	40.90m	134' 2"	4
7	Willie Judkins	Freshman	Southwestern	37.81m	124' 0"	2
9	STEVEN CASTELLO	Freshman	Chaffey	33.98m	111' 6"	-
10	Jose Garcia	Freshman	Rio Hondo	30.64m	100' 6"	-

Men's Javelin Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Kameron Turner	Freshman	Antelope Valley	45.71m	150' 0"	10
2	Stephen Rubio	Freshman	Cuyamaca	42.74m	140' 3"	8
4	Alexander Oleata	Sophomore	Southwestern	41.57m	136' 5"	5
6	William Holloway	Sophomore	Southwestern	39.68m	130' 2"	3
8	Lorne Semrau	Freshman	San Diego Mesa	34.49m	113' 2"	1
	Darrell Peeden	Sophomore	San Bernardino Valley	NM	NM	-
	Daniel Peeden	Sophomore	San Bernardino Valley	NM	NM	-

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Foothill Conference Championships 2010

April 23-30, 2010 | Antelope Valley - Lancaster, CA

Events: [100](#) [200](#) [400](#) [800](#) [1500](#) [5000](#) [10,000](#) [100H](#) [400H](#) [3000S](#) [4x100](#) [4x400](#) [HJ](#) [PV](#) [LJ](#) [TJ](#) [SP](#) [DT](#) [HT](#) [JT](#)

Women's 100 Meters Finals

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Portia Bell	Sophomore	Antelope Valley	12.13	10
2	Geornisha Epps	Sophomore	Cuyamaca	12.49	8
3	Brialonna Turner	Sophomore	Southwestern	12.73	6
4	STEPHANIE SCOTT	Freshman	Chaffey	12.81	5
5	Melissa Valder	Freshman	Palomar	13.10	4
6	Karla Serrato	Freshman	Southwestern	13.22	3
7	Emily Shirazi	Freshman	San Diego Mesa	13.29	2
8	Shaneka Marshall	Freshman	Antelope Valley	13.59	1
9	Jasmine Rios	Freshman	Palomar	13.63	-

Women's 100 Meters Preliminaries

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	WIND
1	Portia Bell	Sophomore	Antelope Valley	12.05	1.9
2	Brialonna Turner	Sophomore	Southwestern	12.98	-2.6
3	Geornisha Epps	Sophomore	Cuyamaca	13.08	NWI
4	STEPHANIE SCOTT	Freshman	Chaffey	13.03	-2.6
5	Karla Serrato	Freshman	Southwestern	13.42	NWI
6	Melissa Valder	Freshman	Palomar	13.47	1.9
7	Emily Shirazi	Freshman	San Diego Mesa	13.69	1.9
7	Andrea Parks	Freshman	Cuyamaca	13.69	NWI
9	Shaneka Marshall	Freshman	Antelope Valley	13.76	-2.6
10	Jasmine Rios	Freshman	Palomar	13.79	1.9
11	Andrea Suarez	Freshman	San Diego Mesa	13.89	-2.6
12	Jasmine Williams	Freshman	Antelope Valley	14.16	-2.6
13	Corinne Hoody	Freshman	Cuyamaca	14.23	NWI
14	LAUREN BENNETT	Sophomore	Chaffey	14.32	NWI
15	Britni Coleman	Sophomore	Southwestern	14.36	-2.6
16	Asia Byers	Freshman	Southwestern	14.75	1.9
17	Alexis Primo	Freshman	San Diego Mesa	15.19	1.9
18	Sarah Teutla	Freshman	Rio Hondo	15.44	NWI
19	Delsia Davis	Freshman	San Diego Mesa	15.70	NWI
20	Ramirez Christina	Freshman	Rio Hondo	15.75	1.9
	Marisela Ortiz	Freshman	Rio Hondo	NT	-2.6

Women's 100 Meters Preliminaries Heat 1

W: 1.9

PL	NAME	YEAR	TEAM	TIME
1	Portia Bell	Sophomore	Antelope Valley	12.05
6	Melissa Valder	Freshman	Palomar	13.47
7	Emily Shirazi	Freshman	San Diego Mesa	13.69
10	Jasmine Rios	Freshman	Palomar	13.79
16	Asia Byers	Freshman	Southwestern	14.75
17	Alexis Primo	Freshman	San Diego Mesa	15.19
20	Ramirez Christina	Freshman	Rio Hondo	15.75

