

RMAC Outdoor Championships - 5/7/2017 to 5/9/2017

Western State Colorado University

Results

Women 100 Meter Dash

RMAC: 11.43 R 2011

Indira Spence

Name	School	Prelims
Preliminaries		
1	Reuwsaat, Stachia	Chadron Stat 11.65Q-0.9
2	Wahi, Sunayna	Adams State 11.81Q-1.0
3	Erskine, Osheen	New Mexico H 11.86Q+0.0
4	Johnson, Dianna	Adams State 11.97Q+0.0
5	Robertson, Kristal	New Mexico H 12.03q +0.0
6	Clanton, Tatianna	Csu-Pueblo 12.16q -1.0
7	Cox, Alexei	Western Stat 12.29q -0.9
8	Marshall, Debradean	New Mexico H 12.31q -1.0
9	Whitted, Keosha	New Mexico H 12.32 +0.0
10	Pappas, Alexis	Metro State 12.55 +0.0
11	Brandon, Sydni	Fort Lewis 12.58 -1.0
12	York, BrookLynn	Chadron Stat 12.58 -0.9
13	Shoats, Heather	Adams State 12.59 -0.9
14	Doublin, Khayla	Western Stat 12.59 +0.0
15	Franklyn, Shauna-Kay	New Mexico H 12.71 +0.0
16	VanLishout, Heidi	Black Hills 12.73 +0.0
17	Soderstrom, Shayna	Black Hills 12.76 -1.0
18	Miller, Jessica	Western Stat 12.82 +0.0
19	Edmondson, Sarah	Colorado Mes 12.88 +0.0
20	Reining, Jazmyne	Fort Lewis 12.91 +0.0
21	Hodgson, Alexia	South Dakota 13.03 -0.9
22	Lujan, Aftynne	Adams State 13.19 -1.0
23	Kroupa, Lyndzie	Colorado Mes 13.25 -0.9
24	Blackhat, Allesha	New Mexico H 13.51 +0.0
25	Battle, TeAsia	Colorado Mes 13.55 -1.0

Women 100 Meter Dash

RMAC: 11.43 R 2011

Indira Spence

Name	School	Finals
Finals		
1	Wahi, Sunayna	Adams State 11.42R 10
2	Johnson, Dianna	Adams State 11.49 8
3	Reuwsaat, Stachia	Chadron Stat 11.62 6
4	Erskine, Osheen	New Mexico H 11.74 5
5	Clanton, Tatianna	Csu-Pueblo 12.05 4
6	Robertson, Kristal	New Mexico H 12.10 3
7	Cox, Alexei	Western Stat 12.37 2
8	Marshall, Debradean	New Mexico H 12.39 1

Women 200 Meter Dash

RMAC: 23.41 R 2011

Indira Spence, Kayon Robinson 20

Name	School	Finals
Finals		
1	Wahi, Sunayna	Adams State 24.23 10
2	Johnson, Dianna	Adams State 24.58 8
3	Reuwsaat, Stachia	Chadron Stat 24.97 6
4	Erskine, Osheen	New Mexico H 25.17 5
5	Clanton, Tatianna	Csu-Pueblo 25.59 4
6	Winchester, Mekayla	Colorado Mes 25.67 3
7	Fullerton, Janell	New Mexico H 25.79 2
8	Cox, Alexei	Western Stat 25.84 1

9	Martinez, Sierra	Chadron Stat 25.97 -2.5
10	Pappas, Alexis	Metro State 26.11 -2.5
11	Whitted, Keosha	New Mexico H 26.39 -1.6
12	Soderstrom, Shayna	Black Hills 26.45 -5.7
13	Montano, Kristen	New Mexico H 26.45 -1.6
14	Marshall, Debradean	New Mexico H 26.52 -5.7
15	Holland, Symonne	Western Stat 26.60 -5.7
16	Robertson, Kristal	New Mexico H 26.63 -1.6
17	York, BrookLynn	Chadron Stat 26.64 -2.5
18	Johnson, Cassie	Chadron Stat 26.98 -5.7
19	Brandon, Sydni	Fort Lewis 27.03 -5.7
20	Fairchild, Lauren	Csu-Pueblo 27.11 -5.7
21	Miller, Jessica	Western Stat 27.21 -4.4
22	Shoats, Heather	Adams State 27.25 -5.7
23	Vigil, Miranda	Adams State 27.35 -2.5
24	Reining, Jazmyne	Fort Lewis 27.45 -2.5
25	Hodgson, Alexia	South Dakota 27.60 -2.5
26	VanLishout, Heidi	Black Hills 27.75 -2.5
27	Langseth, Zoe	Black Hills 27.79 -2.5
28	Kirk, Hannah	Black Hills 28.17 -4.4
29	Gouty, Keyonna	Metro State 28.22 -4.4
30	Winsor, Dakotah	Black Hills 28.23 -4.4
31	Borneo, Quinlyn	Fort Lewis 28.77 -4.4
32	Lujan, Aftynne	Adams State 28.81 -4.4
33	Battle, TeAsia	Colorado Mes 29.16 -4.4
34	Harrison, Kylie	Westminster 30.19 -3.6

Women 400 Meter Dash

RMAC: 52.80 R 2014

Kayon Robinson

Name	School	Prelims
Preliminaries		
1	Gallegos, Elicia	New Mexico H 55.57Q
2	Gabel, Lizzie	Colorado Min 56.64Q
3	Burney, Taliah	Csu-Pueblo 57.22Q
4	Montano, Kristen	New Mexico H 57.01q
5	Whitehead, Jenice	Western Stat 57.05q
6	Heelan, Alisha	Chadron Stat 57.51q
7	Tapp, Ally	Colorado Mes 58.01q
8	Holland, Symonne	Western Stat 58.24q
9	Johnson, Cassie	Chadron Stat 58.81
10	Shellhorn, Dana	Uc-Colo. Spg 59.50
11	Jordan, Jalen	Uc-Colo. Spg 59.59
12	Gouty, Keyonna	Metro State 1:01.17
13	Mazza, Meghan	Colo. Christ 1:01.29
14	Dehaven, Bailey	Colo. Christ 1:01.37
15	Langseth, Zoe	Black Hills 1:01.91
16	Kirk, Hannah	Black Hills 1:02.42
17	Borneo, Quinlyn	Fort Lewis 1:03.93
18	Alaimo, Emma	Fort Lewis 1:04.55
19	Kaul, Kaelyn	South Dakota 1:04.74
20	Bowen, Hayley	Black Hills 1:04.85
21	Kroeker, Devin	Fort Lewis 1:08.55
22	Leis, Jillian	Westminster 1:09.89

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Women 400 Meter Dash

RMAC: 52.80 R 2014

Kayon Robinson

Name	School	Finals
Finals		
1 Gallegos, Elicia	New Mexico H	54.79 10
2 Burney, Taliah	Csu-Pueblo	55.95 8
3 Whitehead, Jenice	Western Stat	56.28 6
4 Montano, Kristen	New Mexico H	56.41 5
5 Gabel, Lizzie	Colorado Min	56.82 4
6 Heelan, Alisha	Chadron Stat	56.86 3
7 Holland, Symonne	Western Stat	57.56 2
8 Tapp, Ally	Colorado Mes	58.02 1

Women 800 Meter Run

RMAC: 2:09.41 R 1996

Elva Martinez-Dryer

Name	School	Prelims
Preliminaries		
1 Thurman, Jenna	Adams State	2:10.82Q
2 Allen, Leanne	Adams State	2:16.22Q
3 Riley, Sydni	Csu-Pueblo	2:18.11Q
4 Branch, Cydney	Western Stat	2:12.11q
5 Martus, Chelsea	Uc-Colo. Spg	2:13.68q
6 Steen, Cari	Adams State	2:18.55q
7 Wooten, Kayla	Uc-Colo. Spg	2:19.22q
8 Suarez, Brenda	Western Stat	2:20.67q
9 Cusick, Jessica	Western Stat	2:22.24
10 Roth, Cailey	Black Hills	2:23.36
11 Schmitt, Emily	Westminster	2:26.84
12 Schiff, Payton	Westminster	2:29.62
13 George, Anastashia	Fort Lewis	2:31.70
14 Westerman, Erica	South Dakota	2:34.47
15 Lovelace, Rachel	South Dakota	2:38.10
16 Gagen, Kayla	South Dakota	2:44.61
17 Kee, Payton	Fort Lewis	2:47.97
--- Chappa, Jessie	Metro State	DNF

Women 800 Meter Run

RMAC: 2:09.41 R 1996

Elva Martinez-Dryer

Name	School	Finals
Finals		
1 Riley, Sydni	Csu-Pueblo	2:10.86 10
2 Thurman, Jenna	Adams State	2:11.33 8
3 Branch, Cydney	Western Stat	2:11.92 6
4 Martus, Chelsea	Uc-Colo. Spg	2:13.85 5
5 Steen, Cari	Adams State	2:15.33 4
6 Wooten, Kayla	Uc-Colo. Spg	2:18.33 3
7 Suarez, Brenda	Western Stat	2:22.66 2
8 Allen, Leanne	Adams State	2:23.21 1

Women 1500 Meter Run

RMAC: 4:21.41 R 1996

Elva Martinez-Dryer

Name	School	Prelims
Preliminaries		
1 Konieczek, Alicja	Western Stat	4:49.60Q
2 Wooten, Kayla	Uc-Colo. Spg	4:54.05Q

3 Chapman, Alexia	Colorado Mes	4:50.73Q
4 Flanagan, Roisin	Adams State	4:54.77Q
5 Roberts, Miriam	Csu-Pueblo	4:50.89Q
6 Flanagan, Eilish	Adams State	4:56.83Q
7 Pacheco, Nicolette	Western Stat	4:51.03Q
8 Severson, Carson	Adams State	4:58.66Q
9 Novak, Katie	Uc-Colo. Spg	4:51.07q
10 Bramley, Rebecca	Fort Lewis	4:52.37q
11 Schiff, Payton	Westminster	4:54.73q
12 Ruiz, Erica	Metro State	5:02.72q
13 Mancia, Glindyll	Western Stat	5:03.91
14 Hunter-Galvan, HaLeigh	Adams State	5:07.98
15 Rautter, Sabrina	Metro State	5:08.86
16 Griffin, Kate	Black Hills	5:14.95
17 Wilborn, Carly	Fort Lewis	5:16.94
18 Vinton, Margaret	Chadron Stat	5:19.41
19 Shimabukuro, Rachel	Metro State	5:23.42
20 Renner, Erin	Fort Lewis	5:26.35
21 Hamerly, Christina	Colo. Christ	5:29.87
22 Bryant, Emily	Fort Lewis	5:33.28
23 Fredrick, Abbie	Black Hills	5:33.59
24 Frels, Therese	South Dakota	6:00.49
25 Causse, Olivia	Westminster	6:01.85
26 Kushner, Mara	Westminster	6:21.94

