

State University of New York Athletic Conference  
 Women's Outdoor Track and Field Championships  
 April 25, 1993 -- Davis Field -- SUNY Cortland  
**FINAL RESULTS** Page 1

**Event: High Jump -- FINAL RESULTS**

Meet Record: 1.66m (5'5.5"), Lisa Taylor (Brockport), 1986  
 NCAA Qualifying Height: 1.68m (5'6.5") -- Automatic  
 1.65m (5'5") -- Provisional  
 Davis Field Record: 1.655m (5'5.25"), Rose Daniels (Ithaca), 1982

Place	Name (School)	Result
1	Loreen Brawner (CORT)	1.62m (5'4")
2	Tracey Canino (BING)	1.62m (5'4")
(Brawner wins by clearing tiebreaker height of 1.61m)		
3	Susan Gracz (CORT)	1.57m (5'2")
4 (tie)	Wendi Clark (PLATT)	1.52m (5'0")
4	Heather Miller (GEN)	1.52m (5'0")
6	Shelly Giardini (FRED)	1.47m (4'10")
	Danielle Clark (CORT)	-----
	Kim Zenglein (BROCK)	-----

**Event: 10,000 meters -- FINAL RESULTS**

Meet Record: 37:27.44, Mary Selleck (Cortland), 1989  
 NCAA Qualifying Time: 37:10.74 (FAT), 37:10.5 (HT) -- Automatic  
 38:25.24 (FAT), 38:25.0 (HT) -- Provisional  
 Davis Field Record: 37:27.44, Mary Selleck (Cortland), 1989

Place	Name (School)	Result
1	Beth Hemmett (CORT)	38:07.21 *P*
2	Annmarie Walker (BING)	40:05.17
3	Kathy Barone (BING)	43:26.01
4	Holli Hughes (BROCK)	47:34.38
5	Rhonda Spenello (CORT)	47:59.04
6	Sharmagne Solis (BUFF ST)	48:53.35

**Event: 5,000 meters -- FINAL RESULTS**

Meet Record: 17:07.1, Alice Willis (Binghamton), 1985  
 NCAA Qualifying Time: 17:33.24 (FAT), 17:33.0 (HT) -- Automatic  
 18:00.24 (FAT), 18:00.0 (HT) -- Provisional  
 Davis Field Record: 17:31.18, Judy Sparks (Cortland), 1989

Place	Name (School)	Result
1	Tammie Miller (CORT)	17:46.74 *P*
2	Ann Marie DelSignore (CORT)	18:24.87
3	Dorothy Donnolly (CORT)	18:43.95
4	Laurel McIntyre (GEN)	20:36.62
5	Mary Ellen Lennen (BING)	20:45.44
6	Lauren Wallack (BING)	21:29.05
7	Lynn McGourty (GEN)	21:49.76
8	Shannon Solis (BUFF ST)	24:59.11

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**FINAL RESULTS** Page 3

**Event: 100-meter hurdles -- Preliminaries**

Meet Record: :14.69, Pam Leffler (Brockport), 1992  
 NCAA Qualifying Time: :14.93 (FAT) -- Automatic  
 :15.44 (FAT) -- Provisional  
 Davis Field Record: :14.3, Winsome Foderingham (Albany), 1987

(HEAT WINNERS AND NEXT FOUR TIMES QUALIFY FOR FINALS)

**Heat #1**

Place	Name (School)	Result
1	Keena Bush (GEN)	15.8 (HT)
2	Susan Gracz (CORT)	16.5 (HT)
3	Lori Rogoff (BING)	16.7 (HT)
4	Shelly Giardini (FRED)	18.0 (HT)
5	Sue Goldman (GEN)	18.1 (HT)
6	Kim Graham (BUFF ST)	19.2 (HT)

**Heat #2**

Place	Name (School)	Result
1	Tina Mitchell (CORT)	16.39 / 16.2 HT
2	Heather Miller (GEN)	17.92 / 17.7 HT
3	Dee Hughes (PLATT)	17.94 / 17.8 HT
4	Leza Lunchetta (BING)	18.50 / 18.2 HT

