

SUNYAC Outdoor Track and Field Championships

Binghamton University East Gym Track Complex

April 26, 1997

FINAL TEAM SCORES

MEN

1. Cortland	150
2. Fredonia	143
3. Binghamton	91
4. Brockport	76
5. Plattsburgh	72
6. Buffalo State	43
7. Geneseo	35
8. Oswego	0

Men's Coach of the Year — Brian Lange, Cortland

NOTES:

Cortland halted Fredonia's 20-year stranglehold on the SUNYAC Championship with a narrow victory in the 30th Annual men's meet. The Red Dragons had seven individual winners, including freshman Stefan Mascoll, who captured both the 100 and 200 meters. Mascoll's time in the 100 (10.6) was an automatic NCAA qualifying time, and his 200 time (21.72) was a provisional mark. Head coach Brian Lange was voted SUNYAC "Coach of the Year" by his peers.

WOMEN

1. Fredonia	127
2. Cortland	123
3. Binghamton	105
4. Brockport	100
5. Geneseo	70
6. Plattsburgh	36
7. Buffalo State	22
8. Oswego	8

Women's Coach of the Year — Penny Hite, Fredonia

NOTES:

Fredonia became the third school in three years to capture the SUNYAC Championship with a four-point victory over seven-time champion Cortland. The Blue Devils, who have won the title three times in the 14-year history, had just four individual winners, including senior Grace King, who won the long jump and 200 meters. Her mark in the long jump (5.67) was an automatic NCAA qualifying mark and new SUNYAC Championship meet record. Head coach Penny Hite was voted SUNYAC "Coach of the Year" by her peers.

KEY:

Prov: NCAA provisional qualifying mark

Auto: NCAA automatic qualifying mark

SUN: SUNYAC Championship Meet record

SUNYAC Outdoor Track and Field Championships

Binghamton University East Gym Track Complex

April 26, 1997

FINAL WOMEN'S RESULTS

Event #1 Women's 10,000 Meters

SUNYAC Championship Record

Mary Selleck, Cortland, 1989, 37:27.44

NCAA Qualifying Marks

Auto 37:10.74

Prov 38:25.24

Pl. Name	School	Time
1. Cindy Lauzon	Cortland	38:07.98, Prov.
2. Cara Cameron	Plattsburgh	41:22.04
3. Bridgette Walrath	Brockport	42:34.98
4. Kara Crosby	Brockport	43:00.24
5. Jen Butts	Cortland	43:47.15
6. Laura Litjes	Cortland	43:44.58
7. Kristin Thelen	Geneseo	44:38.50
8. Katie VanArman	Plattsburgh	45:37.36
9. Heather Spink	Plattsburgh	46:59.21

Event #3 Women's 5,000 Meters

SUNYAC Championship Record

Alice Willis, Binghamton, 1985, 17:07.1

NCAA Qualifying Marks

Auto 17:39.04

Prov 18:05.54

Pl. Name	School	Time
1. Theresa Trudell	Cortland	19:05.53
2. Patti Murray	Binghamton	19:13.50
3. Erin Lyjak	Brockport	19:37.53
4. Bonnie Robertson	Cortland	19:44.53
5. Shannon Bugenhagen	Buffalo State	19:50.31
6. Sherry Yale	Buffalo State	20:10.86
7. Melissa Drennan	Oswego	20:35.05
8. Jaclyn Park	Cortland	21:09.28

Event #5 Women's 4 x 100 Relay

SUNYAC Championship Record

Fredonia, 1986, 49.07

NCAA Qualifying Mark

Auto 48.8

Prov 49.51

Pl. Name	School	Time
1. Binghamton		49.83
2. Fredonia		50.93
3. Brockport		51.33
4. Geneseo		51.83
5. Cortland		52.46
6. Plattsburgh		53.16
7. Buffalo State		54.17
8. Oswego		55.40

Event #7

Women's 1,500 Meters

SUNYAC Championship Record

Becky Bieber, Cortland, 1989, 4:33.55

NCAA Qualifying Mark

Auto 4:39.44

Prov 4:45.14

Pl. Name	School	Time
1. Mickey Kelly	Cortland	4:47.8
2. Jen Bozek	Cortland	4:49.2
3. Julie Donnelly	Cortland	4:50.7
4. Patty Diver	Brockport	4:51.3
5. Christine Whitmore	Oswego	4:56.0
6. Sandy Spoth	Buffalo State	4:59.6
7. Liz Karl	Cortland	5:00.6
8. Christy Collins	Geneseo	5:02.5

Event #9

Women's 100 High Hurdles

SUNYAC Championship Record

Pam Leffler, Brockport, 1992, 14.69

NCAA Qualifying Mark

Auto 14.70

Prov 15.20

Pl. Name	School	Time
1. Monique Hacker	Binghamton	14.32, Auto, SUN
2. Beth Whitehead	Cortland	15.09
3. Grace King	Fredonia	15.22
4. Aimee Dawson	Geneseo	16.22
5. Carolyn Dailey	Cortland	16.66
6. Katy Smith	Brockport	16.82
7. Christy Wilson	Cortland	16.92
8. Michele Odrobina	Fredonia	17.06

Event #11

Women's 400 Meters

SUNYAC Championship Record

Julie Deneen, Cortland, 1991, 57.42

NCAA Qualifying Mark

Auto 57.60

Prov 58.70

Pl. Name	School	Time
1. Tamika Medlin	Binghamton	59.07
2. Kim Orchard	Binghamton	1:00.67
3. Stacey Wallace	Fredonia	1:00.77
4. Amy Crain	Oswego	1:02.87
5. Joleen Bordeau	Brockport	1:03.47
6. Tamirah Haywood	Buffalo State	1:05.27
7. Marissa Formes	Cortland	1:06.58
8. Julie Schubert	Brockport	1:06.85
9. Adina Silvestri	Fredonia	1:08.22
10. Jaime Nagy	Oswego	1:12.09

FINAL WOMEN'S RESULTS

Event #13

Women's 100 Meters

SUNYAC Championship Record
Tracy Watts, Buffalo State, 1990, 12.11
NCAA Qualifying Mark
Auto 12.31

Prov 12.50

Pl. Name	School	Time
1. Mary Boroczyk	Fredonia	12.76
2. Shannon Cotten	Brockport	12.99
3. Jill Lucas	Fredonia	13.16
4. Andrea Brooks	Geneseo	13.22
5. Carrie Sawyer	Brockport	13.32
6. Noelle Spinelli	Cortland	13.49
7. Megon Punancy	Buffalo State	13.59
8. Sara Brennan	Cortland	13.62

Event #15

Women's 800 Meters

SUNYAC Championship Record
Patti Zoda, Cortland, 1989, 2:17.96
NCAA Qualifying Mark
Auto 2:15.13

Prov 2:17.84

Pl. Name	School	Time
1. Tonya Krueger	Brockport	2:20.82
2. Isabelle Julien	Plattsburgh	2:21.58
3. Tracey Weismore	Geneseo	2:22.59
4. Mickey Kelly	Cortland	2:22.65
5. Jennifer Bozek	Cortland	2:22.82
6. Patti Carroll	Fredonia	2:27.16
7. Amy Crain	Oswego	2:27.36
8. Cheryl Mitchell	Buffalo State	2:30.21
9. Leigh Gantner	Binghamton	2:33.28
10. Lillian Wan	Binghamton	2:34.11
11. Caroline Brady	Binghamton	2:34.23
12. Maureen Kissane	Binghamton	2:36.65
13. Tanya Mohatt	Binghamton	2:36.95

Event #17

Women's 400 Meter Hurdles

SUNYAC Championship Record
Tracey Swarts, Cortland, 1989, 1:03.50
NCAA Qualifying Mark
Auto 1:03.70

Prov 1:05.10

Pl. Name	School	Time
1. Lynn Laimbright	Buffalo State	1:06.56
2. Amy Nutt	Plattsburgh	1:07.53
3. Karla Brigiotta	Fredonia	1:07.63
4. Erin Duffy	Geneseo	1:09.73
5. Michele Odbrobina	Fredonia	1:09.83
6. Carolyn Dailey	Cortland	1:10.22
7. Chrissy Berchielli	Binghamton	1:11.36
8. Amy Dawson	Geneseo	1:12.60
9. Amy Morrison	Plattsburgh	1:13.20
10. Tammy Smith	Brockport	1:13.44
11. Laura Ebner	Binghamton	1:13.86

12. Rachel Roman	Oswego	1:15.23
13. Katy Smith	Brockport	1:15.57
14. Christy Wilson	Cortland	1:15.95
15. Jessica Plumpton	Binghamton	1:16.23
16. Heidi Durocher	Plattsburgh	1:17.21

Event #19

Women's 200 Meters

SUNYAC Championship Record
Tracy Watts, Buffalo State, 1990, 25.00
NCAA Qualifying Mark
Auto 25.25

