

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/24/2023 to 2/25/2023

Results

Women 60 Meter Dash

Conference: 7.54 C 3/8/2013 Sasha Henry
Meet: 7.63 M 2/23/2013 Sasha Henry
Facility: 7.63 F 2/23/2013 Sasha Henry
AARTFC: 8.10 A

Name	Yr	School	Prelims
Preliminaries			
1	Mia Montgomery	SR Brockport	A 7.82Q
2	Gwen Shepardson	SR Geneseo	A 7.86Q
3	Sarah Levine	SR Brockport	A 7.93Q
4	Kendall Sobczyk	FR Cortland	A 7.95q
5	Autumn Pittman	SO Cortland	A 7.98q
6	Khia Laster	SO Buffalo State	A 8.01q
7	Kayla Huba	FR Geneseo	A 8.03q
8	Kate Koutsourades	JR Geneseo	A 8.04q
9	Alyssa LaBelle	SR Cortland	A 8.07
10	Katelyn Jacques	SO Geneseo	8.14
11	Julianna Klimow	SO Geneseo	8.14
12	Josephine Lewis	JR Geneseo	8.26
13	Danielle Jackson	SO Oneonta	8.36
14	Julia Ross	FR Cortland	8.40
15	Madison Wagner	FR Potsdam	8.43
16	Deanna Zoch	JR Plattsburgh	8.63

Women 60 Meter Dash

Conference: 7.54 C 3/8/2013 Sasha Henry
Meet: 7.63 M 2/23/2013 Sasha Henry
Facility: 7.63 F 2/23/2013 Sasha Henry
AARTFC: 8.10 A

Name	Yr	School	Finals
Finals			
1	Mia Montgomery	SR Brockport	7.94A 10
2	Kendall Sobczyk	FR Cortland	7.96A 8
3	Autumn Pittman	SO Cortland	7.97A 6
4	Khia Laster	SO Buffalo State	7.98A 5
5	Kayla Huba	FR Geneseo	8.05A 4
6	Kate Koutsourades	JR Geneseo	8.06A 3
7	Sarah Levine	SR Brockport	8.12 2
---	Gwen Shepardson	SR Geneseo	FS

Women 200 Meter Dash

Conference: 24.63 C 2/10/2006 Musu Jackson-Buckner
Meet: 24.90 M 2/27/2015 Jess Huber
Facility: 24.90 F 2/27/2015 Jess Huber
AARTFC: 26.70 A

Name	Yr	School	Prelims
Preliminaries			
1	Gwen Shepardson	SR Geneseo	A 25.71q
2	Natalia Sawyer	FR Buffalo State	A 26.04q
3	Kate Koutsourades	JR Geneseo	A 26.24q
4	Elizabeth Liriano	SR Cortland	A 26.28q
5	Kayla Huba	FR Geneseo	A 26.30q
6	Julianna Klimow	SO Geneseo	A 26.33q

7	Sarah Levine	SR Brockport	A 26.38q
8	Khia Laster	SO Buffalo State	A 26.46q
9	Brianna Lawless	SR Brockport	26.80
10	Autumn Pittman	SO Cortland	26.81
11	Alyssa LaBelle	SR Cortland	27.09
12	Danielle Jackson	SO Oneonta	27.27
13	Margaret Guilfoyle	SO Geneseo	27.35
14	Mia Montgomery	SR Brockport	27.70
15	Sam Pynn	SO Geneseo	28.73
16	Hailey von Ahn	SO Potsdam	28.76

Women 200 Meter Dash

Conference: 24.63 C 2/10/2006 Musu Jackson-Buckner
Meet: 24.90 M 2/27/2015 Jess Huber
Facility: 24.90 F 2/27/2015 Jess Huber
AARTFC: 26.70 A

Name	Yr	School	Finals
Finals			
1	Gwen Shepardson	SR Geneseo	25.48A 10
2	Natalia Sawyer	FR Buffalo State	25.52A 8
3	Kate Koutsourades	JR Geneseo	25.91A 6
4	Elizabeth Liriano	SR Cortland	25.91A 5
5	Sarah Levine	SR Brockport	26.51A 4
6	Kayla Huba	FR Geneseo	26.59A 3
7	Julianna Klimow	SO Geneseo	26.60A 2
8	Khia Laster	SO Buffalo State	26.70A 1

Women 400 Meter Dash

Conference: 56.23 C 3/11/2022 Madison Mulder
Meet: 56.69 M 2/26/2022 Madison Mulder
Facility: 56.05 F 12/5/2015 Camaria Long
AARTFC: 1:01.00 A

Name	Yr	School	Prelims
Preliminaries			
1	Elizabeth Liriano	SR Cortland	A 59.49q
2	Natalia Sawyer	FR Buffalo State	A 59.60q
3	Sarah Levine	SR Brockport	A 59.74q
4	Clara Sensini	SR Brockport	A 1:00.80q
5	Tori Fears	SO Geneseo	1:01.04q
6	Claire Lenihan	SR Geneseo	1:01.04q
7	McKenna Johnson	FR Geneseo	1:01.06q
8	Avery Hebert	JR Cortland	1:01.73q
9	Maris Seabury	SO Cortland	1:01.77
10	Emily Yousey	SO Potsdam	1:01.79
11	Courtney Bostic	FR Brockport	1:02.54
12	Margaret Guilfoyle	SO Geneseo	1:02.76
13	Jenna Raczka	FR Buffalo State	1:02.95
14	Lena Kiehl	SO Geneseo	1:03.36
15	Jessica Landman	SO Plattsburgh	1:03.45
---	Yasmine Peralta	FR Cortland	DQ

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Women 400 Meter Dash

Conference: 56.23 C 3/11/2022 Madison Mulder
Meet: 56.69 M 2/26/2022 Madison Mulder
Facility: 56.05 F 12/5/2015 Camaria Long
AARTFC: 1:01.00 A

Name	Yr	School	Finals
Finals			
1	Natalia Sawyer	FR Buffalo State	57.80A 10
2	Elizabeth Liriano	SR Cortland	58.70A 8
3	Sarah Levine	SR Brockport	59.27A 6
4	Clara Sensini	SR Brockport	59.48A 5
5	Claire Lenihan	SR Geneseo	1:00.82A 4
6	Tori Fears	SO Geneseo	1:01.43 3
7	Avery Hebert	JR Cortland	1:01.88 2
8	McKenna Johnson	FR Geneseo	1:05.29 1

Women 800 Meter Run

Conference: 2:10.25 C 1/29/2016 Rachael Shine
Meet: 2:13.50 M 2/27/2016 Rachael Shine
Facility: 2:12.05 F 2/6/2016 Laura Morrison
AARTFC: 2:23.00 A

Name	Yr	School	Finals
Finals			
1	Aislyn McDonough	SR Plattsburgh	2:16.37A 10
2	Jennifer Metz	JR Brockport	2:17.14A 8
3	Janelle Eckl	SO Geneseo	2:17.23A 6
4	Raechel Zielinski	JR Geneseo	2:17.90A 5
5	Nieve Mahood	SO Geneseo	2:19.10A 4
6	Faith Coyle	SO Oswego	2:19.75A 3
7	Vanessa Ramos	FR Brockport	2:21.10A 2
8	Emily Yousey	SO Potsdam	2:24.91 1
9	Naomi Sibley	JR Brockport	2:24.94
10	Marlee Angus	SR Cortland	2:25.20
11	Lydia Cox	SO Brockport	2:26.13
12	Miah Lee	JR Geneseo	2:27.80
13	Nicole Gretzinger	FR Geneseo	2:28.09
14	Kaylee Haynes	SO Brockport	2:28.20
15	Veronica Szygalowicz	SO Geneseo	2:29.83
16	Mia Vizcaino	SO Brockport	2:30.00

