

■ RMAC indoor championships

MEN

TEAM SCORES — Western State 156, Nebraska-Kearney 103, Fort Hays State 82, Adams State 81, Chadron State 58, Colorado Mines 12

SHOT PUT — 1, Doug Lytle, CS, 54-7. 2, Tom Brue, UNK, 50-6. 3, Tyson Bertrand, UNK, 50-4. 4, Adam Bolling, UNK, 49-3.

35-PD. WT. THROW — 1, Doug Lytle, CS, 55-5. 3, James Ayres, UNK, 50-5.

LONG JUMP — 1, Greg Lang, FHS, 23-7 $\frac{1}{2}$. 2, Jeremy Gee, UNK, 22-11. 5, Eric Bredenkamp, UNK, 22- $\frac{1}{2}$.

TRIPLE JUMP — 1, Lance Schwindt, FHS, 47-5 $\frac{1}{2}$. 5, Jeremy Gee, UNK, 44-8 $\frac{1}{2}$.

HIGH JUMP — 1, Josh Long, UNK, 6-11 $\frac{1}{2}$.

POLE VAULT — 1, Keith Schultz, UNK, 14-7. 2, Jesse Saner, UNK, 14-7. 4, Adam Ott, UNK, 14-1.

55-METER DASH — 1, Greg Smith, WS, 6.30.

200 — 1, Greg Smith, WS, 22.02. 3, Volker Olbrich, UNK, 22.84.

400 — 1, Jason Horton, AS, 50.62. 6, Eddie Lewis, UNK, 52.18.

800 — 1, Andy Lee, FHS, 1:54.60. 6, Kurt Holliday, UNK, 1:57.90.

MILE — 1, Phillip Spratley, WS, 4:11.52. 4, Ivan Ivanov, UNK, 4:13.64.

3,000 — 1, Ivan Ivanov, UNK, 8:40.2.

5,000 — 1, Jason Kayne, AS, 15:12.92. 5, Todd Fuelberth, UNK, 15:53.38.

55-METER HIGH HURDLES — 1, Casey Sherlock, CS, 7.68. 6, Eric Bredenkamp, UNK, 8.25.

4x400 RELAY — 1, Adams State 3:23.41.

DISTANCE MEDLEY RELAY — 1, UNK (Holliday, Lewis, Whitemore, Ivanov) 10:34.06.

WOMEN

TEAM SCORES — Adams State 183, Western State 105, Fort Hays State 85, Nebraska-Kearney 73, Colorado Mines 13, Chadron State 4

SHOT PUT — 1, Jennifer Zabokrtsky, FH, 45-3. 3, Melissa Gantl, UNK, 41-4. 5, Felica Goett, UNK, 38-3. 6,



Kris Kudrna, UNK, 38-2.

20-PD. WT. THROW — 1, Felica Goett, UNK, 45-8. 5, Kris Kudrna, UNK, 36-11.

LONG JUMP — 1, Ermelinda Shehu, WS, 18-8. 6, Arla Ridenour, UNK, 16-11 $\frac{1}{2}$.

TRIPLE JUMP — 1, Ermelinda Shehu, WS, 39-4 $\frac{1}{2}$. 3, Jill Sickels, UNK, 36-7 $\frac{1}{2}$.

HIGH JUMP — 1, Becky Keeler, FH, 5-5.

55-METER DASH — 1, Ermelinda Shehu, WS, 7.19. 4, Denea Basden, UNK, 7.39.

200 — 1, Carey Middlemist, AS, 26.10. 2, Denea Basden, UNK, 26.40. 3, (TIE) Arla Ridenour, UNK, 26.41. 5, Triniti Halley, UNK, 26.49.

400 — 1, Carey Middlemist, AS, 57.42. 3, Triniti Halley, UNK, 59.01.

800 — 1, Elva Dryer, WS, 2:11.99.

MILE — 1, Elva Dryer, WS, 4:49.43. 5, Kristi Thompson, UNK, 5:24.74.

3,000 — 1, Janelle Olson, AS, 10:11.04.

5,000 — 1, Kim Bugg, AS, 17:38.41.

55-METER HIGH HURDLES — 1, Sherri Strohman, AS, 8.43. 4, Erin John, UNK, 8.62.

4x400 — 1, Adams State 3:57.22. 3, UNK 4:05.94.

DISTANCE MEDLEY RELAY — 1, Adams State 12:45.78. 2, UNK 13:02.76.