Women's 100 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
3	Geornisha Epps	Sophomore	Cuyamaca	13.08
5	Karla Serrato	Freshman	Southwestern	13.42
7	Andrea Parks	Freshman	Cuyamaca	13.69
13	Corinne Hoody	Freshman	Cuyamaca	14.23
14	LAUREN BENNETT	Sophomore	Chaffey	14.32
18	Sarah Teutla	Freshman	Rio Hondo	15.44
19	Delsia Davis	Freshman	San Diego Mesa	15.70

Women's 100 Meters Preliminaries Heat 3

W: -2.6

PL	NAME	YEAR	TEAM	TIME
2	Brialonna Turner	Sophomore	Southwestern	12.98
4	STEPHANIE SCOTT	Freshman	Chaffey	13.03
9	Shaneka Marshall	Freshman	Antelope Valley	13.76
11	Andrea Suarez	Freshman	San Diego Mesa	13.89
12	Jasmine Williams	Freshman	Antelope Valley	14.16
15	Britni Coleman	Sophomore	Southwestern	14.36
	Marisela Ortiz	Freshman	Rio Hondo	NT

Women's 200 Meters Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Portia Bell	Sophomore	Antelope Valley	24.91	10
2	Brialonna Turner	Sophomore	Southwestern	26.08	8
3	Geornisha Epps	Sophomore	Cuyamaca	26.12	6
4	Karla Serrato	Freshman	Southwestern	26.69	5
5	Melissa Valder	Freshman	Palomar	27.07	4
6	DIANE WARREN	Sophomore	Chaffey	27.64	3
7	Christine Lopez	Freshman	Rio Hondo	27.68	2
8	Andrea Parks	Freshman	Cuyamaca	27.74	1
9	Emily Shirazi	Freshman	San Diego Mesa	28.05	-

Women's 200 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Portia Bell	Sophomore	Antelope Valley	25.06
2	Brialonna Turner	Sophomore	Southwestern	26.53
3	Geornisha Epps	Sophomore	Cuyamaca	26.77
4	Karla Serrato	Freshman	Southwestern	26.75
5	Melissa Valder	Freshman	Palomar	27.97
6	DIANE WARREN	Sophomore	Chaffey	28.00
7	Niki Novak	Freshman	San Diego Mesa	28.09
8	Andrea Parks	Freshman	Cuyamaca	28.12
9	Emily Shirazi	Freshman	San Diego Mesa	28.16
10	Christine Lopez	Freshman	Rio Hondo	28.50
11	Diamond Anderson	Freshman	Southwestern	28.98
12	Shaneka Marshall	Freshman	Antelope Valley	29.02
13	Jasmine Rios	Freshman	Palomar	29.09
14	LAUREN BENNETT	Sophomore	Chaffey	29.73
15	JASMINE C. EATMON	Freshman	Chaffey	30.30
16	SADE B. CLOUD	Freshman	Chaffey	30.44
16	Valen Reynolds	Freshman	San Bernardino Valley	30.44
18	ARIELLE ANDERSON	Freshman	Chaffey	30.77
19	Irasema Garcia De Alba	Sophomore	Southwestern	31.01
20	CHRISTINE NGUYEN	Freshman	Chaffey	31.16
21	Nicollete Meyers	Freshman	Rio Hondo	32.94
22	Ramirez Christina	Freshman	Rio Hondo	33.75
23	Marisela Ortiz	Freshman	Rio Hondo	33.95

Women's 200 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Portia Bell	Sophomore	Antelope Valley	25.06
5	Melissa Valder	Freshman	Palomar	27.97
9	Emily Shirazi	Freshman	San Diego Mesa	28.16
10	Christine Lopez	Freshman	Rio Hondo	28.50
14	LAUREN BENNETT	Sophomore	Chaffey	29.73
16	SADE B. CLOUD	Freshman	Chaffey	30.44
16	Valen Reynolds	Freshman	San Bernardino Valley	30.44
20	CHRISTINE NGUYEN	Freshman	Chaffey	31.16

Women's 200 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
3	Geornisha Epps	Sophomore	Cuyamaca	26.77
6	DIANE WARREN	Sophomore	Chaffey	28.00
8	Andrea Parks	Freshman	Cuyamaca	28.12
13	Jasmine Rios	Freshman	Palomar	29.09
15	JASMINE C. EATMON	Freshman	Chaffey	30.30
18	ARIELLE ANDERSON	Freshman	Chaffey	30.77
21	Nicollete Meyers	Freshman	Rio Hondo	32.94

