

1999 MEN'S CHAMPIONSHIP

Team results

Team	Points	Team	Points
1. Western Carolina	213	6. Chattanooga	66
2. Appalachian State	154	7. Furman	36
3. VMI	121	8. Davidson	25
4. ETSU	115	9. Wofford	9
5. The Citadel	70	10. UNCG	2

100-meter dash

1. Kenyon Doyle, CIT	10.51
2. Johnnie Morrison, WCU	10.55
3. Jeremy Carter, WCU	10.66
4. Kenneth White, VMI	10.70
5. Kevin Pennycooke, ETSU	10.72
6. Bryan Davis, WOF	10.90
7. Aaron Wright, WCU	10.93
8. Charvin Clark, ETSU	10.95

200-meter dash

1. Kenyon Doyle, CIT	21.34
2. Jeremy Carter, WCU	21.36
3. Evan Hawkins, ETSU	21.66
4. Kevin Pennycooke, ETSU	21.81
5. Kenneth White, VMI	22.06
6. Akaba Glaspie, WCU	22.41
7. Jason McGhinnis, APP	22.53

400-meter dash

1. Evan Hawkins, ETSU	47.85
2. Kenneth Carmichael, VMI	48.17
3. Keith Glenn, WCU	48.34
4. Rob Nichols, CIT	48.86
5. John Baldwin, UTC	49.18
6. Derek Lemay, WCU	49.32
7. Akaba Glaspie, WCU	49.84

800-meter run

1. Zack Whitmarsh, ETSU	1:51.77
2. Nic Crider, UTC	1:53.85
3. Dan Gibson, DAV	1:54.78
4. Chris O'Brian, APP	1:55.67
5. Mitchell Jones, ETSU	1:56.01
6. James Layne, APP	1:56.15
7. James Lowery, UTC	1:57.84
8. Yurivan Der Heijden, FUR	1:58.14

1,500-meter run

1. Nic Crider, UTC	3:48.02
2. Mike Leinweber, UTC	3:53.09
3. Zack Whitmarsh, ETSU	3:56.21
4. Dan Gibson, DAV	3:57.19
5. Mitchell Jones, ETSU	3:57.51
6. James Layne, APP	3:58.80
7. Damiam Walsh, UTC	3:59.89
8. Palmer Thomas, FUR	4:00.23

5,000-meter run

1. Shane Austin, APP	14:54.51
2. Will Dickerson, APP	15:01.48
3. Rodney Stoker, UTC	15:05.97
4. Ben Bisette, APP	15:06.96
5. Brent Ferrell, DAV	15:10.65
6. Shon Grice, UTC	15:15.30
7. Derek Murphy, ETSU	15:20.06
8. Greg Sprowl, ETSU	15:20.98

10,000-meter run

1. Will Dickerson, APP	31:30.81
2. John Welsh, ETSU	32:04.40
3. Kyle McLean, UTC	32:54.97
4. Brian Reinhardt, FUR	33:05.38
5. Seth Peoples, APP	33:18.66
6. John Gubitosi, CIT	33:21.84
7. Greg Sprowl, ETSU	33:22.08
8. Robert Stephens, WCU	33:52.01

110-meter hurdles

1. Omari Francis, APP	14.38
2. Jeremy Carter, WCU	14.54
3. Rahsaan Uldaneta, WCU	14.62
4. Ryan Linebarger, APP	14.75
5. Johnny Bomar, WCU	14.99
6. Jeffrey McKelvin, VMI	15.11
7. Keith Sims, APP	15.16
8. Steve Lindsey, WOF	15.52

400-meter hurdles

1. Jon Hutchins, ETSU	52.90
2. Kenneth Carmichael, VMI	53.06
3. Jason McGhinnis, APP	53.34
4. Derek Lemay, WCU	53.58
5. Glenn Hicks, APP	54.43
6. Jon Paul Bowles, FUR	55.74
7. Johnny Bomar, WCU	55.76
8. Ryan Linebarger, APP	56.15

3,000-meter steeplechase

1. Shon Grice, UTC	9:14.70
2. Derek Murphy, ETSU	9:21.85
3. Shane Austin, APP	9:24.16
4. Ben Bisette, APP	9:31.19
5. Brent Ferrell, DAV	9:39.61
6. Jake Johnson, FUR	9:43.71
7. Tim Briles, FUR	9:46.01
8. Patrick Dillon, FUR	9:55.96

