

2004 MEN'S CHAMPIONSHIP

Team results

Team	Points	Team	Points
1. Appalachian State	246.5	5. ETSU	53
2. Western Carolina	229.5	7. Wofford	34
3. Chattanooga	90	8. Davidson	26
4. The Citadel	63	9. UNCG	19
5. Furman	53		

100-meter dash

1. Tee Alford, WCU	10.41
2. Ernest Wiggins, APP	10.46
3. James Rainer, ETSU	10.50
4. Chris Martin, APP	10.57
5. Sean Jackson, APP	10.59
6. Thomas Pressley, CIT	10.77
7. Johnny Tucker, ETSU	10.82
8. Darius Bryson, WCU	10.88

200-meter dash

1. Chris Martin, APP	21.45
2. Ernest Wiggins, APP	21.60
3. Tee Alford, WCU	21.72
4. Sean Jackson, APP	21.73
5. James Rainer, ETSU	21.87
6. Thomas Pressley, CIT	21.95
7. Johnny Tucker, ETSU	21.96
8. Milton Bolton, WCU	22.05

400-meter dash

1. Milton Bolton, WCU	46.68
2. Alex Prince, CIT	47.09
3. Bryan Burney, APP	47.70
4. Will Gillespie, APP	48.41
5. Keith Curry, APP	48.53
6. James Barr, WCU	48.65
7. Charleton Grant, WCU	49.44
8. James Gregory, WCU	1:12.92

800-meter run

1. Bryan Burney, APP	1:50.54
2. Jeff Williams, UNCG	1:53.00
3. Tyler Johnson, FUR	1:53.40
4. Jamie Bach, FUR	1:54.38
5. Robert Hatcher, UTC	1:55.75
6. Douglas Noreen, DAV	1:58.14
7. Greg Scott, DAV	2:03.60
8. Joshua Hicks, ETSU	2:04.81

1,500-meter run

1. Adam Puett, WCU	3:53.59
2. Colin Sullivan, UTC	3:55.23
3. Bradley Yewer, ETSU	3:56.75
4. Greg Scott, DAV	3:57.63
5. Franklin Manchester, APP	3:58.70
6. Linas Salkauskas, UTC	4:00.13
7. Nathan Adams-Hernandez, APP	4:00.32
8. Matt Cote, APP	4:03.12

5,000-meter run

1. Steven Kocsis, UTC	15:06.93
2. Joe Halin, APP	15:20.12
3. Ian Mayne, UTC	15:23.11
4. Gediminas Banevicius, UTC	15:26.95
5. Joe Jacobs, UNCG	15:29.06
6. Robert Killian, CIT	15:30.49
7. Ben Watkins, WCU	15:31.41
8. Bradley Yewer, ETSU	15:32.18

10,000-meter run

1. Steven Kocsis, UTC	32:03.48
2. Kevin Crosby, FUR	32:10.73
3. Gediminas Banevicius, UTC	32:18.80
4. Carson Blackwelder, APP	32:23.96
5. Joe Halin, APP	32:31.30
6. Brian Deal, APP	32:44.59
7. James Grufferty, ETSU	32:58.55
8. Chris Schmader, DAV	33:02.56

110-meter hurdles

1. Lawrence Briscoe, WCU	14.39
2. Xavier Godard, WCU	14.79
3. Brian Stone, FUR	14.84
4. Alex Love, WOF	14.85
5. Andre Brown, WCU	14.92
6. Michael Malone, WCU	15.50
7. Deonte Cook, WCU	15.75
8. Chris Harrington, UTC	16.19

400-meter hurdles

1. Chris Harrington, UTC	51.74
2. Donald Cabbler, ETSU	53.80
3. David Ritchie, DAV	53.98
4. Thomas Cummings, CIT	54.17
5. Dan Matz, FUR	56.88
6. Michael Malone, WCU	57.03
7. Lawrence Briscoe, WCU	59.72
8. Deonte Cook, WCU	1:02.04

3,000-meter steeplechase

1. Linas Salkauskas, UTC	9:22.87
2. Ian Mayne, UTC	9:24.10
3. Ben Watkins, WCU	9:25.21
4. Franklin Manchester, APP	9:31.69
5. Peter Dalton, ETSU	9:40.96
6. Mike Oelz, APP	9:42.25
7. Robert Killian, CIT	9:47.03
8. Mark Maddox, APP	9:48.91

