

## Foothill Conference Championships

April 18-21, 2012 | San Diego Mesa - San Diego, CA

Events: [100](#) [200](#) [400](#) [800](#) [1500](#) [5000](#) [10,000](#) [110H](#) [400H](#) [3000S](#) [4x100](#) [4x400](#) [HJ](#) [PV](#) [LJ](#) [TJ](#) [SP](#) [DT](#) [HT](#) [JT](#)

### Men's 100 Meters Finals

W: 0.3

PL	NAME	YEAR	TEAM	TIME	SC
1	Jared Pickering	Freshman	San Diego Mesa	10.69	10
2	Jonathon Demus	Sophomore	Cuyamaca	10.77	8
3	Marquis Roach	Freshman	Southwestern	10.88	6
4	DISHAWN U. SANDERS	Freshman	Chaffey	10.95	5
5	SHANE A. McKISSICK	Freshman	Chaffey	11.16	4
6	Seth Drake	Freshman	San Diego Mesa	11.18	3
7	Reggie Hammond	Sophomore	San Bernardino Valley	11.22	2
8	Little Thomas	Sophomore	Southwestern	11.23	1
9	Lucas Kodama	Sophomore	San Diego Mesa	11.27	-

### Men's 100 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Jonathon Demus	Sophomore	Cuyamaca	10.65
2	Jared Pickering	Freshman	San Diego Mesa	10.66
3	DISHAWN U. SANDERS	Freshman	Chaffey	10.68
4	SHANE A. McKISSICK	Freshman	Chaffey	10.95
5	Marquis Roach	Freshman	Southwestern	10.82
6	Lucas Kodama	Sophomore	San Diego Mesa	10.99
7	Seth Drake	Freshman	San Diego Mesa	11.00
8	Little Thomas	Sophomore	Southwestern	11.05
9	Reggie Hammond	Sophomore	San Bernardino Valley	11.09
10	Louis Wilkerson	Freshman	San Diego Mesa	11.10
10	Denzel Brown	Freshman	Southwestern	11.10
12	Miguel Abizaid	Freshman	San Diego Mesa	11.18
13	Kevin Jones	Sophomore	San Bernardino Valley	11.22
14	Darnell Crawford	Sophomore	Southwestern	11.33
14	Maurice Strickland	Sophomore	San Diego Mesa	11.33
16	Julian Young	Sophomore	San Diego Mesa	11.41
17	ALBERTO TORIBIO	Freshman	Chaffey	11.43
18	Tino Abon	Sophomore	San Diego Mesa	11.45
19	JEREMY MARTIN	Sophomore	Chaffey	11.71
20	Steve Isaiah	Sophomore	San Bernardino Valley	11.78
21	Jonathon Phillips	Freshman	San Diego Mesa	11.84
22	Gianangelo Miranda	Freshman	San Diego Mesa	11.85
23	BOBY LIRA	Freshman	Chaffey	11.86
24	JAELEN PEARSON	Freshman	Chaffey	11.90
25	Brian Bauer	Freshman	San Diego Mesa	11.97
26	Tyler Anderson	Freshman	Southwestern	12.09
27	Ronnie Bullard	Freshman	Southwestern	12.18
28	Lucas Shepley	Freshman	Southwestern	12.38
29	Rafael Gonzalez	Freshman	Antelope Valley	12.90
	Ryan Wong	Freshman	San Diego Mesa	NT

### Men's 100 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
2	Jared Pickering	Freshman	San Diego Mesa	10.66
6	Lucas Kodama	Sophomore	San Diego Mesa	10.99
9	Reggie Hammond	Sophomore	San Bernardino Valley	11.09
13	Kevin Jones	Sophomore	San Bernardino Valley	11.22
18	Tino Abon	Sophomore	San Diego Mesa	11.45
26	Tyler Anderson	Freshman	Southwestern	12.09
27	Ronnie Bullard	Freshman	Southwestern	12.18

### Men's 100 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
4	SHANE A. McKISSICK	Freshman	Chaffey	10.95
10	Denzel Brown	Freshman	Southwestern	11.10
10	Louis Wilkerson	Freshman	San Diego Mesa	11.10
16	Julian Young	Sophomore	San Diego Mesa	11.41
19	JEREMY MARTIN	Sophomore	Chaffey	11.71
21	Jonathon Phillips	Freshman	San Diego Mesa	11.84
	Ryan Wong	Freshman	San Diego Mesa	NT

### Men's 100 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
3	DISHAWN U. SANDERS	Freshman	Chaffey	10.68
8	Little Thomas	Sophomore	Southwestern	11.05
12	Miguel Abizaid	Freshman	San Diego Mesa	11.18
14	Maurice Strickland	Sophomore	San Diego Mesa	11.33
17	ALBERTO TORIBIO	Freshman	Chaffey	11.43
20	Steve Isaiah	Sophomore	San Bernardino Valley	11.78
22	Gianangelo Miranda	Freshman	San Diego Mesa	11.85
28	Lucas Shepley	Freshman	Southwestern	12.38

### Men's 100 Meters Preliminaries Heat 4

PL	NAME	YEAR	TEAM	TIME
1	Jonathon Demus	Sophomore	Cuyamaca	10.65
5	Marquis Roach	Freshman	Southwestern	10.82
7	Seth Drake	Freshman	San Diego Mesa	11.00
14	Darnell Crawford	Sophomore	Southwestern	11.33
23	BOBY LIRA	Freshman	Chaffey	11.86
24	JAELEN PEARSON	Freshman	Chaffey	11.90
25	Brian Bauer	Freshman	San Diego Mesa	11.97
29	Rafael Gonzalez	Freshman	Antelope Valley	12.90

### Men's 200 Meters Finals

W: 0.1

PL	NAME	YEAR	TEAM	TIME	SC
1	Jared Pickering	Freshman	San Diego Mesa	21.41	10
2	Jonathon Demus	Sophomore	Cuyamaca	21.69	8
3	Keith Turner	Sophomore	Cuyamaca	22.00	6
4	Marquis Roach	Freshman	Southwestern	22.26	5
5	Taylor Schneider	Freshman	Cuyamaca	22.34	4
6	Nick Aly	Freshman	San Diego Mesa	22.67	3
7	Louis Wilkerson	Freshman	San Diego Mesa	22.88	2
8	Seth Drake	Freshman	San Diego Mesa	23.02	1

Men's 200 Meters Preliminaries

PL	NAME	YEAR	TEAM	TIME
1	Jonathon Demus	Sophomore	Cuyamaca	21.76
2	Marquis Roach	Freshman	Southwestern	22.14
3	Keith Turner	Sophomore	Cuyamaca	22.21
4	Jared Pickering	Freshman	San Diego Mesa	22.27
5	SHANE A. McKISSICK	Freshman	Chaffey	22.42
6	Nick Aly	Freshman	San Diego Mesa	22.44
7	Taylor Schneider	Freshman	Cuyamaca	22.57
8	Louis Wilkerson	Freshman	San Diego Mesa	22.67
9	Andre Garbutt	Freshman	San Diego Mesa	22.86
10	Seth Drake	Freshman	San Diego Mesa	22.88
11	Lucas Kodama	Sophomore	San Diego Mesa	22.92
12	Miguel Abizaïd	Freshman	San Diego Mesa	22.94
13	Emmanuel McConnell	Sophomore	Antelope Valley	23.11
14	Christopher Hunter	Freshman	San Bernardino Valley	23.29
15	Kevin Jones	Sophomore	San Bernardino Valley	23.31
16	Denzel Brown	Freshman	Southwestern	23.32
16	BOBY LIRA	Freshman	Chaffey	23.32
18	Dominick Kennedy	Freshman	San Bernardino Valley	23.64
19	Darnell Crawford	Sophomore	Southwestern	23.65
20	Deandre Garbutt	Freshman	San Diego Mesa	23.69
21	Jared Powell	Freshman	San Diego Mesa	23.72
22	Kevin Lewis	Freshman	San Diego Mesa	23.83
23	Patrick Arizmendi	Sophomore	San Diego Mesa	23.93
24	Vaughn Thompson	Freshman	Southwestern	24.05
25	DANTE JACKSON	Freshman	Chaffey	24.16
26	Steve Isaiah	Sophomore	San Bernardino Valley	24.33
27	Brian Bauer	Freshman	San Diego Mesa	24.57
28	JAELEN PEARSON	Freshman	Chaffey	24.58
29	Gianangelo Miranda	Freshman	San Diego Mesa	24.66
30	JEREMIAH TALAMANTE	Sophomore	Chaffey	24.85
31	Jonathon Phillips	Freshman	San Diego Mesa	24.98
32	Lucas Shepley	Freshman	Southwestern	25.86
33	Ronnie Bullard	Freshman	Southwestern	26.00
34	Tyler Anderson	Freshman	Southwestern	26.25
35	Rafael Gonzalez	Freshman	Antelope Valley	26.69

Men's 200 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Jonathon Demus	Sophomore	Cuyamaca	21.76
9	Andre Garbutt	Freshman	San Diego Mesa	22.86
13	Emmanuel McConnell	Sophomore	Antelope Valley	23.11
27	Brian Bauer	Freshman	San Diego Mesa	24.57
31	Jonathon Phillips	Freshman	San Diego Mesa	24.98
34	Tyler Anderson	Freshman	Southwestern	26.25

Men's 200 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
4	Jared Pickering	Freshman	San Diego Mesa	22.27
8	Louis Wilkerson	Freshman	San Diego Mesa	22.67
14	Christopher Hunter	Freshman	San Bernardino Valley	23.29
16	Denzel Brown	Freshman	Southwestern	23.32
24	Vaughn Thompson	Freshman	Southwestern	24.05
28	JAELEN PEARSON	Freshman	Chaffey	24.58
32	Lucas Shepley	Freshman	Southwestern	25.86

### Men's 200 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
2	Marquis Roach	Freshman	Southwestern	22.14
5	SHANE A. McKISSICK	Freshman	Chaffey	22.42
6	Nick Aly	Freshman	San Diego Mesa	22.44
12	Miguel Abizaid	Freshman	San Diego Mesa	22.94
18	Dominick Kennedy	Freshman	San Bernardino Valley	23.64
19	Darnell Crawford	Sophomore	Southwestern	23.65
25	DANTE JACKSON	Freshman	Chaffey	24.16
33	Ronnie Bullard	Freshman	Southwestern	26.00


