

2022 RMAC Outdoor Championships - 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

Event 1 Women 100 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State
 NCAA Prov: P 11.86 2022

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Arceneaux, Sierra	JR	Colorado Mesa	11.59Q	3.3	2
2 Zink, Kayla	SR	Uc-Colo. Spgs.	11.73Q	3.7	3
3 Fuchs, Brittany	JR	Uc-Colo. Spgs.	12.31Q	-5.1	1
4 Fuller, Breanne	JR	Black Hills St.	11.76q	3.7	3
5 Sartain, Alese	SO	Adams State	11.87q	3.3	2
6 Dantzler, Myia	FR	Western Colorado	11.97q	3.3	2
7 Lattimore, Jaivion	JR	Msu Denver	12.13q	3.7	3
8 George, Hannah	SO	Colo. Christian	12.17q	3.3	2
9 Collier, Carlie	SO	Chadron State	12.19q	3.7	3
10 Hutchison, Mikayla	FR	Western Colorado	12.35	3.7	3
11 Eversley, Victoria	FR	Colorado Mesa	12.43	3.3	2
12 Bolton, Keyanda	SO	Uc-Colo. Spgs.	12.55	-5.1	1
13 Gomez, Caelyn	SO	Adams State	12.67	3.7	3
14 Burnett-Perry, Serenity	FR	Colorado Mesa	12.73	-5.1	1
15 Johnson, Shynesti	JR	Western Colorado	12.76	-5.1	1
16 Robinson, Treslynn	SO	Western Colorado	13.09	-5.1	1
17 Rader, Danae	FR	Chadron State	13.17	3.7	3
18 Johnson, Charity	JR	N.M. Highlands	13.41	-5.1	1
19 Goebel, Abby	FR	Black Hills St.	13.71	3.3	2
20 Farinas, Victoria	FR	Uc-Colo. Spgs.	13.78	-5.1	1
-- Gardella, Maggie	FR	Uc-Colo. Spgs.	DNS	3.3	2

Event 1 Women 100 Meter Dash

=====
 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State
 NCAA Prov: P 11.86 2022

Name	Year	School	Finals	Wind	Points
Finals					
1 Arceneaux, Sierra	JR	Colorado Mesa	11.45P	1.4	10
2 Zink, Kayla	SR	Uc-Colo. Spgs.	11.51P	1.4	8
3 Fuchs, Brittany	JR	Uc-Colo. Spgs.	11.62P	1.4	6
4 Fuller, Breanne	JR	Black Hills St.	11.86P	1.4	5
5 Dantzler, Myia	FR	Western Colorado	11.92	1.4	4
6 Collier, Carlie	SO	Chadron State	12.05	1.4	3
7 Lattimore, Jaivion	JR	Msu Denver	12.13	1.4	2
8 George, Hannah	SO	Colo. Christian	12.24	1.4	1
9 Sartain, Alese	SO	Adams State	12.35	1.4	

Event 2 Men 100 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

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 RMAC Meet: R 10.20 2016 Jurgen Themen, Adams State
 NCAA Prov: P 10.55 2022

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Vigil, Jonah	SO	Adams State	P 10.50Q	-1.1	2

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....Event 2 Men 100 Meter Dash

2	Mosley Jr., Brian	SO	Uc-Colo. Spgs.	10.67Q	-1.5	1	
3	Mendoza, Justice	JR	Uc-Colo. Spgs.	10.69Q	1.4	3	
4	Sterling, Kymani	FR	Uc-Colo. Spgs.	10.56q	-1.1	2	
5	Bradley, Tyler	JR	Colo. Christian	10.63q	-1.1	2	
6	Williams, Elijah	SO	Colorado Mesa	10.68q	-1.5	1	
7	Christensen, Kade	SO	Colorado Mesa	10.78q	1.4	3	
8	Efeturi, Quincy	FR	Chadron State	10.80q	1.4	3	
9	Roden, Brodie	JR	Chadron State	10.84q	-1.1	2	10.832
10	Brassfield, Sterling	FR	Colorado Mesa	10.84	1.4	3	10.840
11	Wilson, Jeremiah	SO	Colorado Mesa	10.92	-1.1	2	
12	Thornton, Beau	SO	Colorado Mesa	10.93	-1.5	1	
13	Reed, Jeremiah	FR	Colorado Mesa	10.98	1.4	3	
14	Nichols, Michael	SO	Uc-Colo. Spgs.	11.04	-1.5	1	11.034
15	Cook, Andrew	SO	Csu-Pueblo	11.04	-1.5	1	11.035
16	Monestime, Chase	SO	Uc-Colo. Spgs.	11.11	-1.1	2	
17	Sartain, Mason	SO	Black Hills St.	11.16	-1.5	1	11.154
18	Hale, Nicholas	FR	Black Hills St.	11.16	-1.1	2	11.159
19	Trembly, Creighton	SO	Chadron State	11.19	1.4	3	
20	Thorn, Josh	FR	Uc-Colo. Spgs.	11.20	-1.1	2	
21	Haggerty, Dominic	SO	Uc-Colo. Spgs.	11.23	1.4	3	
22	Bozeman, Estabon	JR	Chadron State	11.42	-1.5	1	
23	Lujan, Thomas	FR	Adams State	11.46	1.4	3	
--	Fawver, Morgan	SO	Chadron State	DNS	-1.5	1	

Event 2 Men 100 Meter Dash

=====
 RMAC Meet: R 10.20 2016 Jurgen Themen, Adams State
 NCAA Prov: P 10.55 2022

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Vigil, Jonah	SO	Adams State	10.43	2.1 10
2	Sterling, Kymani	FR	Uc-Colo. Spgs.	10.48	2.1 8
3	Williams, Elijah	SO	Colorado Mesa	10.53	2.1 6
4	Mosley Jr., Brian	SO	Uc-Colo. Spgs.	10.57	2.1 5
5	Mendoza, Justice	JR	Uc-Colo. Spgs.	10.60	2.1 4
6	Christensen, Kade	SO	Colorado Mesa	10.62	2.1 3
7	Efeturi, Quincy	FR	Chadron State	10.63	2.1 2
8	Bradley, Tyler	JR	Colo. Christian	10.65	2.1 1
9	Roden, Brodie	JR	Chadron State	10.73	2.1

Event 3 Women 200 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 23.41 2011 Indira Spence, Adams State
 RMAC Meet: R 23.41 2014 Kayon Robinson, Adams State
 NCAA Prov: P 24.38 2022

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Zink, Kayla	SR	Uc-Colo. Spgs.	23.67Q	4.5 1
2	Arceneaux, Sierra	JR	Colorado Mesa	24.07Q	3.1 2
3	Fuchs, Brittany	JR	Uc-Colo. Spgs.	24.87Q	0.6 3
4	Booker, Amaya	SR	Western Colorado	24.25q	4.5 1

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....Event 3 Women 200 Meter Dash

5	Fuller, Breanne	JR Black Hills St.	24.44q	3.1	2
6	Collier, Carlie	SO Chadron State	24.78q	3.1	2
7	Palmer, Selisa	FR N.M. Highlands	24.89q	0.6	3
8	Hutchison, Mikayla	FR Western Colorado	24.92q	4.5	1
9	Bolton, Keyanda	SO Uc-Colo. Spgs.	25.02q	0.6	3
10	Harrison, Sakara	FR Western Colorado	25.21	4.5	1
11	Burnett-Perry, Serenity	FR Colorado Mesa	25.24	3.1	2
12	Scott, Kamryn	SR Msu Denver	25.36	3.1	2
13	George, Hannah	SO Colo. Christian	25.57	3.1	2
14	Udechukwu, Hilary	FR N.M. Highlands	25.60	4.5	1
15	Lattimore, Jaivion	JR Msu Denver	25.61	0.6	3
16	Robinson, Treslynn	SO Western Colorado	25.88	3.1	2
17	Groth, Caydince	FR Chadron State	25.93	4.5	1
18	Sartain, Alese	SO Adams State	25.96	0.6	3
19	Eversley, Victoria	FR Colorado Mesa	26.10	0.6	3
20	Hill, Michaela	SO Chadron State	26.88	0.6	3
21	Garand, Teagan	JR Msu Denver	27.03	0.6	3
22	Moore, Olivia	FR N.M. Highlands	27.26	3.1	2
--	Johnson, Charity	JR N.M. Highlands	DNS	4.5	1

Event 3 Women 200 Meter Dash

RMAC Meet: R 23.41	2011	Indira Spence, Adams State
RMAC Meet: R 23.41	2014	Kayon Robinson, Adams State
NCAA Prov: P 24.38	2022	

Name	Year	School	Finals	Wind	Points
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Finals

1	Arceneaux, Sierra	JR Colorado Mesa	23.74	2.2	10
2	Fuchs, Brittany	JR Uc-Colo. Spgs.	24.04	2.2	8
3	Zink, Kayla	SR Uc-Colo. Spgs.	24.08	2.2	6
4	Booker, Amaya	SR Western Colorado	24.39	2.2	5
5	Fuller, Breanne	JR Black Hills St.	24.53	2.2	4
6	Bolton, Keyanda	SO Uc-Colo. Spgs.	24.60	2.2	3
7	Collier, Carlie	SO Chadron State	24.73	2.2	2
8	Hutchison, Mikayla	FR Western Colorado	25.01	2.2	1
9	Palmer, Selisa	FR N.M. Highlands	25.02	2.2	

Event 4 Men 200 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

RMAC Meet: R 20.7h	1986	Travis McKinley, Adams State
RMAC Meet: R 20.84	2014	Chaz Butler, Adams State
NCAA Prov: P 21.26	2022	

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Vigil, Jonah	SO Adams State	21.22Q	3.2	3
2	Mendoza, Justice	JR Uc-Colo. Spgs.	21.33Q	5.4	2
3	Bradley, Tyler	JR Colo. Christian	21.54Q	1.6	1
4	Sterling, Kymani	FR Uc-Colo. Spgs.	21.27q	3.2	3
5	Williams, Elijah	SO Colorado Mesa	21.36q	5.4	2
6	Efeturi, Quincy	FR Chadron State	21.61q	1.6	1
7	Christensen, Kade	SO Colorado Mesa	21.94q	3.2	3 21.936

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....Event 4 Men 200 Meter Dash

8	Loper, Ethan	SO Msu Denver	21.94q	3.2	3	21.939
9	Mosley Jr., Brian	SO Uc-Colo. Spgs.	21.98q	5.4	2	
10	Cook, Andrew	SO Csu-Pueblo	22.09	5.4	2	
11	Reed, Jeremiah	FR Colorado Mesa	22.15	1.6	1	
12	Ortega, Dayne	FR Colorado Mesa	22.26	3.2	3	
13	Sartain, Mason	SO Black Hills St.	22.30	3.2	3	
14	Nichols, Michael	SO Uc-Colo. Spgs.	22.39	1.6	1	
15	Smallwood, AJ	FR Colorado Mesa	22.51	1.6	1	22.504
16	Wilson, Jeremiah	SO Colorado Mesa	22.51	3.2	3	22.508
17	Cano, Osvaldo	SO Chadron State	22.52	1.6	1	
18	Ward, Eliot	JR Colorado Mesa	22.62	5.4	2	
19	Logsdon, Greg	SO Chadron State	22.63	1.6	1	
20	Yoosook, Emory	SO Chadron State	22.74	1.6	1	
21	Hale, Nicholas	FR Black Hills St.	22.87	3.2	3	
22	Lujan, Thomas	FR Adams State	23.38	5.4	2	
--	Thornton, Beau	SO Colorado Mesa	DNS	5.4	2	
--	Abarca, Sunday	SO Msu Denver	DNS	5.4	2	

Event 4 Men 200 Meter Dash

RMAC Meet: R 20.7h	1986	Travis McKinley, Adams State
RMAC Meet: R 20.84	2014	Chaz Butler, Adams State
NCAA Prov: P 21.26	2022	

Name	Year	School	Finals	Wind	Points
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Finals

1	Vigil, Jonah	SO Adams State	21.03P	0.1	10
2	Sterling, Kymani	FR Uc-Colo. Spgs.	21.32	0.1	8
3	Bradley, Tyler	JR Colo. Christian	21.44	0.1	6
4	Efeturi, Quincy	FR Chadron State	21.60	0.1	5
5	Mosley Jr., Brian	SO Uc-Colo. Spgs.	21.87	0.1	4
6	Loper, Ethan	SO Msu Denver	21.90	0.1	3
7	Mendoza, Justice	JR Uc-Colo. Spgs.	22.03	0.1	2
8	Christensen, Kade	SO Colorado Mesa	22.19	0.1	1
--	Williams, Elijah	SO Colorado Mesa	DNS	0.1	

Event 5 Women 400 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

RMAC Meet: R 52.80	2014	Kayon Robinson, Adams State
NCAA Prov: P 55.98	2022	

Name	Year	School	Prelims	H#
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Preliminaries

1	Molder, McKenna	SO Colorado Mesa	57.31Q	3
2	Burt, Mackenzie	JR Western Colorado	57.47Q	2
3	Nelson, Amena	SO Colorado Mines	57.89Q	1
4	Wright, Aryelle	JR Colorado Mines	57.66q	2
5	Galvin, Grace	FR Colorado Mines	57.81q	2
6	Udechukwu, Hilary	FR N.M. Highlands	57.83q	3
7	Palmer, Selisa	FR N.M. Highlands	57.94q	3
8	Higashi, Randi	JR Colorado Mines	58.21q	3
9	Davis, Amber	FR Uc-Colo. Spgs.	58.25q	1
10	Lindauer, Sophia	SO Colorado Mesa	58.26	1

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....Event 5 Women 400 Meter Dash

11	Harrison, Lucia	SO N.M. Highlands	58.53	2
12	Smoker, Tara	FR Colo. Christian	58.75	2
13	Scott, Kamryn	SR Msu Denver	59.48	2
14	Lopez, Alyssa	FR Uc-Colo. Spgs.	59.75	1
15	Comer, Allison	FR Colorado Mines	1:00.02	3
16	Tracy, Mikayla	JR Black Hills St.	1:00.08	1
17	Burnett, Jordan	FR Colorado Mesa	1:00.25	1
18	Groth, Caydince	FR Chadron State	1:01.39	3
19	Duck, Mackenzie	JR Colorado Mines	1:01.47	1
20	Jebet, Faith	FR N.M. Highlands	1:02.20	2
21	Hill, Michaela	SO Chadron State	1:02.49	1
22	Timbang, Erika	SO Uc-Colo. Spgs.	1:02.71	2
23	Ivins, Raygen	FR Msu Denver	1:04.13	3

Event 5 Women 400 Meter Dash

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 RMAC Meet: R 52.80 2014 Kayon Robinson, Adams State
 NCAA Prov: P 55.98 2022

Name Year School Finals Points

Finals

1	Nelson, Amena	SO Colorado Mines	55.72P	10
2	Burt, Mackenzie	JR Western Colorado	55.84P	8
3	Wright, Aryelle	JR Colorado Mines	56.21	6
4	Palmer, Selisa	FR N.M. Highlands	57.22	5
5	Higashi, Randi	JR Colorado Mines	57.31	4
6	Davis, Amber	FR Uc-Colo. Spgs.	57.35	3
7	Galvin, Grace	FR Colorado Mines	57.55	2
8	Udechukwu, Hilary	FR N.M. Highlands	58.19	1
9	Molder, McKenna	SO Colorado Mesa	58.72	

Event 6 Men 400 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State
 NCAA Prov: P 47.78 2022

Name Year School Prelims H#

Preliminaries

1	Urban, Aiden	SR Westminster (Utah)	49.07Q	1
2	Laca, Angel	JR Uc-Colo. Spgs.	49.68Q	3
3	Smallwood, AJ	FR Colorado Mesa	49.78Q	2
4	Montague, Kelsey	SO Colorado Mesa	49.88q	2
5	Kizewski, Bryce	SO Western Colorado	49.93q	1
6	Ortega, Dayne	FR Colorado Mesa	50.36q	3
7	Logsdon, Greg	SO Chadron State	50.38q	3
8	Cano, Osvaldo	SO Chadron State	50.39q	1 50.382
9	O'Neal, Ryan	SO Uc-Colo. Spgs.	50.39q	3 50.383
10	Wilkins, Joseph	FR Western Colorado	50.49	2
11	Richardson, Nathan	FR Csu-Pueblo	50.55	3
12	McGraw, Shane	SO Black Hills St.	50.56	2
13	Valdez, Jacob	JR Colorado Mesa	50.90	1
14	Martinez, Kennedy	SO Western Colorado	50.94	1
15	Hamilton, Josh	FR Western Colorado	50.97	2

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....Event 6 Men 400 Meter Dash

16 Pitlick, Ethan	FR South Dakota Mines	51.07	1
17 Reese, Austin	SO Colorado Mesa	51.40	1
18 Orozco, Isaac	SO South Dakota Mines	51.48	2
19 Becker, Frank	JR Black Hills St.	52.47	2
20 Wright, Jahani	FR Chadron State	53.27	3
21 Hamby, Brayden	JR Msu Denver	54.13	3

Event 6 Men 400 Meter Dash

=====
 RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State
 NCAA Prov: P 47.78 2022

Name	Year School	Finals	Points
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Finals

1 Urban, Aiden	SR Westminster (Utah)	47.52P	10
2 Laca, Angel	JR Uc-Colo. Spgs.	47.56P	8
3 O'Neal, Ryan	SO Uc-Colo. Spgs.	48.38	6
4 Ortega, Dayne	FR Colorado Mesa	48.90	5
5 Montague, Kelsey	SO Colorado Mesa	48.91	4
6 Cano, Osvaldo	SO Chadron State	49.09	3
7 Logsdon, Greg	SO Chadron State	49.11	2
8 Smallwood, AJ	FR Colorado Mesa	49.13	1
9 Kizewski, Bryce	SO Western Colorado	49.61	

Event 7 Women 800 Meter Run

9 Advance: Top 2 Each Heat plus Next 3 Best Times

=====
 RMAC Meet: R 2:09.37 4/29/2018 Roisin Flanagan, Adams State
 NCAA Prov: P 2:12.24 2022

Name	Year School	Prelims	H#
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Preliminaries

1 Kuipers, Michelle	SO Colo. Christian	P 2:11.61Q	1
1:07.021 (1:07.021)	2:11.602 (1:04.581)		
2 McAlindon, Courtney	JR Westminster (Utah)	P 2:11.80Q	3
1:04.485 (1:04.485)	2:11.800 (1:07.316)		
3 Simon, Jessica	SO Adams State	2:13.78Q	2
1:05.672 (1:05.672)	2:13.777 (1:08.106)		
4 Johnson, Josii	JR Westminster (Utah)	2:12.96Q	3
1:05.124 (1:05.124)	2:12.953 (1:07.830)		
5 O'Connor, Ava	FR Adams State	2:13.16Q	1
1:07.114 (1:07.114)	2:13.151 (1:06.038)		
6 Lawrence, Nicole	SO Adams State	2:13.83Q	2
1:05.952 (1:05.952)	2:13.826 (1:07.874)		
7 Dykstra, Erica	JR Black Hills St.	2:14.80q	3
1:05.715 (1:05.715)	2:14.792 (1:09.078)		
8 Fankhouser, Katie	SO Fort Lewis	2:15.44q	1
1:07.301 (1:07.301)	2:15.431 (1:08.131)		
9 Worline, Emily	JR Westminster (Utah)	2:16.01q	2
1:05.753 (1:05.753)	2:16.008 (1:10.255)		
10 Hewitt, Michela	SO Uc-Colo. Spgs.	2:16.44	3
1:05.584 (1:05.584)	2:16.435 (1:10.851)		
11 Sargent, Saylor	SR Fort Lewis	2:16.52	2
1:05.962 (1:05.962)	2:16.512 (1:10.551)		

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....Event 7 Women 800 Meter Run

12 Mohan, Abbey	SO Western Colorado	2:16.55	1
1:08.395 (1:08.395)	2:16.549 (1:08.154)		
13 Holland, Taylor	SO Csu-Pueblo	2:18.01	1
1:08.686 (1:08.686)	2:18.006 (1:09.320)		
14 Wilkie, Hannah	FR Chadron State	2:20.99	3
1:06.698 (1:06.698)	2:20.989 (1:14.292)		
15 Bindert, Elizabeth	SO Uc-Colo. Spgs.	2:21.30	2
1:07.567 (1:07.567)	2:21.293 (1:13.726)		
16 Ellis, Benisa	SO Colo. Christian	2:21.34	3
1:07.389 (1:07.389)	2:21.336 (1:13.947)		
17 Lovato, Faith	SO N.M. Highlands	2:24.73	1
1:08.896 (1:08.896)	2:24.727 (1:15.832)		
18 Brennan, Jillian	FR Black Hills St.	2:26.87	3
1:09.168 (1:09.168)	2:26.866 (1:17.698)		
19 Street, Audrynn	FR Msu Denver	2:27.64	2
1:08.967 (1:08.967)	2:27.638 (1:18.672)		
20 Pacheco, Nieves	JR N.M. Highlands	2:27.99	1
1:09.924 (1:09.924)	2:27.987 (1:18.063)		
21 Saline, Abbie	FR South Dakota Mines	2:29.88	2
1:12.260 (1:12.260)	2:29.875 (1:17.616)		
22 Mena, Sophia	FR Fort Lewis	2:30.47	3
1:10.548 (1:10.548)	2:30.465 (1:19.917)		
23 Wilson, Adeline	FR South Dakota Mines	2:33.85	2
1:14.261 (1:14.261)	2:33.845 (1:19.584)		

Event 7 Women 800 Meter Run

=====
 RMAC Meet: R 2:09.37 4/29/2018 Roisin Flanagan, Adams State
 NCAA Prov: P 2:12.24 2022

Name Year School Finals Points
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Finals

1 O'Connor, Ava	FR Adams State	2:09.08R	10	RMAC Record
1:04.471 (1:04.471)	2:09.076 (1:04.606)			
2 Simon, Jessica	SO Adams State	2:10.67P	8	
1:04.653 (1:04.653)	2:10.669 (1:06.016)			
3 Johnson, Josii	JR Westminster (Utah)	2:11.76P	6	
1:03.939 (1:03.939)	2:11.752 (1:07.813)			
4 Dykstra, Erica	JR Black Hills St.	2:13.92	5	
1:04.757 (1:04.757)	2:13.917 (1:09.160)			
5 Lawrence, Nicole	SO Adams State	2:14.36	4	
1:05.493 (1:05.493)	2:14.355 (1:08.863)			
6 Kuipers, Michelle	SO Colo. Christian	2:16.18	3	
1:06.287 (1:06.287)	2:16.172 (1:09.885)			
7 McAlindon, Courtney	JR Westminster (Utah)	2:16.36	2	
1:04.308 (1:04.308)	2:16.355 (1:12.047)			
8 Worline, Emily	JR Westminster (Utah)	2:16.49	1	
1:04.495 (1:04.495)	2:16.487 (1:11.992)			
9 Fankouser, Katie	SO Fort Lewis	2:25.50		
1:06.772 (1:06.772)	2:25.494 (1:18.722)			

2022 RMAC Outdoor Championships - 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****Event 8 Men 800 Meter Run****9 Advance: Top 2 Each Heat plus Next 3 Best Times**

=====				
RMAC Meet: R 1:48.34 4/29/2018 Thomas Staines, CSU-Pueblo				
NCAA Prov: P 1:51.64 2022				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Urban, Aiden		SR Westminster (Utah)	1:53.66Q	1
	55.751 (55.751)	1:53.659 (57.909)		
2 Nowlen, Nick		JR Msu Denver	1:54.19Q	3
	57.797 (57.797)	1:54.183 (56.387)		
3 Tipton, Kaleb		SO Csu-Pueblo	1:54.85Q	2
	58.665 (58.665)	1:54.848 (56.183)		
4 O'Keefe, Andrew		SO Adams State	1:54.38Q	3
	57.599 (57.599)	1:54.372 (56.773)		
5 Maline, Alex		FR Colorado Mines	1:54.84Q	1
	55.645 (55.645)	1:54.838 (59.194)		
6 Bodner, Brandon		SR Msu Denver	1:55.37Q	2
	58.798 (58.798)	1:55.364 (56.566)		
7 Moravec, Logan		SO Chadron State	1:54.96q	3
	57.461 (57.461)	1:54.960 (57.499)		
8 Outler, Ryan		SO Western Colorado	1:55.75q	2
	58.955 (58.955)	1:55.743 (56.789)		
9 Killooy, Jeremy		FR Western Colorado	1:56.23q	1
	56.369 (56.369)	1:56.229 (59.861)		
10 Day, Aidan		SO Colo. Christian	1:56.36	2
	59.174 (59.174)	1:56.352 (57.179)		
11 Stice, Colton		SO Western Colorado	1:57.23	1
	56.502 (56.502)	1:57.229 (1:00.728)		
12 Burrough, Brady		FR Fort Lewis	1:57.75	1
	57.026 (57.026)	1:57.741 (1:00.716)		
13 Hamilton, Joey		FR Uc-Colo. Spgs.	1:58.71	2
	59.208 (59.208)	1:58.703 (59.495)		
14 Valdez, Jacob		JR Colorado Mesa	1:58.72	3
	58.021 (58.021)	1:58.712 (1:00.691)		
15 James, Tanner		SO Colo. Christian	1:58.74	1
	57.013 (57.013)	1:58.740 (1:01.728)		
16 Busche, Aaron		SO Fort Lewis	1:59.52	3
	58.346 (58.346)	1:59.520 (1:01.175)		
17 Abade, Abdi		FR Adams State	2:00.38	3
	58.757 (58.757)	2:00.378 (1:01.622)		
18 Schauer, Ty		SO Msu Denver	2:01.91	2
	1:00.159 (1:00.159)	2:01.901 (1:01.743)		
19 Gilfillan, Thomas		SO Msu Denver	2:02.37	3
	58.629 (58.629)	2:02.366 (1:03.737)		
20 Braden, Drew		FR Uc-Colo. Spgs.	2:02.75	2
	1:00.298 (1:00.298)	2:02.742 (1:02.445)		
21 Kearney, Travis		FR Fort Lewis	2:04.98	2
	1:00.926 (1:00.926)	2:04.977 (1:04.052)		
22 Purviance, Zach		FR Chadron State	2:05.53	1
	57.405 (57.405)	2:05.522 (1:08.117)		
23 Victorino, Javier		SO Fort Lewis	2:07.98	3
	59.612 (59.612)	2:07.978 (1:08.367)		
-- Gebhardt, Andrew		FR Colorado Mines	DNS	1

