Appalachian keeps indoor title

LEXINGTON — Marshall Pitts figured in the only two meet records and led Appalachian to its third straight Southern Conference Indoor Track Championship yesterday.

The Mountaineers piled up 180% points in outdistancing Virginia Military Institute (158%). Marshall was next with 81, followed by East Tennessee (73), Western Carolina (32), The Citadel (15), Furman (13) and Davidson (2).

Pitts was selected the meet's outstanding athlete after setting a record of 1:04.34 in the 500 meters and anchoring the Mountaineers' record 1,600-meter relay effort of 3:18.15.

35-pound weight — 1, Sheldon Johnson, VMI, 59-2. 2, Fred Ryan, Marshall, 49-1. 3, John Chesson, VMI, 47-9. 4, Leigh Hawkins, Appalachian, 46-5. 5, Steve Schultz, Appalachian, 44-9½. 6, Dan Foster, Appalachian, 42-8½.

1,500 — 1, Phil Roberts, Western Carolina, 3:56.77.
2, Conrad Conneely, East Tennessee, 3:56.92. 3, Randy Hale, East Tennessee, 3:57.30. 4, Dave Marks, Marshall, 3:58.36. 5, Greg Hoofnagle, VMI, 3:58.40. 6,

Harry Williams, Appalachian, 4:00.00.

55 hurdles — 1, Andrew Stewart, VMI, 7.62. 2, Chris Hauner, Appalachian, 7.73. 3, Tony McKinnie, Western Carolina, 7.81. 4, Tommy Robbins, Appalachian, 7.83. 5, Scott Griffea, VMI, 7.84. 6, Chuck Goins, Appalachian, 8.01.

55 - 1, Bobby Blackwell, VMI, 6.40. 2, Keith Wash-

ington, VMI, 5.49. 3, Kenny Stewart, VMI, 5.50. 4, Tony McIntosh, 5.55. 5, Tim Haley, Marshall, 6.66.

Triple jump — 1, Michael Hanks, Appalachian, 51-10½, 2, Warren Posey, Appalachian, 49-10½, 3, Carl Harris, Appalachian, 49-3½, 4, Anthony McIntosh, VMI, 49-2½, 5, Keith Washington, VMI, 47-11, 6, Benji Motte, Furman, 47-9.

Pole vault — 1, Eric Faison, VMI, 14-0. 2, Terry Corriber, Appalachian, 14-0. 3, Mark Underwood, Marshall, 14-0. 4, David Parker, Appalachian, 13-6. 5, John McCray, VMI, 13-6. 6, Tom Brooks, VMI, 13-6.

400 — 1, Bobby Harris, VMI, 49.86. 2, Willie Davis, The Citadel, 49.94. 3, Greg McCollum, Appalachian, 49.99. 4, Richard Rowe, Western Carolina, 50.17. 5,

Dan Monahan, VMI, 50.19.

800 — 1, Thane Harmon, Appalachina, 1:57.68. 2, Martin Castillo, VMI, 1:58.05. 3, Rob Mitchell, Marshall, 1:58.25. 4, Charlie Milner, East Tennessee, 1:58.26. 5, Lane Anderson, The Citadel, 1:59.13. 6, Don Chapman, Appal

1,000 — 1, Keith Sewell, Appalachian, 2:29.54. 2, Mike Curcio, Appalachian, 2:31.02. 3, Dave Marks, Marshall, 2:32.17. 4, Greg Hoofnagle, VMI, 2:33.68. 5, Dave Ball, Marshall, 2:36.88. 6, Harry Williams, Appa-

lachian, 2:40.47.

5,000 — 1, Conrad Conneely, East Tennessee, 14:44.56. 2, Thomas O'Garrah, East Tennessee, 14:47.79 3, Mark Shea, Appalachian, 14:48.14. 4, Dan Rechner, Marshall, 14:48.59. 5, Adam Jagelski, Furman, 15:06.63. 6, Dave Tabor, Marshall, 15:20.86.

500 — 1, Marshall Pitts, Appalachian, 1:04.34 (meet record). 2, Rod Elliott, Marshall, 1:05.11. 3, Mike Maxwell, VMI, 1:05.68. 4, Anthony Brown, VMI, 1:05.69. 5, Bobby Whitehead, Marshall, 1:06.23. 6, Robby Pate,

Marshall, no time.

1,600 relay — 1, Appalachian (Mike Baldwin, Greg McCollum, Harold Simpson, Marshall Pitts) 3:18.15 (meet record) 2, VMI 3:19.83, 3, Marshall 3:21.22, 4, The Citadel 3:30.05, 5, East Tennessee 3:35.29, 6, Davidson 3:47.62.

Team — Appalachian 18015, VMI 15845, Marshall 81, East Tennessee 73, Western Carolina 32, The

Citadel 15, Furman 13, Davidson 2.

Distance medley relay — 1, East Tennessee (Charlie Milner, Kevin Lemon, Thomas O'Gara, Conrad Conneeley) 10:08.17. 2, Appalachian 10:14.80. 3, VMI 10:23.00. 4, Marshall 10:23.00. 5, Furman 10:42.44. 6, Davidson 11:15.54.

High jump — 1, Sammie Cunningham, Appalachian, 7-0. 2, Henry Ingram, VMI, 7-0. 3, James Brookshire, Western Carolina, 6-10. 4, Stephen Morrison, Appalachian, 6-10. 5, Carl Harris, Appalachian, 6-10. 6, Jimmy Ellis, East Tennessee, 6-6.

Shot put — 1, Fred Ryan, Marshall, 51-8½. 2, Steve Schultz, Appalachian, 49-2½. 3, Sheldon Johnson, VMI, 48-3¼. 4, Leigh Hawkins, Appalachian, 47-9. 5, Jerry Ledlow, VMI, 46-11¼. 6, Bo Willard, The Citadel, 46-

11/2.

Long jump — 1, Tom Hanks, Appalachian, 24-4½. 2, Benji Motrte, Furman, 23-10½. 3, Kenny Stewart, VMI, 23-9½. 4, Nelson Dixon, Western Carolina, 23-2½. 5, Thane Gash, East Tennessee, 23-2. 6, Carl Harris, Appalachian, 22-11.

3,000 — 1, Conrad Conneely, East Tennessee, 8:33.53. 2, Mark Shea, Appalachian, 8:36.04. 3, Dave Tabur, Marshall, 8:37.82. 4, Randy Hale, East Tennessee, 8:37.93. 5, Thomas O'Gara, East Tennessee, 8:38.96. 6, Richard Stewart, Marshall, 8:41.01.

3,200 relay — 1, VMI (Pete Carty, Marty Castillo, Greg Hoofnagle, Mike Maxwell) 7:53.62: 2, Appalachian 7:56.13: 4, East Tennessee 8:08.68: 4, Marshall 8:13.41: 5, West-

ern Carolina 8:21.94.