

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014

www.TimingInc.com

JDL Fast Track / Winston-Salem, NC

Results**Event 1 Women 5000 Meter Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Sumney, Shaina	SR	Unc-Greensboro	16:39.02	2	10
2	Oram, Allyson	SR	Elon	16:53.28	2	8
3	Henderson, Teghan	SO	Ut-Chattanooga	16:53.70	2	6
4	Tinkey, Grace	FR	Furman	17:01.03	2	5
5	Van Ord, Tristin	FR	Appalachian State	17:19.44	2	4
6	Cagle, Kaitlin	SR	Appalachian State	17:26.87	2	3
7	Osment, Erin	JR	Davidson	17:29.23	2	2
8	Bierut, Elyse	FR	Elon	17:44.03	2	1
9	Hughes, Sam	SR	Wofford	17:46.48	2	
10	Stocks, Justine	SR	Appalachian State	17:52.33	2	
11	Schneider, Kayla	SR	Appalachian State	17:55.56	2	
12	Haughey, Sinead	JR	Furman	17:57.68	2	
13	Williams, Brittany	SO	Appalachian State	18:01.39	2	
14	Link, Katy	SO	Unc-Greensboro	18:16.70	2	
15	Cook, Allison	SR	Appalachian State	18:20.40	2	
16	Reese, Aleshia	JR	Western Carolina	18:25.03	2	
17	Snapp, Kaitlin	FR	Elon	18:30.70	2	
18	McKee, Danielle	SR	Citadel	18:37.02	1	
19	Fritz, Jenny	FR	Davidson	19:14.37	1	
20	Cobb, Ali	JR	Davidson	19:31.70	1	
21	Beach, Ashley	FR	Citadel	19:47.00	1	
22	Dewitte, Jessica	SO	Citadel	19:53.04	1	
23	Ogilbee, Nicole	JR	Citadel	20:17.23	1	
24	Carter, Lauren	JR	Davidson	20:22.86	1	
---	Stewart, Keeley	SO	Ut-Chattanooga	DNF	2	
---	Novotna, Tereza	JR	Elon	DNF	2	
---	Miller, Laura	FR	Furman	DNF	2	
---	McBride, Anna	FR	Furman	DNF	2	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 2 Men 5000 Meter Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Hurt, Tripp	JR	Furman	14:30.76	2	10
2	Hinkle, Tanner	FR	Furman	14:32.82	2	8
3	McFoy, Kyle	JR	Appalachian State	14:46.89	2	6
4	Wanuch, Nathan	SR	Ut-Chattanooga	14:48.11	2	5
5	Klecker, John	SR	Furman	14:48.67	2	4
6	Anderson, Chris	FR	Appalachian State	14:50.53	2	3
7	Chase, Whitner	JR	Davidson	14:50.74	2	2
8	Belles, Dylan	JR	Unc-Greensboro	14:58.80	2	1
9	Smithers, Harry	SR	Ut-Chattanooga	15:02.28	2	
10	Cole, Mark	SR	Ut-Chattanooga	15:07.40	2	
11	Weishaar, Luke	SO	Samford	15:09.57	2	
12	Ellis, Michael	SO	Appalachian State	15:12.61	2	
13	Lantz, Raeven	JR	Citadel	15:19.72	2	
14	Phillips, Ryan	SO	Davidson	15:20.45	2	
15	Forburger, Aaron	SO	Davidson	15:23.58	2	
16	Doyle, Ryan	SO	Wofford	15:30.50	1	
17	Alfaro, Travis	JR	Western Carolina	15:39.97	2	
18	Miller, Jack	SO	Furman	15:42.03	2	
19	Durling, Jamie	SO	Davidson	16:03.36	2	
20	Cornett, JC	FR	Western Carolina	16:26.45	1	
21	O'Grady, Patrick	FR	Unc-Greensboro	16:48.13	1	
---	Morgan, Jack	JR	Furman	DNF	2	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 3 Women Distance Medley**

Team	Relay		Finals	Points
Finals				
1 Samford	A		11:52.66	10
1) Irvine, Anna JR	2) Ruch, Kimberly SO	3) Demedicis, Marie JR	4) D'Alessio, Lauren SR	
2 Appalachian State	A		11:59.48	8
1) Cook, Allison SR	2) Alston, Breanna SR	3) Stern, Taryn JR	4) Stocks, Justine SR	
3 Western Carolina	A		12:04.90	6
1) Tomlinson, Hayley SR	2) Elliott, Lena JR	3) Keen, Jocelyn SR	4) Reese, Aleshia JR	
4 Davidson	A		12:14.60	5
1) Gruber, Ashlyn SO	2) Behrens, Brigid SO	3) Watt, Grace JR	4) Rieden, Hannah FR	
5 Ut-Chattanooga	A		12:32.82	4
1) York, Jessica FR	2) Cader, Gabby SR	3) Howard, Kianna SO	4) Greenwall, Rebecca SO	
6 Wofford	A		12:40.51	3
1) Burkert, Alyssa SR	2) Williams, Alissa JR	3) Kessler, Katie SR	4) Hughes, Sam SR	
7 Furman	A		12:46.97	2
1) Miller, Laura FR	2) Gilbert, Rachel JR	3) Compton, Georgia FR	4) McBride, Anna FR	
8 Citadel	A		12:52.97	1
1) Beach, Ashley FR	2) Johnson, Sarah FR	3) Little, Emani FR	4) McKee, Danielle SR	
9 Unc-Greensboro	A		12:56.20	
1) Sumney, Chelsea SR	2) Wenos, Haley JR	3) Hall, Shannon SR	4) Sumney, Shaina SR	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 4 Men Distance Medley**

Team	Relay		Finals	Points
Finals				
1 Samford	A		10:02.54	10
1) Jones, Adam SO	2) Hendershot, Nathan SR	3) Dorsett, Layton SR	4) Hazouri, Brandon SO	
2 Furman	A		10:06.83	8
1) Riech, Nate Gray Wolf FR	2) Duskin, Zach SR	3) Ivey, William JR	4) Baker, Brock FR	
3 Davidson	A		10:10.55	6
1) Lantz, Andrew SR	2) Faubion, Nate JR	3) McDuffie, Will FR	4) Mogen, John FR	
4 Appalachian State	A		10:20.95	5
1) Ellis, Michael SO	2) Hanna, Joshua FR	3) Rojas, Raphael JR	4) Anderson, Chris FR	
5 Ut-Chattanooga	A		10:24.61	4
1) O'Brien, Patrick JR	2) Nelson, Geoff SO	3) Carter, Marquis SO	4) Janssen, Trevor SO	
6 Western Carolina	A		10:26.95	3
1) Cornwell, Michael SO	2) Harris, Aaron SR	3) Bigby, Jamie SO	4) Cornett, JC FR	
7 Unc-Greensboro	A		10:37.56	2
1) Cain, Brandon JR	2) Elwood, John SO	3) Alston, Tyron SR	4) Shipp, Dakarai FR	
8 Wofford	A		10:44.61	1
1) Michaels, Alex SO	2) Butler, Travis JR	3) Whitaker, Justin JR	4) Doyle, Ryan SO	
9 Citadel	A		10:45.23	
1) Fleckenstein, Paul SR	2) Poland, Kevin SR	3) Furmanchik, Andrew FR	4) Lantz, Raeven JR	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 5 Women 60 Meter Hurdles**

	Name	Yr	School	Prelims	H#
Preliminaries					
1	Griffin, Sydney	SO	Elon	8.56 Q	1
2	Bass, Xaveria	JR	Western Carolina	8.70 Q	2
3	Felton, Alyssa	SO	Georgia Southern	8.77 Q	1
4	Edwards, Dana	SR	Georgia Southern	8.94 Q	2
5	Diggs, Brittany	SR	Western Carolina	8.89 Q	1
6	Cope, Ashley	SR	Samford	8.95 Q	2
7	Wilkins, Shermell	JR	Western Carolina	8.93 q	1
8	Esposito, Jennifer	SO	Elon	9.02 q	2
9	Toomer, Lauren	JR	Georgia Southern	9.03	2
10	Birek, Michaela	JR	Western Carolina	9.08	2
11	Kearse, LeNiesha	FR	Western Carolina	9.16	1
12	Blanco, Danielle	JR	Samford	9.36	1
13	Edwards, Deanna	SR	Georgia Southern	9.46	2
14	Brown, Shaakira	SO	Wofford	9.96	1

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 5 Women 60 Meter Hurdles**

	Name	Yr School	Prelims	Finals	Points
Finals					
1	Griffin, Sydney	SO Elon	8.56	8.60	10
2	Felton, Alyssa	SO Georgia Southern	8.77	8.74	8
3	Bass, Xaveria	JR Western Carolina	8.70	8.75	6
4	Cope, Ashley	SR Samford	8.95	8.79	5
5	Edwards, Dana	SR Georgia Southern	8.94	8.88	4
6	Wilkins, Shermell	JR Western Carolina	8.93	8.91	3
7	Diggs, Brittany	SR Western Carolina	8.89	9.01	2
8	Esposito, Jennifer	SO Elon	9.02	9.12	1
Preliminaries					
9	Toomer, Lauren	JR Georgia Southern	9.03		
10	Birek, Michaela	JR Western Carolina	9.08		
11	Kearse, LeNiesha	FR Western Carolina	9.16		
12	Blanco, Danielle	JR Samford	9.36		
13	Edwards, Deanna	SR Georgia Southern	9.46		
14	Brown, Shaakira	SO Wofford	9.96		



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Name	Yr	School	Prelims	H#
Preliminaries				
1 Bailey, Marquis	SR	Western Carolina	8.18 Q	2
2 Rappe, Charles	SO	Davidson	8.58 Q	1
3 Bassett, Brandon	SR	Samford	8.46 Q	2
4 Lusty, Sam	SR	Western Carolina	8.60 Q	1
5 Joseph, Kenley	JR	Appalachian State	8.71 Q	2
6 Faison, Abraham	JR	Western Carolina	8.74 Q	1
7 Isang, Iman	SO	Ut-Chattanooga	8.72 q	2
8 Beausoleil, Matthew	SO	Citadel	8.80 q	1
9 Bell, Tyler	SO	Western Carolina	8.95	2
--- Blake, Eric	FR	Western Carolina	FS	1



