

Southern California Intercollegiate Athletic Conference

MEN'S TRACK AND FIELD - 1993
CONFERENCE CHAMPION: CLAREMONT-MUDD-SCRIPPS COLLEGES
HEAD COACH: JOHN GOLDHAMMER

MOST VALUABLE ATHLETE: MIKE SUSANK, CLAREMONT-MUDD-SCRIPPS COLLEGES

<p>100 METER</p> <ol style="list-style-type: none"> 1. Lawrence Lanham UR 11.16 2. Marcus Garrett OXY 11.24 3. Eric Schug UR 11.41 4. Gary Little OXY 11.44 5. La Ronce Henderson OXY 11.57 6. Chris Smith UR 11.60 	<p>5000 METERS</p> <ol style="list-style-type: none"> 1. Jose Garcia OXY 14:59.76 2. J.T. Uida CMS 15:09.87 3. Avo Artinyan PP 15:12.25 4. Terence Flynn OXY 15:25.25 5. Ray Butman CMS 15:28.50 6. Walter Veogtil CMS 15:44.19 	<p>1600 RELAY</p> <ol style="list-style-type: none"> 1. University of Redlands 3:14.55 2. Pomona-Pitzer 3:19.84 3. Claremont-Mudd-Scripps 3:20.39 4. Occidental College 3:27.68 5. Cal Tech 3:29.30 6. California Lutheran 3:30.92 	<p>DISCUS</p> <ol style="list-style-type: none"> 1. Mike Susank CMS 146' 2" 2. Mike Bliff UR 144' 6" 3. Gary Okerson CMS 139' 6" 4. Kelly Mattson ULV 139' 2" 5. Eric Jepson PP 137' 5" 6. Sal Lopez ULV 130' 3"
<p>200 METER</p> <ol style="list-style-type: none"> 1. Jason Rhodes CMS 22.31 2. James Hunell WC 22.51 3. Ira Becton PP 22.53 4. Tunde Whitten PP 22.68 5. Marcus Garrett OXY 22.79 6. Eric Schug UR 22.85 	<p>STEEPLECHASE</p> <ol style="list-style-type: none"> 1. Ray Butman CMS 9:27.14 2. Terence Flynn OXY 9:35.67 3. Fred Mirzaian UR 9:42.21 4. Andy Thorne Lyman CMS 9:55.1 5. David Bennett OXY 9:55.33 6. Joe Vella PP 9:58.3 	<p>LONG JUMP</p> <ol style="list-style-type: none"> 1. Peter Hawkins PP 23' 6" 2. Eric Schug UR 22' 9.75" 3. Chris Smith UR 22' 5.25" 4. Mark Kammerlohr UR 22' 3.75" 5. Mark Gilbreth CMS 21' 9" 6. Gary Little OXY 21' 8.25" 	<p>JAVELIN</p> <ol style="list-style-type: none"> 1. Karim Lessard UR 189' 4" 2. Mark Hanke ULV 181' 11" 3. Brendon McDermott PP 178' 8" 4. Brian Baldwin UR 175' 2" 5. David Harris CLU 173' 0" 6. Brandon Abeyia WC 160' 7"
