

2010 SoCon Indoor Champs - 2/25/2010 to 2/26/2010

Results at www.cfpitiming.com
Clemson Indoor Track @ Clemson, SC

Results

Women 60 Meter Dash

NCAA Auto: 7.26 A

NCAA Prov: 7.44 P

Socon Record: 7.43 S 2/26/2005 Nicole Brown

Name	Yr	School	Prelims
Preliminaries			
1 McKiver, Ashley	SR	Appalachian	7.61Q
2 Paulding, Felicia	JR	Western Caro	7.74Q
3 Fronberger, Sherelle	SR	Western Caro	7.75Q
4 Parrish, Raven	FR	Western Caro	7.69Q
5 Anthony, Demetrise	SR	Georgia Sout	7.76Q
6 Day, Veronica	JR	Elon	7.97Q
7 Carothers, Jane't	JR	Western Caro	7.72q
8 Parks, Valerie	FR	Western Caro	7.87q
9 Jordan, Antoinette	SO	Georgia Sout	7.99
10 Parker, Christina	SO	Appalachian	8.00
11 Bowers, Emma	SO	Western Caro	8.03
11 Billings, Jasmine	FR	Georgia Sout	8.03
13 Martin, Shenita	FR	Appalachian	8.09
14 Cataldo, Dana	SO	Elon	8.10
15 Wright, Danielle	SO	Davidson	8.29
16 Creel, Sarah	JR	Citadel	8.32
17 Skogen, Sarah	JR	Elon	8.43
18 Vines, Monique	SR	Elon	8.62
19 Waggensellar, Shelby	FR	Davidson	8.63
20 Fleming, Lauren	SR	Citadel	8.69
21 Mastry, Chrissy	SR	Wofford	9.44

Women 60 Meter Dash

NCAA Auto: 7.26 A

NCAA Prov: 7.44 P

Socon Record: 7.43 S 2/26/2005 Nicole Brown

Name	Yr	School	Finals
Finals			
1 McKiver, Ashley	SR	Appalachian	7.62
2 Paulding, Felicia	JR	Western Caro	7.68
3 Carothers, Jane't	JR	Western Caro	7.70
4 Anthony, Demetrise	SR	Georgia Sout	7.74
5 Fronberger, Sherelle	SR	Western Caro	7.75
6 Parrish, Raven	FR	Western Caro	7.76
7 Parks, Valerie	FR	Western Caro	7.95
8 Day, Veronica	JR	Elon	8.04

Women 200 Meter Dash

NCAA Auto: 23.70 A

NCAA Prov: 24.40 P

Socon Record: 23.84 S 1989 Lamonda Miller

Name	Yr	School	Prelims
Preliminaries			
1 Carothers, Jane't	JR	Western Caro	24.83q
2 Garren, Felisha	SO	Western Caro	25.02q
3 Fronberger, Sherelle	SR	Western Caro	25.17q

4 Paulding, Felicia	JR	Western Caro	25.23q
5 McKiver, Ashley	SR	Appalachian	25.38q
6 Parrish, Raven	FR	Western Caro	25.51q
7 Jordan, Antoinette	SO	Georgia Sout	25.53q
8 Bowers, Emma	SO	Western Caro	25.88q
9 Parker, Christina	SO	Appalachian	26.12
10 Anthony, Demetrise	SR	Georgia Sout	26.16
11 McLucas, D'Shawrna	FR	Appalachian	26.23
12 Liriano, Nadia	JR	Appalachian	26.37
13 JaJa Benson, JoAnn	JR	Georgia Sout	26.45
14 Dance, Ashley	SR	Samford	26.50
14 Crutchfield, Kiara	JR	Appalachian	26.50
16 Cataldo, Dana	SO	Elon	26.62
17 Wright, Danielle	SO	Davidson	27.10
18 Lewis, Rosie	FR	Davidson	27.11
19 McDonald, Julie	FR	Samford	27.35
20 Graff, Leslie	FR	Samford	27.41
21 Creel, Sarah	JR	Citadel	28.40
22 McCrary, Francesca	SO	Citadel	28.48
23 Waggensellar, Shelby	FR	Davidson	28.49

Women 200 Meter Dash

NCAA Auto: 23.70 A

NCAA Prov: 24.40 P

Name	Yr	School	Finals
Finals			
1 Carothers, Jane't	JR	Western Caro	24.94
2 Fronberger, Sherelle	SR	Western Caro	25.12
3 Garren, Felisha	SO	Western Caro	25.19
4 Paulding, Felicia	JR	Western Caro	25.27
5 Jordan, Antoinette	SO	Georgia Sout	25.44
6 McKiver, Ashley	SR	Appalachian	25.46
7 Bowers, Emma	SO	Western Caro	26.09
8 Parrish, Raven	FR	Western Caro	26.16

Women 400 Meter Dash

NCAA Auto: 52.90 A

NCAA Prov: 54.90 P

Name	Yr	School	Prelims
Preliminaries			
1 Carothers, Jane't	JR	Western Caro	55.71q
2 Garren, Felisha	SO	Western Caro	56.37q
3 Zolga, Mary	JR	Col. of Char	58.11q
4 McMichael, Shalyn	JR	Western Caro	58.51q
5 Jefferson, Morgan	SO	Georgia Sout	58.54q
6 JaJa Benson, JoAnn	JR	Georgia Sout	58.72q
7 Bowers, Emma	SO	Western Caro	58.81q
8 Liriano, Nadia	JR	Appalachian	59.36q
9 Johnson, Tierra	SR	Western Caro	59.42
10 Moffett, Tatum	FR	Samford	59.50
11 Horsch, Haley	FR	Ut-Chattanooga	59.54
12 Dance, Ashley	SR	Samford	59.71

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Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
12 Dunlap, Asia	SO	Appalachian	59.71
14 Hiller, Lynda	SR	Appalachian	60.06
15 Salek, Amy	SO	Elon	60.31
16 Holmes, Misha	FR	Furman	60.40
17 Martin, Shenita	FR	Appalachian	60.42
18 McLucas, D'Shawnra	FR	Appalachian	60.59
19 Turowski, Melissa	JR	Elon	60.66
20 Towns, Kristiana	FR	Georgia Sout	62.81
21 Slatter, Megan	FR	Furman	64.53
22 Billings, Kelsi	FR	Citadel	64.76
23 Hall, Ashley	SO	Ut-Chattanooga	66.70
24 Cole, Lena	FR	Furman	67.40
25 Manilla, Jena	FR	Davidson	67.43

Women 400 Meter Dash

NCAA Auto: 52.90 A

NCAA Prov: 54.90 P

Socon Record: 54.64 S 1995 Angela Rowe

Name	Yr	School	Finals
1 Carothers, Jane't	JR	Western Caro	56.05
2 Garren, Felisha	SO	Western Caro	56.39
3 JaJa Benson, JoAnn	JR	Georgia Sout	57.62
4 Jefferson, Morgan	SO	Georgia Sout	57.63
5 McMichael, Shalyn	JR	Western Caro	57.71
6 Zolga, Mary	JR	Col. of Char	57.83
7 Bowers, Emma	SO	Western Caro	58.00
8 Liriano, Nadia	JR	Appalachian	58.94

Women 800 Meter Run

NCAA Auto: 2:06.00 A

NCAA Prov: 2:10.00 P

Socon Record: 2:08.40 S 2001 Mary Jane Harrelson

Name	Yr	School	Prelims
1 Uys, Anneli	SR	Ut-Chattanooga	2:13.21Q
2 Strange, Jennine	SR	Elon	2:16.27Q
3 Ositelu, Monique	JR	Furman	2:16.83Q
4 D'Alessio, Lauren	FR	Samford	2:19.94Q
5 Neal, Hillary	JR	Samford	2:21.50Q
6 Wessinger, Micah	FR	Citadel	2:14.95q
7 Benson, Holly	FR	Samford	2:15.10q
8 Wolfe, Kristen	SO	Col. of Char	2:18.65q
9 Fuller, Laura	SR	Georgia Sout	2:18.86
10 Sumner, Amanda	FR	Ut-Chattanooga	2:20.48
11 Bowers, Hannah	SO	Western Caro	2:21.49
12 Sumney, Shaina	FR	Unc-Greensbo	2:22.01
13 Shaurette, Danielle	SR	Western Caro	2:23.32
14 Robillard, Azura	SO	Georgia Sout	2:23.90
15 Gay, Jane	SO	Davidson	2:24.86
16 Klasnic, Niki	FR	Wofford	2:26.48
17 O'Sullivan, Mary	FR	Georgia Sout	2:28.38