Women 1 Mile Run

Conference: 4:51.83 C 1991 Vicki Mitchell
Meet: 4:58.52 M 2/27/2016 Rachael Shine
Facility: 4:58.52 F 2/27/2016 Rachael Shine
AARTFC: 5:22.00 A

Name	Yr	School	Finals
Finals			
1	Windsor Ardner	JR Geneseo	4:59.62A 10
2	Sierra Doody	FR Geneseo	5:01.22A 8
3	Kaitlyn Grossman	SO Geneseo	5:12.58A 6
4	Marlee Angus	SR Cortland	5:18.77A 5
5	Mia Vizcaino	SO Brockport	5:22.74 4
6	Ann Brennan	FR Geneseo	5:22.97 3
7	Hannah Fiorentine	SO Geneseo	5:23.18 2
8	Emma Mathes	JR Brockport	5:23.55 1

9	Veronica Szygalowicz	SO Geneseo	5:23.68
10	Sarah Smith	SO Plattsburgh	5:28.45
11	Veronica Dailey	JR Brockport	5:28.89
12	Kristin Ieva	FR Cortland	5:30.07
13	Ella DePhillips	JR Oneonta	5:31.64
14	Bethany Lorenzo	FR Geneseo	5:32.14
15	Lejla Borcilo	SO Geneseo	5:32.33
16	Olivia O'Donnell	JR Oneonta	5:33.15
17	Julianne Wilson	SO Brockport	5:33.76
18	Sarah Davis	JR Brockport	5:36.26
19	Meredith Masker	SO Brockport	5:50.98

Women 3000 Meter Run

Conference: 9:34.55 C 1991 Vicki Mitchell
Meet: 9:48.93 M 2/26/2022 Windsor Ardner
Facility: 9:48.93 F 2/26/2022 Windsor Ardner
AARTFC: 10:40.00 A

Name	Yr	School	Finals
Finals			
1	Penelope Greene	SO Geneseo	9:55.07A 10
2	Erin Eivers	SO Geneseo	9:55.09A 8
3	Kathleen McCarey	JR Geneseo	9:55.29A 6
4	Marcie Hogan	JR Geneseo	9:57.94A 5
5	Lilly Fowler-Conner	SO Geneseo	10:07.92A 4
6	Rachel Hirschkind	JR Geneseo	10:09.05A 3
7	Gabriella McCarthy	SO Geneseo	10:09.29A 2
8	Marie Naudus	SO Geneseo	10:15.86A 1
9	Megan Francoeur	SO Oneonta	10:17.07A
10	Kerry Flower	JR Brockport	10:25.10A
11	Leah Siegmann	FR Brockport	10:46.09
12	Ellie Decker	SO Oswego	10:50.98
13	Rachel Castello	SR Cortland	10:52.06
14	Cristina Gaskiewicz	FR Oswego	11:03.25
15	Sydney Smith	JR Cortland	11:05.33
16	Lauren Yonko	SO Brockport	11:15.11
---	Emily Rudolph	SO Oneonta	DNF

Women 5000 Meter Run

Conference: 16:36.68 C 2/11/2022 Kathleen McCarey
Meet: 17:12.7h M 1995 Michelle LeFleur
Facility: 16:57.90 F 2/19/2017 Kathryn Potter
AARTFC: 18:50.00 A

Name	Yr	School	Finals
Finals			
1	Rachel Hirschkind	JR Geneseo	17:29.86A 10
2	Kathleen McCarey	JR Geneseo	17:35.46A 8
3	Kerry Flower	JR Brockport	17:36.54A 6
4	Megan Francoeur	SO Oneonta	17:47.72A 5
5	Katherine Vogel	JR Geneseo	18:06.32A 4
6	Alexandra Ventresca	SO Geneseo	18:32.41A 3
7	Greta Flanagan	SO Geneseo	18:36.15A 2
8	Isabel Marzec	SO Geneseo	18:37.03A 1
9	Leah Siegmann	FR Brockport	18:41.55A
10	Khalifah Tracey	JR Cortland	18:58.69
11	Katherine Peterson	SO Geneseo	19:16.91
12	Adrienne Martin	SO Cortland	19:17.67

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Finals ... (Women 5000 Meter Run)

Name	Yr	School	Finals
13 Devin Reilly	SO	Cortland	19:20.01
14 Deirdre Sullivan	SO	Cortland	19:55.81
15 Anna Tessier	FR	Geneseo	19:57.49
16 Ally Battaglia	SO	Fredonia	20:30.03

Women 60 Meter Hurdles

Conference: 8.50 C 2015 Jazmin Dunham
Meet: 8.74 M 2/28/2015 Jazmin Dunham
Facility: 8.68 F 12/8/2012 Brooklynn Ventura
AARTFC: 9.50 A

Name	Yr	School	Prelims
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Preliminaries

1 Gwen Shepardson	SR	Geneseo	A 8.80Q
2 Natalia Sawyer	FR	Buffalo State	A 8.90Q
3 Ejim Nnate	SO	Oneonta	A 9.05q
4 Allyson Surowick	SO	Geneseo	A 9.20q
5 Lanna Wandy	SO	Geneseo	A 9.48q
6 AnJalyna Talmadge	FR	Cortland	9.65q
7 Lauren Anderson	SR	Cortland	9.95q
8 Madison Baker	SR	Brockport	10.01q
9 Ava Roper	FR	Cortland	10.35
10 Abbie Gregory	FR	Cortland	10.39
11 Destiny Rivera	JR	Buffalo State	10.47
12 April Jacobs	FR	Geneseo	10.54

Women 60 Meter Hurdles

Conference: 8.50 C 2015 Jazmin Dunham
Meet: 8.74 M 2/28/2015 Jazmin Dunham
Facility: 8.68 F 12/8/2012 Brooklynn Ventura
AARTFC: 9.50 A

Name	Yr	School	Finals
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Finals

1 Gwen Shepardson	SR	Geneseo	8.72M 10
2 Natalia Sawyer	FR	Buffalo State	8.80A 8
3 Ejim Nnate	SO	Oneonta	9.07A 6
4 Allyson Surowick	SO	Geneseo	9.28A 5
5 AnJalyna Talmadge	FR	Cortland	9.61 4
6 Lanna Wandy	SO	Geneseo	9.61 3
7 Lauren Anderson	SR	Cortland	9.86 2
8 Madison Baker	SR	Brockport	10.10 1

Women 4x400 Meter Relay

Conference: 3:47.63 C 3/11/2022 Geneseo
J. Strickland, A. Flaitz, G. Shepardson, M. Mulder

Meet: 3:57.00 M 2/29/2020 Geneseo
J Nischo, M Mulder, L Zopf, A Flaitz

Facility: 3:56.75 F 2/21/2016 Buffalo State
J Porter, S Vann, E Tisor, N Houpe

AARTFC: 4:10.00 A

Team	Relay	Finals
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Finals

1 Geneseo	3:59.44A	10
1) Gwen Shepardson SR	2) Claire Lenihan SR	
3) Janelle Eckl SO	4) Raechel Zielinski JR	
2 Brockport	4:00.51A	8
1) Clara Sensini SR	2) Courtney Bostic FR	
3) Jennifer Metz JR	4) Sarah Levine SR	
3 Buffalo State	4:06.37A	6
1) Jenna Raczka FR	2) Brooklyn Lawrence SO	
3) Natalia Sawyer FR	4) Khia Laster SO	
4 Cortland	4:10.41	5
1) Avery Hebert JR	2) Maris Seabury SO	
3) Helena Trackey FR	4) Yasmine Peralta FR	
5 Plattsburgh	4:21.80	4
1) Jessica Landman SO	2) Marissa LeDuc FR	
3) Aislyn McDonough SR	4) Morgan Thompson SO	
6 Potsdam	4:25.60	3
1) Hailey von Ahn SO	2) Emily Ware JR	
3) Madison Wagner FR	4) Emily Yousey SO	
7 Oneonta	4:27.80	2
1) Danielle Jackson SO	2) Olivia O'Donnell JR	
3) Taylor Johnson SO	4) Ella DePhillips JR	
8 Fredonia	4:31.88	1
1) Evelyn Smith SR	2) Erin Cool JR	
3) Vanessa Ryhal JR	4) Ally Battaglia SO	
9 Oswego	4:43.55	
1) Faith Coyle SO	2) Gretchen Dowd SO	
3) Julia Weaver FR	4) Jackie Janicki FR	