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	Name	Yr	School	Prelims	Finals	Points
Finals						
1	Bailey, Marquis	SR	Western Carolina	8.18	8.35	10
2	Faison, Abraham	JR	Western Carolina	8.74	8.35	8
3	Bassett, Brandon	SR	Samford	8.46	8.45	6
4	Rappe, Charles	SO	Davidson	8.58	8.51	5
5	Lusty, Sam	SR	Western Carolina	8.60	8.62	4
6	Joseph, Kenley	JR	Appalachian State	8.71	8.65	3
7	Beausoleil, Matthew	SO	Citadel	8.80	8.68	2
8	Isang, Iman	SO	Ut-Chattanooga	8.72	8.69	1
Preliminaries						
9	Bell, Tyler	SO	Western Carolina	8.95		
---	Blake, Eric	FR	Western Carolina	FS		



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Results**Event 7 Women 60 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Carter, Tayla	SO	Western Carolina	7.45 Q	1
2 Walker, Jasmin	JR	Georgia Southern	7.52 Q	3
3 Alston, Breanna	SR	Appalachian State	7.60 Q	2
4 Fordham, Jordan	SO	Georgia Southern	7.62 Q	2
5 Robinson, Janise	SR	Western Carolina	7.72 Q	1
6 Ruch, Kimberly	SO	Samford	7.75 Q	3
7 Felton, Alyssa	SO	Georgia Southern	7.65 q	2
8 Lewis, Tiffani	FR	Western Carolina	7.74 q	2
9 Tipton, Aarian	SR	Georgia Southern	7.75	3
10 Bethel, Tanisha	JR	Citadel	7.77	1
11 Griffin, Sydney	SO	Elon	7.79	1
12 Coleman, Camryn	SO	Georgia Southern	7.81	2
13 Jackson, Simone	SO	Elon	7.93	3
14 Diggs, Brittany	SR	Western Carolina	8.06	2
15 Badger, Kinnari	SO	Western Carolina	8.08	2
16 Clarke, Krystal	FR	Appalachian State	8.11	1
17 Reinemund, Chrissy	SO	Furman	8.56	1
18 Brandon, Sloan	SO	Wofford	8.68	1
19 Burke, Jordan	JR	Wofford	8.96	3
20 Carr, Lexus	SR	Citadel	9.18	3
--- Turner, Bria	SO	Elon	FS	3



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Results**Event 7 Women 60 Meter Dash**

	Name	Yr	School	Prelims	Finals	Points
Finals						
1	Carter, Tayla	SO	Western Carolina	7.45	7.45	10
2	Walker, Jasmin	JR	Georgia Southern	7.52	7.51	8
3	Alston, Breanna	SR	Appalachian State	7.60	7.62	6
4	Fordham, Jordan	SO	Georgia Southern	7.62	7.74	5
5	Robinson, Janise	SR	Western Carolina	7.72	7.75	4
6	Felton, Alyssa	SO	Georgia Southern	7.65	7.78	3
7	Ruch, Kimberly	SO	Samford	7.75	7.82	2
8	Lewis, Tiffani	FR	Western Carolina	7.74	7.85	1
Preliminaries						
9	Tipton, Aarian	SR	Georgia Southern	7.75		
10	Bethel, Tanisha	JR	Citadel	7.77		
11	Griffin, Sydney	SO	Elon	7.79		
12	Coleman, Camryn	SO	Georgia Southern	7.81		
13	Jackson, Simone	SO	Elon	7.93		
14	Diggs, Brittany	SR	Western Carolina	8.06		
15	Badger, Kinnari	SO	Western Carolina	8.08		
16	Clarke, Krystal	FR	Appalachian State	8.11		
17	Reinemund, Chrissy	SO	Furman	8.56		
18	Brandon, Sloan	SO	Wofford	8.68		
19	Burke, Jordan	JR	Wofford	8.96		
20	Carr, Lexus	SR	Citadel	9.18		
---	Turner, Bria	SO	Elon	FS		



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 8 Men 60 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Brantley, Jamaal	SR	Citadel	6.83 Q	1
2 Emerson, Justin	SR	Samford	6.87 Q	2
3 McRae, Marshall	JR	Appalachian State	6.87 Q	1
4 Hendricks, Jeffery	JR	Western Carolina	6.92 Q	2
5 Wickerson, Jerry	SR	Western Carolina	6.91 Q	1
6 Rahming, Earl	SR	Western Carolina	6.94 Q	2
7 Buckley, William	FR	Appalachian State	7.02 q	2
8 Lewis, Jermaine	SO	Western Carolina	7.03 q	2
9 Hancock, Taylor	JR	Western Carolina	7.05	1
10 Boswell, Demari	JR	Western Carolina	7.08	1
11 Cummings, Keith	JR	Citadel	7.09	1
12 Dalton, Stewart	SR	Davidson	7.10	2
13 Grantland, Hunter	FR	Samford	7.15	1
14 Welsh, Ashby	JR	Citadel	7.21	2
15 Bienfait, Stevin	SO	Wofford	7.30	2
16 Earnhardt, Jesse	FR	Appalachian State	7.31	1



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 8 Men 60 Meter Dash**

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Brantley, Jamaal	SR	Citadel	6.83	6.82	10
2 McRae, Marshall	JR	Appalachian State	6.87	6.85	8
3 Emerson, Justin	SR	Samford	6.87	6.89	6
4 Hendricks, Jeffery	JR	Western Carolina	6.92	6.91	5
5 Wickerson, Jerry	SR	Western Carolina	6.91	6.94	4
6 Lewis, Jermaine	SO	Western Carolina	7.03	6.96	3
7 Buckley, William	FR	Appalachian State	7.02	7.00	2
8 Rahming, Earl	SR	Western Carolina	6.94	7.06	1
Preliminaries					
9 Hancock, Taylor	JR	Western Carolina	7.05		
10 Boswell, Demari	JR	Western Carolina	7.08		
11 Cummings, Keith	JR	Citadel	7.09		
12 Dalton, Stewart	SR	Davidson	7.10		
13 Grantland, Hunter	FR	Samford	7.15		
14 Welsh, Ashby	JR	Citadel	7.21		
15 Bienfait, Stevin	SO	Wofford	7.30		
16 Earnhardt, Jesse	FR	Appalachian State	7.31		



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014

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Results**Event 9 Women 400 Meter Run**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Emrick, Genevieve	JR	Western Carolina	55.53 Q	2
2 Stegall, Asha	FR	Georgia Southern	56.32 Q	1
3 Pash, Jennifer	SO	Elon	57.19 Q	4
4 Bell, Bria	SR	Elon	57.83 Q	3
5 Esposito, Jennifer	SO	Elon	58.12 Q	5
6 Archie-McMillan, Corina	SO	Western Carolina	58.97 Q	7
7 Edwards, Dana	SR	Georgia Southern	59.52 Q	6
8 Elliott, Lena	JR	Western Carolina	57.34 q	4
9 Little, Emani	FR	Citadel	59.48	7
10 Johnson, Sarah	FR	Citadel	59.60	4
11 Gilbert, Rachel	JR	Furman	59.75	2
12 Yansaneh, Sadia	FR	Georgia Southern	59.87	3
13 Wilkins, Shermell	JR	Western Carolina	59.99	1
14 Thomas, Kimberly	JR	Georgia Southern	1:00.45	5
15 Edwards, Deanna	SR	Georgia Southern	1:00.84	1
16 King, Cherrelle	SR	Georgia Southern	1:01.26	6
17 Moss, Alexandria	JR	Citadel	1:01.79	2
18 Conger, Macy	JR	Samford	1:02.09	5
19 Gaines, Holly	SO	Western Carolina	1:02.45	1
20 Snell, Jasmine	FR	Ut-Chattanooga	1:02.50	3
21 Kessler, Katie	SR	Wofford	1:03.09	4
22 McGrath, Morgan	FR	Davidson	1:04.35	7
23 Bullock, Meaisha	JR	Unc-Greensboro	1:05.76	3
24 Ownes, Shauna	FR	Furman	1:06.46	6
25 Brown, Shaakira	SO	Wofford	1:10.40	7
--- Jewkes, Faith	FR	Wofford	DNF	6

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014

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JDL Fast Track / Winston-Salem, NC

Results**Event 9 Women 400 Meter Run**

Name	Yr	School	Prelims	Finals	H#	Points
Finals						
1 Emrick, Genevieve	JR	Western Carolina	55.53	55.62	2	10
2 Stegall, Asha	FR	Georgia Southern	56.32	55.96	2	8
3 Bell, Bria	SR	Elon	57.83	56.28	2	6
4 Pash, Jennifer	SO	Elon	57.19	57.41	2	5
5 Elliott, Lena	JR	Western Carolina	57.34	57.44	1	4
6 Archie-McMillan, Corina	SO	Western Carolina	58.97	57.87	1	3
7 Esposito, Jennifer	SO	Elon	58.12	58.67	1	2
8 Edwards, Dana	SR	Georgia Southern	59.52	59.08	1	1
Preliminaries						
9 Little, Emani	FR	Citadel	59.48			
10 Johnson, Sarah	FR	Citadel	59.60			
11 Gilbert, Rachel	JR	Furman	59.75			
12 Yansaneh, Sadia	FR	Georgia Southern	59.87			
13 Wilkins, Shermell	JR	Western Carolina	59.99			
14 Thomas, Kimberly	JR	Georgia Southern	1:00.45			
15 Edwards, Deanna	SR	Georgia Southern	1:00.84			
16 King, Cherrelle	SR	Georgia Southern	1:01.26			
17 Moss, Alexandria	JR	Citadel	1:01.79			
18 Conger, Macy	JR	Samford	1:02.09			
19 Gaines, Holly	SO	Western Carolina	1:02.45			
20 Snell, Jasmine	FR	Ut-Chattanooga	1:02.50			
21 Kessler, Katie	SR	Wofford	1:03.09			
22 McGrath, Morgan	FR	Davidson	1:04.35			
23 Bullock, Meaisha	JR	Unc-Greensboro	1:05.76			
24 Ownes, Shauna	FR	Furman	1:06.46			
25 Brown, Shaakira	SO	Wofford	1:10.40			
--- Jewkes, Faith	FR	Wofford		DNF		



