



# Southern Conference Championships

## Southern Conference Track Championships at East Tennessee State University Finals

**Team Results:** 1. Appalachian State University (ASU) 183; 2. Virginia Military Institute (VMI) 158; 3. East Tennessee State (ETSU) 68; 4. Marshall (M) 66; 5. Western Carolina (WC) 53; 6. The Citadel (C) 20; 7. Davidson (D) 5; 8. Furman (F) 4

**Individual Results:** **60-yard high hurdles:** 1. Walt Foster (ASU) 7.51; 2. Sylvester Davis (VMI); 3. Bennett King (ASU); 4. Terry Lawrence (ASU); 5. Tim Harris (VMI); 6. Kenard Bynum (ASU); **60-yard dash:** 1. Mike Rigsbee (ASU) 6.37; 2. Kevin Mitchell (VMI); 3. Ricky Schell (WC); 4. Richard Gwyn (ASU); 5. Erick Rasheed (WC); 6. Kenneth Herndon (ASU); **440 yard dash:** 1. Sylvester Davis (VMI) 46.77; 2. Earl Bates (WC); 3. Marcus Black (VMI); 4. Darryl Evans (ASU); 5. David Carter (ASU); 6. Byron Ross (VMI); **600 yard run:** 1. Davis Estes (VMI) 1:10.35 (new meet record, breaks old mark of 1:10.6); 2. Jeff Young (VMI); 3. Haywood Smith (WC); 4. Joe Dixon (ASU); 5. Stanley Harris (ASU); 6. John Gonzales (M); **800 run:** 1. Henry Sanchez (VMI) 1:52.12; 2. Jesse Dingle (ASU); 3. Verland Perty (M); 4. Phil Stephens (C); 5. Ed Puck (F); 6. Wayne Prickett (ETSU); **1,000 yard run:** 1. Conrad Conneely (ETSU) 2:12.57; 2. Paul Goewey (ASU); 3. John Warnick (M); 4. Judd Springer (VMI); 5. Todd Goewey (ASU); 6. Joe Masie (VMI); **35-pound weight throw:** 1. Shelton Johnson (VMI) 61-2½ (new meet record, breaks old mark of 58-2¼); 2. Mike Brooks (ASU); 3. Bobby Kirkland (ASU); 4. John Shannon (VMI); 5. James Jackson (M); 6. Jim Brown (M); **Pole Vault:** 1. Robert Patterson (ASU) 15-1; 2. Mark Torkelson (M); 3. Terry Coriner (ASU); 4. Peter Anderson (ASU); 5. Mark Underwood (M); 6. Jay Braun (D); **Triple Jump:** 1. Ron Abbit (VMI) 50-2; 2. Carl Harris (ASU); 3. Michael Hanks (ASU); 4. Anthony James (WC); 5. Charles Mack (ASU); 6. George Washington (VMI); **Mile Run:** 1. Conrad Conneely (ETSU) 4:05.38; 2. Todd Goewey (ASU); 3. Jack Ditt (VMI); 4. Paul Goewey (ASU); 5. Brian Dunne (ETSU); 6. Gary Preston (ETSU); **Three mile run:** 1. Brian Dunne (ETSU) 14:00.91; 2. Gary Preston (ETSU); 3. Robert Daker (WC); 4. Mark Shea (ASU); 5. Bobby Whilhoit (ASU); 6. Mike Dodge (M); **Mile Relay:** 1. Virginia Military Institute (Davis, Black, Estes, Sanchez) 3:11.71 (new meet record, break old mark of 3:13.4); 2. Western Carolina; 3. East Tennessee State; 4. Marshall; 5. The Citadel; 6. Appalachian State University

**Individual Results: Shot Put:** 1. Shaun McWhorter (M) 52-11; 2. Pat Twomey (C); 3. Steve Schultz (AP); 4. Fred Ryan (M); 5. Steve Jeck (AS); 6. Bobby Kirkland (AP); **Long Jump:** 1. Kevin Mitchell (VMI) 23-9½; 2. Michael Hanks (AP); 3. Anthony James (WC); 4. Terry Fortune (VMI); 5. Ron Abbit (VMI); 6. Jackie Gary (AP); **Two-Mile Run:** 1. Brian Dunne (ETSU) 8:49.43 (new conference record, breaks mark of 8:52.61 set by ETSU's Mike Mansy in 1982); 2. Jack Ditt (VMI); 3. Mike Dodge (M); 4. Mark Shea (AP); 5. Robert Baker (WC); 6. Larlton Law (AP); **High Jump:** 1. Charles Mack (AP) 6-10; 2. Henry Ingram (VMI); 3. Jim Shaver (M); 4. Jeff Carter (D); 5. Carl Harris (AP); 6. Jim Moore (VMI); **Distance Medley Relay:** 1. East Tennessee State (Prickett, Bolden, Preston, Conneely) 9:59.35 (breaks record set by ETSU in 1982); 2. Appalachian State; 3. Virginia Military Institute; 4. Western Carolina; 5. The Citadel; 6. Marshall; **Two-Mile Relay:** 1. Virginia Military Institute 7:49.26; 2. Marshall; 3. Appalachian State; 4. The Citadel; 5. Furman; 6. Western Carolina