

10-1977

# STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE

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## SPORTS

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SUNYAC FREDONIA STATE  
FREDONIA, NY 14063

Contact: Betsy McCormack, SUNYAC Publicist

MEMBERS:  
Binghamton  
Brockport  
Buffalo  
Cortland  
Fredonia  
Geneseo  
New Paltz  
Oneonta  
Oswego  
Plattsburgh  
Potsdam  
Utica/Rome

FOR IMMEDIATE RELEASE:  
February 19, 1994

### Geneseo Wins SUNYAC Women's Indoor Track and Field Title

The Geneseo Lady Knights captured the 11th Annual State University of New York Indoor Track and Field Championship, held on Feb. 19, 1994. This is the first title for the Knights since the sport's inaugural season in 1983-84. Host Fredonia finished in second place while Cortland, winner of the past four crowns, finished in third.

#### Final Team Scores:

1.	Geneseo	149
2.	Fredonia	127
3.	Cortland	85
4.	Brockport	76
5.	Binghamton	62
6.	Buffalo St.	34
7.	Plattsburgh	22

Geneseo had two triple winners: **Kim Stone** (1500 meter, 1000 meter, 3200-meter relay) and **Bernadette Greenan** (500 meters, distance medley relay, 1600-meter relay). Fredonia's three double winners were: **Jennifer Gall** (20 lb. weight, shot put), **Jennifer Zulauf** (55-meter dash, 200 meters) and **Grace King** (55-meter high hurdles, triple jump).

#### INDIVIDUAL WINNERS:

<b>20 lb. weight:</b>	Jennifer Gall (Fredonia)	15.11*# (49'7")
<b>High jump:</b>	Tracy Canino (Binghamton)	1.57 (5'2")
<b>5000 meters:</b>	Dorothy Donnolly (Cortland)	18:33.4
<b>Long jump:</b>	Liz Pitts (Brockport)	5.40 (17'8.5")
<b>Shot put:</b>	Jennifer Gall (Fredonia)	12.94* (42'5.5")
<b>1500 meters:</b>	Kim Stone (Geneseo)	4:46.20
<b>Distance medley relay:</b>	Geneseo (Greenan, Guisti, May, Abernethy)	13:32.05
<b>55-meter high hurdles:</b>	Grace King (Fredonia)	:8.77
<b>Triple jump:</b>	Grace King (Fredonia)	10.98 (36' 0.25")
<b>400 meters:</b>	Loni Richardson (Buffalo St.)	1:02.87
<b>500 meters:</b>	Bernadette Greenan (Geneseo)	1:22.35
<b>55-meter dash:</b>	Jennifer Zulauf (Fredonia)	:7.58
<b>800 meters:</b>	Jennifer Wiseman (Plattsburgh)	2:25.42
<b>1000 meters:</b>	Kim Stone (Geneseo)	3:06.14
<b>200 meters:</b>	Jennifer Zulauf (Fredonia)	:27.49
<b>3000 meters:</b>	Beth Cincotta (Geneseo)	10:50.80
<b>1600-meter relay:</b>	Geneseo (Pegoni, Greenan, Bush, Netheway)	4:18.30
<b>3200-meter relay:</b>	Geneseo (Stone, Cincotta, Gristi, Parker)	10:18.15

\*SUNYAC Meet Record

#Fieldhouse Record

# #

IN-1994

Scoring: 10-8-6-4-2-1

Women's S.U.N.Y.A.C. Indoor Track and Field Championships

at Fredonia State

Saturday, February 19, 1994

5000 Meters

1. Dorothy Donnolly, Cort	18:33.4HT
2. Kristine Kirk, Bing	18:59.5"
3. Robyn Stein, Fred	19:41.3 "
4. Bridget Bakos, Gen	19:50.0 "
5. Mary Ellen Lennon, Bing	20:15.0 "
6. Jen Legge, Platts	21:16.3 "
7. Lisa Rosenberg, Bing	21:49.2 "