18 Groppe, Monika	JR	Ut-Chattanooga	2:30.36
19 Dodd, Caitlin	JR	Wofford	2:31.04
20 Gecker, Caroline	FR	Davidson	2:32.89
21 Cantwell, Shannon	JR	Furman	2:35.29
22 White, Meredith	JR	Ut-Chattanooga	2:36.58
23 McChristian, Erin	SO	Furman	2:39.34
24 Wilck, Cara	FR	Davidson	2:39.46
25 Stockamore, Anna	SO	Davidson	2:40.72
--- Rodriguez, Anna	SO	Davidson	DNS

Women 800 Meter Run

NCAA Auto: 2:06.00 A

NCAA Prov: 2:10.00 P

Socon Record: 2:08.40 S 2001 Mary Jane Harrelson

Name	Yr	School	Finals
1 Wessinger, Micah	FR	Citadel	2:16.10
2 Strange, Jennine	SR	Elon	2:16.24
3 Ositelu, Monique	JR	Furman	2:16.34
4 Benson, Holly	FR	Samford	2:16.45
5 Uys, Anneli	SR	Ut-Chattanooga	2:16.86
6 D'Alessio, Lauren	FR	Samford	2:17.17
7 Neal, Hillary	JR	Samford	2:21.71
8 Wolfe, Kristen	SO	Col. of Char	2:23.81

Women 1 Mile Run

NCAA Auto: 4:38.90 A

NCAA Prov: 4:48.90 P

Socon Record: 4:53.37 S 1998 Val Urchison

Name	Yr	School	Finals
1 Neal, Hillary	JR	Samford	4:49.52S
2 Uys, Anneli	SR	Ut-Chattanooga	4:52.83S
3 Van Ausdall, Jessica	SR	Samford	5:04.64
4 Foreman, Trinity	FR	Appalachian	5:06.71
5 Turner, Morgan	FR	Western Caro	5:07.16
6 Parks, Hannah	SR	Appalachian	5:07.20
7 Gaddy, Jordan	JR	Western Caro	5:10.46
8 Whalen, Courtney	SO	Elon	5:11.84
9 Callahan, Jenna	JR	Furman	5:13.84
10 Strickland, Sarah	SR	Citadel	5:13.92
11 Tryon, Emily	FR	Elon	5:14.02
12 Cumbee, Mary	FR	Ut-Chattanooga	5:14.37
13 Stuive, Heather	FR	Ut-Chattanooga	5:15.51
14 Denecke, Morgan	FR	Elon	5:15.77
15 Reese, Dani	JR	Appalachian	5:17.68
16 Wirzba, Emily	FR	Furman	5:18.10
17 Wolfe, Kristen	SO	Col. of Char	5:20.10
18 Fuller, Laura	SR	Georgia Sout	5:20.31
19 Pacewicz, Christine	FR	Elon	5:21.55
20 Cline, Sarah	JR	Davidson	5:24.08
21 Powers, Callen	SO	Col. of Char	5:25.73
22 Reyer, Melanie	SO	Elon	5:26.50
23 Shaurette, Danielle	SR	Western Caro	5:27.43
24 Fredrickson, Lauren	JR	Elon	5:28.93

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Finals ... (Women 1 Mile Run)

Name	Yr	School	Finals
25 Chewens, Michelle	JR	Unc-Greensbo	5:30.83
26 Taylor, Shelley	JR	Ut-Chattanooga	5:33.76
27 Willard, Tierney	FR	Col. of Char	5:36.12
28 Holway, Haley	FR	Davidson	5:36.41
29 Burdette, Caroline	SO	Wofford	5:36.75
30 Gecker, Caroline	FR	Davidson	5:40.47
31 Curry, Sara	FR	Georgia Sout	5:46.30
--- Groppe, Monika	JR	Ut-Chattanooga	DNF

Women 3000 Meter Run

NCAA Auto: 9:16.00 A

NCAA Prov: 9:35.00 P

Socon Record: 9:48.21 S 1989 Whitney Ball

Name	Yr	School	Finals
1 Foreman, Trinity	FR	Appalachian	10:09.73
2 Beeler, Caitlin	SR	Elon	10:13.24
3 Jacobs, Olivia	SO	Western Caro	10:14.57
4 Gaddy, Jordan	JR	Western Caro	10:17.33
5 Stuiwe, Heather	FR	Ut-Chattanooga	10:19.26
6 Hanger, Kelsey	SO	Appalachian	10:21.17
7 Denecke, Morgan	FR	Elon	10:21.90
8 Atabek, Natalie	FR	Davidson	10:22.56
9 Ables, Ina	JR	Samford	10:25.33
10 Kelsey, Andrea	FR	Wofford	10:29.36
11 Garber, Tiffany	JR	Unc-Greensbo	10:38.65
12 Coggins, Charlee	SO	Furman	10:43.33
13 Zidar, Deanna	SO	Samford	10:47.25
14 Pacewicz, Christine	FR	Elon	10:47.38
15 Fredrickson, Lauren	JR	Elon	10:48.78
16 Robinson, Hannah	FR	Furman	10:49.89
17 Gray, Haley	FR	Furman	11:01.38
18 Klassen, Jillian	JR	Samford	11:07.56
19 Keithan, Alli	SO	Samford	11:08.24
20 Shelton, Rebecca	SO	Furman	11:17.06
21 McAllister, Heather	FR	Georgia Sout	11:23.06
22 Westra, Cathryn	JR	Davidson	11:40.17
--- Aydlette, Marlene	FR	Col. of Char	DNF

Women 5000 Meter Run

NCAA Auto: 16:12.50 A

NCAA Prov: 16:49.50 P

Socon Record: 16:52.46 S 1988 Whitney Ball

Name	Yr	School	Finals
1 Kowalski, Chloe	SO	Furman	17:39.20
2 Beeler, Caitlin	SR	Elon	17:43.11
3 Atabek, Natalie	FR	Davidson	17:49.01
4 Fournier, Emily	JR	Elon	17:55.02
5 Turner, Morgan	FR	Western Caro	17:59.61
6 Conarroe, Heather	JR	Davidson	18:00.86
7 Johnson, Brittany	SR	Furman	18:01.78
8 Hanger, Kelsey	SO	Appalachian	18:04.97

9 Ables, Ina	JR	Samford	18:05.91
10 Costa, Allyson	SO	Elon	18:06.91
11 Jacobs, Olivia	SO	Western Caro	18:17.66
12 Kelsey, Andrea	FR	Wofford	18:23.53
13 Garber, Tiffany	JR	Unc-Greensbo	18:45.86
14 Ruggieri, Danielle	JR	Davidson	18:46.99
15 Gaddy, Jordan	JR	Western Caro	18:49.01
16 Harris, Shelby	FR	Wofford	18:51.98
17 Paley, Jenna	SO	Unc-Greensbo	18:54.18
18 Wolin, Natalie	SR	Citadel	19:07.76
19 Bryant, Julia	JR	Furman	19:18.53
20 Liddy, Caroline	SO	Wofford	19:21.99
21 Shaurette, Danielle	SR	Western Caro	19:26.92
22 Martin, Brittani	SO	Georgia Sout	19:32.49
23 Pate, Jessica	FR	Furman	19:34.61
24 Pilcher, Lauren	JR	Samford	19:38.29
25 Westra, Cathryn	JR	Davidson	19:40.39
26 Gay, Suzanne	JR	Citadel	19:57.62
27 Stauffer, Kim	FR	Wofford	20:11.44
28 Jenkins, Kristin	JR	Col. of Char	20:57.19
29 Bay, Sophia	SR	Citadel	20:58.01
--- Stuart, Kathryn	FR	Ut-Chattanooga	DNF
--- Stuart, Emmie	SR	Ut-Chattanooga	DNS
--- Nagle, Emily	SR	Col. of Char	DNS