### Men's 200 Meters Preliminaries Heat 4

PL	NAME	YEAR	TEAM	TIME
3	Keith Turner	Sophomore	Cuyamaca	22.21
11	Lucas Kodama	Sophomore	San Diego Mesa	22.92
16	BOBY LIRA	Freshman	Chaffey	23.32
21	Jared Powell	Freshman	San Diego Mesa	23.72
23	Patrick Arizmendi	Sophomore	San Diego Mesa	23.93
29	Gianangelo Miranda	Freshman	San Diego Mesa	24.66
35	Rafael Gonzalez	Freshman	Antelope Valley	26.69

### Men's 200 Meters Preliminaries Heat 5


PL	NAME	YEAR	TEAM	TIME
7	Taylor Schneider	Freshman	Cuyamaca	22.57
10	Seth Drake	Freshman	San Diego Mesa	22.88
15	Kevin Jones	Sophomore	San Bernardino Valley	23.31
20	Deandre Garbutt	Freshman	San Diego Mesa	23.69
22	Kevin Lewis	Freshman	San Diego Mesa	23.83
26	Steve Isaiahh	Sophomore	San Bernardino Valley	24.33
30	JEREMIAH TALAMANTE	Sophomore	Chaffey	24.85

### Men's 400 Meters Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Keith Turner	Sophomore	Cuyamaca	47.89	10
2	Taylor Schneider	Freshman	Cuyamaca	48.10	8
3	OLUWAJIMI ALADE-CHESTER	Sophomore	Chaffey	49.35	6
4	Nick Aly	Freshman	San Diego Mesa	50.03	5
5	BAKARI FANT	Sophomore	Chaffey	50.12	4
6	Christopher Hunter	Freshman	San Bernardino Valley	50.55	3
7	Maurice Strickland	Sophomore	San Diego Mesa	50.94	2
8	Andre Garbutt	Freshman	San Diego Mesa	51.37	1
9	Emmanuel McConnell	Sophomore	Antelope Valley	51.78	-

### Men's 400 Meters Preliminaries

 Top ↑

PL	NAME	YEAR	TEAM	TIME
1	OLUWAJIMI ALADE-CHESTER	Sophomore	Chaffey	50.73
2	Keith Turner	Sophomore	Cuyamaca	50.90
3	Taylor Schneider	Freshman	Cuyamaca	51.01
4	Nick Aly	Freshman	San Diego Mesa	51.64
5	BAKARI FANT	Sophomore	Chaffey	51.66
5	Maurice Strickland	Sophomore	San Diego Mesa	51.66
7	Emmanuel McConnell	Sophomore	Antelope Valley	52.21
8	Andre Garbutt	Freshman	San Diego Mesa	52.31
9	Christopher Hunter	Freshman	San Bernardino Valley	52.40
10	Kevin Lewis	Freshman	San Diego Mesa	52.53
11	Robyn Haynes	Freshman	San Bernardino Valley	52.67
12	Deandre Garbutt	Freshman	San Diego Mesa	53.41
13	Tanner Sorensen	Sophomore	Cuyamaca	53.50
14	DANTE JACKSON	Freshman	Chaffey	53.53
15	Vaughn Thompson	Freshman	Southwestern	54.39
16	JEREMIAH TALAMANTE	Sophomore	Chaffey	54.50
17	Davontay Smith	Freshman	Antelope Valley	56.59
18	Esteban Martin Del Campo	Freshman	Southwestern	57.04

## Men's 400 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
2	Keith Turner	Sophomore	Cuyamaca	50.90
5	Maurice Strickland	Sophomore	San Diego Mesa	51.66
8	Andre Garbutt	Freshman	San Diego Mesa	52.31
11	Robyn Haynes	Freshman	San Bernardino Valley	52.67
14	DANTE JACKSON	Freshman	Chaffey	53.53
18	Esteban Martin Del Campo	Freshman	Southwestern	57.04


## Men's 400 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
3	Taylor Schneider	Freshman	Cuyamaca	51.01
5	BAKARI FANT	Sophomore	Chaffey	51.66
9	Christopher Hunter	Freshman	San Bernardino Valley	52.40
13	Tanner Sorensen	Sophomore	Cuyamaca	53.50
15	Vaughn Thompson	Freshman	Southwestern	54.39
17	Davontay Smith	Freshman	Antelope Valley	56.59

## Men's 400 Meters Preliminaries Heat 3


PL	NAME	YEAR	TEAM	TIME
1	OLUWAJIMI ALADE-CHESTER	Sophomore	Chaffey	50.73
4	Nick Aly	Freshman	San Diego Mesa	51.64
7	Emmanuel McConnell	Sophomore	Antelope Valley	52.21
10	Kevin Lewis	Freshman	San Diego Mesa	52.53
12	Deandre Garbutt	Freshman	San Diego Mesa	53.41
16	JEREMIAH TALAMANTE	Sophomore	Chaffey	54.50

## Men's 800 Meters Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Carlos Bojorquez	Freshman	San Diego Mesa	1:59.35	10
2	Connor Macky	Freshman	Cuyamaca	1:59.93	8
3	Fereon Meferia	Freshman	Cuyamaca	1:59.99	6
4	Robyn Haynes	Freshman	San Bernardino Valley	2:00.19	5
5	Havel Respes	Freshman	San Diego Mesa	2:00.22	4
6	Isai Sanchez	Freshman	Cuyamaca	2:00.64	3
7	Anthony Miller	Sophomore	San Bernardino Valley	2:02.06	2
8	Lee McAllister	Freshman	Cuyamaca	2:05.69	1
9	ALBERTO FERNANDEZ	Freshman	Chaffey	2:06.74	-

## Men's 800 Meters Preliminaries

 Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Fereon Meferia	Freshman	Cuyamaca	2:05.37
2	Jonathan Lopez	Sophomore	San Bernardino Valley	2:05.64
3	Isai Sanchez	Freshman	Cuyamaca	2:09.20
4	Carlos Bojorquez	Freshman	San Diego Mesa	2:10.82
5	Connor Macky	Freshman	Cuyamaca	2:06.32
6	Havel Respes	Freshman	San Diego Mesa	2:06.50
7	Anthony Miller	Sophomore	San Bernardino Valley	2:10.24
8	Robyn Haynes	Freshman	San Bernardino Valley	2:11.00
9	ALBERTO FERNANDEZ	Freshman	Chaffey	2:08.56
10	Lee McAllister	Freshman	Cuyamaca	2:09.16
11	Temesgen Petros	Sophomore	San Diego Mesa	2:10.77
12	Jared Powell	Freshman	San Diego Mesa	2:11.14
13	Justin Bailey	Sophomore	San Bernardino Valley	2:11.17
14	Hector Herrera	Freshman	San Bernardino Valley	2:11.37
15	Jose Paredes	Freshman	San Bernardino Valley	2:12.09
16	Carlos Sibaja	Freshman	Southwestern	2:13.30
17	Matthew Peng	Freshman	San Bernardino Valley	2:13.65
18	Esteban Martin Del Campo	Freshman	Southwestern	2:13.78
19	Donavin White	Freshman	Cuyamaca	2:14.59
20	Jose Sanchez	Freshman	Southwestern	2:15.52
21	ANDREW S. TERRY	Freshman	Chaffey	2:15.95
22	ANTHONY V. ANDERSON	Freshman	Chaffey	2:16.74
23	ALAN A. ORTEGA	Freshman	Chaffey	2:18.47
24	Patrick Tilley	Sophomore	San Diego Mesa	2:22.20
25	Ernesto Cecena	Freshman	Southwestern	2:29.34

## Men's 800 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
4	Carlos Bojorquez	Freshman	San Diego Mesa	2:10.82
8	Robyn Haynes	Freshman	San Bernardino Valley	2:11.00
12	Jared Powell	Freshman	San Diego Mesa	2:11.14
16	Carlos Sibaja	Freshman	Southwestern	2:13.30
17	Matthew Peng	Freshman	San Bernardino Valley	2:13.65
23	ALAN A. ORTEGA	Freshman	Chaffey	2:18.47
24	Patrick Tilley	Sophomore	San Diego Mesa	2:22.20

## Men's 800 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
1	Fereon Meferia	Freshman	Cuyamaca	2:05.37
6	Havel Respes	Freshman	San Diego Mesa	2:06.50
10	Lee McAllister	Freshman	Cuyamaca	2:09.16
14	Hector Herrera	Freshman	San Bernardino Valley	2:11.37
15	Jose Paredes	Freshman	San Bernardino Valley	2:12.09
22	ANTHONY V. ANDERSON	Freshman	Chaffey	2:16.74

## Men's 800 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
2	Jonathan Lopez	Sophomore	San Bernardino Valley	2:05.64
5	Connor Macky	Freshman	Cuyamaca	2:06.32
9	ALBERTO FERNANDEZ	Freshman	Chaffey	2:08.56
11	Temesgen Petros	Sophomore	San Diego Mesa	2:10.77
19	Donavin White	Freshman	Cuyamaca	2:14.59
21	ANDREW S. TERRY	Freshman	Chaffey	2:15.95

## Men's 800 Meters Preliminaries Heat 4

PL	NAME	YEAR	TEAM	TIME
3	Isai Sanchez	Freshman	Cuyamaca	2:09.20
7	Anthony Miller	Sophomore	San Bernardino Valley	2:10.24
13	Justin Bailey	Sophomore	San Bernardino Valley	2:11.17
18	Esteban Martin Del Campo	Freshman	Southwestern	2:13.78
20	Jose Sanchez	Freshman	Southwestern	2:15.52
25	Ernesto Cecena	Freshman	Southwestern	2:29.34

## Men's 1500 Meters Finals

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Carlos Bojorquez	Freshman	San Diego Mesa	3:58.80	10
2	Juan Arjona	Freshman	San Bernardino Valley	4:00.01	8
3	Joseph Aguilar	Freshman	San Bernardino Valley	4:01.81	6
4	Jonathan Lopez	Sophomore	San Bernardino Valley	4:02.59	5
5	Dylan Marx	Freshman	San Diego Mesa	4:02.98	4
6	Justin Bailey	Sophomore	San Bernardino Valley	4:09.27	3
7	Temesgen Petros	Sophomore	San Diego Mesa	4:13.21	2
8	Luis Flores	Sophomore	Antelope Valley	4:15.14	1
9	Alfredo Christobal	Freshman	Antelope Valley	4:16.61	-
10	Carlos Sibaja	Freshman	Southwestern	4:23.38	-
11	Kevin Orellana	Sophomore	Antelope Valley	4:30.68	-

