

Grizzlies sweep RMAC track

Streak of six UNK men's championships ends

GOLDEN, Colo. — Adams State ended the University of Nebraska at Kearney's run as the Rocky Mountain Athletic Conference men's indoor track champions.

The Grizzlies claimed first place in Friday and Saturday's conference meet in Golden, Colo., scoring 170 points. The Lopers, who had won six straight team championships, finished second with 158 points.

THE RESULTS were the same in the women's division, where Adams State scored 184 1/2 points, while UNK tallied 158 1/2.

While Adams State won the team titles, UNK took the top individual honors. The Lopers' Kate Semin and Derek Bailey were named the Athletes of the Meet.

Semin won the 200 and 400 and anchored the winning 4x400 relay team. She also placed third in the triple jump and seventh in the high jump.

BAILEY DIDN'T win any gold medals, but he placed second in the 60-meter high hurdles and the high jump and was fourth in the triple jump.

Senior Nate Wheat was a double winner for the Lopers, taking first place in the shot put and weight throw. His performance got him nominated for the

Regional Athlete of the Year.

Senior John Laux of Lexington won the triple jump for the third straight year.

Freshman Sara Wagner won the women's triple jump and was second in the long jump.

RMAC INDOOR TRACK

WOMEN Team Scores

Adams State 184 1/2, Nebraska-Kearney 158 1/2, Fort Hays State 92, Western State 70, Chadron State 68, Colorado Mines 38, Colorado-Colorado Springs 1.

Event Results

60-METER DASH — 1, Holly Fehrenbach, FH, 7.70. 3, Amber Burke, UNK, 7.80. 5, Randi Furman, UNK, 7.94. 6, Amanda Maryott, UNK, 7.95. 7, Sara Wagner, UNK, 8.00.

200 — 1, Kate Semin, UNK, 25.94. 5, Amber Burke, UNK, 26.30. 6, Angela Sorensen, UNK, 26.50.

400 — 1, Kate Semin, UNK, 57.25. 4, Denise Kolar, UNK, 1:00.12. 8, Katie Schaneman, UNK, 1:01.71.

800 — 1, Victoria Martinez, AS, 2:14.64. 4, Kathryn Alt, UNK, 2:18.25. 5, Andrea Andersen, UNK, 2:19.39.

MILE — 1, Alisha Williams, WS, 4:51.77. 3,000 — 1, Zoila Gomez, AS, 9:54.87. 5,000 — 1, Kim Lorimer, AS, 17:40.5.

60-METER HIGH HURDLES — 1, TiaNecia Mosley, AS, 8.92. 4, Emily Volkmer, CS, 9.27. 7, Angela Sorensen, UNK, 9.41.

4x400 — 1, UNK (Denise Kolar, Andrea Andersen, Kathryn Alt, Kate Semin) 4:01.10. **DISTANCE MEDLEY** — 1, Adams State 12:18.27. 4, UNK 13:01.35.

HIGH JUMP — 1, Amanda Poore, FH, 57.14. 5, Lesley Crutcher, UNK, 53 1/4. 7, Kate Semin, UNK, 53 1/4.

POLE VAULT — 1, Jessica isenberger, CS, 11-5. 2, Kellie Hawkins, UNK, 11-5. 3, Cali Cordes, UNK, 10-11. 6, Katie Schaneman, UNK, 10-5.

LONG JUMP — 1, Nicole Goosby, AS, 20-5. 2, Sara Wagner, UNK, 19-4 1/2. 4, Emily Volkmer, CSC, 17-8 1/2. 5, Kelsey Johnson, UNK 17-8 1/4. 6, Amanda Kreikmeier, UNK, 17-7. 7, Denise Kolar, UNK, 17-4.

TRIPLE JUMP — 1, Sara Wagner, UNK, 38-9 3/4. 3, Kate Semin, UNK, 38-0 1/2. 4, Emily

Volkmer, CSC, 37-9. 4, Lesley Crutcher, UNK, 37-2.

SHOT PUT — 1, Jacqueline Wells, CSC, 47-4. 2, Shauna Birchard, UNK, 46-5. 6, Carli Seeba, UNK, 40-2.

WEIGHT THROW — 1, Jacqueline Wells, CSC, 58-0. 2, Amber Tiefenthaler, UNK, 55-10. 6, Megan Holmes, UNK, 48-0 1/2. 7, Lisa Calleroz, UNK, 47-5 1/2.

MEN Team Scores

Adams State 170, Nebraska-Kearney 158, Western State 115, Fort Hays State 62, Chadron State 56, Colorado Mines 44, CU-Colorado Springs 13.

Event results

60-METER DASH — 1, Brandon Fuller, FHS, 6.87. 8, Clark Spanel, UNK, 7.11.

200 — 1, Brian Black, WS, 22.46. 4, Joe Richardson, UNK, 23.16. 6, Cory Eastin, UNK, 23.31.

400 — 1, Derek Thornton, CSM, 49.10. 3, Lane Fattig, UNK, 51.02.

800 — 1, Adam Arellano, AS, 1:55.22. **MILE** — 1, Moses Tum, UCSS, 4:18.01.

3,000 — 1, Jesus Solis, AS, 8:35.96. **5,000** — 1, Jesus Solis, AS, 14:50.5. 8, Drew Tonnings, UNK, 15:39.12.

60-METER HIGH HURDLES — 1, Ricardo Moody, AS, 7.92. 2, Derek Bailey, UNK, 8.26. 6, Al Stahlnecker, UNK, 8.56. 8, Craig O'Dell, UNK, 8.66.

4x400 — 1, Colorado Mines 3:18.78. 5, UNK 3:29.59.

DISTANCE MEDLEY — 1, Adams State 10:13.8. 5, UNK 11:03.3.

HIGH JUMP — 1, Josh Cantu, AS, 6-10 1/2. 2, Derek Bailey, UNK, 6-10 1/2. 6, Skyler Price, UNK, 6-2 1/2.

POLE VAULT — 1, Josh Oberlaus, WS, 15-10. 2, Mike Ford, UNK, 15-10. 4, Will Hood, UNK, 15-4. 7, Dustin Vermiere, UNK, 14-4.

LONG JUMP — 1, Andrew Batten, AS, 24-1 1/2. 4, John Laux, UNK, 22-11. 5, Clark Spanel, UNK, 22-10 1/2. 7, Skyler Price, UNK, 22-2 1/2. 8, Nate Harms, UNK, 21-11 1/2.

TRIPLE JUMP — 1, John Laux, UNK, 49-11 1/4. 3, Skyler Price, UNK, 48-0. 4, Derek Bailey, UNK, 46-1 1/2. 8, Nate Harms, UNK, 43-11 1/2.

SHOT PUT — 1, Nate Wheat, UNK, 57-8 1/2. 2, Lance Pfeiffer, UNK, 55-11 1/2. 4, Scott Jorgensen, UNK, 52-10 1/2. 5, Kurt Nielsen, UNK, 52-10. 8, Trevor Botruba, UNK, 49-11.

WEIGHT THROW — 1, Nate Wheat, UNK, 58-7 1/2. 2, Derek Frese, UNK, 58-6 1/2. 4, Scott Jorgensen, UNK, 53-11. 5, Jarrod Holz, UNK, 53-7. 6, Kellen Jacobs, UNK, 52-10 1/2.