

2017 RMAC Indoor Track and Field Championships - 2/24/2017 to 2/25/2017

Nelson Physical Activity Center

Donald E. Young Center

Results

Women 60 Meter Dash

RMAC Indoor: 7.32 R 2010 Indira Spence

DYC: 7.43 F 2/24/2017 Stachia Reuwsaat

Name	Yr	School	Prelims
Preliminaries			
1	Reuwsaat, Stachia	SR Chadron Stat	F 7.43Q
2	Johnson, Dianna	SO Adams State	7.44Q
3	Wahi, Sunayna	SR Adams State	7.58Q
4	Erskine, Osheen	JR New Mexico H	7.53q
5	Fullerton, Janell	FR New Mexico H	7.67q
6	Gorsuch, Tessa	JR Chadron Stat	7.69q
7	Robertson, Kristal	FR New Mexico H	7.74q
8	Whitted, Keosha	SR New Mexico H	7.79q

Women 60 Meter Dash

RMAC Indoor: 7.32 R 2010 Indira Spence

DYC: 7.43 F 2/24/2017 Stachia Reuwsaat

Name	Yr	School	Finals
Finals			
1	Johnson, Dianna	SO Adams State	7.40F 10
2	Reuwsaat, Stachia	SR Chadron Stat	7.50 8
3	Erskine, Osheen	JR New Mexico H	7.52 6
4	Wahi, Sunayna	SR Adams State	7.54 5
5	Fullerton, Janell	FR New Mexico H	7.66 4
6	Gorsuch, Tessa	JR Chadron Stat	7.73 3
7	Robertson, Kristal	FR New Mexico H	7.81 2
8	Whitted, Keosha	SR New Mexico H	7.82 1

Women 200 Meter Dash

RMAC Indoor: 23.76 R 2014 Kayon Robinson

DYC: 24.62 F 2/23/2013 Kaymarie Jones

Name	Yr	School	Prelims
Preliminaries			
1	Johnson, Dianna	SO Adams State	25.44q
2	Erskine, Osheen	JR New Mexico H	25.49q
3	Fullerton, Janell	FR New Mexico H	25.53q
3	Wahi, Sunayna	SR Adams State	25.53q
5	Montano, Kristen	SR New Mexico H	25.88q
6	Clanton, Tatianna	JR Csu-Pueblo	26.00q
7	Whitted, Keosha	SR New Mexico H	26.12q
8	Johnson, Cassie	SO Chadron Stat	26.15q

Women 200 Meter Dash

RMAC Indoor: 23.76 R 2014 Kayon Robinson

DYC: 24.62 F 2/23/2013 Kaymarie Jones

Name	Yr	School	Finals
Finals			
1	Johnson, Dianna	SO Adams State	24.82 10
2	Erskine, Osheen	JR New Mexico H	25.25 8
3	Fullerton, Janell	FR New Mexico H	25.77 6
4	Montano, Kristen	SR New Mexico H	25.84 5
5	Clanton, Tatianna	JR Csu-Pueblo	25.90 4

6	Whitted, Keosha	SR New Mexico H	26.17 3
7	Johnson, Cassie	SO Chadron Stat	26.20 2

Women 400 Meter Dash

RMAC Indoor: 54.99 R 2013 Kaymarie Jones

DYC: 54.99 F 2/23/2013 Kaymarie Jones

Name	Yr	School	Prelims
Preliminaries			
1	Gallegos, Elicia	SO New Mexico H	57.37q
2	Scherrer, Jessica	SR Adams State	57.84q
3	Heelan, Alisha	JR Chadron Stat	58.48q
4	Montano, Kristen	SR New Mexico H	58.63q
5	Tapp, Ally	SR Colorado Mes	59.11q
6	Weber, Heidi	SO Colorado Mes	59.29q
7	Terrell, Tianna	FR Western Stat	59.60q
8	Johnson, Cassie	SO Chadron Stat	1:00.05q

Women 400 Meter Dash

RMAC Indoor: 54.99 R 2013 Kaymarie Jones

DYC: 54.99 F 2/23/2013 Kaymarie Jones

Name	Yr	School	Finals
Finals			
1	Scherrer, Jessica	SR Adams State	56.35 10
2	Gallegos, Elicia	SO New Mexico H	57.29 8
3	Heelan, Alisha	JR Chadron Stat	57.89 6
4	Montano, Kristen	SR New Mexico H	58.38 5
5	Tapp, Ally	SR Colorado Mes	59.00 4
6	Terrell, Tianna	FR Western Stat	59.30 3
7	Weber, Heidi	SO Colorado Mes	59.59 2
8	Johnson, Cassie	SO Chadron Stat	59.64 1

Women 800 Meter Run

RMAC Indoor: 2:11.10 R 1999 Sarah Parkey

DYC: 2:14.89 F 2007 Jastorff, Wesleigh

Name	Yr	School	Finals
Finals			
1	Konieczek, Alicja	JR Western Stat	2:11.83F 10
2	Riley, Sydney	SR Csu-Pueblo	2:12.34F 8
3	Quintana, Jayme	SR New Mexico H	2:13.36F 6
4	Klotz, Molly	JR Uc-Colo. Spg	2:13.47F 5
5	Branch, Cydney	SO Western Stat	2:15.48 4
6	Steen, Cari	SO Adams State	2:17.35 3
7	Martus, Chelsea	SR Uc-Colo. Spg	2:17.94 2
8	Wooten, Kayla	FR Uc-Colo. Spg	2:19.17 1

Women 1 Mile Run

RMAC Indoor: 4:49.40 R 1996 Elva Dryer

DYC: 4:58.77 F 2/23/2013 Alicia Nelson

Name	Yr	School	Finals
Finals			
1	Konieczek, Alicja	JR Western Stat	4:50.10F 10
2	Thurman, Jenna	JR Adams State	4:50.35F 8
3	Porter, Georgia	SR Western Stat	4:58.67F 6
4	Flanagan, Roisin	SO Adams State	5:01.32 5