Women 1500 Meter Run

RMAC: 4:21.41 R 1996

Elva Martinez-Dryer

Name	School	Finals
Finals		
1 Konieczek, Alicja	Western Stat	4:35.45 10
2 Wooten, Kayla	Uc-Colo. Spg	4:37.15 8
3 Flanagan, Roisin	Adams State	4:39.67 6
4 Roberts, Miriam	Csu-Pueblo	4:43.33 5
5 Flanagan, Eilish	Adams State	4:50.53 4
6 Schiff, Payton	Westminster	4:52.04 3
7 Chapman, Alexia	Colorado Mes	4:52.77 2
8 Severson, Carson	Adams State	4:54.40 1
9 Novak, Katie	Uc-Colo. Spg	4:56.11
10 Ruiz, Erica	Metro State	5:03.29
11 Bramley, Rebecca	Fort Lewis	5:08.69
12 Pacheco, Nicolette	Western Stat	5:10.42

Women 5000 Meter Run

RMAC: 17:03.86 R 1999

Kim Bosen

Name	School	Finals
Finals		
1 Seward, Sophie	Western Stat	18:20.01 10
2 Konieczek, Alicja	Western Stat	18:20.02 8
3 Porter, Georgia	Western Stat	18:20.12 6
4 Roberts, Miriam	Csu-Pueblo	18:30.71 5
5 Bogina, Kaylee	Adams State	18:38.26 4
6 Genovese, Brooke	Colo. Christ	18:43.53 3
7 Grover, Malena	Adams State	18:52.03 2
8 Alemu, Aden	Adams State	18:59.58 1
9 Baker, Sadie	Adams State	18:59.75
10 Novak, Katie	Uc-Colo. Spg	19:10.56

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Finals ... (Women 5000 Meter Run)

Name	School	Finals
11 Prandoni, Noel	Adams State	19:15.05
12 Ahrens, Cassidy	Western Stat	19:16.24
13 Norton, Erin	Western Stat	19:21.39
14 Bramley, Rebecca	Fort Lewis	19:25.69
15 Penn, Amy	Western Stat	19:28.31
16 Hunter-Galvan, HaLeigh	Adams State	19:31.04
17 Moore, Tori	Black Hills	19:34.42
18 Stoltz, Shelby	Black Hills	19:48.82
19 Severson, Carson	Adams State	19:51.52
20 Rautter, Sabrina	Metro State	19:51.52
21 Mancia, Glindyll	Western Stat	19:58.53
22 Urban, Makenzie	Uc-Colo. Spg	20:03.80
23 Renner, Erin	Fort Lewis	20:09.54
24 Anderson, Natalie	Western Stat	20:15.70
25 Ruiz, Erica	Metro State	20:19.25
26 Wilson, Maya	Colorado Mes	20:24.40
27 Andrie, Chloe	Western Stat	20:26.53
28 Vinton, Margaret	Chadron Stat	20:39.67
29 Topper, Abigail	Uc-Colo. Spg	20:49.55
30 Wilborn, Carly	Fort Lewis	20:53.20
31 George, Anastashia	Fort Lewis	20:58.32
32 Allison, Taylor	Chadron Stat	21:00.75
33 Hebard, Allison	Csu-Pueblo	21:02.54
34 Griffin, Kate	Black Hills	21:11.23
35 Bryant, Emily	Fort Lewis	21:15.32
36 Trotter, Claire	Uc-Colo. Spg	21:29.28
37 Garcia, Jaylene	New Mexico H	21:47.26
38 Obernesser, Madison	Fort Lewis	22:08.92
--- Hughes, Bailey	Csu-Pueblo	DNF

Women 10000 Meter Run

RMAC: 35:59.10 R 2001

Jodi Day

Name	School	Finals
1 Porter, Georgia	Western Stat	37:46.42 10
2 Seward, Sophie	Western Stat	38:17.17 8
3 Templeton, Aubrey	Uc-Colo. Spg	38:26.97 6
4 Genovese, Brooke	Colo. Christ	38:41.91 5
5 Grover, Malena	Adams State	39:06.13 4
6 Penn, Amy	Western Stat	39:22.73 3
7 Ahrens, Cassidy	Western Stat	39:44.02 2
8 Mathes, Jordan	Csu-Pueblo	40:20.98 1
9 Norton, Erin	Western Stat	41:19.27
10 Huntley, Savannah	Black Hills	41:26.52
11 Topper, Abigail	Uc-Colo. Spg	43:07.71
12 Trotter, Claire	Uc-Colo. Spg	45:42.45
13 White, Emily	Fort Lewis	45:50.70
14 Obernesser, Madison	Fort Lewis	46:18.34
--- Applegarth, Nicky	Chadron Stat	DNF
--- Howlett, Allison	Western Stat	DNF

Women 100 Meter Hurdles

RMAC: 13.41 R 2012

Indira Spence

Name	School	Finals
1 Erskine, Osheen	New Mexico H	13.66 10
2 Gorsuch, Tessa	Chadron Stat	13.87 8
3 Watson, Oweneika	Adams State	14.17 6
4 Winchester, Mekayla	Colorado Mes	14.19 5
5 Fullerton, Janell	New Mexico H	14.40 4
6 Tuck, Andrea	Csu-Pueblo	14.62 3
7 Thomas, McKayla	Colorado Mes	14.77 2
8 Cormier, Danielle	Uc-Colo. Spg	14.86 1
9 Gomez, Kiana	Adams State	14.93 -0.7
10 Dublin, Khayla	Western Stat	15.12 +0.0
11 Arsaga, Taylor	Black Hills	15.29 +0.0
12 Kroupa, Lyndzie	Colorado Mes	15.51 +0.0
13 Marosok, Brittney	Black Hills	15.80 +0.0
14 Spykstra, Anna	Colo. Christ	15.87 +0.0
15 Ramey, Meghan	Black Hills	16.25 +0.0
16 White, Erika	Colorado Mes	16.50 +0.0
17 Harrison, Kylie	Westminster	17.13 +0.0

Women 400 Meter Hurdles

RMAC: 59.05 R 2011

Kaymarie Jones

Name	School	Finals
1 Scherrer, Jessica	Adams State	58.52R 10
2 Klotz, Molly	Uc-Colo. Spg	1:00.64 8
3 Weber, Katie	Western Stat	1:01.09 6
4 Sharon, Bailey	Western Stat	1:02.13 5
5 Terrell, Tianna	Western Stat	1:02.25 4
6 Sterling, Bacall	Colorado Mes	1:03.90 3
7 Arsaga, Taylor	Black Hills	1:04.47 2
8 Hitchings, Cydne	Colo. Christ	1:06.58 1
9 Roman, Rocio	Colorado Mes	1:06.94
10 Croell, Katie	South Dakota	1:07.22
11 Marosok, Brittney	Black Hills	1:07.90
12 Valko, Alyssa	Chadron Stat	1:07.96
13 Spykstra, Anna	Colo. Christ	1:08.20
14 Carrico, Maggie	Adams State	1:09.05
15 Clark, Vanessa	Black Hills	1:10.65
16 Bowen, Hayley	Black Hills	1:11.06
17 Quintana, Joedy	New Mexico H	1:11.78
--- Brown, Ebony	New Mexico H	FS

Women 3000 Meter Steeplechase

RMAC: 10:29.50 R 2013

Alicia Nelson

Name	School	Finals
1 Thurman, Jenna	Adams State	10:45.78 10
2 Flanagan, Eilish	Adams State	11:42.15 8
3 Thorn, Christine	Black Hills	11:45.96 6
4 Middleton, Mandee	Colo. Christ	11:52.24 5
5 Struttman, Hannah	Colo. Christ	11:55.04 4
6 Pacheco, Nicolette	Western Stat	12:01.38 3

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Finals ... (Women 3000 Meter Steeplechase)

Name	School	Finals	
7 Maness, Gillian	Csu-Pueblo	12:07.67	2
8 Suarez, Brenda	Western Stat	12:07.71	1
9 Moore, Tori	Black Hills	12:14.28	
10 Anderson, Natalie	Western Stat	12:19.29	
11 Urban, Makenzie	Uc-Colo. Spg	12:24.76	
12 Andrie, Chloe	Western Stat	12:26.09	
13 Rautter, Sabrina	Metro State	12:29.07	
14 Hartman, Kailie	Adams State	12:35.35	
15 Davis, Nicole	Black Hills	12:45.72	
16 Sutton, Ryley	South Dakota	12:57.25	
17 Friesen, Libby	South Dakota	13:01.95	
18 Shimabukuro, Rachel	Metro State	13:10.48	
19 Garcia, Jaylene	New Mexico H	14:06.70	

Women 4x100 Meter Relay

RMAC: 44.89 R 2008

Houston, Duncan, Mills, Spence

Team	Relay	Prelims
1 Chadron State	A	45.69Q
1) Gorsuch, Tessa	2) Martinez, Sierra	
3) Horton, Chasidy	4) Reuwsaat, Stachia	
2 Adams State	A	45.92Q
1) Watson, Oweneika	2) Johnson, Dianna	
3) Scherrer, Jessica	4) Wahi, Sunayna	
3 New Mexico Highlands	A	45.81Q
1) Whitted, Keosha	2) Marshall, Debradean	
3) Erskine, Osheen	4) Robertson, Kristal	
4 Western State	A	47.06Q
1) Miller, Jessica	2) Holland, Symonne	
3) Dublin, Khayla	4) Cox, Alexei	
5 Csu-Pueblo	A	47.11q
1) Tuck, Andrea	2) Fairchild, Lauren	
3) Burney, Taliah	4) Clanton, Tatianna	
6 Colorado Mesa	A	47.65q
1) Winchester, Mekayla	2) Tapp, Ally	
3) Sterling, Bacall	4) Edmondson, Sarah	
7 Black Hills St.	A	48.61q
1) VanLishout, Heidi	2) Arsaga, Taylor	
3) Gamble, Kelsi	4) Soderstrom, Shayna	
8 Uc-Colo. Spgs.	A	48.93q
1) Klotz, Molly	2) Eder, Josie	
3) Jordan, Jalen	4) Barone, Morgan	
9 South Dakota Mines	A	51.19
1) Kaul, Kaelyn	2) Johnson, Kaycee	
3) Jarnagin, Jayla	4) Hodgson, Alexia	