2022 RMAC Outdoor Championships - 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****Event 8 Men 800 Meter Run**

=====

RMAC Meet: R 1:48.34 4/29/2018 Thomas Staines, CSU-Pueblo

NCAA Prov: P 1:51.64 2022

Name Year School Finals Points

=====

Finals

1	Tipton, Kaleb	SO Csu-Pueblo	1:50.43P	10
	53.627 (53.627)	1:50.427 (56.800)		
2	O'Keefe, Andrew	SO Adams State	1:50.87P	8
	53.847 (53.847)	1:50.861 (57.014)		
3	Bodner, Brandon	SR Msu Denver	1:51.70	6
	53.979 (53.979)	1:51.692 (57.714)		
4	Maline, Alex	FR Colorado Mines	1:52.46	5
	54.092 (54.092)	1:52.460 (58.368)		
5	Nowlen, Nick	JR Msu Denver	1:54.46	4
	54.255 (54.255)	1:54.458 (1:00.203)		
6	Moravec, Logan	SO Chadron State	1:54.81	3
	55.452 (55.452)	1:54.809 (59.357)		
7	Outler, Ryan	SO Western Colorado	2:00.57	2
	56.157 (56.157)	2:00.562 (1:04.405)		
8	Killoy, Jeremy	FR Western Colorado	2:02.47	1
	56.938 (56.938)	2:02.461 (1:05.523)		
9	Urban, Aiden	SR Westminster (Utah)	2:03.60	
	54.562 (54.562)	2:03.593 (1:09.031)		

Event 9 Women 1500 Meter Run**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

=====

RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western S

NCAA Prov: P 4:32.67 2022

Name Year School Prelims H#

=====

Preliminaries

1	McAlindon, Courtney	JR Westminster (Utah)	4:42.47Q	1
	1:03.068 (1:03.068)	2:20.118 (1:17.050)	3:33.355 (1:13.238)	4:42.463 (1:09.108)
2	Almasri, Layla	SR Uc-Colo. Spgs.	4:44.28Q	2
	59.267 (59.267)	2:17.834 (1:18.567)	3:33.440 (1:15.607)	4:44.272 (1:10.832)
3	McGrath, Riley	SO Uc-Colo. Spgs.	4:42.80Q	1
	1:02.026 (1:02.026)	2:19.973 (1:17.948)	3:33.510 (1:13.537)	4:42.800 (1:09.290)
4	Hedlund, Kate	SO Uc-Colo. Spgs.	4:45.15Q	2
	58.710 (58.710)	2:17.412 (1:18.702)	3:33.031 (1:15.620)	4:45.144 (1:12.113)
5	Hykes, Morgan	SO Adams State	4:43.10Q	1
	1:02.549 (1:02.549)	2:20.349 (1:17.801)	3:33.766 (1:13.417)	4:43.098 (1:09.333)
6	Hawkins, Fiona	FR Adams State	4:45.44Q	2
	59.149 (59.149)	2:17.982 (1:18.834)	3:33.176 (1:15.194)	4:45.440 (1:12.264)
7	Wills, Sarah	SR Adams State	4:44.09Q	1
	1:03.099 (1:03.099)	2:20.635 (1:17.537)	3:34.138 (1:13.503)	4:44.081 (1:09.944)
8	Fankhouser, Katie	SO Fort Lewis	4:46.71Q	2
	59.553 (59.553)	2:17.659 (1:18.106)	3:33.248 (1:15.590)	4:46.708 (1:13.460)
9	Robinson, Precious	SO Adams State	4:45.16q	1
	1:02.841 (1:02.841)	2:20.613 (1:17.772)	3:34.864 (1:14.251)	4:45.155 (1:10.291)
10	Doucette, Katie	SO Western Colorado	4:47.38q	1
	1:02.814 (1:02.814)	2:20.404 (1:17.591)	3:34.566 (1:14.162)	4:47.377 (1:12.812)
11	Baker, Zoe	SO Colorado Mines	4:48.28q	2
	58.978 (58.978)	2:17.608 (1:18.631)	3:33.450 (1:15.843)	4:48.277 (1:14.827)

2022 RMAC Outdoor Championships - 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 9 Women 1500 Meter Run

12 Lindquist, Ruby	JR Black Hills St.	4:49.31q	2		
59.406 (59.406)	2:17.964 (1:18.559)	3:33.674 (1:15.710)	4:49.303 (1:15.629)		
13 Dorion, Amalia	SO Adams State	4:49.66	1		
1:03.583 (1:03.583)	2:20.154 (1:16.571)	3:36.130 (1:15.977)	4:49.655 (1:13.525)		
14 Fauske, Anna	FR Uc-Colo. Spgs.	4:50.35	1		
1:03.215 (1:03.215)	2:20.913 (1:17.699)	3:36.862 (1:15.949)	4:50.348 (1:13.486)		
15 Kuipers, Michelle	SO Colo. Christian	4:50.88	2		
59.832 (59.832)	2:18.635 (1:18.804)	3:36.280 (1:17.645)	4:50.871 (1:14.592)		
16 MacGill, Kira	FR Colorado Mesa	4:53.58	2		
59.612 (59.612)	2:18.160 (1:18.549)	3:36.816 (1:18.656)	4:53.576 (1:16.760)		
17 Slattum, Gretchen	FR Western Colorado	4:59.79	1		
1:03.474 (1:03.474)	2:20.657 (1:17.184)	3:36.625 (1:15.968)	4:59.790 (1:23.166)		
18 Lovato, Faith	SO N.M. Highlands	5:03.99	2		
1:00.055 (1:00.055)	2:18.268 (1:18.214)	3:35.810 (1:17.543)	5:03.990 (1:28.181)		
19 Thomas, Margot	FR Csu-Pueblo	5:06.15	1	5:06.142	
1:02.261 (1:02.261)	2:20.304 (1:18.044)	3:40.188 (1:19.884)	5:06.142 (1:25.955)		
20 Rycenga, Kelsey	SO Uc-Colo. Spgs.	5:06.15	2	5:06.147	
1:00.186 (1:00.186)	2:19.079 (1:18.894)	3:40.964 (1:21.886)	5:06.147 (1:25.183)		
21 Curley, Angel	JR Fort Lewis	5:10.51	1		
1:03.443 (1:03.443)	2:21.554 (1:18.112)	3:44.889 (1:23.335)	5:10.501 (1:25.612)		
22 Ketner, Callie	SO Colo. Christian	5:11.07	2		
1:00.373 (1:00.373)	2:18.431 (1:18.059)	3:39.778 (1:21.347)	5:11.068 (1:31.290)		
23 Ellis, Benisa	SO Colo. Christian	5:12.72	1		
1:03.314 (1:03.314)	2:21.851 (1:18.538)	3:46.521 (1:24.671)	5:12.714 (1:26.193)		
24 Johnson, Jaden	FR Adams State	5:16.83	2		
59.936 (59.936)	2:20.121 (1:20.185)	3:46.876 (1:26.756)	5:16.821 (1:29.945)		

Event 9 Women 1500 Meter Run

=====
 RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western State
 NCAA Prov: P 4:32.67 2022

=====
 Name Year School Finals Points
 =====

Finals

1 McAlindon, Courtney	JR Westminster (Utah)	4:35.34	10		
1:00.566 (1:00.566)	2:15.628 (1:15.062)	3:28.613 (1:12.986)	4:35.337 (1:06.724)		
2 Hykes, Morgan	SO Adams State	4:35.49	8		
1:00.392 (1:00.392)	2:15.837 (1:15.445)	3:28.928 (1:13.092)	4:35.483 (1:06.556)		
3 McGrath, Riley	SO Uc-Colo. Spgs.	4:35.81	6		
1:00.795 (1:00.795)	2:15.903 (1:15.108)	3:28.724 (1:12.822)	4:35.803 (1:07.079)		
4 Almasri, Layla	SR Uc-Colo. Spgs.	4:37.27	5		
1:00.681 (1:00.681)	2:16.189 (1:15.508)	3:28.910 (1:12.721)	4:37.264 (1:08.354)		
5 Doucette, Katie	SO Western Colorado	4:38.09	4		
1:00.332 (1:00.332)	2:16.103 (1:15.772)	3:29.462 (1:13.359)	4:38.087 (1:08.625)		
6 Hawkins, Fiona	FR Adams State	4:38.15	3		
1:00.501 (1:00.501)	2:15.499 (1:14.998)	3:28.962 (1:13.463)	4:38.150 (1:09.188)		
7 Hedlund, Kate	SO Uc-Colo. Spgs.	4:38.51	2		
1:00.826 (1:00.826)	2:16.220 (1:15.394)	3:29.618 (1:13.399)	4:38.510 (1:08.893)		
8 Wills, Sarah	SR Adams State	4:39.29	1		
1:00.650 (1:00.650)	2:15.650 (1:15.000)	3:29.218 (1:13.569)	4:39.288 (1:10.071)		
9 Baker, Zoe	SO Colorado Mines	4:39.62			
1:00.709 (1:00.709)	2:15.327 (1:14.619)	3:29.432 (1:14.105)	4:39.617 (1:10.186)		
10 Robinson, Precious	SO Adams State	4:42.11			
1:00.478 (1:00.478)	2:15.949 (1:15.472)	3:29.854 (1:13.906)	4:42.109 (1:12.256)		

2022 RMAC Outdoor Championships - 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 9 Women 1500 Meter Run

11 Fankhouser, Katie	SO Fort Lewis	4:49.59		
1:00.409 (1:00.409)	2:15.644 (1:15.235)	3:29.970 (1:14.327)	4:49.581 (1:19.611)	
-- Lindquist, Ruby	JR Black Hills St.	DNS		

Event 10 Men 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

=====
 RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State

NCAA Prov: P 3:49.99 2022

Name	Year School	Prelims	H#		
=====					
Preliminaries					
1 Outler, Ryan	SO Western Colorado	4:00.06Q	1		
48.871 (48.871)	1:53.621 (1:04.750)	2:58.961 (1:05.340)	4:00.052 (1:01.091)		
2 Osowski, Keith	SR Black Hills St.	4:07.29Q	2		
53.242 (53.242)	2:07.287 (1:14.045)	3:09.019 (1:01.733)	4:07.281 (58.262)		
3 Paiz, Mikah	SO Adams State	4:00.87Q	1		
48.712 (48.712)	1:53.810 (1:05.098)	2:59.195 (1:05.386)	4:00.862 (1:01.667)		
4 Graff, Evan	JR Uc-Colo. Spgs.	4:07.30Q	2		
53.507 (53.507)	2:07.180 (1:13.673)	3:09.192 (1:02.013)	4:07.291 (58.100)		
5 Julian, Luke	JR Colorado Mines	4:00.94Q	1		
49.034 (49.034)	1:53.956 (1:04.923)	2:59.326 (1:05.370)	4:00.931 (1:01.606)		
6 Kelati, Simon	SO Western Colorado	4:07.67Q	2		
53.379 (53.379)	2:06.960 (1:13.581)	3:08.811 (1:01.852)	4:07.666 (58.855)		
7 Dervin, Mitchell	JR Adams State	4:02.26Q	1		
48.409 (48.409)	1:53.595 (1:05.187)	2:59.517 (1:05.922)	4:02.257 (1:02.740)		
8 Franzmair, Nikolaus	SO Csu-Pueblo	4:07.81Q	2		
53.543 (53.543)	2:07.390 (1:13.848)	3:09.238 (1:01.848)	4:07.802 (58.564)		
9 Bracher, Chase	JR Colo. Christian	4:03.89q	1		
47.729 (47.729)	1:52.880 (1:05.152)	2:59.463 (1:06.583)	4:03.886 (1:04.424)		
10 Majeski, Hudson	SO Colo. Christian	4:08.52q	2		
52.979 (52.979)	2:06.901 (1:13.923)	3:09.430 (1:02.529)	4:08.512 (59.082)		
11 Hall, Alec	SR Adams State	4:08.71q	1		
49.203 (49.203)	1:54.526 (1:05.324)	3:02.479 (1:07.954)	4:08.702 (1:06.223)		
12 Neufeld-Griffin, Connor	SR Adams State	4:08.97q	2		
53.135 (53.135)	2:06.805 (1:13.671)	3:09.162 (1:02.357)	4:08.969 (59.808)		
13 Mettler, Matthew	FR Colorado Mines	4:10.23	2		
53.007 (53.007)	2:07.070 (1:14.064)	3:08.842 (1:01.773)	4:10.228 (1:01.386)		
14 Perez, Elias	FR Adams State	4:10.76	2		
53.257 (53.257)	2:07.196 (1:13.939)	3:08.979 (1:01.783)	4:10.753 (1:01.775)		
15 Scott, Aidan	FR Western Colorado	4:12.04	2		
53.701 (53.701)	2:07.453 (1:13.752)	3:09.478 (1:02.025)	4:12.037 (1:02.560)		
16 Jirele, Patrick	FR Western Colorado	4:14.75	1		
49.428 (49.428)	1:54.987 (1:05.560)	3:05.238 (1:10.252)	4:14.742 (1:09.505)		
17 Vance, Alexander	SO Colo. Christian	4:19.02	1		
47.963 (47.963)	1:53.299 (1:05.337)	3:02.421 (1:09.122)	4:19.012 (1:16.592)		
18 Hentschel, Zach	FR South Dakota Mines	4:21.01	2		
53.785 (53.785)	2:07.639 (1:13.854)	3:11.947 (1:04.308)	4:21.002 (1:09.056)		
19 Avery, Garrett	SO Chadron State	4:22.09	1		
49.625 (49.625)	1:56.999 (1:07.375)	3:10.848 (1:13.849)	4:22.090 (1:11.242)		
20 McDaniel, Justin	FR Msu Denver	4:28.71	1		
50.136 (50.136)	1:58.962 (1:08.827)	3:12.766 (1:13.805)	4:28.710 (1:15.944)		
21 Kutcher, Josh	SO Adams State	4:30.38	2		
53.451 (53.451)	2:07.678 (1:14.227)	3:16.674 (1:08.996)	4:30.378 (1:13.704)		

2022 RMAC Outdoor Championships - 5/1/2022
Colorado State University Pueblo
CSUP ThunderBowl
Results

....Event 10 Men 1500 Meter Run

-- Coca, Miguel JR Adams State DNF 1
 47.419 (47.419) 1:52.454 (1:05.036) 2:57.793 (1:05.339)

Event 10 Men 1500 Meter Run

=====
 RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State
 NCAA Prov: P 3:49.99 2022

Name Year School Finals Points
 =====

Finals

1	Julian, Luke	JR Colorado Mines	3:50.18	10
	47.491 (47.491)	1:50.957 (1:03.467)	2:52.073 (1:01.116)	3:50.177 (58.105)
2	Graff, Evan	JR Uc-Colo. Spgs.	3:50.78	8
	46.444 (46.444)	1:50.622 (1:04.178)	2:51.864 (1:01.242)	3:50.773 (58.910)
3	Kelati, Simon	SO Western Colorado	3:51.85	6
	46.763 (46.763)	1:50.500 (1:03.738)	2:51.452 (1:00.952)	3:51.842 (1:00.390)
4	Dervin, Mitchell	JR Adams State	3:52.15	5
	47.117 (47.117)	1:50.831 (1:03.715)	2:52.254 (1:01.423)	3:52.143 (59.890)
5	Osowski, Keith	SR Black Hills St.	3:53.82	4
	47.266 (47.266)	1:51.230 (1:03.965)	2:53.193 (1:01.963)	3:53.814 (1:00.622)
6	Outler, Ryan	SO Western Colorado	3:54.77	3
	46.227 (46.227)	1:50.359 (1:04.133)	2:51.661 (1:01.303)	3:54.762 (1:03.101)
7	Franzmair, Nikolaus	SO Csu-Pueblo	3:55.00	2
	46.597 (46.597)	1:50.757 (1:04.160)	2:51.953 (1:01.196)	3:54.991 (1:03.038)
8	Paiz, Mikah	SO Adams State	3:56.19	1
	47.052 (47.052)	1:51.145 (1:04.094)	2:53.645 (1:02.500)	3:56.181 (1:02.536)
9	Majeski, Hudson	SO Colo. Christian	3:57.44	
	47.618 (47.618)	1:51.511 (1:03.894)	2:53.787 (1:02.276)	3:57.435 (1:03.649)
10	Neufeld-Griffin, Connor	SR Adams State	3:57.85	
	46.897 (46.897)	1:51.304 (1:04.407)	2:54.194 (1:02.891)	3:57.847 (1:03.654)
11	Bracher, Chase	JR Colo. Christian	3:59.06	
	47.369 (47.369)	1:51.480 (1:04.111)	2:53.446 (1:01.966)	3:59.053 (1:05.607)
12	Hall, Alec	SR Adams State	3:59.52	
	46.656 (46.656)	1:50.695 (1:04.040)	2:53.017 (1:02.322)	3:59.514 (1:06.497)

Event 13 Women 5000 Meter Run

=====
 RMAC Meet: R 17:03.86 1999 Kim Bosen, Adams State
 NCAA Prov: P 17:08.52 2022

Name Year School Finals Points
 =====

1	Almasri, Layla	SR Uc-Colo. Spgs.	17:26.37	10
	43.203 (43.203)	2:09.455 (1:26.252)	3:35.170 (1:25.716)	5:02.109 (1:26.939)
	6:26.826 (1:24.718)	7:47.163 (1:20.337)	9:11.498 (1:24.336)	10:37.152 (1:25.654)
	12:03.134 (1:25.982)	13:26.788 (1:23.655)	14:50.908 (1:24.120)	16:14.228 (1:23.320)
	17:26.365 (1:12.138)			
2	Baker, Zoe	SO Colorado Mines	17:30.20	8
	43.062 (43.062)	2:09.311 (1:26.250)	3:34.918 (1:25.608)	5:01.788 (1:26.870)
	6:26.442 (1:24.654)	7:46.875 (1:20.433)	9:11.237 (1:24.363)	10:36.844 (1:25.607)
	12:02.842 (1:25.999)	13:26.502 (1:23.660)	14:50.600 (1:24.098)	16:13.922 (1:23.323)
	17:30.195 (1:16.273)			

2022 RMAC Outdoor Championships - 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****....Event 13 Women 5000 Meter Run**

3	Molina, Alliyah	SO Msu Denver	17:54.77	6
	43.964 (43.964)	2:10.177 (1:26.213)	3:35.870 (1:25.693)	5:02.571 (1:26.702)
	6:27.926 (1:25.355)	7:55.559 (1:27.634)	9:23.857 (1:28.298)	10:52.240 (1:28.384)
	12:20.411 (1:28.171)	13:48.575 (1:28.164)	15:14.336 (1:25.762)	16:39.604 (1:25.268)
	17:54.767 (1:15.164)			
4	Strouse, Brin	FR Colorado Mines	17:59.35	5
	43.363 (43.363)	2:09.567 (1:26.204)	3:35.206 (1:25.640)	5:02.060 (1:26.854)
	6:26.786 (1:24.726)	7:48.118 (1:21.332)	9:13.797 (1:25.680)	10:41.037 (1:27.240)
	12:10.136 (1:29.099)	13:40.553 (1:30.417)	15:11.536 (1:30.983)	16:39.636 (1:28.101)
	17:59.344 (1:19.708)			
5	Parsons, Lindsay	SR Colorado Mesa	18:10.51	4
	44.199 (44.199)	2:09.845 (1:25.647)	3:35.547 (1:25.703)	5:02.422 (1:26.875)
	6:27.432 (1:25.011)	7:52.326 (1:24.894)	9:19.941 (1:27.616)	10:48.858 (1:28.917)
	12:17.296 (1:28.439)	13:45.771 (1:28.475)	15:14.249 (1:28.478)	16:44.293 (1:30.045)
	18:10.506 (1:26.214)			
6	Dorion, Amalia	SO Adams State	18:17.47	3
	43.687 (43.687)	2:09.637 (1:25.950)	3:35.354 (1:25.718)	5:02.222 (1:26.868)
	6:27.183 (1:24.962)	7:54.298 (1:27.116)	9:23.219 (1:28.921)	10:52.072 (1:28.854)
	12:20.254 (1:28.182)	13:49.314 (1:29.061)	15:22.217 (1:32.903)	16:52.995 (1:30.779)
	18:17.469 (1:24.475)			
7	McDonald, Sophie	SR Westminster (Utah)	18:25.60	2
	44.529 (44.529)	2:10.057 (1:25.528)	3:35.624 (1:25.568)	5:02.380 (1:26.756)
	6:28.092 (1:25.712)	7:55.886 (1:27.795)	9:25.638 (1:29.752)	10:55.317 (1:29.680)
	12:27.271 (1:31.954)	13:59.212 (1:31.942)	15:31.416 (1:32.205)	17:02.138 (1:30.722)
	18:25.599 (1:23.462)			
8	Kort, Vanessa	JR Msu Denver	18:33.32	1
	43.587 (43.587)	2:09.873 (1:26.287)	3:35.792 (1:25.919)	5:02.754 (1:26.962)
	6:28.326 (1:25.573)	7:55.738 (1:27.413)	9:25.692 (1:29.955)	10:55.274 (1:29.582)
	12:27.132 (1:31.859)	13:59.821 (1:32.689)	15:32.935 (1:33.114)	17:07.224 (1:34.290)
	18:33.320 (1:26.096)			
9	Thiros, Alexia	SR Western Colorado	18:39.77	
	42.647 (42.647)	2:09.069 (1:26.423)	3:35.051 (1:25.982)	5:01.966 (1:26.916)
	6:27.650 (1:25.684)	7:55.326 (1:27.677)	9:25.370 (1:30.045)	10:57.466 (1:32.096)
	12:31.496 (1:34.030)	14:05.293 (1:33.797)	15:39.311 (1:34.019)	17:13.678 (1:34.367)
	18:39.765 (1:26.088)			
10	Goodrich, Rachel	FR Uc-Colo. Spgs.	19:01.29	
	44.424 (44.424)	2:12.151 (1:27.728)	3:40.377 (1:28.226)	5:13.605 (1:33.229)
	6:47.596 (1:33.992)	8:20.160 (1:32.564)	9:52.091 (1:31.931)	11:24.712 (1:32.622)
	12:57.263 (1:32.551)	14:30.070 (1:32.807)	16:03.163 (1:33.093)	17:35.639 (1:32.477)
	19:01.288 (1:25.650)			
11	Curley, Angel	JR Fort Lewis	19:20.29	
	44.570 (44.570)	2:10.400 (1:25.831)	3:36.477 (1:26.077)	5:03.263 (1:26.786)
	6:33.126 (1:29.864)	8:08.124 (1:34.998)	9:44.246 (1:36.123)	11:22.342 (1:38.096)
	12:59.377 (1:37.036)	14:37.422 (1:38.045)	16:15.566 (1:38.144)	17:51.305 (1:35.740)
	19:20.284 (1:28.979)			
12	Morales, Paige	SO Adams State	19:27.98	
	44.841 (44.841)	2:10.553 (1:25.713)	3:40.095 (1:29.543)	5:13.319 (1:33.224)
	6:47.311 (1:33.992)	8:20.429 (1:33.118)	9:53.387 (1:32.959)	11:31.462 (1:38.075)
	13:08.547 (1:37.086)	14:45.641 (1:37.094)	16:22.700 (1:37.059)	17:58.782 (1:36.083)
	19:27.980 (1:29.199)			

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....Event 13 Women 5000 Meter Run

13 Leslie, Jewels	FR N.M. Highlands	20:01.23
45.171 (45.171)	2:12.462 (1:27.292)	3:40.725 (1:28.263) 5:13.934 (1:33.210)
6:47.908 (1:33.974)	8:20.695 (1:32.788)	9:56.914 (1:36.220) 11:38.479 (1:41.565)
13:21.101 (1:42.623)	14:59.668 (1:38.567)	16:39.816 (1:40.148) 18:21.756 (1:41.941)
20:01.223 (1:39.467)		
14 Shoemaker, Maddy	SO Fort Lewis	20:44.03
44.938 (44.938)	2:12.739 (1:27.802)	3:41.018 (1:28.279) 5:15.093 (1:34.076)
6:53.832 (1:38.739)	8:37.276 (1:43.445)	10:21.715 (1:44.440) 12:07.286 (1:45.571)
13:52.107 (1:44.822)	15:37.316 (1:45.209)	17:22.045 (1:44.730) 19:06.739 (1:44.695)
20:44.021 (1:37.282)		
-- King, Shannon	SO Colo. Christian	DNS
-- Maksin, Molly	SO Colorado Mines	DNS
-- Tack, Paige	SO Colo. Christian	DNS
-- MacGill, Kira	FR Colorado Mesa	DNS
-- Bassett, Sarah	SO Uc-Colo. Spgs.	DNS
-- McGrath, Riley	SO Uc-Colo. Spgs.	DNS
-- Slattum, Gretchen	FR Western Colorado	DNS