20 Lb. Weight

1. Jennifer Gall, Fred	15.11	49'7" *	**	#
2. Jamie Bogardus, Brock	12.70	41'8"		
3. Joy Koudelka, Brock	12.34	40'6"		
4. Alison Franklin, Gen	11.20	36'9"		
5. Bronwyn Wilke, Bing	11.18	36'8-1/4"		
6. Sandy Sposato, Fred	10.73	35'2-1/2"		
7. Kim Shope, Fred	9.98	32'9"		

55 M Dash Trials

Heat 1

1. Beth Whitehead, Cort	9.08	FAT
2. Lori Rogoff, Bing	9.68	"
3. Joy Cappello, Cort	10.14	"
4. Leeza Luchetta, Bing	10.53	"
5. Kim Zenglein, Brock	10.60	"

Heat 2

1. Jenny Sponenberg, Cort	8.99	FAT
2. Grace King, Fred	9.05	"
3. Amy Nutt, Platts	10.35	"
4. Megan Huler, Fred	10.42	"
5. Tracey Canino, Bing	10.49	"
6. Heather Bowman, Platts	11.47	"

Heat 3

1. Tina Mitchell, Cort	9.01	Fat
2. Keena Bush, Gen	9.07	"
3. Aimee Dawson, Gen	9.71	"
4. Barb Young, Bing	10.65	"
5. Michelle Awcker, Gen	10.77	"
6. Adele Borgognoni, Bing	Did Not Finish	

55 Meter Dash Semis (con't)

HEat 2

1. Shannon Cotter, Brock	7.81	FAT
2. Megan Huler, Fred	8.02	"
3. Sylvia Cross, Fred	8.11	"
4. Tina Mitchell, Cort	8.4	HT

Heat 3

1. Loni Richardson, Buff. St	7.80	FAT
2. Jessie Van Voorhees, Gen	7.90	"
3. Kathy Stock, Cort	8.04	"
4. Lori Rogoff, Bing	8.15	"

High Jump

1. Tracy Canino, Bing	1.57	5'2"
2. Aimee Dawson, Gen	1.55	5'1"
3. Shannon Cotten, Brock	1.55	5'1"
4. Beth Whitehead, Cort	1.50	4'11"
Tie. Heather Miller, Gen	1.50	4'11"
6. Deanna Kowal, Fred	1.50	4'11"
7. Robin Wienckowski, Brock	1.45	4'9"
8. Sue Borczynski, Fred		NH

55 Meter Dash Semis

HEat 1

1. Jennifer Zulauf, Fred	7.67	FAT
2. Gail Fox, Bing	7.94	"
3. Emily Smith, Gen	7.96	"
4. Karen SHawdestin, Platts	8.23	"
5. Sandra Colman, Fred	8.25	"

Long Jump

1. Liz Pitts, BROCK	5.40	17'8-1/2"
2. Grace King, FRED	4.96	16'3-1/4"
3. Amy Netheway, GEN	4.87	15'11-3/4"
4. Keena BUSH, GEN	4.78	15'8-1/4"
5. Heather Miller, GEN	4.70	15'5"
6. Jenny Sponenberg, CORT	4.63	15'2-1/4"

\*SCHOOL Record

\*\*SUNYAC MEET RECORD

#FIELDHOUSE RECORD

55 M High Hurdles SemisHeat 1

1. Kenna Bush, Gen	8.85	FAT
2. Grace King, Fred	8.89	"
3. Jenny Spunenberg, Cort	8.95	"
4. Amy Nutt, Platts	9.97	"
5. Joy Cappello, Cort	10.28	"
6. Leeza Luchetta, Bing	10.49	"

Heat 2

1. Tina Mitchell, Cort	8.90	FAT
2. Beth Whitehead, Cort	9.15	"
3. Lori Rogoff, Bing	9.49	"
4. Aimee Dawson, Gen	9.57	"
5. Megan Huler, Fred	9.69	"
6. Tracey Canilo, Bing	DQ	

