

Southern Conference Outdoor Championships 2019 - 4/27/2019 to 4/28/2019

Samford Track Stadium

Results

Women 100 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 11.45 M 1993 Melissa Morrison

Name	Yr	School	Prelims
Preliminaries			
1	Davis, Kiana	SR E Tenn State	11.70Q1.5
2	Dean, Laura	SR Wofford	11.85Q-1.7
3	Lueders, Hannah	SO Samford	11.85Q1.9
4	Wright, Cherrish	SO Mercer	11.87Q1.9
5	Little, Mia	SR West Carolina	12.06Q1.5
6	Dancy, Lauryn	SO Mercer	12.19Q-1.7
7	Grant, Keysia	SR West Carolina	12.12q 1.9
8	Duncan, Tessola	SO Mercer	12.13q 1.5
9	Brown, Mekayla	FR E Tenn State	12.16q 1.5
10	Joseph, Ingrid	FR VMI	12.22 1.5
11	Shippy, Destiny	FR Wofford	12.25 1.9
12	Graham, Starr	SR E Tenn State	12.26 -1.7
13	McIntyre, Makaila	JR West Carolina	12.28 1.9
14	Adams, BriAnna	SR West Carolina	12.36 -1.7
15	Burgess, Alexandra	JR Wofford	12.60 -1.7
16	Burch, Tamia	SO Citadel	12.67 -1.7
17	Vaughan, Nia	FR VMI	12.77 1.9
18	Parson, Autumn	FR VMI	12.85 1.5
19	Smalls, Chelsi	FR Citadel	13.10 -1.7
20	Bryant, Rebekah	JR Ut-Chattanooga	14.12 1.5

Women 100 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 11.45 M 1993 Melissa Morrison

Name	Yr	School	Finals
Finals			
1	Dean, Laura	SR Wofford	11.57 10
2	Davis, Kiana	SR E Tenn State	11.67 8
3	Wright, Cherrish	SO Mercer	11.87 6
4	Dancy, Lauryn	SO Mercer	12.00 5
5	Lueders, Hannah	SO Samford	12.04 4
6	Little, Mia	SR West Carolina	12.18 3
7	Duncan, Tessola	SO Mercer	12.19 2
8	Brown, Mekayla	FR E Tenn State	12.35 1
9	Grant, Keysia	SR West Carolina	12.44 1.1

Women 200 Meter Dash

Heat Winner Plus Next 5 On Time Advance

SoCon Rec: 23.50 M 1989 Lamonda Miller

Name	Yr	School	Prelims
Preliminaries			
1	Dean, Laura	SR Wofford	23.57Q2.7
2	Davis, Kiana	SR E Tenn State	23.95Q2.8
3	Lueders, Hannah	SO Samford	24.14Q2.7
4	Wright, Cherrish	SO Mercer	24.54Q3.4
5	Duncan, Tessola	SO Mercer	24.52q 2.7
6	Delisser, Dominiq	SO West Carolina	24.57q 2.8
7	Dancy, Lauryn	SO Mercer	24.71q 2.7
8	Graham, Starr	SR E Tenn State	24.72q 3.4
9	Ruffin, Ariana	SO VMI	24.78q 2.7

10	Whitehead, Kellsie	JR West Carolina	24.92 3.4
11	Simmons, Lamisha	SR E Tenn State	24.92 3.4
12	Little, Mia	SR West Carolina	25.05 2.7
13	Adams, BriAnna	SR West Carolina	25.11 2.7
14	Meadows, Marion	SO Mercer	25.20 2.8
15	Eliscar, Johnaida	FR E Tenn State	25.43 2.8
16	Blakely, Marissa	FR West Carolina	25.75 2.8
17	Honorable, Neyasha	JR E Tenn State	25.76 3.4
18	Williams, Ahliyah	FR VMI	25.80 2.7
19	Burch, Tamia	SO Citadel	26.24 2.8
20	Vaughan, Nia	FR VMI	26.26 3.4
21	Parson, Autumn	FR VMI	26.32 2.7
22	Smalls, Chelsi	FR Citadel	26.76 2.7
23	Williams, Ronje	FR West Carolina	28.58 2.7

Women 200 Meter Dash

Heat Winner Plus Next 5 On Time Advance

SoCon Rec: 23.50 M 1989 Lamonda Miller

Name	Yr	School	Finals
Finals			
1	Dean, Laura	SR Wofford	23.56 10
2	Davis, Kiana	SR E Tenn State	23.66 8
3	Wright, Cherrish	SO Mercer	24.01 6
4	Lueders, Hannah	SO Samford	24.26 5
5	Duncan, Tessola	SO Mercer	24.67 4
6	Delisser, Dominiq	SO West Carolina	24.68 3
7	Graham, Starr	SR E Tenn State	24.90 2
8	Ruffin, Ariana	SO VMI	25.04 1
9	Dancy, Lauryn	SO Mercer	25.24 0.7

Women 400 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 53.55 M 1995 Angela Rowe

Name	Yr	School	Prelims
Preliminaries			
1	Whitehead, Kellsie	JR West Carolina	56.45Q
2	Weston Shields, Kennedi	FR Mercer	57.12Q
3	Blakely, Marissa	FR West Carolina	57.45Q
4	Morton, Cassidy	JR Wofford	57.26Q
5	Delisser, Dominiq	SO West Carolina	57.45Q
6	Samuels, Vada	FR Samford	57.54Q
7	Ruffin, Ariana	SO VMI	57.50q
8	Hill, Aliyah	SO E Tenn State	57.71q
9	Franse, Vicki	JR E Tenn State	57.79q
10	Eliscar, Johnaida	FR E Tenn State	58.79
11	Williams, Ahliyah	FR VMI	59.24
12	Honorable, Neyasha	JR E Tenn State	59.77
13	Head, Olivia	SR Wofford	1:00.10
14	Royer, Joie	SO Citadel	1:00.89
15	Baran, Carlen	SO Furman	1:02.93
16	Neeley, Jordan	JR Citadel	1:04.79
17	Murray, Hannah	SR Citadel	1:05.67
---	Davis, Sage	FR Ut-Chattanooga	DNF

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Women 400 Meter Dash**Top 2 In Heat Plus Next 3 On Time Advance**

SoCon Rec: 53.55 M 1995 Angela Rowe

Name	Yr	School	Finals
Finals			
1	Whitehead, Kellsie	JR West Carolina	55.23 10
2	Delisser, Dominiq	SO West Carolina	55.57 8
3	Weston Shields, Kennedi	FR Mercer	56.18 6
4	Morton, Cassidy	JR Wofford	56.25 5
5	Ruffin, Ariana	SO VMI	57.54 4
6	Samuels, Vada	FR Samford	57.57 3
7	Franse, Vicki	JR E Tenn State	57.88 2
8	Blakely, Marissa	FR West Carolina	58.20 1
9	Hill, Aliyah	SO E Tenn State	58.34

Women 800 Meter Run**Top 2 In Heat Plus Next 3 On Time Advance**

SoCon Rec: 2:07.93 M 1999 Mary Jane Harrelson

Name	Yr	School	Prelims
Preliminaries			
1	Thomson, Kennedy	JR Ut-Chattanooga	2:12.36Q
2	Kuntz, Emma	SO Furman	2:13.19Q
3	Mallory, Shian	JR Samford	2:13.55Q
4	Lyle, Veronica	JR Samford	2:12.95Q
5	Gear, Kristlin	SO Furman	2:13.39Q
6	Nikolaou, Christina	SR West Carolina	2:13.68Q
7	Schwarz, Genevieve	FR E Tenn State	2:12.99q
8	Paraskeva, Madison	JR Wofford	2:14.20q
9	Feuchtenberger, Heather	SO E Tenn State	2:14.47q
10	McKenzie, Sommer	JR Wofford	2:18.51
11	Giorgi, Giulia	FR Mercer	2:19.57
12	Lord, Emily	SO E Tenn State	2:19.72
13	Coker, Katie	SO Ut-Chattanooga	2:20.66
14	Bateman, Abby	JR Ut-Chattanooga	2:21.50
15	Knoblett, Julianne	JR VMI	2:22.29
16	Barnett, Jamie	SR Wofford	2:23.00
17	McGee, Josephine	SO Unc-Greensbo	2:23.89
18	Sawyer, Taylor	SR Ut-Chattanooga	2:55.01
---	Mills, Tatiana	JR West Carolina	DNF