**Event: 100 meters -- Preliminaries**

Meet Record: :12.11, Tracy Watts (Buffalo St.), 1990  
 NCAA Qualifying Time: :12.32 (FAT) -- Automatic  
 :12.60 (FAT) -- Provisional  
 Davis Field Record: :12.0, Tracey Armstead (Cortland), 1982  
 Winsome Foderingham (Albany), 1987

(HEAT WINNERS PLUS NEXT THREE TIMES QUALIFY FOR FINALS)

**Heat #1**

Place	Name (School)	Result
1	Stacey Kennedy (BING)	13.56
2	Loreen Brawner (CORT)	14.26
3	Sylvia Cross (FRED)	14.27
4	Ku'Wonna Mahone (BUFF ST)	14.54
5	Theresa Hartrick (CORT)	14.58

**Heat #2**

Place	Name (School)	Result
1	Talley Martin (GEN)	13.42
2	Gail Fox (BING)	13.59
3	Colleen Greenan (GEN)	14.13
4	Ijeoma Isiadinson (BING)	14.49

**Heat #3**

Place	Name (School)	Result
1	Tina Mitchell (CORT)	13.74
2	Sarah Margolis (BING)	13.81
3	Emily Smith (GEN)	14.08
4	Gabrielle Teofrio (BROCK)	15.09

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**FINAL RESULTS** Page 5

**Event: Triple Jump -- FINAL RESULTS**

Meet Record: 11.03m (36'2.25"), Bonnie Boyette (Cortland), 1989  
 NCAA Qualifying Dist.: 11.40m (37'4.75") -- Automatic  
 11.11m (36'5.5") -- Provisional  
 Davis Field Record: 11.03m (36'2.25"), Bonnie Boyette (Cortland), 1989

Place	Name (School)	Result
1	Elaine Rake (FRED)	11.14m (36'6.5") *M* *P* *D*
2	Heather Myrick (PLATT)	10.83m (35'6.5")
3	Heather Horan (BING)	10.03m (32'11")
4	Tracy Canino (BING)	9.94m (32'7.25")
5	Gabby LaMagna (CORT)	9.64m (31'7.5")
6	Sylvia Cross (FRED)	9.60m (31'6")
7	Michele Reif (BUFF ST)	9.12m (29'11")

**Event: Javelin -- FINAL RESULTS**

Meet Record: 45.39m (148'11"), Carrie Gorton (Brockport), 1992  
 NCAA Qualifying Dist.: 41.00m (134'6") -- Automatic  
 38.00m (124'8") -- Provisional  
 Davis Field Record: 41.90m (143'3"), D. Bretscheider (Queens), 1982

Place	Name (School)	Result
1	Carrie Gorton (BROCK)	41.68m (136'9") *A*
2	Sharon Eisenstein (BING)	32.46m (106'6")
3	Heather Horan (BING)	30.16m (98'11.5")
4	Jennifer Gall (FRED)	28.26m (92'8.5")
5	Susan Gracz (CORT)	27.50m (90'2.75")
6	Tragai Ravenell (CORT)	21.80m (71'2.65")
7	Allison Franklin (GEN)	19.48m (63'11")
	Jamie Bogardus (BROCK)	-----

**Event: 4 x 100 meter relay -- FINAL RESULTS**

Meet Record: :49.07, Fredonia, 1986  
 NCAA Qualifying Time: :48.90 (FAT), :48.6 (HT) -- Automatic  
 :49.70 (FAT), :49.4 (HT) -- Provisional  
 Davis Field Record: :50.2, Albany, 1987

Place	Name (School)	Result
1	GENESEO (Keena Bush, Emily Smith, Talley Martin, Amy Netheway)	51.26
2	BINGHAMTON (Gail Fox, Sarah Margolis, Lori Rogoff, Stacy Kennedy)	51.35
3	CORTLAND (Kathy Stock, Loreen Brawner, Maryann Spahalski, Tina Mitchell)	51.64
4	BUFFALO STATE (Jeannette Daneals, Michele Reif, Ku'Wonna Mahone, Amy Donner)	53.57
5	BROCKPORT (Gabrielle Teofrio, Lori Heard, Maureen Coler, Camille Rose)	55.55

