

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE
Outdoor Track and Field Championships
April 29, 1995 -- Davis Field -- SUNY Cortland

19th Annual Men's Championship
FINAL TEAM RESULTS

| | |
|-------------------------|-----|
| 1) Fredonia (FRED) | 192 |
| 2) Cortland (CORT) | 140 |
| 3) Binghamton (BING) | 105 |
| 4) Plattsburgh (PLAT) | 56 |
| 5) Brockport (BROC) | 55 |
| 6) Buffalo State (BUFF) | 44 |
| 7) Geneseo (GEN) | 26 |

12th Annual Women's Championship
FINAL TEAM RESULTS

| | |
|-------------------------|-----|
| 1) Cortland (CORT) | 163 |
| 2) Geneseo (GEN) | 130 |
| 3) Fredonia (FRED) | 106 |
| 4) Brockport (BROC) | 62 |
| 5) Binghamton (BING) | 60 |
| 6) Buffalo State (BUFF) | 48 |
| 7) Plattsburgh (PLAT) | 19 |

SUNYAC Men's Coach of the Year: Jim Ulrich (FREDONIA)

SUNYAC Women's Coach of the Year: Jack Daniels (CORTLAND)

NOTES:

Fredonia's men won their 19th consecutive SUNYAC title, all with Ulrich as head coach.

Cortland's women won their fifth title in the past seven years, and seventh overall in the 12-year history of the event.

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Men's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 1

EVENT: DISCUS

Meet Record: 51.80m (169'11"), MacMinniamin (Platt), 1979
 NCAA Qualifying: 49.16m (161'3.5") -- Auto
 47.16m (154'9") -- Prov
 Davis Record: 48.38m (158'9"), James Monaco (Cortland), 1983

| Place | Name (School) | Result |
|-------|-------------------------|-------------------------|
| 1 | Mike Ventura (BING) | 50.12m (164'5.5") *A*D* |
| 2 | Mark Winker (BING) | 47.84m (156'11.5") *P* |
| 3 | Trevor Hitchcock (FRED) | 46.26m (151'9") |
| 4 | Joel Jeneault (CORT) | 41.38m (135'9") |
| 5 | Dan Lauta (BUFF) | 40.46m (132'9") |
| 6 | Tom Wolcott (BROC) | 38.52m (126'4.5") |
| | Mike Auble (BROC) | 37.18m (122'0") |
| | Dan Brown (FRED) | 34.98m (114'9") |
| | Kevin Hesseltine (FRED) | 34.30m (112'6") |
| | Tom Pocorobba (PLAT) | 33.92m (111'3.5") |
| | Mike Sytlow (FRED) | ----- |

EVENT: HIGH JUMP

Meet Record: 2.13m (7'0"), Kym Orr (Fredonia), 1985
 NCAA Qualifying: 2.09m (6'10.25") -- Auto
 2.06m (6'9.25") -- Prov
 Davis Record: 2.13m (7'0"), Chris Dunn (Colgate), 1973

| Place | Name (School) | Result |
|-------|---------------------|----------------------|
| 1 | Jeff Hoyt (FRED) | 2.09m (6'10.25") *A* |
| 2 | Dave Kaba (BING) | 2.03m (6'8") |
| 3 | Doug Rusho (BROC) | 2.01m (6'7") |
| 4 | Ben Chandler (FRED) | 1.98m (6'6") |
| 5 | Steve Franco (FRED) | 1.93m (6'4") |
| 6 | Kevin Kelly (PLAT) | 1.93m (6'4") |
| | Jeff Moulton (CORT) | 1.88m (6'2") |
| | Nathan Frank (BROC) | 1.88m (6'2") |
| | Ken Weller (CORT) | 1.78m (5'10") |

EVENT: HAMMER THROW

Meet Record: 56.98m (186'11"), Trevor Hitchcock (Fred), 1994
 NCAA Qualifying: 54.00m (177'2") -- Auto
 50.00m (164'0.5") -- Prov
 Davis Record: 51.86m (170'2"), Trevor Hitchcock (Fred), 1993

| Place | Name (School) | Result |
|-------|-------------------------|-------------------------|
| 1 | Trevor Hitchcock (FRED) | 53.97m (177'0.75")*D*P* |
| 2 | Mike Sytlow (FRED) | 47.95m (157'0.75") |
| 3 | Dan Brown (FRED) | 47.24m (155'0") |
| 4 | Mark Winker (BING) | 45.45m (149'1.5") |
| 5 | Mike McGraw (BROC) | 45.33m (148'8.5") |
| 6 | Bill Woolard (BROC) | 41.81m (137'2.25") |
| 7 | Tom Pocorobba (PLAT) | 36.58m (120'0") |
| 8 | Kevin Hesseltine (FRED) | 34.77m (114'0.75") |
| 9 | Bill Romasser (BROC) | 31.69m (103'11.5") |
| 10 | Teague Ruffo (BROC) | 28.98m (95'1") |
| 11 | Mike Auble (BROC) | 25.67m (84'2.75") |
| 12 | Chad Reimer (FRED) | ----- |

EVENT: 10,000 METERS

Meet Record: 31:44.74 John Trowse (Brockport), 1988
 NCAA Qualifying: 30:45.24 (FAT), 30:45.0 (HT) -- Auto
 31:29.24 (FAT), 31:29.0 (HT) -- Prov
 Davis Record: 31:44.74 John Trowse (Brockport), 1988

| Place | Name (School) | Result |
|-------|------------------------|----------|
| 1 | Jay Conover (CORT) | 33:07.65 |
| 2 | Josh Reid (FRED) | 33:15.67 |
| 3 | Todd Bauer (BROC) | 33:21.13 |
| 4 | Jim Roth (PLAT) | 34:41.66 |
| 5 | Paul Quinn (BING) | 34:43.26 |
| 6 | Erik Rampolla (GEN) | 35:05.26 |
| 7 | Brian DiFranco (PLAT) | 35:08.77 |
| 8 | Josh Kantrowitz (BING) | 35:18.76 |
| 9 | Scott Rowe (FRED) | 35:18.92 |
| 10 | Tim Lowe (GEN) | 35:49.57 |
| 11 | Scott Marzloff (CORT) | 36:07.16 |
| 12 | Joe Silliman (BUFF) | 36:15.79 |
| 13 | Nathan Huckle (BROC) | 36:17.43 |
| 14 | Jason Goldberg (CORT) | 37:07.16 |
| 15 | James Como (PLAT) | 37:25.44 |
| 16 | Dan Ray (BROC) | 39:05.76 |