## Men's 1500 Meters Preliminaries

 Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Jonathan Lopez	Sophomore	San Bernardino Valley	4:23.45
2	Juan Arjona	Freshman	San Bernardino Valley	4:29.93
3	Carlos Bojorquez	Freshman	San Diego Mesa	4:26.37
4	Joseph Aguilar	Freshman	San Bernardino Valley	4:32.59
5	Dylan Marx	Freshman	San Diego Mesa	4:26.42
6	Luis Flores	Sophomore	Antelope Valley	4:33.91
7	Lee McAllister	Freshman	Cuyamaca	4:27.87
8	Justin Bailey	Sophomore	San Bernardino Valley	4:34.12
9	Alfredo Christobal	Freshman	Antelope Valley	4:29.80
10	Aaron Hemphill	Freshman	San Diego Mesa	4:34.58
11	Carlos Sibaja	Freshman	Southwestern	4:37.03
12	ALBERTO FERNANDEZ	Freshman	Chaffey	4:38.65
13	Temesgen Petros	Sophomore	San Diego Mesa	4:39.09
14	Hector Herrera	Freshman	San Bernardino Valley	4:40.02
15	Sal Salinas	Freshman	San Diego Mesa	4:40.72
16	Kevin Orellana	Sophomore	Antelope Valley	4:43.98
17	ANDREW S. TERRY	Freshman	Chaffey	4:45.55
18	Jose Sanchez	Freshman	Southwestern	4:47.11
19	Patrick Tilley	Sophomore	San Diego Mesa	4:48.84
20	ANTHONY V. ANDERSON	Freshman	Chaffey	4:55.73
21	Mathew Jorge	Freshman	Cuyamaca	5:03.27
22	ALAN A. ORTEGA	Freshman	Chaffey	5:10.62
23	Ernesto Cecena	Freshman	Southwestern	5:13.08

### Men's 1500 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Jonathan Lopez	Sophomore	San Bernardino Valley	4:23.45
3	Carlos Bojorquez	Freshman	San Diego Mesa	4:26.37
5	Dylan Marx	Freshman	San Diego Mesa	4:26.42
7	Lee McAllister	Freshman	Cuyamaca	4:27.87
9	Alfredo Christobal	Freshman	Antelope Valley	4:29.80
11	Carlos Sibaja	Freshman	Southwestern	4:37.03
12	ALBERTO FERNANDEZ	Freshman	Chaffey	4:38.65
16	Kevin Orellana	Sophomore	Antelope Valley	4:43.98
19	Patrick Tilley	Sophomore	San Diego Mesa	4:48.84

### Men's 1500 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Juan Arjona	Freshman	San Bernardino Valley	4:29.93
4	Joseph Aguilar	Freshman	San Bernardino Valley	4:32.59
6	Luis Flores	Sophomore	Antelope Valley	4:33.91
8	Justin Bailey	Sophomore	San Bernardino Valley	4:34.12
10	Aaron Hemphill	Freshman	San Diego Mesa	4:34.58
13	Temesgen Petros	Sophomore	San Diego Mesa	4:39.09
14	Hector Herrera	Freshman	San Bernardino Valley	4:40.02
15	Sal Salinas	Freshman	San Diego Mesa	4:40.72
17	ANDREW S. TERRY	Freshman	Chaffey	4:45.55
18	Jose Sanchez	Freshman	Southwestern	4:47.11
20	ANTHONY V. ANDERSON	Freshman	Chaffey	4:55.73
21	Mathew Jorge	Freshman	Cuyamaca	5:03.27
22	ALAN A. ORTEGA	Freshman	Chaffey	5:10.62
23	Ernesto Cecena	Freshman	Southwestern	5:13.08

### Men's 5000 Meters

 Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Joseph Aguilar	Freshman	San Bernardino Valley	15:13.02	10
2	Aaron Thomas	Sophomore	San Diego Mesa	15:16.86	8
3	Juan Arjona	Freshman	San Bernardino Valley	15:17.63	6
4	Jonathan Lopez	Sophomore	San Bernardino Valley	15:21.48	5
5	Dylan Marx	Freshman	San Diego Mesa	15:24.01	4
6	Erik Perez	Sophomore	San Bernardino Valley	15:34.22	3
7	Francisco Gomez	Freshman	San Bernardino Valley	15:41.44	2
8	Daniel Ramos	Freshman	Antelope Valley	15:49.62	1
9	Julian Lopez	Sophomore	San Bernardino Valley	16:03.43	-
10	Tamru Alehegn	Freshman	Cuyamaca	16:05.40	-
11	Justin Bailey	Sophomore	San Bernardino Valley	16:08.67	-
12	Alfredo Rodriguez	Sophomore	Southwestern	16:15.94	-
13	Luis Flores	Sophomore	Antelope Valley	16:20.99	-
14	Hector Ramirez	Freshman	Southwestern	16:21.39	-
15	Aaron Hemphill	Freshman	San Diego Mesa	16:31.07	-
16	Adrian Ramos	Freshman	Antelope Valley	16:31.51	-
17	Jonathan Limon	Sophomore	Southwestern	16:36.71	-
18	Sal Salinas	Freshman	San Diego Mesa	16:39.13	-
19	Hector Herrera	Freshman	San Bernardino Valley	17:03.33	-
20	Alan Hennessy	Freshman	San Bernardino Valley	17:16.07	-
21	Joshua Pulido	Freshman	San Bernardino Valley	17:16.32	-
22	Jose Sanchez	Freshman	Southwestern	17:17.38	-
23	Andrew Hernandez	Freshman	Antelope Valley	17:29.29	-
24	Donavin White	Freshman	Cuyamaca	17:37.03	-
25	Mark Wolfson	Freshman	San Diego Mesa	17:53.09	-
26	Carlos Sibaja	Freshman	Southwestern	18:11.20	-
27	Esteban Martin Del Campo	Freshman	Southwestern	18:26.75	-
28	Ernesto Cecena	Freshman	Southwestern	19:03.33	-

### Men's 10,000 Meters

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Aaron Thomas	Sophomore	San Diego Mesa	35:04.64	10
2	Tamru Alehegn	Freshman	Cuyamaca	35:12.11	8
3	Francisco Gomez	Freshman	San Bernardino Valley	35:16.61	6
4	Erik Perez	Sophomore	San Bernardino Valley	35:21.73	5
5	Joseph Aguilar	Freshman	San Bernardino Valley	35:57.77	4
6	Joshua Pulido	Freshman	San Bernardino Valley	37:52.15	3
7	Tanner Perfect	Freshman	Cuyamaca	38:52.16	2
8	Jose Sanchez	Freshman	Southwestern	39:31.35	1
	David Popko	Freshman	Cuyamaca	NT	-

### Men's 110 Hurdles

W: 0.9

PL	NAME	YEAR	TEAM	TIME	SC
1	Maurice Strickland	Sophomore	San Diego Mesa	14.82	10
2	Little Thomas	Sophomore	Southwestern	15.13	8
3	DOMINYCK L. MILLER	Freshman	Chaffey	15.48	6
4	RANDALL J. STUBBLEFIELD	Freshman	Chaffey	15.64	5
5	Alex Allen	Freshman	San Diego Mesa	15.96	4
6	Trevon Jones	Freshman	San Diego Mesa	16.12	3
7	Daniel Thomas	Freshman	Cuyamaca	16.19	2
8	Chris Canseco	Freshman	San Diego Mesa	16.40	1
9	Stephen Sousa	Sophomore	San Diego Mesa	17.00	-

### Men's 400 Hurdles Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Alex Allen	Freshman	San Diego Mesa	53.99	10
2	Daniel Thomas	Freshman	Cuyamaca	56.74	8
3	Ryan Jones	Freshman	San Bernardino Valley	56.97	6
4	Trevon Jones	Freshman	San Diego Mesa	58.49	5
5	Stephen Sousa	Sophomore	San Diego Mesa	58.93	4
6	Chris Canseco	Freshman	San Diego Mesa	1:00.92	3
7	Little Thomas	Sophomore	Southwestern	1:00.94	2
8	Dezmond Bynum	Freshman	Southwestern	1:02.27	1

### Men's 400 Hurdles Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	Alex Allen	Freshman	San Diego Mesa	54.82
2	Little Thomas	Sophomore	Southwestern	59.51
3	Daniel Thomas	Freshman	Cuyamaca	57.89
4	Chris Canseco	Freshman	San Diego Mesa	58.11
5	Ryan Jones	Freshman	San Bernardino Valley	58.24
6	Trevon Jones	Freshman	San Diego Mesa	1:00.32
7	Stephen Sousa	Sophomore	San Diego Mesa	1:01.41
8	Steve Molina	Freshman	San Bernardino Valley	1:03.32
9	Dezmond Bynum	Freshman	Southwestern	1:04.25

#### Men's 400 Hurdles Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Alex Allen	Freshman	San Diego Mesa	54.82
3	Daniel Thomas	Freshman	Cuyamaca	57.89
4	Chris Canseco	Freshman	San Diego Mesa	58.11
5	Ryan Jones	Freshman	San Bernardino Valley	58.24
9	Dezmond Bynum	Freshman	Southwestern	1:04.25

#### Men's 400 Hurdles Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Little Thomas	Sophomore	Southwestern	59.51
6	Trevon Jones	Freshman	San Diego Mesa	1:00.32
7	Stephen Sousa	Sophomore	San Diego Mesa	1:01.41
8	Steve Molina	Freshman	San Bernardino Valley	1:03.32



### Men's 3000 Steeplechase

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Julian Lopez	Sophomore	San Bernardino Valley	9:49.36	10
2	Aaron Hemphill	Freshman	San Diego Mesa	10:06.66	8
3	Sal Salinas	Freshman	San Diego Mesa	10:18.06	6
4	Lee McAllister	Freshman	Cuyamaca	10:28.34	5
5	Hector Herrera	Freshman	San Bernardino Valley	10:31.89	4
6	Aaron Geisel	Freshman	Cuyamaca	10:35.12	3
7	Mathew Jorge	Freshman	Cuyamaca	10:51.26	2
8	Jose Sanchez	Freshman	Southwestern	11:22.18	1

### Men's 4 x 100 Relay

Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	San Diego Mesa	Miguel Abizaid, Seth Drake, Deandre Garbutt, Lucas Kodama	41.71	10
2	Cuyamaca	Keith Turner, Jonathon Demus, Taylor Schneider, Tanner Sorensen	42.23	8
3	Chaffey	Bakari Fant, Dishawn U. Sanders, Xavier Townsend, Shane A. McKISSICK	42.56	6
4	Southwestern	Darnell Crawford, Little Thomas, Denzel Brown, Marquis Roach	42.59	5
5	San Bernardino Valley	Reggie Hammond, Kevin Jones, Christopher Hunter, Ryan Jones	44.23	4

