

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**Event 1 Women High Jump**

```

=====
Meet: M 1.80m 1983 LeeAnn Jackson, Adams St.
Meet: M 1.80m 2012 Susan Jackson, Western St.
Meet: M 1.80m 2012 Barbara Szabo, Western St.
Facility: F 1.73m 2011 Barbara Szabo, Western St.
D2 Auto: A 1.78m
D2 Prov: P 1.68m
    
```

Name	Year	School	Seed	Finals	Points
<b>Finals</b>					
1 Szabo, Barbara		JR Western State	1.89m	1.88mM 6-02.00	10
1.43 1.48 1.53 1.57 1.63 1.68 1.73 1.78 1.83 1.88 1.93					
PPP PPP PPP PPP PPP PPP PPP O O O XXX					
2 Phipps, Danisha		SO N.M. Highlands	1.69m	1.63m 5-04.25	8
1.43 1.48 1.53 1.57 1.63 1.68					
PPP O O XO O PPP					
3 Weakland, Rachel		SR Western State	1.63m	1.57m 5-01.75	6
1.43 1.48 1.53 1.57 1.63					
PPP O O O XXX					
4 Dillworth, Destiny		FR N.M. Highlands	1.57m	J1.57m 5-01.75	5
1.43 1.48 1.53 1.57 1.63					
PPP XO XO O XXX					
5 Roos, Katie		SO Western State	1.51m	J1.57m 5-01.75	4
1.43 1.48 1.53 1.57 1.63					
O XXO XXO XO XXX					
6 Koch, Trisha		SO Black Hills St.	1.55m	1.53m 5-00.25	2.50
1.43 1.48 1.53 1.57					
PPP O O XXX					
6 Smith, Ali		FR Western State	1.59m	1.53m 5-00.25	2.50
1.43 1.48 1.53 1.57					
PPP O O XXX					
8 Hulet, Nicole		FR C.S.U.- Pueblo	1.58m	J1.53m 5-00.25	1
1.43 1.48 1.53 1.57					
O XO O XXX					
9 Vicenti, Kyetiil		FR Metropolitan St.		J1.53m 5-00.25	
1.43 1.48 1.53 1.57					
O O XO XXX					
9 Follet, Paige		JR Black Hills St.		J1.53m 5-00.25	
1.43 1.48 1.53 1.57					
O O XO XXX					
11 Wuenschel, Erica		FR C.S.U.- Pueblo	1.52m	1.48m 4-10.25	
1.43 1.48 1.53					
O XO XXX					
12 Murray, Chelsea		SR Chadron State	1.52m	J1.48m 4-10.25	
1.43 1.48 1.53					
O XXO XXX					
13 Sanchez, Juanita		FR N.M. Highlands	1.39m	1.43m 4-08.25	
1.43 1.48					
XO XXX					



**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 1 Women High Jump**

-- Ambler, Tiffany FR Colorado Mesa 1.44m NH  
 1.43  
 XXX

**Event 2 Men High Jump**

Meet: M 2.17m 2009 Oliver Harsanyi, Western St.  
 Facility: F 2.14m 2011 Oliver Harsanyi, Western St.  
 D2 Auto: A 2.17m  
 D2 Prov: P 2.05m

Name	Year	School	Seed	Finals	Points
1 Wilson, Jacob	SO	Black Hills St.	1.96m	2.09mP	6-10.25 10
1.81 1.86 1.91 1.96 2.01 2.06 2.09 2.12 PPP PPP XO O XXO XO XO XXX					
2 Bethea, Justin	JR	Adams State	2.04m	J2.09mP	6-10.25 8
1.81 1.86 1.91 1.96 2.01 2.06 2.09 2.12 PPP PPP PPP O XO O XXO XXX					
3 Ogunmodede, Seun	SO	Colorado Mines	1.92m	2.01m	6-07.00 6
1.81 1.86 1.91 1.96 2.01 2.06 PPP PPP O O O XXX					
4 Gipson, Akil	SR	Western State		1.91m	6-03.25 5
1.81 1.86 1.91 1.96 PPP PPP O XXX					
5 Wiren, Kyle	SO	Western State	1.96m	J1.91m	6-03.25 4
1.81 1.86 1.91 1.96 PPP XO XXO XXX					
6 Baier, Ethan	FR	Colorado Mesa	1.85m	1.86m	6-01.25 3
1.81 1.86 1.91 O XO XXX					
7 Morley, Cameron	FR	Colorado Mesa	1.95m	1.81m	5-11.25 2
1.81 1.86 XO XXX					
-- Brown, Randy	JR	Colorado Mesa	1.83m	NH	
1.81 XXX					
-- Grace, Jonathon	JR	Black Hills St.	1.85m	NH	
1.81 XXX					
-- Wallace, Justin	SO	Colorado Mesa	1.91m	NH	
1.81 XXX					



**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**Event 3 Women Pole Vault**

=====  
 Meet: M 4.05m 2011 Lauren Graham, CO. Springs  
 Facility: F 4.05m 2011 Lauren Graham, U.C. Co. Springs  
 Facility: F 4.05m 2012 Jenny Soceka, Unattached  
 D2 Auto: A 3.95m  
 D2 Prov: P 3.51m

Name	Year	School	Seed	Finals	Points
1 Harris, Lacy	SO	C.S.U.- Pueblo	3.72m	3.83mP 12-06.75	10
2.73 2.88 3.03 3.18 3.33 3.48 3.63 3.78 3.83 3.88 PPP PPP PPP PPP O XO XXO PPP XXO XXX					
2 Colvin, Alex	SR	Uc.-Colo. Spgs.	3.78m	3.63mP 11-10.75	8
2.73 2.88 3.03 3.18 3.33 3.48 3.63 3.78 3.83 3.88 PPP PPP PPP PPP XO O O XXP P X					
3 Jelden, Kaelie	SR	Chadron State	3.62m	J3.63mP 11-10.75	6
2.73 2.88 3.03 3.18 3.33 3.48 3.63 3.78 PPP PPP PPP PPP O O XXO XXX					
4 Cordova, CiCi	JR	N.M. Highlands	3.54m	3.48m 11-05.00	5
2.73 2.88 3.03 3.18 3.33 3.48 3.63 PPP PPP PPP PPP O XXO XXX					
5 Suppes, Briana	SR	Metropolitan St.	3.55m	J3.48m 11-05.00	4
2.73 2.88 3.03 3.18 3.33 3.48 3.63 XXX XXX O XXO XO XXO XXX					
6 Pehringer, Josey	SO	Chadron State	3.30m	3.33m 10-11.00	3
2.73 2.88 3.03 3.18 3.33 3.48 PPP PPP O XO XO XXX					
7 Garza, Isabel	FR	N.M. Highlands	3.05m	3.18m 10-05.25	2
2.73 2.88 3.03 3.18 3.33 O O O XO XXX					
8 Blevins, Kali	FR	Chadron State	2.82m	3.03m 9-11.25	1
2.73 2.88 3.03 3.18 O O O XXX					
9 Krause, Erin	SR	Chadron State	3.32m	J3.03m 9-11.25	
2.73 2.88 3.03 3.18 PPP PPP XO XXX					
10 Robson, Kasey	FR	Black Hills St.	2.93m	J3.03m 9-11.25	
2.73 2.88 3.03 3.18 XO O XO XXX					
11 Tschanz, Corbette	SO	Colorado Mines	2.52m	J3.03m 9-11.25	
2.73 2.88 3.03 3.18 O O XXO XXX					
11 Bellah, Samantha	FR	C.S.U.- Pueblo	3.12m	J3.03m 9-11.25	
2.73 2.88 3.03 3.18 PPP O XXO XXX					
13 Uhlir, Leah	FR	Chadron State	2.82m	2.88m 9-05.25	
2.73 2.88 3.03 XXO XO XXX					
14 Smith, Ali	FR	Western State		2.73m 8-11.50	
2.73 2.88 O XXX					



**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 3 Women Pole Vault**

15 Levorson, Cienna	FR Black Hills St.	2.69m	J2.73m	8-11.50
2.73 2.88				
XXO XXX				
15 Bender, Kieran	SO Colorado Mesa	2.90m	J2.73m	8-11.50
2.73 2.88				
XXO XXX				
-- Moss, Elly	FR Western State	2.82m	NH	
2.73				
XXX				

**Event 4 Men Pole Vault**

Meet: M 5.05m 2009 Dakota Cochrane, NE. Kearney  
 Facility: F 5.10m 2012 Rory Quiller, Unattached  
 D2 Auto: A 5.12m  
 D2 Prov: P 4.69m

Name	Year	School	Seed	Finals	Points
1 Arnold, Luke	JR	Western State	4.69m	5.01mP	16-05.25 10
4.21 4.36 4.51 4.66 4.81 4.96 5.01 5.06					
PPP PPP PPP XXO XO O O XXX					
2 Timmer, Ben	SO	Colorado Mines	4.92m	4.96mP	16-03.25 8
4.21 4.36 4.51 4.66 4.81 4.96 5.01					
PPP PPP PPP O XXO O XXX					
3 Jelden, Kolten	SR	Chadron State	4.80m	4.81mP	15-09.25 6
4.21 4.36 4.51 4.66 4.81 4.96					
PPP PPP XO XO O XXX					
4 Walega, Cody	SR	Colorado Mines	4.40m	4.66m	15-03.50 5
4.21 4.36 4.51 4.66 4.81					
PPP PPP O O XXX					
5 Hoffman, Joseph	FR	Chadron State	4.57m	J4.66m	15-03.50 4
4.21 4.36 4.51 4.66 4.81					
O O XO O XXX					
6 Gildemeister, Justin	SO	Colorado Mines	4.24m	4.51m	14-09.50 3
4.21 4.36 4.51 4.66					
PPP XXO O XXX					
7 Guida, Zach	FR	Western State	4.52m	4.36m	14-03.50 2
4.21 4.36 4.51					
PPP O XXX					
8 Mayer, Daniel	JR	Black Hills St.	4.25m	4.21m	13-09.75 0.50
4.21 4.36					
XXO XXX					
8 Fisher, Stephan	FR	Colorado Mesa		4.21m	13-09.75 0.50
4.21 4.36					
XXO XXX					
-- Neibauer, Nathan	SO	Colorado Mines	4.24m	NH	
4.21					
XXX					



**RMAC Championships - 5/5/2013 to 5/7/2013**  
**Entries and Results by: TRXC Timing**  
**Golden, Colorado**  
**Results**

**....Event 4 Men Pole Vault**

-- Reasoner, Ryan	FR Colorado Mesa	4.25m	NH
4.21			
XXX			
-- Varga, Elliott	SR Western State	4.39m	NH
4.21 4.36			
PPP XXX			

**Event 5 Women Long Jump**

=====  
 Meet: M 6.24m 2012 Jillisa Grant, N.M. Highlands  
 Facility: F 5.93m 2011 Jillisa Grant, N.M. Highlands  
 D2 Auto: A 6.15m  
 D2 Prov: P 5.70m

Name	Year	School	Seed	Finals	Wind	Points
1 Sims, Zenobia		JR Adams State		5.64m	-1.3	18-06.00 10
5.64m(-1.3) PASS	PASS	FOUL(-1.3)	5.47m(+0.0)	5.34m(-1.4)		
2 Rowe, Whitney		SO Colorado Mesa	5.42m	J5.64m	2.6	18-06.00 8
5.32m(+0.0) 5.46m(1.4)	5.64m(2.6)	5.00m(-1.6)	5.31m(1.5)	5.05m(-1.4)		
3 Dillworth, Destiny		FR N.M. Highlands	5.44m	5.47m	-0.5	17-11.50 6
4.09m(-2.3) 5.30m(0.3)	4.91m(2.6)	5.47m(-0.5)	FOUL(0.8)	5.40m(-2.3)		
4 Wendt, Alex		SO C.S.U.- Pueblo	5.30m	5.45m	1.8	17-10.75 5
FOUL(+0.0) 5.45m(1.8)	FOUL(0.7)	FOUL(-0.7)	FOUL(+0.0)	5.10m(-0.8)		
5 Szabo, Barbara		JR Western State		5.36m	+0.0	17-07.00 4
5.28m(-1.9) 5.27m(-0.3)	5.03m(-0.8)	5.25m(0.5)	5.36m(+0.0)	5.22m(-1.3)		
6 Todd, Jessica		SO Uc.-Colo. Spgs.	5.19m	5.30m	-2.0	17-04.75 3
5.11m(-1.4) 5.30m(-2.0)	5.26m(-0.9)	5.12m(NWI)	FOUL	FOUL		
7 Johnson, Kayla		JR Colorado Mines	5.37m	5.22m	0.7	17-01.50 2
4.84m(-0.8) FOUL(0.1)	5.19m(-1.3)	4.99m(-0.9)	5.22m(0.7)	5.13m(-0.8)		
8 Clark, Lindsay		FR Western State	5.25m	5.19m	+0.0	17-00.50 1
FOUL(0.8) 5.19m(+0.0)	FOUL(2.4)	4.88m(-1.2)	4.87m(-1.4)	4.86m(+0.0)		
9 Hart, Lindsay		SR Western State	5.47m	5.10m	1.8	16-08.75
5.04m(-1.3) FOUL(+0.0)	5.10m(1.8)	5.06m(-1.4)	5.01m(0.9)	4.94m(-0.7)		
10 Jamali, Salima		SO Western State	5.30m	5.09m	0.6	16-08.50
4.94m(2.1) 4.99m(1.0)	5.09m(0.6)					
11 Tollefson, Shelby		SR Black Hills St.	5.21m	5.08m	3.7	16-08.00
4.41m(-1.2) 5.01m(+0.0)	5.08m(3.7)					
12 Beach, Erin		SR Colorado Mines	5.45m	5.07m	+0.0	16-07.75
5.07m(+0.0) PASS	4.88m(2.2)					
13 Roos, Katie		SO Western State	5.15m	5.03m	-0.2	16-06.00
4.77m(-3.0) 5.00m(-1.5)	5.03m(-0.2)					
14 Weakland, Rachel		SR Western State		5.00m	-1.5	16-05.00
4.98m(+0.0) 5.00m(-1.5)	4.96m(-1.4)					
15 Sandmeier, Megan		FR Black Hills St.	5.04m	4.90m	-0.5	16-01.00
4.62m(-0.7) 4.81m(-2.4)	4.90m(-0.5)					
16 Murray, Chelsea		SR Chadron State	4.92m	J4.90m	-0.9	16-01.00
4.76m(2.3) 4.54m(0.3)	4.90m(-0.9)					
17 Rigsby, Michelle		SO Colorado Mines	5.01m	4.89m	-3.3	16-00.50
4.89m(-3.3) 4.78m(-2.9)	FOUL(-1.3)					



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 5 Women Long Jump**

18	Hughes, Aria	FR Chadron State	4.96m	J4.89m	-0.3	16-00.50
	4.89m(-0.3)	4.70m(-1.7)	FOUL(-1.3)			
19	Linn, Makenna	FR C.S.U.- Pueblo	5.11m	J4.89m	-1.3	16-00.50
	FOUL(-1.3)	4.89m(-1.3)	FOUL(-0.5)			
20	Koch, Trisha	SO Black Hills St.	4.93m	4.87m	+0.0	15-11.75
	4.87m(+0.0)	4.82m(-1.1)	FOUL(-1.3)			
21	Rugg, Maya	JR C.S.U.- Pueblo	5.14m	4.84m	-1.2	15-10.50
	4.72m(-1.9)	4.84m(-1.2)	FOUL(-0.6)			
22	Smith, Ali	FR Western State		4.57m	-1.6	15-00.00
	4.25m(1.1)	4.57m(-1.6)	FOUL(-1.3)			
23	Tyler, Jessica	FR Metropolitan St.		4.41m	1.3	14-05.75
	4.41m(1.3)	4.19m(-0.6)	4.23m(-1.6)			
24	Vicenti, Kyetiil	FR Metropolitan St.	4.01m	3.68m	+0.0	12-01.00
	3.63m(+0.0)	3.68m(+0.0)	3.66m(-0.2)			

**Event 6 Men Long Jump**

Meet: M 7.70m 2008 Josh Gibson, Adam St.

Meet: M 7.70m 1983 Adrian Sampson

Facility: F 7.49m 2011 James Douglas, Adams St.

D2 Auto: A 7.55m

D2 Prov: P 7.14m

Name	Year School	Seed	Finals	Wind	Points	
1 Lavong, Carlton	FR Adams State	7.61m	7.39mP	-0.4	24-03.00 10	
	7.14m(1.5)	7.29m(1.1)	FOUL(+0.0)	7.39m(-0.4)	7.00m(-0.4)	7.33m(1.2)
2 Newman, Lanar	SR Chadron State	6.93m	7.25mP	+0.0	23-09.50 8	
	FOUL(1.5)	6.86m(-0.3)	FOUL(0.6)	6.31m(-0.8)	FOUL(-0.6)	7.25m(+0.0)
3 Estes, Alex	JR Adams State	7.17m	7.16mP	-1.0	23-06.00 6	
	6.93m(0.9)	FOUL(+0.0)	6.95m(+0.0)	FOUL(+0.0)	FOUL(+0.0)	7.16m(-1.0)
4 Frison, TJ	SO Western State	6.63m	7.08m	0.8	23-02.75 5	
	6.90m(2.0)	FOUL(1.6)	6.64m(1.0)	FOUL(+0.0)	FOUL(0.6)	7.08m(0.8)
5 Rodriguez, Gregory	SO Chadron State	6.65m	6.91m	-0.8	22-08.00 4	
	FOUL(2.1)	6.18m(+0.0)	6.55m(0.8)	6.34m(+0.0)	6.91m(-0.8)	FOUL(+0.0)
6 Butler, Donnie	FR Chadron State	6.80m	6.83m	0.4	22-05.00 3	
	6.54m(1.3)	6.62m(0.6)	6.52m(+0.0)	6.43m(-0.6)	6.54m(-0.8)	6.83m(0.4)
7 Grace, Jonathon	JR Black Hills St.	6.87m	6.81m	-0.4	22-04.25 2	
	FOUL(0.7)	6.54m(+0.0)	FOUL(0.9)	6.76m(+0.0)	6.81m(-0.4)	FOUL(-0.9)
8 Browne, Barrett	FR Chadron State	6.64m	6.70m	2.5	21-11.75 1	
	6.70m(2.5)	6.59m(2.0)	6.57m(+0.0)	5.57m(-0.9)	FOUL(-0.1)	FOUL(+0.0)
9 Anderson, Alex	FR Black Hills St.	6.35m	6.68m	1.8	21-11.00	
	5.96m(+0.0)	6.41m(1.5)	6.68m(1.8)	FOUL(0.1)	FOUL(+0.0)	FOUL(-0.5)
10 Wiren, Kyle	SO Western State	6.20m	6.53m	1.7	21-05.25	
	6.37m(1.7)	FOUL(1.6)	6.53m(1.7)			
11 Wallace, Justin	SO Colorado Mesa	6.50m	6.51m	0.5	21-04.25	
	6.11m(1.4)	6.51m(0.5)	6.22m(1.4)			
12 Wilson, Jacob	SO Black Hills St.	6.29m	6.45m	0.9	21-02.00	
	6.45m(0.9)	FOUL(1.4)	FOUL(1.0)			

**RMAC Championships - 5/5/2013 to 5/7/2013**  
**Entries and Results by: TRXC Timing**  
**Golden, Colorado**  
**Results**

**....Event 6 Men Long Jump**

13	Brown, Randy	JR Colorado Mesa	6.24m	6.43m	+0.0	21-01.25
	6.43m(+0.0) FOUL(1.6)	6.22m(4.6)				
14	Kvistad, Xavier	SO Chadron State		6.40m	+0.0	21-00.00
	FOUL(0.7) 6.40m(+0.0)	FOUL(0.9)				
15	Gipson, Akil	SR Western State		6.34m	1.3	20-09.75
	FOUL(1.8) FOUL(1.2)	6.34m(1.3)				
16	Baier, Ethan	FR Colorado Mesa	5.94m	6.13m	2.3	20-01.50
	FOUL(2.0) 6.13m(2.3)	FOUL(1.1)				
17	Ogunmodede, Seun	SO Colorado Mines	6.09m	6.12m	0.4	20-01.00
	5.95m(0.5) 6.06m(3.1)	6.12m(0.4)				
18	Dittbenner, Hunter	SO Chadron State	6.43m	6.11m	0.5	20-00.50
	FOUL(1.4) FOUL(1.9)	6.11m(0.5)				
19	Jimmerson, Justin	SO Metropolitan St.	5.66m	5.76m	2.5	18-10.75
	FOUL(0.9) 5.75m(2.1)	5.76m(2.5)				

**Event 7 Women Triple Jump**

=====  
 Meet: M 13.16m 2012      Kearah Danville, N.M. Highlands  
 Facility: F 12.40m 2011      Danita Wyatt, C.S.U. Pueblo  
 Facility: F 12.40m 2011      Jazymn Webster, Chadron St.  
 D2 Auto: A 12.70m  
 D2 Prov: P 11.75m

Name	Year	School	Seed	Finals	Wind	Points
1 Johnson, Kayla	JR	Colorado Mines	11.60m	11.55m	+0.0	37-10.75 10
	11.21m(0.9) FOUL(-0.8)	11.28m(+0.0) 11.32m(-0.5)	11.55m(+0.0)	11.29m(-1.8)		
2 Weakland, Rachel	SR	Western State	11.32m	11.48m	+0.0	37-08.00 8
	FOUL(0.2) 11.23m(-2.1)	11.48m(+0.0) 11.02m(+0.0)	FOUL(-1.8)	11.08m(+0.0)		
3 Szabo, Barbara	JR	Western State	11.63m	11.45m	+0.0	37-06.75 6
	11.23m(-1.1) 11.14m(1.6)	11.13m(-1.4) 11.45m(+0.0)	9.72m(-0.9)	11.42m(-2.4)		
4 Dillworth, Destiny	FR	N.M. Highlands		11.34m	-1.6	37-02.50 5
	FOUL(-0.2) 11.34m(-1.6)	PASS 10.91m(+0.0)	11.11m(-1.6)	11.06m(-1.2)		
5 Tollefson, Shelby	SR	Black Hills St.	11.36m	11.31m	+0.0	37-01.25 4
	11.12m(-1.5) FOUL(0.8)	10.97m(-1.6) FOUL(-0.9)	11.31m(+0.0)	11.08m(-1.2)		
6 Rugg, Maya	JR	C.S.U.- Pueblo	11.45m	11.12m	-1.9	36-05.75 3
	11.12m(-1.9) FOUL(-1.3)	FOUL(0.5) 10.85m(-1.3)	FOUL(-0.2)	FOUL(-0.9)		
7 Rigsby, Michelle	SO	Colorado Mines	10.66m	11.08m	-0.9	36-04.25 2
	10.93m(-1.2) 10.60m(-2.7)	11.08m(-0.9) 10.56m(-1.4)	10.78m(-1.1)	10.69m(-1.1)		
8 Follet, Paige	JR	Black Hills St.		10.83m	-1.4	35-06.50 1
	10.61m(0.1) 10.83m(-1.4)	10.51m(-1.4) 10.81m(-1.9)	10.79m(-1.9)	10.46m(-1.0)		
9 Linn, Makenna	FR	C.S.U.- Pueblo	10.98m	10.70m	-1.8	35-01.25
	10.56m(1.2) 10.64m(1.0)	10.70m(-1.8) 10.69m(-0.9)	10.23m(-2.5)	10.31m(-0.5)		
10 Ghosh, Brianne	SO	Colorado Mesa	9.97m	10.58m	1.4	34-08.50
	10.55m(1.0) 10.41m(-0.2)	10.58m(1.4)				
11 Lebeda, Molly	SO	Colorado Mesa	10.00m	10.47m	1.1	34-04.25
	10.47m(1.1) 10.24m(1.9)	FOUL(-0.3)				
12 Hughes, Aria	FR	Chadron State	10.59m	10.29m	-1.2	33-09.25
	FOUL(1.7) 10.01m(-0.9)	10.29m(-1.2)				



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 7 Women Triple Jump**

13 Sandmeier, Megan	FR Black Hills St.	10.49m	10.28m	-1.8	33-08.75
		9.95m(-1.3)	10.04m(-2.5)	10.28m(-1.8)	
14 Murray, Chelsea	SR Chadron State		9.99m	0.1	32-09.50
		9.76m(1.3)	9.62m(-1.4)	9.99m(0.1)	
-- Wendt, Alex	SO C.S.U.- Pueblo	11.91m	FOUL		
		FOUL(0.9)	FOUL(-0.5)	FOUL(1.0)	

**Event 8 Men Triple Jump**

Meet: M 15.57m 1987 Curt Christiansen, Adams St.