EVENT: LONG JUMP

Meet Record: 7.37m (24'2.5"), Pat Corbett (Fredonia), 1986
 NCAA Qualifying: 7.27m (23'10.25") -- Auto
 7.09m (23'3.25") -- Prov
 Davis Record: 7.275m (23'10.5"), Robert Devins (Cort), 1971

| Place | Name (School) | Result |
|-------|---------------------------|-------------------|
| 1 | Bryan Ingham (FRED) | 6.69m (21'11.5") |
| 2 | Paul Rosenkranz (BING) | 6.44m (21'1.5") |
| 3 | Lamont Rhim (BUFF) | 6.39m (20'11.5") |
| 4 | Fabian Drain (FRED) | 6.36m (20'10.5") |
| 5 | Doug Rusho (BROC) | 6.05m (19'10.25") |
| 6 | Curtis Merrick (CORT) | 6.02m (19'9") |
| 7 | Afolabi Sangosanya (BING) | 5.96m (19'6.75") |
| 8 | Eudson Francois (BUFF) | 5.83m (19'1.5") |
| 9 | Andrew Lindsay (PLAT) | 5.79m (19'0") |
| 10 | Mike Walsh (FRED) | 5.75m (18'10.5") |
| 11 | Kevin Kelly (PLAT) | 5.71m (18'8.75") |
| 12 | Russ Kelly (BROC) | 5.58m (18'3.75") |
| 13 | Ken Weller (CORT) | 5.56m (18'3") |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Men's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland

FINAL RESULTS Page 2

EVENT: 110-METER HURDLES (SEMIS)

Meet Record: :14.6, Keith Norwood (Fredonia), 1983
 NCAA Qualifying: :14.71 (FAT) -- Auto
 :14.90 (FAT) -- Prov
 Davis Record: :15.0, Carl Boykin (Colgate), 1981
 Doug Burgoyne (Colgate), 1983

| | | |
|---|------------------------|-------|
| 3 | Joshua Unger (CORT) | 11.87 |
| 4 | Gerard Rouantree (GEN) | 12.02 |
| 5 | Tim Paden (CORT) | 12.32 |

Place Name (School) Result

Heat #1

| | | |
|---|---------------------|-------|
| 1 | Jim Davis (FRED) | 15.68 |
| 2 | Andy Kirk (PLAT) | 15.78 |
| 3 | Bryan Ingham (FRED) | 16.31 |
| 4 | Tim Volkmann (CORT) | 16.58 |

Heat #2

| | | |
|---|---------------------|-------|
| 1 | Joe Pietro (FRED) | 15.91 |
| 2 | Nathan Frank (BROC) | 16.88 |
| 3 | Matt Pillar (BROC) | 16.92 |
| 4 | Matt Piede (BROC) | 18.82 |

EVENT: JAVELIN

Meet Record: 63.04m (208'4"), Gary Fisher (Cortland), 1978
 NCAA Qualifying: 61.00m (200'1.5") -- Auto
 58.00m (190'3.5") -- Prov
 Davis Record: 57.20m (187'8"), Craig Moccio (Platt), 1988

Place Name (School) Result

| | | |
|---|------------------------|-------------------|
| 1 | Mike Ventura (BING) | 54.82m (179'10") |
| 2 | Dan Fraser (FRED) | 52.54m (172'4.5") |
| 3 | Charlie Poirier (CORT) | 50.40m (165'4") |
| 4 | Bill Romesser (BROC) | 47.62m (156'3") |
| 5 | Bryan Ingham (FRED) | 46.82m (153'7") |
| 6 | Jason Fish (GEN) | 45.56m (149'6") |
| | Mike Auble (BROC) | 40.40m (132'6.5") |
| | Luke Pretrantone (GEN) | 40.36m (132'5") |
| | Greg Garland (FRED) | 40.02m (131'3.5") |

EVENT: 100 METERS (SEMIS)

Meet Record: :10.5, John Greven (Fredonia), 1984
 NCAA Qualifying: :10.70 -- Auto
 :10.85 -- Prov
 Davis Record: :10.79, Chris Coleman (Binghamton), 1988

Place Name (School) Result

Heat #1

| | | |
|---|---------------------------|-------|
| 1 | Allen Thomas (BUFF) | 11.41 |
| 2 | Nathan Frank (BROC) | 11.43 |
| 3 | Stoteur Joseph (CORT) | 11.67 |
| 4 | Afolabi Sangosanya (BING) | 11.74 |
| 5 | Jason Smith (BROC) | 12.14 |
| 6 | John Delfavero (CORT) | 12.71 |

Heat #2

| | | |
|---|---------------------|-------|
| 1 | Bob Barlette (FRED) | 11.72 |
| 2 | Ocie Bennett (BUFF) | 11.85 |

Heat #3

| | | |
|---|------------------------|-------|
| 1 | Kenneith Burton (FRED) | 11.38 |
| 2 | Fuji Kershin (BUFF) | 11.71 |
| 3 | Doug RUSHO (BROC) | 11.75 |
| 4 | Eudson Francois (BUFF) | 11.85 |
| 5 | Jim Reese (GEN) | 12.09 |

EVENT: 3,000 METER STEEPLECHASE

Meet Record: 9:17.4, Tom Ouellette (Plattsburgh), 1994
 NCAA Qualifying: 9:14.44 (FAT), 9:14.2 (HT) -- Auto
 9:23.44 (FAT), 9:23.2 (HT) -- Prov
 Davis Record: 9:30.45, John Waldron (Cortland), 1988

Place Name (School) Result

| | | |
|----|-----------------------|-------------|
| 1 | Tom Ouellette (PLAT) | 9:26.53 *D* |
| 2 | Joe Oliver (CORT) | 9:33.10 |
| 3 | Stephen Wefer (PLAT) | 9:50.52 |
| 4 | Bill Zucconi (GEN) | 9:56.56 |
| 5 | Doug Espito (CORT) | 10:00.10 |
| 6 | Chris Greenlee (BING) | 10:09.47 |
| 7 | Pete Dinolfo (GEN) | 10:14.48 |
| 8 | Jamie Adams (GEN) | 10:29.32 |
| 9 | Cory Adams (BROC) | 10:30.90 |
| 10 | Scott Elman (BING) | 11:07.63 |
| 11 | Paul Bennett (BING) | 12:12.43 |
| 12 | Steve Patrick (CORT) | DNF |

EVENT: SHOT PUT

Meet Record: 17.39m (57'0.75"), Dan Miodozieniec (Fred), 1983
 NCAA Qualifying: 16.00m (52'6") -- Auto
 15.24m (50'0") -- Prov
 Davis Record: 16.32m (53'6.5"), C. Stein (Colgate), 1971