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**FINAL RESULTS** Page 7

**Event: 100-meter hurdles -- FINAL RESULTS**

Meet Record: :14.69, Pam Leffler (Brockport), 1992  
NCAA Qualifying Time: :14.93 (FAT) -- Automatic  
:15.44 (FAT) -- Provisional  
Davis Field Record: :14.3, Winsome Foderingham (Albany), 1987

Place	Name (School)	Result
1	Keena Bush (GEN)	:15.76
2	Lori Rogoff (BING)	:16.37
3	Susan Gracz (CORT)	:16.76
4	Tina Mitchell (CORT)	:17.25
5	Dee Hughes (PLATT)	:18.20
6	Heather Miller (GEN)	:18.3 (HT)

**Event: 800 meters -- FINAL RESULTS**

Meet Record: 2:17.98, Patti Zoda (Cortland), 1989  
NCAA Qualifying Time: 2:15.00 (FAT), 2:14.7 (HT) -- Automatic  
2:17.00 (FAT), 2:16.7 (HT) -- Provisional  
Davis Field Record: 2:17.98, Patti Zoda (Cortland), 1989

Place	Name (School)	Result
1	Joli Czamara (BUFF ST)	2:22.32
2	Jennifer Wiseman (PLATT)	2:23.29
3	Freddi Triback (BING)	2:24.99
4	Peggy Spiesz (FRED)	2:25.59
5	Heidi Swarts (CORT)	2:27.16
6	Lisa Torgerson (BING)	2:30.93
7	Lauren Smith (GEN)	2:34.38
8	Deb Widman (BING)	2:36.71
9	Shannon Solis (BUFF ST)	2:44.74
10	Teresa Mercurio (FRED)	3:10.02

**Event: 400-meter hurdles -- FINAL RESULTS**

Meet Record: 1:03.50, Tracey Swarts (Cortland), 1989  
NCAA Qualifying Time: 1:03.40 (FAT), 1:03.1 (HT) -- Automatic  
1:04.90 (FAT), 1:04.6 (HT) -- Provisional  
Davis Field Record: 1:03.50, Tracey Swarts (Cortland), 1989

Place	Name (School)	Result
1	Keena Bush (GEN)	1:05.12
2	Maryann Spahalski (CORT)	1:05.41
3	Shelly Giardini (FRED)	1:09.61
4	Jennifer Wiseman (PLATT)	1:10.10
5	Amy Donner (BUFF ST)	1:10.26
6	Sue Goldman (GEN)	1:11.98
7	Heather Horan (BING)	1:15.61
8	Leza Luchetta (BING)	1:16.27

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# 1993 SUNYAC OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

## WOMEN'S TEAM RESULT SCORECARD

	High Jump	Hammer	Shot Put	Discus	Long Jump	Triple Jump	Javelin	10,000 m	5,000 m	400m Relay	1,500 m	400 m	100 m	100 m hurdles	800 m	400 m hurdles	200 m	3,000 m	1,600 m Relay	TOTAL POINTS	PLACE
BINGHAMTON	8	1 2	11	-	8	10	14	14	3	8	-	2	20	8	7	-	3	1	2	111	2
BROCKPORT	-	14	14	12	-	-	10	4	-	2	-	-	-	-	-	-	-	-	-	56	5
BUFFALO STATE	-	-	-	-	1	-	-	1	-	4	10	4	-	-	10	2	-	-	4	36	7
CORTLAND	16	-	17	1	4	2	3	12	24	6	14	18	1	10	2	8	10	26	10	168	1
FREDONIA	1	10	8	8	8	11	4	-	-	-	3	6	-	-	4	6	8	-	6	83	4
GENESEO	4	6	6	10	-	-	-	-	4	-	4	1	10	11	-	11	10	4	8	89	3
PLATTSBURGH	4	-	-	-	10	8	-	-	-	10	-	-	-	2	8	4	-	-	-	46	6

Note: Team scoring is as follows: 10-8-6-4-2-1 for first through sixth places.