

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 1 Women 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.85 2023

Name	Year School	Prelims	Wind	H#
===== Preliminaries				
1 Arceneaux, Sierra	SR Colorado Mesa	P 11.68Q	-0.3	2
2 Bloomquist, Audrey	JR Uc-Colo. Spgs.	11.89Q	-0.5	1
3 Fuller, Breanne	SR Black Hills St.	11.92Q	0.7	3
4 Sartain, Alese	SO Adams State	11.96Q	0.7	3
5 Bolton, Keyanda	SO Uc-Colo. Spgs.	12.07Q	-0.3	2
6 Lattimore, Jaivion	SR Msu Denver	12.10Q	-0.5	1
7 Dantzler, Myia	SO Western Colorado	12.09q	-0.3	2
8 Farinas, Victoria	SO Uc-Colo. Spgs.	12.15q	-0.5	1
9 Collier, Charlie	JR Chadron State	12.17	0.7	3
10 Hummel, Claire	SR Msu Denver	12.19	0.7	3
11 George, Hannah	JR Colo. Christian	12.22	-0.3	2
12 Hobson, Jessica	FR Msu Denver	12.38	0.7	3
13 Moreni, Missy	SO Uc-Colo. Spgs.	12.46	-0.5	1
14 Horton, Gaby	FR Colorado Mesa	12.50	-0.5	1
15 Burnett-Perry, Serenity	SO Colorado Mesa	12.57	-0.5	1
16 Kennison, Avry	FR Colorado Mesa	12.64	-0.3	2
17 Schemling, Madeline	SO Colo. Christian	13.02	-0.3	2
-- Fuchs, Brittany	SR Uc-Colo. Spgs.	DNS	0.7	3

Event 1 Women 100 Meter Dash

=====
 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.85 2023

Name	Year School	Finals	Wind	Points
===== Finals				
1 Arceneaux, Sierra	SR Colorado Mesa	11.61P	-1.2	10
2 Bloomquist, Audrey	JR Uc-Colo. Spgs.	11.90	-1.2	8
3 Sartain, Alese	SO Adams State	12.09	-1.2	6
4 Bolton, Keyanda	SO Uc-Colo. Spgs.	12.10	-1.2	5
5 Fuller, Breanne	SR Black Hills St.	12.12	-1.2	4
6 Farinas, Victoria	SO Uc-Colo. Spgs.	12.13	-1.2	3
7 Dantzler, Myia	SO Western Colorado	12.23	-1.2	2
8 Lattimore, Jaivion	SR Msu Denver	12.26	-1.2	1

Event 2 Men 100 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 10.20 2016 Jurgen Themen, Adams State

NCAA Prov: P 10.52 2023

Name	Year School	Prelims	Wind	H#
===== Preliminaries				
1 Mosley Jr., Brian	JR Uc-Colo. Spgs.	P 10.49Q	0.2	1
2 Williams, Elijah	JR Colorado Mesa	P 10.51Q	0.5	3
3 Mendoza, Justice	SO Uc-Colo. Spgs.	10.71Q	-0.1	2
4 Bradley, Tyler	SR Colo. Christian	10.59Q	0.5	3
5 Sterling, Kymani	SO Uc-Colo. Spgs.	10.69Q	0.2	1

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....Event 2 Men 100 Meter Dash

6	Casados, Mateo	SO Colorado Mesa	10.78Q	-0.1	2	
7	Thornton, Beau	JR Colorado Mesa	10.72q	0.5	3	10.712
8	Christensen, Kade	JR Colorado Mesa	10.72q	0.2	1	10.716
9	Pastorello, Mason	FR Uc-Colo. Spgs.	10.79	-0.1	2	
10	Wilson, Jeremiah	JR Colorado Mesa	10.84	-0.1	2	
11	Zook, Joey	SO Colorado Mesa	10.86	0.2	1	
12	Reed, Jeremiah	SO Colorado Mesa	10.87	0.5	3	
13	Haggerty, Dominic	JR Uc-Colo. Spgs.	10.91	0.5	3	
14	Johnson, Evan	FR Csu-Pueblo	10.99	0.2	1	
15	O'Kuragu, Daryn	FR Uc-Colo. Spgs.	11.03	0.2	1	
16	Wesley, Malcom	SO Western Colorado	11.04	0.2	1	
17	Brassfield, Sterling	SO Colorado Mesa	11.05	0.5	3	
18	Martinez, Anthony	SO Msu Denver	11.08	-0.1	2	
19	Perez, Kadin	SO Chadron State	11.10	-0.1	2	
20	Nichols, Michael	JR Uc-Colo. Spgs.	11.11	-0.1	2	
21	Mack, Jamal	FR Msu Denver	11.18	-0.1	2	
22	Johnson, Eddie	FR S.D. Mines	11.21	0.5	3	
23	Jackson, Nate	SO Western Colorado	11.22	0.5	3	
24	Monestime, Chase	SO Uc-Colo. Spgs.	11.24	0.2	1	

Event 2 Men 100 Meter Dash

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 RMAC Meet: R 10.20 2016 Jorgen Themen, Adams State
 NCAA Prov: P 10.52 2023

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Mendoza, Justice	SO Uc-Colo. Spgs.	10.52P	+0.0	10 10.518
2	Mosley Jr., Brian	JR Uc-Colo. Spgs.	10.52P	+0.0	8 10.520
3	Williams, Elijah	JR Colorado Mesa	10.68	+0.0	6
4	Sterling, Kymani	SO Uc-Colo. Spgs.	10.72	+0.0	5
5	Bradley, Tyler	SR Colo. Christian	10.74	+0.0	4
6	Christensen, Kade	JR Colorado Mesa	10.84	+0.0	3
7	Thornton, Beau	JR Colorado Mesa	10.87	+0.0	2
8	Casados, Mateo	SO Colorado Mesa	12.42	+0.0	1

Event 3 Women 200 Meter Dash

8 Advance: Top 2 Each Heat plus Next 2 Best Times

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 RMAC Meet: R 23.41 2011 Indira Spence, Adams State
 RMAC Meet: R 23.41 2014 Kayon Robinson, Adams State
 NCAA Prov: P 24.34 2023

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Arceneaux, Sierra	SR Colorado Mesa	P 23.61Q	-1.3	1
2	Bolton, Keyanda	SO Uc-Colo. Spgs.	24.58Q	-1.1	3
3	Fuller, Breanne	SR Black Hills St.	24.64Q	0.5	2
4	Sartain, Alese	SO Adams State	24.70Q	-1.1	3
5	Burnett, Jordan	SO Colorado Mesa	24.82Q	-1.3	1
6	Hummel, Claire	SR Msu Denver	25.04Q	0.5	2
7	Collier, Carlie	JR Chadron State	24.97q	-1.3	1
8	Romero, Allyssa	JR Msu Denver	25.06q	0.5	2
9	Olson, Cora	SR Western Colorado	25.08	0.5	2

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....Event 3 Women 200 Meter Dash

10	George, Hannah	JR Colo. Christian	25.13	-1.1	3
11	Molder, McKenna	SR Colorado Mesa	25.28	-1.3	1
12	Dantzler, Myia	SO Western Colorado	25.30	-1.3	1
13	Lattimore, Jaivion	SR Msu Denver	25.32	-1.1	3
14	Horton, Gaby	FR Colorado Mesa	25.37	-1.1	3
15	Burnett-Perry, Serenity	SO Colorado Mesa	25.65	0.5	2
16	Harrison, Sakara	SO Western Colorado	25.69	-1.3	1
17	Hobson, Jessica	FR Msu Denver	25.99	-1.1	3
18	Garand, Teagan	SR Msu Denver	26.36	-1.1	3
19	Lapp, Kiarra	FR Western Colorado	26.44	-1.3	1
--	Fuchs, Brittany	SR Uc-Colo. Spgs.	DNS	0.5	2
--	Johnson, Charity	SR NM Highlands	DNS	0.5	2

Event 3 Women 200 Meter Dash

RMAC Meet: R 23.41	2011	Indira Spence, Adams State
RMAC Meet: R 23.41	2014	Kayon Robinson, Adams State
NCAA Prov: P 24.34	2023	

Name	Year	School	Finals	Wind	Points
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Finals

1	Arceneaux, Sierra	SR Colorado Mesa	23.51P	-0.8	10
2	Fuller, Breanne	SR Black Hills St.	24.68	-0.8	8
3	Bolton, Keyanda	SO Uc-Colo. Spgs.	24.88	-0.8	6
4	Sartain, Alese	SO Adams State	25.00	-0.8	5
5	Romero, Allyssa	JR Msu Denver	25.31	-0.8	4
6	Collier, Carlie	JR Chadron State	25.38	-0.8	3
7	Hummel, Claire	SR Msu Denver	25.62	-0.8	2
--	Burnett, Jordan	SO Colorado Mesa	DNS	-0.8	

Event 4 Men 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

RMAC Meet: R 20.7h	1986	Travis McKinley, Adams State
RMAC Meet: R 20.84	2014	Chaz Butler, Adams State
NCAA Prov: P 21.26	2023	

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Vigil, Jonah	JR Adams State	P 21.16Q	1.4	2
2	Bradley, Tyler	SR Colo. Christian	P 21.22Q	-0.5	1
3	Williams, Elijah	JR Colorado Mesa	P 21.26Q	+0.0	4
4	Mendoza, Justice	SO Uc-Colo. Spgs.	21.43Q	-1.4	3
5	Sterling, Kymani	SO Uc-Colo. Spgs.	21.27q	-0.5	1
6	Mosley Jr., Brian	JR Uc-Colo. Spgs.	21.40q	+0.0	4
7	Loper, Ethan	SR Msu Denver	21.57q	-1.4	3
8	Pastorello, Mason	FR Uc-Colo. Spgs.	21.68q	1.4	2
9	Smith, Ja'Warren	FR Western Colorado	21.80	-1.4	3
10	Zook, Joey	SO Colorado Mesa	21.85	1.4	2
11	Johnson, Evan	FR Csue-Pueblo	21.86	+0.0	4
12	Christensen, Kade	JR Colorado Mesa	21.94	-0.5	1
13	Beard, Jonah	FR Colo. Christian	22.09	-0.5	1
14	Blanton, Justin	FR Colorado Mesa	22.14	-0.5	1
15	Fike, Eric	SR Western Colorado	22.16	1.4	2

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Results

....Event 4 Men 200 Meter Dash

16 Haggerty, Dominic	JR Uc-Colo. Spgs.	22.30	+0.0	4
17 Johnson, Eddie	FR S.D. Mines	22.31	-0.5	1
18 Reed, Jeremiah	SO Colorado Mesa	22.33	1.4	2
19 Wilson, Jeremiah	JR Colorado Mesa	22.34	-1.4	3
20 Nichols, Michael	JR Uc-Colo. Spgs.	22.36	-1.4	3
21 O'Kuragu, Daryn	FR Uc-Colo. Spgs.	22.62	-1.4	3
22 Brassfield, Sterling	SO Colorado Mesa	22.71	+0.0	4
23 Marx, Hayden	FR Western Colorado	22.99	+0.0	4
-- Mack, Jamal	FR Msu Denver	DNS	1.4	2

Event 4 Men 200 Meter Dash

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RMAC Meet: R 20.7h	1986	Travis McKinley, Adams State
RMAC Meet: R 20.84	2014	Chaz Butler, Adams State
NCAA Prov: P 21.26	2023	

Name	Year School	Finals	Wind	Points
=====				
Finals				
1 Mendoza, Justice	SO Uc-Colo. Spgs.	21.12P	-0.2	10
2 Vigil, Jonah	JR Adams State	21.22P	-0.2	8
3 Bradley, Tyler	SR Colo. Christian	21.25P	-0.2	6
4 Sterling, Kymani	SO Uc-Colo. Spgs.	21.38	-0.2	5
5 Mosley Jr., Brian	JR Uc-Colo. Spgs.	21.69	-0.2	4
6 Pastorello, Mason	FR Uc-Colo. Spgs.	21.85	-0.2	3
7 Williams, Elijah	JR Colorado Mesa	21.98	-0.2	2
8 Loper, Ethan	SR Msu Denver	22.06	-0.2	1

Event 5 Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

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RMAC Meet: R 52.80	2014	Kayon Robinson, Adams State
NCAA Prov: P 56.00	2023	

Name	Year School	Prelims	H#
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Preliminaries			
1 Burnett, Jordan	SO Colorado Mesa	56.36Q	1
2 Nelson, Amena	SR Colo. Mines	56.81Q	2
3 Smoker, Tara	SO Colo. Christian	57.10Q	3
4 Romero, Allyssa	JR Msu Denver	57.35Q	4
5 Davis, Amber	SO Uc-Colo. Spgs.	57.11q	3
6 Donald, Cemore	JR NM Highlands	57.37q	2
7 Rose, Nadine	JR NM Highlands	57.46q	1
8 Galvin, Grace	SO Colo. Mines	57.54q	4
9 Dikken, Emma	SO Colorado Mesa	58.40	4
10 Lapp, Kiarra	FR Western Colorado	58.68	3
11 Harrison, Lucia	JR NM Highlands	58.83	1
12 Higashi, Randi	SR Colo. Mines	58.84	4
13 Lopez, Alyssa	SO Uc-Colo. Spgs.	59.31	2
14 Arcand, Elaina	FR Colorado Mesa	59.34	3
15 Groth, Caydince	SO Chadron State	59.35	1
16 Garand, Teagan	SR Msu Denver	59.62	2
17 Sowell, Naleia	SO Msu Denver	59.97	2
18 Tracy, Mikayla	JR Black Hills St.	1:01.52	1
19 Ivins, Raygen	SO Msu Denver	1:03.09	3

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 5 Women 400 Meter Dash**

20 Wulff, Cassandra	FR Chadron State	1:03.41	4
21 Wilson, Adeline	JR S.D. Mines	1:03.55	1
22 Swinney, Kassyl	FR Chadron State	1:04.71	2

Event 5 Women 400 Meter Dash

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 RMAC Meet: R 52.80 2014 Kayon Robinson, Adams State
 NCAA Prov: P 56.00 2023

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 Name Year School Finals Points
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Finals

1 Nelson, Amena	SR Colo. Mines	55.59P	10
2 Burnett, Jordan	SO Colorado Mesa	55.63P	8
3 Donald, Cemore	JR NM Highlands	55.97P	6
4 Smoker, Tara	SO Colo. Christian	56.81	5
5 Romero, Allyssa	JR Msu Denver	56.82	4
6 Davis, Amber	SO Uc-Colo. Spgs.	56.87	3
7 Rose, Nadine	JR NM Highlands	56.92	2
8 Galvin, Grace	SO Colo. Mines	57.51	1

Event 6 Men 400 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State
 NCAA Prov: P 47.83 2023

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 Name Year School Prelims H#
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Preliminaries

1 Vigil, Jonah	JR Adams State	P 46.86Q	2
2 Smith, Tyrell	SO Csu-Pueblo	47.85Q	3
3 Blanton, Justin	FR Colorado Mesa	48.59Q	1
4 Jean, Sebastian	FR Uc-Colo. Spgs.	48.97Q	2
5 Laca, Angel	SR Uc-Colo. Spgs.	49.05Q	1
6 Loper, Ethan	SR Msu Denver	49.10Q	3
7 O'Neal, Ryan	SO Uc-Colo. Spgs.	49.28q	2
8 Pitlick, Ethan	SO S.D. Mines	49.40q	2
9 King, Ryan	FR Csu-Pueblo	49.67	1
10 Beard, Jonah	FR Colo. Christian	49.78	3
11 Smith, Ja'Warren	FR Western Colorado	49.86	3
12 Irish, Zander	FR Msu Denver	50.08	1
13 Logsdon, Greg	JR Chadron State	50.11	3
14 Martinez, Kennedy	SR Western Colorado	50.23	1
15 Ortega, Dayne	SO Colorado Mesa	50.26	2
16 Brady, Trinity	FR Black Hills St.	50.39	2
17 Wilkins, Joseph	SO Western Colorado	50.50	3
18 Smallwood, AJ	JR Colorado Mesa	50.65	1
19 Valdez, Michael	SO Msu Denver	50.84	2
20 Fuller, Kyland	FR Chadron State	51.19	3

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 6 Men 400 Meter Dash**

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RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State

NCAA Prov: P 47.83 2023

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Name	Year School	Finals	Points
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Finals

1 Vigil, Jonah	JR Adams State	47.09P	10
2 Smith, Tyrell	SO Csu-Pueblo	47.15P	8
3 Laca, Angel	SR Uc-Colo. Spgs.	47.67P	6
4 Jean, Sebastian	FR Uc-Colo. Spgs.	48.59	5
5 Blanton, Justin	FR Colorado Mesa	48.60	4
6 Loper, Ethan	SR Msu Denver	49.05	3
7 O'Neal, Ryan	SO Uc-Colo. Spgs.	49.12	2
8 Pitlick, Ethan	SO S.D. Mines	49.71	1

Event 7 Women 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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RMAC Meet: R 2:09.08 5/1/2022 Ava O'Connor, Adams State

NCAA Prov: P 2:12.23 2023

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Name	Year School	Prelims	H#
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Preliminaries

1 Braybrook, Helen	SO Csu-Pueblo	P 2:09.36Q	1
1:02.507 (1:02.507)	2:09.351 (1:06.844)		
2 Johnson, Josii	SR Westminster (Ut)	P 2:12.23Q	2
1:04.309 (1:04.309)	2:12.226 (1:07.918)		
3 Duck, Mackenzie	SR Colo. Mines	2:12.74Q	3
1:04.776 (1:04.776)	2:12.739 (1:07.963)		
4 O'Brien, Rachel	JR Adams State	P 2:10.39Q	1
1:03.502 (1:03.502)	2:10.387 (1:06.885)		
5 Wright, Aryelle	JR Colo. Mines	2:12.75Q	3
1:04.560 (1:04.560)	2:12.746 (1:08.186)		
6 Hedlund, Kate	JR Uc-Colo. Spgs.	2:13.13Q	2
1:04.548 (1:04.548)	2:13.127 (1:08.579)		
7 Simon, Jessica	SO Adams State	P 2:10.61q	1
1:02.858 (1:02.858)	2:10.605 (1:07.748)		
8 Kjellsen, Emma	FR Western Colorado	2:13.57q	3
1:05.264 (1:05.264)	2:13.561 (1:08.298)		
9 Mohan, Abbey	JR Western Colorado	2:16.04	1
1:06.650 (1:06.650)	2:16.033 (1:09.383)		
10 Herron, Jady	FR Csu-Pueblo	2:16.35	2
1:04.865 (1:04.865)	2:16.347 (1:11.482)		
11 Worline, Emily	SR Westminster (Ut)	2:17.39	3
1:05.655 (1:05.655)	2:17.388 (1:11.734)		
12 Britton, Alyssa	SO Colorado Mesa	2:19.18	3
1:06.151 (1:06.151)	2:19.178 (1:13.028)		
13 Street, Audrynn	SO Msu Denver	2:20.16	2
1:07.702 (1:07.702)	2:20.156 (1:12.455)		
14 Hewitt, Michela	JR Uc-Colo. Spgs.	2:21.14	2
1:05.131 (1:05.131)	2:21.131 (1:16.001)		
15 Goodrich, Rachel	SO Uc-Colo. Spgs.	2:22.13	3
1:07.496 (1:07.496)	2:22.127 (1:14.631)		
16 Carlos, Dulce	SO Western Colorado	2:22.34	2
1:07.380 (1:07.380)	2:22.333 (1:14.953)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

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Results

....Event 7 Women 800 Meter Run

17	Manfre, Miranda	JR Colo. Mines	2:22.53	1
	1:05.985 (1:05.985)	2:22.526 (1:16.542)		
18	Boling, Reagan	FR Colo. Christian	2:23.18	1 2:23.173
	1:08.216 (1:08.216)	2:23.173 (1:14.957)		
19	Timbang, Erika	JR Uc-Colo. Spgs.	2:23.18	2 2:23.176
	1:07.103 (1:07.103)	2:23.176 (1:16.073)		
20	Saline, Abbie	JR S.D. Mines	2:23.98	3
	1:07.831 (1:07.831)	2:23.972 (1:16.142)		
21	Peterson, Claire	FR Fort Lewis	2:25.16	1
	1:09.527 (1:09.527)	2:25.160 (1:15.634)		
22	Chavez, Tanis	FR Msu Denver	2:26.94	2
	1:08.204 (1:08.204)	2:26.939 (1:18.736)		

Event 7 Women 800 Meter Run

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 RMAC Meet: R 2:09.08 5/1/2022 Ava O'Connor, Adams State

NCAA Prov: P 2:12.23 2023

=====
 Name Year School Finals Points
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Finals

1	Braybrook, Helen	SO Csu-Pueblo	2:06.34R	10	RMAC Record
	1:01.765 (1:01.765)	2:06.336 (1:04.572)			
2	Johnson, Josii	SR Westminster (Ut)	2:07.53R	8	
	1:02.027 (1:02.027)	2:07.525 (1:05.498)			
3	Wright, Aryelle	JR Colo. Mines	2:08.37R	6	
	1:02.360 (1:02.360)	2:08.366 (1:06.007)			
4	Duck, Mackenzie	SR Colo. Mines	2:09.05R	5	
	1:03.250 (1:03.250)	2:09.044 (1:05.794)			
5	Simon, Jessica	SO Adams State	2:10.12P	4	
	1:03.574 (1:03.574)	2:10.115 (1:06.541)			
6	O'Brien, Rachel	JR Adams State	2:10.37P	3	
	1:03.691 (1:03.691)	2:10.370 (1:06.679)			
7	Hedlund, Kate	JR Uc-Colo. Spgs.	2:11.30P	2	
	1:04.131 (1:04.131)	2:11.297 (1:07.167)			
8	Kjellsen, Emma	FR Western Colorado	2:12.42	1	
	1:04.367 (1:04.367)	2:12.416 (1:08.050)			

Event 8 Men 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

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 RMAC Meet: R 1:48.34 4/29/2018 Thomas Staines, CSU-Pueblo

NCAA Prov: P 1:51.48 2023

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 Name Year School Prelims H#
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Preliminaries

1	Tipton, Kaleb	SO Csu-Pueblo	1:52.16Q	2
	55.521 (55.521)	1:52.157 (56.637)		
2	Nowlen, Nick	SR Msu Denver	1:53.01Q	1
	55.163 (55.163)	1:53.007 (57.845)		
3	Sharman-Newell, Reece	SO Csu-Pueblo	1:53.45Q	3
	57.256 (57.256)	1:53.441 (56.185)		
4	Killooy, Jeremy	SO Western Colorado	1:53.31Q	2
	55.906 (55.906)	1:53.308 (57.402)		

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....Event 8 Men 800 Meter Run

5	Coyhis, Ethan	JR Western Colorado	1:53.49Q	1
	53.703 (53.703)	1:53.483 (59.781)		
6	Moravec, Logan	SR Chadron State	1:54.48Q	3
	57.174 (57.174)	1:54.472 (57.298)		
7	Paiz, Mikah	JR Adams State	1:54.42q	1
	55.469 (55.469)	1:54.416 (58.948)		
8	Thompson, Tim	FR Colo. Mines	1:54.43q	2
	55.656 (55.656)	1:54.424 (58.769)		
9	Luna, Mateo	FR Colo. Christian	1:55.00	2
	56.490 (56.490)	1:54.994 (58.505)		
10	Gebhardt, Andrew	SO Colo. Mines	1:55.31	3
	57.555 (57.555)	1:55.307 (57.752)		
11	Hamilton, Joey	SO Uc-Colo. Spgs.	1:55.67	3
	57.454 (57.454)	1:55.663 (58.209)		
12	Garcia, Elijah	FR Msu Denver	1:55.84	1
	56.059 (56.059)	1:55.835 (59.776)		
13	Dossman, Conner	SO Fort Lewis	1:56.03	1
	56.312 (56.312)	1:56.023 (59.712)		
14	Outler, Ryan	SO Western Colorado	1:57.80	3
	57.382 (57.382)	1:57.796 (1:00.414)		
15	Maxfield, Thomas	JR Westminster (Ut)	1:58.49	2
	56.258 (56.258)	1:58.484 (1:02.226)		
16	Maal, Adam	SO Uc-Colo. Spgs.	1:58.99	1
	58.283 (58.283)	1:58.989 (1:00.706)		
17	Hanson, Malakai	FR Fort Lewis	1:59.28	2
	56.961 (56.961)	1:59.271 (1:02.311)		
18	Marker, Jacob	SO Colo. Christian	1:59.56	3
	57.908 (57.908)	1:59.556 (1:01.648)		
19	Gansz, Mason	FR Colo. Christian	1:59.59	2
	59.068 (59.068)	1:59.583 (1:00.515)		
20	Ring, Gabe	FR Colo. Christian	2:00.61	1
	58.330 (58.330)	2:00.604 (1:02.274)		
21	Swingholm, Mason	SO Black Hills St.	2:00.89	2
	56.677 (56.677)	2:00.884 (1:04.207)		
22	Herman, Alex	FR Uc-Colo. Spgs.	2:02.40	3
	58.589 (58.589)	2:02.399 (1:03.810)		
23	Burrough, Brady	SO Fort Lewis	2:04.32	1
	58.118 (58.118)	2:04.312 (1:06.194)		
24	Schauer, Ty	JR Msu Denver	2:07.22	3
	58.702 (58.702)	2:07.214 (1:08.512)		

Event 8 Men 800 Meter Run

=====
 RMAC Meet: R 1:48.34 4/29/2018 Thomas Staines, CSU-Pueblo

NCAA Prov: P 1:51.48 2023

Name	Year School	Finals	Points
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 Finals