Women 60 Meter Hurdles

NCAA Auto: 8.14 A

NCAA Prov: 8.43 P

Socon Record: 8.48 S 2/28/2004 Ronda White

Name	Yr	School	Prelims
1 Okolo, Nicole	SO	Western Caro	8.70Q
2 Crutchfield, Kiara	JR	Appalachian	8.80Q
3 Billings, Jasmine	FR	Georgia Sout	8.85Q
4 Wright, Carlyn	JR	Western Caro	8.84Q
5 Hyter, Lynndsey	JR	Georgia Sout	8.87Q
6 McArthur, Jelain	FR	Col. of Char	8.95Q
7 Tyler, Morgan	SR	Samford	8.88q
8 Thomas, Jettana	SO	Western Caro	8.91q
9 Joseph, Morgan	SR	Western Caro	8.96
10 McDonald, Julie	FR	Samford	9.13
10 Rice, Amanda	SO	Elon	9.13
12 Brutus, Michelle	JR	Appalachian	9.17
13 Lewis, Rosie	FR	Davidson	9.22
14 Hamilton, Shaunta	SR	Georgia Sout	9.38
15 Boersma, Isabel	SO	Col. of Char	9.46
16 March, Andrea	SR	Elon	9.53
17 Crutchfield, Naadia	SO	Appalachian	9.66
18 McCrary, Francesca	SO	Citadel	10.19
19 McGuire, Christian	SO	Samford	10.77

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Women 60 Meter Hurdles

NCAA Auto: 8.14 A

NCAA Prov: 8.43 P

Socon Record: 8.48 S 2/28/2004 Ronda White

Name	Yr	School	Finals
Finals			
1 Tyler, Morgan	SR	Samford	8.69
2 Billings, Jasmine	FR	Georgia Sout	8.76
3 Crutchfield, Kiara	JR	Appalachian	8.83
4 McArthur, Jelain	FR	Col. of Char	8.85
5 Hyter, Lynnndsey	JR	Georgia Sout	8.97
6 Okolo, Nicole	SO	Western Caro	9.15
7 Thomas, Jettana	SO	Western Caro	9.42
8 Wright, Carlyn	JR	Western Caro	13.60

Women 4x400 Meter Relay

NCAA Auto: 3:35.80 A

NCAA Prov: 3:42.80 P

Socon Record: 3:46.40 S 2/26/2005 Western Carolina

L Martin, R Ramseur, A Davis, J Spivey

Team	Relay	Finals
Finals		
1 Western Carolina	A	3:49.92
1) McMichael, Shalyn JR	2) Paulding, Felicia JR	
3) Garren, Felisha SO	4) Carothers, Jane't JR	
2 Georgia Southern	A	3:56.70
1) Towns, Kristiana FR	2) JaJa Benson, JoAnn JR	
3) Jordan, Antoinette SO	4) Jefferson, Morgan SO	
3 Elon	A	3:57.53
1) Turowski, Melissa JR	2) Day, Veronica JR	
3) Salek, Amy SO	4) Strange, Jennine SR	
4 Appalachian State	A	3:58.53
1) Dunlap, Asia SO	2) Liriano, Nadia JR	
3) McLucas, D'Shawrna FR	4) Hiller, Lynda SR	
5 Samford	A	4:01.98
1) Dance, Ashley SR	2) Moffett, Tatum FR	
3) Graff, Leslie FR	4) Bridenbaugh, Ashley FR	
6 Furman	A	4:06.37
1) Holmes, Misha FR	2) Callahan, Jenna JR	
3) Slatter, Megan FR	4) Ositelu, Monique JR	
7 Col. of Charleston	A	4:07.62
1) Kalmeijer, Saskia SO	2) Powers, Callen SO	
3) Johnson, Brynne JR	4) Zolga, Mary JR	
8 Ut-Chattanooga	A	4:11.85
1) Hall, Ashley SO	2) Horsch, Haley FR	
3) Cumbee, Mary FR	4) Sumner, Amanda FR	
9 Davidson	A	4:13.46
1) Wright, Danielle SO	2) Gay, Jane SO	
3) Manilla, Jena FR	4) Lewis, Rosie FR	
10 Citadel	A	4:14.92
1) Carter, Erinn SO	2) Billings, Kelsi FR	
3) Gatewood, Katheryn SR	4) Wessinger, Micah FR	

11 Wofford	A	4:20.98
1) Klasnic, Niki FR	2) Burdette, Caroline SO	
3) Dodd, Caitlin JR	4) Gothberg, Emily FR	

Women Distance Medley

Event was run 1 lap short of official 4000 distance

Team	Relay	Finals
Finals		
1 Samford	A	11:24.73
1) Van Ausdall, Jessica SR	2) Bridenbaugh, Ashley FR	
3) D'Alessio, Lauren FR	4) Neal, Hillary JR	
2 Ut-Chattanooga	A	11:31.29
1) Cumbee, Mary FR	2) Horsch, Haley FR	
3) Taylor, Shelley JR	4) Uys, Anneli SR	
3 Appalachian State	A	11:31.47
1) Reese, Dani JR	2) Dunlap, Asia SO	
3) Foreman, Trinity FR	4) Parks, Hannah SR	
4 Western Carolina	A	11:32.38
1) Gaddy, Jordan JR	2) McMichael, Shalyn JR	
3) Bowers, Hannah SO	4) Turner, Morgan FR	
5 Elon	A	11:36.90
1) Whalen, Courtney SO	2) Turowski, Melissa JR	
3) Strange, Jennine SR	4) Tryon, Emily FR	
6 Georgia Southern	A	12:02.79
1) Robillard, Azura SO	2) JaJa Benson, JoAnn JR	
3) Jefferson, Morgan SO	4) Fuller, Laura SR	
7 Furman	A	12:09.21
1) Wirzba, Emily FR	2) Belmont, Starr JR	
3) Gray, Haley FR	4) Callahan, Jenna JR	
8 Col. of Charleston	A	12:11.03
1) Powers, Callen SO	2) Kalmeijer, Saskia SO	
3) Willard, Tierney FR	4) Wolfe, Kristen SO	
9 Citadel	A	12:19.08
1) Gatewood, Katheryn SR	2) Fleming, Lauren SR	
3) Carter, Erinn SO	4) Wolin, Natalie SR	
10 Davidson	A	12:30.17
1) Cline, Sarah JR	2) Wright, Danielle SO	
3) Gecker, Caroline FR	4) Gay, Jane SO	
11 Wofford	A	12:51.50

Women High Jump

Starting height is 1.48, Progression is 5 cm

1.48, 1.53, 1.58, 1.63, 1.68, 1.73, 1.78, 1.83

NCAA Auto: 1.85m A

NCAA Prov: 1.78m P

Socon Record: 1.75m S 1989 Linda Mc Koy

Name	Yr	School	Finals
Finals			
1 Smith, Emily	SO	Col. of Char	1.73m
2 Terry, Chenelle	FR	Samford	1.68m
3 Hazeltine, Rebecca	JR	Appalachian	1.68m
4 Ward, Julie	SR	Appalachian	1.63m
5 Weathers, Courtney	JR	Elon	1.63m
6 Cassagnol, Alex	SO	Georgia Sout	1.58m
7 Lupher, Erin	SO	Davidson	1.58m

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Finals ... (Women High Jump)

Name	Yr	School	Finals
8 Johnson, Brynne	JR	Col. of Char	1.53m
9 Lee, Jordan	SO	Elon	1.53m
9 Hills, Bridgette	JR	Appalachian	1.53m
11 Banner, Rachel	SO	Elon	1.53m
12 Hyter, Lynnndsey	JR	Georgia Sout	1.53m
13 Jones, Tia	SR	Western Caro	1.48m
14 Carothers, Jane't	JR	Western Caro	1.48m
14 Thomas, Jettana	SO	Western Caro	1.48m
--- Boersma, Isabel	SO	Col. of Char	NH
--- Manilla, Jena	FR	Davidson	NH

Women Pole Vault

Starting height is 2.95, Progression is 15 cm

Progression 2.95, 3.10, 3.25, 3.40, 3.55, 3.70, 3.85

NCAA Auto: 4.25m A

NCAA Prov: 4.00m P

Socon Record: 3.95m S 2/29/2004 Laura Tieszen

Name	Yr	School	Finals
Finals			
1 Ward, Julie	SR	Appalachian	3.55m
2 Beale, Ashley	SR	Appalachian	3.55m
2 Wills, Mackenzie	FR	Samford	3.55m
4 Bedsole, Laura	FR	Samford	3.40m
5 Wala, Ashley	FR	Western Caro	3.40m
5 Taylor, Chelsea	FR	Col. of Char	3.40m
7 Wilson, Meredith	FR	Appalachian	3.25m
--- McKie, Kassie	JR	Western Caro	NH
--- Barron, Mary	JR	Samford	NH