4x100-meter relay

1. Appalachian State	40.46
2. Western Carolina	40.88
3. ETSU	41.61
4. Furman	42.21
5. Davidson	43.01
6. Wofford	43.04
-- The Citadel	DNF

4x400-meter relay

1. Appalachian State	3:15.44
2. The Citadel	3:17.92
3. Western Carolina	3:19.63
4. Davidson	3:21.77
5. Furman	3:25.82
6. Chattanooga	3:28.84
7. ETSU	3:46.51

High jump

1. Ugo Ihekweazu, WOF	1.95m
2. Dan Smith, APP	1.90m
2. John Barlew, UTC	1.90m
4. LaMont Reid, WCU	1.85m
4. Brian Bratton, FUR	1.85m
4. Jeremy Snoderly, ETSU	1.85m
7. Gerald Foreman, APP	1.80m
7. Bobby Robinson, WCU	1.80m

Pole vault

1. Wes Willoughby, WCU	4.57m
2. Joe Irvin, APP	4.25m
2. Jeff Fiorello, APP	4.25m
2. Christian Benson, WCU	4.25m
5. Ryan Fussell, WCU	4.10m
5. Fredrick Williams, ETSU	4.10m
5. David McCall, WCU	4.10m
5. Tyler Varnadore, APP	4.10m

Long jump

1. Xavier Godard, WCU	7.30m
2. Adrien Borders, WOF	7.06m
3. Justin Davis, WCU	6.99m
4. Charles Jones, UNCG	6.84m
5. Gerald Foreman, APP	6.76m
6. Tyler Ferguson, WCU	6.59m
7. Ernest Wiggins, APP	6.55m
8. LaMont Reid, WCU	6.52m

Triple jump

1. Tyler Ferguson, WCU	14.82m
2. Adrien Borders, WOF	14.68m
3. Xavier Godard, WCU	14.56m
3. Justin Davis, WCU	14.56m
5. Gerald Foreman, APP	14.41m
6. Issac West, FUR	13.95m
7. Charles Jones, UNCG	13.90m
8. Chris Cutter, APP	13.56m

Shot put

1. Bob Smith, APP	15.46m
2. Anthony Greer, APP	14.72m
3. Kerry Brown, APP	14.41m
4. Charles Hyder, ETSU	13.70m
5. Dan Utley, APP	13.69m
6. Jason Stepp, WCU	13.31m
7. Chris Petty, CIT	12.79m
8. Shamar Allen, WCU	12.32m

Discus throw

1. Bob Smith, APP	45.27m
2. Anthony Greer, APP	44.97m
3. Jason Stepp, WCU	43.87m
4. Zach DiBois, CIT	43.21m
5. Chris Franklin, CIT	41.04m
6. Jon Winkler, APP	38.29m
7. Alex Croskey, CIT	38.26m
8. Erick Austin, CIT	36.42m

Hammer throw

1. Bob Smith, APP	58.01m
2. Jason Stepp, WCU	48.19m
3. Anthony Greer, APP	47.37m
4. Matt Decker, WCU	46.82m
5. Jon Winkler, APP	44.19m
6. Erick Austin, CIT	44.07m
7. Chris Franklin, CIT	43.93m
8. Dusty McGuire, APP	41.25m

Javelin throw

1. Josh Lee, WCU	58.06m
2. David Moseley, FUR	51.63m
3. Tyler Ferguson, WCU	51.33m
4. Dusty McGuire, APP	49.89m
5. Ryan Fussell, WCU	49.34m
6. Jason Stepp, WCU	49.24m
7. Hunter Reid, CIT	46.16m
8. Erik Austin, CIT	45.85m

Decathlon

1. Dustin Wright, APP	5,957
2. Bobby Robinson, WCU	5,621
3. Travis Taylor, CIT	5,578
4. Matt Harfinger, WCU	5,239
5. Ryan Fussell, WCU	4,776
6. Hunter Reid, CIT	4,639
7. Alex Moore, APP	4,172

Most Outstanding Track Performer

Steven Kocsis, Chattanooga

Most Outstanding Field Performer

Bob Smith, Appalachian State

Freshman of the Year

Bryan Burney, Appalachian State

Coach of the Year

John Weaver, Appalachian State

NOTE

- Top three finishers in each event received all-conference honors

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Team results

Team	Points	Team	Points
1. Appalachian State	231.5	7. Elon	29
2. Georgia Southern	172	8. Furman	26.5
3. Chattanooga	124	9. Davidson	13.5
4. Western Carolina	110.5	10. Wofford	11
5. ETSU	60	11. UNCG	6
6. College of Charleston	30	12. The Citadel	5