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 10 Men 400 Meter Run**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Rojas, Raphael	JR	Appalachian State	49.45 Q	4
2 Harris, Aaron	SR	Western Carolina	49.48 Q	1
3 Rahming, Earl	SR	Western Carolina	49.63 Q	2
4 Ortado, Adrian	SO	Western Carolina	49.94 Q	3
5 Boswell, Demari	JR	Western Carolina	50.55 Q	6
6 Blake, Eric	FR	Western Carolina	51.89 Q	5
7 Hanna, Joshua	FR	Appalachian State	50.39 q	1
8 Edgerton, Trey	SO	Appalachian State	51.21 q	1
9 Bailey, Marquis	SR	Western Carolina	51.35	3
10 Williams, Tevin	SO	Citadel	51.40	6
11 Faubion, Nate	JR	Davidson	51.46	2
12 Butler, Travis	JR	Wofford	52.13	4
13 Johnson, Jordan	SR	Citadel	52.41	5
14 Sandifer, DeQuantez	SO	Ut-Chattanooga	52.50	4
15 Norris, Will	FR	Wofford	52.93	2
16 Williams, Corey	FR	Citadel	53.37	1
17 Graham, Garrett	FR	Citadel	53.84	2
18 Ayotunde, Oluwatosin	SO	Ut-Chattanooga	54.13	3
19 Whitaker, Justin	JR	Wofford	54.47	5
20 Ridley, Quentin	FR	Unc-Greensboro	54.53	6
21 Ramsey, Andrew	SO	Unc-Greensboro	1:06.31	3

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Name	Yr	School	Prelims	Finals	H#	Points
Finals						
1 Harris, Aaron	SR	Western Carolina	49.48	48.48	2	10
2 Rojas, Raphael	JR	Appalachian State	49.45	48.56	2	8
3 Rahming, Earl	SR	Western Carolina	49.63	48.80	2	6
4 Ortado, Adrian	SO	Western Carolina	49.94	49.70	2	5
5 Hanna, Joshua	FR	Appalachian State	50.39	50.15	1	4
6 Boswell, Demari	JR	Western Carolina	50.55	50.43	1	3
7 Edgerton, Trey	SO	Appalachian State	51.21	50.56	1	2
8 Blake, Eric	FR	Western Carolina	51.89	50.98	1	1
Preliminaries						
9 Bailey, Marquis	SR	Western Carolina	51.35			
10 Williams, Tevin	SO	Citadel	51.40			
11 Faubion, Nate	JR	Davidson	51.46			
12 Butler, Travis	JR	Wofford	52.13			
13 Johnson, Jordan	SR	Citadel	52.41			
14 Sandifer, DeQuantez	SO	Ut-Chattanooga	52.50			
15 Norris, Will	FR	Wofford	52.93			
16 Williams, Corey	FR	Citadel	53.37			
17 Graham, Garrett	FR	Citadel	53.84			
18 Ayotunde, Oluwatosin	SO	Ut-Chattanooga	54.13			
19 Whitaker, Justin	JR	Wofford	54.47			
20 Ridley, Quentin	FR	Unc-Greensboro	54.53			
21 Ramsey, Andrew	SO	Unc-Greensboro	1:06.31			



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	Name	Yr	School	Finals	H#	Points
Finals						
1	Oram, Allyson	SR	Elon	9:34.97	2	10
2	Henderson, Teghan	SO	Ut-Chattanooga	9:38.15	2	8
3	Buchalski, Allie	FR	Furman	10:04.48	2	6
4	Cagle, Kaitlin	SR	Appalachian State	10:05.37	2	5
5	Bierut, Elyse	FR	Elon	10:05.97	2	4
6	Van Ord, Tristin	FR	Appalachian State	10:06.30	2	3
7	Wooten, Rachel	SO	Samford	10:10.52	2	2
8	Stewart, Keelev	SO	Ut-Chattanooga	10:19.86	2	1
9	Williams, Brittany	SO	Appalachian State	10:25.74	2	
10	Burton, Catherine	FR	Furman	10:33.14	2	
11	Montague, Kelly	SR	Unc-Greensboro	10:43.20	2	
12	Bates, Hayden	FR	Davidson	10:49.36	2	
13	Turner, Caroline	FR	Davidson	11:13.04	1	
14	Ray, Katie	FR	Ut-Chattanooga	11:24.05	1	
15	Egan, Carly	SR	Wofford	11:29.28	1	
16	Ogilbee, Nicole	JR	Citadel	11:38.22	1	
17	Ellsworth, Kiersten	JR	Wofford	11:41.05	1	
18	Fields, Emily	SR	Citadel	12:08.65	1	
---	Hicks, Meredith	SO	Unc-Greensboro	DNF	1	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 12 Men 3000 Meter Run**

	Name	Yr	School	Finals	Points
Finals					
1	Hurt, Tripp	JR	Furman	8:18.06	10
2	Hinkle, Tanner	FR	Furman	8:23.05	8
3	McFoy, Kyle	JR	Appalachian State	8:27.46	6
4	Chase, Whitner	JR	Davidson	8:30.35	5
5	Smithers, Harry	SR	Ut-Chattanooga	8:35.41	4
6	Weishaar, Luke	SO	Samford	8:36.11	3
7	Wanuch, Nathan	SR	Ut-Chattanooga	8:41.26	2
8	Alfaro, Travis	JR	Western Carolina	8:45.23	1
9	Shearer, Lee	FR	Furman	8:51.87	
10	Greathouse, Tyler	SR	Furman	9:25.88	
11	McGahee, Hunter	JR	Wofford	9:28.25	
12	Rice, Jonathan	FR	Wofford	9:40.12	
13	Chandler, Max	FR	Unc-Greensboro	10:02.37	



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Results**Event 13 Women 800 Meter Run**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Howell, Shelby	SO	Appalachian State	2:12.96 Q	4
2 McFarlane, Sherril	SR	Georgia Southern	2:13.64 Q	2
3 Tomlinson, Hayley	SR	Western Carolina	2:17.58 Q	5
4 Stern, Taryn	JR	Appalachian State	2:18.08 Q	3
5 Demedicis, Marie	JR	Samford	2:18.11 Q	1
6 Irvine, Anna	JR	Samford	2:14.03 q	4
7 Keen, Jocelyn	SR	Western Carolina	2:15.56 q	2
8 Behrens, Brigid	SO	Davidson	2:18.01 q	5
9 Hall, Shannon	SR	Unc-Greensboro	2:18.21	1
10 Johansen, Kimberly	FR	Elon	2:19.95	3
11 Menden, Olivia	SO	Davidson	2:20.46	3
12 Madden, Jacqueline	SR	Elon	2:20.85	1
13 Kostecky, Kate	SO	Davidson	2:21.01	4
14 Chamblin, Hannah	FR	Ut-Chattanooga	2:21.60	2
15 Rogers, Chandler	FR	Ut-Chattanooga	2:21.71	5
16 Long, Leigha	FR	Georgia Southern	2:26.39	1
17 McKay, Rachel	FR	Davidson	2:28.58	4
18 Wilson, Samiiah	FR	Unc-Greensboro	2:28.90	2
19 Wenos, Haley	JR	Unc-Greensboro	2:29.60	3
20 Reese, Ambria	JR	Ut-Chattanooga	2:29.74	5
21 Woolley, McKenzie	JR	Furman	2:30.82	2
22 Gay, Elly	FR	Furman	2:32.47	5
23 Williams, Alissa	JR	Wofford	2:34.86	3
24 Elmore, Joanna	FR	Ut-Chattanooga	2:34.90	1
25 Rogers, Halee	FR	Wofford	2:39.51	4



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Results**Event 13 Women 800 Meter Run**

	Name	Yr	School	Prelims	Finals	Points
Finals						
1	McFarlane, Sherril	SR	Georgia Southern	2:13.64	2:10.54	10
2	Demedecis, Marie	JR	Samford	2:18.11	2:11.82	8
3	Howell, Shelby	SO	Appalachian State	2:12.96	2:12.26	6
4	Tomlinson, Hayley	SR	Western Carolina	2:17.58	2:12.28	5
5	Irvine, Anna	JR	Samford	2:14.03	2:13.02	4
6	Stern, Taryn	JR	Appalachian State	2:18.08	2:13.94	3
7	Keen, Jocelyn	SR	Western Carolina	2:15.56	2:15.12	2
8	Behrens, Brigid	SO	Davidson	2:18.01	2:19.97	1
Preliminaries						
9	Hall, Shannon	SR	Unc-Greensboro	2:18.21		
10	Johansen, Kimberly	FR	Elon	2:19.95		
11	Menden, Olivia	SO	Davidson	2:20.46		
12	Madden, Jacqueline	SR	Elon	2:20.85		
13	Kostecky, Kate	SO	Davidson	2:21.01		
14	Chamblin, Hannah	FR	Ut-Chattanooga	2:21.60		
15	Rogers, Chandler	FR	Ut-Chattanooga	2:21.71		
16	Long, Leigha	FR	Georgia Southern	2:26.39		
17	McKay, Rachel	FR	Davidson	2:28.58		
18	Wilson, Samiiah	FR	Unc-Greensboro	2:28.90		
19	Wenos, Haley	JR	Unc-Greensboro	2:29.60		
20	Reese, Ambria	JR	Ut-Chattanooga	2:29.74		
21	Woolley, McKenzie	JR	Furman	2:30.82		
22	Gay, Elly	FR	Furman	2:32.47		
23	Williams, Alissa	JR	Wofford	2:34.86		
24	Elmore, Joanna	FR	Ut-Chattanooga	2:34.90		
25	Rogers, Halee	FR	Wofford	2:39.51		