Facility: F 15.29m 2011 Marty Molina, N.E. Kearney

D2 Auto: A 15.69m

D2 Prov: P 14.50m

Name	Year	School	Seed	Finals	Wind	Points
1 Lavong, Carlton	FR	Adams State	15.99m	15.89mA	1.3	52-01.75 10
						15.58m(2.3) 15.33m(-0.6) FOUL(3.5) 15.19m(-1.7) 15.89m(1.3) 15.66m(-1.7)
2 Ogunmodede, Seun	SO	Colorado Mines	13.68m	14.90mP	+0.0	48-10.75 8
						FOUL(2.0) 14.40m(-0.8) FOUL(2.7) 14.58m(1.6) 14.87m(3.5) 14.90m(+0.0)
3 Gipson, Akil	SR	Western State	14.76m	14.85mP	1.0	48-08.75 6
						14.65m(1.7) 14.85m(1.0) FOUL(2.9) 14.25m(0.1) FOUL(2.9) 14.77m(-1.2)
4 Newman, Lanar	SR	Chadron State	13.80m	14.43m	-1.6	47-04.25 5
						FOUL(-0.7) 14.33m(2.4) 14.16m(-1.4) 14.35m(+0.0) 12.84m(+0.0) 14.43m(-1.6)
5 McFarlane, Karl	JR	Chadron State	14.52m	13.99m	-0.8	45-10.75 4
						13.80m(1.5) 13.52m(0.8) 13.71m(1.8) 13.65m(1.2) 13.99m(-0.8) 13.53m(-1.4)
6 Kvistad, Xavier	SO	Chadron State	13.59m	13.95m	0.3	45-09.25 3
						13.68m(3.7) FOUL(2.4) 13.26m(+0.0) 12.95m(+0.0) 13.91m(+0.0) 13.95m(0.3)
7 Grace, Jonathon	JR	Black Hills St.		13.67m	3.6	44-10.25 2
						13.67m(3.6) FOUL(1.9) FOUL(1.0) 13.40m(-1.3) FOUL(+0.0) FOUL(0.4)
8 Jimmerson, Justin	SO	Metropolitan St.	12.92m	13.32m	4.4	43-08.50 1
						13.32m(4.4) 13.18m(0.4) 12.87m(0.7) 12.56m(-0.1) FOUL(-2.2) FOUL(-0.5)
9 Meissner, Riley	JR	Black Hills St.		13.31m	0.8	43-08.00
						13.03m(-1.5) 13.06m(1.7) 13.31m(0.8) 12.45m(0.5) PASS PASS
10 Brown, Randy	JR	Colorado Mesa	13.26m	13.20m	2.1	43-03.75
						13.00m(1.3) 13.07m(1.6) 13.20m(2.1)
11 Baier, Ethan	FR	Colorado Mesa	12.96m	13.11m	1.2	43-00.25
						12.94m(1.6) FOUL(2.9) 13.11m(1.2)
12 Fisher, Stephan	FR	Colorado Mesa		12.95m	1.8	42-06.00
						12.95m(1.8) FOUL(1.8) 12.62m(-1.5)
13 Wallace, Justin	SO	Colorado Mesa	13.63m	12.92m	2.8	42-04.75
						12.55m(2.2) 12.77m(2.0) 12.92m(2.8)

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 9 Women Discus Throw**

Meet: M 49.82m 2007 Ashley Stephens, Western St.  
 Facility: F 45.55m 2010 Savannah Afoa, Colorado Mines  
 D2 Auto: A 51.50m  
 D2 Prov: P 43.65m

Name	Year	School	Seed	Finals	Points
1 Norton, Alyssa		JR Chadron State	48.67m	47.50mF	155-10 10
45.82m 47.50m 45.55m 44.88m 46.12m 45.88m					
2 Herl, Mel		FR Chadron State	44.16m	44.54mP	146-01 8
44.54m 36.67m FOUL 40.12m FOUL FOUL					
3 Waugh, Sadie		JR Chadron State	44.56m	44.15mP	144-10 6
FOUL 44.15m 42.09m FOUL FOUL FOUL					
4 Allen, Avery		FR Black Hills St.	42.71m	42.50m	139-05 5
41.05m FOUL 40.33m 42.50m 40.16m 41.35m					
5 Kruger, Katie		JR Adams State	38.57m	41.34m	135-07 4
37.67m 40.25m 40.49m 41.34m FOUL FOUL					
6 Bair, Jamie		FR Chadron State	36.36m	39.40m	129-03 3
37.86m FOUL 39.40m 36.75m FOUL FOUL					
7 Salazar, Holli		SR C.S.U.- Pueblo		37.96m	124-06 2
FOUL 34.82m 37.96m 34.71m FOUL FOUL					
8 Lienemann, Shelly		SO Chadron State	38.01m	37.74m	123-10 1
FOUL 34.12m 37.74m 36.84m 35.38m FOUL					
9 Miranda, Valeria		FR C.S.U.- Pueblo	38.38m	37.61m	123-05
FOUL 33.95m 37.61m FOUL 33.29m FOUL					
10 Cryderman, Kate		FR N.M. Highlands	36.32m	37.40m	122-08
FOUL FOUL 37.40m					
11 Hayes, Lindsay		JR N.M. Highlands	35.19m	36.08m	118-04
32.19m 34.13m 36.08m					
12 Lathen, Emily		FR Colorado Mines	37.65m	35.87m	117-08
FOUL FOUL 35.87m					
13 Naibauer, Kendra		SO Colorado Mesa	37.43m	35.55m	116-08
35.29m FOUL 35.55m					
14 Gallmeyer, Kristina		JR Colorado Mines	33.44m	33.43m	109-08
33.43m 30.33m 31.42m					
15 Hoover, Bailey		SR Colorado Mines	40.17m	33.30m	109-03
33.30m FOUL FOUL					
16 Downing, Katelyn		SO Colorado Mesa	36.65m	33.09m	108-07
FOUL 33.09m FOUL					
17 Payton, Angelica		SO Adams State	31.57m	30.31m	99-05
30.31m FOUL FOUL					
18 Gansz, Haley		FR C.S.U.- Pueblo	31.19m	30.14m	98-11
FOUL 29.33m 30.14m					
19 Heiney, Tiler		FR C.S.U.- Pueblo	30.80m	29.56m	97-00
29.56m 26.70m 28.13m					
19 Ratzlaff, Casie		SR Colorado Mines	35.28m	29.56m	97-00
29.56m FOUL FOUL					

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 10 Men Discus Throw**

Meet: M 55.47m 2004 Jake Evig, Adams St.  
 Facility: F 52.22m 2011 Dane Tobey, N.E. Kearney  
 D2 Auto: A 55.63m  
 D2 Prov: P 49.03m

Name	Year	School	Seed	Finals	Points
1 Clark, Brady		JR Black Hills St.		49.66mP	162-11 10
44.20m 45.13m 41.30m 44.99m 49.66m FOUL					
2 Kapukotuwa, Charith		JR Chadron State	47.37m	49.12mP	161-02 8
48.92m 44.88m 44.17m 49.12m FOUL FOUL					
3 Hunt, Cody		SR Chadron State	48.57m	48.74m	159-11 6
48.74m 47.21m 47.81m 43.13m 42.02m 44.84m					
4 Roup, Austin		SO Colorado Mines	47.90m	47.78m	156-09 5
FOUL 46.51m FOUL FOUL 46.42m 47.78m					
5 Johnson, Jacob		FR Black Hills St.	47.30m	47.59m	156-02 4
44.91m 47.11m 47.59m 44.52m 44.88m FOUL					
6 Lavong, Wesley		JR Adams State	46.25m	47.00m	154-02 3
47.00m 46.35m FOUL FOUL FOUL FOUL					
7 McCarthy, Kyle		FR Chadron State	43.03m	45.66m	149-10 2
44.11m FOUL 45.66m FOUL FOUL FOUL					
8 Sparks, Jarrod		SR Colorado Mines	45.46m	45.25m	148-05 1
FOUL 42.77m FOUL FOUL 44.10m 45.25m					
9 Rein, Tanner		SO Chadron State	41.22m	42.37m	139-00
39.95m 42.37m FOUL FOUL FOUL FOUL					
10 Anderson, Alex		FR Black Hills St.	38.81m	40.66m	133-05
40.66m 38.65m 36.86m					
11 Baxter, Zach		FR Adams State	45.30m	39.83m	130-08
36.01m 36.80m 39.83m					
12 Huffman, Austin		JR Chadron State	42.85m	39.52m	129-08
38.69m 39.52m FOUL					
13 Magnuson, Ryan		FR Western State	43.67m	39.05m	128-01
33.26m 39.05m 38.18m					
14 Hollister, Jacob		FR Colorado Mines	39.45m	38.67m	126-10
37.94m 38.67m FOUL					
15 Hochanadel, Joe		JR Adams State	40.11m	38.14m	125-01
FOUL 38.14m FOUL					
16 Redfern, Nicolo		SO Colorado Mines	41.06m	37.74m	123-10
37.74m 37.01m FOUL					
17 Warren, Jace		JR Colorado Mines	36.27m	37.56m	123-03
FOUL 36.08m 37.56m					
18 Garnes, Keanan		FR Colorado Mesa	40.33m	37.46m	122-11
37.46m FOUL FOUL					
19 Ewen, Ryan		JR Colorado Mines	39.97m	36.87m	120-11
FOUL 36.81m 36.87m					
20 Sotelo, Daniel		FR Chadron State		36.69m	120-04
36.69m FOUL 34.46m					
-- Gill, Jake		FR Black Hills St.	35.99m	FOUL	
FOUL FOUL FOUL					

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 11 Women Hammer Throw**

Meet: M 59.14m 2000 Janet Boettcher, N.E. Kearney  
 Facility: F 56.39m 2012 Emily Hunsucker, Unattached  
 D2 Auto: A 57.12m  
 D2 Prov: P 50.00m

Name	Year	School	Seed	Finals	Points
1 Swartwood, Jennifer	SR	Western State	49.95m	52.10mP	170-11 10
				49.67m 52.10m 48.67m 48.00m 49.42m 49.29m	
2 Hoover, Bailey	SR	Colorado Mines	49.22m	49.48m	162-04 8
				49.48m 46.70m 47.83m FOUL FOUL FOUL	
3 Norton, Alyssa	JR	Chadron State	48.58m	47.62m	156-03 6
				46.36m FOUL 46.22m FOUL 47.51m 47.62m	
4 Kruger, Katie	JR	Adams State	45.48m	47.39m	155-06 5
				47.39m 45.76m FOUL FOUL 46.00m FOUL	
5 Damen, Carolijn	SO	Western State	44.59m	47.09m	154-06 4
				47.09m 45.28m FOUL 45.47m 45.38m 45.34m	
6 Hayes, Lindsay	JR	N.M. Highlands	48.31m	46.40m	152-03 3
				40.17m FOUL 46.40m 44.17m FOUL FOUL	
7 Ratzlaff, Casie	SR	Colorado Mines	43.68m	45.46m	149-02 2
				FOUL 44.81m 43.82m 43.28m 45.46m FOUL	
8 Salazar, Holli	SR	C.S.U.- Pueblo	51.85m	43.84m	143-10 1
				FOUL 43.84m FOUL FOUL FOUL FOUL	
9 Herl, Mel	FR	Chadron State	44.25m	43.44m	142-06
				FOUL 43.19m 43.00m FOUL 43.44m FOUL	
10 Thomas, Cyndi	JR	Chadron State	46.03m	43.12m	141-06
				43.12m FOUL FOUL	
11 Gallmeyer, Kristina	JR	Colorado Mines	45.51m	43.09m	141-04
				FOUL FOUL 43.09m	
12 Kiskadden, Kelly	SR	Colorado Mesa	42.56m	42.27m	138-08
				42.27m 34.67m 40.06m	
13 Lathen, Emily	FR	Colorado Mines	42.72m	39.58m	129-10
				FOUL 39.58m 38.79m	
14 Utu, Keila	SO	Colorado Mesa	40.40m	38.11m	125-00
				33.95m 38.11m 37.02m	
15 Payton, Angelica	SO	Adams State	35.84m	37.38m	122-08
				34.62m 37.38m FOUL	
16 Gansz, Haley	FR	C.S.U.- Pueblo	36.88m	36.96m	121-03
				32.98m 36.96m FOUL	
17 Weidman, Hannah	SO	Colorado Mines	38.39m	36.22m	118-10
				36.22m FOUL FOUL	
18 Heiney, Tiler	FR	C.S.U.- Pueblo	36.24m	36.13m	118-06
				32.67m 36.13m 34.30m	
19 Downing, Katelyn	SO	Colorado Mesa	43.77m	35.96m	118-00
				33.73m 35.96m FOUL	
20 Miranda, Valeria	FR	C.S.U.- Pueblo	36.12m	35.10m	115-02
				34.02m FOUL 35.10m	
21 Barr, Whitney	FR	Colorado Mesa	33.45m	32.46m	106-06
				29.79m 32.46m 31.24m	

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 11 Women Hammer Throw**

-- Naibauer, Kendra SO Colorado Mesa 41.43m FOUL  
 FOUL FOUL FOUL

**Event 12 Men Hammer Throw**

Meet: M 61.28m 2007 Michael Gusbeth, Western St.  
 Facility: F 59.15m 2012 Nathan Grooms, Unattached  
 D2 Auto: A 63.78m  
 D2 Prov: P 54.21m

Name	Year	School	Seed	Finals	Points
1 Lavong, Wesley		JR Adams State	53.33m	54.15m	177-08 10
		46.94m 52.07m 52.81m 54.15m PASS FOUL			
2 Redfern, Nicolo		SO Colorado Mines	45.66m	48.20m	158-02 8
		FOUL 44.42m 45.59m 48.20m 45.68m FOUL			
3 Kapukotuwa, Charith		JR Chadron State	48.13m	48.07m	157-08 6
		46.49m 48.07m FOUL FOUL 44.12m FOUL			
4 Johnson, Jacob		FR Black Hills St.	46.62m	47.93m	157-03 5
		FOUL 43.79m 43.89m FOUL 47.93m FOUL			
5 Hollister, Jacob		FR Colorado Mines	49.54m	47.36m	155-04 4
		FOUL 47.36m FOUL FOUL FOUL FOUL			
6 Rein, Tanner		SO Chadron State	45.94m	47.25m	155-00 3
		45.74m 44.03m FOUL 45.73m 47.25m 46.40m			
7 McCarthy, Kyle		FR Chadron State	43.38m	46.67m	153-01 2
		44.34m 46.67m FOUL FOUL 45.21m FOUL			
8 Hochanadel, Joe		JR Adams State	47.40m	45.55m	149-05 1
		45.55m FOUL FOUL FOUL 41.91m 45.20m			
9 Ewen, Ryan		JR Colorado Mines	51.25m	45.08m	147-11
		FOUL 45.08m FOUL FOUL FOUL FOUL			
10 Magnuson, Ryan		FR Western State	41.50m	43.53m	142-10
		FOUL 41.70m 43.53m			
11 Sparks, Jarrod		SR Colorado Mines	46.55m	42.87m	140-08
		42.87m FOUL 41.51m			
12 Warren, Jace		JR Colorado Mines	45.03m	40.76m	133-09
		38.58m 40.76m FOUL			
-- Huffman, Austin		JR Chadron State	44.93m	FOUL	
		FOUL FOUL FOUL			
-- Roup, Austin		SO Colorado Mines	56.09m	FOUL	
		FOUL FOUL FOUL			

**Event 13 Women Javelin Throw**

Meet: M 47.10m 1999 Regina Taylor, F.H.S.U.  
 Facility: F 41.46m 2011 Carissa Alexander, N.M. Highlands  
 D2 Auto: A 46.10m  
 D2 Prov: P 40.00m

Name	Year	School	Seed	Finals	Points
------	------	--------	------	--------	--------



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 13 Women Javelin Throw**

1	Traynham, Michelle	FR N.M. Highlands	42.21m	41.75mF	137-00	10
	41.57m 41.75m 36.77m	FOUL 35.00m FOUL				
2	Weakland, Rachel	SR Western State	38.91m	39.63m	130-00	8
	36.68m 36.22m 39.63m	35.70m 36.01m 35.88m				
3	Phipps, Danisha	SO N.M. Highlands	37.39m	39.20m	128-07	6
	31.61m 39.20m	PASS PASS PASS PASS				
4	Cryderman, Kate	FR N.M. Highlands		37.65m	123-06	5
	33.33m 34.93m 37.65m	33.20m 35.27m PASS				
5	Szabo, Barbara	JR Western State		34.73m	113-11	4
	31.20m 34.73m 31.93m	PASS PASS PASS				
6	Odenbaugh, Michaela	SO Chadron State	35.40m	33.96m	111-05	3
	FOUL 33.96m 28.78m	28.73m 29.49m 32.32m				
7	Allen, Avery	FR Black Hills St.	30.33m	33.77m	110-09	2
	31.53m 33.77m 31.92m	24.90m 23.09m 24.65m				
8	Giesey, Aleishia	SR Black Hills St.		33.46m	109-09	1
	32.97m 33.46m 32.80m	33.35m 33.24m 29.40m				
9	Cordova, CiCi	JR N.M. Highlands		33.20m	108-11	
	33.20m 31.93m 29.80m	29.74m 32.96m 31.55m				
10	Hayes, Lindsay	JR N.M. Highlands	34.76m	32.21m	105-08	
	32.21m FOUL 31.70m					
11	Jelden, Kaelie	SR Chadron State	30.80m	31.35m	102-10	
	FOUL 26.70m 31.35m					
12	Gansz, Haley	FR C.S.U.- Pueblo	32.29m	30.60m	100-05	
	29.11m FOUL 30.60m					
13	Hunt, Lydia	SO Adams State	30.35m	30.44m	99-10	
	29.00m 26.58m 30.44m					
14	Tollefson, Shelby	SR Black Hills St.	36.47m	29.66m	97-04	
	29.66m FOUL 28.55m					
15	Cool, Kallee	SO Western State	33.94m	29.56m	97-00	
	28.92m 28.04m 29.56m					
16	Kiskadden, Kelly	SR Colorado Mesa	26.94m	29.50m	96-09	
	29.50m 27.20m 27.90m					
17	Salazar, Holli	SR C.S.U.- Pueblo		29.33m	96-03	
	FOUL 23.75m 29.33m					
18	Ghosh, Brianne	SO Colorado Mesa	30.80m	29.01m	95-02	
	28.90m 25.25m 29.01m					
19	Ratzlaff, Casie	SR Colorado Mines	26.72m	27.51m	90-03	
	27.51m 23.86m 26.03m					
20	Johnson, Jasmine	SR Colorado Mesa	30.31m	27.45m	90-01	
	27.45m PASS PASS					
21	Bender, Kieran	SO Colorado Mesa		25.43m	83-05	
	25.43m 22.37m 22.26m					
22	Gregersen, Alisha	SR Colorado Mesa	30.16m	24.40m	80-01	
	22.95m 24.40m FOUL					
23	Robertson, Elizabeth	JR N.M. Highlands		23.03m	75-07	
	FOUL FOUL 23.03m					
--	Heiney, Tiler	FR C.S.U.- Pueblo	30.99m	FOUL		
	FOUL FOUL FOUL					

