

Appalachian, Monahan winners

LEXINGTON — Virginia Military Institute junior Dan Monahan figured in the only two meet records and was selected for the outstanding performer award, but Appalachian successfully defended its Southern Conference Indoor Track Championship yesterday.

The Mountaineers won nine of the 19 events and piled up 212 points against 101 for runner-up VMI. Monahan set a record of 49.44 in the 400 meters and anchored the record 3:19.4 effort in the 1,600-meter relay.

35-pound weight — 1, Steve Jeck, Appalachian, 56-9½. 2, Bobby Kirkland, Appalachian, 53-3¼. 3, Kerry Fagan, Appalachian, 52-6½. 4, James Jackson, Marshall, 52-4¾. 5, Neil Lowenstein, VMI, 47-3½. 6, Steve Schultz, Appalachian, 43-3.

55 hurdles — 1, Chris Havener, Appalachian, 7.58. 2, Tommy Robbins, Appalachian, 7.58. 3, Al Stewart, VMI, 7.75. 4, Steve Medill, The Citadel, 7.79. 5, Odell Williams, Western Carolina. 6, Beaty Barnes, VMI, 7.92.

400 — 1, Dan Monahan, VMI, 49.44 (meet record; previous record 49.5 by Floyd White, Furman, 1983). 2, Marshall Pitts, Appalachian, 49.64. 3, Bobby Harris, VMI, 49.8. 4, Donald McDowell, Marshall, 50.73. 5, Greg McCollum, Appalachian, 50.91. 6, Earl Bates, Western Carolina, 51.62.

500 — 1, David Carter, Appalachian, 1:04.56. 2, Haywood Smith, Western Carolina, 1:05.07. 3, Mike Maxwell, VMI, 1:05.11. 4, Willie Davis, The Citadel, 1:06.05. 5, Anthony Brown, VMI, 1:06.14. 6, Bob Pate, Marshall, 1:07.49.

Triple jump — 1, Carl Harris, Appalachian, 49-4. 2, Eric Chambers, Western Carolina, 46-8. 3, Nelson

Dixon, Western Carolina, 46-1½. 4, Kevin Sabb, Marshall, 45-7. 5, Charles Mack, Appalachian, 44-9¼. 6, Keith Washington, VMI, 44-6½.

800 — 1, Jesse Dingle, Appalachian, 1:56.6. 2, Reggie Littlejohn, Appalachian, 1:57.0. 3, Chris Sheppard, Western Carolina, 1:57.4. 4, Paul Goewey, Appalachian, 1:58.9. 5, Ivan Mattox, VMI, 1:59.3. 6, Wayne Prickett, East Tennessee, 2:02.1.

1,000 — 1, Todd Goewey, Appalachian, 2:31.5. 2, Keith Sewell, Appalachian, 2:31.5. 3, Harry Williams, Appalachian, 2:32.0. 4, David Ball, Marshall, 2:32.3. 5, Mike Curcio, Appalachian, 2:34.1. 6, Pete Carty, VMI, 2:34.3.

3,000 — 1, Brian Dunne, East Tennessee, 8:22.7. 2, Gerry Duffy, East Tennessee, 8:22.8. 3, Phil Roberts, Western Carolina, 8:23.0. 4, Bobby Wilhoit, Appalachian, 8:26.7. 5, Mark Shea, Appalachian, 8:32.7. 6, Conrad Coneely, East Tennessee, 8:34.4.

55 — 1, Eric Rasheed, Western Carolina, 6.41. 2, John Blackwell, VMI, 6.44. 3, Curtis Hardy, The Citadel, 6.49. 4, Ricky Shell, Western Carolina, 6.50. 5, Tim Haley, Marshall, 6.54. 6, Marshall Pitts, Appalachian, 6.71.

Pole vault — 1, Mike Cook, VMI, 14-0. 2, Jeff Meyers, Furman, 14-0. 3, Terry Corriher, Appalachian, 13.6. 4, Jay Braun, Davidson, 13-06. 5, Eric Faison, 12-6.

5,000 — 1, Brian Dunne, East Tennessee, 14:36.6. 2, Gerry Duffy, East Tennessee, 14:39.1. 3, Bobby Wilhoit, Appalachian, 14:40.9. 4, Robert Baker, Western Carolina, 14:46.7. 5, Mark Shea, Appalachian, 14:48.6. 6, Conrad Coneely, East Tennessee, 14:53.8.

1,500 — 1, Todd Goewey, Appalachian, 3:51.4. 2, Paul Goewey, Appalachian, 3:52.0. 3, Gerry Duffy, East Tennessee, 3:55.2. 4, Gary Preston, East Tennessee, 3:57.4. 5, Greg Hoofnagle, VMI, 3:58.7. 6, Phil Roberts, Western Carolina, 4:02.1.

1,600 — 1, VMI (Byron Ross, Bobby Harris, Anthony Brown, Dan Monahan) 3:19.4 (meet record; previous record 3:20.6 by Marshall, 1981). 2, Western Carolina 3:19.4. 3, Appalachian 3:22.4. 4, Marshall 3:26.0. 5, The Citadel 3:29.2. 6, Davidson 3:30.0.

Final scores — Appalachian 212, VMI 101, Western Carolina 96, East Tennessee 65, Marshall 34, The Citadel 29, Davidson 12, Furman 8.

High jump — 1, Henry Ingram, VMI, 6-10. 2, Charles Mack, Appalachian, 6-8. 3, Jeff Carter, Davidson, 6-8. 4, Carl Harris, Appalachian, 6-8. 5, Darryl Stephens, Appalachian, 6-6. Jim Prowse, Marshall, 6-4.

Distance medley relay — 1, Appalachian (Jesse Dingle, David Carter, Harry Williams, Todd Goewey) 10:10.98. 2, East Tennessee 10:15.66. 3, Western Carolina 10:19.95. 4, VMI 10:23.59. 5, Marshall 10:45.88. 6, The Citadel 10:52.02.

Long jump — 1, Terry Fortune, VMI, 23-3¼. 2, Eric Chambers, Western Carolina, 22-11½. 3, Thadeus Williams, Western Carolina, 22-9. 4, Steve Foster, Western Carolina, 22-8. 5, Keith Washington, VMI, 22-7. 6, Nelson Dixon, Western Carolina, 22-5.

Shot put — 1, Steve Schultz, Appalachian, 51-11. 2, Pat Twoney, The Citadel, 51-11. 3, Charles Weddington, Western Carolina, 51-8½. 4, Fred Ryan, Marshall, 51-1. 5, Bo Williard, The Citadel, 48-11¾. 6, Bobby Kirkland, Appalachian, 47-3¾.

3,000 — 1, Brian Dunne, East Tennessee, 8:22.69. 2, Gerry Duffy, East Tennessee, 8:22.71. 3, Phil Roberts, Western Carolina, 8:22.94. 4, Bobby Wilhoit, Appalachian, 8:26.7. 5, Mark Shea, Appalachian, 8:32.69. 6, Conrad Conneely, East Tennessee, 8:34.36.

3,200 relay — 1, Appalachian (Reggie Littlejohn, Paul Goewey, Keith Sewell, Jesse Dingle) 7:52.653. 2, East Tennessee 7:53.92. 3, VMI 7:54.08. 4, Marshall 8:05.92. 5, The Citadel 8:08.94. 6, Western Carolina 8:25.32.