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Name	Yr	School	Prelims	H#
Preliminaries				
1 Hazouri, Brandon	SO	Samford	1:54.27 Q	1
2 Ivey, William	JR	Furman	1:54.84 Q	3
3 Hendershot, Nathan	SR	Samford	1:54.89 Q	2
4 Rollo, Patrick	SO	Davidson	1:55.55 Q	4
5 Laytham, Wesley	JR	Davidson	1:55.23 q	1
6 Cornwell, Michael	SO	Western Carolina	1:55.44 q	1
7 Janssen, Trevor	SO	Ut-Chattanooga	1:56.42 q	4
8 Carter, Marquis	SO	Ut-Chattanooga	1:57.00 q	3
9 Hayden, Darrell	FR	Citadel	1:57.21	2
10 Bigby, Jamie	SO	Western Carolina	1:57.80	2
11 Murphy, Chris	SO	Unc-Greensboro	1:59.80	3
12 Corson, Francis	FR	Davidson	1:59.81	3
13 Elwood, John	SO	Unc-Greensboro	2:00.20	4
14 Richardson, Ian	JR	Furman	2:00.57	4
15 Hodge, Jonathan	FR	Unc-Greensboro	2:02.77	3
16 Ethridge, Austin	SO	Ut-Chattanooga	2:03.78	2
17 Marshall, Matthew	SO	Ut-Chattanooga	2:07.09	4
18 Boyles, Ben	SR	Wofford	2:07.10	1
19 Darby, Zack	SO	Ut-Chattanooga	2:07.97	1
20 Mossburg, Jurdan	FR	Wofford	2:11.12	2



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Name	Yr	School	Prelims	Finals	Points
Finals					
1 Hendershot, Nathan	SR	Samford	1:54.89	1:51.69	10
2 Hazouri, Brandon	SO	Samford	1:54.27	1:53.14	8
3 Ivey, William	JR	Furman	1:54.84	1:53.26	6
4 Rollo, Patrick	SO	Davidson	1:55.55	1:55.40	5
5 Laytham, Wesley	JR	Davidson	1:55.23	1:56.29	4
6 Cornwell, Michael	SO	Western Carolina	1:55.44	1:56.41	3
7 Carter, Marquis	SO	Ut-Chattanooga	1:57.00	1:57.23	2
8 Janssen, Trevor	SO	Ut-Chattanooga	1:56.42	2:01.13	1
Preliminaries					
9 Hayden, Darrell	FR	Citadel	1:57.21		
10 Bigby, Jamie	SO	Western Carolina	1:57.80		
11 Murphy, Chris	SO	Unc-Greensboro	1:59.80		
12 Corson, Francis	FR	Davidson	1:59.81		
13 Elwood, John	SO	Unc-Greensboro	2:00.20		
14 Richardson, Ian	JR	Furman	2:00.57		
15 Hodge, Jonathan	FR	Unc-Greensboro	2:02.77		
16 Ethridge, Austin	SO	Ut-Chattanooga	2:03.78		
17 Marshall, Matthew	SO	Ut-Chattanooga	2:07.09		
18 Boyles, Ben	SR	Wofford	2:07.10		
19 Darby, Zack	SO	Ut-Chattanooga	2:07.97		
20 Mossburg, Jurdan	FR	Wofford	2:11.12		



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Results**Event 15 Women 200 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Alston, Breanna	SR	Appalachian State	24.57 q	2
2 Carter, Tayla	SO	Western Carolina	24.80 q	1
3 Tipton, Aarian	SR	Georgia Southern	24.97 q	7
4 Walker, Jasmin	JR	Georgia Southern	24.99 q	6
5 Griffin, Sydney	SO	Elon	25.04 q	4
6 Fordham, Jordan	SO	Georgia Southern	25.19 q	5
7 Bell, Bria	SR	Elon	25.74 q	8
8 Bethel, Tanisha	JR	Citadel	25.78 q	1
9 Pash, Jennifer	SO	Elon	25.84	3
10 Archie-McMillan, Corina	SO	Western Carolina	25.88	2
11 Jackson, Simone	SO	Elon	25.92	1
12 Diggs, Brittany	SR	Western Carolina	25.98	5
13 Esposito, Jennifer	SO	Elon	26.05	7
14 Clarke, Krystal	FR	Appalachian State	26.23	8
15 Polite, Prasanna	SO	Samford	26.31	6
16 Robinson, Janise	SR	Western Carolina	26.63	6
17 Turner, Bria	SO	Elon	26.80	2
18 Green, Tiana	SO	Unc-Greensboro	27.59	5
19 Bryan, Chenell	FR	Western Carolina	27.68	5
20 Snell, Jasmine	FR	Ut-Chattanooga	27.87	8
21 Turner, Jaya	FR	Ut-Chattanooga	28.14	4
22 Gardner, Alexis	SO	Unc-Greensboro	28.78	3
23 Reinemund, Chrissy	SO	Furman	28.78	7
24 Brown, Shaakira	SO	Wofford	29.36	8
25 Ownes, Shauna	FR	Furman	29.62	3
26 Burke, Jordan	JR	Wofford	29.74	6
--- Emrick, Genevieve	JR	Western Carolina	FS	4
--- Bates, A'Myrah	JR	Unc-Greensboro	DNF	7
--- Felton, Alyssa	SO	Georgia Southern	DQ	3
--- Stegall, Asha	FR	Georgia Southern	DQ	4



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Results**Event 15 Women 200 Meter Dash**

Name	Yr	School	Prelims	Finals	H#	Points
Finals						
1 Alston, Breanna	SR	Appalachian State	24.57	24.42	2	10
2 Carter, Tayla	SO	Western Carolina	24.80	24.63	2	8
3 Tipton, Aarian	SR	Georgia Southern	24.97	24.81	2	6
4 Walker, Jasmin	JR	Georgia Southern	24.99	24.98	2	5
5 Fordham, Jordan	SO	Georgia Southern	25.19	25.14	1	4
6 Griffin, Sydney	SO	Elon	25.04	25.17	1	3
7 Bethel, Tanisha	JR	Citadel	25.78	25.59	1	2
8 Bell, Bria	SR	Elon	25.74	26.19	1	1
Preliminaries						
9 Pash, Jennifer	SO	Elon	25.84			
10 Archie-McMillan, Corina	SO	Western Carolina	25.88			
11 Jackson, Simone	SO	Elon	25.92			
12 Diggs, Brittany	SR	Western Carolina	25.98			
13 Esposito, Jennifer	SO	Elon	26.05			
14 Clarke, Krystal	FR	Appalachian State	26.23			
15 Polite, Prasanna	SO	Samford	26.31			
16 Robinson, Janise	SR	Western Carolina	26.63			
17 Turner, Bria	SO	Elon	26.80			
18 Green, Tiana	SO	Unc-Greensboro	27.59			
19 Bryan, Chenell	FR	Western Carolina	27.68			
20 Snell, Jasmine	FR	Ut-Chattanooga	27.87			
21 Turner, Jaya	FR	Ut-Chattanooga	28.14			
22 Gardner, Alexis	SO	Unc-Greensboro	28.78			
23 Reinemund, Chrissy	SO	Furman	28.78			
24 Brown, Shaakira	SO	Wofford	29.36			
25 Ownes, Shauna	FR	Furman	29.62			
26 Burke, Jordan	JR	Wofford	29.74			
--- Emrick, Genevieve	JR	Western Carolina		FS		
--- Bates, A'Myrah	JR	Unc-Greensboro		DNF		
--- Felton, Alyssa	SO	Georgia Southern		DQ		
--- Stegall, Asha	FR	Georgia Southern		DQ		

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Name	Yr	School	Prelims	H#
Preliminaries				
1 Brantley, Jamaal	SR	Citadel	22.04 Q	4
2 Hendricks, Jeffery	JR	Western Carolina	22.18 Q	1
3 Wickerson, Jerry	SR	Western Carolina	22.26 Q	5
4 Buckley, William	FR	Appalachian State	22.27 Q	3
5 Ortado, Adrian	SO	Western Carolina	22.50 Q	2
6 Rahming, Earl	SR	Western Carolina	22.38 q	1
7 Boswell, Demari	JR	Western Carolina	22.59 q	4
8 Emerson, Justin	SR	Samford	22.60 q	5
9 McRae, Marshall	JR	Appalachian State	22.68	2
10 Edgerton, Trey	SO	Appalachian State	22.69	4
11 Broaden, Stanley	JR	Appalachian State	22.91	3
12 Lewis, Jermaine	SO	Western Carolina	22.91	1
13 Norris, Will	FR	Wofford	23.43	1
14 Bienfait, Stevin	SO	Wofford	23.51	4
15 Williams, Corey	FR	Citadel	23.98	3
--- Priest, Carson	SR	Furman	DNF	3
--- Williams, Tevin	SO	Citadel	DQ	2

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Results**Event 16 Men 200 Meter Dash**

Name	Yr	School	Prelims	Finals	H#	Points
Finals						
1	Brantley, Jamaal	SR Citadel	22.04	21.97	2	10
2	Hendricks, Jeffery	JR Western Carolina	22.18	22.16	2	8
3	Wickerson, Jerry	SR Western Carolina	22.26	22.29	2	6
4	Buckley, William	FR Appalachian State	22.27	22.44	2	5
5	Rahming, Earl	SR Western Carolina	22.38	22.47	1	4
6	Emerson, Justin	SR Samford	22.60	22.62	1	3
7	Ortado, Adrian	SO Western Carolina	22.50	22.80	1	2
8	Boswell, Demari	JR Western Carolina	22.59	22.83	1	1
Preliminaries						
9	McRae, Marshall	JR Appalachian State	22.68			
10	Edgerton, Trey	SO Appalachian State	22.69			
11	Broaden, Stanley	JR Appalachian State	22.91			
12	Lewis, Jermaine	SO Western Carolina	22.91			
13	Norris, Will	FR Wofford	23.43			
14	Bienfait, Stevin	SO Wofford	23.51			
15	Williams, Corey	FR Citadel	23.98			
---	Priest, Carson	SR Furman	DNF			
---	Williams, Tevin	SO Citadel	DQ			