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 14 Men Javelin Throw**

Meet: M 67.72m 2001 Zach Kindler, F.H.S.U.  
 Facility: F 53.35m 2011 Dane Tobey, N.E. Kearney  
 D2 Auto: A 65.91m  
 D2 Prov: P 58.00m

Name	Year	School	Seed	Finals	Points
1 Ewen, Matthew	FR	Western State	48.86m	51.66m	169-06 10
41.49m 47.97m FOUL	44.03m	51.66m	49.37m		
2 Moore, Donyiel	JR	Adams State	49.04m	51.51m	169-00 8
44.28m 49.03m 44.57m	44.83m	51.51m	48.33m		
3 Hochanadel, Joe	JR	Adams State	49.24m	48.50m	159-01 6
36.98m 38.43m 47.51m	45.55m	48.50m	FOUL		
4 Morley, Cameron	FR	Colorado Mesa	39.16m	47.07m	154-05 5
37.33m 43.78m 44.17m	38.67m	47.07m	43.96m		
5 Munger, Sean	SR	Chadron State	47.19m	46.92m	153-11 4
45.49m FOUL 38.16m	44.99m	41.43m	46.92m		
6 Brown, Randy	JR	Colorado Mesa	47.26m	46.89m	153-10 3
46.35m 46.89m 44.92m	44.36m	43.65m	39.21m		
7 Rivera, Phil	JR	Chadron State		46.37m	152-01 2
41.08m FOUL 41.80m	FOUL	FOUL	46.37m		
8 Roup, Austin	SO	Colorado Mines		46.28m	151-10 1
38.14m 35.43m 46.28m	43.10m	45.94m	FOUL		
9 Anderson, Alex	FR	Black Hills St.	44.92m	45.91m	150-07
42.56m 42.14m 45.91m	44.66m	FOUL	FOUL		
10 Mayer, Daniel	JR	Black Hills St.	39.26m	40.78m	133-09
33.28m 35.93m 40.78m					
11 Huffman, Austin	JR	Chadron State		38.35m	125-10
38.35m 36.77m FOUL					
12 Wood, Zach	SO	Western State	39.50m	37.96m	124-06
37.40m 37.96m 34.82m					
13 Reasoner, Ryan	FR	Colorado Mesa	44.95m	37.63m	123-05
30.84m 37.63m 34.77m					
14 Redfern, Nicolo	SO	Colorado Mines	39.19m	37.56m	123-03
36.64m 37.22m 37.56m					
15 Jelden, Kolten	SR	Chadron State	44.14m	36.19m	118-09
35.11m 35.43m 36.19m					
15 Girardi, Collin	FR	Colorado Mesa	38.55m	36.19m	118-09
36.19m 34.27m FOUL					
17 Schroeder, Matt	SR	Colorado Mines	41.36m	35.52m	116-06
34.26m 35.52m 33.20m					
18 Hunt, Cody	SR	Chadron State		34.49m	113-02
34.38m 31.98m 34.49m					
19 Carlton, John	JR	Colorado Mesa	40.51m	32.52m	106-08
32.52m FOUL 28.70m					

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 15 Women Shot Put**

Meet: M 15.87m 2005 Jacqueline Wells, Chadron St.  
 Facility: F 14.24m 2011 Katie Kruger, Adams St.  
 D2 Auto: A 14.90m  
 D2 Prov: P 13.41m

Name	Year	School	Seed	Finals	Points
1 Kruger, Katie		JR Adams State	14.78m	14.12mP 46-04.00	10
		13.73m 14.04m FOUL 13.96m 13.66m 14.12m			
2 Herl, Mel		FR Chadron State	13.26m	13.70mP 44-11.50	8
		12.94m 13.25m 12.67m FOUL 12.97m 13.70m			
3 Norton, Alyssa		JR Chadron State	13.88m	13.09m 42-11.50	6
		12.00m FOUL 12.61m FOUL 13.09m 12.71m			
4 Allen, Avery		FR Black Hills St.	12.00m	12.76m 41-10.50	5
		11.63m 12.26m 12.76m 12.26m FOUL 11.38m			
5 Thomas, Cyndi		JR Chadron State	12.72m	12.67m 41-07.00	4
		12.19m FOUL 11.91m 12.49m 12.67m FOUL			
6 Nelson, Amy		JR Metropolitan St.		12.57m 41-03.00	3
		12.29m 12.04m 11.73m 11.22m 11.61m 12.57m			
7 Waugh, Sadie		JR Chadron State		12.30m 40-04.25	2
		11.01m 11.23m 12.30m FOUL FOUL FOUL			
8 Robertson, Elizabeth		JR N.M. Highlands	12.95m	12.26m 40-02.75	1
		FOUL 12.26m 11.74m 11.40m 12.09m 11.90m			
9 Salazar, Holli		SR C.S.U.- Pueblo		12.11m 39-08.75	
		11.38m 11.72m 12.11m 11.70m 11.72m 11.72m			
10 Phipps, Danisha		SO N.M. Highlands	11.83m	11.81m 38-09.00	
		11.11m 11.06m 11.81m			
11 Utu, Keila		SO Colorado Mesa	11.79m	11.71m 38-05.00	
		11.66m FOUL 11.71m			
12 Lienemann, Shelly		SO Chadron State	11.49m	11.58m 38-00.00	
		11.58m 11.10m 10.91m			
13 Payton, Angelica		SO Adams State	12.14m	11.27m 36-11.75	
		10.90m FOUL 11.27m			
14 Ratzlaff, Casie		SR Colorado Mines	11.14m	11.08m 36-04.25	
		10.69m 11.08m 10.75m			
15 Gansz, Haley		FR C.S.U.- Pueblo	11.57m	10.62m 34-10.25	
		10.46m 10.62m 10.09m			
16 Heiney, Tiler		FR C.S.U.- Pueblo	10.24m	10.24m 33-07.25	
		9.84m 10.09m 10.24m			
17 Miranda, Valeria		FR C.S.U.- Pueblo	10.75m	9.86m 32-04.25	
		9.34m 9.15m 9.86m			
18 Barr, Whitney		FR Colorado Mesa	9.78m	9.34m 30-07.75	
		8.53m 9.34m 9.18m			

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 16 Men Shot Put**

Meet: M 19.32m 2012 Cody Hunt, Chadron St.  
 Facility: F 18.72m 2012 John Ybarra, Unattached  
 D2 Auto: A 18.09m  
 D2 Prov: P 16.00m

Name	Year	School	Seed	Finals	Points
1 Hunt, Cody		SR Chadron State	18.11m	18.52mA 60-09.25	10
		18.29m 17.73m 18.52m 17.68m 17.56m 18.30m			
2 Kapukotuwa, Charith		JR Chadron State	16.44m	16.64mP 54-07.25	8
		14.97m 14.55m 14.80m 15.91m 16.64m 15.54m			
3 Lavong, Wesley		JR Adams State	16.96m	16.48mP 54-01.00	6
		16.48m FOUL 16.20m FOUL FOUL 15.14m			
4 Osburn, Joel		JR Adams State	15.72m	15.49m 50-10.00	5
		15.31m 15.49m 15.24m 14.95m 14.95m 15.47m			
5 Baxter, Zach		FR Adams State	15.21m	15.46m 50-08.75	4
		15.46m 15.14m FOUL FOUL FOUL FOUL			
6 Johnson, Jacob		FR Black Hills St.	14.39m	14.80m 48-06.75	3
		13.73m 14.80m FOUL FOUL 14.33m FOUL			
7 McCarthy, Kyle		FR Chadron State	14.99m	14.78m 48-06.00	2
		13.31m 13.94m 14.29m 14.78m 14.72m 14.33m			
8 Clark, Brady		JR Black Hills St.		14.52m 47-07.75	1
		13.66m 13.52m 14.35m 13.78m 14.25m 14.52m			
9 Sotelo, Daniel		FR Chadron State	13.85m	13.98m 45-10.50	
		13.12m 13.55m 13.98m FOUL FOUL 13.69m			
10 Garnes, Keanan		FR Colorado Mesa	12.92m	13.75m 45-01.50	
		13.17m 13.10m 13.75m			
11 Rein, Tanner		SO Chadron State	14.75m	13.56m 44-06.00	
		13.56m 13.36m FOUL			
12 Warren, Jace		JR Colorado Mines	13.38m	13.32m 43-08.50	
		13.32m FOUL FOUL			
13 Hollister, Jacob		FR Colorado Mines	13.25m	13.08m 42-11.00	
		11.44m 13.08m FOUL			

**Event 17 Women Heptathlon**

Meet: M 5159 2010 Amanda Doyle (Gylling), Adams St.  
 Facility: F 4903 2011 Jena Issacson, N.E. Kearney  
 D2 Auto: A 5200  
 D2 Prov: P 4400

Name	Year	School	Seed	Finals	Points
1 Phipps, Danisha		SO N.M. Highlands	4868	4665P	10
2 Dillworth, Destiny		FR N.M. Highlands	4248	4632P	8
3 Beach, Erin		SR Colorado Mines	4273	4251	6
4 Johnson, Kayla		JR Colorado Mines	3620	4238	5
5 Murray, Chelsea		SR Chadron State	4336	4235	4
6 Roos, Katie		SO Western State	3921	4099	3
7 Koch, Trisha		SO Black Hills St.	3294	3756	2
8 Sanchez, Juanita		FR N.M. Highlands	3361	3556	1



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 17 Women Heptathlon**

9 Hunt, Lydia SO Adams State 3232 3355

**Event 17 Heptathlon: #1 Women 100 M Hurdles Heptathlon**

Name	Year	School	Finals	Wind	H#	Points
1 Beach, Erin	SR	Colorado Mines	15.33	-0.7	1	799
2 Phipps, Danisha	SO	N.M. Highlands	15.40	+0.0	2	790
3 Murray, Chelsea	SR	Chadron State	15.75	-1.3	3	745
4 Johnson, Kayla	JR	Colorado Mines	15.89	-0.7	1	728
5 Roos, Katie	SO	Western State	15.94	-1.3	3	722
6 Dillworth, Destiny	FR	N.M. Highlands	16.20	-0.7	1	690
7 Koch, Trisha	SO	Black Hills St.	16.67	-1.3	3	634
8 Sanchez, Juanita	FR	N.M. Highlands	17.87	-1.3	3	502
9 Hunt, Lydia	SO	Adams State	18.67	+0.0	2	422
10 Salazar, Holli	SR	C.S.U.- Pueblo	20.70	+0.0	2	247

**Event 17 Heptathlon: #2 Women High Jump Heptathlon**

Name	Year	School	Finals	Points												
1 Phipps, Danisha	SO	N.M. Highlands	1.64m	5-04.50 783												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP
																XXX
2 Dillworth, Destiny	FR	N.M. Highlands	1.61m	5-03.25 747												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
3 Beach, Erin	SR	Colorado Mines	1.58m	5-02.25 712												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
4 Roos, Katie	SO	Western State	1.55m	5-01.00 678												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
4 Koch, Trisha	SO	Black Hills St.	1.55m	5-01.00 678												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
6 Murray, Chelsea	SR	Chadron State	1.52m	4-11.75 644												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55				
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
7 Johnson, Kayla	JR	Colorado Mines	1.49m	4-10.50 610												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52					
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
8 Sanchez, Juanita	FR	N.M. Highlands	1.43m	4-08.25 544												
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46							
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX
9 Salazar, Holli	SR	C.S.U.- Pueblo	1.31m	4-03.50 419												
	1.22	1.25	1.28	1.31	1.34											
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
																XXX

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 17 Heptathlon: #2 Women High Jump Heptathlon**

9 Hunt, Lydia	SO Adams State	1.31m	4-03.50	419
1.22 1.25 1.28 1.31 1.34				
O O XO XO XXX				

**Event 17 Heptathlon: #3 Women Shot Put Heptathlon**

Name	Year School	Finals	Points
1 Salazar, Holli	SR C.S.U.- Pueblo	12.34m 40-06.00	684
11.49m 11.74m 12.34m			
2 Phipps, Danisha	SO N.M. Highlands	11.80m 38-08.75	648
11.57m 11.80m FOUL			
3 Dillworth, Destiny	FR N.M. Highlands	10.54m 34-07.00	565
10.54m 9.81m 9.87m			
4 Johnson, Kayla	JR Colorado Mines	10.31m 33-10.00	550
10.20m 9.86m 10.31m			
5 Roos, Katie	SO Western State	10.16m 33-04.00	540
9.27m FOUL 10.16m			
6 Murray, Chelsea	SR Chadron State	9.82m 32-02.75	518
9.78m 9.82m FOUL			
7 Hunt, Lydia	SO Adams State	8.98m 29-05.50	463
8.79m 8.69m 8.98m			
8 Sanchez, Juanita	FR N.M. Highlands	8.75m 28-08.50	448
8.27m 8.75m 8.55m			
9 Koch, Trisha	SO Black Hills St.	7.87m 25-10.00	391
7.87m 7.56m 7.25m			
10 Beach, Erin	SR Colorado Mines	7.10m 23-03.50	341
FOUL 7.10m FOUL			

**Event 17 Heptathlon: #4 Women 200 M Dash Heptathlon**

Name	Year School	Finals	Wind	H#	Points
1 Phipps, Danisha	SO N.M. Highlands	25.79	-0.2	2	816
2 Dillworth, Destiny	FR N.M. Highlands	26.04	-0.8	1	794
3 Beach, Erin	SR Colorado Mines	26.46	-0.2	2	757
4 Sanchez, Juanita	FR N.M. Highlands	26.76	-0.8	1	732
5 Murray, Chelsea	SR Chadron State	27.08	-0.2	2	705
6 Roos, Katie	SO Western State	27.57	-0.8	1	665
7 Johnson, Kayla	JR Colorado Mines	27.61	-0.8	1	662
8 Koch, Trisha	SO Black Hills St.	27.62	-0.2	2	661
9 Hunt, Lydia	SO Adams State	27.87	-0.2	2	641
10 Salazar, Holli	SR C.S.U.- Pueblo	30.38	-0.8	1	456

**Event 17 Heptathlon: #5 Women Long Jump Heptathlon**

Name	Year School	Finals	Wind	Points
------	-------------	--------	------	--------

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 17 Heptathlon: #5 Women Long Jump Heptathlon**

1	Dillworth, Destiny	FR N.M. Highlands	5.52m	1.3	18-01.50	706
	5.09m(2.0) 4.95m(1.5) 5.52m(1.3)					
2	Johnson, Kayla	JR Colorado Mines	5.20m	1.1	17-00.75	614
	5.03m(1.7) 5.20m(1.1) 5.17m(1.7)					
3	Beach, Erin	SR Colorado Mines	5.19m	1.3	17-00.50	612
	3.78m(1.5) 5.19m(1.3) PASS					
4	Phipps, Danisha	SO N.M. Highlands	5.11m	1.6	16-09.25	589
	FOUL(3.0) 5.11m(1.6) FOUL(1.3)					
5	Roos, Katie	SO Western State	4.94m	1.7	16-02.50	543
	4.81m(1.1) 4.89m(2.2) 4.94m(1.7)					
6	Koch, Trisha	SO Black Hills St.	4.81m	1.9	15-09.50	508
	4.57m(1.3) 4.74m(2.6) 4.81m(1.9)					
7	Murray, Chelsea	SR Chadron State	4.65m	0.7	15-03.25	466
	4.49m(1.9) 4.65m(0.7) 4.44m(1.4)					
8	Sanchez, Juanita	FR N.M. Highlands	4.50m	1.8	14-09.25	428
	4.50m(1.8) FOUL(2.8) 4.50m(1.6)					
9	Hunt, Lydia	SO Adams State	4.18m	0.9	13-08.75	350
	3.91m(1.5) 4.10m(2.4) 4.18m(0.9)					
10	Salazar, Holli	SR C.S.U.- Pueblo	4.11m	0.2	13-06.00	333
	4.11m(0.2) 4.08m(2.6) 4.00m(1.8)					

**Event 17 Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	Year School	Finals	Points
1 Dillworth, Destiny	FR N.M. Highlands	34.01m	111-07 553
	29.41m 23.68m 34.01m		
2 Hunt, Lydia	SO Adams State	31.50m	103-04 505
	31.50m 26.00m 26.28m		
3 Phipps, Danisha	SO N.M. Highlands	28.82m	94-07 454
	28.82m 28.63m 27.17m		
4 Salazar, Holli	SR C.S.U.- Pueblo	28.09m	92-02 440
	28.09m FOUL FOUL		
5 Murray, Chelsea	SR Chadron State	27.43m	90-00 428
	27.22m 27.43m 25.00m		
6 Roos, Katie	SO Western State	26.60m	87-03 412
	22.17m 24.07m 26.60m		
7 Sanchez, Juanita	FR N.M. Highlands	25.91m	85-00 399
	FOUL 23.62m 25.91m		
8 Koch, Trisha	SO Black Hills St.	25.36m	83-02 389
	25.36m 18.42m 23.13m		
9 Johnson, Kayla	JR Colorado Mines	22.32m	73-03 332
	22.32m 19.49m FOUL		
10 Beach, Erin	SR Colorado Mines	21.48m	70-06 316
	19.80m 17.70m 21.48m		

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 17 Heptathlon: #7 Women 800 M Run Heptathlon**

Name	Year School	Finals	Points
1 Johnson, Kayla 1:12.453 (1:12.453)	JR Colorado Mines 2:26.118 (1:13.666)	2:26.12	742
2 Murray, Chelsea 1:10.075 (1:10.075)	SR Chadron State 2:27.185 (1:17.110)	2:27.19	729
3 Beach, Erin 1:11.383 (1:11.383)	SR Colorado Mines 2:28.342 (1:16.959)	2:28.35	714
4 Phipps, Danisha 1:15.194 (1:15.194)	SO N.M. Highlands 2:38.977 (1:23.783)	2:38.98	585
5 Dillworth, Destiny 1:15.779 (1:15.779)	FR N.M. Highlands 2:39.603 (1:23.824)	2:39.61	577
6 Hunt, Lydia 1:16.814 (1:16.814)	SO Adams State 2:41.591 (1:24.778)	2:41.60	555
7 Roos, Katie 1:17.727 (1:17.727)	SO Western State 2:42.993 (1:25.266)	2:43.00	539
8 Sanchez, Juanita 1:16.574 (1:16.574)	FR N.M. Highlands 2:46.310 (1:29.736)	2:46.31	503
9 Koch, Trisha 1:18.695 (1:18.695)	SO Black Hills St. 2:47.017 (1:28.322)	2:47.02	495

**Event 18 Men Decathlon**

Meet: M 6939 2007 Wayne Durham, Adams St.  
 Facility: F 6808 2011 Brad Gamble, Chadron State  
 D2 Auto: A 7000  
 D2 Prov: P 6200

Name	Year School	Seed	Finals	Points
1 Dittbenner, Hunter	SO Chadron State	5715	5911	10
2 Morley, Cameron	FR Colorado Mesa	5078	5907	8
3 Bozner, Jazz	FR Chadron State		5895	6
4 Brown, Randy	JR Colorado Mesa	6222	5846	5
5 Munger, Sean	SR Chadron State	5397	5769	4
6 Meissner, Riley	JR Black Hills St.	5518	5658	3
7 Schroeder, Matt	SR Colorado Mines		5631	2
8 Wiren, Kyle	SO Western State		5627	1
9 Troester, Kelly	SR Chadron State		5265	
10 Reasoner, Ryan	FR Colorado Mesa	4685	5117	
11 Wood, Zach	SO Western State	5674	4941	
12 Carlton, John	JR Colorado Mesa	4718	4871	

**Event 18 Decathlon: #1 Men 100 M Dash Decathlon**

Name	Year School	Finals	Wind	H#	Points
1 Schroeder, Matt	SR Colorado Mines	11.49	0.9	1	755
2 Morley, Cameron	FR Colorado Mesa	11.50	-2.0	2	753
3 Bozner, Jazz	FR Chadron State	11.53	0.9	1	746

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 18 Decathlon: #1 Men 100 M Dash Decathlon**

4	Meissner, Riley	JR Black Hills St.	11.56	-2.0	2	740
5	Dittbenner, Hunter	SO Chadron State	11.56	-2.0	2	740
6	Wood, Zach	SO Western State	11.56	0.9	1	740
7	Troester, Kelly	SR Chadron State	11.57	0.9	1	738
8	Brown, Randy	JR Colorado Mesa	11.61	0.9	1	730
9	Reasoner, Ryan	FR Colorado Mesa	11.88	-2.0	2	675
10	Wiren, Kyle	SO Western State	11.93	-2.0	2	665
11	Carlton, John	JR Colorado Mesa	11.94	0.9	1	663
12	Munger, Sean	SR Chadron State	11.98	-2.0	2	655

**Event 18 Decathlon: #2 Men Long Jump Decathlon**

Name	Year School	Finals	Wind	Points	
1 Dittbenner, Hunter	SO Chadron State	6.39m	-0.3	20-11.75	673
6.10m(+0.0) 6.39m(-0.3) FOUL(0.5)					
2 Meissner, Riley	JR Black Hills St.	6.35m	+0.0	20-10.00	664
6.05m(+0.0) 6.13m(0.1) 6.35m(+0.0)					
3 Schroeder, Matt	SR Colorado Mines	6.19m	+0.0	20-03.75	628
6.17m(0.4) 6.03m(+0.0) 6.19m(+0.0)					
4 Morley, Cameron	FR Colorado Mesa	6.17m	1.2	20-03.00	624
5.95m(+0.0) 5.79m(+0.0) 6.17m(1.2)					
5 Troester, Kelly	SR Chadron State	6.06m	+0.0	19-10.75	600
6.06m(+0.0) 5.72m(+0.0) 5.78m(0.9)					
5 Wood, Zach	SO Western State	6.06m	+0.0	19-10.75	600
6.06m(+0.0) 5.17m(+0.0) 5.92m(0.7)					
7 Bozner, Jazz	FR Chadron State	6.05m	+0.0	19-10.25	597
5.95m(+0.0) 6.04m(0.1) 6.05m(+0.0)					
8 Wiren, Kyle	SO Western State	6.01m	0.1	19-08.75	589
6.01m(0.1) FOUL(0.4) FOUL(+0.0)					
9 Carlton, John	JR Colorado Mesa	5.95m	1.0	19-06.25	576
5.95m(1.0) 5.55m(+0.0) FOUL(+0.0)					
10 Munger, Sean	SR Chadron State	5.86m	1.1	19-02.75	556
5.86m(1.1) FOUL(+0.0) 5.67m(+0.0)					
11 Reasoner, Ryan	FR Colorado Mesa	5.64m	+0.0	18-06.00	510
FOUL(2.0) 5.64m(+0.0) 5.44m(-0.6)					
-- Brown, Randy	JR Colorado Mesa	FOUL			
FOUL(0.9) FOUL(-0.4) FOUL(0.4)					