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Results

Finals ... (Women 1 Mile Run)

Name	Yr	School	Finals
5 Cook, Chloe	SO	Colorado Min	5:01.35 4
6 Flanagan, Eilish	SO	Adams State	5:01.57 3
7 Roberts, Miriam	SO	Csu-Pueblo	5:05.12 2
8 Wooten, Kayla	FR	Uc-Colo. Spg	5:06.16 1

Women 3000 Meter Run

RMAC Indoor: 9:40.20 R 2003 Amber Klein

DYC: 9:49.46 F 2/23/2013 Alicia Nelson

Name	Yr	School	Finals
1 Konieczek, Alicja	JR	Western Stat	9:57.65 10
2 Seward, Sophie	SO	Western Stat	9:59.57 8
3 Porter, Georgia	SR	Western Stat	10:02.78 6
4 Alemu, Aden	SR	Adams State	10:08.57 5
5 Hughes, Bailey	SR	Csu-Pueblo	10:11.75 4
6 Baker, Sadie	SO	Adams State	10:13.91 3
7 Grover, Malena	FR	Adams State	10:17.25 2
8 Bogina, Kaylee	SO	Adams State	10:26.81 1

Women 5000 Meter Run

RMAC Indoor: 16:50.50 R 2011 Kirsten McGlynn

DYC: 17:12.67 F 2/24/2017 Sophie Seward

Name	Yr	School	Finals
1 Seward, Sophie	SO	Western Stat	17:12.67F 10
2 Bogina, Kaylee	SO	Adams State	17:25.32 8
3 Grover, Malena	FR	Adams State	17:37.02 6
4 Templeton, Aubrey	SO	Uc-Colo. Spg	18:00.89 5
5 Baker, Sadie	SO	Adams State	18:14.55 4
6 Andrie, Chloe	SO	Western Stat	18:18.59 3
7 Ruiz, Erica	JR	Metro State	18:41.18 2
8 Penn, Amy	JR	Western Stat	18:43.14 1

Women 60 Meter Hurdles

RMAC Indoor: 8.28 R 2011 Indira Spence

DYC: 8.54 F 2013 Ackiesha Burnette

Name	Yr	School	Prelims
1 Gorsuch, Tessa	JR	Chadron Stat	8.60Q
2 Watson, Oweneika	FR	Adams State	8.63Q
3 Fullerton, Janell	FR	New Mexico H	8.66Q
4 Winchester, Mekayla	SO	Colorado Mes	8.75q
5 Erskine, Osheen	JR	New Mexico H	8.87q
6 Gomez, Kiana	FR	Adams State	8.96q
6 Cormier, Danielle	FR	Uc-Colo. Spg	8.96q
8 Arsaga, Taylor	SO	Black Hills	9.20q

Women 60 Meter Hurdles

RMAC Indoor: 8.28 R 2011

Indira Spence

DYC: 8.54 F 2013

Ackiesha Burnette

Name	Yr	School	Finals
1 Gorsuch, Tessa	JR	Chadron Stat	8.50F 10
2 Watson, Oweneika	FR	Adams State	8.54F 8
3 Winchester, Mekayla	SO	Colorado Mes	8.67 6
4 Fullerton, Janell	FR	New Mexico H	8.70 5
5 Erskine, Osheen	JR	New Mexico H	8.77 4
6 Cormier, Danielle	FR	Uc-Colo. Spg	8.93 3
7 Gomez, Kiana	FR	Adams State	8.96 2
8 Arsaga, Taylor	SO	Black Hills	9.25 1

Women 4x400 Meter Relay

RMAC Indoor: 3:47.18 R 2014

Adams State

Canegan, Scherrer, Roberts, Robinson

DYC: 3:51.36 F 2/23/2013

Adams State

M Hannafious, Z Sims, K Jones, K Robinson

Team	Relay	Finals
1 New Mexico Highlands	A	3:51.32F 10
1) Montano, Kristen SR	2) Quintana, Jayme SR	
3) Hunter, Tashay SO	4) Gallegos, Elicia SO	
2 Csu-Pueblo	A	3:53.67 8
1) Clanton, Tatianna JR	2) Burney, Taliah FR	
3) Tuck, Andrea SR	4) Riley, Sydni SR	
3 Adams State	A	3:56.12 6
1) Scherrer, Jessica SR	2) Allen, Leanne SR	
3) Johnson, Dianna SO	4) Smith, Katherine SO	
4 Western State	A	3:57.90 5
1) Terrell, Tianna FR	2) Holland, Symonne FR	
3) Branch, Cydney SO	4) Cox, Alexei SO	
5 Uc-Colo. Spgs.	A	3:59.47 4
1) Jordan, Jalen FR	2) Martus, Chelsea SR	
3) Johns, Bethany FR	4) Klotz, Molly JR	
6 Chadron State	A	4:00.87 3
1) Heelan, Alisha JR	2) Johnson, Cassie SO	
3) Martinez, Sierra SO	4) Valko, Alyssa FR	
7 Colorado Mesa	A	4:04.05 2
1) Tapp, Ally SR	2) Weber, Heidi SO	
3) Thomas, McKayla SO	4) Winchester, Mekayla SO	
8 Black Hills St.	A	4:05.73 1
1) Arsaga, Taylor SO	2) Langseth, Zoe FR	
3) Roth, Cailey SO	4) Soderstrom, Shayna SO	

