

MEN

10,000 meters—1, Tom O'Gara, E. Tennessee St., 29:37. 2. James Hynes, E. Tennessee St., 29:56. 3. Dave Tabor, Marshall, 30:02. 4. Richard Stewart, Marshall, 30:57. 5. Ron Haley, Tenn.-Chattanooga, 31:25. 6. Morris Piercy, Appalachian St., 31:51.

3,000-meter steeplechase—1, Todd Crossen, Marshall, 8:49.77, meet record; old record 8:59.8, Terry Donnelly, William & Mary, 1967. 2. Greg Hoofnagle, VMI, 8:52.81. 3. Ray Jones, E. Tennessee St., 8:59.10. 4. Pete Vandenburg, Appalachian St., 9:10.04. 5. Scott Vance, Appalachian St., 9:16.15. 6. David Maxfield, Furman, 9:19.09.

Hammer throw—1, Leigh Hawkins, Appalachian St., 49.40 meters. 2. Tom Ball, Appalachian St., 47.04. 3. Kenny Kovac, VMI, 43.80. 4. Aubrey Walton, VMI, 43.70. 5. Bill Robinson, Citadel, 43.24. 6. Jeff Williamson, Davidson, 42.40.

Javelin—1, Davin Ruohomaki, VMI, 53.98 meters. 2. Phil Backkus, Marshall, 52.97. 3. Bill Blake, Citadel, 50.88. 4. Jerry Holmes, Appalachian St., 50.75. 5. D.J. Totland, Citadel, 50.20. 6. Joe Lambiotte, Marshall, 45.81.

Long jump—1, Greg Hatchett, VMI, 7.54 meters. 2. Greg Clifton, VMI, 7.17. 3. Mike Jones, Furman, 7.14. 4. Terry Fortune, VMI, 7.07. 5. Warren Posey, Appalachian St., 7.03. 6. Nelson Dixon, W. Carolina, 6.95.

Team scores: VMI 50, Appalachian St. 31, Marshall 29, E. Tennessee St. 24, Citadel 10, Furman 7, Tn.-Chattanooga 2, W. Carolina 1, Davidson 1.

WOMEN

10,000 meters—1, Deanna Campbell, Tenn.-Chattanooga, 37:08.59. 2. Denise Littleton, Marshall, 38:19.36. 3. Holly Decann, Appalachian St., 39:10.94. 4. Kathy Pownall, Furman, 41:20.49. 5. Lisa Culbertson, Davidson, 41:54.19. 6. Christi Caywood, Tenn.-Chattanooga, 42:29.10.

Javelin—1, Lea Ann Parsley, Marshall, 35.12 meters. 2. Tina Osborne, Marshall, 30.85. 3. Kim Johnson, W. Carolina, 30.60. 4. Shirley Shannon, W. Carolina, 27.75. 5. Jessie Hoeverman, Appalachian St., 27.40. 6. Patrina Denson, Appalachian St., 25.48.

Long Jump—1, Sandra Davis, W. Carolina, 5.95 meters. 2. Linda McCoy, Appalachian St., 5.81. 3. Patrina Massie, Appalachian St., 5.77. 4. Erica West, Marshall, 5.46. 5. Stethane Pipkins, Appalachian St., 5.42. 6. Deirdre Keyes, Appalachian St., 5.40.

3,000 meters—1, Beth Ruggles, Appalachian St., 10:07.62. 2. Emily Romines, Tenn.-Chattanooga, 10:18.89. 3. Vanessa Tyson, Appalachian St., 10:22.08. 4. Ingrid Mason, Marshall, 10:37.14. 5. Monica Lambert, Tenn.-Chattanooga, 11:15.04. 6. Laurie Reams, Davidson, 11:49.15.

Team Scores: Appalachian St. 42, Marshall 34, Tenn.-Chattanooga 21, W. Carolina 20, Furman 4, Davidson 3, E. Tennessee St. 0.

LEXINGTON, Va. — Virginia Military Institute's Mario Small, a double winner in the 200- and 400-meter-dashes, helped the Keydets outdistance Appalachian State 194½ to 128 points to capture the Southern Conference outdoor track championship yesterday.

VMI's conference victory, the first since 1983, ended Appalachian's four-year reign as tournament champs.

Marshall placed third with 105½ points.

Coach Mike Bozeman of VMI was selected the conference coach of the year, and Leigh Hawkins of Appalachian took honors as the men's outstanding performer. Hawkins was the meet's only three-event winner in the hammer, shot and discus.

In the women's competition, Lamonda Miller, who was named the women's outstanding performer, helped Appalachian State run away with its second consecutive title.

Miller won the 100- and 200-meter-dashes and was a member of the triumphant 400-meter relay team. The Mountaineers amassed 263 points to runner-up Marshall with 107.

Marshall's Dennis Brachna was selected the women's conference coach of the year.

TRACK BRIEFING

JOURNAL STAFF REPORT

14:22.22. 2, James Hynes (ETSU) 14:22.60. 3, Dave Tabor (Marshall) 14:34.55.

800 meters—1, Richard Rowe (WCU) 1:51.35. 2, Mike Carson (Citadel) 1:52.53. 3, Brian Caffrey (Furman) 1:52.59.