Women 800 Meter Run**Top 2 In Heat Plus Next 3 On Time Advance**

SoCon Rec: 2:07.93 M 1999 Mary Jane Harrelson

Name	Yr	School	Finals
Finals			
1	Gear, Kristlin	SO Furman	2:09.80 10
2	Nikolaou, Christina	SR West Carolina	2:11.79 8
3	Lyle, Veronica	JR Samford	2:11.91 6
4	Kuntz, Emma	SO Furman	2:12.32 5
5	Feuchtenberger, Heather	SO E Tenn State	2:12.39 4
6	Paraskeva, Madison	JR Wofford	2:12.97 3
7	Schwarz, Genevieve	FR E Tenn State	2:13.51 2
8	Mallory, Shian	JR Samford	2:14.48 1
9	Thomson, Kennedy	JR Ut-Chattanooga	2:16.54

Women 1500 Meter Run**Top 3 In Heat Plus Next 6 On Time Advance**

SoCon Rec: 4:19.44 M 2018 Allie Buchalski

Name	Yr	School	Prelims
Preliminaries			
1	Carnahan, Savannah	JR Furman	4:31.01Q
2	Nelson, Karisa	SR Samford	4:32.10Q
3	Steelman, Hannah	SO Wofford	4:32.51Q
4	Kuntz, Emma	SO Furman	4:33.17Q
5	Thomson, Kennedy	JR Ut-Chattanooga	4:32.84Q
6	Stallworth, Lindsey	SO E Tenn State	4:33.32Q
7	Strozier, Mary Grace	SO Samford	4:34.16q
8	Mallory, Shian	JR Samford	4:34.18q
9	Burr, Riley	JR Furman	4:36.32q
10	Delaney, Taylor	JR Unc-Greensbo	4:39.47q
11	Buehrle, Nicole	JR Ut-Chattanooga	4:40.82q
12	Barnett, Jamie	SR Wofford	4:42.92q
13	Dill, Cassidy	SO Unc-Greensbo	4:44.84
14	Broling, Ashlynd	SO Ut-Chattanooga	4:55.86
15	McGee, Josephine	SO Unc-Greensbo	4:56.53
16	Mattison, Kate	FR West Carolina	4:57.28
17	McCaslin, Chandler	FR Unc-Greensbo	4:58.02
18	Henderson, Julia	JR Ut-Chattanooga	5:00.94
19	Gates, Siena	FR West Carolina	5:04.63
20	Hanson, Jerrica	FR Mercer	5:16.03

Women 1500 Meter Run**Top 3 In Heat Plus Next 6 On Time Advance**

SoCon Rec: 4:19.44 M 2018 Allie Buchalski

Name	Yr	School	Finals
Finals			
1	Nelson, Karisa	SR Samford	4:18.52M 10
2	Carnahan, Savannah	JR Furman	4:18.67M 8
3	Steelman, Hannah	SO Wofford	4:22.87 6
4	Strozier, Mary Grace	SO Samford	4:24.81 5
5	Thomson, Kennedy	JR Ut-Chattanooga	4:27.26 4
6	Stallworth, Lindsey	SO E Tenn State	4:28.67 3
7	Mallory, Shian	JR Samford	4:33.00 2
8	Buehrle, Nicole	JR Ut-Chattanooga	4:34.37 1
9	Burr, Riley	JR Furman	4:39.62
10	Barnett, Jamie	SR Wofford	4:40.64
11	Delaney, Taylor	JR Unc-Greensbo	4:41.17
12	Kuntz, Emma	SO Furman	4:42.05

Women 5000 Meter Run

SoCon Rec: 16:12.98 M 5/12/2017 Allie Buchalski

Name	Yr	School	Finals
Finals			
1	Jennings, Gabrielle	JR Furman	16:36.05 10
2	Steelman, Hannah	SO Wofford	16:53.63 8
3	Hurley, Emma Grace	JR Furman	17:37.48 6
4	Strozier, Mary Grace	SO Samford	17:43.41 5
5	Stephenson, Jennifer	JR Furman	17:45.64 4
6	Dwyer, Grace	JR Furman	17:49.67 3
7	Lane, Emily	SO Furman	18:06.56 2

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Results

Finals ... (Women 5000 Meter Run)

Name	Yr	School	Finals	
8 Stone, Kaitlyn	JR	Unc-Greensbo	18:11.89	1
9 Trotter, Lindsey	JR	West Carolina	18:35.01	
10 Delaney, Taylor	JR	Unc-Greensbo	18:39.83	
11 McMahan, Ashley	FR	Mercer	18:45.09	
12 Blaylock, Jamie	FR	West Carolina	18:47.77	
13 Mattison, Kate	FR	West Carolina	18:48.54	
14 Shaw, Makayla	SO	E Tenn State	18:56.85	
15 Armfield, Anna	SO	VMI	18:57.52	
16 Godlock, India	SO	Unc-Greensbo	18:58.50	
17 Luckett, Logan	JR	VMI	19:04.46	
18 Wilson, Mary	JR	Wofford	19:11.03	
19 Nikolaou, Christina	SR	West Carolina	19:22.41	
20 Neglia, Sophia	SO	Ut-Chattanooga	19:23.30	
21 Giorgi, Giulia	FR	Mercer	19:27.63	
22 Garcia, Ariana	SO	Unc-Greensbo	19:38.84	
23 Van Sickle, Marina	SO	Mercer	19:43.66	
24 Gates, Siena	FR	West Carolina	19:46.64	
25 Anderson, Kathryn	FR	Unc-Greensbo	19:48.45	
26 Kapaya, Shila	FR	E Tenn State	19:49.90	
27 Opp, Amber	SO	Citadel	19:58.68	
28 Cowart, Madison	JR	Mercer	20:21.20	
29 Belamarich, Sara	FR	VMI	20:46.29	
30 Hale, Jada	SO	Ut-Chattanooga	21:50.91	
31 Hattman, Emily	FR	VMI	22:18.01	
--- Carnahan, Savannah	JR	Furman	DNF	
--- Stallworth, Lindsey	SO	E Tenn State	DNF	
--- Dill, Kassidy	SO	Unc-Greensbo	DNF	

Women 10000 Meter Run

SoCon Rec: 34:35.06 M 2014		Teghan Henderson	
Name	Yr	School	Finals
Finals			
1 Dwyer, Grace	JR	Furman	36:40.53 10
2 Hurley, Emma Grace	JR	Furman	36:48.09 8
3 Stephenson, Jennifer	JR	Furman	36:54.73 6
4 Stone, Kaitlyn	JR	Unc-Greensbo	37:41.24 5
5 Trotter, Lindsey	JR	West Carolina	38:01.58 4
6 McAndrew, Shannon	JR	Wofford	38:44.55 3
7 DePillo, Mia	JR	E Tenn State	38:49.66 2
8 Blaylock, Jamie	FR	West Carolina	38:51.13 1
9 Armfield, Anna	SO	VMI	38:55.86
10 Caldwell, Hannah	JR	Ut-Chattanooga	39:34.84
11 Caldwell, Reilly	SO	Furman	39:47.44
12 Thorne, Mary	FR	Samford	39:51.76
13 Mordoff, Holly	JR	Unc-Greensbo	40:33.38
14 Opp, Amber	SO	Citadel	40:43.80
15 Jones, Makenzie	JR	Ut-Chattanooga	41:23.88

Women 100 Meter Hurdles

SoCon Rec: 13.25 M 5/12/2017		Kyra Atkins	
Name	Yr	School	Finals
Finals			
1 Lust, Amber	SR	Wofford	13.68 10

2 Wright, Cherrish	SO	Mercer	14.02 8
3 Simmons, Lamisha	SR	E Tenn State	14.05 6
4 Sanford, Sarah	SR	Samford	14.18 5
5 Shippy, Destiny	FR	Wofford	14.59 4
6 Bradford, Shakaiya	FR	Wofford	14.80 3
7 Beard, Lauren	JR	Samford	14.86 2
8 Hampton, Rebekah	SO	Ut-Chattanooga	17.03 1
9 Williams, Ronje	FR	West Carolina	18.79 0.1

Women 400 Meter Hurdles Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 58.15 M 5/11/2017 Katrina Seymour

Name	Yr	School	Prelims
Preliminaries			
1 Beard, Lauren	JR	Samford	1:03.33Q
2 Morton, Kassidy	JR	Wofford	1:04.09Q
3 Sanford, Sarah	SR	Samford	1:04.26Q
4 Mueller, Madison	SR	Mercer	1:04.49Q
5 Buehrle, Nicole	JR	Ut-Chattanooga	1:05.85Q
6 Combo, LeAndrea	SR	Wofford	1:06.22Q
7 Griffith, Britney	FR	E Tenn State	1:06.45q
8 Dumar, Amanda	SO	Samford	1:06.51q
9 Ham, Myranda	SR	Mercer	1:07.46q
10 Faoro, Gia	SO	E Tenn State	1:08.10
11 Wood, Peyton	FR	West Carolina	1:08.74