Women 4x100 Meter Relay

RMAC: 44.89 R 2008

Houston, Duncan, Mills, Spence

Team	Relay	Finals
1 Adams State	A	44.84R 10
2 Chadron State	A	45.46 8
3 New Mexico Highlands	A	45.65 6
4 Csu-Pueblo	A	47.08 5

5 Western State	A	47.49 4
6 Black Hills St.	A	48.56 3
7 Uc-Colo. Spgs.	A	49.20 2
--- Colorado Mesa	A	DNF

Women 4x400 Meter Relay

RMAC: 3:46.73 R 2016

Reed, Roberts, Tuck, Evans

Team	Relay	Finals
1 New Mexico Highlands	A	3:47.64 10
1) Hunter, Tashay	2) Erskine, Osheen	
3) Montano, Kristen	4) Gallegos, Elicia	
2 Western State	A	3:48.91 8
1) Whitehead, Jenice	2) Branch, Cydney	
3) Cox, Alexei	4) Weber, Katie	
3 Chadron State	A	3:49.30 6
1) Heelan, Alisha	2) Johnson, Cassie	
3) Horton, Chasidy	4) Martinez, Sierra	
4 Adams State	A	3:49.85 5
1) Steen, Cari	2) Flanagan, Roisin	
3) Allen, Leanne	4) Scherrer, Jessica	
5 Uc-Colo. Spgs.	A	3:56.67 4
1) Jordan, Jalen	2) Martus, Chelsea	
3) Shellhorn, Dana	4) Klotz, Molly	
6 Black Hills St.	A	4:01.78 3
1) Soderstrom, Shayna	2) Langseth, Zoe	
3) Roth, Cailey	4) Arsaga, Taylor	
7 Colorado Mesa	A	4:03.11 2
1) Winchester, Mekayla	2) Tapp, Ally	
3) Roman, Rocio	4) Weber, Heidi	
8 Westminster (Utah)	A	4:06.85 1
1) Hall, Lindsey	2) Bland, Naena	
3) Schmitt, Emily	4) Schiff, Payton	
9 Fort Lewis	A	4:08.72
1) Reining, Jazmyne	2) Alaimo, Emma	
3) Kee, Payton	4) Brandon, Sydni	
10 South Dakota Mines	A	4:11.38
1) Kaul, Kaelyn	2) Westerman, Erica	
3) Hodgson, Alexia	4) Croell, Katie	

Women High Jump

RMAC: 1.88m R 2013

Barbara Szabo

Name	School	Finals
1 Canegan, Serena	Adams State	1.66m 10
2 Richards, Alexandra	Black Hills	1.63m 8
3 Gallagher, Haley	Chadron Stat	J1.63m 6
4 Burney, Veronica	Uc-Colo. Spg	1.60m 5
5 Cormier, Danielle	Uc-Colo. Spg	1.57m 4
6 Wellington, Bree	Metro State	J1.57m 2.5
6 Barone, Morgan	Uc-Colo. Spg	J1.57m 2.5
8 Pedersen, Quincey	Colorado Mes	J1.57m 1
9 Tuck, Andrea	Csu-Pueblo	J1.57m
10 Eder, Josie	Uc-Colo. Spg	1.52m
11 Thomas, McKayla	Colorado Mes	J1.52m
--- Winsor, Dakotah	Black Hills	NH

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Finals ... (Women High Jump)

Name	School	Finals
--- Wuenschel, Erica	Csu-Pueblo	NH
--- Stoll, Toni	Western Stat	NH
--- Lopez, Aly	Western Stat	NH
--- Ries, Rylee	Uc-Colo. Spg	NH
--- Kroeker, Devin	Fort Lewis	NH
--- Morse, Shannon	South Dakota	NH
--- Rogers, Fiona	Fort Lewis	NH
--- Tisdale, Jessica	South Dakota	NH
--- Johnson, Kaycee	South Dakota	NH

Women Pole Vault

RMAC: 4.05m R 2011

Lauren Graham

Name	School	Finals
1 Casey, Gabriella	Colorado Mes	3.48m 10
2 Eder, Josie	Uc-Colo. Spg	3.38m 8
3 Gallagher, Haley	Chadron Stat	J3.38m 6
4 Snyder, Tory	Chadron Stat	J3.38m 5
5 Tiona, Catherine	Csu-Pueblo	3.23m 3.5
5 Berndsen, Jessie	Colorado Min	3.23m 3.5
7 Richards, Alexandra	Black Hills	3.08m 2
--- Cassen, Courtney	Black Hills	NH
--- Hawkins, Katie	Fort Lewis	NH
--- Hermanson, Rachel	South Dakota	NH
--- Anderson, Courtney	Chadron Stat	NH
--- Elder, Spencer	Colorado Mes	NH

Women Long Jump

RMAC: 6.38m R 2015

Shanice McPherson

Name	School	Finals
1 Reuwsaat, Stachia	Chadron Stat	6.03m 10
2 Fairchild, Lauren	Csu-Pueblo	5.70m 8
3 Clanton, Tatianna	Csu-Pueblo	5.67m 6
4 Canegan, Serena	Adams State	5.65m 5
5 Hunter, Tashay	New Mexico H	5.59m 4
6 Brandon, Sydni	Fort Lewis	J5.59m 3
7 Brashears, Maddie	Chadron Stat	5.57m 2
8 Martinez, Sierra	Chadron Stat	5.54m 1
9 Graham, Erin	Chadron Stat	5.23m 0.8
10 Lujan, Aftynne	Adams State	5.15m -2.1
11 Hughes, Sarah	Metro State	5.13m 1.8
12 Gomez, Kiana	Adams State	5.10m -2.4
13 Horton, Chasidy	Chadron Stat	J5.10m -1.9
14 Edmondson, Sarah	Colorado Mes	J5.10m -0.7
15 Artzberger, Ali	Colorado Min	5.09m +0.0
16 Dublin, Khayla	Western Stat	5.07m +0.0
17 White, Erika	Colorado Mes	5.06m 0.9
18 Vigil, Miranda	Adams State	5.01m -1.5
19 Campbell, Katie	Black Hills	5.00m 1.1
20 Kee, Payton	Fort Lewis	4.65m +0.0
21 Blackhat, Allesha	New Mexico H	J4.65m -1.5
22 Hunt, Niki	Western Stat	4.60m 1.0
23 Reining, Jazmyne	Fort Lewis	4.30m +0.0

Women Triple Jump

RMAC: 13.16m R 2012

Kearah Danville

Name	School	Finals
1 Hunter, Tashay	New Mexico H	12.32m 10
2 Sterling, Bacall	Colorado Mes	12.08m 8
3 Hughes, Sarah	Metro State	12.04m 6
4 Brown, Ebony	New Mexico H	11.50m 5
5 Graham, Erin	Chadron Stat	11.49m 4
6 Gorsuch, Tessa	Chadron Stat	11.48m 3
7 Hunt, Niki	Western Stat	11.27m 2
8 Carbajal, Michelle	Chadron Stat	11.19m 1
9 Linn, Makenna	Csu-Pueblo	11.00m 1.5
10 Artzberger, Ali	Colorado Min	10.97m 4.5
11 Pedersen, Quincey	Colorado Mes	10.93m +0.0
12 Gomez, Kiana	Adams State	10.91m 4.7
13 Campbell, Katie	Black Hills	10.73m 3.9
14 Stoll, Toni	Western Stat	10.71m 6.3
15 Alaimo, Emma	Fort Lewis	10.65m 2.6
16 Cormier, Danielle	Uc-Colo. Spg	10.60m NWI
17 Vigil, Miranda	Adams State	10.37m 5.2
18 Martin, Angelina	Csu-Pueblo	10.34m 3.2
19 Blackhat, Allesha	New Mexico H	10.09m 6.6
20 Kee, Payton	Fort Lewis	9.75m 6.8

Women Shot Put

RMAC: 15.87m R 2005

Jacqueline Wells

Name	School	Finals
1 Herl, Mel	Chadron Stat	16.33mR 10
2 Fullerton, Janell	New Mexico H	15.32m 8
3 Clark, Courtney	Colorado Min	13.96m 6
4 Pickert, Danielle	Colorado Mes	12.68m 5
5 Erickson, Hannah	Western Stat	12.54m 4
6 Jarnagin, Jayla	South Dakota	12.25m 3
7 Carrica, Erin	New Mexico H	12.12m 2
8 Whyrick, Isabelle	Western Stat	11.95m 1
9 McKinley, Jenna	Csu-Pueblo	11.81m
10 McClure, Hannah	Colorado Mes	11.62m
11 Tuck, Andrea	Csu-Pueblo	11.58m
12 Kusek, Adrienne	South Dakota	10.94m
13 Vetger, Stephanie	Colorado Mes	10.92m
14 Rexius, Caiden	Western Stat	10.89m
15 Hawman, Breann	Adams State	10.76m
16 Aziz, Leah	Colorado Mes	10.68m
16 Carson, Allison	Westminster	10.68m
18 Stansberry, Audrey	Fort Lewis	10.14m
19 Fagan, Victoria	Fort Lewis	9.93m
20 Leekya, Shanell	Fort Lewis	9.31m
21 Harrison, Kylie	Westminster	9.10m
22 Kienitz, Ashley	Fort Lewis	8.62m
23 Mbadie, Christina	New Mexico H	8.30m
--- Ruff, Keri	Chadron Stat	FOUL
--- Weyer, Danielle	Chadron Stat	FOUL
--- Hallsted, Ashton	Chadron Stat	FOUL

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Women Discus Throw

RMAC: 49.82m R 2007

Ashley Stephen

Name	School	Finals
Finals		
1 Herl, Mel	Chadron Stat	51.98mR 10
2 Fullerton, Janell	New Mexico H	46.82m 8
3 Erickson, Hannah	Western Stat	43.86m 6
4 Ruff, Keri	Chadron Stat	42.06m 5
5 Ortiz, Jaden	New Mexico H	41.89m 4
6 Hanson, Ashlyn	Chadron Stat	41.88m 3
7 Carrica, Erin	New Mexico H	41.55m 2
8 Podlacha, Nikol	Csu-Pueblo	41.23m 1
9 McKinley, Jenna	Csu-Pueblo	39.56m
10 Carlo, Krista	Colorado Min	37.72m
11 Lundstrom, Atlanta	Black Hills	37.17m
12 Hallsted, Ashton	Chadron Stat	36.56m
13 Vetger, Stephanie	Colorado Mes	36.07m
14 Haman, Daisy	Uc-Colo. Spg	34.96m
15 Calhoun, Kelsey	Uc-Colo. Spg	34.55m
16 Clark, Haley	Black Hills	33.21m
17 Kusek, Adrienne	South Dakota	33.07m
18 Stansberry, Audrey	Fort Lewis	30.48m
19 Fagan, Victoria	Fort Lewis	30.36m
20 Kienitz, Ashley	Fort Lewis	30.33m
21 Leekya, Shanell	Fort Lewis	27.28m