Women Distance Medley

Conference: 11:34.65 C 3/15/2013 Geneseo

K. Wood, A. Hoh, C. Kowalewski, A. Smith

Meet: 12:26.71 M 2/26/2016 Fredonia

S Wojnowski, S Ruszczyk, L Morrison, H Kurbs

Facility: 12:26.71 F 2/26/2016 Fredonia

S Wojnowski, S Ruszczyk, L Morrison, H Kurbs

AARTFC: 13:10.00 A

Team	Relay	Finals
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Finals

1 Geneseo	11:43.84M	10
1) Erin Eivers SO	2) Raechel Zielinski JR	
3) Sierra Doody FR	4) Windsor Ardner JR	
2 Brockport	12:51.86A	8
1) Emma Mathes JR	2) Kaylee Haynes SO	
3) Veronica Dailey JR	4) Sarah Davis JR	

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Finals ... (Women Distance Medley)

Team	Relay	Finals
3 Oneonta		12:56.24A 6
1) Eva Woodworth FR	2) Danielle Jackson SO	
3) Ella DePhillips JR	4) Olivia O'Donnell JR	
4 Cortland		13:01.15A 5
1) Kristin Ieva FR	2) Helena Trackey FR	
3) Savannah Adami SO	4) Sydney Smith JR	
5 Plattsburgh		13:26.39 4
1) Virginia Lucchetti FR	2) Morgan Thompson SO	
3) Natalia Castro SO	4) Sarah Smith SO	
6 Fredonia		14:02.78 3
1) Erin Cool JR	2) Evelyn Smith SR	
3) Vanessa Ryhal JR	4) Ally Battaglia SO	

Women High Jump

Conference: 1.76m C 3/15/2003 **Kim DePrez**
Meet: 1.73m M **Kim DePrez / Janelle Orosz**
Facility: 1.73m F 12/3/2016 **Emma Siuciak**
AARTFC: 1.57m A

Name	Yr	School	Finals
Finals			
1 Danielle Fisk	JR	Cortland	1.62mA 10
2 Mariah Saggese	FR	Cortland	1.57mA 7
2 Sarah Killip	SR	Brockport	1.57mA 7
4 Michaela Levesque	JR	Brockport	1.52m 4.5
4 Rebecca Christie	FR	Plattsburgh	1.52m 4.5
6 Destiny Rivera	JR	Buffalo State	1.52m 3
7 AnJalyna Talmadge	FR	Cortland	1.47m 2
8 Elizabeth Daly	FR	Plattsburgh	1.42m 1
9 Lanna Wandy	SO	Geneseo	1.42m
--- Kira Davidson	FR	Fredonia	NH

Women Pole Vault

Conference: 3.83m C 2/7/2020 **Maya Reina**
Meet: 3.70m M 2/23/2018 **Laura Piazza / Maya Reina**
Facility: 5.03m F 1/30/2016 **Jenn Suhr**
AARTFC: 3.20m A

Name	Yr	School	Finals
Finals			
1 Cara Pellechia	FR	Fredonia	3.40mA 10
2 Becca Bready	FR	Cortland	3.35mA 8
3 Mya Henry	SO	Brockport	3.20mA 6
4 Tess Eichner	SO	Brockport	3.20mA 5
5 Nicole Gretzinger	FR	Geneseo	3.05m 4
6 Kimmy Arena	SR	Cortland	2.90m 3
7 Ciara Murphy	SO	Brockport	2.90m 2
8 Faith Hoyt	FR	Cortland	2.75m 0.5
8 Gianna Batista	FR	Geneseo	2.75m 0.5
10 Hunter Czajkowski	SO	Brockport	2.60m
11 Madison Baker	SR	Brockport	2.45m
--- Claire Lenihan	SR	Geneseo	NH
--- Emily Stritzl	FR	Plattsburgh	NH

Women Long Jump

Conference: 6.21m C 1985 **Tracy Armstead**
Meet: 5.88m M 2/25/2017 **Camille Wutz**
Facility: 6.28m F 12/3/2016 **Mikayla Pearce**
AARTFC: 5.25m A

Name	Yr	School	Finals
Finals			
1 Katelyn Jacques	SO	Geneseo	5.53mA 10
2 Khia Laster	SO	Buffalo State	5.36mA 8
3 Ally Alvira	SO	Geneseo	5.35mA 6
4 Sam Pynn	SO	Geneseo	5.32mA 5
5 Allyson Surowick	SO	Geneseo	5.28mA 4
6 Mia Montgomery	SR	Brockport	5.21m 3
7 Danielle Fisk	JR	Cortland	5.18m 2
8 Michelle Fitting	SO	Geneseo	5.07m 1
9 Michaela Schaffer	SO	Plattsburgh	5.07m
10 Lena Kiehl	SO	Geneseo	5.00m
11 AnJalyna Talmadge	FR	Cortland	4.81m
12 Olivia Smock	SO	Geneseo	4.77m
13 Lauren Anderson	SR	Cortland	4.75m
14 Abigail McDowell	SR	Cortland	4.71m
15 Alyssa LaBelle	SR	Cortland	4.67m
16 Matteson Donnelly	JR	Cortland	4.56m
17 Jenna Raczka	FR	Buffalo State	3.45m

Women Triple Jump

Conference: 12.71m C 1998 **Monique Hacker**
Meet: 12.30m M 2/24/2017 **Alexa Wandy**
Facility: 12.61m F 12/7/2019 **Alexa Wandy**
AARTFC: 10.75m A

Name	Yr	School	Finals
Finals			
1 Katelyn Jacques	SO	Geneseo	12.04mA 10
2 Ally Alvira	SO	Geneseo	12.01mA 8
3 Lena Kiehl	SO	Geneseo	10.85mA 6
4 Michaela Schaffer	SO	Plattsburgh	10.70m 5
5 Abigail McDowell	SR	Cortland	10.50m 4
6 Alanah Byrant	FR	Brockport	10.31m 3
7 Rebecca Salim	JR	Cortland	10.28m 2
8 Kira Davidson	FR	Fredonia	10.06m 1
9 Olivia Smock	SO	Geneseo	9.95m
10 Matteson Donnelly	JR	Cortland	9.94m
11 Michaela Levesque	JR	Brockport	9.71m
12 Safia Sesay	FR	Brockport	9.42m
13 Caitlin Maher	FR	Cortland	9.37m
--- Mia Montgomery	SR	Brockport	FOUL

Women Shot Put

Conference: 15.42m C 2018 **Victoire Kothor**
Meet: 15.15m M 2/23/2018 **Victoire Kothor**
Facility: 15.35m F 1/27/2018 **Victoire Kothor**
AARTFC: 11.50m A

Name	Yr	School	Finals
Finals			
1 Sarah Crockett	JR	Brockport	13.34mA 10

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Finals ... (Women Shot Put)