1	Sharman-Newell, Reece	SO Csu-Pueblo	1:48.67P	10
	53.138 (53.138)	1:48.670 (55.532)		
2	Tipton, Kaleb	SO Csu-Pueblo	1:49.55P	8
	53.363 (53.363)	1:49.548 (56.185)		
3	Coyhis, Ethan	JR Western Colorado	1:51.63	6
	53.563 (53.563)	1:51.626 (58.063)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

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Results

....Event 8 Men 800 Meter Run

4	Killoy, Jeremy	SO Western Colorado	1:53.10	5
	54.188 (54.188)	1:53.091 (58.904)		
5	Paiz, Mikah	JR Adams State	1:54.05	4
	54.690 (54.690)	1:54.041 (59.352)		
6	Nowlen, Nick	SR Msu Denver	1:55.27	3
	53.826 (53.826)	1:55.268 (1:01.442)		
7	Thompson, Tim	FR Colo. Mines	1:57.81	2
	53.848 (53.848)	1:57.810 (1:03.962)		
8	Moravec, Logan	SR Chadron State	1:58.42	1
	54.747 (54.747)	1:58.413 (1:03.667)		

Event 9 Women 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

=====
 RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western S
 NCAA Prov: P 4:32.09 2023

Name	Year	School	Prelims	H#
===== Preliminaries				
1	McAlindon, Courtney	SR Westminster (Ut)	P 4:28.10Q	1
	54.473 (54.473)	2:07.506 (1:13.033)	3:20.186 (1:12.681)	4:28.099 (1:07.914)
2	Hedlund, Kate	JR Uc-Colo. Spgs.	4:39.23Q	2
	58.790 (58.790)	2:17.654 (1:18.864)	3:30.455 (1:12.802)	4:39.227 (1:08.772)
3	Lawrence, Nicole	JR Adams State	P 4:28.30Q	1
	54.608 (54.608)	2:07.657 (1:13.050)	3:20.719 (1:13.062)	4:28.296 (1:07.577)
4	Fankhouser, Katie	JR Fort Lewis	4:39.33Q	2
	58.916 (58.916)	2:17.755 (1:18.839)	3:30.615 (1:12.861)	4:39.330 (1:08.716)
5	Taylor, Leah	FR Western Colorado	P 4:30.00Q	1
	54.741 (54.741)	2:07.775 (1:13.034)	3:21.014 (1:13.239)	4:29.998 (1:08.985)
6	Fauske, Anna	SO Uc-Colo. Spgs.	4:39.48Q	2
	59.119 (59.119)	2:17.981 (1:18.862)	3:30.994 (1:13.014)	4:39.473 (1:08.479)
7	Beasley, Allison	FR Western Colorado	P 4:30.17Q	1
	54.247 (54.247)	2:07.271 (1:13.025)	3:20.502 (1:13.232)	4:30.162 (1:09.660)
8	McCleskey, Maggie	FR Adams State	4:39.49Q	2
	59.054 (59.054)	2:17.921 (1:18.867)	3:30.304 (1:12.384)	4:39.482 (1:09.178)
9	Kjellsen, Emma	FR Western Colorado	P 4:31.09q	1
	54.989 (54.989)	2:08.038 (1:13.049)	3:21.692 (1:13.655)	4:31.088 (1:09.396)
10	MacGill, Kira	SO Colorado Mesa	4:32.29q	1
	54.867 (54.867)	2:07.892 (1:13.026)	3:21.528 (1:13.636)	4:32.289 (1:10.762)
11	Herr, Alexis	FR Colo. Mines	4:37.35q	1
	55.101 (55.101)	2:08.054 (1:12.953)	3:22.054 (1:14.001)	4:37.349 (1:15.295)
12	Dorion, Amalia	SO Adams State	4:40.14q	2
	59.219 (59.219)	2:18.201 (1:18.982)	3:30.769 (1:12.569)	4:40.133 (1:09.364)
13	Miller, Molly	JR Colo. Christian	4:40.88	2
	59.349 (59.349)	2:18.117 (1:18.769)	3:32.343 (1:14.226)	4:40.874 (1:08.532)
14	Curley, Angel	SR Fort Lewis	4:47.06	1
	55.504 (55.504)	2:10.758 (1:15.254)	3:31.481 (1:20.723)	4:47.054 (1:15.573)
15	Graff, Kelsey	JR Uc-Colo. Spgs.	4:54.60	2
	59.748 (59.748)	2:18.527 (1:18.780)	3:36.161 (1:17.635)	4:54.600 (1:18.440)
16	Holland, Taylor	SO Csu-Pueblo	4:55.65	1
	54.631 (54.631)	2:07.849 (1:13.218)	3:26.249 (1:18.401)	4:55.643 (1:29.394)
17	Ketner, Callie	JR Colo. Christian	4:57.20	1
	55.277 (55.277)	2:11.116 (1:15.839)	3:34.014 (1:22.898)	4:57.193 (1:23.180)

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

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Results

....Event 9 Women 1500 Meter Run

18	Peterson, Claire	FR Fort Lewis	4:59.37	2		
	59.963 (59.963)	2:19.636 (1:19.673)	3:42.202 (1:22.567)	4:59.361 (1:17.159)		
19	Carlos, Dulce	SO Western Colorado	4:59.65	2		
	1:00.044 (1:00.044)	2:19.273 (1:19.229)	3:39.857 (1:20.585)	4:59.642 (1:19.785)		
20	Robinson, Xiomara	SR Black Hills St.	5:01.24	2		
	59.403 (59.403)	2:18.034 (1:18.632)	3:33.685 (1:15.651)	5:01.232 (1:27.547)		
21	Breuer, Molly	FR Uc-Colo. Spgs.	5:03.61	2		
	59.662 (59.662)	2:18.993 (1:19.331)	3:41.517 (1:22.525)	5:03.606 (1:22.089)		
22	Wieman, Alissa	SO Chadron State	5:03.86	1		
	55.745 (55.745)	2:15.110 (1:19.365)	3:40.277 (1:25.168)	5:03.852 (1:23.575)		
23	Mena, Sophia	SO Fort Lewis	5:05.37	2		
	59.776 (59.776)	2:19.405 (1:19.629)	3:41.879 (1:22.475)	5:05.370 (1:23.492)		
24	Castilleja, Marisol	FR Fort Lewis	5:05.96	1		
	56.391 (56.391)	2:17.718 (1:21.327)	3:43.555 (1:25.837)	5:05.955 (1:22.401)		

Event 9 Women 1500 Meter Run

=====
 RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western State
 NCAA Prov: P 4:32.09 2023

Name Year School Finals Points

=====
 Finals

1	Fankhouser, Katie	JR Fort Lewis	4:27.22P	10		
	55.092 (55.092)	2:09.497 (1:14.405)	3:22.056 (1:12.560)	4:27.214 (1:05.159)		
2	McAlindon, Courtney	SR Westminster (Ut)	4:27.90P	8		
	55.178 (55.178)	2:09.682 (1:14.505)	3:22.598 (1:12.916)	4:27.900 (1:05.302)		
3	Taylor, Leah	FR Western Colorado	4:28.81P	6		
	55.457 (55.457)	2:10.246 (1:14.789)	3:23.143 (1:12.898)	4:28.805 (1:05.662)		
4	Hedlund, Kate	JR Uc-Colo. Spgs.	4:29.33P	5		
	55.563 (55.563)	2:10.101 (1:14.539)	3:22.485 (1:12.385)	4:29.323 (1:06.838)		
5	McCleskey, Maggie	FR Adams State	4:30.07P	4		
	55.361 (55.361)	2:09.826 (1:14.465)	3:22.104 (1:12.279)	4:30.061 (1:07.957)		
6	MacGill, Kira	SO Colorado Mesa	4:30.90P	3		
	55.492 (55.492)	2:09.866 (1:14.374)	3:23.088 (1:13.223)	4:30.896 (1:07.808)		
7	Fauske, Anna	SO Uc-Colo. Spgs.	4:31.11P	2		
	55.693 (55.693)	2:10.414 (1:14.722)	3:23.660 (1:13.246)	4:31.107 (1:07.447)		
8	Beasley, Allison	FR Western Colorado	4:31.89P	1		
	55.285 (55.285)	2:09.902 (1:14.618)	3:22.816 (1:12.914)	4:31.881 (1:09.065)		
9	Kjellsen, Emma	FR Western Colorado	4:32.46			
	55.850 (55.850)	2:10.172 (1:14.322)	3:23.925 (1:13.754)	4:32.451 (1:08.527)		
10	Lawrence, Nicole	JR Adams State	4:32.53			
	54.797 (54.797)	2:09.429 (1:14.632)	3:23.397 (1:13.968)	4:32.526 (1:09.129)		
11	Dorion, Amalia	SO Adams State	4:34.02			
	54.975 (54.975)	2:09.652 (1:14.678)	3:23.309 (1:13.657)	4:34.019 (1:10.710)		
12	Herr, Alexis	FR Colo. Mines	4:37.95			
	55.650 (55.650)	2:10.062 (1:14.412)	3:24.208 (1:14.146)	4:37.943 (1:13.736)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 10 Men 1500 Meter Run****12 Advance: Top 4 Each Heat plus Next 4 Best Times**

RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State

NCAA Prov: P 3:49.46 2023

Name	Year	School	Prelims	H#
Preliminaries				
1 Graff, Evan	SR	Uc-Colo. Spgs.	3:53.61Q	1
46.955 (46.955)	1:50.535 (1:03.580)	2:52.815 (1:02.281)	3:53.601 (1:00.787)	
2 Sharman-Newell, Reece	SO	Csu-Pueblo	4:00.51Q	2
48.101 (48.101)	2:00.248 (1:12.148)	3:05.313 (1:05.065)	4:00.506 (55.193)	
3 Kelati, Simon	SO	Western Colorado	3:53.94Q	1
47.208 (47.208)	1:50.427 (1:03.220)	2:52.947 (1:02.521)	3:53.938 (1:00.991)	
4 Nord, Tyler	FR	Western Colorado	4:01.09Q	2
48.306 (48.306)	2:00.560 (1:12.254)	3:05.694 (1:05.134)	4:01.082 (55.388)	
5 Julian, Luke	SR	Colo. Mines	3:54.10Q	1
47.831 (47.831)	1:51.194 (1:03.363)	2:53.754 (1:02.561)	3:54.096 (1:00.342)	
6 Zlotoff, Jagger	FR	Uc-Colo. Spgs.	4:01.24Q	2
48.167 (48.167)	2:00.383 (1:12.216)	3:05.600 (1:05.218)	4:01.234 (55.634)	
7 Virey, Matisse	SO	Csu-Pueblo	3:54.21Q	1
46.725 (46.725)	1:50.253 (1:03.528)	2:53.132 (1:02.880)	3:54.208 (1:01.076)	
8 Burrough, Brady	SO	Fort Lewis	4:01.29Q	2
47.920 (47.920)	2:00.169 (1:12.249)	3:05.183 (1:05.014)	4:01.285 (56.103)	
9 Jett-Reynolds, Davonte	SR	Adams State	3:57.13q	1
46.491 (46.491)	1:49.998 (1:03.508)	2:52.682 (1:02.685)	3:57.129 (1:04.447)	
10 Grant, Klay	FR	Colo. Christian	3:58.76q	1
47.645 (47.645)	1:51.075 (1:03.431)	2:54.954 (1:03.879)	3:58.756 (1:03.802)	
11 Mettler, Matthew	SO	Colo. Mines	4:00.03q	1
47.417 (47.417)	1:50.696 (1:03.280)	2:54.054 (1:03.359)	4:00.021 (1:05.967)	
12 Brown, Tim	JR	Black Hills St.	4:01.18q	1
48.137 (48.137)	1:52.098 (1:03.961)	2:56.627 (1:04.529)	4:01.175 (1:04.548)	
13 Campa, Alberto	FR	Colo. Mines	4:01.36	2
48.660 (48.660)	2:00.425 (1:11.765)	3:05.482 (1:05.058)	4:01.351 (55.869)	
14 Luna, Mateo	FR	Colo. Christian	4:03.14	2
48.678 (48.678)	2:00.837 (1:12.159)	3:05.867 (1:05.030)	4:03.131 (57.264)	
15 Busche, Aaron	JR	Fort Lewis	4:03.17	1
47.689 (47.689)	1:51.878 (1:04.189)	2:54.793 (1:02.915)	4:03.168 (1:08.376)	
16 Dervin, Mitchell	JR	Adams State	4:03.80	2
48.810 (48.810)	2:00.613 (1:11.803)	3:06.047 (1:05.434)	4:03.795 (57.748)	
17 Scherbarth, Nathan	FR	Adams State	4:04.02	1
48.068 (48.068)	1:51.904 (1:03.836)	2:56.466 (1:04.563)	4:04.015 (1:07.549)	
18 Degree, Kevin	FR	Colorado Mesa	4:04.73	2
48.428 (48.428)	2:00.550 (1:12.123)	3:05.436 (1:04.887)	4:04.727 (59.291)	
19 Jirele, Patrick	SO	Western Colorado	4:05.03	1
47.356 (47.356)	1:50.754 (1:03.398)	2:55.396 (1:04.642)	4:05.022 (1:09.627)	
20 Haile, Yonas	SO	Adams State	4:05.73	2
48.406 (48.406)	2:00.727 (1:12.322)	3:06.232 (1:05.505)	4:05.721 (59.490)	
21 Dossman, Conner	SO	Fort Lewis	4:08.65	2
48.945 (48.945)	2:00.822 (1:11.878)	3:05.768 (1:04.946)	4:08.650 (1:02.883)	
22 Hererra, Joaquin	FR	Adams State	4:09.93	2
48.556 (48.556)	2:00.777 (1:12.222)	3:05.398 (1:04.622)	4:09.923 (1:04.525)	
23 Scott, Aidan	SO	Western Colorado	4:11.12	1
47.532 (47.532)	1:50.921 (1:03.389)	2:56.099 (1:05.178)	4:11.113 (1:15.015)	

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 10 Men 1500 Meter Run**

=====
 RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State

NCAA Prov: P 3:49.46 2023

Name Year School Finals Points

Finals

1	Sharman-Newell, Reece	SO	Csu-Pueblo	3:50.88	10		
	50.371 (50.371)	1:54.670 (1:04.300)	2:56.087 (1:01.417)	3:50.874 (54.787)			
2	Graff, Evan	SR	Uc-Colo. Spgs.	3:52.64	8		
	50.977 (50.977)	1:55.390 (1:04.413)	2:56.327 (1:00.938)	3:52.638 (56.312)			
3	Julian, Luke	SR	Colo. Mines	3:52.71	6		
	50.678 (50.678)	1:54.905 (1:04.227)	2:55.917 (1:01.013)	3:52.704 (56.788)			
4	Zlotoff, Jagger	FR	Uc-Colo. Spgs.	3:53.05	5		
	49.824 (49.824)	1:54.638 (1:04.814)	2:56.993 (1:02.356)	3:53.044 (56.052)			
5	Kelati, Simon	SO	Western Colorado	3:53.76	4		
	50.398 (50.398)	1:54.742 (1:04.344)	2:56.320 (1:01.579)	3:53.751 (57.431)			
6	Nord, Tyler	FR	Western Colorado	3:53.89	3		
	50.636 (50.636)	1:55.105 (1:04.470)	2:56.665 (1:01.560)	3:53.881 (57.216)			
7	Virey, Matisse	SO	Csu-Pueblo	3:57.71	2		
	51.460 (51.460)	1:54.999 (1:03.539)	2:57.116 (1:02.118)	3:57.702 (1:00.587)			
8	Brown, Tim	JR	Black Hills St.	3:59.25	1		
	51.472 (51.472)	1:55.559 (1:04.088)	2:58.240 (1:02.682)	3:59.248 (1:01.008)			
9	Mettler, Matthew	SO	Colo. Mines	3:59.81			
	51.216 (51.216)	1:55.637 (1:04.421)	2:57.627 (1:01.990)	3:59.807 (1:02.180)			
10	Burrough, Brady	SO	Fort Lewis	4:00.89			
	51.171 (51.171)	1:55.243 (1:04.072)	2:58.015 (1:02.773)	4:00.883 (1:02.868)			
11	Grant, Klay	FR	Colo. Christian	4:01.32			
	50.336 (50.336)	1:54.813 (1:04.478)	2:56.877 (1:02.064)	4:01.314 (1:04.438)			
12	Jett-Reynolds, Davonte	SR	Adams State	4:03.66			
	50.941 (50.941)	1:55.048 (1:04.108)	2:56.770 (1:01.723)	4:03.652 (1:06.882)			

Event 13 Women 5000 Meter Run

=====
 RMAC Meet: R 17:03.86 1999 Kim Bosen, Adams State

NCAA Prov: P 17:07.10 2023

Name Year School Finals Points

1	Doucette, Katie	JR	Western Colorado	16:28.45R	10	RMAC Record	
	37.823 (37.823)	2:00.000 (1:22.177)	3:22.793 (1:22.794)	4:45.283 (1:22.491)			
	6:04.768 (1:19.485)	7:22.489 (1:17.721)	8:41.712 (1:19.224)	10:01.080 (1:19.368)			
	11:20.541 (1:19.462)	12:39.706 (1:19.165)	13:59.462 (1:19.756)	15:17.685 (1:18.223)			
	16:28.445 (1:10.761)						
2	Baker, Zoe	JR	Colo. Mines	16:29.31R	8		
	38.661 (38.661)	2:00.186 (1:21.526)	3:23.009 (1:22.823)	4:45.511 (1:22.502)			
	6:04.979 (1:19.468)	7:22.707 (1:17.729)	8:41.918 (1:19.211)	10:01.266 (1:19.349)			
	11:20.662 (1:19.396)	12:39.805 (1:19.144)	13:59.635 (1:19.831)	15:17.799 (1:18.165)			
	16:29.309 (1:11.510)						
3	MacGill, Kira	SO	Colorado Mesa	16:59.99R	6		
	38.821 (38.821)	2:00.413 (1:21.592)	3:23.285 (1:22.872)	4:45.705 (1:22.420)			
	6:05.803 (1:20.099)	7:26.332 (1:20.530)	8:48.414 (1:22.082)	10:11.113 (1:22.699)			
	11:34.387 (1:23.274)	12:57.559 (1:23.173)	14:21.167 (1:23.609)	15:43.683 (1:22.516)			
	16:59.983 (1:16.300)						

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 13 Women 5000 Meter Run**

4 Moser, Holly	JR Colo. Mines	17:10.10	5
40.040 (40.040)	2:01.197 (1:21.157)	3:23.952 (1:22.755)	4:46.210 (1:22.258)
6:07.422 (1:21.213)	7:28.371 (1:20.949)	8:51.153 (1:22.783)	10:14.466 (1:23.313)
11:38.761 (1:24.295)	13:02.604 (1:23.844)	14:26.099 (1:23.495)	15:49.860 (1:23.762)
17:10.096 (1:20.236)			
5 Taylor, Leah	FR Western Colorado	17:16.74	4
40.835 (40.835)	2:01.762 (1:20.928)	3:24.519 (1:22.757)	4:46.459 (1:21.940)
6:08.002 (1:21.544)	7:30.736 (1:22.735)	8:55.772 (1:25.036)	10:20.429 (1:24.657)
11:46.154 (1:25.726)	13:12.317 (1:26.163)	14:37.185 (1:24.868)	16:01.013 (1:23.828)
17:16.736 (1:15.724)			
6 Maksin, Molly	JR Colo. Mines	17:18.42	3
39.083 (39.083)	2:00.659 (1:21.576)	3:23.536 (1:22.878)	4:45.844 (1:22.309)
6:05.295 (1:19.451)	7:23.019 (1:17.724)	8:42.426 (1:19.408)	10:04.176 (1:21.750)
11:27.590 (1:23.414)	12:53.257 (1:25.668)	14:21.017 (1:27.761)	15:47.467 (1:26.450)
17:18.412 (1:30.946)			
7 Strongman, Grace	FR Colo. Mines	17:24.00	2
40.602 (40.602)	2:02.849 (1:22.248)	3:25.171 (1:22.322)	4:46.957 (1:21.786)
6:08.619 (1:21.663)	7:31.373 (1:22.754)	8:56.054 (1:24.682)	10:20.611 (1:24.557)
11:45.531 (1:24.920)	13:12.177 (1:26.647)	14:37.930 (1:25.754)	16:03.239 (1:25.309)
17:23.991 (1:20.753)			
8 Fauske, Anna	SO Uc-Colo. Spgs.	17:25.32	1
39.864 (39.864)	2:02.210 (1:22.346)	3:25.073 (1:22.864)	4:47.129 (1:22.056)
6:10.229 (1:23.101)	7:32.874 (1:22.645)	8:59.181 (1:26.308)	10:25.376 (1:26.195)
11:52.627 (1:27.251)	13:20.124 (1:27.498)	14:46.752 (1:26.628)	16:12.233 (1:25.481)
17:25.316 (1:13.084)			
9 Slatum, Gretchen	SO Western Colorado	17:25.87	
39.634 (39.634)	2:01.552 (1:21.918)	3:24.265 (1:22.714)	4:46.755 (1:22.491)
6:08.280 (1:21.526)	7:30.012 (1:21.732)	8:53.684 (1:23.673)	10:19.402 (1:25.718)
11:45.280 (1:25.878)	13:11.881 (1:26.602)	14:37.629 (1:25.748)	16:04.043 (1:26.415)
17:25.868 (1:21.825)			
10 Lee, Amanda	JR Westminster (Ut)	17:31.88	
39.375 (39.375)	2:00.875 (1:21.500)	3:23.733 (1:22.859)	4:46.032 (1:22.300)
6:06.910 (1:20.878)	7:29.402 (1:22.493)	8:55.193 (1:25.791)	10:19.609 (1:24.417)
11:44.993 (1:25.385)	13:11.558 (1:26.565)	14:39.091 (1:27.533)	16:07.387 (1:28.296)
17:31.880 (1:24.494)			
11 Brown, Sylvia	SO Black Hills St.	17:46.35	
41.418 (41.418)	2:03.906 (1:22.489)	3:29.049 (1:25.143)	4:56.926 (1:27.877)
6:24.526 (1:27.601)	7:51.211 (1:26.685)	9:18.764 (1:27.554)	10:45.075 (1:26.311)
12:11.573 (1:26.499)	13:37.473 (1:25.900)	15:02.848 (1:25.376)	16:28.661 (1:25.813)
17:46.342 (1:17.682)			
12 Strouse, Brin	JR Colo. Mines	17:53.71	
40.538 (40.538)	2:02.610 (1:22.073)	3:24.846 (1:22.237)	4:47.191 (1:22.345)
6:10.908 (1:23.718)	7:35.935 (1:25.027)	9:02.992 (1:27.058)	10:29.900 (1:26.909)
11:57.462 (1:27.563)	13:27.309 (1:29.847)	14:58.072 (1:30.764)	16:28.362 (1:30.290)
17:53.710 (1:25.349)			
13 Curley, Angel	SR Fort Lewis	17:55.35	
40.283 (40.283)	2:01.915 (1:21.632)	3:24.778 (1:22.863)	4:46.655 (1:21.878)
6:09.844 (1:23.189)	7:34.185 (1:24.342)	9:02.092 (1:27.908)	10:31.709 (1:29.617)
12:02.870 (1:31.162)	13:31.739 (1:28.869)	15:04.291 (1:32.553)	16:35.782 (1:31.492)
17:55.349 (1:19.568)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 13 Women 5000 Meter Run

14	Ketner, Callie	JR Colo. Christian	17:58.80		
	41.045 (41.045)	2:04.271 (1:23.226)	3:29.350 (1:25.080)	4:57.171 (1:27.821)	
	6:24.800 (1:27.629)	7:50.912 (1:26.112)	9:18.479 (1:27.568)	10:45.335 (1:26.857)	
	12:11.808 (1:26.474)	13:37.788 (1:25.980)	15:06.901 (1:29.113)	16:36.511 (1:29.611)	
	17:58.799 (1:22.288)				
15	Lovato, Faith	JR NM Highlands	18:10.02		
	40.723 (40.723)	2:02.700 (1:21.978)	3:25.949 (1:23.249)	4:47.365 (1:21.417)	
	6:10.463 (1:23.098)	7:33.132 (1:22.669)	8:59.504 (1:26.373)	10:27.200 (1:27.696)	
	11:58.736 (1:31.537)	13:33.872 (1:35.136)	15:09.323 (1:35.451)	16:44.100 (1:34.778)	
	18:10.019 (1:25.919)				
16	Ingallinera, Mason	SO Uc-Colo. Spgs.	18:10.31		
	41.735 (41.735)	2:08.111 (1:26.377)	3:37.830 (1:29.719)	5:05.545 (1:27.716)	
	6:32.678 (1:27.133)	8:01.617 (1:28.940)	9:29.937 (1:28.321)	10:57.152 (1:27.216)	
	12:24.396 (1:27.245)	13:53.180 (1:28.784)	15:21.382 (1:28.202)	16:49.630 (1:28.249)	
	18:10.308 (1:20.678)				
17	Graff, Kelsey	JR Uc-Colo. Spgs.	18:17.27		
	42.102 (42.102)	2:08.619 (1:26.517)	3:37.989 (1:29.370)	5:05.266 (1:27.278)	
	6:32.450 (1:27.184)	8:01.574 (1:29.125)	9:30.374 (1:28.800)	10:58.138 (1:27.765)	
	12:26.962 (1:28.824)	13:55.997 (1:29.036)	15:25.295 (1:29.299)	16:52.761 (1:27.466)	
	18:17.268 (1:24.508)				
18	Gaughan, Katherine	JR Fort Lewis	18:34.22		
	41.076 (41.076)	2:03.344 (1:22.268)	3:28.030 (1:24.686)	4:56.633 (1:28.604)	
	6:25.130 (1:28.498)	7:56.221 (1:31.092)	9:29.793 (1:33.572)	11:02.214 (1:32.421)	
	12:34.820 (1:32.607)	14:07.657 (1:32.837)	15:42.001 (1:34.344)	17:14.211 (1:32.211)	
	18:34.211 (1:20.000)				
19	Hoffman, Mikenna	FR Fort Lewis	18:34.68		
	39.238 (39.238)	2:02.520 (1:23.283)	3:25.745 (1:23.225)	4:47.794 (1:22.049)	
	6:16.138 (1:28.345)	7:48.451 (1:32.313)	9:19.002 (1:30.551)	10:48.132 (1:29.131)	
	12:23.584 (1:35.452)	13:56.933 (1:33.349)	15:33.089 (1:36.157)	17:07.553 (1:34.465)	
	18:34.678 (1:27.125)				
20	Fischer, Clare	FR S.D. Mines	18:53.84		
	40.423 (40.423)	2:06.620 (1:26.198)	3:36.066 (1:29.446)	5:05.775 (1:29.710)	
	6:33.334 (1:27.560)	8:03.682 (1:30.348)	9:37.394 (1:33.713)	11:09.878 (1:32.484)	
	12:44.051 (1:34.173)	14:18.508 (1:34.458)	15:53.524 (1:35.016)	17:27.484 (1:33.960)	
	18:53.834 (1:26.351)				
--	Kaiser, Olivia	FR Western Colorado	DNF		
	37.365 (37.365)	1:59.675 (1:22.310)	3:22.469 (1:22.795)	4:44.954 (1:22.485)	
--	Peters, Clare	JR Colo. Mines	DNS		
--	Basart, Margaux	FR Colo. Mines	DNS		
--	Robinson, Xiomara	SR Black Hills St.	SCR		

