

RMAC TRACK CHAMPIONSHIPS WOMEN

Team scores

Western State 168½, Adams State 165, Fort Hays State 132, Nebraska-Kearney 86, Colorado Mines 20, Chadron State 15½

Individual results

HIGH JUMP — 1, Hilary Andrelchik, WS, 5-6½. 3, Beth Semm, UNK, 5-1¾.

LONG JUMP — 1, Ermelinda Shehu, WS, 19-¾. 3, Arla Ridenour-Kvanvig, UNK, 18-1½. 6, Jill Sickels,

TRIPLE JUMP — 1, Ermelinda Shehu, WS, 39-9¼. 8, Sara Pfeifer, UNK, 33-4.

SHOT PUT — 1, Christine Wolford, AS, 41-2½. 2, Wendy Gibbs, UNK, 39-11½. 8, Corina Osterfoss, UNK, 38-4.

DISCUS — 1, Carie Jones, UNK, 132-10.

HAMMER — 1, Erin Rahim, FH, 147-1. 5, Wendy Gibbs, UNK, 127-3.

JAVELIN — 1, Kristin Johnson, FH, 149-6. 7, Karina Hunter, UNK, 112-2.

100-METER DASH — 1, Ermelinda Shehu, WS, 12.21. 2, Denea Basden, UNK, 12.29. 5, Melanie Kroeger, UNK, 25.18. 7, Arla Ridenour-Kvanvig 12.63.

200 — 1, Lita Holland, AS, 24.09. 2, Denea Basden, UNK, 24.75. 3, Melanie Kroeger, UNK, 25.18. 5, Arla Ridenour-Kvanvig 25.38.

400 — 1, Lita Holland, AS, 55.35. 3, Triniti Halley, UNK, 57.27.

800 — 1, Sarah Parkey, AS, 2:14.08.

1,500 — 1, Nicole Jefferson, WS, 4:31.89. 7, Summer Green, FHS, 5:11.35. 8, Lindsey Mills, UNK, 5:19.94.

3,000 — 1, Janelle Olson, AS, 9:57.81. 9, Jamie Kruger, UNK, 11:07.07.

5,000 — 1, Janelle Olson, AS, 9:57.81. 6, Jamie Kruger, UNK, 19:17.65.

10,000 — 1, Alicia Pedroza, WS, 40:06.31. 6, Chandra Small, UNK, 44:44.76.

100-METER HURDLES — 1, Maisha Prewitt, FH, 14.30.

400-METER LOW HURDLES — 1, Becky Still, WS, 1:04.38. 4, Jana Marco, UNK, 1:08.62. 5, Stacey Wilson, UNK, 1:09.46.

4x100 — 1, Adams State 46.64. 2, Nebraska-Kearney 46.67.

4x400 — 1, Western State 3:54.87.

MEN

Team Scores

Western State 149, Fort Hays State 146, Nebraska-Kearney 129, Adams State 84, Colorado Mines 74, Chadron State 36.

Individual results

100-METER DASH — 1, Eric Gray, UNK, 10.55. 5, David Poparad, UNK, 11.03.

200 — 1, Steve Schierenberg, AS, 21.24. 2, Joel Janacek, UNK, 21.43. 3, Eric Gray, UNK, 21.46.

400 — 1, Dayven Johnston, CM, 47.60. 5, Ryan Bedlan, UNK, 48.69. 6, Andy Goulet, UNK, 49.49.

800 — 1, Stephen Willis, WS, 1:51.79. 3, Andy Goulet, UNK, 1:53.40. 5, Joe Cooper, UNK, 1:56.30. 6, Jon Feauto, UNK, 1:57.42.

1,500 — 1, Stephen Willis, WS, 4:01.22. 6, Shannon Stenger, UNK, 4:06.36.

5,000 — 1, Jason Hubbard, AS, 15:21.88. 6, Deen Johnson, UNK, 15:54.29.

10,000 — 1, Dave Fagan, WS, 33:09.70. 7, Gerardo Cardenas, UNK, 34:56.54.

110-METER HIGH HURDLES — 1, Wes Hinze, UNK, 14.27. 3, Joel Janecek, UNK, 14.46. 5, Eric Bredenkamp, UNK, 14.75.

400-METER INT. HURDLES — 1, Eric Stellmon, CM, 53.98.

3,000 STEEPLECHASE — 1, Jason Hubbard, AS, 9:19.09. 3, Deen Johnson, UNK, 9:49.78.

4x100 — 1, Fort Hays State 40.72. 2, Nebraska-Kearney 41.27.

4x400 — 1, Colorado Mines 3:14.28. 4, Nebraska-Kearney 3:18.96.

HIGH JUMP — 1, Josh Long, UNK, 6-9¾.

POLE VAULT — 1, Travis Ford, FH, 15-7. 4, Brandon Zaruba, UNK, 14-7¼.

LONG JUMP — 1, Robert Spies, FH, 24-¾. 4, Eric Bredenkamp, UNK, 22-10.

TRIPLE JUMP — 1, Willie Murray, AS, 46-10. 5, Jeremy Gee, UNK, 44-8¼. 6, Joel Farrand, UNK, 44-2½.

SHOT PUT — 1, Jeremy Hawks, FH, 56-8¾. 2, Tom Brue, UNK, 53-1½. 5, Tyson Bertrand, UNK, 51-9¾.

DISCUS — 1, Doug Lytle, CS, 173-4. 2, Tyson Bertrand, UNK, 165-4. 5, Tom Brue, UNK, 147-2. 6, Dennis Stanek, UNK, 144-3.

HAMMER THROW — 1, Jeremy Hawks, FH, 176-4. 3, Brett Wetton, UNK, 168-6. 6, James Ayres, UNK, 158-1. 7, Tyson Bertrand, UNK, 157-7.

JAVELIN — 1, Ryan Luna, AS, 214-8. 5, John Kucera, UNK, 174-2.