Event 14 Men 5000 Meter Run

=====					
RMAC Meet: R	14:28.15	4/28/2019	Marcelo Laguera,	CSU-Pueblo	
NCAA Prov: P	14:25.65	2022			
Name	Year	School	Finals	Points	
=====					
1 Zeru, Afewerki	JR	Uc-Colo. Spgs.	14:14.40P	10	RMAC Record
34.377 (34.377)	1:44.291 (1:09.915)	2:53.354 (1:09.063)	4:01.696 (1:08.343)		
5:06.575 (1:04.879)	6:13.010 (1:06.435)	7:20.342 (1:07.332)	8:29.160 (1:08.818)		
9:38.904 (1:09.745)	10:48.760 (1:09.857)	11:58.970 (1:10.210)	13:09.288 (1:10.318)		
14:14.396 (1:05.108)					
2 Fuehne, Duncan	SO	Colorado Mines	14:29.04	8	
33.357 (33.357)	1:43.677 (1:10.320)	2:53.226 (1:09.550)	4:03.081 (1:09.855)		
5:10.976 (1:07.895)	6:20.595 (1:09.620)	7:30.456 (1:09.862)	8:41.092 (1:10.637)		
9:52.482 (1:11.390)	11:03.411 (1:10.930)	12:13.896 (1:10.485)	13:23.318 (1:09.422)		
14:29.038 (1:05.720)					
3 Michael, Cade	SR	Western Colorado	14:35.66	6	
34.578 (34.578)	1:44.947 (1:10.369)	2:54.547 (1:09.601)	4:04.481 (1:09.934)		
5:12.878 (1:08.397)	6:22.676 (1:09.799)	7:34.064 (1:11.388)	8:46.753 (1:12.689)		
9:58.980 (1:12.228)	11:10.038 (1:11.059)	12:21.912 (1:11.874)	13:32.801 (1:10.889)		
14:35.660 (1:02.860)					
4 Scomparin, Loic	SO	Colorado Mines	14:35.97	5	
33.502 (33.502)	1:43.927 (1:10.425)	2:53.467 (1:09.541)	4:03.194 (1:09.727)		
5:12.019 (1:08.825)	6:21.267 (1:09.249)	7:31.633 (1:10.366)	8:44.162 (1:12.529)		
9:58.534 (1:14.373)	11:11.120 (1:12.587)	12:23.822 (1:12.702)	13:33.336 (1:09.515)		
14:35.966 (1:02.630)					
5 Goldy, Steven	JR	Colorado Mines	14:38.40	4	
34.722 (34.722)	1:44.558 (1:09.836)	2:53.636 (1:09.078)	4:03.450 (1:09.815)		
5:11.448 (1:07.998)	6:20.764 (1:09.316)	7:30.122 (1:09.359)	8:40.835 (1:10.714)		
9:53.008 (1:12.173)	11:06.320 (1:13.313)	12:20.153 (1:13.834)	13:33.783 (1:13.630)		
14:38.399 (1:04.616)					
6 Cathcart, Chris	JR	Colorado Mines	14:40.51	3	
32.806 (32.806)	1:43.088 (1:10.282)	2:52.671 (1:09.584)	4:02.844 (1:10.173)		
5:11.211 (1:08.368)	6:21.009 (1:09.798)	7:31.728 (1:10.720)	8:45.466 (1:13.739)		
9:58.339 (1:12.873)	11:10.274 (1:11.935)	12:22.163 (1:11.890)	13:33.606 (1:11.443)		
14:40.505 (1:06.899)					

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7 Vance, Alexander	SO Colo. Christian	14:45.37	2
34.404 (34.404)	1:45.868 (1:11.464)	2:55.598 (1:09.731)	4:06.218 (1:10.620)
5:14.762 (1:08.545)	6:26.710 (1:11.948)	7:38.111 (1:11.401)	8:48.096 (1:09.985)
9:59.282 (1:11.186)	11:09.802 (1:10.521)	12:22.485 (1:12.684)	13:35.946 (1:13.461)
14:45.370 (1:09.425)			
8 Johnson, William	SO Western Colorado	14:47.46	1
35.152 (35.152)	1:46.565 (1:11.414)	2:55.975 (1:09.410)	4:06.427 (1:10.453)
5:14.208 (1:07.781)	6:24.221 (1:10.014)	7:36.322 (1:12.102)	8:49.583 (1:13.261)
10:03.021 (1:13.439)	11:15.319 (1:12.299)	12:27.801 (1:12.482)	13:40.375 (1:12.575)
14:47.458 (1:07.083)			
9 Sams, Gabriel	SR Western Colorado	14:48.55	
34.154 (34.154)	1:44.711 (1:10.558)	2:54.344 (1:09.633)	4:04.272 (1:09.929)
5:12.631 (1:08.360)	6:23.661 (1:11.030)	7:34.283 (1:10.622)	8:47.059 (1:12.777)
10:01.958 (1:14.899)	11:17.987 (1:16.030)	12:33.464 (1:15.477)	13:44.288 (1:10.825)
14:48.541 (1:04.253)			
10 De La Cerda, Elijah	SO Adams State	14:50.24	
34.828 (34.828)	1:45.329 (1:10.501)	2:55.225 (1:09.897)	4:05.727 (1:10.503)
5:13.942 (1:08.215)	6:24.094 (1:10.153)	7:36.051 (1:11.958)	8:49.267 (1:13.216)
10:02.855 (1:13.589)	11:16.420 (1:13.566)	12:30.158 (1:13.738)	13:44.078 (1:13.920)
14:50.236 (1:06.158)			
11 Houdeshell, John	FR Western Colorado	14:50.37	
35.035 (35.035)	1:45.194 (1:10.159)	2:54.976 (1:09.782)	4:05.294 (1:10.319)
5:13.541 (1:08.247)	6:23.381 (1:09.840)	7:35.417 (1:12.037)	8:48.662 (1:13.246)
10:02.457 (1:13.795)	11:15.692 (1:13.235)	12:28.973 (1:13.282)	13:42.852 (1:13.879)
14:50.365 (1:07.513)			
12 Scott, Aidan	FR Western Colorado	14:52.92	
34.271 (34.271)	1:45.365 (1:11.094)	2:55.126 (1:09.762)	4:05.482 (1:10.357)
5:13.718 (1:08.236)	6:22.419 (1:08.701)	7:35.676 (1:13.258)	10:02.736 (2:27.060)
11:15.994 (1:13.258)	12:29.885 (1:13.892)	13:44.534 (1:14.649)	14:52.913 (1:08.380)
14:52.915 (0.003)			
13 Dunham, Tim	FR South Dakota Mines	15:07.51	
34.766 (34.766)	1:45.536 (1:10.771)	2:55.732 (1:10.197)	4:06.706 (1:10.974)
5:17.694 (1:10.989)	6:31.319 (1:13.625)	7:45.689 (1:14.371)	8:59.379 (1:13.690)
10:13.813 (1:14.434)	11:28.093 (1:14.281)	12:42.508 (1:14.415)	13:57.490 (1:14.982)
15:07.505 (1:10.015)			
14 Hernandez, Jacob	JR Western Colorado	15:07.78	
33.058 (33.058)	1:43.357 (1:10.299)	2:52.970 (1:09.613)	4:03.383 (1:10.414)
5:11.815 (1:08.432)	6:22.297 (1:10.482)	7:35.579 (1:13.283)	8:48.728 (1:13.150)
10:06.468 (1:17.740)	11:24.145 (1:17.677)	12:40.255 (1:16.111)	13:56.321 (1:16.066)
15:07.778 (1:11.458)			
15 Haile, Yonas	SO Adams State	15:14.56	
34.925 (34.925)	1:44.874 (1:09.949)	2:54.804 (1:09.931)	4:04.963 (1:10.159)
5:13.208 (1:08.245)	6:23.240 (1:10.033)	7:35.099 (1:11.859)	8:49.006 (1:13.907)
10:03.961 (1:14.956)	11:21.114 (1:17.154)	12:40.193 (1:19.079)	13:58.163 (1:17.971)
15:14.559 (1:16.396)			
16 Russo, Isaac	JR Colo. Christian	15:14.87	
34.549 (34.549)	1:45.582 (1:11.034)	2:55.390 (1:09.808)	4:05.961 (1:10.571)
5:14.507 (1:08.546)	6:27.283 (1:12.776)	7:44.530 (1:17.248)	9:01.485 (1:16.956)
10:19.696 (1:18.211)	11:35.580 (1:15.884)	12:51.228 (1:15.649)	14:07.749 (1:16.522)
15:14.864 (1:07.115)			

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Results

....Event 14 Men 5000 Meter Run

17 McCauley, Sean	FR Western Colorado	15:16.89			
34.649 (34.649)	1:46.395 (1:11.746)	2:56.306 (1:09.912)	4:07.562 (1:11.257)		
5:19.381 (1:11.819)	6:33.662 (1:14.282)	7:48.591 (1:14.929)	9:04.244 (1:15.654)		
10:20.399 (1:16.155)	11:36.717 (1:16.318)	12:53.071 (1:16.355)	14:09.412 (1:16.342)		
15:16.883 (1:07.471)					
18 Grabowski, Michael	JR Western Colorado	15:21.25			
35.292 (35.292)	1:46.284 (1:10.993)	2:56.608 (1:10.325)	4:07.804 (1:11.196)		
5:20.540 (1:12.736)	6:33.427 (1:12.888)	7:46.820 (1:13.393)	9:00.829 (1:14.010)		
10:15.068 (1:14.240)	11:31.194 (1:16.126)	12:48.083 (1:16.890)	14:06.208 (1:18.125)		
15:21.242 (1:15.034)					
19 Ramey, James	FR Msu Denver	15:30.78			
35.455 (35.455)	1:47.090 (1:11.636)	2:57.819 (1:10.729)	4:08.255 (1:10.437)		
5:20.746 (1:12.491)	6:33.929 (1:13.183)	7:48.848 (1:14.919)	9:04.502 (1:15.655)		
10:20.646 (1:16.145)	11:36.973 (1:16.327)	12:53.364 (1:16.392)	14:11.278 (1:17.915)		
15:30.778 (1:19.500)					
20 Orar, Aron	JR Adams State	15:36.31			
33.929 (33.929)	1:44.485 (1:10.556)	2:54.117 (1:09.633)	4:03.904 (1:09.787)		
5:12.425 (1:08.522)	6:23.561 (1:11.137)	7:38.716 (1:15.155)	8:56.239 (1:17.523)		
10:14.791 (1:18.553)	11:35.737 (1:20.946)	12:56.980 (1:21.243)	14:16.187 (1:19.207)		
15:36.309 (1:20.123)					
21 Meyer, Luke	JR Colo. Christian	15:42.61			
35.231 (35.231)	1:46.841 (1:11.610)	2:57.595 (1:10.755)	4:09.453 (1:11.859)		
5:23.315 (1:13.862)	6:39.112 (1:15.797)	7:56.168 (1:17.056)	9:13.381 (1:17.214)		
10:31.011 (1:17.631)	11:47.896 (1:16.885)	13:06.638 (1:18.742)	14:24.725 (1:18.088)		
15:42.606 (1:17.881)					
22 Majeski, Hudson	SO Colo. Christian	16:25.08			
35.729 (35.729)	1:47.390 (1:11.661)	2:58.695 (1:11.305)	4:13.036 (1:14.341)		
5:29.093 (1:16.057)	6:48.589 (1:19.496)	8:09.464 (1:20.876)	9:32.481 (1:23.018)		
10:57.117 (1:24.636)	12:20.878 (1:23.762)	13:44.793 (1:23.915)	15:05.138 (1:20.346)		
-- Graff, Evan	JR Uc-Colo. Spgs.	DNF			
33.652 (33.652)	1:44.191 (1:10.540)	2:53.863 (1:09.672)	4:03.275 (1:09.413)		
5:06.354 (1:03.079)					
-- Cochran, Trent	SO Colo. Christian	DNS			

Event 15 Women 10000 Meter Run

=====
 RMAC Meet: R 35:59.10 2001 Jodi Day, Western State

NCAA Prov: P 36:36.59 2022

Name Year School Finals Points

1 Ellis, Hannah	JR Uc-Colo. Spgs.	39:36.71	10
1:45.067 (1:45.067)	3:28.491 (1:43.425)	5:11.190 (1:42.700)	6:52.449 (1:41.259)
8:30.171 (1:37.723)	10:08.663 (1:38.492)	11:47.689 (1:39.027)	13:27.217 (1:39.528)
15:08.584 (1:41.368)	16:50.118 (1:41.534)	18:29.976 (1:39.859)	20:08.316 (1:38.340)
21:43.240 (1:34.924)	23:14.962 (1:31.723)	24:46.652 (1:31.690)	26:19.470 (1:32.818)
27:54.026 (1:34.556)	29:25.714 (1:31.689)	30:58.989 (1:33.276)	32:30.104 (1:31.115)
34:02.032 (1:31.928)	35:33.180 (1:31.149)	36:59.935 (1:26.756)	38:23.351 (1:23.416)
39:36.701 (1:13.351)			

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2	Pauley, Claire	JR Csu-Pueblo	39:41.09	8
	1:44.486 (1:44.486)	3:27.922 (1:43.436)	5:10.655 (1:42.734)	6:51.878 (1:41.223)
	8:29.653 (1:37.776)	10:08.253 (1:38.600)	11:47.080 (1:38.828)	13:26.670 (1:39.590)
	15:07.986 (1:41.316)	16:49.555 (1:41.570)	18:29.393 (1:39.838)	20:08.590 (1:39.198)
	21:43.489 (1:34.899)	23:15.462 (1:31.974)	24:47.267 (1:31.805)	26:20.071 (1:32.804)
	27:54.296 (1:34.226)	29:26.086 (1:31.790)	30:59.597 (1:33.512)	32:30.603 (1:31.006)
	34:02.134 (1:31.531)	35:33.359 (1:31.226)	37:00.055 (1:26.697)	38:23.041 (1:22.987)
	39:41.085 (1:18.044)			
3	Bassett, Sarah	SO Uc-Colo. Spgs.	39:46.60	6
	1:45.373 (1:45.373)	3:28.775 (1:43.403)	5:11.532 (1:42.757)	6:52.741 (1:41.209)
	8:30.471 (1:37.731)	10:08.791 (1:38.320)	11:47.987 (1:39.197)	13:27.421 (1:39.434)
	15:08.863 (1:41.443)	16:50.346 (1:41.483)	18:30.117 (1:39.772)	20:08.979 (1:38.863)
	21:44.059 (1:35.080)	23:15.733 (1:31.674)	24:47.528 (1:31.796)	26:20.366 (1:32.838)
	27:54.757 (1:34.392)	29:26.207 (1:31.450)	30:59.855 (1:33.649)	32:30.864 (1:31.010)
	34:02.404 (1:31.540)	35:33.836 (1:31.433)	37:00.550 (1:26.715)	38:28.382 (1:27.833)
	39:46.596 (1:18.214)			
4	Read, Abi	SO Msu Denver	39:49.93	5
	1:44.156 (1:44.156)	3:27.606 (1:43.450)	5:10.332 (1:42.727)	6:51.496 (1:41.164)
	8:29.293 (1:37.797)	10:07.861 (1:38.569)	11:46.502 (1:38.641)	13:26.198 (1:39.697)
	15:07.410 (1:41.213)	16:49.342 (1:41.932)	18:29.119 (1:39.778)	20:08.755 (1:39.636)
	21:43.771 (1:35.016)	23:15.207 (1:31.437)	24:46.975 (1:31.768)	26:19.779 (1:32.805)
	27:54.553 (1:34.774)	29:25.872 (1:31.320)	30:59.308 (1:33.436)	32:30.340 (1:31.032)
	34:02.301 (1:31.962)	35:33.622 (1:31.321)	37:00.267 (1:26.646)	38:26.523 (1:26.256)
	39:49.928 (1:23.406)			
5	Swanson, Anna	SO Msu Denver	40:01.42	4
	1:45.959 (1:45.959)	3:29.416 (1:43.458)	5:12.543 (1:43.128)	6:53.665 (1:41.122)
	8:32.102 (1:38.437)	10:09.835 (1:37.734)	11:49.279 (1:39.444)	13:28.784 (1:39.506)
	15:10.368 (1:41.585)	16:51.772 (1:41.404)	18:30.577 (1:38.805)	20:09.633 (1:39.056)
	21:44.347 (1:34.715)	23:16.000 (1:31.654)	24:47.808 (1:31.808)	26:20.667 (1:32.860)
	27:54.959 (1:34.292)	29:26.348 (1:31.390)	31:00.073 (1:33.725)	32:31.168 (1:31.095)
	34:02.674 (1:31.507)	35:34.118 (1:31.445)	37:03.366 (1:29.248)	38:34.574 (1:31.208)
	40:01.417 (1:26.844)			
6	Rohrer-Fitzhugh, Hannah	SR Westminster (Utah)	40:05.06	3
	1:44.763 (1:44.763)	3:28.208 (1:43.445)	5:10.917 (1:42.710)	6:52.130 (1:41.214)
	8:29.838 (1:37.708)	10:08.530 (1:38.692)	11:47.369 (1:38.839)	13:26.924 (1:39.556)
	15:08.231 (1:41.307)	16:49.845 (1:41.615)	18:29.651 (1:39.806)	20:09.188 (1:39.538)
	21:43.960 (1:34.772)	23:14.661 (1:30.702)	24:46.309 (1:31.649)	26:19.162 (1:32.853)
	27:53.730 (1:34.569)	29:25.405 (1:31.676)	30:58.721 (1:33.316)	32:29.809 (1:31.088)
	34:01.766 (1:31.958)	35:33.585 (1:31.819)	37:02.516 (1:28.932)	38:32.896 (1:30.381)
	40:05.055 (1:32.159)			
7	Armijo, Crystal	FR Csu-Pueblo	40:30.22	2
	1:46.277 (1:46.277)	3:29.517 (1:43.240)	5:12.779 (1:43.263)	6:53.861 (1:41.083)
	8:31.292 (1:37.431)	10:09.335 (1:38.043)	11:48.385 (1:39.050)	13:27.916 (1:39.531)
	15:09.388 (1:41.472)	16:50.772 (1:41.384)	18:30.748 (1:39.977)	20:09.874 (1:39.126)
	21:44.672 (1:34.799)	23:16.726 (1:32.055)	24:48.111 (1:31.385)	26:20.978 (1:32.868)
	27:55.195 (1:34.217)	29:26.680 (1:31.485)	31:00.362 (1:33.683)	32:31.578 (1:31.216)
	34:04.151 (1:32.574)	35:39.884 (1:35.733)	37:18.998 (1:39.115)	38:57.328 (1:38.331)
	40:30.219 (1:32.892)			

2022 RMAC Outdoor Championships - 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****....Event 15 Women 10000 Meter Run**

8 Beck, Esther	JR Fort Lewis	41:07.03	1
1:46.243 (1:46.243)	3:29.740 (1:43.497)	5:13.053 (1:43.314)	6:54.107 (1:41.054)
8:31.665 (1:37.558)	10:09.548 (1:37.884)	11:49.005 (1:39.458)	13:28.518 (1:39.513)
15:10.054 (1:41.536)	16:51.468 (1:41.414)	18:30.547 (1:39.080)	20:09.824 (1:39.277)
21:44.980 (1:35.157)	23:17.044 (1:32.064)	24:48.481 (1:31.437)	26:21.304 (1:32.824)
27:55.455 (1:34.152)	29:26.950 (1:31.495)	31:01.317 (1:34.367)	32:43.069 (1:41.752)
34:23.394 (1:40.326)	36:05.043 (1:41.650)	37:47.585 (1:42.542)	39:29.516 (1:41.931)
41:07.021 (1:37.506)			
9 Kuik, Marissa	SR Uc-Colo. Spgs.	41:38.47	
1:45.645 (1:45.645)	3:29.061 (1:43.416)	5:11.967 (1:42.907)	6:53.023 (1:41.056)
8:31.010 (1:37.988)	10:09.207 (1:38.197)	11:48.733 (1:39.527)	13:28.203 (1:39.471)
15:09.735 (1:41.533)	16:51.111 (1:41.376)	18:30.293 (1:39.183)	20:08.101 (1:37.808)
21:42.936 (1:34.836)	23:16.518 (1:33.582)	24:54.492 (1:37.975)	26:35.429 (1:40.938)
28:15.197 (1:39.768)	29:55.025 (1:39.829)	31:37.220 (1:42.195)	33:17.756 (1:40.536)
34:59.913 (1:42.158)	36:42.236 (1:42.324)	38:23.839 (1:41.603)	40:03.443 (1:39.605)
41:38.466 (1:35.024)			
10 Heiden, Allyson	FR South Dakota Mines	42:32.29	
1:46.845 (1:46.845)	3:30.171 (1:43.327)	5:13.410 (1:43.240)	6:54.487 (1:41.077)
8:32.423 (1:37.936)	10:10.825 (1:38.402)	11:49.949 (1:39.125)	13:29.959 (1:40.011)
15:11.184 (1:41.225)	16:52.346 (1:41.162)	18:31.456 (1:39.111)	20:12.030 (1:40.574)
21:56.202 (1:44.172)	23:41.905 (1:45.704)	25:25.422 (1:43.518)	27:08.803 (1:43.381)
28:53.720 (1:44.918)	30:37.358 (1:43.638)	32:21.891 (1:44.533)	34:04.684 (1:42.794)
35:47.713 (1:43.029)	37:30.629 (1:42.917)	39:16.110 (1:45.481)	41:02.173 (1:46.064)
42:32.281 (1:30.109)			
11 Hartwig, Kenzie	JR Colo. Christian	42:52.70	
1:46.503 (1:46.503)	3:29.824 (1:43.321)	5:11.685 (1:41.862)	6:52.885 (1:41.200)
8:30.739 (1:37.854)	10:08.928 (1:38.190)	11:48.216 (1:39.289)	13:27.627 (1:39.411)
15:09.107 (1:41.481)	16:50.487 (1:41.380)	18:30.277 (1:39.790)	20:09.538 (1:39.262)
21:46.222 (1:36.685)	23:29.269 (1:43.047)	25:15.232 (1:45.963)	27:04.384 (1:49.152)
28:53.294 (1:48.911)	30:37.518 (1:44.224)	32:22.045 (1:44.527)	34:04.958 (1:42.913)
35:52.670 (1:47.713)	37:41.366 (1:48.696)	39:29.290 (1:47.924)	41:16.535 (1:47.245)
42:52.698 (1:36.163)			
12 Murphy, Taylor	JR Fort Lewis	43:25.72	
1:45.714 (1:45.714)	3:29.124 (1:43.411)	5:12.290 (1:43.166)	6:53.422 (1:41.133)
8:31.949 (1:38.527)	10:10.260 (1:38.311)	11:49.617 (1:39.358)	13:29.556 (1:39.939)
15:10.848 (1:41.293)	16:53.986 (1:43.138)	18:42.697 (1:48.712)	20:29.379 (1:46.683)
22:15.079 (1:45.700)	23:59.193 (1:44.114)	25:43.292 (1:44.099)	27:28.293 (1:45.002)
29:12.830 (1:44.537)	30:53.300 (1:40.471)	32:38.998 (1:45.699)	34:24.978 (1:45.981)
36:14.841 (1:49.863)	38:06.457 (1:51.617)	40:02.511 (1:56.055)	41:44.423 (1:41.912)
43:25.716 (1:41.293)			
13 Franke, Alyssa	FR South Dakota Mines	43:37.95	
1:46.163 (1:46.163)	3:28.854 (1:42.691)	5:11.343 (1:42.490)	6:51.651 (1:40.308)
8:29.453 (1:37.802)	10:08.022 (1:38.570)	11:46.790 (1:38.768)	13:26.402 (1:39.612)
15:07.711 (1:41.310)	16:49.168 (1:41.457)	18:28.812 (1:39.644)	20:09.372 (1:40.560)
21:51.156 (1:41.785)	23:37.315 (1:46.159)	25:26.521 (1:49.207)	27:19.471 (1:52.950)
29:10.698 (1:51.228)	31:00.930 (1:50.233)	32:49.395 (1:48.465)	34:38.871 (1:49.476)
36:27.023 (1:48.153)	38:18.703 (1:51.681)	40:09.887 (1:51.184)	41:58.683 (1:48.797)
43:37.950 (1:39.267)			

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Results

....Event 15 Women 10000 Meter Run

14 Ray, Brandy	FR Fort Lewis	43:46.03
1:43.755 (1:43.755)	3:27.273 (1:43.519)	5:09.976 (1:42.704)
8:29.006 (1:37.828)	10:07.517 (1:38.511)	11:46.222 (1:38.706)
15:07.079 (1:41.230)	16:49.035 (1:41.957)	18:31.024 (1:41.989)
21:56.871 (1:45.302)	23:45.423 (1:48.552)	25:33.014 (1:47.591)
29:09.874 (1:47.318)	30:57.172 (1:47.298)	32:46.082 (1:48.911)
36:29.306 (1:52.672)	38:21.048 (1:51.742)	40:08.614 (1:47.567)
43:46.026 (1:57.778)		
15 Thompson, Margaret	SO South Dakota Mines	44:29.35
1:45.846 (1:45.846)	3:28.616 (1:42.771)	5:11.268 (1:42.653)
8:31.497 (1:39.334)	10:10.744 (1:39.247)	11:51.812 (1:41.069)
15:20.918 (1:44.968)	17:06.339 (1:45.422)	18:53.691 (1:47.352)
22:28.816 (1:47.886)	24:18.698 (1:49.882)	26:07.380 (1:48.683)
29:45.679 (1:49.365)	31:36.126 (1:50.447)	33:20.604 (1:44.479)
37:07.884 (1:54.707)	39:01.515 (1:53.631)	40:54.392 (1:52.878)
44:29.344 (1:47.024)		

