

SUNYAC INDOOR TRACK & FIELD CHAMPIONSHIPS
Buffalo State College Sports Arena
Saturday, February 17, 1996

Women's Results

Weight Throw:

1. Sandy Sposato	Fredonia	13.98m# @
2. Alison Franklin	Geneseo	12.94m@
3. Robin Felony	Brockport	11.82m
4. Karen Shay	Brockport	11.62m
5. Andrea Hink	Brockport	11.58m
6. Christine Ianello	Binghamton	11.26m
7. Jennifer Enabe	Fredonia	10.78m

#BSC Sports Arena Record

@ Provisional NCAA Division III Qualifying Standard

5000 Meters:

1. Beth-Anne Cincotta	Geneseo	19.01#
2. Shannon Bugenhagen	Buffalo State	19.42
3. Amanda Rose	Plattsburgh	20.05
4. Bridgette Walrath	Brockport	20.32
5. Jen Legge	Plattsburgh	20.42
6. Cara Cameron	Plattsburgh	20.49
7. Kris Thelen	Geneseo	DNF

#BSC Sports Arena Record

Shot Put:

1. Karen Shay	Brockport	10.48m
2. Sandy Sposato	Fredonia	10.23m
3. Holly Simon	Brockport	9.76m
4. Kathleen Chamaj	Geneseo	9.72m*
5. Sue Herzog	Plattsburgh	9.72m
6. Beth Shope	Geneseo	9.69m
7. Christine Helfrich	Cortland	9.67m

*Place determined by second best throw

women's results con't...

Long Jump:

1. Grace King	Fredonia	5.35m@
2. Monique Hacku	Binghamton	5.05m
3. Tara Baideme	Geneseo	4.96m
4. Laura Sheehan	Geneseo	4.92m
5. Michele Odrohina	Fredonia	4.85m
6. Simone Christian	Buffalo State	4.76m
7. Michelle Shea	Brockport	4.75m

@Provisional NCAA Division III Qualifying Standard

1500 Meter:

1. Sarah Bunting	Binghamton	4:49.63#
2. Christine Sisting	Geneseo	4:52.63
3. Sandy Spoth	Buffalo State	5:00.03
4. Christine Hamilton	Binghamton	5:00.93
5. Patty Diver	Brockport	5:01.02
6. Lauren Wallack	Binghamton	5:06.54
7. Liz Karl	Geneseo	5:09.81
8. Jill Szczublewski	Cortland	5:10.13
9. Becky Doctor	Geneseo	5:20.64

#BSC Arena Record

High Jump:

1. Shannon Cotten	Brockport	1.60m*
2. Almee Dawson	Geneseo	1.60m*
3. Beth Whitehead	Cortland	1.60m*
4. Gretchen Obernesser	Fredonia	1.55m
Karla Brigiotta	Fredonia	
6. Stephanie Patterson	Brockport	1.45m*
7. Amy Morrison	Plattsburgh	1.45m*
8. Carolyn Dailey	Cortland	1.40m

Distance Medley:

1. Geneseo	13:38.3
2. Binghamton	13:43.2
3. Brockport	13:51.0
4. Plattsburgh	14:36.4

X

women's results con't...

400 Meters:

1. Noelle Spinelli	Cortland	1:02.55
2. Amy Nethoa	Geneseo	1:02.64
3. Amy Nutt	Plattsburgh	1:03.03
4. Megan Karas	Cortland	1:03.58
5. Talley Martin	Geneseo	1:03.88
6. Tonya Krueger	Brockport	1:03.97
7. Michele Odrobina	Fredonia	1:04.98
8. Dianna Smith	Binghamton	1:05.35
9. Stacey Wallace	Fredonia	1:05.56
10. Gabrielle Teofrio	Brockport	1:06.75
11. Jenn Gustafson	Brockport	1:07.79
12. Jen Petralito	Buffalo State	1:10.36

500m:

1. Karlyn Keefe	Geneseo	1:23.9#
2. Isabelle Julien	Plattsburgh	1:24.9
3. Paula Hardy	Geneseo	1:25.3
4. Cheryl Mitchell	Buffalo State	1:25.4
5. Peggy Splez	Fredonia	1:26.3
6. Carolyn Dailey	Cortland	1:27.0
7. Leigh Gantner	Binghamton	1:28.2
8. Julie Schubert	Brockport	1:30.1

X

#BSC Sports Arena Record

55 Meter Hurdles:

		<u>Semis</u>	<u>Finals</u>
1. Beth Whitehead	Cortland	8.72	8.69@
2. Monique Hacker	Binghamton	8.95	8.71@
3. Grace King	Fredonia	8.88	8.80@
4. Jana Gullo	Fredonia	9.17	9.04
5. Aimee Dawson	Geneseo	9.13	9.18
6. Jen Sponenberg	Cortland	9.53	9.52
7. Michele Odrobina	Fredonia	9.59	9.67
8. Katy Smith	Brockport	9.88	9.73
9. Sandy Gullo	Brockport	10.01	
10. Lela Luchetta	Binghamton	10.09	
11. Karen England	Binghamton	10.59	

@Provisional NCAA Division III Qualifying Standard

women's results con't...