Prov 25.80

Pl. Name	School	Time
1. Grace King	Fredonia	26.46
2. Mary Boroczyk	Fredonia	26.50
3. Shannon Cotten	Brockport	26.70
4. Kim Orchard	Binghamton	26.81
5. Carrie Sawyer	Brockport	27.07
6. Andrea Brooks	Geneseo	27.30
7. Jill Lucas	Fredonia	27.40
8. Denise Vales	Plattsburgh	27.60
8. Beth Whitehead	Cortland	27.60
10. Sara Brennan	Cortland	27.62
11. Megan Punancy	Buffalo State	27.74
12. Suzanne Moore	Binghamton	27.77
13. Kristina Monti	Plattsburgh	27.87
14. Shannon Weigand	Cortland	27.97
15. Noelle Spinelli	Cortland	28.00
16. Jessica Hayden	Oswego	28.31
17. Lakeesha Elliott	Oswego	28.37
18. Marissa Formes	Cortland	29.30
19. Laura Zeltman	Cortland	30.04

Event #21

Women's 3,000 Meters

SUNYAC Championship Record
Alice Willis, Binghamton, 1985, 10:03.43
NCAA Qualifying Mark
Auto 10:08.74

Prov 10:18.74

Pl. Name	School	Time
1. Julie Donnelly	Cortland	10:24.59
2. Cindy Lauzon	Cortland	10:48.22
3. Theresa Trudell	Cortland	10:58.36
4. Carolyn Courtright	Brockport	11:04.37
5. Liz Karl	Cortland	11:05.33
6. Kirsten Doehler	Geneseo	11:15.51
7. Marie Christiansen	Binghamton	11:17.98
8. Julie Thomas	Binghamton	11:23.99
9. Sara McClintock	Geneseo	11:27.06
10. Bridget Bakos	Geneseo	11:37.53
11. Colleen Cole	Oswego	11:43.67
12. Heather Miles	Buffalo State	11:54.88
13. Jody May	Geneseo	12:01.52
14. Jaclyn Park	Cortland	12:11.90
15. Jessica Leas	Fredonia	14:04.28

FINAL WOMEN'S RESULTS

Event #23

Women's 4 x 400 Meters

SUNYAC Championship Record

Geneseo, 1995, 4:03.42

NCAA Qualifying Mark

Auto 3:55.64

Prov 3:59.54

Pl. Name	School	Time
1. Fredonia		4:07.84
2. Geneseo		4:12.12
3. Buffalo State		4:12.42
4. Plattsburgh		4:12.85
5. Brockport		4:16.09
6. Binghamton		4:17.76
7. Cortland		4:19.09
8. Oswego		4:57.86

Event #31

Women's Hammer

SUNYAC Championship Record

Jaimie Bogardus, Brockport, 1995, 46.18

NCAA Qualifying Mark

Auto 47.50

Prov 43.00

Pl. Name	School	Mark
1. Beth Shope	Geneseo	46.84, Prov, SUN
2. Christine Iannello	Binghamton	42.56
3. Karen Shay	Brockport	40.22
4. Jen Dominy	Fredonia	38.96
5. Kathleen Chmaj	Geneseo	38.04
6. Sandy Sposato	Fredonia	37.86
7. Robin Felong	Brockport	35.72
8. Holly Simon	Brockport	33.16

Event #25

Women's Long Jump

SUNYAC Championship Record

Natalie Jones, Fredonia, 1986, 5.51

NCAA Qualifying Mark

Auto 5.60

Prov 5.46

Pl. Name	School	Mark
1. Grace King	Fredonia	5.67, Auto, SUN
2. Monique Hacker	Binghamton	5.46, Prov
3. Michele Odrobina	Fredonia	5.03
4. Jamie Haen	Brockport	5.00
5. Corolei Kryzak	Cortland	4.85
6. Sara Brennan	Cortland	4.83
7. Jill Lucas	Fredonia	4.82

Event #33

Women's Shot Put

SUNYAC Championship Record

Joyce Kenneson, Univ. Buffalo, 1985, 12.05

NCAA Qualifying Mark

Auto 13.15

Prov 12.40

Pl. Name	School	Mark
1. Karen Shay	Brockport	11.56
2. Lauren Caiaccia	Binghamton	10.96
3. Kathleen Chmaj	Geneseo	10.37
4. Sandy Sposato	Fredonia	10.14
5. Christine Helfrich	Cortland	9.97
6. Stacy Goddeau	Plattsburgh	9.94
7. Jaime Haen	Brockport	9.90

Event #27

Women's Triple Jump

SUNYAC Championship Record

Monique Hacker, Binghamton, 1996, 12.25

NCAA Qualifying Mark

Auto 11.52

Prov 11.11

Pl. Name	School	Mark
1. Monique Hacker	Binghamton	12.44, Auto, SUN
2. Grace King	Fredonia	11.69, Auto
3. Beth Whitehead	Cortland	11.08
4. Amy Morrison	Plattsburgh	10.60
5. Stephanie Merrow	Binghamton	10.40
6. Simone Christian	Buffalo State	10.12
7. Jill Lucas	Fredonia	9.78

Event #35

Women's Discus

SUNYAC Championship Record

Joanne Soper, Geneseo, 1993, 40.26

NCAA Qualifying Mark

Auto 44.00

Prov 41.00

Pl. Name	School	Mark
1. Beth Shope	Geneseo	36.38
2. Sandy Sposato	Fredonia	34.98
3. Jen Dominy	Fredonia	33.60
4. Katy Young	Cortland	32.52
5. Kathleen Chmaj	Geneseo	29.86
6. Christine Helfrich	Cortland	28.78
7. Courtney Korzelius	Geneseo	26.54
8. Robin Felong	Brockport	26.04

FINAL WOMEN'S RESULTS

Event #37

Women's Javelin

SUNYAC Championship Record

Carrie Gorton, Brockport, 1992, 45.39

NCAA Qualifying Mark

Auto 40.50

Prov 38.00

Pl. Name	School	Mark
1. Lauren Caiaccia	Binghamton	31.32
2. Caroline Brady	Binghamton	30.60
3. Karen Shay	Brockport	27.32
4. Jen Dominy	Fredonia	26.90
5. Heidi Durocher	Plattsburgh	26.52
6. Tammy Smith	Brockport	25.92
7. Katie Findley	Fredonia	25.58
8. Jaime Haen	Brockport	25.16

Event #39

Women's High Jump

SUNYAC Championship Record

Lisa Taylor, Brockport, 1986, 1.66

NCAA Qualifying Mark

Auto 1.69

Prov 1.65

Pl. Name	School	Mark
1. Shannon Cotton	Brockport	1.57
2. Aimee Dawson	Geneseo	1.57
3. Beth Whitehead	Cortland	1.57
4. Carolyn Dailey	Cortland	1.52
5. Karla Brigiotta	Fredonia	1.52
6. Gretchen Obernesser	Fredonia	1.47
7. Tammy Smith	Brockport	1.47

SUNYAC Outdoor Track and Field Championships

Binghamton University East Gym Track Complex

April 26, 1997

FINAL MEN'S RESULTS

Event #2

Men's 10,000 Meters

SUNYAC Championship Record

John Trowse, Brockport, 1988, 31:44.74

NCAA Qualifying Marks

Auto 30:45.24

Prov 31:29.24

Pl. Name	School	Time
1. Connaire Foran	Cortland	32:26.57
2. Jim Roth	Plattsburgh	33:09.52
3. Jeff Warrender	Binghamton	33:41.05
4. Nathan Huckle	Brockport	33:45.22
5. Scott Marzloff	Cortland	33:54.39
6. Josh Kantrowitz	Binghamton	33:58.26
7. Scott Rowe	Fredonia	34:37.14
8. Joe Sillman	Cortland	35:05.26
9. Kenny Drake	Plattsburgh	35:33.06
10. Steve Schmidt	Plattsburgh	37:37.42
11. Ben Ueland	Binghamton	36:51.50
12. Dan Courtney	Cortland	37:31.54
13. Jamie Russell	Oswego	38:25.20
14. Charley Englehart	Geneseo	40:24.68
15. Blair Cullen	Geneseo	40:50.94

Event #6

Men's 3,000 Meter Steeplechase

SUNYAC Championship Record

Tom Ouellette, Plattsburgh, 1994, 9:17.4

NCAA Qualifying Marks

Auto 9:15.00

Prov 9:24.24

Pl. Name	School	Time
1. Jason Braymen	Cortland	9:53.20
2. Jeff Moreland	Binghamton	9:55.13
3. Brad Lewthwaite	Fredonia	9:58.40
4. Jim Mollosky	Brockport	10:14.22
5. Pete Dinolfo	Geneseo	10:15.48
6. Jay Rosenkrantz	Binghamton	10:22.12
7. Scott Elman	Binghamton	10:23.83
8. Tim O'Donnell	Fredonia	10:24.53
9. Matt Daniels	Buffalo State	10:26.96
10. Josh Peluso	Cortland	10:33.07
11. Tony Failla	Fredonia	10:55.16
12. Jake Wickman	Fredonia	11:18.55
13. Glenn Thomas	Plattsburgh	11:40.74
14. Trevor Huckle	Oswego	11:50.35
15. Greg McGrath	Plattsburgh	13:24.40