Women 400 Meter Hurdles Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 58.15 M 5/11/2017 Katrina Seymour

Name	Yr	School	Finals
Finals			
1 Sanford, Sarah	SR	Samford	1:01.91 10
2 Beard, Lauren	JR	Samford	1:02.08 8
3 Mueller, Madison	SR	Mercer	1:02.81 6
4 Morton, Kassidy	JR	Wofford	1:02.89 5
5 Combo, LeAndrea	SR	Wofford	1:05.07 4
6 Dumar, Amanda	SO	Samford	1:05.66 3
7 Griffith, Britney	FR	E Tenn State	1:06.37 2
8 Buehrle, Nicole	JR	Ut-Chattanooga	1:06.76 1
9 Ham, Myranda	SR	Mercer	1:10.52

Women 3000 Meter Steeplechase

SoCon Rec: 10:07.54 M 2006 Shannon Womack

Name	Yr	School	Finals
Finals			
1 Steelman, Hannah	SO	Wofford	10:00.79M 10
2 Jennings, Gabrielle	JR	Furman	10:06.25M 8
3 Gear, Kristlin	SO	Furman	10:31.22 6
4 Buehrle, Nicole	JR	Ut-Chattanooga	11:27.11 5
5 McMahan, Ashley	FR	Mercer	11:47.21 4
6 McKenzie, Sommer	JR	Wofford	11:58.44 3
7 Dill, Kassidy	SO	Unc-Greensbo	11:58.97 2
8 Miller, Casey	SO	Citadel	12:40.91 1
9 Pierce, Skylar	FR	VMI	13:33.41

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Results

Women 4x100 Meter Relay

SoCon Rec: 44.50 M 2014 Georgia Southern

A. Felton, J. Walker, A. Tipton, J. Fordham

Team	Relay	Finals
Finals		
1 Mercer	A	45.71 10
2 East Tenn. St.	A	45.76 8
3 Western Carolina	A	46.58 6
4 Wofford	A	46.62 5
5 Vmi	A	48.27 4
6 Samford	A	49.20 3
7 Citadel	A	49.96 2
8 Ut-Chattanooga	A	54.81 1

Women 4x400 Meter Relay

SoCon Rec: 3:41.68 M 2007 Georgia Southern

R. Arnold, N. Brown, S Jennings. C. Ballard

Team	Relay	Finals
Finals		
1 Mercer	A	3:47.27 10
2 Western Carolina	A	3:48.88 8
3 Samford	A	3:52.03 6
4 Wofford	A	3:53.75 5
5 Furman	A	3:59.27 4
6 Vmi	A	3:59.52 3
7 Ut-Chattanooga	A	4:03.59 2
8 East Tenn. St.	A	4:09.70 1
9 Citadel	A	4:14.85

Women High Jump

Prog: 1.46, 1.51, 1.56, 1.61, 1.66, 1.69, 1.72, 1.75, 1.78

SoCon Rec: 1.79m M 2014 Megan Kirschling

Name	Yr	School	Finals
Finals			
1 Krause, Charlotte	JR	Samford	1.69m 10
2 Warren, Jaelyn	SO	West Carolina	1.69m 8
3 Elliott, Megan	FR	Samford	1.66m 6
4 Popp, Selena	SR	Samford	1.61m 4.5
4 Wilson, Tally	SO	Samford	1.61m 4.5
6 Williams, Ronje	FR	West Carolina	1.61m 3
7 Dollard, Mya	FR	Citadel	1.56m 2
8 Blakely, Marissa	FR	West Carolina	1.51m 1
9 Brown, Mekayla	FR	E Tenn State	1.46m
10 Thompson, Summer	SR	Citadel	1.46m
--- Thomas, Brenea	SR	VMI	NH

Women Pole Vault

Prog: 2.88, 3.03, 3.18, 3.33, 3.48, 3.58, 3.68, 3.78, 3.88

SoCon Rec: 4.00m M 2004 Laura Tieszen

Name	Yr	School	Finals
Finals			
1 Wilson, Tally	SO	Samford	3.78m 10
2 Barnes, Jackie	SO	Samford	3.78m 8
3 Unger, Carter	FR	West Carolina	3.48m 6
4 Eubanks, Jayme-Claire	SO	Samford	3.33m 5

5	Dunn, McKenna	FR	VMI	3.33m	4
6	Engel, Sam	SO	Citadel	3.33m	3
7	Pfitzer, Rebecca	SR	Samford	3.18m	2
8	Dumar, Amanda	SO	Samford	3.03m	1
---	Drummonds, Kinley	SO	West Carolina		NH

Women Long Jump

Top Nine to Finals

SoCon Rec: 6.53m M 1993 Melissa Morrison

Name	Yr	School	Finals
Finals			
1 McIntyre, Makaila	JR	West Carolina	6.14m 10
2 Popp, Selena	SR	Samford	5.86m 8
3 Shoates, Nyambi	SR	E Tenn State	5.84m 6
4 Hines, Erin	JR	Samford	5.79m 5
5 Guth, Kaeleigh	JR	Citadel	5.70m 4
6 Brown, Mekayla	FR	E Tenn State	5.70m 3
7 Huff, Caroline	FR	Samford	5.63m 2
8 Ballard, Madeline	SO	Samford	5.55m 1
9 White, Khiara	FR	E Tenn State	5.48m 1.9
10 Burgess, Alexandra	JR	Wofford	5.43m 2.2
11 Willard, Erin	SO	West Carolina	5.31m 2.2
12 Robinson, Chandler	FR	Wofford	5.07m 2.1
13 Williams, Ronje	FR	West Carolina	5.03m 2.9
14 Eliscar, Johnaida	FR	E Tenn State	4.97m 2.3
15 Hampton, Rebekah	SO	Ut-Chattanooga	4.92m 2.0
16 Bryant, Rebekah	JR	Ut-Chattanooga	4.57m 1.4

Women Triple Jump

Top Nine to Finals

SoCon Rec: 13.16m M 2010 Danielle Thorpe

Name	Yr	School	Finals	
Finals				
1 McIntyre, Makaila	JR	West Carolina	12.22m 10	
2 Bhadmos, Morayo	SO	Samford	12.08m 8	
3 Brown, Mekayla	FR	E Tenn State	11.91m 6	
4 Hill, Aliyah	SO	E Tenn State	11.81m 5	
5 Krause, Charlotte	JR	Samford	11.66m 4	
6 Peterson, Paige	SO	E Tenn State	11.47m 3	
7 Shoates, Nyambi	SR	E Tenn State	11.24m 2	
8 Willard, Erin	SO	West Carolina	11.21m 1	
9 Guth, Kaeleigh	JR	Citadel	11.18m 2.6	
10 Whitehurst, Kendra	SO	E Tenn State	10.99m 0.9	
11 Robinson, Chandler	FR	Wofford	10.85m 1.9	
12 Hampton, Rebekah	SO	Ut-Chattanooga	10.05m 0.7	
13 Bryant, Rebekah	JR	Ut-Chattanooga	9.35m 0.5	
---	Meadow, Megan	SR	Samford	FOUL
---	Burgess, Alexandra	JR	Wofford	FOUL

Women Shot Put

Top Nine to Finals

SoCon Rec: 15.50m M 2005 Beverly Burnett

Name	Yr	School	Finals
Finals			
1 Johnston, Maggie	JR	Samford	14.35m 10
2 Leckman, Sarah	SO	VMI	14.24m 8

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Finals ... (Women Shot Put)

Name	Yr	School	Finals
3 Tabor, Lesleigh	SO	West Carolina	13.79m 6
4 Buxton, Symphony	SO	E Tenn State	13.56m 5
5 Taylor, Tatiana	SR	Samford	13.21m 4
6 Finch, Jaden	SO	E Tenn State	13.12m 3
7 Williams, Simone	SR	West Carolina	13.11m 2
8 Yarborough, Amy	JR	West Carolina	13.01m 1
9 Logan, Maura	JR	VMI	12.37m
10 Bradford, Shakaiya	FR	Wofford	12.02m
11 Rouse, Rachel	JR	West Carolina	11.80m
12 Quick, Tiffany	SR	VMI	11.78m
13 Solheim, Gwendolyn	FR	West Carolina	11.35m
14 Hays, Sydney	JR	VMI	11.08m
15 Warren, Atlantis	SO	E Tenn State	10.39m
16 Lopez, Sandra	SO	Wofford	10.09m

