

Southern Championship

Men

Shot Put—1. Carey Cash, The Citadel, 52-2½; 2. Larry Brandon, Marshall, 52-0; 3. Eric Roberts, Appalachian State, 49-10; 4. Seane Worthy, Appalachian State, 48-1¾; 5. John Maynard, Marshall, 47-7¾; 6. Demetrius Wilson, Marshall, 47-7.

Long Jump—1. Shawn Miller, Western Carolina, 23-10½; 2. Damon Richardson, VMI, 23-4; 3. Esteban Frost, VMI, 23-1; 4. Elijah Ham, VMI, 22-8; 5. Chris Furman, Marshall, 22-7¾; 6. Jeff Horton, East Tennessee State, 22-3¾.

High Jump—1. Shawn Miller, Western Carolina, 6-9¾; 2. Alan White, East Tennessee State, 6-8; 3. Pat Stone, Marshall, 6-8; 4. Ryan Thiel, Appalachian State, 6-8; 5. (tie) Robert Tucker, Western Carolina; T.J. Persicketti, Western Carolina; Kevin McCluney, VMI, 6-6.

3000M—1. Dennis Barry, East Tennessee State, 8:30.2; 2. Seamus Power, East Tennessee State, 8:30.5; 3. Rick Patterson, East Tennessee State, 8:31.4; 4. Tommy Holland, Appalachian State, 8:32.6; 5. Billy Pemberton, Appalachian State, 8:36.7; 6. Tony Patrick, Marshall, 8:37.5.

Two-Mile Relay—1. UT-Chattanooga (Margraves, Smith, Croft, Stryker) 7:58.4; 2. East Tennessee State, 8:00.6; 3. VMI, 8:03.0; 4. Marshall, 8:06.1; 5. Western Carolina, 8:08.0; 6. Appalachian State, 8:10.7.

Team Results—1. East Tennessee State, 41 pts.; 2. VMI, 25; 3. (tie) Marshall; Western Carolina, 24; 5. Appalachian State, 21; 6. (tie) The Citadel; UT-Chattanooga, 10; 8. Davidson, 0.

Women

Long Jump—1. Von Ross, Western Carolina, 20-3½; 2. Melissa Morrison, Appalachian State, 19-10¾; 3. Shelly Clendenin, East Tennessee, 18-11; 4. Alice Vinson, Appalachian State, 18-6¾; 5. Karen Cole, East Tennessee, 17-9¾; 6. Precious Quire, Appalachian State, 17-8¾.

Shot Put—1. Zondra Johnson, Western Carolina, 40-11; 2. Meghan Morrall, Marshall, 40-0; 3. Debbie Evans, Western Carolina, 39-11½; 4. Ericka Crawford, Western Carolina, 38-10¾; 5. Sherri Miller, Appalachian State, 38-4; 6. Kellie Thomas, Marshall, 36-10½.

3000—1. Gail Pennachia, Furman, 10:08.5; 2. Lucie Mays, UT-Chattanooga, 10:11.4; 3. Blair McKinney, UT-Chattanooga, 10:16.0; 4. Monica Robbers, East Tennessee, 10:26.0; 5. Nicole Disher, Appalachian State, 10:38.0; 6. Julie Cooper, Appalachian State, 10:45.0.

Two-Mile Relay—1. Furman (Valenzuela, Vinson, Ginette, VanderBrake) 9:33.3; 2. Appalachian State, 9:33.4; 3. Marshall, 9:48.9; 4. Western Carolina, 10:17.7; 5. East Tennessee State, 10:21.1; 6. Davidson, 10:24.0.

Team Results—1. Western Carolina, 34 pts.; 2. Appalachian State, 26; 3. Furman, 20; 4. Marshall, 15; 5. (tie) East Tennessee State; UT-Chattanooga, 14; 7. Davidson, 1.

College results

LEXINGTON, Va. — The results of the Southern Conference indoor meet held Saturday at Virginia Military Institute:

MEN

35-pound weight—1, Fritz Ligday, VMI, 55-5½. 2, Frank Boehling, VMI, 55-2½. 3, Eric Roberts Appalachian St., 54-5½. 4, Rich Grant, Appalachian St., 54-3½. 5, Zach Scott, VMI, 52-4. 6, Kevin Gladden, Appalachian St., 50-10.