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Results**Event 17 Men 1 Mile Run**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Dorsett, Layton	SR	Samford	4:24.81 Q	1
2 Jones, Adam	SO	Samford	4:26.42 Q	2
3 Baker, Brock	FR	Furman	4:24.94 Q	1
4 Riech, Nate Gray Wolf	FR	Furman	4:26.77 Q	2
5 Cornett, JC	FR	Western Carolina	4:25.79 Q	1
6 Alston, Tyron	SR	Unc-Greensboro	4:26.96 Q	2
7 Crawford, Josh	SO	Unc-Greensboro	4:26.87 q	1
8 del Giudice, Sal	JR	Davidson	4:27.11 q	2
9 Sailor-Tynes, Grayam	JR	Davidson	4:27.19 q	2
10 Michaels, Alex	SO	Wofford	4:29.71 q	2
11 Cain, Brandon	JR	Unc-Greensboro	4:31.95 q	1
12 Marshall, Matthew	SO	Ut-Chattanooga	4:34.68 q	2
13 Shipp, Dakarai	FR	Unc-Greensboro	4:36.63	1
14 Darby, Zack	SO	Ut-Chattanooga	4:37.50	2
15 Guthrie, David	FR	Unc-Greensboro	4:38.15	1
--- Barber, Jason	FR	Unc-Greensboro	FS	1

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Results**Event 17 Men 1 Mile Run**

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Jones, Adam	SO	Samford	4:26.42	4:17.52	10
2 Baker, Brock	FR	Furman	4:24.94	4:18.27	8
3 Dorsett, Layton	SR	Samford	4:24.81	4:18.37	6
4 Alston, Tyron	SR	Unc-Greensboro	4:26.96	4:21.42	5
5 Sailor-Tynes, Grayam	JR	Davidson	4:27.19	4:21.67	4
6 Cornett, JC	FR	Western Carolina	4:25.79	4:22.44	3
7 Michaels, Alex	SO	Wofford	4:29.71	4:26.03	2
8 Cain, Brandon	JR	Unc-Greensboro	4:31.95	4:26.52	1
9 Crawford, Josh	SO	Unc-Greensboro	4:26.87	4:27.78	
10 Riech, Nate Gray Wolf	FR	Furman	4:26.77	4:30.63	
11 Marshall, Matthew	SO	Ut-Chattanooga	4:34.68	4:30.98	
--- del Giudice, Sal	JR	Davidson	4:27.11	DNF	
Preliminaries					
13 Shipp, Dakarai	FR	Unc-Greensboro	4:36.63		
14 Darby, Zack	SO	Ut-Chattanooga	4:37.50		
15 Guthrie, David	FR	Unc-Greensboro	4:38.15		
--- Barber, Jason	FR	Unc-Greensboro		FS	



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Name	Yr	School	Prelims	H#
Preliminaries				
1 Buchalski, Allie	FR	Furman	5:04.90 Q	2
2 D'Alessio, Lauren	SR	Samford	5:07.08 Q	3
3 Paddon, Sarah	JR	Davidson	5:07.68 Q	1
4 Sumney, Chelsea	SR	Unc-Greensboro	5:04.92 Q	2
5 Stocks, Justine	SR	Appalachian State	5:07.81 Q	3
6 Novotna, Tereza	JR	Elon	5:09.02 Q	1
7 Schneider, Kayla	SR	Appalachian State	5:05.88 q	2
8 Greenwall, Rebecca	SO	Ut-Chattanooga	5:09.48 q	2
9 Burkert, Alyssa	SR	Wofford	5:10.43 q	2
10 Brock, Katelyn	SO	Samford	5:10.44 q	3
11 Bernard, Francis	SO	Samford	5:10.55 q	3
12 Ayers, Katlyn	SO	Unc-Greensboro	5:11.11 q	2
13 Snapp, Kaitlin	FR	Elon	5:13.39	3
14 Montague, Kelly	SR	Unc-Greensboro	5:13.92	1
15 Woolley, McKenzie	JR	Furman	5:20.77	2
16 Sisson, Ann	FR	Furman	5:21.53	1
17 Wolfe, Maddie	FR	Furman	5:23.16	1
18 Schilpp, Hannah	JR	Furman	5:28.24	1
19 Rickard, Maggie	SR	Davidson	5:31.39	3
20 Garland, Madalyn	FR	Ut-Chattanooga	5:35.73	3
21 Ray, Katie	FR	Ut-Chattanooga	5:35.91	2
22 Dewitte, Jessica	SO	Citadel	5:40.65	3
23 Miller, Kate	FR	Unc-Greensboro	5:44.02	1
24 Adkins, Katlyn	FR	Unc-Greensboro	5:56.97	3
--- Philpott, Jessica	JR	Ut-Chattanooga	DNF	2



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Results**Event 18 Women 1 Mile Run**

Name	Yr	School	Prelims	Finals	Points
Finals					
1 D'Alessio, Lauren	SR	Samford	5:07.08	4:58.51	10
2 Sumney, Chelsea	SR	Unc-Greensboro	5:04.92	5:00.85	8
3 Novotna, Tereza	JR	Elon	5:09.02	5:01.15	6
4 Paddon, Sarah	JR	Davidson	5:07.68	5:01.73	5
5 Buchalski, Allie	FR	Furman	5:04.90	5:08.27	4
6 Stocks, Justine	SR	Appalachian State	5:07.81	5:08.32	3
7 Bernard, Francis	SO	Samford	5:10.55	5:10.71	2
8 Greenwall, Rebecca	SO	Ut-Chattanooga	5:09.48	5:12.70	1
9 Brock, Katelyn	SO	Samford	5:10.44	5:15.25	
10 Schneider, Kayla	SR	Appalachian State	5:05.88	5:15.42	
11 Ayers, Katlyn	SO	Unc-Greensboro	5:11.11	5:15.45	
12 Burkert, Alyssa	SR	Wofford	5:10.43	5:28.55	
Preliminaries					
13 Snapp, Kaitlin	FR	Elon	5:13.39		
14 Montague, Kelly	SR	Unc-Greensboro	5:13.92		
15 Woolley, McKenzie	JR	Furman	5:20.77		
16 Sisson, Ann	FR	Furman	5:21.53		
17 Wolfe, Maddie	FR	Furman	5:23.16		
18 Schilpp, Hannah	JR	Furman	5:28.24		
19 Rickard, Maggie	SR	Davidson	5:31.39		
20 Garland, Madalyn	FR	Ut-Chattanooga	5:35.73		
21 Ray, Katie	FR	Ut-Chattanooga	5:35.91		
22 Dewitte, Jessica	SO	Citadel	5:40.65		
23 Miller, Kate	FR	Unc-Greensboro	5:44.02		
24 Adkins, Katlyn	FR	Unc-Greensboro	5:56.97		
--- Philpott, Jessica	JR	Ut-Chattanooga		DNF	



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Results**Event 19 Women 4x400 Meter Relay**

Team	Relay	Finals	H#	Points
Finals				
1 Georgia Southern 1) Edwards, Dana SR	A 2) McFarlane, Sherril SR	3:50.02 3) King, Cherrelle SR	2 4) Stegall, Asha FR	10
2 Appalachian State 1) Stern, Taryn JR	A 2) Clarke, Krystal FR	3:51.12 3) Alston, Breanna SR	2 4) Howell, Shelby SO	8
3 Elon 1) Bell, Bria SR	A 2) Esposito, Jennifer SO	3:52.42 3) Luedke, Veronica SR	2 4) Pash, Jennifer SO	6
4 Citadel 1) Johnson, Sarah FR	A 2) Moss, Alexandria JR	3:59.06 3) Little, Emani FR	2 4) Bethel, Tanisha JR	5
5 Samford 1) Ruch, Kimberly SO	A 2) Polite, Prasanna SO	3:59.60 3) Cope, Ashley SR	1 4) Demedicis, Marie JR	4
6 Davidson 1) Gruber, Ashlyn SO	A 2) Behrens, Brigid SO	4:02.98 3) Rieden, Hannah FR	2 4) Watt, Grace JR	3
7 Ut-Chattanooga 1) Cader, Gabby SR	A 2) Rogers, Chandler FR	4:03.74 3) Howard, Kianna SO	1 4) Snell, Jasmine FR	2
8 Western Carolina 1) Archie-McMillan, Corina SO	A 2) Emrick, Genevieve JR	4:07.15 3) Elliott, Lena JR	2 4) Carter, Tayla SO	1
9 Furman 1) Gilbert, Rachel JR	A 2) Buchalski, Allie FR	4:09.74 3) Wolfe, Maddie FR	1 4) Ownes, Shauna FR	
10 Wofford 1) Kessler, Katie SR	A 2) Williams, Alissa JR	4:15.28 3) Burkert, Alyssa SR	1 4) Egan, Carly SR	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 20 Men 4x400 Meter Relay**

Team	Relay			Finals	H#	Points
Finals						
1 Western Carolina	A			3:19.35	2	10
1) Rahming, Earl SR	2) Harris, Aaron SR	3) Boswell, Demari JR	4) Ortado, Adrian SO			
2 Appalachian State	A			3:21.44	2	8
1) Hanna, Joshua FR	2) Edgerton, Trey SO	3) Broaden, Stanley JR	4) Rojas, Raphael JR			
3 Citadel	A			3:22.26	2	6
1) Brantley, Jamaal SR	2) Johnson, Jordan SR	3) Hayden, Darrell FR	4) Williams, Tevin SO			
4 Davidson	A			3:25.70	2	5
1) Rappe, Charles SO	2) Rollo, Patrick SO	3) Laytham, Wesley JR	4) Faubion, Nate JR			
5 Ut-Chattanooga	A			3:29.09	2	4
1) Sandifer, DeQuantez SO	2) Janssen, Trevor SO	3) Carter, Marquis SO	4) O'Brien, Patrick JR			
6 Furman	A			3:33.13	1	3
1) Duskin, Zach SR	2) Herrin, Candler FR	3) Ivey, William JR	4) Baker, Brock FR			
7 Wofford	A			3:42.44	1	2
1) Butler, Travis JR	2) Whitaker, Justin JR	3) Parrott, Sam JR	4) Michaels, Alex SO			