100-meter dash

1. Jennifer Claud, APP	11.73
2. Christina Roberts, APP	11.74
3. Latavia Shores, UTC	11.77
4. Chantelle Vernon, ETSU	11.97
5. Nicole Brown, GSU	12.03
6. Carita Cole, UTC	12.06
7. Portia Taylor, APP	12.18
8. Kasola Smith, UTC	12.26

200-meter dash

1. Jennifer Claud, APP	24.42
2. Christina Roberts, APP	24.50
3. Giselle Cunningham, GSU	24.58
4. Nicole Brown, GSU	24.94
5. Margo Mincey, GSU	25.08
6. Latavia Shores, UTC	25.47
7. Carita Cole, UTC	25.71
8. Ronda White, APP	26.02

400-meter dash

1. Nichola Cornish, ETSU	55.07
2. Jennifer Spivey, WCU	55.55
3. Margo Mincey, GSU	56.52
4. Tondra White, APP	57.31
5. Tiffany Pointer, UTC	57.37
6. Matasha Brown, APP	57.43
7. Alexine Crutchfield, UTC	58.24
8. McKenzie Sharpe, FUR	58.56

800-meter run

1. Leslie Martin, WCU	2:11.94
2. Kim Simmons, ETSU	2:14.39
3. Alana Black, ELON	2:16.59
4. Megan Issacs, FUR	2:18.93
5. Jennifer Habbestad, ETSU	2:21.54
6. Brittany Thompson, FUR	2:22.79
7. Allie Martin, DAV	2:23.53
8. Tiffany Collier, ETSU	2:30.95

1,500-meter run

1. Shannon Wommack, UTC	4:38.54
2. Kathleen Turchin, UTC	4:44.16
3. Molly Mungovan, FUR	4:45.20
4. Alana Black, ELON	4:48.43
5. Marivi Mercado, APP	4:51.48
6. Brittney Swick, GSU	4:52.36
7. Allie Martin, DAV	4:53.98
8. Takesha Carter, UNCG	4:55.08

3,000-meter steeplechase

1. Shannon Wommack, UTC	10:45.65
2. Lanni Marchant, UTC	11:11.20
3. Katie Poole, FUR	11:24.20
4. Heidi Sloop, UNCG	11:37.91
5. Alissa Short, WCU	11:43.57
6. Marivi Mercado, APP	11:49.07
7. Carissa Skrivanek, DAV	11:50.68
8. Kristen Trexler, APP	11:58.66

5,000-meter run

1. Lanni Marchant, UTC	18:02.75
2. Kyle Palmquist, CofC	18:10.04
3. Kelly Rosborough, APP	18:28.22
4. Melanie Cooper, WCU	18:33.44
5. Alissa Short, WCU	18:48.52
6. Ehrin Irvin, APP	18:54.50
7. Janelle Silverman, APP	18:55.05
8. Molly Mungovan, FUR	18:56.30

10,000-meter run

1. Kathleen Turchin, UTC	36:49.56
2. Kelly Rosborough, APP	38:39.77
3. Melanie Cooper, WCU	38:59.25
4. Sally Stanhope, DAV	39:04.63
5. Becky Witkop, CofC	39:26.28
6. Janelle Silverman, APP	40:18.90
7. Jennifer Kelley, APP	40:59.29
8. Melissa Reyes, GSU	41:07.88

100-meter hurdles

1. Ronda White, APP	13.79
2. Alison Frese, UTC	14.06
3. Lindy Petteway, GSU	14.21
4. Marlo Mincey, GSU	14.22
5. Brittany Chase, GSU	14.23
6. Jessica Burgeson, ELON	14.41
7. Mandi Phillips, UTC	14.70
8. Brittany Boda, ELON	14.73

400-meter hurdles

1. Marlo Mincey, GSU	59.72
2. Elisabeth Sain, UTC	1:00.60
3. Asia Davis, WCU	1:01.49
4. Alison Frese, UTC	1:02.99
5. Alice Turner, ELON	1:04.77
6. Myra Keeter, APP	1:06.06
7. Lindy Petteway, GSU	1:07.62
8. Tondra White, APP	1:13.37