Women Hammer Throw

RMAC: 59.14m R 2000

Janet Boettcher

Name	School	Finals
Finals		
1 Herl, Mel	Chadron Stat	63.62mR 10
2 Hanson, Ashlyn	Chadron Stat	57.26m 8
3 Long, Ashley	Western Stat	54.79m 6
4 Clark, Courtney	Colorado Min	51.54m 5
5 Erickson, Hannah	Western Stat	51.42m 4
6 Harris, Josie	Western Stat	51.15m 3
7 Timm, Tasha	South Dakota	51.12m 2
8 Podlacha, Nikol	Csu-Pueblo	50.06m 1
9 Weyer, Danielle	Chadron Stat	49.52m
10 Ruff, Keri	Chadron Stat	49.02m
11 Jarnagin, Jayla	South Dakota	47.35m
12 Mullins, Piper	New Mexico H	46.87m
13 Lundstrom, Atlanta	Black Hills	46.05m
14 Hallsted, Ashton	Chadron Stat	44.96m
15 Pickert, Danielle	Colorado Mes	42.00m
16 Russell, Erin	Csu-Pueblo	41.02m
17 McClure, Hannah	Colorado Mes	39.26m
18 Aziz, Leah	Colorado Mes	36.97m
19 Kiepke, Jesslyn	Uc-Colo. Spg	36.12m
20 Kusek, Adrienne	South Dakota	35.16m
21 Plott, Makenna	Adams State	34.98m
22 Haugenberg, McKayla	Black Hills	33.61m
--- Whyrick, Isabelle	Western Stat	FOUL

Women Javelin Throw

RMAC: 47.10m R 1999

Regoma Tau;pr

Name	School	Finals
Finals		
1 Richards, Alexandra	Black Hills	38.53m 10
2 Haugenberg, McKayla	Black Hills	37.41m 8
3 Larsen, Madison	South Dakota	36.65m 6
4 Giles, Amanda	Colorado Min	36.28m 5
5 Fullerton, Janell	New Mexico H	36.16m 4
6 McClure, Hannah	Colorado Mes	36.00m 3
7 Harrelson, Andi	Uc-Colo. Spg	35.44m 2
8 Allen, Leanne	Adams State	33.81m 1
9 Harrison, Kylie	Westminster	33.79m
10 Bowman, Caeleigh	Colorado Mes	33.63m
11 Rexius, Caiden	Western Stat	33.21m
12 Gagen, Kayla	South Dakota	33.08m
13 Lundstrom, Atlanta	Black Hills	32.78m
14 Calhoun, Kelsey	Uc-Colo. Spg	32.57m
15 Mullins, Piper	New Mexico H	32.37m
16 Leekya, Shanell	Fort Lewis	32.17m
17 Carrica, Erin	New Mexico H	31.26m
18 Hanson, Ashlyn	Chadron Stat	30.60m
19 Carson, Allison	Westminster	30.37m
20 Brown, Ebony	New Mexico H	29.68m
21 Clark, Haley	Black Hills	29.27m
22 Stansberry, Audrey	Fort Lewis	28.25m
23 Hermanson, Rachel	South Dakota	26.94m
24 Snyder, Tory	Chadron Stat	20.56m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	School	Finals
Finals		
1 Fullerton, Janell	New Mexico H	24.99 888
2 Horton, Chasidy	Chadron Stat	25.52 840
3 Canegan, Serena	Adams State	25.60 833
4 Brown, Ebony	New Mexico H	27.35 683
5 Kehmeier, Mackenzie	Western Stat	27.45 675
6 Smith, Katherine	Adams State	27.60 663
7 Ries, Rylee	Uc-Colo. Spg	27.69 655
8 White, Erika	Colorado Mes	27.77 649
9 Bland, Naena	Westminster	28.11 622
10 Harrelson, Andi	Uc-Colo. Spg	28.27 610
11 Hall, Lindsey	Westminster	28.46 595

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	School	Finals
Finals		
1 Bland, Naena	Westminster	2:25.96 744
2 Hall, Lindsey	Westminster	2:30.05 692
3 Smith, Katherine	Adams State	2:33.96 644
4 White, Erika	Colorado Mes	2:34.51 637
5 Harrelson, Andi	Uc-Colo. Spg	2:39.65 577
6 Ries, Rylee	Uc-Colo. Spg	2:40.81 564
7 Horton, Chasidy	Chadron Stat	2:41.27 558
8 Kehmeier, Mackenzie	Western Stat	2:44.46 523

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Finals ... (Heptathlon: #7 Women 800 Meter Run Heptathlon)

Name	School	Finals	
9 Canegan, Serena	Adams State	2:48.77	476
10 Fullerton, Janell	New Mexico H	3:00.73	358
11 Brown, Ebony	New Mexico H	3:01.80	349

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	School	Finals	
1 Fullerton, Janell	New Mexico H	14.71	880
2 Canegan, Serena	Adams State	15.23	811
3 Brown, Ebony	New Mexico H	15.55	770
4 Horton, Chasidy	Chadron Stat	15.59	765
5 White, Erika	Colorado Mes	16.03	711
6 Smith, Katherine	Adams State	16.09	703
7 Ries, Rylee	Uc-Colo. Spg	16.27	682
8 Hall, Lindsey	Westminster	17.32	561
9 Bland, Naena	Westminster	17.43	549
10 Kehmeier, Mackenzie	Western Stat	17.50	541
11 Harrelson, Andi	Uc-Colo. Spg	17.67	523

Heptathlon: #2 Women High Jump Heptathlon

Name	School	Finals	
1 Canegan, Serena	Adams State	1.67m	818
2 Fullerton, Janell	New Mexico H	1.52m	644
2 Horton, Chasidy	Chadron Stat	1.52m	644
2 Bland, Naena	Westminster	1.52m	644
5 White, Erika	Colorado Mes	1.49m	610
5 Ries, Rylee	Uc-Colo. Spg	1.49m	610
7 Kehmeier, Mackenzie	Western Stat	1.46m	577
8 Smith, Katherine	Adams State	1.43m	544
9 Harrelson, Andi	Uc-Colo. Spg	1.40m	512
10 Brown, Ebony	New Mexico H	1.37m	481
11 Hall, Lindsey	Westminster	1.31m	419

Heptathlon: #5 Women Long Jump Heptathlon

Name	School	Finals	
1 Canegan, Serena	Adams State	5.64m	741
2 Fullerton, Janell	New Mexico H	5.39m	668
3 Horton, Chasidy	Chadron Stat	5.14m	598
4 White, Erika	Colorado Mes	5.01m	562
5 Brown, Ebony	New Mexico H	4.97m	551
6 Kehmeier, Mackenzie	Western Stat	4.85m	519
7 Harrelson, Andi	Uc-Colo. Spg	4.82m	511
8 Smith, Katherine	Adams State	4.74m	490
9 Bland, Naena	Westminster	4.68m	474
10 Ries, Rylee	Uc-Colo. Spg	4.65m	466
11 Hall, Lindsey	Westminster	4.26m	369

Heptathlon: #3 Women Shot Put Heptathlon

Name	School	Finals	
1 Fullerton, Janell	New Mexico H	13.76m	778
2 Canegan, Serena	Adams State	11.82m	649

3 Horton, Chasidy	Chadron Stat	10.39m	555
4 White, Erika	Colorado Mes	10.32m	550
5 Harrelson, Andi	Uc-Colo. Spg	10.14m	539
6 Smith, Katherine	Adams State	8.99m	464
7 Brown, Ebony	New Mexico H	8.94m	460
8 Kehmeier, Mackenzie	Western Stat	8.58m	437
9 Bland, Naena	Westminster	8.54m	434
10 Hall, Lindsey	Westminster	8.30m	419
11 Ries, Rylee	Uc-Colo. Spg	8.23m	414

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	School	Finals	
1 Harrelson, Andi	Uc-Colo. Spg	41.60m	698
2 Fullerton, Janell	New Mexico H	41.15m	689
3 Horton, Chasidy	Chadron Stat	31.57m	506
4 White, Erika	Colorado Mes	30.53m	487
5 Canegan, Serena	Adams State	29.49m	467
6 Brown, Ebony	New Mexico H	29.41m	465
7 Hall, Lindsey	Westminster	24.74m	377
8 Ries, Rylee	Uc-Colo. Spg	22.35m	333
9 Smith, Katherine	Adams State	21.64m	319
10 Kehmeier, Mackenzie	Western Stat	21.43m	316
11 Bland, Naena	Westminster	18.00m	252

Women Heptathlon

RMAC: 5833 R 2014		Salcia Slack	
Name	School	Finals	
1 Fullerton, Janell	New Mexico H	4905	10
2 Canegan, Serena	Adams State	4795	8
3 Horton, Chasidy	Chadron Stat	4466	6
4 White, Erika	Colorado Mes	4206	5
5 Harrelson, Andi	Uc-Colo. Spg	3970	4
6 Smith, Katherine	Adams State	3827	3
7 Brown, Ebony	New Mexico H	3759	2
8 Ries, Rylee	Uc-Colo. Spg	3724	1
9 Bland, Naena	Westminster	3719	
10 Kehmeier, Mackenzie	Western Stat	3588	
11 Hall, Lindsey	Westminster	3432	

Men 100 Meter Dash

RMAC: 10.20 R 2016		Jurgen Themen	
Name	School	Prelims	
1 Gilbert, Elijah	Western Stat	10.53Q+0.0	
2 Ballantyne, Micah	Adams State	10.65Q+0.0	
3 Smith, LaChristopher	Uc-Colo. Spg	10.70Q-0.8	
4 Kerr, Ian	Adams State	10.75q -0.8	
5 Dulaney, Julian	Metro State	10.75q -0.8	
6 Donnell, Tevin	Csu-Pueblo	10.85q -0.8	
7 Thomas, Joshua	South Dakota	10.85q +0.0	
8 Elcock, Deshon	Uc-Colo. Spg	10.92q +0.0	
9 Woodson, Andre	Chadron Stat	10.95 +0.0	
10 Lanier, Javan	Chadron Stat	10.97 +0.0	
11 Logan, Karlos	Chadron Stat	10.98 +0.0	

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Preliminaries ... (Men 100 Meter Dash)