Event #4

Men's 4 x 100 Relay

SUNYAC Championship Record

Albany, 1982, 42.3

NCAA Qualifying Marks

Auto 41.70

Prov 42.10

Pl. Name	School	Time
1. Binghamton		42.55
2. Fredonia		43.05
3. Brockport		43.45
4. Plattsburgh		43.61
5. Buffalo State		43.81
6. Cortland		44.41
7. Geneseo		44.91
8. Oswego		50.20

Event #8

Men's 1,500 Meters

SUNYAC Championship Record

Leonard Plunkett, Fredonia, 1989, 3:54.9

NCAA Qualifying Marks

Auto 3:51.90

Prov 3:54.94

Pl. Name	School	Time
1. Matt Annabel	Geneseo	3:57.84
2. Andy Capone	Cortland	4:00.68
3. Zach Yannone	Cortland	4:03.31
4. Ned Powers	Brockport	4:05.58
5. Jeff Gruendike	Fredonia	4:06.25
6. David Stadlander	Cortland	4:10.65
7. Jeremy Drowne	Plattsburgh	4:10.75
8. Mike Yemma	Plattsburgh	4:10.85
9. Teague Ruder	Geneseo	4:13.02
10. Chris Peterson	Binghamton	4:14.09
11. Travis Friedrich	Brockport	4:14.19
12. Jeremy Burt	Plattsburgh	4:15.53
13. Eric Goulet	Geneseo	4:15.85
14. Gy Wadas	Oswego	4:16.76
15. Mark Sardes	Fredonia	4:16.86
16. Doug Bibbee	Fredonia	4:18.00

FINAL MEN'S RESULTS

Event #10

Men's 110 High Hurdles

SUNYAC Championship Record
Keith Norwood, Fredonia, 1983, 14.6
NCAA Qualifying Marks
Auto 14.68 Prov 14.90

Pl. Name	School	Time
1. Jewdyer Osborne	Binghamton	14.85, Prov
2. Chris Verkey	Plattsburgh	15.42
3. Jason Deering	Brockport	15.66
4. Eric Springer	Fredonia	15.69
5. Matt Piede	Brockport	15.79
6. Joe Pietro	Fredonia	16.29
7. Jason Kuntz	Geneseo	17.86
8. John Walton	Buffalo State	dnf

Event #12

Men's 400 Meters

SUNYAC Championship Record
Neil Hall, Buffalo State, 1982, 49.1
NCAA Qualifying Marks
Auto 48.00 Prov 48.80

Pl. Name	School	Time
1. Joe Pietro	Fredonia	48.75, Prov, SUN
2. Greg Hacic	Brockport	49.41
3. Shane Ford	Brockport	49.71
4. Shane Grandusky	Cortland	50.25
5. Dan Derkowski	Plattsburgh	50.91
6. Dan Forbes	Cortland	51.18
7. Brian Grossweiler	Plattsburgh	51.35
8. George Campbell	Binghamton	51.91
9. Earl Checkley	Fredonia	51.95
10. Sean Lavan	Geneseo	52.05
11. Mike LaFrance	Brockport	52.08
12. Sean Breves	Cortland	52.95
13. Thomas Grant	Brockport	54.39
14. Sumit Chowdhary	Binghamton	54.45
15. Tom Cole	Oswego	55.09
16. Norm Schroth	Fredonia	55.45

Event #14

Men's 100 Meters

SUNYAC Championship Record
John Greven, Fredonia, 1984, 10.5
NCAA Qualifying Marks
Auto 10.70 Prov 10.85

Pl. Name	School	Time
1. Stefan Mascoll	Cortland	10.60, Auto
2. Derek Baker	Buffalo State	10.97
3. Brian Hamilton	Binghamton	11.13
4. Luis Irene	Fredonia	11.20
5. Sean Tryon	Buffalo State	11.23
6. Bill Romasser	Brockport	11.30
7. Bob Barlette	Fredonia	11.33
8. Darrel Bittle	Fredonia	11.67

Event #16

Men's 800 Meters

SUNYAC Championship Record
George Lewis, Buffalo State, 1980, 1:53.60
NCAA Qualifying Marks
Auto 1:51.80 Prov 1:53.44

Pl. Name	School	Time
1. Matt Annabel	Geneseo	1:57.06
2. Jeff Gruendike	Fredonia	1:57.09
3. Shane Grandusky	Cortland	1:57.76
4. Andrew Sham	Geneseo	1:58.10
5. Byron LaBare	Binghamton	1:58.80
6. Derek Beneke	Plattsburgh	1:59.65
7. Corey Davidson	Plattsburgh	1:59.90
8. Marc Auerbach	Binghamton	2:00.19
9. Adom Rosengarten	Geneseo	2:00.29
10. Ned Powers	Brockport	2:00.56
11. Doug Bibbee	Fredonia	2:01.07
12. Andy Capone	Cortland	2:02.40
13. Zach Yannone	Cortland	2:02.80
14. David Stadlander	Cortland	2:05.79
15. Scott Rivard	Plattsburgh	2:05.99
16. David Zeitlin	Binghamton	2:08.50
17. Bob Lyng	Brockport	2:08.52
18. Steve Gemmel	Binghamton	2:09.16
19. Jon Davis	Fredonia	2:09.63
20. Jim Mollosky	Brockport	2:39.06

Event #18

Men's 400 Meter Hurdles

SUNYAC Championship Record
Neal Hambleton, Fredonia, 1994, 53.10
NCAA Qualifying Marks
Auto 53.40 Prov 54.40

Pl. Name	School	Time
1. Joe Pietro	Fredonia	53.60, Prov
2. Joe Mesec	Plattsburgh	54.54
3. Eric Springer	Fredonia	54.80
4. Chris Verkey	Plattsburgh	55.54
5. Josh Alcombright	Brockport	56.87
6. Mike Heitzenrater	Cortland	57.40
7. Paul Hanselman	Brockport	58.17
8. Sean Breves	Cortland	58.54
9. Chad Bradt	Fredonia	58.64
10. Mark Krueger	Brockport	1:03.14

FINAL MEN'S RESULTS

Event #20 **Men's 200 Meters**

SUNYAC Championship Record
Chris Coleman, Binghamton, 1989, 21.97
NCAA Qualifying Marks
Auto 21.60 Prov 21.90

Pl. Name	School	Time
1. Stefan Mascoll	Cortland	21.72, Prov, SUN
2. Jewdyer Osborne	Binghamton	21.85, Prov
3. Derek Baker	Buffalo State	22.05
4. Luis Irene	Fredonia	22.42
5. Brian Grossweiler	Plattsburgh	22.76
6. Sean Tryon	Buffalo State	22.85
7. Earl Checkley	Fredonia	22.86
8. Bob Barlette	Fredonia	22.87
9. Rich Fortunat	Cortland	22.93
10. Dan Wheeler	Fredonia	23.13
11. Bill Romasser	Brockport	23.16
12. Jason D'Addio	Brockport	23.33
13. Brian Hamilton	Binghamton	23.34
14. David Nevin	Oswego	23.39
15. Brian Bibler	Geneseo	23.53
16. Curtis Reed	Buffalo State	23.63
17. Brian Gotthardt	Cortland	23.70
18. Jeremy Sweeney	Cortland	23.96
19. Jeffrey Dellapina	Oswego	26.07

Event #22 **Men's 5,000 Meters**

SUNYAC Championship Record
Bernie Prabucki, Fredonia, 1981, 14:57.2
NCAA Qualifying Marks
Auto 14:40.94 Prov 14:57.04

Pl. Name	School	Time
1. Jeremy Burt	Plattsburgh	15:30.25
2. Mike Kent	Binghamton	15:34.36
3. Walter Long	Plattsburgh	15:39.63
4. Connaire Foran	Cortland	15:40.26
5. Frank Bogdan	Buffalo State	15:46.90
6. Seth Annabel	Geneseo	15:55.95
7. Jonathan Lentino	Binghamton	15:58.02
8. Scott Rowe	Fredonia	16:11.13
9. Paul Salamone	Fredonia	16:22.67
10. Steve Patrick	Cortland	16:26.68
11. Tim Reetz	Fredonia	16:42.13
12. Jim Head	Binghamton	16:54.77
13. Joe Richter	Brockport	16:54.28

Event #24 **Men's 4 x 400 Relay**

SUNYAC Championship Record
Buffalo State, 1981, 3:18.4
NCAA Qualifying Marks
Auto 3:15.00 Prov 3:17.80

Pl. Name	School	Time
1. Fredonia		3:19.91
2. Plattsburgh		3:23.28
3. Cortland		3:25.64
4. Brockport		3:30.43
5. Geneseo		3:31.12
6. Binghamton		3:33.49
7. Buffalo State		3:42.64
8. Oswego		3:47.07

Event #26 **Men's Long Jump**

SUNYAC Championship Record
SPat Corbett, Fredonia, 1986, 7.33
NCAA Qualifying Marks
Auto 7.27 Prov 7.05