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Women Distance Medley

RMAC Indoor: 11:45.25 R 2/24/2017 Adams State

R Flanagan, K Hartman, C Steen, J Thurman

DYC: 11:45.25 F 2/24/2017 Adams State

R Flanagan, K Hartman, C Steen, J Thurman

Team	Relay	Finals
Finals		
1 Adams State	A	11:45.25R 10
1) Flanagan, Roisin SO	2) Hartman, Kailie JR	
3) Steen, Cari SO	4) Thurman, Jenna JR	
2 Csue-Pueblo	A	11:52.65 8
1) Roberts, Miriam SO	2) Burney, Taliah FR	
3) Riley, Sydney SR	4) Hughes, Bailey SR	
3 Uc-Colo. Spgs.	A	11:59.63 6
1) Urban, Makenzie JR	2) Martus, Chelsea SR	
3) Klotz, Molly JR	4) Wooten, Kayla FR	
4 Western State	A	12:14.32 5
1) Mancina, Glindyll JR	2) Sharon, Bailey FR	
3) Cusick, Jessica FR	4) Porter, Georgia SR	
5 Colorado Mines	A	12:23.42 4
1) Reicher, Molly SO	2) Zeman, Shea FR	
3) Zeker, Emily SO	4) Burton, Kara FR	
6 Colorado Mesa	A	12:31.91 3
1) Chapman, Alexia SR	2) Breville, Abigail FR	
3) Roman, Rocio SR	4) Jereb, Reanna JR	
7 Black Hills St.	A	12:35.17 2
1) Stoltz, Shelby JR	2) Arsaga, Taylor SO	
3) Roth, Cailey SO	4) Thorn, Christine SR	
8 Colo. Christian	A	13:02.32 1
1) Bergford, Sarah SO	2) Mazza, Meghan JR	
3) Marcy, Michaela FR	4) Linscott, Lauren JR	

Women High Jump

RMAC Indoor: 1.91m R 2014 Barbara Szaboo

DYC: 1.90m F 2013 Barbara Szaboo

Name	Yr	School	Finals
Finals			
1 Cormier, Danielle	FR	Uc-Colo. Spg	1.62m 10
2 Canegan, Serena	JR	Adams State	1.59m 8
3 Burney, Veronica	JR	Uc-Colo. Spg	J1.59m 6
4 Richards, Alexandra	SO	Black Hills	J1.59m 5
5 Barone, Morgan	FR	Uc-Colo. Spg	J1.59m 4
6 Eder, Josie	FR	Uc-Colo. Spg	J1.59m 3
7 Gallagher, Haley	SO	Chadron Stat	1.56m 2
8 Pedersen, Quincey	SR	Colorado Mes	J1.56m 1

Women Pole Vault

RMAC Indoor: 3.83m R 2011 Lauren Graham

DYC: 3.81m F 2009 Aide, Kelsey

Name	Yr	School	Finals
Finals			
1 Swindell, Nocona	SO	Western Stat	3.59m 10
2 Casey, Gabriella	SO	Colorado Mes	J3.59m 8
3 Richards, Alexandra	SO	Black Hills	3.39m 6

4 Gallagher, Haley	SO	Chadron Stat	J3.39m	4.5
4 Tiona, Catherine	JR	Csu-Pueblo	J3.39m	4.5
6 Eder, Josie	FR	Uc-Colo. Spg	3.24m	3
7 Jensen, Amy	JR	Colorado Min	J3.24m	2
8 Chamberlain, Kelly	FR	Uc-Colo. Spg	3.09m	1

Women Long Jump

RMAC Indoor: 6.37m R 2015 Shanice McPherson

DYC: 6.29m F 2/24/2017 Stachia Reuwsaat

Name	Yr	School	Finals
Finals			
1 Reuwsaat, Stachia	SR	Chadron Stat	6.29mF 10
2 Hunter, Tashay	SO	New Mexico H	5.98m 8
3 Clanton, Tatianna	JR	Csu-Pueblo	5.57m 6
4 Brashears, Maddie	SO	Chadron Stat	5.48m 5
5 Fairchild, Lauren	FR	Csu-Pueblo	5.37m 4
6 Brandon, Sydney	SO	Fort Lewis	5.30m 3
7 Horton, Chasidy	SO	Chadron Stat	5.25m 2
8 Hadley, Kaitlyn	JR	Black Hills	5.24m 1

Women Triple Jump

RMAC Indoor: 12.98m R 2/27/2016 Salcia Slack

DYC: 12.13m F 2002 Martin, Donnevette

Name	Yr	School	Finals
Finals			
1 Hunter, Tashay	SO	New Mexico H	12.83mF 10
2 Carbajal, Michelle	SO	Chadron Stat	11.22m 8
3 Hughes, Sarah	SR	Metro State	11.09m 6
4 Linn, Makenna	SR	Csu-Pueblo	11.02m 5
5 Hadley, Kaitlyn	JR	Black Hills	10.98m 4
6 Cormier, Danielle	FR	Uc-Colo. Spg	10.96m 3
7 Fairchild, Lauren	FR	Csu-Pueblo	10.90m 2
8 Gomez, Kiana	FR	Adams State	10.86m 1

Women Shot Put

RMAC Indoor: 15.34m R 2/27/2016 Madison McLaughlin

DYC: 16.04m F 2008 Aubrey Baxtor

Name	Yr	School	Finals
Finals			
1 Herl, Mel	SR	Chadron Stat	15.30m 10
2 Fullerton, Janell	FR	New Mexico H	15.01m 8
3 Anderson, Tessa	FR	Western Stat	12.76m 6
4 McKinley, Jenna	FR	Csu-Pueblo	12.68m 5
5 McClure, Hannah	FR	Colorado Mes	12.60m 4
6 Tuck, Andrea	SR	Csu-Pueblo	12.00m 3
7 Jarnagin, Jayla	SO	South Dakota	11.98m 2
8 Ruff, Keri	SR	Chadron Stat	11.97m 1