Place Name (School) Result

| | | |
|---|-------------------------|--------------------|
| 1 | Mark Winker (BING) | 14.71m (48'3.25") |
| 2 | Mike Ventura (BING) | 14.61m (47'11.25") |
| 3 | Joel Jeneault (CORT) | 14.23m (46'8.25") |
| 4 | Dan Lauts (BUFF) | 13.68m (44'10.5") |
| 5 | Trevor Hitchcock (FRED) | 13.38m (43'10.75") |
| 6 | Tom Wolcott (BROC) | 12.27m (40'3") |
| | Mike Syhlowy (FRED) | 12.15m (39'10.25") |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE
 Men's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 3

EVENT: POLE VAULT

Meet Record: 4.58m (15'0.25"), Steve Hoyser (Fredonia), 1987
 NCAA Qualifying: 4.82m (15'9.75") -- Auto
 4.65m (15'3") -- Prov
 Davis Record: 4.72m (15'6"), Kevin Markwardt (Cort), 1981

3:55.64 (FAT), 3:55.4 (HT) -- Prov
 Davis Record: 3:57.2, Scott James (Albany), 1981

| Place | Name (School) | Result |
|-------|-------------------------|-------------------|
| 1 | Chris Allison (CORT) | 4.22m (13'10.25") |
| 2 | Bryan Zevotek (CORT) | 4.14m (13'7") |
| 3 | Steve Bender (GEN) | 4.14m (13'7") |
| 4 | Greg Garland (FRED) | 4.04m (13'3") |
| 5 | Jeff Moulton (CORT) | 3.94m (12'11.25") |
| | Mike Schmidt (PLAT) | |
| | Jeff Alcombright (BROC) | |
| | Jason Fish (GEN) | |
| | Andy Dodge (BROC) | |
| | Kevin Kosierachi (GEN) | |
| | Scott Murray (BUFF) | |
| | Mark Gonzalez (BING) | |
| | Tom Black (CORT) | |

| Place | Name (School) | Result |
|-------|--------------------------|---------|
| 1 | Scott Weeks (CORT) | 4:03.66 |
| 2 | Tim Eagan (CORT) | 4:04.39 |
| 3 | Shaun Zepf (CORT) | 4:05.93 |
| 4 | Ken McPherson (BING) | 4:06.93 |
| 5 | Keith Cona (PLAT) | 4:11.13 |
| 6 | Trevor White (GEN) | 4:11.87 |
| 7 | Matt Kramer (BING) | 4:15.14 |
| 8 | Grep Preble (GEN) | 4:19.11 |
| 9 | Jim Cassie (BUFF) | 4:21.31 |
| 10 | Tom Oullette (PLAT) | 4:21.48 |
| 11 | Joe Richter (BROC) | 4:23.51 |
| 12 | Derek Fialkiewicz (FRED) | 4:41.03 |

EVENT: TRIPLE JUMP

Meet Record: 15.42m (50'7"), Ed Williams (Fredonia), 1980
 NCAA Qualifying: 14.70m (48'2.75") -- Auto
 14.26m (46'9.5") -- Prov
 Davis Record: 14.75m (48'4.75"), Mark Therrien (Cort), 1983

| Place | Name (School) | Result |
|-------|--------------------------|--------------------|
| 1 | Lamont Rhim (BUFF) | 13.73m (45'0.5") |
| 2 | Russ Kelly (BROC) | 13.35m (43'9.5") |
| 3 | Fabian Drain (FRED) | 13.28m (43'6.75") |
| 4 | Rob Noody (FRED) | 13.18m (43'3") |
| 5 | Eudson Francois (BUFF) | 13.09m (42'11.5") |
| 6 | Greg Hacic (FRED) | 12.94m (42.5.5") |
| | Curtis Merrick (CORT) | 12.88m (42'3") |
| | Derek Wilson (BROC) | 12.78m (41'11.25") |
| | Scott Keczmarczyk (FRED) | 12.66m (41'6.5") |
| | Ben Chandler (FRED) | 12.60m (41'4") |
| | Bob Tambe (BROC) | 12.07m (39'7.25") |
| | Matt Piede (BROC) | 11.87m (38'11.2") |
| | Mike Northrup (BING) | 11.82m (38'9.5") |
| | Andrew Lindsay (PLAT) | 11.01m (36'1.5") |

EVENT: 400 METERS

Meet Record: :48.1, Neil Hall (Buffalo State), 1982
 NCAA Qualifying: :48.10 (FAT), 47.8 (HT) -- Auto
 :48.80 (FAT), 48.5 (HT) -- Prov
 Davis Record: :48.1, Neil Hall (Buffalo State), 1982

| Place | Name (School) | Result |
|-------|-------------------------|--------|
| 1 | Shawn Miley (BING) | 49.19 |
| 2 | Rob Mackey (FRED) | 49.34 |
| 3 | Eamon McHugh (FRED) | 50.37 |
| 4 | Sean Lavan (GEN) | 50.77 |
| 5 | Greg Hacic (FRED) | 50.80 |
| 6 | Dan Derkowski (PLAT) | 50.93 |
| 7 | Shane Ford (BROC) | 51.01 |
| 8 | Matt Coluccio (FRED) | 51.11 |
| 9 | Thomas Grant (BROC) | 52.13 |
| 10 | Stafford Harmitt (BING) | 52.28 |

EVENT: 4 X 100 METER RELAY

Meet Record: :42.3, Albany, 1982
 (Daniel Kennedy, Mitchell Harvard,
 Eric Newton, Howard Williams)
 NCAA Qualifying: :42.10 (FAT), :41.8 (HT) -- Auto
 :42.50 (FAT), :42.2 (HT) -- Prov
 Davis Record: :42.3, Albany, 1982

| Place | Name (School) | Result |
|-------|----------------------------------------------------------------------------------------|--------|
| 1 | FREDONIA (Kenneith Burton, Bob Barlette, Rob Mackey, Eamon McHugh) | 42.72 |
| 2 | BUFFALO STATE (Fugi Kenshin, Ocie Bennett, Allen Thomas, Eudson Francois) | 43.85 |
| 3 | BINGHAMTON (Afolabi Sangosanya, Paul Rosenkrantz, Stafford Harmitt, Shawn Miley) | 43.92 |
| 4 | CORTLAND (Josh Unger, Mark Silverman, Bill Norris, Slotteur Joseph) | 44.09 |
| 5 | BROCKPORT (Jason Smith, Russ Kelly, Doug Rusho, Nathan Frank) | 44.25 |
| 6 | GENESEO (Jim Reese, Sean Lavan, Joe Bonvicino, Gerard Rouantree) | 44.69 |

EVENT: 1,500 METERS

Meet Record: 3:54.9, Leonard Plunkett (Fredonia), 1989
 NCAA Qualifying: 3:54.04 (FAT), 3:53.8 (HT) -- Auto