### Men's 4 x 400 Relay

Top ↑

PL	TEAM	ATHLETES	TIME	SC
1	San Diego Mesa	Alex Allen, Nick Aly, Andre Garbutt, Deandre Garbutt	3:16.58	10
2	Cuyamaca	Keith Turner, Tanner Sorensen, Taylor Schneider, Jonathon Demus	3:16.65	8
3	San Bernardino Valley	Robyn Haynes, Christopher Hunter, Ryan Jones, Anthony Miller	3:24.32	6
4	Southwestern	Dezmond Bynum, Darnell Crawford, Little Thomas, Marquis Roach	3:42.29	5

### Men's High Jump

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Brandon Ford	Freshman	San Diego Mesa	2.07m	6' 9.5"	10
2	Bryant Mitchell	Freshman	Southwestern	1.97m	6' 5.5"	8
3	Malik Ransom	Freshman	San Diego Mesa	1.77m	5' 9.75"	5.5
3	Maurice Strickland	Sophomore	San Diego Mesa	1.77m	5' 9.75"	5.5
5	Lucas Kodama	Sophomore	San Diego Mesa	1.72m	5' 7.75"	3.5
5	Kevin Jones	Sophomore	San Bernardino Valley	1.72m	5' 7.75"	3.5
7	Dominick Kennedy	Freshman	San Bernardino Valley	1.67m	5' 5.75"	2
8	Lucas Shepley	Freshman	Southwestern	1.62m	5' 3.75"	1
	BYRON C. ANENE	Sophomore	Chaffey	NH	NH	-
	Marques Roberts	Freshman	San Diego Mesa	NH	NH	-
	Willie Thomas	Freshman	San Diego Mesa	NH	NH	-
	Kevin Wachira	Freshman	San Diego Mesa	NH	NH	-
	Trevor Dotson	Freshman	San Diego Mesa	NH	NH	-
	Kenneth Archer	Freshman	Cuyamaca	NH	NH	-

### Men's Pole Vault

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Maurice Strickland	Sophomore	San Diego Mesa	4.30m	14' 1.25"	10
2	Nathan Will	Freshman	San Diego Mesa	4.15m	13' 7.25"	8
3	Chris Canseco	Freshman	San Diego Mesa	3.85m	12' 7.5"	6
4	Malcolm Zamora	Freshman	San Diego Mesa	3.25m	10' 8"	4.5
4	Richard Salgado	Freshman	Cuyamaca	3.25m	10' 8"	4.5
6	Kevin Magnussen	Freshman	San Diego Mesa	3.25m	10' 8"	3
	MARCUS VOLPI	Sophomore	Chaffey	NH	NH	-
	Mathew Jorge	Freshman	Cuyamaca	NH	NH	-
	Kenneth Archer	Freshman	Cuyamaca	NH	NH	-
	German Palma	Freshman	Cuyamaca	NH	NH	-

## Men's Long Jump

Top 1

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Michael Lowder	Freshman	Antelope Valley	7.33m	24' 0.75"	10
2	Brandon Ford	Freshman	San Diego Mesa	7.14m	23' 5.25"	8
3	Ryan Jones	Freshman	San Bernardino Valley	7.08m	23' 2.75"	6
4	Malik Ransom	Freshman	San Diego Mesa	7.04m	23' 1.25"	5
5	Julian Young	Sophomore	San Diego Mesa	6.82m	22' 4.5"	4
6	Kevin Wachira	Freshman	San Diego Mesa	6.69m	21' 11.5"	3
7	BAKARI FANT	Sophomore	Chaffey	6.66m	21' 10.25"	2
8	William Kreiger	Freshman	Antelope Valley	6.29m	20' 7.75"	1
9	Patrick Arizmendi	Sophomore	San Diego Mesa	6.27m	20' 7"	-
10	ALBERTO TORIBIO	Freshman	Chaffey	6.22m	20' 5"	-
11	Kevin Jones	Sophomore	San Bernardino Valley	6.12m	20' 1"	-
12	XAVIER TOWNSEND	Sophomore	Chaffey	6.11m	20' 0.5"	-
13	Tino Abon	Sophomore	San Diego Mesa	6.10m	20' 0.25"	-
14	Dominick Kennedy	Freshman	San Bernardino Valley	5.96m	19' 6.75"	-
15	Darnell Crawford	Sophomore	Southwestern	5.82m	19' 1.25"	-
16	Ronnie Bullard	Freshman	Southwestern	5.65m	18' 6.5"	-
17	Lucas Shepley	Freshman	Southwestern	5.38m	17' 8"	-
	BYRON C. ANENE	Sophomore	Chaffey	NM	NM	-

### Men's Long Jump Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	William Kreiger	Freshman	Antelope Valley	6.29m	20' 7.75"	1
10	ALBERTO TORIBIO	Freshman	Chaffey	6.22m	20' 5"	-
11	Kevin Jones	Sophomore	San Bernardino Valley	6.12m	20' 1"	-
13	Tino Abon	Sophomore	San Diego Mesa	6.10m	20' 0.25"	-
14	Dominick Kennedy	Freshman	San Bernardino Valley	5.96m	19' 6.75"	-
15	Darnell Crawford	Sophomore	Southwestern	5.82m	19' 1.25"	-
16	Ronnie Bullard	Freshman	Southwestern	5.65m	18' 6.5"	-
17	Lucas Shepley	Freshman	Southwestern	5.38m	17' 8"	-
	BYRON C. ANENE	Sophomore	Chaffey	NM	NM	-

### Men's Long Jump Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Michael Lowder	Freshman	Antelope Valley	7.33m	24' 0.75"	10
2	Brandon Ford	Freshman	San Diego Mesa	7.14m	23' 5.25"	8
3	Ryan Jones	Freshman	San Bernardino Valley	7.08m	23' 2.75"	6
4	Malik Ransom	Freshman	San Diego Mesa	7.04m	23' 1.25"	5
5	Julian Young	Sophomore	San Diego Mesa	6.82m	22' 4.5"	4
6	Kevin Wachira	Freshman	San Diego Mesa	6.69m	21' 11.5"	3
7	BAKARI FANT	Sophomore	Chaffey	6.66m	21' 10.25"	2
9	Patrick Arizmendi	Sophomore	San Diego Mesa	6.27m	20' 7"	-
12	XAVIER TOWNSEND	Sophomore	Chaffey	6.11m	20' 0.5"	-

## Men's Triple Jump

Top 1

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	XAVIER TOWNSEND	Sophomore	Chaffey	14.18m	46' 6.25"	10
2	Trevor Dotson	Freshman	San Diego Mesa	13.58m	44' 6.75"	8
3	Kevin Wachira	Freshman	San Diego Mesa	13.50m	44' 3.5"	6
4	Brandon Ford	Freshman	San Diego Mesa	13.50m	44' 3.5"	5
5	Ryan Jones	Freshman	San Bernardino Valley	13.39m	43' 11.25"	4
6	Dominick Kennedy	Freshman	San Bernardino Valley	13.16m	43' 2.25"	3
7	William Kreiger	Freshman	Antelope Valley	13.15m	43' 1.75"	2
8	Malik Ransom	Freshman	San Diego Mesa	12.66m	41' 6.5"	1
9	Julian Young	Sophomore	San Diego Mesa	12.17m	39' 11.25"	-
10	Patrick Arizmendi	Sophomore	San Diego Mesa	11.52m	37' 9.5"	-
11	JAMAR GRESHAM	Freshman	Chaffey	11.02m	36' 2"	-
	Tino Abon	Sophomore	San Diego Mesa	NM	NM	-

## Men's Shot Put

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Travis Woods	Freshman	Cuyamaca	13.56m	44' 6"	10
2	Stephen Coburn	Sophomore	San Diego Mesa	13.50m	44' 3.5"	8
3	Gilbert Navarro	Sophomore	San Diego Mesa	12.98m	42' 7"	6
4	Julian Allotta	Sophomore	San Diego Mesa	12.88m	42' 3.25"	5
5	Zach Clouse	Freshman	Cuyamaca	12.69m	41' 7.75"	4
6	Ben Kingsley	Freshman	San Diego Mesa	12.64m	41' 5.75"	3
7	Sean Boozel	Freshman	Cuyamaca	12.59m	41' 3.75"	2
8	James Faraj	Sophomore	Cuyamaca	12.19m	40' 0"	1
9	Kameron Wilson	Freshman	Cuyamaca	12.04m	39' 6"	-
10	Todd Curl	Freshman	Southwestern	11.22m	36' 9.75"	-
11	Tyrone Engleton	Freshman	Antelope Valley	10.81m	35' 5.75"	-
12	Zack Ball	Freshman	San Diego Mesa	10.80m	35' 5.25"	-
13	Andrew Brown	Freshman	San Bernardino Valley	10.67m	35' 0.25"	-
14	Sam Lutui	Freshman	San Bernardino Valley	10.61m	34' 9.75"	-

### Men's Shot Put Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	James Faraj	Sophomore	Cuyamaca	12.19m	40' 0"	1
9	Kameron Wilson	Freshman	Cuyamaca	12.04m	39' 6"	-
10	Todd Curl	Freshman	Southwestern	11.22m	36' 9.75"	-
11	Tyrone Engleton	Freshman	Antelope Valley	10.81m	35' 5.75"	-
12	Zack Ball	Freshman	San Diego Mesa	10.80m	35' 5.25"	-
13	Andrew Brown	Freshman	San Bernardino Valley	10.67m	35' 0.25"	-
14	Sam Lutui	Freshman	San Bernardino Valley	10.61m	34' 9.75"	-

### Men's Shot Put Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Travis Woods	Freshman	Cuyamaca	13.56m	44' 6"	10
2	Stephen Coburn	Sophomore	San Diego Mesa	13.50m	44' 3.5"	8
3	Gilbert Navarro	Sophomore	San Diego Mesa	12.98m	42' 7"	6
4	Julian Allotta	Sophomore	San Diego Mesa	12.88m	42' 3.25"	5
5	Zach Clouse	Freshman	Cuyamaca	12.69m	41' 7.75"	4
6	Ben Kingsley	Freshman	San Diego Mesa	12.64m	41' 5.75"	3
7	Sean Boozel	Freshman	Cuyamaca	12.59m	41' 3.75"	2