Women Weight Throw

RMAC Indoor: 21.80m R 2/24/2017 Mel Herl

DYC: 21.80m F 2/24/2017 Mel Herl

Name	Yr	School	Finals
Finals			
1 Herl, Mel	SR	Chadron Stat	21.80mR 10
2 Hanson, Ashlyn	JR	Chadron Stat	18.05m 8

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Results

Finals ... (Women Weight Throw)

Name	Yr	School	Finals
3 Erickson, Hannah	SR	Western Stat	17.14m 6
4 Ruff, Keri	SR	Chadron Stat	16.88m 5
5 Harris, Josie	FR	Western Stat	16.54m 4
6 Weyer, Danielle	FR	Chadron Stat	15.34m 3
7 Long, Ashley	SO	Western Stat	14.49m 2
8 Lundstrom, Atlanta	SR	Black Hills	14.25m 1

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Yr	School	Finals
1 Tuck, Andrea	SR	Csu-Pueblo	2:23.70 774
2 Giles, Amanda	JR	Colorado Min	2:27.46 725
3 Smith, Katherine	SO	Adams State	2:31.78 671
4 Artzberger, Ali	SO	Colorado Min	2:33.46 650
5 White, Erika	FR	Colorado Mes	2:34.75 635
6 Canegan, Serena	JR	Adams State	2:36.39 615
7 Horton, Chasidy	SO	Chadron Stat	2:37.04 607
8 Harrelson, Andi	FR	Uc-Colo. Spg	2:41.15 560

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

DYC: 8.54 F

Name	Yr	School	Finals
1 Tuck, Andrea	SR	Csu-Pueblo	8.99 912
2 Brown, Ebony	JR	New Mexico H	9.35 838
3 Canegan, Serena	JR	Adams State	9.46 816
3 Smith, Katherine	SO	Adams State	9.46 816
5 Burney, Veronica	JR	Uc-Colo. Spg	9.49 810
6 Horton, Chasidy	SO	Chadron Stat	9.51 806
7 Giles, Amanda	JR	Colorado Min	9.72 765
8 White, Erika	FR	Colorado Mes	9.76 758

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Yr	School	Finals
1 Canegan, Serena	JR	Adams State	1.68m 830
2 Burney, Veronica	JR	Uc-Colo. Spg	1.59m 724
3 Tuck, Andrea	SR	Csu-Pueblo	1.56m 689
4 White, Erika	FR	Colorado Mes	1.50m 621
4 Ries, Rylee	FR	Uc-Colo. Spg	1.50m 621
4 Giles, Amanda	JR	Colorado Min	1.50m 621
7 Kehmeier, Mackenzie	SO	Western Stat	1.47m 588
7 Horton, Chasidy	SO	Chadron Stat	1.47m 588

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Yr	School	Finals
1 Canegan, Serena	JR	Adams State	5.62m 735
2 Tuck, Andrea	SR	Csu-Pueblo	5.42m 677
3 Horton, Chasidy	SO	Chadron Stat	5.22m 620
3 Artzberger, Ali	SO	Colorado Min	5.22m 620
5 Harrelson, Andi	FR	Uc-Colo. Spg	4.93m 540
6 White, Erika	FR	Colorado Mes	4.91m 535

7 Smith, Katherine	SO	Adams State	4.89m 530
8 Giles, Amanda	JR	Colorado Min	4.87m 524

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Yr	School	Finals
1 Tuck, Andrea	SR	Csu-Pueblo	12.08m 666
2 Canegan, Serena	JR	Adams State	11.30m 615
3 Harrelson, Andi	FR	Uc-Colo. Spg	11.05m 598
4 Giles, Amanda	JR	Colorado Min	10.47m 560
5 Smith, Katherine	SO	Adams State	10.08m 535
6 Horton, Chasidy	SO	Chadron Stat	9.95m 526
7 White, Erika	FR	Colorado Mes	9.45m 494
8 Brown, Ebony	JR	New Mexico H	9.44m 493

Women Indoor Pentathlon

RMAC Indoor: 3959 R 2/26/2016 Salcia Slack

DYC: 3718 F 2/24/2017 Andrea Tuck

Name	Yr	School	Finals
1 Tuck, Andrea	SR	Csu-Pueblo	3718F 10
2 Canegan, Serena	JR	Adams State	3611 8
3 Giles, Amanda	JR	Colorado Min	3195 6
4 Horton, Chasidy	SO	Chadron Stat	3147 5
5 Smith, Katherine	SO	Adams State	3075 4
6 White, Erika	FR	Colorado Mes	3043 3
7 Harrelson, Andi	FR	Uc-Colo. Spg	2885 2
8 Brown, Ebony	JR	New Mexico H	2748 1

Men 60 Meter Dash

RMAC Indoor: 6.65 R 2/27/2016 Jurgen Themen

DYC: 6.73 F 2/23/2013 Chaz Butler

Name	Yr	School	Prelims
1 Ballantyne, Micah	JR	Adams State	6.88Q
2 Woodson, Andre	JR	Chadron Stat	6.88Q
3 Smith, LaChristopher	JR	Uc-Colo. Spg	6.89Q
4 Limon, Elias	SO	Colorado Min	6.93Q
5 Gilbert, Elijah	JR	Western Stat	6.91q
6 Kerr, Ian	JR	Adams State	6.91q
7 Thomas, Joshua	SR	South Dakota	6.96q
8 Lanier, Javan	FR	Chadron Stat	6.98q

