

Men's Results

10,000-meter — 1, Thomas O'Gara, ETSU, 30:12.72. 2, Dave Tabor, Mar, 30:45.88. 3, Dave Ball, Mar, 31:35.74. 4, Craig Warren, ASU; 31:41.29. 5, Erik Hopkins, ETSU, 31:42.15. 6, Henry Loving, VMI, 32:13.96.

Hammer — 1, Steve Jeck, ASU, 154-3. 2, D.J. Totland, Cit, 136-2. 3, Aubrey Walton, VMI, 133-3. 4, Gerry Ladlow, VMI, 126-9. 5, Lee Lafferty, Mar, 126-3. 6, Rick Brown, VMI, 124-4.

Javelin — 1, Bill Blake, Cit, 174-9½. 2, Todd Burdette, VMI, 168-1. 3, Dave Gizanski, Cit, 166-2. 4, D.J. Totland, Cit, 164-½. 5, Greg Smith, Fur, 163-7½. 6, Bryan Murphy, Mar, 158-6.

Long jump — 1, Michael Hanks, ASU, 25-3. 2, Kenny Stewart, VMI, 23-10¼. 3, Warren Posey, ASU, 23-8½. 4, Darryl Russell, ASU, 23-1½. 5, David Brown, Fur, 22-4½. 6, Ray Carmichael, ASU, 22-3¼.

3,000-meter steeplechase — 1, Todd Crosson, Mar, 9:10.30. 2, Adam Jagelski, Fur, 9:19.56. 3, Gary Cheslock, Mar, 9:22.74. 4, Ray Jones, ETSU, 9:23.06. 5, Greg Hoofnagle, VMI, 9:23.41. 6, Craig Warren, ASU, 9:37.07.

Team Scoring — 1, Appalachian St. 38. 2, Marshall 33. 3, VMI 30. 4, Citadel 28. 5, E. Tennessee St. 16. 6, Furman 16. 7, Davidson 0. 8, Tn.-Chattanooga 0. 9, W. Carolina 0.

Women's Results

10,000-meter — 1, Lesley Whitehead, ETSU, 37:54.25. 2, Kathy Bumgarner, UTC, 39:39.02. 3, Shelly Wallace, Mar, 39:46.63. 4, Tina Maynard, Mar, 40:23.39. 5, Holly DeCann, ASU, 40:49.87. 6, Whitney Jesse, ASU, 40:56.79.

Long jump — 1, Patrina Massey, ASU, 18-6¾. 2, Erica West, Mar, 18-3¾. 3, Linda McCoy, ASU, 17-10. 4, Vealce Jenkins, ASU, 17-2. 5, Ty Abercrombie, Mar, 40:23.39. 6, Bobbie Puckett, ASU, 16-6½.

Javelin — 1, Meg Warren, ASU, 174-11½. 2, Bobbie Puckett, ASU, 96-1. 3, Amy Dick, Mar, 94-0. 4, Tina Osborne, Mar, 87-4. 5, Elizabeth Atkins, ASU, 85-11½. 6, Bessie Peterson, Fur, 85-11½.

3,000-meter — 1, Sabrina Keeton, ETSU, 10:07.70. 2, Michelle Crow, ASU, 10:12.96. 3, Cindy Little, ASU, 10:13.85. 4, Beth Ruggles, ASU, 10:20.14. 5, Jody Richards, ETSU, 10:32.40. 6, Sue Kepich, Mar, 10:42.50.

Team Scoring — 1, Appalachian St. 62. 2, Marshall 31. 3, E. Tennessee St. 22. 4, Tn.-Chattanooga 8. 5, Furman 1. 6, Davidson 0. 7, W. Carolina 0.

MENS

Team standings—1, Appalachian St., 193. 2, VMI, 118½. 3, Marshall, 106. 4, W. Carolina, 71½. 5, The Citadel, 59. 6, Furman, 34. 7, E. Tennessee St., 31. 8, Tn.-Chattanooga, 2. 9, Davidson, 1.

Triple jump—1, Michael Hanks, ASU, 51-3¾. 2, Warren Posey, ASU, 47-10¾. 3, Keith Washington, VMI, 46-2½. 4, Rodney Edwards, VMI, 45-¾. 5, Lamar Bell, FUR, 45-0. 6, Benii Motte, FUR, 44-9¾.

Shot put—1, Steve Jeck, ASU, 51-5½. 2, Kelvin Brown, CIT, 50-7. 3, Elton Bailey, FUR, 46-9. 4, Mike Efermentso, MAR, 45-5¾. 5, Aubry Walton, VMI, 45-1¾. 6, Brian Pitts, FUR, 44-6⅛.