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Men's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 4

| | | |
|----|----------------------|-------|
| 11 | Lamont Ford (FRED) | 52.40 |
| 12 | Derek Svenson (PLAT) | 52.45 |
| 13 | John Kapron (FRED) | 52.56 |
| 14 | Chris Koeppe (CORT) | 53.75 |
| 15 | Mike Small (BUFF) | 55.08 |

| | | |
|----|--------------------------|---------|
| 16 | Ken McPherson (BING) | 2:04.24 |
| 17 | Jim Mollasky (BROC) | 2:04.60 |
| 18 | Jason Hause (FRED) | 2:05.27 |
| 19 | Trevor White (GEN) | 2:06.89 |
| | Derek Fialkiewicz (FRED) | DNF |

EVENT: 100 METERS (FINALS)

Meet Record: :10.5, John Greven (Fredonia), 1984
 NCAA Qualifying: :10.70 (FAT) -- Auto
 :10.85 (FAT) -- Prov
 Davis Record: :10.79, Chris Coleman (Binghamton), 1988

| Place | Name (School) | Result |
|-------|------------------------|--------|
| 1 | Kerweith Burton (FRED) | 11.14 |
| 2 | Allen Thomas (BUFF) | 11.41 |
| 3 | Nathan Frank (BROC) | 11.51 |
| 4 | Stoteur Joseph (CORT) | 11.64 |
| 5 | Fuji Kenshin (BUFF) | 11.67 |
| 6 | Bob Barlette (FRED) | 11.71 |

EVENT: 400-METER HURDLES

Meet Record: :53.10, Neal Hambleton (Fredonia), 1994
 NCAA Qualifying: :53.40 (FAT), :53.1 (HT) -- Auto
 :54.40 (FAT), :54.1 (HT) -- Prov
 Davis Record: :53.43, Neal Hambleton (Fredonia), 1993

| Place | Name (School) | Result |
|-------|----------------------|----------|
| 1 | Joe Pietro (FRED) | 54.14 ** |
| 2 | Eamon McHugh (FRED) | 55.94 |
| 3 | Paul Rigby (BROC) | 56.04 |
| 4 | Blue DeBrosky (CORT) | 59.05 |
| 5 | Matt Pillar (BROC) | 59.85 |
| 6 | Matt Moreno (GEN) | 1:01.42 |

Chuck Webster (CORT) no time

EVENT: 110-METER HURDLES (FINALS)

Meet Record: :14.6, Keith Norwood (Fredonia), 1983
 NCAA Qualifying: :14.71 (FAT) -- Auto
 :14.90 (FAT) -- Prov
 Davis Record: :15.0, Carl Boykin (Colgate), 1981
 Doug Burgoyne (Colgate), 1983

| Place | Name (School) | Result |
|-------|---------------------|--------|
| 1 | Jim Davis (FRED) | 15.54 |
| 2 | Andy Kirk (PLAT) | 15.71 |
| 3 | Joe Pietro (FRED) | 16.21 |
| 4 | Nathan Frank (BROC) | 16.64 |
| 5 | Tim Volkman (CORT) | 16.77 |

EVENT: 200 METERS

Meet Record: :21.97, Chris Coleman (Binghamton), 1989
 NCAA Qualifying: :21.60 (FAT) -- Auto
 :21.90 (FAT) -- Prov
 Davis Record: :22.32, Chris Coleman (Binghamton), 1988

| Place | Name (School) | Result |
|-------|-----------------------|---------|
| 1 | Rob Mackey (FRED) | 22.39 |
| 2 | Shawn Miley (BING) | 22.42 |
| 3 | Kenneth Burton (FRED) | 22.65 |
| 4 | Bill Norris (CORT) | 23.11 |
| 5 | Allen Thomas (BUFF) | 23.12 |
| 6 | Stoteur Joseph (CORT) | 23.24 |
| 7 | Mark Silverman (CORT) | 23.40 |
| 8 tie | Lamont Ford (FRED) | 23.60 |
| tie | Shane Ford (BROC) | 23.60 |
| 10 | Joe Bonvicino (GEN) | 23.61 |
| 11 | John Kapron (FRED) | 23.74 |
| 12 | Bob Barlette (FRED) | 23.75 |
| 13 | Joshua Unger (CORT) | 24.30 |
| | Jim Davis (FRED) | no time |
| | Mike Small (BUFF) | no time |

EVENT: 800 METERS

Meet Record: 1:53.6, George Lewis (Buffalo St.), 1980
 NCAA Qualifying: 1:52.00 (FAT), 1:51.7 (HT) -- Auto
 1:53.44 (FAT), 1:53.2 (HT) -- Prov
 Davis Record: 1:55.75, Brian Delong (Plattsburgh), 1988

| Place | Name (School) | Result |
|-------|-------------------------|---------|
| 1 | Scott Weeks (CORT) | 1:56.28 |
| 2 | Andrew Capone (CORT) | 1:56.35 |
| 3 | Andrew Sham (GEN) | 1:57.35 |
| 4 | Matt Lopiccio (PLAT) | 1:58.70 |
| 5 | Tim Eagan (CORT) | 1:59.20 |
| 6 | Shaun Zapf (CORT) | 1:59.65 |
| 7 | Kevin Dibble (GEN) | 1:59.82 |
| 8 | Brett Willmott (PLAT) | 2:00.20 |
| 9 | Marc Auerbach (BING) | 2:00.52 |
| 10 | Leon Scott (GEN) | 2:00.67 |
| 11 | Chris Paddock (FRED) | 2:01.59 |
| 12 | Ted Powers (BROC) | 2:01.82 |
| 13 | Josh Alcombricht (BROC) | 2:02.40 |
| 14 | Doug Hubert (BING) | 2:02.67 |
| 15 | Steve Gemmel (BING) | 2:02.80 |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Men's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 5

EVENT: 5,000 METERS

Meet Record: 14:57.2, Bernie Prabucki (Fredonia)
 NCAA Qualifying: 14:40.94 (FAT), 14:40.7 (HT) -- Auto
 14:54.44 (FAT), 14:54.2 (HT) -- Prov
 Davis Record: 14:57.6, Jim VanderMolen (Cortland), 1983
 Jim Quinn (Ithaca), 1983

| Place | Name (School) | Result |
|-------|-----------------------|----------|
| 1 | Joe Oliver (CORT) | 15:36.91 |
| 2 | Jeremy Burt (PLAT) | 15:40.21 |
| 3 | Ken McPherson (BING) | 16:05.32 |
| 4 | Stephen Wefer (PLAT) | 16:28.50 |
| 5 | Larry Tulkop (PLAT) | 16:29.63 |
| 6 | Neal Levy (CORT) | 16:43.64 |
| 7 | Chris Greenlee (BING) | 16:53.65 |
| 8 | Joe Weiss (BING) | 17:23.91 |