Name	School	Prelims
12 Hinkley, Tristan	Uc-Colo. Spg	11.07 +0.0
13 Harris, Kyle	Black Hills	11.07 -0.8
14 Mitchell, Huey	Colorado Mes	11.20 -0.8
15 Foxall, Pitmon	Uc-Colo. Spg	11.21 +0.0
16 Taylor, Glen	Metro State	11.25 +0.0
17 Stalder, Logan	Black Hills	11.26 -0.8
18 Makatura, Donte	Western Stat	11.36 -0.8
19 Ransome, Bradley	Csu-Pueblo	11.44 +0.0
20 Flock, Kyler	Black Hills	11.45 +0.0
21 Trawally, Lasana	Westminster	11.46 +0.0
22 Brock, Hunter	Colo. Christ	11.57 +0.0
23 Casias, Josh	Csu-Pueblo	12.01 +0.0

Men 100 Meter Dash

RMAC: 10.20 R 2016

Jurgen Themen

Name	School	Finals
Finals		
1 Ballantyne, Micah	Adams State	10.59 10
2 Kerr, Ian	Adams State	10.61 8
3 Gilbert, Elijah	Western Stat	10.64 6
4 Smith, LaChristopher	Uc-Colo. Spg	10.70 5
5 Dulaney, Julian	Metro State	10.72 4
6 Thomas, Joshua	South Dakota	10.75 3
7 Donnell, Tevin	Csu-Pueblo	10.83 2
8 Elcock, Deshon	Uc-Colo. Spg	11.67 1

Men 200 Meter Dash

RMAC: 20.7h R 1986

Travis McKinley

Name	School	Finals
Finals		
1 Ballantyne, Micah	Adams State	21.41 10
2 Dulaney, Julian	Metro State	21.43 8
3 Kerr, Ian	Adams State	21.45 6
4 Thomas, Joshua	South Dakota	21.59 5
5 Smith, LaChristopher	Uc-Colo. Spg	21.74 4
6 Donnell, Tevin	Csu-Pueblo	21.99 3
7 Carlson, Robert	Metro State	22.10 2
8 Lewis, Casey	Western Stat	22.13 1
9 Hepp, Taylor	Black Hills	22.51 -1.9
10 McGuire, Isiah	South Dakota	22.55 -1.9
11 Gilbert, Elijah	Western Stat	22.56 -1.5
12 Larsen, Matt	Colo. Christ	22.60 -1.9
13 Taylor, Glen	Metro State	22.68 -1.9
14 Larranaga, Augie	Adams State	22.77 -1.9
15 Stalder, Logan	Black Hills	23.07 -3.9
16 Harris, Kyle	Black Hills	23.18 -3.9
17 Snook, Garrett	Black Hills	23.46 -3.9
18 Davis, Cody	Chadron Stat	23.63 -3.9
19 Salitrik, Cory	Chadron Stat	23.65 -1.9
20 Trawally, Lasana	Westminster	23.67 -3.9
21 Ransome, Bradley	Csu-Pueblo	23.88 -3.9
22 Briggs, Jack	Colorado Mes	23.89 -1.8
23 Harder, Darren	Metro State	24.17 -1.8
24 Carrington, Will	Westminster	24.38 -1.8

25 Casias, Josh	Csu-Pueblo	24.77 -1.8
26 Decker, Robbie	Westminster	26.90 -1.8

Men 400 Meter Dash

RMAC: 45.92 R 2006

Joel Duffield

Name	School	Prelims
Preliminaries		
1 Vassell, Dueth	Csu-Pueblo	48.36Q
2 Arnell, Hunter	Colorado Min	48.40Q
3 Horne, Shawn	Csu-Pueblo	48.43Q
4 Murray, Jonathon	South Dakota	48.72q
5 Lewis, Casey	Western Stat	48.96q
6 Simons, Caleb	Uc-Colo. Spg	49.04q
7 Hepp, Taylor	Black Hills	49.09q
8 Branch, Aris	Western Stat	49.32q
9 Larranaga, Augie	Adams State	49.44
10 Cremer, Joe	Westminster	49.78
11 Salitrik, Cory	Chadron Stat	50.17
12 Davis, Cody	Chadron Stat	50.46
13 Snook, Garrett	Black Hills	50.51
14 McGuire, Isiah	South Dakota	50.53
15 Cropsey, Korder	South Dakota	50.54
16 Leach, Noah	Colo. Christ	50.71
17 Ptak, Kevin	South Dakota	50.79
18 Cole, Josh	Western Stat	51.04
19 Miller, Matt	Colorado Mes	51.09
20 Carrington, Will	Westminster	51.13
21 Chastain, Caleb	Western Stat	51.21
22 Samtaney, Sid	Adams State	53.74
--- Williams, Randle	Metro State	DNF
--- Moreno, Said	Metro State	DNF

Men 400 Meter Dash

RMAC: 45.92 R 2006

Joel Duffield

Name	School	Finals
Finals		
1 Simons, Caleb	Uc-Colo. Spg	47.36 10
2 Vassell, Dueth	Csu-Pueblo	47.43 8
3 Arnell, Hunter	Colorado Min	47.61 6
4 Horne, Shawn	Csu-Pueblo	48.14 5
5 Hepp, Taylor	Black Hills	48.63 4
6 Branch, Aris	Western Stat	49.05 3
7 Murray, Jonathon	South Dakota	49.17 2
8 Lewis, Casey	Western Stat	49.70 1

Men 800 Meter Run

RMAC: 1:49.49 R 2016

Patrick Weaver

Name	School	Prelims
Preliminaries		
1 Mayhew, William	Uc-Colo. Spg	1:51.07Q
2 Butler, Robin	Western Stat	1:51.48Q
3 Oglesby, Nathan	Colorado Mes	1:52.84Q
4 Gifford, Tom	Adams State	1:52.03q
5 Anaya, Austin	Adams State	1:52.55q
6 Fried, Levi	Black Hills	1:53.70q
7 Morningstar, Ryan	Colorado Min	1:53.70q

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Preliminaries ... (Men 800 Meter Run)

Name	School	Prelims
8 Staines, Thomas	Csu-Pueblo	1:54.00q
9 Cooper, Zach	Western Stat	1:55.20
10 Boucher, Ryan	Metro State	1:55.59
11 Guinn, Robert	Adams State	1:55.97
12 Johnson, Chris	Black Hills	1:56.05
13 Fera, Michael	Colorado Mes	1:56.58
14 Littlehales, Jake	Adams State	1:57.06
15 Her Many Horses, Keegan	Black Hills	1:59.82
16 Avila, Levi	Chadron Stat	2:02.40
17 Jones, Kyle	Metro State	2:02.89
18 Colvin, Ben	South Dakota	2:03.43
19 Fajfer, Austin	Chadron Stat	2:04.18
20 Dietsche, Kyle	Chadron Stat	2:08.29
21 Mathieu, Davis	South Dakota	2:10.30

Men 800 Meter Run

RMAC: 1:49.49 R 2016

Patrick Weaver

Name	School	Finals
Finals		
1 Mayhew, William	Uc-Colo. Spg	1:50.34 10
2 Anaya, Austin	Adams State	1:50.76 8
3 Butler, Robin	Western Stat	1:50.79 6
4 Oglesby, Nathan	Colorado Mes	1:51.88 5
5 Staines, Thomas	Csu-Pueblo	1:53.16 4
6 Morningstar, Ryan	Colorado Min	1:54.57 3
7 Fried, Levi	Black Hills	1:54.66 2
8 Gifford, Tom	Adams State	1:56.91 1

Men 1500 Meter Run

RMAC: 3:49.22 R 2013

Vegard Volstad

Name	School	Prelims
Preliminaries		
1 Garcia, Alejandro	Chadron Stat	4:00.17Q
2 Verbal, Evan	Colo. Christ	4:01.87Q
3 Williams, Derrick	Csu-Pueblo	4:03.39Q
4 Krage, Brandon	Metro State	4:02.13Q
5 Cusick, John	Colorado Mes	4:03.46Q
6 Reid, Chandler	Adams State	4:04.20Q
7 Gidabuday, Sydney	Adams State	4:02.82Q
8 Carter, Dante	Csu-Pueblo	4:03.53Q
9 Powell, Richard	Adams State	4:04.66Q
10 Berg, Sam	Metro State	4:05.49q
11 Byrd, Bryant	Western Stat	4:05.54q
12 Avila, Levi	Chadron Stat	4:07.38q
13 Theisen, Jordan	Black Hills	4:07.45
14 Retzlaff, Zach	Csu-Pueblo	4:08.62
15 Watanabe, Makoto	Colorado Mes	4:09.83
16 Chudy, Cole	Colo. Christ	4:10.59
17 Jones, Kyle	Metro State	4:11.47
18 Johnson, Keifer	Western Stat	4:12.52
19 Wood, Chase	South Dakota	4:14.31
20 Yager, Eric	Chadron Stat	4:14.66
21 Rath, Joe	Black Hills	4:16.12
22 Bordewyk, Walter	Black Hills	4:16.75

23 Dietsche, Kyle	Chadron Stat	4:18.05
24 Freeman, James	Adams State	4:20.21
25 Huber, Jacob	South Dakota	4:23.50
26 Fykerud, Eric	Westminster	4:27.04
27 Thorstad, Justin	Black Hills	4:30.69
28 Mellmer, Eric	Westminster	4:34.37
29 Jonart, Shay	Westminster	4:37.52
30 Olsen, Payton	Westminster	4:58.02
31 Boyd, Justin	Westminster	5:28.36

Men 1500 Meter Run

RMAC: 3:49.22 R 2013

Vegard Volstad

Name	School	Finals
Finals		
1 Verbal, Evan	Colo. Christ	4:05.01 10
2 Carter, Dante	Csu-Pueblo	4:05.58 8
3 Cusick, John	Colorado Mes	4:06.48 6
4 Gidabuday, Sydney	Adams State	4:07.86 5
5 Reid, Chandler	Adams State	4:07.92 4
6 Garcia, Alejandro	Chadron Stat	4:08.65 3
7 Powell, Richard	Adams State	4:09.10 2
8 Williams, Derrick	Csu-Pueblo	4:10.27 1
9 Krage, Brandon	Metro State	4:10.96
10 Avila, Levi	Chadron Stat	4:13.20
11 Byrd, Bryant	Western Stat	4:15.40
12 Berg, Sam	Metro State	4:22.79