4x100-meter relay

1. The Citadel	40.94
2. VMI	41.64
3. Appalachian State	42.13
4. Furman	43.23
5. Chattanooga	43.51
6. Davidson	43.72
7. UNCG	44.62
8. Western Carolina	48.61

4x400-meter relay

1. ETSU	3:13.90
2. Western Carolina	3:14.74
3. Appalachian State	3:14.93
4. The Citadel	3:16.46
5. VMI	3:17.18
6. Chattanooga	3:22.81
7. Furman	3:24.33
8. Davidson	3:25.42

High jump

1. Jason Farr, ETSU	6-11.50
2. Eric McClary, CIT	6-11.50
3. Tommy Mosley, WCU	6-05.50
4. Rob Waddington, CIT	6-05.50
5. Jeffrey McKelvin, VMI	6-03.50
6. Ben Wittkowski, ETSU	6-01.50
7. Scott Cargile, WCU	6-01.50
8. Aaron Wright, WCU	6-01.50

Pole vault

1. Ryan Lewis, WCU	16-04.75
2. Tim Thomas, WCU	15-07
3. Wes Pickens, APP	15-01
4. Wirt Cross, VMI	15-01
5. Charles Rice, WCU	13-11.25
6. Zach Harris, APP	13-05.25
7. Ronald Hull, VMI	13-05.25
8. Brad Berry, WCU	12-05.50

Long jump

1. Smith Lamoytna, VMI	24-04.50
2. Rayshon Carthen, WCU	23-11.00
3. Charvin Clark, ETSU	23-08.25
4. Jeremy Carter, WCU	23-08.00
5. Omari Francis, APP	23-01.25
6. Jimmy Johnson, WCU	23-00.75
7. Damion McLean, APP	23-00.00
8. Louis Ivory, FUR	22-07.25

Triple jump

1. Smith Lamoytna, VMI	49-02.15
2. Aaron Wright, WCU	48-09.00
3. Jimmy Johnson, WCU	48-02.00
4. Rayshon Carthen, WCU	47-07.00
5. Omari Francis, APP	46-09.00
6. Scott Cargile, WCU	45-11.25
7. Ade Artis, DAV	44-10.75
8. Ian Chadwick, WOF	44-08.75

Shot put

1. Phillip Johnson, WCU	51-06.50
2. Jeb Hall, WCU	51-00.25
3. Sidney Brandon, VMI	49-03.00
4. Larry Brock, APP	47-09.75
5. Chris Stewart, FUR	46-03.50
6. Tom Hite, ETSU	45-00.25
7. Quentin Armstrong, CIT	45-00.25
8. Russ Touchberry, CIT	44-03.50

Discus throw

1. Phillip Johnson, WCU	169-03
2. Larry Brock, APP	156-05
3. Jason White, VMI	146-05
4. Jeb Hall, WCU	145-06
5. Chris Stewart, FUR	143-04
6. Jeff Chambers, WCU	137-05
7. James Beverly, ETSU	135-09
8. Russ Touchberry, CIT	135-04

Hammer throw

1. Phillip Johnson, WCU	179-03
2. Sidney Brandon, VMI	165-06
3. Jason White, VMI	160-01
4. Adam Gilbert, APP	156-02
5. Jeff Chambers, WCU	137-11
6. Kelly Underwood, VMI	132-06
7. Russ Touchberry, CIT	132-01
8. Jeb Hall, WCU	129-03

Javelin throw

1. Phil Weismiller, VMI	187-06
2. Kris Kut, CIT	185-10
3. Larry Brock, APP	182-03
4. Dominic Liberato, VMI	178-10
5. Tyler Milliken, FUR	170-04
6. Tommy Woods, WOF	166-11
7. Matt Roten, APP	158-00
8. Nathan Witcamp, WOF	155-02

Decathlon

1. Brad Berry, WCU	5,989
2. Daniel Duckworth, APP	5,389
3. Martin Dickson, VMI	5,332
4. Joe Condrey, WCU	5,217
5. Josh Langley, WCU	4,965

Most Outstanding Performer

Phillip Johnson, Western Carolina

Freshman-of-the Year

Kenyon Doyle, The Citadel

Coach of the Year

Danny Williamson, Western Carolina

1999 WOMEN'S CHAMPIONSHIP

Team results

Team	Points	Team	Points
1. Western Carolina	275.5	6. Davidson	32
2. Appalachian State	191	7. VMI	29
3. ETSU	102.5	8. The Citadel	19
4. Chattanooga	94	9. Wofford	13
5. Furman	50	10. UNCG	7