Pole vault—1, Jeff Capps, W. Carolina, 14-6. 2, Dennis Gutknecht, Appalachian St., 14-6. 3, Joe Dobson, VMI, 14-6. 4, Matt Bowers, VMI, 14-0. 5, Phil Alicea, VMI, 14-0. 6, Mike Guess, Appalachian St., 13-6.

Mile—1, Seamus Powers, Appalachian St., 4:18.67. 2, Rick Patterson, E. Tennessee St., 4:18.98. 3, Denis Barry, E. Tennessee St., 4:19.28. 4, Tony Patrick, Marshall, 4:19.38. 5, Alan Whicker, Appalachian St., 4:20.99. 6, Billy Pemberton, Appalachian St., 4:23.91.

Triple jump—1, Shawn Miller, W. Carolina, 48-2¾. 2, Reggie Allison, W. Carolina, 47-8½. 3, William Harding, VMI, 47-4. 4, Jeff Hubbard, VMI, 46-11½. 5, John Citizen, VMI, 46-11½. 6, J.P. Lynch, VMI, 45-10¼.

400 meters—1, Estaban Frost, VMI, 49.88. 2, Michael Kyle, Tn.-Chattanooga, 50.39. 3, Holm Ankoma-Sey, VMI, 50-96. 4, Daniel Johnson, Citadel, 51.12. 5, Garsen Hendrick, Appalachian St., 51.15. 6, Len Henke, W. Carolina, disqualified.

55 meters—1, Leander Watts, Appalachian St., 6.37. 2, Tobe Taylor, Tn.-Chattanooga, 6.38. 3, James Jordan, E. Tennessee St., 6.46. 4, Estaban Frost, VMI, 6.50. 5, Elijah Ham, VMI, 6.52. 6, Donny Abraham, E. Tennessee St., 6.52.

55-meter hurdles—1, Malachi Jamison, E. Tennessee St., 7.64. 2, Phil Watson, VMI, 7.64. 3, Andre Womack, Marshall, 7.79. 4, Phil Alicea, VMI, 7.80. 5, Stephon Gaines, W. Carolina, no time.

800 meters—1, Shane Stryker, Tn.-Chattanooga, 1:55.07. 2, Alan Wicker, Appalachian St., 1:56.18. 3, Tony Patrick, Marshall, 1:56.34. 4, Jon Austin, Appalachian St., 1:58.02. 5, Kevin Croft, Tn.-Chattanooga, 1:59.00. 6, Pat Cromwell, Appalachian St., 1:59.28.

200 meters—1, Estaban Frost, VMI, 22.26. 2, Tobe Taylor, Tn.-Chattanooga, 22.64. 3, Elijah Ham, VMI, 22.67. 4, Holm Ankoma-Sey, VMI, 22.79. 5, Leander Watts, Appalachian St., 23.18. 6, Michael Kyle, Tn.-Chattanooga, 23.55.

5,000 meters—1, Seamus Powers, E. Tennessee St., 14:20.89. 2, Denis Barry, E. Tennessee St., 14:56.39. 3, Rick Patterson, E. Tennessee St., 14:59.51. 4, Tommy Holland, Appalachian St., 15:06.45. 5, Billy Pemberton, Appalachian St., 15:08.81. 6, Bob Butcher, Citadel, 15:16.00.

Mile relay—1, Tn.-Chattanooga, Stryker, Kyle; Taylor, Bowen 3:25.25. 2, VMI 3:25.60. 3, W. Carolina 3:27.64. 4, Marshall 3:28.89. 5, Appalachian St. 3:30.82. 6, Citadel 3:32.96.

Team—1, VMI 133. 2, E. Tennessee St. 105. 3, Appalachian St. 79. 4, W. Carolina 59. 5, Tn.-Chattanooga 57. 6, Marshall 46. 7, Citadel 16. 8, Davidson 0.