Men 5000 Meter Run

RMAC: 14:29.95 R 2013

Gabe Proctor

Name	School	Finals
Finals		
1 Gidabuday, Sydney	Adams State	15:42.99 10
2 Reid, Chandler	Adams State	15:43.41 8
3 Garcia, Alejandro	Chadron Stat	15:46.96 6
4 Roberts, Paul	Csu-Pueblo	15:51.66 5
5 Johnson, Keifer	Western Stat	15:55.41 4
6 Cates, Preston	Western Stat	15:57.87 3
7 Ramirez, Lucio	Adams State	15:59.11 2
8 Williams, Derrick	Csu-Pueblo	16:02.10 1
9 Patterson, John	Western Stat	16:04.03
10 Carter, Dante	Csu-Pueblo	16:16.80
11 Fredrick, Nathan	Black Hills	16:20.44
12 Fontana, Sean	Adams State	16:20.67
13 Mugrage, Kristoffer	Adams State	16:21.09
14 Vavrik, Daniel	Colorado Mes	16:22.62
15 Iverson, Jake	Black Hills	16:31.20
16 Joseph, Joshua	Adams State	16:42.95
17 Graf, Blake	Colorado Mes	16:43.41
18 Yager, Eric	Chadron Stat	16:43.42
19 Watanabe, Makoto	Colorado Mes	16:43.46
20 Stansbury, Dylan	Chadron Stat	16:44.82
21 Spitz, Luke	Colorado Mes	16:54.81
22 Williamson, Austin	Black Hills	17:00.21
23 Riley, Austin	Western Stat	17:01.95
24 Cusick, John	Colorado Mes	17:05.80
25 Berg, Sam	Metro State	17:09.29

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Finals ... (Men 5000 Meter Run)

Name	School	Finals
26 Sheppard, David	Adams State	17:12.69
27 Saylor, Jackson	Adams State	17:12.76
28 Roberts, Jackson	Adams State	17:16.57
29 Morley, Logan	Csu-Pueblo	17:18.03
30 Schone, Aaron	Black Hills	17:23.29
31 Iverson, Isaac	Black Hills	17:40.34
32 Speer, Austin	Adams State	17:45.44
33 Sanchez, Joseph	Csu-Pueblo	17:48.17
34 Bordewyk, Walter	Black Hills	18:00.74
--- Powell, Richard	Adams State	DNF
--- Anaya, Austin	Adams State	DNF
--- Freeman, James	Adams State	DNF
--- Martin, Tanner	Adams State	DNF

Men 10000 Meter Run

RMAC: 30:27.08 R 2001

Jason Hubbard

Name	School	Finals
1 Vavrik, Daniel	Colorado Mes	32:59.35 10
2 Fredrick, Nathan	Black Hills	33:04.77 8
3 Graf, Blake	Colorado Mes	33:14.16 6
4 Cates, Preston	Western Stat	33:30.49 5
5 Patterson, John	Western Stat	33:34.98 4
6 Brown, Corey	Uc-Colo. Spg	33:37.56 3
7 Riley, Austin	Western Stat	34:07.12 2
8 Stansbury, Dylan	Chadron Stat	35:15.91 1
9 Anderson, Aidan	South Dakota	36:05.18
10 Iverson, Isaac	Black Hills	36:50.87

Men 110 Meter Hurdles

RMAC: 14.00 R 2013

Karl McFarlane

Name	School	Prelims
1 Hayes, Simon	Western Stat	14.38Q1.9
2 Foster, D'Angelo	Colorado Mes	14.50Q2.7
3 Leman, Justin	Chadron Stat	14.75Q1.9
4 Gerstle-Goodman, Kyree	Western Stat	14.76Q2.7
5 Hanson, Matt	Uc-Colo. Spg	14.92q 1.9
6 Hepp, Tristan	Black Hills	14.93q 2.7
7 Kovar, Seth	Black Hills	15.19q 1.9
8 Schaffer, Alex	Western Stat	15.25q 1.9
9 Klein, Matthew	Chadron Stat	15.37 2.7
10 Langi, Isaac	Black Hills	15.87 1.9
11 Mason, Jordan	South Dakota	16.12 2.7
12 Montgomery, Jalen	Colo. Christ	16.21 2.7
13 Ware, Bradley	South Dakota	16.27 1.9

Men 110 Meter Hurdles

RMAC: 14.00 R 2013

Karl McFarlane

Name	School	Finals
1 Hayes, Simon	Western Stat	14.68 10
2 Gerstle-Goodman, Kyree	Western Stat	14.73 8
3 Foster, D'Angelo	Colorado Mes	14.77 6

4 Hepp, Tristan	Black Hills	14.93 5
5 Leman, Justin	Chadron Stat	15.12 4
6 Hanson, Matt	Uc-Colo. Spg	15.32 3
7 Schaffer, Alex	Western Stat	15.47 2
8 Kovar, Seth	Black Hills	15.66 1

Men 400 Meter Hurdles

RMAC: 51.72 R 1986

Jason Brockel

Name	School	Finals
1 Schaffer, Alex	Western Stat	52.44 10
2 Hepp, Tristan	Black Hills	52.96 8
3 Garcia, Marc	Colorado Mes	53.38 6
4 Hinkley, Tristan	Uc-Colo. Spg	54.85 5
5 Roy, Jonathan	Colorado Min	55.29 4
6 Mason, Jordan	South Dakota	56.77 3
7 Couture, Jonah	Colo. Christ	57.97 2
8 Gibbens, Jack	Chadron Stat	58.45 1
9 Vomacka, Ryan	Uc-Colo. Spg	58.58
10 Cremer, Joe	Westminster	59.79
11 Schwenk, Brandon	Chadron Stat	1:00.63
12 Ware, Bradley	South Dakota	1:01.23
13 Peters, Anthony	Uc-Colo. Spg	1:01.68

Men 3000 Meter Steeplechase

RMAC: 8:59.03 R 1996

Ivan Ivanov

Name	School	Finals
1 Williams, Derrick	Csu-Pueblo	9:29.17 10
2 Adams, Kale	Adams State	9:29.49 8
3 Verbal, Evan	Colo. Christ	9:29.61 6
4 Theisen, Jonah	Black Hills	9:31.12 5
5 Konieczek, Dawid	Western Stat	9:42.61 4
6 Kimaiyo, David	Uc-Colo. Spg	9:47.54 3
7 Iverson, Jake	Black Hills	9:51.00 2
8 Mugrage, Kristoffer	Adams State	9:54.61 1
9 Theisen, Jordan	Black Hills	10:04.63
10 Bruns, Luke	Colo. Christ	10:23.07
11 Williamson, Austin	Black Hills	10:23.56
12 Byrd, Bryant	Western Stat	10:40.29
13 Culpepper, Christian	Metro State	11:06.78

Men 4x100 Meter Relay

RMAC: 40.08 R

Esslinger, Wurtz, Moore, Appelhan

Team	Relay	Prelims
1 Western State	A	40.64Q
1) Gerstle-Goodman, Kyree	2) Hayes, Simon	
3) Lewis, Casey	4) Gilbert, Elijah	
2 Uc-Colo. Spgs.	A	40.96Q
1) Hinkley, Tristan	2) Elcock, Deshon	
3) Simons, Caleb	4) Smith, LaChristopher	
3 Adams State	A	41.04Q
1) Larranaga, Augie	2) Kerr, Ian	
3) Brown, Elijah	4) Ballantyne, Micah	

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Preliminaries ... (Men 4x100 Meter Relay)

Team	Relay	Prelims
4 Chadron State	A	41.63Q
1) Lanier, Javan	2) Logan, Karlos	
3) Klein, Matthew	4) Woodson, Andre	
5 Csue-Pueblo	A	41.06q
1) Sweeten, Ron	2) Donnell, Tevin	
3) Ransome, Bradley	4) Horne, Shawn	
6 Metro State	A	41.51q
1) Taylor, Glen	2) Carlson, Robert	
3) Harder, Darren	4) Dulaney, Julian	
7 Colorado Mesa	A	42.47q
1) Mitchell, Huey	2) Jackson, Vernon	
3) Briggs, Jack	4) Garcia, Marc	
8 Black Hills St.	A	42.77q
1) Harris, Kyle	2) Hepp, Taylor	
3) Kovar, Seth	4) Stalder, Logan	
9 South Dakota Mines	A	43.16
1) Ptak, Kevin	2) Ware, Bradley	
3) Cropsey, Korder	4) Murray, Jonathon	

Men 4x100 Meter Relay

RMAC: 40.08 R

Esslinger, Wurtz, Moore, Appelhan

Team	Relay	Finals
1 Adams State	A	40.74 10
2 Western State	A	40.91 8
3 Uc-Colo. Spgs.	A	41.24 6
4 Csue-Pueblo	A	41.27 5
5 Chadron State	A	41.74 4
6 Metro State	A	41.81 3
7 Colorado Mesa	A	42.78 2
8 Black Hills St.	A	43.01 1

Men 4x400 Meter Relay

RMAC: 3:12.00 R 2006

Streeter, Hajek, Beckelhymer, Lara

Team	Relay	Finals
1 Colorado Mines	A	3:14.23 10
1) Smith, Austin	2) Morningstar, Ryan	
3) Arnell, Hunter	4) Frazee, Bryce	
2 Csue-Pueblo	A	3:15.38 8
1) Sweeten, Ron	2) Staines, Thomas	
3) Horne, Shawn	4) Vassell, Dueth	
3 Adams State	A	3:16.31 6
1) Larranaga, Augie	2) Gifford, Tom	
3) Littlehales, Jake	4) Ballantyne, Micah	
4 Western State	A	3:17.38 5
1) Lewis, Casey	2) Schaffer, Alex	
3) Branch, Aris	4) Butler, Robin	
5 South Dakota Mines	A	3:17.43 4
1) Thomas, Joshua	2) Cropsey, Korder	
3) McGuire, Isiah	4) Murray, Jonathon	
6 Uc-Colo. Spgs.	A	3:18.86 3
1) Simons, Caleb	2) Hinkley, Tristan	
3) Vomacka, Ryan	4) Mayhew, William	

7 Black Hills St.	A	3:18.87 2
1) Hepp, Tristan	2) Snook, Garrett	
3) Fried, Levi	4) Hepp, Taylor	
8 Chadron State	A	3:19.76 1
1) Davis, Cody	2) Salitrik, Cory	
3) Fajfer, Austin	4) Leman, Justin	
9 Colorado Mesa	A	3:23.77
1) Garcia, Marc	2) Fera, Michael	
3) Besier, Ethen	4) Oglesby, Nathan	
10 Metro State	A	3:41.48
1) Boucher, Ryan	2) Taylor, Glen	
3) Jones, Kyle	4) Dulaney, Julian	