1500 Meter

① Kim Stone, GEN	4:46.20	FAT
2. Beth Cincotta, GEN	4:56.17	"
3. Heather Swarts, CORT	4:57.59	"
4. Janene Ostrow, BING	5:19.00	"
5. Erin Kelly, BING	5:19.10	"
6. Tammi Klaisle, PLATTS	5:57.74	"

Distance Medley Relay

① Geneseo	13:32.05	FAT
Greenan, Guisti, May Aberneth		
2. FREDONIA	13:35.07	FAT
3. BINGHAMTON	13:43.20	HT
4. BROCKPORT	15:02.10	HT

400 MeterHeat 1

1. Kathy Stock, CORT	1:05.56	FAT
2. Gabrielle Tedfrio, BROCK	1:06.70	"
3. Amy Nutt, Platts	1:07.24	"

Heat 2

① Loni Richardson, BFLO. ST.	1:02.87	FAT
2. Amy Netheway, GEN	1:03.16	"
3. Laurie Conrow, FRED	1:04.15	"
4. Lynn Lambright, BFLO ST.	1:04.20	"

Shot Put

① Jennifer Gall, FRED	12.94	42'5-1/2" *,**
2. Anita Molnar, BROCK	10.97	36'0"
3. Sandy Sposato, FRED	10.95	35'11-1/4"
4. Jamie Bogardus, BROCK	10.66	34'11-3/4"
5. Christine Helfrich, CORT	10.40	34'1-1/2"
6. Becky Cooper, CORT	9.98	32'9"
7. Olivia Dietz, BROCK	9.78	32'1"

\*SCHOOL RECORD

\*\*SUNYAC MEET RECORD

500 MeterHeat 1

1. Jeannette Daneals, BSC	1:27.02	FAT
2. Jennifer Sims, FRED	1:28.17	"
3. Jennifer Pegoni, GEN	1:28.70	HT
4. Adele Borgognoni, BING	1:30.01	FAT

Heat 2

① Bernadette Greenan, GEN	1:22.35	FAT
2. Freddi Triback, BING	1:23.08	"
3. Robin Wienckowski, BROCK	1:24.57	"
4. Kathy List, CORT	1:26.24	"

55 M High Hurdles - Finals

① Grace King, FRED	8.77	FAT
2. Tina Mitchell, CORT	8.78	"
3. Keena Bush, GEN	8.81	"
4. Beth Whitehead, CORT	8.85	"
5. Jenny Spunenberg, CORT	8.96	"
6. Lori Togoff, BING	9.37	"

55 Meter Dash - Final

① Jennifer Zulauf, FRED	7.58	FAT
2. Shannon Cotter, BROCK	7.72	"
3. Loni Richardson, BUFF	7.80	"
4. Jessie Von Voorhees, GEN	7.83	"
5. Gail Fox, BING	7.88	"
6. Emily Smith, GEN	7.99	"

800 Meter - Final

① Jennifer Wiseman, PLATTS	2:25.42	FAT
2. Heidi Swarts, CORT	2:26.37	"
3. Lynn Lambright, BUFF. ST	2:29.20	"
4. Peggy Spiesz, FRED	2:29.44	"
5. Lori Czerw, PLATTS	2:29.57	"
6. Bernadette Greenan, GEN	2:29.60	HT
7. Kristin Parker, GEN	2:31.10	"
8. Christine Copeland, GEN	2:37.50	"
9. Theresa Mercurio, FRED	3:31.50	"

1000 Meter

① Kim Stone, GEN	3:06.14	FAT
2. Kim Hunt, FRED	3:09.50	"
3. DEe Criscuolo, CORT	3:14.46	"
4. Lilliam Wan, BING	3:15.90	HT
5. Judy May, Gen	3:16.32	FAT
6. Christine Hamilton, BING	3:19.50	HT
7. Elyse Doti, BING	3:32.08	FAT
8. Allison Reed, CORT	3:32.90	HT