Event 16 Men 10000 Meter Run

=====
 RMAC Meet: R 30:10.06 4/29/2019 Luc Hagen, Colorado Mines
 NCAA Prov: P 30:35.82 2022

Name	Year School	Finals	Points
1 Powell, Dillon	SO Colorado Mines	30:52.52	10
1:15.623 (1:15.623)	2:31.287 (1:15.664)	3:46.570 (1:15.283)	5:00.883 (1:14.314)
6:15.603 (1:14.720)	7:30.867 (1:15.265)	8:46.148 (1:15.281)	10:01.903 (1:15.755)
11:16.548 (1:14.645)	12:32.061 (1:15.513)	13:47.641 (1:15.581)	15:02.057 (1:14.416)
16:16.484 (1:14.428)	17:31.744 (1:15.260)	18:47.434 (1:15.690)	20:02.824 (1:15.391)
21:15.573 (1:12.749)	22:29.164 (1:13.592)	23:42.934 (1:13.770)	24:56.502 (1:13.568)
26:11.156 (1:14.654)	27:24.998 (1:13.843)	28:40.231 (1:15.233)	29:52.046 (1:11.815)
30:52.512 (1:00.467)			
2 Moran, Kyle	JR Colorado Mines	31:00.39	8
1:16.091 (1:16.091)	2:31.854 (1:15.764)	3:46.301 (1:14.447)	5:00.625 (1:14.325)
6:15.911 (1:15.286)	7:31.156 (1:15.246)	8:46.429 (1:15.274)	10:02.197 (1:15.768)
11:16.826 (1:14.630)	12:31.585 (1:14.759)	13:47.204 (1:15.620)	15:02.320 (1:15.116)
16:16.718 (1:14.399)	17:32.020 (1:15.302)	18:47.624 (1:15.604)	20:02.294 (1:14.670)
21:15.113 (1:12.820)	22:29.441 (1:14.328)	23:43.214 (1:13.773)	24:56.254 (1:13.041)
26:10.957 (1:14.703)	27:25.278 (1:14.321)	28:40.488 (1:15.210)	29:53.090 (1:12.603)
31:00.390 (1:07.300)			
3 Ko, Dylan	JR Colorado Mines	31:11.44	6
1:17.109 (1:17.109)	2:33.145 (1:16.036)	3:47.996 (1:14.851)	5:02.320 (1:14.324)
6:16.827 (1:14.507)	7:32.022 (1:15.196)	8:47.411 (1:15.389)	10:02.982 (1:15.572)
11:17.604 (1:14.622)	12:32.747 (1:15.144)	13:48.170 (1:15.424)	15:03.354 (1:15.185)
16:17.858 (1:14.504)	17:32.858 (1:15.001)	18:48.167 (1:15.309)	20:03.364 (1:15.197)
21:16.011 (1:12.648)	22:30.214 (1:14.204)	23:43.700 (1:13.486)	24:57.049 (1:13.349)
26:11.583 (1:14.534)	27:25.780 (1:14.197)	28:40.996 (1:15.217)	29:54.275 (1:13.279)
31:11.435 (1:17.160)			

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4	Cathcart, Chris	JR Colorado Mines	31:13.66	5	
	1:15.839 (1:15.839)	2:31.552 (1:15.714)	3:46.823 (1:15.271)	5:01.137 (1:14.315)	
	6:16.154 (1:15.017)	7:31.387 (1:15.234)	8:46.650 (1:15.263)	10:01.608 (1:14.959)	
	11:16.270 (1:14.662)	12:31.845 (1:15.575)	13:47.435 (1:15.591)	15:02.532 (1:15.098)	
	16:16.964 (1:14.432)	17:31.483 (1:14.519)	18:47.192 (1:15.709)	20:02.563 (1:15.372)	
	21:15.334 (1:12.771)	22:29.673 (1:14.340)	23:43.443 (1:13.770)	24:56.774 (1:13.332)	
	26:11.350 (1:14.576)	27:25.476 (1:14.126)	28:40.716 (1:15.240)	29:54.488 (1:13.772)	
	31:13.654 (1:19.166)				
5	Dunham, Tim	FR South Dakota Mines	31:15.81	4	
	1:16.324 (1:16.324)	2:32.127 (1:15.804)	3:47.090 (1:14.963)	5:01.386 (1:14.297)	
	6:16.423 (1:15.037)	7:31.636 (1:15.214)	8:46.858 (1:15.222)	10:02.472 (1:15.614)	
	11:17.090 (1:14.618)	12:32.274 (1:15.185)	13:47.844 (1:15.570)	15:02.798 (1:14.955)	
	16:17.225 (1:14.427)	17:32.246 (1:15.021)	18:47.903 (1:15.658)	20:03.046 (1:15.144)	
	21:15.796 (1:12.750)	22:29.982 (1:14.186)	23:43.956 (1:13.975)	24:58.650 (1:14.694)	
	26:14.398 (1:15.748)	27:30.433 (1:16.036)	28:46.513 (1:16.080)	30:03.188 (1:16.675)	
	31:15.802 (1:12.615)				
6	O'Malley, John	SO Colorado Mines	31:30.00	3	
	1:18.619 (1:18.619)	2:33.625 (1:15.007)	3:48.457 (1:14.832)	5:02.846 (1:14.389)	
	6:17.859 (1:15.013)	7:35.704 (1:17.845)	8:53.777 (1:18.074)	10:11.055 (1:17.279)	
	11:26.564 (1:15.510)	12:44.352 (1:17.788)	14:02.353 (1:18.001)	15:20.732 (1:18.380)	
	16:37.013 (1:16.281)	17:51.996 (1:14.984)	19:10.507 (1:18.511)	20:27.397 (1:16.890)	
	21:42.629 (1:15.232)	22:59.159 (1:16.530)	24:16.775 (1:17.616)	25:33.118 (1:16.343)	
	26:48.486 (1:15.369)	28:00.552 (1:12.066)	29:13.212 (1:12.660)	30:24.794 (1:11.582)	
	31:29.994 (1:05.200)				
7	Szuch, Colin	SO Msu Denver	31:38.80	2	
	1:16.553 (1:16.553)	2:32.362 (1:15.809)	3:47.307 (1:14.946)	5:01.661 (1:14.354)	
	6:16.577 (1:14.917)	7:31.803 (1:15.226)	8:47.136 (1:15.333)	10:02.729 (1:15.593)	
	11:17.390 (1:14.661)	12:32.493 (1:15.104)	13:47.952 (1:15.459)	15:03.076 (1:15.125)	
	16:17.564 (1:14.488)	17:32.640 (1:15.076)	18:48.410 (1:15.771)	20:04.006 (1:15.596)	
	21:20.575 (1:16.569)	22:38.670 (1:18.096)	23:56.102 (1:17.432)	25:14.570 (1:18.469)	
	26:32.500 (1:17.930)	27:50.626 (1:18.126)	29:08.144 (1:17.518)	30:25.488 (1:17.344)	
	31:38.794 (1:13.306)				
8	Vaille, Jeremiah	FR Colorado Mines	31:42.47	1	
	1:18.880 (1:18.880)	2:33.850 (1:14.970)	3:48.718 (1:14.868)	5:03.091 (1:14.374)	
	6:18.117 (1:15.026)	7:35.928 (1:17.811)	8:53.984 (1:18.057)	10:11.305 (1:17.321)	
	11:27.089 (1:15.784)	12:44.560 (1:17.472)	14:02.567 (1:18.007)	15:20.968 (1:18.402)	
	16:37.413 (1:16.445)	17:52.248 (1:14.836)	19:10.738 (1:18.490)	20:28.017 (1:17.279)	
	21:42.897 (1:14.880)	22:59.464 (1:16.567)	24:17.076 (1:17.613)	25:33.390 (1:16.314)	
	26:48.811 (1:15.421)	28:01.236 (1:12.425)	29:15.019 (1:13.784)	30:30.356 (1:15.338)	
	31:42.464 (1:12.108)				
9	Lopez, Noel	SO Msu Denver	31:49.73		
	1:20.212 (1:20.212)	2:35.703 (1:15.492)	3:50.689 (1:14.987)	5:05.742 (1:15.053)	
	6:20.067 (1:14.326)	7:37.154 (1:17.087)	8:54.941 (1:17.788)	10:12.706 (1:17.765)	
	11:28.441 (1:15.736)	12:46.124 (1:17.684)	14:03.954 (1:17.830)	15:22.830 (1:18.876)	
	16:39.162 (1:16.333)	17:55.337 (1:16.175)	19:11.746 (1:16.409)	20:27.122 (1:15.376)	
	21:42.432 (1:15.310)	22:58.912 (1:16.480)	24:16.590 (1:17.678)	25:32.897 (1:16.308)	
	26:49.743 (1:16.846)	28:05.833 (1:16.090)	29:21.747 (1:15.914)	30:37.670 (1:15.923)	
	31:49.728 (1:12.058)				

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10	Johnson, William	SO Western Colorado	32:03.23				
	1:20.146 (1:20.146)	2:34.697 (1:14.552)	3:49.206 (1:14.509)	5:03.645 (1:14.440)			
	6:18.644 (1:15.000)	7:35.772 (1:17.128)	8:53.517 (1:17.746)	10:10.798 (1:17.281)			
	11:26.825 (1:16.027)	12:45.065 (1:18.241)	14:03.146 (1:18.081)	15:21.776 (1:18.631)			
	16:37.206 (1:15.430)	17:53.119 (1:15.914)	19:11.278 (1:18.160)	20:28.525 (1:17.247)			
	21:43.562 (1:15.038)	23:00.852 (1:17.290)	24:18.106 (1:17.255)	25:36.064 (1:17.958)			
	26:54.904 (1:18.841)	28:14.474 (1:19.570)	29:33.706 (1:19.232)	30:52.482 (1:18.776)			
	32:03.228 (1:10.747)						
11	Howard, Riley	SR Western Colorado	32:11.13				
	1:18.683 (1:18.683)	2:34.094 (1:15.412)	3:48.938 (1:14.844)	5:03.317 (1:14.380)			
	6:18.362 (1:15.045)	7:36.191 (1:17.830)	8:54.110 (1:17.919)	10:09.506 (1:15.396)			
	11:24.877 (1:15.371)	12:42.211 (1:17.335)	13:59.282 (1:17.072)	15:15.992 (1:16.711)			
	16:33.387 (1:17.395)	17:51.744 (1:18.357)	19:10.316 (1:18.573)	20:28.073 (1:17.757)			
	21:45.967 (1:17.894)	23:05.130 (1:19.163)	24:24.532 (1:19.402)	25:42.284 (1:17.753)			
	27:01.414 (1:19.130)	28:20.538 (1:19.124)	29:39.322 (1:18.784)	30:56.340 (1:17.019)			
	32:11.127 (1:14.787)						
12	Westbrook, Lucas	SO Csu-Pueblo	32:14.83				
	1:19.883 (1:19.883)	2:35.387 (1:15.504)	3:51.537 (1:16.150)	5:10.948 (1:19.412)			
	6:32.473 (1:21.526)	7:48.321 (1:15.849)	9:07.648 (1:19.327)	10:26.359 (1:18.711)			
	11:46.425 (1:20.067)	13:07.045 (1:20.621)	14:25.221 (1:18.176)	15:40.662 (1:15.442)			
	16:56.902 (1:16.240)	18:13.506 (1:16.605)	19:29.899 (1:16.393)	20:46.292 (1:16.394)			
	22:04.320 (1:18.028)	23:21.088 (1:16.769)	24:38.028 (1:16.940)	25:55.012 (1:16.985)			
	27:12.364 (1:17.352)	28:31.156 (1:18.792)	29:50.203 (1:19.047)	31:07.251 (1:17.048)			
	32:14.826 (1:07.576)						
13	Kefle, Yonatan	SO Msu Denver	32:17.98				
	1:19.543 (1:19.543)	2:35.183 (1:15.640)	3:51.019 (1:15.837)	5:04.777 (1:13.758)			
	6:19.758 (1:14.981)	7:36.096 (1:16.338)	8:53.912 (1:17.817)	10:11.571 (1:17.659)			
	11:27.272 (1:15.701)	12:44.805 (1:17.534)	14:02.601 (1:17.796)	15:21.216 (1:18.616)			
	16:37.827 (1:16.611)	17:53.994 (1:16.167)	19:11.000 (1:17.007)	20:27.692 (1:16.692)			
	21:43.191 (1:15.499)	23:01.632 (1:18.441)	24:23.198 (1:21.566)	25:42.520 (1:19.323)			
	27:01.736 (1:19.216)	28:21.814 (1:20.079)	29:43.933 (1:22.119)	31:06.436 (1:22.503)			
	32:17.976 (1:11.540)						
14	Trejo, Ricardo	SR Fort Lewis	32:22.10				
	1:19.152 (1:19.152)	2:34.431 (1:15.280)	3:49.608 (1:15.178)	5:04.191 (1:14.583)			
	6:19.270 (1:15.080)	7:36.727 (1:17.457)	8:54.395 (1:17.668)	10:12.165 (1:17.771)			
	11:27.794 (1:15.629)	12:44.620 (1:16.826)	14:02.859 (1:18.240)	15:21.512 (1:18.654)			
	16:38.263 (1:16.751)	17:54.821 (1:16.558)	19:12.287 (1:17.466)	20:30.562 (1:18.275)			
	21:48.755 (1:18.194)	23:07.825 (1:19.070)	24:27.711 (1:19.886)	25:47.924 (1:20.213)			
	27:09.843 (1:21.920)	28:31.090 (1:21.248)	29:50.674 (1:19.584)	31:07.964 (1:17.291)			
	32:22.096 (1:14.132)						
15	Sanches, Nathan	SO Colorado Mesa	32:38.42				
	1:20.329 (1:20.329)	2:34.983 (1:14.655)	3:51.267 (1:16.284)	5:08.683 (1:17.417)			
	6:19.917 (1:11.234)	7:36.890 (1:16.973)	8:54.662 (1:17.773)	10:12.449 (1:17.787)			
	11:28.212 (1:15.763)	12:45.785 (1:17.574)	14:03.668 (1:17.883)	15:22.489 (1:18.821)			
	16:40.146 (1:17.657)	18:02.276 (1:22.131)	19:24.138 (1:21.862)	20:45.721 (1:21.584)			
	22:05.406 (1:19.686)	23:26.170 (1:20.764)	24:46.415 (1:20.246)	26:07.554 (1:21.139)			
	27:28.114 (1:20.560)	28:47.457 (1:19.344)	30:06.941 (1:19.484)	31:27.768 (1:20.828)			
	32:38.414 (1:10.646)						

2022 RMAC Outdoor Championships - 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****....Event 16 Men 10000 Meter Run**

16 Young, Will	SO Uc-Colo. Spgs.						32:40.48
1:20.671 (1:20.671)	2:36.114 (1:15.444)	3:52.387 (1:16.274)	5:11.381 (1:18.994)	6:32.942 (1:21.561)	7:48.603 (1:15.661)	9:08.519 (1:19.917)	10:27.230 (1:18.711)
11:46.837 (1:19.608)	13:07.528 (1:20.691)	14:24.547 (1:17.020)	15:40.090 (1:15.543)	16:56.499 (1:16.409)	18:13.743 (1:17.244)	19:30.218 (1:16.476)	20:47.318 (1:17.100)
22:07.213 (1:19.895)	23:26.412 (1:19.199)	24:45.892 (1:19.481)	26:07.292 (1:21.400)	27:27.907 (1:20.615)	28:47.946 (1:20.040)	30:07.454 (1:19.508)	31:28.230 (1:20.777)
32:40.480 (1:12.250)							
17 Bohling, Branden	SR Uc-Colo. Spgs.						32:47.94
1:19.704 (1:19.704)	2:34.234 (1:14.530)	3:51.037 (1:16.803)	5:10.766 (1:19.730)	6:32.224 (1:21.459)	7:48.129 (1:15.905)	9:08.184 (1:20.056)	10:26.801 (1:18.618)
11:46.586 (1:19.785)	13:07.184 (1:20.598)	14:24.681 (1:17.497)	15:40.259 (1:15.579)	16:56.173 (1:15.914)	18:11.974 (1:15.802)	19:28.805 (1:16.831)	20:45.969 (1:17.164)
22:04.022 (1:18.054)	23:22.514 (1:18.492)	24:42.560 (1:20.046)	26:03.984 (1:21.424)	27:25.550 (1:21.566)	28:46.461 (1:20.912)	30:06.683 (1:20.222)	31:27.519 (1:20.836)
32:47.935 (1:20.416)							
18 Nez, Steven	JR Fort Lewis						32:48.59
1:19.297 (1:19.297)	2:34.720 (1:15.423)	3:50.461 (1:15.742)	5:04.450 (1:13.989)	6:19.529 (1:15.080)	7:36.920 (1:17.391)	8:54.519 (1:17.600)	10:12.412 (1:17.894)
11:28.058 (1:15.646)	12:45.572 (1:17.515)	14:03.458 (1:17.886)	15:22.163 (1:18.705)	16:38.778 (1:16.616)	17:56.328 (1:17.550)	19:14.203 (1:17.876)	20:32.453 (1:18.250)
21:51.414 (1:18.962)	23:12.406 (1:20.992)	24:34.454 (1:22.048)	25:56.747 (1:22.294)	27:20.787 (1:24.040)	28:45.315 (1:24.528)	30:08.473 (1:23.158)	31:30.253 (1:21.780)
32:48.582 (1:18.329)							
19 Moen, Ryan	JR South Dakota Mines						32:59.59
1:19.090 (1:19.090)	2:34.399 (1:15.309)	3:49.443 (1:15.045)	5:03.887 (1:14.445)	6:18.883 (1:14.996)	7:36.475 (1:17.592)	8:54.266 (1:17.791)	10:11.971 (1:17.705)
11:26.352 (1:14.382)	12:43.700 (1:17.349)	14:02.007 (1:18.307)	15:20.282 (1:18.276)	16:36.884 (1:16.602)	17:54.744 (1:17.861)	19:13.996 (1:19.252)	20:35.403 (1:21.407)
21:59.536 (1:24.133)	23:22.818 (1:23.283)	24:45.518 (1:22.700)	26:16.186 (1:30.669)	27:38.536 (1:22.350)	29:01.876 (1:23.340)	30:23.689 (1:21.814)	31:42.736 (1:19.048)
32:59.582 (1:16.846)							
20 Ramirez, Nicholas	SO Colo. Christian						33:20.31
1:20.473 (1:20.473)	2:35.883 (1:15.410)	3:52.113 (1:16.231)	5:11.180 (1:19.067)	6:32.725 (1:21.546)	7:48.506 (1:15.781)	9:08.302 (1:19.797)	10:27.024 (1:18.722)
11:46.657 (1:19.633)	13:07.335 (1:20.678)	14:25.447 (1:18.112)	15:40.832 (1:15.385)	16:57.617 (1:16.786)	18:14.654 (1:17.038)	19:30.821 (1:16.167)	20:47.713 (1:16.892)
22:07.462 (1:19.749)	23:26.731 (1:19.270)	24:47.384 (1:20.654)	26:10.462 (1:23.078)	27:33.176 (1:22.714)	28:59.072 (1:25.896)	30:29.446 (1:30.375)	31:54.254 (1:24.808)
33:20.302 (1:26.049)							
21 Munoz, Cole	SO Csu-Pueblo						33:25.34
1:18.374 (1:18.374)	2:33.414 (1:15.041)	3:48.248 (1:14.834)	5:02.586 (1:14.338)	6:17.664 (1:15.078)	7:35.223 (1:17.560)	8:53.330 (1:18.107)	10:11.815 (1:18.486)
11:27.531 (1:15.717)	12:45.382 (1:17.851)	14:03.361 (1:17.980)	15:22.044 (1:18.683)	16:38.594 (1:16.550)	17:56.094 (1:17.501)	19:18.768 (1:22.674)	20:41.587 (1:22.820)
22:04.908 (1:23.321)	23:27.186 (1:22.279)	24:51.954 (1:24.768)	26:18.283 (1:26.330)	27:44.834 (1:26.551)	29:10.248 (1:25.415)	30:35.825 (1:25.577)	32:01.951 (1:26.126)
33:25.338 (1:23.388)							

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Results

....Event 16 Men 10000 Meter Run

22 Roberds, Matthew	SO Csu-Pueblo	33:31.21
1:19.945 (1:19.945)	2:35.647 (1:15.703)	3:51.826 (1:16.179)
5:10.995 (1:19.170)	6:32.132 (1:21.137)	7:47.885 (1:15.754)
9:07.904 (1:20.020)	10:26.577 (1:18.673)	11:46.231 (1:19.655)
13:06.832 (1:20.601)	14:24.952 (1:18.121)	15:40.506 (1:15.554)
16:57.378 (1:16.872)	18:16.483 (1:19.106)	19:38.805 (1:22.322)
21:02.724 (1:23.920)	22:28.012 (1:25.288)	23:49.060 (1:21.048)
25:12.932 (1:23.873)	26:39.536 (1:26.604)	28:05.195 (1:25.659)
29:26.681 (1:21.486)	30:51.093 (1:24.412)	32:12.750 (1:21.658)
33:31.202 (1:18.452)		
-- Parker, Matthew	SR Black Hills St.	DNF
1:16.900 (1:16.900)	2:32.883 (1:15.983)	3:47.731 (1:14.848)
5:02.126 (1:14.396)	6:17.388 (1:15.262)	7:35.470 (1:18.082)
8:53.652 (1:18.183)	10:09.974 (1:16.322)	11:26.096 (1:16.123)
12:44.140 (1:18.044)	14:02.267 (1:18.127)	15:20.562 (1:18.296)
16:34.521 (1:13.959)	17:52.616 (1:18.095)	19:11.699 (1:19.084)
-- Kaye, Andrew	SO Colorado Mines	DNS

Event 17 Women 3000 Meter Steeplechase

=====			
RMAC Meet: R	10:29.50	2013	Alicia Nelson, Adams State
NCAA Prov: P	11:00.95	2022	
Name	Year	School	Finals Points
=====			
1 Schoellkopf, Emily	FR	Adams State	10:57.13P 10
45.890 (45.890)	2:10.029 (1:24.140)	3:38.316 (1:28.287)	5:07.127 (1:28.811)
6:36.058 (1:28.932)	8:04.828 (1:28.770)	9:33.882 (1:29.054)	10:57.130 (1:23.249)
2 Raichart, Alex	JR	Colorado Mines	11:12.69 8
45.335 (45.335)	2:08.890 (1:23.556)	3:36.688 (1:27.798)	5:05.296 (1:28.609)
6:36.738 (1:31.442)	8:10.026 (1:33.288)	9:42.858 (1:32.833)	11:12.683 (1:29.826)
3 Lindquist, Ruby	JR	Black Hills St.	11:26.44 6
45.585 (45.585)	2:09.142 (1:23.558)	3:37.109 (1:27.967)	5:05.555 (1:28.446)
6:36.990 (1:31.435)	8:09.797 (1:32.807)	9:46.815 (1:37.019)	11:26.435 (1:39.620)
4 Richtman, Rachel	SO	Uc-Colo. Spgs.	11:32.71 5
49.303 (49.303)	2:17.574 (1:28.271)	3:48.026 (1:30.452)	5:20.221 (1:32.196)
6:53.311 (1:33.090)	8:30.604 (1:37.293)	10:07.801 (1:37.198)	11:32.701 (1:24.900)
5 Stonebarger, Erin	SO	Adams State	11:33.15 4
48.079 (48.079)	2:14.649 (1:26.571)	3:46.189 (1:31.541)	5:17.800 (1:31.611)
6:50.994 (1:33.195)	8:26.658 (1:35.665)	10:03.673 (1:37.015)	11:33.143 (1:29.470)
6 Althaus, Franziska	JR	Adams State	11:49.59 3
46.072 (46.072)	2:12.387 (1:26.315)	3:42.734 (1:30.348)	5:17.941 (1:35.207)
6:58.872 (1:40.932)	8:38.699 (1:39.827)	10:18.416 (1:39.718)	11:49.589 (1:31.174)
7 Meeks, Rachel	FR	Colorado Mesa	11:52.69 2
46.672 (46.672)	2:13.769 (1:27.097)	3:46.870 (1:33.101)	5:22.996 (1:36.127)
7:00.985 (1:37.989)	8:39.795 (1:38.811)	10:19.593 (1:39.799)	11:52.687 (1:33.094)
8 Morales, Paige	SO	Adams State	11:54.96 1
49.713 (49.713)	2:17.956 (1:28.243)	3:49.874 (1:31.919)	5:26.110 (1:36.237)
7:05.363 (1:39.253)	8:47.132 (1:41.770)	10:26.517 (1:39.385)	11:54.958 (1:28.442)
9 Wright, Carmella	SO	Fort Lewis	11:57.63
46.925 (46.925)	2:14.721 (1:27.797)	3:48.149 (1:33.428)	5:22.638 (1:34.489)
7:00.234 (1:37.597)	8:37.860 (1:37.626)	10:18.860 (1:41.000)	11:57.627 (1:38.768)
10 Orstead, Audrey	FR	Msu Denver	12:06.21
49.031 (49.031)	2:18.623 (1:29.592)	3:53.903 (1:35.281)	5:33.351 (1:39.449)
7:13.024 (1:39.673)	8:51.308 (1:38.284)	10:30.655 (1:39.348)	12:06.206 (1:35.552)
11 Leal, Graciela	FR	Msu Denver	12:19.60
51.107 (51.107)	2:25.712 (1:34.605)	4:05.710 (1:39.998)	5:46.108 (1:40.399)
7:27.582 (1:41.474)	9:07.580 (1:39.998)	10:47.326 (1:39.746)	12:19.591 (1:32.266)

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Results

....Event 17 Women 3000 Meter Steeplechase

12 Satathite, Brooke	SO Western Colorado	12:21.50			
49.326 (49.326)	2:17.747 (1:28.422)	3:50.609 (1:32.862)	5:28.656 (1:38.047)		
7:12.565 (1:43.910)	8:59.126 (1:46.562)	10:44.117 (1:44.991)	12:21.492 (1:37.376)		
13 Burnside, Payton	FR Fort Lewis	14:08.64			
51.295 (51.295)	2:32.220 (1:40.926)	4:20.438 (1:48.218)	6:14.344 (1:53.907)		
8:11.825 (1:57.481)	10:12.936 (2:01.111)	12:14.879 (2:01.944)	14:08.635 (1:53.757)		

Event 18 Men 3000 Meter Steeplechase

=====
 RMAC Meet: R 8:54.75 5/1/2021 Taylor Stack, Western Colo.

