

UNK's best not enough in RMAC meet

By **BUCK MAHONEY**

Hub Sports Editor

KEARNEY — Their best wasn't good enough for the University of Nebraska at Kearney track teams.

After building huge leads Saturday, the Lopers watched Adams State blow by them Sunday to win the Rocky Mountain Athletic Conference Indoor Track and Field Championships.

The Adams State men scored 207 points to beat runner-up Western State College, which scored 141 points. The Lopers were third with 125.

In the women's division, UNK led until Adams State swept the top four spots in the 3,000 and went on to finish with 228 points. UNK scored 198 and was led by



**Cali
Cordes**



**Ross
Fellows**

Hooper junior Cali Cordes, who was named the Female Athlete of the Meet after winning the pentathlon and the pole vault and finishing fifth in the high jump.

The pentathlon was Cordes' first attempt at a multi-event competition.

"Outdoor last year they wanted me to do it at the end, but then we ended up not doing it," Cordes said. "We trained for it this year, and everything went so far, so good."

She has extensive experience in the hurdles and has thrown the shot in competition, but the other events were new to her.

"I hadn't done the 800 and I hadn't high jumped in a

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meet yet, but we had been working on high jump quite a bit, so that went really good," she said. "I hadn't worked on long jump, so that was kind of a scare going in because I didn't have a mark."

She jumped 17 feet, 3 inches in the long jump and cleared 5-4 ½ in the high jump — higher than mark she posted in the open high jump competition.

Then after winning the pentathlon, she moved to her specialty, the pole vault, where she set school and meet records by clearing 12-2.

"I don't know how I did that. The team was very supportive, and that gets the adrenaline going. Then you can do pretty much anything you want," she said. "Conference is all about

the team and you put your heart and soul out there to get as many points as you can."

"We knew she had what it takes to be one of the top gals in the conference," UNK coach Andy Meyer said. "But for her to win that and come back and PR in the pole vault and come back and place in the high jump and place as high as she did, I've got to hand it to her."

The Lopers posted season bests and personal bests too numerous to count.

Sara Wagner won the triple jump with a leap of 39-11. Lesley Crutcher won the high jump, clearing 5-7. And Kate Semin won the 400.

"The girls gave it everything they could the whole meet," Meyer said. "We did more than I can ask. We narrowed the gap, and it just wasn't enough."

The 198 points marked a school high, but the runner-up finish was the sixth straight for UNK.

"I've got to hand it to Adams State, they've got a heck of a team, and we knew that," Meyer

said. "They are going to be one of the top teams in the nation; they are one of the top teams in the nation."

"We laid it on the line, it just wasn't enough."

The Loper men also had a number of personal bests, but they won only three events. Craig O'Dell won the 60-meter high hurdles, Mike Ford won the pole vault and Derek Freese won the weight throw.

Kearney High graduate Ross Fellows was named the Freshman of the Meet after finishing second in the triple jump and third in the long jump.

"I've got to hand it to the guys, for as young as we are, we had some freshmen who really stepped up. We wouldn't have been third without that group stepping up," Meyer said.

Freshmen scored 48 of UNK's 125 points.

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TRACK & FIELD

RMAC CHAMPIONSHIPS

WOMEN

Team Scores

Adams State 228, Nebraska-Kearney 198, Chadron State 69, Western State 67, Fort Hays State 48, Colorado School of Mines 29, Colorado-Colorado Springs 21.

Event Results

(Winners and UNK placers)

60-METER DASH — 1, Melecia

Lewis, ASC, 7.69. 2, Randi Furman, UNK, 7.77. 4, Amber Burke, UNK, 7.95. 6, Amanda Maryott, UNK, 8.00.

200 — 1, Melecia Lewis, ASC, 25.43.

4, Amber Burke, UNK, 26.14. 5, Randi Furman, UNK, 26.36. 6, Kate Semin, UNK, 26.39. 8, Amanda Maryott, UNK, 26.86.

400 — 1, Kate Semin, UNK, 58.88. 2,

Denise Kolar, UNK, 59.85. 4, Carrie Divis, UNK, 1:00.12. 5, Katie Schaneman, UNK, 1:00.69.

800 — 1, Victoria Martinez, ASC,

2:13.28. 3, Andrea Andersen, UNK, 2:17.33.

MILE — 1, Virginia Coindreau,

ASC, 4:55.59.
3,000 — 1, Stephanie Bylander, ASC, 9:51.42.

5,000 — 1, Beth Merrick, ASC,

16:51.51.

60-METER HIGH HURDLES — 1,

TiaNecia Mosley, ASC, 8.87. 4, Emily Volkmer, CSC, 9.27. 7, Abby Lewis, UNK, 9.44.

4x400 — 1, Adams State 4:00.0. 2, UNK (Denise Kolar, Andrea Andersen, Carrie Divis, Kate Semin) 4:04.32.

DISTANCE MEDLEY — 1, Adams State 11:54.64. 5, UNK (Michelle Dill, Amber Burke, Andrea Andersen, Jordan Pallas) 12:19.13.

HIGH JUMP — 1, Lesley Crutcher, UNK, 5-7. 3, Shayna Fruit, UNK, 5-3. 5, Cali Cordes, UNK, 5-3.