Women's 200 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
2	Brialonna Turner	Sophomore	Southwestern	26.53
4	Karla Serrato	Freshman	Southwestern	26.75
7	Niki Novak	Freshman	San Diego Mesa	28.09
11	Diamond Anderson	Freshman	Southwestern	28.98
12	Shaneka Marshall	Freshman	Antelope Valley	29.02
19	Irasema Garcia De Alba	Sophomore	Southwestern	31.01
22	Ramirez Christina	Freshman	Rio Hondo	33.75
23	Marisela Ortiz	Freshman	Rio Hondo	33.95

Women's 400 Meters

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Marie Cooper	Freshman	Antelope Valley	1:00.20	10
2	Karla Serrato	Freshman	Southwestern	1:00.80	8
3	Christine Lopez	Freshman	Rio Hondo	1:01.40	6
4	Cheyenne Robertson	Freshman	Antelope Valley	1:01.80	5
5	DIANE WARREN	Sophomore	Chaffey	1:02.10	4
6	MAREKA T. CLARK	Freshman	Chaffey	1:03.10	3
7	Irasema Garcia De Alba	Sophomore	Southwestern	1:07.80	2

Women's 800 Meters Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Niki Novak	Freshman	San Diego Mesa	2:21.73	10
2	Tanya Valenzuela	Freshman	Southwestern	2:27.35	8
3	Jacqueline Kaste	Freshman	Palomar	2:27.82	6
4	Nadine Mulvany	Freshman	Southwestern	2:27.89	5
5	Jessyca Henman	Sophomore	San Diego Mesa	2:36.13	4
6	Angela Rochester	Sophomore	Cuyamaca	2:37.43	3
7	Kristina Farmer	Freshman	Palomar	2:38.65	2
8	Veronica Leon	Freshman	Palomar	2:39.10	1
9	ADENIKE "NIKKI" FAJEMISIN	Freshman	Chaffey	2:40.93	-

Women's 800 Meters Preliminaries

 Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Niki Novak	Freshman	San Diego Mesa	2:19.85
2	Tanya Valenzuela	Freshman	Southwestern	2:30.87
3	Jacqueline Kaste	Freshman	Palomar	2:31.45
4	ADENIKE "NIKKI" FAJEMISIN	Freshman	Chaffey	2:33.33
5	Nadine Mulvany	Freshman	Southwestern	2:33.41
6	Veronica Leon	Freshman	Palomar	2:36.76
7	Angela Rochester	Sophomore	Cuyamaca	2:37.46
8	Jessyca Henman	Sophomore	San Diego Mesa	2:37.77
9	Kristina Farmer	Freshman	Palomar	2:39.49
10	Jessica Ortega	Freshman	Southwestern	2:40.29
11	Alejandra Flores	Freshman	Southwestern	2:41.63
12	Analorena Barron	Freshman	Cuyamaca	2:49.75
13	Irasema Garcia De Alba	Sophomore	Southwestern	2:51.22
14	Kelly Mayer	Freshman	San Diego Mesa	2:56.24

Women's 800 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Niki Novak	Freshman	San Diego Mesa	2:19.85
4	ADENIKE "NIKKI" FAJEMISIN	Freshman	Chaffey	2:33.33
7	Angela Rochester	Sophomore	Cuyamaca	2:37.46
8	Jessyca Henman	Sophomore	San Diego Mesa	2:37.77
10	Jessica Ortega	Freshman	Southwestern	2:40.29
12	Analorena Barron	Freshman	Cuyamaca	2:49.75
13	Irasema Garcia De Alba	Sophomore	Southwestern	2:51.22
14	Kelly Mayer	Freshman	San Diego Mesa	2:56.24

Women's 800 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Tanya Valenzuela	Freshman	Southwestern	2:30.87
3	Jacqueline Kaste	Freshman	Palomar	2:31.45
5	Nadine Mulvany	Freshman	Southwestern	2:33.41
6	Veronica Leon	Freshman	Palomar	2:36.76
9	Kristina Farmer	Freshman	Palomar	2:39.49
11	Alejandra Flores	Freshman	Southwestern	2:41.63