## Men's Discus

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Joseph Hall	Sophomore	Cuyamaca	45.82m	150' 4"	10
2	Sean Boozel	Freshman	Cuyamaca	45.62m	149' 8"	8
3	Julian Allotta	Sophomore	San Diego Mesa	44.31m	145' 4"	6
4	Gilbert Navarro	Sophomore	San Diego Mesa	41.34m	135' 7"	5
5	Stephen Coburn	Sophomore	San Diego Mesa	40.75m	133' 8"	4
6	Zach Clouse	Freshman	Cuyamaca	39.75m	130' 5"	3
7	Zack Ball	Freshman	San Diego Mesa	38.11m	125' 0"	2
8	Travis Woods	Freshman	Cuyamaca	34.85m	114' 4"	1
9	Eduardo Marquez	Freshman	Southwestern	33.95m	111' 5"	-
10	Erick Bravo	Freshman	Antelope Valley	33.93m	111' 4"	-
11	Ben Kingsley	Freshman	San Diego Mesa	32.27m	105' 10"	-
12	Daniel Jacobo	Freshman	Antelope Valley	32.26m	105' 10"	-
13	Todd Curl	Freshman	Southwestern	31.82m	104' 5"	-
14	Andrew Brown	Freshman	San Bernardino Valley	29.40m	96' 5"	-
15	Sam Lutui	Freshman	San Bernardino Valley	26.88m	88' 2"	-
	James Faraj	Sophomore	Cuyamaca	NM	NM	-
	Jesse Lackey	Freshman	San Diego Mesa	NM	NM	-

### Men's Discus Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	Zack Ball	Freshman	San Diego Mesa	38.11m	125' 0"	2
8	Travis Woods	Freshman	Cuyamaca	34.85m	114' 4"	1
9	Eduardo Marquez	Freshman	Southwestern	33.95m	111' 5"	-
12	Daniel Jacobo	Freshman	Antelope Valley	32.26m	105' 10"	-
13	Todd Curl	Freshman	Southwestern	31.82m	104' 5"	-
14	Andrew Brown	Freshman	San Bernardino Valley	29.40m	96' 5"	-
15	Sam Lutui	Freshman	San Bernardino Valley	26.88m	88' 2"	-
	James Faraj	Sophomore	Cuyamaca	NM	NM	-

### Men's Discus Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Joseph Hall	Sophomore	Cuyamaca	45.82m	150' 4"	10
2	Sean Boozel	Freshman	Cuyamaca	45.62m	149' 8"	8
3	Julian Allotta	Sophomore	San Diego Mesa	44.31m	145' 4"	6
4	Gilbert Navarro	Sophomore	San Diego Mesa	41.34m	135' 7"	5
5	Stephen Coburn	Sophomore	San Diego Mesa	40.75m	133' 8"	4
6	Zach Clouse	Freshman	Cuyamaca	39.75m	130' 5"	3
10	Erick Bravo	Freshman	Antelope Valley	33.93m	111' 4"	-
11	Ben Kingsley	Freshman	San Diego Mesa	32.27m	105' 10"	-
	Jesse Lackey	Freshman	San Diego Mesa	NM	NM	-

## Men's Hammer

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Joseph Hall	Sophomore	Cuyamaca	52.31m	171' 7"	10
2	Sean Boozel	Freshman	Cuyamaca	43.77m	143' 7"	8
3	Eduardo Marquez	Freshman	Southwestern	42.44m	139' 3"	6
4	James Faraj	Sophomore	Cuyamaca	39.89m	130' 10"	5
5	Gilbert Navarro	Sophomore	San Diego Mesa	39.35m	129' 1"	4
6	Julian Allotta	Sophomore	San Diego Mesa	37.02m	121' 5"	3
7	Travis Woods	Freshman	Cuyamaca	34.38m	112' 9"	2
8	Patrick Larkin	Freshman	Antelope Valley	34.36m	112' 9"	1
9	Kendrick Nelson	Freshman	Antelope Valley	34.29m	112' 6"	-
10	Daniel Jacobo	Freshman	Antelope Valley	31.34m	102' 10"	-
11	Ben Kingsley	Freshman	San Diego Mesa	30.59m	100' 4"	-
12	Andrew Brown	Freshman	San Bernardino Valley	27.62m	90' 7"	-
	Sam Lutui	Freshman	San Bernardino Valley	NM	NM	-
	Kameron Wilson	Freshman	Cuyamaca	NM	NM	-

### Men's Hammer Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	Travis Woods	Freshman	Cuyamaca	34.38m	112' 9"	2
9	Kendrick Nelson	Freshman	Antelope Valley	34.29m	112' 6"	-
10	Daniel Jacobo	Freshman	Antelope Valley	31.34m	102' 10"	-
11	Ben Kingsley	Freshman	San Diego Mesa	30.59m	100' 4"	-
12	Andrew Brown	Freshman	San Bernardino Valley	27.62m	90' 7"	-
	Sam Lutui	Freshman	San Bernardino Valley	NM	NM	-
	Kameron Wilson	Freshman	Cuyamaca	NM	NM	-

### Men's Hammer Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Joseph Hall	Sophomore	Cuyamaca	52.31m	171' 7"	10
2	Sean Boozel	Freshman	Cuyamaca	43.77m	143' 7"	8
3	Eduardo Marquez	Freshman	Southwestern	42.44m	139' 3"	6
4	James Faraj	Sophomore	Cuyamaca	39.89m	130' 10"	5
5	Gilbert Navarro	Sophomore	San Diego Mesa	39.35m	129' 1"	4
6	Julian Allotta	Sophomore	San Diego Mesa	37.02m	121' 5"	3
8	Patrick Larkin	Freshman	Antelope Valley	34.36m	112' 9"	1

## Men's Javelin

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	DAMANI BROWN	Sophomore	Chaffey	61.06m	200' 4"	10
2	Stephen Sousa	Sophomore	San Diego Mesa	52.46m	172' 1"	8
3	Kendrick Nelson	Freshman	Antelope Valley	49.60m	162' 9"	6
4	Sean Boozel	Freshman	Cuyamaca	47.34m	155' 4"	5
5	ALBERTO TORIBIO	Freshman	Chaffey	46.89m	153' 10"	4
6	Ben Kingsley	Freshman	San Diego Mesa	45.14m	148' 1"	3
7	Chris Canseco	Freshman	San Diego Mesa	44.94m	147' 5"	2
8	Malcolm Zamora	Freshman	San Diego Mesa	43.35m	142' 3"	1
9	Gilbert Navarro	Sophomore	San Diego Mesa	42.00m	137' 9"	-
10	Kevin Magnussen	Freshman	San Diego Mesa	38.36m	125' 10"	-
11	William Kreiger	Freshman	Antelope Valley	35.43m	116' 3"	-
12	Todd Curl	Freshman	Southwestern	35.15m	115' 4"	-
13	Dominick Kennedy	Freshman	San Bernardino Valley	34.96m	114' 8"	-
14	Andrew Brown	Freshman	San Bernardino Valley	32.75m	107' 5"	-
15	Nathan Will	Freshman	San Diego Mesa	31.16m	102' 3"	-
16	Joseph Hall	Sophomore	Cuyamaca	31.15m	102' 2"	-
17	Sam Lutui	Freshman	San Bernardino Valley	22.06m	72' 4"	-
	Jesse Lackey	Freshman	San Diego Mesa	NM	NM	-
	Willie Thomas	Freshman	San Diego Mesa	NM	NM	-
	Ryan Jones	Freshman	San Bernardino Valley	NM	NM	-
	Steve Molina	Freshman	San Bernardino Valley	NM	NM	-
	Travis Woods	Freshman	Cuyamaca	NM	NM	-
	Eduardo Marquez	Freshman	Southwestern	NM	NM	-

Men's Javelin Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
5	ALBERTO TORIBIO	Freshman	Chaffey	46.89m	153' 10"	4
8	Malcolm Zamora	Freshman	San Diego Mesa	43.35m	142' 3"	1
10	Kevin Magnussen	Freshman	San Diego Mesa	38.36m	125' 10"	-
11	William Kreiger	Freshman	Antelope Valley	35.43m	116' 3"	-
12	Todd Curl	Freshman	Southwestern	35.15m	115' 4"	-
13	Dominick Kennedy	Freshman	San Bernardino Valley	34.96m	114' 8"	-
14	Andrew Brown	Freshman	San Bernardino Valley	32.75m	107' 5"	-
15	Nathan Will	Freshman	San Diego Mesa	31.16m	102' 3"	-
17	Sam Lutui	Freshman	San Bernardino Valley	22.06m	72' 4"	-
	Eduardo Marquez	Freshman	Southwestern	NM	NM	-
	Steve Molina	Freshman	San Bernardino Valley	NM	NM	-

Men's Javelin Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	DAMANI BROWN	Sophomore	Chaffey	61.06m	200' 4"	10
2	Stephen Sousa	Sophomore	San Diego Mesa	52.46m	172' 1"	8
3	Kendrick Nelson	Freshman	Antelope Valley	49.60m	162' 9"	6
4	Sean Boozel	Freshman	Cuyamaca	47.34m	155' 4"	5
6	Ben Kingsley	Freshman	San Diego Mesa	45.14m	148' 1"	3
7	Chris Canseco	Freshman	San Diego Mesa	44.94m	147' 5"	2
9	Gilbert Navarro	Sophomore	San Diego Mesa	42.00m	137' 9"	-
16	Joseph Hall	Sophomore	Cuyamaca	31.15m	102' 2"	-
	Jesse Lackey	Freshman	San Diego Mesa	NM	NM	-
	Willie Thomas	Freshman	San Diego Mesa	NM	NM	-
	Ryan Jones	Freshman	San Bernardino Valley	NM	NM	-
	Travis Woods	Freshman	Cuyamaca	NM	NM	-

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## Foothill Conference Championships

April 18-21, 2012 | San Diego Mesa - San Diego, CA

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### Women's 100 Meters Finals

W: 1.5

PL	NAME	YEAR	TEAM	TIME	SC
1	Elena Jefferson	Sophomore	Palomar	12.45	10
2	ALEXIS M. REED	Freshman	Chaffey	12.51	8
3	Brittany Hollie	Sophomore	Southwestern	12.56	6
4	Kyaundra Davis	Sophomore	Southwestern	12.76	5
5	AYANNA BROWN	Freshman	Chaffey	12.88	4
6	BRITINEY L. EDWARDS	Freshman	Chaffey	12.90	3
7	BRIA EDWARDS	Freshman	Chaffey	12.94	2
8	Leah Flores	Sophomore	San Diego Mesa	13.35	1

### Women's 100 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	ALEXIS M. REED	Freshman	Chaffey	12.29
2	Brittany Hollie	Sophomore	Southwestern	12.40
3	Elena Jefferson	Sophomore	Palomar	12.42
4	Kyaundra Davis	Sophomore	Southwestern	12.62
5	AYANNA BROWN	Freshman	Chaffey	12.73
6	BRITINEY L. EDWARDS	Freshman	Chaffey	12.75
7	BRIA EDWARDS	Freshman	Chaffey	12.76
8	Briana Stone	Freshman	San Diego Mesa	12.98
9	Leah Flores	Sophomore	San Diego Mesa	13.06
10	Stevi Hall	Freshman	San Diego Mesa	13.12
11	Breanna Junious	Freshman	Southwestern	13.14
12	Lauren McCollum	Freshman	San Bernardino Valley	13.21
13	Jazsmen Hilbert	Freshman	Southwestern	13.54
14	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	13.72
15	Stormi Jones	Freshman	San Bernardino Valley	14.16
16	Mayra Rivera	Freshman	Palomar	14.50
17	Kensi Walters	Freshman	Palomar	14.51