EVENT: 4 X 400 METER RELAY

Meet Record: 3:18.4, Buffalo State, 1981
 (Mike Burroughs, Wayne Woodburn,
 George Lewis, Ed Harris)
 NCAA Qualifying: 3:16.54 (FAT), 3:16.3 (HT) -- Auto
 3:18.44 (FAT), 3:18.2 (HT) -- Prov
 Davis Record: 3:19.6, Cortland, 1982

| Place | Name (School) | Result |
|-------|---------------------------------------------------------------------------------|---------|
| 1 | FREDONIA (Eamon McHugh, Fabian Drain, Joe Pietro, Rob Mackey) | 3:22.49 |
| 2 | CORTLAND (Bill Norris, Andrew Capone, Shaun Zepf, Scott Weeks) | 3:24.49 |
| 3 | PLATTSBURGH (Dan Derkowski, Matt Lopiccio, Derek Svenson, Brett Willmott) | 3:25.83 |
| 4 | BROCKPORT (Shane Ford, Thomas Grant, Josh Alcombright, Paul Rigby) | 3:27.53 |
| 5 | BINGHAMTON (Stafford Harmitt, Doug Hubert, Marc Auerbach, Shawn Miley) | 3:28.30 |
| 6 | GENESEO (Sean Lavan, Andrew Sham, Joe Bonvicino, Kevin Dibble) | 3:35.27 |
| 7 | BUFFALO STATE (Fuji Kenshin, Jim Cassie, Allen Thomas, Joe Silliman) | 3:41.68 |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE
 Women's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 1

EVENT: DISCUS

Meet Record: 40.26m (132'1"), Joanne Soper (Geneseo), 1993
 NCAA Qualifying: 42.38m (139'0.5") -- Auto
 40.50m (132'10.5") -- Prov
 Davis Record: 40.26m (132'1"), Joanne Soper (Geneseo), 1993

| Place | Name (School) | Result |
|-------|----------------------------|--------------------|
| 1 | Sandy Sposato (FRED) | 34.10m (111'10.5") |
| 2 | Olivia Dietz (BROC) | 31.40m (103'0") |
| 3 | Andrea Hink (BROC) | 31.30m (102'8") |
| 4 | Dana Champlin (GEN) | 28.28m (92'9.5") |
| 5 | Kathleen Chmaj (GEN) | 27.98m (91'9.5") |
| 6 | Stephanie Patterson (BROC) | 27.30m (89'6.75") |
| | Pamela Urbanek (BUFF) | 27.28m (89'6") |
| | Jamie Bogardus (BROC) | 27.22m (89'3.75") |
| | Christine Iannello (BING) | 26.94m (88'4.75") |
| | Alicia Palmer (CORT) | 24.26m (79'7.25") |
| | Jennifer Brayer (FRED) | 23.78m (78'0.25') |
| | Kim Shope (GEN) | 22.68m (74'5") |
| | Tammy Gregory (PLAT) | 19.94m (65'5") |

10 Olivia Dietz (BROC) 31.02m (101'9")

EVENT: 10,000 METERS

Meet Record: 37:27.44, Mary Selleck (Cortland), 1989
 NCAA Qualifying: 37:10.74 (FAT), 37:10.5 (HT) -- Auto
 38:25.24 (FAT), 38:25.0 (HT) -- Prov
 Davis Record: 37:27.44, Mary Selleck (Cortland), 1989

| Place | Name (School) | Result |
|-------|-----------------------|----------|
| 1 | Laura Litjes (CORT) | 41:08.08 |
| 2 | Kellie Wilson (CORT) | 41:46.37 |
| 3 | Lisa Rosenberg (BING) | 41:52.32 |
| 4 | Kristin Thelen (GEN) | 42:25.56 |
| 5 | Carole Reed (BROC) | 48:07.99 |

EVENT: 5,000 METERS

Meet Record: 17:07.1, Alice Willie (Binghamton), 1985
 NCAA Qualifying: 17:39.04 (FAT), 17:38.8 (HT) -- Auto
 18:05.54 (FAT), 18:05.3 (HT) -- Prov
 Davis Record: 17:31.18, Judy Sparks (Cortland), 1989

| Place | Name (School) | Result |
|-------|--------------------------|--------------|
| 1 | Dorothy Donnelly (CORT) | 17:37.48 *A* |
| 2 | Julie Donnelly (CORT) | 17:54.87 *P* |
| 3 | Cindy Lauzon (CORT) | 18:29.00 |
| 4 | Tricia Rosario (BING) | 19:34.37 |
| 5 | Michelle Tolosky (BUFF) | 20:03.36 |
| 6 | Bridgette Walrath (BROC) | 20:34.36 |
| 7 | Jennifer Legge (PLAT) | 20:38.80 |

EVENT: HIGH JUMP

Meet Record: 1.66m (5'5.5"), Lisa Taylor (Brookport), 1986
 NCAA Qualifying: 1.69m (5'6.5") -- Auto
 1.65m (5'5") -- Prov
 Davis Record: 1.67m (5'5.25"), Rose Daniels (Ithaca), 1982

| Place | Name (School) | Result |
|-------|----------------------------|------------------|
| 1 | Aimee Dawson (GEN) | 1.65m (5'5") *P* |
| 2 | Carolyn Dailey (CORT) | 1.60m (5'4") |
| 3 | Gretchen Obernesser (FRED) | 1.60m (5'4") |
| 4 | Beth Whitehead (CORT) | 1.55m (5'2") |
| 5 | Tracey Canino (BING) | 1.55m (5'2") |
| 6 | Karen Krieger (FRED) | 1.55m (5'2") |
| | Shannon Cotten (BROC) | 1.55m (5'2") |
| | Deanna Kowal (FRED) | 1.49m (5'0") |
| | Stephanie Patterson (BROC) | 1.44m (4'10") |
| | Amy Morrison (PLATT) | 1.39m (4'8") |

EVENT: LONG JUMP

Meet Record: 5.51m (18'1"), Natalie Jones (Fredonia), 1986
 NCAA Qualifying: 5.69m (18'8") -- Auto
 5.46m (17'11") -- Prov
 Davis Record: 5.33m (17'5.75"), Heather Myrick (Platt), 1993

| Place | Name (School) | Result |
|-------|---------------------------|-------------------|
| 1 | Grace King (FRED) | 5.41m (17'9") *D* |
| 2 | Merna Morris (BUFF) | 4.70m (15'5") |
| 3 | Ayanna Wilson (BROC) | 4.68m (15'4.25") |
| 4 | Karen Krieger (FRED) | 4.66m (15'3.5") |
| 5 | Tina Mitchell (CORT) | 4.64m (15'2.75") |
| 6 | Jill Portocarrero (GEN) | 4.34m (14'3") |
| 7 | Aisha Bruce (PLAT) | 4.32m (14'2") |
| 8 | Angela Evans (PLAT) | 4.30m (14'1.25") |
| 9 | Adrea MacEwen (BING) | 4.12m (13'6.25") |
| 10 | Heather Rutherford (BROC) | 4.09m (13'5") |

