

Loper track has three winners at RMAC meet

GOLDEN, Colo. — The University of Nebraska at Kearney track teams placed fourth at the 2007 Rocky Mountain Athletic Conference Indoor Championships in Golden, Colo.

In the men's race, Adams State scored a meet-record 209 points to win a fourth straight title and their 10th overall. Western State was a distant second with 120.5 points. Chadron State (120) finished third, with UNK (112.5) fourth.

In the women's race, the Grizzlies matched their men's team with 209 points to win their sixth straight indoor title. Chadron State (160) was runner-up, Western State (142) was third and the Lopers (81) finished fourth.

UNK senior Lance Pfeiffer and junior Ross Fellows joined Dakota Cochrane in winning individual gold medals. Cochrane won the pole vault Friday night.

Pfeiffer was one of four Lopers to place in the top eight in the shot and managed his third indoor league title with a top throw of 60 feet, 5 inches. UNK's Dane Tobey (57-3 3/4) was runner-up.

Fellows earned his first RMAC indoor title by leaping 47-10 to win the triple jump.

For the UNK women, Sam Murphy was second in the shot put (44- 3/4) and Shayna Fruit tied for second in the high jump (5-5 1/4). They had the top UNK finishes.

Kaci Lickteig, UNK, 10:53.91.

5,000 — 1, Heather Wood, ASC, 18:40.51. 5, Kaci Lickteig, UNK, 19:00.59. 8, Jacquelyn Dibbern, UNK, 19:29.80.

80 Meter Hurdles — 1, TiaNecia Mosley, ASC, 8.94. 2, Emily Volkmer, CSC, 9.06. 7, Cameron Smith, UNK, 9.61.

4x400 — 1, Adams State 3:59.93. 4, Nebraska-Kearney (Dill, Schaneman, Fritson, Follis) 4:12.33.

Distance Medley — 1, Adams State 12:05.41. 5, Nebraska-Kearney (McGovern, Sechtem, Dibbern, Nevins) 13:34.10.

High Jump — 1, Patrice Henson, CHS, 5-8 1/2. 2, Shayna Fruit, UNK, 5-5 1/4. 5, Ashton Rieker, UNK, 5-1 1/4.

Pole Vault — 1, Airrie Robinson, WS, 11-2 1/4. 7, Lacey Sechtem, UNK, 9-8 1/2.

Long Jump — 1, TiaNecia Mosley, ASC, 19-4 3/4. 3, Kelli Dring, UNK, 18-9 1/4. 4, Emily Volkmer, CSC, 18-7 1/4.

Triple Jump — 1, TiaNecia Mosley, ASC, 40-0 1/2. 2, Emily Volkmer, CSC, 39-11 1/2. 5, Kelli Dring, UNK, 37-3.

Shot put — 1, Michelle Nelson, ASC, 44-8 3/4. 2, Samantha Murphy, UNK, 44-0 3/4. 7, Alicia South, UNK, 39-5.

Weight Throw — 1, Ashley Stephens, WSC, 58-10. 4, Samantha Murphy, UNK, 49-0 3/4. 7, Alex Tatro, UNK, 45-3 1/4.

Pentathlon — 1, Amanda Owens, CSC, 3,353. 6, Cameron Smith, UNK, 2,382.

MEN

Team Scores

Adams State 209, Western State 120.5, Chadron State 120, Nebraska-Kearney 112.5, Colorado Mines 67, CU-Colorado Springs 23, Metro State 7

Event Results

(Winners and selected finishers)

60-Meter Dash — 1, Corey Lenaris, ASC, 6.88. 6, Spencer Huff, UNK, 7.05

200 — 1, Corey Lenaris, ASC, 22.37. 5, Josh Hofer, UNK, 22.99.

400 — 1, Jake Streeter, ASC, 50.09. 3, Josh Hofer, UNK, 50.46.

800 — 1, Nick Lara, AS, 1:51.94.

1 Mile — 1, Reuben Chebon-Mwai, ASC, 4:17.86.

3,000 — 1, Kim Hogarth, WSC, 8:42.84.

5,000 — 1, Brian Medigovich, ASC, 15:00.68.

80 Meter Hurdles — 1, Brandon Harrington, CSC, 8.20. 5, Darrel Branz, UNK, 8.44. 6, 6, Jake Brummer, CSC, 8.51.

4x400 — 1, Adams State 3:20.72. 3, Nebraska-Kearney (Branz, Little, Eastin, Hofer) 3:25.96.

Distance Medley — 1, Adams State 9:53.09. 7, Nebraska-Kearney (willet, Teniente, Hennessey, Steinbrink) 11:21.47.

High Jump — 1, Alex Lockhart, CSM, 6-8 1/4.

Pole Vault — 1, Dakota Cochrane, UNK, 16-2. 5, 5, Adam Teniente, UNK, 14-8 1/4. 7, Andrew Smith, UNK, 14-2 1/2.

Long Jump — 1, Jourdin Holden, CSC, 24-3 3/4. 2, Spencer Huff, UNK, 23-7 1/4. 5 Seth Yount, UNK, 23-0 1/2. 6, Ross Fellows, UNK, 22-10.

Triple Jump — 1, Ross Fellows, UNK, 47-10. 4, Brett Shipp, UNK, 45-8 1/2.

Shot Put — 1, Lance Pfeiffer, UNK, 60-5. 2, Dane Tobey, UNK, 57-3 3/4. 6, Michael Strong, UNK, 49-10. 7, Brandon Karlin, UNK, 46-2 3/4. 8, Aaron Ide, CSC, 45-10 3/4.

Weight Throw — 1, Matt Gersick, ASC, 63-11. 3, Brandon Karlin, UNK, 56-6 3/4. 4, Nick Theis, UNK, 56-6. 6, Lance Pfeiffer, UNK, 54-11 1/4. 7, Dane Tobey, UNK, 54-0 1/2. 8, Chris Campbell, UNK, 52-6.

Heptathlon — 1, Michael Mays, ASC, 5,126. 4, Jake Brummer, CSC, 4,637.

RMAC CHAMPIONSHIPS

WOMEN

Team Scores

Adams State 209, Chadron State 160, Western State 142, Nebraska-Kearney 81, Colorado Mines 44, CU-Colorado Springs 20.

Event Results

(Winners and selected finishers)

60-METER DASH — 1, Drew Houston, ASC, 7.74. 5 Kelli Dring, UNK, 8.07. 7, Alicia South, UNK, 8.15.

200 — 1, Drew Houston, AS, 25.91

400 — 1, Katelyn Moore, CSC, 52.20.

800 — 1, Heather Beresford, CSM, 2:15.31. 3, Michelle Dill, UNK, 2:19.42.

1 MILE — 1, Heather Beresford, CSM, 5:05.96. 9, Anne McGover, UNK, 5:39.43.

3,000 — 1, Lavenna Mullenbach, ASC, 10:26.52. 5,