Name	Yr	School	Finals
2 Isabella Fabrizio	SO	Oneonta	12.53mA 8
3 Zoe Conner	SO	Geneseo	12.44mA 6
4 Kaitlyn Bjelko	SR	Plattsburgh	12.27mA 5
5 Emelene Burek	JR	Oneonta	12.25mA 4
6 Maleenah Ortiz	JR	Brockport	11.81mA 3
7 Teghan Garris	SO	Oneonta	11.66mA 2
8 Kate Bellman	JR	Oneonta	11.62mA 1
9 Trinity Dees	FR	Brockport	11.33m
10 Katrina Chandler	FR	Brockport	11.03m
11 Lauren Jaklitsch	FR	Geneseo	11.02m
12 Liz Spencer	SR	Brockport	10.89m
13 Megan Spencer	FR	Cortland	10.83m
14 Jasmine Piper	JR	Plattsburgh	10.79m
15 Gabi Ragozzine	FR	Oneonta	10.66m
16 Hannah Jackson	JR	Oneonta	10.48m
17 Rebecca Heuler	FR	Brockport	10.46m
18 Emma Kinnicut	JR	Brockport	10.31m
19 Hannah McMasters	FR	Cortland	10.14m
20 Abigail Conpropst	JR	Oswego	7.94m

Women Weight Throw

Conference: 18.59m C 3/10/2017 **Meghan Serdock**
Meet: 18.38m M 2/24/2018 **Victoire Kothor**
Facility: 18.49m F 12/2/2017 **Jaskiran Dwaliwall**
AARTFC: 14.20m A

Name	Yr	School	Finals
1 Sarah Crockett	JR	Brockport	17.18mA 10
2 Emma Kinnicut	JR	Brockport	15.40mA 8
3 Zoe Conner	SO	Geneseo	15.30mA 6
4 Isabella Fabrizio	SO	Oneonta	15.16mA 5
5 Sarah Parr	JR	Cortland	15.16mA 4
6 Gabi Ragozzine	FR	Oneonta	14.86mA 3
7 Katrina Chandler	FR	Brockport	14.48mA 2
8 Hannah Jackson	JR	Oneonta	14.05m 1
9 Megan Spencer	FR	Cortland	13.89m
10 Trinity Dees	FR	Brockport	13.34m
11 Jasmine Piper	JR	Plattsburgh	13.29m
12 Christina Groleau	JR	Oneonta	13.13m
13 Hannah McMasters	FR	Cortland	12.87m
14 Kaitlyn Bjelko	SR	Plattsburgh	12.86m
15 Marisa Stravino	SO	Fredonia	12.19m
16 Lauren Jaklitsch	FR	Geneseo	12.08m
17 Abigail Conpropst	JR	Oswego	10.86m
--- Lainey Porter	SO	Brockport	FOUL

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Yr	School	Finals
1 Janelle Eckl	SO	Geneseo	2:19.92 825
2 Michelle Fitting	SO	Geneseo	2:31.55 674
3 Regan Kaiser	SO	Cortland	2:34.12 642
4 Lanna Wandy	SO	Geneseo	2:34.32 640
5 Madison Baker	SR	Brockport	2:36.26 616

6 Marissa LeDuc	FR	Plattsburgh	2:36.32 616
7 Sage Douglass	SO	Oneonta	2:50.36 460
8 Katherine Berge	SO	Plattsburgh	2:52.65 436
9 Josephine Alliano	JR	Oneonta	2:57.25 391

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Yr	School	Finals
1 Michelle Fitting	SO	Geneseo	9.44 820
2 Josephine Alliano	JR	Oneonta	9.44 820
3 Abrianna Kruger	JR	Geneseo	9.60 789
4 Lanna Wandy	SO	Geneseo	9.77 756
5 Janelle Eckl	SO	Geneseo	9.90 731
6 Madison Baker	SR	Brockport	10.14 686
7 Marissa LeDuc	FR	Plattsburgh	10.37 644
8 Sage Douglass	SO	Oneonta	10.39 641
9 Katherine Berge	SO	Plattsburgh	11.02 533
10 Regan Kaiser	SO	Cortland	11.05 528

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Yr	School	Finals
1 Janelle Eckl	SO	Geneseo	1.57m 701
2 Josephine Alliano	JR	Oneonta	1.51m 632
3 Regan Kaiser	SO	Cortland	1.48m 599
3 Lanna Wandy	SO	Geneseo	1.48m 599
3 Michelle Fitting	SO	Geneseo	1.48m 599
6 Abrianna Kruger	JR	Geneseo	1.39m 502
7 Marissa LeDuc	FR	Plattsburgh	1.36m 470
8 Madison Baker	SR	Brockport	1.33m 439
9 Katherine Berge	SO	Plattsburgh	1.30m 409
10 Sage Douglass	SO	Oneonta	1.27m 379

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Yr	School	Finals
1 Michelle Fitting	SO	Geneseo	5.23m 623
2 Lanna Wandy	SO	Geneseo	5.19m 612
3 Marissa LeDuc	FR	Plattsburgh	5.14m 598
4 Janelle Eckl	SO	Geneseo	5.03m 567
5 Josephine Alliano	JR	Oneonta	4.83m 514
6 Sage Douglass	SO	Oneonta	4.77m 498
7 Madison Baker	SR	Brockport	4.62m 459
7 Abrianna Kruger	JR	Geneseo	4.62m 459
9 Regan Kaiser	SO	Cortland	4.47m 421
10 Katherine Berge	SO	Plattsburgh	4.34m 388

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Yr	School	Finals
1 Abrianna Kruger	JR	Geneseo	9.22m 479
2 Michelle Fitting	SO	Geneseo	8.57m 436
3 Regan Kaiser	SO	Cortland	8.37m 423
4 Marissa LeDuc	FR	Plattsburgh	8.16m 410
5 Janelle Eckl	SO	Geneseo	8.07m 404
6 Madison Baker	SR	Brockport	7.98m 398

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Results

Finals ... (Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon)

Name	Yr	School	Finals
7 Josephine Alliano	JR	Oneonta	7.88m 392
8 Lanna Wandy	SO	Geneseo	7.84m 389
9 Sage Douglass	SO	Oneonta	7.52m 368
10 Katherine Berge	SO	Plattsburgh	5.94m 267

Women Indoor Pentathlon

Conference: 3648 C 2/7/2020 Emily Lavarnway
Meet: 3343 M 2/26/2016 Kayla Koelbel
Facility: 3695 F 12/1/2017 Carolyn Adams
AARTFC: 2500 A

Name	Yr	School	Finals
Finals			
1 Janelle Eckl	SO	Geneseo	3228A 10
2 Michelle Fitting	SO	Geneseo	3152A 8
3 Lanna Wandy	SO	Geneseo	2996A 6
4 Josephine Alliano	JR	Oneonta	2749A 5
5 Marissa LeDuc	FR	Plattsburgh	2738A 4
6 Regan Kaiser	SO	Cortland	2613A 3
7 Madison Baker	SR	Brockport	2598A 2
8 Sage Douglass	SO	Oneonta	2346 1
9 Katherine Berge	SO	Plattsburgh	2033

Men 60 Meter Dash

Conference: 6.71 C 1999 Stefan Mascall
Meet: 6.82 M 2/23/2013 Sean Bernstein
Facility: 6.82 F 2/23/2013 Sean Bernstein
AARTFC: 7.15 A