NCAA Prov: P 9:13.44 2022

Name	Year School	Finals	Points			
=====						
1 Osowski, Keith	SR Black Hills St.	9:14.18	10			
41.953 (41.953)	1:56.845 (1:14.892)	3:10.236 (1:13.392)	4:24.776 (1:14.541)			
5:38.229 (1:13.453)	6:51.303 (1:13.075)	8:04.211 (1:12.909)	9:14.179 (1:09.968)			
2 Michael, Cade	SR Western Colorado	9:17.54	8			
41.665 (41.665)	1:56.625 (1:14.960)	3:10.556 (1:13.931)	4:24.594 (1:14.039)			
5:37.925 (1:13.331)	6:50.863 (1:12.938)	8:03.097 (1:12.235)	9:17.531 (1:14.434)			
3 Schwartz, Jackson	JR Western Colorado	9:19.92	6			
42.233 (42.233)	1:56.812 (1:14.579)	3:11.083 (1:14.271)	4:24.767 (1:13.684)			
5:38.759 (1:13.993)	6:52.007 (1:13.249)	8:05.649 (1:13.642)	9:19.920 (1:14.272)			
4 Shaw, Alex	FR Colorado Mines	9:22.93	5			
41.832 (41.832)	1:56.388 (1:14.557)	3:10.513 (1:14.125)	4:25.040 (1:14.527)			
5:39.412 (1:14.372)	6:54.071 (1:14.660)	8:10.337 (1:16.266)	9:22.926 (1:12.589)			
5 Grabowski, Michael	JR Western Colorado	9:23.81	4			
42.141 (42.141)	1:57.063 (1:14.922)	3:11.936 (1:14.874)	4:25.207 (1:13.271)			
5:40.043 (1:14.836)	6:54.583 (1:14.541)	8:10.171 (1:15.588)	9:23.804 (1:13.634)			
6 Sevcik, Max	JR Colorado Mines	9:25.95	3			
42.559 (42.559)	1:56.460 (1:13.901)	3:09.953 (1:13.494)	4:24.315 (1:14.362)			
5:39.065 (1:14.751)	6:53.165 (1:14.100)	8:09.417 (1:16.253)	9:25.942 (1:16.525)			
7 Hesse, Albert	FR Western Colorado	9:27.08	2			
42.352 (42.352)	1:57.322 (1:14.970)	3:11.436 (1:14.114)	4:25.703 (1:14.267)			
5:40.578 (1:14.876)	6:56.009 (1:15.432)	8:14.563 (1:18.554)	9:27.074 (1:12.511)			
8 Witman, Zachary	SO Western Colorado	9:27.46	1			
42.671 (42.671)	1:57.687 (1:15.016)	3:13.059 (1:15.373)	4:27.772 (1:14.713)			
5:43.310 (1:15.538)	6:58.604 (1:15.295)	8:13.491 (1:14.888)	9:27.453 (1:13.963)			
9 Davis, Nathan	JR Colorado Mines	9:28.22				
42.409 (42.409)	1:57.134 (1:14.725)	3:10.318 (1:13.185)	4:24.423 (1:14.105)			
5:37.635 (1:13.212)	6:50.812 (1:13.178)	8:07.238 (1:16.427)	9:28.216 (1:20.978)			
10 Bonenberger, Max	FR Colorado Mines	9:32.91				
42.921 (42.921)	1:58.112 (1:15.191)	3:12.763 (1:14.651)	4:27.720 (1:14.958)			
5:44.804 (1:17.085)	7:03.349 (1:18.546)	8:21.659 (1:18.310)	9:32.901 (1:11.243)			
11 McCauley, Sean	FR Western Colorado	9:37.20				
42.645 (42.645)	1:58.639 (1:15.994)	3:13.972 (1:15.334)	4:29.238 (1:15.267)			
5:46.211 (1:16.973)	7:03.162 (1:16.951)	8:21.364 (1:18.203)	9:37.191 (1:15.828)			
12 Jirele, Patrick	FR Western Colorado	9:41.91				
42.815 (42.815)	1:57.663 (1:14.849)	3:13.078 (1:15.415)	4:27.947 (1:14.869)			
5:44.117 (1:16.170)	7:01.867 (1:17.751)	8:21.609 (1:19.742)	9:41.907 (1:20.298)			
13 Brown, Tim	SO Black Hills St.	9:53.21				
42.992 (42.992)	1:58.272 (1:15.281)	3:13.253 (1:14.982)	4:28.067 (1:14.814)			
5:44.767 (1:16.701)	7:04.961 (1:20.194)	8:29.035 (1:24.074)	9:53.207 (1:24.172)			

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Results

....Event 18 Men 3000 Meter Steeplechase

14 Bartlett, Ethan	SO Fort Lewis	9:53.54			
42.196 (42.196)	1:58.184 (1:15.988)	3:14.227 (1:16.044)	4:32.429 (1:18.202)		
5:51.950 (1:19.522)	7:12.113 (1:20.164)	8:33.017 (1:20.904)	9:53.538 (1:20.522)		
15 Smith, Trevor	SO Colorado Mesa	9:58.89			
41.983 (41.983)	1:56.665 (1:14.682)	3:10.804 (1:14.140)	4:25.383 (1:14.579)		
5:43.935 (1:18.553)	7:08.332 (1:24.397)	8:36.676 (1:28.345)	9:58.882 (1:22.206)		
16 Gee, Kyle	SR Colo. Christian	10:01.46			
43.417 (43.417)	2:00.260 (1:16.844)	3:17.538 (1:17.278)	4:35.256 (1:17.719)		
5:55.994 (1:20.739)	7:18.063 (1:22.070)	8:40.574 (1:22.511)	10:01.452 (1:20.878)		
17 Barth, Henry	FR Fort Lewis	10:03.09			
43.288 (43.288)	1:57.948 (1:14.660)	3:16.101 (1:18.153)	4:35.710 (1:19.609)		
5:56.953 (1:21.244)	7:20.424 (1:23.471)	8:45.537 (1:25.113)	10:03.089 (1:17.552)		
18 Olech, Mathew	FR Colo. Christian	10:03.44			
44.165 (44.165)	2:00.226 (1:16.061)	3:17.013 (1:16.787)	4:35.041 (1:18.028)		
5:55.785 (1:20.745)	7:17.911 (1:22.127)	8:44.839 (1:26.929)	10:03.438 (1:18.599)		
19 Sittman, Braedon	SO Fort Lewis	10:09.33			
43.109 (43.109)	2:00.787 (1:17.679)	3:20.291 (1:19.504)	4:40.779 (1:20.488)		
6:02.351 (1:21.573)	7:24.900 (1:22.550)	8:48.933 (1:24.033)	10:09.323 (1:20.391)		
20 Moen, Ryan	JR South Dakota Mines	10:15.48			
42.711 (42.711)	2:02.675 (1:19.964)	3:21.203 (1:18.528)	4:42.280 (1:21.078)		
6:05.457 (1:23.177)	7:29.439 (1:23.983)	8:53.648 (1:24.209)	10:15.474 (1:21.826)		
21 Robinson, Max	SO Fort Lewis	10:16.78			
43.266 (43.266)	1:58.913 (1:15.648)	3:17.362 (1:18.449)	4:39.291 (1:21.930)		
6:04.424 (1:25.133)	7:30.553 (1:26.129)	8:56.667 (1:26.115)	10:16.778 (1:20.111)		
22 Flerchinger, Brett	FR South Dakota Mines	10:18.39			
43.765 (43.765)	2:01.598 (1:17.834)	3:22.323 (1:20.725)	4:45.023 (1:22.700)		
6:10.220 (1:25.198)	7:33.945 (1:23.726)	8:59.034 (1:25.090)	10:18.388 (1:19.354)		
23 McMasters, Rhett	FR Chadron State	10:22.75			
43.987 (43.987)	2:02.071 (1:18.085)	3:22.086 (1:20.015)	4:43.578 (1:21.493)		
6:08.524 (1:24.946)	7:35.771 (1:27.248)	9:01.678 (1:25.907)	10:22.748 (1:21.070)		
-- Mitchem, Jake	SR Colorado Mines	DNS			

Event 19 Women 100 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 13.41 2012 Indira Spence, Adams State

NCAA Prov: P 14.21 2022

Name Year School Prelims Wind H#

=====
 Preliminaries

1 Moreni, Missy	SO Uc-Colo. Spgs.	14.30Q	1.1	2
2 Wedgeworth, Zeaniah	FR Adams State	14.33Q	1.5	1
3 Butler, Sadi	FR Adams State	14.46Q	1.1	3
4 Ries, Maya	FR Msu Denver	14.51q	1.1	3
5 Griffith, Averie	SO Colorado Mesa	14.82q	1.5	1
6 Portis, Kelia	SO Western Colorado	14.85q	1.5	1
7 Jenrette, Mica	SO Colorado Mesa	14.87q	1.1	2
8 Valadez, Terra	SR Uc-Colo. Spgs.	14.88q	1.1	2
9 Brotherson, Katie	JR Westminster (Utah)	15.03q	1.1	2
10 Brockman, Jordan	SO Colorado Mesa	15.07	1.5	1
11 Waters, Lizzie	SO Uc-Colo. Spgs.	15.09	1.5	1
12 Remsberg, Maggie	SO Uc-Colo. Spgs.	15.13	1.1	2
13 Carroll, Alexis	SR Uc-Colo. Spgs.	15.23	1.1	3
14 Armijo, Beatrice	SR N.M. Highlands	15.32	1.1	3

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....Event 19 Women 100 Meter Hurdles

15 Rader, Danae	FR Chadron State	15.71	1.5	1
16 Curtis, Sophie	SO Black Hills St.	15.79	1.1	2
17 Tuti, Clara	FR Western Colorado	15.97	1.1	3
18 Korbe, Jocelyn	SO Msu Denver	17.33	1.5	1
19 Donohoe, Eireann	FR Western Colorado	18.87	1.1	3
-- Jarolmen, Summer	SR Msu Denver	DNS	1.1	2

Event 19 Women 100 Meter Hurdles

=====
 RMAC Meet: R 13.41 2012 Indira Spence, Adams State
 NCAA Prov: P 14.21 2022

Name	Year School	Finals	Wind	Points
------	-------------	--------	------	--------

Finals

1 Moreni, Missy	SO Uc-Colo. Spgs.	13.96P	1.0	10
2 Wedgeworth, Zeaniah	FR Adams State	14.23	1.0	8
3 Ries, Maya	FR Msu Denver	14.36	1.0	6
4 Butler, Sadi	FR Adams State	14.48	1.0	5
5 Valadez, Terra	SR Uc-Colo. Spgs.	14.72	1.0	4
6 Portis, Kelia	SO Western Colorado	14.85	1.0	3
7 Griffith, Averie	SO Colorado Mesa	14.86	1.0	2
8 Brotherson, Katie	JR Westminster (Utah)	14.93	1.0	1
9 Jenrette, Mica	SO Colorado Mesa	14.97	1.0	

Event 20 Men 110 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 14.00 2013 Karl McFarlane, Chadron State
 NCAA Prov: P 14.49 2022

Name	Year School	Prelims	Wind	H#
------	-------------	---------	------	----

Preliminaries

1 Davis, Zayden	SO Colorado Mesa	14.40Q	2.1	1
2 Elliott Jr., Leroy	SR Adams State	P 14.43Q	1.2	2
3 Hudnall, Chris	SO Uc-Colo. Spgs.	14.44Q	2.1	1
4 Spencer, Jordan	SO Adams State	P 14.46Q	1.2	2
5 Trembly, Creighton	SO Chadron State	14.78Q	2.1	1
6 Lloyd, Brock	SO Westminster (Utah)	15.04Q	1.2	2
7 Martinez, Anthony	FR Msu Denver	14.92q	2.1	1
8 Namyst, Adam	FR South Dakota Mines	15.38q	2.1	1
9 Wells, Taegen	FR South Dakota Mines	15.71	1.2	2
10 Chapman, Coleman	FR Black Hills St.	15.82	1.2	2
11 Hanson, Nathan	SO Colorado Mesa	17.95	1.2	2
-- Stroup, Jacob	JR Western Colorado	DNF	1.2	2
-- Bridges, Jeremiah	SR South Dakota Mines	DNS	2.1	1

Event 20 Men 110 Meter Hurdles

=====
 RMAC Meet: R 14.00 2013 Karl McFarlane, Chadron State
 NCAA Prov: P 14.49 2022

Name	Year School	Finals	Wind	Points
------	-------------	--------	------	--------

Finals

1 Davis, Zayden	SO Colorado Mesa	14.42P	-0.7	10
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....Event 20 Men 110 Meter Hurdles

2 Trembly, Creighton	SO Chadron State	14.59	-0.7	8
3 Spencer, Jordan	SO Adams State	14.71	-0.7	6
4 Hudnall, Chris	SO Uc-Colo. Spgs.	14.96	-0.7	5
5 Martinez, Anthony	FR Msu Denver	14.97	-0.7	4
6 Lloyd, Brock	SO Westminster (Utah)	15.35	-0.7	3
7 Namyst, Adam	FR South Dakota Mines	15.79	-0.7	2
-- Elliott Jr., Leroy	SR Adams State		FS	-0.7

Event 21 Women 400 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 6 Best Times

RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State

Name	Year	School	Prelims	H#
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Preliminaries

1 Brotherson, Katie	JR	Westminster (Utah)	1:02.09Q	1
2 Butler, Sadi	FR	Adams State	1:02.35Q	2
3 Portis, Kelia	SO	Western Colorado	1:03.55Q	3
4 Armijo, Beatrice	SR	N.M. Highlands	1:04.32q	1
5 Waters, Lizzie	SO	Uc-Colo. Spgs.	1:04.74q	3
6 Scully, Kamryn	FR	South Dakota Mines	1:04.93q	3
7 Wenham, Grace	JR	Uc-Colo. Spgs.	1:05.96q	2
8 Curtis, Sophie	SO	Black Hills St.	1:07.03q	3
9 Griffith, Averie	SO	Colorado Mesa	1:07.07q	2
10 Williams, Lexie	FR	Colorado Mesa	1:07.27	2
11 Tuti, Clara	FR	Western Colorado	1:07.36	1
12 Benze, Krista	SR	Fort Lewis	1:07.63	3
13 Almasri, Nadine	SO	Uc-Colo. Spgs.	1:08.11	2
14 Loeks, Ashten	SO	Uc-Colo. Spgs.	1:08.86	1
15 Korbe, Jocelyn	SO	Msu Denver	1:09.90	1
16 Jarolmen, Summer	SR	Msu Denver	1:11.44	1
17 Lucas, Rachel	JR	Colo. Christian	1:12.37	3
18 Struble, Hannah	JR	Black Hills St.	1:13.83	1
-- Firor, Kaiya	SO	Western Colorado	SCR	2

Event 21 Women 400 Meter Hurdles

RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State

Name	Year	School	Finals	Points
------	------	--------	--------	--------

Finals

1 Butler, Sadi	FR	Adams State	1:00.88	10
2 Brotherson, Katie	JR	Westminster (Utah)	1:01.37	8
3 Portis, Kelia	SO	Western Colorado	1:03.27	6
4 Scully, Kamryn	FR	South Dakota Mines	1:03.80	5
5 Curtis, Sophie	SO	Black Hills St.	1:04.99	4
6 Waters, Lizzie	SO	Uc-Colo. Spgs.	1:05.10	3
7 Griffith, Averie	SO	Colorado Mesa	1:05.78	2
8 Wenham, Grace	JR	Uc-Colo. Spgs.	1:05.83	1
9 Armijo, Beatrice	SR	N.M. Highlands	1:18.70	

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Event 22 Men 400 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines
 RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State
 NCAA Prov: P 53.29 2022

Name	Year	School	Prelims	H#
Preliminaries				
1 Andrews, Dillon	SO	Uc-Colo. Spgs.	P 53.12Q	3
2 Byrtus, Christian	SO	Western Colorado	54.49Q	1
3 Jones, Neveh	SO	Adams State	55.49Q	2 55.485
4 Whitney, Joe	JR	Colorado Mines	54.87q	1
5 Namyst, Adam	FR	South Dakota Mines	55.24q	1
6 Fonseca, Michael	SO	Adams State	55.41q	1
7 McDaniel, Casey	SO	Colorado Mesa	55.49q	2 55.490
8 Lloyd, Brock	SO	Westminster (Utah)	56.07q	3
9 Peila, Logan	SO	Chadron State	56.13q	3
10 Cano, Osiel	SO	Chadron State	56.95	2
11 Chapman, Coleman	FR	Black Hills St.	58.09	3
12 Barbot, Eli	FR	South Dakota Mines	58.24	2
13 Copeland, Dillon	FR	Western Colorado	58.35	1
14 Kokes, Caden	FR	South Dakota Mines	59.21	3
15 Beevers, Ethan	FR	Western Colorado	59.22	2
16 Wells, Taegen	FR	South Dakota Mines	59.24	1
17 Otto, Jeremiah	SO	Colorado Mesa	1:00.37	3
18 Heide, Carl	JR	Colorado Mesa	1:02.17	2

Event 22 Men 400 Meter Hurdles

=====
 RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines
 RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State
 NCAA Prov: P 53.29 2022

Name	Year	School	Finals	Points
Finals				
1 Andrews, Dillon	SO	Uc-Colo. Spgs.	52.19P	10
2 Byrtus, Christian	SO	Western Colorado	52.87P	8
3 Whitney, Joe	JR	Colorado Mines	53.05P	6
4 Jones, Neveh	SO	Adams State	54.68	5
5 McDaniel, Casey	SO	Colorado Mesa	54.83	4
6 Fonseca, Michael	SO	Adams State	54.93	3
7 Lloyd, Brock	SO	Westminster (Utah)	56.14	2
8 Namyst, Adam	FR	South Dakota Mines	56.90	1
-- Peila, Logan	SO	Chadron State	DNS	

Event 23 Women 4x100 Meter Relay

=====
 RMAC Meet: R 44.84 5/9/2017 Adams State
 Wahl, Johnson, Watson, Scherrer
 NCAA Prov: P 46.75 2022

School	Finals	Points
1 Uc-Colo. Spgs. 'A'	45.12P	10
1) Bloomquist, Audrey SO		
2) Bolton, Keyanda SO		
3) Fuchs, Brittany JR		
4) Zink, Kayla SR		

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....Event 23 Women 4x100 Meter Relay

2 Western Colorado 'A'	46.32P	8
1) Booker, Amaya SR	2) Johnson, Shynesti JR	
3) Hutchison, Mikayla FR	4) Dantzler, Myia FR	
3 Colorado Mesa 'A'	46.54P	6
1) Arceneaux, Kierra JR	2) Burnett-Perry, Serenity FR	
3) Eversley, Victoria FR	4) Arceneaux, Sierra JR	
4 Msu Denver 'A'	48.57	5
1) Ries, Maya FR	2) Hummel, Claire JR	
3) Garand, Teagan JR	4) Lattimore, Jaivion JR	
5 N.M. Highlands 'A'	50.80	4
1) Holl, Kaitlyn JR	2) Moore, Olivia FR	
3) Stukes, Terayah JR	4) Jebet, Faith FR	
6 South Dakota Mines 'A'	52.27	3
1) Mathieu, Katherine SO	2) Scully, Kamryn FR	
3) Rust, Vera FR	4) May, Melissa FR	
7 Westminster (Utah) 'A'	52.47	2
1) Cobabe, Lauren SR	2) Hooper, Madison SR	
3) McAlindon, Abby FR	4) Rohrer-Fitzhugh, Emma FR	
-- Black Hills St. 'A'	SCR	
-- Colorado Mines 'A'	SCR	

Event 24 Men 4x100 Meter Relay

=====			
RMAC Meet: R 40.08	2002	Fort Hays State	
		Esslinger, Wurtz, Moore, Appelhans	
NCAA Prov: P 41.06	2022		
School		Finals	Points
=====			
1 Uc-Colo. Spgs. 'A'	40.59P	10	
1) Hudnall, Chris SO	2) Mosley Jr., Brian SO		
3) Mendoza, Justice JR	4) Sterling, Kymani FR		
2 Colorado Mesa 'A'	40.69P	8	
1) Brassfield, Sterling FR	2) Thornton, Beau SO		
3) Christensen, Kade SO	4) Williams, Elijah SO		
3 Chadron State 'A'	41.22	6	
1) Roden, Brodie JR	2) Voth, Brock JR		
3) Efeturi, Quincy FR	4) Trembly, Creighton SO		
4 Msu Denver 'A'	42.14	5	
1) Martinez, Anthony FR	2) Hamby, Brayden JR		
3) Killmon, Brant JR	4) Loper, Ethan SO		
5 Black Hills St. 'A'	42.61	4	
1) Becker, Frank JR	2) Hale, Nicholas FR		
3) McGraw, Shane SO	4) Sartain, Mason SO		
6 South Dakota Mines 'A'	43.11	3	
1) Hopkins, Jonathan FR	2) Namyst, Adam FR		
3) Kokes, Caden FR	4) Massa, Thomas FR		
7 Western Colorado 'A'	44.08	2	
1) Martinez, Kennedy SO	2) Wilkins, Joseph FR		
3) Fike, Eric SO	4) Hamilton, Josh FR		

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Event 25 Women 4x400 Meter Relay

RMAC Meet: R 3:46.73 2016 CSU-Pueblo		Reed, Roberts, Tuck, Evans	
NCAA Prov: P 3:48.62 2022		Finals	H# Points
School			
1 Colorado Mines 'A'		3:46.15R	2 10 RMAC Record
1) Higashi, Randi JR	2) Galvin, Grace FR		
3) Nelson, Amena SO	4) Wright, Aryelle JR		
2 Western Colorado 'A'		3:50.73	2 8
1) Portis, Kelia SO	2) Burt, Mackenzie JR		
3) Mohan, Abbey SO	4) Booker, Amaya SR		
3 N.M. Highlands 'A'		3:51.73	2 6
1) Udechukwu, Hilary FR	2) Armijo, Beatrice SR		
3) Harrison, Lucia SO	4) Palmer, Selisa FR		
4 Uc-Colo. Spgs. 'A'		3:53.59	2 5
1) Davis, Amber FR	2) Loeks, Ashten SO		
3) Hewitt, Michela SO	4) Wenham, Grace JR		
5 Westminster (Utah) 'A'		3:53.95	2 4
1) Brotherson, Katie JR	2) McAlindon, Courtney JR		
3) Johnson, Josii JR	4) Worline, Emily JR		
6 Colorado Mesa 'A'		3:54.27	2 3
1) Lindauer, Sophia SO	2) Brockman, Jordan SO		
3) Burnett, Jordan FR	4) Burnett-Perry, Serenity FR		
7 Msu Denver 'A'		3:56.79	2 2
1) Scott, Kamryn SR	2) Hummel, Claire JR		
3) Street, Audrynn FR	4) Garand, Teagan JR		
8 Chadron State 'A'		3:59.42	1 1
1) Collier, Carlie SO	2) Rader, Danae FR		
3) Hill, Michaela SO	4) Groth, Caydince FR		
9 Black Hills St. 'A'		4:02.08	1
1) Hendrick, Hannah JR	2) Curtis, Sophie SO		
3) Dykstra, Erica JR	4) Tracy, Mikayla JR		
10 Fort Lewis 'A'		4:07.56	1
1) Benze, Krista SR	2) Fankhouser, Katie SO		
3) Mena, Sophia FR	4) Sargent, Saylor SR		
-- Adams State 'A'		SCR	

Event 26 Men 4x400 Meter Relay

RMAC Meet: R 3:11.84 4/29/2018 CSU-Pueblo		T Donnell, S Horne, D Vassell, T Staines	
RMAC Meet: R 3:10.1h 2007 , Adams State		Streeter, Lara, Moulinet, Streeter	
NCAA Prov: P 3:14.05 2022		Finals	Points
School			
1 Uc-Colo. Spgs. 'A'		3:14.01P	10
1) Andrews, Dillon SO	2) Hamilton, Joey FR		
3) Laca, Angel JR	4) O'Neal, Ryan SO		
()			
2 Colorado Mesa 'A'		3:15.69	8
1) Ortega, Dayne FR	2) Smallwood, AJ FR		
3) Reese, Austin SO	4) Montague, Kelsey SO		
3 Chadron State 'A'		3:15.72	6

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....Event 26 Men 4x400 Meter Relay