Women Discus Throw

Top Nine to Finals

SoCon Rec: 48.31m M 2018 Maggie Johnston

Name	Yr	School	Finals
1 Johnston, Maggie	JR	Samford	51.40mM 10
2 Solheim, Gwendolyn	FR	West Carolina	44.89m 8
3 Quick, Tiffany	SR	VMI	44.27m 6
4 Simmons, Lamisha	SR	E Tenn State	43.12m 5
5 Finch, Jaden	SO	E Tenn State	42.37m 4
6 Rouse, Rachel	JR	West Carolina	40.93m 3
7 Page, Jess	JR	Citadel	40.78m 2
8 Caldwell, Camille	SR	Samford	39.95m 1
9 Buxton, Symphony	SO	E Tenn State	39.40m
10 Yarborough, Amy	JR	West Carolina	38.36m
11 Logan, Maura	JR	VMI	36.96m
12 Tabor, Lesleigh	SO	West Carolina	36.37m
13 Warren, Atlantis	SO	E Tenn State	35.83m
14 Lopez, Sandra	SO	Wofford	34.46m
15 Hays, Sydney	JR	VMI	31.13m
16 Dunham, Tiffany	SR	West Carolina	30.18m
17 Endicott, Ariel	SO	VMI	26.21m

Women Hammer Throw

Top Nine to Finals

SoCon Rec: 60.98m M 2014 Emily Allen

Name	Yr	School	Finals
1 Taylor, Tatiana	SR	Samford	53.46m 10
2 Johnston, Maggie	JR	Samford	52.81m 8
3 Page, Jess	JR	Citadel	51.15m 6
4 Caldwell, Camille	SR	Samford	49.05m 5
5 Buxton, Symphony	SO	E Tenn State	47.09m 4
6 Yarborough, Amy	JR	West Carolina	45.34m 3
7 Solheim, Gwendolyn	FR	West Carolina	44.13m 2
8 Finch, Jaden	SO	E Tenn State	43.43m 1
9 Quick, Tiffany	SR	VMI	42.76m
10 Leckman, Sarah	SO	VMI	40.14m
11 Warren, Atlantis	SO	E Tenn State	39.84m

12 Hays, Sydney	JR	VMI	39.25m
13 Tabor, Lesleigh	SO	West Carolina	39.18m
14 Williams, Simone	SR	West Carolina	37.42m
15 Hawks, Sydney	SO	E Tenn State	36.60m
16 Endicott, Ariel	SO	VMI	34.12m
17 Jones, Stephanie	FR	VMI	31.51m
--- Dunham, Tiffany	SR	West Carolina	FOUL

Women Javelin Throw

Top Nine to Finals

SoCon Rec: 44.08m M 2015 Verena Tobis

Name	Yr	School	Finals
1 Long, Emorie	FR	Samford	39.49m 10
2 Dunn, Megan	SO	Wofford	39.04m 8
3 Ziccarello, Shannon	FR	Citadel	37.53m 6
4 Barfield, Anna-Marie	SO	Citadel	36.35m 5
5 Popp, Selena	SR	Samford	36.07m 4
6 Rouse, Rachel	JR	West Carolina	35.31m 3
7 Hawks, Sydney	SO	E Tenn State	35.05m 2
8 Chewning, Reagan	JR	Furman	34.35m 1
9 Simmons, Lamisha	SR	E Tenn State	33.99m
10 Yarborough, Amy	JR	West Carolina	32.53m
11 Ham, Myranda	SR	Mercer	29.16m
12 Peterson, Paige	SO	E Tenn State	26.54m
13 Krone, Victoria	JR	Citadel	26.48m
14 Willard, Erin	SO	West Carolina	25.74m
15 Thomas, Brenea	SR	VMI	25.06m
16 Miller, Ellie	FR	VMI	21.64m
17 Cranfill, Ashley	FR	Citadel	21.50m
18 Jones, Stephanie	FR	VMI	19.99m
19 Williams, Alicia	SR	Mercer	15.97m
20 Amosu, Sarah	SO	Mercer	10.48m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
1 Lust, Amber	SR	Wofford	24.44 939
2 Dunn, Megan	SO	Wofford	25.31 859
3 Bradford, Shakaiya	FR	Wofford	25.64 829
4 Huff, Caroline	FR	Samford	25.88 808
5 Dumar, Amanda	SO	Samford	25.96 801
6 Hines, Erin	JR	Samford	25.99 798
7 Ham, Myranda	SR	Mercer	26.39 763
8 Whitehurst, Kendra	SO	E Tenn State	26.63 743
9 Johnson, Kennedy	FR	E Tenn State	26.76 732
10 Thomas, Brenea	SR	VMI	28.69 577

Heptathlon: #7 Women 800 Meter Run Heptathlon

SoCon Rec: 2:26.60 M 5/11/2017 Selena Popp

Name	Yr	School	Finals
1 Dunn, Megan	SO	Wofford	2:26.49M 738
2 Huff, Caroline	FR	Samford	2:26.56M 737
3 Lust, Amber	SR	Wofford	2:34.89 633
4 Ham, Myranda	SR	Mercer	2:35.74 623

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Results

Finals ... (Heptathlon: #7 Women 800 Meter Run Heptathlon)

Name	Yr	School	Finals
5 Hines, Erin	JR	Samford	2:43.73 531
6 Bradford, Shakaiya	FR	Wofford	2:47.22 493
7 Thomas, Brenea	SR	VMI	2:54.36 419
8 Whitehurst, Kendra	SO	E Tenn State	2:54.59 417

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

SoCon Rec: 14.55 M 5/11/2017 Amber Lust

Name	Yr	School	Finals
1 Lust, Amber	SR	Wofford	13.72M 1,018
2 Bradford, Shakaiya	FR	Wofford	14.70 882
3 Hines, Erin	JR	Samford	14.92 852
4 Dunn, Megan	SO	Wofford	14.98 844
5 Dumar, Amanda	SO	Samford	15.24 810
6 Huff, Caroline	FR	Samford	15.32 800
7 Ham, Myranda	SR	Mercer	15.44 784
8 Whitehurst, Kendra	SO	E Tenn State	15.49 778
9 Johnson, Kennedy	FR	E Tenn State	16.33 674
10 Thomas, Brenea	SR	VMI	19.65 332

Heptathlon: #2 Women High Jump Heptathlon

SoCon Rec: 1.74m M 5/11/2017 Selena Popp

Name	Yr	School	Finals
1 Lust, Amber	SR	Wofford	1.61m 747
2 Bradford, Shakaiya	FR	Wofford	1.58m 712
3 Dunn, Megan	SO	Wofford	1.52m 644
4 Thomas, Brenea	SR	VMI	1.49m 610
5 Ham, Myranda	SR	Mercer	1.46m 577
5 Hines, Erin	JR	Samford	1.46m 577
7 Whitehurst, Kendra	SO	E Tenn State	1.43m 544
7 Johnson, Kennedy	FR	E Tenn State	1.43m 544
9 Huff, Caroline	FR	Samford	1.37m 481
10 Dumar, Amanda	SO	Samford	1.34m 449

Heptathlon: #5 Women Long Jump Heptathlon

SoCon Rec: 5.61m M 5/11/2017 Erin Hines

Name	Yr	School	Finals
1 Huff, Caroline	FR	Samford	5.73m 768
2 Lust, Amber	SR	Wofford	5.62m 735
3 Hines, Erin	JR	Samford	5.48m 694
4 Whitehurst, Kendra	SO	E Tenn State	5.25m 628
5 Bradford, Shakaiya	FR	Wofford	5.19m 612
6 Thomas, Brenea	SR	VMI	5.10m 587
7 Dunn, Megan	SO	Wofford	5.00m 559
8 Johnson, Kennedy	FR	E Tenn State	4.91m 535
9 Ham, Myranda	SR	Mercer	4.78m 500

Heptathlon: #3 Women Shot Put Heptathlon

SoCon Rec: 11.17m M 5/11/2017 Selena Popp

Name	Yr	School	Finals
1 Bradford, Shakaiya	FR	Wofford	12.63mM 703

2 Hines, Erin	JR	Samford	10.61m 569
3 Dunn, Megan	SO	Wofford	10.28m 548
4 Thomas, Brenea	SR	VMI	9.80m 516
5 Johnson, Kennedy	FR	E Tenn State	9.32m 485
6 Lust, Amber	SR	Wofford	9.16m 475
7 Ham, Myranda	SR	Mercer	9.14m 473
8 Huff, Caroline	FR	Samford	8.88m 456
9 Dumar, Amanda	SO	Samford	8.33m 421
10 Whitehurst, Kendra	SO	E Tenn State	7.64m 376