Women's 1500 Meters Finals
[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Anaiz Ortiz	Freshman	Antelope Valley	4:52.10	10
2	Tanya Valenzuela	Freshman	Southwestern	4:54.02	8
3	Jacqueline Kaste	Freshman	Palomar	5:02.66	6
4	Nadine Mulvany	Freshman	Southwestern	5:02.71	5
5	Susanne Andersen	Freshman	Palomar	5:03.10	4
6	Jewell Marleaux	Freshman	Antelope Valley	5:03.24	3
7	Suzanne Cornwell	Freshman	San Diego Mesa	5:05.85	2
8	Alejandra Flores	Freshman	Southwestern	5:09.82	1
9	Paola Gonzalez	Freshman	Antelope Valley	5:33.71	-
10	Jesscia Martinez	Freshman	Antelope Valley	5:43.76	-
11	Kim Nichols	Freshman	San Diego Mesa	6:59.11	-
	Jessica Ortega	Freshman	Southwestern	NT	-

Women's 1500 Meters Preliminaries
[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME
1	Anaiz Ortiz	Freshman	Antelope Valley	4:57.63
2	Tanya Valenzuela	Freshman	Southwestern	5:02.27
3	Jacqueline Kaste	Freshman	Palomar	5:03.67
4	Susanne Andersen	Freshman	Palomar	5:04.43
5	Nadine Mulvany	Freshman	Southwestern	5:12.48
6	Suzanne Cornwell	Freshman	San Diego Mesa	5:14.12
7	Jewell Marleaux	Freshman	Antelope Valley	5:14.60
8	Alejandra Flores	Freshman	Southwestern	5:21.92
9	Julie Heuring	Sophomore	Palomar	5:24.41
10	Jessica Ortega	Freshman	Southwestern	5:31.05
11	Paola Gonzalez	Freshman	Antelope Valley	5:35.05
12	Kelly Mayer	Freshman	San Diego Mesa	5:44.98
13	Reina Ayala	Sophomore	Palomar	5:51.52
14	Jesscia Martinez	Freshman	Antelope Valley	5:58.11
15	Dana Martensen	Freshman	Palomar	6:16.03
16	Kim Nichols	Freshman	San Diego Mesa	6:45.54

Women's 1500 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Anaiz Ortiz	Freshman	Antelope Valley	4:57.63
2	Tanya Valenzuela	Freshman	Southwestern	5:02.27
3	Jacqueline Kaste	Freshman	Palomar	5:03.67
4	Susanne Andersen	Freshman	Palomar	5:04.43
7	Jewell Marleaux	Freshman	Antelope Valley	5:14.60
13	Reina Ayala	Sophomore	Palomar	5:51.52
16	Kim Nichols	Freshman	San Diego Mesa	6:45.54

Women's 1500 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
5	Nadine Mulvany	Freshman	Southwestern	5:12.48
6	Suzanne Cornwell	Freshman	San Diego Mesa	5:14.12
8	Alejandra Flores	Freshman	Southwestern	5:21.92
9	Julie Heuring	Sophomore	Palomar	5:24.41
10	Jessica Ortega	Freshman	Southwestern	5:31.05
11	Paola Gonzalez	Freshman	Antelope Valley	5:35.05
12	Kelly Mayer	Freshman	San Diego Mesa	5:44.98
14	Jesscia Martinez	Freshman	Antelope Valley	5:58.11
15	Dana Martensen	Freshman	Palomar	6:16.03

Women's 5000 Meters

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Michelle Thompson	Sophomore	San Diego Mesa	19:00.33	10
2	Tanya Valenzuela	Freshman	Southwestern	19:16.23	8
3	Suzanne Cornwell	Freshman	San Diego Mesa	19:44.49	6
4	Ashley Huizar	Sophomore	Rio Hondo	20:08.47	5
5	Nadine Mulvany	Freshman	Southwestern	20:19.30	4
6	Alicia Gard-Kaminkow	Freshman	Palomar	20:30.40	3
7	Alejandra Flores	Freshman	Southwestern	20:45.38	2
8	Julie Heuring	Sophomore	Palomar	21:14.55	1
9	Susanne Andersen	Freshman	Palomar	21:15.56	-
10	Ashley Martinez	Sophomore	Rio Hondo	21:38.68	-
11	Megan Hicks	Freshman	Palomar	22:09.91	-
12	Serena Martinez	Freshman	Antelope Valley	22:52.17	-
13	Dana Martensen	Freshman	Palomar	24:52.77	-
	Paola Gonzalez	Freshman	Antelope Valley	NT	-
	Jewell Marleaux	Freshman	Antelope Valley	NT	-
	Caitlin Choate	Freshman	Antelope Valley	NT	-
	Jessica Ortega	Freshman	Southwestern	NT	-