55 Meter Dash:

		<u>Trials</u>	<u>Finals</u>
1. Shannon Cotton	Brockport	7.62	7.58
2. Mary Boroczyk	Fredonia	7.76	7.68
3. Emily Smith	Geneseo	7.86	7.83
4. Jen Allen	Geneseo	8.00	8.01
5. Sylvia Cross	Fredonia	8.17	8.08
6. Sara Brennan	Cortland	8.18	8.11

Triple Jump:

1. Grace King	Fredonia	11.54m#\$\$%
2. Monique Hacker	Binghamton	11.40m%
3. Beth Whitehead	Cortland	10.84m
4. Vickie Boley	Brockport	10.46m
5. Amy Morrison	Plattsburgh	10.29m
6. Laura Sheehan	Geneseo	10.12m
7. Simone Christian	Buffalo State	10.02m
8. Jenny Sponenberg	Cortland	10.00m
9. Karla Brigiotta	Fredonia	9.97m
10. Tara Baidene	Geneseo	9.95m
11. Amy Newkirk	Geneseo	9.84m
12. Sylvia Cross	Fredonia	9.77m
13. Maria Vanelli	Buffalo State	9.49m
14. Stephanie Merrow	Binghamton	9.42m
15. Michelle Shea	Brockport	9.17m
16. Karrie Utter	Fredonia	8.97m
17. Ann Canavan	Geneseo	8.65m

#BSC Sports Arena Record

\$SUNYAC Record

%Automatic NCAA Division III Qualifying Standard

4X400 Meter:

1. Cortland	4:19.05
2. Geneseo	4:23.34
3. Fredonia	4:23.86
4. Plattsburgh	4:25.90
5. Brockport	4:33.09
6. Binghamton	4:44.70
7. Buffalo State	D.N.S

women's results con't..

200 Meter Dash:

1. Amy Nethaway	Geneseo	27.4
2. Emily Smith	Geneseo	27.7
3. Shannon Cotten	Brockport	27.9
4. Mary Boroczyk	Fredonia	28.2
5. Talley Martin	Geneseo	28.2
6. Sara Brennan	Cortland	28.6

1000 Meter:

1. Theresa Trudell	Geneseo	3:13.67
2. Jen Pegoni	Geneseo	3:14.32
3. Kim Hunt	Fredonia	3:14.81
4. Jen Robertson	Geneseo	3:16.83
5. Erin Lyjak	Brockport	3:18.05
6. Jody May	Geneseo	3:18.56
7. Elyse Doti	Binghamton	3:23.66
8. Abby Wood	Cortland	3:43.39

800 Meter:

1. Sarah Bunting	Binghamton	2:23.20
2. Lynn Lambright	Buffalo State	2:25.33
3. Dianna Smith	Binghamton	2:26.16
4. Jen Bozek	Cortland	2:27.85
5. Patti Carroll	Fredonia	2:27.94
6. Becky Doktor	Geneseo	2:29.44
7. Patty Diver	Brockport	2:31.70
8. Caroline Brady	Binghamton	2:35.93
9. Liz Karl	Geneseo	2:36.12
10. Marissa Formes	Cortland	2:38.42
11. Tamara Schochet	Geneseo	2:40.20
12. Jill Harris	Fredonia	2:46.34

3.000 Meter:

1. Christine Sisting	Geneseo	11:14.0#
2. Lauren Wallack	Binghamton	11:36.1
3. Beth-Anne Cincotta	Geneseo	11:37.4
4. Laura Litjes	Cortland	11:38.3
5. Erin Kelly	Binghamton	11:39.3
6. Kate Sterling	Geneseo	12:05.0
7. Tricia Rosario	Binghamton	12:08.3
8. Jen Zeuge	Buffalo State	12:16.0
9. Cheryl Kniess	Brockport	13.26.1

#BSC Sports Arena Record

women's results con't...