Name	Yr	School	Prelims
Preliminaries			
1 Brexton Montville	JR	Plattsburgh	A 6.98Q
2 Kelly Brown	JR	Brockport	A 7.02Q
3 Tyler McGrath	FR	Buffalo State	A 7.04Q
4 Nick Abdo	SR	Fredonia	A 7.03q
5 Matthew Schaffert	FR	Cortland	A 7.07q
6 Aaron Ottenwalder	FR	Brockport	A 7.09q
7 Eli Boothby	FR	Geneseo	A 7.09q
8 Bryan Jacobs	SO	Geneseo	A 7.11q
9 Jordan Williams	FR	Plattsburgh	A 7.13
10 Cameron Sands	FR	Oneonta	A 7.14
11 Jarrod Polk	FR	Buffalo State	7.16
12 Josh Jeziorski	SR	Brockport	7.16
13 Howard Nix	FR	Brockport	7.17
14 Zaire Higgins	SO	Cortland	7.18
14 Judson Delany	FR	Geneseo	7.18
16 Chris Ganley	JR	Oneonta	7.25
17 Junior Oduro	SO	Potsdam	7.31
--- Lance Jensen	SO	Geneseo	FS

Men 60 Meter Dash

Conference: 6.71 C 1999 Stefan Mascall
Meet: 6.82 M 2/23/2013 Sean Bernstein
Facility: 6.82 F 2/23/2013 Sean Bernstein
AARTFC: 7.15 A

Name	Yr	School	Finals
Finals			
1 Kelly Brown	JR	Brockport	6.97A 10
2 Brexton Montville	JR	Plattsburgh	7.02A 8
3 Tyler McGrath	FR	Buffalo State	7.04A 6
4 Bryan Jacobs	SO	Geneseo	7.09A 5
5 Aaron Ottenwalder	FR	Brockport	7.09A 4
6 Nick Abdo	SR	Fredonia	7.13A 3
7 Matthew Schaffert	FR	Cortland	7.14A 2
8 Eli Boothby	FR	Geneseo	7.39 1

Men 200 Meter Dash

Conference: 21.29 C 2/15/2013 Sean Bernstein
Meet: 21.67 M 2/26/2012 Sean Bernstein
Facility: 21.83 F 12/3/2016 Joshua Gali
AARTFC: 22.90 A

Name	Yr	School	Prelims
Preliminaries			
1 Lance Jensen	SO	Geneseo	A 22.07q
2 Nick Abdo	SR	Fredonia	A 22.44q
3 Brett Morse	SR	Cortland	A 22.51q
4 Evan Jensen	SO	Cortland	A 22.54q
5 Aaron Jones	SR	Cortland	A 22.62q
6 Aaron Ottenwalder	FR	Brockport	A 22.64q
7 Jason Rappazzo	SR	Geneseo	A 22.72q
8 Brexton Montville	JR	Plattsburgh	A 22.80q
9 Kelly Brown	JR	Brockport	A 22.86
10 Judson Delany	FR	Geneseo	22.93
11 Tyler McGrath	FR	Buffalo State	22.95
12 Andrew Kent	FR	Geneseo	22.96
13 Matthew Schaffert	FR	Cortland	22.97
14 Aidan Harrington	JR	Oswego	23.12
15 David Ibalio	SO	Buffalo State	23.29
16 Nick Marsowicz	FR	Fredonia	23.35
17 Mathew Broadnax	JR	Oswego	23.60
18 Junior Oduro	SO	Potsdam	24.34

Men 200 Meter Dash

Conference: 21.29 C 2/15/2013 Sean Bernstein
Meet: 21.67 M 2/26/2012 Sean Bernstein
Facility: 21.83 F 12/3/2016 Joshua Gali
AARTFC: 22.90 A

Name	Yr	School	Finals
Finals			
1 Lance Jensen	SO	Geneseo	21.81F 10
2 Evan Jensen	SO	Cortland	22.28A 8
3 Brett Morse	SR	Cortland	22.29A 6
4 Aaron Jones	SR	Cortland	22.45A 5
5 Nick Abdo	SR	Fredonia	22.51A 4

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Finals ... (Men 200 Meter Dash)

Name	Yr	School	Finals
6 Jason Rappazzo	SR	Geneseo	22.65A 3
7 Brexton Montville	JR	Plattsburgh	22.65A 2
8 Aaron Ottenwalder	FR	Brockport	22.70A 1

Men 400 Meter Dash

Conference: 47.62 C 2/14/2009 Eric Theiss
Meet: 48.25 M 2/26/2022 Kieran Sheridan
Facility: 48.25 F 2/26/2022 Kieran Sheridan
AARTFC: 51.30 A

Name	Yr	School	Prelims
1 Jacob Miller	FR	Geneseo	A 49.29q
2 Jason Rappazzo	SR	Geneseo	A 49.82q
3 Ayden Grinion	FR	Brockport	A 50.35q
4 Douglas Knapp	SR	Cortland	A 50.38q
5 Coltrane Goring	SR	Cortland	A 50.73q
6 Aidan Harrington	JR	Oswego	A 50.74q
7 Harrison Gavalas	FR	Cortland	A 51.07q
8 Andrew Kent	FR	Geneseo	A 51.10q
9 Austin Garske	SO	Cortland	A 51.17
10 Michael Durski	FR	Brockport	51.33
11 Nick Marsowicz	FR	Fredonia	51.54
12 Charles Cypress	FR	Plattsburgh	51.92
13 Sam Renaud	SO	Potsdam	52.04
14 Marcus Lewis	FR	Geneseo	52.27
15 Oba Awolowo	FR	Cortland	52.53
16 Andrew O'Gorman	JR	Cortland	53.32

Men 400 Meter Dash

Conference: 47.62 C 2/14/2009 Eric Theiss
Meet: 48.25 M 2/26/2022 Kieran Sheridan
Facility: 48.25 F 2/26/2022 Kieran Sheridan
AARTFC: 51.30 A

Name	Yr	School	Finals
1 Jacob Miller	FR	Geneseo	49.20A 10
2 Jason Rappazzo	SR	Geneseo	49.51A 8
3 Coltrane Goring	SR	Cortland	49.66A 6
4 Douglas Knapp	SR	Cortland	50.04A 5
5 Harrison Gavalas	FR	Cortland	50.86A 4
6 Andrew Kent	FR	Geneseo	51.34 3
7 Aidan Harrington	JR	Oswego	51.37 2
8 Ayden Grinion	FR	Brockport	51.40 1

Men 800 Meter Run

Conference: 1:50.99 C 1/28/2011 Nick Guarino
Meet: 1:52.92 M 2/26/2011 Nick Guarino
Facility: 1:51.15 F 1/18/2013 Nick Guarino
AARTFC: 1:58.50 A

Name	Yr	School	Finals
1 Stephen Hoare	JR	Geneseo	1:54.53A 10
2 Matthew Sheehan	SO	Geneseo	1:54.81A 8

3 Luke Jarski	SO	Oneonta	1:55.02A 6
4 Nick Markle	SO	Brockport	1:56.09A 5
5 Jack Hislop	SO	Geneseo	1:56.14A 4
6 Cameron Szabo	SR	Cortland	1:56.30A 3
7 Frank Bubbico	SO	Geneseo	1:56.39A 2
8 Clayton Santiago	SR	Cortland	1:57.21A 1
9 Alec Andrews	SR	Geneseo	1:57.59A
10 Nate Wilsoncroft	JR	Cortland	1:57.87A
11 Peter Moller	JR	Geneseo	1:57.93A
12 Jonathan Zavala	SO	Brockport	1:57.97A
13 Josh Walters	JR	Fredonia	1:58.10A
14 Sam Renaud	SO	Potsdam	1:58.22A
15 Cassidy Gilmore	FR	Brockport	1:58.89
16 Kevin Fischer	SR	Brockport	1:58.92
17 Michael Alvarez	SO	Cortland	2:03.59

Men 1 Mile Run

Conference: 4:04.68 C 3/4/2011 Nick Guarino
Meet: 4:08.76 M 2/27/2016 Collin Mulcahy
Facility: 4:08.76 F 2/27/2016 Collin Mulcahy
AARTFC: 4:24.00 A