Heptathlon: #6 Women Javelin Throw Heptathlon

SoCon Rec: 33.34m M 5/11/2017 Selena Popp

Name	Yr	School	Finals
1 Dunn, Megan	SO	Wofford	36.82mM 606
2 Bradford, Shakaiya	FR	Wofford	29.76m 472
3 Lust, Amber	SR	Wofford	29.04m 458
4 Ham, Myranda	SR	Mercer	29.00m 458
5 Hines, Erin	JR	Samford	28.25m 444
6 Huff, Caroline	FR	Samford	27.42m 428
7 Thomas, Brenea	SR	VMI	22.36m 333
8 Whitehurst, Kendra	SO	E Tenn State	19.95m 288

Women Heptathlon

SoCon Rec: 5361 M 2001 Tyleana Hanner

Name	Yr	School	Finals
1 Lust, Amber	SR	Wofford	5005 10
2 Dunn, Megan	SO	Wofford	4798 8
3 Bradford, Shakaiya	FR	Wofford	4703 6
4 Huff, Caroline	FR	Samford	4478 5
5 Hines, Erin	JR	Samford	4465 4
6 Ham, Myranda	SR	Mercer	4178 3
7 Whitehurst, Kendra	SO	E Tenn State	3774 2
8 Thomas, Brenea	SR	VMI	3374 1
9 Dumar, Amanda	SO	Samford	2481

Men 100 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 10.10 M 1990 Greg Hatchett

Name	Yr	School	Prelims
Preliminaries			
1 Johnson, Josiah	SR	Citadel	10.32Q2.6
2 Tait, Emmanuel	JR	Samford	10.66Q0.7
3 Alston, Cory	JR	West Carolina	10.74Q1.0
4 Delince, Karon	SO	E Tenn State	10.66Q2.6
5 Muhammad, Jaylen	JR	Wofford	10.75Q1.0
6 Jacobs, Gregory	SO	West Carolina	11.01Q0.7
7 Moore, Titus	FR	Samford	10.79q 2.6
8 Warren, Kashif	SO	E Tenn State	10.86q 1.0
9 Ogobri, Timiebi	SO	Citadel	10.88q 2.6
10 Manigault, Tyler	SO	West Carolina	10.88 1.0
11 Little, Josh	SR	West Carolina	10.91 2.6
12 McHugh, Jack	SO	Samford	10.98 1.0
13 Poindexter, Jordin	FR	VMI	11.02 0.7
14 Ferrill, Chris	FR	VMI	11.14 2.6

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Preliminaries ... (Men 100 Meter Dash)

Name	Yr	School	Prelims
15 Bapoueleh, John	JR	Wofford	11.31 1.0
16 Williams, Cardan	SO	Citadel	11.41 0.7
17 Minus, Caleb	JR	VMI	11.49 0.7
18 Lawson, Nick	SR	West Carolina	11.83 2.6

Men 100 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 10.10 M 1990 Greg Hatchett

Name	Yr	School	Finals
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Finals

1 Johnson, Josiah	SR	Citadel	10.50 10
2 Tait, Emmanuel	JR	Samford	10.62 8
3 Delince, Karon	SO	E Tenn State	10.79 6
4 Warren, Kashif	SO	E Tenn State	10.90 5
5 Muhammad, Jaylen	JR	Wofford	10.92 4
6 Jacobs, Gregory	SO	West Carolina	10.94 3
7 Ogobri, Timiebi	SO	Citadel	11.01 2
8 Alston, Cory	JR	West Carolina	11.02 1
9 Moore, Titus	FR	Samford	11.11 -0.8

Men 200 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 20.80 M 1977 Calvin Alston

Name	Yr	School	Prelims
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Preliminaries

1 Johnson, Josiah	SR	Citadel	21.15Q3.0
2 Dale, Devaniel	JR	West Carolina	21.15Q1.2
3 Muhammad, Jaylen	JR	Wofford	21.53Q2.4
4 Pratcher, Shon	SO	West Carolina	21.67Q3.0
5 Poindexter, Jordin	FR	VMI	21.75Q2.4
6 Manigault, Tyler	SO	West Carolina	22.10Q1.2
7 Richardson, Trey	SR	Citadel	21.87q 3.0
8 Warren, Kashif	SO	E Tenn State	21.92q 3.0
9 Little, Josh	SR	West Carolina	22.06q 2.4
10 Ashton, Blaine	FR	VMI	22.14 3.0
11 Alston, Cory	JR	West Carolina	22.27 1.2
12 Minus, Caleb	JR	VMI	22.76 2.4
13 Larkin III, Samuel	SO	Wofford	22.82 1.2
14 Lawson, Nick	SR	West Carolina	24.80 1.2
15 Howe, Carson	SR	Samford	25.33 3.0
--- Bapoueleh, John	JR	Wofford	DNF 2.4

Men 200 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 20.80 M 1977 Calvin Alston

Name	Yr	School	Finals
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Finals

1 Dale, Devaniel	JR	West Carolina	20.86 10
2 Johnson, Josiah	SR	Citadel	21.08 8
3 Muhammad, Jaylen	JR	Wofford	21.23 6
4 Poindexter, Jordin	FR	VMI	21.80 5
5 Pratcher, Shon	SO	West Carolina	21.81 4
6 Warren, Kashif	SO	E Tenn State	22.01 3
7 Manigault, Tyler	SO	West Carolina	22.10 2

8 Richardson, Trey	SR	Citadel	22.37 1
9 Little, Josh	SR	West Carolina	22.89 0.5

Men 400 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 45.77 M 1991 Mario Small

Name	Yr	School	Prelims
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Preliminaries

1 Dale, Devaniel	JR	West Carolina	47.67Q
2 Richardson, Trey	SR	Citadel	48.97Q
3 Pratcher, Shon	SO	West Carolina	49.16Q
4 Greer, Miles	SR	West Carolina	49.08Q
5 Bull, Elijah	FR	Wofford	49.39Q
6 Sampson, Hunter	SR	E Tenn State	50.00Q
7 Ashton, Blaine	FR	VMI	49.20q
8 Woodbine, Jordan	FR	Samford	49.91q
9 Smith, Bradford	JR	Wofford	49.92q
10 Mas, Rafael	FR	VMI	50.19
11 Walker, Johnnie	FR	VMI	50.21
12 Gray, Jonathan	FR	VMI	50.35
13 Andrade, Dylan	SR	West Carolina	50.53
14 Fitzpatrick, Warren	SO	Samford	50.82
15 Harbacevich, Joe	SR	Wofford	51.52
16 Larkin III, Samuel	SO	Wofford	52.01
17 Revel, Alex	SO	Citadel	53.48
--- Chavis, Cody	JR	Wofford	DNF

Men 400 Meter Dash

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 45.77 M 1991 Mario Small

Name	Yr	School	Finals
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Finals

1 Dale, Devaniel	JR	West Carolina	46.55 10
2 Pratcher, Shon	SO	West Carolina	48.52 8
3 Greer, Miles	SR	West Carolina	48.86 6
4 Woodbine, Jordan	FR	Samford	49.04 5
5 Bull, Elijah	FR	Wofford	49.10 4
6 Richardson, Trey	SR	Citadel	49.33 3
7 Smith, Bradford	JR	Wofford	50.06 2
8 Sampson, Hunter	SR	E Tenn State	51.03 1
9 Ashton, Blaine	FR	VMI	52.12

Men 800 Meter Run

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 1:49.20 M 1977 Phil Barker

Name	Yr	School	Prelims
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Preliminaries

1 Adams, Ryan	JR	Furman	1:54.52Q
2 Shahbaz, Jahanzib	JR	VMI	1:54.73Q
3 Scarr, Matthew	SO	E Tenn State	1:56.22Q
4 Clayton, Weston	SO	Unc-Greensbo	1:54.56Q
5 Benson, Khayvonn	JR	E Tenn State	1:54.79Q
6 Rodriguez, Juan	SO	Unc-Greensbo	1:57.42Q
7 Corey, Seth	FR	Samford	1:55.35q
8 Albrecht, Caleb	SR	West Carolina	1:55.64q
9 Kulick, Stephan	SR	Citadel	1:55.66q

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Preliminaries ... (Men 800 Meter Run)

Name	Yr	School	Prelims
10 Ogden, Jake	JR	Furman	1:56.06
11 Routh, Josh	SO	E Tenn State	1:56.39
12 Bousquet, Joyner	SO	Samford	1:57.93
13 Thoma, Nicholas	FR	Unc-Greensbo	1:58.13
14 Daniel, Madison	JR	Furman	1:58.17
15 Maddox, Jake	FR	Samford	1:58.49
16 Zemp, Jack	JR	Wofford	1:58.54
17 McCoy, James	SO	Wofford	1:58.77
18 Waite, Adam	FR	VMI	1:59.30
19 Thoma, Joseph	FR	Unc-Greensbo	1:59.95
20 Krafzur, Josh	FR	E Tenn State	2:00.40
21 Summerall, Zackery	SR	E Tenn State	2:02.28
22 Irizarry-Negron, Ian	FR	VMI	2:05.17
23 Greer, Miles	SR	West Carolina	2:07.35
24 Shipley, Jeremy	SO	Citadel	2:07.92
25 Harbacevich, Joe	SR	Wofford	2:11.36