**Event 18 Decathlon: #3 Men Shot Put Decathlon**

Name	Year School	Finals	Points	
1 Schroeder, Matt	SR Colorado Mines	11.56m	37-11.25	580
11.40m 11.56m 11.48m				
2 Brown, Randy	JR Colorado Mesa	10.87m	35-08.00	538
10.08m 10.87m 10.61m				
3 Meissner, Riley	JR Black Hills St.	10.80m	35-05.25	534
10.19m 10.80m FOUL				

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 18 Decathlon: #3 Men Shot Put Decathlon**

4	Troester, Kelly	SR Chadron State	10.45m	34-03.50	513
	10.45m 9.77m 10.01m				
5	Munger, Sean	SR Chadron State	10.35m	33-11.50	507
	10.35m 9.40m 10.21m				
6	Morley, Cameron	FR Colorado Mesa	10.18m	33-04.75	496
	9.93m 10.18m 9.76m				
7	Carlton, John	JR Colorado Mesa	10.07m	33-00.50	490
	9.24m 10.07m 9.49m				
8	Wood, Zach	SO Western State	9.75m	32-00.00	471
	9.27m 9.75m FOUL				
9	Bozner, Jazz	FR Chadron State	9.73m	31-11.25	469
	9.46m 9.58m 9.73m				
10	Wiren, Kyle	SO Western State	9.53m	31-03.25	457
	9.19m 8.85m 9.53m				
11	Dittbenner, Hunter	SO Chadron State	9.38m	30-09.25	448
	9.38m FOUL 9.09m				
12	Reasoner, Ryan	FR Colorado Mesa	8.48m	27-10.00	395
	8.14m 8.48m 7.85m				

**Event 18 Decathlon: #4 Men High Jump Decathlon**

Name	Year	School	Finals	Points
1 Wiren, Kyle	SO	Western State	1.97m	6-05.50 776
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00			
	PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XO XXO XXX			
2 Morley, Cameron	FR	Colorado Mesa	1.88m	6-02.00 696
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
	PPP PPP PPP PPP PPP PPP PPP O PPP XO XXO XXX			
2 Bozner, Jazz	FR	Chadron State	1.88m	6-02.00 696
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
	PPP PPP PPP PPP O PPP PPP O PPP O O XXX			
4 Brown, Randy	JR	Colorado Mesa	1.82m	5-11.50 644
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85			
	PPP PPP PPP PPP O O PPP O XXO XXX			
5 Meissner, Riley	JR	Black Hills St.	1.76m	5-09.25 593
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79			
	PPP PPP PPP XO XXO XO O XXX			
5 Dittbenner, Hunter	SO	Chadron State	1.76m	5-09.25 593
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79			
	PPP XO O O O O XO XXX			
5 Reasoner, Ryan	FR	Colorado Mesa	1.76m	5-09.25 593
	1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79			
	PPP XO O O O O XO XXX			
8 Schroeder, Matt	SR	Colorado Mines	1.73m	5-08.00 569
	1.58 1.61 1.64 1.67 1.70 1.73 1.76			
	PPP PPP O O O XO XXX			



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 18 Decathlon: #4 Men High Jump Decathlon**

8	Munger, Sean	SR Chadron State	1.73m	5-08.00	569
	1.58 1.61 1.64 1.67 1.70 1.73 1.76				
	O PPP PPP O O XO XXX				
10	Troester, Kelly	SR Chadron State	1.64m	5-04.50	496
	1.58 1.61 1.64 1.67				
	O O O XXX				
11	Carlton, John	JR Colorado Mesa	1.61m	5-03.25	472
	1.58 1.61 1.64				
	PPP O XXX				
--	Wood, Zach	SO Western State		NH	
	1.58 1.61 1.64 1.67 1.70				
	PPP PPP PPP PPP XXX				

**Event 18 Decathlon: #5 Men 400 M Dash Decathlon**

Name	Year School	Finals	H#	Points
1 Troester, Kelly	SR Chadron State	50.34	2	799
2 Brown, Randy	JR Colorado Mesa	50.62	1	786
3 Wood, Zach	SO Western State	50.68	1	784
4 Carlton, John	JR Colorado Mesa	50.76	1	780
5 Bozner, Jazz	FR Chadron State	50.92	2	773
6 Dittbenner, Hunter	SO Chadron State	51.80	2	734
7 Morley, Cameron	FR Colorado Mesa	52.33	1	710
8 Munger, Sean	SR Chadron State	52.84	1	688
9 Meissner, Riley	JR Black Hills St.	53.15	2	675
10 Schroeder, Matt	SR Colorado Mines	53.74	2	650
11 Wiren, Kyle	SO Western State	54.13	2	634
12 Reasoner, Ryan	FR Colorado Mesa	54.89	1	603

**Event 18 Decathlon: #6 Men 110 M Hurdles Decathlon**

Name	Year School	Finals	Wind	H#	Points
1 Wood, Zach	SO Western State	15.46	-1.0	1	795
2 Dittbenner, Hunter	SO Chadron State	15.90	-1.0	1	744
3 Brown, Randy	JR Colorado Mesa	16.12	-1.0	1	719
4 Schroeder, Matt	SR Colorado Mines	16.29	-1.6	3	700
5 Wiren, Kyle	SO Western State	16.65	-1.0	1	661
6 Bozner, Jazz	FR Chadron State	17.37	-2.2	2	586
7 Munger, Sean	SR Chadron State	17.38	-2.2	2	585
8 Morley, Cameron	FR Colorado Mesa	17.43	-1.6	3	580
9 Meissner, Riley	JR Black Hills St.	17.78	-1.6	3	545
10 Reasoner, Ryan	FR Colorado Mesa	18.24	-1.6	3	501
11 Carlton, John	JR Colorado Mesa	19.75	-2.2	2	369
12 Troester, Kelly	SR Chadron State	20.09	-2.2	2	342

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 18 Decathlon: #7 Men Discus Throw Decathlon**

Name	Year School	Finals	Points
1 Munger, Sean 40.12m 40.65m 39.55m	SR Chadron State	40.65m	133-04 678
2 Morley, Cameron FOUL 28.85m 36.06m	FR Colorado Mesa	36.06m	118-04 585
3 Brown, Randy 33.48m FOUL 33.94m	JR Colorado Mesa	33.94m	111-04 543
4 Meissner, Riley 27.98m 27.64m 33.88m	JR Black Hills St.	33.88m	111-02 541
5 Wood, Zach 28.01m 31.50m 29.72m	SO Western State	31.50m	103-04 494
6 Schroeder, Matt 28.63m FOUL 29.93m	SR Colorado Mines	29.93m	98-02 463
7 Wiren, Kyle 28.14m 25.76m 26.68m	SO Western State	28.14m	92-04 428
8 Dittbenner, Hunter FOUL 27.89m 26.84m	SO Chadron State	27.89m	91-06 423
9 Carlton, John 24.68m 26.77m 25.55m	JR Colorado Mesa	26.77m	87-10 401
10 Reasoner, Ryan 25.25m 24.09m 25.16m	FR Colorado Mesa	25.25m	82-10 372
11 Bozner, Jazz 25.03m 19.41m 23.99m	FR Chadron State	25.03m	82-01 368
12 Troester, Kelly 17.31m FOUL 19.89m	SR Chadron State	19.89m	65-03 270

**Event 18 Decathlon: #8 Men Pole Vault Decathlon**

Name	Year School	Finals	Points
1 Meissner, Riley	JR Black Hills St.	4.15m	13-07.25 659
2 Brown, Randy	JR Colorado Mesa	3.95m	12-11.50 603
2 Reasoner, Ryan	FR Colorado Mesa	3.95m	12-11.50 603
4 Bozner, Jazz	FR Chadron State	3.85m	12-07.50 576
4 Dittbenner, Hunter	SO Chadron State	3.85m	12-07.50 576
6 Wiren, Kyle	SO Western State	3.45m	11-03.75 469
6 Schroeder, Matt	SR Colorado Mines	3.45m	11-03.75 469
8 Troester, Kelly	SR Chadron State	3.35m	10-11.75 444
9 Morley, Cameron	FR Colorado Mesa	3.25m	10-08.00 418
9 Munger, Sean	SR Chadron State	3.25m	10-08.00 418
11 Wood, Zach	SO Western State	3.15m	10-04.00 393
-- Carlton, John	JR Colorado Mesa	NH	

**Event 18 Decathlon: #9 Men Javelin Throw Decathlon**

Name	Year School	Finals	Points
------	-------------	--------	--------



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 18 Decathlon: #9 Men Javelin Throw Decathlon**

1	Brown, Randy	JR Colorado Mesa	51.09m	167-07	605
	42.85m 42.85m 51.09m				
2	Munger, Sean	SR Chadron State	47.73m	156-07	555
	47.73m FOUL 44.24m				
3	Wood, Zach	SO Western State	41.52m	136-03	464
	37.83m 35.77m 41.52m				
4	Reasoner, Ryan	FR Colorado Mesa	40.40m	132-06	448
	40.40m 29.80m 32.64m				
5	Morley, Cameron	FR Colorado Mesa	40.31m	132-03	447
	40.31m FOUL FOUL				
6	Troester, Kelly	SR Chadron State	39.86m	130-09	440
	28.42m 35.17m 39.86m				
7	Carlton, John	JR Colorado Mesa	38.74m	127-01	424
	37.63m 38.74m 36.30m				
8	Schroeder, Matt	SR Colorado Mines	36.87m	120-11	397
	36.87m 34.01m 35.82m				
9	Wiren, Kyle	SO Western State	36.34m	119-03	389
	33.05m 35.13m 36.34m				
10	Bozner, Jazz	FR Chadron State	35.35m	116-00	375
	35.35m 27.93m 27.01m				
11	Dittbenner, Hunter	SO Chadron State	34.57m	113-05	364
	34.57m FOUL FOUL				
12	Meissner, Riley	JR Black Hills St.	32.84m	107-09	339
	FOUL 32.19m 32.84m				

**Event 18 Decathlon: #10 Men 1500 M Run Decathlon**

Name	Year	School	Finals	Points
1 Bozner, Jazz	FR	Chadron State	4:35.56	709
	52.943 (52.943)	2:11.923 (1:18.980)	3:32.094 (1:20.171)	4:35.560 (1:03.467)
2 Carlton, John	JR	Colorado Mesa	4:37.49	696
	51.339 (51.339)	2:09.524 (1:18.186)	3:31.135 (1:21.611)	4:37.483 (1:06.348)
3 Brown, Randy	JR	Colorado Mesa	4:40.38	678
	51.638 (51.638)	2:09.834 (1:18.196)	3:31.494 (1:21.660)	4:40.371 (1:08.878)
4 Troester, Kelly	SR	Chadron State	4:49.36	623
	52.778 (52.778)	2:11.736 (1:18.959)	3:34.063 (1:22.327)	4:49.355 (1:15.292)
5 Dittbenner, Hunter	SO	Chadron State	4:50.47	616
	53.606 (53.606)	2:13.890 (1:20.284)	3:37.584 (1:23.695)	4:50.464 (1:12.880)
6 Morley, Cameron	FR	Colorado Mesa	4:53.45	598
	53.738 (53.738)	2:14.188 (1:20.451)	3:37.403 (1:23.215)	4:53.450 (1:16.047)
7 Wiren, Kyle	SO	Western State	5:00.14	559
	52.659 (52.659)	2:11.638 (1:18.979)	3:37.819 (1:26.182)	5:00.140 (1:22.322)
8 Munger, Sean	SR	Chadron State	5:00.25	558
	54.775 (54.775)	2:14.910 (1:20.135)	3:39.778 (1:24.868)	5:00.250 (1:20.472)
9 Schroeder, Matt	SR	Colorado Mines	5:25.82	420
	55.542 (55.542)	2:15.156 (1:19.615)	3:48.548 (1:33.392)	5:25.811 (1:37.263)
10 Reasoner, Ryan	FR	Colorado Mesa	5:26.51	417
	57.708 (57.708)	2:30.675 (1:32.967)	4:05.975 (1:35.300)	5:26.510 (1:20.535)

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 18 Decathlon: #10 Men 1500 M Run Decathlon**

11 Meissner, Riley	JR Black Hills St.	5:36.53	368
57.264 (57.264)	2:28.756 (1:31.492)	4:08.050 (1:39.294)	5:36.524 (1:28.475)
12 Wood, Zach	SO Western State	6:16.59	200
54.887 (54.887)	2:34.724 (1:39.838)	4:26.587 (1:51.863)	6:16.584 (1:49.998)

**Event 19 Women 1500 M Run**

=====  
 Meet: M 4:21.41 1996 Elva Martinez-Dryer, Western St.  
 Facility: F 4:39.14 2013 Janelle Lincks, Metro St.  
 D2 Auto: A 4:23.00  
 D2 Prov: P 4:35.34

Name	Year School	Seed	Finals	H#	Points
1 Hemming, Breanna	FR Metropolitan St.	4:26.55	4:34.92P	2	10
58.114 (58.114)	2:16.457 (1:18.343)	3:24.547 (1:08.091)	4:34.918 (1:10.371)		
2 Nelson, Alicia	JR Adams State	4:27.68	4:36.99F	2	8
57.961 (57.961)	2:16.249 (1:18.288)	3:23.995 (1:07.747)	4:36.983 (1:12.988)		
3 Schuster, Hannah	JR Colorado Mines	4:30.95	4:40.73	2	6
57.765 (57.765)	2:16.341 (1:18.576)	3:28.534 (1:12.194)	4:40.722 (1:12.188)		
4 Lincks, Janelle	FR Metropolitan St.	4:31.65	4:42.02	2	5
58.382 (58.382)	2:16.639 (1:18.258)	3:30.590 (1:13.951)	4:42.014 (1:11.424)		
5 Burrell, Megan	SR Uc.-Colo. Spgs.	4:32.06	4:42.57	2	4
58.583 (58.583)	2:15.766 (1:17.183)	3:29.277 (1:13.511)	4:42.563 (1:13.287)		
6 Curran, Erin	SR Black Hills St.	4:41.42	4:43.36	2	3
58.623 (58.623)	2:16.586 (1:17.963)	3:28.626 (1:12.040)	4:43.351 (1:14.726)		
7 Martin, Lauren	SO Adams State	4:40.45	4:48.02	2	2
58.335 (58.335)	2:16.770 (1:18.435)	3:28.535 (1:11.766)	4:48.019 (1:19.484)		
8 Pack, Julie	FR Western State	4:32.04	4:52.75	2	1
57.871 (57.871)	2:16.014 (1:18.143)	3:31.202 (1:15.188)	4:52.750 (1:21.548)		
9 McNeely, Sophie	SR Western State	4:34.50	4:56.03	2	
58.837 (58.837)	2:16.935 (1:18.099)	3:32.289 (1:15.354)	4:56.027 (1:23.739)		
10 Corbin, Kelsy	FR Adams State	4:47.63	4:57.53	2	
58.715 (58.715)	2:17.066 (1:18.351)	3:35.347 (1:18.282)	4:57.529 (1:22.182)		
11 Roberts, Mellissa	SO Adams State	4:51.26	5:00.28	2	
59.143 (59.143)	2:18.153 (1:19.010)	3:40.091 (1:21.939)	5:00.271 (1:20.180)		
12 Ellis, Becca	JR Black Hills St.	5:03.35	5:00.42	1	
59.954 (59.954)	2:19.702 (1:19.748)	3:41.029 (1:21.327)	5:00.416 (1:19.387)		
13 Farquhar, Kirsten	SO Colorado Mines	4:58.47	5:00.80	1	
1:00.005 (1:00.005)	2:20.385 (1:20.380)	3:43.262 (1:22.878)	5:00.793 (1:17.531)		
14 Bauer, Samantha	SO Uc.-Colo. Spgs.	4:58.92	5:02.39	1	
1:00.133 (1:00.133)	2:20.714 (1:20.582)	3:41.869 (1:21.155)	5:02.386 (1:20.518)		
15 Rashid, Jamilah	FR Metropolitan St.	4:54.54	5:02.44	1	
59.782 (59.782)	2:19.812 (1:20.030)	3:40.942 (1:21.131)	5:02.434 (1:21.492)		
16 Emery, Shannon	SO Colorado Mesa	4:52.59	5:02.51	2	
58.327 (58.327)	2:16.878 (1:18.551)	3:37.421 (1:20.543)	5:02.505 (1:25.084)		
17 Lyons, Chelsea	SO Colorado Mesa	4:57.75	5:04.92	1	
1:00.480 (1:00.480)	2:24.653 (1:24.174)	3:48.422 (1:23.770)	5:04.914 (1:16.492)		
18 Gomez, Stephanie	SO N.M. Highlands	5:03.08	5:05.78	1	
59.902 (59.902)	2:20.444 (1:20.542)	3:42.818 (1:22.375)	5:05.778 (1:22.960)		

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 19 Women 1500 M Run**

19 deMontigny, Nicole	FR Colorado Mines	5:07.34	5:08.61	1
1:00.808 (1:00.808)	2:23.808 (1:23.000)	3:48.122 (1:24.315)	5:08.606 (1:20.484)	
20 Condon, Taylor	SO Black Hills St.	5:16.63	5:19.34	1
1:00.658 (1:00.658)	2:25.028 (1:24.370)	3:54.744 (1:29.716)	5:19.334 (1:24.591)	
21 Aragon, Ivana	SO N.M. Highlands	5:05.76	5:20.15	1
1:00.394 (1:00.394)	2:23.065 (1:22.671)	3:50.618 (1:27.554)	5:20.148 (1:29.530)	
22 Speedlin, Sara	FR Colorado Mesa	5:17.02	5:21.08	1
59.734 (59.734)	2:24.737 (1:25.003)	3:56.314 (1:31.578)	5:21.077 (1:24.763)	
23 Miles, Sierra	FR Black Hills St.	5:13.60	5:21.62	1
1:00.956 (1:00.956)	2:25.318 (1:24.363)	3:54.404 (1:29.086)	5:21.616 (1:27.212)	
24 Jesmain, Mattie	FR Metropolitan St.		5:39.27	1
1:00.238 (1:00.238)	2:26.086 (1:25.848)	4:00.420 (1:34.334)	5:39.266 (1:38.847)	

**Event 20 Men 1500 M Run**

=====  
 Meet: M 3:49.44 2009 Aaron Braun, Adams St.  
 Facility: F 3:52.24 2010 Keegan Clames, Adams St.  
 D2 Auto: A 3:45.17  
 D2 Prov: P 3:52.00

Name	Year School	Seed	Finals	H#	Points
1 Olstad, Vegard	SO Western State	3:48.16	3:49.22M	2	10
47.052 (47.052)	1:49.505 (1:02.454)	2:52.795 (1:03.290)	3:49.217 (56.423)		
2 Batt, Kevin	SO Adams State	3:42.78	3:50.06P	2	8
47.425 (47.425)	1:50.645 (1:03.220)	2:53.021 (1:02.376)	3:50.053 (57.032)		
3 Emery, Stephen	JR Adams State	3:47.64	3:50.06P	2	6
47.689 (47.689)	1:50.835 (1:03.146)	2:52.852 (1:02.018)	3:50.057 (57.206)		
4 Daniels, Matt	SO Adams State	3:45.45	3:52.05F	2	5
46.993 (46.993)	1:49.308 (1:02.315)	2:53.137 (1:03.830)	3:52.044 (58.907)		
5 Stevens, Tabor	SO Adams State	3:45.83	3:53.01	2	4
47.612 (47.612)	1:50.377 (1:02.766)	2:52.671 (1:02.294)	3:53.005 (1:00.335)		
6 Socha, Frank	JR Colorado Mines	3:52.39	3:54.85	2	3
46.963 (46.963)	1:50.228 (1:03.266)	2:53.199 (1:02.971)	3:54.848 (1:01.650)		
7 Sanchez, David	SR Adams State	3:50.64	3:55.34	2	2
47.209 (47.209)	1:50.544 (1:03.335)	2:53.317 (1:02.774)	3:55.332 (1:02.015)		
8 Drummond, Russell	SR Colorado Mines	3:50.78	3:56.90	2	1
46.773 (46.773)	1:50.789 (1:04.016)	2:54.588 (1:03.799)	3:56.899 (1:02.311)		
9 Kraft, Mitch	JR Black Hills St.	3:56.40	3:57.70	1	
45.107 (45.107)	1:51.419 (1:06.312)	2:56.177 (1:04.758)	3:57.697 (1:01.520)		
10 Roberts, Andrew	SR Adams State	3:54.49	3:57.93	2	
46.860 (46.860)	1:50.433 (1:03.574)	2:53.611 (1:03.178)	3:57.924 (1:04.314)		
11 Harvey, Kirk	JR Metropolitan St.	3:53.45	3:59.73	2	
47.728 (47.728)	1:50.952 (1:03.224)	2:53.904 (1:02.952)	3:59.727 (1:05.823)		
12 Cernoia, Michael	FR Western State	3:55.90	4:00.48	1	
44.665 (44.665)	1:50.958 (1:06.294)	2:56.203 (1:05.246)	4:00.471 (1:04.268)		
13 Chumich, Andrew	FR Colorado Mines	3:56.88	4:02.69	1	
44.067 (44.067)	1:51.222 (1:07.155)	2:57.883 (1:06.662)	4:02.685 (1:04.802)		
14 Kerschietter, Drew	FR Colorado Mines	3:52.90	4:03.98	2	
47.176 (47.176)	1:51.092 (1:03.916)	2:57.488 (1:06.396)	4:03.975 (1:06.487)		