Women Long Jump

Top 9 advance to the final for 3 additional attempts

NCAA Auto: 6.38m A

NCAA Prov: 6.13m P

Socon Record: 6.21m S 1993 Von Ross

Name	Yr	School	Finals
Finals			
1 Day, Veronica	JR	Elon	5.72m
2 Hamilton, Shaunta	SR	Georgia Sout	5.68m
3 Hyter, Lynnndsey	JR	Georgia Sout	5.65m
4 Harvey, Bianca	JR	Appalachian	5.60m
5 Jones, Tia	SR	Western Caro	5.55m
6 Anthony, Demetrise	SR	Georgia Sout	5.45m
7 Thorpe, Danielle	SR	Appalachian	5.44m
8 McArthur, Jelain	FR	Col. of Char	5.43m
9 Tyler, Morgan	SR	Samford	5.41m
10 Brooks-Millender, Millice	SO	Georgia Sout	5.32m
11 Parrish, Raven	FR	Western Caro	5.30m
12 Hawkesworth, Lauren	JR	Elon	5.24m
13 Crutchfield, Kiara	JR	Appalachian	5.21m
14 Joseph, Morgan	SR	Western Caro	5.19m
15 Vines, Monique	SR	Elon	5.19m
16 Kalmeijer, Saskia	SO	Col. of Char	5.07m
17 Allen, Emily	FR	Samford	4.97m

18 Okolo, Nicole SO Western Caro 4.72m

Women Triple Jump

Top 9 advance to the final for 3 additional attempts

NCAA Auto: 13.30m A

NCAA Prov: 12.65m P

Socon Record: 13.30m S 2/29/2004 Ronda White

Name	Yr	School	Finals
Finals			
1 Thorpe, Danielle	SR	Appalachian	12.43m
2 Hyter, Lynnndsey	JR	Georgia Sout	12.20m
3 Hamilton, Shaunta	SR	Georgia Sout	11.97m
4 Tyler, Morgan	SR	Samford	11.96m
5 Day, Veronica	JR	Elon	11.91m
6 Jones, Tia	SR	Western Caro	11.83m
7 McArthur, Jelain	FR	Col. of Char	11.83m
8 Hawkesworth, Lauren	JR	Elon	11.74m
9 Okolo, Nicole	SO	Western Caro	11.60m
10 Allen, Emily	FR	Samford	11.39m
11 Harvey, Bianca	JR	Appalachian	11.37m
12 Anthony, Demetrise	SR	Georgia Sout	11.34m
13 Thomas, Jettana	SO	Western Caro	11.28m
14 Kalmeijer, Saskia	SO	Col. of Char	10.95m
15 Brooks-Millender, Millice	SO	Georgia Sout	10.62m
16 McNeil, Janelle	FR	Elon	10.58m
17 Billings, Kelsi	FR	Citadel	10.43m
18 Joseph, Morgan	SR	Western Caro	9.90m
--- Vines, Monique	SR	Elon	DNS

Women Shot Put

Top 9 advance to the final for 3 additional attempts

NCAA Auto: 16.90m A

NCAA Prov: 15.20m P

Socon Record: 16.61m S 1988 Angie Barker

Name	Yr	School	Finals
Finals			
1 Morrison, Deirdra	SO	Western Caro	12.98m
2 Stewart, Zakiyyah	JR	Western Caro	12.96m
3 Watkins, Gayshawna	FR	Appalachian	12.76m
4 Robertson, Justine	JR	Elon	12.68m
5 Thomas, Ashley	FR	Georgia Sout	11.56m
6 Rice, Jocelyn	FR	Western Caro	11.52m
7 Ward, Julie	SR	Appalachian	11.30m
8 Wray, Charnelle	SO	Georgia Sout	10.82m
9 Steele, Deidra	SO	Western Caro	10.56m
10 Edwards, Monique	SR	Citadel	10.52m
11 Green, Emily	SR	Citadel	10.29m
12 Girvin, Alyssa	SO	Elon	10.18m
13 McKee, Casey	FR	Col. of Char	9.90m
14 Billings, Kelsi	FR	Citadel	9.65m
15 Thacker, Keisha	SO	Col. of Char	9.47m
16 Johansen, Theresa	SO	Citadel	8.60m
17 Brutus, Michelle	JR	Appalachian	8.57m
18 Post, Stephanie	FR	Furman	7.76m
--- Tounzen, Tara	SR	Western Caro	DNS

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Women Weight Throw**Top 9 advance to the final for 3 additional attempts**

NCAA Auto: 21.00m A

NCAA Prov: 18.75m P

Socon Record: 18.32m S 2/26/2005 Chakosha Lance

Name	Yr	School	Finals
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Finals

1	Edwards, Monique	SR	Citadel	16.25m
2	Morrison, Deirdra	SO	Western Caro	15.51m
3	Watkins, Gayshawna	FR	Appalachian	15.27m
4	Stewart, Zakiyyah	JR	Western Caro	14.84m
5	Green, Emily	SR	Citadel	14.75m
6	Girvin, Alyssa	SO	Elon	14.26m
7	Spivy, Amanda	SR	Georgia Sout	13.97m
8	Fannon, Megan	FR	Georgia Sout	13.10m
9	Steele, Deidra	SO	Western Caro	12.88m
10	McKee, Casey	FR	Col. of Char	12.72m
11	Rice, Jocelyn	FR	Western Caro	12.58m
12	Thomas, Ashley	FR	Georgia Sout	12.02m
13	Robertson, Justine	JR	Elon	11.97m
14	Fuzy, Anna	SO	Citadel	11.95m
15	Johansen, Theresa	SO	Citadel	11.57m
---	Thacker, Keisha	SO	Col. of Char	FOUL
---	Tounzen, Tara	SR	Western Caro	DNS

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Yr	School	Finals
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Finals

1	Billings, Kelsi	FR	Citadel	2:30.10	692
2	Thomas, Jettana	SO	Western Caro	2:30.32	689
3	Wright, Carlyn	JR	Western Caro	2:33.18	654
4	Johnson, Brynne	JR	Col. of Char	2:33.28	652
5	Hyter, Lynndsey	JR	Georgia Sout	2:37.76	599
6	McGuire, Christian	SO	Samford	2:38.11	595
7	Allen, Emily	FR	Samford	2:39.19	582
8	Crutchfield, Kiara	JR	Appalachian	2:39.48	579
9	Crutchfield, Naadia	SO	Appalachian	2:40.10	572
10	Rippe, Elyse	JR	Samford	2:41.35	557
11	Boersma, Isabel	SO	Col. of Char	2:44.17	526
12	Hamilton, Shaunta	SR	Georgia Sout	2:58.33	381

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Yr	School	Finals
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Finals

1	Wright, Carlyn	JR	Western Caro	8.89	933
2	Crutchfield, Kiara	JR	Appalachian	8.96	918
3	Thomas, Jettana	SO	Western Caro	9.00	910
3	Hyter, Lynndsey	JR	Georgia Sout	9.00	910
5	Hamilton, Shaunta	SR	Georgia Sout	9.41	826
6	Boersma, Isabel	SO	Col. of Char	9.43	822
7	Johnson, Brynne	JR	Col. of Char	9.53	802
8	Crutchfield, Naadia	SO	Appalachian	9.54	800
8	McGuire, Christian	SO	Samford	9.54	800
10	Allen, Emily	FR	Samford	10.06	701

10	Billings, Kelsi	FR	Citadel	10.06	701
12	Rippe, Elyse	JR	Samford	11.98	387

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Yr	School	Finals
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Finals

1	Hyter, Lynndsey	JR	Georgia Sout	1.58m	712
1	Boersma, Isabel	SO	Col. of Char	1.58m	712
3	Crutchfield, Kiara	JR	Appalachian	1.55m	678
3	Allen, Emily	FR	Samford	1.55m	678
3	Johnson, Brynne	JR	Col. of Char	1.55m	678
6	Billings, Kelsi	FR	Citadel	1.52m	644
6	Thomas, Jettana	SO	Western Caro	1.52m	644
8	Crutchfield, Naadia	SO	Appalachian	1.49m	610
9	Rippe, Elyse	JR	Samford	1.43m	544
10	Wright, Carlyn	JR	Western Caro	1.40m	512
11	McGuire, Christian	SO	Samford	1.37m	481
---	Hamilton, Shaunta	SR	Georgia Sout	NH	