Event 14 Men 5000 Meter Run

=====					
RMAC Meet:	R 14:14.40	5/1/2022	Afewerki Zeru, UC-Colorado	Srings	
NCAA Prov:	P 14:25.34	2023			
Name	Year	School	Finals	Points	
=====					
1	Zeru, Afewerki	SR Uc-Colo. Spgs.	14:18.72P	10	
	34.512 (34.512)	1:42.135 (1:07.624)	2:50.277 (1:08.142)	3:58.046 (1:07.770)	
	5:05.988 (1:07.942)	6:14.769 (1:08.781)	7:23.738 (1:08.970)	8:33.886 (1:10.149)	
	9:43.719 (1:09.834)	10:54.688 (1:10.969)	12:05.367 (1:10.680)	13:14.092 (1:08.725)	
	14:18.711 (1:04.620)				

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2	Scott, Aidan	SO Western Colorado	14:46.70	8
	35.789 (35.789)	1:46.987 (1:11.198)	2:57.918 (1:10.932)	4:10.296 (1:12.378)
	5:20.390 (1:10.094)	6:30.002 (1:09.613)	7:41.588 (1:11.587)	8:54.445 (1:12.858)
	10:07.174 (1:12.730)	11:20.878 (1:13.704)	12:32.876 (1:11.999)	13:42.823 (1:09.948)
	14:46.693 (1:03.870)			
3	Johnson, William	SO Western Colorado	14:49.33	6
	36.430 (36.430)	1:47.291 (1:10.862)	2:58.082 (1:10.791)	4:10.531 (1:12.449)
	5:20.016 (1:09.485)	6:28.501 (1:08.486)	7:39.355 (1:10.854)	8:51.203 (1:11.848)
	10:03.805 (1:12.603)	11:17.043 (1:13.238)	12:31.220 (1:14.177)	13:44.005 (1:12.785)
	14:49.328 (1:05.323)			
4	Charles, Triston	SO Colorado Mesa	14:52.36	5
	35.837 (35.837)	1:46.525 (1:10.688)	2:57.754 (1:11.230)	4:09.941 (1:12.187)
	5:20.976 (1:11.036)	6:31.145 (1:10.170)	7:42.695 (1:11.550)	8:55.274 (1:12.579)
	10:08.114 (1:12.840)	11:21.471 (1:13.357)	12:33.517 (1:12.047)	13:44.688 (1:11.171)
	14:52.352 (1:07.665)			
5	Harden, Gavin	JR Uc-Colo. Spgs.	14:54.75	4
	36.076 (36.076)	1:47.900 (1:11.825)	2:58.373 (1:10.474)	4:10.932 (1:12.559)
	5:21.855 (1:10.924)	6:30.810 (1:08.956)	7:42.107 (1:11.298)	8:54.965 (1:12.859)
	10:07.435 (1:12.471)	11:21.293 (1:13.858)	12:33.181 (1:11.888)	13:44.511 (1:11.331)
	14:54.746 (1:10.235)			
6	Minor, Bean	FR Fort Lewis	14:59.18	3
	35.512 (35.512)	1:46.297 (1:10.785)	2:57.413 (1:11.117)	4:09.800 (1:12.387)
	5:20.330 (1:10.531)	6:29.746 (1:09.416)	7:41.340 (1:11.595)	8:54.085 (1:12.745)
	10:06.931 (1:12.847)	11:20.681 (1:13.750)	12:33.747 (1:13.066)	13:46.745 (1:12.999)
	14:59.172 (1:12.427)			
7	Begashaw, Kidus	FR Adams State	15:02.26	2
	36.345 (36.345)	1:49.392 (1:13.047)	2:59.546 (1:10.155)	4:11.140 (1:11.594)
	5:22.265 (1:11.125)	6:33.657 (1:11.393)	7:46.692 (1:13.035)	9:00.605 (1:13.913)
	10:14.264 (1:13.659)	11:27.607 (1:13.344)	12:40.690 (1:13.083)	13:53.572 (1:12.883)
	15:02.259 (1:08.688)			
8	Partin, Kyle	SO Western Colorado	15:04.90	1
	35.429 (35.429)	1:46.795 (1:11.366)	2:57.623 (1:10.828)	4:10.182 (1:12.559)
	5:21.112 (1:10.931)	6:30.441 (1:09.330)	7:41.820 (1:11.379)	8:55.044 (1:13.224)
	10:08.558 (1:13.514)	11:24.293 (1:15.735)	12:41.133 (1:16.841)	13:57.265 (1:16.132)
	15:04.897 (1:07.633)			
9	Smith, Elijah	FR Fort Lewis	15:06.32	
	35.079 (35.079)	1:46.188 (1:11.109)	2:57.030 (1:10.843)	4:10.332 (1:13.302)
	5:20.232 (1:09.900)	6:29.067 (1:08.835)	7:40.923 (1:11.857)	8:54.358 (1:13.435)
	10:07.877 (1:13.520)	11:24.471 (1:16.594)	12:40.727 (1:16.256)	13:56.691 (1:15.964)
	15:06.314 (1:09.624)			
10	Cole, Logan	FR Uc-Colo. Spgs.	15:08.17	
	36.294 (36.294)	1:48.996 (1:12.703)	3:01.108 (1:12.112)	4:13.750 (1:12.643)
	5:26.985 (1:13.236)	6:40.910 (1:13.925)	7:54.474 (1:13.564)	9:07.435 (1:12.962)
	10:20.848 (1:13.413)	11:33.822 (1:12.974)	12:48.556 (1:14.735)	14:02.146 (1:13.591)
	15:08.169 (1:06.023)			
11	Scherbarth, Nathan	FR Adams State	15:08.38	
	36.559 (36.559)	1:49.194 (1:12.636)	2:59.266 (1:10.072)	4:11.214 (1:11.949)
	5:22.535 (1:11.321)	6:33.343 (1:10.808)	7:46.578 (1:13.236)	9:00.908 (1:14.330)
	10:14.729 (1:13.822)	11:28.757 (1:14.029)	12:43.833 (1:15.076)	13:58.891 (1:15.058)
	15:08.376 (1:09.486)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 14 Men 5000 Meter Run

12	Bartlett, Ethan	JR Fort Lewis	15:09.87				
	35.319 (35.319)	1:45.922 (1:10.603)	2:57.556 (1:11.634)	4:10.407 (1:12.851)			
	5:20.734 (1:10.328)	6:29.900 (1:09.167)	7:41.435 (1:11.535)	8:54.622 (1:13.188)			
	10:07.290 (1:12.668)	11:20.960 (1:13.671)	12:35.665 (1:14.705)	13:53.420 (1:17.755)			
	15:09.861 (1:16.442)						
13	Donze, Jack	FR Uc-Colo. Spgs.	15:13.73				
	35.998 (35.998)	1:48.741 (1:12.744)	3:00.177 (1:11.436)	4:13.452 (1:13.275)			
	5:27.228 (1:13.777)	6:41.117 (1:13.889)	7:54.223 (1:13.107)	9:07.125 (1:12.902)			
	10:20.648 (1:13.524)	11:34.124 (1:13.476)	12:49.022 (1:14.899)	14:03.738 (1:14.716)			
	15:13.728 (1:09.991)						
14	Roberts, Isaac	SO Colo. Christian	15:15.71				
	36.913 (36.913)	1:50.230 (1:13.318)	3:01.351 (1:11.122)	4:14.009 (1:12.658)			
	5:27.598 (1:13.589)	6:41.383 (1:13.786)	7:54.908 (1:13.525)	9:07.643 (1:12.735)			
	10:21.116 (1:13.473)	11:34.346 (1:13.231)	12:48.743 (1:14.398)	14:02.677 (1:13.934)			
	15:15.707 (1:13.030)						
15	Meyer, Luke	JR Colo. Christian	15:20.85				
	36.270 (36.270)	1:48.168 (1:11.899)	2:58.619 (1:10.451)	4:10.715 (1:12.097)			
	5:21.839 (1:11.124)	6:32.951 (1:11.113)	7:47.372 (1:14.421)	9:02.716 (1:15.344)			
	10:18.738 (1:16.023)	11:34.651 (1:15.913)	12:50.992 (1:16.341)	14:06.660 (1:15.669)			
	15:20.843 (1:14.183)						
16	Fletcher, Tate	FR Colo. Christian	15:26.59				
	36.621 (36.621)	1:49.680 (1:13.059)	3:00.836 (1:11.157)	4:13.184 (1:12.348)			
	5:26.757 (1:13.574)	6:40.662 (1:13.905)	7:55.171 (1:14.510)	9:10.158 (1:14.988)			
	10:26.891 (1:16.733)	11:43.926 (1:17.035)	13:00.632 (1:16.706)	14:14.125 (1:13.494)			
	15:26.584 (1:12.459)						
17	Tyburski, Jacob	FR Western Colorado	15:31.06				
	37.128 (37.128)	1:49.914 (1:12.787)	2:58.874 (1:08.960)	4:10.628 (1:11.755)			
	5:21.345 (1:10.717)	6:31.755 (1:10.411)	7:46.243 (1:14.489)	9:03.217 (1:16.974)			
	10:20.890 (1:17.674)	11:38.853 (1:17.964)	12:56.945 (1:18.092)	14:15.299 (1:18.355)			
	15:31.053 (1:15.754)						
18	Robinson, Max	SR Fort Lewis	15:36.43				
	35.579 (35.579)	1:46.099 (1:10.520)	2:57.273 (1:11.175)	4:10.032 (1:12.759)			
	5:20.843 (1:10.812)	6:30.217 (1:09.374)	7:41.521 (1:11.305)	8:54.180 (1:12.659)			
	10:06.989 (1:12.810)	11:21.183 (1:14.194)	12:36.586 (1:15.404)	14:01.266 (1:24.680)			
	15:36.430 (1:35.165)						
19	Lainez, Dylan	FR Msu Denver	15:59.98				
	37.383 (37.383)	1:50.516 (1:13.134)	3:01.640 (1:11.125)	4:14.252 (1:12.612)			
	5:27.870 (1:13.618)	6:41.652 (1:13.782)	7:55.667 (1:14.015)	9:13.721 (1:18.055)			
	10:33.910 (1:20.189)	11:54.983 (1:21.074)	13:17.627 (1:22.644)	14:40.072 (1:22.445)			
	15:59.977 (1:19.906)						
--	Grabowski, Michael	SR Western Colorado	DNS				
--	Graff, Evan	SR Uc-Colo. Spgs.	DNS				
--	Hernandez, Jacob	SR Western Colorado	DNS				
--	Kelati, Simon	SO Western Colorado	DNS				
--	Nord, Tyler	FR Western Colorado	DNS				

Event 15 Women 10000 Meter Run

=====			
RMAC Meet:	R 35:59.10	2001	Jodi Day, Western State
NCAA Prov:	P 36:28.87	2023	
Name	Year	School	Finals Points
=====			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

1	Anderson, Saydi	SR Westminster (Ut)	36:46.92	10
	1:33.527 (1:33.527)	3:07.710 (1:34.184)	4:39.012 (1:31.303)	6:07.727 (1:28.715)
	7:36.614 (1:28.887)	9:03.851 (1:27.238)	10:31.253 (1:27.402)	11:58.924 (1:27.672)
	13:27.107 (1:28.183)	14:55.742 (1:28.636)	16:23.371 (1:27.629)	17:51.166 (1:27.796)
	19:18.916 (1:27.751)	20:46.795 (1:27.879)	22:15.867 (1:29.072)	23:45.431 (1:29.564)
	25:14.155 (1:28.724)	26:43.420 (1:29.265)	28:12.486 (1:29.067)	29:41.490 (1:29.005)
	31:10.023 (1:28.533)	32:38.673 (1:28.651)	34:00.082 (1:21.410)	35:26.019 (1:25.937)
	36:46.914 (1:20.896)			
2	Read, Abi	JR Msu Denver	36:58.79	8
	1:30.297 (1:30.297)	3:05.816 (1:35.520)	4:36.960 (1:31.144)	6:04.937 (1:27.977)
	7:33.426 (1:28.490)	9:02.920 (1:29.495)	10:30.024 (1:27.105)	11:57.921 (1:27.897)
	13:26.090 (1:28.170)	14:54.693 (1:28.604)	16:22.245 (1:27.553)	17:50.275 (1:28.030)
	19:18.607 (1:28.333)	20:46.618 (1:28.011)	22:15.561 (1:28.944)	23:45.156 (1:29.595)
	25:13.874 (1:28.719)	26:43.103 (1:29.230)	28:12.226 (1:29.123)	29:41.211 (1:28.985)
	31:09.785 (1:28.574)	32:38.509 (1:28.724)	34:06.608 (1:28.099)	35:35.254 (1:28.647)
	36:58.781 (1:23.527)			
3	Strongman, Grace	FR Colo. Mines	37:25.09	6
	1:31.936 (1:31.936)	3:06.416 (1:34.481)	4:37.679 (1:31.263)	6:05.216 (1:27.538)
	7:33.712 (1:28.497)	9:03.205 (1:29.493)	10:30.325 (1:27.120)	11:58.203 (1:27.879)
	13:26.360 (1:28.158)	14:54.954 (1:28.594)	16:22.569 (1:27.615)	17:50.583 (1:28.014)
	19:19.199 (1:28.617)	20:47.003 (1:27.804)	22:16.152 (1:29.150)	23:45.736 (1:29.585)
	25:14.494 (1:28.758)	26:44.291 (1:29.797)	28:17.042 (1:32.752)	29:48.856 (1:31.814)
	31:21.659 (1:32.803)	32:54.722 (1:33.064)	34:26.451 (1:31.729)	36:00.127 (1:33.676)
	37:25.088 (1:24.962)			
4	Ray, Brandy	JR Fort Lewis	37:38.74	5
	1:31.451 (1:31.451)	3:06.148 (1:34.697)	4:37.423 (1:31.275)	6:06.145 (1:28.723)
	7:34.016 (1:27.871)	9:03.514 (1:29.499)	10:30.703 (1:27.189)	11:58.499 (1:27.796)
	13:26.627 (1:28.128)	14:55.234 (1:28.608)	16:22.925 (1:27.691)	17:50.883 (1:27.959)
	19:19.472 (1:28.589)	20:46.972 (1:27.501)	22:16.456 (1:29.484)	23:46.297 (1:29.842)
	25:15.539 (1:29.242)	26:49.162 (1:33.623)	28:22.483 (1:33.322)	29:55.330 (1:32.847)
	31:29.492 (1:34.162)	33:04.171 (1:34.680)	34:38.251 (1:34.080)	36:11.694 (1:33.443)
	37:38.739 (1:27.046)			
5	Kaiser, Olivia	FR Western Colorado	37:58.24	4
	1:31.707 (1:31.707)	3:06.668 (1:34.961)	4:37.870 (1:31.203)	6:06.625 (1:28.755)
	7:36.452 (1:29.827)	9:04.586 (1:28.135)	10:34.522 (1:29.936)	12:06.021 (1:31.499)
	13:37.248 (1:31.228)	15:09.424 (1:32.177)	16:41.802 (1:32.378)	18:16.205 (1:34.403)
	19:47.255 (1:31.051)	21:18.146 (1:30.891)	22:51.263 (1:33.117)	24:24.114 (1:32.851)
	25:56.859 (1:32.746)	27:28.490 (1:31.631)	29:00.516 (1:32.027)	30:33.970 (1:33.454)
	32:07.730 (1:33.760)	33:40.157 (1:32.428)	35:12.329 (1:32.172)	36:40.937 (1:28.608)
	37:58.233 (1:17.297)			
6	Renberg, Sarah	FR Csu-Pueblo	38:00.45	3
	1:32.043 (1:32.043)	3:06.946 (1:34.904)	4:38.163 (1:31.217)	6:06.908 (1:28.746)
	7:36.690 (1:29.782)	9:04.866 (1:28.177)	10:34.781 (1:29.915)	12:06.204 (1:31.424)
	13:37.501 (1:31.298)	15:09.656 (1:32.156)	16:42.130 (1:32.474)	18:16.384 (1:34.255)
	19:45.093 (1:28.709)	21:14.753 (1:29.660)	22:45.590 (1:30.838)	24:18.071 (1:32.481)
	25:50.848 (1:32.777)	27:23.231 (1:32.384)	28:56.737 (1:33.507)	30:29.997 (1:33.260)
	32:03.457 (1:33.460)	33:36.487 (1:33.031)	35:09.229 (1:32.742)	36:38.169 (1:28.940)
	38:00.443 (1:22.274)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

7	Madrid, Jessica	FR Uc-Colo. Spgs.	38:02.47	2
	1:33.027 (1:33.027)	3:08.036 (1:35.009)	4:39.246 (1:31.210)	6:08.297 (1:29.051)
	7:37.263 (1:28.966)	9:05.660 (1:28.398)	10:35.272 (1:29.612)	12:06.423 (1:31.152)
	13:37.695 (1:31.272)	15:09.840 (1:32.145)	16:42.022 (1:32.183)	18:16.427 (1:34.405)
	19:46.822 (1:30.395)	21:15.148 (1:28.327)	22:45.876 (1:30.728)	24:18.303 (1:32.428)
	25:51.069 (1:32.767)	27:23.602 (1:32.534)	28:57.010 (1:33.408)	30:30.220 (1:33.210)
	32:03.783 (1:33.563)	33:36.230 (1:32.448)	35:09.448 (1:33.218)	36:38.475 (1:29.028)
	38:02.467 (1:23.992)			
8	Rohrer-Fitzhugh, Hannah	SR Westminster (Ut)	38:02.86	1
	1:32.401 (1:32.401)	3:07.857 (1:35.456)	4:39.164 (1:31.307)	6:08.017 (1:28.853)
	7:36.945 (1:28.929)	9:04.150 (1:27.205)	10:34.150 (1:30.000)	12:05.971 (1:31.821)
	13:37.849 (1:31.879)	15:10.042 (1:32.193)	16:42.437 (1:32.396)	18:16.850 (1:34.413)
	19:47.352 (1:30.503)	21:18.392 (1:31.040)	22:48.484 (1:30.092)	24:19.909 (1:31.426)
	25:52.983 (1:33.074)	27:25.897 (1:32.915)	28:59.247 (1:33.350)	30:31.906 (1:32.659)
	32:06.255 (1:34.350)	33:39.208 (1:32.953)	35:10.058 (1:30.851)	36:37.540 (1:27.482)
	38:02.858 (1:25.318)			
9	Schmitz, Halle	FR Csu-Pueblo	38:36.23	
	1:32.801 (1:32.801)	3:08.195 (1:35.394)	4:39.694 (1:31.500)	6:09.186 (1:29.493)
	7:37.812 (1:28.626)	9:06.181 (1:28.369)	10:35.738 (1:29.558)	12:07.041 (1:31.303)
	13:38.122 (1:31.082)	15:10.104 (1:31.982)	16:42.310 (1:32.206)	18:16.670 (1:34.361)
	19:47.581 (1:30.911)	21:17.412 (1:29.832)	22:51.703 (1:34.291)	24:24.653 (1:32.950)
	25:57.411 (1:32.758)	27:31.761 (1:34.350)	29:09.026 (1:37.266)	30:44.339 (1:35.314)
	32:19.448 (1:35.109)	33:55.951 (1:36.504)	35:30.936 (1:34.985)	37:06.668 (1:35.733)
	38:36.229 (1:29.561)			
10	Kunz, Lacey	FR Western Colorado	38:40.63	
	1:33.276 (1:33.276)	3:08.096 (1:34.821)	4:39.517 (1:31.421)	6:08.917 (1:29.401)
	7:37.573 (1:28.656)	9:06.501 (1:28.928)	10:36.748 (1:30.248)	12:07.618 (1:30.870)
	13:38.566 (1:30.948)	15:10.633 (1:32.068)	16:42.967 (1:32.334)	18:17.181 (1:34.214)
	19:48.397 (1:31.217)	21:20.032 (1:31.635)	22:54.538 (1:34.507)	24:30.318 (1:35.780)
	26:07.034 (1:36.716)	27:43.659 (1:36.626)	29:20.798 (1:37.139)	30:57.838 (1:37.040)
	32:32.264 (1:34.427)	34:08.783 (1:36.520)	35:44.032 (1:35.249)	37:17.530 (1:33.499)
	38:40.629 (1:23.099)			
11	Ingallinera, Mason	SO Uc-Colo. Spgs.	38:44.73	
	1:33.016 (1:33.016)	3:08.310 (1:35.295)	4:39.355 (1:31.045)	6:08.528 (1:29.174)
	7:37.290 (1:28.762)	9:05.933 (1:28.643)	10:35.249 (1:29.317)	12:06.271 (1:31.023)
	13:37.488 (1:31.217)	15:09.508 (1:32.021)	16:41.919 (1:32.412)	18:16.220 (1:34.302)
	19:47.031 (1:30.811)	21:16.210 (1:29.179)	22:47.641 (1:31.432)	24:20.453 (1:32.813)
	25:55.738 (1:35.285)	27:29.502 (1:33.765)	29:06.899 (1:37.397)	30:44.271 (1:37.373)
	32:19.689 (1:35.418)	33:57.177 (1:37.488)	35:36.692 (1:39.515)	37:14.488 (1:37.796)
	38:44.727 (1:30.240)			
12	Loe, Ashleigh	FR Colo. Mines	38:49.02	
	1:32.327 (1:32.327)	3:07.514 (1:35.188)	4:38.713 (1:31.199)	6:07.440 (1:28.727)
	7:37.102 (1:29.663)	9:05.111 (1:28.010)	10:35.017 (1:29.907)	12:06.472 (1:31.455)
	13:37.960 (1:31.489)	15:09.782 (1:31.822)	16:42.221 (1:32.440)	18:16.578 (1:34.357)
	19:47.049 (1:30.472)	21:16.500 (1:29.451)	22:49.236 (1:32.736)	24:24.393 (1:35.157)
	25:57.708 (1:33.316)	27:31.312 (1:33.605)	29:09.251 (1:37.939)	30:45.788 (1:36.538)
	32:23.674 (1:37.887)	33:59.891 (1:36.217)	35:38.887 (1:38.996)	37:16.110 (1:37.224)
	38:49.014 (1:32.904)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 15 Women 10000 Meter Run

