

2006 MEN'S CHAMPIONSHIP

Team Results

Pl.	Team	Points
1.	Western Carolina	277
2.	Appalachian State	213
3.	The Citadel	43
4.	Chattanooga	40
5.	Davidson	33
6.	UNCG	30
7.	Wofford	13

60-meter dash

1. Zeb Johnson, WCU	6.85
2. Manteo Mitchell, WCU	6.91
3. Kevin Johnson, WCU	6.93
4. Michael Malone, WCU	6.94
5. Milton Bolton, WCU	6.94
6. Thomas Pressley, CIT	7.00
7. Quintin Wright, CIT	7.00
8. Charles White, APP	7.21

200-meter dash

1. Zeb Johnson, WCU	21.83
2. Milton Bolton, WCU	22.01
3. Kevin Johnson, WCU	22.21
4. Charles Derrickson, APP	22.29
5. Michael Malone, WCU	22.53
6. Manteo Mitchell, WCU	22.63
7. James Gregory, WCU	22.74
8. Mark Sturgis, APP	22.97

400-meter dash

1. Milton Bolton, WCU	49.32
2. Zeb Johnson, WCU	49.34
3. Manteo Mitchell, WCU	49.67
4. Jonathan Vallejo, CIT	50.40
5. Charles Derrickson, APP	50.79
6. James Gregory, WCU	51.18
7. Greg McCain, APP	51.27
-- David Ritchie, DAV	DQ

800-meter run

1. Jeff Williams, UNCG	1:53.57
2. Dan Fassinger, WCU	1:54.68
3. Marcus Butler, CIT	1:54.72
4. Adam Puett, WCU	1:54.99
5. Douglas Noreen, DAV	1:55.41
6. Michael Mentz, UTC	1:55.90
7. Brad Troxell, DAV	1:56.02
8. Jordan Longstreth, UTC	1:58.27

Mile run

1. Dan Fassinger, WCU	4:18.07
2. Adam Puett, WCU	4:18.16
3. Adam Van Nortwick, APP	4:18.99
4. Nick Vaccaro, UNCG	4:20.01
5. Douglas Noreen, DAV	4:20.02
6. Linas Salkauskas, UTC	4:20.88
7. Michael Mentz, UTC	4:21.26
8. Nathan Hernandez-Adams, APP	4:21.63

3,000-meter run

1. Adam Puett, WCU	8:30.16
2. Adam Van Nortwick, APP	8:30.85
3. Dan Fassinger, WCU	8:30.86
4. Ian Mayne, UTC	8:35.14
5. Nathan Hernandez-Adams, APP	8:38.23
6. Linas Salkauskas, UTC	8:43.40
7. Jonathan Baker, DAV	8:45.14
8. Brian Deal, APP	8:52.99

5,000-meter run

1. Ian Mayne, UTC	14:48.42
2. Brian Deal, APP	14:54.98
3. Lance Harden, DAV	15:02.33
4. Jonathan Baker, DAV	15:06.65
5. Linas Salkauskas, UTC	15:16.48
6. Xavier Rutz, UNCG	15:16.62
7. Austin Mercadante, DAV	15:20.46
8. Ryan O'Keefe, APP	15:20.91

60-meter hurdles

1. Lawrence Brisco, WCU	8.05
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Distance medley

1. Western Carolina	10:05.02
2. Appalachian State	10:05.03
3. The Citadel	10:18.09
4. Chattanooga	10:27.72
5. UNCG	10:37.64
6. Davidson	10:59.01

4x400-meter relay

1. Appalachian State	3:21.29
2. The Citadel	3:23.06
3. Western Carolina	3:23.06
4. Davidson	3:24.09
5. Chattanooga	3:33.23

High jump

1. Ricky Harris, APP	1.98m
2. Lawrence Brisco, WCU	1.98m
3. Daniel Joseph, WCU	1.93m
4. Dan Smith, APP	1.93m
5. Josh Cox, APP	1.93m
6. Rashad Herndon, WCU	1.93m
7. Shaquill Smith, CIT	1.83m
Michael Malone, WCU	1.83m

Long jump

1. Mark Sturgis, APP	6.96m
2. Rashad Herndon, WCU	6.96m
3. Ricky Harris, APP	6.86m
4. Tyler Ferguson, WCU	6.83m
5. Chris Gaillard, WCU	6.68m
6. Daniel Joseph, WCU	6.64m
7. Michael Malone, WCU	6.62m
8. Joel Gaddy, APP	6.50m

Triple jump

1. Mark Sturgis, APP	15.22m
2. Charles Jones, UNCG	15.05m
3. Tyler Ferguson, WCU	14.85m
4. Daniel Joseph, WCU	14.50m
5. Josh Cox, APP	14.37m
6. Chris Cutter, APP	14.13m
7. Rashad Herndon, WCU	14.10m
8. Joel Gaddy, APP	14.02m

Shot put

1. Anthony Greer, APP	15.63m
2. Daniel Fioramonti, APP	12.96m
3. Nick DiLuzio, DAV	12.33m
4. Jim Walter, DAV	12.29m
5. Chris Davis, UTC	12.14m
6. Dustin Wright, APP	11.72m
7. Willie Sturgis, WCU	10.93m
8. Jason Vincent, UTC	10.57m

Weight throw

1. Anthony Greer, APP	17.60m
2. Willie Sturgis, WCU	16.67m
3. Grant Haun, APP	16.20m
4. Wes Kiser, APP	15.33m
5. Zach DiBois, CIT	15.05m
6. Jerod Kelly, WCU	14.83m
7. Daniel Fioramonti, APP	14.50m
8. Chris Page, WCU	13.97m

Pole vault

1. Barron Shell, APP	4.71m
2. Dan Queen, APP	4.71m
3. Wes Willoughby, WCU	4.56m
4. Justin Spormann, WCU	4.41m
5. Joe Irvin, APP	4.26m
6. Joel Lynch, WCU	3.96m
7. Dustin Wright, APP	3.96m

Heptathlon

1. Josh Cox, APP	4,602
2. Matt Harfinger, WCU	4,551
3. Dustin Wright, APP	4,523
4. Ashton Bennett, WCU	4,126
5. Justin Spormann, WCU	4,031
6. Adam Williams, APP	3,775

Individual Awards

Most Outstanding Track Performer

Zeb Johnson, Western Carolina

Most Outstanding Field Performer

Mark Sturgis, Appalachian State

Freshman of the Year

Josh Cox, Appalachian State

Coach of the Year

Danny Williamson, Western Carolina