Pl. Name	School	Mark
1. Brian Hamilton	Binghamton	6.93
2. Earl Checkley	Fredonia	6.69
3. Derrell Bittle	Fredonia	6.52
4. Demetrius Bennett	Buffalo State	6.44
5. Wil Slaght	Cortland	6.34
6. Ben Chandler	Fredonia	6.28
7. Chris Boswick	Cortland	6.23
8. Eric Springer	Fredonia	6.19

Event #28 **Men's Triple Jump**

SUNYAC Championship Record
Ed Williams, Fredonia, 1980, 15.42
NCAA Qualifying Marks
Auto 14.58 Prov 14.12

Pl. Name	School	Mark
1. Jeff Hoyt	Cortland	13.46
2. Wil Slaght	Cortland	13.31
3. Ben Chandler	Fredonia	13.25
4. Anson Arenas	Brockport	13.20
5. Dan Wheeler	Fredonia	12.95
6. Derrell Bittle	Fredonia	12.91
7. Demetrius Bennett	Buffalo State	12.85
8. Eze Okoye	Brockport	12.71

FINAL MEN'S RESULTS

Event #30 **Men's Hammer**

SUNYAC Championship Record
Trevor Hitchcock, Fredonia, 1994, 56.98
NCAA Qualifying Marks
Auto 53.00 Prov 50.00

Pl. Name	School	Mark
1. Paul Rose	Brockport	47.64
2. Dan Brown	Fredonia	45.10
3. Mike Syhlowly	Fredonia	44.52
4. Christian Doller	Brockport	43.76
5. Jason Baumgart	Brockport	40.02
6. Kevin Hesseltine	Fredonia	39.34
7. John Hill	Plattsburgh	38.94
8. Karl Vienneau	Cortland	37.08

Event #32 **Men's Shot Put**

SUNYAC Championship Record
Dan Mlodezeniec, Fredonia, 1983, 17.39
NCAA Qualifying Marks
Auto 16.00 Prov 15.24

Pl. Name	School	Mark
1. Paul Rose	Brockport	14.42
2. Karl Vienneau	Cortland	14.10
3. Joel Fravel	Cortland	13.26
4. Jeremy Condon	Cortland	13.14
5. John Hill	Plattsburgh	13.09
6. Mike Terry	Cortland	13.03
7. Mike Syhlowly	Fredonia	12.98
8. Jason Baumgart	Brockport	12.61

Event #34 **Men's Discus**

SUNYAC Championship Record
John MacMinnamin, Plattsburgh, 1979, 51.8
NCAA Qualifying Marks
Auto 49.60 Prov 47.16

Pl. Name	School	Mark
1. Mike Syhlowly	Fredonia	46.60
2. Brian Hondzinski	Buffalo State	45.65
3. Mike Sivilli	Geneseo	44.24
4. Paul Rose	Brockport	41.90
5. Karl Vienneau	Cortland	41.46
6. Chad Reimer	Fredonia	38.63
7. Kevin Hesseltine	Fredonia	37.47
8. John Hill	Plattsburgh	37.08

Event #36 **Men's Javelin**

SUNYAC Championship Record
Gary Fisher, Cortland, 1978, 63.04
NCAA Qualifying Marks
Auto 61.00 Prov 57.80

Pl. Name	School	Mark
1. Adam Labuda	Cortland	52.72
2. Bill Romasser	Brockport	49.86
3. Mike Schmidt	Plattsburgh	48.02
4. Ben Geering	Fredonia	47.14
5. Joe Messec	Plattsburgh	45.78
6. Steve Franco	Fredonia	45.24

Event #38 **Men's High Jump**

SUNYAC Championship Record
Kym Orr, Fredonia, 1985, 2.13
NCAA Qualifying Marks
Auto 2.09 Prov 2.06

Pl. Name	School	Mark
1. Daye Kaba	Binghamton	2.06, Prov
2. Jeff Hoyt	Cortland	1.96
3. Dan Moles	Buffalo State	1.91
4. Justin Booth	Buffalo State	1.86
5. Ben Chandler	Fredonia	1.86
6. Ryan Hays	Cortland	1.86
7. Mariano Crime	Plattsburgh	1.81

Event #40 **Men's Pole Vault**

SUNYAC Championship Record
Steve Hoyser, Fredonia, 1987, 4.58
NCAA Qualifying Marks
Auto 4.82 Prov 4.65

Pl. Name	School	Mark
1. Bill Shuren	Cortland	4.77, Prov, SUN
2. John DeMatteo	Binghamton	4.50
3. Bill Brabant	Fredonia	4.35
3. Darryl Bray	Brockport	4.35
5. Matt Robinson	Binghamton	4.35
6. Mike Schmidt	Plattsburgh	3.75

PRELIMINARY RESULTS

Women's 100 Meter Hurdles

Heat 1 Results

Pl. Name	School	Time
1. Monique Hacker	Binghamton	14.93
2. Aimee Dawson	Geneseo	16.26
3. Michele Odrobina	Fredonia	17.26
4. Christy Wilson	Cortland	17.29
5. Hilary Hulse	Fredonia	17.36

Heat 2 Results

Pl. Name	School	Time
1. Beth Whitehead	Cortland	15.10
2. Grace King	Fredonia	15.80
3. Carolyn Dailey	Cortland	16.90
4. Katy Smith	Brockport	17.03
5. Tammy Smith	Brockport	17.50
6. Tanyetta Jackson	Oswego	18.84

Women's 100 Meters

Heat 1 Results

Pl. Name	School	Time
1. Shannon Cotten	Brockport	12.87
2. Carrie Sawyer	Brockport	13.27
3. Noelle Spinelli	Cortland	13.54
4. Jessica Hayden	Oswego	13.70
5. Lakeesha Elliott	Oswego	13.91
6. Sianne Mahoney	Buffalo State	14.24
7. Shannon Weigand	Cortland	DQ

Heat 2 Results

Pl. Name	School	Time
1. Mary Boroczuk	Fredonia	12.76
2. Andrea Brooks	Geneseo	13.13
3. Jill Lucas	Fredonia	13.29
4. Sara Brennan	Cortland	13.49
5. Megon Punancy	Buffalo State	13.53
6. Amanda Natoli	Cortland	13.69
7. Stephanie Merrow	Binghamton	14.23

Women's 1,500 Meters

Heat 1 Results

Pl. Name	School	Time
1. Chantel Martin	Oswego	5:05.53
2. Jen Amrick	Geneseo	5:06.83
3. Cheryl Mitchell	Buffalo State	5:07.43
4. Leigh Gantner	Binghamton	5:08.13
5. Lillian Wan	Binghamton	5:14.81
6. Trisha Tyminski	Buffalo State	5:20.14
7. Michele Pichura	Cortland	5:21.25
8. Stacey Lill	Fredonia	5:28.39
9. Heather Miles	Buffalo State	5:31.59

Heat 2 Results (hand timed)

Pl. Name	School	Time
1. Mickey Kelly	Cortland	4:47.8
2. Jen Bozek	Cortland	4:49.2
3. Julie Donnelly	Cortland	4:50.7
4. Patty Diver	Brockport	4:51.3
5. Christine Whitmore	Oswego	4:56.0
6. Sandy Spoth	Buffalo State	4:59.6
7. Liz Karl	Cortland	5:00.6
8. Christy Collins	Geneseo	5:02.5
9. Jen Pegoni	Geneseo	5:08.0
10. Julie Thomas	Binghamton	5:14.9

Men's 100 Meters

Heat 1 Results

Pl. Name	School	Time
1. Stefan Mascoll	Cortland	10.88
2. Brian Hamilton	Binghamton	11.25
3. Sean Tryon	Buffalo State	11.27
4. Bill Romasser	Brockport	11.38
5. Rich York	Brockport	11.65
6. Curtis Reed	Buffalo State	11.66
7. Jeremy Lamica	Plattsburgh	11.92

Heat 2 Results

Pl. Name	School	Time
1. Derek Baker	Buffalo State	11.16
2. Luis Irene	Fredonia	11.29
3. Bob Barlette	Fredonia	11.43
4. Darell Bittle	Fredonia	11.47
5. Rich Fortunat	Cortland	11.63
6. Dan Wheeler	Fredonia	11.69
7. Chris jBostwick	Cortland	11.79

Men's 1,500 Meters

Heat 1 Results

Pl. Name	School	Time
1. Jeremy Drowne	Plattsburgh	4:10.75
2. Mike Yemma	Plattsburgh	4:10.85
3. Teague Ruder	Geneseo	4:13.02
4. Chris Peterson	Binghamton	4:14.09
5. Travis Friedrich	Brockport	4:14.19
6. Eric Goulet	Geneseo	4:15.85
7. Guy Wadas	Oswego	4:16.76
8. Mark Sardes	Fredonia	4:16.86

Heat 2 Results

Pl. Name	School	Time
1. Matt Annabel	Geneseo	3:57.84
2. Andy Capone	Cortland	4:00.68
3. Zach Yannone	Cortland	4:03.31
4. Ned Powers	Brockport	4:05.58
5. Jeff Gruendike	Fredonia	4:06.25
6. David Stadlander	Cortland	4:10.65
7. Jeremy Burt	Plattsburgh	4:15.53
8. Doug Bibbee	Fredonia	4:18.00

SUNYAC Outdoor Track and Field Championships

Binghamton University East Gym Track Complex

April 26, 1997

FINAL TEAM SCORES

MEN

1. Cortland	150
2. Fredonia	143
3. Binghamton	91
4. Brockport	76
5. Plattsburgh	72
6. Buffalo State	43
7. Geneseo	35
8. Oswego	0

Men's Coach of the Year — Brian Lange, Cortland

NOTES:

Cortland halted Fredonia's 20-year stranglehold on the SUNYAC Championship with a narrow victory in the 30th Annual men's meet. The Red Dragons had seven individual winners, including freshman Stefan Mascoll, who captured both the 100 and 200 meters. Mascoll's time in the 100 (10.6) was an automatic NCAA qualifying time, and his 200 time (21.72) was a provisional mark. Head coach Brian Lange was voted SUNYAC "Coach of the Year" by his peers.