#### Women's 100 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	ALEXIS M. REED	Freshman	Chaffey	12.29
4	Kyaundra Davis	Sophomore	Southwestern	12.62
7	BRIA EDWARDS	Freshman	Chaffey	12.76
8	Briana Stone	Freshman	San Diego Mesa	12.98
12	Lauren McCollum	Freshman	San Bernardino Valley	13.21
13	Jazsmen Hilbert	Freshman	Southwestern	13.54

#### Women's 100 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
3	Elena Jefferson	Sophomore	Palomar	12.42
9	Leah Flores	Sophomore	San Diego Mesa	13.06
11	Breanna Junious	Freshman	Southwestern	13.14
14	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	13.72
16	Mayra Rivera	Freshman	Palomar	14.50

#### Women's 100 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
2	Brittany Hollie	Sophomore	Southwestern	12.40
5	AYANNA BROWN	Freshman	Chaffey	12.73
6	BRITINEY L. EDWARDS	Freshman	Chaffey	12.75
10	Stevi Hall	Freshman	San Diego Mesa	13.12
15	Stormi Jones	Freshman	San Bernardino Valley	14.16
17	Kensi Walters	Freshman	Palomar	14.51

## Women's 200 Meters Finals

PL	NAME	YEAR	TEAM	TIME	SC
1	Christen Rivers	Sophomore	Antelope Valley	24.19	10
2	Ashley Le Grand	Sophomore	Antelope Valley	25.14	8
3	Elena Jefferson	Sophomore	Palomar	25.71	6
4	Shanice Stewart	Freshman	San Bernardino Valley	26.00	5
5	BRIA EDWARDS	Freshman	Chaffey	26.46	4
6	Tia Knight	Freshman	Cuyamaca	26.54	3
7	Brittany Hollie	Sophomore	Southwestern	26.65	2

## Women's 200 Meters Preliminaries

PL	NAME	YEAR	TEAM	TIME
1	Christen Rivers	Sophomore	Antelope Valley	24.72
2	Ashley Le Grand	Sophomore	Antelope Valley	25.74
3	Elena Jefferson	Sophomore	Palomar	25.83
4	Brittany Hollie	Sophomore	Southwestern	26.21
5	ALEXIS M. REED	Freshman	Chaffey	26.62
6	Shanice Stewart	Freshman	San Bernardino Valley	26.63
7	BRIA EDWARDS	Freshman	Chaffey	26.68
8	LAUREN LAKEY	Sophomore	Chaffey	26.78
9	Tia Knight	Freshman	Cuyamaca	26.87
10	Stevi Hall	Freshman	San Diego Mesa	26.97
11	Kianna Valdez	Freshman	San Diego Mesa	27.06
12	AYANNA BROWN	Freshman	Chaffey	27.10
13	Kyaundra Davis	Sophomore	Southwestern	27.30
14	Jasmine Stevens	Freshman	Cuyamaca	27.43
15	Nikki Smith	Freshman	San Diego Mesa	27.88
16	Elizabeth Hines	Freshman	Cuyamaca	28.51
17	Leah Flores	Sophomore	San Diego Mesa	28.77
18	Jazsmen Hilbert	Freshman	Southwestern	28.83
19	Stormi Jones	Freshman	San Bernardino Valley	29.84
20	Mayra Rivera	Freshman	Palomar	30.46
	Amia O'Neal	Sophomore	Southwestern	NT

### Women's 200 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Christen Rivers	Sophomore	Antelope Valley	24.72
7	BRIA EDWARDS	Freshman	Chaffey	26.68
9	Tia Knight	Freshman	Cuyamaca	26.87
11	Kianna Valdez	Freshman	San Diego Mesa	27.06
15	Nikki Smith	Freshman	San Diego Mesa	27.88
16	Elizabeth Hines	Freshman	Cuyamaca	28.51
19	Stormi Jones	Freshman	San Bernardino Valley	29.84

### Women's 200 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Ashley Le Grand	Sophomore	Antelope Valley	25.74
6	Shanice Stewart	Freshman	San Bernardino Valley	26.63
8	LAUREN LAKEY	Sophomore	Chaffey	26.78
17	Leah Flores	Sophomore	San Diego Mesa	28.77
18	Jazsmen Hilbert	Freshman	Southwestern	28.83
20	Mayra Rivera	Freshman	Palomar	30.46

### Women's 200 Meters Preliminaries Heat 3

PL	NAME	YEAR	TEAM	TIME
3	Elena Jefferson	Sophomore	Palomar	25.83
4	Brittany Hollie	Sophomore	Southwestern	26.21
5	ALEXIS M. REED	Freshman	Chaffey	26.62
10	Stevi Hall	Freshman	San Diego Mesa	26.97
12	AYANNA BROWN	Freshman	Chaffey	27.10
13	Kyaundra Davis	Sophomore	Southwestern	27.30
14	Jasmine Stevens	Freshman	Cuyamaca	27.43
	Amia O'Neal	Sophomore	Southwestern	NT

## Women's 400 Meters

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Christen Rivers	Sophomore	Antelope Valley	54.55	10
2	Ashley Le Grand	Sophomore	Antelope Valley	57.57	8
3	Shanea Miller	Sophomore	Antelope Valley	59.80	6
4	Kianna Valdez	Freshman	San Diego Mesa	1:00.00	5
5	LAUREN LAKEY	Sophomore	Chaffey	1:00.27	4
6	Nikki Smith	Freshman	San Diego Mesa	1:02.26	3
7	Jasmine Stevens	Freshman	Cuyamaca	1:04.18	2
8	Miriam Cardenas	Sophomore	Southwestern	1:04.24	1
9	Amia O'Neal	Sophomore	Southwestern	1:07.54	-

## Women's 800 Meters Finals

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	BRIKEL BAILEY	Sophomore	Chaffey	2:20.02	10
2	Laura Delgado	Freshman	Cuyamaca	2:24.18	8
3	Mandy Blume	Sophomore	San Diego Mesa	2:27.41	6
4	Amber Lau	Freshman	San Diego Mesa	2:27.82	5
5	Pamela Castro	Freshman	Southwestern	2:29.45	4
6	Katie Sanger	Freshman	Palomar	2:30.95	3
7	Cristal Favela	Freshman	Palomar	2:35.30	2
8	Miriam Cardenas	Sophomore	Southwestern	2:36.20	1
9	Tori Dorsey	Freshman	Palomar	2:50.71	-

## Women's 800 Meters Preliminaries

Top ↑

PL	NAME	YEAR	TEAM	TIME
1	BRIKEL BAILEY	Sophomore	Chaffey	2:28.95
2	Katie Sanger	Freshman	Palomar	2:31.40
3	Mandy Blume	Sophomore	San Diego Mesa	2:32.91
4	Laura Delgado	Freshman	Cuyamaca	2:35.39
5	Pamela Castro	Freshman	Southwestern	2:33.12
6	Amber Lau	Freshman	San Diego Mesa	2:36.71
7	Tori Dorsey	Freshman	Palomar	2:37.19
8	Cristal Favela	Freshman	Palomar	2:37.43
9	Miriam Cardenas	Sophomore	Southwestern	2:39.44
10	Mariah Calvani	Freshman	Cuyamaca	2:43.05
11	Deana Herzberger	Freshman	San Diego Mesa	2:49.70
12	Natalie Contreras	Sophomore	Antelope Valley	2:53.71
13	Gina Soria	Freshman	San Diego Mesa	2:55.79
14	Alexis Smith	Freshman	Palomar	3:03.95
15	Mayra Olea	Sophomore	Palomar	3:13.56

### Women's 800 Meters Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	BRIKEL BAILEY	Sophomore	Chaffey	2:28.95
3	Mandy Blume	Sophomore	San Diego Mesa	2:32.91
5	Pamela Castro	Freshman	Southwestern	2:33.12
7	Tori Dorsey	Freshman	Palomar	2:37.19
9	Miriam Cardenas	Sophomore	Southwestern	2:39.44
10	Mariah Calvani	Freshman	Cuyamaca	2:43.05
13	Gina Soria	Freshman	San Diego Mesa	2:55.79
14	Alexis Smith	Freshman	Palomar	3:03.95

### Women's 800 Meters Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Katie Sanger	Freshman	Palomar	2:31.40
4	Laura Delgado	Freshman	Cuyamaca	2:35.39
6	Amber Lau	Freshman	San Diego Mesa	2:36.71
8	Cristal Favela	Freshman	Palomar	2:37.43
11	Deana Herzberger	Freshman	San Diego Mesa	2:49.70
12	Natalie Contreras	Sophomore	Antelope Valley	2:53.71
15	Mayra Olea	Sophomore	Palomar	3:13.56



## Women's 1500 Meters

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Emma Ramirez	Freshman	Antelope Valley	4:49.37	10
2	Mandy Blume	Sophomore	San Diego Mesa	5:04.44	8
3	Monica Vasquez	Freshman	Antelope Valley	5:08.67	6
4	Cristal Favela	Freshman	Palomar	5:10.85	5
5	Melina Hernandez	Freshman	San Bernardino Valley	5:11.36	4
6	Karla Gadea	Freshman	Southwestern	5:14.30	3
7	VANESSA CAMPOS	Freshman	Chaffey	5:48.63	2
8	MARIA AHUMADA	Freshman	Chaffey	5:50.68	1
9	Deana Herzberger	Freshman	San Diego Mesa	5:52.71	-
10	Alexis Smith	Freshman	Palomar	5:53.71	-
11	Cassandra Luna	Freshman	Southwestern	5:55.01	-
12	Tori Dorsey	Freshman	Palomar	5:55.90	-
13	Rachel Powers	Freshman	San Diego Mesa	6:17.53	-
14	Mayra Olea	Sophomore	Palomar	6:38.92	-

## Women's 5000 Meters

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Kathryn Bouvatte	Sophomore	Palomar	18:20.72	10
2	Ayded Reyes	Sophomore	Southwestern	18:23.16	8
3	Emma Ramirez	Freshman	Antelope Valley	18:30.60	6
4	Danielle Chavarria	Sophomore	Antelope Valley	18:47.68	5
5	Valerie Hycz	Sophomore	Southwestern	19:06.26	4
6	Grace Hanshaw	Freshman	San Diego Mesa	19:15.63	3
7	Monica Vasquez	Freshman	Antelope Valley	20:09.43	2
8	Melina Hernandez	Freshman	San Bernardino Valley	20:23.04	1
9	Katie Coleman	Freshman	San Diego Mesa	20:26.50	-
10	Estefania Villanueva	Freshman	Southwestern	21:00.41	-
11	Karla Gadea	Freshman	Southwestern	21:17.28	-
12	Cassandra Luna	Freshman	Southwestern	22:09.58	-