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 20 Men 1500 M Run**

15	Van De Velde, Samuel	SO Western State	3:53.71	4:04.78	2
	47.848 (47.848)	1:51.100 (1:03.252)	2:55.640 (1:04.540)	4:04.772 (1:09.132)	
16	Mickelson, Brock	SR Black Hills St.	4:05.91	4:05.72	1
	46.127 (46.127)	1:53.130 (1:07.003)	3:00.919 (1:07.790)	4:05.718 (1:04.799)	
17	Geimer, Paul	SO Colorado Mines	4:03.96	4:07.60	1
	46.645 (46.645)	1:52.827 (1:06.183)	3:01.141 (1:08.314)	4:07.595 (1:06.455)	
18	Boss, Erik	SO Metropolitan St.	3:59.28	4:09.25	1
	44.393 (44.393)	1:51.718 (1:07.326)	3:01.306 (1:09.588)	4:09.246 (1:07.940)	
19	Williams, Oliver	SR Uc.-Colo. Spgs.	4:00.81	4:10.41	1
	46.994 (46.994)	1:55.153 (1:08.159)	3:04.654 (1:09.502)	4:10.402 (1:05.748)	
20	Winfrey, Matt	JR Uc.-Colo. Spgs.	3:59.01	4:16.35	1
	46.662 (46.662)	1:52.901 (1:06.239)	3:04.097 (1:11.196)	4:16.350 (1:12.254)	
21	Kadlec, Nick	SO Metropolitan St.		4:16.74	1
	45.939 (45.939)	1:53.313 (1:07.374)	3:05.261 (1:11.948)	4:16.739 (1:11.479)	
22	Simkins, Joshua	FR Western State	4:01.65	4:20.82	1
	43.634 (43.634)	1:50.754 (1:07.120)	3:06.071 (1:15.318)	4:20.814 (1:14.743)	
23	Hunter, Ben	FR Colorado Mesa	4:14.48	4:22.89	1
	44.886 (44.886)	1:51.497 (1:06.611)	3:02.685 (1:11.188)	4:22.882 (1:20.198)	
24	Tam, Ryder	SO Uc.-Colo. Spgs.	4:12.48	4:24.97	1
	49.513 (49.513)	1:58.586 (1:09.074)	3:10.317 (1:11.731)	4:24.969 (1:14.652)	
25	Huffman, Kevin	SO Metropolitan St.	4:21.77	4:36.54	1
	49.285 (49.285)	2:01.954 (1:12.670)	3:20.165 (1:18.211)	4:36.538 (1:16.374)	
--	Thomas, Ieuan	JR Western State		DNF	1
	43.818 (43.818)				

**Event 21 Women 100 M Hurdles**

**9 Advance: Top 1 Each Heat plus Next 7 Best Times**

=====  
 Meet: M 13.41 2012 Indira Spence, Adams St.  
 Facility: F 13.57 2011 Kaymerie Jones, Adams St.  
 D2 Auto: A 13.56  
 D2 Prov: P 14.40

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Burnett, Ackiesha	FR Adams State	13.75	P 14.06Q	0.3	2
2	Phipps, Danisha	SO N.M. Highlands	15.34	14.82Q	0.4	1
3	Hart, Lindsay	SR Western State	15.18	14.85q	0.4	1
4	Maxwell, Jereece	JR N.M. Highlands		14.97q	0.3	2
5	Beach, Erin	SR Colorado Mines	15.12	15.40q	0.4	1
6	Murray, Chelsea	SR Chadron State	15.27	15.54q	0.3	2
7	Johnson, Kayla	JR Colorado Mines	15.93	16.00q	0.3	2
8	Williams, Kelli	SO Adams State	16.12	16.08q	0.3	2
9	Roos, Katie	SO Western State	15.42	16.14q	0.4	1
10	Ludwig, Emy	FR Colorado Mesa	16.59	16.32	0.4	1
11	Sanchez, Juanita	FR N.M. Highlands	17.53	17.20	0.4	1
12	Vicenti, Kyetiil	FR Metropolitan St.	18.53	18.67	0.3	2
--	Johnson, Jasmine	SR Colorado Mesa	15.32	DQ	0.3	2 Push Hrd w/Hnd



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 21 Women 100 M Hurdles**

=====  
 Meet: M 13.41 2012 Indira Spence, Adams St.  
 Facility: F 13.57 2011 Kaymerie Jones, Adams St.  
 D2 Auto: A 13.56  
 D2 Prov: P 14.40

Name	Year	School	Prelims	Finals	Wind	Points
=====						
Finals						
1 Burnett, Ackiesha	FR	Adams State	14.06	13.95P	0.9	10
2 Hart, Lindsay	SR	Western State	14.85	14.77	0.9	8
3 Maxwell, Jereece	JR	N.M. Highlands	14.97	15.00	0.9	6
4 Beach, Erin	SR	Colorado Mines	15.40	15.03	0.9	5
5 Murray, Chelsea	SR	Chadron State	15.54	15.39	0.9	4
6 Johnson, Kayla	JR	Colorado Mines	16.00	15.56	0.9	3
7 Phipps, Danisha	SO	N.M. Highlands	14.82	15.75	0.9	2
8 Roos, Katie	SO	Western State	16.14	16.18	0.9	1
9 Williams, Kelli	SO	Adams State	16.08	16.51	0.9	

**Event 22 Men 110 M Hurdles****9 Advance: Top 1 Each Heat plus Next 7 Best Times**

=====  
 Meet: M 14.07 2003 Richardo Moody, Adams St.  
 Facility: F 14.02 2013 Darius Reed, Metro St.  
 D2 Auto: A 14.10  
 D2 Prov: P 14.69

Name	Year	School	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1 Reed, Darius	JR	Metropolitan St.	13.82	P 14.15Q	0.3	1
2 McFarlane, Karl	JR	Chadron State	13.93	P 14.22Q	-0.1	2
3 Williams, Aaron	SR	Adams State	14.62	14.95q	-0.1	2
4 Geiger, Michael	SR	Adams State	14.87	15.29q	0.3	1
5 Newman, Lanar	SR	Chadron State	15.17	15.32q	0.3	1
6 Erps, Anthony	FR	Western State	15.81	15.40q	0.3	1
7 Mathiason, Matthew	SR	Chadron State	15.82	15.51q	0.3	1
8 Wood, Zach	SO	Western State	15.35	15.64q	-0.1	2
9 Zito, Tyler	FR	Adams State	15.39	15.82q	-0.1	2
10 Girardi, Collin	FR	Colorado Mesa	15.99	15.89	-0.1	2
11 Dittbenner, Hunter	SO	Chadron State	16.11	16.47	-0.1	2
12 Bernholtz, Alex	FR	Colorado Mesa	16.71	16.88	0.3	1
-- Chilson, Eric	SO	Black Hills St.	16.21	DQ	0.3	1 Push Hrd w/Hand

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 22 Men 110 M Hurdles**

Meet: M 14.07 2003 Richardo Moody, Adams St.  
 Facility: F 14.02 2013 Darius Reed, Metro St.  
 D2 Auto: A 14.10  
 D2 Prov: P 14.69

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 McFarlane, Karl		JR Chadron State	14.22	14.00F	0.8	10 13.992
2 Reed, Darius		JR Metropolitan St.	14.15	14.00F	0.8	8 13.995
3 Williams, Aaron		SR Adams State	14.95	14.68P	0.8	6
4 Newman, Lanar		SR Chadron State	15.32	14.86	0.8	5
5 Geiger, Michael		SR Adams State	15.29	15.11	0.8	4
6 Wood, Zach		SO Western State	15.64	15.40	0.8	3
7 Erps, Anthony		FR Western State	15.40	15.44	0.8	2
8 Zito, Tyler		FR Adams State	15.82	15.53	0.8	1 15.521
9 Mathiason, Matthew		SR Chadron State	15.51	15.53	0.8	15.527

**Event 23 Women 400 M Dash**

Meet: M 54.14 2012 Kayon Robinson, Adams St.  
 Facility: F 54.69 2011 Jillisa Grant, N.M. Highlands  
 D2 Auto: A 54.00  
 D2 Prov: P 56.00

Name	Year	School	Seed	Finals	H#	Points
1 Robinson, Kayon		JR Adams State	52.79	55.10P	3	10
2 Jamali, Salima		SO Western State	56.48	55.58P	3	8
3 Podvin, Justine		JR Western State	58.18	56.75	3	6
4 Esau, ChyAnna		FR Black Hills St.	58.45	57.38	3	5
5 Ambler, Cathryn		JR Colorado Mesa	58.63	57.40	3	4
6 Riley, Sydni		FR C.S.U.- Pueblo	58.99	58.36	3	3
7 Nelson, Deandra		SR N.M. Highlands	1:00.80	58.75	2	2
8 Fair, Monique		JR Chadron State		58.82	1	1
9 Zeman, McKenzie		FR Colorado Mines	59.32	59.14	3	
10 Kiper, KristaBelle		JR Metropolitan St.	58.99	59.17	3	
11 Guy, Shelby		SO Chadron State		59.49	1	
12 Schwachko, Margarita		FR Colorado Mines	59.69	59.65	3	
13 Crawford, Sessyon		SR N.M. Highlands		59.90	1	
14 Reed, Tiana		FR C.S.U.- Pueblo	1:01.67	1:00.50	2	
15 Macklberg, Sarah		SO Metropolitan St.	1:02.31	1:01.31	2	
16 Evans, Sara		JR Black Hills St.	1:03.00	1:01.52	2	
17 Folven, Katie		JR Colorado Mesa	1:04.48	1:02.23	2	
18 Ambler, Tiffany		FR Colorado Mesa	1:03.30	1:04.45	2	

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 24 Men 400 M Dash**

Meet: M 45.92 2006 Joel Duffield, Chardon St.  
 Facility: F 47.21 2011 Phil Rivera, Chadron St.  
 D2 Auto: A 46.47  
 D2 Prov: P 48.00

Name	Year	School	Seed	Finals	H#	Points
1 Rivera, Phil		JR Chadron State	48.42	47.85P	3	10
2 Brown, Derek		SO Adams State	48.94	48.07	3	8
3 Barnes, Augustus		SO Colorado Mesa	48.78	48.24	3	6
4 Wright, Jonathan		JR Uc.-Colo. Spgs.	48.47	48.61	3	5
5 Ford, Alan		SR Uc.-Colo. Spgs.	49.95	48.73	2	4
6 Culp, Frederick		SO Chadron State	49.34	49.08	3	3
7 Hensley, Marc		JR Uc.-Colo. Spgs.	49.68	49.19	3	2
8 Diede, Baker		SO Black Hills St.	50.20	49.31	2	1
9 Shaffer, Austin		FR Colorado Mines	49.98	49.48	2	
10 Butler, Robin		FR Western State	49.33	49.54	3	
11 Johnsen, Austin		FR Black Hills St.	50.30	49.69	2	
12 Marsh, Sam		FR Uc.-Colo. Spgs.	50.15	49.87	2	
13 Wester, Hugo		FR Western State	51.29	49.90	1	
14 Gaines-Banister, Maurcel		FR Black Hills St.	50.52	49.99	1	
15 Troester, Kelly		SR Chadron State	50.34	50.18	2	
16 Rozier, Ian		FR Colorado Mines	50.15	50.23	2	
17 Weeks, Nathan		FR Uc.-Colo. Spgs.	50.31	50.73	2	
18 Jenkins, Peter		SR Colorado Mines	48.96	50.84	3	
19 Masching, Nicholas		FR Colorado Mines	51.41	51.31	1	
20 Bolivar, Nathan		SO Adams State	50.48	51.41	2	
21 Glasoe, Payton		FR Western State	52.46	51.64	1	
22 Montoya, Alex		FR Metropolitan St.	53.32	51.77	1	
23 Amendolar, Peter		SR Black Hills St.	52.18	51.92	1	
24 Whitman, Travis		JR Uc.-Colo. Spgs.	49.55	52.45	3	
25 Rucker, Chris		FR Colorado Mesa	52.69	52.51	1	
26 Clarke, Timothy		FR Metropolitan St.	52.91	52.58	1	

**Event 25 Women 100 M Dash****9 Advance: Top 1 Each Heat plus Next 7 Best Times**

Meet: M 11.43 2011 Indira Spence, Adams St.  
 Facility: F 11.43 2011 Indira Spence, Adams St.  
 D2 Auto: A 11.56  
 D2 Prov: P 12.04

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Rowe, Whitney		SO Colorado Mesa	11.97	P 11.89Q	0.4	2
2 Sims, Zenobia		JR Adams State	12.42	12.14Q	0.5	1
3 Wahi, Sunayna		FR Adams State	12.13	P 11.97q	0.4	2
4 Rochester, Sheneika		JR N.M. Highlands	11.83	12.29q	0.5	1
5 Wendt, Alex		SO C.S.U.- Pueblo		12.37q	0.4	2
6 Jones, Breanna		JR Colorado Mesa	12.57	12.49q	0.4	2

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 25 Women 100 M Dash**

7	Patch, Trae	SR	Chadron State		12.56q	0.5	1
8	Farkas, Bailey	FR	Colorado Mesa	12.73	12.69q	0.4	2
9	Clark, Lindsay	FR	Western State	12.80	12.76q	0.5	1
10	Rigsby, Michelle	SO	Colorado Mines	13.04	12.88	0.5	1
11	Bridgewater, Shantanique	JR	Colorado Mesa	13.05	12.93	0.4	2
12	Glasson, Nikki	FR	Chadron State		12.95	0.4	2
13	Ludwig, Emy	FR	Colorado Mesa	13.21	13.05	0.4	2
14	Allmon, Taylor	SR	Colorado Mesa	13.25	13.33	0.5	1
15	DeGarmo, Kya	SO	Metropolitan St.		13.72	0.5	1
--	Fenderson, Chelsea	JR	Adams State	12.14	DNF	0.5	1

**Event 25 Women 100 M Dash**

=====  
 Meet: M 11.43 2011 Indira Spence, Adams St.  
 Facility: F 11.43 2011 Indira Spence, Adams St.  
 D2 Auto: A 11.56  
 D2 Prov: P 12.04

Name	Year	School	Prelims	Finals	Wind	Points
=====						
Finals						
1	Sims, Zenobia	JR Adams State	12.14	12.08	-1.9	10
2	Rowe, Whitney	SO Colorado Mesa	11.89	12.12	-1.9	8
3	Wahi, Sunayna	FR Adams State	11.97	12.19	-1.9	6 12.181
4	Rochester, Sheneika	JR N.M. Highlands	12.29	12.19	-1.9	5 12.184
5	Wendt, Alex	SO C.S.U.- Pueblo	12.37	12.57	-1.9	4
6	Patch, Trae	SR Chadron State	12.56	12.73	-1.9	3
7	Jones, Breanna	JR Colorado Mesa	12.49	12.74	-1.9	2
8	Farkas, Bailey	FR Colorado Mesa	12.69	13.02	-1.9	1
9	Clark, Lindsay	FR Western State	12.76	13.22	-1.9	

**Event 26 Men 100 M Dash**

**9 Advance: Top 1 Each Heat plus Next 7 Best Times**

=====  
 Meet: M 10.26 2003 Mike Appelhans, F.H.S.U.  
 Facility: F 10.41 2011 James Douglas, Adams St.  
 D2 Auto: A 10.30  
 D2 Prov: P 10.60

Name	Year	School	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Butler, Chaz	FR Adams State	10.39	10.46Q	2.1	1
2	Smit, Justin	SO Adams State	10.58	P 10.55Q	2.0	2
3	Themen, Jurgen	SO Adams State	10.63	10.63q	2.0	2
4	Segelke, Brandon	JR Chadron State	11.00	10.67q	2.0	2
5	Riggins, Jordan	FR Colorado Mesa	10.84	10.71q	2.1	1
6	Barnes, Augustus	SO Colorado Mesa	11.04	10.78q	2.1	1
7	Williams, Aaron	SR Adams State	10.84	10.91q	2.1	1
8	Miller, Charles	JR Adams State	11.01	10.95q	2.0	2
9	James, Austin	JR Metropolitan St.	11.26	11.04q	2.1	1





**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 26 Men 100 M Dash**

10 Baker, Justin	SO Western State	11.36	11.08	2.0	2
11 Findley, McCady	FR Colorado Mesa	11.41	11.22	2.0	2
12 Gaines-Banister, Maurcel	FR Black Hills St.		11.23	2.1	1
13 Norris, Arius	SO Western State	11.54	11.38	2.1	1
14 Browning, Andy	FR Colorado Mesa	11.76	11.48	2.0	2
15 Leachman, Marc	SO Colorado Mines	11.79	11.50	2.0	2
16 Myers, Chris	JR Uc.-Colo. Spgs.	12.02	11.82	2.1	1

**Event 26 Men 100 M Dash**

Meet: M 10.26 2003 Mike Appelhans, F.H.S.U.  
 Facility: F 10.41 2011 James Douglas, Adams St.  
 D2 Auto: A 10.30  
 D2 Prov: P 10.60

Name	Year School	Prelims	Finals	Wind	Points
<b>Finals</b>					
1 Themen, Jurgan	SO Adams State	10.63	10.60P	1.5	10
2 Riggins, Jordan	FR Colorado Mesa	10.71	10.70	1.5	8
3 Smit, Justin	SO Adams State	10.55	10.80	1.5	6
4 Williams, Aaron	SR Adams State	10.91	10.97	1.5	5
5 Segelke, Brandon	JR Chadron State	10.67	11.00	1.5	4
6 Barnes, Augustus	SO Colorado Mesa	10.78	11.01	1.5	3 11.001
7 James, Austin	JR Metropolitan St.	11.04	11.01	1.5	2 11.010
8 Miller, Charles	JR Adams State	10.95	11.26	1.5	1

**Event 27 Women 800 M Run**

Meet: M 2:09.41 1996 Elva Martinez-Dryer, Western St.  
 Facility: F 2:12.23 2010 Sofia Monroe, Adams St.  
 D2 Auto: A 2:09.24  
 D2 Prov: P 2:14.40

Name	Year School	Seed	Finals	H#	Points
1 Hemming, Breanna	FR Metropolitan St.	2:11.69	2:12.36P	4	10
1:04.887 (1:04.887)	2:12.352 (1:07.465)				
2 Nelson, Alicia	JR Adams State	2:14.97	2:12.66P	4	8
1:05.137 (1:05.137)	2:12.655 (1:07.518)				
3 Schuster, Hannah	JR Colorado Mines	2:12.15	2:14.33P	4	6
1:04.686 (1:04.686)	2:14.329 (1:09.643)				
4 Urban, Alexa	JR Uc.-Colo. Spgs.	2:14.25	2:15.30	4	5
1:05.018 (1:05.018)	2:15.298 (1:10.280)				
5 McAfee, Amber	SO Uc.-Colo. Spgs.	2:19.03	2:19.49	4	4
1:05.461 (1:05.461)	2:19.481 (1:14.020)				
6 Suppes, Briana	SR Metropolitan St.	2:22.51	2:20.31	3	3
1:10.411 (1:10.411)	2:20.310 (1:09.899)				
7 Erickson, Elysia	FR Metropolitan St.	2:21.08	2:20.41	4	2
1:09.202 (1:09.202)	2:20.405 (1:11.203)				

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 27 Women 800 M Run**

8	Becic, Melanie	SO Western State	2:20.82	1	1
	1:09.521 (1:09.521)	2:20.820 (1:11.299)			
9	Warren, Tayler	SO Adams State	2:18.26	2:21.54	4
	1:07.564 (1:07.564)	2:21.531 (1:13.967)			
10	Marshall, Anna	SO Western State		2:22.54	1
	1:09.579 (1:09.579)	2:22.536 (1:12.957)			
11	Corbin, Kelsy	FR Adams State	2:26.47	2:22.68	3
	1:10.172 (1:10.172)	2:22.675 (1:12.503)			
12	Ambler, Ariel	JR Colorado Mesa	2:22.35	2:23.40	4
	1:08.831 (1:08.831)	2:23.400 (1:14.569)			
13	Emery, Shannon	SO Colorado Mesa	2:29.40	2:24.04	2
	1:09.838 (1:09.838)	2:24.034 (1:14.196)			
14	Karn, Miranda	FR Chadron State	2:24.91	2:24.27	3
	1:10.550 (1:10.550)	2:24.269 (1:13.719)			
15	Gerard, Dominique	FR Western State	2:35.86	2:26.23	1
	1:08.844 (1:08.844)	2:26.230 (1:17.386)			
16	Rashid, Jamilah	FR Metropolitan St.	2:26.04	2:26.81	3
	1:10.665 (1:10.665)	2:26.810 (1:16.145)			
17	Gomez, Stephanie	SO N.M. Highlands	2:29.74	2:27.68	2
	1:10.887 (1:10.887)	2:27.678 (1:16.791)			
18	Gomez, Laura	FR N.M. Highlands	2:28.10	2:29.68	3
	1:11.377 (1:11.377)	2:29.676 (1:18.299)			
19	Ortzow, Amanda	SO N.M. Highlands	2:29.58	2:30.16	2
	1:10.437 (1:10.437)	2:30.160 (1:19.723)			
20	Yancheck, Anna	SR Black Hills St.	2:25.43	2:30.21	3
	1:11.613 (1:11.613)	2:30.201 (1:18.588)			
21	Schoenfelder, Cassidy	FR Black Hills St.	2:34.89	2:30.35	1
	1:10.489 (1:10.489)	2:30.348 (1:19.859)			
22	Cathcart, Brianna	SO N.M. Highlands	2:26.29	2:31.88	3
	1:11.119 (1:11.119)	2:31.877 (1:20.758)			
23	Gross, Courtney	SO Black Hills St.	2:28.74	2:33.45	2
	1:13.963 (1:13.963)	2:33.446 (1:19.483)			
24	Ellis, Becca	JR Black Hills St.	2:29.02	2:34.24	2
	1:14.241 (1:14.241)	2:34.233 (1:19.992)			
25	Ortiz, Lorraine	JR Metropolitan St.	2:36.54	2:34.86	1
	1:10.986 (1:10.986)	2:34.853 (1:23.867)			
26	Lutz, Margaret	SR Colorado Mines	2:37.02	2:36.46	1
	1:17.272 (1:17.272)	2:36.460 (1:19.188)			
27	Speedlin, Sara	FR Colorado Mesa	2:28.77	2:38.69	2
	1:14.195 (1:14.195)	2:38.682 (1:24.487)			

