

# South Coast Conference Track & Field Championship • Costa Mesa, CA • May 3, 1975

1. Fullerton 137; 2. Mt. SAC 127½; 3. Orange Coast 93; 4. Santa Ana 70; 5. SD Mesa 56½; 6. Cerritos 42.

<b><u>100y</u></b>			<b><u>High Jump</u></b>		
1. Straw	Santa Ana	9.7	1. Denger	Orange Coast	6-9
2. Parrell	Santa Ana	9.7	2. Palmer	Fullerton	6-8
3. Desmet	Orange Coast	9.8	3. Sena	Orange Coast	6-6
4. Cornell	SD Mesa	9.8	3. Lynch	Fullerton	6-6
5. Lebovitz	Mt. Sac	9.8	5. Childers	Mt. SAC	6-6
<b><u>220</u></b>			<b><u>Pole Vault</u></b>		
1. Desmet	Orange Coast	21.4	1. French	Mt. SAC	14-6
2. Parrell	Santa Ana	21.4	2. Welch	Fullerton	13-6
3. Cornell	SD Mesa	21.5	3. Foss	Cerritos	13-6
4. Jackson	Mt. Sac	21.7			
5. Hansen	Fullerton	21.9			
<b><u>440</u></b>			<b><u>Long Jump</u></b>		
1. Hyde	Fullerton	49.1	1. Bland	Mt. SAC	23-8½
2. Miles	SD Mesa	49.1	2. Ruzicka	Orange Coast	22-10
3. Lizardi	Cerritos	49.7	3. Spain	Orange Coast	22-10
<b><u>880</u></b>			<b><u>Triple Jump</u></b>		
1. Perry	SD Mesa	1:53.0	1. Bland	Mt. SAC	48-4
2. Acedo	Cerritos	1:53.5	2. Scott	Mt. SAC	46-10
3. Ponce	Cerritos	1:53.7	3. Ruzicka	Orange Coast	46-3
4. Sweeney	SD Mesa	1:54.6	4. Miller	Fullerton	45-10½
5. Keeley	Orange Coast	1:54.8	5. Miles	SD Mesa	45-4¾
6. Wingard	Fullerton	1:54.9			
<b><u>Mile</u></b>			<b><u>Shot Put</u></b>		
1. Saavedra	Fullerton	4:13.8	1. Moretti	Fullerton	51-8½
2. Rock	Fullerton	4:13.9	2. Alaman	Santa Ana	50-9½
3. Olswang	Orange Coast	4:14.0	3. Franklin	Orange Coast	50-5½
4. Graves	Santa Ana	4:15.2	4. Paxton	SD Mesa	50-0½
<b><u>3 Mile</u></b>			<b><u>Discus</u></b>		
1. Olswang	Orange Coast	14:16.5	1. Moretti	Fullerton	146-5
2. Saavedra	Fullerton	14:21.1	2. Brown	Fullerton	143-4
3. Cendejas	Fullerton	14:28.5	3. Stanley	Santa Ana	142-3
4. Wlthauer	Santa Ana	14:37.1			
5. Van Arsdale	Fullerton	14:40.5			
<b><u>120 HH</u></b>			<b><u>Javelin</u></b>		
1. Hall	Mt. SAC	14.5	1. Glover	Mt. SAC	198-10
2. Owens	Mt. SAC	14.7	2. Cook	Fullerton	190-0
3. Stewart	Mt. SAC	14.8	3. Brown	Orange Coast	180-11
<b><u>440 IH</u></b>					
1. Owens	Mt. SAC	54.5			
2. Adames	Orange Coast	54.6			
3. Moore	Fullerton	55.8			
<b><u>440 RELAY</u></b>					
1. Santa Ana	42.4				
2. Mt. SAC	42.4				
3. SD Mesa	42.5				
4. Fullerton	42.5				
<b><u>MILE RELAY</u></b>					
1. SD Mesa	3:16.9				
2. Mt. SAC	3:18.2				
3. Santa Ana	3:20.8				
4. Fullerton	3:23.0				