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Yr	School	Finals
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Finals

1	Hyter, Lynndsey	JR	Georgia Sout	5.57m	720
2	Crutchfield, Kiara	JR	Appalachian	5.42m	677
3	Thomas, Jettana	SO	Western Caro	5.25m	628
4	Johnson, Brynne	JR	Col. of Char	5.16m	603
5	Boersma, Isabel	SO	Col. of Char	5.15m	601
6	Allen, Emily	FR	Samford	5.12m	592
7	Hamilton, Shaunta	SR	Georgia Sout	5.10m	587
8	Wright, Carlyn	JR	Western Caro	4.78m	500
9	Crutchfield, Naadia	SO	Appalachian	4.76m	495
10	Billings, Kelsi	FR	Citadel	4.75m	492
11	McGuire, Christian	SO	Samford	4.58m	448
---	Rippe, Elyse	JR	Samford	FOUL	

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Yr	School	Finals
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Finals

1	Hyter, Lynndsey	JR	Georgia Sout	10.36m	553
2	Billings, Kelsi	FR	Citadel	9.80m	516
3	Johnson, Brynne	JR	Col. of Char	9.79m	516
4	Allen, Emily	FR	Samford	9.72m	511
5	Crutchfield, Kiara	JR	Appalachian	9.68m	509
6	McGuire, Christian	SO	Samford	9.67m	508
7	Hamilton, Shaunta	SR	Georgia Sout	9.51m	497
8	Wright, Carlyn	JR	Western Caro	9.07m	469
9	Crutchfield, Naadia	SO	Appalachian	8.93m	460
10	Boersma, Isabel	SO	Col. of Char	8.76m	449
11	Thomas, Jettana	SO	Western Caro	8.67m	443
12	Rippe, Elyse	JR	Samford	7.72m	381

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Results

Women Indoor Pentathlon

Socon Record: 3754 S 2/28/2004 Kellie Mitchell

Name	Yr	School	Finals
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Finals

1 Hyter, Lynnsey	JR	Georgia Sout	3494
2 Crutchfield, Kiara	JR	Appalachian	3361
3 Thomas, Jettana	SO	Western Caro	3314
4 Johnson, Brynne	JR	Col. of Char	3251
5 Boersma, Isabel	SO	Col. of Char	3110
6 Wright, Carlyn	JR	Western Caro	3068
7 Allen, Emily	FR	Samford	3064
8 Billings, Kelsi	FR	Citadel	3045
9 Crutchfield, Naadia	SO	Appalachian	2937
10 McGuire, Christian	SO	Samford	2832
11 Hamilton, Shaunta	SR	Georgia Sout	2291
12 Rippe, Elyse	JR	Samford	1869

Men 60 Meter Dash

NCAA Auto: 6.60 A

NCAA Prov: 6.71 P

Socon Record: 6.73 S 2/29/2004 Ernest Wiggins

Name	Yr	School	Prelims
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Preliminaries

1 Young, Dominique	SR	Western Caro	6.88Q
2 Powell, Landon	FR	Appalachian	6.90Q
3 Moore, Dennis	SO	Appalachian	6.93Q
4 Hardy, Kevin	SO	Citadel	6.95Q
5 Svoboda, John	SR	Appalachian	6.96Q
6 Graham, Christian	SO	Citadel	6.98Q
7 Bethune, Christian	SR	Western Caro	6.96q
8 Hairston, Brandon	FR	Western Caro	7.02q
9 Bowman, Willie	FR	Western Caro	7.03
10 Hawkins, Riley	SO	Samford	7.05
11 Till, Daniel	FR	Citadel	7.06
12 Davis, Benny	SO	Western Caro	7.10
12 Johnson, Cortez	FR	Furman	7.10
12 Cunningham, Sederrick	JR	Furman	7.10
15 Willard, Lawren	FR	Western Caro	7.12
16 Scott, Mordecai	SR	Davidson	7.13
16 Contis, Elias	SR	Wofford	7.13
18 Pearce, DeSean	JR	Appalachian	7.16
19 Wade, Nathan	SO	Furman	7.46

Men 60 Meter Dash

NCAA Auto: 6.60 A

NCAA Prov: 6.71 P

Socon Record: 6.73 S 2/29/2004 Ernest Wiggins

Name	Yr	School	Finals
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Finals

1 Young, Dominique	SR	Western Caro	6.84
2 Powell, Landon	FR	Appalachian	6.91
3 Svoboda, John	SR	Appalachian	6.94
4 Bethune, Christian	SR	Western Caro	6.97

5 Hairston, Brandon	FR	Western Caro	7.01
6 Graham, Christian	SO	Citadel	7.07
7 Moore, Dennis	SO	Appalachian	7.09
--- Hardy, Kevin	SO	Citadel	DNS

Men 200 Meter Dash

NCAA Auto: 21.23 A

NCAA Prov: 21.63 P

Socon Record: 21.13 S 1995 Delevantie Brown

Name	Yr	School	Prelims
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Preliminaries

1 Young, Dominique	SR	Western Caro	21.93q
2 Svoboda, John	SR	Appalachian	21.98q
3 Hairston, Brandon	FR	Western Caro	22.22q
4 Davis, Benny	SO	Western Caro	22.27q
5 Moore, Dennis	SO	Appalachian	22.35q
6 Cooper, Donald	SO	Samford	22.38q
7 Powell, Landon	FR	Appalachian	22.45q
8 Livingston, Cordell	FR	Western Caro	22.51q
9 Graham, Christian	SO	Citadel	22.54
10 Bethune, Christian	SR	Western Caro	22.62
11 Zeller, Nick	JR	Appalachian	22.72
12 Bush, Phillip	JR	Appalachian	22.74
13 Till, Daniel	FR	Citadel	22.82
14 Miller, Brunson	FR	Citadel	22.88
15 Cordner, Zac	FR	Samford	22.89
16 Scott, Mordecai	SR	Davidson	22.99
17 Bowman, Willie	FR	Western Caro	23.21
18 Contis, Elias	SR	Wofford	23.44
19 Jones, Bryce	JR	Davidson	23.51
20 Bostic, Brad	FR	Samford	24.12
--- Dorsey, Lee	SO	Davidson	DNS

Men 200 Meter Dash

NCAA Auto: 21.23 A

NCAA Prov: 21.63 P

Socon Record: 21.13 S 1995 Delevantie Brown

Name	Yr	School	Finals
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Finals

1 Young, Dominique	SR	Western Caro	21.84
2 Svoboda, John	SR	Appalachian	22.15
3 Livingston, Cordell	FR	Western Caro	22.43
4 Powell, Landon	FR	Appalachian	22.43
5 Davis, Benny	SO	Western Caro	22.45
6 Moore, Dennis	SO	Appalachian	22.56
7 Cooper, Donald	SO	Samford	22.71
8 Hairston, Brandon	FR	Western Caro	23.07

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Men 400 Meter Dash

NCAA Auto: 46.75 A

NCAA Prov: 47.85 P

Socon Record: 47.11 S 1989 Mario Small

Name	Yr	School	Prelims
Preliminaries			
1 Miller, Brunson	FR	Citadel	49.22Q
2 Svoboda, John	SR	Appalachian	49.49Q
3 Hairston, Brandon	FR	Western Caro	49.81Q
4 Zeller, Nick	JR	Appalachian	49.94Q
5 Davis, Benny	SO	Western Caro	51.00Q
6 Cordner, Zac	FR	Samford	50.53q
7 Combs, Tyler	FR	Appalachian	50.67q
8 Roach, Stephon	JR	Western Caro	50.82q
9 Jennings, Jestin	SR	Western Caro	51.72
10 Martin, Taylor	SO	Davidson	52.07
11 Vaca, Eduardo	FR	Davidson	53.48
12 Tolleson, James	FR	Davidson	53.56
13 Olson, Blake	FR	Ut-Chattanooga	53.73
14 Simms, Jake	FR	Ut-Chattanooga	53.96
15 Bostic, Brad	FR	Samford	54.03
16 Powell, Stephen	SO	Davidson	54.40
17 Toney, Brian	SO	Furman	54.45
18 Rodriquez, Raul	FR	Furman	55.94
--- Burton, Luke	FR	Western Caro	DNS
--- Halliday, Connor	FR	Furman	DNS