Women's 10,000 Meters

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Michelle Thompson	Sophomore	San Diego Mesa	41:25.89	10
2	Tanya Valenzuela	Freshman	Southwestern	41:44.39	8
3	Ashley Huizar	Sophomore	Rio Hondo	42:06.58	6
4	Caitlin Choate	Freshman	Antelope Valley	42:57.92	5
5	Alicia Gard-Kaminkow	Freshman	Palomar	44:23.37	4
6	Ashley Martinez	Sophomore	Rio Hondo	46:28.54	3
7	Megan Hicks	Freshman	Palomar	47:08.87	2

Women's 100 Hurdles Finals

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Brialonna Turner	Sophomore	Southwestern	15.10	10
2	Dana Felt	Freshman	San Diego Mesa	16.06	8
3	Andrea Parks	Freshman	Cuyamaca	16.80	6
4	Denisha Johnson	Freshman	Southwestern	17.13	5
5	Pegine Gray	Freshman	Antelope Valley	17.63	4
6	Britni Coleman	Sophomore	Southwestern	18.11	3
7	Diamond Anderson	Freshman	Southwestern	18.16	2
8	SADE B. CLOUD	Freshman	Chaffey	19.07	1
9	Sandra Mora	Freshman	Palomar	19.30	-

Women's 100 Hurdles Preliminaries

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME
1	Brialonna Turner	Sophomore	Southwestern	15.67
2	Andrea Parks	Freshman	Cuyamaca	16.88
3	Dana Felt	Freshman	San Diego Mesa	17.34
4	Denisha Johnson	Freshman	Southwestern	17.79
5	Pegine Gray	Freshman	Antelope Valley	17.93
6	Diamond Anderson	Freshman	Southwestern	17.96
7	Sandra Mora	Freshman	Palomar	18.47
8	Britni Coleman	Sophomore	Southwestern	18.74
9	SADE B. CLOUD	Freshman	Chaffey	19.43
10	Fatima Gomez	Freshman	Cuyamaca	20.68
11	Lizette Guzman	Sophomore	Rio Hondo	20.69
12	Nicollete Meyers	Freshman	Rio Hondo	21.73

Women's 100 Hurdles Preliminaries Heat 1

W: -1.7

PL	NAME	YEAR	TEAM	TIME
1	Brialonna Turner	Sophomore	Southwestern	15.67
5	Pegine Gray	Freshman	Antelope Valley	17.93
6	Diamond Anderson	Freshman	Southwestern	17.96
10	Fatima Gomez	Freshman	Cuyamaca	20.68
11	Lizette Guzman	Sophomore	Rio Hondo	20.69
12	Nicollete Meyers	Freshman	Rio Hondo	21.73

Women's 100 Hurdles Preliminaries Heat 2

W: -2.6

PL	NAME	YEAR	TEAM	TIME
2	Andrea Parks	Freshman	Cuyamaca	16.88
3	Dana Felt	Freshman	San Diego Mesa	17.34
4	Denisha Johnson	Freshman	Southwestern	17.79
7	Sandra Mora	Freshman	Palomar	18.47
8	Britni Coleman	Sophomore	Southwestern	18.74
9	SADE B. CLOUD	Freshman	Chaffey	19.43

Women's 400 Hurdles Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Adriana Paz	Freshman	Palomar	1:05.70	10
2	Andrea Suarez	Freshman	San Diego Mesa	1:09.70	8
3	Pegine Gray	Freshman	Antelope Valley	1:12.40	6
4	TANISHA OATES	Sophomore	Chaffey	1:14.13	5
5	Denisha Johnson	Freshman	Southwestern	1:15.05	4
6	Britni Coleman	Sophomore	Southwestern	1:17.48	3
7	Sandra Mora	Freshman	Palomar	1:19.92	2
8	Lizette Guzman	Sophomore	Rio Hondo	1:20.67	1

Women's 400 Hurdles Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Adriana Paz	Freshman	Palomar	1:05.70
2	Andrea Suarez	Freshman	San Diego Mesa	1:09.70
3	Pegine Gray	Freshman	Antelope Valley	1:12.40
4	TANISHA OATES	Sophomore	Chaffey	1:14.13
5	Denisha Johnson	Freshman	Southwestern	1:15.05
6	Britni Coleman	Sophomore	Southwestern	1:17.48
7	Sandra Mora	Freshman	Palomar	1:19.92
8	Lizette Guzman	Sophomore	Rio Hondo	1:20.67