WOMEN

1. Fredonia	127
2. Cortland	123
3. Binghamton	105
4. Brockport	100
5. Geneseo	70
6. Plattsburgh	36
7. Buffalo State	22
8. Oswego	8

Women's Coach of the Year — Penny Hite, Fredonia

NOTES:

Fredonia became the third school in three years to capture the SUNYAC Championship with a four-point victory over seven-time champion Cortland. The Blue Devils, who have won the title three times in the 14-year history, had just four individual winners, including senior Grace King, who won the long jump and 200 meters. Her mark in the long jump (5.67) was an automatic NCAA qualifying mark and new SUNYAC Championship meet record. Head coach Penny Hite was voted SUNYAC "Coach of the Year" by her peers.

KEY:

Prov: NCAA provisional qualifying mark

Auto: NCAA automatic qualifying mark

SUN: SUNYAC Championship Meet record

SUNYAC Outdoor Track and Field Championships

Binghamton University East Gym Track Complex

April 26, 1997

FINAL WOMEN'S RESULTS

Event #1 Women's 10,000 Meters

SUNYAC Championship Record

Mary Selleck, Cortland, 1989, 37:27.44

NCAA Qualifying Marks

Auto 37:10.74

Prov 38:25.24

Pl. Name	School	Time
1. Cindy Lauzon	Cortland	38:07.98, Prov.
2. Cara Cameron	Plattsburgh	41:22.04
3. Bridgette Walrath	Brockport	42:34.98
4. Kara Crosby	Brockport	43:00.24
5. Jen Butts	Cortland	43:47.15
6. Laura Litjes	Cortland	43:44.58
7. Kristin Thelen	Geneseo	44:38.50
8. Katie VanArman	Plattsburgh	45:37.36
9. Heather Spink	Plattsburgh	46:59.21

Event #3 Women's 5,000 Meters

SUNYAC Championship Record

Alice Willis, Binghamton, 1985, 17:07.1

NCAA Qualifying Marks

Auto 17:39.04

Prov 18:05.54

Pl. Name	School	Time
1. Theresa Trudell	Cortland	19:05.53
2. Patti Murray	Binghamton	19:13.50
3. Erin Lyjak	Brockport	19:37.53
4. Bonnie Robertson	Cortland	19:44.53
5. Shannon Bugenhagen	Buffalo State	19:50.31
6. Sherry Yale	Buffalo State	20:10.86
7. Melissa Drennan	Oswego	20:35.05
8. Jaclyn Park	Cortland	21:09.28

Event #5 Women's 4 x 100 Relay

SUNYAC Championship Record

Fredonia, 1986, 49.07

NCAA Qualifying Mark

Auto 48.8

Prov 49.51

Pl. Name	School	Time
1. Binghamton		49.83
2. Fredonia		50.93
3. Brockport		51.33
4. Geneseo		51.83
5. Cortland		52.46
6. Plattsburgh		53.16
7. Buffalo State		54.17
8. Oswego		55.40

Event #7

Women's 1,500 Meters

SUNYAC Championship Record

Becky Bieber, Cortland, 1989, 4:33.55

NCAA Qualifying Mark

Auto 4:39.44

Prov 4:45.14

Pl. Name	School	Time
1. Mickey Kelly	Cortland	4:47.8
2. Jen Bozek	Cortland	4:49.2
3. Julie Donnelly	Cortland	4:50.7
4. Patty Diver	Brockport	4:51.3
5. Christine Whitmore	Oswego	4:56.0
6. Sandy Spoth	Buffalo State	4:59.6
7. Liz Karl	Cortland	5:00.6
8. Christy Collins	Geneseo	5:02.5

Event #9

Women's 100 High Hurdles

SUNYAC Championship Record

Pam Leffler, Brockport, 1992, 14.69

NCAA Qualifying Mark

Auto 14.70

Prov 15.20

Pl. Name	School	Time
1. Monique Hacker	Binghamton	14.32, Auto, SUN
2. Beth Whitehead	Cortland	15.09
3. Grace King	Fredonia	15.22
4. Aimee Dawson	Geneseo	16.22
5. Carolyn Dailey	Cortland	16.66
6. Katy Smith	Brockport	16.82
7. Christy Wilson	Cortland	16.92
8. Michele Odrobina	Fredonia	17.06

Event #11

Women's 400 Meters

SUNYAC Championship Record

Julie Deneen, Cortland, 1991, 57.42

NCAA Qualifying Mark

Auto 57.60

Prov 58.70

Pl. Name	School	Time
1. Tamika Medlin	Binghamton	59.07
2. Kim Orchard	Binghamton	1:00.67
3. Stacey Wallace	Fredonia	1:00.77
4. Amy Crain	Oswego	1:02.87
5. Joleen Bordeau	Brockport	1:03.47
6. Tamirah Haywood	Buffalo State	1:05.27
7. Marissa Formes	Cortland	1:06.58
8. Julie Schubert	Brockport	1:06.85
9. Adina Silvestri	Fredonia	1:08.22
10. Jaime Nagy	Oswego	1:12.09

FINAL WOMEN'S RESULTS

Event #13

Women's 100 Meters

SUNYAC Championship Record
Tracy Watts, Buffalo State, 1990, 12.11
NCAA Qualifying Mark
Auto 12.31

Prov 12.50

Pl. Name	School	Time
1. Mary Boroczyk	Fredonia	12.76
2. Shannon Cotten	Brockport	12.99
3. Jill Lucas	Fredonia	13.16
4. Andrea Brooks	Geneseo	13.22
5. Carrie Sawyer	Brockport	13.32
6. Noelle Spinelli	Cortland	13.49
7. Megon Punancy	Buffalo State	13.59
8. Sara Brennan	Cortland	13.62

Event #15

Women's 800 Meters

SUNYAC Championship Record
Patti Zoda, Cortland, 1989, 2:17.96
NCAA Qualifying Mark
Auto 2:15.13

Prov 2:17.84

Pl. Name	School	Time
1. Tonya Krueger	Brockport	2:20.82
2. Isabelle Julien	Plattsburgh	2:21.58
3. Tracey Weismore	Geneseo	2:22.59
4. Mickey Kelly	Cortland	2:22.65
5. Jennifer Bozek	Cortland	2:22.82
6. Patti Carroll	Fredonia	2:27.16
7. Amy Crain	Oswego	2:27.36
8. Cheryl Mitchell	Buffalo State	2:30.21
9. Leigh Gantner	Binghamton	2:33.28
10. Lillian Wan	Binghamton	2:34.11
11. Caroline Brady	Binghamton	2:34.23
12. Maureen Kissane	Binghamton	2:36.65
13. Tanya Mohatt	Binghamton	2:36.95

Event #17

Women's 400 Meter Hurdles

SUNYAC Championship Record
Tracey Swarts, Cortland, 1989, 1:03.50
NCAA Qualifying Mark
Auto 1:03.70

Prov 1:05.10

Pl. Name	School	Time
1. Lynn Laimbright	Buffalo State	1:06.56
2. Amy Nutt	Plattsburgh	1:07.53
3. Karla Brigiotta	Fredonia	1:07.63
4. Erin Duffy	Geneseo	1:09.73
5. Michele Odbrobina	Fredonia	1:09.83
6. Carolyn Dailey	Cortland	1:10.22
7. Chrissy Berchielli	Binghamton	1:11.36
8. Amy Dawson	Geneseo	1:12.60
9. Amy Morrison	Plattsburgh	1:13.20
10. Tammy Smith	Brockport	1:13.44
11. Laura Ebner	Binghamton	1:13.86

12. Rachel Roman	Oswego	1:15.23
13. Katy Smith	Brockport	1:15.57
14. Christy Wilson	Cortland	1:15.95
15. Jessica Plumpton	Binghamton	1:16.23
16. Heidi Durocher	Plattsburgh	1:17.21

Event #19

Women's 200 Meters

SUNYAC Championship Record
Tracy Watts, Buffalo State, 1990, 25.00
NCAA Qualifying Mark
Auto 25.25