EVENT: HAMMER THROW

Meet Record: 42.90m (140'9"), Jennifer Gall (Fredonia), 1994
 NCAA Qualifying: 47.50m (155'10") -- Auto
 40.50m (132'10.5") -- Prov
 Davis Record: 36.50m (119'9"), Jennifer Gall (Fred), 1993

| Place | Name (School) | Result |
|-------|---------------------------|-----------------------------|
| 1 | Jamie Bogardus (BROC) | 46.18m (151'6") *M* *D* *P* |
| 2 | Alison Franklin (GEN) | 41.67m (136'8.5") |
| 3 | Sandy Sposato (FRED) | 40.84m (134'0") |
| 4 | Bronwyn Wilke (BING) | 37.92m (124'5") |
| 5 | Kathleen Chmaj (GEN) | 36.16m (118'8") |
| 6 | Kim Shope (GEN) | 34.64m (113'8") |
| 7 | Jen Enabe (FRED) | 33.73m (110'7.75") |
| 8 | Andrea Hink (BROC) | 33.44m (109'8.5") |
| 9 | Christine Iannello (BING) | 31.95m (104'9.75") |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Women's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 2

EVENT: 100-METER HURDLES (SEMIS)

Meet Record: :14.69, Pam Leffler (Brockport), 1992

NCAA Qualifying: :15.00 (FAT) -- Auto
 :15.35 (FAT) -- Prov

Davis Record: :14.3, Winsome Foderingham (Albany), 1987

| Place | Name (School) | Result |
|---------|--------------------|--------|
| Heat #1 | | |
| 1 | Keena Bush (GEN) | 15.10 |
| 2 | Grace King (FRED) | 15.88 |
| 3 | Tara Bialy (FRED) | 16.28 |
| 4 | Aimee Dawson (GEN) | 16.32 |
| 5 | Katy Smith (BROC) | 18.39 |

Heat #2

| | | |
|---|-------------------------|-------|
| 1 | Beth Whitehead (CORT) | 15.54 |
| 2 | Jana Gullo (FRED) | 16.17 |
| 3 | Jill Portocarrero (GEN) | 17.61 |
| 4 | Leza Luchetta (BING) | 18.54 |
| 5 | Amy Morrison (PLAT) | 18.81 |
| 6 | Tina Mitchell (CORT) | 19.98 |

EVENT: JAVELIN

Meet Record: 45.39m (148'11"), Carrie Gorton (Brock), 1992

NCAA Qualifying: 41.00m (134'6") -- Auto
 37.70m (123'8") -- Prov

Davis Record: 41.90m(143'3"), D.Bretscheider (Queens),1982

| Place | Name (School) | Result |
|-------|-----------------------|--------------------|
| 1 | Merna Morris (BUFF) | 33.34m (109'3.5") |
| 2 | Aimee Dawson (GEN) | 30.50m (100'1") |
| 3 | Jamie Bogardus (BROC) | 30.46m (99'11.25") |
| 4 | Pamela Urbanek (BUFF) | 25.32m (83'1") |
| 5 | Bronwyn Wilke (BING) | 22.90m (75'1.5") |
| 6 | Megan Huler (FRED) | 22.64m (74'3.25") |
| 7 | Holly Simon (BROC) | 18.74m (61'7.5") |
| 8 | Katy Smith (BROC) | 17.76m (58'3.25") |
| 9 | Jen Brayer (FRED) | 15.22m (49'11.25") |

EVENT: 100 METERS (SEMIS)

Meet Record: :12.11, Tracy Watts (Buffalo St.), 1990

NCAA Qualifying: :12.34 -- Auto
 :12.55 -- Prov

Davis Record: :12.0, Tracey Armstead (Cortland), 1982
 Winsome Foderingham (Albany), 1987

| Place | Name (School) | Result |
|---------|----------------------|--------|
| Heat #1 | | |
| 1 | Ayanna Wilson (BROC) | 13.15 |
| 2 | Emily Smith (GEN) | 13.18 |
| 3 | Talley Martin (GEN) | 13.61 |
| 4 | Sylvia Cross (FRED) | 13.88 |

Heat #2

| | | |
|---|--------------------|-------|
| 1 | Laurie Bray (FRED) | 13.10 |
|---|--------------------|-------|

| | | |
|---|-------------------------|-------|
| 2 | Jeana Benetti (FRED) | 13.23 |
| 3 | Suzanne Moore (BING) | 13.83 |
| 4 | Stephanie Merrow (BING) | 14.70 |

Heat #3

| | | |
|---|-------------------------|-------|
| 1 | Jessie VanVoorhis (GEN) | 13.00 |
| 2 | Shannon Cotten (BROC) | 13.03 |
| 3 | Tara Bialy (FRED) | 13.90 |
| 4 | Robin Kent (PLAT) | 14.67 |
| 5 | Sandy Sadowski (BROC) | 14.87 |

EVENT: SHOT PUT

Meet Record: 12.05m (39'5.5"), Joyce Kenneson (U. Buff), 1985

NCAA Qualifying: 13.00m (42'7.75") -- Auto
 12.30m (40'4.25") -- Prov

Davis Record: 12.11m (39'8.75"), Laura Martin (Cort), 1981

| Place | Name (School) | Result |
|-------|---------------------------|-------------------|
| 1 | Merna Morris (BUFF) | 11.76m (38'7") |
| 2 | Bronwyn Wilke (BING) | 10.74m (35'2.75") |
| 3 | Christine Helfrich (CORT) | 10.38m (34'0.75") |
| 4 | Jamie Bogardus (BROC) | 10.18m (33'4.75") |
| 5 | Sandy Sposato (BUFF) | 10.15m (33'3.75") |
| 6 | Kathleen Chmaj (GEN) | 9.47m (31'0.75") |

| | |
|---------------------|-------------------|
| Andrea Hink (BROC) | 9.31m (30'6.5") |
| Dana Champlin (GEN) | 9.27m (30'5") |
| Holly Simon (BROC) | 9.15m (30'0.25") |
| Olivia Dietz (BROC) | 9.10m (29'10.25") |
| Jen Enabe (FRED) | 8.83m (28'11.75") |
| Kim Shope (GEN) | 8.73m (28'7.75") |

EVENT: 4 X 100 METER RELAY

Meet Record: :49.07, Fredonia, 1986

(Jackie Blake, Marcia Hasler,
 Laura Meier, Natalie James)