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 28 Men 800 M Run**

Meet: M 1:50.69 2006 Nick Lara, Adams St.  
 Facility: F 1:52.98 2012 Shawn Lindbom, Metro St.  
 D2 Auto: A 1:50.04  
 D2 Prov: P 1:52.50

Name	Year	School	Seed	Finals	H#	Points
1 Aberle, Carson		SO Uc.-Colo. Spgs.	1:51.70	1:51.70P	3	10
	55.977 (55.977)	1:51.697 (55.720)				
2 Niksic, Shane		SO Colorado Mesa	1:52.08	1:52.12P	3	8
	54.220 (54.220)	1:52.115 (57.895)				
3 McCloskey, Kyle		SO Uc.-Colo. Spgs.	1:53.12	1:53.13	3	6
	56.098 (56.098)	1:53.128 (57.030)				
4 Daniels, Matt		SO Adams State	1:54.34	1:53.76	2	5
	57.347 (57.347)	1:53.751 (56.404)				
5 Olstad, Vegard		SO Western State	1:52.98	1:53.94	3	4
	57.101 (57.101)	1:53.940 (56.839)				
6 Warburton, Michael		SO Metropolitan St.	1:52.37	1:54.16	3	3
	55.710 (55.710)	1:54.160 (58.450)				
7 Breeden, Corey		SR Western State	1:53.32	1:54.17	3	2
	56.128 (56.128)	1:54.170 (58.042)				
8 Lezama, Steve		SO Adams State	1:54.04	1:54.73	2	1
	57.533 (57.533)	1:54.721 (57.188)				
9 Szczepinski, Krzysztof		SO Western State	1:53.73	1:55.70	3	
	56.917 (56.917)	1:55.696 (58.779)				
10 Emery, Stephen		JR Adams State	1:52.52	1:56.36	3	
	57.938 (57.938)	1:56.351 (58.413)				
11 Jones, Nate		FR Adams State	1:57.58	1:57.94	1	
	58.559 (58.559)	1:57.938 (59.379)				
12 Bills, Justin		FR Uc.-Colo. Spgs.	1:58.70	1:58.17	1	
	58.740 (58.740)	1:58.169 (59.429)				
13 Mendoza, Dante		SO Uc.-Colo. Spgs.	1:59.57	1:58.79	1	
	58.989 (58.989)	1:58.790 (59.801)				
14 Acuna, John		JR Adams State	1:55.46	1:59.32	2	
	59.656 (59.656)	1:59.314 (59.658)				
15 Davis, Anthony		SR Uc.-Colo. Spgs.	1:53.21	1:59.59	3	
	57.422 (57.422)	1:59.583 (1:02.161)				
16 Ullom, Chris		JR Uc.-Colo. Spgs.	1:59.04	1:59.75	1	
	59.066 (59.066)	1:59.747 (1:00.681)				
17 Burns, Kodi		SO Colorado Mines	1:57.87	1:59.83	1	
	58.657 (58.657)	1:59.827 (1:01.170)				
18 Bergeson, Justin		JR Black Hills St.	1:57.06	2:00.87	2	
	58.563 (58.563)	2:00.869 (1:02.306)				
19 Mickelson, Brock		SR Black Hills St.	1:57.32	2:13.02	2	
	1:00.064 (1:00.064)	2:13.014 (1:12.950)				

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 29 Women 400 M Hurdles**

Meet: M 59.05 2011 Kaymarie Jones, Adams St.  
 Facility: F 59.05 2011 Kaymerie Jones, Adams St.  
 D2 Auto: A 59.58  
 D2 Prov: P 1:02.75

Name	Year	School	Seed	Finals	H#	Points
1 Weber, Katie	FR	Western State	1:03.82	1:04.05	3	10
2 Rath, Kristin	SO	Black Hills St.	1:06.98	1:04.16	2	8
3 Todd, Jessica	SO	Uc.-Colo. Spgs.	1:06.04	1:04.16	3	6
4 Murray, Chelsea	SR	Chadron State	1:06.58	1:04.64	3	5
5 Odenbaugh, Michaela	SO	Chadron State	1:06.59	1:05.35	3	4
6 Alpern, Chelsea	FR	Colorado Mesa	1:08.74	1:07.42	2	3
7 Ludwig, Emy	FR	Colorado Mesa	1:10.00	1:07.44	1	2
8 Maxwell, Jereece	JR	N.M. Highlands	1:03.43	1:08.13	3	1
9 Kaszuba, Dominika	FR	Western State	1:07.43	1:08.18	2	
10 Ghosh, Brianne	SO	Colorado Mesa	1:12.37	1:08.26	1	
11 Nahrwold, Meagan	SO	Chadron State	1:06.04	1:08.34	3	
12 Cool, Kallee	SO	Western State	1:11.64	1:09.28	1	
13 Sanchez, Mariah	FR	N.M. Highlands	1:08.83	1:09.90	2	
14 Bellah, Samantha	FR	C.S.U.- Pueblo	1:09.07	1:10.76	2	
15 Vigil, Danielle	FR	N.M. Highlands	1:04.93	1:11.30	3	
16 Williams, Kelli	SO	Adams State	1:11.29	1:11.46	1	
17 Hellekson, Rachel	JR	Black Hills St.	1:14.25	1:11.89	1	
18 Steege, Jordanne	JR	Colorado Mesa	1:09.41	1:13.05	2	
19 Gibbs, Megan	FR	Black Hills St.	1:16.43	1:16.36	1	

**Event 30 Men 400 M Hurdles**

Meet: M 51.34 2007 Chris Moulinet, Adams St.  
 Facility: F 51.65 2012 Tait Nystuen, U. of Regina  
 D2 Auto: A 51.00  
 D2 Prov: P 53.30

Name	Year	School	Seed	Finals	H#	Points
1 Archibald, Gavan	JR	Chadron State	53.74	52.87P	2	10
2 Young, Andre	FR	Uc.-Colo. Spgs.	55.04	54.99	2	8
3 Erps, Anthony	FR	Western State	55.31	55.02	2	6
4 McFarlane, Karl	JR	Chadron State		55.32	1	5
5 Zito, Tyler	FR	Adams State	56.85	55.64	2	4
6 Quintana, Alex	FR	Colorado Mesa	56.62	56.01	2	3
7 Mathiason, Matthew	SR	Chadron State	57.67	57.12	2	2
8 Rozier, Ian	FR	Colorado Mines	58.18	58.15	2	1
9 Kvistad, Xavier	SO	Chadron State		58.30	1	
10 Chilson, Eric	SO	Black Hills St.	1:00.76	59.47	1	
11 Erdahl, Scott	SO	Black Hills St.	1:00.76	59.52	1	
12 Buchanan, Ryan	SO	Uc.-Colo. Spgs.	54.38	1:00.29	2	
13 Erdahl, John	JR	Black Hills St.	1:06.10	1:04.37	1	
14 Mendez, Angel	FR	Metropolitan St.	59.62	1:12.09	2	
-- Schroeder, Matt	SR	Colorado Mines		DNF	1	

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**Event 31 Women 200 M Dash**

**9 Advance: Top 1 Each Heat plus Next 5 Best Times**

Meet: M 23.41 2011 Indira Spence, Adams St.  
 Facility: F 23.41 2011 Indira Spence, Adams St.  
 D2 Auto: A 23.80  
 D2 Prov: P 24.62

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Robinson, Kayon		JR Adams State	23.45	P 24.14Q	-0.7	1
2 Rowe, Whitney		SO Colorado Mesa	24.67	24.73Q	-1.4	4
3 Sims, Zenobia		JR Adams State	25.11	25.19Q	-0.1	3
4 Wahi, Sunayna		FR Adams State	24.68	25.30Q	-0.8	2
5 Jamali, Salima		SO Western State	25.60	25.40q	-0.7	1
6 Esau, ChyAnna		FR Black Hills St.	25.55	25.46q	-0.8	2
7 Reed, Tiana		FR C.S.U.- Pueblo	25.70	25.54q	-1.4	4
8 Farkas, Bailey		FR Colorado Mesa	25.90	25.68q	-0.1	3
9 Patch, Trae		SR Chadron State	25.90	25.76q	-0.8	2
10 Jones, Breanna		JR Colorado Mesa	27.07	25.82	-0.8	2
11 Nelson, Deandra		SR N.M. Highlands	25.44	25.96	-0.1	3
12 Anderson, Kelli		SO Black Hills St.	25.63	26.00	-0.7	1
13 Zeman, McKenzie		FR Colorado Mines	25.85	26.01	-0.1	3
14 Rochester, Sheneika		JR N.M. Highlands	27.54	26.05	-1.4	4
15 Kiper, KristaBelle		JR Metropolitan St.	26.61	26.24	-0.7	1
16 Riley, Sydni		FR C.S.U.- Pueblo	26.21	26.52	-1.4	4
17 Guy, Shelby		SO Chadron State		26.86	-0.1	3
18 Macklberg, Sarah		SO Metropolitan St.		26.88	-0.1	3
19 Glasson, Nikki		FR Chadron State	26.27	26.98	-0.7	1
20 Folven, Katie		JR Colorado Mesa	27.62	27.13	-0.7	1
21 Allmon, Taylor		SR Colorado Mesa	27.10	27.24	-0.1	3
22 Bridgewater, Shantanique		JR Colorado Mesa	28.26	27.30	-0.7	1
23 Alley, Briana		JR Uc.-Colo. Spgs.	27.51	27.65	-0.8	2
24 Tyler, Jessica		FR Metropolitan St.	27.02	28.37	-1.4	4
25 Kettelkamp, Sara		SR Uc.-Colo. Spgs.	28.70	29.50	-1.4	4
26 Palizzi, Kelli		FR Uc.-Colo. Spgs.	30.79	30.98	-0.8	2

**Event 31 Women 200 M Dash**

Meet: M 23.41 2011 Indira Spence, Adams St.  
 Facility: F 23.41 2011 Indira Spence, Adams St.  
 D2 Auto: A 23.80  
 D2 Prov: P 24.62

Name	Year	School	Prelims	Finals	Wind	Points
<b>Finals</b>						
1 Robinson, Kayon		JR Adams State	24.14	23.61A	0.9	10
2 Wahi, Sunayna		FR Adams State	25.30	24.49P	0.9	8
3 Rowe, Whitney		SO Colorado Mesa	24.73	24.56P	0.9	6
4 Jamali, Salima		SO Western State	25.40	24.68	0.9	5
5 Reed, Tiana		FR C.S.U.- Pueblo	25.54	25.30	0.9	4



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 31 Women 200 M Dash**

6 Esau, ChyAnna	FR Black Hills St.	25.46	25.36	0.9	3
7 Sims, Zenobia	JR Adams State	25.19	25.52	0.9	2
8 Farkas, Bailey	FR Colorado Mesa	25.68	25.57	0.9	1

**Event 32 Men 200 M Dash****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Meet: M 20.90 2002 Mike Appelhans, F.H.S.U.  
 Facility: F 21.11 2011 Phil Rivera, Chadron St.  
 D2 Auto: A 20.87  
 D2 Prov: P 21.45

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Butler, Chaz	FR Adams State	21.51	P 21.38Q	-0.2	2
2 Riggins, Jordan	FR Colorado Mesa	21.80	21.72Q	-0.1	3
3 Themen, Jurgen	SO Adams State	21.52	21.79Q	0.2	1
4 Smit, Justin	SO Adams State	22.61	21.74q	-0.1	3
5 Barnes, Augustus	SO Colorado Mesa	21.86	21.87q	-0.2	2
6 Rivera, Phil	JR Chadron State		21.99q	-0.2	2
7 Clarke, Jonathan	SO Metropolitan St.	21.80	22.03q	0.2	1
8 Brown, Derek	SO Adams State	21.63	22.11q	-0.1	3
9 Segelke, Brandon	JR Chadron State	22.85	22.18q	-0.2	2
10 Rozier, Ian	FR Colorado Mines	22.52	22.52	0.2	1
11 Miller, Charles	JR Adams State	22.51	22.65	-0.2	2
12 Hill, Philip	JR Metropolitan St.	22.61	22.67	-0.1	3
13 Wilson, Jacob	SO Black Hills St.	22.66	22.71	0.2	1
14 Norris, Arius	SO Western State	22.99	22.97	0.2	1
15 Masching, Nicholas	FR Colorado Mines	22.72	23.05	-0.2	2
16 Findley, McCady	FR Colorado Mesa	23.69	23.24	-0.2	2
17 Shaffer, Austin	FR Colorado Mines	23.23	23.38	-0.1	3
18 Browning, Andy	FR Colorado Mesa	23.84	23.44	0.2	1
19 Glasoe, Payton	FR Western State	23.27	23.45	-0.1	3
20 Payan, Pablo	SO Western State		23.70	-0.2	2
21 Rucker, Chris	FR Colorado Mesa	24.16	23.96	-0.1	3
22 Leachman, Marc	SO Colorado Mines	24.24	24.11	-0.1	3
23 Amendolar, Peter	SR Black Hills St.	23.63	24.12	-0.2	2
24 Myers, Chris	JR Uc.-Colo. Spgs.	24.33	24.70	0.2	1

**Event 32 Men 200 M Dash**

Meet: M 20.90 2002 Mike Appelhans, F.H.S.U.  
 Facility: F 21.11 2011 Phil Rivera, Chadron St.  
 D2 Auto: A 20.87  
 D2 Prov: P 21.45

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Riggins, Jordan	FR Colorado Mesa	21.72	21.61	1.1	10

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 32 Men 200 M Dash**

2	Brown, Derek	SO Adams State	22.11	21.74	1.1	8
3	Smit, Justin	SO Adams State	21.74	21.78	1.1	6
4	Clarke, Jonathan	SO Metropolitan St.	22.03	21.90	1.1	5
5	Barnes, Augustus	SO Colorado Mesa	21.87	22.01	1.1	4
6	Segelke, Brandon	JR Chadron State	22.18	22.43	1.1	3
7	Rivera, Phil	JR Chadron State	21.99	22.78	1.1	2
8	Themen, Jurgen	SO Adams State	21.79	45.00	1.1	1

**Event 33 Women 3000 M Steeplechase**

=====  
 Meet: M 10:34.10 2001 Jen Michel, Western St.  
 Facility: F 11:08.28 2011 Julia Hernandez, Metro St.  
 D2 Auto: A 10:25.00  
 D2 Prov: P 11:15.00

Name	Year	School	Seed	Finals	Points
1 Nelson, Alicia		JR Adams State	10:03.70	10:29.54M	10
44.086 (44.086)	2:05.594 (1:21.508)		3:30.743 (1:25.150)	4:58.656 (1:27.914)	
6:24.988 (1:26.332)	7:48.850 (1:23.862)		9:11.328 (1:22.479)	10:29.538 (1:18.210)	
2 Lamb, Kelly		SO Adams State	10:41.29	11:19.04	8
44.426 (44.426)	2:05.991 (1:21.566)		3:30.522 (1:24.531)	4:59.287 (1:28.766)	
6:31.968 (1:32.682)	8:07.904 (1:35.936)		9:44.371 (1:36.467)	11:19.038 (1:34.667)	
3 Marshall, Anna		SO Western State	11:23.27	11:20.70	6
49.704 (49.704)	2:16.616 (1:26.912)		3:44.498 (1:27.882)	5:15.823 (1:31.326)	
6:48.611 (1:32.788)	8:21.839 (1:33.228)		9:55.762 (1:33.923)	11:20.700 (1:24.939)	
4 Roberts, Mellissa		SO Adams State	11:25.67	11:22.43	5
50.024 (50.024)	2:18.814 (1:28.790)		3:48.208 (1:29.395)	5:19.870 (1:31.662)	
6:52.783 (1:32.914)	8:23.506 (1:30.723)		9:54.072 (1:30.567)	11:22.427 (1:28.355)	
5 Lyons, Chelsea		SO Colorado Mesa	11:46.23	11:50.46	4
49.056 (49.056)	2:17.354 (1:28.298)		3:47.951 (1:30.598)	5:22.010 (1:34.059)	
6:58.952 (1:36.943)	8:37.327 (1:38.375)		10:14.664 (1:37.338)	11:50.455 (1:35.791)	
6 Gerard, Dominique		FR Western State		12:13.01	3
50.972 (50.972)	2:22.550 (1:31.578)		3:56.315 (1:33.766)	5:31.390 (1:35.075)	
7:08.763 (1:37.374)	8:48.478 (1:39.715)		10:31.836 (1:43.359)	12:13.004 (1:41.168)	
7 Becic, Melanie		SO Western State	11:25.96	12:13.70	2
50.316 (50.316)	2:19.330 (1:29.014)		3:50.695 (1:31.366)	5:23.583 (1:32.888)	
6:57.116 (1:33.534)	8:36.096 (1:38.980)		10:16.356 (1:40.260)	12:13.696 (1:57.340)	
8 Oeffler, Chelsey		JR Western State	12:01.60	12:39.78	1
50.991 (50.991)	2:23.815 (1:32.824)		4:02.254 (1:38.439)	5:43.572 (1:41.319)	
7:26.275 (1:42.703)	9:10.040 (1:43.766)		10:55.360 (1:45.320)	12:39.775 (1:44.415)	
-- Volf, Rebecca		SO Chadron State	11:42.79	DNF	
48.980 (48.980)	2:17.958 (1:28.978)		3:51.886 (1:33.928)	5:32.194 (1:40.308)	

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****Event 34 Men 3000 M Steeplechase**

Meet: M 8:59.03 1996 Ivan Ivanov, N.E. Kearney  
 Facility: F 9:14.24 2012 Adam Sinda, Western St.  
 D2 Auto: A 8:53.00  
 D2 Prov: P 9:20.99

Name	Year	School	Seed	Finals	Points
1 Curtis, Tyler		SR Colorado Mines	9:02.43	9:21.09	10
42.332 (42.332)	2:00.303 (1:17.971)	3:17.164 (1:16.862)	4:30.734 (1:13.570)		
5:46.575 (1:15.842)	7:00.852 (1:14.278)	8:14.260 (1:13.408)	9:21.086 (1:06.826)		
2 Harvey, Kirk		JR Metropolitan St.	9:01.50	9:21.79	8
41.578 (41.578)	1:59.564 (1:17.987)	3:16.520 (1:16.956)	4:30.807 (1:14.287)		
5:46.395 (1:15.588)	7:00.070 (1:13.675)	8:13.971 (1:13.902)	9:21.788 (1:07.818)		
3 Kraft, Mitch		JR Black Hills St.	9:22.73	9:29.30	6
42.708 (42.708)	1:59.863 (1:17.155)	3:16.599 (1:16.736)	4:31.062 (1:14.463)		
5:45.988 (1:14.927)	6:59.919 (1:13.931)	8:15.606 (1:15.687)	9:29.300 (1:13.695)		
4 Sinda, Adam		SO Western State	9:06.59	9:33.03	5
42.004 (42.004)	1:59.934 (1:17.930)	3:17.127 (1:17.194)	4:31.652 (1:14.526)		
5:46.327 (1:14.675)	7:01.375 (1:15.048)	8:17.499 (1:16.124)	9:33.024 (1:15.526)		
5 Erickson, Eiger		SR Metropolitan St.	9:09.22	9:33.97	4
41.706 (41.706)	1:59.739 (1:18.034)	3:16.808 (1:17.070)	4:31.076 (1:14.268)		
5:46.954 (1:15.878)	7:02.179 (1:15.226)	8:18.270 (1:16.091)	9:33.968 (1:15.699)		
6 Wilson, Garrett		JR Western State	9:13.75	9:36.71	3
41.964 (41.964)	2:00.140 (1:18.176)	3:16.955 (1:16.815)	4:31.326 (1:14.371)		
5:46.755 (1:15.430)	7:03.223 (1:16.468)	8:20.755 (1:17.532)	9:36.706 (1:15.951)		
7 Masterson, Kyle		FR Adams State	9:20.54	9:44.29	2
42.772 (42.772)	2:01.094 (1:18.322)	3:18.951 (1:17.858)	4:35.010 (1:16.059)		
5:51.292 (1:16.283)	7:08.095 (1:16.803)	8:27.306 (1:19.211)	9:44.287 (1:16.982)		
8 Roberts, Andrew		SR Adams State	9:37.01	9:47.36	1
42.468 (42.468)	2:00.923 (1:18.455)	3:18.787 (1:17.864)	4:35.156 (1:16.370)		
5:54.815 (1:19.659)	7:14.767 (1:19.952)	8:33.691 (1:18.924)	9:47.351 (1:13.660)		
9 Jones, Nate		FR Adams State	9:31.27	9:47.90	
42.687 (42.687)	2:00.162 (1:17.475)	3:17.632 (1:17.471)	4:33.186 (1:15.554)		
5:48.615 (1:15.430)	7:05.854 (1:17.239)	8:28.198 (1:22.344)	9:47.892 (1:19.695)		
10 Tillery, Sam		SO Colorado Mines	9:44.02	9:52.54	
42.975 (42.975)	2:00.615 (1:17.640)	3:18.078 (1:17.463)	4:34.602 (1:16.524)		
5:52.839 (1:18.238)	7:12.260 (1:19.422)	8:33.827 (1:21.567)	9:52.535 (1:18.708)		
11 McSpadden, Gage		SO Black Hills St.	9:47.76	9:55.00	
43.402 (43.402)	2:01.434 (1:18.032)	3:19.003 (1:17.570)	4:35.392 (1:16.390)		
5:53.044 (1:17.652)	7:13.052 (1:20.008)	8:35.519 (1:22.467)	9:54.991 (1:19.472)		
12 Simkins, Joshua		FR Western State	10:05.10	9:56.95	
43.279 (43.279)	2:01.808 (1:18.530)	3:20.312 (1:18.504)	4:38.392 (1:18.080)		
5:58.260 (1:19.868)	7:19.500 (1:21.240)	8:40.707 (1:21.207)	9:56.946 (1:16.239)		
13 Van De Velde, Samuel		SO Western State	9:32.95	9:57.36	
42.540 (42.540)	2:00.775 (1:18.235)	3:17.579 (1:16.804)	4:32.212 (1:14.634)		
5:48.882 (1:16.670)	7:09.040 (1:20.159)	8:32.894 (1:23.854)	9:57.360 (1:24.467)		
14 Boss, Erik		SO Metropolitan St.	9:42.44	10:01.87	
42.268 (42.268)	2:00.496 (1:18.228)	3:17.947 (1:17.451)	4:34.500 (1:16.554)		
5:52.490 (1:17.990)	7:13.258 (1:20.768)	10:01.866 (2:48.608)	10:01.866 (0.000)		