Men 400 Meter Dash

NCAA Auto: 46.75 A

NCAA Prov: 47.85 P

Socon Record: 47.11 S 1989 Mario Small

Name	Yr	School	Finals
Finals			
1 Miller, Brunson	FR	Citadel	48.65
2 Svoboda, John	SR	Appalachian	49.15
3 Zeller, Nick	JR	Appalachian	49.18
4 Davis, Benny	SO	Western Caro	49.37
4 Hairston, Brandon	FR	Western Caro	49.37
6 Cordner, Zac	FR	Samford	51.04
7 Combs, Tyler	FR	Appalachian	51.06
8 Roach, Stephon	JR	Western Caro	51.37

Men 800 Meter Run

NCAA Auto: 1:48.90 A

NCAA Prov: 1:51.40 P

Socon Record: 1:50.92 S 1997 Zach Whitmarsh

Name	Yr	School	Prelims
Preliminaries			
1 Tucker, Drew	JR	Western Caro	1:54.11Q
2 Taylor, Alex	FR	Appalachian	1:54.12Q
3 Houser, Josh	SR	Appalachian	1:54.33Q
4 Hudgins, Brandon	SR	Appalachian	1:55.67Q

5 Cope, Scott	JR	Samford	1:54.43q
6 Wyatt, Terry	SR	Unc-Greensbo	1:54.76q
7 O'Keefe, Nick	SR	Appalachian	1:56.65q
8 Keithan, Chas	SR	Samford	1:56.74q
9 Denton, Will	SR	Samford	1:57.38
10 Moore, David	JR	Ut-Chattanooga	1:57.46
11 Hurst, Taylor	JR	Unc-Greensbo	1:57.48
12 Clyne, Andy	JR	Unc-Greensbo	1:58.78
13 Ketron, Blake	SR	Ut-Chattanooga	2:00.06
14 Watkins, Lamar	SO	Unc-Greensbo	2:00.33
15 Given, Wilkerson	FR	Furman	2:00.91
16 White, Ramsey	FR	Samford	2:01.03
17 Vecchione, Paul	SR	Wofford	2:01.57
18 Cole, Mark	FR	Ut-Chattanooga	2:02.41
--- Weisher, James	FR	Furman	DNS
--- Thornton, Clay	FR	Citadel	DNS

Men 800 Meter Run

NCAA Auto: 1:48.90 A

NCAA Prov: 1:51.40 P

Socon Record: 1:50.92 S 1997 Zach Whitmarsh

Name	Yr	School	Finals
Finals			
1 Hudgins, Brandon	SR	Appalachian	1:54.14
2 Tucker, Drew	JR	Western Caro	1:54.89
3 Keithan, Chas	SR	Samford	1:55.24
4 O'Keefe, Nick	SR	Appalachian	1:55.45
5 Taylor, Alex	FR	Appalachian	1:55.95
6 Houser, Josh	SR	Appalachian	1:56.13
7 Wyatt, Terry	SR	Unc-Greensbo	1:56.28
8 Cope, Scott	JR	Samford	1:56.71

Men 1 Mile Run

NCAA Auto: 4:00.80 A

NCAA Prov: 4:05.30 P

Socon Record: 4:03.97 S 1982 Mark Scruton

Name	Yr	School	Finals
Finals			
1 Morgan, Patrick	SR	Appalachian	4:13.70
2 Thompson, Joey	SO	Unc-Greensbo	4:13.93
3 Taylor, Alex	FR	Appalachian	4:14.84
4 Hudgins, Brandon	SR	Appalachian	4:15.24
5 Houser, Josh	SR	Appalachian	4:15.49
6 Carie, Blaise	JR	Samford	4:15.98
7 Gilmer, Lee	SO	Furman	4:17.18
8 Evitt, Blake	SR	Davidson	4:18.01
9 Bruton, Peter	SR	Davidson	4:18.95
10 West, Garrett	FR	Western Caro	4:21.58
11 Galloway, Bud	SR	Appalachian	4:21.93
12 Hammond, Stephen	SR	Western Caro	4:23.41
13 Cotter, Lucas	FR	Ut-Chattanooga	4:23.54
14 Koch, Jonathan	JR	Davidson	4:29.25
15 Day, Taylor	FR	Unc-Greensbo	4:29.72
16 Carrington, Brian	SO	Unc-Greensbo	4:30.13
17 Gatewood, John	FR	Citadel	4:30.56

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Finals ... (Men 1 Mile Run)

Name	Yr	School	Finals
18 Given, Wilkerson	FR	Furman	4:34.51
19 Kight, Brendan	SR	Citadel	4:36.36
20 Wilkerson, Jed	SR	Furman	4:45.18
--- Cole, Mark	FR	Ut-Chattanooga	DNF
--- Thornton, Clay	FR	Citadel	DNS

Men 3000 Meter Run

NCAA Auto: 7:57.20 A

NCAA Prov: 8:07.70 P

Socon Record: 8:05.37 S 1992 Seamus Powers

Name	Yr	School	Finals
Finals			
1 Bean, Cameron	SR	Samford	8:15.74
2 Thompson, Joey	SO	Unc-Greensbo	8:15.81
3 Divinnie, Tom	SR	Davidson	8:20.39
4 Morgan, Patrick	SR	Appalachian	8:21.38
5 Gilmer, Lee	SO	Furman	8:28.18
6 Hopkins, Ryan	SO	Davidson	8:28.83
7 Carie, Blaise	JR	Samford	8:30.75
8 Kirwa, Emmanuel	SO	Ut-Chattanooga	8:31.14
9 Soderman, Sean	SO	Appalachian	8:36.54
10 Schmitt, Charlie	JR	Davidson	8:45.69
11 Coore, Jermaine	SO	Unc-Greensbo	8:47.27
12 Weaver, Josey	SO	Western Caro	8:52.04
13 Young, Atom	FR	Citadel	9:06.62
14 Harris, Maverick	SO	Wofford	9:23.09
15 Fallis, Chris	JR	Citadel	9:23.96
16 Canipe, Ben	FR	Citadel	9:44.61

Men 5000 Meter Run

NCAA Auto: 13:50.80 A

NCAA Prov: 14:13.80 P

Socon Record: 14:06.00 S 1981 Adrian Leek

Name	Yr	School	Finals
Finals			
1 Bean, Cameron	SR	Samford	14:29.12
2 Berry, Chris	SO	Ut-Chattanooga	14:30.20
3 Divinnie, Tom	SR	Davidson	14:36.29
4 Kirwa, Emmanuel	SO	Ut-Chattanooga	14:40.93
5 Morgan, Patrick	SR	Appalachian	14:47.99
6 Hopkins, Ryan	SO	Davidson	14:49.09
7 Soderman, Sean	SO	Appalachian	14:49.10
8 Koech, Mike	FR	Unc-Greensbo	14:50.41
9 Schmitt, Charlie	JR	Davidson	14:51.76
10 McGoogan, Charles	JR	Furman	14:58.55
11 Pagonis, Demetrios	FR	Davidson	15:02.15
12 Weaver, Josey	SO	Western Caro	15:07.20
13 Weir, Vincent	FR	Davidson	15:24.40
14 Savoia, AJ	JR	Unc-Greensbo	15:24.92
15 Clark, Nolan	FR	Western Caro	15:24.94
15 Parker, Trey	FR	Wofford	15:24.94
17 Reynolds, Wes	FR	Davidson	15:35.11
18 Keene, Kyle	FR	Citadel	15:40.46

19 Caldwell, Christopher	SO	Furman	15:43.70
20 Vasquez, Ben	JR	Unc-Greensbo	15:48.40
21 Brooks, Bryan	SR	Wofford	15:48.48
22 Hammond, Stephen	SR	Western Caro	15:51.18
23 Miller, Jay	SO	Furman	15:55.44
24 Johnson, Wells	JR	Citadel	16:03.77
25 Waldrop, Austin	FR	Citadel	16:14.89
26 Flood, Kevin	JR	Citadel	16:35.56
27 Wasilchak, P.J.	SO	Citadel	17:34.99
--- Huwe, Kevin	SR	Ut-Chattanooga	DNS
--- Kenwright, Matthew	FR	Ut-Chattanooga	DNS