Men High Jump

RMAC: 2.20m R 2014

Justin Bethea

Name	School	Finals
1 Cunningham, Wyatt	Adams State	2.05m 10
2 Courtney, Nathan	South Dakota	2.00m 8
3 Hepp, Tristan	Black Hills	J2.00m 6
4 Valdez, Derek	Uc-Colo. Spg	1.95m 5
5 Babb, Daniel	Western Stat	J1.95m 4
6 Kasuske, Carter	South Dakota	1.90m 2.5
6 Roberts, Avery	Western Stat	1.90m 2.5
8 Hayes, Simon	Western Stat	J1.90m 1
9 Sears, Jamaal	Csue-Pueblo	J1.90m
10 Olsen, Ryan	Black Hills	J1.90m
11 Elcock, Deshon	Uc-Colo. Spg	J1.90m
12 Jahr, Spencer	Colorado Mes	1.85m
13 Simons, Caleb	Uc-Colo. Spg	J1.85m
14 Kainz, Wyatt	South Dakota	J1.85m
--- Barbeau, Michael	Colorado Mes	NH
--- Armenta, Alex	Colorado Mes	NH

Men Pole Vault

RMAC: 5.05m R 2008

Dakot Cochran

Name	School	Finals
1 Pinkston, Jake	Colorado Min	5.05mR 10
2 Boser, Bryce	Black Hills	4.75m 8
3 Ellis, Nolan	Colorado Mes	J4.75m 6
4 Meeker, Darin	Colorado Min	4.60m 5
5 Yoder, Kyle	Colorado Mes	4.45m 4
6 Hinkle, Brandon	Colorado Min	4.30m 3
7 Pinney, Austin	Black Hills	J4.30m 2
8 Clark, Zach	Colorado Min	J4.30m 1
--- Borner, Colin	Western Stat	NH
--- Daniels, Cooper	Uc-Colo. Spg	NH
--- Hintze, Alex	Western Stat	NH
--- Emmons, Brenton	Uc-Colo. Spg	NH
--- Pulos, Nick	Colorado Mes	NH
--- Rex, Kyle	Uc-Colo. Spg	NH

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Men Long Jump

RMAC: 7.82m R 2016		Damarcus Simpson	
Name	School	Finals	
Finals			
1	Carlson, Robert	Metro State	7.32m 10
2	Hayes, Simon	Western Stat	7.12m 8
3	Gerstle-Goodman, Kyree	Western Stat	7.10m 6
4	Kimber, DePree	Uc-Colo. Spg	J7.10m 5
5	Sweeten, Ron	Csu-Pueblo	6.91m 4
6	Heller, Nic	Western Stat	J6.91m 3
7	Jackson, Vernon	Colorado Mes	6.90m 2
8	James, Kahlil	Chadron Stat	6.83m 1
9	Ross, William	Uc-Colo. Spg	6.80m 2.4
10	Greco, Peter	Colorado Mes	6.56m -0.5
11	Valdez, Derek	Uc-Colo. Spg	6.51m 0.7
12	Babb, Daniel	Western Stat	6.50m 1.2
13	Foxall, Pitmon	Uc-Colo. Spg	6.47m 0.9
14	Brown, Elijah	Adams State	J6.47m +0.0
15	Gibbens, Jack	Chadron Stat	6.43m 0.8
16	Holloway, Payton	Black Hills	6.39m 1.5
17	Parrish, Brandon	Colorado Min	6.38m -0.3
18	Peters, Anthony	Uc-Colo. Spg	6.30m -1.2
19	Pench, Ryan	Uc-Colo. Spg	6.17m 0.5
20	Larsen, Matt	Colo. Christ	6.09m 1.0
21	Edwards, Dawson	Westminster	5.09m 0.3
22	Bertheaud, Raymond	Westminster	4.61m NWI
---	Armenta, Alex	Colorado Mes	FOUL

Men Triple Jump

RMAC: 15.89m R 2013		Carlton Lavong	
Name	School	Finals	
Finals			
1	Smith, Dez	Chadron Stat	14.22m 10
2	Ross, William	Uc-Colo. Spg	14.15m 8
3	Sweeten, Ron	Csu-Pueblo	14.01m 6
4	James, Kahlil	Chadron Stat	13.99m 5
5	Gerstle-Goodman, Kyree	Western Stat	13.98m 4
6	Carlson, Robert	Metro State	13.93m 3
7	Kimber, DePree	Uc-Colo. Spg	13.75m 2
8	Babb, Daniel	Western Stat	13.74m 1
9	Gibbens, Jack	Chadron Stat	13.69m 2.6
10	Greco, Peter	Colorado Mes	13.47m +0.0
11	Arnsberger, Luke	Colorado Min	13.28m -0.6
12	Kovar, Seth	Black Hills	12.84m +0.0
13	Schade, Declan	Colorado Min	12.73m -1.1
14	Holloway, Payton	Black Hills	12.70m 0.2
---	Olsen, Ryan	Black Hills	FOUL
---	Peters, Anthony	Uc-Colo. Spg	FOUL
---	Thurber, Remington	South Dakota	FOUL
---	Kasuske, Carter	South Dakota	FOUL
---	Kainz, Wyatt	South Dakota	FOUL

Men Shot Put

RMAC: 19.80m R 2014		Wesley Lavong	
Name	School	Finals	
Finals			
1	Stinson, Colby	Western Stat	17.32m 10
2	Reid, Samuel	Adams State	17.08m 8
3	Jacobs, Blake	Chadron Stat	16.77m 6
4	Jensen, Trevor	Colorado Mes	15.98m 5
5	Van Waes, Brecht	Adams State	15.11m 4
6	Aldridge, David	Chadron Stat	15.09m 3
7	Schutt, CJ	Western Stat	14.82m 2
8	Hochanadel, Joris	Colorado Min	14.81m 1
9	Bertles, Conor	Uc-Colo. Spg	14.67m
10	Quintana, Garrett	Adams State	14.56m
11	Batho, Jack	South Dakota	14.53m
12	McLaughlin, Laketon	Black Hills	14.48m
13	Downs, Sheldon	Uc-Colo. Spg	14.11m
14	Siebdtrath, Westley	South Dakota	13.79m
15	Worley, Brandon	Colorado Mes	13.51m
16	Boylan, Garrett	Black Hills	13.25m
17	Dennison, Dante	Colorado Mes	13.24m
18	Vigil, Andrew	Adams State	12.81m
19	Flores, Beau	Colorado Mes	11.88m
20	Smith, Austin	Colorado Min	11.86m
21	Katona, Blake	Westminster	9.42m
22	Decker, Robbie	Westminster	6.86m
---	Martens, Cory	Chadron Stat	FOUL

Men Discus Throw

RMAC: 55.47m R 2004		Jake Evig	
Name	School	Finals	
Finals			
1	Martens, Cory	Chadron Stat	54.19m 10
2	Reid, Samuel	Adams State	49.64m 8
3	Jensen, Trevor	Colorado Mes	48.26m 6
4	Stinson, Colby	Western Stat	48.02m 5
5	Schutt, CJ	Western Stat	47.56m 4
6	Aldridge, David	Chadron Stat	47.33m 3
7	Bleidt, Jesse	Chadron Stat	46.83m 2
8	Jackson, Jayvon	South Dakota	46.75m 1
9	Quintana, Garrett	Adams State	46.35m
10	Simons, Aaron	Colorado Mes	45.02m
11	Bertles, Conor	Uc-Colo. Spg	44.80m
12	Boylan, Garrett	Black Hills	44.75m
13	LaCrete, Frantzlee	Chadron Stat	44.00m
14	Root, Jack	Colorado Min	43.61m
15	Nimt, Eric	Colorado Mes	43.23m
16	Elmore, Andre	Adams State	42.50m
17	Walker, Christopher	Colorado Mes	42.37m
18	Jacobs, Blake	Chadron Stat	41.59m
19	Vigil, Andrew	Adams State	40.90m
20	Downs, Sheldon	Uc-Colo. Spg	39.78m
21	Brant, Austin	Colorado Mes	39.59m
22	Siebdtrath, Westley	South Dakota	39.04m
23	Dennison, Dante	Colorado Mes	37.21m

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Finals ... (Men Discus Throw)

Name	School	Finals
24 Pauling, Sam	Colorado Min	36.68m
25 Worley, Brandon	Colorado Mes	34.59m
26 Katona, Blake	Westminster	34.52m
27 Flores, Beau	Colorado Mes	34.39m
28 Perryman, Anthony	Westminster	24.65m

Men Hammer Throw

RMAC: 61.28m R 2007

Michael Gusbeth

Name	School	Finals
Finals		
1 Jensen, Trevor	Colorado Mes	54.39m 10
2 Stinson, Colby	Western Stat	53.51m 8
3 Root, Jack	Colorado Min	53.04m 6
4 Martens, Cory	Chadron Stat	53.03m 5
5 Nimitz, Eric	Colorado Mes	51.32m 4
6 Jacobs, Blake	Chadron Stat	51.13m 3
7 Rohrbaugh, Connor	Western Stat	50.76m 2
8 Siebdrath, Westley	South Dakota	50.23m 1
9 LaCrete, Frantzlee	Chadron Stat	50.17m
10 Bleidt, Jesse	Chadron Stat	48.69m
11 Pauling, Sam	Colorado Min	46.51m
12 Flaming, Garret	Colorado Mes	46.37m
13 Downs, Sheldon	Uc-Colo. Spg	45.40m
14 Walker, Christopher	Colorado Mes	44.48m
15 Mynes, Nicholas	Colorado Mes	44.38m
16 Aldridge, David	Chadron Stat	43.56m
17 Bertles, Conor	Uc-Colo. Spg	42.80m
18 McLaughlin, Laketon	Black Hills	40.86m
19 Flores, Beau	Colorado Mes	40.30m
20 Dennison, Dante	Colorado Mes	39.48m
21 Jackson, Jayvon	South Dakota	31.60m
--- Begay, Avery	Western Stat	FOUL

Men Javelin Throw

RMAC: 67.76m R 2001

Zach Kindler

Name	School	Finals
Finals		
1 Payseno, Gregory	Colorado Mes	53.47m 10
2 Schutt, CJ	Western Stat	52.37m 8
3 Barbeau, Michael	Colorado Mes	50.50m 6
4 Jahr, Spencer	Colorado Mes	49.16m 5
5 Lilly, George	Colorado Min	48.83m 4
6 Courtney, Nathan	South Dakota	48.56m 3
7 Armenta, Alex	Colorado Mes	48.37m 2
8 Holloway, Payton	Black Hills	46.75m 1
9 Mynes, Nicholas	Colorado Mes	46.24m
10 Newman, Walter	Colorado Mes	46.16m
11 Heller, Nic	Western Stat	46.15m
12 Gibbens, Jack	Chadron Stat	44.50m
13 Johnson, Cody	Western Stat	43.57m
14 Flaming, Garret	Colorado Mes	40.41m
15 Pulos, Nick	Colorado Mes	39.87m
16 Perryman, Anthony	Westminster	38.56m
17 Chatters, Dylan	Westminster	38.01m