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM



**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 34 Men 3000 M Steeplechase**

-- Feldotto, Sam SR Uc.-Colo. Spgs. 9:34.44 DNF  
 42.983 (42.983) 2:00.898 (1:17.915) 3:18.452 (1:17.555) 4:35.350 (1:16.898)  
 5:55.912 (1:20.563) 10:01.866 (4:05.954)

**Event 35 Women 4x100 M Relay**

=====  
 Meet: M 44.89 2008 Adams St.  
 Houston, Duncan, Mills, Spence  
 Facility: F 45.12 2011 Adams St.  
 Fenderson, Spence, Ralph, Sims

D2 Auto: A 45.59  
 D2 Prov: P 47.11

School Seed Finals Points

=====  
 1 Adams State 'A' 45.55 46.21P 10  
 1) Brunett, Jessie SO 2) Robinson, Kayon JR  
 3) Sims, Zenobia JR 4) Wahi, Sunayna FR  
 2 New Mexico Highlands 'A' 46.96 46.98P 8  
 1) Nelson, Deandra SR 2) Maxwell, Jereece JR  
 3) Phipps, Danisha SO 4) Rochester, Sheneika JR  
 3 Colorado Mesa 'A' 47.89 47.33 6  
 1) Farkas, Bailey FR 2) Jones, Breanna JR  
 3) Bridgewater, Shantanique JR 4) Rowe, Whitney SO  
 4 Western State 'A' 48.52 48.23 5  
 1) Hart, Lindsay SR 2) Jamali, Salima SO  
 3) Weber, Katie FR 4) Clark, Lindsay FR  
 5 Black Hills St. 'A' 49.33 48.40 4  
 1) Rath, Kristin SO 2) Sandmeier, Megan FR  
 3) Esau, ChyAnna FR 4) Anderson, Kelli SO  
 6 Chadron State 'A' 49.34 48.40 3  
 1) Patch, Trae SR 2) Nahrwold, Meagan SO  
 3) Guy, Shelby SO 4) Fair, Monique JR  
 7 Colorado Mines 'A' 50.31 49.11 2  
 1) Rigsby, Michelle SO 2) Beach, Erin SR  
 3) Zeman, McKenzie FR 4) Johnson, Kayla JR  
 -- C.S.U.- Pueblo 'A' 48.36 DNF  
 1) Harris, Lacy SO 2) Reed, Tiana FR  
 3) Rugg, Maya JR 4) Wendt, Alex SO



**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**Event 36 Men 4x100 M Relay**

Meet: M 40.08		F.H.S.U.			
Facility: F 40.50		Esslinger, Wertz, Moore, Appelhans			
D2 Auto: A 40.13		2011 Chadron St.			
D2 Prov: P 41.20		Segelke, McFarlane, Rivera, Gruver			
School		Seed	Finals	Points	
1 Adams State 'A'		40.55	40.36F	10	
1) Smit, Justin SO	2) Butler, Chaz FR				
3) Brown, Derek SO	4) Themen, Jurgen SO				
2 Chadron State 'A'		42.16	41.76	8	
1) Newman, Lanar SR	2) McFarlane, Karl JR				
3) Rivera, Phil JR	4) Segelke, Brandon JR				
3 Metropolitan St. 'A'		42.12	41.90	6	
1) Hill, Philip JR	2) James, Austin JR				
3) Reed, Darius JR	4) Clarke, Jonathan SO				
4 Colorado Mesa 'A'		42.63	42.02	5	
1) Riggins, Jordan FR	2) Barnes, Augustus SO				
3) Findley, McCady FR	4) Wallace, Justin SO				
5 Colorado Mines 'A'		43.78	42.81	4	
1) Gildemeister, Justin SO	2) Thompson, Reese SR				
3) Masching, Nicholas FR	4) Rozier, Ian FR				
6 Western State 'A'		43.31	43.06	3	
1) Glasoe, Payton FR	2) Baker, Justin SO				
3) Frison, TJ SO	4) Norris, Arius SO				
7 Uc.-Colo. Spgs. 'A'		42.93	43.22	2	
1) Wright, Jonathan JR	2) Whitman, Travis JR				
3) Ford, Alan SR	4) Young, Andre FR				
-- Black Hills St. 'A'		43.40	DNF		
1) Grace, Jonathon JR	2) Wilson, Jacob SO				
3) Diede, Baker SO	4) Gaines-Banister, Maurcel FR				

**Event 37 Women 5000 M Run**

Meet: M 17:03.86		1999	Kim Bosen, Adams St.		
Facility: F 17:31.07		2011	Lauren Kleppin, Western St.		
D2 Auto: A 16:20.00					
D2 Prov: P 17:19.90					
Name	Year	School	Seed	Finals	Points
1 Martin, Lauren	SO	Adams State	16:53.94	17:45.79	10
2 Lamb, Kelly	SO	Adams State	16:53.12	17:56.01	8
3 Brunett, Jessie	SO	Adams State	16:43.50	17:57.28	6
4 Lincks, Janelle	FR	Metropolitan St.	16:55.55	18:02.39	5
5 Skarda, Alexis	SR	Colorado Mesa	17:41.82	18:13.24	4
6 Richardson, Tara	JR	Western State	17:28.12	18:16.72	3
7 Pack, Julie	FR	Western State	16:59.18	18:20.11	2
8 McNeely, Sophie	SR	Western State	16:38.90	18:35.49	1



**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 37 Women 5000 M Run**

9	Andrews, Alyssa	SO	Uc.-Colo. Spgs.	17:34.10	18:47.20
10	Wolpern, Ali	SO	Western State	18:00.77	19:09.46
11	Weprin, Torie	FR	Western State	18:19.05	19:23.73
12	Antolini, Cali	FR	Western State	18:16.08	19:25.97
13	Wendt, Alyssa	FR	Uc.-Colo. Spgs.	18:51.41	19:35.59
14	Sandoval, Veronica	JR	Uc.-Colo. Spgs.	18:23.19	19:42.97
15	Randall, Alicia	FR	Western State	18:51.72	19:45.22
16	Ibarra, Angela	SR	N.M. Highlands	19:03.36	20:04.80
17	Nunes, Jayme	SO	Chadron State	19:30.41	20:24.55
18	Garcia, Mayra	SR	Colorado Mesa	19:47.62	20:32.46
19	Aragon, Ivana	SO	N.M. Highlands	19:31.57	20:37.05
20	Hendren, Tayler	FR	N.M. Highlands	20:01.20	20:49.13
21	Mullikin, Elisa	JR	Western State	19:50.03	21:00.10
22	Garcia, Analyssa	JR	N.M. Highlands	20:11.91	21:14.85
23	Richards, Brianne	SR	Metropolitan St.		21:30.04
24	Hecht, Jessica	SR	Metropolitan St.		23:08.55
--	McGlynn-Arendt, Kristen	SR	Adams State	16:46.61	DNF

**Event 38 Men 5000 M Run**

=====  
 Meet: M 14:32.40 2001 Brandon Leslie, Adams St.  
 Facility: F 14:46.87 2103 Gabriel Proctor, Western St.  
 D2 Auto: A 13:58.06  
 D2 Prov: P 14:36.51

Name	Year	School	Seed	Finals	Points	
1	Proctor, Gabriel	SR	Western State	14:17.76	14:29.95M	10
2	Gildea, Sean	JR	Colorado Mines		14:55.01	8
3	Schneider, Phil	SO	Colorado Mines		14:57.13	6
4	Butler, Ian	SO	Western State	14:49.39	15:04.84	5
5	Godinez, Jovanny	JR	Adams State		15:09.94	4
6	Parish, Laine	SR	Black Hills St.	14:32.83	15:13.08	3
7	Epperson, Andrew	JR	Colorado Mines		15:15.46	2
8	Alcorn, Derek	SO	Colorado Mines		15:18.78	1
9	Cernoia, Michael	FR	Western State		15:22.59	
10	Wilson, Garrett	JR	Western State	14:38.14	15:26.10	
11	Krolick, Jake	SR	Adams State		15:31.43	
12	Sinda, Adam	SO	Western State	14:55.78	15:34.56	
13	Andrie, Marty	FR	Colorado Mines	14:23.71	15:37.08	
14	English, Mike	SR	Uc.-Colo. Spgs.	14:45.87	15:51.13	
15	Townsend, Tim	JR	Metropolitan St.	15:25.72	15:59.56	
16	Wilcox, Mark	JR	Black Hills St.	15:01.06	16:08.10	
17	McSpadden, Gage	SO	Black Hills St.	15:54.56	16:15.19	
18	Fockler, Kellen	SR	Metropolitan St.	15:32.07	16:17.50	
19	Mahoney, Sean	JR	Western State	15:49.12	16:20.52	
20	Krage, Brandon	FR	Metropolitan St.		16:40.13	
21	May, Nathan	SO	Colorado Mesa	16:34.01	16:55.83	
22	Boss, Erik	SO	Metropolitan St.		16:59.51	
23	Hunter, Ben	FR	Colorado Mesa		17:12.75	

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 38 Men 5000 M Run**

-- Luterbach, John SO Adams State DNF

**Event 39 Women 4x400 M Relay**

Meet: M 3:49.23 2011 N.M. Highlands		James, Lewin, Grant, Ray	
Facility: F 3:49.23 2011 N.M. Highlands		James, Lewin, Grant, Ray	
D2 Auto: A 3:42.57		D2 Prov: P 3:49.00	
School	Seed	Finals	Points
1 Western State 'A'	3:59.95	3:52.72	10
1) Jamali, Salima SO	2) Podvin, Justine JR		
3) Weakland, Rachel SR	4) Weber, Katie FR		
2 Chadron State 'A'	3:59.29	3:57.75	8
1) Odenbaugh, Michaela SO	2) Nahrwold, Meagan SO		
3) Fair, Monique JR	4) Guy, Shelby SO		
3 Metropolitan St. 'A'	4:07.62	3:58.14	6
1) Kiper, KristaBelle JR	2) Hemming, Breanna FR		
3) Suppes, Briana SR	4) Macklberg, Sarah SO		
4 Uc.-Colo. Spgs. 'A'	4:07.06	3:58.91	5
1) Alley, Briana JR	2) Urban, Alexa JR		
3) McAfee, Amber SO	4) Todd, Jessica SO		
5 C.S.U.- Pueblo 'A'	4:09.67	3:59.91	4
1) Reed, Tiana FR	2) Wendt, Alex SO		
3) Rugg, Maya JR	4) Riley, Sydni FR		
6 Colorado Mines 'A'	4:13.97	4:00.27	3
1) Zeman, McKenzie FR	2) Beach, Erin SR		
3) Schvachko, Margarita FR	4) Schuster, Hannah JR		
7 Black Hills St. 'A'	4:08.34	4:03.59	2
1) Rath, Kristin SO	2) Evans, Sara JR		
3) Esau, ChyAnna FR	4) Anderson, Kelli SO		
8 New Mexico Highlands 'A'	3:57.57	4:04.82	1
1) Nelson, Deandra SR	2) Vigil, Danielle FR		
3) Sanchez, Juanita FR	4) Sanchez, Mariah FR		
-- Colorado Mesa 'A'	4:08.91	DNF	
1) Rowe, Whitney SO	2) Ambler, Ariel JR		
3) Ambler, Cathryn JR	4) Folven, Katie JR		



**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**Event 40 Men 4x400 M Relay**

Meet: M 3:10.34 2007 Adams St.  
 Streeter, Lara, Moulinet, Streeter  
 Facility: F 3:15.26 2011 Adams St.  
 Lara, Fletcher, Rider, Soucy

D2 Auto: A 3:08.87  
 D2 Prov: P 3:14.66

School Seed Finals Points

1	Chadron State 'A'	3:16.41	3:14.45P	10
	1) Archibald, Gavan JR	2) Segelke, Brandon JR		
	3) Kvistad, Xavier SO	4) Culp, Frederick SO		
2	Uc.-Colo. Spgs. 'A'	3:15.35	3:16.25	8
	1) Wright, Jonathan JR	2) Whitman, Travis JR		
	3) Hensley, Marc JR	4) Ford, Alan SR		
3	Western State 'A'	3:19.10	3:16.77	6
	1) Breeden, Corey SR	2) Szczepinski, Krzysztof SO		
	3) Wester, Hugo FR	4) Butler, Robin FR		
4	Colorado Mesa 'A'	3:19.41	3:17.90	5
	1) Barnes, Augustus SO	2) Quintana, Alex FR		
	3) Carlton, John JR	4) Riggins, Jordan FR		
5	Colorado Mines 'A'	3:30.27	3:22.83	4
	1) Shaffer, Austin FR	2) Drummond, Russell SR		
	3) Burns, Kodi SO	4) Jenkins, Peter SR		
6	Black Hills St. 'A'	3:20.57	3:23.95	3
	1) Gaines-Banister, Maurcel FR	2) Bergeson, Justin JR		
	3) Johnsen, Austin FR	4) Diede, Baker SO		
7	Metropolitan St. 'A'	3:26.29	3:25.81	2
	1) Hill, Philip JR	2) Reed, Darius JR		
	3) Warburton, Michael SO	4) Clarke, Jonathan SO		

**Event 41 Women 10000 M Run**

Meet: M 35:59.10 2001 Jodi Day, Western St.  
 Facility: F 37:39.32 2011 Lauren Kleppin, Western St.

D2 Auto: A 34:37.00  
 D2 Prov: P 36:45.00

Name Year School Seed Finals Points

1	McGlynn-Arendt, Kristen	SR Adams State	37:00.36F	10
	1:31.009 (1:31.009)	2:57.765 (1:26.756)	4:25.875 (1:28.110)	5:53.136 (1:27.262)
	7:20.252 (1:27.116)	8:47.688 (1:27.436)	10:15.159 (1:27.471)	11:43.192 (1:28.034)
	13:12.404 (1:29.212)	14:42.757 (1:30.354)	16:12.576 (1:29.819)	17:42.628 (1:30.052)
	19:11.720 (1:29.092)	20:41.529 (1:29.810)	22:11.693 (1:30.164)	23:41.927 (1:30.234)
	25:11.999 (1:30.072)	26:42.021 (1:30.023)	28:13.031 (1:31.010)	29:44.668 (1:31.638)
	31:14.612 (1:29.944)	32:43.391 (1:28.779)	34:13.313 (1:29.923)	35:41.543 (1:28.230)
	37:00.356 (1:18.814)			

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 41 Women 10000 M Run**

2	Brunett, Jessie	SO Adams State	37:42.40	8	
	1:31.363 (1:31.363)	2:58.035 (1:26.672)	4:26.145 (1:28.111)	5:52.823 (1:26.678)	
	7:19.965 (1:27.143)	8:47.973 (1:28.008)	10:15.471 (1:27.498)	11:43.664 (1:28.194)	
	13:12.389 (1:28.726)	14:42.511 (1:30.122)	16:12.355 (1:29.844)	17:43.012 (1:30.658)	
	19:14.792 (1:31.780)	20:48.120 (1:33.328)	22:20.183 (1:32.063)	23:52.348 (1:32.166)	
	25:24.965 (1:32.618)	26:58.119 (1:33.154)	28:31.757 (1:33.639)	30:05.169 (1:33.412)	
	31:38.551 (1:33.382)	33:10.115 (1:31.564)	34:44.172 (1:34.058)	36:15.775 (1:31.603)	
	37:42.393 (1:26.619)				
3	Martell, Angie	SO Uc.-Colo. Spgs.	38:06.66	6	
	1:34.031 (1:34.031)	3:05.299 (1:31.268)	4:35.084 (1:29.786)	6:07.545 (1:32.462)	
	7:42.088 (1:34.543)	9:14.339 (1:32.251)	10:46.625 (1:32.287)	12:18.155 (1:31.530)	
	13:49.897 (1:31.743)	15:21.340 (1:31.443)	16:52.708 (1:31.368)	18:24.631 (1:31.923)	
	19:55.633 (1:31.003)	21:27.427 (1:31.794)	22:59.347 (1:31.920)	24:31.403 (1:32.056)	
	26:01.460 (1:30.058)	27:32.685 (1:31.226)	29:03.945 (1:31.260)	30:34.579 (1:30.634)	
	32:05.901 (1:31.323)	33:37.399 (1:31.498)	35:08.569 (1:31.171)	36:38.908 (1:30.339)	
	38:06.660 (1:27.752)				
4	Ortiz, Cassandra	JR Western State	39:08.06	5	
	1:36.333 (1:36.333)	3:08.135 (1:31.802)	4:39.964 (1:31.830)	6:12.887 (1:32.923)	
	7:47.932 (1:35.046)	9:17.736 (1:29.804)	10:48.125 (1:30.390)	12:19.443 (1:31.318)	
	13:50.539 (1:31.096)	15:22.181 (1:31.643)	16:55.079 (1:32.898)	18:29.228 (1:34.150)	
	20:05.196 (1:35.968)	21:37.723 (1:32.527)	23:11.523 (1:33.800)	24:46.671 (1:35.148)	
	26:21.661 (1:34.991)	27:57.172 (1:35.511)	29:33.092 (1:35.920)	31:08.204 (1:35.112)	
	32:44.717 (1:36.514)	34:21.593 (1:36.876)	35:58.925 (1:37.332)	37:34.981 (1:36.056)	
	39:08.055 (1:33.074)				
5	Antolini, Cali	FR Western State	39:19.66	4	
	1:33.383 (1:33.383)	3:04.384 (1:31.002)	4:34.321 (1:29.938)	6:07.039 (1:32.718)	
	7:41.809 (1:34.771)	9:14.663 (1:32.854)	10:46.933 (1:32.271)	12:18.583 (1:31.650)	
	13:50.859 (1:32.276)	15:22.876 (1:32.018)	16:58.277 (1:35.402)	18:35.228 (1:36.951)	
	20:11.983 (1:36.755)	21:47.073 (1:35.091)	23:23.147 (1:36.074)	24:58.679 (1:35.532)	
	26:33.108 (1:34.430)	28:08.465 (1:35.358)	29:45.320 (1:36.855)	31:21.468 (1:36.148)	
	32:59.987 (1:38.519)	34:38.173 (1:38.187)	36:16.835 (1:38.662)	37:53.744 (1:36.910)	
	39:19.657 (1:25.914)				
6	Weprin, Torie	FR Western State	39:31.19	3	
	1:36.180 (1:36.180)	3:07.532 (1:31.352)	4:39.632 (1:32.100)	6:12.595 (1:32.963)	
	7:48.124 (1:35.530)	9:19.531 (1:31.407)	10:52.513 (1:32.983)	12:25.451 (1:32.938)	
	13:58.331 (1:32.880)	15:31.777 (1:33.447)	17:08.836 (1:37.059)	18:46.043 (1:37.207)	
	20:19.888 (1:33.846)	21:55.648 (1:35.760)	23:32.017 (1:36.370)	25:08.684 (1:36.667)	
	26:46.131 (1:37.447)	28:22.049 (1:35.919)	29:58.067 (1:36.018)	31:33.243 (1:35.176)	
	33:11.132 (1:37.890)	34:49.229 (1:38.098)	36:26.004 (1:36.775)	38:02.256 (1:36.252)	
	39:31.187 (1:28.931)				
7	Cooling, Hannah	JR Colorado Mines	36:43.62	39:53.75	2
	1:35.288 (1:35.288)	3:05.987 (1:30.699)	4:35.748 (1:29.762)	6:08.780 (1:33.032)	
	7:42.977 (1:34.198)	9:15.168 (1:32.191)	10:47.528 (1:32.360)	12:18.840 (1:31.312)	
	13:50.273 (1:31.434)	15:21.884 (1:31.611)	16:54.840 (1:32.956)	18:28.943 (1:34.103)	
	20:04.973 (1:36.031)	21:41.637 (1:36.664)	23:20.101 (1:38.464)	24:57.576 (1:37.475)	
	26:35.161 (1:37.586)	28:14.215 (1:39.054)	29:54.708 (1:40.494)	31:34.656 (1:39.948)	
	33:15.044 (1:40.388)	34:54.720 (1:39.676)	36:36.792 (1:42.072)	38:16.559 (1:39.767)	
	39:53.741 (1:37.183)				