<p>400 METER</p> <ol style="list-style-type: none"> 1. Julien Rust UR 47.99 2. Ira Becton PP 48.37 3. Steve Stone UR 49.12 4. Matt Compton CMS 49.81 5. James Hunell WC 49.84 6. David Summers UR 50.11 	<p>HIGH HURDLES</p> <ol style="list-style-type: none"> 1. Mark Gilbreth CMS 15.32 2. Mance Thompson PP 15.47 3. Andrew Kalke UR 15.68 4. George Jeffrey CMS 16.45 5. Nelson Pillow ULV 16.61 6. Greg Dudey CIT 16.70 	<p>TRIPLE JUMP</p> <ol style="list-style-type: none"> 1. Peter Hawkins PP 47' 9.75" 2. Mark Kammerlohr UR 47' 1" 3. Chris Smith UR 46' 0" 4. Everett Hill OXY 44' 2.5" 5. Peter Harper PP 42' 9.75" 6. Mark Gilbreth CMS 41' 6.5" 	<p>HIGH JUMP</p> <ol style="list-style-type: none"> 1. Eric Jones CMS 6' 6.75" 2. Mike Thomas CLU 6' 2.75" 3. Jack Mulder CMS 6' 2.75" 4. Mark Gilbreth CMS 6' 0.75" 5. Peter Hawkins PP 5' 10.75" 6. Hsiu Ling CIT 5' 10.75"
<p>800 METER</p> <ol style="list-style-type: none"> 1. Jason Rhodes CMS 1:53.36 2. Brad Aagard CMS 1:53.78 3. Konstantine Kindreich OXY 1:54.81 4. Ned Bowden CIT 1:55.45 5. Gene Jimenez UR 1:56.70 6. Yukka Siltanen CLU 1:56.85 	<p>400 I H</p> <ol style="list-style-type: none"> 1. Mance Thompson PP 55.49 2. Mark Gilbreth CMS 55.95 3. Bryan Bierman CLU 56.87 4. Joe Vella PP 57.21 5. Greg Dudey CIT 58.16 6. Ken Bauer UR 58.35 	<p>HAMMER</p> <ol style="list-style-type: none"> 1. Mike Susank CMS 184' 8" 2. Will Watson CMS 181' 3" 3. Fritz Anker CMS 167' 4" 4. Sal Lopez ULV 156' 0" 5. Jason Pina OXY 154' 5.5" 6. Desmond White UR 148' 7" 	<p>POLE VAULT</p> <ol style="list-style-type: none"> 1. Gunnar Miller OXY 16' 0.75" 2. Brett Williams PP 15' 7" 3. Chris Rajanna CMS 15' 1" 4. Gus Kormeier PP 15' 1" 5. Mark Gilbreth CMS 14' 1.25" 6. Owen Stein PP 13' 7.25"
<p>1500 METERS</p> <ol style="list-style-type: none"> 1. Konstantine Kindreich OXY 3:51.39 2. Brad Aagard CMS 3:51.93 3. Jose Garcia OXY 3:55.46 4. Gene Jimenez UR 4:01.22 5. Shaan Blanchard WC 4:02.74 6. Matt Hewman CMS 4:03.30 	<p>400 RELAY</p> <ol style="list-style-type: none"> 1. Pomona-Pitzer 42.93 2. Redlands 43.07 3. Claremont-Mudd-Scripps 43.39 4. Occidental 43.48 5. Cal Lutheran 44.34 6. Cal Tech 49.76 	<p>SHOT PUT</p> <ol style="list-style-type: none"> 1. Mike Susank CMS 51' 8.75" 2. Heith Martin PP 45' 4" 3. Gary Okerson CMS 45' 0.50" 4. Kelly Mattson ULV 43' 3.75" 5. Sal Lopez ULV 42' 7.50" 6. Desmond White UR 42' 4.75" 	<p>FINAL TEAM RESULTS</p> <ol style="list-style-type: none"> 1. Claremont-Mudd Scripps 176 2. University of Redlands 135 3. Pomona-Pitzer Colleges 112 4. Occidental 85 5. University of La Verne 25 6. California Lutheran 20