Men 60 Meter Dash

RMAC Indoor: 6.65 R 2/27/2016 Jurgen Themen

DYC: 6.73 F 2/23/2013 Chaz Butler

Name	Yr	School	Finals
1 Ballantyne, Micah	JR	Adams State	6.84 10
2 Kerr, Ian	JR	Adams State	6.84 8
3 Smith, LaChristopher	JR	Uc-Colo. Spg	6.85 6
4 Woodson, Andre	JR	Chadron Stat	6.88 5
5 Thomas, Joshua	SR	South Dakota	6.92 4
6 Gilbert, Elijah	JR	Western Stat	6.95 3

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Finals ... (Men 60 Meter Dash)

Name	Yr	School	Finals
7 Limon, Elias	SO	Colorado Min	6.98 2
8 Lanier, Javan	FR	Chadron Stat	7.00 1

Men 200 Meter Dash

RMAC Indoor: 21.64 R 2003 Mike Applehans

DYC: 21.42 F 2009 Miller, Ramon

Name	Yr	School	Prelims
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Preliminaries

1 Thomas, Joshua	SR	South Dakota	22.06q
2 Donnell, Tevin	SO	Csu-Pueblo	22.18q
3 Smith, LaChristopher	JR	Uc-Colo. Spg	22.21q
4 Dulaney, Julian	JR	Metro State	22.22q
5 Woodson, Andre	JR	Chadron Stat	22.43q
6 Gilbert, Elijah	JR	Western Stat	22.50q
7 Kerr, Ian	JR	Adams State	J22.50q
8 Lewis, Casey	JR	Western Stat	J22.50q

Men 200 Meter Dash

RMAC Indoor: 21.64 R 2003 Mike Applehans

DYC: 21.42 F 2009 Miller, Ramon

Name	Yr	School	Finals
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Finals

1 Thomas, Joshua	SR	South Dakota	22.00 10
2 Dulaney, Julian	JR	Metro State	22.12 8
3 Smith, LaChristopher	JR	Uc-Colo. Spg	22.18 6
4 Kerr, Ian	JR	Adams State	22.34 5
5 Gilbert, Elijah	JR	Western Stat	22.75 4
6 Lewis, Casey	JR	Western Stat	25.78 3
7 Donnell, Tevin	SO	Csu-Pueblo	29.72 2

Men 400 Meter Dash

RMAC Indoor: 48.40 R 2006 Joel Duffield

DYC: 47.14 F 2009 Miller, Ramon

Name	Yr	School	Prelims
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Preliminaries

1 Lewis, Casey	JR	Western Stat	49.43q
2 Schaffer, Alex	SR	Western Stat	49.77q
3 Arnell, Hunter	JR	Colorado Min	50.16q
4 Larranaga, Augie	FR	Adams State	50.40q
5 Simons, Caleb	SO	Uc-Colo. Spg	50.55q
6 Horne, Shawn	SO	Csu-Pueblo	50.71q
7 Vassell, Dueth	JR	Csu-Pueblo	50.77q
8 Murray, Jonathon	SO	South Dakota	50.94q

Men 400 Meter Dash

RMAC Indoor: 48.40 R 2006 Joel Duffield

DYC: 47.14 F 2009 Miller, Ramon

Name	Yr	School	Finals
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Finals

1 Lewis, Casey	JR	Western Stat	49.60 10
2 Arnell, Hunter	JR	Colorado Min	50.02 8

3 Schaffer, Alex	SR	Western Stat	50.03 6
4 Larranaga, Augie	FR	Adams State	50.19 5
5 Vassell, Dueth	JR	Csu-Pueblo	50.56 4
6 Horne, Shawn	SO	Csu-Pueblo	51.41 3
7 Murray, Jonathon	SO	South Dakota	51.58 2
8 Simons, Caleb	SO	Uc-Colo. Spg	51.88 1

Men 800 Meter Run

RMAC Indoor: 1:51.77 R 2012 Andrew Graham

DYC: 1:53.90 F 2001 Bishop, Tim

Name	Yr	School	Finals
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Finals

1 Walker, Devundrick	SO	Csu-Pueblo	1:54.26 10
2 Mayhew, William	SO	Uc-Colo. Spg	1:54.52 8
3 Fried, Levi	SO	Black Hills	1:54.58 6
4 Oglesby, Nathan	SO	Colorado Mes	1:54.65 5
5 Gifford, Tom	JR	Adams State	1:54.78 4
6 Morningstar, Ryan	JR	Colorado Min	1:55.02 3
7 Cooper, Zach	SO	Western Stat	1:56.17 2
8 Thorstad, Justin	JR	Black Hills	1:56.64 1

Men 1 Mile Run

RMAC Indoor: 4:07.95 R 2/27/2016 Alec Baldwin

DYC: 4:10.11 F 2/23/2013 Tabor Stevens

Name	Yr	School	Finals
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Finals

1 Anaya, Austin	SR	Adams State	4:12.65 10
2 Kelly, George	SO	Adams State	4:13.49 8
3 Aitchison, Oliver	SR	Adams State	4:13.90 6
4 Verbal, Evan	SR	Colo. Christ	4:13.99 5
5 Winfield, Logan	JR	Colorado Min	4:14.10 4
6 Powell, Richard	JR	Adams State	4:14.22 3
7 Robb, Paddy	FR	Adams State	4:16.72 2
8 Carter, Dante	SR	Csu-Pueblo	4:17.41 1

Men 3000 Meter Run

RMAC Indoor: 8:14.10 R 2005 Celedonio Rodriguez

DYC: 8:20.40 F 2/23/2013 Kevin Batt

Name	Yr	School	Finals
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Finals

1 Gidabuday, Sydney	SO	Adams State	8:20.28F 10
2 Reid, Chandler	JR	Adams State	8:20.85 8
3 Masterson, Kyle	SR	Adams State	8:24.90 6
4 Glassey, Brian	JR	Adams State	8:32.69 5
5 Roberts, Paul	FR	Csu-Pueblo	8:33.42 4
6 Sayler, Jackson	JR	Adams State	8:35.20 3
7 Johnson, Keifer	SR	Western Stat	8:35.72 2
8 Laguera, Marcelo	SO	Csu-Pueblo	8:36.66 1

Men 5000 Meter Run

RMAC Indoor: 14:18.20 R 2002 Michael Aish

DYC: 14:42.65 F 2016 Lagat, Festus

Name	Yr	School	Finals
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Finals

1 Fontana, Sean	SO	Adams State	14:43.92 10
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Finals ... (Men 5000 Meter Run)

Name	Yr	School	Finals
2 Johnson, Keifer	SR	Western Stat	14:48.52 8
3 Adams, Kale	SO	Adams State	14:50.67 6
4 Cates, Preston	FR	Western Stat	14:53.99 5
5 Ramirez, Lucio	SO	Adams State	14:54.60 4
6 Jama, Ahmed	FR	Western Stat	14:55.60 3
7 Joseph, Joshua	FR	Adams State	15:05.73 2
8 Schneiderman, Ben	SO	Colorado Min	15:05.97 1

Men 60 Meter Hurdles

RMAC Indoor: 7.89 R 2013 Darius Reed
 RMAC Indoor: 7.89 R 2014 Karl McFarlane
 DYC: 7.81 F 2/22/2013 Darius Reed

Name	Yr	School	Prelims
1 Gerstle-Goodman, Kyree	SO	Western Stat	8.16Q
2 Foster, D'Angelo	JR	Colorado Mes	8.22Q
3 Kovar, Seth	FR	Black Hills	8.42Q
4 Hayes, Simon	SR	Western Stat	8.45Q
5 Lemman, Justin	FR	Chadron Stat	8.44q
6 Hanson, Matt	FR	Uc-Colo. Spg	8.46q
7 Hepp, Tristan	FR	Black Hills	8.52q
8 Saling, Joseph	FR	Western Stat	8.64q

Men 60 Meter Hurdles

RMAC Indoor: 7.89 R 2013 Darius Reed
 RMAC Indoor: 7.89 R 2014 Karl McFarlane
 DYC: 7.81 F 2/22/2013 Darius Reed

Name	Yr	School	Finals
1 Gerstle-Goodman, Kyree	SO	Western Stat	8.14 10
2 Foster, D'Angelo	JR	Colorado Mes	8.26 8
3 Lemman, Justin	FR	Chadron Stat	8.39 6
4 Hayes, Simon	SR	Western Stat	8.43 5
5 Kovar, Seth	FR	Black Hills	8.46 4
6 Saling, Joseph	FR	Western Stat	8.51 3
7 Hanson, Matt	FR	Uc-Colo. Spg	8.53 2
8 Hepp, Tristan	FR	Black Hills	8.55 1

Men 4x400 Meter Relay

RMAC Indoor: 3:17.16 R 2015 Colorado Mines
 Rozier, Hoch, Lanahan, Weaver
 DYC: 3:20.10 F 2005 Dickinson St

Team	Relay	Finals
1 Csue-Pueblo	A	3:19.79F 10
1) Vassell, Dueth JR	2) Staines, Thomas FR	
3) Walker, Devundrick SO	4) Horne, Shawn SO	
2 Colorado Mines	A	3:22.64 8
1) Morningstar, Ryan JR	2) Thompson, Kevin FR	
3) Frazee, Bryce SO	4) Arnell, Hunter JR	

3 Black Hills St.	A	3:22.96 6
1) Fruechte, Mark JR	2) Rosenstrauch, Bailey FR	
3) Hepp, Taylor FR	4) Hepp, Tristan FR	
4 Western State	A	3:23.46 5
1) Schaffer, Alex SR	2) Gilbert, Elijah JR	
3) Cooper, Zach SO	4) Branch, Aris SR	
5 Uc-Colo. Spgs.	A	3:23.54 4
1) Smith, LaChristopher JR	2) Simons, Caleb SO	
3) Mayhew, William SO	4) Peters, Anthony FR	
6 Metro State	A	3:24.46 3
1) Moreno, Said SO	2) Boucher, Ryan JR	
3) Carlson, Robert SO	4) Dulaney, Julian JR	
7 South Dakota Mines	A	3:25.69 2
1) Ptak, Kevin FR	2) Wood, Chase FR	
3) Cropsy, Korder FR	4) Murray, Jonathon SO	
8 Adams State	A	3:25.85 1
1) Larranaga, Augie FR	2) Ballantyne, Micah JR	
3) Kerr, Ian JR	4) Gifford, Tom JR	

Men Distance Medley

RMAC Indoor: 9:53.09 R 2007 Adams State
 Braun, Marquez, Lara, Martinez
 DYC: 10:01.73 F 2/24/2017 CSU-Pueblo

D Carter, D Walker, T Staines, D Williams

Team	Relay	Finals
1 Csue-Pueblo	A	10:01.73F 10
1) Carter, Dante SR	2) Walker, Devundrick SO	
3) Staines, Thomas FR	4) Williams, Derrick JR	
2 Adams State	A	10:06.18 8
1) Reid, Chandler JR	2) Littlehales, Jake SR	
3) Aitchison, Oliver SR	4) Saylor, Jackson JR	
3 Western State	A	10:15.49 6
1) Byrd, Bryant JR	2) Branch, Aris SR	
3) Cooper, Zach SO	4) Konieczek, Dawid SR	
4 Colorado Mines	A	10:18.94 5
1) Kettle, Miller FR	2) Frazee, Bryce SO	
3) Thompson, Kevin FR	4) Krantz, Harry JR	
5 Black Hills St.	A	10:20.98 4
1) Fried, Levi SO	2) Fruechte, Mark JR	
3) Johnson, Chris SO	4) Theisen, Jonah SO	
6 Metro State	A	10:23.27 3
1) Jones, Kyle FR	2) Moreno, Said SO	
3) Boucher, Ryan JR	4) Krage, Brandon SR	
7 Uc-Colo. Spgs.	A	10:38.38 2
1) Moore, Willie SO	2) Hitt, Dustin FR	
3) Vomacka, Ryan FR	4) Kimaiyo, David JR	
8 South Dakota Mines	A	10:40.29 1
1) Wood, Chase FR	2) Cropsy, Korder FR	
3) Ptak, Kevin FR	4) Huber, Jacob SO	

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Men High Jump

RMAC Indoor: 2.20m R 2012 Oliver Harsanyi

DYC: 2.18m F 2006 Trevor Barry

Name	Yr	School	Finals
Finals			
1 Roberts, Avery	SR	Western Stat	2.05m 10
2 Cunningham, Wyatt	SO	Adams State	2.02m 8
3 Courtney, Nathan	FR	South Dakota	1.99m 6
4 Elcock, Deshon	FR	Uc-Colo. Spg	1.96m 5
5 Babb, Daniel	FR	Western Stat	J1.96m 4
6 Reiley, John	FR	Colorado Min	J1.96m 3
7 Hepp, Tristan	FR	Black Hills	1.91m 2
8 Sears, Jamaal	FR	Csu-Pueblo	J1.91m 1

Men Pole Vault

RMAC Indoor: 201.00m R 2003 Tony Milhon

DYC: 4.92m F 2/24/2017 Noah Zorsky

Name	Yr	School	Finals
Finals			
1 Zorsky, Noah	SR	Western Stat	4.92mF 10
2 Pinkston, Jake	FR	Colorado Min	J4.92mF 8
3 Hintze, Alex	SO	Western Stat	4.72m 6
4 Boser, Bryce	JR	Black Hills	4.62m 5
5 Borner, Colin	SO	Western Stat	J4.62m 4
6 Meeker, Darin	FR	Colorado Min	4.47m 3
7 Emmons, Brenton	FR	Uc-Colo. Spg	J4.47m 1.5
7 Rex, Kyle	FR	Uc-Colo. Spg	J4.47m 1.5

Men Long Jump

RMAC Indoor: 7.73m R 2015 Damarcus Simpson

DYC: 7.65m F 2006 Trevor Barry

Name	Yr	School	Finals
Finals			
1 Jackson, Vernon	FR	Colorado Mes	7.06m 10
2 Gerstle-Goodman, Kyree	SO	Western Stat	6.94m 8
3 Sweeten, Ron	JR	Csu-Pueblo	6.93m 6
4 Kimber, DePree	FR	Uc-Colo. Spg	6.90m 5
5 Hayes, Simon	SR	Western Stat	6.73m 4
6 Brown, Elijah	SO	Adams State	6.64m 3
7 Peters, Anthony	FR	Uc-Colo. Spg	6.62m 2
8 Limon, Elias	SO	Colorado Min	6.49m 1

Men Triple Jump

RMAC Indoor: 15.93m R 2014 Carlton Lavong

DYC: 15.24m F 2007 Barry, Trevor

Name	Yr	School	Finals
Finals			
1 Ross, William	FR	Uc-Colo. Spg	14.82m 10
2 Gerstle-Goodman, Kyree	SO	Western Stat	14.46m 8
3 Gill, Cameron	SR	Western Stat	14.43m 6
4 Kimber, DePree	FR	Uc-Colo. Spg	14.39m 5
5 James, Kahlil	SO	Chadron Stat	14.16m 4
6 Smith, Dez	SR	Chadron Stat	14.12m 3
7 Sweeten, Ron	JR	Csu-Pueblo	14.00m 2

8 Hall, Kharon FR Chadron Stat 13.86m 1

Men Shot Put

RMAC Indoor: 18.82m R 2014 Wesley Lavong

DYC: 17.53m F 2006 Walker, Ross

Name	Yr	School	Finals
Finals			
1 Reid, Samuel	SO	Adams State	17.55mF 10
2 Millar, Jonathan	SR	Adams State	17.07m 8
3 Jacobs, Blake	JR	Chadron Stat	16.25m 6
4 Van Waes, Brecht	SO	Adams State	16.02m 5
5 Martens, Cory	SO	Chadron Stat	16.01m 4
6 Schutt, CJ	SR	Western Stat	15.81m 3
7 Jensen, Trevor	SO	Colorado Mes	15.60m 2
8 Batho, Jack	SO	South Dakota	14.70m 1

Men Weight Throw

RMAC Indoor: 19.48m R 2001 Brett Wetton

RMAC Indoor: 19.48m R 2007 Matt Gersick

DYC: 18.98m F 2006 Walker, Ross

Name	Yr	School	Finals
Finals			
1 Jensen, Trevor	SO	Colorado Mes	17.98m 10
2 Bleidt, Jesse	JR	Chadron Stat	17.64m 8
3 Martens, Cory	SO	Chadron Stat	17.27m 6
4 Jacobs, Blake	JR	Chadron Stat	17.18m 5
5 Batho, Jack	SO	South Dakota	17.08m 4
6 Walker, Christopher	JR	Colorado Mes	17.03m 3
7 Nimt, Eric	SR	Colorado Mes	16.22m 2
8 LaCrete, Frantzlee	SR	Chadron Stat	16.12m 1

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Smith, Austin	SO	Colorado Min	7.02 875
2 Foster, D'Angelo	JR	Colorado Mes	7.20 813
3 Sisneros, Triston	SO	Colorado Min	7.25 796
4 Hayes, Simon	SR	Western Stat	7.26 792
5 Peterson, Greg	SO	Chadron Stat	7.29 782
6 Besier, Ethen	FR	Colorado Mes	7.37 755
7 Leman, Justin	FR	Chadron Stat	7.39 749
8 Sather, Hayden	FR	Colorado Min	7.44 732