1) Cano, Osvaldo SO	2) Cano, Osiel SO		
3) Moravec, Logan SO	4) Logsdon, Greg SO		
4 Msu Denver 'A'		3:18.53	5
1) Loper, Ethan SO	2) Gilfillan, Thomas SO		
3) Nowlen, Nick JR	4) Bodner, Brandon SR		
5 Western Colorado 'A'		3:19.21	4
1) Martinez, Kennedy SO	2) Hamilton, Josh FR		
3) Wilkins, Joseph FR	4) Kizewski, Bryce SO		
6 South Dakota Mines 'A'		3:23.84	3
1) Pitlick, Ethan FR	2) Orozco, Isaac SO		
3) Namyst, Adam FR	4) Wells, Taegen FR		
7 Black Hills St. 'A'		3:24.50	2
1) Becker, Frank JR	2) Sartain, Mason SO		
3) Chapman, Coleman FR	4) McGraw, Shane SO		
-- Colorado Mines 'A'			DNS
1) Whitney, Joe JR	2) Maline, Alex FR		
3) Julian, Luke JR	4) Davis, Nathan JR		

Event 27 Women High Jump

RMAC Meet: R 1.88m 2013 Barbara Szabo, Western State
 NCAA Prov: P 1.68m 2022

Name	Year School	Finals	Points
1 Pavlenko, Lydia	SR Uc-Colo. Spgs.	1.72mP	5-07.75 10
1.51 1.56 1.61 1.66 1.69 1.72 1.75			
P O O O XXO XXO XXX			
2 Cerenil, Jourdaine	SO Chadron State	1.69mP	5-06.50 8
1.51 1.56 1.61 1.66 1.69 1.72 1.75			
O O P O XO P XXX			
3 Coffey, Josie	SO Colorado Mesa	1.66m	5-05.25 6
1.51 1.56 1.61 1.66 1.69			
P P O O XXX			
4 Wiebelhaus, Hunter	FR Chadron State	J1.66m	5-05.25 5
1.51 1.56 1.61 1.66 1.69			
XO O XXO O XXX			
5 Wood, Lexye	JR Colorado Mines	J1.66m	5-05.25 4
1.51 1.56 1.61 1.66 1.69 1.72			
P XO XO XXO P XXX			
6 Bretz, Samantha	SO Western Colorado	1.61m	5-03.25 2.50
1.51 1.56 1.61 1.66			
PPP O O XXX			
6 Donohoe, Eireann	FR Western Colorado	1.61m	5-03.25 2.50
1.51 1.56 1.61 1.66			
P P O XXX			
8 Jones, Mikayla	SO Csu-Pueblo	J1.61m	5-03.25 1
1.51 1.56 1.61 1.66			
O O XO XXX			
9 Novess, Faith	SO Uc-Colo. Spgs.	J1.61m	5-03.25
1.51 1.56 1.61 1.66			
P O XXO XXX			
9 Oliver, Angelina	JR N.M. Highlands	J1.61m	5-03.25
1.51 1.56 1.61 1.66			
P P XXO XXX			

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....Event 27 Women High Jump

11 Matteson, Hope	FR Colorado Mesa	J1.61m	5-03.25
1.51 1.56 1.61 1.66			
O XO XXO XXX			
12 Lindauer, Sophia	SO Colorado Mesa	1.56m	5-01.25
1.51 1.56 1.61			
O O XXX			
13 Somers, Marley	FR Western Colorado	J1.56m	5-01.25
1.51 1.56 1.61			
O XO XXX			
13 King, Megan	JR Colorado Mesa	J1.56m	5-01.25
1.51 1.56 1.61			
O XO XXX			
15 O'Neill, Hailee	FR Uc-Colo. Spgs.	1.51m	4-11.50
1.51 1.56			
O XXX			
-- Cobabe, Lauren	SR Westminster (Utah)	NH	
1.51			
XXX			
-- Jenrette, Mica	SO Colorado Mesa	NH	
1.51			
XXX			
-- McDonald, Kendra	JR Black Hills St.	NH	
1.51			
XXX			

Event 28 Men High Jump

=====									
RMAC Meet: R 2.20m	2014	Justin Bethea, Adams State							
NCAA Prov: P 2.05m	2022								
Name	Year	School	Finals				Points		
=====									
1 Redmond, Grant	JR	Colorado Mines	2.12mP	6-11.50	10				
1.83 1.88 1.93 1.98 2.03	2.06	2.09	2.12	2.15					
P P P O XO	XXO	P	O	XXX					
2 Ciccarelli, Skye	SO	Uc-Colo. Spgs.	2.06mP	6-09.00	8				
1.83 1.88 1.93 1.98 2.03	2.06	2.09	2.12						
P P P O XO	XO	P	XXX						
3 Walsh, Tanner	SR	Uc-Colo. Spgs.	J2.06mP	6-09.00	6				
1.83 1.88 1.93 1.98 2.03	2.06	2.09	2.12						
P P P O O	XXO	P	XXX						
4 Dumsa, Joseph	JR	Chadron State	1.98m	6-06.00	5				
1.83 1.88 1.93 1.98 2.03									
O O O O XXX									
5 Buckhold, Zace	FR	Colorado Mesa	J1.98m	6-06.00	4				
1.83 1.88 1.93 1.98 2.03									
P O O XXO XXX									
6 Penfield, Alec	SO	Chadron State	J1.98m	6-06.00	3				
1.83 1.88 1.93 1.98 2.03									
O O XXO XXX									
7 Ortega, Hector	FR	Chadron State	1.93m	6-04.00	2				
1.83 1.88 1.93 1.98									
XXO O XO XXX									

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....Event 28 Men High Jump

8	Cass, Jade	FR South Dakota Mines	J1.93m	6-04.00	1
	1.83 1.88 1.93 1.98				
	O O XXO XXX				
9	Kurjak, Eddie	FR Colorado Mesa	J1.93m	6-04.00	
	1.83 1.88 1.93 1.98				
	P XXO XXO XXX				
10	Briggs, Trey	FR Colorado Mesa	1.88m	6-02.00	
	1.83 1.88 1.93				
	O O XXX				
11	McCracken, Conner	JR Chadron State	J1.88m	6-02.00	
	1.83 1.88 1.93				
	XO O XXX				
11	Duran, Josh	FR Western Colorado	J1.88m	6-02.00	
	1.83 1.88 1.93				
	XO O XXX				
13	Church, Caden	FR Western Colorado	J1.88m	6-02.00	
	1.83 1.88 1.93				
	O XO XXX				
14	Anselmo, Dominic	JR Western Colorado	J1.88m	6-02.00	
	1.83 1.88 1.93				
	XO XXO XXX				
15	Lloyd, Brock	SO Westminster (Utah)	1.83m	6-00.00	
	1.83 1.88				
	O XXX				
15	Frasl, Caden	SO Uc-Colo. Spgs.	1.83m	6-00.00	
	1.83 1.88				
	O XXX				
17	Killmon, Brant	JR Msu Denver	J1.83m	6-00.00	
	1.83 1.88				
	XO XXX				
--	Morgan, Michael	JR Western Colorado	NH		
	1.83				
	XXX				
--	Hinch, Jaxon	SO Colo. Christian	DNS		
--	Ramsey, Gunner	FR Black Hills St.	DNS		

Event 29 Women Pole Vault

=====						
RMAC Meet: R 4.05m 2011		Lauren Graham, UC-Colorado Springs				
NCAA Prov: P 3.75m 2022						
Name	Year	School	Finals	Points		
=====						
1	Herbold, Avery	SO Colorado Mines	4.01mP	13-01.75	10	
	3.26 3.41 3.56 3.71 3.81 3.91 4.01 4.06					
	P P P O XXO O XXO XXX					
2	Miller, Hannah	JR Colorado Mines	3.91mP	12-10.00	8	
	3.26 3.41 3.56 3.71 3.81 3.91 4.01					
	P P P O O O XXX					
3	Hendrick, Hannah	JR Black Hills St.	J3.91mP	12-10.00	6	
	3.26 3.41 3.56 3.71 3.81 3.91 4.01					
	P P O O XO XO XXX					
4	Thompson, Dale	FR Colorado Mines	3.81mP	12-06.00	5	
	3.26 3.41 3.56 3.71 3.81 3.91					
	P O XO O O XXX					

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....Event 29 Women Pole Vault

5	Scott, Whitney	SR Black Hills St.	3.71m	12-02.00	4
	3.26 3.41 3.56 3.71 3.81				
	P P O XO XXX				
6	O'Brien, Choying	SO Western Colorado	3.56m	11-08.00	3
	3.26 3.41 3.56 3.71				
	P P O XXX				
7	Smith, Lauren	FR Western Colorado	J3.56m	11-08.00	2
	3.26 3.41 3.56 3.71				
	P XO XO XXX				
8	Brignoli, Laura	SO Western Colorado	3.41m	11-02.25	1
	3.26 3.41 3.56				
	P O XXX				
9	Varela, Gabbi	JR Colorado Mines	J3.41m	11-02.25	
	3.26 3.41 3.56				
	P XO XXX				
9	Kowalski, Ava	SO Colorado Mines	J3.41m	11-02.25	
	3.26 3.41 3.56				
	P XO XXX				
11	Hill, Kristie	SO Chadron State	J3.41m	11-02.25	
	3.26 3.41 3.56				
	XXO XXO XXX				
12	Van Dyke, Alison	FR Uc-Colo. Spgs.	3.26m	10-08.25	
	3.26 3.41				
	XO XXX				
--	Rinehart, Daisy	FR Colorado Mesa	NH		
	3.26				
	XXX				
--	Kelly, Lauren	JR Colorado Mines	NH		
	3.26				
	XXX				
--	Dawson, Lydia	SO Colorado Mesa	NH		
	3.26				
	XXX				
--	Scully, Kamryn	FR South Dakota Mines	NH		
	3.26 3.41				
	P XXX				
--	Caldwell, Faith	FR Uc-Colo. Spgs.	NH		
	3.26				
	XXX				

Event 30 Men Pole Vault

=====
 RMAC Meet: R 5.30m 4/29/2019 Nolan Ellis, Colorado Mesa

NCAA Prov: P 4.82m 2022

Name	Year School	Finals	Points
1 Hopkinson, Dawson	SR Uc-Colo. Spgs.	5.05mP 16-06.75	10
	4.25 4.40 4.55 4.70 4.85 4.95 5.05 5.15 5.25		
	P P P P XO P O P XXX		
2 Potrykus, Hunter	SO Colorado Mines	J5.05mP 16-06.75	8
	4.25 4.40 4.55 4.70 4.85 4.95 5.05 5.15 5.25		
	P P P P O P XO P XXX		

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....Event 30 Men Pole Vault

3	Yonker, Kyle	SO Western Colorado	4.95mP	16-02.75	6
	4.25 4.40 4.55 4.70 4.85 4.95 5.05				
	P P P O O XO XXX				
4	Daniels, Holden	SO Uc-Colo. Spgs.	4.70m	15-05.00	5
	4.25 4.40 4.55 4.70 4.85				
	O O O XO XXX				
5	Jorgenson, Andrew	JR Western Colorado	4.55m	14-11.00	4
	4.25 4.40 4.55 4.70				
	P O XXO XXX				
6	Conley, Shane	FR Colorado Mines	J4.55m	14-11.00	3
	4.25 4.40 4.55 4.70				
	P XO XXO XXX				
7	Kelly, Noah	FR Colorado Mines	4.40m	14-05.25	2
	4.25 4.40 4.55				
	P O XXX				
8	Ell, Becker	FR Colorado Mesa	J4.40m	14-05.25	1
	4.25 4.40 4.55				
	O XO XXX				
9	Hopkins, Jonathan	FR South Dakota Mines	J4.40m	14-05.25	
	4.25 4.40 4.55				
	P XXO XXX				
10	Searls, Garrett	FR Colorado Mesa	J4.40m	14-05.25	
	4.25 4.40 4.55				
	XXO XXO XXX				
11	Grant, Aidan	FR Western Colorado	4.25m	13-11.25	
	4.25 4.40				
	O XXX				
11	Foy, Ryan	JR Black Hills St.	4.25m	13-11.25	
	4.25 4.40				
	O XXX				
13	Ell, Hayden	SO Western Colorado	J4.25m	13-11.25	
	4.25 4.40				
	XO XXX				
--	Emerson, Quintin	FR Chadron State	NH		
	4.25				
	XXX				
--	Marowf, Ben	SO Black Hills St.	NH		
	4.25				
	XXX				
--	Barbot, Eli	FR South Dakota Mines	NH		
	4.25				
	XXX				
--	Ewing, Burke	FR Western Colorado	NH		
	4.25 4.40				
	P XXX				

Event 31 Women Long Jump

=====							
RMAC Meet:	R	6.38m	2015	Shanice McPherson, NM Highlands			
NCAA Prov:	P	5.82m	2022				
Name		Year	School	Finals	Wind	H#	Points
=====							
1	Meek, Hannah		SR Uc-Colo. Spgs.	6.58m	3.3	21-07.25	2 10
	6.58m(3.3) 6.27m(3.9) 6.20m(2.7) 6.03m(2.4) 6.35m(3.0) 6.32m(4.2)						

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....Event 31 Women Long Jump

2	Holl, Kaitlyn	JR N.M. Highlands	5.98m	3.0	19-07.50	1	8
	5.62m(4.9) 5.78m(1.6) 5.60m(1.6) 5.00m(0.6) FOUL(2.4) 5.98m(3.0)						
3	Obioha, Chisom	SO N.M. Highlands	5.88mP	1.9	19-03.50	2	6
	FOUL(4.2) 5.81m(4.0) 5.48m(1.4) 5.43m(2.2) FOUL(2.4) 5.88m(1.9)						
4	Chenoweth, Shaya	SO Colorado Mesa	5.87m	3.8	19-03.25	2	5
	FOUL(2.7) FOUL(3.4) 5.64m(+0.0) 5.67m(2.4) 5.72m(0.2) 5.87m(3.8)						
5	Bloomquist, Audrey	SO Uc-Colo. Spgs.	5.84mP	1.4	19-02.00	2	4
	5.55m(1.8) FOUL(0.2) 5.63m(3.3) 5.32m(0.4) 5.84m(1.4) FOUL(1.8)						
6	Trumper, Taeryn	FR Colorado Mesa	J5.84mP	1.8	19-02.00	2	3
	FOUL(3.8) 5.84m(1.8) FOUL(1.0) FOUL(1.2) PASS FOUL(3.1)						
7	Pavlenko, Lydia	SR Uc-Colo. Spgs.	5.73m	1.9	18-09.75	2	2
	5.63m(2.4) 5.63m(2.8) 5.73m(1.9) 4.97m(3.5) 5.51m(1.5) 5.44m(1.2)						
8	Arceneaux, Kierra	JR Colorado Mesa	J5.73m	4.8	18-09.75	2	1
	5.73m(4.8) FOUL(2.6) FOUL(1.6) FOUL(0.3) 5.48m(0.9) 5.58m(2.3)						
9	Donohoe, Eireann	FR Western Colorado	5.68m	4.3	18-07.75	2	
	FOUL(3.5) 5.37m(3.0) 5.68m(4.3) 4.73m(3.5) 5.31m(0.3) 5.64m(2.6)						
10	Socarras, Dani	FR Western Colorado	5.51m	3.5	18-01.00	2	
	5.51m(3.5) FOUL(3.8) 4.82m(3.1)						
11	Carroll, Alexis	SR Uc-Colo. Spgs.	5.37m	2.5	17-07.50	2	
	5.31m(2.3) 5.37m(2.5) 5.16m(0.4)						
12	Moore, Raquel	FR Western Colorado	5.27m	4.1	17-03.50	1	
	FOUL(4.9) FOUL(1.3) 5.27m(4.1)						
13	Novess, Faith	SO Uc-Colo. Spgs.	5.26m	+0.0	17-03.25	1	
	4.87m(1.3) 5.04m(1.7) 5.26m(+0.0)						
14	Korbe, Jocelyn	SO Msu Denver	5.08m	1.9	16-08.00	1	
	5.08m(1.9) 4.73m(3.0) 4.88m(3.6)						
15	Gomez, Caelyn	SO Adams State	5.06m	1.7	16-07.25	1	
	5.02m(2.9) 5.06m(1.7) FOUL(3.2)						
16	Stukes, Terayah	JR N.M. Highlands	5.01m	5.0	16-05.25	1	
	FOUL(1.3) 5.01m(5.0) 4.39m(1.7)						
17	Mathieu, Katherine	SO South Dakota Mines	4.77m	3.2	15-07.75	1	
	4.60m(5.6) 4.77m(3.2) 4.74m(1.2)						
18	Hooper, Madison	SR Westminster (Utah)	4.70m	2.6	15-05.00	1	
	FOUL(3.5) 4.51m(+0.0) 4.70m(2.6)						
--	Valencia, Jaidyn	JR N.M. Highlands	DNS	NWI		1	

Event 32 Men Long Jump

=====
 RMAC Meet: R 7.82m 2016 Damarcus Simpson, Chadron State

NCAA Prov: P 7.26m 2022

Name	Year School	Finals	Wind	H#	Points
1 Bohannon, Peterson	JR Uc-Colo. Spgs.	7.66m	3.0	25-01.75	2 10
	FOUL(3.9) FOUL(4.1) 7.35m(3.3) 7.66m(6.1) 7.38m(4.2) 7.66m(3.0)				
2 Wesley, Malcom	SO Western Colorado	7.62m	2.2	25-00.00	2 8
	FOUL(4.5) 7.37m(3.5) 7.37m(1.1) 7.62m(2.2) FOUL(2.6) 7.38m(2.2)				
3 Thompson, Justin	SO Colorado Mesa	7.58m	4.4	24-10.50	2 6
	7.19m(3.8) 7.46m(4.0) 7.43m(4.2) FOUL(4.6) 7.58m(4.4) 7.13m(5.3)				
4 Turnage, Peyton	SO Uc-Colo. Spgs.	7.48m	3.2	24-06.50	2 5
	7.11m(3.4) 7.34m(5.8) 7.31m(2.0) 7.48m(3.2) 7.24m(2.4) FOUL(3.3)				
5 Wilson, Daryon	FR Uc-Colo. Spgs.	7.47mP	2.0	24-06.25	2 4
	7.47m(2.0) FOUL(2.4) 7.07m(5.7) 7.27m(4.5) FOUL(5.3) FOUL(5.6)				
6 Yoosook, Emory	SO Chadron State	7.19m	3.8	23-07.25	1 3
	7.19m(3.8) 6.74m(1.0) 6.96m(3.6) 7.17m(3.1) FOUL(3.3) 6.90m(5.0)				

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7	Killmon, Brant	JR Msu Denver	7.17m	4.0	23-06.25	2	2
	6.97m(3.0) 7.17m(4.0) 6.98m(4.5) FOUL(4.5) FOUL(3.2) 6.96m(4.7)						
8	Buckhold, Zace	FR Colorado Mesa	7.04m	3.0	23-01.25	2	1
	FOUL(3.1) FOUL(3.0) 6.98m(4.3) 6.89m(3.6) 7.04m(3.0) FOUL(5.0)						
9	Harris, Camwrin	SO Adams State	6.82m	4.1	22-04.50	2	
	FOUL(3.9) FOUL(2.7) 6.82m(4.1) PASS PASS PASS						
10	Guidry, Perry	SO Msu Denver	6.80m	3.1	22-03.75	1	
	6.33m(2.6) 6.71m(2.6) 6.80m(3.1)						
11	Voth, Brock	JR Chadron State	6.77m	3.6	22-02.50	1	
	6.77m(3.6) FOUL(3.0) 6.66m(2.6)						
12	Grable, Scott	FR Western Colorado	6.75m	4.2	22-01.75	1	
	6.44m(2.5) FOUL(2.9) 6.75m(4.2)						
13	DePaullite, Ishmael	JR Chadron State	6.72m	4.0	22-00.75	1	
	6.72m(4.0) FOUL(2.2) FOUL(2.7)						
14	Nwagwu, Derrick	SO Chadron State	6.69m	3.3	21-11.50	1	
	6.49m(5.2) 6.69m(3.3) FOUL(2.0)						
14	Safoh, Richard	SO Uc-Colo. Spgs.	6.69m	3.9	21-11.50	2	
	FOUL(2.2) 6.69m(3.9) FOUL(5.4)						
16	Linse, Joss	SR Chadron State	6.63m	3.7	21-09.00	1	
	6.63m(3.7) FOUL(3.2) FOUL(1.9)						
17	Ullery, Reece	JR Black Hills St.	6.61m	5.6	21-08.25	1	
	6.61m(5.6) 6.53m(2.6) FOUL(4.3)						
18	Guerrero, Mario	FR Black Hills St.	6.52m	3.7	21-04.75	1	
	6.35m(5.1) 6.52m(3.7) 6.46m(2.5)						
19	Ell, Hayden	SO Western Colorado	6.41m	4.5	21-00.50	1	
	6.41m(4.5) 6.33m(1.4) FOUL(3.8)						
--	Abbott, Dakota	JR Uc-Colo. Spgs.	FOUL				2
	FOUL(3.8) FOUL(1.9) FOUL(3.6)						
--	Bridges, Jeremiah	SR South Dakota Mines	DNS	NWI			2
--	Mertz, Max	SR Westminster (Utah)	DNS	NWI			1
--	Fawver, Morgan	SO Chadron State	DNS	NWI			2

Event 33 Women Triple Jump

=====							
RMAC Meet: R 13.16m 2012		Kearah Danville, NM Highlands					
NCAA Prov: P 11.94m 2022							
Name	Year	School	Finals	Wind	H#	Points	
=====							
1	Topal, Annie	SR N.M. Highlands	12.78mP	+0.0	41-11.25	2	10
	12.50m(0.5) 12.71m(1.6) FOUL(0.5) 12.45m(1.8) 12.78m(+0.0) FOUL(0.7)						
2	Pavlenko, Lydia	SR Uc-Colo. Spgs.	12.14mP	1.3	39-10.00	2	8
	FOUL(1.0) 11.56m(+0.0) 11.85m(1.0) 11.60m(1.9) 11.79m(+0.0) 12.14m(1.3)						
3	Bloomquist, Audrey	SO Uc-Colo. Spgs.	12.08mP	1.0	39-07.75	2	6
	11.75m(1.4) 11.97m(0.3) 12.08m(1.0) PASS 11.21m(+0.0) 11.72m(1.4)						
4	Donohoe, Eireann	FR Western Colorado	11.88m	+0.0	38-11.75	2	5
	10.70m(1.8) 11.06m(+0.0) 11.37m(+0.0) 11.59m(1.1) 11.88m(+0.0) 11.82m(2.3)						
5	Jackson, Kiana	JR Colorado Mesa	11.85m	2.6	38-10.50	2	4
	11.34m(1.0) FOUL(+0.0) FOUL(1.5) 11.63m(0.1) 11.49m(+0.0) 11.85m(2.6)						
6	Meek, Hannah	SR Uc-Colo. Spgs.	11.79m	1.4	38-08.25	2	3
	11.71m(1.0) 11.66m(0.2) 11.79m(1.4) 11.78m(1.9) FOUL(+0.0) 11.77m(2.4)						
7	Kintzley, Claire	FR Colorado Mines	11.29m	1.0	37-00.50	2	2
	10.67m(1.2) 11.29m(1.0) FOUL(1.9) FOUL(+0.0) 10.63m(+0.0) 11.07m(2.5)						
8	Jones, Mikayla	SO Csu-Pueblo	11.18m	+0.0	36-08.25	2	1
	11.00m(1.4) 10.69m(1.0) 11.18m(+0.0) 10.77m(+0.0) 10.98m(+0.0) 11.09m(1.1)						

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....Event 33 Women Triple Jump

9	Vil, Ashley	FR Colo. Christian	11.14m	0.5	36-06.75	1
	10.79m(0.8) 10.80m(1.4) 11.10m(0.1) 10.99m(+0.0) FOUL(2.1) 11.14m(0.5)					
10	Blahnik, Jessica	SO Western Colorado	11.06m	+0.0	36-03.50	1
	FOUL(0.1) 11.06m(+0.0) FOUL(1.0)					
11	Carroll, Alexis	SR Uc-Colo. Spgs.	11.04m	1.9	36-02.75	2
	10.77m(+0.0) FOUL(0.2) 11.04m(1.9)					
12	Hooper, Madison	SR Westminster (Utah)	10.17m	0.9	33-04.50	1
	FOUL(+0.0) 9.76m(+0.0) 10.17m(0.9)					
13	Paul, Breanna	FR Black Hills St.	10.10m	2.1	33-01.75	1
	9.64m(0.3) 9.64m(+0.0) 10.10m(2.1)					
14	Garand, Teagan	JR Msu Denver	9.77m	+0.0	32-00.75	1
	FOUL(1.4) 9.77m(+0.0) FOUL(1.4)					
15	Comes, Sammi	FR Chadron State	9.28m	+0.0	30-05.50	1
	FOUL(+0.0) 9.28m(+0.0) FOUL(+0.0)					
16	Marshall, Nya	FR Msu Denver	9.16m	1.1	30-00.75	1
	8.93m(+0.0) 9.16m(1.1) 9.15m(0.9)					
--	Rust, Vera	FR South Dakota Mines	FOUL			1
	FOUL(+0.0) FOUL(1.3) FOUL(0.2)					
--	Spurlock, Winnie	JR Colo. Christian	DNS	NWI		1