NCAA Qualifying: :49.10 (FAT), :48.8 (HT) -- Auto
 :49.75 (FAT), :49.5 (HT) -- Prov

Davis Record: :50.2, Albany, 1987

| Place | Name (School) | Result |
|-------|-------------------------------------------------------------------------------------|-----------|
| 1 | GENESEO (Emily Smith, Jessie VanVoorhis, Amy Methaway, Keena Bush) | 49.88 *D* |
| 2 | FREDONIA (Tara Bialy, Grace King, Jeana Benetti, Laurie Bray) | 50.18 |
| 3 | BROCKPORT (Shannon Cotten, Sandy Sadowski, Jennifer Gustafson, Ayanna Wilson) | 51.89 |
| 4 | BINGHAMTON (Suzanne Moore, Joanne Guerrier, Stephanie Merrow, Garcia Green) | 52.42 |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Women's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 3

5 PLATTSBURGH 56.16
 (Robin Kent, Angela Evans,
 Aisha Bruce, Tammy Gregory)

10 Katrina VanBoden (PLAT) 1:04.53
 11 Gabrielle Teofrio (BROC) 1:05.70
 12 Sylvia Cross (FRED) 1:06.06
 13 Jennifer Gustafson (BROC) 1:06.07
 14 Joleen Bordeau (BROC) 1:06.70
 15 Julie Schubert (BROC) 1:07.10

EVENT: 1,500 METERS

Meet Record: 4:33.55, Becky Bieber (Cortland), 1989
 NCAA Qualifying: 4:40.45 (FAT), 4:40.2 (HT) -- Auto
 4:45.14 (FAT), 4:44.9 (HT) -- Prov
 Davis Record: 4:33.55, Becky Bieber (Cortland), 1989

EVENT: 100 METERS (FINALS)

Meet Record: :12.11, Tracy Watts (Buffalo St.), 1990
 NCAA Qualifying: :12.34 (FAT) -- Auto
 :12.55 (FAT) -- Prov
 Davis Record: :12.0, Tracey Armstead (Cortland), 1982
 Winsome Foderingham (Albany), 1987

| Place | Name (School) | Result |
|-------|---------------------------|-------------|
| 1 | Michelle LaFleur (CORT) | 4:42.84 *P* |
| 2 | Heidi Swarts (CORT) | 4:44.51 *P* |
| 3 | Heather Swarts (CORT) | 4:45.74 |
| 4 | Sarah Bunting (BING) | 4:53.95 |
| 5 | Kim Stone (GEN) | 4:54.82 |
| 6 | Christine Hamilton (BING) | 5:02.09 |
| 7 | Erin Kelly (BING) | 5:04.63 |
| 8 | Kim Hunt (FRED) | 5:09.80 |
| 9 | Carolyn Courtright (BROC) | 5:17.91 |
| 10 | Jennifer Zuege (BUFF) | 5:27.78 |

| Place | Name (School) | Result |
|-------|-------------------------|--------|
| 1 | Laurie Bray (FRED) | 12.96 |
| 2 | Jenna Benetti (FRED) | 13.09 |
| 3 | Jessie VanVoorhis (GEN) | 13.13 |
| 4 | Shannon Cotten (BROC) | 13.26 |
| 5 | Emily Smith (GEN) | 13.32 |
| 6 | Ayanna Wilson (BROC) | 13.33 |

EVENT: TRIPLE JUMP

Meet Record: 11.03m (36'0"), Bonnie Boyette (Cortland), 1989
 NCAA Qualifying: 11.52m (37'9.5") -- Auto
 11.11m (36'5.5") -- Prov
 Davis Record: 11.14m (36'6.5"), Elaine Rake (Fredonia), 1993

EVENT: 100-METER HURDLES (FINALS)

Meet Record: :14.69, Pam Leffler (Brookport), 1992
 NCAA Qualifying: :15.00 (FAT) -- Auto
 :15.35 (FAT) -- Prov
 Davis Record: :14.3, Winsome Foderingham (Albany), 1987

| Place | Name (School) | Result |
|-------|-------------------------|-------------------|
| 1 | Grace King (FRED) | 10.76m (35'3.75") |
| 2 | Beth Whitehead (CORT) | 10.10m (33'1.75") |
| 3 | Aimee Dawson (GEN) | 9.68m (31'9.25") |
| 4 | Stephanie Merrow (BING) | 9.53m (31'3.25") |
| 5 | Karen Krieger (FRED) | 9.52m (31'2.75") |
| 6 | Aisha Bruce (PLAT) | 9.37m (30'9") |

| Place | Name (School) | Result |
|-------|-----------------------|-----------|
| 1 | Keena Bush (GEN) | 15.08 *P* |
| 2 | Beth Whitehead (CORT) | 15.38 |
| 3 | Grace King (FRED) | 15.95 |
| 4 | Jane Gullo (FRED) | 16.25 |
| 5 | Tara Baily (FRED) | 16.85 |
| 6 | Aimee Dawson (GEN) | 17.01 |

Julie Raistrick (FRED) 9.90m (29'10")
 Sylvia Cross (FRED) 9.87m (29'9")
 Angela Evans (PLAT) 8.94m (29'4")
 Heather Rutherford (BROC) 8.93m (29'3.5")

EVENT: 800 METERS

Meet Record: 2:17.96, Patti Zoda (Cortland), 1989
 NCAA Qualifying: 2:15.20 (FAT), 2:14.9 (HT) -- Auto
 2:18.00 (FAT), 2:17.7 (HT) -- Prov
 Davis Record: 2:17.98, Patti Zoda (Cortland), 1989

EVENT: 400 METERS

Meet Record: :57.42, Julie Deneen (Cortland), 1991
 NCAA Qualifying: :57.70 (FAT), 57.4 (HT) -- Auto
 :58.70 (FAT), 58.4 (HT) -- Prov
 Davis Record: :57.2, Lindis Hoyte (Rochester), 1987

| Place | Name (School) | Result |
|-------|-------------------------|-------------|
| 1 | Marissa Formes (CORT) | 2:21.57 |
| 2 | Heidi Swarts (CORT) | 2:22.2 (HT) |
| 3 | Jennifer Wiseman (PLAT) | 2:23.74 |
| 4 | Sarah Bunting (BING) | 2:24.6 (HT) |
| 5 | Kathy List (CORT) | 2:24.7 (HT) |
| 6 | Patty Carroll (FRED) | 2:26.0 (HT) |

| Place | Name (School) | Result |
|-------|------------------------|---------|
| 1 | Amy Hethaway (GEN) | 1:00.20 |
| 2 | Lori Czerw (PLAT) | 1:02.60 |
| 3 | Dianna Smith (BING) | 1:02.87 |
| 4 | Garcia Green (BING) | 1:03.03 |
| 5 | Joanne Guerrier (BING) | 1:03.43 |
| 6 | Tamara Schochet (GEN) | 1:03.57 |
| 7 | Amy Nutt (PLAT) | 1:03.67 |
| 8 | Lynn Lambright | 1:03.80 |
| 9 | Megan Karas (CORT) | 1:04.40 |

| | |
|---------------------------|-------------|
| Melissa Guisti (GEN) | 2:26.9 (HT) |
| Peggy Spiesz (FRED) | 2:27.07 |
| Lillian Wen (BING) | 2:28.4 (HT) |
| Erin Lyjak (BROC) | 2:29.11 |
| Diane Smith (BING) | 2:30.6 (HT) |
| Christine Hamilton (BING) | 2:30.8 (HT) |
| Heather Miles (BUFF) | 2:31.31 |