13 Shoemaker, Maddy	SR Fort Lewis	40:41.94
1:33.301 (1:33.301)	3:08.559 (1:35.259)	4:39.646 (1:31.087)
6:09.459 (1:29.814)	7:38.440 (1:28.981)	9:09.653 (1:31.214)
10:45.375 (1:35.723)	12:21.484 (1:36.109)	13:58.790 (1:37.307)
15:37.552 (1:38.763)	17:16.220 (1:38.669)	18:54.122 (1:37.902)
20:34.097 (1:39.975)	22:13.197 (1:39.101)	23:54.260 (1:41.064)
25:35.667 (1:41.408)	27:17.023 (1:41.356)	28:58.390 (1:41.367)
30:38.808 (1:40.419)	32:18.738 (1:39.931)	34:00.582 (1:41.844)
35:42.377 (1:41.796)	37:23.954 (1:41.578)	39:05.481 (1:41.528)
40:41.932 (1:36.451)		
14 Leslie, Jewels	SO NM Highlands	41:00.48
1:32.731 (1:32.731)	3:08.535 (1:35.805)	4:39.948 (1:31.413)
6:09.752 (1:29.804)	7:39.754 (1:30.003)	9:13.742 (1:33.988)
10:51.187 (1:37.446)	12:29.636 (1:38.449)	14:10.092 (1:40.457)
15:49.269 (1:39.177)	17:29.641 (1:40.372)	19:10.937 (1:41.297)
20:46.871 (1:35.934)	22:25.575 (1:38.705)	24:09.400 (1:43.826)
25:51.354 (1:41.954)	27:29.651 (1:38.298)	29:12.762 (1:43.111)
30:56.595 (1:43.833)	32:36.080 (1:39.486)	34:19.283 (1:43.203)
36:01.879 (1:42.596)	37:43.691 (1:41.813)	39:24.501 (1:40.810)
41:00.480 (1:35.980)		
15 Johnson, Madisen	JR Fort Lewis	42:48.27
1:33.642 (1:33.642)	3:08.806 (1:35.164)	4:44.499 (1:35.693)
6:25.877 (1:41.378)	8:08.413 (1:42.537)	9:50.522 (1:42.109)
11:33.527 (1:43.006)	13:15.453 (1:41.927)	14:58.971 (1:43.519)
16:40.954 (1:41.983)	18:24.875 (1:43.922)	20:07.500 (1:42.625)
21:49.683 (1:42.183)	23:34.458 (1:44.776)	25:20.098 (1:45.640)
27:05.264 (1:45.167)	28:51.181 (1:45.917)	30:35.462 (1:44.282)
32:20.043 (1:44.581)	34:03.203 (1:43.161)	35:50.217 (1:47.014)
37:36.059 (1:45.842)	39:20.146 (1:44.087)	41:07.147 (1:47.001)
42:48.265 (1:41.119)		
-- Cornell, Caitlin	JR Msu Denver	DNF
1:31.745 (1:31.745)	3:07.222 (1:35.478)	4:38.429 (1:31.207)
6:07.158 (1:28.730)	7:36.918 (1:29.760)	9:05.360 (1:28.442)
10:35.487 (1:30.128)	12:06.765 (1:31.279)	13:38.171 (1:31.407)
15:10.351 (1:32.180)	16:42.597 (1:32.246)	18:16.923 (1:34.327)
19:47.878 (1:30.955)	21:18.721 (1:30.844)	22:51.973 (1:33.252)
24:24.905 (1:32.932)		

Event 16 Men 10000 Meter Run

=====
 RMAC Meet: R 30:10.06 4/29/2019 Luc Hagen, Colorado Mines
 NCAA Prov: P 30:28.78 2023

Name	Year School	Finals	Points
=====			
1 Kaye, Andrew	JR Colo. Mines	32:04.04	10
1:24.760 (1:24.760)	2:50.450 (1:25.691)	4:18.815 (1:28.366)	5:49.443 (1:30.628)
7:08.150 (1:18.707)	8:26.050 (1:17.900)	9:44.332 (1:18.283)	11:02.385 (1:18.053)
12:21.909 (1:19.524)	13:41.011 (1:19.103)	14:59.734 (1:18.723)	16:19.832 (1:20.099)
17:38.162 (1:18.330)	18:55.933 (1:17.771)	20:13.536 (1:17.604)	21:31.345 (1:17.810)
22:44.856 (1:13.511)	23:54.759 (1:09.903)	25:06.566 (1:11.808)	26:17.760 (1:11.194)
27:29.749 (1:11.990)	28:41.709 (1:11.961)	29:54.824 (1:13.115)	31:03.894 (1:09.070)
32:04.036 (1:00.142)			
2 Graham, Marcus	SR Uc-Colo. Spgs.	32:07.42	8
1:25.640 (1:25.640)	2:51.764 (1:26.124)	4:20.379 (1:28.615)	5:52.032 (1:31.654)
7:09.576 (1:17.545)	8:28.386 (1:18.811)	9:47.044 (1:18.658)	11:03.302 (1:16.258)
12:22.549 (1:19.248)	13:41.564 (1:19.015)	15:00.599 (1:19.036)	16:20.702 (1:20.104)
17:38.744 (1:18.042)	18:56.449 (1:17.706)	20:14.082 (1:17.633)	21:31.955 (1:17.873)
22:44.567 (1:12.613)	23:54.503 (1:09.936)	25:06.312 (1:11.810)	26:17.530 (1:11.218)
27:30.108 (1:12.578)	28:42.323 (1:12.216)	29:54.735 (1:12.412)	31:04.705 (1:09.971)
32:07.413 (1:02.708)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

3	Hernandez, Jacob	SR Western Colorado	32:07.95	6
	1:23.757 (1:23.757)	2:51.547 (1:27.790)	4:20.083 (1:28.536)	5:51.696 (1:31.613)
	7:09.281 (1:17.586)	8:28.311 (1:19.030)	9:46.796 (1:18.486)	11:03.947 (1:17.152)
	12:23.313 (1:19.366)	13:42.938 (1:19.626)	15:01.593 (1:18.655)	16:20.512 (1:18.920)
	17:38.780 (1:18.268)	18:56.763 (1:17.983)	20:14.708 (1:17.946)	21:31.644 (1:16.936)
	22:44.247 (1:12.604)	23:54.256 (1:10.009)	25:06.044 (1:11.788)	26:17.260 (1:11.217)
	27:29.529 (1:12.270)	28:41.503 (1:11.974)	29:54.605 (1:13.103)	31:04.369 (1:09.765)
	32:07.950 (1:03.581)			
4	Vaille, Jeremiah	SO Colo. Mines	32:08.20	5
	1:25.090 (1:25.090)	2:52.005 (1:26.916)	4:20.592 (1:28.588)	5:52.585 (1:31.993)
	7:10.046 (1:17.461)	8:27.853 (1:17.808)	9:46.235 (1:18.382)	11:04.140 (1:17.905)
	12:23.394 (1:19.255)	13:42.295 (1:18.901)	15:00.986 (1:18.692)	16:21.554 (1:20.568)
	17:39.765 (1:18.212)	18:56.994 (1:17.230)	20:14.364 (1:17.370)	21:32.207 (1:17.844)
	22:45.372 (1:13.165)	23:56.027 (1:10.656)	25:06.810 (1:10.783)	26:18.098 (1:11.288)
	27:30.408 (1:12.311)	28:41.994 (1:11.586)	29:55.057 (1:13.064)	31:03.651 (1:08.594)
	32:08.192 (1:04.541)			
5	Johnson, William	SO Western Colorado	32:16.79	4
	1:24.481 (1:24.481)	2:51.361 (1:26.880)	4:19.681 (1:28.321)	5:50.123 (1:30.443)
	7:08.859 (1:18.736)	8:26.852 (1:17.994)	9:45.149 (1:18.297)	11:03.120 (1:17.972)
	12:22.396 (1:19.276)	13:41.391 (1:18.995)	15:00.362 (1:18.972)	16:20.204 (1:19.842)
	17:38.428 (1:18.224)	18:56.035 (1:17.608)	20:13.882 (1:17.848)	21:31.680 (1:17.798)
	22:45.096 (1:13.417)	23:55.492 (1:10.396)	25:07.191 (1:11.699)	26:18.316 (1:11.126)
	27:30.654 (1:12.338)	28:42.662 (1:12.008)	29:55.753 (1:13.092)	31:07.779 (1:12.026)
	32:16.788 (1:09.010)			
6	Beam, Daniel	JR Csu-Pueblo	32:23.16	3
	1:24.014 (1:24.014)	2:51.004 (1:26.990)	4:19.501 (1:28.497)	5:50.753 (1:31.253)
	7:09.262 (1:18.509)	8:27.360 (1:18.098)	9:45.723 (1:18.364)	11:03.543 (1:17.820)
	12:22.800 (1:19.257)	13:41.751 (1:18.951)	15:00.794 (1:19.043)	16:20.908 (1:20.115)
	17:38.912 (1:18.005)	18:56.969 (1:18.057)	20:14.577 (1:17.609)	21:32.347 (1:17.770)
	22:45.658 (1:13.312)	23:56.275 (1:10.618)	25:07.642 (1:11.368)	26:19.275 (1:11.633)
	27:33.413 (1:14.139)	28:49.969 (1:16.557)	30:04.761 (1:14.792)	31:17.694 (1:12.933)
	32:23.154 (1:05.460)			
7	Lopez, Noel	JR Msu Denver	32:25.47	2
	1:23.704 (1:23.704)	2:51.279 (1:27.576)	4:19.774 (1:28.495)	5:51.039 (1:31.265)
	7:09.564 (1:18.526)	8:28.532 (1:18.968)	9:47.427 (1:18.896)	11:02.702 (1:15.275)
	12:21.629 (1:18.928)	13:40.779 (1:19.150)	14:59.477 (1:18.699)	16:19.599 (1:20.122)
	17:37.910 (1:18.311)	18:55.665 (1:17.756)	20:13.283 (1:17.619)	21:31.118 (1:17.835)
	22:44.632 (1:13.515)	23:55.704 (1:11.073)	25:08.086 (1:12.382)	26:21.007 (1:12.922)
	27:35.517 (1:14.510)	28:49.944 (1:14.428)	30:04.452 (1:14.508)	31:17.321 (1:12.869)
	32:25.465 (1:08.144)			
8	Scott, Bobby	FR Western Colorado	32:27.20	1
	1:25.600 (1:25.600)	2:52.301 (1:26.701)	4:20.435 (1:28.135)	5:51.830 (1:31.395)
	7:10.275 (1:18.446)	8:29.032 (1:18.757)	9:48.022 (1:18.990)	11:04.222 (1:16.201)
	12:23.615 (1:19.393)	13:42.873 (1:19.258)	15:01.658 (1:18.786)	16:21.567 (1:19.910)
	17:39.633 (1:18.066)	18:57.481 (1:17.849)	20:15.211 (1:17.731)	21:32.713 (1:17.502)
	22:45.967 (1:13.255)	23:57.663 (1:11.696)	25:10.869 (1:13.207)	26:22.874 (1:12.006)
	27:35.768 (1:12.895)	28:50.274 (1:14.506)	30:05.014 (1:14.740)	31:20.478 (1:15.465)
	32:27.196 (1:06.718)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

9	Cole, Logan	FR Uc-Colo. Spgs.	32:35.55
	1:23.930 (1:23.930)	2:51.110 (1:27.180)	4:19.610 (1:28.500)
	7:09.417 (1:18.409)	8:27.608 (1:18.191)	9:45.910 (1:18.302)
	12:23.159 (1:19.512)	13:41.926 (1:18.767)	15:00.644 (1:18.719)
	17:38.595 (1:18.179)	18:56.301 (1:17.706)	20:14.129 (1:17.829)
	22:45.202 (1:13.255)	23:55.853 (1:10.652)	25:08.483 (1:12.630)
	27:37.172 (1:15.196)	28:53.844 (1:16.672)	30:08.217 (1:14.374)
	32:35.549 (1:12.530)		
10	Trejo, Ricardo	SR Fort Lewis	32:38.05
	1:23.363 (1:23.363)	2:50.160 (1:26.798)	4:18.503 (1:28.344)
	7:08.430 (1:18.677)	8:26.310 (1:17.880)	9:44.578 (1:18.269)
	12:22.102 (1:19.487)	13:41.112 (1:19.011)	14:59.869 (1:18.757)
	17:38.177 (1:18.247)	18:55.786 (1:17.610)	20:13.695 (1:17.909)
	22:44.870 (1:13.401)	23:55.049 (1:10.180)	25:06.996 (1:11.947)
	27:34.595 (1:15.673)	28:51.948 (1:17.354)	30:08.462 (1:16.514)
	32:38.044 (1:14.134)		
11	Westbrook, Lucas	JR Csu-Pueblo	32:48.78
	1:24.567 (1:24.567)	2:51.642 (1:27.076)	4:19.976 (1:28.334)
	7:09.804 (1:18.588)	8:28.659 (1:18.855)	9:47.325 (1:18.667)
	12:23.877 (1:19.480)	13:43.152 (1:19.276)	15:01.921 (1:18.769)
	17:39.292 (1:18.140)	18:57.238 (1:17.947)	20:15.093 (1:17.855)
	22:46.596 (1:14.115)	23:59.609 (1:13.013)	25:16.217 (1:16.608)
	27:49.342 (1:16.676)	29:05.930 (1:16.588)	30:22.786 (1:16.857)
	32:48.776 (1:10.747)		
12	Captain, Tyler	SO S.D. Mines	32:55.45
	1:24.835 (1:24.835)	2:50.759 (1:25.924)	4:19.197 (1:28.438)
	7:09.139 (1:18.680)	8:28.070 (1:18.931)	9:46.505 (1:18.435)
	12:22.684 (1:19.296)	13:41.975 (1:19.291)	15:01.034 (1:19.060)
	17:39.464 (1:18.339)	18:56.754 (1:17.290)	20:14.839 (1:18.086)
	22:46.360 (1:14.524)	24:00.374 (1:14.014)	25:17.124 (1:16.751)
	27:52.174 (1:17.313)	29:09.678 (1:17.504)	30:26.845 (1:17.168)
	32:55.441 (1:11.861)		
13	Tyburski, Jacob	FR Western Colorado	32:58.60
	1:25.341 (1:25.341)	2:52.231 (1:26.891)	4:20.834 (1:28.604)
	7:10.819 (1:17.963)	8:29.199 (1:18.380)	9:48.282 (1:19.084)
	12:24.155 (1:19.516)	13:43.424 (1:19.269)	15:02.146 (1:18.722)
	17:39.084 (1:18.323)	18:57.249 (1:18.166)	20:14.979 (1:17.731)
	22:45.724 (1:13.831)	23:57.427 (1:11.703)	25:11.453 (1:14.027)
	27:46.551 (1:18.411)	29:06.220 (1:19.670)	30:24.994 (1:18.774)
	32:58.594 (1:13.431)		
14	Graul, Preston	SO Fort Lewis	32:59.78
	1:24.173 (1:24.173)	2:50.867 (1:26.695)	4:19.338 (1:28.471)
	7:08.699 (1:18.649)	8:26.592 (1:17.894)	9:44.849 (1:18.257)
	12:22.300 (1:19.414)	13:41.309 (1:19.009)	15:00.112 (1:18.804)
	17:38.404 (1:18.324)	18:56.185 (1:17.782)	20:13.528 (1:17.344)
	22:45.464 (1:13.843)	23:57.187 (1:11.723)	25:12.300 (1:15.113)
	27:49.954 (1:18.988)	29:09.371 (1:19.417)	30:28.989 (1:19.619)
	32:59.778 (1:12.188)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

15	Flerchinger, Brett	JR S.D. Mines	33:12.65
	1:25.168 (1:25.168)	2:51.659 (1:26.492)	4:20.164 (1:28.505)
	5:51.512 (1:31.349)	7:10.112 (1:18.601)	8:28.934 (1:18.822)
	9:47.644 (1:18.710)	11:03.843 (1:16.199)	12:23.050 (1:19.207)
	13:42.238 (1:19.189)	15:01.204 (1:18.966)	16:21.348 (1:20.144)
	17:39.121 (1:17.774)	18:56.582 (1:17.461)	20:14.411 (1:17.829)
	21:32.131 (1:17.721)	22:47.030 (1:14.900)	24:03.918 (1:16.888)
	25:24.864 (1:20.946)	26:44.397 (1:19.534)	28:03.052 (1:18.655)
	29:23.930 (1:20.879)	30:44.374 (1:20.444)	32:03.697 (1:19.324)
	33:12.644 (1:08.947)		
16	Burroughs, Noah	SR Colo. Christian	33:16.23
	1:25.702 (1:25.702)	2:52.251 (1:26.549)	4:20.799 (1:28.548)
	5:52.302 (1:31.504)	7:10.518 (1:18.217)	8:29.456 (1:18.939)
	9:49.196 (1:19.740)	11:05.525 (1:16.330)	12:24.841 (1:19.316)
	13:43.461 (1:18.620)	15:02.677 (1:19.217)	16:22.329 (1:19.653)
	17:40.559 (1:18.231)	18:57.791 (1:17.232)	20:15.801 (1:18.011)
	21:33.924 (1:18.123)	22:48.996 (1:15.073)	24:06.651 (1:17.655)
	25:24.771 (1:18.120)	26:44.673 (1:19.903)	28:03.446 (1:18.773)
	29:23.449 (1:20.004)	30:43.118 (1:19.669)	32:02.203 (1:19.086)
	33:16.230 (1:14.027)		
17	Davis, Blake	SR Western Colorado	33:25.06
	1:26.079 (1:26.079)	2:52.616 (1:26.537)	4:21.202 (1:28.587)
	5:52.483 (1:31.282)	7:11.172 (1:18.690)	8:29.642 (1:18.471)
	9:48.910 (1:19.268)	11:05.177 (1:16.267)	12:24.507 (1:19.330)
	13:43.630 (1:19.123)	15:02.409 (1:18.780)	16:22.045 (1:19.637)
	17:40.151 (1:18.106)	18:58.028 (1:17.878)	20:15.588 (1:17.560)
	21:33.073 (1:17.486)	22:50.451 (1:17.378)	24:09.235 (1:18.784)
	25:28.596 (1:19.362)	26:46.161 (1:17.565)	28:05.944 (1:19.783)
	29:27.598 (1:21.654)	30:49.313 (1:21.716)	32:10.549 (1:21.236)
	33:25.052 (1:14.503)		
18	Shirley, Kyle	SO Chadron State	33:38.51
	1:24.314 (1:24.314)	2:50.568 (1:26.254)	4:18.964 (1:28.397)
	5:50.315 (1:31.351)	7:08.960 (1:18.646)	8:27.114 (1:18.154)
	9:45.535 (1:18.421)	11:03.789 (1:18.255)	12:22.955 (1:19.166)
	13:42.501 (1:19.547)	15:01.345 (1:18.845)	16:21.926 (1:20.581)
	17:40.320 (1:18.395)	18:58.536 (1:18.216)	20:16.321 (1:17.785)
	21:36.415 (1:20.095)	22:58.421 (1:22.006)	24:19.641 (1:21.221)
	25:41.063 (1:21.423)	27:02.220 (1:21.157)	28:23.697 (1:21.477)
	29:45.190 (1:21.494)	31:06.143 (1:20.954)	32:27.863 (1:21.721)
	33:38.509 (1:10.646)		
19	Roberds, Matthew	JR Csu-Pueblo	33:40.34
	1:24.260 (1:24.260)	2:51.388 (1:27.128)	4:19.849 (1:28.461)
	5:51.328 (1:31.480)	7:09.838 (1:18.511)	8:28.788 (1:18.950)
	9:47.680 (1:18.893)	11:04.521 (1:16.842)	12:23.564 (1:19.043)
	13:42.733 (1:19.170)	15:01.427 (1:18.694)	16:21.351 (1:19.925)
	17:39.437 (1:18.086)	18:57.501 (1:18.065)	20:15.376 (1:17.876)
	21:32.604 (1:17.229)	22:46.205 (1:13.601)	23:59.858 (1:13.654)
	25:20.963 (1:21.106)	26:46.382 (1:25.419)	28:10.893 (1:24.511)
	29:37.171 (1:26.278)	31:01.119 (1:23.948)	32:23.827 (1:22.709)
	33:40.337 (1:16.510)		
20	Burtis, Noah	SR Chadron State	33:45.56
	1:26.381 (1:26.381)	2:52.850 (1:26.469)	4:21.395 (1:28.546)
	5:53.420 (1:32.025)	7:11.344 (1:17.925)	8:29.786 (1:18.443)
	9:49.471 (1:19.685)	11:05.760 (1:16.289)	12:25.077 (1:19.318)
	13:43.882 (1:18.805)	15:02.921 (1:19.040)	16:22.555 (1:19.635)
	17:40.788 (1:18.233)	18:58.795 (1:18.008)	20:16.996 (1:18.201)
	21:37.305 (1:20.310)	22:59.156 (1:21.852)	24:20.223 (1:21.068)
	25:41.409 (1:21.186)	27:01.939 (1:20.530)	28:23.458 (1:21.520)
	29:44.947 (1:21.490)	31:05.822 (1:20.875)	32:27.507 (1:21.685)
	33:45.551 (1:18.045)		

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Results

....Event 16 Men 10000 Meter Run

21 Carr, Daniel	SO Western Colorado	34:11.29
1:25.890 (1:25.890)	2:52.475 (1:26.586)	4:21.113 (1:28.638)
5:53.204 (1:32.091)	7:11.045 (1:17.841)	8:29.408 (1:18.364)
9:48.604 (1:19.197)	11:04.880 (1:16.276)	12:24.181 (1:19.301)
13:43.190 (1:19.010)	15:01.883 (1:18.693)	16:21.765 (1:19.882)
17:39.923 (1:18.158)	18:58.288 (1:18.366)	20:15.717 (1:17.429)
21:33.716 (1:18.000)	22:55.210 (1:21.494)	24:20.027 (1:24.817)
25:44.576 (1:24.549)	27:10.369 (1:25.794)	28:34.950 (1:24.581)
30:00.065 (1:25.116)	31:24.759 (1:24.694)	32:50.466 (1:25.708)
34:11.285 (1:20.819)		
22 Shea, Cory	JR Msu Denver	35:01.12
1:26.706 (1:26.706)	2:53.058 (1:26.352)	4:21.695 (1:28.637)
5:53.777 (1:32.082)	7:12.042 (1:18.265)	8:32.713 (1:20.672)
9:55.309 (1:22.596)	11:17.873 (1:22.564)	12:40.666 (1:22.794)
14:03.732 (1:23.066)	15:26.501 (1:22.770)	16:49.704 (1:23.204)
18:12.964 (1:23.260)	19:36.227 (1:23.264)	21:00.248 (1:24.021)
22:23.550 (1:23.303)	23:47.449 (1:23.899)	25:12.829 (1:25.381)
26:38.103 (1:25.274)	28:03.335 (1:25.232)	29:28.003 (1:24.668)
30:52.948 (1:24.946)	32:19.309 (1:26.362)	33:42.346 (1:23.038)
35:01.115 (1:18.769)		
23 Begay, Wacey	SR Fort Lewis	35:29.08
1:25.413 (1:25.413)	2:51.951 (1:26.539)	4:20.282 (1:28.331)
5:51.580 (1:31.299)	7:10.727 (1:19.148)	8:30.111 (1:19.385)
9:49.843 (1:19.732)	11:08.066 (1:18.223)	12:29.682 (1:21.617)
13:52.794 (1:23.112)	15:16.926 (1:24.133)	16:42.521 (1:25.595)
18:08.179 (1:25.658)	19:33.588 (1:25.410)	21:00.506 (1:26.918)
22:25.526 (1:25.020)	23:52.476 (1:26.951)	25:17.735 (1:25.259)
26:44.763 (1:27.028)	28:11.109 (1:26.347)	29:38.015 (1:26.906)
31:07.421 (1:29.407)	32:37.188 (1:29.767)	34:03.766 (1:26.579)
35:29.077 (1:25.312)		

Event 17 Women 3000 Meter Steeplechase

=====			
RMAC Meet: R 10:29.50	2013	Alicia Nelson, Adams State	
NCAA Prov: P 11:01.26	2023		
Name	Year School	Finals	Points
=====			
1 Beasley, Allison	FR Western Colorado	10:34.41P	10
47.987 (47.987)	2:09.201 (1:21.214)	3:33.329 (1:24.128)	4:58.944 (1:25.615)
6:24.734 (1:25.791)	7:49.519 (1:24.785)	9:13.623 (1:24.105)	10:34.409 (1:20.787)
2 Raichart, Alex	SR Colo. Mines	10:43.66P	8
47.960 (47.960)	2:09.383 (1:21.424)	3:33.435 (1:24.053)	4:59.035 (1:25.601)
6:25.810 (1:26.775)	7:54.485 (1:28.675)	9:22.754 (1:28.270)	10:43.659 (1:20.906)
3 Stonebarger, Erin	SO Adams State	10:45.59P	6
47.463 (47.463)	2:09.211 (1:21.749)	3:33.292 (1:24.081)	4:58.908 (1:25.617)
6:26.235 (1:27.327)	7:54.700 (1:28.465)	9:22.435 (1:27.735)	10:45.589 (1:23.155)
4 Thomas, Margot	SO Csu-Pueblo	10:59.84P	5
48.290 (48.290)	2:09.474 (1:21.185)	3:33.611 (1:24.137)	4:59.687 (1:26.076)
6:26.522 (1:26.835)	7:54.322 (1:27.800)	9:26.681 (1:32.360)	10:59.836 (1:33.155)
5 Basart, Margaux	FR Colo. Mines	11:01.93	4
48.530 (48.530)	2:09.894 (1:21.364)	3:33.959 (1:24.065)	4:59.406 (1:25.448)
6:27.662 (1:28.256)	7:58.614 (1:30.953)	9:32.836 (1:34.222)	11:01.927 (1:29.092)
6 Richtman, Rachel	JR Uc-Colo. Spgs.	11:06.94	3
50.575 (50.575)	2:20.275 (1:29.700)	3:50.022 (1:29.748)	5:19.103 (1:29.081)
6:47.940 (1:28.838)	8:17.759 (1:29.819)	9:46.046 (1:28.288)	11:06.937 (1:20.891)
7 Wood, Haley	SO Western Colorado	11:34.80	2
52.188 (52.188)	2:21.359 (1:29.171)	3:50.831 (1:29.472)	5:21.783 (1:30.953)
6:54.743 (1:32.961)	8:29.559 (1:34.816)	10:02.929 (1:33.370)	11:34.798 (1:31.870)