100-meter dash

1. Shonte' Pinkston, APP	11.76
2. Angela Pryor, APP	12.11
3. Tyleana Hanner, UTC	12.26
4. Karen Houston, APP	12.45
5. Angela Highbaugh, FUR	12.46
6. Latrice Sales, CIT	12.47
7. Kamilah Gabriel, WCU	12.60
8. Rosalyn Hood, WCU	12.66

200-meter dash

1. Angela Pryor, APP	24.55
2. Shonte' Pinkston, APP	25.09
3. Shawnta Person, WCU	25.26
4. Tyleana Hanner, UTC	25.50
5. Angela Highbaugh, FUR	25.58
6. Jennifer Howard, ETSU	25.86
7. Roselin Addo, ETSU	26.65

400-meter dash

1. Keeya McManus, WCU	55.46
2. Shawnta Person, WCU	55.65
3. Roselin Addo, ETSU	55.99
4. Jennifer Howard, ETSU	57.48
5. Juanita Welford, APP	58.26
6. Maria Rivas, FUR	58.55
7. Susan Poole, APP	59.04
8. N. Schakleford, UNCG	1:01.94

800-meter run

1. Mary Jayne Harrelson, APP	2:07.93
2. Anne Gardner, WCU	2:10.21
3. Keeya McManus, WCU	2:11.11
4. Jennifer Croft, UTC	2:11.21
5. Smyth Bitter, DAV	2:13.89
6. Lauren Campbell, ETSU	2:16.40
7. Christina Smith, WCU	2:18.97
8. Val Urchison, ETSU	2:22.03

1,500-meter run

1. Mary Jayne Harrelson, APP	4:24.14
2. Jennifer Croft, UTC	4:26.54
3. Val Urchison, ETSU	4:31.34
4. Anne Gardner, WCU	4:38.05
5. Smyth Bitter, DAV	4:42.20
6. Jessa Brown, WCU	4:43.33
7. Karen Underwood, APP	4:43.74
8. Holly Bright, WCU	4:47.47

3,000-meter run

1. Mary Jayne Harrelson, APP	9:52.17
2. Catherine Berry, ETSU	9:54.19
3. Abby Reeder, APP	9:58.29
4. Amanda Lynch, UTC	10:04.13
5. Lory Gray, FUR	10:34.25
6. Lucy Billingsley, DAV	10:51.43
7. Heather Needham, APP	11:03.73
8. Corie Fuchs, APP	11:07.19

5,000-meter run

1. Catherine Berry, ETSU	16:53.60
2. Amanda Lynch, UTC	17:18.85
3. Abby Reeder, APP	17:20.72
4. Andrea Davis, UTC	17:33.54
5. Natalie Scruggs, UTC	18:11.11
6. Jenny Warford, WCU	18:12.32
7. Megan Fischer, FUR	18:19.97
8. Lory Gray, FUR	18:32.68

10,000-meter run

1. Jenny Warford, WCU	37:36.23
2. Andrea Davis, UTC	37:49.81
3. Megan Fischer, FUR	38:11.07
4. Natalie Scruggs, UTC	38:47.78
5. Dana Smith, FUR	39:03.52
6. Laura Walkup, APP	39:32.38
7. J. Hollingsworth, UNCG	39:49.77
8. Leslie Avbel, UNCG	39:59.30

100-meter hurdles

1. Kamilah Gabriel, WCU	14.16
2. Jamilah Sawyer, DAV	14.68
3. Erica Edmond, ETSU	14.79
4. Rosalyn Hood, WCU	15.00
5. Kirsten Bowden, APP	15.33
6. Virginia LaCombe, WCU	15.58
7. Ginger Denison, FUR	15.83

400-meter hurdles

1. Kamilah Gabriel, WCU	1:02.16
2. Virginia LaCombe, WCU	1:03.95
3. Monica Hill, FUR	1:03.96
4. Erica Edmond, ETSU	1:05.23
5. Jamilah Sawyer, DAV	1:05.32
6. Natasha Claxton, UTC	1:06.70
7. Peaches Hudson, CIT	1:08.74
8. Ginger Denison, FUR	1:09.58