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014

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JDL Fast Track / Winston-Salem, NC

Results**Event 21 Women Weight Throw**

	Name	Yr	School	Finals		Points
Finals						
1	Bradshaw, Alisha	JR	Western Carolina	19.27m	63-02.75	2 10
2	Watkins, Gayshawna	SR	Appalachian State	17.60m	57-09.00	2 8
3	DeLeon, Ana	SR	Appalachian State	17.37m	57-00.00	2 6
4	Parnell, Jocelyn	SR	Appalachian State	17.30m	56-09.25	2 5
5	Tate, Brianna	SO	Appalachian State	17.11m	56-01.75	2 4
6	Arnold, Kelsey	FR	Georgia Southern	16.97m	55-08.25	2 3
7	Horton, Aerial	FR	Samford	15.94m	52-03.75	1 2
8	Withers, Megan	JR	Western Carolina	15.23m	49-11.75	2 1
9	Poole, Katelyn	JR	Samford	15.13m	49-07.75	1
10	Cook, Hailey	FR	Western Carolina	14.94m	49-00.25	1
10	Thomas, Ashley	SR	Georgia Southern	14.94m	49-00.25	1
12	McWhorter, India	FR	Appalachian State	14.79m	48-06.25	2
13	Suydam, Jasmine	JR	Appalachian State	14.49m	47-06.50	1
14	Brining, Kristin	JR	Samford	14.47m	47-05.75	1
15	Love, Andriana	SR	Citadel	14.36m	47-01.50	1
16	Henzler, Stephanie	JR	Georgia Southern	13.82m	45-04.25	1
17	Holt, Kimberlyn	SR	Elon	13.79m	45-03.00	1
18	Levermann, Nicole	SR	Citadel	12.22m	40-01.25	1
19	Moore, Kaitlyn	FR	Citadel	9.96m	32-08.25	1
---	Morgan, Charlise	SR	Elon	FOUL		2
---	Birks, Kayleigh	SR	Elon	FOUL		2

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 22 Men Weight Throw**

	Name	Yr	School	Finals		Points	
Finals							
1	Johnson, Jared	SO	Western Carolina	18.18m	59-07.75	2	10
2	Howes, Jonathan	JR	Appalachian State	16.63m	54-06.75	2	8
3	Hill, Brian	SO	Samford	16.32m	53-06.50	2	6
4	Leonard, John	SO	Appalachian State	16.09m	52-09.50	2	5
5	Porter, Geno	JR	Citadel	16.05m	52-08.00	2	4
6	VanderGulik, Ian	SR	Citadel	15.51m	50-10.75	1	3
7	Gidado, Dylan	SR	Citadel	15.43m	50-07.50	1	2
8	Jordan, Sidney	JR	Samford	15.39m	50-06.00	2	1
9	Allen, Clay	SR	Citadel	15.36m	50-04.75	1	
10	Benesh, Andy	JR	Western Carolina	14.81m	48-07.25	1	
11	Lasater, Mason	SO	Appalachian State	14.71m	48-03.25	2	
12	Milch, Nathan	FR	Appalachian State	14.42m	47-03.75	2	
13	Sansotta, Nick	JR	Appalachian State	13.45m	44-01.50	1	
14	Smith, Brian	FR	Samford	12.45m	40-10.25	1	
15	Hayworth, James	FR	Wofford	9.99m	32-09.50	1	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 23 Women Shot Put**

	Name	Yr	School	Finals		Points	
Finals							
1	Tate, Brianna	SO	Appalachian State	14.82m	48-07.50	2	10
2	Morgan, Charlise	SR	Elon	14.78m	48-06.00	2	8
3	Cook, Hailey	FR	Western Carolina	14.14m	46-04.75	2	6
4	Horton, Aerial	FR	Samford	13.96m	45-09.75	2	5
5	Suydam, Jasmine	JR	Appalachian State	13.69m	44-11.00	2	4
6	Bradshaw, Alisha	JR	Western Carolina	13.49m	44-03.25	2	3
7	Poole, Katelyn	JR	Samford	13.48m	44-02.75	2	2
8	Warren, Breanna	FR	Elon	13.14m	43-01.50	2	1
9	Watkins, Gayshawna	SR	Appalachian State	13.08m	42-11.00	2	
10	Parnell, Jocelyn	SR	Appalachian State	12.74m	41-09.75	1	
11	Love, Andriana	SR	Citadel	12.52m	41-01.00	1	
12	Withers, Megan	JR	Western Carolina	12.26m	40-02.75	1	
13	DeLeon, Ana	SR	Appalachian State	12.16m	39-10.75	1	
14	Thomas, Ashley	SR	Georgia Southern	12.06m	39-07.00	1	
15	Holt, Kimberlyn	SR	Elon	11.87m	38-11.50	1	
16	McWhorter, India	FR	Appalachian State	11.85m	38-10.50	2	
17	Arnold, Kelsey	FR	Georgia Southern	11.03m	36-02.25	1	
18	Moore, Kaitlyn	FR	Citadel	9.75m	32-00.00	1	
19	Bidgood, Alex	FR	Wofford	8.93m	29-03.75	1	
20	Williams, Emily	FR	Wofford	7.78m	25-06.25	1	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 24 Men Shot Put**

Name		Yr	School	Finals		Points	
Finals							
1	Johnson, Jared	SO	Western Carolina	15.51m	50-10.75	2	10
2	Gidado, Dylan	SR	Citadel	15.23m	49-11.75	2	8
3	Jordan, Sidney	JR	Samford	15.03m	49-03.75	2	6
4	Milch, Nathan	FR	Appalachian State	14.72m	48-03.50	2	5
5	Smith, Brian	FR	Samford	14.60m	47-11.00	2	4
6	Leonard, John	SO	Appalachian State	14.56m	47-09.25	2	3
7	VanderGulik, Ian	SR	Citadel	14.55m	47-09.00	1	2
8	Hill, Brian	SO	Samford	14.47m	47-05.75	2	1
9	Sansotta, Nick	JR	Appalachian State	14.25m	46-09.00	2	
10	Benesh, Andy	JR	Western Carolina	13.91m	45-07.75	1	
11	Howes, Jonathan	JR	Appalachian State	13.12m	43-00.50	1	
12	Lasater, Mason	SO	Appalachian State	12.47m	40-11.00	1	
13	Hayworth, James	FR	Wofford	12.00m	39-04.50	1	
---	McCurry, Andrew	SR	Wofford	FOUL		1	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 25 Women High Jump Starting Hei**

	Name	Yr	School	Finals		Points
Finals						
1	Starege, Anisia	FR	Western Carolina	1.75m	5-08.75	10
2	Harris, Keyanna	SO	Georgia Southern	1.70m	5-07.00	8
3	Bass, Xaveria	JR	Western Carolina	J1.70m	5-07.00	6
4	Fagan, Molly	SO	Western Carolina	1.65m	5-05.00	4.50
4	Florence, Audrey	FR	Appalachian State	1.65m	5-05.00	4.50
6	Laird, Haley	JR	Elon	J1.65m	5-05.00	3
7	Abraham, Carrie	FR	Elon	J1.65m	5-05.00	1.50
7	Kirschling, Megan	SO	Elon	J1.65m	5-05.00	1.50
9	Roten, Makayla	FR	Appalachian State	J1.65m	5-05.00	
10	Montgomery, Mary Theresa	SR	Appalachian State	1.60m	5-03.00	
11	Prengaman, Courtney	FR	Samford	1.55m	5-01.00	
11	Levermann, Nicole	SR	Citadel	1.55m	5-01.00	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 26 Men High Jump Opening Heig**

	Name	Yr	School	Finals		Points
Finals						
1	Bassett, Brandon	SR	Samford	2.09m	6-10.25	10
2	Allen, Samuel	FR	Appalachian State	2.04m	6-08.25	8
3	Elliott II, Bob	SR	Samford	1.99m	6-06.25	6
4	Nosbisch, Jackson	FR	Citadel	1.94m	6-04.25	5
5	Johnson, Tevin	SO	Wofford	1.89m	6-02.25	4
6	Goff, Darrow	SO	Appalachian State	J1.89m	6-02.25	3
7	McNeil, Bob	SR	Western Carolina	J1.89m	6-02.25	2
8	Noel, Mick	FR	Citadel	1.84m	6-00.50	1
9	Triplett, Dustin	SO	Western Carolina	1.79m	5-10.50	
---	Killings, Xzavier	SO	Davidson	NH		
---	Carswell, Christian	SO	Western Carolina	NH		



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 27 Women Pole Vault Starting Hei**

	Name	Yr	School	Finals		Points
Finals						
1	Johnson, Morgan	FR	Samford	3.87m	12-08.25	10
2	Crawford, Cassandra	SR	Appalachian State	3.77m	12-04.50	7
2	Cope, Ashley	SR	Samford	3.77m	12-04.50	7
4	Goodson, Claire	SR	Samford	J3.77m	12-04.50	5
5	Domermuth, Debra	JR	Appalachian State	3.62m	11-10.50	3.50
5	Farr, Chelsea	JR	Appalachian State	3.62m	11-10.50	3.50
7	Ressler, Devyn	JR	Western Carolina	J3.62m	11-10.50	1.50
7	Eustace, Emily	FR	Samford	J3.62m	11-10.50	1.50
9	Diener, Audrey	SO	Appalachian State	3.47m	11-04.50	
10	Cook, Sydney	JR	Appalachian State	J3.47m	11-04.50	
10	Smith, Claire	JR	Elon	J3.47m	11-04.50	
12	Proffitt, Sage	SO	Western Carolina	J3.47m	11-04.50	
13	Bennett, Korie	SO	Western Carolina	3.32m	10-10.75	
14	Marshall, Molly	JR	Davidson	J3.32m	10-10.75	
---	Emmrich, Savannah	JR	Citadel	NH		