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WOMEN'S TRACK AND FIELD - 1993
 CONFERENCE CHAMPION: POMONA-PITZER COLLEGES
 HEAD COACH: KIRK REYNOLDS

MOST VALUABLE ATHLETE: REBECCA KOPCHIK, OCCIDENTAL COLLEGE

100 METERS

1. Mardecia Martin	OXY	12.88
2. Tania Love	CLU	12.92
3. Leslie Bumgarner	ULV	13.06
4. Tori Bare	ULV	13.17
5. Germaine Jackson	PP	13.23
6. Allison Pinto	CMS	13.30

200 METERS

1. Tori Bare	ULV	26.32
2. Nikki Douglas	UR	26.44
3. Mardecia Martin	OXY	26.44
4. Erin McDowell	PP	26.76
5. Leslie Bumgarner	ULV	27.01
6. Tara Thomas	CLU	27.02

400 METERS

1. Nikki Douglas	UR	58.38
2. Erin McDowell	PP	59.22
3. Tara Thomas	CLU	59.43
4. Nicole Albert	CLU	60.55
5. Shani Stewart	OXY	1:02.80
6. Kari Trotter	ULV	1:03.04

800 METERS

1. Kristin Fix	PP	2:18.80
2. Rebecca Kopchik	OXY	2:18.82
3. Leticia Zavala	W	2:24.04
4. Sarah Gerard	CMS	2:26.02
5. Charlie Stoddard	CMS	2:26.34
6. Gretchen Brugman	CMS	2:27.83

1500 METERS

1. Rebecca Kopchik	OXY	4:46.53
2. Janice Krich	ULV	4:47.78
3. Jessica Beeler	OXY	4:51.15
4. Sarah Gerard	CMS	4:52.30
5. Julia Burco	PP	4:54.29
6. Katie Burco	PP	4:54.29

3000 METERS

1. Rebecca Kopchik	OXY	10:06.70
2. Janice Kirch	ULV	10:11.08
3. Katie Burco	PP	10:50.62
4. Sonya Patton	PP	10:52.17
5. Julia Burco	PP	10:53.00
6. Alexis Kays	OXY	11:10.35

100 METER HURDLES

1. Mardecia Martin	OXY	16.20
2. Sarah Swenson	PP	16.27
3. Jennifer Ho	OXY	17.11
4. Tamika Taylor	UR	17.12
5. Kristen Homan	ULV	17.21
6. Ardelle Hagar	PP	17.30

400 METER HURDLES

1. Ardelle Hagar	PP	1:07.57
2. Kristin Homan	ULV	1:09.28
3. Karen Tiegel	CMS	1:09.33
4. Sarah Swenson	PP	1:11.07
5. Jennifer Ho	OXY	1:11.89
6. Monee Fields	OXY	1:12.34

HIGH JUMP

1. Penny Porter	UR	4' 11"
2. Joy Sellers	PP	4' 11"
3. Cathy Watterson	PP	4' 11"
4. Ardelle Hagar	PP	4' 9"
5. Tara Thomas	CLU	4' 9"
6. Cindy Peaks	W	4' 7"

LONG JUMP

1. Emily Dawe	PP	16' 6.75"
2. Carrie Yost	CLU	16' 11"
3. Carrie Heimann	UR	15' 11.75"
4. Wendy Woyetz	CMS	15' 8.50"
5. Leslie Louie	W	15' 8.50"
6. Wendy Burns	ULV	14' 6"

TRIPLE JUMP

1. Carrie Heimann	UR	34' 10.50"
2. Emily Dawe	PP	34' 9.75"
3. Leslie Louie	W	34' 6.34"
4. Wendy Woyetz	CMS	32' 0.25"
5. Wendy Burns	ULV	30' 10.25"
6. Heidi Rudin	ULV	30' 9"

SHOT PUT

1. Ellen Disenbacher	PP	38' 3.50"
2. Melanie Dear	UR	36' 10.50"
3. Sequoia Johnson	OXY	35' 8.50"
4. Anna Mumma	CLU	35' 1.75"
5. Shauntez Williams	OXY	35' 1"
6. Jennifer Stengel	CMS	33' 4.75"

DISCUS

1. Melanie Dear	UR	132' 0"
2. Ellen Disenbacher	PP	131' 8"
3. Jennifer Stengel	CMS	126' 0"
4. Adrienne Housser	CMS	120' 2"
5. Sequoia Johnson	OXY	116' 8"
6. Shauntez Williams	OXY	115' 5"

JAVELIN

1. Jane Winer	ULV	123' 0"
2. Linette Butler	CMS	122' 8"
3. Amy Gillespie	CMS	111' 4"
4. Ellen Disenbacher	PP	107' 7"
5. Adrienne Housser	CMS	107' 3"
6. Amy Oldenburg	CT	104' 9"

400 RELAY

1. Pomona-Pitzer	50.61
2. Cal Lutheran	50.74
3. Claremont-Mudd-Scripps	51.54
4. Occidental	51.91
5. University of La Verne	51.4
6. University of Redlands	53.64

1600 RELAY

1. Pomona-Pitzer	4:06.64
2. University of La Verne	4:12.04
3. Claremont-Mudd-Scripps	4:14.56
4. University of Redlands	4:16.78
5. Cal Lutheran	4:20.82
6. Occidental	4:22.89

FINAL TEAM RESULTS

1. Pomona-Pitzer	139
2. Occidental	88
3. University of La Verne	73
4. University of Redlands	71
5. Claremont-Mudd-Scripps	65
6. California Lutheran	44
7. Whittier	15
8. Cal Tech	1