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

Women's Outdoor Track and Field Championships
 April 29, 1995 -- Davis Field -- SUNY Cortland
 FINAL RESULTS Page 4

| | | | | |
|---------------------------|---------|----|-------------------------|--------------|
| Jenn Campbell (BROC) | 2:32.35 | 2 | Heather Swarts (CORT) | 10:13.61 *P* |
| Jen Pegoni (GEN) | 2:32.81 | 3 | Christine Sisting (GEN) | 10:17.38 *P* |
| Kerry Harwood (PLAT) | 2:34.22 | 4 | Julie Donnelly (CORT) | 10:24.12 |
| Amanda Rose (PLAT) | 2:34.25 | 5 | Dorothy Donnelly (CORT) | 10:35.54 |
| Jennifer Bazarnick (BING) | 2:40.19 | 6 | Cindy Lauzon (CORT) | 10:58.65 |
| Karen Miller (BUFF) | 2:41.90 | 7 | Erin Kelly (BING) | 11:04.13 |
| Trisha Tyminski (BUFF) | 2:42.09 | 8 | Robyn Stien (FRED) | 11:13.94 |
| | | 9 | Trisha Rosario (BING) | 11:19.09 |
| | | 10 | Michelle Tolosky (BUFF) | 11:22.45 |
| | | 11 | Lillian Wan (BING) | 11:28.88 |
| | | 12 | Deb Widman (BING) | 11:41.76 |
| | | 13 | Jennifer Zuege (BUFF) | 11:58.95 |

EVENT: 400-METER HURDLES

Meet Record: 1:03.50, Tracy Swarts (Cortland), 1989
 NCAA Qualifying: 1:03.70 (FAT), 1:03.4 (HT) -- Auto
 1:05.10 (FAT), 1:04.8 (HT) -- Prov
 Davis Record: 1:03.50, Tracy Swarts (Cortland), 1989

| Place | Name (School) | Result |
|-------|-----------------------|---------|
| 1 | Keena Bush (GEN) | 1:05.52 |
| 2 | Carolyn Dailey (CORT) | 1:07.08 |
| 3 | Talley Martin (GEN) | 1:09.52 |
| 4 | Lynn Lambright (BUFF) | 1:09.62 |
| 5 | Katy Smith (BROC) | 1:12.62 |
| 6 | Amy Nutt (PLATT) | 1:12.74 |
| 7 | Leza Luchetta (BING) | 1:12.99 |

EVENT: 200 METERS

Meet Record: :25.00, Tracy Watts (Buffalo St.), 1990
 NCAA Qualifying: :25.30 (FAT) -- Auto
 :25.88 (FAT) -- Prov
 Davis Record: :25.5, Tracey Armstead (Cortland), 1982
 Natalie Anderson (Rochester), 1987

| Place | Name (School) | Result |
|-------|-------------------------|--------|
| 1 | Laurie Bray (FRED) | 26.06 |
| 2 | Merna Morris (BUFF) | 26.46 |
| 3 | Emily Smith (GEN) | 26.73 |
| 4 | Ayanma Wilson (BROC) | 27.00 |
| 5 | Jessie VanVoorhis (GEN) | 27.16 |
| 6 | Jeana Benetti (FRED) | 27.43 |
| 7 | Shannon Cotten (BROC) | 27.92 |
| 8 | Lori Czerw (PLAT) | 27.96 |
| 9 | Garcia Green (BING) | 28.22 |
| 10 | Beth Whitehead (CORT) | 28.26 |
| 11 | Suzanne Moore (BING) | 28.58 |
| 12 | Megan Karas (CORT) | 28.79 |
| 13 | Katrina VanBoden (PLAT) | 28.82 |
| 14 | Sylvia Cross (FRED) | 28.92 |
| 15 | Marissa Formes (CORT) | 29.02 |
| 16 | Sandy Sadowski (BROC) | 30.09 |

EVENT: 3,000 METERS

Meet Record: 10:03.43, Alice Willis (Binghamton), 1985
 NCAA Qualifying: 10:08.74 (FAT), 10:08.5 (HT) -- Auto
 10:22.74 (FAT), 10:22.5 (HT) -- Prov
 Davis Record: 10:13.9, Josefa Benzoni (Rochester), 1987

| Place | Name (School) | Result |
|-------|-------------------------|----------------|
| 1 | Michelle LaFleur (CORT) | 10:10.11 *P*D* |

EVENT: 4 X 400 METER RELAY

Meet Record: 4:03.77, Cortland, 1991
 (Maryann Spahalski, Patti Zoda,
 Kathi Stock, Julie Deneen)
 NCAA Qualifying: 3:57.44 (FAT), 3:57.2 (HT) -- Auto
 4:00.11 (FAT), 3:59.8 (HT) -- Prov
 Davis Record: 3:57.2, Cortland, 1987
 (A. Cuomo, S. Smith,
 A. Spaulding, T. Swarts)

| Place | Name (School) | Result |
|-------|------------------------------------------------------------------------------------|-------------|
| 1 | GENESEO (Keena Bush, Talley Martin, Kim Stone, Amy Methaway) | 4:03.42 *M* |
| 2 | CORTLAND (Megan Karas, Michelle LaFleur, Carolyn Dailey, Marissa Formes) | 4:11.13 |
| 3 | FREDONIA (Patti Carroll, Peggy Spiesz, Kim Hunt, Laurie Bray) | 4:13.50 |
| 4 | BINGHAMTON (Suzanne Moore, Sarah Bunting, Dianma Smith, Joanne Guerrier) | 4:14.13 |
| 5 | PLATTSBURGH (Katrina VanBoden, Amy Nutt, Lori Czerw, Jen Wiseman) | 4:21.00 |
| 6 | BROCKPORT (Gabrielle Teofrio, Jenn Gustafson, Erin Lyjak, Joleen Bordeau) | 4:23.91 |
| 7 | BUFFALO STATE (Lynn Lambright, Heather Miles, Trisha Tyminski, Karen Miller) | 4:29.75 |