Men 800 Meter Run

Top 2 In Heat Plus Next 3 On Time Advance

SoCon Rec: 1:49.20 M 1977 Phil Barker

Name	Yr	School	Finals
1 Adams, Ryan	JR	Furman	1:50.50 10
2 Benson, Khayvonn	JR	E Tenn State	1:52.38 8
3 Shahbaz, Jahanzib	JR	VMI	1:52.92 6
4 Albrecht, Caleb	SR	West Carolina	1:54.21 5
5 Scarr, Matthew	SO	E Tenn State	1:54.46 4
6 Kulick, Stephan	SR	Citadel	1:54.75 3
7 Corey, Seth	FR	Samford	1:55.67 2
8 Clayton, Weston	SO	Unc-Greensbo	1:56.70 1
9 Rodriguez, Juan	SO	Unc-Greensbo	1:59.17

Men 1500 Meter Run

Top 3 In Heat Plus Next 6 On Time Advance

SoCon Rec: 3:40.04 M 1977 Kevin Cropp

Name	Yr	School	Prelims
1 Ogden, Jake	JR	Furman	3:59.59Q
2 Varghese, Ben	SO	E Tenn State	4:00.19Q
3 Pectol, Wes	SR	E Tenn State	3:59.79Q
4 Adams, Ryan	JR	Furman	4:00.89Q
5 Shahbaz, Jahanzib	JR	VMI	4:01.03Q
6 Benson, Khayvonn	JR	E Tenn State	4:01.70Q
7 Scarr, Matthew	SO	E Tenn State	4:02.21q
8 Alexander, Colin	FR	Unc-Greensbo	4:03.32q
9 Bailey, Owen	SR	Samford	4:03.39q
10 Krafzur, Josh	FR	E Tenn State	4:03.82q
11 Hynes, Ewan	SO	Unc-Greensbo	4:04.07q
12 Zemp, Jack	JR	Wofford	4:05.58q
13 Dolhare, Noah	FR	Furman	4:11.74
14 Sandin, William	SR	Unc-Greensbo	4:14.69
15 Haines, Dylan	FR	VMI	4:17.94

Men 1500 Meter Run

Top 3 In Heat Plus Next 6 On Time Advance

SoCon Rec: 3:40.04 M 1977 Kevin Cropp

Name	Yr	School	Finals
1 Adams, Ryan	JR	Furman	3:48.15 10
2 Ogden, Jake	JR	Furman	3:48.45 8
3 Shahbaz, Jahanzib	JR	VMI	3:50.07 6
4 Scarr, Matthew	SO	E Tenn State	3:50.33 5
5 Pectol, Wes	SR	E Tenn State	3:51.19 4
6 Zemp, Jack	JR	Wofford	3:54.39 3
7 Benson, Khayvonn	JR	E Tenn State	3:55.27 2
8 Bailey, Owen	SR	Samford	3:56.72 1
9 Varghese, Ben	SO	E Tenn State	4:01.14
10 Alexander, Colin	FR	Unc-Greensbo	4:02.99
11 Hynes, Ewan	SO	Unc-Greensbo	4:04.55
--- Krafzur, Josh	FR	E Tenn State	DNF

Men 5000 Meter Run

SoCon Rec: 14:13.06 M 1981 Adrian Leek

Name	Yr	School	Finals
1 Lara, Frank	SR	Furman	14:40.63 10
2 Meade, Luke	JR	Furman	14:43.77 8
3 Coppi, Mason	JR	Furman	14:50.88 6
4 Bernal, Daniel	FR	Furman	14:52.87 5
5 Dean, Dillon	JR	Samford	14:55.96 4
6 Varghese, Ben	SO	E Tenn State	15:02.79 3
7 Charles, Noah	JR	E Tenn State	15:14.37 2
8 O'Connor, Ben	SO	E Tenn State	15:21.08 1
9 Bryant, Ben	JR	Samford	15:23.38
10 Garner, Ben	SO	Samford	15:32.65
11 Sumerford, Luke	SR	Unc-Greensbo	15:35.81
12 Ferre, Cisco	SR	Wofford	15:41.79
13 Jordan, Andre	FR	VMI	15:53.47
14 Robakiewicz, Tyler	JR	West Carolina	15:54.15
15 Martin, Colin	JR	Citadel	16:01.70
16 Bowden, Seth	FR	E Tenn State	16:06.27
17 Knepshield, Thomas	FR	Unc-Greensbo	16:17.37
18 Sandin, William	SR	Unc-Greensbo	16:58.90
--- Christopher, Dylan	FR	Unc-Greensbo	DNF
--- Lauster, Zach	FR	VMI	DNF
--- Fernandes, Carlos	JR	VMI	DNF
--- Boatwright, Ben	SR	Wofford	DNF

Men 10000 Meter Run

SoCon Rec: 29:21.30 M 1979 Adrian Leek

Name	Yr	School	Finals
1 Lara, Frank	SR	Furman	31:00.06 10
2 Meade, Luke	JR	Furman	31:01.66 8
3 Bernal, Daniel	FR	Furman	31:04.07 6
4 Dean, Dillon	JR	Samford	31:05.92 5
5 Coppi, Mason	JR	Furman	31:21.07 4
6 Bowden, Seth	FR	E Tenn State	31:39.00 3

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Finals ... (Men 10000 Meter Run)

Name	Yr	School	Finals
7 Sumerford, Luke	SR	Unc-Greensbo	31:57.57 2
8 Martin, Colin	JR	Citadel	32:16.72 1
9 Fernandes, Carlos	JR	VMI	32:19.69
10 Miles, Dalton	FR	Unc-Greensbo	32:37.91
11 Richardson, Paul	SR	Samford	32:53.80
12 Adams, Justin	JR	VMI	33:07.32
13 Christopher, Dylan	FR	Unc-Greensbo	33:55.20
14 Boatwright, Ben	SR	Wofford	34:27.71
--- Cheek, Brad	JR	Samford	DNF

Men 110 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 14.09 M 2018 Malik Diggs

Name	Yr	School	Prelims
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Preliminaries

1 Moore, Titus	FR	Samford	14.00Q3.3
2 Tait, Emmanuel	JR	Samford	14.09Q2.3
3 McMahan, Michael	SO	Samford	14.32Q2.3
4 McHugh, Jack	SO	Samford	14.41Q3.3
5 Jones, Mike	SO	West Carolina	14.49Q3.3
6 Ellis, Isaiah	SO	Wofford	14.98Q2.3
7 Granderson, James	JR	VMI	14.76q 3.3
8 Hall, Jonathan	JR	Wofford	15.14q 2.3
9 Alston, Cory	JR	West Carolina	15.14q 3.3
10 Heinrich, Conrad	SR	Wofford	15.18 2.3
11 White, Keefe	FR	Citadel	15.60 3.3

Men 110 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 14.09 M 2018 Malik Diggs

Name	Yr	School	Finals
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Finals

1 Tait, Emmanuel	JR	Samford	14.15 10
2 Moore, Titus	FR	Samford	14.27 8
3 McMahan, Michael	SO	Samford	14.48 6
4 Jones, Mike	SO	West Carolina	14.64 5
5 McHugh, Jack	SO	Samford	14.91 4
6 Granderson, James	JR	VMI	14.94 3
7 Hall, Jonathan	JR	Wofford	15.34 2
--- Alston, Cory	JR	West Carolina	DQ -1.3

Men 400 Meter Hurdles Hurdles

Timed Final

SoCon Rec: 50.70 M 1977 David Anderson

Name	Yr	School	Finals
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Finals

1 McMahan, Michael	SO	Samford	52.47 10
2 Bull, Elijah	FR	Wofford	53.68 8
3 Ellis, Isaiah	SO	Wofford	53.68 6
4 Jones, Mike	SO	West Carolina	53.77 5
5 Oballe, Jordan	JR	Samford	53.94 4
6 Fitzpatrick, Warren	SO	Samford	55.35 3
7 Andrade, Dylan	SR	West Carolina	57.42 2
8 Hall, Jonathan	JR	Wofford	58.54 1

9 White, Keefe	FR	Citadel	58.94
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Men 3000 Meter Steeplechase

SoCon Rec: 8:49.77 M 1988 Todd Crossen

Name	Yr	School	Finals
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Finals