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 28 Men Pole Vault Starting Hei**

	Name	Yr School	Finals		Points
Finals					
1	Thomas, Phillip	FR Appalachian State	4.70m	15-05.00	10
2	Triplett, Dustin	SO Western Carolina	J4.70m	15-05.00	8
3	Lomax, Alex	JR Appalachian State	4.55m	14-11.00	5.50
3	Layne, Matt	FR Appalachian State	4.55m	14-11.00	5.50
5	Bassett, Brandon	SR Samford	J4.55m	14-11.00	4
6	Leonard, Keith	SR Western Carolina	J4.55m	14-11.00	3
7	Melton, David	SR Citadel	J4.55m	14-11.00	2
8	Thrasher, Chris	FR Samford	J4.55m	14-11.00	1
9	Lorensen, Michael	SR Davidson	4.40m	14-05.25	
10	Lusty, Sam	SR Western Carolina	J4.40m	14-05.25	
11	Boozer, Mark	SR Citadel	4.25m	13-11.25	
---	Aikman, Ian	SR Citadel	NH		

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014

www.TimingInc.com

JDL Fast Track / Winston-Salem, NC

Results**Event 29 Women Long Jump**

Name		Yr	School	Finals		Points	
Finals							
1	Walker, Jasmin	JR	Georgia Southern	6.01m	19-08.75	2	10
2	Charley, Nicole	SR	Samford	5.97m	19-07.00	2	8
3	Alston, Breanna	SR	Appalachian State	5.90m	19-04.25	1	6
4	Lewis, Tiffani	FR	Western Carolina	5.72m	18-09.25	2	5
5	Abraham, Carrie	FR	Elon	J5.72m	18-09.25	2	4
6	Coleman, Camryn	SO	Georgia Southern	5.68m	18-07.75	1	3
7	Rasheed, Ashleigh	SO	Georgia Southern	5.61m	18-05.00	1	2
8	Felton, Alyssa	SO	Georgia Southern	5.60m	18-04.50	2	1
9	Clarke, Krystal	FR	Appalachian State	5.52m	18-01.50	1	
10	Hardy, Hannah	SO	Samford	5.41m	17-09.00	2	
11	Cope, Ashley	SR	Samford	5.33m	17-06.00	2	
12	Bryan, Chenell	FR	Western Carolina	5.26m	17-03.25	2	
13	Charles, Brianna	SR	Georgia Southern	5.24m	17-02.25	1	
14	Borowycz, Marie	SO	Elon	5.05m	16-07.00	1	
15	Coyle, Jayna	FR	Elon	4.83m	15-10.25	1	
16	Johnson, Taylor	SO	Georgia Southern	4.61m	15-01.50	1	
17	Brandon, Sloan	SO	Wofford	4.45m	14-07.25	1	
18	Carpenter, Nicole	SO	Wofford	4.07m	13-04.25	1	
---	Birek, Michaela	JR	Western Carolina	FOUL		2	
---	Badger, Kinnari	SO	Western Carolina	FOUL		2	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 30 Men Long Jump**

	Name	Yr	School	Finals		Points	
Finals							
1	McSwain, Josh	FR	Western Carolina	7.30m	23-11.50	2	10
2	Jones, Edward	SR	Citadel	J7.30m	23-11.50	2	8
3	Bassett, Brandon	SR	Samford	7.17m	23-06.25	2	6
4	Bustle, Henry	JR	Appalachian State	7.03m	23-00.75	2	5
5	Tiller, Jamal	SR	Appalachian State	7.01m	23-00.00	1	4
6	McNeil, Bob	SR	Western Carolina	6.93m	22-09.00	2	3
7	Johnson, Tevin	SO	Wofford	6.81m	22-04.25	2	2
8	Adeneye, Adedeji	SR	Appalachian State	6.76m	22-02.25	1	1
9	Bell, Tyler	SO	Western Carolina	J6.76m	22-02.25	1	
10	Johnson, David	SO	Western Carolina	6.68m	21-11.00	2	
11	Lusty, Sam	SR	Western Carolina	6.63m	21-09.00	1	
12	Dalton, Stewart	SR	Davidson	6.57m	21-06.75	1	
13	Killings, Xzavier	SO	Davidson	6.53m	21-05.25	1	
14	Earnhardt, Jesse	FR	Appalachian State	6.50m	21-04.00	2	
15	Cuccaro, Antonio	FR	Citadel	6.11m	20-00.50	1	
16	Herrin, Candler	FR	Furman	5.87m	19-03.25	1	
17	Priest, Carson	SR	Furman	5.08m	16-08.00	1	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 31 Women Triple Jump**

	Name	Yr	School	Finals		Points	
Finals							
1	Charley, Nicole	SR	Samford	12.58m	41-03.25	2	10
2	Rasheed, Ashleigh	SO	Georgia Southern	12.31m	40-04.75	2	8
3	Lewis, Tiffani	FR	Western Carolina	11.33m	37-02.25	1	6
4	Abraham, Carrie	FR	Elon	11.27m	36-11.75	2	5
5	Charles, Brianna	SR	Georgia Southern	11.17m	36-07.75	2	4
6	Bass, Xaveria	JR	Western Carolina	11.16m	36-07.50	1	3
7	Badger, Kinnari	SO	Western Carolina	11.09m	36-04.75	2	2
8	Coyle, Jayna	FR	Elon	11.00m	36-01.25	2	1
9	Hardy, Hannah	SO	Samford	10.89m	35-08.75	1	
10	Johnson, Taylor	SO	Georgia Southern	10.71m	35-01.75	2	
11	Coleman, Camryn	SO	Georgia Southern	10.63m	34-10.50	2	
12	Kearse, LeNiesha	FR	Western Carolina	10.55m	34-07.50	1	
13	Starege, Anisia	FR	Western Carolina	10.47m	34-04.25	1	
14	Borowycz, Marie	SO	Elon	10.43m	34-02.75	1	
15	Owens, Shauna	FR	Furman	9.94m	32-07.50	1	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 32 Men Triple Jump**

	Name	Yr	School	Finals		Points	
Finals							
1	Tiller, Jamal	SR	Appalachian State	15.44m	50-08.00	2	10
2	Adeneye, Adedeji	SR	Appalachian State	15.29m	50-02.00	2	8
3	McSwain, Josh	FR	Western Carolina	15.19m	49-10.00	2	6
4	McNeil, Bob	SR	Western Carolina	14.84m	48-08.25	2	5
5	Johnson, David	SO	Western Carolina	14.43m	47-04.25	2	4
6	Bustle, Henry	JR	Appalachian State	14.33m	47-00.25	2	3
7	Stovall, James	FR	Ut-Chattanooga	14.07m	46-02.00	2	2
8	Elliott II, Bob	SR	Samford	13.79m	45-03.00	1	1
9	Bell, Tyler	SO	Western Carolina	13.74m	45-01.00	2	
10	Jones, Edward	SR	Citadel	13.58m	44-06.75	1	
11	Killings, Xzavier	SO	Davidson	13.52m	44-04.25	1	
12	Lusty, Sam	SR	Western Carolina	13.41m	44-00.00	1	
13	Brown, Valian	SR	Citadel	13.39m	43-11.25	1	
14	Powell, Chris	FR	Davidson	12.53m	41-01.50	1	
15	Herrin, Candler	FR	Furman	12.50m	41-00.25	1	

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 33 Women Indoor Pentathlon**

	Name	Yr	School	Finals	Points
Finals					
1	Cope, Ashley	SR	Samford	3461	10
2	Rasheed, Ashleigh	SO	Georgia Southern	3409	8
3	Levermann, Nicole	SR	Citadel	3336	6
4	Blanco, Danielle	JR	Samford	3269	5
5	Birek, Michaela	JR	Western Carolina	3224	4
6	Gaines, Holly	SO	Western Carolina	3193	3
7	Kearse, LeNiesha	FR	Western Carolina	3085	2
8	Johnson, Morgan	FR	Samford	3037	1
9	Johnson, Taylor	SO	Georgia Southern	2958	
10	Luedke, Veronica	SR	Elon	2914	
11	Brown, Samantha	SO	Elon	2680	
12	Czarnecki, Christina	FR	Appalachian State	2488	
13	Hope, Vanessa	SR	Citadel	2197	
14	Emmrich, Savannah	JR	Citadel	2192	
15	Hardy, Hannah	SO	Samford	1838	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 33 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Cope, Ashley	SR	Samford	8.83	1	946
2	Kearse, LeNiesha	FR	Western Carolina	9.03	5	904
3	Birek, Michaela	JR	Western Carolina	9.08	2	893
4	Rasheed, Ashleigh	SO	Georgia Southern	9.36	1	836
5	Levermann, Nicole	SR	Citadel	9.39	3	830
6	Johnson, Morgan	FR	Samford	9.40	5	828
7	Luedke, Veronica	SR	Elon	9.42	1	824
8	Blanco, Danielle	JR	Samford	9.48	3	812
9	Hardy, Hannah	SO	Samford	9.50	5	808
10	Gaines, Holly	SO	Western Carolina	9.60	4	789
11	Czarnecki, Christina	FR	Appalachian State	9.64	2	781
12	Johnson, Taylor	SO	Georgia Southern	10.06	2	701
13	Brown, Samantha	SO	Elon	10.41	4	637
14	Emmrich, Savannah	JR	Citadel	10.86	4	560
15	Hope, Vanessa	SR	Citadel	10.99	3	538



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 33 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