Prov 25.80

Pl. Name	School	Time
1. Grace King	Fredonia	26.46
2. Mary Boroczyk	Fredonia	26.50
3. Shannon Cotten	Brockport	26.70
4. Kim Orchard	Binghamton	26.81
5. Carrie Sawyer	Brockport	27.07
6. Andrea Brooks	Geneseo	27.30
7. Jill Lucas	Fredonia	27.40
8. Denise Vales	Plattsburgh	27.60
8. Beth Whitehead	Cortland	27.60
10. Sara Brennan	Cortland	27.62
11. Megan Punancy	Buffalo State	27.74
12. Suzanne Moore	Binghamton	27.77
13. Kristina Monti	Plattsburgh	27.87
14. Shannon Weigand	Cortland	27.97
15. Noelle Spinelli	Cortland	28.00
16. Jessica Hayden	Oswego	28.31
17. Lakeesha Elliott	Oswego	28.37
18. Marissa Formes	Cortland	29.30
19. Laura Zeltman	Cortland	30.04

Event #21

Women's 3,000 Meters

SUNYAC Championship Record
Alice Willis, Binghamton, 1985, 10:03.43
NCAA Qualifying Mark
Auto 10:08.74

Prov 10:18.74

Pl. Name	School	Time
1. Julie Donnelly	Cortland	10:24.59
2. Cindy Lauzon	Cortland	10:48.22
3. Theresa Trudell	Cortland	10:58.36
4. Carolyn Courtright	Brockport	11:04.37
5. Liz Karl	Cortland	11:05.33
6. Kirsten Doehler	Geneseo	11:15.51
7. Marie Christiansen	Binghamton	11:17.98
8. Julie Thomas	Binghamton	11:23.99
9. Sara McClintock	Geneseo	11:27.06
10. Bridget Bakos	Geneseo	11:37.53
11. Colleen Cole	Oswego	11:43.67
12. Heather Miles	Buffalo State	11:54.88
13. Jody May	Geneseo	12:01.52
14. Jaclyn Park	Cortland	12:11.90
15. Jessica Leas	Fredonia	14:04.28

FINAL WOMEN'S RESULTS

Event #23

Women's 4 x 400 Meters

SUNYAC Championship Record

Geneseo, 1995, 4:03.42

NCAA Qualifying Mark

Auto 3:55.64

Prov 3:59.54

Pl. Name	School	Time
1. Fredonia		4:07.84
2. Geneseo		4:12.12
3. Buffalo State		4:12.42
4. Plattsburgh		4:12.85
5. Brockport		4:16.09
6. Binghamton		4:17.76
7. Cortland		4:19.09
8. Oswego		4:57.86

Event #31

Women's Hammer

SUNYAC Championship Record

Jaimie Bogardus, Brockport, 1995, 46.18

NCAA Qualifying Mark

Auto 47.50

Prov 43.00

Pl. Name	School	Mark
1. Beth Shope	Geneseo	46.84, Prov, SUN
2. Christine Iannello	Binghamton	42.56
3. Karen Shay	Brockport	40.22
4. Jen Dominy	Fredonia	38.96
5. Kathleen Chmaj	Geneseo	38.04
6. Sandy Sposato	Fredonia	37.86
7. Robin Felong	Brockport	35.72
8. Holly Simon	Brockport	33.16

Event #25

Women's Long Jump

SUNYAC Championship Record

Natalie Jones, Fredonia, 1986, 5.51

NCAA Qualifying Mark

Auto 5.60

Prov 5.46

Pl. Name	School	Mark
1. Grace King	Fredonia	5.67, Auto, SUN
2. Monique Hacker	Binghamton	5.46, Prov
3. Michele Odrobina	Fredonia	5.03
4. Jamie Haen	Brockport	5.00
5. Corolei Kryzak	Cortland	4.85
6. Sara Brennan	Cortland	4.83
7. Jill Lucas	Fredonia	4.82

Event #33

Women's Shot Put

SUNYAC Championship Record

Joyce Kenneson, Univ. Buffalo, 1985, 12.05

NCAA Qualifying Mark

Auto 13.15

Prov 12.40

Pl. Name	School	Mark
1. Karen Shay	Brockport	11.56
2. Lauren Caiaccia	Binghamton	10.96
3. Kathleen Chmaj	Geneseo	10.37
4. Sandy Sposato	Fredonia	10.14
5. Christine Helfrich	Cortland	9.97
6. Stacy Goddeau	Plattsburgh	9.94
7. Jaime Haen	Brockport	9.90

Event #27

Women's Triple Jump

SUNYAC Championship Record

Monique Hacker, Binghamton, 1996, 12.25

NCAA Qualifying Mark

Auto 11.52

Prov 11.11

Pl. Name	School	Mark
1. Monique Hacker	Binghamton	12.44, Auto, SUN
2. Grace King	Fredonia	11.69, Auto
3. Beth Whitehead	Cortland	11.08
4. Amy Morrison	Plattsburgh	10.60
5. Stephanie Merrow	Binghamton	10.40
6. Simone Christian	Buffalo State	10.12
7. Jill Lucas	Fredonia	9.78

Event #35

Women's Discus

SUNYAC Championship Record

Joanne Soper, Geneseo, 1993, 40.26

NCAA Qualifying Mark

Auto 44.00

Prov 41.00

Pl. Name	School	Mark
1. Beth Shope	Geneseo	36.38
2. Sandy Sposato	Fredonia	34.98
3. Jen Dominy	Fredonia	33.60
4. Katy Young	Cortland	32.52
5. Kathleen Chmaj	Geneseo	29.86
6. Christine Helfrich	Cortland	28.78
7. Courtney Korzelius	Geneseo	26.54
8. Robin Felong	Brockport	26.04

FINAL WOMEN'S RESULTS

Event #37

Women's Javelin

SUNYAC Championship Record

Carrie Gorton, Brockport, 1992, 45.39

NCAA Qualifying Mark

Auto 40.50

Prov 38.00

Pl. Name	School	Mark
1. Lauren Caiaccia	Binghamton	31.32
2. Caroline Brady	Binghamton	30.60
3. Karen Shay	Brockport	27.32
4. Jen Dominy	Fredonia	26.90
5. Heidi Durocher	Plattsburgh	26.52
6. Tammy Smith	Brockport	25.92
7. Katie Findley	Fredonia	25.58
8. Jaime Haen	Brockport	25.16

Event #39

Women's High Jump

SUNYAC Championship Record

Lisa Taylor, Brockport, 1986, 1.66

NCAA Qualifying Mark

Auto 1.69

Prov 1.65

Pl. Name	School	Mark
1. Shannon Cotton	Brockport	1.57
2. Aimee Dawson	Geneseo	1.57
3. Beth Whitehead	Cortland	1.57
4. Carolyn Dailey	Cortland	1.52
5. Karla Brigiotta	Fredonia	1.52
6. Gretchen Obernesser	Fredonia	1.47
7. Tammy Smith	Brockport	1.47

SUNYAC Outdoor Track and Field Championships

Binghamton University East Gym Track Complex

April 26, 1997

FINAL MEN'S RESULTS

Event #2

Men's 10,000 Meters

SUNYAC Championship Record

John Trowse, Brockport, 1988, 31:44.74

NCAA Qualifying Marks

Auto 30:45.24

Prov 31:29.24

Pl. Name	School	Time
1. Connaire Foran	Cortland	32:26.57
2. Jim Roth	Plattsburgh	33:09.52
3. Jeff Warrender	Binghamton	33:41.05
4. Nathan Huckle	Brockport	33:45.22
5. Scott Marzloff	Cortland	33:54.39
6. Josh Kantrowitz	Binghamton	33:58.26
7. Scott Rowe	Fredonia	34:37.14
8. Joe Sillman	Cortland	35:05.26
9. Kenny Drake	Plattsburgh	35:33.06
10. Steve Schmidt	Plattsburgh	37:37.42
11. Ben Ueland	Binghamton	36:51.50
12. Dan Courtney	Cortland	37:31.54
13. Jamie Russell	Oswego	38:25.20
14. Charley Englehart	Geneseo	40:24.68
15. Blair Cullen	Geneseo	40:50.94

Event #6

Men's 3,000 Meter Steeplechase

SUNYAC Championship Record

Tom Ouellette, Plattsburgh, 1994, 9:17.4

NCAA Qualifying Marks

Auto 9:15.00

Prov 9:24.24

Pl. Name	School	Time
1. Jason Braymen	Cortland	9:53.20
2. Jeff Moreland	Binghamton	9:55.13
3. Brad Lewthwaite	Fredonia	9:58.40
4. Jim Mollosky	Brockport	10:14.22
5. Pete Dinolfo	Geneseo	10:15.48
6. Jay Rosenkrantz	Binghamton	10:22.12
7. Scott Elman	Binghamton	10:23.83
8. Tim O'Donnell	Fredonia	10:24.53
9. Matt Daniels	Buffalo State	10:26.96
10. Josh Peluso	Cortland	10:33.07
11. Tony Failla	Fredonia	10:55.16
12. Jake Wickman	Fredonia	11:18.55
13. Glenn Thomas	Plattsburgh	11:40.74
14. Trevor Huckle	Oswego	11:50.35
15. Greg McGrath	Plattsburgh	13:24.40