Women's 3000 Steeplechase

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Tanya Valenzuela	Freshman	Southwestern	11:45.23	10
2	Ashley Huizar	Sophomore	Rio Hondo	12:42.73	8
3	Kelly Mayer	Freshman	San Diego Mesa	13:14.20	6
4	Kristina Farmer	Freshman	Palomar	13:36.56	5
5	Reina Ayala	Sophomore	Palomar	13:46.67	4

Women's 4 x 100 Relay

Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Antelope Valley	Portia Bell, Marie Cooper, Shaneka Marshall, Cheyenne Robertson	49.35	10
2	Southwestern	Tanya Valenzuela, Diamond Anderson, Karla Serrato, Brialonna Turner	50.7	8
3	Chaffey	Mareka T. Clark, Lauren Bennett, Stephanie Scott, Diane Warren	51.59	6
4	San Diego Mesa	Emily Shirazi, Dana Felt, Andrea Suarez, Niki Novak	51.98	5
5	Palomar	Sandra Mora, Jasmine Rios, Melissa Valder, Adriana Paz	52.68	4
6	Cuyamaca	Fatima Gomez, Geornisha Epps, Andrea Parks, Corinne Hoody	52.84	3
7	Rio Hondo	Lizette Guzman, Christine Lopez, Sarah Teutla, Ramirez Christina	57.75	2

Women's 4 x 400 Relay

Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	Antelope Valley	Portia Bell, Marie Cooper, Pegine Gray, Cheyenne Robertson	4:02.61	10
2	Palomar	Melissa Valder, Veronica Leon, Jacqueline Kaste, Adriana Paz	4:09.58	8
3	San Diego Mesa	Emily Shirazi, Dana Felt, Niki Novak, Andrea Suarez	4:12.78	6
4	Chaffey	Brianna L. Atkins, Mareka T. Clark, Adenike "nik Fajemisin, Stephanie Scott	4:13.51	5
5	Southwestern	Tanya Valenzuela, Brialonna Turner, Karla Serrato, Diamond Anderson	4:15.08	4
6	Cuyamaca	Geornisha Epps, Andrea Parks, Angela Rochester, Analorena Barron	4:26.47	3
7	Rio Hondo	Christine Lopez, Ramirez Christina, Lizette Guzman, Nicollete Meyers	4:39.51	2

Women's High Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	STEPHANIE SCOTT	Freshman	Chaffey	5' 2"	1.57m	10
2	MAREKA T. CLARK	Freshman	Chaffey	4' 10"	1.47m	8
3	JASMINE C. EATMON	Freshman	Chaffey	4' 8"	1.42m	5.5
3	Brialonna Turner	Sophomore	Southwestern	4' 8"	1.42m	5.5
5	TANISHA OATES	Sophomore	Chaffey	4' 8"	1.42m	4
6	Diamond Anderson	Freshman	Southwestern	4' 6"	1.37m	3
7	Denisha Johnson	Freshman	Southwestern	4' 2"	1.27m	2
8	Lizette Guzman	Sophomore	Rio Hondo	4' 0"	1.21m	1
	Dana Felt	Freshman	San Diego Mesa	NH	NH	-

Women's Pole Vault

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Fatima Gomez	Freshman	Cuyamaca	8' 5.58"	2.58m	10
	Amanda Medinger	Freshman	San Diego Mesa	NH	NH	-
	Megan Ruise	Sophomore	Cuyamaca	NH	NH	-

Women's Long Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	MAREKA T. CLARK	Freshman	Chaffey	17' 11.75"	5.48m	10
2	STEPHANIE SCOTT	Freshman	Chaffey	17' 2.75"	5.25m	8
3	Adriana Paz	Freshman	Palomar	16' 11.25"	5.16m	6
4	Diamond Anderson	Freshman	Southwestern	16' 9.5"	5.11m	5
5	Shaneka Marshall	Freshman	Antelope Valley	15' 7.75"	4.76m	4
6	Jasmine Rios	Freshman	Palomar	15' 6.75"	4.74m	3
7	Denisha Johnson	Freshman	Southwestern	15' 6.5"	4.73m	2
8	Jasmine Williams	Freshman	Antelope Valley	14' 11.75"	4.56m	1
9	Britni Coleman	Sophomore	Southwestern	14' 0.25"	4.27m	-
10	Fatima Gomez	Freshman	Cuyamaca	13' 8.5"	4.17m	-
11	Alexis Primo	Freshman	San Diego Mesa	13' 6.5"	4.12m	-
12	Sandra Mora	Freshman	Palomar	13' 4"	4.06m	-
13	Asia Byers	Freshman	Southwestern	13' 2"	4.01m	-
14	Delsia Davis	Freshman	San Diego Mesa	12' 11.5"	3.94m	-