Event 34 Men Triple Jump

=====									
RMAC Meet: R 15.89m 2013		Carlton Lavong, Adams State							
NCAA Prov: P 14.71m 2022									
Name	Year	School	Finals	Wind		H#	Points		
=====									
1	Abbott, Dakota	JR Uc-Colo. Spgs.	15.57m	3.5	51-01.00	2	10		
	15.12m(+0.0) 15.43m(2.5) FOUL(1.6) 15.57m(3.5) FOUL(3.1) FOUL(2.1)								
2	Nwagwu, Derrick	SO Chadron State	14.91mP	1.8	48-11.00	2	8		
	FOUL(0.7) 14.85m(2.3) 14.91m(1.8) 14.84m(3.0) 14.69m(2.2) 14.20m(1.1)								
3	Turnage, Peyton	SO Uc-Colo. Spgs.	14.84m	2.4	48-08.25	2	6		
	14.80m(2.8) 14.62m(+0.0) 14.84m(2.4) 14.55m(2.2) 14.70m(2.2) 14.17m(0.3)								
4	Spencer, Jordan	SO Adams State	14.82m	2.6	48-07.50	2	5		
	FOUL(+0.0) 14.65m(+0.0) FOUL(0.9) 14.40m(2.1) 14.82m(2.6) FOUL(1.5)								
5	Voth, Brock	JR Chadron State	14.75mP	1.6	48-04.75	2	4		
	FOUL(+0.0) FOUL(2.4) 14.28m(2.2) 14.48m(1.6) 14.75m(1.6) 14.68m(1.1)								
6	Linse, Joss	SR Chadron State	14.40m	0.8	47-03.00	2	3		
	13.69m(0.1) FOUL(+0.0) 14.40m(0.8) 14.28m(2.2) 14.17m(3.7) FOUL(1.1)								
7	Guidry, Perry	SO Msu Denver	14.28m	2.3	46-10.25	1	2		
	14.20m(+0.0) FOUL(1.9) 14.28m(2.3) 13.81m(+0.0) 14.15m(3.8) 14.15m(0.9)								
8	Kurjak, Eddie	FR Colorado Mesa	J14.28m	0.3	46-10.25	1	1		
	14.28m(0.3) FOUL(1.8) 13.46m(1.6) PASS PASS PASS								
9	Wesley, Malcom	SO Western Colorado	J14.28m	+0.0	46-10.25	2			
	FOUL(+0.0) 14.28m(+0.0) 12.80m(2.7) PASS PASS PASS								
10	Harris, Camwrin	SO Adams State	14.23m	2.3	46-08.25	2			
	13.85m(0.4) FOUL(4.1) 14.23m(2.3)								
11	Argosino, Fischer	SO Colorado Mines	14.03m	2.4	46-00.50	2			
	FOUL(0.4) 14.03m(2.4) FOUL(1.8)								
12	Guerrero, Mario	FR Black Hills St.	13.60m	0.1	44-07.50	1			
	13.60m(0.1) 13.42m(1.9) FOUL(2.6)								
13	Killmon, Brant	JR Msu Denver	13.44m	2.2	44-01.25	1			
	13.44m(2.2) FOUL(1.7) 13.44m(1.7)								
14	Wilson, Daryon	FR Uc-Colo. Spgs.	12.98m	1.2	42-07.00	1			
	FOUL(0.9) FOUL(2.3) 12.98m(1.2)								

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....Event 34 Men Triple Jump

15 Bohannon, Peterson	JR Uc-Colo. Spgs.	12.86m	+0.0	42-02.25	1
FOUL(1.2) 12.86m(+0.0) FOUL(2.1)					
16 Beevers, Ethan	FR Western Colorado	12.57m	1.6	41-03.00	1
12.57m(1.6) FOUL(1.4) FOUL(1.7)					
17 Le, Zach	FR Colo. Christian	12.52m	1.1	41-01.00	1
12.52m(1.1) 12.29m(0.9) FOUL(1.7)					
-- Safoh, Richard	SO Uc-Colo. Spgs.	DNS	NWI		1
-- Mertz, Max	SR Westminster (Utah)	DNS	NWI		1
-- Thompson, Justin	SO Colorado Mesa	DNS	NWI		2

Event 35 Women Discus Throw

RMAC Meet: R 51.98m 5/9/2017 Mel Herl, Chadron State

NCAA Prov: P 45.90m 2022

Name	Year School	Finals	H#	Points
1 Malouf, Emily	SO Westminster (Utah)	46.54mP	152-08	2 10
FOUL 40.28m 46.54m 39.85m FOUL 41.03m				
2 Sawvell, Kyla	JR Black Hills St.	45.96mP	150-09	2 8
45.96m 44.33m 43.64m 43.01m 43.98m 37.36m				
3 Tomon, Kathleen	SR Colorado Mines	42.95m	140-11	2 6
42.95m FOUL 41.47m FOUL FOUL 41.85m				
4 Holland, Anna	SO Uc-Colo. Spgs.	42.54m	139-07	2 5
35.94m 42.54m 42.22m FOUL FOUL 39.68m				
5 Gackle, Jady	FR Black Hills St.	40.33m	132-04	2 4
39.75m FOUL 39.68m 40.33m FOUL FOUL				
6 Arias, Alicia	JR N.M. Highlands	39.70m	130-03	2 3
38.44m 39.70m 38.58m FOUL 37.41m FOUL				
7 Gustason, Amber	JR Western Colorado	39.47m	129-06	1 2
38.51m FOUL 39.47m FOUL 36.28m FOUL				
8 James, Lizzy	FR Csu-Pueblo	38.62m	126-08	1 1
36.06m 35.26m 38.62m 32.52m 37.33m 35.79m				
9 Rugar, Kitt	FR Colorado Mines	38.55m	126-06	2
FOUL FOUL 38.55m FOUL FOUL FOUL				
10 Cameron, Alexandra	FR Black Hills St.	38.40m	126-00	1
33.63m 38.40m FOUL				
11 Yackey, Heather	FR Colorado Mesa	38.35m	125-10	2
28.97m 38.35m 34.21m				
12 Walters, Caroline	SO Uc-Colo. Spgs.	37.88m	124-03	2
36.39m 37.88m FOUL				
13 Arseneau, Emily	SO Uc-Colo. Spgs.	37.60m	123-04	2
37.60m FOUL FOUL				
14 Glasmann, Jaynie	FR Westminster (Utah)	37.17m	121-11	1
35.55m 37.17m FOUL				
15 Jurrens, Olivia	SO South Dakota Mines	36.76m	120-07	2
FOUL 36.12m 36.76m				
16 Holmes-McKown, Meleeah	SO Colorado Mesa	36.66m	120-03	1
32.98m 34.32m 36.66m				
17 Graham, Heather	SO Csu-Pueblo	36.44m	119-07	1
36.44m FOUL 36.24m				
18 Wortham, Krystal	SO Western Colorado	35.55m	116-08	1
27.52m 34.35m 35.55m				
19 Friederich, Makayla	FR Black Hills St.	35.11m	115-02	1
27.62m 32.27m 35.11m				

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....Event 35 Women Discus Throw

20	Lynn Bonner, Cassie	SO Uc-Colo. Spgs.	35.09m	115-01	1
	33.44m FOUL 35.09m				
21	Stubbs, Jaycie	FR South Dakota Mines	35.05m	115-00	1
	34.24m 35.05m 32.52m				
22	Smith, Courtney	JR Chadron State	34.46m	113-01	1
	34.46m FOUL 31.64m				
23	Merz, Jansi	FR South Dakota Mines	32.18m	105-07	1
	FOUL FOUL 32.18m				
24	Perez, Savanna	SO Black Hills St.	32.00m	105-00	2
	32.00m FOUL FOUL				

Event 36 Men Discus Throw

=====

RMAC Meet: R 55.47m 2004 Jake Evig, Adams State

NCAA Prov: P 50.45m 2022

Name	Year School	Finals	H#	Points
1 Veidmark, Arvid	JR Colorado Mines	50.72mP	166-05	2 10
	46.94m FOUL FOUL 47.98m 50.72m FOUL			
2 Paas, Gevin	SO Black Hills St.	50.37m	165-03	2 8
	44.96m 48.75m 50.37m 49.37m 48.98m 47.48m			
3 Nelson, Tyler	SO Western Colorado	49.77m	163-03	2 6
	46.79m 47.03m 46.96m 47.55m 46.84m 49.77m			
4 Dirkes, Sam	SO Adams State	48.95m	160-07	2 5
	FOUL FOUL 46.63m FOUL 46.91m 48.95m			
5 Riley, Hayden	SO Colorado Mesa	48.04m	157-07	2 4
	47.43m 48.04m 47.40m FOUL 45.90m FOUL			
6 Larson, Jordan	JR Adams State	47.88m	157-01	2 3
	FOUL 46.86m 47.88m FOUL FOUL 46.53m			
7 Collins, Shane	SO Chadron State	47.77m	156-09	2 2
	46.83m 47.18m 46.71m 47.18m 47.77m FOUL			
8 Moore, Jameson	FR Colorado Mesa	47.49m	155-10	2 1
	FOUL 45.75m 47.49m FOUL FOUL FOUL			
9 Mack, Sully	JR Black Hills St.	46.55m	152-09	2
	45.24m 46.55m FOUL FOUL 44.81m FOUL			
10 Waddles, James	FR Adams State	44.69m	146-07	1
	42.49m 44.69m FOUL			
11 Gonser, Parker	SO Chadron State	44.56m	146-02	2
	44.56m 43.85m FOUL			
12 Parker, David	FR Csu-Pueblo	44.44m	145-10	1
	FOUL 44.44m FOUL			
13 Showalter, Caden	SO Uc-Colo. Spgs.	44.10m	144-08	1
	FOUL FOUL 44.10m			
14 Reynolds, Daniel	SO Chadron State	44.04m	144-06	1
	FOUL 41.97m 44.04m			
15 Hohanadel, John	JR Adams State	43.64m	143-02	2
	42.40m 43.64m FOUL			
16 Hohanadel, James	SO Adams State	42.05m	137-11	1
	40.62m 42.05m FOUL			
17 Anderson, Mitchell	FR Uc-Colo. Spgs.	40.71m	133-07	1
	FOUL 40.71m 38.27m			
18 Evans, Karter	SO Western Colorado	40.25m	132-01	1
	40.25m FOUL FOUL			

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....Event 36 Men Discus Throw

19	Rosenstrauch, Anthony	SO Black Hills St.	39.98m	131-02	1
	39.98m FOUL 38.59m				
20	Kaiser, Reid	FR South Dakota Mines	39.20m	128-07	1
	36.37m FOUL 39.20m				
21	Spady, Reid	SO Chadron State	38.51m	126-04	1
	FOUL FOUL 38.51m				
22	Lucas, Jarell	FR Uc-Colo. Spgs.	37.55m	123-02	2
	FOUL 37.55m 36.68m				
23	Butterfield, Logan	FR Western Colorado	37.47m	122-11	1
	36.38m 37.47m 37.05m				
--	Cone, Ian	FR South Dakota Mines	FOUL		1
	FOUL FOUL FOUL				

Event 37 Women Hammer Throw

=====
 RMAC Meet: R 63.62m 5/7/2017 Mel Herl, Chadron State

NCAA Prov: P 52.43m 2022

Name	Year School	Finals	H#	Points
1 Sawvell, Kyla	JR Black Hills St.	60.18mP	197-05	2 10
	55.42m 55.08m 55.90m 57.68m 58.44m 60.18m			
2 Scott, Kaitlyn	JR N.M. Highlands	52.85mP	173-05	2 8
	49.17m 52.69m 52.85m FOUL 50.03m FOUL			
3 McClure, Macy	SO South Dakota Mines	51.14m	167-09	2 6
	46.66m FOUL 49.88m FOUL FOUL 51.14m			
4 Smith, Courtney	JR Chadron State	50.72m	166-05	2 5
	FOUL 48.33m FOUL 46.84m 50.72m 47.90m			
5 Gustason, Amber	JR Western Colorado	50.10m	164-04	2 4
	FOUL 48.89m 49.93m FOUL 50.10m FOUL			
6 Graham, Heather	SO Csu-Pueblo	49.43m	162-02	2 3
	47.41m 49.06m 49.43m 47.21m FOUL 48.30m			
7 Perez, Savanna	SO Black Hills St.	49.40m	162-01	2 2
	47.40m 49.09m 49.40m FOUL 48.97m FOUL			
8 Tomon, Kathleen	SR Colorado Mines	48.59m	159-05	1 1
	43.79m 44.86m 48.59m FOUL FOUL FOUL			
9 Wortham, Krystal	SO Western Colorado	47.84m	156-11	1
	FOUL 43.93m 47.84m 44.46m 44.46m FOUL			
10 Saylor, Jenna	FR South Dakota Mines	47.48m	155-09	2
	46.01m 47.03m 47.48m			
11 Holmes-McKown, Meleeah	SO Colorado Mesa	45.62m	149-08	1
	44.74m 45.62m 44.88m			
12 Jarnagin, Jennifer	FR Colorado Mines	45.50m	149-03	2
	44.06m FOUL 45.50m			
13 Lynn Bonner, Cassie	SO Uc-Colo. Spgs.	45.27m	148-06	2
	44.35m 45.27m 43.09m			
14 Rugar, Kitt	FR Colorado Mines	44.17m	144-11	1
	FOUL FOUL 44.17m			
15 Gackle, Jadyn	FR Black Hills St.	43.33m	142-02	1
	FOUL 41.31m 43.33m			
16 Jurens, Olivia	SO South Dakota Mines	43.03m	141-02	1
	42.67m FOUL 43.03m			
17 Cooley, Amanda	FR South Dakota Mines	42.83m	140-06	1
	42.83m 40.74m FOUL			

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....Event 37 Women Hammer Throw

18	Robinson, Tierney	FR South Dakota Mines	42.01m	137-10	1
	40.32m 39.93m 42.01m				
19	Schliep, Madyson	SO Chadron State	41.52m	136-03	1
	40.17m 41.52m 41.00m				
20	Chrisawn, Trinity	SO Chadron State	40.09m	131-06	1
	40.09m FOUL 39.76m				
21	Yackey, Heather	FR Colorado Mesa	38.17m	125-03	1
	38.17m 37.86m 35.62m				
--	Friederich, Makayla	FR Black Hills St.	FOUL		1
	FOUL FOUL FOUL				
--	Holland, Anna	SO Uc-Colo. Spgs.	FOUL		2
	FOUL FOUL FOUL				
--	Marr, Sydney	JR Uc-Colo. Spgs.	DNS		2

Event 38 Men Hammer Throw

=====
 RMAC Meet: R 61.28m 2007 Michael Gusbeth, Western State
 NCAA Prov: P 56.86m 2022

Name	Year School	Finals	H#	Points
1 Collins, Shane	SO Chadron State	61.58mR	202-00	2 10 RMAC Record
	58.73m 58.65m 57.67m FOUL 61.58m 60.32m			
2 Reynolds, Daniel	SO Chadron State	61.52mR	201-10	2 8
	61.52m FOUL 58.34m FOUL FOUL FOUL			
3 Loper, Justyn	SO Uc-Colo. Spgs.	58.43mP	191-08	2 6
	56.27m 58.43m FOUL 58.06m FOUL FOUL			
4 Veidmark, Arvid	JR Colorado Mines	57.49mP	188-07	2 5
	53.95m 55.70m 54.97m 57.49m FOUL FOUL			
5 Paas, Gevin	SO Black Hills St.	53.72m	176-03	2 4
	FOUL 51.46m FOUL 53.72m FOUL FOUL			
6 Hochanadel, John	JR Adams State	53.70m	176-02	2 3
	53.70m 49.16m 51.41m FOUL 46.61m FOUL			
7 Gonser, Parker	SO Chadron State	51.74m	169-09	1 2
	49.91m FOUL 51.02m FOUL 50.45m 51.74m			
8 Mack, Sully	JR Black Hills St.	51.68m	169-07	2 1
	51.68m 50.63m 50.12m 47.95m 50.91m FOUL			
9 Colman, Erick	SO South Dakota Mines	50.64m	166-02	2
	45.96m 49.12m 50.64m 48.30m 48.54m 50.12m			
10 Butterfield, Logan	FR Western Colorado	49.92m	163-09	1
	49.92m FOUL FOUL			
11 Nelson, Tyler	SO Western Colorado	49.42m	162-02	2
	FOUL 49.42m 48.89m			
12 Riley, Hayden	SO Colorado Mesa	49.33m	161-10	1
	46.69m FOUL 49.33m			
13 Minerich, Warren	JR South Dakota Mines	48.56m	159-04	2
	FOUL FOUL 48.56m			
14 Evans, Karter	SO Western Colorado	48.22m	158-02	1
	47.59m 47.55m 48.22m			
15 Spady, Reid	SO Chadron State	45.57m	149-06	1
	FOUL FOUL 45.57m			
16 Larson, Jordan	JR Adams State	44.49m	145-11	1
	44.49m FOUL FOUL			
17 Fritzler, Henry	FR South Dakota Mines	44.20m	145-00	1
	41.12m 44.20m 43.63m			

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....Event 38 Men Hammer Throw

18	Osmanski, Kevin	FR South Dakota Mines	43.47m	142-07	1
	FOUL FOUL 43.47m				
19	Thurman, Isaiah	FR South Dakota Mines	42.43m	139-02	1
	42.43m FOUL FOUL				
20	Kaiser, Reid	FR South Dakota Mines	39.51m	129-07	1
	FOUL FOUL 39.51m				
--	Kiesby, Davin	SO Colorado Mines	FOUL		2
	FOUL FOUL FOUL				
--	Moore, Jameson	FR Colorado Mesa	FOUL		2
	FOUL FOUL FOUL				
--	Cone, Ian	FR South Dakota Mines	FOUL		1
	FOUL FOUL FOUL				
--	Moran, Lucas	FR Csu-Pueblo	FOUL		1
	FOUL FOUL FOUL				

Event 39 Women Javelin Throw

=====
 RMAC Meet: R 48.36m 4/29/2018 Sharon Toako, NM Highlands
 NCAA Prov: P 41.92m 2022

Name	Year School	Finals	H#	Points
1 Stubbs, Jaycie	FR South Dakota Mines	39.43m	129-04	2 10
	37.00m FOUL 37.37m FOUL 37.00m 39.43m			
2 Bohlken, Kamryn	SO Uc-Colo. Spgs.	38.09m	125-00	2 8
	33.30m 33.82m 36.35m 36.21m 32.33m 38.09m			
3 Walters, Caroline	SO Uc-Colo. Spgs.	37.98m	124-07	2 6
	37.98m 37.89m 36.29m 36.55m 33.82m 34.76m			
4 Harrison, Lucia	SO N.M. Highlands	36.82m	120-10	2 5
	28.68m 34.14m 33.28m 31.07m 33.84m 36.82m			
5 Remsberg, Maggie	SO Uc-Colo. Spgs.	35.62m	116-10	2 4
	FOUL 35.62m 23.91m 25.78m PASS 27.21m			
6 Sawvell, Kyla	JR Black Hills St.	34.94m	114-07	2 3
	27.17m 32.01m 30.00m 31.75m 34.28m 34.94m			
7 Frank, Kitrie	FR Black Hills St.	34.56m	113-05	2 2
	32.02m 34.56m 29.24m 30.44m FOUL FOUL			
8 Glasmann, Jaynie	FR Westminster (Utah)	33.55m	110-01	2 1
	FOUL 33.55m FOUL 32.91m 31.54m FOUL			
9 Jarnagin, Jennifer	FR Colorado Mines	31.77m	104-03	2
	31.77m 27.77m 26.97m 21.14m 27.88m 26.99m			
10 Korbe, Jocelyn	SO Msu Denver	30.33m	99-06	1
	28.18m 29.42m 30.33m			
11 Dickinson, Megan	FR Csu-Pueblo	30.15m	98-11	2
	28.68m 30.15m 28.54m			
12 Garand, Teagan	JR Msu Denver	29.80m	97-09	1
	27.30m 29.80m 27.52m			
13 Lynn Bonner, Cassie	SO Uc-Colo. Spgs.	29.51m	96-10	1
	29.51m 27.59m 28.11m			
14 Mathieu, Katherine	SO South Dakota Mines	28.85m	94-08	1
	28.82m 28.25m 28.85m			
15 Friederich, Makayla	FR Black Hills St.	27.69m	90-10	1
	25.76m 26.48m 27.69m			
16 Smith, Courtney	JR Chadron State	26.03m	85-05	1
	20.30m 26.03m FOUL			

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17 Krumpus, Abby	FR South Dakota Mines	26.01m	85-04	1
25.81m 26.01m 23.66m				
18 Ekwall, Morgan	SO Chadron State	23.93m	78-06	1
23.93m 23.29m FOUL				
19 Comes, Sammi	FR Chadron State	21.94m	72-00	1
21.94m 17.96m FOUL				

Event 40 Men Javelin Throw

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RMAC Meet: R 67.76m 2001 Zach Kindler, Fort Hays State

NCAA Prov: P 58.38m 2022

Name	Year School	Finals	H#	Points
1 Christopher, Sawyer	SO Uc-Colo. Spgs.	61.43mP	201-06	2 10
53.76m 61.43m PASS 49.78m 56.98m FOUL				
2 Savery, Quest	SO Chadron State	55.02m	180-06	2 8
52.57m 51.13m 51.43m 49.70m 52.99m 55.02m				
3 Mack, Sully	JR Black Hills St.	53.61m	175-11	2 6
50.09m 50.04m FOUL 53.53m FOUL 53.61m				
4 Davis III, Dallas	FR Colorado Mesa	53.32m	174-11	2 5
FOUL 49.37m 53.32m 49.92m 45.81m FOUL				
5 Soule, Dylan	SO Chadron State	53.16m	174-05	2 4
45.23m 46.38m 51.34m 53.16m 52.98m 51.94m				
6 Lanker, Garrett	SO Colorado Mines	52.43m	172-00	2 3
47.97m 51.03m 48.75m 49.12m 46.79m 52.43m				
7 Richmond, Seth	SO Uc-Colo. Spgs.	52.12m	171-00	2 2
52.12m 49.66m 49.06m 47.79m 51.30m 46.21m				
8 Hast, Thorben	SO Uc-Colo. Spgs.	51.11m	167-08	2 1
51.11m 47.74m 49.83m FOUL 45.16m 49.40m				
9 Hamilton, Joey	FR Uc-Colo. Spgs.	50.33m	165-01	2
48.63m 50.33m FOUL 41.41m FOUL 41.83m				
10 Morgan, Michael	JR Western Colorado	48.59m	159-05	1
47.09m 48.59m 47.11m				
11 Kalaf, Cameron	FR Colorado Mesa	47.83m	156-11	1
FOUL 47.83m 46.82m				
12 Furcron, Daniel	SO Uc-Colo. Spgs.	47.72m	156-07	2
47.72m 45.78m 45.64m				
13 Heide, Dawson	SO Colorado Mesa	47.65m	156-04	2
46.19m 47.65m 47.25m				
14 Snyder, Brent	FR South Dakota Mines	47.12m	154-07	1
47.12m 43.01m 43.75m				
15 House, Sean	FR Western Colorado	46.16m	151-05	1
29.63m 46.16m FOUL				
16 Nelson, Tyler	SO Western Colorado	46.15m	151-05	2
44.85m 46.15m 44.11m				
17 Wuesthoff, Luke	SR Western Colorado	44.85m	147-02	1
41.87m 44.85m 42.88m				
18 Grant, Aidan	FR Western Colorado	44.32m	145-05	1
42.07m 41.43m 44.32m				
19 Collins, Shane	SO Chadron State	40.82m	133-11	1
35.96m 38.09m 40.82m				
20 Ullery, Reece	JR Black Hills St.	40.50m	132-10	1
36.09m 40.06m 40.50m				

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....Event 40 Men Javelin Throw

21	Lloyd, Brock	SO Westminster (Utah)	38.72m	127-00	1
	37.50m 38.72m FOUL				
22	Grant, Jordan	SO Msu Denver	32.60m	106-11	1
	30.09m 32.60m 30.73m				
23	Spady, Reid	SO Chadron State	32.30m	106-00	1
	FOUL 32.30m FOUL				

Event 41 Women Shot Put

=====
 RMAC Meet: R 16.33m 5/9/2017 Mel Herl, Chadron State

NCAA Prov: P 13.99m 2022

Name	Year School	Finals	H#	Points
1 Sawvell, Kyla	JR Black Hills St.	14.09mP 46-02.75	2	10
	13.07m 12.51m 13.41m 13.75m 13.19m 14.09m			
2 Tomon, Kathleen	SR Colorado Mines	13.30m 43-07.75	2	8
	11.06m 12.80m FOUL 13.30m 13.09m FOUL			
3 Arseneau, Emily	SO Uc-Colo. Spgs.	13.09m 42-11.50	2	6
	12.25m 13.06m 13.09m FOUL FOUL FOUL			
4 Graham, Heather	SO Csu-Pueblo	12.83m 42-01.25	2	5
	11.76m FOUL 12.64m 12.59m 12.83m FOUL			
5 Saylor, Jenna	FR South Dakota Mines	12.27m 40-03.25	2	4
	FOUL 12.27m FOUL FOUL FOUL FOUL			
6 Cameron, Alexandra	FR Black Hills St.	12.21m 40-00.75	2	3
	12.21m 12.04m 11.78m 11.81m FOUL 11.66m			
7 Martinez, Alissa	FR N.M. Highlands	12.15m 39-10.50	2	2
	11.87m 12.15m FOUL 11.02m 12.09m FOUL			
8 Stubbs, Jaycie	FR South Dakota Mines	12.03m 39-05.75	1	1
	11.14m 11.47m 11.93m 11.75m 12.03m 11.86m			
9 Holmes-McKown, Meleeah	SO Colorado Mesa	11.96m 39-03.00	2	
	11.96m FOUL FOUL 11.03m 11.26m 11.05m			
10 Friederich, Makayla	FR Black Hills St.	11.89m 39-00.25	1	
	11.47m 11.73m 11.89m			
11 McClure, Macy	SO South Dakota Mines	11.75m 38-06.75	1	
	11.30m FOUL 11.75m			
11 Ekwall, Morgan	SO Chadron State	11.75m 38-06.75	1	
	FOUL 11.37m 11.75m			
13 Chrisawn, Trinity	SO Chadron State	11.70m 38-04.75	1	
	11.70m 11.52m 11.37m			
14 Rugar, Kitt	FR Colorado Mines	11.63m 38-02.00	2	
	FOUL 11.35m 11.63m			
15 Malouf, Emily	SO Westminster (Utah)	11.40m 37-05.00	1	
	FOUL 10.93m 11.40m			
16 Holland, Anna	SO Uc-Colo. Spgs.	11.39m 37-04.50	1	
	11.19m FOUL 11.39m			
16 Gustason, Amber	JR Western Colorado	11.39m 37-04.50	2	
	10.81m 11.39m 11.39m			
18 Smith, Courtney	JR Chadron State	11.37m 37-03.75	1	
	9.89m 11.37m 11.20m			
19 Cooley, Amanda	FR South Dakota Mines	11.34m 37-02.50	1	
	11.28m 11.12m 11.34m			
20 Gackle, Jadyne	FR Black Hills St.	11.28m 37-00.25	2	
	FOUL 11.28m FOUL			