## Women's 10,000 Meters

Top ↑

PL	NAME	YEAR	TEAM	TIME	SC
1	Kathryn Bouvatte	Sophomore	Palomar	42:19.77	10
2	Ayded Reyes	Sophomore	Southwestern	42:36.69	8
3	Valerie Hycz	Sophomore	Southwestern	43:42.80	6
4	Charity Schroeder	Sophomore	Antelope Valley	44:10.35	5
5	Katie Coleman	Freshman	San Diego Mesa	46:40.42	4
6	Karla Gadea	Freshman	Southwestern	47:16.63	3
7	Gina Soria	Freshman	San Diego Mesa	53:05.54	2

## Women's 100 Hurdles Finals

W: 1.0

PL	NAME	YEAR	TEAM	TIME	SC
1	Brittany Hollie	Sophomore	Southwestern	14.70	10
2	Shanice Stewart	Freshman	San Bernardino Valley	14.71	8
3	Tia Knight	Freshman	Cuyamaca	15.80	6
4	Destiny Wilson	Freshman	Antelope Valley	15.88	5
5	Breanna Junious	Freshman	Southwestern	16.29	4
6	Cortney Wood	Freshman	San Diego Mesa	16.30	3
7	Amber Lau	Freshman	San Diego Mesa	16.56	2
8	Denisha Johnson	Sophomore	Southwestern	17.66	1
9	Dana Felt	Sophomore	San Diego Mesa	17.74	-

## Women's 100 Hurdles Preliminaries

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME
1	Shanice Stewart	Freshman	San Bernardino Valley	14.15
2	Brittany Hollie	Sophomore	Southwestern	14.52
3	Tia Knight	Freshman	Cuyamaca	15.26
4	Breanna Junious	Freshman	Southwestern	15.52
5	Cortney Wood	Freshman	San Diego Mesa	15.59
6	Destiny Wilson	Freshman	Antelope Valley	15.82
7	Caitlyn Tischer	Freshman	Cuyamaca	16.14
8	Amber Lau	Freshman	San Diego Mesa	16.36
9	Dana Felt	Sophomore	San Diego Mesa	17.26
10	Denisha Johnson	Sophomore	Southwestern	17.39
11	Bridget Taylor	Freshman	San Diego Mesa	17.76
12	Kathrine Dever	Sophomore	Palomar	19.12

### Women's 100 Hurdles Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
1	Shanice Stewart	Freshman	San Bernardino Valley	14.15
4	Breanna Junious	Freshman	Southwestern	15.52
5	Cortney Wood	Freshman	San Diego Mesa	15.59
8	Amber Lau	Freshman	San Diego Mesa	16.36
9	Dana Felt	Sophomore	San Diego Mesa	17.26
12	Kathrine Dever	Sophomore	Palomar	19.12

### Women's 100 Hurdles Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
2	Brittany Hollie	Sophomore	Southwestern	14.52
3	Tia Knight	Freshman	Cuyamaca	15.26
6	Destiny Wilson	Freshman	Antelope Valley	15.82
7	Caitlyn Tischer	Freshman	Cuyamaca	16.14
10	Denisha Johnson	Sophomore	Southwestern	17.39
11	Bridget Taylor	Freshman	San Diego Mesa	17.76

## Women's 400 Hurdles Finals

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Destiny Wilson	Freshman	Antelope Valley	1:04.28	10
2	Cortney Wood	Freshman	San Diego Mesa	1:05.16	8
3	Bridget Taylor	Freshman	San Diego Mesa	1:09.41	6
4	Caitlyn Tischer	Freshman	Cuyamaca	1:10.26	5
5	Elizabeth Hines	Freshman	Cuyamaca	1:10.68	4
6	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	1:11.46	3
7	Lauren McCollum	Freshman	San Bernardino Valley	1:12.71	2
8	Breanna Junious	Freshman	Southwestern	1:15.20	1
9	Denisha Johnson	Sophomore	Southwestern	1:16.53	-

## Women's 400 Hurdles Preliminaries

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME
1	Cortney Wood	Freshman	San Diego Mesa	1:06.99
2	Destiny Wilson	Freshman	Antelope Valley	1:08.04
3	Caitlyn Tischer	Freshman	Cuyamaca	1:11.77
4	Bridget Taylor	Freshman	San Diego Mesa	1:12.24
5	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	1:14.60
6	Elizabeth Hines	Freshman	Cuyamaca	1:15.00
7	Lauren McCollum	Freshman	San Bernardino Valley	1:15.64
8	Breanna Junious	Freshman	Southwestern	1:17.54
9	Denisha Johnson	Sophomore	Southwestern	1:18.31
10	Kathrine Dever	Sophomore	Palomar	1:19.78

### Women's 400 Hurdles Preliminaries Heat 1

PL	NAME	YEAR	TEAM	TIME
2	Destiny Wilson	Freshman	Antelope Valley	1:08.04
3	Caitlyn Tischer	Freshman	Cuyamaca	1:11.77
5	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	1:14.60
7	Lauren McCollum	Freshman	San Bernardino Valley	1:15.64
8	Breanna Junious	Freshman	Southwestern	1:17.54

### Women's 400 Hurdles Preliminaries Heat 2

PL	NAME	YEAR	TEAM	TIME
1	Cortney Wood	Freshman	San Diego Mesa	1:06.99
4	Bridget Taylor	Freshman	San Diego Mesa	1:12.24
6	Elizabeth Hines	Freshman	Cuyamaca	1:15.00
9	Denisha Johnson	Sophomore	Southwestern	1:18.31
10	Kathrine Dever	Sophomore	Palomar	1:19.78

## Women's 3000 Steeplechase

[Top ↑](#)

PL	NAME	YEAR	TEAM	TIME	SC
1	Ayded Reyes	Sophomore	Southwestern	11:43.24	10
2	Katie Sanger	Freshman	Palomar	12:05.17	8
3	Valerie Hycz	Sophomore	Southwestern	12:29.42	6
4	Minerva Perez	Freshman	San Diego Mesa	14:14.82	5
5	Rachel Powers	Freshman	San Diego Mesa	15:09.30	4

## Women's 4 x 100 Relay

[Top ↑](#)

PL	TEAM	ATHLETES	TIME	SC
1	Antelope Valley	Ashley Le Grand, Shanea Miller, Christen Rivers, Destiny Wilson	48.11	10
2	Cuyamaca	Jasmine Harris, Jasmine Stevens, Tia Knight, Caitlyn Tischer	49.72	8
3	Southwestern	Kyaundra Davis, Breanna Junious, Jazsmen Hilbert, Brittany Hollie	50.25	6
4	San Diego Mesa	Leah Flores, Stevi Hall, Nikki Smith, Briana Stone	50.6	5

## Women's 4 x 400 Relay

[Top ↑](#)

PL	TEAM	ATHLETES	TIME	SC
1	Antelope Valley	Ashley Le Grand, Shanea Miller, Christen Rivers, Destiny Wilson	3:55.95	10
2	San Diego Mesa	Mandy Blume, Amber Lau, Minerva Perez, Nikki Smith	4:06.08	8
3	Cuyamaca	Caitlyn Tischer, Tia Knight, Jasmine Stevens, Jasmine Harris	4:07.64	6
4	Southwestern	Pamela Castro, Miriam Cardenas, Brittany Hollie, Breanna Junious	4:24.92	5
5	Palomar	Kathrine Dever, Tori Dorsey, Mayra Rivera, Katie Sanger	4:29.56	4

## Women's High Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Santana Alford	Sophomore	Antelope Valley	1.67m	5' 5.75"	10
2	Shanice Stewart	Freshman	San Bernardino Valley	1.62m	5' 3.75"	8
3	Stevi Hall	Freshman	San Diego Mesa	1.52m	4' 11.75"	5.5
3	Jacy Epperson	Freshman	Cuyamaca	1.52m	4' 11.75"	5.5
5	Nikki Smith	Freshman	San Diego Mesa	1.47m	4' 9.75"	4
6	Elena Jefferson	Sophomore	Palomar	1.42m	4' 7.75"	2.5
6	Jasmine Stevens	Freshman	Cuyamaca	1.42m	4' 7.75"	2.5
8	Jessica Redding	Sophomore	Southwestern	1.37m	4' 6"	0.33
8	Cortney Wood	Freshman	San Diego Mesa	1.37m	4' 6"	0.33
8	Stephanie Hollis	Sophomore	San Diego Mesa	1.37m	4' 6"	0.33
11	Kensi Walters	Freshman	Palomar	1.27m	4' 2"	-

## Women's Pole Vault

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Kensi Walters	Freshman	Palomar	2.95m	9' 8"	10
2	Amber Lau	Freshman	San Diego Mesa	2.65m	8' 8.25"	8
3	Cortney Wood	Freshman	San Diego Mesa	2.35m	7' 8.5"	6
4	Briana Stone	Freshman	San Diego Mesa	1.75m	5' 8.75"	5
5	Kaitlyn Fusco	Sophomore	Cuyamaca	1.75m	5' 8.75"	4

## Women's Long Jump

[Top ↑](#)

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Shanice Stewart	Freshman	San Bernardino Valley	5.97m	19' 7"	10
2	Elena Jefferson	Sophomore	Palomar	5.45m	17' 10.75"	8
3	Stevi Hall	Freshman	San Diego Mesa	5.14m	16' 10.5"	6
4	Briana Stone	Freshman	San Diego Mesa	5.13m	16' 10"	5
5	BREANNA N. STEWARD	Freshman	Chaffey	5.11m	16' 9.25"	4
6	Lauren McCollum	Freshman	San Bernardino Valley	4.99m	16' 4.5"	3
7	Amber Lau	Freshman	San Diego Mesa	4.98m	16' 4.25"	2
8	Leah Flores	Sophomore	San Diego Mesa	4.62m	15' 2"	1
9	Denisha Johnson	Sophomore	Southwestern	4.48m	14' 8.5"	-
10	Stephanie Hollis	Sophomore	San Diego Mesa	4.13m	13' 6.75"	-
	Jessica Redding	Sophomore	Southwestern	NM	NM	-