Men 60 Meter Hurdles

NCAA Auto: 7.70 A

NCAA Prov: 7.91 P

Socon Record: 8.20 S 2/26/2005 Lawrence Briscoe

Name	Yr	School	Prelims
Preliminaries			
1 Livingston, Cordell	FR	Western Caro	S 8.06Q
2 Corcoran, Cavan	SO	Samford	8.43Q
3 Bethune, Christian	SR	Western Caro	8.43Q
4 Boruff, Matt	SR	Appalachian	8.44Q
5 Jones, Trey	FR	Appalachian	8.54Q
6 Ackerson-Gilroy, Bo	FR	Samford	8.58Q
7 Bush, Phillip	JR	Appalachian	8.57q
8 Reardon, Sean	JR	Western Caro	8.81q
9 Gift, David	SR	Western Caro	8.94
10 Olson, Blake	FR	Ut-Chattanooga	9.29
--- Johnson, Will	JR	Furman	DNF
--- Burton, Luke	FR	Western Caro	DNS

Men 60 Meter Hurdles

NCAA Auto: 7.70 A

NCAA Prov: 7.91 P

Socon Record: 8.20 S 2/26/2005 Lawrence Briscoe

Name	Yr	School	Finals
Finals			
1 Livingston, Cordell	FR	Western Caro	8.10S
2 Boruff, Matt	SR	Appalachian	8.31
3 Bethune, Christian	SR	Western Caro	8.37
4 Corcoran, Cavan	SO	Samford	8.40
5 Jones, Trey	FR	Appalachian	8.41
6 Ackerson-Gilroy, Bo	FR	Samford	8.69
7 Reardon, Sean	JR	Western Caro	8.87
--- Bush, Phillip	JR	Appalachian	DNF

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Results

Men 4x400 Meter Relay

NCAA Auto: 3:08.90 A

NCAA Prov: 3:12.80 P

Socon Record: 3:11.71 S 1982 VMI

Team	Relay	Finals
Finals		
1 Western Carolina	A	3:18.18
1) Davis, Benny SO	2) Livingston, Cordell FR	
3) Tucker, Drew JR	4) Young, Dominique SR	
2 Appalachian State	A	3:20.47
1) Zeller, Nick JR	2) Powell, Landon FR	
3) Combs, Tyler FR	4) Svoboda, John SR	
3 Citadel	A	3:20.60
1) Till, Daniel FR	2) Dioguardi, Frank SO	
3) Graham, Christian SO	4) Miller, Brunson FR	
4 Samford	A	3:25.49
1) Corcoran, Cavan SO	2) Keithan, Chas SR	
3) Cope, Scott JR	4) Denton, Will SR	
5 Davidson	A	3:30.00
1) Vaca, Eduardo FR	2) Martin, Taylor SO	
3) Teka, Melaku SO	4) Tolleson, James FR	
6 Unc-Greensboro	A	3:33.17
1) Clyne, Andy JR	2) Hurst, Taylor JR	
3) Thompson, Joey SO	4) Wyatt, Terry SR	
7 Wofford	A	3:35.61
1) Contis, Elias SR	2) Spencer, Phillip JR	
3) Vecchione, Paul SR	4) Parker, Trey FR	
--- Ut-Chattanooga	A	DQ
1) Olson, Blake FR	2) Moore, David JR	
3) Simms, Jake FR	4) Ketron, Blake SR	

Men Distance Medley

NCAA Auto: 9:33.00 A

NCAA Prov: 9:44.70 P

Socon Record: 9:47.80 S 1979 ETSU

Team	Relay	Finals
Finals		
1 Appalachian State	A	10:09.92
1) Galloway, Bud SR	2) Taylor, Alex FR	
3) O'Keefe, Nick SR	4) Houser, Josh SR	
2 Western Carolina	A	10:10.29
1) West, Garrett FR	2) Roach, Stephon JR	
3) Tucker, Drew JR	4) Hammond, Stephen SR	
3 Davidson	A	10:16.61
1) Evitt, Blake SR	2) Teka, Melaku SO	
3) Weir, Vincent FR	4) Bruton, Peter SR	
4 Samford	A	10:18.44
1) Cope, Scott JR	2) White, Ramsey FR	
3) Denton, Will SR	4) Carie, Blaise JR	
5 Ut-Chattanooga	A	10:29.78
1) Moore, David JR	2) Simms, Jake FR	
3) Ketron, Blake SR	4) Cotter, Lucas FR	

6 Citadel	A	10:32.98
1) Dioguardi, Frank SO	2) Gatewood, John FR	
3) Ashley, Jordan FR	4) Kight, Brendan SR	
7 Unc-Greensboro	A	10:35.58
1) Clyne, Andy JR	2) Carrington, Brian SO	
3) Day, Taylor FR	4) Savoia, AJ JR	
8 Wofford	A	11:32.28
1) Harris, Maverick SO	2) Spencer, Phillip JR	
3) Vecchione, Paul SR	4) Baker, Russell FR	

Men High Jump

Starting height is 1.85, Progression is 5 cm

1.84, 1.89, 1.94, , 1.99, 2.04, 2.09, 2.14

No 5 alive

NCAA Auto: 2.24m A

NCAA Prov: 2.14m P

Socon Record: 2.17m S 2000 Eric Mc Clary

Name	Yr	School	Finals
Finals			
1 Evans, Matt	SR	Western Caro	2.09m
2 Purcell, Darius	SO	Appalachian	2.04m
3 Cooper, Donald	SO	Samford	1.99m
4 Harris, James	JR	Citadel	1.99m
4 Ackerson-Gilroy, Bo	FR	Samford	1.99m
6 Reber, Collin	FR	Appalachian	1.94m
7 Triplett, Brad	FR	Appalachian	1.94m
8 Boruff, Matt	SR	Appalachian	1.94m
9 Bassett, Brandon	FR	Samford	1.89m
10 Bailey, Joe	SO	Wofford	1.84m
--- Gift, David	SR	Western Caro	NH
--- Newton, Xavier	FR	Citadel	NH
--- Lakes, Shane	FR	Davidson	NH

Men Pole Vault

Starting height is 4.17, Progression is 15 cm

Progression 4.17, 4.32, 4.47, 4.62, 4.77, 4.92, 5.07, 5.22, 5.37

NCAA Auto: 5.50m A

NCAA Prov: 5.20m P

Socon Record: 5.06m S 1998 Todd Poremba

Name	Yr	School	Finals
Finals			
1 Seaman, Michael	SO	Samford	5.07mS
2 Wells, Patrick	SR	Samford	4.92m
3 Boruff, Matt	SR	Appalachian	4.77m
4 O'Steen, Mike	SR	Western Caro	4.77m
5 Epperson, Zac	JR	Samford	4.62m
6 Cook, Ryan	FR	Samford	4.47m
7 Reardon, Sean	JR	Western Caro	4.32m
8 Keithan, Chas	SR	Samford	4.32m
9 Bassett, Brandon	FR	Samford	4.32m
10 Parker, Wayne	SO	Western Caro	4.32m
11 Jones, Bryce	JR	Davidson	4.17m
--- O'Rourke, Joey	SR	Citadel	NH
--- Goodchild, Jake	JR	Appalachian	NH

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Clemson Indoor Track @ Clemson, SC

Results

Men Long Jump**Top 9 advance to the final for 3 additional attempts**

NCAA Auto: 7.85m A

NCAA Prov: 7.50m P

Socon Record: 7.66m S 2001 **Marcus Lynch**

Name	Yr	School	Finals
Finals			
1 Hardy, Kevin	SO	Citadel	7.23m
2 Dollard, Alex	SR	Western Caro	7.19m
3 Livingston, Cordell	FR	Western Caro	6.89m
4 Bush, Phillip	JR	Appalachian	6.89m
5 Willard, Lawren	FR	Western Caro	6.89m
6 Pearce, DeSean	JR	Appalachian	6.69m
7 Bassett, Brandon	FR	Samford	6.68m
8 Dunn, Ethan	SO	Davidson	6.41m
9 Williams, Cornelius	SO	Western Caro	6.37m
10 Martin, John	FR	Appalachian	6.12m
11 Dorsey, Lee	SO	Davidson	6.02m
12 Bowman, Willie	FR	Western Caro	6.01m
13 Cooper, Donald	SO	Samford	6.00m
14 Hausteim, Marcus	FR	Davidson	5.99m