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 41 Women 10000 M Run**

8	Randall, Alicia	FR Western State	40:26.26	1
	1:36.205 (1:36.205)	3:08.492 (1:32.287)	4:39.884 (1:31.392)	6:12.823 (1:32.939)
	7:48.433 (1:35.611)	9:20.780 (1:32.347)	10:56.491 (1:35.711)	12:32.285 (1:35.795)
	14:09.187 (1:36.902)	15:45.929 (1:36.743)	17:24.825 (1:38.896)	19:03.396 (1:38.571)
	20:38.265 (1:34.870)	22:17.072 (1:38.807)	23:54.347 (1:37.275)	25:34.397 (1:40.051)
	27:12.213 (1:37.816)	28:52.749 (1:40.536)	30:32.923 (1:40.174)	32:13.063 (1:40.140)
	33:53.440 (1:40.378)	35:32.985 (1:39.546)	37:14.463 (1:41.478)	38:53.935 (1:39.472)
	40:26.255 (1:32.320)			
9	Treese, Sarah	SO Uc.-Colo. Spgs.	40:57.73	
	1:36.896 (1:36.896)	3:10.533 (1:33.638)	4:44.293 (1:33.760)	6:20.325 (1:36.032)
	7:57.617 (1:37.292)	9:34.796 (1:37.179)	11:11.429 (1:36.634)	12:49.989 (1:38.560)
	14:27.320 (1:37.331)	16:05.428 (1:38.108)	17:44.139 (1:38.711)	19:22.675 (1:38.536)
	21:01.316 (1:38.642)	22:40.568 (1:39.252)	24:20.404 (1:39.836)	26:01.385 (1:40.982)
	27:40.321 (1:38.936)	29:20.887 (1:40.566)	31:01.015 (1:40.128)	32:41.369 (1:40.355)
	34:22.855 (1:41.486)	36:05.615 (1:42.760)	37:44.497 (1:38.883)	39:18.849 (1:34.352)
	40:57.728 (1:38.879)			
10	Wolpern, Ali	SO Western State	41:07.85	
	1:35.063 (1:35.063)	3:05.764 (1:30.702)	4:35.505 (1:29.742)	6:08.595 (1:33.090)
	7:42.761 (1:34.167)	9:15.021 (1:32.260)	10:47.261 (1:32.240)	12:20.433 (1:33.172)
	13:56.559 (1:36.126)	15:33.947 (1:37.388)	17:14.347 (1:40.400)	18:56.723 (1:42.376)
	20:40.437 (1:43.715)	22:26.189 (1:45.752)	24:10.125 (1:43.936)	25:54.929 (1:44.804)
	27:39.565 (1:44.636)	29:21.184 (1:41.619)	31:01.293 (1:40.110)	32:45.745 (1:44.452)
	34:29.835 (1:44.090)	36:10.877 (1:41.043)	37:53.027 (1:42.150)	39:33.213 (1:40.187)
	41:07.848 (1:34.635)			
11	Ibarra, Angela	SR N.M. Highlands	39:53.22	41:40.43
	1:37.576 (1:37.576)	3:11.707 (1:34.131)	4:45.773 (1:34.067)	6:21.935 (1:36.162)
	7:58.581 (1:36.647)	9:35.327 (1:36.746)	11:11.300 (1:35.974)	12:50.376 (1:39.076)
	14:31.083 (1:40.707)	16:12.748 (1:41.666)	17:55.471 (1:42.723)	19:37.756 (1:42.286)
	21:19.527 (1:41.771)	23:02.255 (1:42.728)	24:43.439 (1:41.184)	26:24.449 (1:41.011)
	28:07.145 (1:42.696)	29:48.936 (1:41.791)	31:30.805 (1:41.870)	33:14.364 (1:43.559)
	34:58.277 (1:43.914)	36:40.844 (1:42.567)	38:24.059 (1:43.215)	40:07.019 (1:42.960)
	41:40.423 (1:33.404)			
12	Henderson, Jackie	SR Colorado Mines	41:55.96	
	1:36.604 (1:36.604)	3:07.804 (1:31.200)	4:39.703 (1:31.899)	6:12.683 (1:32.980)
	7:46.312 (1:33.630)	9:17.439 (1:31.127)	10:47.821 (1:30.383)	12:20.761 (1:32.940)
	13:56.727 (1:35.966)	15:33.983 (1:37.256)	17:13.996 (1:40.014)	18:52.543 (1:38.547)
	20:30.425 (1:37.883)	22:13.155 (1:42.730)	23:56.240 (1:43.086)	25:37.480 (1:41.240)
	27:20.852 (1:43.372)	29:14.861 (1:54.010)	31:07.191 (1:52.330)	33:19.797 (2:12.607)
	35:07.933 (1:48.136)	36:56.591 (1:48.658)	38:43.344 (1:46.754)	40:24.131 (1:40.787)
	41:55.955 (1:31.824)			
13	Garcia, Mayra	SR Colorado Mesa	42:23.70	
	1:37.140 (1:37.140)	3:10.509 (1:33.370)	4:44.247 (1:33.738)	6:20.052 (1:35.806)
	7:57.268 (1:37.216)	9:34.809 (1:37.542)	11:12.755 (1:37.946)	12:53.401 (1:40.647)
	14:36.837 (1:43.436)	16:18.760 (1:41.923)	18:04.635 (1:45.875)	19:47.008 (1:42.374)
	21:32.053 (1:45.046)	23:18.249 (1:46.196)	25:01.927 (1:43.678)	26:48.615 (1:46.688)
	28:35.492 (1:46.878)	30:22.940 (1:47.448)	32:06.628 (1:43.688)	33:49.743 (1:43.115)
	35:34.440 (1:44.698)	37:18.671 (1:44.231)	39:03.729 (1:45.059)	40:46.443 (1:42.714)
	42:23.696 (1:37.254)			

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 41 Women 10000 M Run**

14 Nunes, Jayme	SO Chadron State	42:30.95
1:36.512 (1:36.512)	3:08.652 (1:32.140)	4:40.683 (1:32.031)
6:15.133 (1:34.451)	7:53.859 (1:38.726)	9:33.716 (1:39.858)
11:11.607 (1:37.891)	12:50.972 (1:39.366)	14:33.267 (1:42.295)
16:14.933 (1:41.667)	17:59.224 (1:44.291)	19:42.295 (1:43.071)
21:25.968 (1:43.674)	23:10.248 (1:44.280)	24:55.489 (1:45.242)
26:39.189 (1:43.700)	28:24.244 (1:45.055)	30:09.248 (1:45.004)
31:16.727 (1:07.479)	31:57.063 (40.336)	33:43.884 (1:46.822)
35:32.584 (1:48.700)	37:19.520 (1:46.936)	39:06.343 (1:46.823)
42:30.949 (3:24.607)		
15 Mullikin, Elisa	JR Western State	43:32.74
1:37.108 (1:37.108)	3:11.123 (1:34.015)	4:46.043 (1:34.920)
6:22.512 (1:36.470)	8:01.081 (1:38.570)	9:41.272 (1:40.191)
11:22.635 (1:41.363)	13:05.216 (1:42.582)	14:49.049 (1:43.834)
16:33.661 (1:44.612)	18:18.949 (1:45.288)	20:04.587 (1:45.638)
21:49.699 (1:45.112)	23:36.473 (1:46.775)	25:24.520 (1:48.047)
27:11.951 (1:47.431)	28:59.420 (1:47.470)	30:48.076 (1:48.656)
32:37.451 (1:49.375)	34:26.791 (1:49.340)	36:16.349 (1:49.559)
38:06.015 (1:49.666)	39:55.245 (1:49.231)	41:44.291 (1:49.046)
43:32.731 (1:48.440)		
16 Kessler, Hillarie	SO Western State	43:51.12
1:37.392 (1:37.392)	3:11.964 (1:34.572)	4:47.293 (1:35.330)
6:26.139 (1:38.846)	8:08.307 (1:42.168)	9:51.428 (1:43.122)
11:35.869 (1:44.442)	13:20.433 (1:44.564)	15:06.807 (1:46.374)
16:53.843 (1:47.036)	18:37.999 (1:44.156)	20:24.628 (1:46.630)
22:13.117 (1:48.490)	24:00.449 (1:47.332)	25:49.253 (1:48.804)
27:37.167 (1:47.914)	29:27.859 (1:50.692)	33:04.984 (3:37.126)
34:55.735 (1:50.751)	36:45.709 (1:49.975)	38:37.415 (1:51.706)
40:26.197 (0.010)	42:11.799 (1:45.602)	43:51.116 (1:39.318)
17 Hendren, Tayler	FR N.M. Highlands	45:04.83
1:37.603 (1:37.603)	3:12.141 (1:34.539)	4:47.435 (1:35.294)
6:26.508 (1:39.074)	8:09.444 (1:42.936)	9:55.120 (1:45.676)
11:42.249 (1:47.130)	13:29.200 (1:46.951)	15:17.309 (1:48.110)
17:07.564 (1:50.255)	18:59.020 (1:51.456)	20:51.683 (1:52.663)
22:46.156 (1:54.474)	24:38.180 (1:52.024)	26:27.755 (1:49.575)
28:16.903 (1:49.148)	30:09.615 (1:52.712)	32:01.483 (1:51.868)
33:55.317 (1:53.835)	35:49.083 (1:53.766)	37:41.208 (1:52.126)
39:34.191 (1:52.983)	41:25.708 (1:51.518)	43:10.921 (1:45.214)
45:04.828 (1:53.907)		

**Event 42 Men 10000 M Run**

=====  
 Meet: M 30:27.08 2001 Jason Hubbard, Adams St.  
 Facility: F 31:28.48 2011 Gabriel Proctor, Western St.  
 D2 Auto: A 29:19.24  
 D2 Prov: P 30:52.00

Name Year School Seed Finals Points

1 Butler, Ian	SO Western State	30:38.47	32:10.25	10
1:26.123 (1:26.123)	2:48.954 (1:22.831)	4:06.686 (1:17.732)	5:26.707 (1:20.022)	
6:36.827 (1:10.120)	7:54.555 (1:17.728)	9:16.387 (1:21.832)	10:38.648 (1:22.262)	
11:58.935 (1:20.287)	13:22.300 (1:23.366)	14:40.484 (1:18.184)	15:51.398 (1:10.914)	
17:06.166 (1:14.768)	18:20.826 (1:14.660)	19:35.803 (1:14.978)	20:50.979 (1:15.176)	
22:05.411 (1:14.432)	23:21.336 (1:15.926)	24:37.419 (1:16.083)	25:52.970 (1:15.551)	
27:10.588 (1:17.619)	28:26.147 (1:15.559)	29:42.450 (1:16.303)	30:58.776 (1:16.327)	
32:10.248 (1:11.472)				





**RMAC Championships - 5/5/2013 to 5/7/2013****Entries and Results by: TRXC Timing****Golden, Colorado****Results****....Event 42 Men 10000 M Run**

2	Krolick, Jake	SR Adams State	30:36.46	32:48.69	8
	1:26.338 (1:26.338)	2:49.844 (1:23.507)	4:06.972 (1:17.128)	5:26.996 (1:20.024)	
	6:40.554 (1:13.558)	7:55.926 (1:15.372)	9:16.680 (1:20.755)	10:38.922 (1:22.242)	
	11:59.138 (1:20.216)	13:22.563 (1:23.426)	14:42.632 (1:20.070)	15:56.620 (1:13.988)	
	17:11.832 (1:15.212)	18:27.412 (1:15.580)	19:43.772 (1:16.360)	21:01.006 (1:17.234)	
	22:19.068 (1:18.063)	23:37.422 (1:18.354)	24:56.367 (1:18.946)	26:15.212 (1:18.846)	
	27:34.904 (1:19.692)	28:54.518 (1:19.614)	30:14.016 (1:19.499)	31:33.226 (1:19.210)	
	32:48.683 (1:15.458)				
3	Schmidt, Michael	JR Western State	32:56.09	6	
	1:25.864 (1:25.864)	2:49.262 (1:23.398)	4:06.980 (1:17.719)	5:27.252 (1:20.272)	
	6:47.072 (1:19.820)	8:06.475 (1:19.403)	9:29.066 (1:22.591)	10:50.635 (1:21.570)	
	12:12.547 (1:21.912)	13:32.972 (1:20.426)	14:51.856 (1:18.884)	16:11.652 (1:19.796)	
	17:32.820 (1:21.168)	18:52.206 (1:19.386)	20:07.566 (1:15.360)	21:23.860 (1:16.295)	
	22:41.143 (1:17.283)	23:59.051 (1:17.908)	25:17.259 (1:18.208)	26:35.700 (1:18.442)	
	27:53.484 (1:17.784)	29:09.716 (1:16.232)	30:28.579 (1:18.863)	31:46.176 (1:17.598)	
	32:56.086 (1:09.910)				
4	Bourgeois, Josef	FR Colorado Mines	33:06.85	5	
	1:27.096 (1:27.096)	2:50.350 (1:23.254)	4:08.000 (1:17.651)	5:28.123 (1:20.123)	
	6:47.316 (1:19.194)	8:06.596 (1:19.280)	9:29.240 (1:22.644)	10:50.775 (1:21.535)	
	12:12.723 (1:21.948)	13:33.720 (1:20.998)	14:52.698 (1:18.978)	16:12.490 (1:19.792)	
	17:33.522 (1:21.032)	18:53.504 (1:19.983)	20:11.295 (1:17.791)	21:29.359 (1:18.064)	
	22:49.388 (1:20.030)	24:08.607 (1:19.219)	25:28.300 (1:19.694)	26:49.028 (1:20.728)	
	28:10.591 (1:21.563)	29:28.230 (1:17.639)	30:45.394 (1:17.164)	32:02.011 (1:16.618)	
	33:06.848 (1:04.838)				
5	Slater, John	FR Adams State	32:18.10	33:09.96	4
	1:26.544 (1:26.544)	2:50.254 (1:23.710)	4:07.874 (1:17.620)	5:28.103 (1:20.230)	
	6:47.947 (1:19.844)	8:06.770 (1:18.823)	9:29.211 (1:22.442)	10:50.831 (1:21.620)	
	12:12.688 (1:21.858)	13:33.459 (1:20.771)	14:52.558 (1:19.099)	16:12.515 (1:19.958)	
	17:33.702 (1:21.187)	18:53.048 (1:19.347)	20:10.623 (1:17.575)	21:29.096 (1:18.474)	
	22:49.232 (1:20.136)	24:08.347 (1:19.115)	25:28.167 (1:19.820)	26:48.919 (1:20.752)	
	28:10.559 (1:21.640)	29:28.507 (1:17.948)	30:45.655 (1:17.148)	32:01.748 (1:16.094)	
	33:09.959 (1:08.211)				
6	Foster, Cody	SO Colorado Mines	33:27.45	3	
	1:27.510 (1:27.510)	2:50.899 (1:23.390)	4:08.228 (1:17.330)	5:28.327 (1:20.099)	
	6:48.179 (1:19.852)	8:07.359 (1:19.180)	9:29.819 (1:22.460)	10:51.451 (1:21.632)	
	12:13.367 (1:21.916)	13:33.772 (1:20.406)	14:52.027 (1:18.255)	16:12.120 (1:20.094)	
	17:33.314 (1:21.194)	18:53.550 (1:20.236)	20:11.714 (1:18.164)	21:29.656 (1:17.943)	
	22:49.563 (1:19.907)	24:08.902 (1:19.339)	25:28.487 (1:19.586)	26:49.404 (1:20.918)	
	28:10.795 (1:21.391)	29:30.314 (1:19.519)	30:52.360 (1:22.047)	32:13.714 (1:21.354)	
	33:27.447 (1:13.734)				
7	Davey, Rick	SR Colorado Mines	33:29.67	2	
	1:26.243 (1:26.243)	2:49.532 (1:23.290)	4:07.231 (1:17.699)	5:27.455 (1:20.224)	
	6:44.534 (1:17.079)	8:05.310 (1:20.776)	9:28.940 (1:23.631)	10:50.536 (1:21.596)	
	12:12.403 (1:21.867)	13:33.124 (1:20.722)	14:52.380 (1:19.256)	16:12.131 (1:19.751)	
	17:32.951 (1:20.820)	18:52.780 (1:19.830)	20:08.487 (1:15.707)	21:24.663 (1:16.176)	
	22:41.426 (1:16.763)	23:59.308 (1:17.883)	25:17.491 (1:18.183)	26:35.952 (1:18.462)	
	27:54.278 (1:18.326)	29:13.523 (1:19.246)	30:35.094 (1:21.571)	31:58.894 (1:23.800)	
	33:29.670 (1:30.776)				

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 42 Men 10000 M Run**

8 Dakin, Luke	JR Uc.-Colo. Spgs.	33:32.94	1
1:27.679 (1:27.679)	2:48.676 (1:20.998)	4:06.420 (1:17.744)	5:26.642 (1:20.222)
6:47.096 (1:20.455)	8:08.444 (1:21.348)	9:30.167 (1:21.723)	10:51.768 (1:21.602)
12:13.040 (1:21.272)	13:32.390 (1:19.350)	14:51.603 (1:19.214)	16:11.363 (1:19.760)
17:32.592 (1:21.230)	18:52.347 (1:19.755)	20:09.398 (1:17.051)	21:28.787 (1:19.390)
22:48.954 (1:20.167)	24:08.383 (1:19.430)	25:27.931 (1:19.548)	26:48.644 (1:20.714)
28:10.280 (1:21.636)	29:29.087 (1:18.807)	30:50.670 (1:21.583)	32:14.319 (1:23.650)
33:32.940 (1:18.622)			
9 Ulvestad, Seth	JR Black Hills St.	33:49.97	
1:26.804 (1:26.804)	2:50.091 (1:23.287)	4:07.532 (1:17.442)	5:27.702 (1:20.170)
6:44.808 (1:17.107)	8:06.207 (1:21.399)	9:28.656 (1:22.450)	10:50.218 (1:21.562)
12:12.139 (1:21.922)	13:32.867 (1:20.728)	14:52.132 (1:19.266)	16:11.942 (1:19.810)
17:33.108 (1:21.167)	18:52.843 (1:19.735)	20:11.479 (1:18.636)	21:31.032 (1:19.554)
22:52.304 (1:21.272)	24:14.039 (1:21.735)	25:36.436 (1:22.398)	26:59.392 (1:22.956)
28:22.559 (1:23.167)	29:45.623 (1:23.064)	31:09.907 (1:24.284)	32:33.575 (1:23.668)
33:49.963 (1:16.388)			
10 Mazur, Matt	FR Western State	33:51.03	
1:26.823 (1:26.823)	2:50.576 (1:23.754)	4:07.672 (1:17.096)	5:27.860 (1:20.188)
6:47.626 (1:19.766)	8:07.115 (1:19.490)	9:29.602 (1:22.487)	10:51.170 (1:21.568)
12:13.068 (1:21.899)	13:34.115 (1:21.047)	14:52.996 (1:18.882)	16:11.852 (1:18.856)
17:32.898 (1:21.046)	18:53.238 (1:20.340)	20:12.930 (1:19.692)	21:34.839 (1:21.910)
22:57.686 (1:22.847)	24:21.152 (1:23.467)	25:42.952 (1:21.800)	27:06.691 (1:23.739)
28:30.908 (1:24.218)	29:55.392 (1:24.484)	31:20.538 (1:25.146)	32:44.795 (1:24.258)
33:51.024 (1:06.230)			
11 Mahoney, Sean	JR Western State	33:57.64	
1:27.327 (1:27.327)	2:50.615 (1:23.288)	4:07.752 (1:17.138)	5:27.920 (1:20.168)
6:47.668 (1:19.748)	8:06.870 (1:19.202)	9:29.344 (1:22.475)	10:50.890 (1:21.546)
12:12.795 (1:21.906)	13:33.372 (1:20.578)	14:51.815 (1:18.443)	16:11.631 (1:19.816)
17:32.607 (1:20.976)	18:52.594 (1:19.987)	20:11.238 (1:18.644)	21:31.722 (1:20.484)
22:54.812 (1:23.091)	24:18.415 (1:23.603)	25:42.359 (1:23.944)	27:06.947 (1:24.588)
28:32.174 (1:25.227)	29:56.875 (1:24.702)	31:19.006 (1:22.131)	32:41.859 (1:22.854)
33:57.635 (1:15.776)			
12 Fockler, Kellen	SR Metropolitan St.	34:29.35	
1:27.062 (1:27.062)	2:49.692 (1:22.631)	4:07.271 (1:17.579)	5:27.567 (1:20.296)
6:46.371 (1:18.804)	8:06.288 (1:19.918)	9:28.822 (1:22.534)	10:50.368 (1:21.547)
12:12.244 (1:21.876)	13:33.012 (1:20.768)	14:52.282 (1:19.270)	16:12.286 (1:20.004)
17:33.388 (1:21.103)	18:53.764 (1:20.376)	20:13.611 (1:19.847)	21:37.555 (1:23.944)
23:03.492 (1:25.938)	24:30.376 (1:26.884)	25:55.132 (1:24.756)	27:20.774 (1:25.642)
28:48.742 (1:27.968)	30:15.588 (1:26.847)	31:42.610 (1:27.022)	33:07.042 (1:24.432)
34:29.348 (1:22.307)			

=====

Women - Team Rankings - 21 Events Scored

=====

1) Adams State	178	2) Western State	156.50
3) New Mexico Highlands	100	4) Chadron State	99
5) Colorado Mines	62	6) Colorado Mesa	49
7) Metropolitan St.	48	8) Black Hills St.	47.50
9) UC.-Colo. Spgs.	41	10) C.S.U.- Pueblo	37

**RMAC Championships - 5/5/2013 to 5/7/2013**

**Entries and Results by: TRXC Timing**

**Golden, Colorado**

**Results**

**....Event 42 Men 10000 M Run**

=====  
Men - Team Rankings - 21 Events Scored  
=====

1) Adams State	197	2) Chadron State	183
3) Western State	118	4) Colorado Mines	101
5) Colorado Mesa	78.50	6) Black Hills St.	53.50
7) UC.-Colo. Spgs.	46	8) Metropolitan St.	39

TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM