# **RMAC**

#### MEN

#### Team scoring

Adams State 155½, Western State 132½, Southern Colorado 80, Kearney State 57, Fort Hays State 56, Colorado School of Mines 55, Chadron State 18, Wayne State 8.

## Individual results

Winners and KSC placers

## Field events

POLE VAULT — 1, Peter Gnas, Western, 15-5.

JAVELIN — 1, Steve Blankenship, FHS, 205-8;

5, Darren Grauerholz, KSC, 181-1.

HAMMER THROW — 1, Terry Orr, FHS, 157-0. SHOT PUT — 1, Pat Hochanadel, Mines, 49-11;

5, Tim Martens, KSC, 45-11.

LONG JUMP — 1, Paul Traxinger, So. Colo., 22-11; 2, Matt Martin, KSC, 21-11; 5, Scott House, KSC, 21-5½; 6, Loren Schriner, KSC, 21-3¾.

HIGH JUMP — 1, Paul Traxinger, So. Colo.,

6-81/2.

DISCUS — 1, Darren Grauerholz, KSC, 153-4; 5,

Tim Martens, KSC, 142-10.

TRIPLE JUMP — 1, Paul Traxinger, So. Colo., 48-41/2; 2, Danny Fleming, KSC, 48-0; 4, Thatcher

Lamm, KSC, 44-6; 6, Nick Vigil, KSC, 44-1.

#### **Running events**

100-METER DASH - 1, Weslee Dunston,

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Adams, 10.8; 5, Tony Schirmer, KSC, 11.2.

200 - 1, Joe Wofford, Western, 21.6. 400 - 1. Eric Toliver, Western, 48.7.

800 - 1, Martin Johns, Adams, 1:51.0 (meet record).

1,500 - 1, Dan Maas, Adams, 3:51.3 (meet record).

5.000 - 1. Dan Maas, Adams, 14:35.3 (meet record). 10.000 - 1, Greg Carey, FHS, 33:02.0.

3.000 STEEPLECHASE - 1. Great Smith, Western, 9:31.7. 110-METER HIGH HURDLES - 1. Ste-

phan Flenoy, Adams, 14.4. 400-METER INT. HURDLES - 1. Jason Brockel, Mines, 52.3; 2, Travis Vallin, KSC,

53.3. RELAYS 4x100 - 1. Adams State, 42.0; 3. Kearnev State (Tony Schirmer, Matt Martin, Travis Vallin, Loren Schriner) 42.5.

4x400 - 1. Western State, 3:14.8.

WOMEN Team scoring

Western State 194, Adams State 117,

Keamey State 64, Wayne State 61, Fort Havs State 55. Colorado Mines 13, Chadron State 10. Southern Colorado 9.

Individual results (Winners and KSC placers) Field events

TRIPLE JUMP - 1. Regina Rhodes. Western, 40-101/4. HIGH JUMP - 1. De Simpson, Adams, 5-41/2: 3. Luanne Kohls, KSC, 5-21/2.

DISCUS - 1. Shawna Everett, Western, 137-7; 6, Becky Puetz, KSC 121-11. LONG JUMP - 1, Regina Rhodes,

Western, 19-5. SHOT PUT - 1, Stacy Dieckman, Wayne. 43-101/2; 2. Becky Puetz, KSC, 42-11/2. JAVELIN - 1, Ginger Neier, FHS, 130-

0: 3. Susan Butler, KSC, 100-8; 6, Missy

KSC, 13.2.

Marco, KSC, 92-5. Running events 100-METER DASH - 1, Regina Rhodes, Western, 12.4; 5, Kristi Jochim,

200 - 1, Maria Ulmer, Western, 25.8; 5. Rita Maloley, KSC, 26.2. 400 - 1, Liane McFadyen, Adams,

58.1; 4, Rita Maloley, KSC, 58.6. 800 - 1, Cassie Henkiel, Western.

2:18.3; 5, Lesley Dahl, KSC, 2:23.3. 1,500 - 1, Cassie Henkiel, Western, 4:42.5.

3,000 - 1, Donna Spickelmier, KSC. 10:18.5 (meet record). 5.000 - 1. Terry Villarreal, Adams, 17:18.0; 6, Steph Homan, KSC, 19:14.9.

100-METER HIGH HURDLES - 1, Lori Brugilera, Adams, 15.2; 4, Barb Miller, KSC. 15.6. 400-METER HURDLES - 1, Liane McFayden, Adams, 1:04.1; 4, Kristi

Jochim, KSC, 1:07.1; 6, Sheila Himmelberg, KSC, 1:08.2. Relays

4x100 - 1, Western State 48.4; 2, Kearney State (Barb Miller, Tracy Pickering, Kristi Jochim, Rita Malolev) 49.7.

4x400 - 1, Adams State, 3:57.7; 4, Kearney State, 4:15.6.