Men Triple Jump**Top 9 advance to the final for 3 additional attempts**

NCAA Auto: 16.15m A

NCAA Prov: 15.45m P

Socon Record: 16.11m S 1998 **Warren Posey**

Name	Yr	School	Finals
Finals			
1 Dollard, Alex	SR	Western Caro	14.29m
2 Livingston, Cordell	FR	Western Caro	14.13m
3 Williams, Cornelius	SO	Western Caro	13.88m
4 Amah, Chinedu	SO	Samford	13.81m
5 Evans, Matt	SR	Western Caro	13.26m
6 Willard, Lawren	FR	Western Caro	13.06m
7 Bassett, Brandon	FR	Samford	12.98m
8 Jennings, Jestin	SR	Western Caro	12.88m
9 Ackerson-Gilroy, Bo	FR	Samford	12.70m
10 Woodard, Shane	SO	Citadel	12.13m
--- Bailey, Joe	SO	Wofford	FOUL
--- Martin, John	FR	Appalachian	FOUL
--- Lakes, Shane	FR	Davidson	DNS

Men Shot Put**Top 9 advance to the final for 3 additional attempts**

NCAA Auto: 19.30m A

NCAA Prov: 17.75m P

Socon Record: 17.19m S 1980 **Cosmo Tocci**

Name	Yr	School	Finals
Finals			
1 Styers, Malcolm	JR	Appalachian	16.29m
2 McDaniel, Cale	SR	Western Caro	15.85m
3 Pless, Ryan	JR	Western Caro	15.71m
4 Gardner, Jerod	JR	Appalachian	15.54m

5 Marshall, Quincy	SR	Western Caro	14.87m
6 Turner, Quintin	JR	Citadel	14.77m
7 Stalling, Jared	SO	Appalachian	14.70m
8 Van Pelt, Jamie	SO	Western Caro	13.73m
9 Des Marais, Scott	FR	Furman	13.16m
10 Davis, Chris	JR	Samford	12.77m
11 Goodchild, Jake	JR	Appalachian	12.72m
12 Daly, Timothy	JR	Appalachian	12.00m
13 McCracken, Brian	FR	Wofford	11.09m

Men Weight Throw**Top 9 advance to the final for 3 additional attempts**

NCAA Auto: 21.50m A

NCAA Prov: 19.50m P

Socon Record: 18.81m S 2001 **John Chisholm**

Name	Yr	School	Finals
Finals			
1 Styers, Malcolm	JR	Appalachian	18.54m
2 McDaniel, Cale	SR	Western Caro	17.66m
3 Kirby, Kyle	JR	Samford	17.38m
4 Daly, Timothy	JR	Appalachian	17.12m
5 Gardner, Jerod	JR	Appalachian	16.98m
6 Marshall, Quincy	SR	Western Caro	16.48m
7 Turner, Quintin	JR	Citadel	16.11m
8 Earls, Matt	SR	Citadel	16.01m
9 Pless, Ryan	JR	Western Caro	15.48m
10 Van Pelt, Jamie	SO	Western Caro	15.11m
11 Castagno, Chris	JR	Citadel	14.92m
12 Norris, William	SR	Citadel	14.87m
--- Davis, Chris	JR	Samford	FOUL
--- Stalling, Jared	SO	Appalachian	FOUL

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Cooper, Donald	SO	Samford	7.15 830
2 Reardon, Sean	JR	Western Caro	7.23 802
3 Boruff, Matt	SR	Appalachian	7.33 769
4 Goodchild, Jake	JR	Appalachian	7.35 762
5 Bassett, Brandon	FR	Samford	7.44 732
6 Evans, Matt	SR	Western Caro	7.52 706
7 Ackerson-Gilroy, Bo	FR	Samford	7.53 703
8 O'Rourke, Joey	SR	Citadel	7.63 671
9 Gift, David	SR	Western Caro	7.84 607

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Gift, David	SR	Western Caro	2:46.42 803
2 Evans, Matt	SR	Western Caro	2:50.65 759
3 Goodchild, Jake	JR	Appalachian	2:52.99 735
4 Cooper, Donald	SO	Samford	2:54.60 718
5 Reardon, Sean	JR	Western Caro	2:55.01 714
6 Boruff, Matt	SR	Appalachian	2:56.15 702
7 Ackerson-Gilroy, Bo	FR	Samford	3:04.81 618

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Results

Finals ... (Heptathlon: #7 Men 1000 Meter Run Heptathlon)

Name	Yr	School	Finals
8 O'Rourke, Joey	SR	Citadel	3:15.30 522
9 Bassett, Brandon	FR	Samford	3:20.03 481

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Yr	School	Finals
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Finals

1 Boruff, Matt	SR	Appalachian	8.56 846
2 Ackerson-Gilroy, Bo	FR	Samford	8.57 843
3 Reardon, Sean	JR	Western Caro	8.83 784
4 Bassett, Brandon	FR	Samford	8.90 768
5 Gift, David	SR	Western Caro	8.98 750
6 Evans, Matt	SR	Western Caro	9.05 735
7 Goodchild, Jake	JR	Appalachian	9.40 660
8 Cooper, Donald	SO	Samford	9.47 646
9 O'Rourke, Joey	SR	Citadel	9.69 601

Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
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Finals

1 Evans, Matt	SR	Western Caro	2.06m 859
2 Ackerson-Gilroy, Bo	FR	Samford	2.03m 831
3 Boruff, Matt	SR	Appalachian	1.94m 749
3 Cooper, Donald	SO	Samford	1.94m 749
5 Bassett, Brandon	FR	Samford	1.91m 723
6 Goodchild, Jake	JR	Appalachian	1.85m 670
6 Gift, David	SR	Western Caro	1.85m 670
8 O'Rourke, Joey	SR	Citadel	1.73m 569
8 Reardon, Sean	JR	Western Caro	1.73m 569

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals
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Finals

1 Bassett, Brandon	FR	Samford	4.45m 746
2 Boruff, Matt	SR	Appalachian	4.25m 688
3 Reardon, Sean	JR	Western Caro	4.05m 631
4 Evans, Matt	SR	Western Caro	3.95m 603
4 Ackerson-Gilroy, Bo	FR	Samford	3.95m 603
6 Gift, David	SR	Western Caro	3.75m 549
7 Cooper, Donald	SO	Samford	3.65m 522
--- Goodchild, Jake	JR	Appalachian	NH
--- O'Rourke, Joey	SR	Citadel	NH

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
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Finals

1 Bassett, Brandon	FR	Samford	6.84m 776
2 Ackerson-Gilroy, Bo	FR	Samford	6.45m 686
3 Goodchild, Jake	JR	Appalachian	6.30m 652
4 Boruff, Matt	SR	Appalachian	6.25m 641
5 Evans, Matt	SR	Western Caro	6.20m 630
5 Cooper, Donald	SO	Samford	6.20m 630
7 Reardon, Sean	JR	Western Caro	6.09m 606
8 Gift, David	SR	Western Caro	5.92m 569

9 O'Rourke, Joey	SR	Citadel	5.37m 455
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Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
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Finals

1 Evans, Matt	SR	Western Caro	13.64m 706
2 Goodchild, Jake	JR	Appalachian	12.35m 628
3 Ackerson-Gilroy, Bo	FR	Samford	11.79m 594
4 Reardon, Sean	JR	Western Caro	11.75m 591
5 Gift, David	SR	Western Caro	11.36m 568
6 O'Rourke, Joey	SR	Citadel	11.34m 566
7 Bassett, Brandon	FR	Samford	10.97m 544
8 Boruff, Matt	SR	Appalachian	10.63m 524
9 Cooper, Donald	SO	Samford	9.73m 469

Men Heptathlon**Socon Record: 4581 S 2/25/2005 Dustin Wright**

Name	Yr	School	Finals
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Finals

1 Evans, Matt	SR	Western Caro	4998S
2 Boruff, Matt	SR	Appalachian	4919S
3 Ackerson-Gilroy, Bo	FR	Samford	4878S
4 Bassett, Brandon	FR	Samford	4770S
5 Reardon, Sean	JR	Western Caro	4697S
6 Cooper, Donald	SO	Samford	4564
7 Gift, David	SR	Western Caro	4516
8 Goodchild, Jake	JR	Appalachian	4107
9 O'Rourke, Joey	SR	Citadel	3384