4 x 800 Meter:

1. Binghamton	9:55.80#
2. Fredonia	10:01.00
3. Buffalo State	10:08.20
4. Brockport	10:27.50
5. Geneseo	10:53.20
6. Cortland	11:01.10

#BSC Sports Arena Record

FINAL TEAM STANDINGS

1. GENESEO	170
2. FREDONIA	94
3. BINGHAMTON	85
4. BROCKPORT	80
5. CORTLAND	59
6. PLATTSBURGH	34
7. BUFFALO STATE	33

WOMEN

SATURDAY
SUNYAC CHAMPIONSHIPS
At Buffalo State

Team: Fredonia 164, Binghamton 124, Cortland 89, Geneseo 72, Plattsburgh 55, Brockport 46, Buffalo State 37.

Individual: 35 Pound Weight Throw — 1. Mike Syhlowy (Fredonia) 15.70 (Buffalo State College Arena Record, Provisional qualifier for

NCAA Div III track meet); 2. Mark Winkler (Binghamton) 15.06; 3. Kevin Hesselstine (Fredonia) 14.18.

Pole Vault — 1. John Dematteo (Binghamton) 4.11; BSCAR; 2. Tom Black (Cortland) 4.26; 3. Kris Allison (Cortland); Darryl Bray (Brockport); Jason Little (Cortland) 4.11.

5000 Meters — 1. Gary Donahue (Geneseo) 15:27.6 BSCAR; 2. Todd Bauer (Brockport) 15:31.9; 3. Mike Kent (Binghamton) 15:53.

Long Jump — 1. Lamont Rhim (Buffalo State) 6.69; 2. Paul Rosenkarantz (Binghamton) 6.58; 3. Fabian Drain (Fredonia) 6.51.

High Jump — 1. Ben Chandler (Fredonia) 1.88. 2. Steve Lindsey (Fredonia) 1.88; 3. Steve Franco (Fredonia) 1.88.

1500 Meters — 1. Jeremy Burt (Plattsburgh) 4:04.07 BSCAR; 2. Matt Annabel (Geneseo) 4:04.34; 3. Ken McPherson (Binghamton) 4:08.99.

Distance Medley Relay — 1. Geneseo 10:54.3; 2. Binghamton 11:01.5; 3. Fredonia 11:03.4.

400 Meters — 1. Mike Donovan (Cortland) 51.01 BSCAR; 2. Joe Pietro (Fredonia) 51.38; 3. Bill Norris (Cortland) 51.48.

500 Meters — 1. Chad Denison (Cortland) 1:01.46 BSCAR; 2. Greg Hacic (Fredonia) 1:08.61; 3. Matt LoPiccolo (Plattsburgh) 1:08.99.

Shot Put — 1. Mark Winkler (Binghamton) 15.04 BSCAR; 2. Karl Vienneau (Cortland) 13.96; 3. Paul Rose (Brockport) 13.78.

55m Hurdles — 1. Jendyer Osborne (Binghamton) 7.87 BSCAR; 2. Joe Pietro (Fredonia) 8.03; 3. Andy Kirk (Plattsburgh) 8.07.

55 Meters — 1. Kenneth Burton (Fredonia) 6.65; 2. Brian Hamilton (Binghamton) 6.79; 3. Bill Romasser (Brockport) 6.80.

Triple Jump — 1. Lamont Rhim (Buffalo State) 14.13 Provisional Qualifying NCAA Div III; 2. Fabian Drain (Fredonia) 13.97 Provisional Qualifying NCAA Div III; 3. Will Slaughter (Cortland) 13.41.

800 Meters — 1. Ben Hefferon (Binghamton) 2:00.03; 2. Andrew Sham (Geneseo) 2:01.1; 3. Jon Davis (Fredonia) 2:02.0.

1000 Meters — 1. Gary Donahue (Geneseo) 2:36.16; 2. Andy Capone (Cortland) 2:37.85; 3. Jim Cassie (Buffalo State) 2:39.58.

200 Meters — 1. Jendyer Osborne (Binghamton) 23.1; 2. Joe Pietro (Fredonia) 23.2; 3. Brian Hamilton (Binghamton) 23.4.

3000 Meters — 1. Jeremy Burt (Plattsburgh) 9:00.76; 2. Matt Annabell (Geneseo) 9:05.05; 3. Ken McPherson (Binghamton) 9:08.07.

4x400 Meters — 1. Cortland 3:26.2 BSCAR; 2. Fredonia 3:31.1; 3. Plattsburgh 3:35.0.

4x800 Meters — 1. Geneseo 8:18.32 BSCAR; 2. Buffalo State 8:21.12; 3. Fredonia 8:21.34.

*BSCAR — Buffalo State College Areana Record

1996 NYST & FA Pentathlon Championships

1. Chris Kemp (Cortland) 3024, 2. Joe Retro (Fredonia) 3005, 3. Jonathon Kobrick (Binghamton) 2963, 4. Paul Rosenkrantz (Binghamton) 2962, 5. Josh Alcombright (Brockport) 2949, 6. John Wauman (Plattsburgh) 2834.