Women's Long Jump Flight 1

Women's Long Jump Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
3	Adriana Paz	Freshman	Palomar	16' 11.25"	5.16m	6
9	Britni Coleman	Sophomore	Southwestern	14' 0.25"	4.27m	-
11	Alexis Primo	Freshman	San Diego Mesa	13' 6.5"	4.12m	-
12	Sandra Mora	Freshman	Palomar	13' 4"	4.06m	-
13	Asia Byers	Freshman	Southwestern	13' 2"	4.01m	-
14	Delsia Davis	Freshman	San Diego Mesa	12' 11.5"	3.94m	-

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	MAREKA T. CLARK	Freshman	Chaffey	17' 11.75"	5.48m	10
2	STEPHANIE SCOTT	Freshman	Chaffey	17' 2.75"	5.25m	8
4	Diamond Anderson	Freshman	Southwestern	16' 9.5"	5.11m	5
5	Shaneka Marshall	Freshman	Antelope Valley	15' 7.75"	4.76m	4
6	Jasmine Rios	Freshman	Palomar	15' 6.75"	4.74m	3
7	Denisha Johnson	Freshman	Southwestern	15' 6.5"	4.73m	2
8	Jasmine Williams	Freshman	Antelope Valley	14' 11.75"	4.56m	1
10	Fatima Gomez	Freshman	Cuyamaca	13' 8.5"	4.17m	-

Women's Triple Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	MAREKA T. CLARK	Freshman	Chaffey	11.01m	36' 1.5"	10
2	STEPHANIE SCOTT	Freshman	Chaffey	10.79m	35' 5"	8
3	Diamond Anderson	Freshman	Southwestern	10.44m	34' 3"	6
4	Scoticia Stewart	Freshman	San Bernardino Valley	9.62m	31' 6.75"	5
5	Britni Coleman	Sophomore	Southwestern	9.51m	31' 2.5"	4
6	Denisha Johnson	Freshman	Southwestern	9.47m	31' 1"	3
7	Jasmine Williams	Freshman	Antelope Valley	9.18m	30' 1.5"	2
8	Delsia Davis	Freshman	San Diego Mesa	8.75m	28' 8.5"	1
	Alexis Primo	Freshman	San Diego Mesa	NM	NM	-

Women's Shot Put

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Paula Saavedra	Sophomore	Cuyamaca	35' 10"	10.92m	10
2	Chelsea Staub	Sophomore	Cuyamaca	35' 1"	10.69m	8
3	Brianna Jefferson	Freshman	Antelope Valley	32' 8"	9.95m	6
4	Niqua Smith	Freshman	San Diego Mesa	32' 0"	9.75m	5
5	Alicia Parker	Freshman	San Diego Mesa	30' 11"	9.42m	4
6	Gina Nawab	Sophomore	San Diego Mesa	30' 5.5"	9.28m	3
7	Alexa Wright	Freshman	Antelope Valley	29' 10"	9.09m	2
8	Sarah Teutla	Freshman	Rio Hondo	26' 10"	8.17m	1
9	Jessica Applebaum	Sophomore	Cuyamaca	26' 3.5"	8.01m	-
10	Lizette Guzman	Sophomore	Rio Hondo	16' 7.5"	5.06m	-
	ESMERALDA GOMEZ	Freshman	Chaffey	NM	NM	-

Women's Shot Put Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	Sarah Teutla	Freshman	Rio Hondo	26' 10"	8.17m	1
9	Jessica Applebaum	Sophomore	Cuyamaca	26' 3.5"	8.01m	-
	ESMERALDA GOMEZ	Freshman	Chaffey	NM	NM	-

Women's Shot Put Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Paula Saavedra	Sophomore	Cuyamaca	35' 10"	10.92m	10
2	Chelsea Staub	Sophomore	Cuyamaca	35' 1"	10.69m	8
3	Brianna Jefferson	Freshman	Antelope Valley	32' 8"	9.95m	6
4	Niqua Smith	Freshman	San Diego Mesa	32' 0"	9.75m	5
5	Alicia Parker	Freshman	San Diego Mesa	30' 11"	9.42m	4
6	Gina Nawab	Sophomore	San Diego Mesa	30' 5.5"	9.28m	3
7	Alexa Wright	Freshman	Antelope Valley	29' 10"	9.09m	2
10	Lizette Guzman	Sophomore	Rio Hondo	16' 7.5"	5.06m	-