500 meters—1, Greg Hoofnagle (VMI) 3:50.02. 2, Brian Caffrey (Furman) 3:50.23. 3, Ray Jones (ETSU) 3:50.56.

400-meter dash—1, Mario Small (VMI) 47.12. 2, Richard Rowe (WCU) 47.63. 3, Willie Davis (Citadel) 48.56.

200-meter dash—1, Mario Small (VMI) 21.73. 2, Bobby Harris (VMI) 21.85. 3, Frank Allen (ASU) 21.86.

100-meter dash—1, Keith Collins (ASU) 10.72. 2, Greg Hatchett (VMI) 10.74. 3, Frank Allen (ASU) 10.76.

1600-meter relay—1 VMI (Stewart, Harris, Rice, Small) 3:15.01. 2 (WCU) 3:15.26. 3 (Citadel) 3:18.33.

400-meter relay—1 ASU (Russell, Allen, Bethen, Collins) 41.28. 2 (VMI) 41.42. 3 (Marshall) 42.26.

400-meter hurdles—1, Andrew Stewart (VMI) 53.29. 2, Craig Burd (Marshall) 53.72. 3, Andy Schultz (WCU) 53.66.

10-meter high hurdles—1, Andrew Stewart (VMI) 14.52. 2, Greg Hatchett (VMI) 14.63. 3, Steven McDonald (ETSU) 14.77.

Discus—1, Leigh Hawkins (ASU) 164-10. 2, Scott Capell (ASU) 147-½. 3, Mike Naifeh (VMI) 146-7.

Triple jump—1, Warren Posey (ASU) 51-11. 2, Rodney Edwards (VMI) 48-43. 3, Rick Gardin (WCU) 46-10.

Shot put—1, Leigh Hawkins (ASU) 52-2½. 2, Mike Naifeh (VMI) 48-7½. 3, Scott Capell (ASU) 47-8.

High jump—1, Kevin Orr (Marshall) 6-8. 2, Todd Francisco (Marshall) 6-6. 3, Mark Pressley (WCU) 6-4.

Pole vault—1, Rodney Edwards (VMI) 15-2, Scott Jones (Marshall) 14-6. 3, J.D. McCray (VMI) 14-0.

TEAM SCORES—VMI 194½, Appalachian State 128, Marshall 105½, E. Tennessee State 66, W. Carolina 56, The Citadel 40, Furman 24, Tenn.-Chattanooga 2, Davidson, 1.

Yesterday's Women's Results

5,000-meters—1, Beth Ruggles (ASU) 17:30.64. 2, Emily Romines, Tenn.-Chattanooga, 17:45.50. 3, Vanessa Tyson (ASU) 17:49.10.

1,500-meters—1, Karen Osada, Applachian St., 4:39.25. 2, Sabrina Keaton (ETSU) 4:40.84. 3, Jody Richards (ETSU) 4:48.71.

800-meters—1, Sabrina Keaton (ETSU) 2:18.17. 2, Jennifer Bowers (ASU) 2:18.79. 3, Karen Osada (ASU) 2:19.80.

400-meter dash—1, Melissia Rogers (ASU) 56.74. 2, Stethane Pipkins (ASU) 57.24. 3, Alicia Williams (WCU) 58.74.

200-meter dash—1, Lamonda Miller (ASU) 23.88. 2, Lynette Farmer (ASU) 25.45. 3, Sandra Davis (WCU) 25.48.

100-meter dash—1, Lamonda Miller (ASU) 11.56. 2, Lynette Farmer (ASU) 12.22. 3, Erica West (Marshall) 12.32.

400-meter hurdles—1, Kim Frazer (ETSU) 1:03.38. 2, Lynn Kochendorfer (Marshall) 1:04.64. 3, Kelley Price (ASU) 1:06.20.

100-meter hurdles—1, Patrina Massey (ASU) 15.03. 2, Lynn Kockendorfer (Marshall) 15.49. 3, Tammy Pearsall (ASU) 15.63.

1,600-meter relay—1 ASU (Pipkins, Keyes, Peay, Rogers) 3:52.84. 2 (WCU) 3:58.37. 3 (Marshall) 4:07.91.

400-meter relay—1 ASU (Farmer, Keyes, Pipkins, Miller) 46.81. 2 (Marshall) 49.84. 3 (WCU) 50.65.

Discus—1, Lynn Cotton (Marshall) 127-8. 2, Maelynn Thompson (ETSU) 118-4. 3, Jessie Hoeverman (ASU) 116-10.

Triple Jump—1, Linda McCoy (ASU) 37-4½. 2, Karen Dixon (Furman) 37-1½. 3, Tonya Kiser (ASU) 36-10½.

Shot Put—1, Maelynn Thompson (ETSU) 39-0½. 2, Tina Osbourne (Marshall) 37-1. 3, Jessie Hoeverman (ASU) 33-3.

High Jump—1, Linda McKoy (ASU) 5-6. 2, Patricia Denson (ASU) 5-4. 3, Whiz Atkins (ASU) 5-2. 3, Melissia Rogers (ASU) 5-2.

Yesterday's Men's Results

5,000 meters—1, Thomas O'Gara (ETSU)

TEAM SCORES—Appalachian State 263, Marshall 107, W. Carolina 61, E. Tennessee State 59, Tenn.-Chattanooga 33, Furman 20, Davidson 7.