Triple Jump

1.	Grace King, FRED	10.98	36'0-1/4"
2.	Jenny Sponenberg, CORT	10.89	35'8-3/4"
3.	Liz Pitts, BROCK	10.76	35'3-3/4"
4.	Beth Whitehead, Cort	10.15	33'3-3/4"
5.	Wendy Woods, BROCK	10.07	33'0-1/2"
6.	Kyle Batarla, GEN	9.87	32'4-3/4"

200 MetersHeat 1

1.	Megan Huler, FRED	28.67	FAT
2.	Sylvia Cross, FRED	29.38	"
3.	Karen Shawdestin, PLATTS	30.01	"
4.	Abby Wood, CORT	30.37	"

Heat 2

1.	Emily Smith, GEN	28.41	FAT
2.	Kathy Stock, CORT	28.49	"
3.	Freddi Triback, BING	28.95	"
4.	Jeannette Daneals, BUFF ST.	30.15	"

Heat 3

1.	Jennifer Zulauf, FRED	27.49	FAT
2.	Shannon Cotten, Brock	28.56	"
3.	Gail Fox, BING	28.85	"
4.	Jessie Van Voorhees, GEN	29.06	"

Heat 4

1.	Keena Bush, GEN	27.63	FAT
2.	Loni Richardson, BUFF st.	27.93	"
3.	Liz Pitts, BROCK	28.14	"
4.	Tina Mitchell, Cort	29.08	"

3000 Meters

1.	Beth Cincotti, GEN	10:50.80	HT
2.	Heather Swarts, CORT	10:56.40	"
3.	Kyle Abernathy, GEN	10:56.90	"
4.	Tricia Rosario, BING	11:27.90	"
5.	Mindee McIntosh, FRED	11:31.20	"
6.	Kristin Thelen, GEN	11:33.10	"
	Kristine Kirk		Dropped Out

1600 M RelayHeat 1

1.	BINGHAMTON	4:31.90	HT
2.	CORTLAND	4:36.30	"
3.	Brockport	4:34.90	"

Heat 2

1.	GENESE	4:18.30	HT
	Pegoni, Greenan, Bush, Netheway		
2.	Fredonia	4:21.30	"
3.	Plattsburgh	4:29.00	"

3200 M Relay

1.	GENESE	10:18.15	FAT
	Stone, Cincotta, Gristi, Parker		
2.	FREDONIA	10:20.62	"
3.	CORTLAND	10:21.00	HT
4.	BINGHAMTON	10:25.94	FAT
5.	PLATTSBURGH	10:28.47	"
6.	BROCKPORT	11:14.90	HT

Team Scores

GENESE	149	\$
FREDONIA	127	
CORTLAND	85	
BROCKPORT	76	
BINGHAMTON	62	
BUFFALO ST.	34	
PLATTSBURGH	22	

# INDOOR TRACK

## SUNYAC Championships At Fredonia

**Team:** Fredonia 249, Geneseo 103,

Cortland 78, Binghamton 72, Plattsburgh 38, Brockport 26, Buffalo State 7.

**Long jump:** 1. Bryan Ingham (Fred) 22 feet-5, 2. Shane Cassidy (Cort) 22-1½,

3. Fabian Drain (Fred) 21-4. **5,000 meters:** 1. Tom Ouellette (Platt) 15:27.9, 2.

Scott Rowe (Fred) 15:44.3, 3. Mike Keanen (Bing) 16:07.6. **35-pound weight:**

1. Trevor Hitchcock (Fred) 62-10½ (meet and school record), 2. Doug Ryan (Gen) 53-¼, 3. Phil Simunek (Bing) 45-10¾; area finishers, 5. Mike McGraw (Broc) 41-11½, 7. Tom McDonald (Broc) 40-11½, 8. Bill Woolard (Broc) 38-6, 9. Tom Wolcott (Broc) 37-6. **High jump:** 1. Jeff Hoyt (Fred) 6-9¾, 2. Shane Cassidy (Cort) 6-2, 3. Jeff Moulton (Cort) 6-0.