Women's Discus

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Chelsea Staub	Sophomore	Cuyamaca	38.27m	125' 7"	10
2	Paula Saavedra	Sophomore	Cuyamaca	34.45m	113' 0"	8
3	Brianna Jefferson	Freshman	Antelope Valley	31.45m	103' 2"	6
4	Niqua Smith	Freshman	San Diego Mesa	30.29m	99' 4"	5
5	Gina Nawab	Sophomore	San Diego Mesa	29.69m	97' 5"	4
6	Alexa Wright	Freshman	Antelope Valley	29.27m	96' 0"	3
7	Jessica Applebaum	Sophomore	Cuyamaca	28.26m	92' 8"	2
8	Sarah Teutla	Freshman	Rio Hondo	26.11m	85' 8"	1
9	Michelle Miller	Freshman	Cuyamaca	25.13m	82' 5"	-
10	Alicia Parker	Freshman	San Diego Mesa	23.06m	75' 8"	-

Women's Discus Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	Jessica Applebaum	Sophomore	Cuyamaca	28.26m	92' 8"	2
9	Michelle Miller	Freshman	Cuyamaca	25.13m	82' 5"	-

Women's Discus Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Chelsea Staub	Sophomore	Cuyamaca	38.27m	125' 7"	10
2	Paula Saavedra	Sophomore	Cuyamaca	34.45m	113' 0"	8
3	Brianna Jefferson	Freshman	Antelope Valley	31.45m	103' 2"	6
4	Niqua Smith	Freshman	San Diego Mesa	30.29m	99' 4"	5
5	Gina Nawab	Sophomore	San Diego Mesa	29.69m	97' 5"	4
6	Alexa Wright	Freshman	Antelope Valley	29.27m	96' 0"	3
8	Sarah Teutla	Freshman	Rio Hondo	26.11m	85' 8"	1
10	Alicia Parker	Freshman	San Diego Mesa	23.06m	75' 8"	-

Women's Hammer

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Paula Saavedra	Sophomore	Cuyamaca	140' 10"	42.92m	10
2	Brianna Jefferson	Freshman	Antelope Valley	128' 9"	39.24m	8
3	Chelsea Staub	Sophomore	Cuyamaca	123' 8"	37.69m	6
4	Alexa Wright	Freshman	Antelope Valley	106' 7"	32.48m	5
5	Jessica Applebaum	Sophomore	Cuyamaca	100' 11"	30.75m	4
6	Michelle Miller	Freshman	Cuyamaca	98' 8"	30.07m	3
7	Gina Nawab	Sophomore	San Diego Mesa	97' 5"	29.69m	2
8	Niqua Smith	Freshman	San Diego Mesa	74' 0"	22.55m	1

Women's Javelin

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Chelsea Staub	Sophomore	Cuyamaca	37.59m	123' 4"	10
2	Fatima Gomez	Freshman	Cuyamaca	28.37m	93' 1"	8
3	Jessica Applebaum	Sophomore	Cuyamaca	26.58m	87' 2"	6
4	Sarah Teutla	Freshman	Rio Hondo	24.31m	79' 9"	5
5	Paula Saavedra	Sophomore	Cuyamaca	23.63m	77' 6"	4
6	Diamond Anderson	Freshman	Southwestern	23.36m	76' 8"	3
7	Gina Nawab	Sophomore	San Diego Mesa	17.91m	58' 9"	2
8	Denisha Johnson	Freshman	Southwestern	14.49m	47' 6"	1

Women's Javelin Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	Denisha Johnson	Freshman	Southwestern	14.49m	47' 6"	1

Women's Javelin Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Chelsea Staub	Sophomore	Cuyamaca	37.59m	123' 4"	10
2	Fatima Gomez	Freshman	Cuyamaca	28.37m	93' 1"	8
3	Jessica Applebaum	Sophomore	Cuyamaca	26.58m	87' 2"	6
4	Sarah Teutla	Freshman	Rio Hondo	24.31m	79' 9"	5
5	Paula Saavedra	Sophomore	Cuyamaca	23.63m	77' 6"	4
6	Diamond Anderson	Freshman	Southwestern	23.36m	76' 8"	3
7	Gina Nawab	Sophomore	San Diego Mesa	17.91m	58' 9"	2

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