	Name	Yr School	Finals		Points
Finals					
1	Levermann, Nicole	SR Citadel	1.62m	5-03.75	759
2	Cope, Ashley	SR Samford	1.59m	5-02.50	724
3	Blanco, Danielle	JR Samford	1.53m	5-00.25	655
4	Rasheed, Ashleigh	SO Georgia Southern	1.50m	4-11.00	621
4	Kearse, LeNiesha	FR Western Carolina	1.50m	4-11.00	621
4	Johnson, Taylor	SO Georgia Southern	1.50m	4-11.00	621
4	Birek, Michaela	JR Western Carolina	1.50m	4-11.00	621
4	Johnson, Morgan	FR Samford	1.50m	4-11.00	621
9	Hardy, Hannah	SO Samford	1.44m	4-08.75	555
10	Luedke, Veronica	SR Elon	1.41m	4-07.50	523
10	Gaines, Holly	SO Western Carolina	1.41m	4-07.50	523
12	Brown, Samantha	SO Elon	1.38m	4-06.25	491
12	Czarnecki, Christina	FR Appalachian State	1.38m	4-06.25	491
14	Emmrich, Savannah	JR Citadel	1.32m	4-04.00	429
15	Hope, Vanessa	SR Citadel	1.29m	4-02.75	399

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 33 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

	Name	Yr School	Finals		Points
Finals					
1	Levermann, Nicole	SR Citadel	10.71m	35-01.75	576
2	Cope, Ashley	SR Samford	10.16m	33-04.00	540
3	Johnson, Taylor	SO Georgia Southern	10.14m	33-03.25	539
4	Rasheed, Ashleigh	SO Georgia Southern	10.05m	32-11.75	533
5	Gaines, Holly	SO Western Carolina	9.48m	31-01.25	495
6	Blanco, Danielle	JR Samford	9.22m	30-03.00	479
7	Hardy, Hannah	SO Samford	9.16m	30-00.75	475
8	Kearse, LeNiesha	FR Western Carolina	8.66m	28-05.00	442
9	Johnson, Morgan	FR Samford	8.63m	28-03.75	440
10	Brown, Samantha	SO Elon	8.48m	27-10.00	430
10	Birek, Michaela	JR Western Carolina	8.48m	27-10.00	430
12	Czarnecki, Christina	FR Appalachian State	7.49m	24-07.00	366
13	Emmrich, Savannah	JR Citadel	7.47m	24-06.25	365
14	Luedke, Veronica	SR Elon	7.05m	23-01.75	338
15	Hope, Vanessa	SR Citadel	6.80m	22-03.75	322

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 33 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

	Name	Yr School	Finals		Points
Finals					
1	Cope, Ashley	SR Samford	5.60m	18-04.50	729
2	Rasheed, Ashleigh	SO Georgia Southern	5.53m	18-01.75	709
3	Birek, Michaela	JR Western Carolina	5.49m	18-00.25	697
4	Levermann, Nicole	SR Citadel	5.16m	16-11.25	603
5	Gaines, Holly	SO Western Carolina	5.10m	16-08.75	587
6	Johnson, Taylor	SO Georgia Southern	5.06m	16-07.25	576
7	Kearse, LeNiesha	FR Western Carolina	5.05m	16-07.00	573
8	Blanco, Danielle	JR Samford	4.97m	16-03.75	551
9	Luedke, Veronica	SR Elon	4.87m	15-11.75	524
10	Johnson, Morgan	FR Samford	4.85m	15-11.00	519
11	Brown, Samantha	SO Elon	4.50m	14-09.25	428
12	Hope, Vanessa	SR Citadel	4.45m	14-07.25	416
13	Czarnecki, Christina	FR Appalachian State	4.44m	14-07.00	413
14	Emmrich, Savannah	JR Citadel	4.24m	13-11.00	364
---	Hardy, Hannah	SO Samford	ND		

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 33 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals	Points
Finals				
1 Gaines, Holly	SO	Western Carolina	2:21.84	799
2 Blanco, Danielle	JR	Samford	2:23.85	772
3 Rasheed, Ashleigh	SO	Georgia Southern	2:28.67	710
4 Luedke, Veronica	SR	Elon	2:29.01	705
5 Brown, Samantha	SO	Elon	2:29.94	694
6 Johnson, Morgan	FR	Samford	2:35.17	629
7 Birek, Michaela	JR	Western Carolina	2:39.11	583
8 Levermann, Nicole	SR	Citadel	2:40.44	568
9 Kearse, LeNiesha	FR	Western Carolina	2:42.48	545
10 Hope, Vanessa	SR	Citadel	2:44.51	522
11 Cope, Ashley	SR	Samford	2:44.52	522
12 Johnson, Taylor	SO	Georgia Southern	2:44.62	521
13 Emmrich, Savannah	JR	Citadel	2:48.98	474
14 Czarnecki, Christina	FR	Appalachian State	2:52.60	437
--- Hardy, Hannah	SO	Samford	DNF	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Men Heptathlon**

	Name	Yr	School	Finals	Points
Finals					
1	Carswell, Christian	SO	Western Carolina	4681	10
2	Lusty, Sam	SR	Western Carolina	4648	8
3	Powers, Jackson	FR	Appalachian State	4351	6
4	Bell, Tyler	SO	Western Carolina	4072	5
5	Patterson, Andrew	FR	Samford	4020	4
6	Aikman, Ian	SR	Citadel	3838	3
7	Parrott, Sam	JR	Wofford	3057	2



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #1 Men 60 Meter Dash Heptathlon**

	Name	Yr	School	Finals	Points
Finals					
1	Carswell, Christian	SO	Western Carolina	7.31	775
2	Lusty, Sam	SR	Western Carolina	7.40	745
3	Bell, Tyler	SO	Western Carolina	7.55	697
4	Aikman, Ian	SR	Citadel	7.60	681
5	Powers, Jackson	FR	Appalachian State	7.65	665
6	Patterson, Andrew	FR	Samford	7.66	662
7	Parrott, Sam	JR	Wofford	7.81	616



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #2 Men Long Jump Heptathlon**

	Name	Yr School	Finals		Points
Finals					
1	Lusty, Sam	SR Western Carolina	6.84m	22-05.25	776
2	Bell, Tyler	SO Western Carolina	6.76m	22-02.25	757
3	Carswell, Christian	SO Western Carolina	6.60m	21-08.00	720
4	Patterson, Andrew	FR Samford	5.96m	19-06.75	578
5	Parrott, Sam	JR Wofford	5.69m	18-08.00	521
6	Powers, Jackson	FR Appalachian State	5.65m	18-06.50	512
7	Aikman, Ian	SR Citadel	5.19m	17-00.50	419



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #3 Men Shot Put Heptathlon**

	Name	Yr School	Finals		Points
Finals					
1	Aikman, Ian	SR Citadel	12.19m	40-00.00	618
2	Powers, Jackson	FR Appalachian State	11.34m	37-02.50	566
3	Patterson, Andrew	FR Samford	10.09m	33-01.25	491
4	Lusty, Sam	SR Western Carolina	10.03m	32-11.00	487
5	Bell, Tyler	SO Western Carolina	9.94m	32-07.50	482
6	Carswell, Christian	SO Western Carolina	9.74m	31-11.50	470
7	Parrott, Sam	JR Wofford	8.82m	28-11.25	415



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #4 Men High Jump Heptathlon**

	Name	Yr School	Finals		Points
Finals					
1	Carswell, Christian	SO Western Carolina	1.88m	6-02.00	696
2	Lusty, Sam	SR Western Carolina	1.79m	5-10.50	619
3	Bell, Tyler	SO Western Carolina	1.76m	5-09.25	593
4	Patterson, Andrew	FR Samford	1.73m	5-08.00	569
5	Powers, Jackson	FR Appalachian State	1.67m	5-05.75	520
6	Aikman, Ian	SR Citadel	1.64m	5-04.50	496
7	Parrott, Sam	JR Wofford	1.52m	4-11.75	404

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Lusty, Sam	SR	Western Carolina	8.72	1	809
2	Bell, Tyler	SO	Western Carolina	9.04	2	737
3	Powers, Jackson	FR	Appalachian State	9.17	1	709
4	Carswell, Christian	SO	Western Carolina	9.22	2	698
5	Aikman, Ian	SR	Citadel	9.81	3	578
6	Patterson, Andrew	FR	Samford	10.03	3	535
7	Parrott, Sam	JR	Wofford	11.28	1	325

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #6 Men Pole Vault Heptathlon**

	Name	Yr School	Finals		Points
Finals					
1	Carswell, Christian	SO Western Carolina	4.15m	13-07.25	659
2	Lusty, Sam	SR Western Carolina	3.95m	12-11.50	603
2	Powers, Jackson	FR Appalachian State	3.95m	12-11.50	603
4	Aikman, Ian	SR Citadel	3.85m	12-07.50	576
5	Patterson, Andrew	FR Samford	3.35m	10-11.75	444
6	Bell, Tyler	SO Western Carolina	2.85m	9-04.25	321
---	Parrott, Sam	JR Wofford		NH	



Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results****Event 34 Heptathlon: #7 Men 1000 Meter Dash Heptathlon**

	Name	Yr	School	Finals	Points
Finals					
1	Powers, Jackson	FR	Appalachian State	2:48.96	776
2	Parrott, Sam	JR	Wofford	2:49.00	776
3	Patterson, Andrew	FR	Samford	2:52.32	741
4	Carswell, Christian	SO	Western Carolina	3:00.13	663
5	Lusty, Sam	SR	Western Carolina	3:05.70	609
6	Bell, Tyler	SO	Western Carolina	3:19.57	485
7	Aikman, Ian	SR	Citadel	3:21.39	470

Southern Conference Indoor Championship 2014 - 3/1/2014 to 3/2/2014**www.TimingInc.com****JDL Fast Track / Winston-Salem, NC****Results**Women - Team Rankings - 17 Events Scored

1) Western Carolina	132	2) Appalachian State	120.5
3) Georgia Southern	119	4) Samford	113.5
5) Elon	88	6) UT-Chattanooga	22
7) UNC-Greensboro	18	8) Furman	17
9) Davidson	16	10) Citadel	14
11) Wofford	3		

Men - Team Rankings - 17 Events Scored

1) Western Carolina	185	2) Appalachian State	150
3) Samford	112	4) Citadel	66
5) Furman	65	6) Davidson	36
7) UT-Chattanooga	25	8) Wofford	13
9) UNC-Greensboro	9		