Name	Yr	School	Finals
1 Ezra Ruggles	JR	Geneseo	4:08.39M 10
2 Jonathan Zavala	SO	Brockport	4:09.34A 8
3 Nick Bauman	SO	Geneseo	4:13.47A 6
4 Thomas Kressly	SO	Brockport	4:15.93A 5
5 Cameron Szabo	SR	Cortland	4:17.96A 4
6 Dawson Tooker	SO	Geneseo	4:19.82A 3
7 Justin Kumrow	SO	Plattsburgh	4:20.00A 2
8 Alex Hillyard	SO	Geneseo	4:21.87A 1
9 Harry Tomasi	SR	Cortland	4:22.97A
10 Zach Gauronski	SR	Geneseo	4:24.19
11 Clayton Santiago	SR	Cortland	4:24.40
12 Micah McCulley	SO	Geneseo	4:27.16
13 Patrick Klinger	SO	Fredonia	4:28.79
14 Erik Kucera	FR	Plattsburgh	4:33.14
15 Sean Killip	JR	Brockport	4:37.17
--- Jared Smith	SO	Brockport	DNF

Men 3000 Meter Run

Conference: 8:08.53 C 2/11/2022 Nick Andrews
Meet: 8:26.32 M 2/26/2022 Nick Andrews
Facility: 8:26.32 F 2/26/2022 Nick Andrews
AARTFC: 8:50.00 A

Name	Yr	School	Finals
1 Nick Andrews	JR	Geneseo	8:32.43A 10
2 Ezra Ruggles	JR	Geneseo	8:32.75A 8
3 Jonthomas Bierman	SO	Oneonta	8:33.42A 6
4 William Hall	SO	Geneseo	8:36.41A 5
5 Ryan Mitchell	SR	Geneseo	8:40.36A 4
6 Austin Schoen	FR	Geneseo	8:46.56A 3
7 Noah Bonesteel	SO	Plattsburgh	8:47.15A 2
8 Eion McClain	SO	Oneonta	8:47.16A 1
9 Thomas Kressly	SO	Brockport	8:48.03A

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Finals ... (Men 3000 Meter Run)

Name	Yr	School	Finals
10 Dillon VanDemortel	SR	Brockport	8:50.27
11 Justin Thang	SO	Geneseo	8:51.01
12 Paul Suflita	SR	Brockport	8:51.39
13 Nathan Couse	SR	Oswego	8:58.77
14 Owen Sullivan	FR	Oneonta	9:21.91

Men 5000 Meter Run

Conference: 14:13.02 C 1/28/2011 Mike Heymann
Meet: 14:34.98 M 2/26/2011 Mike Heymann
Facility: 14:48.13 F 3/1/2014 Cohen Miles-Rath
AARTFC: 15:30.00 A

Name	Yr	School	Finals
Finals			
1 Nick Andrews	JR	Geneseo	15:04.34A 10
2 Eion McClain	SO	Oneonta	15:13.51A 8
3 William Hall	SO	Geneseo	15:14.61A 6
4 Austin Schoen	FR	Geneseo	15:14.80A 5
5 Jared Smith	SO	Brockport	15:15.84A 4
6 Alex Hillyard	SO	Geneseo	15:18.42A 3
7 Hunter Brignall	JR	Cortland	15:19.87A 2
8 Paul Suflita	SR	Brockport	15:25.86A 1
9 Ryan Mitchell	SR	Geneseo	15:28.04A
10 Justin Thang	SO	Geneseo	15:29.58A
11 Patrick Klinger	SO	Fredonia	15:32.41
12 Harry Tomasi	SR	Cortland	15:51.17
13 John Balk Jr.	SO	Oneonta	15:51.70
14 Jeremy Gundrum	FR	Plattsburgh	16:13.49
15 RJ Davis	SO	Cortland	16:14.24
16 Michael Brockway	SO	Plattsburgh	16:17.74
--- Gabriel Winters-Bona	JR	Brockport	DNF
--- Dillon McClary	SO	Geneseo	DNF

Men 60 Meter Hurdles

Conference: 8.00 C 2/26/2016 Jake Alviene
Meet: 8.00 M 2/26/2016 Jake Alviene
Facility: 8.00 F 2/26/2016 Jake Alviene
AARTFC: 8.70 A

Name	Yr	School	Prelims
Preliminaries			
1 Brett Morse	SR	Cortland	A 8.11Q
2 Aaron Jones	SR	Cortland	A 8.19Q
3 Bryan Jacobs	SO	Geneseo	A 8.30q
4 Brendan Style	SO	Geneseo	A 8.49q
5 Alexander Mavros	SO	Oneonta	8.73q
6 Travis Iwuagwu	FR	Cortland	8.75q
7 Jacob Mairena	FR	Buffalo State	8.78q
8 Shevaughn Allen	JR	Buffalo State	8.81q
9 Kelly Brown	JR	Brockport	8.84
10 Caleb Clarke	JR	Geneseo	8.98
11 Isaiah Wright	FR	Brockport	9.10
12 Shy Lucas	FR	Buffalo State	9.11
13 Roland Zanger	SO	Cortland	9.13

Men 60 Meter Hurdles

Conference: 8.00 C 2/26/2016 Jake Alviene
Meet: 8.00 M 2/26/2016 Jake Alviene
Facility: 8.00 F 2/26/2016 Jake Alviene
AARTFC: 8.70 A

Name	Yr	School	Finals
Finals			
1 Brett Morse	SR	Cortland	8.08A 10
2 Aaron Jones	SR	Cortland	8.24A 8
3 Bryan Jacobs	SO	Geneseo	8.42A 6
4 Brendan Style	SO	Geneseo	8.46A 5
5 Travis Iwuagwu	FR	Cortland	8.75 4
6 Jacob Mairena	FR	Buffalo State	8.86 3
7 Shevaughn Allen	JR	Buffalo State	8.98 2
8 Alexander Mavros	SO	Oneonta	9.01 1

Men 4x400 Meter Relay

Conference: 3:11.65 C 2/10/2023 Geneseo
L. Jensen, J. Rappazzo, J. Miller, K. Sheridan
Meet: 3:20.47 M 2/24/2018 Geneseo
D Switzer, G Faulkner, Z Hannahoe, L D'Alfonso
Facility: 3:20.47 F 2/24/2018 Geneseo
D Switzer, G Faulkner, Z Hannahoe, L D'Alfonso
AARTFC: 3:27.00 A

Team	Relay	Finals
Finals		
1 Geneseo		3:18.21M 10
1) Lance Jensen SO	2) Stephen Hoare JR	
3) Andrew Kent FR	4) Jacob Miller FR	
2 Cortland		3:18.50M 8
1) Evan Jensen SO	2) Douglas Knapp SR	
3) Harrison Gavalas FR	4) Coltrane Goring SR	
3 Fredonia		3:21.25A 6
1) Nick Marsowicz FR	2) Josh Walters JR	
3) Toby Onuoha SR	4) Nick Abdo SR	
4 Oswego		3:29.82 5
1) Aidan Harrington JR	2) Christopher Dorney SR	
3) Dan Mars FR	4) Mathew Broadnax JR	
5 Oneonta		3:32.73 4
1) Alec Weiss SO	2) Nick Darrigo FR	
3) Luke Jarski SO	4) Joshua Jerome FR	
6 Plattsburgh		3:35.54 3
1) Charles Cypress FR	2) Stephen Fleury FR	
3) Nicholas Gelsomino FR	4) Logan Van Buren SO	
7 Brockport		3:39.75 2
1) Kevin Fischer SR	2) Ayden Grinion FR	
3) Michael Durski FR	4) Kelly Brown JR	
8 Potsdam		3:50.72 1
1) Sam Renaud SO	2) Harper Barrett SO	
3) Logan Ploss SO	4) Eli Siracusa FR	
--- Buffalo State		DNF
1) David Ibalio SO	2) Dylan Devine SO	
3) Devin Austin FR	4) Tyler McGrath FR	

