

RMAC INDOOR CHAMPIONSHIPS

WOMEN

Team Scores

Adams State 195, Western State 143.5, Nebraska-Kearney 131, Chadron State 88.5, UC-Colorado Springs 47, Colorado Mines 30, Mesa State 15, New Mexico Highlands 7, Metro State 6

Event Results

(Winners and UNK placers)

60-METER DASH — 1, Sherline Duncan, ASC, 7.52.

200 — 1, Indira Spence, Adams State, 24.79.

400 — 1, Michele Williams, ASC, 57.57.

800 — 1, Sofia Monroe, ASC, 2:15.54. 2, Michelle Dill, UNK, 2:17.14.

MILE RUN — 1, Tanya Gaurmer, ASC, 4:55.57. 3, Michelle Dill, UNK, 5:04.32. 7, Jacquelyn Dibbern, UNK, 5:19.32.

3,000 — 1, Shannon Payne, UCCS, 10:18.10. 4, Kaci Lickteig, UNK, 10:38.52. 6, Faith Maschmann, UNK, 10:46.74.

5,000 — 1, Heather Wood, ASC, 17:29.71. 6, Jacquelyn Dibbern, UNK, 18:08.57.

60-METER HIGH HURDLES — 1, Indira Spence, ASC, 8.51. 3, Kelli Dring, UNK, 8.97. 4, Jessie Golden, UNK, 9.03.

4x400 — 1, Adams State 4:02.25. 6, Nebraska-Kearney (Golden, Follis, Sechtem, Fritson) 4:08.43.

DISTANCE MEDLEY RELAY — 1, Adams State 11:55.05. 4, Nebraska-Kearney (McClure, Follis, Richter, McGovern) 12:57.65.

HIGH JUMP — 1, Kelli Dring, UNK, 5-5. 2, Shayna Fruit, UNK, 5-5.

POLE VAULT — 1, Airrie Robinson, WSC, 3.55. 8, Lacey Sechtem, UNK, 2.95.

LONG JUMP — 1, Kelli Dring, UNK, 5.85. 3, Jennifer Fritson, UNK, 5.47. 6, Heather Wills, UNK, 5.32.

TRIPLE JUMP — 1, Kelli Dring, UNK, 11.39. 2, Heather Wills, UNK, 11.31. 6, Jennifer Fritson, UNK, 10.27. 8, Emma Kelly, UNK, 9.30.

SHOT PUT — 1, Mary Wells, CSC, 13.90. 2, Julie Davis, UNK, 13.33. 4, Kiley Peterson, UNK, 12.87. 7, Brittany Weinandt, UNK, 12.28. 8, Kristen Poljansek, UNK, 12.20.

WEIGHT THROW — 1, Ashley Stephens, WSC, 18.18. 5, Julie Davis, UNK, 14.57. 7,

Kristen Poljansek, UNK, 14.36.

MEN

Team Scores

Western State 184, Adams State 155.5, Nebraska-Kearney 126, Chadron State 89, Colorado Mines 74.5, Metro State 18, UC-Colorado Springs 12

Event Results

(Winners and UNK placers)

60-METER DASH — 1, Corey Lenaris, ASC, 6.81. 3, Cody Klein, UNK, 6.91. 7, Spencer Huff, UNK, 7.07.

200 — 1, Mike Smith, CSC, 22.10. 4, Josh Hofer, UNK, 22.71. 6, Cody Klein, UNK, 22.98. 7, Spencer Huff, UNK, 22.99. 8, Roni Hodges, UNK, 23.04.

400 — 1, Josh Streeter, ASC, 49.13. 2, Josh Hofer, UNK, 49.87. 5, Roni Hodges, UNK, 50.96. 7, Tanner Kirchner, UNK, 51.39.

800 — 1, Nick Lara, ASC, 1:51.99.

MILE RUN — 1, Scott Dahlberg, WSC, 4:13.35.

3,000 — 1, Joel Hamilton, CSM, 8:29.81.

5,000 — 1, Ian Donnan, WSC, 14:49.08. 8,

Tanner Fruit, UNK, 15:42.94.

60-METER HIGH HURDLES — 1, Brandon Harrington, CSC, 8.30.

4x400 — 1, Adams State 3:21.48. 3, Nebraska-Kearney (Kirchner, Hodges, Little, Hofer) 3:25.72.

DISTANCE MEDLEY — 1, Adams State 10:03.21. 7, Nebraska-Kearney (Little, Sasek, Miller, Neemann) 10:50.47.

HIGH JUMP — 1, Blake Millsap, UNK, 2.02.

POLE VAULT — 1, Eric Dunn, WSC, 4.70. 2, Andy Brown, UNK, 4.55. 5, Andrew Smith, UNK, 4.25. 7, Alex Larkin, UNK, 4-10.

LONG JUMP — 1, Spencer Huff, UNK, 7.40. 4, Ross Fellows, UNK, 7.14. 7, Seth Yount, UNK, 7.07.

TRIPLE JUMP — 1, Jason Brenton, WSC, 14.79. 2, Ross Fellows, UNK, 14.75. 3, Seth Yount, UNK, 14.49. 6, Scott Wenzl, UNK, 13.99. 8, Jacob Davenport, UNK, 13.44.

SHOT PUT — 1, John Ybarra, ASC, 17.80. 4, Chris Campbell, UNK, 14.76.

WEIGHT THROW — 1, Matt Gersick, ASC, 17.71. 2, Brandon Karlin, UNK, 17.54. 6, Chris Campbell, UNK, 16.48. 7, Will Jackson, UNK, 16.23. 8, Rich Mourer, UNK, 16.17.