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....Event 41 Women Shot Put

21	Jurrens, Olivia	SO South Dakota Mines	10.74m	35-03.00	1
	10.74m 10.39m FOUL				
22	Schliep, Madyson	SO Chadron State	10.70m	35-01.25	1
	10.57m 10.70m 10.49m				
23	Yackey, Heather	FR Colorado Mesa	10.35m	33-11.50	1
	10.16m 10.35m FOUL				
--	Marr, Sydney	JR Uc-Colo. Spgs.	DNS		2

Event 42 Men Shot Put

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RMAC Meet: R 19.80m 2014 Wesley Lavong, Adams State

NCAA Prov: P 16.67m 2022

Name	Year	School	Finals	H#	Points
1 Dirkes, Sam	SO	Adams State	17.21mP	56-05.75	2 10
			16.14m 17.21m FOUL		
			FOUL FOUL 17.09m		
2 Veidmark, Arvid	JR	Colorado Mines	17.03mP	55-10.50	2 8
			16.13m FOUL 16.00m		
			16.65m 16.53m 17.03m		
3 Reynolds, Daniel	SO	Chadron State	16.13m	52-11.00	2 6
			15.13m 15.36m FOUL		
			FOUL 16.13m 15.68m		
4 Lucas, Jarell	FR	Uc-Colo. Spgs.	16.11m	52-10.25	2 5
			13.32m 15.08m 15.25m		
			14.81m 15.56m 16.11m		
5 Riley, Hayden	SO	Colorado Mesa	16.06m	52-08.25	2 4
			14.79m 16.06m FOUL		
			FOUL FOUL FOUL		
6 Hochanadel, James	SO	Adams State	15.69m	51-05.75	2 3
			15.02m 15.27m 15.61m		
			15.69m FOUL FOUL		
7 Hochanadel, John	JR	Adams State	15.53m	50-11.50	2 2
			15.30m FOUL FOUL		
			15.53m FOUL FOUL		
8 Collins, Shane	SO	Chadron State	15.12m	49-07.25	2 1
			14.75m 15.12m FOUL		
			FOUL FOUL 14.83m		
9 Colman, Erick	SO	South Dakota Mines	14.40m	47-03.00	2
			14.35m 13.96m 14.40m		
			FOUL FOUL FOUL		
10 Loper, Justyn	SO	Uc-Colo. Spgs.	14.39m	47-02.50	1
			FOUL 14.39m 14.32m		
11 Waddles, James	FR	Adams State	14.27m	46-10.00	2
			13.99m 14.27m 13.85m		
12 Osmanski, Kevin	FR	South Dakota Mines	13.77m	45-02.25	1
			13.77m 12.85m 13.42m		
13 Showalter, Caden	SO	Uc-Colo. Spgs.	13.40m	43-11.75	1
			12.96m 13.40m 13.15m		
14 Fritzler, Henry	FR	South Dakota Mines	13.35m	43-09.75	2
			13.35m FOUL 13.25m		
15 Anderson, Mitchell	FR	Uc-Colo. Spgs.	13.10m	42-11.75	1
			12.58m 13.10m FOUL		
16 Spady, Reid	SO	Chadron State	13.04m	42-09.50	1
			12.36m FOUL 13.04m		
17 Moore, Jameson	FR	Colorado Mesa	12.84m	42-01.50	1
			12.49m 12.84m 12.64m		
17 Evans, Karter	SO	Western Colorado	12.84m	42-01.50	1
			12.52m 12.84m FOUL		
19 Jennings, Christopher	FR	Chadron State	12.55m	41-02.25	1
			12.02m 12.49m 12.55m		
20 Moran, Lucas	FR	Csu-Pueblo	12.47m	40-11.00	1
			12.03m FOUL 12.47m		

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....Event 42 Men Shot Put

21	Butterfield, Logan	FR Western Colorado	12.36m	40-06.75	1
	10.77m 12.36m FOUL				
--	Cone, Ian	FR South Dakota Mines	FOUL		1
	FOUL FOUL FOUL				
--	Parker, David	FR Csu-Pueblo	FOUL		1
	FOUL FOUL FOUL				
--	Gonser, Parker	SO Chadron State	FOUL		2
	FOUL FOUL FOUL				

Event 43 Women Heptathlon

RMAC Meet: R 5833 2014 Salcia Slack, NM Highlands
 NCAA Prov: P 4516 2022

Name	Year School	Finals	H#	Points
1 Jenrette, Mica	SO Colorado Mesa	4769P	10	
2 Remsberg, Maggie	SO Uc-Colo. Spgs.	4569P	8	
3 Lindauer, Sophia	SO Colorado Mesa	4272	6	
4 Brockman, Jordan	SO Colorado Mesa	4081	5	
5 Christie, Hannah	SO Chadron State	4029	4	
6 McDonald, Kendra	JR Black Hills St.	3846	3	
7 Matteson, Hope	FR Colorado Mesa	3581	2	

Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Remsberg, Maggie	SO Uc-Colo. Spgs.	15.08	4.5	2	831
2 Jenrette, Mica	SO Colorado Mesa	15.09	4.5	2	830
3 Brockman, Jordan	SO Colorado Mesa	15.39	4.5	2	791
4 Matteson, Hope	FR Colorado Mesa	16.26	4.5	2	683
5 Christie, Hannah	SO Chadron State	16.56	2.5	1	647
6 Lindauer, Sophia	SO Colorado Mesa	17.76	2.5	1	513
7 McDonald, Kendra	JR Black Hills St.	18.30	2.5	1	458

Event 43 Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Lindauer, Sophia	SO Colorado Mesa	1.59m	724
	1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62		
	P P P P P XO O XXO O XXX		
1 Remsberg, Maggie	SO Uc-Colo. Spgs.	1.59m	724
	1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62		
	P P P P P O XXO O XO XXX		
1 Matteson, Hope	FR Colorado Mesa	1.59m	724
	1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62		
	P P P P O XO O O XO XXX		
4 Jenrette, Mica	SO Colorado Mesa	1.56m	689
	1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59		
	P P P P P XO O XXO XXX		
4 Christie, Hannah	SO Chadron State	1.56m	689
	1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59		
	P P P O O O O XXO XXX		

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....Event 43 Heptathlon: #2 Women High Jump Heptathlon

6 McDonald, Kendra	JR Black Hills St.	1.50m	4-11.00	621
1.35 1.38 1.41 1.44 1.47 1.50 1.53				
P P O P XO XXO XXX				
7 Brockman, Jordan	SO Colorado Mesa	1.38m	4-06.25	491
1.35 1.38 1.41				
P O XXX				

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 McDonald, Kendra	JR Black Hills St.	11.04m 36-02.75	598
10.99m 11.04m 10.88m			
2 Christie, Hannah	SO Chadron State	10.63m 34-10.50	571
10.14m 10.63m 10.59m			
3 Jenrette, Mica	SO Colorado Mesa	10.47m 34-04.25	560
9.93m 10.47m FOUL			
4 Lindauer, Sophia	SO Colorado Mesa	9.45m 31-00.00	494
8.45m 9.45m 8.85m			
5 Remsberg, Maggie	SO Uc-Colo. Spgs.	9.20m 30-02.25	477
8.89m 9.20m 9.17m			
6 Brockman, Jordan	SO Colorado Mesa	9.06m 29-08.75	468
9.06m 7.89m 8.23m			
7 Matteson, Hope	FR Colorado Mesa	8.35m 27-04.75	422
7.21m 8.35m 7.81m			

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	Points
1 Lindauer, Sophia	SO Colorado Mesa	25.93	5.2	803
2 Jenrette, Mica	SO Colorado Mesa	26.10	5.2	788
3 Brockman, Jordan	SO Colorado Mesa	26.35	5.2	767
4 Remsberg, Maggie	SO Uc-Colo. Spgs.	27.08	5.2	705
5 Christie, Hannah	SO Chadron State	28.05	5.2	627
6 Matteson, Hope	FR Colorado Mesa	28.51	5.2	591
7 McDonald, Kendra	JR Black Hills St.	28.60	5.2	584

Event 43 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points
1 Remsberg, Maggie	SO Uc-Colo. Spgs.	5.36m	-1.1	17-07.00 660
5.16m(-0.5) 5.00m(-2.1) 5.36m(-1.1)				
2 Jenrette, Mica	SO Colorado Mesa	5.27m	+0.0	17-03.50 634
4.96m(-1.7) FOUL(-2.3) 5.27m(+0.0)				
3 Lindauer, Sophia	SO Colorado Mesa	5.24m	-0.9	17-02.25 626
5.03m(-4.0) 5.07m(-2.6) 5.24m(-0.9)				
4 Brockman, Jordan	SO Colorado Mesa	5.11m	-2.4	16-09.25 589
4.40m(-1.3) FOUL(-1.4) 5.11m(-2.4)				
5 Matteson, Hope	FR Colorado Mesa	4.91m	-2.6	16-01.50 535
FOUL(-3.0) 4.91m(-2.6) FOUL(+0.0)				
6 Christie, Hannah	SO Chadron State	4.86m	-4.3	15-11.50 522
4.84m(-1.4) 4.86m(-4.3) FOUL(+0.0)				

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....Event 43 Heptathlon: #5 Women Long Jump Heptathlon

7 McDonald, Kendra JR Black Hills St. 4.79m -0.5 15-08.75 503
 4.75m(-2.2) 4.54m(-2.1) 4.79m(-0.5)

Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points
1 Remsberg, Maggie	SO	Uc-Colo. Spgs.	35.69m	117-01 585
35.69m 32.55m 29.73m				
2 McDonald, Kendra	JR	Black Hills St.	30.12m	98-10 479
27.00m 27.76m 30.12m				
3 Jenrette, Mica	SO	Colorado Mesa	29.91m	98-01 475
26.86m 29.91m 26.90m				
4 Christie, Hannah	SO	Chadron State	26.60m	87-03 412
26.60m 24.59m 25.34m				
5 Lindauer, Sophia	SO	Colorado Mesa	25.11m	82-04 384
FOUL FOUL 25.11m				
6 Brockman, Jordan	SO	Colorado Mesa	21.97m	72-01 326
21.97m 20.82m FOUL				
-- Matteson, Hope	FR	Colorado Mesa	FOUL	
FOUL FOUL FOUL				

Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Jenrette, Mica	SO	Colorado Mesa	2:22.25	793
1:06.586 (1:06.586) 2:22.246 (1:15.660)				
2 Lindauer, Sophia	SO	Colorado Mesa	2:27.25	728
1:07.091 (1:07.091) 2:27.248 (1:20.158)				
3 Brockman, Jordan	SO	Colorado Mesa	2:33.54	649
1:11.986 (1:11.986) 2:33.531 (1:21.545)				
4 Matteson, Hope	FR	Colorado Mesa	2:35.47	626
1:12.840 (1:12.840) 2:35.467 (1:22.627)				
5 McDonald, Kendra	JR	Black Hills St.	2:37.42	603
1:15.152 (1:15.152) 2:37.416 (1:22.265)				
6 Remsberg, Maggie	SO	Uc-Colo. Spgs.	2:38.76	587
1:11.620 (1:11.620) 2:38.755 (1:27.135)				
7 Christie, Hannah	SO	Chadron State	2:41.05	561
1:12.351 (1:12.351) 2:41.044 (1:28.693)				

Event 44 Men Decathlon

RMAC Meet: R 7146 5/1/2021 Hayden Sather, Colorado Mines
 NCAA Prov: P 6420 2022

Name	Year	School	Finals	H#	Points
1 McGraw, Conor	SO	Black Hills St.	6272		10
2 Kleinsasser, Travis	SO	South Dakota Mines	6241		8
3 Johnson, Terrel	SO	Csu-Pueblo	6144		6
4 Thompson, Aidan	FR	South Dakota Mines	6111		5
5 Rhoades, Harley	JR	Chadron State	5951		4
6 Repsher, Sam	JR	Uc-Colo. Spgs.	5793		3
7 Brown, Pete	SO	Chadron State	5548		2

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8 Dower, Kaden	FR Chadron State	5511	1
9 Snyder, Brent	FR South Dakota Mines	4487	

Event 44 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Repsher, Sam	JR Uc-Colo. Spgs.	11.03	1.8	2	854
2 McGraw, Conor	SO Black Hills St.	11.08	1.8	2	843
3 Johnson, Terrel	SO Csu-Pueblo	11.22	1.8	2	812
4 Rhoades, Harley	JR Chadron State	11.23	1.8	2	810
5 Kleinsasser, Travis	SO South Dakota Mines	11.42	1.8	2	769
6 Dower, Kaden	FR Chadron State	11.52	4.3	1	748
7 Brown, Pete	SO Chadron State	11.76	4.3	1	699
8 Thompson, Aidan	FR South Dakota Mines	11.81	4.3	1	689
9 Snyder, Brent	FR South Dakota Mines	12.24	4.3	1	605

Event 44 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Johnson, Terrel	SO Csu-Pueblo	7.22m	1.9	23-08.25 866
		6.91m(1.2) 7.14m(3.7) 7.22m(1.9)		
2 Repsher, Sam	JR Uc-Colo. Spgs.	7.02m	1.7	23-00.50 818
		7.02m(1.7) FOUL(4.5) 6.99m(1.5)		
3 Thompson, Aidan	FR South Dakota Mines	6.40m	1.6	21-00.00 675
		FOUL(2.1) 6.40m(1.6) 6.09m(2.2)		
4 Rhoades, Harley	JR Chadron State	6.29m	2.1	20-07.75 650
		FOUL(3.2) 6.29m(2.1) FOUL(1.7)		
5 Brown, Pete	SO Chadron State	6.26m	0.8	20-06.50 644
		6.18m(1.2) 6.26m(0.8) FOUL(3.7)		
6 Dower, Kaden	FR Chadron State	6.14m	2.2	20-01.75 617
		5.67m(3.3) 5.67m(3.6) 6.14m(2.2)		
7 McGraw, Conor	SO Black Hills St.	6.01m	4.1	19-08.75 589
		5.83m(5.4) 6.01m(4.1) 5.81m(1.6)		
8 Kleinsasser, Travis	SO South Dakota Mines	5.97m	1.0	19-07.00 580
		FOUL(4.0) 5.77m(1.0) 5.97m(1.0)		
9 Snyder, Brent	FR South Dakota Mines	5.51m	2.9	18-01.00 483
		5.44m(3.7) 5.51m(2.9) 5.25m(3.1)		

Event 44 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Thompson, Aidan	FR South Dakota Mines	12.56m	41-02.50 640
		11.07m 12.27m 12.56m	
2 Repsher, Sam	JR Uc-Colo. Spgs.	12.14m	39-10.00 615
		11.93m 12.14m 12.07m	
3 Dower, Kaden	FR Chadron State	11.71m	38-05.00 589
		9.80m 11.71m FOUL	
4 McGraw, Conor	SO Black Hills St.	11.62m	38-01.50 583
		10.63m 11.39m 11.62m	
5 Brown, Pete	SO Chadron State	11.61m	38-01.25 583
		11.61m 11.49m 11.33m	

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....Event 44 Decathlon: #3 Men Shot Put Decathlon

6	Kleinsasser, Travis	SO South Dakota Mines	11.34m	37-02.50	566
	11.34m 11.01m 11.16m				
7	Snyder, Brent	FR South Dakota Mines	10.90m	35-09.25	540
	10.50m 10.90m 10.63m				
8	Johnson, Terrel	SO Csu-Pueblo	10.41m	34-02.00	510
	10.08m 10.03m 10.41m				
9	Rhoades, Harley	JR Chadron State	9.10m	29-10.25	432
	9.07m 8.90m 9.10m				

Event 44 Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1 Johnson, Terrel	SO	Csu-Pueblo	1.90m 6-02.75	714
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93	P P P P P P P O P O P XO O XXX	
2 Brown, Pete	SO	Chadron State	1.84m 6-00.50	661
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81 1.84 1.87	P P P P O O O XO XXO XXO XXO XXX	
3 Rhoades, Harley	JR	Chadron State	1.78m 5-10.00	610
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81	P P P P O O O XXO O XXX	
3 Thompson, Aidan	FR	South Dakota Mines	1.78m 5-10.00	610
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81	P P P P P XO O XO XO XXX	
5 Repsher, Sam	JR	Uc-Colo. Spgs.	1.75m 5-08.75	585
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78	P P O P O O XO XXO XXX	
6 McGraw, Conor	SO	Black Hills St.	1.72m 5-07.75	560
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75	P O P O O XO O XXX	
7 Kleinsasser, Travis	SO	South Dakota Mines	1.63m 5-04.25	488
	1.54 1.57 1.60 1.63 1.66		O O O XO XXX	
8 Dower, Kaden	FR	Chadron State	1.57m 5-01.75	441
	1.54 1.57 1.60		P O XXX	
-- Snyder, Brent	FR	South Dakota Mines	NH	
	1.54			
	XXX			

Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1 McGraw, Conor	SO	Black Hills St.	51.16	2	762
2 Rhoades, Harley	JR	Chadron State	51.42	2	750
3 Kleinsasser, Travis	SO	South Dakota Mines	52.29	2	712
4 Repsher, Sam	JR	Uc-Colo. Spgs.	52.41	2	707
5 Thompson, Aidan	FR	South Dakota Mines	54.02	2	639
6 Dower, Kaden	FR	Chadron State	54.32	1	626
7 Johnson, Terrel	SO	Csu-Pueblo	56.28	1	548
8 Brown, Pete	SO	Chadron State	58.70	1	458
9 Snyder, Brent	FR	South Dakota Mines	59.88	1	417

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Event 44 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Repsher, Sam	JR Uc-Colo. Spgs.	15.48	-0.8	3	792
2 McGraw, Conor	SO Black Hills St.	15.66	-0.8	3	772
3 Johnson, Terrel	SO Csu-Pueblo	16.48	0.2	2	680
4 Kleinsasser, Travis	SO South Dakota Mines	16.49	0.2	2	679
5 Dower, Kaden	FR Chadron State	16.61	0.2	2	666
6 Brown, Pete	SO Chadron State	16.83	-0.8	3	642
7 Rhoades, Harley	JR Chadron State	17.03	0.1	1	621
8 Thompson, Aidan	FR South Dakota Mines	18.56	0.1	1	472
9 Snyder, Brent	FR South Dakota Mines	19.53	0.1	1	387

Event 44 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Thompson, Aidan 39.03m 39.05m 42.79m	FR South Dakota Mines	42.79m	140-05 721
2 McGraw, Conor 38.73m 38.16m 38.54m	SO Black Hills St.	38.73m	127-01 639
3 Dower, Kaden 34.70m 32.20m FOUL	FR Chadron State	34.70m	113-10 558
4 Repsher, Sam 34.61m 32.43m 34.02m	JR Uc-Colo. Spgs.	34.61m	113-06 556
5 Brown, Pete 30.21m FOUL 34.29m	SO Chadron State	34.29m	112-06 549
6 Snyder, Brent 33.39m 32.98m 29.07m	FR South Dakota Mines	33.39m	109-06 532
7 Kleinsasser, Travis 28.33m 32.80m 32.26m	SO South Dakota Mines	32.80m	107-07 520
8 Johnson, Terrel 30.54m FOUL FOUL	SO Csu-Pueblo	30.54m	100-02 475
9 Rhoades, Harley 23.27m 25.53m 23.73m	JR Chadron State	25.53m	83-09 377

Event 44 Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Kleinsasser, Travis 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 P P P P P P P P P P P P P O P XO P XXX	SO South Dakota Mines	4.25m	13-11.25 688
2 Brown, Pete 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 P P P P P P P P P P P P XO O P XO P XXX	SO Chadron State	4.05m	13-03.50 631
3 Rhoades, Harley 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 P P P P O O P O P O O P XXO XXP X	JR Chadron State	3.85m	12-07.50 576
3 Snyder, Brent 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 P P P P P P P P P P P P XO O P XXX	FR South Dakota Mines	3.85m	12-07.50 576
5 Thompson, Aidan 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 P P O P O P O P XXO P O XXX	FR South Dakota Mines	3.65m	11-11.75 522

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....Event 44 Decathlon: #8 Men Pole Vault Decathlon

6	Dower, Kaden	FR Chadron State	3.45m	11-03.75	469
	2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65				
	P P P P O P O P O P XXX				
6	Johnson, Terrel	SO Csu-Pueblo	3.45m	11-03.75	469
	2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55				
	O P O P O O O O XXO XXX				
8	McGraw, Conor	SO Black Hills St.	3.35m	10-11.75	444
	2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45				
	XO P O P O O O XXO XXX				
--	Repsher, Sam	JR Uc-Colo. Spgs.		NH	
	2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35				
	P P P P P P P P P P P P P P P P P XXX				

Event 44 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Kleinsasser, Travis	SO South Dakota Mines	47.98m	157-05 559
	41.45m 47.98m 43.88m		
2 Snyder, Brent	FR South Dakota Mines	47.90m	157-02 558
	46.23m 47.90m 47.51m		
3 Thompson, Aidan	FR South Dakota Mines	41.88m	137-05 469
	41.88m 36.50m 41.16m		
4 McGraw, Conor	SO Black Hills St.	41.68m	136-09 467
	40.31m 41.12m 41.68m		
5 Johnson, Terrel	SO Csu-Pueblo	40.72m	133-07 453
	40.72m 38.96m 35.06m		
6 Repsher, Sam	JR Uc-Colo. Spgs.	39.03m	128-01 428
	32.93m 34.26m 39.03m		
7 Rhoades, Harley	JR Chadron State	37.59m	123-04 407
	37.59m FOUL 37.17m		
8 Dower, Kaden	FR Chadron State	34.23m	112-04 359
	34.15m 33.85m 34.23m		
9 Brown, Pete	SO Chadron State	32.43m	106-05 334
	32.43m 31.22m 30.44m		

Event 44 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Rhoades, Harley	JR Chadron State	4:34.05	718
	49.657 (49.657) 2:06.951 (1:17.295) 3:27.351 (1:20.400) 4:34.049 (1:06.699)		
2 Kleinsasser, Travis	SO South Dakota Mines	4:39.98	680
	52.508 (52.508) 2:11.019 (1:18.511) 3:31.983 (1:20.965) 4:39.978 (1:07.996)		
3 Thompson, Aidan	FR South Dakota Mines	4:41.07	674
	52.065 (52.065) 2:09.424 (1:17.359) 3:25.797 (1:16.374) 4:41.064 (1:15.268)		
4 Johnson, Terrel	SO Csu-Pueblo	4:50.28	617
	54.704 (54.704) 2:14.191 (1:19.488) 3:34.265 (1:20.074) 4:50.273 (1:16.009)		
5 McGraw, Conor	SO Black Hills St.	4:50.96	613
	59.043 (59.043) 2:20.272 (1:21.230) 3:41.544 (1:21.272) 4:50.959 (1:09.415)		
6 Repsher, Sam	JR Uc-Colo. Spgs.	5:22.27	438
	58.700 (58.700) 2:20.939 (1:22.240) 3:51.732 (1:30.794) 5:22.268 (1:30.537)		
7 Dower, Kaden	FR Chadron State	5:22.42	438
	59.454 (59.454) 2:23.022 (1:23.569) 3:57.756 (1:34.735) 5:22.420 (1:24.664)		

2022 RMAC Outdoor Championships - 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 44 Decathlon: #10 Men 1500 Meter Run Decathlon

8 Snyder, Brent	FR South Dakota Mines	5:32.15	389
59.908 (59.908)	2:28.300 (1:28.392)	4:05.450 (1:37.151)	5:32.145 (1:26.695)
9 Brown, Pete	SO Chadron State	5:40.91	347
1:00.349 (1:00.349)	2:28.677 (1:28.329)	4:06.511 (1:37.834)	5:40.903 (1:34.392)

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Women - Team Rankings - 21 Events Scored

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1) UC-Colo. Spgs.	191	2) Colorado Mines	97
3) Colorado Mesa	81	4) Black Hills St.	79
5) Adams State	78	6) Western Colorado	69
7) N.M. Highlands	58	8) Westminster (Utah)	50
9) MSU Denver	31	10) South Dakota Mines	29
11) Chadron State	28	12) CSU-Pueblo	21
13) Colo. Christian	4	14) Fort Lewis	1

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Men - Team Rankings - 21 Events Scored

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1) UC-Colo. Spgs.	189	2) Colorado Mines	131
3) Chadron State	111	4) Adams State	79
5) Western Colorado	78	6) Colorado Mesa	77
7) Black Hills St.	49	8) MSU Denver	33
9) South Dakota Mines	27	10) CSU-Pueblo	18
11) Westminster (Utah)	15	12) Colo. Christian	9