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Men Distance Medley

Conference: 9:43.13 C 2/10/2023 Geneseo
N. Andrews, K. Sheridan, J. Goldberg, E. Ruggles
Meet: 10:12.02 M 2/26/2016 Fredonia
C Mulcahy, C Towse, N Watson, Z Hess
Facility: 10:12.02 F 2/26/2016 Fredonia
C Mulcahy, C Towse, N Watson, Z Hess
AARTFC: 10:40.00 A

Team	Relay	Finals
Finals		
1 Oneonta		10:23.57A
1) Owen Sullivan FR	2) Alec Weiss SO	
3) Luke Jarski SO	4) Jonthomas Bierman SO	
2 Geneseo		10:34.36A
1) Dawson Tooker SO	2) Matthew Sheehan SO	
3) Stephen Hoare JR	4) Zach Gauronski SR	
3 Fredonia		10:39.29A
1) Sam Cottrell SR	2) Toby Onuoha SR	
3) Josh Walters JR	4) Kyle Campbell SR	
4 Brockport		10:40.47
1) Daniel Casey FR	2) Cassidy Gilmore FR	
3) JJ Montemaro FR	4) Dillon VanDemortel SR	
5 Cortland		10:42.61
1) Nate Wilsoncroft JR	2) Austin Garske SO	
3) Michael Alvarez SO	4) Matthew Mullen SO	
6 Plattsburgh		10:47.97
1) Justin Kumrow SO	2) Nicholas Gelsomino FR	
3) Logan Van Buren SO	4) Erik Kucera FR	
7 Oswego		10:59.86
1) Miguel Tineo Reyes SO	2) Mathew Broadnax JR	
3) Tom Mahunik FR	4) Nathan Couse SR	
8 Potsdam		11:36.88
1) Sam Renaud SO	2) Harper Barrett SO	
3) Eli Siracusa FR	4) Logan Ploss SO	
9 Buffalo State		11:47.81
1) Daniel Sorge SO	2) Dylan Devine SO	
3) David Ibalio SO	4) Giovanni Ventura FR	

Men High Jump

Conference: 2.18m C 1984 **Kym Orr**
Meet: 2.18m M 1984 **Kym Orr**
Facility: 2.15m F 2/8/2020 **Kyle Rollins**
AARTFC: 1.91m A

Name	Yr	School	Finals
Finals			
1 Devin Austin	FR	Buffalo State	1.95mA 10
2 Toby Onuoha	SR	Fredonia	1.90m 8
3 Alex Ordonez	FR	Oneonta	1.85m 5.5
3 Roland Zanger	SO	Cortland	1.85m 5.5
5 Aidan Kelly	SO	Oneonta	1.85m 3.5
5 Mark Simmons	FR	Brockport	1.85m 3.5
7 Shy Lucas	FR	Buffalo State	1.85m 2
8 Colin Cassidy	SO	Fredonia	1.80m 1

Men Pole Vault

Conference: 5.09m C 3/8/2013 **Zach Ferrara**
Meet: 5.00m M 2/26/2012 **Zach Ferrara**
Facility: 5.42m F 1/26/2019 **Zach Ferrara**
AARTFC: 4.40m A

Name	Yr	School	Finals
Finals			
1 Zachary Nyhart	SR	Cortland	5.00mM 10
2 Dustin Meyer	FR	Brockport	4.90mA 8
3 Chris Kaszynski	SO	Buffalo State	4.40mA 6
4 Brett Patmore	SR	Geneseo	4.10m 5
5 Marshall Testa	SO	Geneseo	4.10m 4
6 Chris Gualtieri	JR	Fredonia	3.80m 2.5
6 Michael Carey	SO	Oneonta	3.80m 2.5
8 Drew Allocco	FR	Geneseo	3.80m 1
9 Adam Jackson	FR	Buffalo State	3.80m
10 Ethan Pocock	SR	Fredonia	3.65m

Men Long Jump

Conference: 7.77m C 2/11/2012 **Wenley Louis**
Meet: 7.42m M 2/29/2020 **Egypt Page**
Facility: 7.33m F 1/25/2020 **Corey Cox/Egypt Page**
AARTFC: 6.65m A

Name	Yr	School	Finals
Finals			
1 Bryan Jacobs	SO	Geneseo	7.28mA 10
2 Josh Jeziorski	SR	Brockport	7.09mA 8
3 Shevaughn Allen	JR	Buffalo State	6.88mA 6
4 Alhagie-Sorie Sesay	SR	Cortland	6.85mA 5
5 Howard Nix	FR	Brockport	6.73mA 4
6 Brett Morse	SR	Cortland	6.70mA 3
7 Nas Muslim Dost	SO	Buffalo State	6.56m 2
8 Tyler McGrath	FR	Buffalo State	6.53m 1
9 Jarrod Polk	FR	Buffalo State	6.46m
10 Joseph Ciardi	FR	Oneonta	6.45m
11 Hunter Zangerle	FR	Brockport	6.39m
12 Adam Specht	SO	Geneseo	6.30m
13 Cameron Sample	FR	Fredonia	6.29m
14 Aidan Masten	SO	Plattsburgh	6.28m
15 Dylan Olson	SO	Geneseo	6.27m
16 Chad Franklin	FR	Oneonta	6.23m
17 Roland Zanger	SO	Cortland	6.20m
18 Cliff Biehl	SO	Oneonta	6.18m
19 Jacob Mairena	FR	Buffalo State	6.10m

Men Triple Jump

Conference: 15.52m C 1981 **James Parker**
Meet: 14.88m M 3/1/2014 **Richard Pete**
Facility: 15.03m F 2/8/2020 **Femi Akinduro**
AARTFC: 13.40m A

Name	Yr	School	Finals
Finals			
1 Shevaughn Allen	JR	Buffalo State	15.48mF 10
2 Jean-Andre Sassine	SR	Cortland	14.38mA 8
3 Amarian Hughes	JR	Cortland	14.22mA 6

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Finals ... (Men Triple Jump)

Name	Yr	School	Finals
4 Alex Irving	SR	Brockport	14.06mA 5
5 Devin Austin	FR	Buffalo State	14.02mA 4
6 Jarrod Polk	FR	Buffalo State	13.48mA 3
7 Alhagie-Sorie Sesay	SR	Cortland	13.39m 2
8 Toby Onuoha	SR	Fredonia	13.31m 1
9 D'Andre Hunter	JR	Brockport	13.18m
10 Alexander Daniel	SR	Cortland	13.16m
11 Joseph Ciardi	FR	Oneonta	13.12m
12 Joshua Jerome	FR	Oneonta	13.06m
13 Brendan Style	SO	Geneseo	13.06m
14 Dylan Olson	SO	Geneseo	12.57m
15 Cameron Sample	FR	Fredonia	12.40m

Men Shot Put

Conference: 17.69m C 2/14/2020 Tony DeYoung

Meet: 17.86m M 2/28/2020 Tony DeYoung

Facility: 18.47m F 12/3/2016 Ryan Cribbin

AARTFC: 13.85m A

Name	Yr	School	Finals
Finals			
1 Alex Rood	SO	Brockport	15.87mA 10
2 Isaiah Brunache	FR	Cortland	14.61mA 8
3 Jason Marincic	JR	Brockport	14.37mA 6
4 Matt Muscolo	SO	Brockport	13.66m 5
5 Dominic Cervellera	FR	Buffalo State	13.38m 4
6 Vincent Zheng	SO	Oneonta	13.31m 3
7 Mitchell Makowski	SR	Cortland	12.94m 2
8 Aidan Tous	JR	Plattsburgh	12.91m 1
9 Nicholas Larocque	SR	Cortland	12.85m
10 Thomas Burek	JR	Cortland	12.84m
11 Michael Saavedra	SR	Oswego	12.42m
12 Sawyer Eckberg	FR	Oneonta	12.23m
13 Jady Sylvain	SR	Potsdam	12.17m
14 Nicholas Bocach	FR	Brockport	12.07m
15 Jason Briscoe	SR	Oneonta	11.62m
16 Nick Kaires	SO	Cortland	10.34m
17 Alexander Kline	SO	Oswego	10.22m