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Results

....Event 17 Women 3000 Meter Steeplechase

8 Moss, Brooke	FR Uc-Colo. Spgs.	11:38.88	1
51.744 (51.744)	2:22.769 (1:31.026)	3:58.083 (1:35.314)	5:33.121 (1:35.039)
7:05.196 (1:32.076)	8:39.538 (1:34.343)	10:12.850 (1:33.312)	11:38.873 (1:26.024)
9 Wright, Carmella	SR Fort Lewis	11:47.47	
47.736 (47.736)	2:14.585 (1:26.850)	3:46.617 (1:32.032)	5:19.606 (1:32.989)
6:54.181 (1:34.576)	8:31.406 (1:37.225)	10:09.589 (1:38.183)	11:47.462 (1:37.873)
10 Turpin, Katie	FR Black Hills St.	11:51.32	
52.779 (52.779)	2:26.196 (1:33.417)	4:00.283 (1:34.088)	5:38.786 (1:38.503)
7:14.421 (1:35.636)	8:48.246 (1:33.825)	10:22.978 (1:34.732)	11:51.317 (1:28.340)
11 Almasri, Nadine	JR Uc-Colo. Spgs.	11:51.46	
52.046 (52.046)	2:23.559 (1:31.513)	3:58.707 (1:35.148)	5:33.447 (1:34.740)
7:06.376 (1:32.930)	8:43.074 (1:36.698)	10:20.290 (1:37.217)	11:51.456 (1:31.167)
12 Burnside, Payton	SO Fort Lewis	11:55.70	
51.095 (51.095)	2:21.438 (1:30.343)	3:51.641 (1:30.204)	5:25.288 (1:33.647)
7:02.365 (1:37.078)	8:42.171 (1:39.806)	10:21.874 (1:39.704)	11:55.692 (1:33.818)
13 Orstead, Audrey	SO Msu Denver	11:57.50	
51.844 (51.844)	2:22.240 (1:30.396)	3:57.399 (1:35.159)	5:33.930 (1:36.531)
7:12.471 (1:38.542)	8:50.932 (1:38.461)	10:29.188 (1:38.257)	11:57.495 (1:28.307)
14 Corby, Cadence	FR Fort Lewis	11:58.10	
53.142 (53.142)	2:24.092 (1:30.950)	3:59.170 (1:35.078)	5:33.792 (1:34.623)
7:06.951 (1:33.159)	8:45.281 (1:38.331)	10:23.980 (1:38.699)	11:58.092 (1:34.112)
15 Murphy, Taylor	SR Fort Lewis	12:16.74	
50.517 (50.517)	2:23.538 (1:33.022)	3:59.784 (1:36.246)	5:36.118 (1:36.335)
7:13.009 (1:36.891)	8:51.953 (1:38.945)	10:36.599 (1:44.646)	12:16.738 (1:40.139)
-- Rule, Lexi	FR Chadron State	DNF	
50.635 (50.635)	2:22.707 (1:32.072)	4:00.572 (1:37.866)	5:48.065 (1:47.494)

Event 18 Men 3000 Meter Steeplechase

=====
 RMAC Meet: R 8:54.75 5/1/2021 Taylor Stack, Western Colo.
 NCAA Prov: P 9:12.36 2023

Name	Year School	Finals	Points
1 Hesse, Albert	SO Western Colorado	9:09.45P	10
40.955 (40.955)	1:53.745 (1:12.791)	3:06.664 (1:12.919)	4:19.361 (1:12.698)
5:33.677 (1:14.316)	6:47.201 (1:13.525)	8:00.632 (1:13.431)	9:09.447 (1:08.815)
2 Shaw, Alex	SO Colo. Mines	9:14.36	8
41.290 (41.290)	1:54.059 (1:12.769)	3:07.000 (1:12.941)	4:19.697 (1:12.698)
5:33.959 (1:14.263)	6:47.609 (1:13.650)	8:01.559 (1:13.951)	9:14.360 (1:12.801)
3 Bonenberger, Max	SO Colo. Mines	9:18.82	6
42.300 (42.300)	1:55.686 (1:13.386)	3:09.490 (1:13.804)	4:24.009 (1:14.520)
5:38.831 (1:14.822)	6:53.924 (1:15.093)	8:08.229 (1:14.305)	9:18.820 (1:10.591)
4 Sevcik, Max	SR Colo. Mines	9:19.08	5
41.909 (41.909)	1:54.635 (1:12.726)	3:08.471 (1:13.836)	4:22.207 (1:13.736)
5:36.827 (1:14.621)	6:51.207 (1:14.380)	8:06.240 (1:15.033)	9:19.071 (1:12.832)
5 Testa, Mark	SR Colorado Mesa	9:23.60	4
41.330 (41.330)	1:53.895 (1:12.565)	3:07.288 (1:13.394)	4:20.383 (1:13.095)
5:35.061 (1:14.679)	6:51.816 (1:16.755)	8:09.049 (1:17.233)	9:23.597 (1:14.549)
6 Beloy, Kaleb	SO Csu-Pueblo	9:30.80	3
42.139 (42.139)	1:54.734 (1:12.595)	3:08.661 (1:13.927)	4:21.761 (1:13.101)
5:36.467 (1:14.706)	6:54.592 (1:18.125)	8:14.819 (1:20.227)	9:30.800 (1:15.982)
7 Grabowski, Michael	SR Western Colorado	9:31.64	2
41.159 (41.159)	1:54.333 (1:13.175)	3:08.166 (1:13.834)	4:21.785 (1:13.619)
5:37.830 (1:16.045)	6:54.897 (1:17.068)	8:13.213 (1:18.316)	9:31.636 (1:18.424)

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Results

....Event 18 Men 3000 Meter Steeplechase

8	Partin, Kyle	SO Western Colorado	9:34.37	1
	41.708 (41.708)	1:54.535 (1:12.828)	3:08.534 (1:13.999)	4:22.831 (1:14.298)
	5:39.100 (1:16.269)	6:56.327 (1:17.227)	8:16.159 (1:19.833)	9:34.369 (1:18.211)
9	Fossey, Charles	FR Chadron State	9:45.47	
	43.390 (43.390)	1:57.171 (1:13.782)	3:13.464 (1:16.293)	4:30.269 (1:16.805)
	5:47.972 (1:17.704)	7:08.314 (1:20.342)	8:29.662 (1:21.349)	9:45.468 (1:15.806)
10	Jirele, Patrick	SO Western Colorado	9:46.00	
	41.593 (41.593)	1:54.451 (1:12.859)	3:08.658 (1:14.207)	4:22.513 (1:13.855)
	5:38.911 (1:16.399)	6:58.778 (1:19.868)	8:23.659 (1:24.881)	9:45.993 (1:22.335)
11	Donze, Jack	FR Uc-Colo. Spgs.	9:50.75	
	42.873 (42.873)	1:56.839 (1:13.966)	3:12.425 (1:15.587)	4:31.067 (1:18.642)
	5:50.337 (1:19.270)	7:11.738 (1:21.402)	8:33.435 (1:21.698)	9:50.748 (1:17.313)
12	Harker, Joseph	FR Csu-Pueblo	9:52.20	
	42.355 (42.355)	1:55.218 (1:12.864)	3:09.095 (1:13.877)	4:23.641 (1:14.546)
	5:41.309 (1:17.669)	7:02.025 (1:20.717)	8:27.917 (1:25.893)	9:52.199 (1:24.283)
13	Szwede Mittelstadt, Seba	JR Westminster (Ut)	10:02.60	
	43.598 (43.598)	1:57.379 (1:13.782)	3:14.623 (1:17.244)	4:34.593 (1:19.970)
	5:58.324 (1:23.731)	7:21.869 (1:23.546)	8:45.072 (1:23.204)	10:02.598 (1:17.526)
14	Schafer, Cale	JR Chadron State	10:07.56	
	43.368 (43.368)	1:57.595 (1:14.227)	3:14.036 (1:16.442)	4:32.190 (1:18.154)
	5:54.565 (1:22.376)	7:20.192 (1:25.628)	8:46.190 (1:25.998)	10:07.555 (1:21.365)
15	Fahrney, Deagen	SO Western Colorado	10:10.90	
	42.653 (42.653)	1:56.363 (1:13.710)	3:12.105 (1:15.743)	4:31.349 (1:19.244)
	5:53.243 (1:21.894)	7:20.595 (1:27.352)	8:49.272 (1:28.678)	10:10.899 (1:21.627)
16	Hurm, Braik	FR Black Hills St.	10:11.40	
	44.360 (44.360)	1:58.853 (1:14.493)	3:17.321 (1:18.468)	4:39.097 (1:21.777)
	6:02.424 (1:23.327)	7:26.172 (1:23.749)	8:51.249 (1:25.078)	10:11.391 (1:20.142)
17	Wagner, Owen	SO S.D. Mines	10:11.95	
	41.766 (41.766)	1:55.294 (1:13.529)	3:11.338 (1:16.044)	4:31.754 (1:20.416)
	5:55.272 (1:23.518)	7:22.141 (1:26.869)	8:50.029 (1:27.888)	10:11.944 (1:21.916)
18	Lamoreaux, Joran	FR S.D. Mines	10:15.65	
	43.807 (43.807)	1:59.199 (1:15.393)	3:17.958 (1:18.759)	4:39.055 (1:21.098)
	6:03.492 (1:24.437)	7:26.661 (1:23.170)	8:52.109 (1:25.448)	10:15.649 (1:23.541)
19	Mccarter, Riley	SR Westminster (Ut)	10:30.76	
	42.809 (42.809)	1:57.947 (1:15.138)	3:18.022 (1:20.076)	4:40.788 (1:22.767)
	6:07.180 (1:26.393)	7:36.120 (1:28.941)	9:06.713 (1:30.593)	10:30.751 (1:24.039)

Event 19 Women 100 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 13.41 2012 Indira Spence, Adams State
 NCAA Prov: P 14.24 2023

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1 Clarke, Patreece	FR NM Highlands	P 13.79Q	0.1	3
2 Moreni, Missy	SO Uc-Colo. Spgs.	P 14.03Q	1.3	1
3 Ries, Maya	SO Msu Denver	14.47Q	0.8	2
4 Griffith, Averie	JR Colorado Mesa	14.67Q	0.1	3
5 Brotherson, Katie	SR Westminster (Ut)	15.02Q	0.8	2
6 Remsberg, Maggie	JR Uc-Colo. Spgs.	15.09Q	1.3	1
7 Brockman, Jordan	SO Colorado Mesa	14.87q	0.1	3
8 Donohoe, Eireann	SO Western Colorado	15.13q	1.3	1
9 Novess, Faith	JR Uc-Colo. Spgs.	15.15	0.8	2

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10 Hawk, Skylar	FR Uc-Colo. Spgs.	15.17	0.1	3
11 Portis, Kelia	SO Western Colorado	15.29	0.8	2
12 Samuels, Sydney	SO Uc-Colo. Spgs.	15.38	0.8	2
13 Rader, Danae	SO Chadron State	15.61	0.1	3
14 Martinez, Leyah	FR Uc-Colo. Spgs.	15.73	1.3	1
15 Tietjen, Kendall	FR Black Hills St.	16.11	1.3	1
16 Tuti, Clara	SO Western Colorado	16.39	0.1	3
17 Curtis, Sophie	JR Black Hills St.	16.43	0.8	2
-- Jenrette, Mica	JR Colorado Mesa	DNS	1.3	1

Event 19 Women 100 Meter Hurdles

RMAC Meet: R 13.41 2012 Indira Spence, Adams State

NCAA Prov: P 14.24 2023

Name	Year School	Finals	Wind	Points
=====				
Finals				
1 Clarke, Patreece	FR NM Highlands	13.58P	-0.4	10
2 Moreni, Missy	SO Uc-Colo. Spgs.	14.02P	-0.4	8
3 Ries, Maya	SO Msu Denver	14.42	-0.4	6
4 Griffith, Averie	JR Colorado Mesa	14.83	-0.4	5
5 Remsberg, Maggie	JR Uc-Colo. Spgs.	14.84	-0.4	4
6 Brockman, Jordan	SO Colorado Mesa	14.87	-0.4	3
7 Brotherson, Katie	SR Westminster (Ut)	15.16	-0.4	2
8 Donohoe, Eireann	SO Western Colorado	18.29	-0.4	1

Event 20 Men 110 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

RMAC Meet: R 14.00 2013 Karl McFarlane, Chadron State

NCAA Prov: P 14.49 2023

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1 Trembly, Creighton	SO Chadron State	P 14.22Q	0.7	2
2 Delate, Everett	SO Colo. Mines	P 14.27Q	1.4	1
3 Davis, Zayden	SO Colorado Mesa	P 14.49Q	1.4	1
4 Martinez, Anthony	SO Msu Denver	14.61Q	0.7	2
5 Heide, Dawson	JR Colorado Mesa	14.50Q	1.4	1
6 Chan, Coulton	SO Colo. Mines	15.06Q	0.7	2
7 Pecenka, Sean	FR Msu Denver	15.32q	0.7	2
8 Hanson, Nathan	JR Colorado Mesa	15.33q	1.4	1
9 Stroup, Jacob	SR Western Colorado	15.36	1.4	1
10 Covey, Anders	FR Western Colorado	15.44	0.7	2
11 Lloyd, Brock	JR Westminster (Ut)	15.46	1.4	1
12 Hafey, Logan	FR Colorado Mesa	15.71	0.7	2
-- Iarusso, AJ	FR Colorado Mesa	DNF	0.7	2
-- Hast, Thorben	SO Uc-Colo. Spgs.	DNS	1.4	1

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 20 Men 110 Meter Hurdles**

=====

RMAC Meet: R 14.00 2013 Karl McFarlane, Chadron State

NCAA Prov: P 14.49 2023

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1 Delate, Everett	SO	Colo. Mines	14.12P	0.7	10
2 Trembly, Creighton	SO	Chadron State	14.37P	0.7	8
3 Davis, Zayden	SO	Colorado Mesa	14.63	0.7	6
4 Heide, Dawson	JR	Colorado Mesa	14.98	0.7	5 14.975
5 Martinez, Anthony	SO	Msu Denver	14.98	0.7	4 14.977
6 Chan, Coulton	SO	Colo. Mines	15.11	0.7	3
7 Pecenka, Sean	FR	Msu Denver	15.29	0.7	2
8 Hanson, Nathan	JR	Colorado Mesa	15.81	0.7	1

Event 21 Women 400 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====

RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State

NCAA Prov: P 1:02.33 2023

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Firor, Kaiya	SO	Western Colorado	1:02.39Q	1
2 Portis, Kelia	SO	Western Colorado	1:03.06Q	2
3 Brotherson, Katie	SR	Westminster (Ut)	1:03.33Q	2
4 Martinez, Leyah	FR	Uc-Colo. Spgs.	1:04.01Q	1
5 Hawk, Skylar	FR	Uc-Colo. Spgs.	1:04.09Q	2
6 Comer, Allison	SO	Colo. Mines	1:04.56Q	1
7 Armijo, Beatrice	SR	NM Highlands	1:05.29q	2
8 Griffith, Averie	JR	Colorado Mesa	1:05.72q	1
9 Scully, Kamryn	JR	S.D. Mines	1:06.15	2
10 Williams, Lexie	SO	Colorado Mesa	1:06.51	1
11 Curtis, Sophie	JR	Black Hills St.	1:06.56	2
12 Rader, Danae	SO	Chadron State	1:07.60	1
13 Tietjen, Kendall	FR	Black Hills St.	1:07.69	2
14 Harris, Ella	FR	Csu-Pueblo	1:07.78	1
15 Mannes, Laine	FR	S.D. Mines	1:11.25	2
16 Tuti, Clara	SO	Western Colorado	1:14.27	1

Event 21 Women 400 Meter Hurdles

=====

RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State

NCAA Prov: P 1:02.33 2023

Name	Year	School	Finals	Points
=====				
Finals				
1 Firor, Kaiya	SO	Western Colorado	1:01.17P	10
2 Portis, Kelia	SO	Western Colorado	1:01.72P	8
3 Brotherson, Katie	SR	Westminster (Ut)	1:01.73P	6
4 Hawk, Skylar	FR	Uc-Colo. Spgs.	1:03.04	5
5 Comer, Allison	SO	Colo. Mines	1:03.37	4
6 Martinez, Leyah	FR	Uc-Colo. Spgs.	1:03.73	3
7 Armijo, Beatrice	SR	NM Highlands	1:03.80	2
8 Griffith, Averie	JR	Colorado Mesa	1:12.87	1

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Event 22 Men 400 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines
 RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State
 NCAA Prov: P 53.32 2023

Name	Year	School	Prelims	H#
Preliminaries				
1 Delate, Everett	SO	Colo. Mines	P 53.02Q	2
2 Andrews, Dillon	JR	Uc-Colo. Spgs.	P 53.12Q	1
3 Schmidt, Carl	SR	Csu-Pueblo	53.74Q	1
4 Jones, Neveh	JR	Adams State	54.83Q	2
5 Montague, Kelsey	SO	Colorado Mesa	54.48Q	1
6 Peila, Logan	JR	Chadron State	54.93Q	2
7 Hafey, Logan	FR	Colorado Mesa	55.24q	1
8 Hast, Thorben	SO	Uc-Colo. Spgs.	55.35q	2
9 Chan, Coulton	SO	Colo. Mines	55.73	1
10 Quinby, Elijah	FR	Colo. Mines	55.99	2
11 Beevers, Ethan	SO	Western Colorado	56.04	2
12 Lloyd, Brock	JR	Westminster (Ut)	56.53	1
13 Copeland, Dillon	SO	Western Colorado	56.85	1
14 Pecenka, Sean	FR	Msu Denver	57.44	1
15 Fonseca, Michael	JR	Adams State	57.58	2

Event 22 Men 400 Meter Hurdles

=====
 RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines
 RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State
 NCAA Prov: P 53.32 2023

Name	Year	School	Finals	Points
Finals				
1 Delate, Everett	SO	Colo. Mines	52.83P	10
2 Andrews, Dillon	JR	Uc-Colo. Spgs.	53.79	8
3 Montague, Kelsey	SO	Colorado Mesa	54.35	6
4 Peila, Logan	JR	Chadron State	54.88	5
5 Hafey, Logan	FR	Colorado Mesa	55.34	4
6 Jones, Neveh	JR	Adams State	55.57	3
7 Schmidt, Carl	SR	Csu-Pueblo	55.58	2
8 Hast, Thorben	SO	Uc-Colo. Spgs.	56.28	1

Event 23 Women 4x100 Meter Relay

=====
 RMAC Meet: R 44.84 5/9/2017 Adams State
 Wahl, Johnson, Watson, Scherrer

NCAA Prov: P 46.73 2023

School	Finals	H#	Points
1 Uc-Colo. Spgs. 'A'	46.16P	2	10
1) Bloomquist, Audrey JR	2) Moreni, Missy SO		
3) Bolton, Keyanda SO	4) Farinas, Victoria SO		
2 Msu Denver 'A'	47.00	2	8
1) Hummel, Claire SR	2) Romero, Allyssa JR		
3) Hobson, Jessica FR	4) Lattimore, Jaivion SR		
3 Western Colorado 'A'	48.29	2	6

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....Event 23 Women 4x100 Meter Relay

1) Portis, Kelia SO	2) Firor, Kaiya SO			
3) Olson, Cora SR	4) Dantzler, Myia SO			
4 Chadron State 'A'		48.93	1	5
1) Groth, Caydince SO	2) Collier, Carlie JR			
3) Rader, Danae SO	4) Morgan, Shantae SO			
5 Black Hills St. 'A'		49.41	2	4
1) Curtis, Sophie JR	2) Tracy, Mikayla JR			
3) Tietjen, Kendall FR	4) Fuller, Breanne SR			
6 Csu-Pueblo 'A'		49.89	2	3
1) Case, Erin SR	2) Miller, Ashley SR			
3) Dunich, Gabrielle FR	4) Kimble, Skyler FR			
7 NM Highlands 'A'		55.62	2	2
1) Harrison, Lucia JR	2) Obioha, Chisom JR			
3) Berkowitz, Irma FR	4) Armijo, Beatrice SR			
-- S.D. Mines 'A'		DQ	1	Zone 3 Violation
1) Mathieu, Katherine SR	2) May, Melissa SO			
3) Mannes, Laine FR	4) Hanson, Tatum FR			
-- Colorado Mesa 'A'		DQ	2	Zone 3 Violation
1) Horton, Gaby FR	2) Arceneaux, Sierra SR			
3) Burnett-Perry, Serenity SO	4) Arceneaux, Kierra SR			
-- Colo. Mines 'A'		SCR		
1) Wright, Avery FR	2) Wood, Lexye JR			
3) Nelson, Amena SR	4) Walshaw, Sidney FR			

Event 24 Men 4x100 Meter Relay

=====				
RMAC Meet: R 40.08	2002	Fort Hays State		
		Esslinger, Wurtz, Moore, Appelhans		
NCAA Prov: P 40.99	2023			
School		Finals	Points	
=====				
1 Uc-Colo. Spgs. 'A'		40.48P	10	
1) Mendoza, Justice SO	2) Sterling, Kymani SO			
3) Nichols, Michael JR	4) Mosley Jr., Brian JR			
2 Colorado Mesa 'A'		40.57P	8	
1) Thornton, Beau JR	2) Casados, Mateo SO			
3) Christensen, Kade JR	4) Williams, Elijah JR			
3 Western Colorado 'A'		41.47	6	
1) Jackson, Nate SO	2) Smith, Ja'Warren FR			
3) Fike, Eric SR	4) Martinez, Kennedy SR			
4 Csu-Pueblo 'A'		41.94	5	
1) Kassi, Cedrick FR	2) Johnson, Evan FR			
3) King, Ryan FR	4) McInnis, Keith FR			
5 Chadron State 'A'		42.18	4	
1) Yoosook, Emory JR	2) Trembly, Creighton SO			
3) Perkins, Cole FR	4) Perez, Kadin SO			
6 Msu Denver 'A'		43.85	3	
1) Irish, Zander FR	2) Martinez, Anthony SO			
3) Simpson, Jacob FR	4) Loper, Ethan SR			
-- S.D. Mines 'A'		DQ		Zone 3 Violation
1) Johnson, Eddie FR	2) Pitlick, Ethan SO			
3) Storlie, Cole FR	4) Barbot, Eli SO			

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Event 25 Women 4x400 Meter Relay

=====						
RMAC Meet: R 3:46.15		5/1/2022	Colorado Mines			
			R Higashi, G Galvin, A Nelson, A Wright			
NCAA Prov: P 3:49.58		2023				
School				Finals	H#	Points
=====						
1	Colo. Mines 'A'			3:44.62R	2	10
	1) Nelson, Amena SR		2) Galvin, Grace SO			RMAC Record
	3) Duck, Mackenzie SR		4) Wright, Aryelle JR			
2	NM Highlands 'A'			3:48.72P	2	8
	1) Rose, Nadine JR		2) Donald, Cemore JR			
	3) Armijo, Beatrice SR		4) Harrison, Lucia JR			
3	Western Colorado 'A'			3:49.60	2	6
	1) Firor, Kaiya SO		2) Lapp, Kiarra FR			
	3) Portis, Kelia SO		4) Harrison, Sakara SO			
4	Westminster (Ut) 'A'			3:54.26	2	5
	1) Johnson, Josii SR		2) Worline, Emily SR			
	3) McAlindon, Courtney SR		4) Brotherson, Katie SR			
5	Uc-Colo. Spgs. 'A'			3:54.81	2	4
	1) Bolton, Keyanda SO		2) Hewitt, Michela JR			
	3) Lopez, Alyssa SO		4) Davis, Amber SO			
6	Csu-Pueblo 'A'			3:55.14	2	3
	1) Braybrook, Helen SO		2) Holland, Taylor SO			
	3) Herron, Jadyn FR		4) Harris, Ella FR			
7	Colorado Mesa 'A'			3:55.36	2	2
	1) Horton, Gaby FR		2) Arcand, Elaina FR			
	3) Williams, Lexie SO		4) Dikken, Emma SO			
8	Msu Denver 'A'			3:55.43	2	1
	1) Romero, Allyssa JR		2) Sowell, Naleia SO			
	3) Street, Audrynn SO		4) Garand, Teagan SR			
9	Chadron State 'A'			4:04.65	1	
	1) Groth, Caydince SO		2) Swinney, Kassyl FR			
	3) Wulff, Cassandra FR		4) Collier, Carlie JR			
10	S.D. Mines 'A'			4:11.74	1	
	1) Mathieu, Katherine SR		2) Scully, Kamryn JR			
	3) Mannes, Laine FR		4) Saline, Abbie JR			
--	Black Hills St. 'A'			DNF	1	
	1) Terry, Kaylee FR		2) Curtis, Sophie JR			
	3) Tietjen, Kendall FR		4) Knutson, Katie SO			

Event 26 Men 4x400 Meter Relay

=====						
RMAC Meet: R 3:11.84		4/29/2018	CSU-Pueblo			
			T Donnell, S Horne, D Vassell, T Staines			
RMAC Meet: R 3:10.1h		2007	, Adams State			
			Streeter, Lara, Moulinet, Streeter			
NCAA Prov: P 3:14.07		2023				
School				Finals	H#	Points
=====						
1	Csu-Pueblo 'A'			3:12.47P	2	10
	1) Schmidt, Carl SR		2) Sharman-Newell, Reece SO			
	3) Tipton, Kaleb SO		4) Smith, Tyrell SO			
2	Uc-Colo. Spgs. 'A'			3:13.87P	2	8
	1) Andrews, Dillon JR		2) O'Neal, Ryan SO			
	3) Jean, Sebastian FR		4) Laca, Angel SR			

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....Event 26 Men 4x400 Meter Relay