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Foster, D'Angelo	JR	Colorado Mes	2:52.06 744
2 Leman, Justin	FR	Chadron Stat	2:53.34 731
3 Besier, Ethen	FR	Colorado Mes	2:54.27 721
4 Olsen, Ryan	SO	Black Hills	2:56.11 703
5 Smith, Austin	SO	Colorado Min	2:56.35 700
6 Gibbens, Jack	SO	Chadron Stat	2:56.65 697
7 Rex, Kyle	FR	Uc-Colo. Spg	2:57.36 690
8 Smith, Jacob	SO	Csu-Pueblo	2:59.08 673

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Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Foster, D'Angelo	JR	Colorado Mes	8.28 913
2 Sisneros, Triston	SO	Colorado Min	8.32 903
3 Hayes, Simon	SR	Western Stat	8.58 841
4 Leman, Justin	FR	Chadron Stat	8.60 836
5 Smith, Austin	SO	Colorado Min	8.69 816
6 Smith, Jacob	SO	Csu-Pueblo	9.08 728
7 Sather, Hayden	FR	Colorado Min	9.20 702
8 Besier, Ethen	FR	Colorado Mes	9.36 668

Heptathlon: #4 Men High Jump Heptathlon

DYC: 2.18m F

Name	Yr	School	Finals
Finals			
1 Sisneros, Triston	SO	Colorado Min	1.99m 794
2 Hayes, Simon	SR	Western Stat	1.96m 767
3 Olsen, Ryan	SO	Black Hills	1.93m 740
4 Rex, Kyle	FR	Uc-Colo. Spg	1.84m 661
5 Smith, Jacob	SO	Csu-Pueblo	1.81m 636
6 Leman, Justin	FR	Chadron Stat	1.75m 585
6 Smith, Austin	SO	Colorado Min	1.75m 585
6 Sather, Hayden	FR	Colorado Min	1.75m 585
6 Foster, D'Angelo	JR	Colorado Mes	1.75m 585
6 Gibbens, Jack	SO	Chadron Stat	1.75m 585
6 Besier, Ethen	FR	Colorado Mes	1.75m 585

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals
Finals			
1 Rex, Kyle	FR	Uc-Colo. Spg	4.32m 708
1 Foster, D'Angelo	JR	Colorado Mes	4.32m 708
3 Smith, Austin	SO	Colorado Min	4.12m 651
4 Besier, Ethen	FR	Colorado Mes	4.02m 623
5 Sisneros, Triston	SO	Colorado Min	3.72m 541
6 Smith, Jacob	SO	Csu-Pueblo	3.52m 488
6 Olsen, Ryan	SO	Black Hills	3.52m 488
8 Sather, Hayden	FR	Colorado Min	3.42m 462
8 Leman, Justin	FR	Chadron Stat	3.42m 462

Heptathlon: #2 Men Long Jump Heptathlon

DYC: 7.65m F

Name	Yr	School	Finals
Finals			
1 Sisneros, Triston	SO	Colorado Min	6.95m 802
2 Smith, Austin	SO	Colorado Min	6.81m 769
3 Leman, Justin	FR	Chadron Stat	6.55m 709
4 Hayes, Simon	SR	Western Stat	6.52m 702
5 Foster, D'Angelo	JR	Colorado Mes	6.39m 673
6 Smith, Jacob	SO	Csu-Pueblo	6.34m 661
7 Sather, Hayden	FR	Colorado Min	6.13m 615
8 Olsen, Ryan	SO	Black Hills	6.08m 604
8 Rex, Kyle	FR	Uc-Colo. Spg	6.08m 604

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Hayes, Simon	SR	Western Stat	12.52m 638
2 Smith, Austin	SO	Colorado Min	12.48m 636
3 Sisneros, Triston	SO	Colorado Min	11.90m 600
4 Peterson, Greg	SO	Chadron Stat	11.81m 595
5 Gibbens, Jack	SO	Chadron Stat	11.31m 565
6 Foster, D'Angelo	JR	Colorado Mes	11.30m 564
7 Besier, Ethen	FR	Colorado Mes	10.91m 540
8 Leman, Justin	FR	Chadron Stat	10.64m 524

Men Heptathlon

RMAC Indoor: 5127 R 2005

Michael Mays

DYC: 4774 F

Name	Yr	School	Finals
Finals			
1 Sisneros, Triston	SO	Colorado Min	5097F 10
2 Smith, Austin	SO	Colorado Min	5032F 8
3 Foster, D'Angelo	JR	Colorado Mes	5000F 6
4 Leman, Justin	FR	Chadron Stat	4596 5
5 Rex, Kyle	FR	Uc-Colo. Spg	4426 4
6 Besier, Ethen	FR	Colorado Mes	4411 3
7 Smith, Jacob	SO	Csu-Pueblo	4405 2
8 Olsen, Ryan	SO	Black Hills	4342 1

Women - Team Rankings - 17 Events Scored

1) Adams State	130
2) Western State	109
3) Chadron State	106.5
4) New Mexico Highlands	100
5) CSU-Pueblo	73.5
6) UC-Colo. Spgs.	59
7) Colorado Mesa	33
8) Black Hills St.	21
9) Colorado Mines	16
10) Metro State	8
11) Fort Lewis	3
12) South Dakota Mines	2
13) Colo. Christian	1

Men - Team Rankings - 17 Events Scored

1) Adams State	158
2) Western State	138
3) Colorado Mines	64
4) UC-Colo. Spgs.	63
5) CSU-Pueblo	56
6) Chadron State	55
7) Colorado Mesa	49
8) Black Hills St.	30
8) South Dakota Mines	30
10) Metro State	14
11) Colo. Christian	5