High jump—1, Sammie Cunningham, ASU, 6-8. 2, Michael Hanks, ASU, 6-6. 3, Kevin Orr, MAR, 6-6. 4, Jimmy Ellis, ETSU, 6-4. 5, Garrett Thompson, VMI, 6-2. 6, Todd Francisco, MAR, 6-0.

4x100 relay—1, VMI (Bobby Blackwell, Bobby Harris, Keith Washington, Kenny Stewart), 41.04. 2, Appalachian St., 41.63. 3, Marshall, 41.96. 4, Western Carolina, 42.38. 5, Furman, 42.51.

110 high hurdles—1, Walt Foster, ASU, 14.06. 2, Tommy Robbins, ASU, 14.42. 3, James McKinnie, WCU, 14.51. 4, Andrew Stewart, VMI, 14.61. 5, Chuck Goins, ASU, 14.92. 6, Scott Griffes, VMI, 15.14.

Discus—1, Kelvin Brown, CIT, 135-0. 2, Steve Jeck, ASU, 134-8. 3, James Morris, WCU, 130-4. 4, Dwight Sterling, FUR, 127-1¾. 5, Brian Pitts, FUR, 125-0. 6, Aubry Walton, VMI, 122-1¼.

1,500—1, Dave Meeks, MAR, 3:53.48. 2, Mike Curcio, ASU, 3:54.64. 3, Greg Hoofnagle, VMI, 3:55.25. 4, Thomas O'Gara, ETSU, 3:56.34. 5, Ray Jones, ETSU, 3:56.90. 6, Charlie Ward, MAR, 4:03.48.

Pole vault—1, Mike Schell, ASU, 15-6. 2, Gary Hall, ASU, 14-6. 3, Rodney Edwards, VMI, 14-0. 4, Jeff Thaxton, MAR, 14-0. 5, Scott Jones, MAR, 14-0. 6, Tom Brooks, VMI, 13-6.

400—1, Earl Bates, WCU, 47.26. 2, Mike Maxwell, VMI, 48.56. 3, Willie Davis, CIT, 49.06. 4, Keith Sewall, ASU, 49.36. 5, Rob Pate, MAR, 49.46. 6, Ray Richardson, ASU, 49.49.

100—1, Bobby Blackwell, VMI, 10.52, track record; old record 10.62, Nathan McCorkel, E. Carolina, 1986. 2, Marshall Pitts, ASU, 10.64. 3, Jimmy Armstrong, ASU, 10.93. 4, Bobby Harris, VMI, 10.95. 5, Kenny Stewart, VMI, 10.99. 6, Fred Davis, WCU, 11.03.

400 hurdles—1, James McKinnis, WCU, 52.41. 2, Craig Burd, MAR, 53.70. 3, Mike Maxwell, VMI, 53.92. 4, Andy Schultz, WCU, 54.00. 5, Walt Foster, ASU, 54.39. 6, Steve McDonald, ETSU, 55.13.

800—1, Richard Rowe, WCU, 1:52.84. 2, Rob Mitchell, MAR, 1:53.98. 3, Thayne Harmon, ASU, 1:55.10. 4, Coley Rice, VMI, 1:55.79. 5, George Battersby, UTC, 1:56.11. 6, Mike Cason, CIT, 1:57.10.

200—1, Earl Bates, WCU, 21.46. 2, Marshall Pitts, ASU, 21.67. 3, Bobby Harris, VMI, 22.06. 4, Bobby Blackwell, VMI, 22.11. 5, Kenny Stewart, VMI, 22.18. 6, Butch Jones, MAR, 22.33.

5000—1, Thomas O'Gara, ETSU, 14:32.04. 2, Todd Crosson, MAR, 14:39.19. 3, Dave Tabor, MAR, 14:41.47. 4, Pete Vandenburg, ASU, 14:45.39. 5, Adam Jagelski, FUR, 14:54.91. 6, Mike Ball, MAR, 15:00.96.

4x400 relay—1, Western Carolina (James McKinnis, Bruce Titus, Earl Bates, Richard Rowe), 3:14.45. 2, Appalachian St., 3:17.97. 3, Marshall, 3:18.74. 4, The Citadel, 3:21.29. 5,

Furman, 3:24.15. 6, Davidson, 3:31.92. 7, VMI, disqualified.

WOMEN

High jump—1, Jeanne King, ASU, 5-6. 2, Meg Warren, ASU, 5-4. 3, Kasey Barnette, ASU, 5-4. 4, Janni Mix, ASU, 5-0. 5, Wanda Foster, WCU, 5-0. 6, Lisa Hines, MAR, 5-0.