3 Western Colorado 'A'	3:15.64	2	6
1) Smith, Ja'Warren FR		2) Coyhis, Ethan JR	
3) Killoy, Jeremy SO		4) Martinez, Kennedy SR	
4 Colorado Mesa 'A'	3:15.84	2	5
1) Blanton, Justin FR		2) Smallwood, AJ JR	
3) Heide, Dawson JR		4) Montague, Kelsey SO	
5 Chadron State 'A'	3:19.23	2	4
1) Peila, Logan JR		2) Fuller, Kyland FR	
3) Rhoades, Harley SR		4) Logsdon, Greg JR	
6 Msu Denver 'A'	3:20.05	2	3
1) Irish, Zander FR		2) Valdez, Michael SO	
3) Schauer, Ty JR		4) Loper, Ethan SR	
7 S.D. Mines 'A'	3:26.05	2	2
1) Kleinsasser, Travis JR		2) Johnson, Eddie FR	
3) Winter, Rowan FR		4) Pitlick, Ethan SO	
8 Westminster (Ut) 'A'	3:30.91	1	1
1) Lloyd, Brock JR		2) Maxfield, Thomas JR	
3) Mccarter, Riley SR		4) Szwede Mittelstadt, Sebastian J	
9 Black Hills St. 'A'	3:33.51	1	
1) Becker, Frank SR		2) Anderson, Braden FR	
3) Standish, David FR		4) Valerio, Marcos JR	
-- Colo. Mines 'A'	DNS	2	
1) Delate, Everett SO		2) Chan, Coulton SO	
3) Gebhardt, Andrew SO		4) Thompson, Tim FR	

Event 27 Women High Jump

=====					
RMAC Meet: R 1.88m	2013	Barbara Szabo, Western State			
NCAA Prov: P 1.68m	2023				
Name	Year	School	Finals		Points
=====					
1 Coffey, Josie		SO Colorado Mesa	1.66m	5-05.25	10
1.51 1.56 1.61 1.66 1.69					
P O O XO XXX					
2 Jones, Mikayla		SO Csu-Pueblo	J1.66m	5-05.25	8
1.51 1.56 1.61 1.66 1.69					
P O O XXO XXX					
3 Novess, Faith		JR Uc-Colo. Spgs.	1.61m	5-03.25	5.50
1.51 1.56 1.61 1.66					
O O O XXX					
3 Bretz, Samantha		SO Western Colorado	1.61m	5-03.25	5.50
1.51 1.56 1.61 1.66					
P O O XXX					
5 Brockman, Jordan		SO Colorado Mesa	J1.61m	5-03.25	4
1.51 1.56 1.61 1.66 1.69					
XO XO O XXP X					
6 Pelton, Destiny		JR Chadron State	1.56m	5-01.25	3
1.51 1.56 1.61					
O O XXX					
7 Kintzley, Claire		SO Colo. Mines	J1.56m	5-01.25	1.50
1.51 1.56 1.61					
O XO XXX					

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....Event 27 Women High Jump

7	Donohoe, Eireann	SO Western Colorado	J1.56m	5-01.25	1.50
	1.51 1.56 1.61 1.66 1.69				
	P XO XPP PPP XX				
9	Matteson, Hope	SO Colorado Mesa	J1.56m	5-01.25	
	1.51 1.56 1.61				
	O XXO XXX				
10	Gibson, Kaelea	FR Colorado Mesa	J1.56m	5-01.25	
	1.51 1.56 1.61				
	XO XXO XXX				
11	King, Megan	SR Colorado Mesa	1.51m	4-11.50	
	1.51 1.56				
	O XXX				
12	Remsberg, Maggie	JR Uc-Colo. Spgs.	J1.51m	4-11.50	
	1.51 1.56				
	XO XXX				
--	Baloun, Megan	FR Chadron State		NH	
	1.51				
	XXX				
--	O'Brien, Rachel	JR Adams State		NH	
	1.51 1.56				
	P XXX				
--	Wall, Christianna	FR Black Hills St.		NH	
	1.51				
	XXX				
--	Klein, Kailey	FR Chadron State		NH	
	1.51				
	XXX				
--	Gillespie, Abigail	JR Colo. Mines		NH	
	1.51				
	XXX				
--	Brummell, Allison	FR Chadron State		NH	
	1.51				
	XXX				
--	Wood, Lexye	JR Colo. Mines		DNS	

Event 28 Men High Jump

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RMAC Meet: R 2.20m 2014 Justin Bethea, Adams State

NCAA Prov: P 2.04m 2023

Name	Year School	Finals	Points
1 Ciccarelli, Skye	JR Uc-Colo. Spgs.	2.10mP	6-10.75 10
	1.84 1.89 1.94 1.99 2.04 2.07 2.10 2.12		
	P P O O XO XO XXO XXX		
2 Redmond, Grant	SR Colo. Mines	2.07mP	6-09.50 8
	1.84 1.89 1.94 1.99 2.04 2.07 2.10		
	P P P XO XXO XO XXX		
3 Buckhold, Zace	SO Colorado Mesa	1.99m	6-06.25 5.50
	1.84 1.89 1.94 1.99 2.04		
	P P P O XXX		
3 Ortega, Hector	SO Chadron State	1.99m	6-06.25 5.50
	1.84 1.89 1.94 1.99 2.04		
	O O O O XXX		

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5	Kurjak, Eddie	SO Colorado Mesa	J1.99m	6-06.25	4
	1.84 1.89 1.94 1.99 2.04				
	P O XO XO XXX				
6	Church, Caden	SO Western Colorado	1.94m	6-04.25	3
	1.84 1.89 1.94 1.99				
	O O XO XXX				
7	McInnis, Keith	FR Csu-Pueblo	1.89m	6-02.25	1.50
	1.84 1.89 1.94				
	O O XX				
7	Anselmo, Dominic	SR Western Colorado	1.89m	6-02.25	1.50
	1.84 1.89 1.94				
	O O XXX				
9	McCracken, Conner	SO Chadron State	J1.89m	6-02.25	
	1.84 1.89 1.94				
	O XO XXX				
10	Thompson, Justin	JR Colorado Mesa	J1.89m	6-02.25	
	1.84 1.89 1.94				
	P XXO XXX				
11	Frasl, Caden	SO Uc-Colo. Spgs.	J1.89m	6-02.25	
	1.84 1.89 1.94				
	XO XXO XXX				
12	Penfield, Alec	JR Chadron State	1.84m	6-00.50	
	1.84 1.89				
	O XXX				
12	Lloyd, Brock	JR Westminster (Ut)	1.84m	6-00.50	
	1.84 1.89				
	O XXX				
12	Cass, Jade	JR S.D. Mines	1.84m	6-00.50	
	1.84 1.89				
	O XXX				
12	Bruner, James	SO Chadron State	1.84m	6-00.50	
	1.84 1.89				
	O XXX				
16	Briggs, Trey	SO Colorado Mesa	J1.84m	6-00.50	
	1.84 1.89				
	XO XXX				

Event 29 Women Pole Vault

RMAC Meet: R 4.05m 2011		Lauren Graham, UC-Colorado Springs	
NCAA Prov: P 3.74m 2023			
Name	Year School	Finals	Points
1 Herbold, Avery	JR Colo. Mines	3.86mP 12-08.00	10 JO 3.86 O
	3.11 3.26 3.41 3.56 3.71 3.86		
	P P P P O XXX		
2 Miller, Hannah	SR Colo. Mines	3.71m 12-02.00	7 JO 3.86 X
	3.11 3.26 3.41 3.56 3.71 3.86		
	P P P O O XXX		
2 Smith, Lauren	SO Western Colorado	3.71m 12-02.00	7 JO 3.86 X
	3.11 3.26 3.41 3.56 3.71 3.86		
	P P P O O XXX		

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4	Brignoli, Laura	SO Western Colorado	3.56m	11-08.00	5
	3.11 3.26 3.41 3.56 3.71				
	P XO O O XXX				
5	Kowalski, Ava	JR Colo. Mines	J3.56m	11-08.00	4
	3.11 3.26 3.41 3.56 3.71				
	P P O XO XXX				
6	Scully, Kamryn	JR S.D. Mines	J3.56m	11-08.00	3
	3.11 3.26 3.41 3.56 3.71				
	P P XO XXO XXX				
7	Kelly, Lauren	SR Colo. Mines	3.41m	11-02.25	2
	3.11 3.26 3.41 3.56				
	P O O XXX				
8	Rinehart, Daisy	SO Colorado Mesa	3.26m	10-08.25	1
	3.11 3.26 3.41				
	P O XXX				
9	Clause, Madison	FR Chadron State	J3.26m	10-08.25	
	3.11 3.26 3.41				
	XO XO XXX				
10	Weibel, Erin	FR Black Hills St.	3.11m	10-02.50	
	3.11 3.26				
	O XXX				
--	Varela, Gabbi	SR Colo. Mines	NH		
	3.11 3.26				
	P XXX				
--	Thompson, Dale	SO Colo. Mines	NH		
	3.11 3.26 3.41				
	P P XXX				
--	Van Dyke, Alison	SO Uc-Colo. Spgs.	DNS		
--	Spencer, Brianna	FR Uc-Colo. Spgs.	DNS		

Event 30 Men Pole Vault

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 RMAC Meet: R 5.30m 4/29/2019 Nolan Ellis, Colorado Mesa
 NCAA Prov: P 4.82m 2023

Name	Year School	Finals	Points
1 Potrykus, Hunter	JR Colo. Mines	5.03mP 16-06.00	10
	4.08 4.23 4.38 4.53 4.68 4.83 4.93 5.03 5.31		
	P P P P O XO P O XPP		
2 Kelly, Noah	SO Colo. Mines	4.53m 14-10.25	7
	4.08 4.23 4.38 4.53 4.68		
	P P P O XXX		
2 Ellis, Tim	SR Western Colorado	4.53m 14-10.25	7
	4.08 4.23 4.38 4.53 4.68 4.83		
	P P P O P XXX		
4 Ell, Becker	SO Colorado Mesa	J4.53m 14-10.25	5
	4.08 4.23 4.38 4.53 4.68		
	P O O XO XXX		
5 Conley, Shane	SO Colo. Mines	J4.53m 14-10.25	4
	4.08 4.23 4.38 4.53 4.68		
	P P XO XXO XXX		
6 Kleinsasser, Travis	JR S.D. Mines	4.38m 14-04.50	3
	4.08 4.23 4.38 4.53		
	P P XO XXX		

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....Event 30 Men Pole Vault

7	Foy, Ryan	SR Black Hills St.	J4.38m	14-04.50	2
	4.08 4.23 4.38 4.53				
	P XO XO XXX				
8	Searls, Garrett	SO Colorado Mesa	J4.38m	14-04.50	1
	4.08 4.23 4.38 4.53				
	O XO XXO XXX				
9	Grant, Aidan	SO Western Colorado	4.08m	13-04.50	
	4.08 4.23				
	O XXX				
10	Barbot, Eli	SO S.D. Mines	J4.08m	13-04.50	
	4.08 4.23				
	XXO XXX				
--	Meier, Garrett	FR S.D. Mines		NH	
	4.08				
	XXX				
--	Storlie, Cole	FR S.D. Mines		NH	
	4.08				
	XXX				
--	Wray, Jackson	FR Colo. Mines		NH	
	4.08				
	XXX				
--	Bennett, Aidan	FR Colo. Mines		NH	
	4.08 4.23 4.38				
	P P XXX				
--	McConnell, Kellen	FR Colorado Mesa		NH	
	4.08				
	XXX				
--	Lindeen, Dawson	FR Black Hills St.		DNS	

Event 31 Women Long Jump

RMAC Meet: R 6.38m 2015 Shanice McPherson, NM Highlands

NCAA Prov: P 5.83m 2023

Name	Year School	Finals	Wind	H#	Points
1 Bloomquist, Audrey	JR Uc-Colo. Spgs.	5.77m	2.2	18-11.25	2 10
		5.72m(3.2) 5.64m(2.3) 5.51m(1.0) 5.51m(3.4) 5.77m(2.2) 5.63m(2.6)			
2 Obioha, Chisom	JR NM Highlands	5.64m	1.8	18-06.00	2 8
		5.64m(1.8) FOUL(2.0) 5.44m(1.1) FOUL(3.4) 5.57m(1.3) FOUL(1.9)			
3 Brockman, Jordan	SO Colorado Mesa	J5.64m	1.2	18-06.00	2 6
		5.32m(1.3) 5.47m(3.1) FOUL(1.9) 5.22m(2.0) 5.40m(3.6) 5.64m(1.2)			
4 Novess, Faith	JR Uc-Colo. Spgs.	5.53m	2.7	18-01.75	1 5
		5.20m(3.0) FOUL(5.5) 5.53m(2.7) FOUL(1.0) 5.04m(3.8) 5.45m(0.6)			
5 Donohoe, Eireann	SO Western Colorado	5.42m	0.2	17-09.50	2 4
		3.71m(-1.9) FOUL(2.0) 5.22m(2.0) 5.35m(2.4) 5.42m(0.2) FOUL(2.3)			
6 Olson, Cora	SR Western Colorado	5.31m	1.3	17-05.25	2 3
		5.22m(0.6) 5.08m(1.1) 5.22m(-0.9) 5.31m(1.3) FOUL(1.4) 5.03m(1.8)			
7 Trumper, Taeryn	SO Colorado Mesa	J5.31m	3.7	17-05.25	2 2
		FOUL(2.1) FOUL(2.5) 5.31m(3.7) FOUL(1.6) FOUL(3.2) FOUL(0.4)			
8 Bailey, Christine	JR Uc-Colo. Spgs.	5.19m	4.2	17-00.50	2 1
		5.13m(3.0) 5.19m(4.2) 5.04m(1.5) 4.96m(2.9) FOUL(1.3) FOUL(2.1)			
9 Arceneaux, Kierra	SR Colorado Mesa	5.15m	2.7	16-10.75	2
		5.00m(2.1) 5.15m(2.7) 5.13m(1.8) FOUL(1.1) FOUL(1.5) FOUL(2.9)			

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10	Remsberg, Maggie	JR Uc-Colo. Spgs.	5.12m	1.9	16-09.75	1		
	5.00m(1.8) 4.93m(2.1) 5.12m(1.9)							
11	Jackson, Kiana	SR Colorado Mesa	5.10m	2.1	16-08.75	1		
	5.10m(2.1) FOUL(0.6) 5.04m(2.0)							
12	Carroll, Kathryn	FR Uc-Colo. Spgs.	5.07m	4.6	16-07.75	1		
	5.07m(4.6) 4.88m(2.1) 5.04m(3.4)							
13	Nieslanik, Lily	SO Colorado Mesa	5.03m	1.1	16-06.00	2		
	4.55m(0.1) 5.03m(1.1) FOUL(1.2)							
14	Weber, Taylor	FR Msu Denver	4.95m	1.5	16-03.00	1		
	FOUL(2.4) 4.95m(1.5) FOUL(2.8)							
15	Baloun, Megan	FR Chadron State	4.86m	1.7	15-11.50	1		
	FOUL(2.0) 4.86m(1.7) 4.57m(2.3)							
16	Robinson, Tierney	JR S.D. Mines	4.40m	4.0	14-05.25	1		
	4.30m(2.8) 4.40m(4.0) FOUL(2.0)							
17	Hanson, Tatum	FR S.D. Mines	4.34m	2.4	14-03.00	1		
	4.28m(1.7) FOUL(2.2) 4.34m(2.4)							
--	Mathieu, Katherine	SR S.D. Mines	FOUL			1		
	FOUL(2.2) FOUL(2.1) FOUL(2.4)							
--	Wood, Lexye	JR Colo. Mines	DQ	NWI		2		Rule 13-2.2
--	Walshaw, Sidney	FR Colo. Mines	DQ	NWI		2		Rule 13-2.2
--	Gomez, Caelyn	JR Adams State	DNS	NWI		1		

Event 32 Men Long Jump

RMAC Meet: R 7.82m 2016 Damarcus Simpson, Chadron State

NCAA Prov: P 7.27m 2023

Name	Year School	Finals	Wind	H#	Points
1 Dembele, Ismael	FR Western Colorado	7.35mP	-1.1	24-01.50	2 10
7.22m(-0.6) 7.34m(+0.0) 7.31m(0.1) 7.31m(+0.0) 7.35m(-1.1) 7.07m(-2.7)					
2 Haskins, Grant	FR Uc-Colo. Spgs.	7.32mP	1.5	24-00.25	2 8
FOUL(1.4) FOUL(-0.1) 6.93m(+0.0) 7.32m(1.5) FOUL(-0.6) 7.01m(-1.8)					
3 Safoh, Richard	SO Uc-Colo. Spgs.	7.28mP	-3.4	23-10.75	2 6
7.08m(-1.1) 6.99m(-1.3) FOUL(0.9) FOUL(-0.9) FOUL(-1.1) 7.28m(-3.4)					
4 Buckhold, Zace	SO Colorado Mesa	7.26m	+0.0	23-10.00	2 5
FOUL(1.2) 6.84m(-1.0) 6.79m(-1.0) FOUL(0.6) 6.90m(0.8) 7.26m(+0.0)					
5 Thompson, Justin	JR Colorado Mesa	7.21m	0.4	23-08.00	2 4
FOUL(-0.4) 6.84m(+0.0) 6.78m(-1.9) FOUL(1.7) 7.21m(0.4) FOUL(+0.0)					
6 Turnage, Peyton	JR Uc-Colo. Spgs.	7.19m	0.3	23-07.25	2 3
FOUL(0.2) 7.19m(0.3) FOUL(0.4) 7.08m(-1.0) FOUL(0.2) 6.83m(-2.1)					
7 Abbott, Dakota	SR Uc-Colo. Spgs.	7.06m	-1.7	23-02.00	1 2
6.80m(1.1) 7.04m(0.6) 7.06m(-1.7) FOUL(-0.8) PASS PASS					
8 Bohannon, Peterson	JR Uc-Colo. Spgs.	7.01m	-1.1	23-00.00	2 1
FOUL(2.1) 7.01m(-1.1) FOUL(0.6) 6.85m(1.2) FOUL(-1.7) FOUL(0.9)					
9 Wesley, Malcom	SO Western Colorado	6.95m	-2.4	22-09.75	2
6.95m(-2.4) FOUL(0.1) 6.32m(-2.6) FOUL(0.8) 6.85m(-0.9) 6.77m(+0.0)					
10 Wilson, Daryon	SO Uc-Colo. Spgs.	6.86m	-0.8	22-06.25	2
FOUL(1.3) FOUL(+0.0) 6.86m(-0.8) FOUL(0.3) FOUL(-1.0) PASS					
11 Yoosook, Emory	JR Chadron State	6.82m	2.7	22-04.50	1
6.82m(2.7) FOUL(1.7) FOUL(-0.8)					
12 Grable, Scott	SO Western Colorado	6.79m	-0.8	22-03.50	1
FOUL(2.4) 6.79m(-0.8) 6.70m(+0.0)					
13 Guerrero, Mario	JR Black Hills St.	6.48m	3.5	21-03.25	1
6.48m(3.5) 5.87m(+0.0) 6.30m(+0.0)					

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14	Bradley, Kash	FR Colorado Mesa	6.40m	-3.2	21-00.00	1
	FOUL(1.3) FOUL(-0.4) 6.40m(-3.2)					
15	McClinton-El, Tyrese	SO Colorado Mesa	6.34m	-1.0	20-09.75	1
	FOUL(2.7) 5.66m(0.6) 6.34m(-1.0)					
16	Ullery, Reece	SR Black Hills St.	6.22m	-0.1	20-05.00	1
	FOUL(2.0) 6.22m(-0.1) FOUL(1.5)					
17	Guidry, Perry	JR Msu Denver	6.21m	2.3	20-04.50	1
	6.21m(2.3) 4.28m(-1.2) 5.85m(+0.0)					
18	Lloyd, Brock	JR Westminster (Ut)	5.90m	-1.3	19-04.25	1
	5.88m(2.9) 5.83m(0.5) 5.90m(-1.3)					

Event 33 Women Triple Jump

RMAC Meet: R 13.16m 2012 Kearah Danville, NM Highlands

NCAA Prov: P 11.96m 2023

Name	Year School	Finals	Wind	H#	Points
1 Bloomquist, Audrey	JR Uc-Colo. Spgs.	12.50mP	-2.0	41-00.25	2 10
11.95m(-0.3) 12.15m(-0.1) 12.23m(-2.4) 11.98m(+0.0) 12.50m(-2.0) 12.18m(-0.9)					
2 Donohoe, Eireann	SO Western Colorado	12.13mP	-0.5	39-09.75	2 8
11.86m(-1.1) 11.82m(-2.3) 11.76m(-1.3) FOUL(+0.0) 12.13m(-0.5) PASS					
3 Jackson, Kiana	SR Colorado Mesa	11.91m	-1.0	39-01.00	2 6
11.63m(-0.2) 11.43m(-2.1) FOUL(-0.3) FOUL(-1.9) 11.91m(-1.0) 11.54m(-2.4)					
4 Vil, Ashley	SO Colo. Christian	11.61m	-1.9	38-01.25	2 5
FOUL(-1.4) FOUL(+0.0) 10.82m(-0.9) 11.16m(-0.2) 11.35m(-1.2) 11.61m(-1.9)					
5 Jones, Mikayla	SO Csu-Pueblo	11.51m	+0.0	37-09.25	2 4
11.00m(+0.0) 11.51m(+0.0) 11.43m(-0.3) 11.06m(-0.8) 11.29m(-1.9) 11.41m(-2.1)					
6 Carroll, Kathryn	FR Uc-Colo. Spgs.	11.25m	-0.1	36-11.00	2 3
FOUL(-1.7) 10.82m(-1.8) 11.25m(-0.1) 10.84m(+0.0) 10.42m(-1.0) 10.91m(-1.5)					
7 Kintzley, Claire	SO Colo. Mines	11.05m	-0.2	36-03.00	2 2
11.05m(-0.2) FOUL(-1.7) 10.95m(-1.6) PASS PASS PASS					
8 Baloun, Megan	FR Chadron State	11.01m	-2.2	36-01.50	1 1
FOUL(-1.8) FOUL(-2.3) 11.01m(-2.2) FOUL(1.4) FOUL(+0.0) 10.88m(-2.2)					
9 Weber, Taylor	FR Msu Denver	10.87m	+0.0	35-08.00	1
FOUL(-0.4) 9.73m(-0.7) 10.87m(+0.0) 10.83m(-1.4) FOUL(-1.1) 10.56m(-2.1)					
10 Bailey, Christine	JR Uc-Colo. Spgs.	10.79m	-2.4	35-05.00	2
10.79m(-2.4) 10.59m(-1.3) 10.52m(-1.5)					
11 Smythe, Natalie	FR Colorado Mesa	10.78m	-0.9	35-04.50	2
10.34m(+0.0) 10.78m(-0.9) FOUL(-0.9)					
12 Thomson, Katie	FR Colorado Mesa	10.72m	-1.3	35-02.00	1
10.66m(-2.0) 10.38m(-0.4) 10.72m(-1.3)					
13 King, Megan	SR Colorado Mesa	10.64m	+0.0	34-11.00	1
FOUL(-2.0) 10.64m(+0.0) 10.48m(-1.7)					
14 Olson, Cora	SR Western Colorado	10.54m	-0.8	34-07.00	1
10.54m(-0.8) FOUL(-0.3) 10.21m(-2.7)					
-- Brummell, Allison	FR Chadron State	FOUL			1
FOUL(-0.3) FOUL(-2.4) FOUL(-0.1)					
-- Mason, Emily	FR Chadron State	FOUL			1
FOUL(-1.1) FOUL(-1.8) FOUL(-2.0)					
-- Marshall, Nya	SO Msu Denver	FOUL			1
FOUL(-1.3) FOUL(-3.0) FOUL(+0.0)					
-- Nieslanik, Lily	SO Colorado Mesa	FOUL			1
FOUL(-1.8) FOUL(-1.3) FOUL(-0.2)					
-- Walshaw, Sidney	FR Colo. Mines	DNS	NWI		2

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RMAC Meet: R 15.89m 2013 Carlton Lavong, Adams State

NCAA Prov: P 14.69m 2023

Name	Year	School	Finals	Wind	Points
1 Dembele, Ismael	FR	Western Colorado	14.96mP	-1.0	49-01.00 10
			14.73m(-2.1)		14.96m(-1.0) FOUL(+0.0) 14.34m(-2.3) 14.92m(+0.0) 14.92m(0.1)
2 Buckhold, Zace	SO	Colorado Mesa	14.62m	-1.3	47-11.75 8
			FOUL(-2.0)		14.36m(+0.0) FOUL(1.3) 14.48m(+0.0) FOUL(-1.0) 14.62m(-1.3)
3 Kassi, Cedrick	FR	Csu-Pueblo	14.51m	-1.4	47-07.25 6
			14.21m(+0.0)		FOUL(+0.0) 13.95m(-0.8) 14.51m(-1.4) 13.16m(-1.2) FOUL(-0.9)
4 Turnage, Peyton	JR	Uc-Colo. Spgs.	14.38m	-1.0	47-02.25 5
			13.82m(-3.5)		13.84m(+0.0) 14.07m(+0.0) 13.79m(-1.1) FOUL(-0.9) 14.38m(-1.0)
5 Argosino, Fischer	JR	Colo. Mines	13.91m	-0.7	45-07.75 4
			FOUL(-1.9)		FOUL(0.9) 13.35m(1.0) FOUL(-2.0) FOUL(-2.8) 13.91m(-0.7)
6 Purnell, Spencer	SR	Colorado Mesa	13.88m	-3.1	45-06.50 3
			FOUL(-0.7)		FOUL(-0.8) 13.69m(+0.0) 13.67m(+0.0) 13.88m(-3.1) 13.53m(+0.0)
7 Bohannon, Peterson	JR	Uc-Colo. Spgs.	13.68m	+0.0	44-10.75 2
			12.94m(-2.1)		13.24m(-1.4) 13.33m(-0.3) FOUL(-1.9) 13.22m(-2.4) 13.68m(+0.0)
8 Guidry, Perry	JR	Msu Denver	13.58m	-0.3	44-06.75 1
			FOUL(-2.1)		13.26m(-1.9) FOUL(1.4) 13.46m(-0.4) 13.58m(-0.3) FOUL(-0.7)
9 Guerrero, Mario	JR	Black Hills St.	12.81m	-2.0	42-00.50
			12.67m(-1.7)		11.90m(-1.7) FOUL(1.0) FOUL(0.6) FOUL(-1.7) 12.81m(-2.0)
10 Ullery, Reece	SR	Black Hills St.	12.39m	+0.0	40-07.75
			FOUL(+0.0)		FOUL(-1.0) 12.39m(+0.0)
-- Abbott, Dakota	SR	Uc-Colo. Spgs.	DNS	NWI	
-- Safoh, Richard	SO	Uc-Colo. Spgs.	DNS	NWI	