**1,500:** 1. Jeff Winden (Fred) 4:05.57, 2. Gary Grinnell (Gen) 4:05.6, 3. Bill Zucconi (Gen) 4:08.15; 6. Todd Bayer (Broc) 4:14.26, 7. Trevor White (Gen) 4:24.38.

**Distance medley relay:** 1. Binghamton 11:02.29, 2. Geneseo 11:19.31, 3. Fredonia 11:28.48; 4. Brockport 11:46.67.

**Triple jump:** 1. Fabian Drain (Fred) 44-½, 2. Rob Noody (Fred) 43-10¾, 3. Shane Cassidy (Cort) 42-5¼; 4. Curtis Merrick (Broc) 42-3½, 6. Jeff Colaizzi (Gen) 39-11½. **55-high hurdles:** 1. Jey-

dier Osbourne (Bing) 7.69, 2. Jon Wier (Fred) 7.9, 3. Jim Davis (Fred) 8.08; 5. Jeff Colaizzi (Gen) 8.28, 6. Curtis Merrick (Broc) 8.44. **Shot put:** 1. Mike Ventura (Bing) 49-1½, 2. Trevor Hitchcock (Fred) 47-1¾, 3. Tom McDonald (Broc) 45-1¾; 4. Doug Ryan (Gen) 45-¼, 5. Joe Cynar (Broc) 44-6. **Pole vault:** 1. Steve Bender (Gen) 13-5¼, 2. Bill Brabant (Fred) 12-11½, 3. John DeMatteo (Bing) 12-11½; 6. Josh Alcombright (Broc) 12-5½, 7. Frank Smith (Broc) 12-5½.

**400:** 1. Eamon McHugh (Fred) 51.51, 2. Bill Norris (Cort) 52.32, 3. Rob Mackey (Fred) 52.4; 7. Steve Lukasik (Broc) 54.54, 8. Shane Ford (Broc) 55.16, 12. Chris Cummings (Gen) 59.05.

**500:** 1. Neal Hambleton (Fred) 1:08.79, 2. Joe Pietro (Fred) 1:09.19, 3. Andrew Sham (Gen) 1:10.8; 5. Paul Rigby (Broc) 1:11.13, 8. Anthony Augrigemma (Gen) 1:11.58. **55:** 1. Gilbert Hamilton (Fred) :06.6, 2. Kenny Boone (BS) :06.78, 3. Brian Willman (Cort) :06.84; 5. Mark Bowersox (Gen) :07.01, 6. Greg Heard (Broc) :21.7. **800:** 1. Neal Hambleton (Fred) 2:00.48, 2. Evan Dewandler (Fred) 2:00.73, 3. Tim Eagan (Cort) 2:00.81; 4. Gary Grinnell (Gen) 2:04.25, 5. Gary Donahue (Gen) 2:04.33. **1,000:** 1. Kevin Dibble (Gen) 2:36.65, 2. Chris Paddock (Fred) 2:38.8, 3. Derek Fialkiewicz (Fred) 2:40.5; 5. Trevor White (Gen) 2:44.47.

**3,000:** 1. Jeff Winden (Fred) 8:54.3, 2. Tom Ouellette (Platt) 9:08.7, 3. Bill Zucconi (Gen) 9:13.0; 4. Matt Annabel (Gen) 9:14.7, 8. Greg Preble (Gen) 10:00.9.

**200:** 1. Gilbert Hamilton (Fred) :23.03 (SUNYAC and fieldhouse record), 2. Rob Mackey (Fred) :23.64, 3. Brian Willman (Cort) :23.91; 9. Doug Harher (Broc) :24.85, 11. Alan Fink (Broc) :24.97, 14. David Klehr (Gen) :25.36, 16. Bruce Lee (Broc) 25.69. **1,600 relay:** 1. Fredonia 3:28.25, 2. Plattsburgh 3:39.44, 3. Binghamton 3:40.08; 5. Geneseo 3:44.24, 6. Brockport 3:46.17. **3,200 relay:** 1. Geneseo 8:17.7, 2. Cortland 8:20.66, 3. Binghamton 8:23.83; 6. Brockport 8:46.1.

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