Men Weight Throw

Conference: 20.47m C 3/13/2015 Pat Weinert

Meet: 19.16m M 1994 Trevor Hitchcock

Facility: 19.67m F 2/8/2014 Jake Basher

AARTFC: 15.50m A

Name	Yr	School	Finals
Finals			
1 Mitchell Makowski	SR	Cortland	16.14mA 10
2 Isaiah Brunache	FR	Cortland	16.14mA 8
3 Miles Moliterni	JR	Oneonta	16.06mA 6
4 Matthew Jackson	JR	Brockport	15.41m 5
5 Jacob DeWilde	SO	Brockport	15.02m 4
6 Jason Briscoe	SR	Oneonta	14.81m 3
7 Alex Rood	SO	Brockport	14.31m 2
8 Marco Alteri	SO	Oneonta	14.20m 1
9 Thomas Burek	JR	Cortland	13.91m

10 James Tumia	SO	Oneonta	13.30m
11 Vincent Zheng	SO	Oneonta	13.27m
12 Michael Iavaroni	FR	Cortland	12.78m
13 Nick Kaires	SO	Cortland	12.70m
14 Zane Moussa	SO	Potsdam	12.62m
15 Matt Muscolo	SO	Brockport	12.23m
16 Nicholas Larocque	SR	Cortland	11.87m
17 Alexander Kline	SO	Oswego	10.91m

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Ryan Serp	SR	Cortland	7.23 802
2 Richard Mangogna	SO	Oneonta	7.48 719
3 Tim Petty	SO	Potsdam	7.57 690
4 Jakub Dobrowolski-Kosior	FR	Cortland	7.58 687
5 Ian Szemcsak	FR	Brockport	7.62 675
6 Aidan Kelly	SO	Oneonta	7.63 671
7 Nik Knobloch	SO	Cortland	7.64 668
8 Jacob Schmid	SO	Geneseo	7.68 656
9 Caleb Clarke	JR	Geneseo	7.81 616

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Nik Knobloch	SO	Cortland	2:52.64 738
2 Jacob Schmid	SO	Geneseo	2:53.74 727
3 Tim Petty	SO	Potsdam	2:56.16 702
4 Ryan Serp	SR	Cortland	2:58.17 682
5 Aidan Kelly	SO	Oneonta	2:59.07 673
6 Caleb Clarke	JR	Geneseo	3:00.00 664
7 Ian Szemcsak	FR	Brockport	3:00.11 663
8 Richard Mangogna	SO	Oneonta	3:03.92 626
--- Jakub Dobrowolski-Kosior	FR	Cortland	DNF

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Ryan Serp	SR	Cortland	8.70 813
2 Caleb Clarke	JR	Geneseo	9.01 744
3 Richard Mangogna	SO	Oneonta	9.17 709
4 Ian Szemcsak	FR	Brockport	9.37 666
5 Nik Knobloch	SO	Cortland	9.37 666
6 Aidan Kelly	SO	Oneonta	9.49 642
7 Jacob Schmid	SO	Geneseo	9.51 637
8 Jakub Dobrowolski-Kosior	FR	Cortland	9.60 619
9 Tim Petty	SO	Potsdam	10.07 528

Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Aidan Kelly	SO	Oneonta	1.84m 661
2 Ian Szemcsak	FR	Brockport	1.78m 610
3 Nik Knobloch	SO	Cortland	1.72m 560
3 Richard Mangogna	SO	Oneonta	1.72m 560
3 Ryan Serp	SR	Cortland	1.72m 560

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/24/2023 to 2/25/2023

Results

Finals ... (Heptathlon: #4 Men High Jump Heptathlon)

Name	Yr	School	Finals
6 Jacob Schmid	SO	Geneseo	1.66m 512
7 Tim Petty	SO	Potsdam	1.54m 419
8 Jakub Dobrowolski-Kosioi	FR	Cortland	1.51m 396
9 Caleb Clarke	JR	Geneseo	1.48m 374

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals
Finals			
1 Richard Mangogna	SO	Oneonta	4.40m 731
2 Aidan Kelly	SO	Oneonta	3.60m 509
3 Ryan Serp	SR	Cortland	3.50m 482
4 Jacob Schmid	SO	Geneseo	3.40m 457
5 Caleb Clarke	JR	Geneseo	3.30m 431
6 Ian Szemcsak	FR	Brockport	3.20m 406
6 Nik Knobloch	SO	Cortland	3.20m 406
8 Tim Petty	SO	Potsdam	2.50m 242
--- Jakub Dobrowolski-Kosioi	FR	Cortland	NH

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Richard Mangogna	SO	Oneonta	6.48m 693
2 Ian Szemcsak	FR	Brockport	6.36m 666
3 Ryan Serp	SR	Cortland	6.32m 657
4 Aidan Kelly	SO	Oneonta	6.26m 644
5 Nik Knobloch	SO	Cortland	6.09m 606
6 Tim Petty	SO	Potsdam	5.64m 510
7 Jacob Schmid	SO	Geneseo	5.63m 508
8 Caleb Clarke	JR	Geneseo	5.42m 465
9 Jakub Dobrowolski-Kosioi	FR	Cortland	5.30m 441

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Richard Mangogna	SO	Oneonta	12.08m 611
2 Tim Petty	SO	Potsdam	10.96m 543
3 Caleb Clarke	JR	Geneseo	10.80m 534
4 Aidan Kelly	SO	Oneonta	10.62m 523
5 Ian Szemcsak	FR	Brockport	9.59m 461
6 Jacob Schmid	SO	Geneseo	9.06m 429
7 Ryan Serp	SR	Cortland	9.02m 427
8 Nik Knobloch	SO	Cortland	8.71m 408
9 Jakub Dobrowolski-Kosioi	FR	Cortland	8.33m 386

Men Heptathlon

Conference: 5247 C 3/10/2017 Jack Flood
 Meet: 4998 M 2/26/2016 Aidan Fullerton
 Facility: 5246 F 12/2/2016 Rostam Turner
 AARTFC: 3900 A

Name	Yr	School	Finals
Finals			
1 Richard Mangogna	SO	Oneonta	4649A 10
2 Ryan Serp	SR	Cortland	4423A 8
3 Aidan Kelly	SO	Oneonta	4323A 6

4 Ian Szemcsak	FR	Brockport	4147A 5
5 Nik Knobloch	SO	Cortland	4052A 4
6 Jacob Schmid	SO	Geneseo	3926A 3
7 Caleb Clarke	JR	Geneseo	3828 2
8 Tim Petty	SO	Potsdam	3634 1
9 Jakub Dobrowolski-Kosioi	FR	Cortland	2529

Women - Team Rankings - 17 Events Scored

1) Geneseo	275.5
2) Brockport	130.5
3) Cortland	95.5
4) Buffalo State	49
4) Oneonta	49
6) Plattsburgh	37.5
7) Fredonia	15
8) Potsdam	4
9) Oswego	3

Men - Team Rankings - 16 Events Scored

1) Geneseo	184
2) Cortland	155.5
3) Brockport	106.5
4) Oneonta	66.5
5) Buffalo State	59
6) Fredonia	25.5
7) Plattsburgh	18
8) Oswego	7
9) Potsdam	2