Event 35 Women Discus Throw

RMAC Meet: R 51.98m 5/9/2017 Mel Herl, Chadron State

NCAA Prov: P 45.70m 2023

Name	Year	School	Finals	H#	Points
1 Malouf, Emily	JR	Westminster (Ut)	48.57mP	159-04	2 10
			48.11m		47.58m 46.23m 41.39m 48.57m 44.77m
2 Sawvell, Kyla	SR	Chadron State	44.22m	145-01	2 8
			40.13m		FOUL 44.22m 41.56m 41.86m 40.72m
3 Yackey, Heather	SO	Colorado Mesa	43.80m	143-08	2 6
			FOUL		40.96m 42.61m FOUL 43.80m 35.98m
4 Wessels, Febe	FR	Csu-Pueblo	42.70m	140-01	2 5
			FOUL		42.70m 41.55m 41.08m FOUL 39.43m
5 Sullivan, Hanah	FR	Black Hills St.	42.57m	139-08	1 4
			36.67m		39.07m FOUL 40.81m 42.57m 33.96m
6 Rugar, Kitt	SO	Colo. Mines	42.22m	138-06	2 3
			36.36m		39.61m 42.22m 36.15m FOUL 40.03m
7 Mikaelian, Olivia	SO	Csu-Pueblo	40.89m	134-02	2 2
			40.89m		36.25m 34.04m 32.06m 38.43m 38.17m
8 Viger, Maddie	FR	S.D. Mines	39.30m	128-11	1 1
			36.86m		39.30m 35.77m 38.79m 37.59m FOUL
9 Solarin, Grace	FR	Msu Denver	J39.30m	128-11	1
			34.33m		37.84m 39.30m 37.13m 35.45m 35.25m
10 Graves, Bailey	FR	Csu-Pueblo	38.58m	126-07	1
			36.99m		38.58m 36.65m

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....Event 35 Women Discus Throw

11	Osterfelt, Lindsey	FR Western Colorado	38.51m	126-04	2
	FOUL 38.51m FOUL				
12	Jurrens, Olivia	SR S.D. Mines	38.46m	126-02	1
	38.46m FOUL 36.82m				
13	Stubbs, Jaycie	JR S.D. Mines	38.44m	126-01	2
	FOUL 38.44m 37.96m				
14	Jorgens, Savannah	FR Uc-Colo. Spgs.	37.72m	123-09	1
	37.72m 37.08m 31.05m				
15	Holland, Anna	JR Uc-Colo. Spgs.	37.66m	123-07	2
	37.66m FOUL 36.03m				
16	Lynn Bonner, Cassie	JR Uc-Colo. Spgs.	37.59m	123-04	1
	37.47m 36.30m 37.59m				
17	Walters, Caroline	SO Uc-Colo. Spgs.	37.08m	121-08	2
	35.52m 37.08m 33.21m				
18	Hancock, Augustine	FR Colorado Mesa	36.72m	120-06	2
	FOUL 36.72m 35.91m				
19	Scott, Kaitlyn	JR NM Highlands	34.08m	111-10	1
	FOUL 34.08m FOUL				
20	Tomon, Virginia	SO Colorado Mesa	33.55m	110-01	1
	33.55m FOUL FOUL				
21	Schenck, Adisyn	FR S.D. Mines	32.04m	105-01	1
	FOUL 32.04m FOUL				
22	Van Ruler, Abbie	SO S.D. Mines	30.44m	99-10	1
	30.44m FOUL 27.35m				
--	Higgins, Katherine	SO Csu-Pueblo	FOUL		2
	FOUL FOUL FOUL				
--	Arias, Alicia	SR NM Highlands	DNS		1

Event 36 Men Discus Throw

RMAC Meet: R 55.47m 2004 Jake Evig, Adams State

NCAA Prov: P 50.41m 2023

Name	Year School	Finals	H#	Points
1 Larson, Jordan	SR Adams State	49.88m	163-08	2 10
	49.88m 47.96m FOUL 46.49m FOUL FOUL			
2 Dirkes, Sam	SO Adams State	48.95m	160-07	2 8
	48.95m FOUL 46.72m 48.12m FOUL FOUL			
3 Mack, Sully	SR Black Hills St.	48.70m	159-09	2 6
	43.25m 44.97m FOUL 47.31m 47.33m 48.70m			
4 Demos, Kyle	FR Uc-Colo. Spgs.	48.53m	159-03	2 5
	FOUL 42.16m 47.19m FOUL 46.77m 48.53m			
5 Gonser, Parker	JR Chadron State	48.09m	157-09	2 4
	46.92m 47.40m 46.09m 46.46m 48.09m FOUL			
6 Nelson, Tyler	JR Western Colorado	47.89m	157-01	2 3
	47.89m 46.96m 47.27m 46.55m 46.88m FOUL			
7 Miller, Nathaniel	SR Csu-Pueblo	46.67m	153-01	2 2
	45.15m FOUL FOUL 46.67m FOUL FOUL			
8 Veidmark, Arvid	SR Colo. Mines	46.07m	151-02	2 1
	44.88m 46.07m 45.73m FOUL FOUL FOUL			
9 Fisher, Blaine	FR Western Colorado	45.21m	148-04	1
	44.35m 43.55m 45.21m 44.23m 43.88m FOUL			
10 Roberts, Michael	FR Uc-Colo. Spgs.	44.90m	147-04	1
	FOUL 40.58m 44.90m			

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....Event 36 Men Discus Throw

11	Collins, Shane	JR Chadron State	43.84m	143-10	2
	FOUL 43.84m 41.47m				
12	Kiesby, Davin	JR Colo. Mines	43.52m	142-09	1
	41.32m 42.23m 43.52m				
13	Freeman, Xavier	FR Csu-Pueblo	43.22m	141-09	1
	43.22m FOUL FOUL				
14	Jenks, Justin	JR Csu-Pueblo	42.58m	139-08	1
	41.81m 41.90m 42.58m				
15	Moore, Jameson	JR Colorado Mesa	42.24m	138-07	1
	42.07m 41.54m 42.24m				
16	Rosenstrauch, Anthony	SR Black Hills St.	41.67m	136-08	1
	39.95m 39.97m 41.67m				
17	Osmanski, Kevin	JR S.D. Mines	41.57m	136-05	1
	38.26m FOUL 41.57m				
18	Riley, Hayden	JR Colorado Mesa	41.02m	134-07	2
	41.02m FOUL FOUL				
19	Butterfield, Logan	SO Western Colorado	40.80m	133-10	1
	40.07m 40.80m 39.95m				
20	Thompson, Aidan	SO S.D. Mines	40.08m	131-06	2
	FOUL 32.43m 40.08m				
21	McGraw, Conor	JR Black Hills St.	39.33m	129-00	1
	FOUL 39.33m 39.11m				
22	Kaiser, Reid	JR S.D. Mines	39.32m	129-00	1
	FOUL 38.05m 39.32m				
23	Cone, Ian	JR S.D. Mines	36.93m	121-02	1
	FOUL 36.93m 35.51m				
--	Waddles, James	SO Adams State	FOUL		2
	FOUL FOUL FOUL				

Event 37 Women Hammer Throw

RMAC Meet: R 63.62m 5/7/2017 Mel Herl, Chadron State

NCAA Prov: P 52.34m 2023

Name	Year School	Finals	H#	Points
1 Sawvell, Kyla	SR Chadron State	57.28mP	187-11	2 10
	53.79m 53.65m 53.54m 57.28m 56.53m 53.12m			
2 Aldrich, Ali	JR Western Colorado	52.22m	171-04	2 8
	FOUL 50.05m 50.19m FOUL 52.22m 51.58m			
3 Scott, Kaitlyn	JR NM Highlands	50.39m	165-04	2 6
	50.39m 48.02m FOUL 49.92m FOUL 48.80m			
4 Holland, Anna	JR Uc-Colo. Spgs.	50.37m	165-03	2 5
	44.45m FOUL FOUL 49.96m 49.35m 50.37m			
5 Mikaelian, Olivia	SO Csu-Pueblo	49.72m	163-01	2 4
	45.43m 41.54m 44.89m 46.97m 47.15m 49.72m			
6 Saylor, Jenna	JR S.D. Mines	48.43m	158-11	2 3
	44.68m 46.52m 48.43m FOUL FOUL 46.06m			
7 Lynn Bonner, Cassie	JR Uc-Colo. Spgs.	48.00m	157-06	2 2
	44.83m 48.00m 46.29m 44.25m 44.20m 43.10m			
8 Smith, Courtney	JR Chadron State	47.03m	154-03	2 1
	FOUL 44.84m 47.03m FOUL 44.82m 46.73m			
9 Wortham, Krystal	SO Western Colorado	45.68m	149-10	2
	FOUL 44.49m FOUL 45.68m FOUL FOUL			

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....Event 37 Women Hammer Throw

10	Schliep, Madyson	JR Chadron State	44.15m	144-10	1
	44.15m 42.56m FOUL				
11	Brackenbury, Chloe	FR Western Colorado	42.54m	139-07	2
	42.54m FOUL FOUL				
12	Higgins, Katherine	SO Csu-Pueblo	42.47m	139-04	1
	42.47m FOUL 41.94m				
13	Hancock, Augustine	FR Colorado Mesa	42.46m	139-04	1
	41.43m 42.46m FOUL				
14	Sullivan, Hanah	FR Black Hills St.	41.75m	137-00	1
	FOUL FOUL 41.75m				
15	Jurrens, Olivia	SR S.D. Mines	41.41m	135-10	1
	FOUL 39.43m 41.41m				
16	Solarin, Grace	FR Msu Denver	41.31m	135-06	1
	41.29m FOUL 41.31m				
17	Robinson, Tierney	JR S.D. Mines	41.25m	135-04	1
	38.77m 39.34m 41.25m				
18	Chrisawn, Trinity	JR Chadron State	41.22m	135-03	1
	41.22m 40.90m 40.87m				
19	Van Ruler, Abbie	SO S.D. Mines	40.74m	133-08	1
	40.74m FOUL 40.68m				
20	Osterfelt, Lindsey	FR Western Colorado	37.12m	121-09	1
	FOUL 35.22m 37.12m				
21	Frank, Kitrie	SO Black Hills St.	35.88m	117-08	1
	35.88m 35.72m FOUL				
22	Jorgens, Savannah	FR Uc-Colo. Spgs.	32.25m	105-10	1
	32.25m FOUL FOUL				
--	Jarnagin, Jennifer	SO Colo. Mines	FOUL		2
	FOUL FOUL FOUL				
--	Rupar, Kitt	SO Colo. Mines	FOUL		2
	FOUL FOUL FOUL				

Event 38 Men Hammer Throw

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 RMAC Meet: R 61.58m 4/29/2022 Shane Collins, Chadron State

NCAA Prov: P 56.77m 2023

Name	Year	School	Finals	H#	Points
1 Collins, Shane	JR	Chadron State	60.31mP	197-10	2 10
			58.73m 58.85m 57.02m 55.39m 60.31m 58.58m		
2 Jenks, Justin	JR	Csu-Pueblo	55.54m	182-03	2 8
			FOUL 54.64m 54.96m FOUL 55.54m 55.00m		
3 Loper, Justyn	JR	Uc-Colo. Spgs.	54.98m	180-04	2 6
			51.59m 53.62m 51.33m 54.98m 52.12m 51.88m		
4 Kiesby, Davin	JR	Colo. Mines	54.92m	180-02	2 5
			54.23m 54.38m 54.90m FOUL 54.92m FOUL		
5 Veidmark, Arvid	SR	Colo. Mines	54.86m	180-00	2 4
			53.84m 54.47m FOUL 54.86m 54.12m 54.62m		
6 Miller, Nathaniel	SR	Csu-Pueblo	53.78m	176-05	2 3
			53.78m FOUL 52.87m 51.59m FOUL 51.39m		
7 Mack, Sully	SR	Black Hills St.	53.70m	176-02	2 2
			51.45m 53.70m FOUL FOUL FOUL FOUL		
8 Nelson, Tyler	JR	Western Colorado	51.48m	168-11	2 1
			50.62m 51.48m FOUL FOUL 49.92m FOUL		

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....Event 38 Men Hammer Throw

9	Colman, Erick	SR S.D. Mines	51.40m	168-08	1
	49.15m 50.74m FOUL 49.18m FOUL 51.40m				
10	Moore, Jameson	JR Colorado Mesa	50.55m	165-10	2
	49.71m 50.55m 49.24m				
11	Osmanski, Kevin	JR S.D. Mines	49.77m	163-03	2
	44.34m 46.98m 49.77m				
12	Butterfield, Logan	SO Western Colorado	49.60m	162-09	2
	49.60m FOUL 44.35m				
13	Moran, Lucas	SO Csu-Pueblo	49.53m	162-06	1
	49.53m 48.49m FOUL				
14	Kaiser, Reid	JR S.D. Mines	49.48m	162-04	1
	46.81m 49.48m FOUL				
15	Evans, Karter	SO Western Colorado	49.47m	162-04	1
	49.15m 49.47m 49.35m				
16	Gonser, Parker	JR Chadron State	48.48m	159-01	1
	48.48m 48.18m 48.48m				
17	Hard, Luke	JR Uc-Colo. Spgs.	48.45m	158-11	2
	47.93m FOUL 48.45m				
18	Welch, Brody	FR Colo. Mines	47.53m	155-11	1
	46.74m 47.53m FOUL				
19	Roberts, Michael	FR Uc-Colo. Spgs.	46.93m	154-00	1
	FOUL 46.73m 46.93m				
20	Jennings, Christopher	JR Chadron State	46.32m	152-00	1
	36.73m 45.05m 46.32m				
21	Kalaf, Cameron	SO Colorado Mesa	43.91m	144-01	1
	FOUL 43.91m FOUL				
22	Fritzler, Henry	JR S.D. Mines	43.47m	142-07	1
	FOUL 40.52m 43.47m				
23	Swim, Hayden	FR Colo. Mines	43.02m	141-02	1
	FOUL 42.19m 43.02m				
--	Riley, Hayden	JR Colorado Mesa	FOUL		1
	FOUL FOUL FOUL				

Event 39 Women Javelin Throw

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 RMAC Meet: R 48.36m 4/29/2018 Sharon Toako, NM Highlands

NCAA Prov: P 42.03m 2023

Name	Year	School	Finals	H#	Points
1 Stubbs, Jaycie		JR S.D. Mines	40.92m	134-03	2 10
		39.01m 40.92m 38.88m			
2 Wessels, Febe		FR Csu-Pueblo	40.88m	134-01	2 8
		38.85m 36.56m 40.88m 39.51m FOUL FOUL			
3 Graves, Bailey		FR Csu-Pueblo	40.29m	132-02	2 6
		28.72m 32.76m 37.53m 37.64m 40.29m 39.61m			
4 Clarke, Pateece		FR NM Highlands	38.90m	127-07	2 5
		30.74m 33.41m 35.90m 31.75m 38.29m 38.90m			
5 Frank, Kitrie		SO Black Hills St.	38.33m	125-09	2 4
		34.14m 38.33m 32.76m 37.35m 36.03m FOUL			
6 Jones, Brooklynn		FR Msu Denver	38.03m	124-09	2 3
		36.55m 37.73m 36.55m 35.09m 34.29m 38.03m			
7 Bohlken, Kamryn		JR Uc-Colo. Spgs.	36.40m	119-05	2 2
		35.24m 33.89m 36.40m 31.83m 35.22m 34.77m			

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8	Walters, Caroline	SO Uc-Colo. Spgs.	36.39m	119-05	2	1
	36.39m 32.34m 35.96m 33.99m 33.25m 32.68m					
9	Rensberg, Maggie	JR Uc-Colo. Spgs.	35.10m	115-02	1	
	33.36m 30.58m 35.10m PASS PASS PASS					
10	Baldner, Linnea	FR Western Colorado	34.30m	112-06	2	
	34.30m 33.48m 29.93m					
11	Thornton, Devyn	FR Chadron State	33.26m	109-01	1	
	33.26m 30.07m FOUL					
12	Castillio, Nicole	FR Uc-Colo. Spgs.	32.54m	106-09	1	
	32.54m 31.93m 32.01m					
13	Schenck, Adisyn	FR S.D. Mines	31.53m	103-05	2	
	31.53m 30.55m FOUL					
14	Castaneda, Lamara	FR Chadron State	31.35m	102-10	1	
	29.00m 29.20m 31.35m					
15	Harrison, Lucia	JR NM Highlands	31.14m	102-02	1	
	28.37m 31.14m 30.45m					
16	Korbe, Jocelyn	JR Msu Denver	31.03m	101-10	1	
	30.09m 31.03m 27.27m					
17	Sawvell, Kyla	SR Chadron State	30.33m	99-06	1	
	27.81m 27.22m 30.33m					
18	Sims, Sydney	FR Westminster (Ut)	30.19m	99-00	1	
	28.81m 30.19m 28.72m					
19	Jarnagin, Jennifer	SO Colo. Mines	29.94m	98-03	1	
	27.21m 28.15m 29.94m					
20	Garand, Teagan	SR Msu Denver	29.61m	97-02	1	
	27.61m 28.06m 29.61m					
21	Dickinson, Megan	SO Csú-Pueblo	29.46m	96-08	2	
	29.00m 26.22m 29.46m					
22	Osterfelt, Lindsey	FR Western Colorado	29.22m	95-10	2	
	29.22m FOUL 25.88m					
23	Marvel, Jade	FR Msu Denver	25.55m	83-10	1	
	24.55m 24.73m 25.55m					
--	Hilbert, Myles	SR Western Colorado	DNS		1	

Event 40 Men Javelin Throw

RMAC Meet: R 67.76m 2001 Zach Kindler, Fort Hays State

NCAA Prov: P 58.46m 2023

Name	Year School	Finals	H#	Points
1 Kalaf, Cameron	SO Colorado Mesa	62.10mP	203-09	2 10
	62.10m 56.14m 53.34m 55.74m 54.71m FOUL			
2 Korkeakoski, Gavin	FR Colorado Mesa	58.83mP	193-00	2 8
	58.83m 55.09m 54.31m 57.76m FOUL FOUL			
3 Christopher, Sawyer	JR Uc-Colo. Spgs.	55.56m	182-03	2 6
	42.82m 55.56m 50.80m FOUL 52.94m FOUL			
4 Heide, Dawson	JR Colorado Mesa	55.10m	180-09	2 5
	55.10m 53.72m 51.32m PASS PASS 54.43m			
5 Richmond, Seth	JR Uc-Colo. Spgs.	54.36m	178-04	2 4
	48.92m 49.06m 52.24m 52.44m 54.36m FOUL			
6 Mack, Sully	SR Black Hills St.	54.21m	177-10	2 3
	FOUL 53.19m FOUL 51.75m 52.04m 54.21m			
7 Alsaffar, Moosah	FR Csú-Pueblo	53.97m	177-01	1 2
	47.30m 46.53m 53.97m 51.65m 51.08m FOUL			

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8	Hamilton, Joey	SO Uc-Colo. Spgs.	52.77m	173-01	2	1
	46.75m 52.06m 50.43m 50.12m 52.77m 48.33m					
9	Hast, Thorben	SO Uc-Colo. Spgs.	J52.77m	173-01	2	
	51.64m 49.99m 50.90m 52.77m 51.88m 47.44m					
10	House, Sean	SO Western Colorado	51.63m	169-05	2	
	FOUL 45.21m 51.63m					
11	Ullery, Reece	SR Black Hills St.	51.40m	168-08	1	
	46.04m 51.40m 49.60m					
12	Lanker, Garrett	JR Colo. Mines	51.39m	168-07	1	
	51.39m 50.02m 48.32m					
13	Snyder, Brent	JR S.D. Mines	51.12m	167-08	2	
	48.33m 51.12m 49.89m					
14	Morgan, Michael	SR Western Colorado	50.49m	165-08	2	
	50.49m 48.53m 50.19m					
15	Record, Maxemus	FR S.D. Mines	48.98m	160-08	1	
	45.90m 44.98m 48.98m					
16	Thomas, Zakk	FR Csu-Pueblo	47.73m	156-07	2	
	47.73m 37.96m 47.69m					
17	Redmond, Grant	SR Colo. Mines	47.64m	156-03	1	
	47.64m FOUL 44.11m					
18	Rhoades, Harley	SR Chadron State	46.28m	151-10	1	
	46.28m FOUL FOUL					
19	Simpson, Brandon	FR Msu Denver	46.26m	151-09	1	
	46.26m 42.96m 44.56m					
20	Grant, Aidan	SO Western Colorado	45.82m	150-04	1	
	45.52m 45.82m 44.27m					
21	Furcron, Daniel	JR Uc-Colo. Spgs.	40.65m	133-04	1	
	40.65m 38.46m 39.23m					
22	Simpson, Jacob	FR Msu Denver	40.51m	132-11	1	
	FOUL 40.51m 39.20m					
23	Kleinsasser, Travis	JR S.D. Mines	21.06m	69-01	1	
	21.06m FOUL FOUL					
--	Collins, Shane	JR Chadron State	DNS		1	

Event 41 Women Shot Put

RMAC Meet: R 16.33m 5/9/2017 Mel Herl, Chadron State

NCAA Prov: P 13.95m 2023

Name	Year School	Finals	H#	Points
1 Aldrich, Ali	JR Western Colorado	14.84mP 48-08.25	2	10
	13.86m 14.04m 14.31m 14.27m 13.81m 14.84m			
2 Higgins, Katherine	SO Csu-Pueblo	14.75mP 48-04.75	2	8
	14.73m FOUL 14.66m 14.55m FOUL 14.75m			
3 Sawvell, Kyla	SR Chadron State	14.58mP 47-10.00	2	6
	13.94m 13.49m 14.01m 13.81m 13.91m 14.58m			
4 Wessels, Febe	FR Csu-Pueblo	14.31mP 46-11.50	2	5
	13.80m FOUL 14.31m FOUL 13.78m 14.15m			
5 Stubbs, Jaycie	JR S.D. Mines	13.07m 42-10.75	2	4
	12.83m 13.07m FOUL 12.47m FOUL FOUL			
6 Sullivan, Hanah	FR Black Hills St.	12.98m 42-07.00	2	3
	11.73m 12.98m FOUL FOUL 11.84m 12.41m			
7 Tomon, Virginia	SO Colorado Mesa	12.97m 42-06.75	2	2
	12.97m FOUL 12.03m FOUL FOUL 12.50m			

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8	Malouf, Emily	JR Westminster (Ut)	12.95m	42-06.00	1	1
	11.75m 11.67m 12.95m	FOUL FOUL FOUL				
9	Sayler, Jenna	JR S.D. Mines	12.61m	41-04.50	2	
	12.31m FOUL 12.61m	FOUL FOUL 11.65m				
10	Friederich, Makayla	SO Black Hills St.	12.21m	40-00.75	2	
	12.04m FOUL 12.21m					
11	Solarin, Grace	FR Msu Denver	11.82m	38-09.50	1	
	11.44m 11.31m 11.82m					
12	Jorgens, Savannah	FR Uc-Colo. Spgs.	11.70m	38-04.75	2	
	11.18m 11.70m 10.99m					
13	Hancock, Augustine	FR Colorado Mesa	11.60m	38-00.75	1	
	10.84m 10.81m 11.60m					
14	Mikaelian, Olivia	SO Csu-Pueblo	11.51m	37-09.25	1	
	11.26m 11.51m 11.02m					
15	Holland, Anna	JR Uc-Colo. Spgs.	11.49m	37-08.50	1	
	10.94m 11.49m 10.50m					
16	Rupar, Kitt	SO Colo. Mines	11.44m	37-06.50	2	
	11.44m FOUL FOUL					
17	Schliep, Madyson	JR Chadron State	11.39m	37-04.50	1	
	10.36m 10.53m 11.39m					
18	Jurens, Olivia	SR S.D. Mines	11.13m	36-06.25	1	
	10.24m 10.94m 11.13m					
19	Chrisawn, Trinity	JR Chadron State	11.06m	36-03.50	1	
	10.79m 11.06m FOUL					
20	Ekwall, Morgan	JR Chadron State	11.01m	36-01.50	1	
	11.01m 10.86m 10.61m					
21	Yackey, Heather	SO Colorado Mesa	10.99m	36-00.75	1	
	10.54m 10.99m FOUL					
22	Schenck, Adisyn	FR S.D. Mines	J10.99m	36-00.75	1	
	9.87m FOUL 10.99m					
--	Turpin, Toryn	FR Uc-Colo. Spgs.	FOUL		2	
	FOUL FOUL FOUL					
--	Smith, Courtney	JR Chadron State	DNS		1	