Event #4

Men's 4 x 100 Relay

SUNYAC Championship Record

Albany, 1982, 42.3

NCAA Qualifying Marks

Auto 41.70

Prov 42.10

Pl. Name	School	Time
1. Binghamton		42.55
2. Fredonia		43.05
3. Brockport		43.45
4. Plattsburgh		43.61
5. Buffalo State		43.81
6. Cortland		44.41
7. Geneseo		44.91
8. Oswego		50.20

Event #8

Men's 1,500 Meters

SUNYAC Championship Record

Leonard Plunkett, Fredonia, 1989, 3:54.9

NCAA Qualifying Marks

Auto 3:51.90

Prov 3:54.94

Pl. Name	School	Time
1. Matt Annabel	Geneseo	3:57.84
2. Andy Capone	Cortland	4:00.68
3. Zach Yannone	Cortland	4:03.31
4. Ned Powers	Brockport	4:05.58
5. Jeff Gruendike	Fredonia	4:06.25
6. David Stadlander	Cortland	4:10.65
7. Jeremy Drowne	Plattsburgh	4:10.75
8. Mike Yemma	Plattsburgh	4:10.85
9. Teague Ruder	Geneseo	4:13.02
10. Chris Peterson	Binghamton	4:14.09
11. Travis Friedrich	Brockport	4:14.19
12. Jeremy Burt	Plattsburgh	4:15.53
13. Eric Goulet	Geneseo	4:15.85
14. Gy Wadas	Oswego	4:16.76
15. Mark Sardes	Fredonia	4:16.86
16. Doug Bibbee	Fredonia	4:18.00

FINAL MEN'S RESULTS

Event #10

Men's 110 High Hurdles

SUNYAC Championship Record
Keith Norwood, Fredonia, 1983, 14.6
NCAA Qualifying Marks
Auto 14.68 Prov 14.90

Pl. Name	School	Time
1. Jewdyer Osborne	Binghamton	14.85, Prov
2. Chris Verkey	Plattsburgh	15.42
3. Jason Deering	Brockport	15.66
4. Eric Springer	Fredonia	15.69
5. Matt Piede	Brockport	15.79
6. Joe Pietro	Fredonia	16.29
7. Jason Kuntz	Geneseo	17.86
8. John Walton	Buffalo State	dnf

Event #12

Men's 400 Meters

SUNYAC Championship Record
Neil Hall, Buffalo State, 1982, 49.1
NCAA Qualifying Marks
Auto 48.00 Prov 48.80

Pl. Name	School	Time
1. Joe Pietro	Fredonia	48.75, Prov, SUN
2. Greg Hacic	Brockport	49.41
3. Shane Ford	Brockport	49.71
4. Shane Grandusky	Cortland	50.25
5. Dan Derkowski	Plattsburgh	50.91
6. Dan Forbes	Cortland	51.18
7. Brian Grossweiler	Plattsburgh	51.35
8. George Campbell	Binghamton	51.91
9. Earl Checkley	Fredonia	51.95
10. Sean Lavan	Geneseo	52.05
11. Mike LaFrance	Brockport	52.08
12. Sean Breves	Cortland	52.95
13. Thomas Grant	Brockport	54.39
14. Sumit Chowdhary	Binghamton	54.45
15. Tom Cole	Oswego	55.09
16. Norm Schroth	Fredonia	55.45

Event #14

Men's 100 Meters

SUNYAC Championship Record
John Greven, Fredonia, 1984, 10.5
NCAA Qualifying Marks
Auto 10.70 Prov 10.85

Pl. Name	School	Time
1. Stefan Mascoll	Cortland	10.60, Auto
2. Derek Baker	Buffalo State	10.97
3. Brian Hamilton	Binghamton	11.13
4. Luis Irene	Fredonia	11.20
5. Sean Tryon	Buffalo State	11.23
6. Bill Romasser	Brockport	11.30
7. Bob Barlette	Fredonia	11.33
8. Darrel Bittle	Fredonia	11.67

Event #16

Men's 800 Meters

SUNYAC Championship Record
George Lewis, Buffalo State, 1980, 1:53.60
NCAA Qualifying Marks
Auto 1:51.80 Prov 1:53.44

Pl. Name	School	Time
1. Matt Annabel	Geneseo	1:57.06
2. Jeff Gruendike	Fredonia	1:57.09
3. Shane Grandusky	Cortland	1:57.76
4. Andrew Sham	Geneseo	1:58.10
5. Byron LaBare	Binghamton	1:58.80
6. Derek Beneke	Plattsburgh	1:59.65
7. Corey Davidson	Plattsburgh	1:59.90
8. Marc Auerbach	Binghamton	2:00.19
9. Adom Rosengarten	Geneseo	2:00.29
10. Ned Powers	Brockport	2:00.56
11. Doug Bibbee	Fredonia	2:01.07
12. Andy Capone	Cortland	2:02.40
13. Zach Yannone	Cortland	2:02.80
14. David Stadlander	Cortland	2:05.79
15. Scott Rivard	Plattsburgh	2:05.99
16. David Zeitlin	Binghamton	2:08.50
17. Bob Lyng	Brockport	2:08.52
18. Steve Gemmel	Binghamton	2:09.16
19. Jon Davis	Fredonia	2:09.63
20. Jim Mollosky	Brockport	2:39.06

Event #18

Men's 400 Meter Hurdles

SUNYAC Championship Record
Neal Hambleton, Fredonia, 1994, 53.10
NCAA Qualifying Marks
Auto 53.40 Prov 54.40

Pl. Name	School	Time
1. Joe Pietro	Fredonia	53.60, Prov
2. Joe Mesec	Plattsburgh	54.54
3. Eric Springer	Fredonia	54.80
4. Chris Verkey	Plattsburgh	55.54
5. Josh Alcombright	Brockport	56.87
6. Mike Heitzenrater	Cortland	57.40
7. Paul Hanselman	Brockport	58.17
8. Sean Breves	Cortland	58.54
9. Chad Bradt	Fredonia	58.64
10. Mark Krueger	Brockport	1:03.14

FINAL MEN'S RESULTS

Event #20 Men's 200 Meters
 SUNYAC Championship Record
 Chris Coleman, Binghamton, 1989, 21.97
 NCAA Qualifying Marks
 Auto 21.60 Prov 21.90

Pl. Name	School	Time
1. Stefan Mascoll	Cortland	21.72, Prov, SUN
2. Jewdyer Osborne	Binghamton	21.85, Prov
3. Derek Baker	Buffalo State	22.05
4. Luis Irene	Fredonia	22.42
5. Brian Grossweiler	Plattsburgh	22.76
6. Sean Tryon	Buffalo State	22.85
7. Earl Checkley	Fredonia	22.86
8. Bob Barlette	Fredonia	22.87
9. Rich Fortunat	Cortland	22.93
10. Dan Wheeler	Fredonia	23.13
11. Bill Romasser	Brockport	23.16
12. Jason D'Addio	Brockport	23.33
13. Brian Hamilton	Binghamton	23.34
14. David Nevin	Oswego	23.39
15. Brian Bibler	Geneseo	23.53
16. Curtis Reed	Buffalo State	23.63
17. Brian Gotthardt	Cortland	23.70
18. Jeremy Sweeney	Cortland	23.96
19. Jeffrey Dellapina	Oswego	26.07

Event #22 Men's 5,000 Meters
 SUNYAC Championship Record
 Bernie Prabucki, Fredonia, 1981, 14:57.2
 NCAA Qualifying Marks
 Auto 14:40.94 Prov 14:57.04

Pl. Name	School	Time
1. Jeremy Burt	Plattsburgh	15:30.25
2. Mike Kent	Binghamton	15:34.36
3. Walter Long	Plattsburgh	15:39.63
4. Connaire Foran	Cortland	15:40.26
5. Frank Bogdan	Buffalo State	15:46.90
6. Seth Annabel	Geneseo	15:55.95
7. Jonathan Lentino	Binghamton	15:58.02
8. Scott Rowe	Fredonia	16:11.13
9. Paul Salamone	Fredonia	16:22.67
10. Steve Patrick	Cortland	16:26.68
11. Tim Reetz	Fredonia	16:42.13
12. Jim Head	Binghamton	16:54.77
13. Joe Richter	Brockport	16:54.28

Event #24 Men's 4 x 400 Relay
 SUNYAC Championship Record
 Buffalo State, 1981, 3:18.4
 NCAA Qualifying Marks
 Auto 3:15.00 Prov 3:17.80

Pl. Name	School	Time
1. Fredonia		3:19.91
2. Plattsburgh		3:23.28
3. Cortland		3:25.64
4. Brockport		3:30.43
5. Geneseo		3:31.12
6. Binghamton		3:33.49
7. Buffalo State		3:42.64
8. Oswego		3:47.07

Event #26 Men's Long Jump
 SUNYAC Championship Record
 SPat Corbett, Fredonia, 1986, 7.33
 NCAA Qualifying Marks
 Auto 7.27 Prov 7.05