18 Bertles, Conor Uc-Colo. Spg 36.66m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	School	Finals
Finals		
1 Peterson, Greg	Chadron Stat	11.04 852
2 Jahr, Spencer	Colorado Mes	11.09 841
3 Foster, D'Angelo	Colorado Mes	11.12 834
4 Leman, Justin	Chadron Stat	11.18 821
5 Besier, Ethen	Colorado Mes	11.28 799
6 Olsen, Ryan	Black Hills	11.55 742
7 Pench, Ryan	Uc-Colo. Spg	11.59 734
8 Smith, Jacob	Csu-Pueblo	11.61 730
9 Pulos, Nick	Colorado Mes	11.90 671
10 Johnson, Cody	Western Stat	11.98 655
11 Goggin, Jake	Uc-Colo. Spg	12.03 645
12 Rex, Kyle	Uc-Colo. Spg	12.08 635

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	School	Finals
Finals		
1 Leman, Justin	Chadron Stat	49.74 827
2 Foster, D'Angelo	Colorado Mes	50.15 808
3 Peterson, Greg	Chadron Stat	50.18 806
4 Besier, Ethen	Colorado Mes	50.62 786
5 Jahr, Spencer	Colorado Mes	52.26 713
6 Olsen, Ryan	Black Hills	52.51 703
7 Goggin, Jake	Uc-Colo. Spg	53.72 651
8 Smith, Jacob	Csu-Pueblo	53.83 647
9 Rex, Kyle	Uc-Colo. Spg	54.44 622
10 Pulos, Nick	Colorado Mes	54.66 613
11 Pench, Ryan	Uc-Colo. Spg	56.73 531
12 Johnson, Cody	Western Stat	56.87 526

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	School	Finals
Finals		
1 Leman, Justin	Chadron Stat	4:59.86 561
2 Foster, D'Angelo	Colorado Mes	5:00.20 559
3 Goggin, Jake	Uc-Colo. Spg	5:00.54 557
4 Rex, Kyle	Uc-Colo. Spg	5:07.93 515
5 Olsen, Ryan	Black Hills	5:11.89 493
6 Besier, Ethen	Colorado Mes	5:13.60 484
7 Peterson, Greg	Chadron Stat	5:17.11 465
8 Pulos, Nick	Colorado Mes	5:29.27 403
9 Jahr, Spencer	Colorado Mes	5:29.73 401
10 Pench, Ryan	Uc-Colo. Spg	5:52.26 297

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	School	Finals
Finals		
1 Foster, D'Angelo	Colorado Mes	14.68 889
2 Leman, Justin	Chadron Stat	15.08 840
3 Jahr, Spencer	Colorado Mes	15.63 775
4 Pench, Ryan	Uc-Colo. Spg	16.09 723
5 Smith, Jacob	Csu-Pueblo	16.20 710

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Finals ... (Decathlon: #6 Men 110 Meter Hurdles Decathlon)

Name	School	Finals
6 Peterson, Greg	Chadron Stat	16.89 636
7 Johnson, Cody	Western Stat	16.90 635
8 Pulos, Nick	Colorado Mes	17.06 618
9 Rex, Kyle	Uc-Colo. Spg	17.50 573
10 Goggin, Jake	Uc-Colo. Spg	18.03 521
11 Olsen, Ryan	Black Hills	18.30 496
12 Besier, Ethen	Colorado Mes	18.70 459

Decathlon: #4 Men High Jump Decathlon

Name	School	Finals
1 Jahr, Spencer	Colorado Mes	1.94m 749
2 Olsen, Ryan	Black Hills	1.91m 723
3 Smith, Jacob	Csu-Pueblo	1.85m 670
4 Rex, Kyle	Uc-Colo. Spg	1.82m 644
4 Leman, Justin	Chadron Stat	1.82m 644
6 Foster, D'Angelo	Colorado Mes	1.76m 593
6 Goggin, Jake	Uc-Colo. Spg	1.76m 593
8 Pulos, Nick	Colorado Mes	1.73m 569
9 Besier, Ethen	Colorado Mes	1.67m 520
10 Johnson, Cody	Western Stat	1.64m 496
11 Peterson, Greg	Chadron Stat	1.61m 472
12 Pench, Ryan	Uc-Colo. Spg	1.58m 449

Decathlon: #8 Men Pole Vault Decathlon

Name	School	Finals
1 Foster, D'Angelo	Colorado Mes	4.30m 702
1 Besier, Ethen	Colorado Mes	4.30m 702
3 Rex, Kyle	Uc-Colo. Spg	4.20m 673
4 Peterson, Greg	Chadron Stat	4.10m 645
5 Pulos, Nick	Colorado Mes	4.00m 617
6 Jahr, Spencer	Colorado Mes	3.90m 590
7 Leman, Justin	Chadron Stat	3.50m 482
8 Olsen, Ryan	Black Hills	3.30m 431
9 Pench, Ryan	Uc-Colo. Spg	2.90m 333
9 Goggin, Jake	Uc-Colo. Spg	2.90m 333
--- Smith, Jacob	Csu-Pueblo	NH
--- Johnson, Cody	Western Stat	NH

Decathlon: #2 Men Long Jump Decathlon

Name	School	Finals
1 Leman, Justin	Chadron Stat	6.65m 732
2 Foster, D'Angelo	Colorado Mes	6.43m 682
3 Smith, Jacob	Csu-Pueblo	6.34m 661
4 Olsen, Ryan	Black Hills	6.32m 657
5 Pench, Ryan	Uc-Colo. Spg	6.31m 655
6 Peterson, Greg	Chadron Stat	6.21m 632
7 Jahr, Spencer	Colorado Mes	6.06m 600
8 Rex, Kyle	Uc-Colo. Spg	6.00m 587
9 Goggin, Jake	Uc-Colo. Spg	5.88m 561
10 Johnson, Cody	Western Stat	5.82m 548
11 Besier, Ethen	Colorado Mes	5.54m 490

12 Pulos, Nick Colorado Mes 5.50m 481

Decathlon: #3 Men Shot Put Decathlon

Name	School	Finals
1 Jahr, Spencer	Colorado Mes	13.26m 683
2 Foster, D'Angelo	Colorado Mes	12.17m 617
3 Besier, Ethen	Colorado Mes	11.06m 549
4 Rex, Kyle	Uc-Colo. Spg	10.48m 515
5 Johnson, Cody	Western Stat	10.35m 507
6 Goggin, Jake	Uc-Colo. Spg	10.25m 501
7 Olsen, Ryan	Black Hills	10.02m 487
8 Peterson, Greg	Chadron Stat	9.90m 480
9 Smith, Jacob	Csu-Pueblo	9.80m 474
10 Pulos, Nick	Colorado Mes	9.62m 463
11 Leman, Justin	Chadron Stat	8.86m 417
12 Pench, Ryan	Uc-Colo. Spg	8.63m 404

Decathlon: #7 Men Discus Throw Decathlon

Name	School	Finals
1 Jahr, Spencer	Colorado Mes	39.08m 646
2 Besier, Ethen	Colorado Mes	37.30m 610
3 Foster, D'Angelo	Colorado Mes	34.65m 557
4 Rex, Kyle	Uc-Colo. Spg	33.54m 535
5 Goggin, Jake	Uc-Colo. Spg	32.77m 519
6 Johnson, Cody	Western Stat	32.37m 511
7 Pulos, Nick	Colorado Mes	31.87m 501
8 Peterson, Greg	Chadron Stat	30.25m 469
9 Leman, Justin	Chadron Stat	28.33m 432
10 Olsen, Ryan	Black Hills	27.92m 424
11 Pench, Ryan	Uc-Colo. Spg	25.33m 373
12 Smith, Jacob	Csu-Pueblo	24.60m 359

Decathlon: #9 Men Javelin Throw Decathlon

Name	School	Finals
1 Jahr, Spencer	Colorado Mes	52.00m 618
2 Foster, D'Angelo	Colorado Mes	46.00m 530
3 Peterson, Greg	Chadron Stat	44.80m 512
4 Pulos, Nick	Colorado Mes	42.52m 479
5 Besier, Ethen	Colorado Mes	41.60m 465
6 Rex, Kyle	Uc-Colo. Spg	40.97m 456
7 Goggin, Jake	Uc-Colo. Spg	40.40m 448
8 Johnson, Cody	Western Stat	39.86m 440
9 Leman, Justin	Chadron Stat	38.74m 424
10 Pench, Ryan	Uc-Colo. Spg	37.59m 407
11 Olsen, Ryan	Black Hills	33.73m 352

Men Decathlon

RMAC: 6936 R 2007		Wayne Durham	
Name	School	Finals	
1 Foster, D'Angelo	Colorado Mes	6771 10	
2 Jahr, Spencer	Colorado Mes	6616 8	
3 Leman, Justin	Chadron Stat	6180 6	

RMAC Outdoor Championships - 5/7/2017 to 5/9/2017**Western State Colorado University****Results****Finals ... (Men Decathlon)**

	Name	School	Finals
4	Peterson, Greg	Chadron Stat	5969 5
5	Besier, Ethen	Colorado Mes	5864 4
6	Rex, Kyle	Uc-Colo. Spg	5755 3
7	Olsen, Ryan	Black Hills	5508 2
8	Pulos, Nick	Colorado Mes	5415 1
9	Goggin, Jake	Uc-Colo. Spg	5329
10	Pench, Ryan	Uc-Colo. Spg	4906

Women - Team Rankings - 21 Events Scored

1)	Adams State	147
2)	Western State	133
3)	Chadron State	127
4)	New Mexico Highlands	120
5)	CSU-Pueblo	66.5
6)	UC-Colo. Spgs.	63.5
7)	Colorado Mesa	50
8)	Black Hills St.	42
9)	Colorado Mines	23.5
10)	Colo. Christian	18
11)	South Dakota Mines	11
12)	Metro State	8.5
13)	Westminster (Utah)	4
14)	Fort Lewis	3

Men - Team Rankings - 21 Events Scored

1)	Western State	150.5
2)	Adams State	129
3)	Colorado Mesa	124
4)	Chadron State	79
5)	UC-Colo. Spgs.	76
6)	CSU-Pueblo	70
7)	Black Hills St.	57
8)	Colorado Mines	53
9)	South Dakota Mines	32.5
10)	Metro State	30
11)	Colo. Christian	18