POLE VAULT — 1, Cali Cordes, UNK, 12-2. 2, Katie Schnaeman, UNK, 11-3 $\frac{3}{4}$. 6, Christy Perry, UNK, 9-9.

LONG JUMP — 1, TiaNecia Mosley, ASC, 19-0 $\frac{1}{4}$. 3, Sara Wagner, UNK, 18-5 $\frac{1}{2}$. 4, Emily Volkmer, CSC, 17-9 $\frac{1}{2}$. 5, Kelsey Johnson, UNK, 17-7 $\frac{1}{4}$. 6, Jami Pomplun, UNK, 17-4 $\frac{1}{2}$. 7, Taylor Wolfe, 16-11 $\frac{1}{2}$.

TRIPLE JUMP — 1, Sara Wagner, UNK, 39-11. 4, Emily Volkmer, CSC, 38-1 $\frac{1}{2}$. 5, Taylor Wolfe, UNK, 36-8. 6, Lesley Crutcher, UNK, 36-3. 7, Kate Semin, UNK, 36-0 $\frac{1}{4}$.

SHOT PUT — 1, Jacqueline Wells, CSC, 48-1 $\frac{1}{2}$. 2, Shauna Birchard, UNK, 47-6 $\frac{1}{2}$. 3, Amber Tiedeman, UNK, 45-4. 8, Megan Heathers, UNK, 40-1.

WEIGHT THROW — 1, Jacqueline Wells, CSC, 58-11 $\frac{1}{4}$. 3, Ambier Tiefenthaler, UNK, 54-9 $\frac{1}{2}$. 4, Shauna Birchard, UNK, 52-4 $\frac{1}{2}$. 5, Tiffany Vermeline, UNK, 51-9 $\frac{1}{4}$. 6, Amber

Tiedeman, UNK, 49-10 $\frac{3}{4}$. 7, Carli Seeba, UNK, 47-7 $\frac{3}{4}$.

PENTATHLON — 1, Cali Cordes, UNK, 3,438. 7, Lea Schneider, UNK, 2,696.

MEN

Team Scores

Adams State 207, Western State 141, Nebraska-Kearney 125, Fort Hays State 107, Chadron State 45, Colorado Mines 28, Colorado-Colorado Springs 2.

Event Results

(Winners and UNK placers)

60-METER DASH — 1, Jon Pratter, WSC, 6.93.

200 — 1, Charles Allgood, ASC, 22.19. 7, Joshua Hofer, UNK, 23.30. 8, Ryan Brown, UNK, 23.54.

400 — 1, Zach Brown, FHS, 49.76. 4, Joshua Hofer, UNK, 51.28. 7, Ryan Brown, UNK, 51.84.

800 — 1, Aaron Davis, ASC, 1:52.94. 7, Luke Garringer, UNK, 1:57.58.

MILE — 1, Oliver Bedor, WSC, 4:13.87.

3,000 — 1, Celedonio Rodriguez, ASC, 8:14.15.

5,000 — 1, Matt Lavassiu, ASC, 14:27.83.

60-METER HURDLES — 1, Criag O'Dell, UNK, 8:22. 7, Al Stahlnecker, UNK, 8.65. 8, Darrell Branz, UNK, 8.76.

4x400 — 1, Adams State 3:22.9. 4, UNK (Ryan Brown, Joshua Hofer, Al

Stahlnecker, Joel Duffield) 3:27.36.

DISTANCE MEDLEY — 1, Adams State 10:00.38. 4, UNK (Luke Garringer, Nolan Little, Matt Bjornsen, Brock Steinbrink) 10:26.67.

HIGH JUMP — 1, Matt Bixenman, FHS, 6-7 $\frac{1}{4}$. 4T, Chris Vacha, UNK, 6-3 $\frac{1}{4}$. 4T, Michael Griess, UNK, 6-3 $\frac{1}{4}$.

POLE VAULT — 1, Mike Ford, UNK, 16-2.

LONG JUMP — 1, Josh Trahan, ASC, 23-5. 3, Ross Fellows, UNK, 22-7 $\frac{1}{2}$. 4, Matt Schukar, UNK, 22-7 $\frac{1}{2}$. 5, Seth Yount, UNK, 22-6. 8, Nate Harms, UNK, 21-10 $\frac{3}{4}$.

TRIPLE JUMP — 1, Andrew Batten, ASC, 46-1 $\frac{1}{4}$. 2, Ross Fellows, UNK, 45-2. 5, Seth Young, UNK, 42-10 $\frac{1}{4}$.

SHOT PUT — 1, Jake Evig, ASC, 53-11. 2, Mike Strong, UNK, 52-3. 5, Derek Freese, UNK, 51-8 $\frac{1}{4}$.

WEIGHT THROW — 1, Derek Freese, UNK, 62-1 $\frac{1}{2}$. 2, Kellen Jacobs, UNK, 56-0 $\frac{1}{2}$. 4, Mike Strong, UNK, 47-4. 5, Trevor Votruba, UNK, 47-0 $\frac{3}{4}$. 6, Carson Watt, UNK, 46-3 $\frac{1}{4}$.

HEPTATHLON — 1, Michael Mays, AS, 5,127. 8, Andrew Smith, UNK, 4,374.

WRESTLING

RMAC/WEST REGIONAL

Team Scores

Nebraska-Kearney 135.5, Adams