Pl. Name	School	Mark
1. Brian Hamilton	Binghamton	6.93
2. Earl Checkley	Fredonia	6.69
3. Derrell Bittle	Fredonia	6.52
4. Demetrius Bennett	Buffalo State	6.44
5. Wil Slaght	Cortland	6.34
6. Ben Chandler	Fredonia	6.28
7. Chris Boswick	Cortland	6.23
8. Eric Springer	Fredonia	6.19

Event #28 Men's Triple Jump
 SUNYAC Championship Record
 Ed Williams, Fredonia, 1980, 15.42
 NCAA Qualifying Marks
 Auto 14.58 Prov 14.12

Pl. Name	School	Mark
1. Jeff Hoyt	Cortland	13.46
2. Wil Slaght	Cortland	13.31
3. Ben Chandler	Fredonia	13.25
4. Anson Arenas	Brockport	13.20
5. Dan Wheeler	Fredonia	12.95
6. Derrell Bittle	Fredonia	12.91
7. Demetrius Bennett	Buffalo State	12.85
8. Eze Okoye	Brockport	12.71

FINAL MEN'S RESULTS

Event #30 **Men's Hammer**

SUNYAC Championship Record
Trevor Hitchcock, Fredonia, 1994, 56.98
NCAA Qualifying Marks
Auto 53.00 Prov 50.00

Pl. Name	School	Mark
1. Paul Rose	Brockport	47.64
2. Dan Brown	Fredonia	45.10
3. Mike Syhlowly	Fredonia	44.52
4. Christian Doller	Brockport	43.76
5. Jason Baumgart	Brockport	40.02
6. Kevin Hesseltine	Fredonia	39.34
7. John Hill	Plattsburgh	38.94
8. Karl Vienneau	Cortland	37.08

Event #32 **Men's Shot Put**

SUNYAC Championship Record
Dan Mlodezeniec, Fredonia, 1983, 17.39
NCAA Qualifying Marks
Auto 16.00 Prov 15.24

Pl. Name	School	Mark
1. Paul Rose	Brockport	14.42
2. Karl Vienneau	Cortland	14.10
3. Joel Fravel	Cortland	13.26
4. Jeremy Condon	Cortland	13.14
5. John Hill	Plattsburgh	13.09
6. Mike Terry	Cortland	13.03
7. Mike Syhlowly	Fredonia	12.98
8. Jason Baumgart	Brockport	12.61

Event #34 **Men's Discus**

SUNYAC Championship Record
John MacMinnamin, Plattsburgh, 1979, 51.8
NCAA Qualifying Marks
Auto 49.60 Prov 47.16

Pl. Name	School	Mark
1. Mike Syhlowly	Fredonia	46.60
2. Brian Hondzinski	Buffalo State	45.65
3. Mike Sivilli	Geneseo	44.24
4. Paul Rose	Brockport	41.90
5. Karl Vienneau	Cortland	41.46
6. Chad Reimer	Fredonia	38.63
7. Kevin Hesseltine	Fredonia	37.47
8. John Hill	Plattsburgh	37.08

Event #36 **Men's Javelin**

SUNYAC Championship Record
Gary Fisher, Cortland, 1978, 63.04
NCAA Qualifying Marks
Auto 61.00 Prov 57.80

Pl. Name	School	Mark
1. Adam Labuda	Cortland	52.72
2. Bill Romasser	Brockport	49.86
3. Mike Schmidt	Plattsburgh	48.02
4. Ben Geering	Fredonia	47.14
5. Joe Messec	Plattsburgh	45.78
6. Steve Franco	Fredonia	45.24

Event #38 **Men's High Jump**

SUNYAC Championship Record
Kym Orr, Fredonia, 1985, 2.13
NCAA Qualifying Marks
Auto 2.09 Prov 2.06

Pl. Name	School	Mark
1. Daye Kaba	Binghamton	2.06, Prov
2. Jeff Hoyt	Cortland	1.96
3. Dan Moles	Buffalo State	1.91
4. Justin Booth	Buffalo State	1.86
5. Ben Chandler	Fredonia	1.86
6. Ryan Hays	Cortland	1.86
7. Mariano Crime	Plattsburgh	1.81

Event #40 **Men's Pole Vault**

SUNYAC Championship Record
Steve Hoyser, Fredonia, 1987, 4.58
NCAA Qualifying Marks
Auto 4.82 Prov 4.65

Pl. Name	School	Mark
1. Bill Shuren	Cortland	4.77, Prov, SUN
2. John DeMatteo	Binghamton	4.50
3. Bill Brabant	Fredonia	4.35
3. Darryl Bray	Brockport	4.35
5. Matt Robinson	Binghamton	4.35
6. Mike Schmidt	Plattsburgh	3.75

PRELIMINARY RESULTS

Women's 100 Meter Hurdles

Heat 1 Results

Pl. Name	School	Time
1. Monique Hacker	Binghamton	14.93
2. Aimee Dawson	Geneseo	16.26
3. Michele Odrobina	Fredonia	17.26
4. Christy Wilson	Cortland	17.29
5. Hilary Hulse	Fredonia	17.36

Heat 2 Results

Pl. Name	School	Time
1. Beth Whitehead	Cortland	15.10
2. Grace King	Fredonia	15.80
3. Carolyn Dailey	Cortland	16.90
4. Katy Smith	Brockport	17.03
5. Tammy Smith	Brockport	17.50
6. Tanyetta Jackson	Oswego	18.84

Women's 100 Meters

Heat 1 Results

Pl. Name	School	Time
1. Shannon Cotten	Brockport	12.87
2. Carrie Sawyer	Brockport	13.27
3. Noelle Spinelli	Cortland	13.54
4. Jessica Hayden	Oswego	13.70
5. Lakeesha Elliott	Oswego	13.91
6. Sianne Mahoney	Buffalo State	14.24
7. Shannon Weigand	Cortland	DQ

Heat 2 Results

Pl. Name	School	Time
1. Mary Boroczuk	Fredonia	12.76
2. Andrea Brooks	Geneseo	13.13
3. Jill Lucas	Fredonia	13.29
4. Sara Brennan	Cortland	13.49
5. Megon Punancy	Buffalo State	13.53
6. Amanda Natoli	Cortland	13.69
7. Stephanie Merrow	Binghamton	14.23

Women's 1,500 Meters

Heat 1 Results

Pl. Name	School	Time
1. Chantel Martin	Oswego	5:05.53
2. Jen Amrick	Geneseo	5:06.83
3. Cheryl Mitchell	Buffalo State	5:07.43
4. Leigh Gantner	Binghamton	5:08.13
5. Lillian Wan	Binghamton	5:14.81
6. Trisha Tyminski	Buffalo State	5:20.14
7. Michele Pichura	Cortland	5:21.25
8. Stacey Lill	Fredonia	5:28.39
9. Heather Miles	Buffalo State	5:31.59

Heat 2 Results (hand timed)

Pl. Name	School	Time
1. Mickey Kelly	Cortland	4:47.8
2. Jen Bozek	Cortland	4:49.2
3. Julie Donnelly	Cortland	4:50.7
4. Patty Diver	Brockport	4:51.3
5. Christine Whitmore	Oswego	4:56.0
6. Sandy Spoth	Buffalo State	4:59.6
7. Liz Karl	Cortland	5:00.6
8. Christy Collins	Geneseo	5:02.5
9. Jen Pegoni	Geneseo	5:08.0
10. Julie Thomas	Binghamton	5:14.9

Men's 100 Meters

Heat 1 Results

Pl. Name	School	Time
1. Stefan Mascoll	Cortland	10.88
2. Brian Hamilton	Binghamton	11.25
3. Sean Tryon	Buffalo State	11.27
4. Bill Romasser	Brockport	11.38
5. Rich York	Brockport	11.65
6. Curtis Reed	Buffalo State	11.66
7. Jeremy Lamica	Plattsburgh	11.92

Heat 2 Results

Pl. Name	School	Time
1. Derek Baker	Buffalo State	11.16
2. Luis Irene	Fredonia	11.29
3. Bob Barlette	Fredonia	11.43
4. Darell Bittle	Fredonia	11.47
5. Rich Fortunat	Cortland	11.63
6. Dan Wheeler	Fredonia	11.69
7. Chris jBostwick	Cortland	11.79

Men's 1,500 Meters

Heat 1 Results

Pl. Name	School	Time
1. Jeremy Drowne	Plattsburgh	4:10.75
2. Mike Yemma	Plattsburgh	4:10.85
3. Teague Ruder	Geneseo	4:13.02
4. Chris Peterson	Binghamton	4:14.09
5. Travis Friedrich	Brockport	4:14.19
6. Eric Goulet	Geneseo	4:15.85
7. Guy Wadas	Oswego	4:16.76
8. Mark Sardes	Fredonia	4:16.86

Heat 2 Results

Pl. Name	School	Time
1. Matt Annabel	Geneseo	3:57.84
2. Andy Capone	Cortland	4:00.68
3. Zach Yannone	Cortland	4:03.31
4. Ned Powers	Brockport	4:05.58
5. Jeff Gruendike	Fredonia	4:06.25
6. David Stadlander	Cortland	4:10.65
7. Jeremy Burt	Plattsburgh	4:15.53
8. Doug Bibbee	Fredonia	4:18.00