4x100-meter relay

1. Appalachian State	46.88
2. Western Carolina	47.35
3. Furman	48.30
4. ETSU	48.51
5. Chattanooga	53.68
6. The Citadel	54.38
7. UNCG	58.32

4x400-meter relay

1. Western Carolina	3:46.75
2. Appalachian State	3:52.97
3. Furman	3:54.46
4. ETSU	3:58.98
5. Chattanooga	4:07.19
6. Davidson	4:07.57
7. VMI	4:22.13
8. UNCG	4:22.15

High jump

1. Taneisha Robinson, ETSU	5-05.75
2. Anna Hutcherson, UTC	5-03.75
2. Virginia LaCombe, WCU	5-03.75
4. Dee Mittman, WCU	5-01.75
4. Karen Breeding, ETSU	5-01.75
6. Altavise Franklin, WCU	5-01.75
7. Kirsten Bowden, APP	5-01.75
7. Mary Engle, APP	5-01.75

Pole vault

1. Valerie Jalajas, WCU	11-07.75
2. Karen Houston, APP	10-05.50
3. Altavise Franklin, WCU	9-03.25
4. Kelly Hawkins, APP	8-11.75
5. Lena Summers, ETSU	8-11.75
6. Page Stroup, WOF	8-06
7. Sara Searcy, APP	8-06
8. Virginia LaCombe, WCU	8-06

Long jump

1. Rosalyn Hood, WCU	19-02.50
2. Kamilah Gabriel, WCU	19-00.75
3. Tyleana Hanner, UTC	18-11.75
4. Carla McKinney, ETSU	18-10
5. Angela Pryor, APP	18-07.75
6. Kirsten Bowden, APP	18-03.25
7. Altavise Franklin, WCU	17-11.75
8. Angela Highbaugh, FUR	17-06.75

Triple jump

1. Taneisha Robinson, ETSU	42-06.75
2. Kirsten Bowden, APP	40-10.25
3. Tyleana Hanner, UTC	40-09
4. Kamilah Gabriel, WCU	40-08.25
5. Virginia LaCombe, WCU	38-06.75
6. Altavise Franklin, WCU	38-0
7. Dee Mittman, WCU	36-06.75
8. Mary Engle, APP	32-10.25

Shot put

1. Valerie Metz, WCU	41-10.50
2. Ashley Herendon, WCU	40-02.25
3. Altavise Franklin, WCU	38-01.25
4. Sydney Rowland, APP	37-02.25
5. Angela Vizzi, VMI	33-09.50
6. Mandy Stafford, WOF	32-10.25
7. Tyleana Hanner, UTC	32-09.75
8. Robin Kennel, APP	32-04.75

Discus throw

1. Ashley Herendon, WCU	129-05
2. Courtney Klitzsch, APP	119-0
3. Sydney Rowland, APP	115-06
4. Kelly Sullivan, VMI	108-07
5. Rolanda Malloy, APP	105-0
6. Valerie Metz, WCU	95-04
7. Robin Kennel, APP	91-01
8. Carol Hamlin, CIT	86-01

Hammer throw

1. Valerie Metz, WCU	142-07
2. Courtney Klitzsch, APP	133-08
3. Angela Myers, VMI	130-04
4. Alexis Abrams, VMI	130-01
5. Kelly Sullivan, VMI	126-11
6. Angela Vizzi, VMI	126-05
7. Ashley Herendon, WCU	116-11
8. Megan Gentry, CIT	111-11

Javelin throw

1. Ashley Herendon, WCU	136-05
2. Altavise Franklin, WCU	133-05
3. Yolanda Kirby, DAV	109-11
4. Kathy Dollason, WOF	100-01
5. Rolanda Malloy, APP	94-02
6. Virginia LaCombe, WCU	92-06
7. Kate Cross, WOF	92-02
8. Carol Hamlin, CIT	88-10

Heptathlon

1. Altavise Franklin, WCU	4,292
2. Peaches Hudson, CIT	3,865
3. Dee Mittman, WCU	3,838
4. Jayna Bryant, WCU	3,716
5. Lena Summers, ETSU	3,533
6. Anna Hutcherson, UTC	3,294

Most Outstanding Performer

Mary Jayne Harrelson, Appalachian State

Freshman-of-the Year

Ashley Herendon, Western Carolina

Coach of the Year

Danny Williamson, Western Carolina

NOTES

- Top three finishers in each event receive all-conference honors.
- Field events were converted from metric to English measurements.