Event 42 Men Shot Put

RMAC Meet: R 19.80m 2014 Wesley Lavong, Adams State

NCAA Prov: P 16.57m 2023

Name	Year School	Finals	H#	Points
1 Miller, Nathaniel	SR Csu-Pueblo	18.35mP 60-02.50	2	10
	17.75m 18.25m FOUL 18.35m 18.06m 17.89m			
2 Jenks, Justin	JR Csu-Pueblo	17.64mP 57-10.50	2	8
	FOUL 17.32m FOUL 17.64m 17.43m FOUL			
3 Dirkes, Sam	SO Adams State	17.23mP 56-06.50	2	6
	16.49m 16.86m FOUL FOUL 17.23m FOUL			
4 Riley, Hayden	JR Colorado Mesa	16.71mP 54-10.00	2	5
	15.66m 16.22m 16.71m 15.96m 16.15m 16.35m			
5 Hochanadel, James	JR Adams State	16.03m 52-07.25	2	4
	16.02m 15.94m FOUL FOUL 16.03m FOUL			
6 Welch, Brody	FR Colo. Mines	15.93m 52-03.25	2	3
	15.35m 15.86m FOUL FOUL 15.93m FOUL			
7 Evans, Karter	SO Western Colorado	14.74m 48-04.50	2	2
	14.34m 14.29m FOUL 14.46m FOUL 14.74m			

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....Event 42 Men Shot Put

8	Loper, Justyn	JR Uc-Colo. Spgs.	14.69m	48-02.50	1	1
	14.19m 14.36m 14.19m 13.98m 14.36m 14.69m					
9	Freeman, Xavier	FR Csu-Pueblo	14.59m	47-10.50	2	
	14.05m 14.59m FOUL 14.53m 14.41m 14.02m					
10	Veidmark, Arvid	SR Colo. Mines	14.32m	46-11.75	2	
	14.26m 14.32m FOUL					
11	Swim, Hayden	FR Colo. Mines	14.25m	46-09.00	2	
	14.25m FOUL 13.90m					
12	Fritzler, Henry	JR S.D. Mines	14.23m	46-08.25	2	
	13.80m 13.40m 14.23m					
13	Gonser, Parker	JR Chadron State	14.13m	46-04.25	1	
	13.09m 14.09m 14.13m					
14	Moran, Lucas	SO Csu-Pueblo	14.12m	46-04.00	1	
	13.53m 13.87m 14.12m					
15	Osmanski, Kevin	JR S.D. Mines	13.93m	45-08.50	1	
	12.54m 13.10m 13.93m					
16	Demos, Kyle	FR Uc-Colo. Spgs.	13.83m	45-04.50	1	
	12.91m 13.74m 13.83m					
17	Simpson, Brandon	FR Msu Denver	13.56m	44-06.00	1	
	13.30m 12.79m 13.56m					
18	Cone, Ian	JR S.D. Mines	13.44m	44-01.25	1	
	13.44m FOUL FOUL					
19	Thompson, Aidan	SO S.D. Mines	13.29m	43-07.25	1	
	12.77m 13.29m 12.66m					
20	Kaiser, Reid	JR S.D. Mines	13.05m	42-09.75	1	
	11.66m 13.05m 12.73m					
21	Roberts, Michael	FR Uc-Colo. Spgs.	12.71m	41-08.50	1	
	12.71m FOUL FOUL					
22	Jennings, Christopher	JR Chadron State	12.60m	41-04.25	1	
	12.14m 12.60m 12.31m					
23	Colman, Erick	SR S.D. Mines	12.48m	40-11.50	1	
	12.48m FOUL FOUL					
--	Waddles, James	SO Adams State	FOUL			2
	FOUL FOUL FOUL					

Event 43 Women Heptathlon

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 RMAC Meet: R 5833 2014 Salcia Slack, NM Highlands

NCAA Prov: P 4510 2023

Name	Year School	Finals	H#	Points
1 Jenrette, Mica	JR Colorado Mesa	4884P		10
2 Wright, Avery	FR Colo. Mines	4824P		8
3 Novess, Faith	JR Uc-Colo. Spgs.	4730P		6
4 Rensberg, Maggie	JR Uc-Colo. Spgs.	4571P		5
5 Brockman, Jordan	SO Colorado Mesa	4503		4
6 Thomson, Katie	FR Colorado Mesa	4264		3
7 Marvel, Jade	FR Msu Denver	4169		2
8 Korbe, Jocelyn	JR Msu Denver	3929		1
9 Scoggins, Mary	FR Csu-Pueblo	3819		
10 Krumpus, Abby	SO S.D. Mines	2865		

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Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Brockman, Jordan	SO	Colorado Mesa	14.71	1.9	3	880
2 Remsberg, Maggie	JR	Uc-Colo. Spgs.	14.75	1.9	3	875
3 Novess, Faith	JR	Uc-Colo. Spgs.	14.81	1.9	3	867
4 Jenrette, Mica	JR	Colorado Mesa	14.81	1.9	3	867
5 Wright, Avery	FR	Colo. Mines	15.41	0.9	2	788
6 Thomson, Katie	FR	Colorado Mesa	15.83	0.9	2	735
7 Korbe, Jocelyn	JR	Msu Denver	16.41	1.4	1	665
8 Marvel, Jade	FR	Msu Denver	16.46	0.9	2	659
9 Scoggins, Mary	FR	Csu-Pueblo	17.06	1.4	1	590
10 Krumpus, Abby	SO	S.D. Mines	18.41	1.4	1	447

Event 43 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Wright, Avery	FR	Colo. Mines	1.61m	5-03.25 747
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58	1.61 1.64
	P P P P P	P P P O P	O O O O	XXO XXX
2 Remsberg, Maggie	JR	Uc-Colo. Spgs.	1.55m	5-01.00 678
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58	
	P P P P P	P P P P P	P XXO XXO XXX	
2 Novess, Faith	JR	Uc-Colo. Spgs.	1.55m	5-01.00 678
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58	
	P P P P P	P P P P P	P PXO O XXX	
2 Jenrette, Mica	JR	Colorado Mesa	1.55m	5-01.00 678
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58	
	P P P P P	P P P P XO	XO XXO XO XXX	
5 Brockman, Jordan	SO	Colorado Mesa	1.52m	4-11.75 644
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55	
	P P P P P	P P P P XO	XO XO XXX	
6 Thomson, Katie	FR	Colorado Mesa	1.49m	4-10.50 610
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52	
	P P P P P	P P XXO XO O	XO XXX	
7 Scoggins, Mary	FR	Csu-Pueblo	1.43m	4-08.25 544
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46		
	P P P P P	P O O XO XXX		
7 Korbe, Jocelyn	JR	Msu Denver	1.43m	4-08.25 544
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46		
	P P P P P	O O O XO XXX		
9 Marvel, Jade	FR	Msu Denver	1.40m	4-07.00 512
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43		
	P P P P P	O XXO O XXX		
10 Krumpus, Abby	SO	S.D. Mines	1.34m	4-04.75 449
	1.19 1.22 1.25 1.28 1.31	1.34 1.37		
	O O XO XO O	XO XXX		

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
1 Wright, Avery	FR	Colo. Mines	10.69m	35-01.00 575
	10.26m	10.35m	10.69m	

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....Event 43 Heptathlon: #3 Women Shot Put Heptathlon

2	Jenrette, Mica	JR Colorado Mesa	10.62m	34-10.25	570
	9.41m 10.32m 10.62m				
3	Novess, Faith	JR Uc-Colo. Spgs.	10.56m	34-07.75	566
	9.88m 9.94m 10.56m				
4	Korbe, Jocelyn	JR Msu Denver	10.38m	34-00.75	554
	9.39m 10.25m 10.38m				
5	Marvel, Jade	FR Msu Denver	10.28m	33-08.75	548
	9.99m 10.28m 9.62m				
6	Remsberg, Maggie	JR Uc-Colo. Spgs.	9.54m	31-03.75	499
	9.46m 9.54m 9.46m				
7	Thomson, Katie	FR Colorado Mesa	9.44m	30-11.75	493
	8.99m 9.10m 9.44m				
8	Brockman, Jordan	SO Colorado Mesa	8.90m	29-02.50	458
	8.90m 8.37m 8.31m				
9	Scoggins, Mary	FR Cs-u-Pueblo	8.88m	29-01.75	456
	8.88m 8.71m 8.55m				
10	Krumpus, Abby	SO S.D. Mines	8.13m	26-08.25	408
	6.43m FOUL 8.13m				

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Wright, Avery	FR Colo. Mines	25.28	0.9	2	861
2 Jenrette, Mica	JR Colorado Mesa	25.35	0.9	2	855
3 Brockman, Jordan	SO Colorado Mesa	25.85	0.9	2	810
4 Remsberg, Maggie	JR Uc-Colo. Spgs.	26.49	0.9	2	755
5 Novess, Faith	JR Uc-Colo. Spgs.	26.60	0.9	2	745
6 Thomson, Katie	FR Colorado Mesa	26.80	0.9	2	729
7 Marvel, Jade	FR Msu Denver	26.85	+0.0	1	724
8 Scoggins, Mary	FR Cs-u-Pueblo	27.27	+0.0	1	690
9 Korbe, Jocelyn	JR Msu Denver	27.55	0.9	2	667
10 Krumpus, Abby	SO S.D. Mines	30.12	+0.0	1	474

Event 43 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points
1 Novess, Faith	JR Uc-Colo. Spgs.	5.67m	3.2	18-07.25 750
				FOUL(2.9) 5.67m(3.2) 5.38m(1.8)
2 Brockman, Jordan	SO Colorado Mesa	5.62m	2.4	18-05.25 735
				4.96m(2.6) FOUL(3.2) 5.62m(2.4)
3 Wright, Avery	FR Colo. Mines	5.29m	3.4	17-04.25 640
				5.29m(3.4) 5.14m(3.0) 5.23m(1.7)
4 Thomson, Katie	FR Colorado Mesa	5.25m	5.2	17-02.75 628
				5.07m(2.6) 5.25m(5.2) 5.03m(1.6)
5 Jenrette, Mica	JR Colorado Mesa	5.24m	4.9	17-02.25 626
				FOUL(2.2) 5.12m(3.3) 5.24m(4.9)
6 Remsberg, Maggie	JR Uc-Colo. Spgs.	5.15m	3.9	16-10.75 601
				4.13m(1.1) 5.15m(3.9) FOUL(1.6)
7 Marvel, Jade	FR Msu Denver	5.06m	3.4	16-07.25 576
				4.99m(4.1) 4.77m(4.3) 5.06m(3.4)
8 Korbe, Jocelyn	JR Msu Denver	5.00m	4.5	16-05.00 559
				4.84m(1.2) 4.92m(5.2) 5.00m(4.5)

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....Event 43 Heptathlon: #5 Women Long Jump Heptathlon

9	Scoggins, Mary	FR	Csu-Pueblo	4.65m	2.7	15-03.25	466
	4.09m(4.8)	4.65m(2.7)	4.62m(3.8)				
10	Krumpus, Abby	SO	S.D. Mines	3.40m	4.3	11-02.00	180
	FOUL(3.2)	FOUL(2.3)	3.40m(4.3)				

Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points
1 Remsberg, Maggie	JR	Uc-Colo. Spgs.	33.66m	110-05 546
31.79m 33.66m 28.46m				
2 Jenrette, Mica	JR	Colorado Mesa	32.53m	106-09 525
31.55m 32.53m 25.76m				
3 Wright, Avery	FR	Colo. Mines	30.83m	101-02 492
30.81m 26.49m 30.83m				
4 Korbe, Jocelyn	JR	Msu Denver	30.60m	100-05 488
30.11m 30.60m 29.30m				
5 Marvel, Jade	FR	Msu Denver	28.66m	94-00 451
28.66m 27.94m 27.23m				
6 Novess, Faith	JR	Uc-Colo. Spgs.	27.87m	91-05 436
26.77m 27.87m 27.55m				
7 Krumpus, Abby	SO	S.D. Mines	25.77m	84-06 397
FOUL FOUL 25.77m				
8 Scoggins, Mary	FR	Csu-Pueblo	24.06m	78-11 365
24.06m 24.02m FOUL				
9 Brockman, Jordan	SO	Colorado Mesa	21.95m	72-00 325
21.18m FOUL 21.95m				
10 Thomson, Katie	FR	Colorado Mesa	20.95m	68-09 307
20.25m 20.95m FOUL				

Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Jenrette, Mica	JR	Colorado Mesa	2:24.55	763
1:14.657 (1:14.657) 2:24.542 (1:09.886)				
2 Thomson, Katie	FR	Colorado Mesa	2:24.62	762
1:14.890 (1:14.890) 2:24.614 (1:09.725)				
3 Wright, Avery	FR	Colo. Mines	2:27.80	721
1:14.094 (1:14.094) 2:27.793 (1:13.700)				
4 Scoggins, Mary	FR	Csu-Pueblo	2:28.77	708
1:14.942 (1:14.942) 2:28.766 (1:13.824)				
5 Marvel, Jade	FR	Msu Denver	2:29.53	699
1:15.224 (1:15.224) 2:29.522 (1:14.299)				
6 Novess, Faith	JR	Uc-Colo. Spgs.	2:30.37	688
1:14.368 (1:14.368) 2:30.364 (1:15.997)				
7 Brockman, Jordan	SO	Colorado Mesa	2:33.37	651
1:14.294 (1:14.294) 2:33.369 (1:19.076)				
8 Remsberg, Maggie	JR	Uc-Colo. Spgs.	2:36.21	617
1:15.635 (1:15.635) 2:36.208 (1:20.573)				
9 Krumpus, Abby	SO	S.D. Mines	2:45.61	510
1:22.825 (1:22.825) 2:45.601 (1:22.777)				
10 Korbe, Jocelyn	JR	Msu Denver	2:51.11	452
1:19.495 (1:19.495) 2:51.108 (1:31.613)				

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RMAC Meet: R 7146 5/1/2021 Hayden Sather, Colorado Mines

NCAA Prov: P 6354 2023

Name	Year School	Finals	H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	6756P	10	
2 Thompson, Aidan	SO S.D. Mines	6325	8	
3 Kleinsasser, Travis	JR S.D. Mines	6320	6	
4 Rhoades, Harley	SR Chadron State	6261	5	
5 McGraw, Conor	JR Black Hills St.	6140	4	
6 Dower, Kaden	SO Chadron State	5386	3	
7 Cass, Jade	JR S.D. Mines	5297	2	
8 Harrington, Cody	SO S.D. Mines	4779	1	

Event 44 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	11.26	0.1	2	804
2 Rhoades, Harley	SR Chadron State	11.26	0.1	2	804
3 McGraw, Conor	JR Black Hills St.	11.34	0.1	2	786
4 Kleinsasser, Travis	JR S.D. Mines	11.59	0.1	2	734
5 Thompson, Aidan	SO S.D. Mines	11.60	0.1	2	732
6 Dower, Kaden	SO Chadron State	11.64	1.5	1	723
7 Cass, Jade	JR S.D. Mines	11.80	1.5	1	691
8 Harrington, Cody	SO S.D. Mines	12.10	0.1	2	631
-- Lindeen, Dawson	FR Black Hills St.	DNS	1.5	1	

Event 44 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Johnson, Terrel	SR Csu-Pueblo	6.81m	3.8	22-04.25 769
		6.72m(2.5) 6.67m(2.0) 6.81m(3.8)		
2 Thompson, Aidan	SO S.D. Mines	6.23m	2.5	20-05.25 637
		5.62m(2.2) FOUL(1.9) 6.23m(2.5)		
3 Cass, Jade	JR S.D. Mines	6.16m	3.1	20-02.50 621
		5.87m(-0.6) 6.16m(3.1) 6.05m(4.5)		
4 Rhoades, Harley	SR Chadron State	6.13m	2.3	20-01.50 615
		6.09m(2.3) 5.88m(2.0) 6.13m(2.3)		
5 McGraw, Conor	JR Black Hills St.	6.01m	4.3	19-08.75 589
		5.74m(0.4) 6.01m(4.3) FOUL(2.3)		
6 Kleinsasser, Travis	JR S.D. Mines	5.82m	3.9	19-01.25 548
		5.59m(2.3) 5.70m(3.3) 5.82m(3.9)		
7 Dower, Kaden	SO Chadron State	5.69m	2.6	18-08.00 521
		5.43m(1.5) 5.69m(2.6) FOUL(2.5)		
8 Harrington, Cody	SO S.D. Mines	5.36m	3.1	17-07.00 453
		FOUL(2.5) FOUL(3.0) 5.36m(3.1)		
-- Lindeen, Dawson	FR Black Hills St.	DNS	NWI	

Event 44 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
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....Event 44 Decathlon: #3 Men Shot Put Decathlon

1	Thompson, Aidan	SO S.D. Mines	13.18m	43-03.00	678
	13.08m 13.18m FOUL				
2	Cass, Jade	JR S.D. Mines	12.42m	40-09.00	632
	12.42m 9.11m 12.08m				
3	McGraw, Conor	JR Black Hills St.	12.21m	40-00.75	619
	11.67m 11.65m 12.21m				
4	Kleinsasser, Travis	JR S.D. Mines	12.20m	40-00.50	619
	12.20m 11.45m 12.17m				
5	Dower, Kaden	SO Chadron State	11.93m	39-01.75	602
	11.79m 11.93m 11.60m				
6	Johnson, Terrel	SR Csu-Pueblo	10.77m	35-04.00	532
	10.48m 10.77m 10.04m				
7	Harrington, Cody	SO S.D. Mines	10.28m	33-08.75	502
	9.98m 10.28m 9.85m				
8	Rhoades, Harley	SR Chadron State	10.22m	33-06.50	499
	9.65m 10.22m 9.49m				
--	Lindeen, Dawson	FR Black Hills St.		DNS	

Event 44 Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Johnson, Terrel	SR Csu-Pueblo	1.94m 6-04.25	749
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97		
	P P P P P P P P P P O O O O O XXO XO XXX		
2 Thompson, Aidan	SO S.D. Mines	1.85m 6-00.75	670
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88		
	P P P P P P P P P P P P O O O XO XXX		
3 Rhoades, Harley	SR Chadron State	1.82m 5-11.50	644
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85		
	P P P P P P P P P P O O XO O XO XXO XXX		
4 McGraw, Conor	JR Black Hills St.	1.70m 5-07.00	544
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73		
	P P P P P P P P O P O XO XXX		
5 Dower, Kaden	SO Chadron State	1.67m 5-05.75	520
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
	P P P P P P P P O P XO XXX		
6 Kleinsasser, Travis	JR S.D. Mines	1.61m 5-03.25	472
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64		
	P O P O P O XO XXO XXX		
7 Harrington, Cody	SO S.D. Mines	1.40m 4-07.00	317
	1.40 1.43		
	XXO XXX		
-- Cass, Jade	JR S.D. Mines	NH	
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82		
	P P P P P P P P P P P P P P XXX		
-- Lindeen, Dawson	FR Black Hills St.	DNS	

Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Rhoades, Harley	SR Chadron State	49.98	816
2 Johnson, Terrel	SR Csu-Pueblo	50.43	795
3 McGraw, Conor	JR Black Hills St.	51.05	767

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

4	Kleinsasser, Travis	JR S.D. Mines	51.12	764
5	Thompson, Aidan	SO S.D. Mines	51.85	731
6	Cass, Jade	JR S.D. Mines	54.52	618
7	Dower, Kaden	SO Chadron State	54.69	611
8	Harrington, Cody	SO S.D. Mines	54.80	607

Event 44 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	15.41	1.0	2	801
2 McGraw, Conor	JR Black Hills St.	15.89	1.0	2	745
3 Kleinsasser, Travis	JR S.D. Mines	16.25	1.0	2	705
4 Cass, Jade	JR S.D. Mines	16.72	0.7	1	654
5 Rhoades, Harley	SR Chadron State	16.80	1.0	2	645
6 Dower, Kaden	SO Chadron State	17.08	0.7	1	616
7 Thompson, Aidan	SO S.D. Mines	18.04	0.7	1	520
8 Harrington, Cody	SO S.D. Mines	18.26	0.7	1	499

Event 44 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Thompson, Aidan 44.76m 44.60m 43.16m	SO S.D. Mines	44.76m	146-10 762
2 McGraw, Conor 41.18m FOUL FOUL	JR Black Hills St.	41.18m	135-01 689
3 Cass, Jade 34.29m 36.03m 36.51m	JR S.D. Mines	36.51m	119-09 594
4 Kleinsasser, Travis 33.32m 36.12m 33.21m	JR S.D. Mines	36.12m	118-06 586
5 Dower, Kaden 29.35m 30.42m 33.97m	SO Chadron State	33.97m	111-05 543
6 Johnson, Terrel 32.04m 29.94m FOUL	SR Csu-Pueblo	32.04m	105-01 505
7 Harrington, Cody 23.64m 31.41m 29.00m	SO S.D. Mines	31.41m	103-01 492
8 Rhoades, Harley 29.99m FOUL 27.19m	SR Chadron State	29.99m	98-05 464
-- Lindeen, Dawson	FR Black Hills St.	DNS	

Event 44 Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Kleinsasser, Travis 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75 P P P P P P P P O XO P XO P XXO O O XXO XXX	JR S.D. Mines	4.65m	15-03.00 804
2 Cass, Jade 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 P P P P P P O O P O P O P O XXO XXX	JR S.D. Mines	4.25m	13-11.25 688
3 Johnson, Terrel 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 P P P P P XO O P XXO O O XXO O XXX	SR Csu-Pueblo	4.05m	13-03.50 631

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....Event 44 Decathlon: #8 Men Pole Vault Decathlon

4 Rhoades, Harley	SR Chadron State	3.95m	12-11.50	603
2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05				
P P P P O P P XXO O O O XXO XXX				
5 Thompson, Aidan	SO S.D. Mines	3.55m	11-07.75	496
2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75				
P P P P P XXO O XO P XXX				
6 Dower, Kaden	SO Chadron State	3.45m	11-03.75	469
2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55				
P O P O P O O XXX				
7 Harrington, Cody	SO S.D. Mines	3.25m	10-08.00	418
2.85 2.95 3.05 3.15 3.25 3.35 3.45				
P O O P O P XXX				
7 McGraw, Conor	JR Black Hills St.	3.25m	10-08.00	418
2.85 2.95 3.05 3.15 3.25 3.35				
P O O O XXO XXX				
-- Lindeen, Dawson	FR Black Hills St.		DNS	

Event 44 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Johnson, Terrel	SR Csu-Pueblo	46.04m	151-00 530
42.95m 40.69m 46.04m			
2 McGraw, Conor	JR Black Hills St.	45.00m	147-08 515
45.00m 43.44m 44.63m			
3 Rhoades, Harley	SR Chadron State	40.71m	133-07 452
40.71m 39.67m FOUL			
4 Kleinsasser, Travis	JR S.D. Mines	38.66m	126-10 423
32.70m FOUL 38.66m			
5 Cass, Jade	JR S.D. Mines	37.36m	122-07 404
34.81m 37.36m 35.73m			
6 Thompson, Aidan	SO S.D. Mines	36.50m	119-09 392
36.50m 35.21m 36.06m			
7 Dower, Kaden	SO Chadron State	35.43m	116-03 376
32.25m 27.27m 35.43m			
8 Harrington, Cody	SO S.D. Mines	31.20m	102-04 316
27.20m 31.20m 31.06m			
-- Lindeen, Dawson	FR Black Hills St.		DNS

Event 44 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Rhoades, Harley	SR Chadron State	4:33.94	719
50.434 (50.434) 2:07.287 (1:16.854) 3:26.936 (1:19.649) 4:33.934 (1:06.998)			
2 Thompson, Aidan	SO S.D. Mines	4:35.72	707
53.594 (53.594) 2:08.761 (1:15.167) 3:23.745 (1:14.985) 4:35.711 (1:11.966)			
3 Kleinsasser, Travis	JR S.D. Mines	4:42.49	665
54.220 (54.220) 2:11.320 (1:17.101) 3:32.002 (1:20.682) 4:42.488 (1:10.486)			
4 Johnson, Terrel	SR Csu-Pueblo	4:46.50	640
55.134 (55.134) 2:11.637 (1:16.504) 3:32.654 (1:21.017) 4:46.491 (1:13.837)			
5 Harrington, Cody	SO S.D. Mines	5:02.76	544
54.795 (54.795) 2:14.669 (1:19.875) 3:42.244 (1:27.575) 5:02.759 (1:20.515)			

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6 McGraw, Conor	JR Black Hills St.	5:16.50	468
59.716 (59.716)	2:27.872 (1:28.156)	4:00.227 (1:32.355)	5:16.496 (1:16.270)
7 Dower, Kaden	SO Chadron State	5:28.88	405
59.537 (59.537)	2:28.171 (1:28.635)	4:02.802 (1:34.632)	5:28.871 (1:26.069)
8 Cass, Jade	JR S.D. Mines	5:30.80	395
58.400 (58.400)	2:27.669 (1:29.269)	4:02.313 (1:34.644)	5:30.796 (1:28.483)

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Women - Team Rankings - 21 Events Scored

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1) UC-Colo. Spgs.	130.50	2) Western Colorado	123
3) Colo. Mines	109.50	4) Colorado Mesa	102
5) CSU-Pueblo	74	6) Westminster (UT)	51
7) NM Highlands	49	8) MSU Denver	40
9) Chadron State	37	10) Adams State	28
11) Black Hills St.	27	12) S.D. Mines	21
13) Fort Lewis	15	14) Colo. Christian	10

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Men - Team Rankings - 21 Events Scored

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1) UC-Colo. Spgs.	180	2) Colorado Mesa	125.50
3) CSU-Pueblo	111.50	4) Colo. Mines	111
5) Western Colorado	106.50	6) Adams State	55
7) Chadron State	49.50	8) S.D. Mines	23
9) MSU Denver	22	10) Black Hills St.	18
11) Colo. Christian	10	12) Fort Lewis	3
13) Westminster (UT)	1		