1 Charles, Noah	JR	E Tenn State	9:12.91 10
2 Garner, Ben	SO	Samford	9:18.97 8
3 Jenkins, Gavin	FR	VMI	9:19.19 6
4 Robakiewicz, Tyler	JR	West Carolina	9:51.09 5
5 O'Connor, Ben	SO	E Tenn State	9:59.69 4
6 Kitson, Walt	SO	VMI	9:59.91 3
7 Gaulding, Jeremiah	FR	VMI	10:00.37 2
8 Johnson, Zach	FR	E Tenn State	10:01.50 1
9 Reeves, Kellen	SO	VMI	10:14.09
10 Sabourin, Kyle	JR	VMI	10:18.77

Men 4x100 Meter Relay

SoCon Rec: 39.91 M 2003 App State

j. Greene, S. Jackson, K. McLeod, E. Wiggins

Team	Relay	Finals
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Finals

1 Citadel	A	40.71 10
2 Western Carolina	A	40.95 8
3 East Tenn. St.	A	41.38 6
4 Wofford	A	41.64 5
5 Samford	A	41.74 4
6 Vmi	A	41.81 3
7 Furman	A	50.93 2

Men 4x400 Meter Relay

SoCon Rec: 3:09.06 M 2018 Western Carolina

D.Dale, H.Kiedy, C.Washington-Saunders, D.Lamont

Team	Relay	Finals
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Finals

1 Samford	A	3:15.16 10
2 Western Carolina	A	3:15.16 8
3 Citadel	A	3:16.34 6
4 Vmi	A	3:17.47 5
5 East Tenn. St.	A	3:21.79 4
6 Wofford	A	3:23.31 3
7 Unc-Greensboro	A	3:31.22 2
8 Furman	A	3:33.11 1

Men High Jump

Prog: 1.78, 1.83, 1.88, 1.93, 1.98, 2.03, 2.06, 2.09, 2.12

SoCon Rec: 2.18m M 2012 Daryl Saunders

Name	Yr	School	Finals
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Finals

1 Oxendine, Dakota	FR	West Carolina	2.12m 10
2 Fightmaster, Keyth	SR	Samford	2.08m 8
3 Stuckey, Justin	FR	Samford	2.08m 6
4 Cahoon, Matt	SO	Samford	2.08m 5
5 Hanks, Tyler	SO	West Carolina	2.03m 4
6 Huit, Dijoun	JR	West Carolina	1.98m 3
7 Jenkins, Gavin	FR	VMI	1.93m 2

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Results

Finals ... (Men High Jump)

Name	Yr	School	Finals
8 Shelton, Noah	FR	E Tenn State	1.93m 1
9 Waarvik, Jon	JR	Samford	1.93m
10 Harvey, Brandon	FR	West Carolina	1.93m
11 Hollis, Torrey	FR	Citadel	1.93m
12 Pinckney, Kenya	SO	Citadel	1.88m
13 Snead, Khadevis	SO	West Carolina	1.88m
14 Burke, Max	FR	VMI	1.83m
15 Mansell, Harrison	SO	Citadel	1.83m

Men Pole Vault

Prog: 4.00, 4.15, 4.30, 4.45, 4.60, 4.70, 4.80, 4.90, 5.00

SoCon Rec: 5.50m M 2016 Trey Oates

Name	Yr	School	Finals
Finals			
1 Duggan, Hugh	JR	Samford	5.20m 10
2 Arlint, Andrew	SR	VMI	4.70m 8
3 Blumer, Sam	SO	Citadel	4.60m 6
4 Schlatter, Hunter	JR	Samford	4.60m 5
5 Cooley, Charles	FR	West Carolina	4.45m 4
6 Merrick, Devin	SO	Citadel	4.45m 3
7 Walsh, Daniel	FR	VMI	4.30m 2
8 Lehe, Jonathan	FR	West Carolina	4.15m 1
9 Petriello, Nick	FR	VMI	4.15m
--- Stout, Robert	JR	Wofford	NH
--- Maxey, Thomas	SO	Wofford	NH
--- Kowal, Griffin	SO	VMI	NH
--- Pierce, Lindsay	SO	Citadel	NH
--- Martin, Thomas	FR	West Carolina	NH

Men Long Jump

Top Nine to Finals

SoCon Rec: 7.69m M 1987 Michael Hanks

Name	Yr	School	Finals
Finals			
1 Delince, Karon	SO	E Tenn State	7.54m 10
2 Feggett, Trini	FR	West Carolina	7.42m 8
3 Pratcher, Shon	SO	West Carolina	7.39m 6
4 Okafor, Benjamin	FR	West Carolina	7.12m 5
5 Moore, Titus	FR	Samford	7.07m 4
6 Waarvik, Jon	JR	Samford	7.02m 3
7 Granderson, James	JR	VMI	7.00m 2
8 Stuckey, Justin	FR	Samford	6.96m 1
9 Word, Chad	SR	Furman	6.93m 3.2
10 Alston, Cory	JR	West Carolina	6.89m 1.4
11 Lyons, Nicholas	JR	West Carolina	6.78m 1.7
12 Ozburn, Thomas	SO	Samford	6.68m 1.3
13 Bradford, Jacquary	JR	Citadel	6.53m -1.2
14 Mingo, Omar	SR	Wofford	5.88m 0.9
--- Hanks, Tyler	SO	West Carolina	FOUL

Men Triple Jump

Top Nine to Finals

SoCon Rec: 16.06m M 1987 Michael Hanks

Name	Yr	School	Finals
Finals			
1 Huitt, Dijoun	JR	West Carolina	15.42m 10
2 Koko, Yohana	SR	E Tenn State	15.10m 8
3 Ashton, Blaine	FR	VMI	14.55m 6
4 Okafor, Benjamin	FR	West Carolina	14.31m 5
5 Hanks, Tyler	SO	West Carolina	14.19m 4
6 Pratcher, Shon	SO	West Carolina	13.98m 3
7 Harvey, Brandon	FR	West Carolina	13.73m 2
8 Lyons, Nicholas	JR	West Carolina	13.69m 1
9 Mingo, Omar	SR	Wofford	13.53m +0.0
10 Osburne, Noah	SO	Samford	13.29m 0.9
11 Hollis, Torrey	FR	Citadel	13.21m +0.0
--- Poindexter, Jordin	FR	VMI	FOUL

Men Shot Put

Top Nine to Finals

SoCon Rec: 17.72m M 2005 Anthony Greer

Name	Yr	School	Finals
Finals			
1 Wright, Dakota	SR	West Carolina	16.79m 10
2 Johnson, Benjamin	SR	E Tenn State	16.78m 8
3 Lufkin, Austin	SO	Wofford	15.56m 6
4 Cahoon, Matt	SO	Samford	15.13m 5
5 Nnodim, Longinus	SR	Wofford	14.88m 4
6 Bennett, Mac	SO	West Carolina	14.83m 3
7 Hart, Adam	FR	West Carolina	14.25m 2
8 Williams, Ja'lon	SR	Citadel	14.21m 1
9 Howard-Whitaker, Prince	JR	Citadel	14.12m
10 Griffin, Hunter	JR	Wofford	13.41m
11 Usher, Daniel	JR	VMI	13.36m
12 Eldridge, Ryan	FR	West Carolina	13.35m
13 Toole, Johnathan	FR	Citadel	13.15m
14 Miller, Kolin	FR	E Tenn State	12.14m
15 Fejeran, Zach	FR	E Tenn State	12.09m

Men Discus Throw

Top Nine to Finals

SoCon Rec: 52.25m M 2012 Jared Stalling

Name	Yr	School	Finals
Finals			
1 Johnson, Benjamin	SR	E Tenn State	54.53mM 10
2 Cahoon, Matt	SO	Samford	48.56m 8
3 Lufkin, Austin	SO	Wofford	47.78m 6
4 Wright, Dakota	SR	West Carolina	46.29m 5
5 Bennett, Mac	SO	West Carolina	44.17m 4
6 Howard-Whitaker, Prince	JR	Citadel	44.05m 3
7 Hart, Adam	FR	West Carolina	43.08m 2
8 Usher, Daniel	JR	VMI	42.39m 1
9 Miller, Kolin	FR	E Tenn State	41.07m
10 Griffin, Hunter	JR	Wofford	38.15m
11 Fejeran, Zach	FR	E Tenn State	34.46m

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Results

Finals ... (Men Discus Throw)

Name	Yr	School	Finals
12 Coleman, Bryson	SO	Wofford	32.80m
13 Eldridge, Ryan	FR	West Carolina	32.45m
14 Williams, Ja'lon	SR	Citadel	30.54m
--- Brown, Ethan	FR	Samford	FOUL