### Women's Long Jump Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
3	Stevi Hall	Freshman	San Diego Mesa	5.14m	16' 10.5"	6
6	Lauren McCollum	Freshman	San Bernardino Valley	4.99m	16' 4.5"	3
7	Amber Lau	Freshman	San Diego Mesa	4.98m	16' 4.25"	2
8	Leah Flores	Sophomore	San Diego Mesa	4.62m	15' 2"	1
9	Denisha Johnson	Sophomore	Southwestern	4.48m	14' 8.5"	-
10	Stephanie Hollis	Sophomore	San Diego Mesa	4.13m	13' 6.75"	-

### Women's Long Jump Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Shanice Stewart	Freshman	San Bernardino Valley	5.97m	19' 7"	10
2	Elena Jefferson	Sophomore	Palomar	5.45m	17' 10.75"	8
4	Briana Stone	Freshman	San Diego Mesa	5.13m	16' 10"	5
5	BREANNA N. STEWARD	Freshman	Chaffey	5.11m	16' 9.25"	4
	Jessica Redding	Sophomore	Southwestern	NM	NM	-

### Women's Triple Jump

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Maureen Ezechukwu	Sophomore	Antelope Valley	11.31m	37' 1.25"	10
2	Elena Jefferson	Sophomore	Palomar	11.28m	37' 0.25"	8
3	BREANNA N. STEWARD	Freshman	Chaffey	10.84m	35' 6.75"	6
4	Jasmine Stevens	Freshman	Cuyamaca	10.51m	34' 5.75"	5
5	Stevi Hall	Freshman	San Diego Mesa	10.31m	33' 10"	4
6	Cortney Wood	Freshman	San Diego Mesa	10.13m	33' 3"	2.5
6	Leah Flores	Sophomore	San Diego Mesa	10.13m	33' 3"	2.5
8	Stephanie Hollis	Sophomore	San Diego Mesa	9.45m	31' 0"	1

### Women's Shot Put

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Cassandra Kennison	Sophomore	San Diego Mesa	13.59m	44' 7"	10
2	Halei Warren	Sophomore	San Diego Mesa	11.53m	37' 10"	8
3	Carolina Toledo	Sophomore	Cuyamaca	11.20m	36' 9"	6
4	Shanice Stewart	Freshman	San Bernardino Valley	10.45m	34' 3.5"	5
5	Soliaana Faapouli	Freshman	Palomar	10.30m	33' 9.5"	4
6	Deanna Doss	Sophomore	Palomar	9.95m	32' 7.75"	3
7	Aleeah Madison	Freshman	San Bernardino Valley	9.76m	32' 0.25"	2
8	Sheena Lewis	Sophomore	San Diego Mesa	9.01m	29' 6.75"	1
9	ARLENE HERNANDEZ	Freshman	Chaffey	8.65m	28' 4.5"	-
10	Cierra White	Freshman	Southwestern	8.27m	27' 1.75"	-
11	Rowena Mae Paet	Freshman	Cuyamaca	7.64m	25' 0.75"	-
12	Keauna Johnson	Freshman	Southwestern	7.61m	24' 11.75"	-

### Women's Shot Put Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	Aleeah Madison	Freshman	San Bernardino Valley	9.76m	32' 0.25"	2
8	Sheena Lewis	Sophomore	San Diego Mesa	9.01m	29' 6.75"	1
9	ARLENE HERNANDEZ	Freshman	Chaffey	8.65m	28' 4.5"	-
10	Cierra White	Freshman	Southwestern	8.27m	27' 1.75"	-
11	Rowena Mae Paet	Freshman	Cuyamaca	7.64m	25' 0.75"	-
12	Keauna Johnson	Freshman	Southwestern	7.61m	24' 11.75"	-

### Women's Shot Put Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Cassandra Kennison	Sophomore	San Diego Mesa	13.59m	44' 7"	10
2	Halei Warren	Sophomore	San Diego Mesa	11.53m	37' 10"	8
3	Carolina Toledo	Sophomore	Cuyamaca	11.20m	36' 9"	6
4	Shanice Stewart	Freshman	San Bernardino Valley	10.45m	34' 3.5"	5
5	Soliaana Faapouli	Freshman	Palomar	10.30m	33' 9.5"	4
6	Deanna Doss	Sophomore	Palomar	9.95m	32' 7.75"	3

**Women's Discus**

Top↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Cassandra Kennison	Sophomore	San Diego Mesa	42.21m	138' 6"	10
2	Deanna Doss	Sophomore	Palomar	37.21m	122' 1"	8
3	Sheena Lewis	Sophomore	San Diego Mesa	37.00m	121' 5"	6
4	Carolina Toledo	Sophomore	Cuyamaca	34.95m	114' 8"	5
5	Soliaana Faapouli	Freshman	Palomar	32.90m	107' 11"	4
6	Keauna Johnson	Freshman	Southwestern	32.21m	105' 8"	3
7	Indya Stevens	Freshman	Cuyamaca	28.38m	93' 1"	2
8	Rowena Mae Paet	Freshman	Cuyamaca	22.71m	74' 6"	1
9	Cierra White	Freshman	Southwestern	22.10m	72' 6"	-
	ARLENE HERNANDEZ	Freshman	Chaffey	NM	NM	-
	Halei Warren	Sophomore	San Diego Mesa	NM	NM	-
	Aleeah Madison	Freshman	San Bernardino Valley	NM	NM	-
	Lydia Faitalia	Freshman	San Bernardino Valley	NM	NM	-
	Samantha Vernon	Freshman	Cuyamaca	NM	NM	-

**Women's Discus Flight 1**

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
7	Indya Stevens	Freshman	Cuyamaca	28.38m	93' 1"	2
8	Rowena Mae Paet	Freshman	Cuyamaca	22.71m	74' 6"	1
9	Cierra White	Freshman	Southwestern	22.10m	72' 6"	-
	ARLENE HERNANDEZ	Freshman	Chaffey	NM	NM	-
	Halei Warren	Sophomore	San Diego Mesa	NM	NM	-
	Aleeah Madison	Freshman	San Bernardino Valley	NM	NM	-
	Lydia Faitalia	Freshman	San Bernardino Valley	NM	NM	-

**Women's Discus Flight 2**

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Cassandra Kennison	Sophomore	San Diego Mesa	42.21m	138' 6"	10
2	Deanna Doss	Sophomore	Palomar	37.21m	122' 1"	8
3	Sheena Lewis	Sophomore	San Diego Mesa	37.00m	121' 5"	6
4	Carolina Toledo	Sophomore	Cuyamaca	34.95m	114' 8"	5
5	Soliaana Faapouli	Freshman	Palomar	32.90m	107' 11"	4
6	Keauna Johnson	Freshman	Southwestern	32.21m	105' 8"	3
	Samantha Vernon	Freshman	Cuyamaca	NM	NM	-

**Women's Hammer**

Top↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Deanna Doss	Sophomore	Palomar	45.94m	150' 9"	10
2	Soliaana Faapouli	Freshman	Palomar	42.96m	140' 11"	8
3	Samantha Vernon	Freshman	Cuyamaca	38.50m	126' 4"	6
4	Carolina Toledo	Sophomore	Cuyamaca	37.49m	123' 0"	5
5	Sheena Lewis	Sophomore	San Diego Mesa	34.35m	112' 8"	4
6	Aleeah Madison	Freshman	San Bernardino Valley	29.55m	96' 11"	3
7	Cierra White	Freshman	Southwestern	24.25m	79' 7"	2
8	Rowena Mae Paet	Freshman	Cuyamaca	22.09m	72' 6"	1
	Cassandra Kennison	Sophomore	San Diego Mesa	NM	NM	-
	Lydia Faitalia	Freshman	San Bernardino Valley	NM	NM	-
	Indya Stevens	Freshman	Cuyamaca	NM	NM	-

Women's Javelin

Top ↑

PL	NAME	YEAR	TEAM	MARK	CONV	SC
1	Cassandra Kennison	Sophomore	San Diego Mesa	33.83m	111' 0"	10
2	Deanna Doss	Sophomore	Palomar	31.34m	102' 10"	8
3	Keauna Johnson	Freshman	Southwestern	30.83m	101' 2"	6
4	Soliaana Faapouli	Freshman	Palomar	30.82m	101' 1"	5
5	Cortney Wood	Freshman	San Diego Mesa	29.45m	96' 7"	4
6	Shanice Stewart	Freshman	San Bernardino Valley	29.37m	96' 4"	3
7	Carolina Toledo	Sophomore	Cuyamaca	27.65m	90' 8"	2
8	Kathrine Dever	Sophomore	Palomar	24.88m	81' 7"	1
9	Stormi Jones	Freshman	San Bernardino Valley	22.16m	72' 8"	-
10	Indya Stevens	Freshman	Cuyamaca	18.79m	61' 8"	-
11	Denisha Johnson	Sophomore	Southwestern	17.50m	57' 5"	-
12	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	17.39m	57' 1"	-
13	Rowena Mae Paet	Freshman	Cuyamaca	16.37m	53' 8"	-
	Halei Warren	Sophomore	San Diego Mesa	NM	NM	-
	Aleeah Madison	Freshman	San Bernardino Valley	NM	NM	-
	Lydia Faitalia	Freshman	San Bernardino Valley	NM	NM	-

Women's Javelin Flight 1

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
8	Kathrine Dever	Sophomore	Palomar	24.88m	81' 7"	1
9	Stormi Jones	Freshman	San Bernardino Valley	22.16m	72' 8"	-
10	Indya Stevens	Freshman	Cuyamaca	18.79m	61' 8"	-
11	Denisha Johnson	Sophomore	Southwestern	17.50m	57' 5"	-
12	Tyana Smith-Mayfield	Freshman	San Bernardino Valley	17.39m	57' 1"	-
13	Rowena Mae Paet	Freshman	Cuyamaca	16.37m	53' 8"	-
	Aleeah Madison	Freshman	San Bernardino Valley	NM	NM	-
	Lydia Faitalia	Freshman	San Bernardino Valley	NM	NM	-

Women's Javelin Flight 2

PL	NAME	YEAR	TEAM	MARK	ENGLISH	SC
1	Cassandra Kennison	Sophomore	San Diego Mesa	33.83m	111' 0"	10
2	Deanna Doss	Sophomore	Palomar	31.34m	102' 10"	8
3	Keauna Johnson	Freshman	Southwestern	30.83m	101' 2"	6
4	Soliaana Faapouli	Freshman	Palomar	30.82m	101' 1"	5
5	Cortney Wood	Freshman	San Diego Mesa	29.45m	96' 7"	4
6	Shanice Stewart	Freshman	San Bernardino Valley	29.37m	96' 4"	3
7	Carolina Toledo	Sophomore	Cuyamaca	27.65m	90' 8"	2
	Halei Warren	Sophomore	San Diego Mesa	NM	NM	-

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