WOMEN

Triple jump—1, Melissa Morrison, Appalachian St., 40-11½, conference record, old record 40-11¼. 2, Von Ross, W. Carolina, 39-6½. 3, Precious Quire, Appalachian St., 38-4½. 4, Alice Vinson, Appalachian St., 38-4. 5, Joy Davis, W. Carolina, 35-5. 6, Cynthia Minor, Appalachian St., 34-10¼.

High jump—1, Shelly Clendenin, E. Tennessee St., 5-6. 2, Susie Gardner, W. Carolina, 5-6. 3, Cynthia Minor, Appalachian St., 5-4. 4, Heather Luke, Marshall, 5-2. 5, Karen Cole, E. Tennessee St., 5-2. 6, Beth Burleson, Appalachian St., 5-2.

Mile—1, Heather Vandebroke, Furman, 5:06.01. 2, Mariana Valenzuela, Furman, 5:08.8. 3, Carrie Hogg, Appalachian St., 5:12.0. 4, Lucie Mays, Tn.-Chattanooga, 5:13.0. 5, Monica Robbers, E. Tennessee St., 5:13.1. 6, Dawn Wehrenburg, Appalachian St., 5:22.0.

55-meter hurdles—1, Melissa Morrison, Appalachian St., 8.09. 2, Sheree Robins, Appalachian St., 8.52. 3, Charlotte Redden, Appalachian St., 8.59. 4, Joy Davis, W. Carolina, 8.62. 5, Beth Burleson, Appalachian St., 8.75. 6, Angel Miklovic, Appalachian St., 8.84.

400 meters—1, Joy Davis, W. Carolina.

1:00.09. 2, Tonie Lazenby, Appalachian St.,
1:00.51. 3, Meg Arnold, Tn.-Chattanooga,
1:00.64. 4, Tunesia Grant, E. Tennessee St.,
1:00.81. 5, Kim Arthur, W. Carolina, 1:01.98. 6,
Jessica Parkan, Appalachian St. 1:02.53.

55 meters—1, Melissa Morrison, Appalachian
St., 6.98. 2, Katrina Lee, Appalachian St., 7.21.
2, Von Ross, W. Carolina, 7.21. 2, Alice Vinson,
Appalachian St., 7.21. 5, Daree Thompson, W.
Carolina, 7.42. 6, Kim Arthur, W. Carolina, 7.44.

800 meters—1, Sarah Crandall, Marshall,
2:20.08. 2, Heather Vandebroke, Furman,
2:20.13. 3, Mariana Valenzuela, Furman,
2:20.89. 4, Susie Gardner, W. Carolina, 2:22.78.
5, Carrie Hogg, Appalachian St., 2:24.84. 6,
Suzanne Black, Appalachian St., 2:25.11.

200 meters—1, Melissa Morrison, Appa-
lachian St., 25.69. 2, Katrina Lee, Appalachian
St., 25.83. 3, Shelly Clendenin, E. Tennessee St.,
26.06. 4, Kim McRae, Marshall, 26.11. 5, Shiree
Cutts, Furman, 26.44. 6, Von Ross, W. Carolina,
26.80.

5,000 meters—1, Lucy Mays, Tn-Chattanooga,
17:44.41. 2, Gail Pennachio, Furman, 17:51.21.
3, Blair McKenney, Tn-Chattanooga, 18:15.13. 4,
Nicole Disher, Appalachian St., 18:18.13. 5,
Monica Robbers, E. Tennessee St., 18:24.39. 6,
Jule Cooper, Appalachian St., 18:28.01.

Mile relay—1, Appalachian St., Lazenby, Bur-
leson, Parkan, Lee, 4:06.51. 2, W. Carolina
4:08.59. 3, E. Tennessee St. 4:14.41. 4, Marshall
4:14.57. 5, Furman 4:15.43. 6, Tn. Chattanooga
4:17.54.

Team—1, Appalachian St. 154. 2, W. Carolina
91. 3, Furman 64. 4, E. Tennessee St. 46. 5,
Tn.-Chattanooga 41. 6, Marshall 37. 7, Davidson
1.