Discus—1, Lynn Cotton, MAR, 122-10. 2, Bobbi Manning, MAR, 119-10. 3, Meg Warren, ASU 112-5½. 4, Michelle Withers, MAR, 111-10½. 5, Carmen Safrit, ASU, 109-0. 6, Linda Evans, ETSU, 105-4½.

Triple jump—1, Patrina Massey, ASU, 37-1¼. 2, Linda McKoy, ASU, 34-11½. 3, Lisa Hines, MAR, 33-3¼. 4, Kasey Barnette, ASU, 32-4. 5, Jeanne King, ASU, 31-8¾.

4x100 relay—1, Appalachian St. (Linda McKoy, Bobbie Puckett, Sheila Green, Lamonda Miller) 47.66. 2, Marshall, 49.04. 3, E. Tennessee St., 52.51. 4, W. Carolina, 52.73. 5, Furman, 52.89.

Shot put—1, Michelle Withers, MAR, 41-9¾. 2, Lena Evans, ETSU, 40-11⅞. 3, Tina Osborne, MAR, 39-7¾. 4, Meg Warren, ASU, 36-6½. 5, Carmen Safrit, ASU, 35-1⅞. 6, Bobbi Hanning, MAR, 31-3⅞.

100 hurdles—1, Bobbie Puckett, ASU, 14.56. 2, Meg Warren, ASU, 14.99. 3, Patrina Massey, ASU, 15.02. 4, Meg Hanshaw, MAR, 15.37. 5, Veatrice Jenkins, ASU, 15.79. 5, Tammy Cutchfield, ETSU, 15.79.

100—1, Lamonda Miller, ASU, 11.69, track record; old record, 11.83, Miller, 1986. 2, Linda McKoy, ASU, 12.70. 3, Erika West, MAR, 12.77. 4, Veatrice Jenkins, ASU, 13.01. 5, Ty Abercrombie, MAR, 13.17. 6, Kallie Gembach, ETSU, 13.43.

400—1, Kellie Smith, ETSU, 57.72. 2, Lisa Rosenbaum, ETSU, 57.93. 3, Carmen Nordman, ASU, 1:00.22. 4, Sheila Green, ASU, 1:01.24. 5, Alicia Williams, WCU, 1:02.76. 6, Stacey Register, FUR, 1:03.26.

1500—1, Satrina Keeton, ETSU, 4:38.64. 2, Karen Osada, ASU, 4:43.56. 3, Venessa Tysor, ASU, 4:46.30. 4, Lesley Whitehead, ETSU, 4:50.51. 5, Mithalle Crow, ASU, 4:51.13. 6, Beth Ruggles, ASU, 4:59.23.

800—Kellie Smith, ETSU, 2:18.06. 2, Karen Osada, ASU, 2:18.66. 3, Sabrina Keeton, ETSU, 2:19.77. 4, Venessa Tysor, ASU, 2:27.52. 5, Christine Gilman, FUR, 2:28.98. 6, Missy Willis, DAV, 2:29.09.

400 hurdles—1, Lisa Rosenbaum, ETSU, 1:03.70. 2, Kim Frazer, ETSU, 1:05.15. 3, Tammy Critchfield, ETSU, 1:06.30. 4, Bobbie Puckett, ASU, 1:07.07. 5, Alicia Williams, WCU, 1:11.69. 6, Connie Waterman, MAR, 1:12.29.

200—1, Lamonda Miller, ASU, 24.05. 2, Shelia Green, ASU, 26.40. 3, Patrina Massey, ASU, 26.60. 4, Erica West, MAR, 26.64. 5, Linda McKoy, ASU, 26.89. 6, Meg Warren, ASU, 27.34.

5000—1, Cindy Little, ASU, 17:41.68. 2, Lesley Whitehead, ETSU, 18:05.61. 3, Jody Richards, ETSU, 18:15.67. 4, Lisa Hindson, MAR, 18:59.13. 5, Tina Maynard, MAR, 19:14.72. 6, Shara Baughcombe, FUR, 19:17.66.

4x400 relay—1, E. Tennessee St. (Kim Frazer, Tammy Critchfield, Kellie Smith, Lisa Rosenbaum) 3:57.90. 2, Appalachian St., 4:04.50. 3, Furman, 4:19.31. 4, Marshall, 4:30.20. 5, W. Carolina, disqualified.

Team scores—1, Appalachian St., 271½. 2, E. Tennessee St., 133½. 3, Marshall, 112. 4, Furman, 13. 5, W. Carolina, 10. 6, Tn.-Chattanooga, eight. 7, Davidson, one.