Men Hammer Throw

Top Nine to Finals

SoCon Rec: 60.62m M 2008 Wes Kiser

Name	Yr	School	Finals
Finals			
1 Johnson, Benjamin	SR	E Tenn State	59.89m 10
2 Wright, Dakota	SR	West Carolina	55.70m 8
3 Nnodim, Longinus	SR	Wofford	52.69m 6
4 Williams, Ja'lon	SR	Citadel	51.23m 5
5 Miller, Kolin	FR	E Tenn State	48.82m 4
6 Cahoon, Matt	SO	Samford	48.68m 3
7 Howard-Whitaker, Prince	JR	Citadel	46.24m 2
8 Bennett, Mac	SO	West Carolina	45.59m 1
9 Usher, Daniel	JR	VMI	44.02m
10 Coleman, Bryson	SO	Wofford	43.73m
11 Brown, Ethan	FR	Samford	43.38m
12 Griffin, Hunter	JR	Wofford	42.36m
13 Fejeran, Zach	FR	E Tenn State	36.03m
--- Eldridge, Ryan	FR	West Carolina	FOUL
--- Hart, Adam	FR	West Carolina	FOUL

Men Javelin Throw

Top Nine to Finals

SoCon Rec: 72.95m M 2016 Capers Williamson

Name	Yr	School	Finals
Finals			
1 Johnson, Benjamin	SR	E Tenn State	60.80m 10
2 Cahoon, Matt	SO	Samford	60.17m 8
3 Hatler, Charlie	SR	Citadel	56.10m 6
4 Heinrich, Conrad	SR	Wofford	54.96m 5
5 McDonald, Evan	JR	Citadel	53.25m 4
6 Shelton, Noah	FR	E Tenn State	46.21m 3
7 Schlatter, Hunter	JR	Samford	43.73m 2
8 Oballe, Jordan	JR	Samford	43.52m 1
9 Evans, Wesley	SO	Citadel	41.02m
10 Ozburn, Thomas	SO	Samford	40.94m
11 Waarvik, Jon	JR	Samford	40.55m

Decathlon: #1 Men 100 Meter Dash Decathlon

SoCon Rec: 11.65 M 5/11/2017 Samuel Robinson

Name	Yr	School	Finals
Finals			
1 Ozburn, Thomas	SO	Samford	11.53M 746
2 Burke, Max	FR	VMI	11.75 701
3 Maxey, Thomas	SO	Wofford	11.79 693
4 Heinrich, Conrad	SR	Wofford	11.98 655
5 Stout, Robert	JR	Wofford	12.08 635
6 Snead, Khadevis	SO	West Carolina	12.21 610

Decathlon: #5 Men 400 Meter Dash Decathlon

SoCon Rec: 50.83 M 5/11/2017 Jay Vines

Name	Yr	School	Finals
Finals			
1 Heinrich, Conrad	SR	Wofford	51.56 744
2 Ozburn, Thomas	SO	Samford	51.56 744
3 Stout, Robert	JR	Wofford	52.12 719
4 Maxey, Thomas	SO	Wofford	52.56 700
5 Burke, Max	FR	VMI	54.89 603
6 Snead, Khadevis	SO	West Carolina	57.49 503

Decathlon: #10 Men 1500 Meter Run Decathlon

SoCon Rec: 4:44.33 M 5/11/2017 Conrad Heinrich

Name	Yr	School	Finals
Finals			
1 Heinrich, Conrad	SR	Wofford	4:39.17M 686
2 Stout, Robert	JR	Wofford	4:40.19M 679
3 Maxey, Thomas	SO	Wofford	4:50.83 614
4 Ozburn, Thomas	SO	Samford	4:50.92 613
5 Snead, Khadevis	SO	West Carolina	5:27.14 414
6 Burke, Max	FR	VMI	5:30.73 396

Decathlon: #6 Men 110 Meter Hurdles Decathlon

SoCon Rec: 15.41 M 5/11/2017 Conrad Heinrich

Name	Yr	School	Finals
Finals			
1 Heinrich, Conrad	SR	Wofford	15.26 818
2 Ozburn, Thomas	SO	Samford	16.54 673
3 Stout, Robert	JR	Wofford	16.58 669
4 Snead, Khadevis	SO	West Carolina	17.94 530
5 Burke, Max	FR	VMI	18.53 474
6 Maxey, Thomas	SO	Wofford	19.38 400

Decathlon: #4 Men High Jump Decathlon

SoCon Rec: 1.95m M 5/11/2017 Nathan Rivera

Name	Yr	School	Finals
Finals			
1 Snead, Khadevis	SO	West Carolina	1.92m 731
1 Ozburn, Thomas	SO	Samford	1.92m 731
3 Burke, Max	FR	VMI	1.86m 679
4 Heinrich, Conrad	SR	Wofford	1.80m 627
4 Stout, Robert	JR	Wofford	1.80m 627
6 Maxey, Thomas	SO	Wofford	1.62m 480

Decathlon: #8 Men Pole Vault Decathlon

SoCon Rec: 4.50m M 5/11/2017 Hunter Schlatter

Name	Yr	School	Finals
Finals			
1 Stout, Robert	JR	Wofford	4.15m 659
2 Ozburn, Thomas	SO	Samford	3.95m 603
3 Heinrich, Conrad	SR	Wofford	3.65m 522
4 Burke, Max	FR	VMI	3.05m 369
--- Maxey, Thomas	SO	Wofford	NH
--- Snead, Khadevis	SO	West Carolina	NH

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Results

Decathlon: #2 Men Long Jump Decathlon

SoCon Rec: 6.40m M 5/11/2017 Andrew Patterson

Name	Yr	School	Finals
Finals			
1	Ozburn, Thomas	SO Samford	6.93mM 797
2	Heinrich, Conrad	SR Wofford	6.56mM 711
3	Burke, Max	FR VMI	6.45mM 686
4	Stout, Robert	JR Wofford	6.35m 664
5	Snead, Khadevis	SO West Carolina	5.84m 552
6	Maxey, Thomas	SO Wofford	5.63m 508

Decathlon: #3 Men Shot Put Decathlon

SoCon Rec: 11.61m M 5/11/2017 Conrad Heinrich

Name	Yr	School	Finals
Finals			
1	Heinrich, Conrad	SR Wofford	11.95mM 603
2	Stout, Robert	JR Wofford	10.41m 510
3	Maxey, Thomas	SO Wofford	10.20m 498
4	Ozburn, Thomas	SO Samford	10.10m 492
5	Snead, Khadevis	SO West Carolina	9.96m 483
6	Burke, Max	FR VMI	8.37m 388

Decathlon: #7 Men Discus Throw Decathlon

SoCon Rec: 34.80m M 5/11/2017 Nathan Rivera

Name	Yr	School	Finals
Finals			
1	Ozburn, Thomas	SO Samford	32.36m 511
2	Heinrich, Conrad	SR Wofford	31.91m 502
3	Maxey, Thomas	SO Wofford	30.35m 471
4	Stout, Robert	JR Wofford	28.22m 430
5	Snead, Khadevis	SO West Carolina	27.74m 420
6	Burke, Max	FR VMI	23.16m 332

Decathlon: #9 Men Javelin Throw Decathlon

SoCon Rec: 52.74m M 5/11/2017 Conrad Heinrich

Name	Yr	School	Finals
Finals			
1	Heinrich, Conrad	SR Wofford	57.86mM 706
2	Stout, Robert	JR Wofford	44.27m 504
3	Snead, Khadevis	SO West Carolina	40.76m 453
4	Ozburn, Thomas	SO Samford	39.37m 433
5	Maxey, Thomas	SO Wofford	37.83m 411
6	Burke, Max	FR VMI	36.67m 394

Men Decathlon

SoCon Rec: 7040 M 2011 Brandon Bassett

Name	Yr	School	Finals
Finals			
1	Heinrich, Conrad	SR Wofford	6574 10
2	Ozburn, Thomas	SO Samford	6343 8
3	Stout, Robert	JR Wofford	6096 6
4	Burke, Max	FR VMI	5022 5
5	Maxey, Thomas	SO Wofford	4775 4
6	Snead, Khadevis	SO West Carolina	4696 3

Women - Team Rankings - 21 Events Scored

1)	Samford	228
2)	Wofford	126
3)	Western Carolina	119
4)	East Tenn. St.	100
5)	Furman	91
6)	Mercer	70
7)	Citadel	31
7)	VMI	31
9)	UT-Chattanooga	15
10)	UNC-Greensboro	8

Men - Team Rankings - 21 Events Scored

1)	Western Carolina	186
2)	Samford	169
3)	East Tenn. St.	136
4)	Wofford	91
5)	Furman	88
6)	Citadel	74
7)	VMI	65
8)	UNC-Greensboro	5