4x100-meter relay

1. Appalachian State	45.78
2. Georgia Southern	46.00
3. Chattanooga	46.66
4. ETSU	47.56
5. Western Carolina	47.61
6. College of Charleston	48.86
7. Furman	49.23
8. Elon	49.27

4x400-meter relay

1. Georgia Southern	3:46.72
2. ETSU	3:47.93
3. Western Carolina	3:48.38
4. Chattanooga	3:53.52
5. Appalachian State	4:00.50
6. Elon	4:02.23
7. Furman	4:02.57
8. College of Charleston	4:06.85

High jump

1. Brittany Whitaker, WCU	1.74m
2. Anna Ricciardi, ETSU	1.72m
3. Alison Frese, UTC	1.60m
3. Tondra White, APP	1.60m
3. Kellie Mitchell, GSU	1.60m
6. Shanna Fouts, WCU	1.55m
6. Amanda Yeck, DAV	1.55m
8. Lois Montague, FUR	1.50m
Suzanne Makinson, APP	1.50m

Pole vault

1. Laura Tieszen, WCU	4.00m
2. Suzanne Makinson, APP	3.76m
3. Chi Sawyer, WCU	3.26m
3. Jessica Fowler, APP	3.26m
5. Bridget Robinson, APP	3.11m
5. Natalie Sayewich, APP	3.11m
5. Susan Shore, ELON	3.11m
8. Shana Glenn, WOF	2.96m

Long jump

1. Ronda White, APP	6.13m
2. Kasola Smith, UTC	5.85m
3. Kellie Mitchell, GSU	5.82m
4. Nicole Brown, GSU	5.71m
5. Laura Williams, GSU	5.65m
6. Shameka Harris, WCU	5.56m
7. Lauren Jacobs, GSU	5.52m
8. Paula Moore, APP	5.35m

Triple jump

1. Ronda White, APP	12.71m
2. Paula Moore, APP	12.40m
3. Tondra White, APP	12.27m
4. Nicole Brown, GSU	12.06m
5. Jennifer Claud, APP	12.03m
6. Kristin Truman, ETSU	11.98m
7. Kasola Smith, UTC	11.46m
8. Laura Williams, GSU	11.30m

Shot put

1. Beverly Burnett, APP	13.58m
2. Crystal Miller, APP	12.45m
3. Nikki Slocumb, GSU	12.43m
4. Kristie Boggan, APP	12.32m
5. Jamila Minnifield, GSU	12.23m
6. Sharhonda Bell, WCU	12.11m
7. Emily Greeson, GSU	12.08m
8. Amber Tiggs, GSU	11.86m

Discus throw

1. Markaysa Norwood, GSU	41.53m
2. Shaletta Lightfoot, GSU	40.00m
3. Miranda Long, WCU	39.92m
4. Nikki Slocumb, GSU	38.11m
5. Chakosha Lance, CofC	37.97m
6. Angela Carlberg, ELON	37.72m
7. Crystal Miller, APP	37.44m
8. Emily Greeson, GSU	35.20m

Hammer throw

1. Chakosha Lance, CofC	54.23m
2. Crystal Miller, APP	52.67m
3. Nikole Simmons, APP	49.61m
4. Amber Tiggs, GSU	49.10m
5. Miranda Long, WCU	44.12m
6. Nikki Slocumb, GSU	44.02m
7. Charlotte Baker, APP	40.28m
8. Beverly Burnett, APP	39.72m

Javelin throw

1. Lindy Petteway, GSU	40.47m
2. Laura Tieszen, WCU	38.58m
3. Janet Rhodes, WOF	38.47m
4. Martha Skinner, CIT	36.44m
5. Bernie Sikes, WOF	35.95m
6. Nikole Simmons, APP	35.53m
7. Margo Mincey, GSU	35.20m
8. Kristie Boggan, APP	32.42m

Heptathlon

1. Kellie Mitchell, GSU	4,987
2. Kristin Truman, ETSU	4,833
3. Tondra White, APP	4,448
4. Myra Keeter, APP	4,024
5. Kristie Boggan, APP	3,853
6. Andrea Floyd, WCU	3,259
7. Christel Kirkpatrick, WCU	2,873
8. Annie Cawthon, WCU	2,778

Most Outstanding Track Performer

Jennifer Claud, Appalachian State

Most Outstanding Field Performer

Laura Tieszen, Western Carolina

Freshman of the Year

Kathleen Turchin, Chattanooga

Coaches of the Year

John Weaver, Appalachian State
Todd Lane, Georgia Southern

NOTE

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